Inhibitory Effects of Ginsenoside Ro on Clot Retraction through Suppressing PI3K/Akt Signaling Pathway in Human Platelets

Hyuk-Woo Kwon

Department of Biomedical Laboratory Science, Far East University, Chungbuk 27601, Korea

ABSTRACT: Glycoprotein IIb/IIIa (α IIb/ β ₃) is the most abundant integrin on platelet surfaces, which is involved in interaction between platelets, and triggers an intracellular signaling cascade, platelet shape changes, granule secretion, and clot retraction. In this study, we evaluated the effect of ginsenoside Ro (G-Ro) on the binding of fibronectin and fibrinogen to α IIb/ β ₃ and clot retraction. We found that G-Ro inhibited thrombin-induced platelet aggregation dose-dependently and attenuated the fibronectin-, and fibrinogen-binding to α IIb/ β ₃ through the dephosphorylation of phosphoinositide 3-kinase p85 and Akt, which influence clot retraction, reflecting the intensification of thrombus. We observed that G-Ro is involved in α IIb/ β ₃ in human platelets. These results suggest that G-Ro is beneficial, inhibiting fibronectin adhesion, fibrinogen binding, and clot retraction. Therefore, G-Ro in *Panax ginseng* may prevent platelet aggregation-mediated thrombotic disease.

Keywords: ginsenoside Ro, PI3K p85 (Tyr⁴⁵⁸), Akt (Ser⁴⁷³), fibrinogen-binding, fibronectin adhesion

INTRODUCTION

Platelets are activated at sites of vascular injury via several molecules, such as collagen, thrombin, and adenosine diphosphate. Full platelet aggregation is absolutely essential for normal hemostasis. Moreover, this physiological event can trigger circulatory disorders, such as thrombosis, atherosclerosis, and cardiovascular disease (1). Therefore, platelet function inhibition is a promising approach in preventing platelet-mediated circulatory disease. These signaling cascades are trigged by an insideout signaling pathway and facilitate the activation of glycoprotein IIb/IIIa (α IIb/ β_3). The α IIb/ β_3 is abundant integrin at the platelet surface and acts as a receptor for adhesive proteins (i.e. fibrinogen, fibronectin, vitronectin, and thrombospondin). The activated $\alpha IIb/\beta_3$ induces Ca²⁺ mobilization and granule secretion, and continuously intensifies the platelet aggregation and the formation of thrombus via outside-in signaling pathway (2). These two signaling-mediated molecules potentiate the formation of thrombus, the final reaction of platelets.

Human platelets contain class I phosphoinositide 3-kinase (PI3K) isoforms, which are subdivided into class IA and class IB. The class IA PI3Ks (PI3K α , β , and δ) is composed of a regulatory subunit (p50, p55, and p85) with a

catalytic subunit (p110 α , β , and δ), and class IB PI3K (PI3K γ) consists of a regulatory subunit (p101 and p84) with a catalytic subunit $(p110\gamma)$ (3). The p85 protein is known as the regulatory subunit of class IA PI3Ks, which is activated by binding tyrosine phosphorylation sites (4), GTP-binding proteins (5) and its phosphorylation (6,7). The activated p85 directly binds to p110 that enables the activation of PI3K. Upon platelet stimulation by thrombin, phosphatidylinositol 3,4,5 triphosphate (PIP₃) is accumulated by class I PI3Ks at the inner layer of the plasma membrane (8); then, a downstream effector Akt binds to PIP₃ and is phosphorylated for full enzyme activity on Thr³⁰⁸ and Ser⁴⁷³ by phosphatidylinositol dependent kinases (9). Several studies have revealed that the PI3K and Akt are the most important mediators in human platelets leading to adhesive function, filopodia formation, platelet spreading, and α IIb/ β_3 activation (10,11). In addition, dephosphorylation of PI3K p85 (Tyr⁴⁵⁸) and Akt (Ser⁴⁷³) can suppress the binding of adhesive proteins to $\alpha IIb/\beta_3$. Thus, to determine if inhibition of PI3K/Akt signaling pathway contributes to the $\alpha IIb/\beta_3$ inhibitory action of ginsenoside Ro (G-Ro), PI3K/Akt inhibitors, wortmannin and miletefosine were used for fibronectin adhesion, fibrinogen binding to $\alpha IIb/\beta_3$, and clot retraction. The α IIb/ β_3 activation contributes to estimate the antithrom-

Author information: Hyuk-Woo Kwon (Professor)

Copyright $\ensuremath{\textcircled{O}}$ 2019 by The Korean Society of Food Science and Nutrition. All rights Reserved.

Received 15 June 2018; Accepted 29 September 2018; Published online 31 March 2019

Correspondence to Hyuk-Woo Kwon, Tel: +82-43-880-3801, E-mail: kwonhw@kdu.ac.kr

This is an Open Access article distributed under the terms of the Creative Commons Attribution Non-Commercial License (http://creativecommons.org/licenses/by-nc/4.0) which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited.



Fig. 1. Chemical structure of ginsenoside Ro (G-Ro). G-Ro is an oleanane-type saponin and contained in *Panax ginseng* Meyer, and is composed of oleanolic acid as aglycone, two glucose, and one glucuronic acid as sugar component.

botic effect of certain compounds (12,13). For instance, abciximab, etifibatide, tirofiban, and lamifiban have antithrombotic effects *via* suppression of the α IIb/ β ₃ (14).

Roots of *Panax ginseng* are used in traditional oriental medicine. G-Ro (Fig. 1) in *Panax ginseng* Meyer, is known to inhibit the fibrin formation (15), but the antiplatelet mechanism of G-Ro is not fully understand. Therefore, we investigated G-Ro inhibit-signaling pathways in human platelets using specific inhibitors.

MATERIALS AND METHODS

Materials

G-Ro (molecular weight=957.1) was obtained from Ambo Institute (Daejon, Korea). Thrombin was obtained from Chrono-Log Corporation (Havertown, PA, USA). Anti-PI3K, anti-phosphor-PI3K p85 (Tyr458), anti-Akt, anti-phosphor-Akt (Ser⁴⁷³), anti-rabbit IgG-horseradish peroxidase, and lysis buffer were purchased from Cell Signaling (Beverly, MA, USA). Wortmannin (PI3K inhibitor) and miltefosine (Akt inhibitor) were purchased from Cayman Chemical (Ann Arbor, MI, USA). CytoSelect 48-well cell adhesion assay kits (fibronectin-coated, colorimetric format) were purchased from Cell Biolabs (San Diego, CA, USA). Eptifibatide (α IIb/ β_3 inhibitor), GR 144053 (α IIb/ β_3 inhibitor), and anti- β -actin were purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA). Polyvinylidene difluoride (PVDF) membrane and enhanced chemiluminesence solution (ECL) were purchased from General Electric Healthcare (Amersham, Buckinghamshire, UK). Fibrinogen Alexa Fluor 488 conjugate was obtained from Invitrogen Molecular Probes (Eugene, OR, USA).

Preparation of washed human platelets

Human platelet-rich plasma (PRP) was obtained from

the Korean Red Cross Blood Center (Changwon, Korea) and centrifuged for 10 min at 1,300 g. The platelets were then washed twice with washing buffer (138 mM NaCl, 2.7 mM KCl, 12 mM NaHCO₃, 0.36 mM NaH₂PO₄, 5.5 mM glucose, and 1 mM ethylenediaminetetraacetic acid disodium salt dihydrate, pH 6.5), and resuspended in suspension buffer (138 mM NaCl, 2.7 mM KCl, 12 mM NaHCO₃, 0.36 mM NaH₂PO₄, 0.49 mM MgCl₂, 5.5 mM glucose, and 0.25% gelatin, pH 6.9). The platelet concentrations were adjusted to a final concentration of 5×10^8 /mL. All aforementioned procedures for platelet activity were performed at 25°C. Experimental approval (PIRB12-072) was obtained from the Public Institutional Review Board at the National Institute for Bioethics Policy (Seoul, Korea).

Determination of platelet aggregation

Platelets $(10^8/\text{mL})$ were preincubated with or without substances in the 2 mM CaCl₂ for 3 min at 37°C followed by thrombin stimulation (0.05 U/mL). The aggregation was performed for 5 min using an aggregometer (Chrono-Log Corporation). Platelet aggregation rate was determined as an increase in light transmission. PI3K/Akt inhibitors were dissolved in dimethyl sulfoxide to a final concentration of 0.1%.

Western blots for analyzing of PI3K- and Akt-phosphorylation

Platelet aggregation was stopped by adding $1 \times lysis$ buffer. The platelet lysates were then measured using a bicinchoninic acid protein assay kit (Pierce Biotechnology, Rockford, IL, USA). Proteins ($15 \ \mu g$) were analyzed *via* sodium dodecyl sulfate-polyacrylamide gel electrophoresis (6%, 1.5 mm), and PVDF membranes were used for protein transfer. The dilutions for the primary and secondary antibodies were 1:1,000 and 1:10,000, respectively. The membranes were visualized using the ECL solution.

Determination of fibronectin adhesion

The plates were coated with fibronectin or bovine serum albumin (BSA) as a negative control. Washed human platelets $(10^8/\text{mL})$ were incubated for 60 min at 37° C in the presence of thrombin (0.05 U/mL) with or without various concentrations of G-Ro. After five times washing with phosphate buffered saline (PBS), cell stain solution was added and the plates were incubated at room temperature for 10 min. After washing five times, extraction solution was added and the plates were incubated for 10 min. Each sample was transferred to a 96-well microtiter plate and absorbance measured with a Synergy HT Multi-Model Microplate Reader (BioTek Instruments, Winooski, VT, USA) at 560 nm.

Determination of fibrinogen binding to $\alpha IIb/\beta_3$

The platelet aggregation was conducted in the presence of Alexa Flour 488-human fibrinogen ($30 \mu g/mL$) for 5 min at 37° C. The reaction was stopped by the addition of 0.5% paraformaldehyde in cold PBS, and the aforementioned procedures were implemented under dark conditions. The assay of fibrinogen binding was carried out using flow cytometry (BD Biosciences, San Jose, CA, USA), and its degree was determined with cellQuest software (BD Biosciences).

Assay of platelet-mediated fibrin clot retraction

Human PRP 250 μ L were preincubated with or without G-Ro (300 μ M) for 10 min at 37°C, and incubated with thrombin (0.05 U/mL) for 20 min at 37°C. Photographs of fibrin clots were taken by a digital camera, and its area (at 20 min) was measured by NIH Image J Software (v1.46, National Institutes of Health, Bethesda, MD, USA). Percentage of clot retraction was calculated as follows:

Retraction (%) by thrombin=

 $\frac{\text{Control area} - \text{Thrombin area}}{\text{Control area}} \times 100$

Measurement of PT and APTT

To investigate whether G-Ro shows anticoagulant characteristics, we measured prothrombin time (PT) and activated partial thromboplastin time (APTT), markers of blood coagulation. The platelet poor plasma (PPP) (100 μ L) was preincubated in a two-channel coagulator (Behnk Elektronik GmbH & Co., KG, Norderstedt, Germany) with gentle stirring for 1 min at 37°C. PT was determined as the time interval between the addition of PT reagent (100 μ L) to the PPP and the formation of a fibrin clot. After preincubation of PPP for APTT measurement, 100 μ L of APTT reagent was added to the PPP (100 μ L) and incubated for 3 min at 37°C. Following incubation, 100 μ L of 25 mM CaCl₂ was immediately added to the PPP containing APTT reagent. APTT was determined as the time required to form a fibrin clot.

Statistical analyses

The experimental results are reported as the mean \pm standard deviation accompanied by the number of observations. The data were compared via analysis of variance (ANOVA). Significant differences among the group means were compared using the Tukey-Kramer method. Statistical analysis was performed using SPSS 21.0.0.0 (SPSS, Chicago, IL, USA). *P*<0.05 was considered to be statistically significant.

RESULTS

Effects of G-Ro on thrombin-induced human platelet aggregation

Based on a previous report, 0.05 U/mL of thrombin was used as it maximally aggregates human platelets (16). The thrombin-induced aggregation rate was $95.8 \pm 1.7\%$, however, G-Ro dose-dependently reduced (50, 100, 200, and 300 μ M) the light transmission. PI3K/Akt inhibitors, wortmannin (10 μ M) and miltefosine (10 μ M) also suppressed thrombin-induced light transmission, the aggregation rates were $45.8 \pm 3.6\%$ and $35.5 \pm 1.3\%$, respectively. Moreover, PI3K/Akt inhibitors with G-Ro (300 μ M) showed synergistic inhibitory effects (Fig. 2).

Effects of G-Ro on thrombin-induced PI3K- and Akt-phosphorylation

We could not directly confirm the activity of the regulatory subunit (p50, p55, and p85) and a catalytic subunit



Fig. 2. Effects of ginsenoside Ro (G-Ro) and phosphoinositide 3-kinase (PI3K)/Akt inhibitors on thrombin-induced human platelet aggregation. Measurement of platelet aggregation was carried out as described in "MATERIALS AND METHODS" section. The rate of inhibition was expressed as the percentage of the thrombin-induced aggregation rate. The data are expressed as the mean \pm standard deviation (n=4). **P*<0.05 versus the thrombin-stimulated human platelets.



Fig. 3. Effects of ginsenoside Ro (G-Ro) on thrombin-induced phosphoinositide 3-kinase (PI3K)- and Akt-phosphorylation. (A) Effects of G-Ro on thrombin-induced PI3K (Tyr⁴⁵⁸) phosphorylation. (B) Effects of G-Ro on thrombin-induced Akt (Ser⁴⁷³) phosphorylation. Western blotting was performed as described in "MATERIALS AND METHODS" section.

(p110 α , β , and δ) of PI3K. Thus, we investigated that G-Ro affects the PI3K signaling through phosphorylation and dephosphorylation. Because the stimulation of thrombin in human platelets has been shown to increase the phosphorylation of p85 (7,17), the experiment focused on the inhibitory effect of G-Ro on p85 phosphorylation. Thrombin accelerated PI3K-phosphorylation (Fig. 3A) compared to unstimulated platelets. However, G-Ro dose-dependently dephosphorylated (100 to 300 µM) thrombin-phosphorylated PI3K (Fig. 3A). In addition, thrombin-induced the phosphorylation of Akt (Fig. 3B), a downstream molecule, was dephosphorylated in a dosedependent manner of G-Ro (100 to 300 µM) (Fig. 3B). Each positive control, wortmannin (10 µM) and miltefosine (10 µM) decreased PI3K and Akt phosphorylation (Fig. 3).

Effects of G-Ro on fibronectin adhesion

Next, we investigated fibronectin adhesion to $\alpha IIb/\beta_3$, which is an important reaction in outside-in signaling.

Thrombin strongly stimulated the fibronectin adhesion to $\alpha IIb/\beta_3$ as compared with unstimulated platelets, but not BSA, a negative control against fibronectin (Fig. 4A). G-Ro decreased thrombin-increased the adherence of fibronectin in a dose (50 to 300 µM)-dependent manner (Fig. 4A). The positive controls of $\alpha IIb/\beta_3$, eptifibatide, GR 144053, suppressed the adhesion, and those inhibitory degrees were equal to that by G-Ro (300 µM) (Fig. 4A). Thrombin-induced fibronectin adhesion was also inhibited by wortmannin (10 µM) and miltefosine (10 µM) (Fig. 4A), and showed synergistic inhibitory effects with G-Ro (300 µM) on fibronectin adhesion (Fig. 4B).

Effects of G-Ro on fibrinogen binding to $\alpha IIb/\beta_3$

Because G-Ro decreased fibronectin adhesion, G-Ro may influence fibrinogen binding to $\alpha IIb/\beta_3$. Thus, we investigated inhibitory effects of fibrinogen binding to $\alpha IIb/\beta_3$ by G-Ro (300 μ M), and PI3K/Akt inhibitors. Thrombin elevated fibrinogen binding to $\alpha IIb/\beta_3$ (Fig. 5A-b and 5B), and its degree was 95.7±0.5. However, G-Ro (300 μ M)



Fig. 4. Effects of ginsenoside Ro (G-Ro) and phosphoinositide 3-kinase (PI3K)/Akt inhibitors on thrombin-induced fibronectin adhesion. (A) Inhibitory effects of G-Ro and PI3K/Akt inhibitors on fibronectin adhesion. (B) Synergistic effects of G-Ro with PI3K/Akt inhibitors on fibronectin adhesion. (B) Synergistic effects of G-Ro with PI3K/Akt inhibitors on fibronectin adhesion. Measurement of fibronectin adhesion was carried out as described in "MATERIALS AND METH-ODS" section. The data are expressed as the mean±standard deviation (n=4). *P<0.05 versus the thrombin-stimulated human platelets in the presence of G-Ro (300 μ M).



strongly attenuated the fibrinogen binding to $\alpha IIb/\beta_3$ (Fig. 5A-c), and its inhibitory degree was 88.1%. The fibringen binding to $\alpha IIb/\beta_3$ was also inhibited by both inhibitors, wortmannin (10 μ M) and miltefosine (10 μ M) (Fig. 5A-d and -e) and G-Ro (300 µM) plus wortmannin (10 μ M) or miltefosine (10 μ M) showed strong synergistic effects on fibrinogen binding to $\alpha IIb/\beta_3$ (Fig. 5A-f, -g, and 5B).

Effects of G-Ro on retraction of fibrin clot

The binding of fibronectin and fibrinogen is known to stimulate clot retraction for thrombus formation (18,19). Thus, we investigated whether G-Ro inhibits clot retraction. Thrombin accelerated the clot retraction (Fig. 6A), and its degree (at 20 min) was decreased 95% compared to $(55.4 \pm 1.3 \text{ mm}^2)$ no thrombin, control (Fig. 6B). How-

Fig. 5. Effects of ginsenoside Ro (G-Ro) and phosphoinositide 3-kinase (PI3K)/Akt inhibitors on thrombin-induced fibrinogen binding to α IIb/ β 3. (A) The flow cytometry histograms on fibrinogen binding: a, intact platelets (base); b, thrombin (0.05 U/mL); c, thrombin (0.05 U/mL)+G-Ro (300 μ M); d, thrombin (0.05 U/mL)+wortmannin (10 μM); e, thrombin (0.05 U/mL)+miltefosine (10 μM); f, thrombin (0.05 U/mL)+G-Ro (300 μM)+wortmannin (10 μM); g, thrombin (0.05 U/mL)+G-Ro (300 μM)+miltefosine (10 µM), (B) Effects of G-Ro and PI3K/Akt inhibitors on thrombin-induced fibrinogen binding (%). Measurement of fibrinogen binding was carried out as described in "MATERIALS AND METHODS" section. The data are expressed as the mean± standard deviation (n=4). *P<0.05 versus the thrombin-stimulated human platelets and [†]P<0.05 versus the thrombin-stimulated human platelets in the presence of G-Ro (300 μ M).

Wortmannin 10 µM

M1

10

10

d

10

10

FL1-H

G-Ro 300 µM+

miltefosine 10 uM

M1

10

10

10²

FL1-H

10

10⁰

10

g

ever, G-Ro very potently inhibited clot retraction that occurred within thrombin (Fig. 6A and 6B), which was attenuated up to 225% against that $(2.7\pm0.2 \text{ mm}^2)$ occurred by thrombin (Fig. 6B). PI3K/Akt inhibitors, wortmannin (10 μ M) and miltefosine (10 μ M) also strongly inhibited clot retraction (Fig. 6A and 6B), which were attenuated up to 270% and 248% compared with thrombin $(2.7\pm0.2 \text{ mm}^2)$ (Fig. 6B). In addition, G-Ro (300 μ M) plus wortmannin (10 μ M) or miltefosine (10 μ M) had a synergistic effects on clot retraction, which were attenuated up to 507% and 510%, respectively compared with thrombin plus G-Ro (300 μ M) (8.8±0.2 mm²) (Fig. 6C).

Effects of G-Ro on blood coagulation

Blood coagulation is connected to platelet aggregation and thrombosis (20,21). Accordingly, we investigated the



Fig. 6. Effects of ginsenoside Ro (G-Ro) and phosphoinositide 3-kinase (PI3K)/Akt inhibitors on fibrin clot retraction. (A) Photographs of fibrin clot and (B) effects of G-Ro on thrombin-retracted fibrin clot (%). (C) Synergistic effects of G-Ro with PI3K/Akt inhibitors on thrombin-retracted fibrin clot (%). Quantification of fibrin clot retraction was performed as describe in "MATERIALS AND METHODS" section. ¹⁰(base-thrombin)/base×100. ²¹[thrombin-(thrombin+G-Ro or PI3K/Akt inhibitors)]/thrombin×100. ³¹[(thrombin+G-Ro)-(thrombin+G-Ro+inhibitor)]/(thrombin+G-Ro)×100. The data are expressed as the mean±standard deviation (n=4). **P*<0.05 versus the thrombin-stimulated human platelets and [†]*P*<0.05 versus the thrombin-stimulated human platelets in the presence of G-Ro (300 µM).

 Table 1. Effects of ginsenoside Ro (G-Ro) on blood coagulation (unit: s)

	PT	APTT
PPP	12.8±0.1	29.9±0.1
G-Ro 50 µM	12.7±0.7	30.1±0.3
G-Ro 100 µM	13.1±0.2	30.7±0.5
G-Ro 200 µM	13.1±0.3	30.0±0.4
G-Ro 300 µM	13.2±0.1 ^{NS}	31.2 ± 0.5^{NS}

The results were expressed as the mean \pm standard deviation (n=4).

PT, prothrombin time; APTT, activated partial thromboplastin time; PPP, platelet poor plasma.

NS, not significant.

effects of G-Ro on blood coagulation time (PT and APTT) as an index of bleeding. As shown in Table 1, both PT and APTT were not significantly prolonged by G-Ro (50 to 300 μ M) compared with those (PT, 12.8±0.1 s; APTT, 29.9±0.1 s) by PPP. These results suggest that G-Ro does not function as an anticoagulant.

DISCUSSION

It has been reported that Korean red ginseng has anticoagulation effects by PT and APTT in vitro (22). Thus, we focused on the anticoagulation effect by G-Ro, however, G-Ro did not prolong PT and APTT in vitro (Table 1), which shows that G-Ro has no anticoagulant characteristics and may not influence fibrin production. The clot retraction is the most crucial step in repair and healing on damaged portions of blood vessels. The clot formation that is produced through coagulation factors and platelet aggregation is composed of fibrin and platelets. The coagulation phase, extrinsic and intrinsic pathways, generates thrombin that converts circulating fibrinogen in plasma into the fibrin. At the same time, the activated platelets are accumulated in the damaged blood vessel and build up a fibrin-platelet meshwork. Additional circulatory platelets and blood cells are trapped in the meshwork, which accelerate the extension of clot formation. The clot formation that seals off the damaged vessel begins to undergo retraction over a period of 30 to 60 min and pulls the cut edges together. Thus, this is clear evidence that the inhibitory effect of G-Ro on clot retraction is due to the downregulation of α IIb/ β_3 activity.

The interaction between α IIb/ β 3 and fibrin is a key role for the clot formation and the α IIb/ β 3 inhibitors strongly suppress the clot retraction (23). The α IIb/ β_3 continuously intensifies the platelet aggregation (24) and the formation of thrombus via outside-in signaling pathway and influence the progression of atherosclerosis (25,26). Activation of $\alpha IIb/\beta_3$ is connected to inflammation, a cause of atherosclerosis, and its associated proteins (platelet-derived growth factor, vascular endothelial growth factor, p-selectin, and interleukin 1β) are secreted from α -granules (18,27). Even though G-Ro inhibits fibronectin- and fibrinogen-binding to $\alpha IIb/\beta_3$ and fibrin clot retraction, if G-Ro could not influence inflammation, antiplatelet effects by G-Ro would be doubtful. In our previous study, we showed that G-Ro significantly inhibited the expression of p-selectin (28), which means that G-Ro may be involved in the inhibition of inflammation by suppressing thrombin-induced p-selectin expression. Moreover, some experiments showed that G-Ro had anti-inflammatory activity in vivo and in vitro (29,30). Therefore, our study suggests that G-Ro may influence thrombosis and atherosclerosis.

With regard to the synergistic effect of G-Ro with PI3K/ Akt inhibitors on thrombin-induced human platelet function, as shown in Fig. 2, platelet aggregation was strongly inhibited by G-Ro (300 μ M) plus wortmannin (10 μ M) or miletefosine (10 μ M). As shown in Fig. 4B, the inhibitory effects of fibronectin adhesion by G-Ro (300 μ M) plus wortmannin (10 μ M) or miletefosine (10 μ M) was higher compared with G-Ro (300 μ M) alone. In addition, the fibrinogen binding inhibition by G-Ro (300 μ M) plus wortmannin (10 μ M) or miletefosine (10 μ M) was higher compared with G-Ro (300 μ M) alone (Fig. 5B).

Furthermore, thrombin-induced clot retraction is inhibited by G-Ro (300 μ M), wortmannin (10 μ M), and miletefosine (10 μ M) (Fig. 6B). Therefore, it is thought that G-Ro (300 μ M), wortmannin (10 μ M), and miletefosine (10 μ M) showed similar inhibitory effect in thrombininduced human platelets and two similar substances interacted with each other and showed a strong synergistic effect (Fig. 6C). These results suggest that G-Ro inhibits platelet function by inhibiting PI3K/Akt signaling from the thrombin-mediated G protein-coupled receptor.

Our results demonstrate that G-Ro inhibits fibronectin- and fibrinogen-binding to $\alpha IIb/\beta_3$, via dephosphorylation of PI3K/Akt. The downregulation of $\alpha IIb/\beta_3$ activity by G-Ro suppressed the thrombin-induced clot retraction. Therefore, our study elucidated the $\alpha IIb/\beta_3$ inhibitory mechanism by G-Ro. Thus, G-Ro may be used as a therapeutic agent for prevention of thrombosis and other platelet-mediated cardiovascular diseases.

ACKNOWLEDGEMENTS

This study was supported by a grant (NRF-2011-0012143 to Hwa-Jin Park) from the Basic Science Research Program via the National Research Foundation of Korea funded by the Ministry of Education, Science and Technology, Korea.

AUTHOR DISCLOSURE STATEMENT

The author declares no conflict of interest.

REFERENCES

- 1. Schwartz SM, Heimark RL, Majesky MW. 1990. Developmental mechanisms underlying pathology of arteries. *Physiol Rev* 70: 1177-1209.
- Phillips DR, Nannizzi-Alaimo L, Prasad KS. 2001. Beta3 tyrosine phosphorylation in αIIbβ3 (platelet membrane GP IIb/IIIa) outside-in integrin signaling. *Thromb Haemost* 86: 246-258.
- 3. Jackson SP, Yap CL, Anderson KE. 2004. Phosphoinositide 3-kinases and the regulation of platelet function. *Biochem Soc Trans* 32: 387-392.
- Mellor P, Furber LA, Nyarko JN, Anderson DH. 2012. Multiple roles for the p85α isoform in the regulation and function of PI3K signalling and receptor trafficking. *Biochem J* 441: 23-37.
- 5. Geltz NR, Augustine JA. 1998. The p85 and p110 subunits of phosphatidylinositol 3-kinase-α are substrates, *in vitro*, for a constitutively associated protein tyrosine kinase in platelets. *Blood* 91: 930-939.
- Hayashi H, Nishioka Y, Kamohara S, Kanai F, Ishii K, Fukui Y, Shibasaki F, Takenawa T, Kido H, Katsunuma N, Ebina Y. 1993. The α-type 85-kDa subunit of phosphatidylinositol 3-kinase is phosphorylated at tyrosines 368, 580, and 607 by the insulin receptor. *J Biol Chem* 268: 7107-7117.
- Cuevas BD, Lu Y, Mao M, Zhang J, LaPushin R, Siminovitch K, Mills GB. 2001. Tyrosine phosphorylation of p85 relieves its inhibitory activity on phosphatidylinositol 3-kinase. *J Biol Chem* 276: 27455-27461.
- 8. Sorisky A, King WG, Rittenhouse SE. 1992. Accumulation of PtdIns $(3,4)P_2$ and PtdIns $(3,4,5)P_3$ in thrombin-stimulated platelets: different sensitivities to Ca²⁺ or functional integrin. *Biochem J* 286: 581-584.
- 9. Woulfe DS. 2010. Akt signaling in platelets and thrombosis. *Expert Rev Hematol* 3: 81-91.
- Chen J, De S, Damron DS, Chen WS, Hay N, Byzova TV. 2004. Impaired platelet responses to thrombin and collagen in AKT-1-deficient mice. *Blood* 104: 1703-1710.
- 11. Valet C, Severin S, Chicanne G, Laurent PA, Gaits-Iacovoni F, Gratacap MP, Payrastre B. 2016. The role of class I, II and III PI 3-kinases in platelet production and activation and their implication in thrombosis. *Adv Biol Regul* 61: 33-41.
- Kim S, Jin J, Kunapuli SP. 2004. Akt activation in platelets depends on Gi signaling pathways. J Biol Chem 279: 4186-4195.
- Lopez-Vilchez I, Diaz-Ricart M, Galan AM, Roque M, Caballo C, Molina P, White JG, Escolar G. 2016. Internalization of tissue factor-rich microvesicles by platelets occurs independently of GPIIb-IIIa, and involves CD36 receptor, serotonin

transporter and cytoskeletal assembly. J Cell Biochem 117: 448-457.

- 14. Sabatine MS, Jang IK. 2000. The use of glycoprotein IIb/IIIa inhibitors in patients with coronary artery disease. *Am J Med* 109: 224-237.
- Matsuda H, Namba K, Fukuda S, Tani T, Kubo M. 1986. Pharmacological study on *Panax ginseng* C. A. MEYER. III. Effects of red ginseng on experimental disseminated intravascular coagulation. (2). Effects of ginsenosides on blood coagulative and fibrinolytic systems. *Chem Pharm Bull* 34: 1153-1157.
- 16. Shin JH, Kwon HW, Cho HJ, Rhee MH, Park HJ. 2015. Inhibitory effects of total saponin from Korean Red Ginseng on [Ca²⁺]_i mobilization through phosphorylation of cyclic adenosine monophosphate-dependent protein kinase catalytic subunit and inositol 1,4,5-trisphosphate receptor type I in human platelets. *J Ginseng Res* 39: 354-364.
- Schmidt EM, Schmid E, Münzer P, Hermann A, Eyrich AK, Russo A, Walker B, Gu S, vom Hagen JM, Faggio C, Schaller M, Föller M, Schöls L, Gawaz M, Borst O, Storch A, Stournaras C, Lang F. 2013. Chorein sensitivity of cytoskeletal organization and degranulation of platelets. *FASEB J* 27: 2799-2806.
- Zarbock A, Polanowska-Grabowska RK, Ley K. 2007. Platelet-neutrophil-interactions: linking hemostasis and inflammation. *Blood Rev* 21: 99-111.
- 19. Estevez B, Shen B, Du X. 2015. Targeting integrin and integrin signaling in treating thrombosis. *Arterioscler Thromb Vasc Biol* 35: 24-29.
- 20. Colman RW. 2006. Are hemostasis and thrombosis two sides of the same coin?. *J Exp Med* 203: 493-495.
- 21. Jackson SP. 2011. Arterial thrombosis insidious, unpredictable and deadly. *Nat Med* 17: 1423-1436.
- 22. Wee JJ, Kim YS, Kyung JS, Song YB, Do JH, Kim DC, Lee SD.

2010. Identification of anticoagulant components in Korean red ginseng. J Ginseng Res 34: 355-362.

- Furman MI, Frelinger AL 3rd, Michelson AD. 2004. GPIIb/ IIIa inhibitor-induced dethrombosis. J Thromb Thrombolysis 18: 11-17.
- Law DA, DeGuzman FR, Heiser P, Ministri-Madrid K, Killeen N, Phillips DR. 1999. Integrin cytoplasmic tyrosine motif is required for outside-in αIIbβ3 signalling and platelet function. *Nature* 401: 808-811.
- 25. Matter CM, Schuler PK, Alessi P, Meier P, Ricci R, Zhang D, Halin C, Castellani P, Zardi L, Hofer CK, Montani M, Neri D, Lüscher TF. 2004. Molecular imaging of atherosclerotic plaques using a human antibody against the extra-domain B of fibronectin. *Circ Res* 95: 1225-1233.
- 26. Bültmann A, Li Z, Wagner S, Peluso M, Schönberger T, Weis C, Konrad I, Stellos K, Massberg S, Nieswandt B, Gawaz M, Ungerer M, Münch G. 2010. Impact of glycoprotein VI and platelet adhesion on atherosclerosis a possible role of fibronectin. *J Mol Cell Cardiol* 49: 532-542.
- von Hundelshausen P, Weber C. 2007. Platelets as immune cells: bridging inflammation and cardiovascular disease. *Circ Res* 100: 27-40.
- 28. Kwon HW, Shin JH, Lee DH, Park HJ. 2015. Inhibitory effects of cytosolic Ca²⁺ concentration by ginsenoside Ro are dependent on phosphorylation of IP3RI and dephosphorylation of ERK in human platelets. *Evid Based Complement Alternat Med* 2015: 764906.
- 29. Matsuda H, Samukawa K, Kubo M. 1990. Anti-inflammatory activity of ginsenoside Ro. *Planta Med* 56: 19-23.
- Kim S, Oh MH, Kim BS, Kim WI, Cho HS, Park BY, Park C, Shin GW, Kwon J. 2015. Upregulation of heme oxygenase-1 by ginsenoside Ro attenuates lipopolysaccharide-induced inflammation in macrophage cells. J Ginseng Res 39: 365-370.