

Protocol

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Protocol to Induce Wounding and Measure Membrane Repair in Caenorhabditis elegans Epidermis

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SUMMARY

Efficient membrane repair after injury is essential for cell and animal survival. Caenorhabditis elegans epidermal cell hpy7 has emerged as a powerful genetic system to investigate the molecular mechanism of membrane repair in vivo. This protocol describes detailed approaches for how to perform wounding on the epidermis and how to examine membrane repair by trypan blue staining, confocal imaging, and data analysis.

For details on the use and execution of this protocol, please refer to [Meng et al.](#page-17-0) [\(2020\)](#page-17-0).

BEFORE YOU BEGIN

Refer to www.wormbook.org for information related to the basic biology of Caenorhabditis elegans, including their cell biology, germline, phenotypes of each life stage, genetics, and many more.

Culturing Escherichia coli Bacteria OP50

Timing: 10–12 h

OP50 is used to feed C. elegans in the Nematode Growing Medium (NGM).

- 1. Use 50 mL container to put 35–40 mL of B broth to a 50 mL container. Here, we used 50 mL centrifuge tube.
- 2. Use a separate tube to put 5 mL of B broth as a control.
- 3. Mix in a single colony of OP50 into the broth.

Note: A tiny amount will do since it will be incubated to proliferate

4. Put the tube into a shaking incubator overnight at 37° C.

Note: Do not close the cap too tightly.

5. OP50 is ready to be used or can be stored in 4° C for at least 1 month.

Note: Use a control group to make sure that the B broth used is not contaminated in the first place. If the color of the solution used as a control turned foggy/milky, the stock solution might be contaminated.

CRITICAL: Perform all the experiments inside a ventilator. All of the tubes must be exposed to UV light for at least 15 min to sterilize. This is very crucial since the B broth has no antibiotics in it.

A CRITICAL: Sterilize the master B broth solution container by exposing the cap to a flame by using an alcohol lamp before and after opening the lid. Also, make sure to sterilize the inner side of the lid.

Nematode Growing Medium (NGM)

Timing: 6–7 h

This medium is required as a medium to incubate C. elegans. This protocol is for preparing 1 L of NGM agar. The measurements can be scaled accordingly, depending on the total volume desired.

- 6. Prepare a Volumetric flask, stir bar, magnetic stirrer, digital weighing scale, spoon, and aluminum foil.
- 7. Measure 500 mL of dH_2O as a starting solvent.
- 8. Weigh 2.9 g of NaCl, 20 g agar, and 2.5 g peptone. Then, add to the flask.
- 9. Turn on the magnetic stirrer wait for 2 min, then add in the other half ddH₂O volume.
- 10. Cover the flask with aluminum foil and Autoclave for 50 min.
- 11. After autoclaving is finished, wait to cool until approximately 50°C.
- 12. Add 1 mL of 1 M CaCl₂, 1 mL of 1 M MgSO₄, and 25 mL of 1 M KH₂PO₄.
- 13. Swirl to mix well.
- 14. Dispense the solution into agar plates, and wait until the solution solidifies.
- 15. Using a pipette, drop 100 µL of OP50 Broth to each agar plate.

Note: Be sure to spread the OP50 well by tilting the petri dish.

CRITICAL: Make sure to sterilize the pipette tip with the flame for 2 s before using it to pipette in the OP50.

- 16. Tilt around the newly seeded NGM to let the OP50 spread evenly.
- 17. Incubate the freshly seeded NGM plate in 37°C for another 6-8 h.
- 18. The NGM is ready to be used to incubate C. elegans.

Worm Preparation

This step is crucial in every experiment that uses C. elegans a model. This protocol will give a guide in worm life stage synchronization by bleaching, planning experiments, and incubation until readily used at day 1 stage ($L4 + 24$ h).

- 19. Prepare a 5% sodium hypochlorite bleaching solution.
- 20. Prepare a 1.5 mL centrifuge tube, a 1,000 µL pipette, M9 buffer, and the fully grown worm plates that are going to be used for synchronization.
	- CRITICAL: The worm plates that are going to be bleached needs to have many laid eggs. C.elegans eggs are resistant to the bleach solution. Hence, after the bleaching process, only the eggs will remain.

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- 21. Wash the plates by pipetting 1 mL of M9 buffer to a plate.
- 22. Pipette in and out the M9 buffer from a plate. Make sure that most of the contents on the plate have been washed off.
- 23. Pipette in the solution and use it for other plates. Repeat step 4 for all plates.

Tips: Notice that after washing several plates, the volume of M9 buffer will decrease. This is normal since some of the volumes will be trapped in the agar and are not sucked in with the pipette. To solve this, just add in more volume of M9 buffer for the next plates.

24. After all, plates have been washed off, use the 1.5 mL centrifuge tube as a container. Then, put the tube inside the centrifuge machine. Centrifuge at 800 \times g for 1 min.

Note: Placement of the EP tubes must be balanced on the opposite side. In case only one EP tube used for bleaching, use an EP tube filled with water for balance.

25. Pipette out the supernatant. Be careful not to suck in the worms, which will sediment at the bottom of the EP tube.

Tips: After pipetting out most of the supernatant, try to use a smaller pipette to suck out the remaining supernatant.

- 26. Add another 1 mL of M9 buffer to wash and centrifuge at 800 \times g for another 1 min.
- 27. Remove the supernatant. Then, add 1 mL of bleaching solution. Wait for 10 min while gently shaking the tube.

Note: You can put the EP tube to a shaking rack.

- 28. After 10 min, Centrifuge at 800 \times g for 1 min.
- 29. Pipette all of the supernatants and wash them with 1 mL M9 buffer. Repeat on washing for $3 \times$ or until the smell of the bleaching solution is gone.

Note: This is important because only the eggs can resist the bleaching solution. Once they hatch, remnants of bleaching solution are lethal to the larvae.

30. Pipette out most of the M9 buffer until ± 300 mL volume remaining. Then, pour the solution to a fresh NGM plate.

Note: If the washed plates are egg-dense, separating them into several plates is an option.

31. Incubate at 20°C-22.5°C until the day 1 stage.

Note: It would take \pm 64 h for C .elegans that are incubated at 20°C–22.5°C to reach the day 1 stage.

Note: Experiment can be planned maturely if the worms in a plate are in a synchronized life stage.

Note: Bleaching is also recommended to be done to overpopulated and dirty plates.

Transferring Worms

Maintaining healthy C.elegans is required in the entire course of the experiment. This step is used as a method used to prevent the worm from entering the dauer stage.

32. Prepare a fresh NGM plate.

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Figure 1. Image of Glass Capillary Puller

33. Cut a small place from the overpopulated plate and put the piece to the fresh NGM plate.

Note: This simple step is very crucial to maintain healthy C.elegans when doing experiments.

CRITICAL: Always sterilize all the tools used to cut/pick the worms with flame.

Optional: use a worm picker to pick 5–10 young adult animals to the fresh NGM plate.

34. Incubate the plate at 20°C-22.5°C incubator for maintaining worm population or for future experiments.

Note: Glass needle will be used as a tool to wound C. elegans [\(Figure 1](#page-4-0)).

Timing: 2–3 min

- 35. Prepare a glass capillary and place it at the fixes of the puller.
- 36. Set the starting temperature to 24.8°C by setting the knob at step 1, and set the no.1 heater temperature to 68.7°C.
- 37. Press the start button, and the machine will pull automatically.
- 38. Unscrew the fixes and carefully store the needle.

Note: Wounding needles can be prepared ahead for future uses.

A CRITICAL: Do not hit any surfaces with the tip, as it is easily broken The needle is very sharp and it can pierce human skin easily.

KEY RESOURCES TABLE

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MATERIALS AND EQUIPMENT

CRITICAL: Autoclave for 40 min after preparing the solutions.

Note: These tables are for 1,000 mL of total volume. The amount of reagents added can be adjusted depending on the total volume to be prepared.

Note: Tryptone has hygroscopic property. To avoid clumps, avoid contact with water and close the lid immediately after use.

Note: Store these solutions at 22°C -26°C

STEP-BY-STEP METHOD DETAILS

Needle Wounding

Timing: 10 animals/min

A glass needle is used to wound the worm. This step is very crucial in analyzing the protein aggregation at the wound site.

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Figure 2. Image of the Needle Mount

- 1. Grow the worm strain to be used in the experiment using the NGM plate in a 20° C incubator.
- 2. Separate 20–30 L4 worms to a fresh NGM plate by picking them out of the master plate 1 day ahead of wounding.

Note: Separating worm will reduce the possibility for us to forget which worm we have wounded.

3. 30 min before wounding, place the NGM plate to be used for wounding on an icebox.

CRITICAL: Icebox treatment is not recommended for observing protein that aggregates early post wounding. Transport of vesicles slows down at lower temperatures and thus will affect the aggregation level.

Note: This will reduce the movement of the worm, making wounding easier and more precise.

- 4. Load the glass needle to a stable mount [\(Figure 2](#page-7-0)).
- 5. Place the agar plate with worms to be wounded under a light microscope.
- 6. Use low magnification and locate the glass needle, then lower the needle while increasing the magnification of the microscope while also gradually adjusting the focus.
- 7. Position the needle perpendicular to the worm for wounding.
- 8. Wound the worm around 1/3 from the head and 1/3 away from the tail, avoiding gonads. Make sure that the wound is punctured in hyp-7.
	- CRITICAL: Shortly after wounding, small cytoplasm leakage can be observed. Do not pierce too deep. If the intestine of the worm came out or if the body of the worm ruptured, then it will not be suitable for imaging. Moreover, worms in this type of damage will mostly kill the worm shortly after wounding.

9. Incubate the wounded animals and unwounded control animals at 20° C, waiting for the recovery [\(Figure 3](#page-8-0)).

CRITICAL: Do not kill the worm.

Note: There are ways to confirm the worm is still alive:

- 10. Check if the pharynx pump of the worm is still functioning.
- 11. Test if the worm still responds to touch.
- 12. Put a drop of water to the worm to see if there are any responds. (living worms will usually wiggle or swim).

Alternatives: Use automated micromanipulator and microinjector to perform precise needle wounding.

Trypan Blue Staining

This experiment is used to observe the capability of membrane repair of a specific strain of worm. The staining will be done after needle wounding.

Note: Cell membrane will be breached when the worm is wounded

13. A single worm can be wounded twice.

CRITICAL: Do not kill the worm; dead worms cannot repair wounds.

- 14. Immediately put the wounded worms inside the TryB solution for 1 h incubation at 20° C.
- 15. After 1 H, Pipette out most of the TryB solution out.

Note: Do not position the pipette tip at the very bottom. The worms may also be sucked into the pipette tip.

16. Dilute with M9 buffer. (repeat washing process $3 \times$ or until the solution is clear-light blue) [\(Fig](#page-9-0)[ure 4\)](#page-9-0).

CRITICAL: Wait for about 30 s for the worms to sediment at the bottom of the tube before pipetting out the excess solution. Do not centrifuge the wounded worm, as this can kill the worm.

- 17. Incubate the worms 20° C-25°C until the time point for imaging is reached.
- 18. Observe the worms under a microscope. Here we used Nikon, Eclipse Ni-U.

Note: Wound site can be seen as a dark-blue spot while the healed wound will be light blue or even no staining can be observed.

Tips: 96 well plate is an option to be used if a large quantity of staining needs to be done

Figure 4. Washing Off TrypB Solution

The light-blue colored solution has been washed and is ready to be transferred to the NGM plate. The dark-blue solution shows the unwashed solution. The green arrow points to unwashed solution. The red arrow points to washed solution.

Note: To improve the reliability of the results, at least 100 worms are needed for the statistical analysis. Repetition of the experiment is also crucial

Alternatives: Use other membrane-impermeable fluorescent molecules to assess the damaged membrane.

Single-Plane Imaging

- 19. Prepare 4% melted agar and put it inside warmer to prepare the agar pad.
- 20. Prepare four glass slides and construct as the picture show.

Note: This is to make an even surface of the agar pad [\(Figure 5](#page-10-0)).

- 21. Use a dropper to drop a little melted agar to a cover slide and immediately cover it with another glass slide.
- 22. Using 10 µL pipette put a drop of 12% levamisole on the agar pad.
- 23. Pick the worms and group them on the levamisole for easier observation in the confocal microscope.
- 24. Lay a coverslip on top of the agar pad and drop oil on the coverslip.

Note: Make sure that the oil has covered the area where the worms have been placed.

Note: The more detailed guide is available at IQ 3 user guide

- 25. Adjust the magnification, focus, and brightness to observe the worms
	- a. First, use $10x$ magnification to spot the worms. Use coarse Z plane adjustment to spot the position of the worm.

Note: This adjustment will change the Z plane.

b. After the worms can be observed clearly, lower the Z plane. This should bring the Z plane to the base.

Figure 5. How to Assemble Glass Slides

- c. Change to 100% magnification and bring up the Z plane. Press the button on the joystick. This will make the X-Y movement to Extra-fine mode. Change the Z plane adjustment to Fine. Adjust so that worms can be seen clearly.
- d. Change the Z plane adjustment to ExFine, turn the white light off, and press the L300 button for fluorescence protein observation.
- 26. Choose the fluorescence of choice to observe the desired fluorescence protein
- 27. Adjust the z plane to observe the epidermis. The epidermis is located between the cuticle layer (when stripes are visible) and the intestine.

Note: Intestine is recognized by its path that extends from the pharynx all the way to anus.

28. Capture several images from the z plane using a Z scan ([Figure 6\)](#page-11-0).

Note: Scroll unit is the z plane moved/click on the up and down button.

Note: Z step indicates every certain unit length; an image will be captured.

Note: If the fluorescence is not very bright, the brightness/exposure can be adjusted manually. Another option is to check the automap box.

CRITICAL: Be sure to add a scale bar on one of the images that are captured using the same magnification.

Confocal Microscope Time-Lapse Imaging

The principal of this protocol is to set up multiple points on the XY plane to be revisited for Z scanning after a period of time. We used this assay as a method to show the aggregation of protein at the time point, in which the aggregation starts to show significance.

Note: Protocol will not be described as detailed since some details have been discussed on Single-plane imaging.

29. Prepare and agar pad on a glass slide

CRITICAL: in this step, the agar must be evenly flat. Any unevenness will impact the quality of the result.

Blue indicator shows recorded Start position

End position is defined.

Orange area shows scan range,

End position will highlight in green,

Current position will highlight in yellow.

Figure 6. Z Scan Illustration

- 30. Using a 0.5–10 μ L pipette, place a small drop of 12 μ M levamisole on the agar pad.
- 31. Place 10 wounded worms on the levamisole drop and cover with a coverslip.
- 32. Observe a single worm and set the start and endpoints for the Z scan.

Note: Make sure that Z plane will be applied for all XY coordinate added.

- 33. Select the desired channel to be used to observe the fluorescence protein.
- 34. Select a multi-field scan from the scan manager. Then, click next.
- 35. Click add to the first point. Then, move the joystick to adjust the XY plane to fine another wound site. (keep on adding until all desired wound sites have been added).
- 36. Click on the Time-Lapse button. Then, select the duration and interval before starting the imaging.

Note: Duration is how long the imaging will run. Interval is the gap time for the next XY scan to run.

CRITICAL: The more Z plane to be scanned, the longer it will take to finish the imaging of one point. Pay close attention to the time needed to scan a point and roughly estimate the time needed to complete the set of coordinates chosen. The time needed to complete one run should not exceed the time interval selected.

37. Click run to start the time-lapse ([Figure 7\)](#page-12-0)

Note: Applying adhesive around the coverslip will stabilize the time-lapse imaging in the long run. As the levamisole dries out, the adhesion of the coverslip and the agar pad will decrease. Hence, the friction between the microscope lens and the coverslip will cause a slight movement and will influence the imaging result. Also, it will seal the gap between the agar pad and the glass slide. Hence, preventing the agar pad from drying out.

Note: Observe the first cycle to see if all points selected have the right Z plane adjusted. If not, stop the protocol and try to readjust the z plane for better quality imaging.

Figure 7. Adhesive Application

CRITICAL: It is very important to pay attention to the time interval. Selecting too many coordinates might cause the cycle to end before Z projection of all coordinates being captured.

EXPECTED OUTCOMES

The genetic mutations of a gene that regulates membrane repair will result in high ratio of TryB staining. Their dynamic after wounding can be imaged using this protocol. Finally, RNAi screen can be performed to identify key genes that regulate membrane repair based on this protocol.

QUANTIFICATION AND STATISTICAL ANALYSIS

Trypan Blue Staining Analysis

- 1. Remember the total number of wounds induced.
- 2. Count the number of dark-blue spots visible on each worm [\(Figure 8](#page-12-1)).
- 3. Calculate the staining percentage by dividing the number of $(\sum \text{stained spots})/$ $(\sum$ wound induced) \times 100.

Confocal Microscope Single-Plane Imaging Analysis

Timing: 30–40 s/worm

Figure 8. Trypan Blue Staining of N2 Worms Observed 3 h after Wounding Indications Left image showing the unwounded worms that were treated with trypan blue. Right, wounded animal stained with

trypan blue. Red arrows point to an unrepaired region. Green arrows point to the repaired region. Scale bar, 0.5 mm.

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Figure 9. Confocal Image Showing Aggregation of EFF-1::GFP 6 h Post Wounding Scale bar, 10 um.

This method of analysis is used to calculate the aggregation of proteins at the wound site by looking at the intensity of fluorescence protein

- 4. Open Image J and drag the saved file from the confocal microscope into the window of image J
- 5. Click image>stack>Z project, and choose the slice.

Note: Selecting slices are essential for the accuracy of the analysis. Make sure only to choose the epidermal layers

- 6. Change the projection type to Average Intensity. Then, click ok
- 7. Using polygon tool or freehand selection, carefully encircle the area which the proteins aggregate around the wound site

CRITICAL: Do not encircle the wound site; this will significantly reduce the intensity since no proteins will aggregate exactly at the wound.

- 8. Press Ctrl + M to measure the intensity.
- 9. Hold ctrl and drag the area drawn to the unwounded area of the worm. Press ctrl + m (do this step twice)
- 10. Hold ctrl and drag the area drawn to the background and press ctrl + m

Note: The principle of this formula is

 $\Delta F/F = \frac{(\Delta p \cdot \Delta \cos \theta)}{(\Delta p \cdot \Delta \cos \theta)}$ of unwounded area) (Δ intensity of unwounded area – Δ background intensity)

- 11. Collect the raw data in Microsoft excel and compute for $\Delta F/F$ values.
- 12. Copy the values of $\Delta F/F$ and paste to graph pad to for making graphs, charts, and analysis [\(Fig](#page-13-0)[ures 9](#page-13-0) and [10](#page-14-0)).

Note: Wound site must be placed as centered as possible for presentation purposes.

Alternatives: Use other imaging analysis software to measure the intensity.

Confocal Microscope Time-Lapse Imaging Analysis

Images taken from the confocal microscope needs to be processed so that it can be watched as a time-lapse movie. Here, the method to generate movie from time-lapse imaging will be elaborated.

Figure 10. Aggregation Values

13. After the time-lapse imaging has finished, save the file by checking the Channel and XY plane boxes

Note: Checking both boxes will allow saved files to be grouped according to their channel and XY coordinates respectively.

- 14. Open ImageJ and drag one of the time-lapse file to image J to open.
- 15. Convert from stacks to hyperstacks by clicking image>stacks>hyperstacks.
- 16. Change the values of Slices(z) and Frames(t) according to the format that is used for time-lapse imaging.

Note: For example, if a duration of 1 h of time-lapse with interval of 1 min and 6 Z slices is taken. Then, the slice will be 6 and the Frames will be 60.

- 17. Create Z projection by choosing the slices that shows protein aggregation the clearest. Image>- Stacks>Z project. Here, we used average intensity.
- 18. Image can be cropped to be adjusted to the format that you will use. Edit>selection>specify

Note: Until step 6, if you have captured time-lapse with more than one channel, you can do channel merging so that different fluorescent proteins aggregation can be observed in the same time. This can be done by also following steps 1–6 with the separate channel. Then, Click Image>color>merge channels. Be careful to correctly choose which color channel is for which set of images.

Note: Adjust the X and Y coordinates so that the wound site is centered.

19. Add a scale bar to the movie by clicking Analyze>set scale to customize the scalebar to be added. Then, input the scale bar by clicking Analyze>Tools>Scale bar

Note: This can vary according to magnification lens used.

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Figure 11. XY Multi-field Scan

20. Save the file in a format of your choice.

Note: Turn on the auto focus option on the XY scan interface by clicking the box for better image quality when scanning multiple positions [\(Figure 11](#page-15-0)).

Note: These are the buttons to take a closer attention to.

By double clicking any field points, the XY coordinate will automatically relocates to the XY coordinate of the field point selected.

Alternatives: Use other imaging analysis software to measure the intensity.

LIMITATIONS

Wounding performed by glass needle will have a variation of wound sizes. Hence many subjects should be wounded to lessen the discrepancy. Thus, trypan blue staining is a rough experiment, and the result will have variation depending on the wound size. Therefore, repeating experiments several times is required.

Imaging should be done quickly, especially when doing the imaging of experiments with short time points (5 m, 15 m, 30 m, 60 m). just a couple of minutes late and the protein aggregation level will be different. In addition, C. elegans will not survive in long period of time-lapse imaging. Thus, duration must be carefully planned before taking time-lapse imaging.

Note: Usually, 2 h of time-lapse imaging is the limit. The longer the duration, the more chance for the worm to be dead in the middle of imaging.

TROUBLESHOOTING

Problem 1 The wound site is too big [\(Figure 12](#page-16-0))

Potential Solution

Do not apply too much force when wounding the worms; if the needle is sharp, the needle will nick the worms with a gentle touch.

Try to change the glass needle after several uses, the tip may get snapped and became blunt. This will make the worm to be harder to wound; also, the wound will be more likely to be big.

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Figure 12. Confocal Image of tagBFP::syx-2 Showing Example of a Bad Image Orange arrows point to the background caused by dirty plates. Red arrows point to the cuticle. Blue arrow point to the wound site. Scale bar, 10 um.

If your hand is shaking during wounding, try to rest your hand on the microscope and use your wrist to mobilize the needle. In addition, holding the hand used for wounding, with the other hand, will also help stabilize.

Problem 2

Protein signal is too weak when observed under a confocal microscope

Potential Solution

Try to adjust the brightness level in the software, also by clicking the automap will also help to make the fluorescence to be more visible.

Try to use transgene-induced by single copy insertion. This way of generating transgene will give a stronger fluorescence and also generate a transgene that is less likely to be off-target; hence, it will not disrupt endogenous genes.

Problem 3

Z projection result shows undesired layer.

Potential Solution

[Figure 12](#page-16-0) shows over-selection of Z stacks. The proximal layer to the epidermis is the cuticle (pointed with red arrows) which is not supposed to be Z projected. Be sure to check the start and end points when making the Z projection. Over-selection of Z stacks can also result in different averaged fluorescence intensity value.

Problem 4

Protein signal is too weak when observed under a confocal microscope

Potential Solution

Try to adjust the brightness level in the software, also by clicking the automap will also help to make the fluorescence to be more visible.

Try to use transgene-induced by single copy insertion. This way of generating transgene will give a stronger fluorescence and also generate a transgene that is less likely to be off-target; hence, it will not disrupt endogenous genes.

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RESOURCE AVAILABILITY

Lead Contact

Further information and requests for resources and reagents should be directed to and will be fulfilled by the Lead Contact, Suhong Xu, [shxu@zju.edu.cn.](mailto:shxu@zju.edu.cn)

Materials Availability

All unique/stable reagents (including plasmids, transgenic animals, mutants) generated in this study are available from the Lead Contact without restriction.

Data and Code Availability

This study did not generate any unique datasets or code.

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AUTHOR CONTRIBUTIONS

S.X. conceived the study and designed experiments. X.M., Q.Y., and C.S.W. designed and performed the experiments. C.S.W., X.M., and S.X. wrote the protocol.

DECLARATION OF INTERESTS

The authors declare no competing interests.

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