

Anti-Viral Activity of Indian Plants

B. N. Dhawan

Received: 18 October 2011 / Accepted: 14 November 2011 / Published online: 18 January 2012
© The National Academy of Sciences, India 2012

Abstract Plants continue to be a major source for new chemical entities to develop novel therapeutic agents. Large number of plants has been shown to be active in vitro against a variety of human pathogenic viruses or their near congeners. In several cases the active compounds have been isolated and characterized. Very few of them, however, have been investigated in detail in vivo or taken to the clinic. Pure compounds like andrographolide, curcumin and glycyrrhizic acid as well as extracts of *Azadirachta indica* have shown activity against several viruses and should be investigated further for their therapeutic potential. An analysis of available data from several hundred species indicates that antiviral activity is more likely to be found in plants belonging to certain families. It is necessary to screen more plants of these families which are available in India to obtain further leads.

Keywords Antiviral activity · Indian plants · Herpes simplex · Viral hepatitis · Human immunodeficiency virus · Respiratory viruses · Interferon inducers

Introduction

Natural products have been, and continue to be, a major source of new chemical entities (NCE) for development of better therapeutic agents against infective and non-infective disorders. The bio-molecules are more stable, clinically more specific and available from renewable source

[1]. Plants of Indian origin have provided several novel leads in the past [2] and are likely to yield more NCE in future also.

The contribution of natural products to anti-viral chemotherapy, however, has been more modest. Several factors have contributed to this scenario. Viral infections like the common cold are self limited and require only symptomatic treatment. Public health measures like vector control have succeeded in controlling vector transmitted infections. Similarly, development of effective vaccines has played a major role in eliminating diseases like small pox, near eradication of poliomyelitis and treatment of rabies. A major reason for limited input from Indian plants has been the non-availability of strict containment facility needed for such work at most institutions in the country. A large number of plants found in India have, therefore been investigated and found active in Japan, South Korea, US, etc. Data on all such plants also has been included in the present review along with analysis of data generated within the country. Plants active in viruses closely related to human virus [e.g. feline Human Immunodeficiency Virus (HIV) or duck hepatitis] have also been included. Maximum plants have been screened against Ranikhet disease (RNA) virus (RDV) and vaccinia (DNA virus) followed by herpes, HIV and hepatitis. The data in following sections has been arranged in the same order.

Most of the studies have used in vitro test systems and crude extracts of various parts of the plants. Pure compounds have been tested in some cases and in vivo procedures have been used in very few cases. In limited number of cases clinical studies also have been done. In several cases the name of the plant or family has been changed now. The name given in the original publication has been retained in the present review to avoid confusion but the names of family have been revised.

B. N. Dhawan (✉)
3, Rama Krishna Marg, Lucknow 226 007, India
e-mail: dhawanbn@gmail.com

Ranikhet Disease and Vaccinia Viruses

CSIR Central Drug Research Institute Lucknow (CDRI) has been the pioneer institute to undertake large scale screening of Indian plants for anti-microbial and other biological activities using about 80 in vitro and in vivo tests. The program has used 50% ethanolic extracts of botanically authenticated plant samples. The extracts have been screened in vitro against one RNA virus (Ranikhet disease virus) and one DNA virus (vaccinia virus). Some samples have also been screened against encephalomyocarditis (EMCV), Japanese Encephalitis B (JE) and Semliki Forest (SFV) viruses. Extracts showing high degree of activity were fractionated according to a standardized protocol to localize activity in one or more fractions. The results of testing 3,789 samples from 3,482 plants belonging to 233 families have been reported in a series of publications [3–14]. In addition, 967 of these plants were also tested for interferon-like activity against RD and vaccinia viruses [15]. A mid-term review of the work has also been published [16]. Antiviral activity was observed in 242 samples belonging to 96 families. The results have been summarized in Table 1. The plants have been listed under the appropriate families which have been arranged alphabetically. It also indicates plants where activity has been confirmed further in fractions or those exhibiting anticancer activity also.

Some of the active plants have been followed up at CDRI for isolation and characterization of the active constituents. The antiviral activity of (+) odorinol isolated from *Aglaia roxburghiana* has been reported by Joshi et al. [17]. Subsequently two new triterpenoids also have been isolated and characterized [18]. Lupeol has been identified as the active moiety of hexane fraction of *Vicoa indica*. It was effective against EMCV, RDV and SFV. Lupeol isolated from same fraction was active against RDV only [19]. Furomolligin isolated from *Rubia cardifolia* was active against EMCV [20].

The interferon like activity of five plants (*Acacia auriculiformis*, *Cassia fistula*, *Olex polyama*, *Senecio tenuifolius* and *Zingiber capitatum*) has been investigated further. The classical fractionation failed to localize activity in a particular fraction. The activity could be localized in each case in non-dialyzable fraction. It was destroyed on treating the fraction with trypsin. These results suggest the presence of an interferon-like or interferon inducing substance in the non-dialyzable fraction [15].

CDRI has also tested plants used as hepato-protective agents in traditional systems of Indian medicine for their anti-hepatitis B virus surface antigen (HB_sAg) activity in serum of patients or carriers. Promising results were obtained with *Phyllanthus amarus* [21] and *Picrorhiza*

Table 1 Plants showing anti-viral activity in CDRI's biological screening program

No.	Family & plant	Part	Activity	References
Acanthaceae				
1.	<i>Adhatoda vasica</i>	Rt	R	[3]
2.	<i>Barleria cuspidata</i>	Pl	R, r	[7, 15]
3.	<i>Niligirianthus ciliatus</i>	Px ^a	V	[12]
4.	<i>Strobilanthus wightianus</i>	Px	R, r	[7, 15]
Anacardiaceae				
5.	<i>Cotinus coggygria</i>	Px	R	[3]
6.	<i>Pistacia integerrima</i>	Sb	R	[3]
7.	<i>Rhus parviflora</i>	Px	V, v, C	[5, 15]
8.	<i>Rhus succedanea</i>	Lf	R, r	[3, 15]
9.	<i>Rhus succedanea</i>	Px	R	[12]
Annonaceae				
10.	<i>Miliusa macrocarpa</i>	Px	R	[12]
Apiaceae				
11.	<i>Pimpinella diversifolia</i>	Pl	R	[3]
Apocynaceae				
12.	<i>Ichnocarpus frutescens</i>	Pl	R	[3]
Aquifoliaceae				
13.	<i>Ilex wightiana</i>	Px ^a	V	[12]
Araliaceae				
14.	<i>Hedera colchica</i>	Px	R	[5]
15.	<i>Schefflera rostrata</i>	Lf, In	R	[12]
16.	<i>Schefflera wallichiana</i>	St	R	[12]
Asclepiadeaceae				
17.	<i>Hemidesmus indicus</i>	Pl	R, r	[3, 15]
Aspidiaceae				
18.	<i>Polystichum biaristatum</i>	Pl ^a	R	[12]
Asteraceae				
19.	<i>Artemesia parviflora</i>	Pl	V	[6]
20.	<i>Cnicus walichii</i>	Pl	R	[3]
21.	<i>Conyza viscidula</i>	Pl	V,	[5]
22.	<i>Eclipta alba</i>	Pl	R	[3]
23.	<i>Lagasea molis</i>	Pl	r, V	[6, 15]
24.	<i>Laggera pierodanta</i>	Pl	R	[5]
25.	<i>Saussurea obvallata</i>	Fl	R	[11]
26.	<i>Siegesbeckia orientalis</i>	Pl	R, r	[3, 15]
27.	<i>Senecio tenuifolius</i>	Pl	R, r, v, C	[8, 15]
28.	<i>Tagetes erecta</i>	Pl	R	[4]
29.	<i>Tagetes minuta</i>	Pl	R, r	[4, 15]
30.	<i>Vernonia cineria</i>	Pl	R	[3]
31.	<i>Vittadinia australis</i>	Pl	V	[4]
Berberidaceae				
32.	<i>Berberis lyceum</i>	Rt	R	[3]
Betulaceae				
33.	<i>Alnus nepalensis</i>	Px	R	[12]
34.	<i>Alnus nitida</i>	Sb	R, V	[6]
Bignoniaceae				

Table 1 continued

No.	Family & plant	Part	Activity	References
35.	<i>Heterophragma adenophyllum</i>	Px	V	[5]
36.	<i>Stereospermum suaveolens</i> Bixaceae	Rt	R, r, C	[3, 15]
37.	<i>Bixa orellana</i> Bombacaceae	Fr ^a	V	[12]
38.	<i>Salmaalina malabarica</i> Brassicaceae	Fl	R, r	[3, 15]
39.	<i>Descurainia sophia</i> Caesalpiniaceae	Pl	R	[10]
40.	<i>Caesalpinia bonducella</i>	Rt	V	[3]
41.	<i>Cassia auriculata</i>	Px ^a	R, r	[3, 15]
42.	<i>Cassia auriculata</i>	Rt	V, v	[3, 15]
43.	<i>Cassia fistula</i>	Sb ^a	R, r, v, C	[3, 15]
44.	<i>Cassia fistula</i>	Pd ^a	R, V	[3]
45.	<i>Cassia tora</i>	Pl	R	[3]
46.	<i>Caesalpinia sepiaria</i>	Rt	R, V	[4]
47.	<i>Hardwickia binata</i>	Pl	R, r, v	[5, 15]
48.	<i>Tamarindus indica</i> Capparaceae	Fl	R	[3]
49.	<i>Capparis multiflora</i>	Px	R	[12]
50.	<i>Capparis longispina</i> Caprifoliaceae	Px	R	[3]
51.	<i>Lonicera leschenaultii</i> Celastraceae	Px	R	[11]
52.	<i>Euonymus angulatus</i>	Px ^a	R	[13]
53.	<i>Salacia roxburghii</i> Combretaceae	Px	R, r	[6, 15]
54.	<i>Terminalia chebula</i>	Fr	R	[3]
55.	<i>Terminalia chebula</i>	Lf	R	[11]
56.	<i>Terminalia chebula</i>	Sw	R, r	[11, 15]
57.	<i>Terminalia paniculata</i> Connaraceae	Px ^a	R, C	[12]
58.	<i>Connarus wightii</i> Convolvulaceae	Px	R	[6]
59.	<i>Cuscuta reflexa</i> Cucurbitaceae	Px	R, r	[4, 15]
60.	<i>Cucumis callosus</i> Cupressaceae	Px	R, V	[12]
61.	<i>Cupressus torulosa</i> Cyperaceae	Px	R,	[7]
62.	<i>Carex obscura</i>	Pl	R	[10]
63.	<i>Cyperus niveus</i>	Pl	R, r	[3, 15]
64.	<i>Cyperus pangorei</i> Dilleniaceae	Pl ^a	V	[12]
65.	<i>Dillenia pentagyna</i> Dipterocarpaceae	Sb ^a	R	[14]
66.	<i>Shorea robusta</i> Ebenaceae	Px ^a	R	[10]

Table 1 continued

No.	Family & plant	Part	Activity	References
67.	<i>Diospyros chloroxylon</i>	Px	R	[6]
68.	<i>Diospyros marmorata</i>	Px ^a	R	[13]
69.	<i>Diospyros peregrina</i>	Sb	R, r	[3, 15]
70.	<i>Maba nigrescens</i> Elaeagnaceae	Px	R, r, V, v	[6, 15]
71.	<i>Hippophae salicifolia</i> Elaeocarpaceae	Sb ^a	R	[11]
72.	<i>Elaeocarpus tectorius</i>	Lf ^a	R, V	[11]
73.	<i>Elaeocarpus glandulosus</i> Ericaceae	Px	R, C	[12]
74.	<i>Agapetes odonocera</i>	Tu ^a	R	[12]
75.	<i>Rhododendron arboreum</i> Euphorbiaceae	Px ^a	R	[14]
76.	<i>Aporosa villosula</i>	Px	R	[13]
77.	<i>Baccaurea ramiflora</i>	Fr	S	[14]
78.	<i>Bridelia retusa</i>	Sb ^a	R, r, C	[5, 15]
79.	<i>Bridelia squamosa</i>	Px	R	[6]
80.	<i>Euphorbia prolifera</i>	Pl	R, C	[3]
81.	<i>Euphorbia royleana</i>	St	R	[3]
82.	<i>Glochidion hohenackerii</i>	Px	R	[3]
83.	<i>Glochidion subsessile</i>	Px	R	[12]
84.	<i>Glochidion zeylanicum</i>	Px ^a	R	[12]
85.	<i>Jatropha glandulifera</i>	Px	R, r	[10, 15]
86.	<i>Kirganelia reticulata</i>	Px	R	[3]
87.	<i>Kirganelia tanarius</i>	Px	R, V	[12]
88.	<i>Mallotus resinousus</i>	Px	R, V	[12]
89.	<i>Margaritaria indica</i>	Px	V	[12]
90.	<i>Ricinus communis</i>	Lf	V	[3]
91.	<i>Embllica officinalis</i> Fabaceae	Fr	R	[3]
92.	<i>Crotalaria semperflorens</i>	Px	R	[11]
93.	<i>Dunbaria ferruginea</i>	Px ^a	R	[12]
94.	<i>Indigofera pulchella</i>	Rt	V	[3]
95.	<i>Indigofera cassioides</i>	Px ^a	R	[12]
96.	<i>Mundulea sericeae</i>	Px	R, r	[6, 15]
97.	<i>Ougeinia oojeinensis</i>	Sb	R	[3]
98.	<i>Phaseolus trilobus</i>	Pl	V	[5]
99.	<i>Sesbania procumbens</i>	Px	R	[14]
100.	<i>Sesbania sesban</i>	Px	R	[6]
101.	<i>Sophora glauca</i>	Px	R	[7]
102.	<i>Uraria lagopoides</i>	Pl	R, r	[4, 15]
103.	<i>Wisteria chinensis</i> Fagaceae	Px	R	[12]
104.	<i>Castanea sativa</i>	Sb	R	[3]
105.	<i>Castanopsis indica</i>	Sb	R, r, C	[7, 15]
106.	<i>Fagus sylvatica</i>	Px	r, V	[5, 15]
107.	<i>Lithocarpus dealbatus</i>	Sb	R	[11]
108.	<i>Lithocarpus dealbatus</i>	Fr	R	[11]

Table 1 continued

No.	Family & plant	Part	Activity	References
109.	<i>Lithocarpus dealbatus</i>	Lf, Tw	R	[11]
110.	<i>Quercus himalayana</i>	Px	V	[11]
111.	<i>Quercus lamellosa</i>	Sb	R, r, V, v	[3, 15]
112.	<i>Quercus lanceafolia</i>	Sb	R, r, V, v	[3, 15]
113.	<i>Quercus lineata</i>	Sb	R	[3]
114.	<i>Quercus pachyphylla</i>	Sb	R	[3]
115.	<i>Quercus thomsonii</i>	Px ^a	R	[12]
	Gentianaceae			
116.	<i>Canscora diffusa</i>	Pl	R	[4]
	Guttiferae			
117.	<i>Garcinia talbotii</i>	Pl	r, V	[5, 15]
	Hippocrateaceae			
118.	<i>Loeseneriella arnottiana</i>	Px ^a	R	[13]
	Juglandaceae			
119.	<i>Juglans regia</i>	Lf	V	[6]
	Lamiaceae			
120.	<i>Leonurus sibiricus</i>	Pl	V	[5]
121.	<i>Leucas prostrata</i>	Pl ^a	V	[12]
122.	<i>Rabdosia coetsa</i>	Px	R	[11]
123.	<i>Teucrium quadrifarium</i>	Pl	r, V	[6, 15]
124.	<i>Teucrium royleanum</i>	Pl	R	[10]
	Lauraceae			
125.	<i>Cinnamomum iners</i>	Px	R, r	[6, 15]
126.	<i>Lindera pulcherrima</i>	Px	R	[9]
127.	<i>Litsea coriacea</i>	Px	R	[13]
128.	<i>Machilus gamblei</i>	Lf	R	[3]
	Liliaceae			
129.	<i>Scilla hyacinthiana</i>	Bu	S	[14]
	Loranthaceae			
130.	<i>Dendrophthoe falcata</i>	Px	R, r	[4, 15]
131.	<i>Dendrophthoe falcata</i>	Px	V	[5]
132.	<i>Helixanthera wallichiana</i>	Px ^a	R, V	[13]
	Lythraceae			
133.	<i>Lagerstroemia speciosa</i>	Px	R	[4]
134.	<i>Wodfordia fruticosa</i>	Pl	R	[3]
	Malvaceae			
135.	<i>Thespesia populnea</i>	Fr	R, r, C	[3, 15]
	Melastomataceae			
136.	<i>Melastoma normale</i>	Pl	r, V	[4, 15]
137.	<i>Memecylon umbellatum</i>	Lf	R, C	[3]
	Meliaceae			
138.	<i>Aglaiia anamallayana</i>	Px ^a	R	[13]
139.	<i>Amoora wallichii</i>	St	R, r, V, v	[3, 15]
140.	<i>Melia azaderach</i>	Sb	R, r	[4, 15]
	Menispermaceae			
141.	<i>Cocculus pendulus</i>	Px	R, C	[4]
142.	<i>Tinospora cardifolia</i>	St	R	[3]
	Mimosaceae			

Table 1 continued

No.	Family & plant	Part	Activity	References
143.	<i>Abarema ungulata</i>	Px	R	[13]
144.	<i>Acacia auriculiformis</i>	Px, Sb	r, v	[15]
145.	<i>Acacia catechu</i>	St	R	[3]
146.	<i>Acacia raddiana</i>	Px	R	[11]
147.	<i>Albizia procera</i>	Px	r, V, C	[5, 15]
148.	<i>Mimosa pudica</i>	Pl	r, V	[4, 15]
	Moraceae			
149.	<i>Ficus hirta</i>	Px ^a	V	[12]
150.	<i>Ficus religiosa</i>	Sb	R, r	[3, 15]
	Moringaceae			
151.	<i>Moringa oleifera</i>	Fr	V	[3]
	Myricaceae			
152.	<i>Myrica nagi</i>	Sb	R	[3]
	Myristicaceae			
153.	<i>Knema linifolia</i>	Sb	R	[14]
	Myrsinaceae			
154.	<i>Maesa chisea</i>	Px	R	[7]
155.	<i>Maesa indica</i>	Px	V, v	[4, 15]
	Myrtaceae			
156.	<i>Eugenia codyensis</i>	Px ^a	R	[12]
157.	<i>Eugenia mangifolia</i>	Px	R	[11]
158.	<i>Eugenia thwaitesii</i>	Px ^a	R	[12]
159.	<i>Syzygium densiflorum</i>	Px	R	[11]
160.	<i>Syzygium kurzii</i>	Px ^a	S	[14]
161.	<i>Syzygium occidentale</i>	Px	R	[12]
162.	<i>Syzygium samarangense</i>	Px	R, V	[12]
163.	<i>Syzygium tetragonum</i>	Px	R	[11]
	Ochnaceae			
164.	<i>Ochna integerrima</i>	Px	R	[14]
	Oleaceae			
165.	<i>Olea polygama</i>	Px	r, v	[17]
166.	<i>Nyctanthes arbor-tristis</i>	Fr	E	[14]
167.	<i>Ximenia americana</i>	Px	R	[6]
	Onagraceae			
168.	<i>Jussiaea suffruticosa</i>	Pl	R, r, C	[7, 15]
169.	<i>Ludwigia perensis</i>	Pl	R, r	[4, 15]
	Orchidaceae			
170.	<i>Vanda spathulata</i>	Pl	R, r	[7, 15]
	Papavaraceae			
171.	<i>Argemone mexicana</i>	Pl	R	[3]
	Passifloraceae			
172.	<i>Passiflora mollissima</i>	Px	R	[11]
	Pinaceae			
173.	<i>Cryptomeria japonica</i>	Px	V	[4]
	Pittosporaceae			
174.	<i>Pittosporum tetraspermum</i>	Px	R	[12]
	Plumbaginaceae			
175.	<i>Vogelia indica</i>	Pl	R	[4]

Table 1 continued

No.	Family & plant	Part	Activity	References
Poaceae				
176.	<i>Cynodon dactylon</i>	Px ^a	V	[3]
177.	<i>Hordeum vulgare</i>	Sd	R, r	[3, 15]
178.	<i>Imperata cylindrica</i>	Px	R, r	[5, 15]
179.	<i>Isachne kunthiana</i>	Pl	R	[12]
180.	<i>Saccharum species</i>	Lf	R	[11]
Polygonaceae				
181.	<i>Polygonum glabrum</i>	Px	R, r	[4, 15]
Polypodiaceae				
182.	<i>Adiantum caudatum</i>	Pl	R	[3]
183.	<i>Asplenium nidus</i>	Px	R, V	[12]
184.	<i>Pseudodrynaria coronans</i>	Rh ^a	R	[12]
Primulaceae				
185.	<i>Anagallis arvensis</i>	Pl	R, r	[5, 15]
Proteaceae				
186.	<i>Hakea saligna</i>	Px	R	[7]
Ranunculaceae				
187.	<i>Clematis buchanana</i>	Px	V	[4]
188.	<i>Clematis gouriyana</i>	Px	R	[3]
Rhamnaceae				
189.	<i>Scutia myrtima</i>	Px	R, V	[3]
190.	<i>Zizyphus glaberrima</i>	Px	R, r	[6, 15]
191.	<i>Zizyphus rugosa</i>	Px ^a	R	[13]
Rosaceae				
192.	<i>Cotoneaster bacillaris</i>	Px	R, r, V, v	[6, 15]
193.	<i>Photinia integrifolia</i>	Px	r, V	[5, 15]
194.	<i>Prunus cornuta</i>	Px	R, r	[6, 15]
195.	<i>Rosa leschenaultii</i>	Px	R	[11]
196.	<i>Rubus hexagonus</i>	Px	R	[11]
Rubiaceae				
197.	<i>Cinchona ledgeriana</i>	Lf	V, v	[6, 15]
198.	<i>Gardenia jasminoides</i>	Px	R, r	[4, 15]
199.	<i>Gardenia turgida</i>	Fr	R, C	[3]
200.	<i>Ixora arborea</i>	Px	r, V	[5, 15]
201.	<i>Ixora nigricans</i>	Px	R	[5]
202.	<i>Psychotria truncata</i>	Px	R, r,	[6, 15]
203.	<i>Randia dumetorum</i>	Sb	R	[3]
204.	<i>Uncaria pilosa</i>	Px	R	[12]
Rutaceae				
205.	<i>Atalantia racemosa</i>	Px	R, r	[5, 15]
206.	<i>Evodia lunu-ankenda</i>	Sb	R, r,	[7, 15]
207.	<i>Paramignya monophylla</i>	Px	R, C	[12]
Sabiaceae				
208.	<i>Meliosma simplicifolia</i>	Px	R	[11]
Salicaceae				
209.	<i>Salix alba</i>	Sb	R	[6]
210.	<i>Salix babylonica</i>	Pl	r, V	[4, 15]

Table 1 continued

No.	Family & plant	Part	Activity	References
Samydaceae				
211.	<i>Casearia tomentosa</i>	Px	R	[4]
Santalaceae				
212.	<i>Osyris arborea</i>	Lf	R	[3]
Sapindaceae				
213.	<i>Allophylus serratus</i>	Px	R, r	[6, 15]
Sarauiaceae				
214.	<i>Saurauia roxburghii</i>	Px	R	[7]
Saxifragaceae				
215.	<i>Bergenia ligulata</i>	Rh	R	[11]
Scrophulariaceae				
216.	<i>Celsia coromandeliana</i>	Pl	V, C	[4]
217.	<i>Limnophila racemosa</i>	Pl	V	[4]
Solanaceae				
218.	<i>Atropa belladonna</i>	Lf	R, r	[3, 15]
219.	<i>Nicotiana plumbaginifolia</i>	Pl	R, r, C	[4, 15]
220.	<i>Solanum xanthocarpum</i>	Pl	R, r, C	[3, 15]
221.	<i>Withania somnifera</i>	Pl	R, V	[3]
Staphyleaceae				
222.	<i>Turpinea pomifera</i>	Sb ^a	J	[14]
Sterculiaceae				
223.	<i>Byttneria grandifolia</i>	Px ^a	R	[14]
Symplocaceae				
224.	<i>Symplocos paniculata</i>	Lf	R, r	[3, 15]
Theaceae				
225.	<i>Camellia japonica</i>	Px ^a	R	[12]
Thymelaeaceae				
226.	<i>Lasiosiphon eriocephalus</i>	St	R	[3]
Tiliaceae				
227.	<i>Erinocarpus nimmonii</i>	Lf	R, v	[11, 15]
228.	<i>Grewia hirsuta</i>	Px	R	[5]
229.	<i>Grewia latifolia</i>	Px	R, r	[4, 15]
230.	<i>Tilia europaea</i>	Px	R, r, C	[5, 15]
Ulmaceae				
231.	<i>Ulmus wallichiana</i>	Sb	R, r	[6, 15]
Urticaceae				
232.	<i>Urtica dioica</i>	Pl	R,	[10]
Verbenaceae				
233.	<i>Gmelina arborea</i>	Sb	R	[3]
234.	<i>Vitex diversifolia</i>	Px	R	[12]
Vitaceae				
235.	<i>Cayratia auriculata</i>	Fr	R	[12]
236.	<i>Lea indica</i>	Lf	R, r	[3, 15]
237.	<i>Lea macrophylla</i>	Px	V	[10]
Zingiberaceae				
238.	<i>Cautleya spicata</i>	Rt, Rh	R	[3]
239.	<i>Costus speciosus</i>	Pl	R, r, V, v	[6, 15]

Table 1 continued

No.	Family & plant	Part	Activity	References
240.	<i>Zingiber capitatum</i>	Pl	r, v	[15]
241.	<i>Zingiber zerumbet</i> Zygophyllaceae	Rh	R	[11]
242.	<i>Fagonia critica</i>	Px	R	[3]

Part used: *Bu* bulb, *Fl* flower, *Fr* fruit, *Lf* leaf, *In* inflorescence, *Pd* pod, *Pl* plant, *Px* plant without root, *Rh* rhizome, *Rt* root, *Sb* stem bark, *St* stem, *Sw* stem wood, *Tu* tuber, *Tw* twig

Activity: *E* encephalomyocarditis virus, *J* Japanese B encephalitis virus, *R* Ranikhet disease virus, *r* interferon induction, *S* semliki forest virus, *V* vaccinia virus, *v* interferon induction, *C* anticancer

^a Activity confirmed in fractions

kurroa [22–26]. These have been reviewed in the section on hepatitis virus.

Herpes Virus

Activity against herpes virus has been reported in 49 Indian plants. These have been listed in Table 2. The activity is distributed widely and the plants belong to 34 families. Most of them have been reported active against herpes-1 virus though a few are active against both herpes-1 and 2. In 12 cases the strain used has not been mentioned. Only four publications have reported in vivo activity. Pure isolated compounds have been tested in 26 cases. Two of the compounds glycyrrhizin and lupeol are active against other human viruses also and this has been indicated at appropriate places in this review. Unfortunately none of them appear to have been followed up further. The results have been published in 43 papers and only 9 of them are from Indian laboratories. Table 2 includes only those plants from foreign publications which are found in India.

Human Immunodeficiency Virus

Large number of papers has been published in recent years reporting anti-HIV activity in numerous natural products, partly because of the large screening program of US National Cancer Institute. Activity has been reported only in 38 Indian plants in 32 papers. These have been shown in Table 3 and belong to 28 families. Data on 41 materials has been reported and 24 of them are pure compounds. Most investigators (26) have studied the activity on HIV-1 and in 10 cases the strain has not been mentioned. HIV-2 has been included in two studies only. Two of the reported plants have been found active against feline immunodeficiency virus (FIV), a close congener of HIV. Most of the publications in this case also are from foreign laboratories and there are only seven Indian publications. There have been

claims of usefulness of Ayurvedic and Siddha formulations in treatment of AIDS but no reliable clinical data is available either with these formulations or with the plants listed in Table 3. Data with *Curcuma longa* has not been included in this table because curcumin isolated from this plant and its several semi-synthetic and synthetic analogues have been tested. The data has been included in concluding remarks.

Hepatitis Viruses

Large number of medicinal plants has been used for treatment of hepatic disorders in most traditional system of medicine. The parameters generally followed were clearance of jaundice and return of liver function tests to normalcy. Clearance of viraemia in infective hepatitis, the commonest hepatic disorder, became an important parameter after the demonstration of carrier stage and possible induction of malignancy in such persons. One of the earliest demonstrations of viral clearance was provided by the pioneering studies of Thyagarajan et al. [106] with *Phyllanthus amarus*. This led to screening of large number of plants for activity against the virus. The availability of the duck model for in vivo studies materially facilitated these studies. Protective effect has been reported with 17 Indian plants belonging to 14 families. These have been listed in Table 4. Most of the plants have been tested against hepatitis B virus by several in vitro procedures. The active compound has been isolated and characterised in nine of these plants.

Several hepatoprotective plants have been tested for anti-hepatitis B virus surface antigen (HB_sAg) activity in vitro using serum from patients or asymptomatic carriers harbouring the infection. Neutralizing activity has been reported with extract of *Phyllanthus amarus* [21]. A purified standardized extract (Picroliv) and a pure compound catalpol isolated from *Picrorhiza kurroa* were also found active while andrographolide (active constituent of *Andrographis paniculata*) and silymarin were inactive [22].

Clinical studies have been undertaken with some of the active plants in patients of infective hepatitis. As already reported above [23] efficacy of Picroliv has been demonstrated in Phase III multicentric trials. Beneficial effects have been reported with *Phyllanthus amarus* and glycyrrhizin also. These and other studies have been reviewed by Handa in a comprehensive publication [114] on hepatoprotective activity of Indian medicinal plants.

Respiratory Viruses

Interest in respiratory virus has increased following the recent epidemics of SARS and H₁N₁ infection. Activity has

Table 2 Indian plants active against herpes simplex viruses in vitro

Plant	Family	Product	Strain	References
1. <i>Adansonia digitata</i>	Bombaceae	Ext	HSV	[27]
2. <i>Aglai odorata</i>	Meliaceae	Ext	1 ^a	[28]
3. <i>Aloe vera</i>	Liliaceae	Ext	2	[29]
4. <i>Andrographis paniculata</i>	Acanthaceae	Diterpenes	1	[30]
5. <i>Atlantia</i> sp.	Rutaceae	Pyrophorbide	2	[31]
6. <i>Azadirachta indica</i>	Meliaceae	Ext	1	[32]
7. <i>Barleria lupulina</i>	Acanthaceae	Iridoid glycoside	1	[33]
8. <i>Bauhinia racemosa</i>	Caesalpiniaceae	Ext	HSV	[34]
9. <i>Bauhinia variegata</i>		Ext	1,2	[35]
10. <i>Bidens pilosa</i>	Asteraceae	Ext	1,2	[36]
11. <i>Cedrus libani</i>	Pinaceae	Ext, oil	1	[37]
12. <i>Cissus quadrangularis</i>	Vitaceae	Ext	1,2	[38]
13. <i>Conyza aegyptica</i>	Asteraceae	Ext	HSV	[27]
14. <i>Cyperus rotundus</i>	Cyperaceae	Ext	1	[39]
15. <i>Euphorbia peplus</i>	Euphorbiaceae	Diterpene esters	2	[40]
16. <i>Glycyrrhiza glabra</i>	Fabaceae	Glycyrrhizin	HSV	[41]
17. <i>Heliotropium marifolium</i>	Boraginaceae	Alkaloid	HSV	[42]
18. <i>Holoptelea integrifolia</i>	Ulmaceae	Ext	HSV	[43]
19. <i>Houttuynia cordata</i>	Sarauiaceae	Ext	1,2	[36]
		Pure compounds	1	[44]
20. <i>Hypericum hookerianum</i>	Hyperaceae	Ext	1	[45]
21. <i>Hypericum mysorens</i>		Ext	1	[45]
22. <i>Lippia alba</i>	Verbenaceae	Ext	1	[46]
23. <i>Melia azaderach</i>	Meliaceae	Ext	2 ^a	[47]
		Meliacine	1	[48]
24. <i>Mentha piperata</i>	Lamiaceae	Essential oil	1,2	[49]
25. <i>Momordia charantia</i>	Cucurbitaceae	Ext	1	[50]
26. <i>Moringa oleifera</i>	Moringaceae	Ext	1 ^a	[28]
27. <i>Myrica rubra</i>	Myricaceae	Pure compounds	2	[51]
28. <i>Neerium indicum</i>	Apocynaceae	Ext	HSV	[43]
29. <i>Pandanus amaryllifolius</i>	Pandanaceae	Pandanin	1	[52]
30. <i>Peganum harmala</i>	Rutaceae	Ext	1	[53]
31. <i>Phyllanthus emblica</i>	Euphorbiaceae	Pure compounds	HSV	[54]
32. <i>Phyllanthus urinaria</i>		Pure compounds	1,2	[55]
33. <i>Pinus massoniana</i>	Pinaceae	Ext	HSV	[56]
34. <i>Plantago major</i>	Plantaginaceae	Ext	HSV	[56]
35. <i>Portulaca oleracea</i>	Portulacaceae	Polysaccharides	2	[57]
36. <i>Salvia officinalis</i>	Lamiaceae	Ext	1,2	[58]
37. <i>Santalum album</i>	Santalaceae	Oil	1,2	[59]
38. <i>Scinaia hatei</i>	Liagonaceae	Polysaccharides	HSV	[60]
39. <i>Scoparia dulcis</i>	Scrophulariaceae	Scopadulcic acid	1	[61]
40. <i>Solanum torvum</i>	Solanaceae	Torvanol A	1	[62]
		Torvoside H	1	
41. <i>Sorghum bicolor</i>	Poaceae	Peptide	1	[63]
42. <i>Strobilanthus cusia</i>	Acanthaceae	Lupeol	1	[64]
43. <i>Swertia chirata</i>	Gentianaceae	Ext	1	[65]
44. <i>Syzygium aromaticum</i>	Myrtaceae	Eugenin	1	[66]
45. <i>Syzygium jambos</i>		Ext	1	[67]

Table 2 continued

Plant	Family	Product	Strain	References
46. <i>Taracetium vulgare</i>	Asteraceae	Ext, Parthenolide	1,2	[68]
47. <i>Usnea complanta</i>	Usneaceae	Ext	1	[45]
48. <i>Ventilago denticulate</i>	Rhamnaceae	Ext	1 ^a	[28]
49. <i>Withania somnifera</i>	Solanaceae	Ext	1	[69]

Ext crude extracts in different solvents; HSV unspecified strain, 1 or 2 HSV-1 or HSV-2

^a Tested in vivo

been reported in 18 Indian plants belonging to 16 families. Pure compounds isolated from plants have been tested in nine cases. Activity has been reported against five respiratory viruses. Activity against influenza has been observed in seven samples and against H₁N₁ in four cases. One sample was active against SARS. The data about active plants has been summarized in Table 5.

Pox Viruses

Interest in this group of viruses has continued because of continued occurrence of chicken-pox and measles infection. Only 14 plants have been reported active against a variety of pox viruses. These plants belong to 13 families. Glycyrrhizin from *Glycyrrhiza glabra* is the only pure compound reported active. Extract from *Hibiscus sabdariffa* is the only product showing activity against measles. Most of the extracts have been found active against fowl pox. Details of activity have been shown in Table 6.

Other Viruses

Activity in several Indian plants has also been reported against a variety of other viruses causing human infection or their close congeners. Table 7 shows such plants belonging to 24 families. In 10 cases pure compounds isolated from plants have been found active. The list includes 12 viruses. The preparations showing activity against chikungunya, Japanese encephalitis and rotavirus are of particular interest due to wide occurrence of these infections in the country and need to be investigated on a priority basis.

Concluding Remarks

The broad based biological screening program of CDRI had included tests for several other activities also with the

same standardized protocol. An analysis of the results has shown that each particular activity was preferentially observed in certain families. The top 11 families for anti-viral activity and three other major activities have been arranged in rank order in Table 8. It will be observed that rank order is different for different activities even though some families exhibit more than one type of activity. The top 11 families in each case contain 35–45% of the plants for the concerned activity. The 11 families identified for anti-viral activity contain about 41% of the 242 active plants from 96 families. About 27% plants reported active against other viruses and included in Tables 2, 3, 4, 5, 6 and 7 also belong to these 11 families. It should be useful to screen other plants of these families to obtain more active plants. It will be evident from data in Tables 1 and 8 that many plants and families have both anti-viral and anticancer properties. It may be mentioned also that several smaller countries like Egypt [39], Nepal [43], Sudan [54] and Togo [27] have undertaken systematic evaluation of their flora for anti-viral activity following the lead given by CDRI.

It is evident from the data reviewed above that little effort has been made to study the marine flora around the vast Indian coast line for antiviral compounds. Several Indian mangrove plants (*Ceriops decandra*, *Excocaria agallocha* and three species of *Rhizophora* i.e. *lamarckii*, *mucoranata* and *spiculata*) have been reported to exhibit potent anti-HIV activity [142] highlighting the need of further exploration of this valuable resource.

Most of the data reported in this review is from in vitro studies and the leads do not appear to have been followed up. This is partly because of lack of suitable animal models for several infections and partly due to lack of the requirement containment facility in majority of Indian institutions. It is suggested that multi-pronged strategy should be adopted to utilise these leads. There are certain viral infections like Japanese encephalitis, chikungunya or rotavirus which are major national concern. Only few leads are available against them and these need to be followed.

Table 3 Indian plants with in vitro anti-HIV activity

Plant	Family	Product	Strain	References
1. <i>Acacia nilotica</i>	Mimosaceae	Ext	HIV	[70]
2. <i>Acacia tortilis</i>		Ext	1	[71]
3. <i>Ailanthus allisima</i>	Simaroubaceae	Ocotillone	1	[72]
4. <i>Alpinia galanga</i>	Zingiberaceae	Ext	1	[73]
5. <i>Anisomeles indica</i>	Lamiaceae	Ovatodiolide	HIV	[74]
6. <i>Artemesia caruifolia</i>	Asteraceae	Coumaryl spermines	1	[75]
7. <i>Camellia japonica</i>	Theaceae	Camelliatannin H	1	[76]
8. <i>Cardiospermum helicabum</i>	Sapindaceae	Ext	1,2	[77]
9. <i>Chrysanthemum morifolium</i>	Asteraceae	Flavonoids	1	[78]
10. <i>Cinnamomum cassia</i>	Lauraceae	Ext	1,2	[77]
11. <i>Desmos</i> sp.	Annonaceae	Flavonoids	HIV	[79]
12. <i>Ficus glomerata</i>	Moraceae	Ext	1	[80]
13. <i>Glycyrrhiza glabra</i>	Fabaceae	Glycyrrhizin	1	[41]
14. <i>Harrisonia perforate</i>	Simaroubaceae	Ext	1	[80]
15. <i>Hyssopus officinalis</i>	Lamiaceae	Ext	1	[81]
16. <i>Illicium verum</i>	Illiciaceae	Illicinone-A	HIV	[82]
17. <i>Justicia replans</i>	Acanthaceae	Ext	HIV	[83]
18. <i>Lippia javanica</i>	Verbenaceae	Piperitenone	1	[84]
19. <i>Mimusops elengli</i>	Sapotaceae	Mimusopic acid	HIV	[85]
20. <i>Momordia charantia</i>	Cucurbitaceae	Lectin	1	[86]
		Protein MRK 29	1	[87]
21. <i>Morinda citrifolia</i>	Rubiaceae	Ext	1	[88]
22. <i>Nelumbo nucifera</i>	Nymphaeaceae	Cocalaurine	HIV	[89]
		Nuciferine	HIV	
23. <i>Pedilanthus</i> sp.	Euphorbiaceae	Pedilotanin	1	[90]
24. <i>Pericampylus glaucus</i>	Menispermaceae	Periglaucines	1	[91]
25. <i>Phaseolus vulgaris</i>	Fabaceae	Lectin	1	[86]
26. <i>Polyalthea suberosa</i>	Annonaceae	Furans	HIV	[92]
27. <i>Polygonum viscosum</i>	Polygonaceae	Quercitin	1	[93]
28. <i>Ricinus communis</i>	Euphorbiaceae	Lectins	1	[86]
29. <i>Rhus sinensis</i>	Anacardiaceae	Benzofuranones	1	[94]
		Rhuscholid A	HIV	[95]
30. <i>Sambucus nigra</i>	Caprifoliaceae	Ext	HIV(f)	[96]
31. <i>Schisandra rubriflora</i>	Schisandraceae	Rubrifloxine	1	[97]
32. <i>Scoparia dulcis</i>	Scrophulariaceae	Ext	1	[98]
33. <i>Sida</i> sp.	Malvaceae	Ext	HIV	[99]
34. <i>Sophora flavescens</i>	Fabaceae	Ext	1	[76]
35. <i>Terminalia chebula</i>	Combretaceae	Galloyl glucose	1	[100]
36. <i>Urtica dioica</i>	Urticaceae	Ext	FIV	[96]
37. <i>Ximenia americana</i>	Oleaceae	Ext	1	[101]
38. <i>Zingiber officinale</i>	Zingiberaceae	Ext	1	[73]

Ext crude extract in different solvents; HIV strain not specified; 1, 2 HIV I or II strain; FIV feline immunodeficiency virus (has many common features with HIV) [96]

A number of pure compounds have demonstrated activity against several viral infections. These are compounds of varying chemical complexity ranging from

simple compounds like curcumin to complicated structures like iridoids glycosides. Adequate attention has not been paid to use them as basic templates to optimise the activity

Table 4 Indian plants active against hepatitis virus in vitro

Plant	Family	Product	Strain	References
1. <i>Agrimonia eupatoria</i>	Rosaceae	Ext	B	[102]
2. <i>Alpinea galanga</i>	Zingiberaceae	Ext	C	[73]
3. <i>Bupleurum</i> sp.	Apiaceae	Saikosaponins	B	[103]
4. <i>Glycyrrhiza glabra</i>	Fabaceae	Glycyrrhizin	B, C ^a	[41]
5. <i>Hypericum perforatum</i>	Hypericaceae	Hypericin	C ^a	[104]
6. <i>Oenanthe javanica</i>	Apiaceae	Phenolics	B	[105]
7. <i>Pericampylus glaucus</i>	Menispermaceae	Periglaucines	B	[91]
8. <i>Phyllanthus amarus</i>	Euphorbiaceae	Ext	B ^a	[21, 106]
9. <i>Phyllanthus urinaria</i>		Ext	B ^a	[107]
10. <i>Picrorhiza kurroa</i>	Scrophulariaceae	Picroliv	B	[22]
11. <i>Potentilla anserine</i>	Rosaceae	Triterpine saponins	B, E	[108]
12. <i>Ranunculus scleratus</i>	Ranunculaceae	Apigenins	B	[109]
13. <i>Rubia cardifolia</i>	Rubiaceae	Naphthoquinones	B	[110]
14. <i>Saussurea lappa</i>	Asteraceae	Ext	B	[111]
15. <i>Terminalia chebula</i>	Combretaceae	Ext	B	[112]
16. <i>Wrightia tinctoria</i>	Apocynaceae	Ext	C	[113]
17. <i>Zingiber officinale</i>	Zingiberaceae	Ext	C	[73]

Ext crude extract in different solvents; B, C, E the strain of virus used

^a Clinical study

Table 5 Indian plants active in vitro against respiratory viruses

Plant	Family	Product	Virus	References
1. <i>Alpinia officinarum</i>	Zingiberaceae	Diaryl heptanoids	H ₁ N ₁	[115]
2. <i>Andrographis paniculata</i>	Acanthaceae	Andrographolide	Influenza H ₁ N ₁	[116] ^a
3. <i>Avicennia marina</i>	Avecenniaceae	Ext	Newcastle	[117]
4. <i>Barleria prionitis</i>	Acanthaceae	Iridoids	Resp. Syn. ^b	[118]
5. <i>Berginia ligulata</i>	Saxifragaceae	Ext	Influenza	[43]
6. <i>Caesalpinia sappan</i>	Cesalpiniaceae	Sappan chalcones	Influenza	[119]
7. <i>Curcuma longa</i>	Zingiberaceae	Curcumin	Newcastle	[120]
8. <i>Ephedra sinica</i>	Ephedraceae	Catechin ^c	H ₁ N ₁	[121]
9. <i>Gardenia</i> sp.	Rubiaceae	Ext	Influenza	[122] ^d
10. <i>Glycyrrhiza glabra</i>	Fabaceae	Glycyrrhizin	Influenza Resp. Syn. SARS	[41]
11. <i>Hottuynia cordata</i>	Piperaceae	Ext	SARS	[123]
12. <i>Neerium indicum</i>	Apocynaceae	Ext	Influenza	[43]
13. <i>Nigelia sativa</i>	Ranunculaceae	Ext	Newcastle	[117]
14. <i>Pandanus amaryllifolius</i>	Pandanaceae	Pandanin	H ₁ N ₁	[52]
15. <i>Phyllanthus amarus</i>	Euphorbiaceae	Ext	Newcastle	[120]
16. <i>Punica granatum</i>	Puniaceae	Ext	Influenza	[124]
17. <i>Wickstroemia indica</i>	Thymelaceae	Daphnoretin	Resp. Syn.	[125]
18. <i>Zizyphus spira-christi</i>	Rhamnaceae	Ext	Newcastle	[117]

Ext crude extract in different solvents

^a Tested in vivo

^b Respiratory synticial virus

^c Main source of catechin is *Acacia catechu* [126]

^d Tested in vitro and in vivo

Table 6 Indian plants active in vitro against pox viruses

Plant	Family	Product	Virus	References
1. <i>Acacia nilotica</i>	Fabaceae	Ext	Fowl pox	[117]
2. <i>Aristolochia bracteolata</i>	Aristolochaceae	Ext	Fowl pox	[117]
3. <i>Avicenna marina</i>	Avecennaceae	Ext	Fowl pox	[117]
4. <i>Azadirachta indica</i>	Meliaceae	Ext	Buffalo pox	[127]
			Fowl pox	[128]
			Measles	
			Vaccinia	
5. <i>Bauhinia variegata</i>	Cesalpiniaceae	Ext	Vaccinia	[35]
6. <i>Cissus quadrangularis</i>	Vitaceae	Ext	Fowl pox	[117]
7. <i>Eugenia jambolana</i>	Myrtaceae	Ext	Buffalo pox	[129]
8. <i>Glycyrrhiza glabra</i>	Fabaceae	Glycyrrhizin	Vaccinia	[41]
			Varicella	[130]
9. <i>Hibiscus sabdariffa</i>	Malvaceae	Ext	Measles	[131]
10. <i>Ipomea carnea</i>	Convolvulaceae	Ext	Fowl pox	[117]
11. <i>Maerua oblongifolia</i>	Capparidaceae	Ext	Fowl pox	[117]
12. <i>Ocimum sanctum</i>	Lamiaceae	Ext	Vaccinia	[3]
13. <i>Prosopis chilensis</i>	Mimosaceae	Ext	Fowl pox	[117]
14. <i>Trebulus terrestris</i>	Zygophyllaceae	Ext	Fowl pox	[117]
15. <i>Trigonella foenum graecum</i>	Fabaceae	Ext	Fowl pox	[117]

Ext crude extract in different solvents

in synthetic or semi-synthetic derivatives. Successful use of this strategy has been made in the case of andrographolide [143] and curcumin [136], for example.

Activity has also been reported in certain compounds which have undergone extensive clinical evaluation in non-viral diseases. Their available safety and dosage regimen data would help in initiating clinical evaluation in viral infection where in vitro or in vivo activity data is available. Andrographolide is a potent hepatoprotective agent [114] besides being active against herpes [30], influenza and H₁N₁ infections [116]. Dehydroandrographolide succinic acid monoester is active against HIV [143]. Another clinically authenticated hepatoprotective agent Picroliv [23] is also active against several viral infections including hepatitis B [24–26]. Curcumin has received the maximum attention after its activity against HIV was demonstrated. Large number of semi-synthetic or synthetic derivatives have been prepared and tested for anti-HIV activity. Its boron complexes; semi-synthetic reduced curcumin, allyl curcumin and tocopheryl-curcumin and synthetic analogues dicafferoyl methane and rosemarinic acid are highly active against HIV in a variety of in vitro protocols. Curcumin is active against herpes simplex 2 in a mouse model and Human papilloma and Epstein Barr viruses in vitro. These activities have been reviewed recently by Krishnaswamy [136]. Its

in vitro activity against Friends leukaemia [25], Newcastle and Poliomyelitis viruses [120] has also been reported. Fiore et al. [41] in a recent review have provided reference for activity of glycyrrhizin and its analogues against herpes, hepatitis (including clinical trial), influenza, respiratory syncytial, SARS and vesicular stomatitis viruses. Other investigators have found it active against Japanese encephalitis [137], poliomyelitis [138], vaccinia and varicella [130]. It perhaps has the widest spectrum of antiviral activity among the natural products so far investigated. Adequate clinical evaluation is necessary to assess its role in treatment of viral disorders. *Azadirachta indica* also is a promising plant, even though most of the studies have used its extract. It has a variety of compounds and also has a long history of use in traditional medicine in many countries of the world. The viruses against which the extracts or some of the isolated compounds have shown activity include chikungunya, fowl pox, measles, vaccinia [128], buffalo pox [127], Coxsackie [134] and herpes [32]. Detailed studies against some of these viruses, specially herpes and chikungunya are strongly warranted. In conclusion it may be stated that the rich and valuable resource of Indian plants needs to be more extensively exploited to provide new drugs for the treatment of viral disorders.

Table 7 Indian plants active in vitro against other human viruses

Plant	Family	Product	Virus	References
1. <i>Adansonia digitata</i>	Bombacaceae	Ext	Polio Sindbis	[27]
2. <i>Aegle marmelos</i>	Rutaceae	Ext	Coxsackie	[132]
3. <i>Alpinea galanga</i>	Zingiberaceae	Ext	Cytomegalus	[73]
4. <i>Artocarpus integrifolia</i>	Moraceae	Ext	Rotavirus	[133]
5. <i>Azadirachta indica</i>	Meliaceae	Ext	Chikungunya Coxsackie	[128] [134]
6. <i>Baccaurea ramiflora</i>	Euphorbiaceae	Ext	Semiliki ^a	[14]
7. <i>Bauhinia variegata</i>	Caesalpineaceae	Ext	Ves Stomatitis ^b	[35]
8. <i>Berberis aristata</i>	Berberidaceae	Berberine	Friends Leu ^c	[25]
9. <i>Camelia sinensis</i>	Theaceae	Triterpinoids	Epstein Barr	[135]
10. <i>Conyza aegyptica</i>	Asteraceae	Ext	Polio Sindbis	[27]
11. <i>Curcuma longa</i>	Zingiberaceae	Curcumin	Epstein Barr Friends Leu HPV ^d Polio	[136] [25] [136] [120]
12. <i>Glycyrrhiza glabra</i>	Fabaceae	Glycyrrhizin	JE ^e Polio Ves Stomatitis	[137] [138] [41]
13. <i>Heliotropium marifolium</i>	Boraginaceae	Alkaloids	Coxsackie Polio	[42]
14. <i>Hernandia ovigera</i>	Hernandiaceae	Lignans	Epstein Barr	[139]
15. <i>Kalanchoe pinnata</i>	Crassulaceae	Bryophyllin A	Epstein Barr	[140]
16. <i>Lippa alba</i>	Verbenaceae	Ext	Polio	[64]
17. <i>Mallotus philippensis</i>	Euphorbiaceae	Triterpinoids	Epstein Barr	[141]
18. <i>Momordia charantia</i>	Cucurbitaceae	Ext	Sindbis	[50]
19. <i>Myristica fragrans</i>	Myristicaceae	Ext	Rotavirus	[134]
20. <i>Nyctanthes arbor-tristis</i>	Oleaceae	Ext	EMCV ^f	[14]
21. <i>Paedaria scandens</i>	Rubiaceae	Paederoside	Epstein Barr	[26]
22. <i>Phyllanthus amarus</i>	Euphorbiaceae	Ext	Polio	[120]
23. <i>Picrorhiza kurroa</i>	Scrophulariaceae	Ext Picroliv	Epstein Barr EMCV Friends Leuk	[26] [24] [25]
24. <i>Plumbago zeylanica</i>	Plumbaginaceae	Ext	Coxsackie	[46]
25. <i>Scilla hyacinthine</i>	Liliaceae	Ext	Semiliki	[14]
26. <i>Spondias lutea</i>	Anacardiaceae	Ext	Rotavirus	[132]
27. <i>Syzigium jambos</i>	Myrtaceae	Ext	Ves Stomatitis	[67]
28. <i>Turpinea pomifera</i>	Staphleaceae	Ext	JE	[14]
29. <i>Zingiber officinale</i>	Zingiberaceae	Ext	Cytomegalus	[73]

Ext crude extract in different solvents

^a Semiliki Forest virus

^b Vesicular stomatitis

^c Friends leukemia

^d Human papilloma virus

^e Japanese encephalitis

^f Encephalomyocarditis virus

Table 8 Top 11 families for selected pharmacological activities in CDRI plants

Anti-viral	Anti-cancer	CNS active	Hypoglycemic
No. of active plants			
239	131	639	156
No. in top 11 families			
98	58	228	61
% in top 11 families			
41.0	44.2	35.7	39.1
Rank order of top 11 families			
Euphorbiaceae	Asteraceae	Ericaceae	Cucurbitaceae
Fabaceae	Euphorbiaceae	Minosaceae	Fagaceae
Asteraceae	Fabaceae	Fabaceae	Zingiberaceae
Fagaceae	Combretaceae	Euphorbiaceae	Rutaceae
Myrtaceae	Lamiaceae	Rosaceae	Verbenaceae
Rubiaceae	Meliaceae	Lauraceae	Euphorbiaceae
Rosaceae	Anacardiaceae	Malvaceae	Fagaceae
Caesalpineaceae	Celastraceae	Rubiaceae	Acanthaceae
Lamiaceae	Convolvulaceae	Lamiaceae	Lamiaceae
Lauraceae	Acanthaceae	Asteraceae	Rubiaceae
Anacardiaceae	Rosaceae	Poaceae	Asteraceae

References

- Dhawan BN (2005) Biodiversity as a source of new chemical entities. In: Tandon P, Sharma M, Swaroop R (eds) Biodiversity status and prospects. Narosa Publishing House, New Delhi, pp 25–34
- Mukherjee PK, Rai S, Kumar V, Hylands PJ, Hider RC (2007) Plants of Indian origin in drug discovery. *Expert Opin Drug Discov* 2:637–653
- Dhar ML, Dhar MM, Dhawan BN, Mehrotra BN, Ray C (1968) Screening of Indian plants for biological activity. Part I. *Indian J Exp Biol* 6:232–247
- Bhakuni DS, Dhar ML, Dhar MM, Dhawan BN, Mehrotra BN (1969) Screening of Indian plants for biological activity. Part II. *Indian J Exp Biol* 7:250–262
- Bhakuni DS, Dhar ML, Dhar MM, Dhawan BN, Gupta B, Srimal RC (1971) Screening of Indian plants for biological activity. Part III. *Indian J Exp Biol* 9:91–102
- Dhar ML, Dhar MM, Dhawan BN, Mehrotra BN, Srimal RC, Tandon JS (1973) Screening of Indian plants for biological activity. Part IV. *Indian J Exp Biol* 11:43–54
- Dhar ML, Dhawan BN, Prasad CR, Rastogi RP, Singh KK, Tandon JS (1974) Screening of Indian plants for biological activity. Part V. *Indian J Exp Biol* 12:512–523
- Dhawan BN, Patnaik GK, Rastogi RP, Singh KK, Tandon JS (1977) Screening of Indian plants for biological activity. Part VI. *Indian J Exp Biol* 15:208–219
- Dhawan BN, Dubey MP, Mehrotra BN, Rastogi RP, Tandon JS (1980) Screening of Indian plants for biological activity. Part IX. *Indian J Exp Biol* 18:594–606
- Aswal BS, Bhakuni DS, Goel AK, Kar K, Mehrotra BN, Mukherjee KC (1984) Screening of Indian plants for biological activity. Part X. *Indian J Exp Biol* 22:312–332
- Aswal BS, Bhakuni DS, Goel AK, Kar K, Mehrotra BN (1986) Screening of Indian plants for biological activity. Part XII. *Indian J Exp Biol* 24:48–68
- Bhakuni DS, Goel AK, Jain S, Mehrotra BN, Patnaik GK, Prakash V (1988) Screening of Indian plants for biological activity. Part XIII. *Indian J Exp Biol* 26:883–904
- Bhakuni DS, Goel AK, Goel AK, Jain S, Mehrotra BN, Srimal RC (1990) Screening of Indian plants for biological activity. Part XIV. *Indian J Exp Biol* 28:619–697
- Aswal BS, Goel AK, Kulshreshtha DK, Mehrotra BN, Patnaik GK (1996) Screening of Indian plants for biological activity. Part XV. *Indian J Exp Biol* 34:444–467
- Babbar OP, Joshi MN, Madan AR (1982) Evaluation of plants for antiviral activity. *Indian J Med Res* 76(S):54–65
- Rastogi RP, Dhawan BN (1990) Anticancer and antiviral activities in Indian medicinal plants: a review. *Drug Dev Res* 19:1–12
- Joshi MN, Chowdhary BL, Vishnoi SP, Shoeb A, Kapil RS (1987) Antiviral activity of (+)-oderinal. *Planta Med* 53:254–255
- Vishnoi SP, Shoeb A, Kapil RS (1988) New cycloartenol derivatives from *Aglaia roxburghiana*. *Planta Med* 54:40–41
- Chowdhary BL, Hussaini FA, Shoeb A (1990) Antiviral constituents from *Vicoa indica*. *Int J Crude Drug Res* 28:121–124
- Rastogi SN, Kulshreshtha DK (eds) (2001) Fifty years of research and development 1951–2001. Vol. 2 Drug development. Central Drug Research Institute, Lucknow, p 320
- Mehrotra R, Rawat S, Kulshreshtha DK, Goyal P, Patnaik GK, Dhawan BN (1991) In vitro effect of *Phyllanthus amarus* on hepatitis B virus. *Indian J Med Res* 93:71–74
- Mehrotra R, Rawat S, Kulshreshtha DK, Patnaik GK, Dhawan BN (1990) In vitro studies on the effect of certain natural products against hepatitis B virus. *Indian J Med Res* 92:133–138
- CSIR-CDRI Newslett (2011) 3:2
- Dhawan BN (1995) Picroliv—a new hepatoprotective agent from an Indian medicinal plant, *Picrorhiza kurroa*. *Med Chem Res* 5:595–605
- Harikumar KB, Kuttan G, Kuttan R (2008) Inhibition of progression of erythroleukemia induced by Friend's virus in BALB-C mice by natural products—berberine, curcumin and picroliv. *J Exp Ther Oncol* 7:275–284
- Kapadia GJ, Sharma SC, Tokuda H, Nishio H, Veda S (1996) Inhibitory effect of iridoids on *Epstein-Barr* virus activation by a short term assay for antitumor promoters. *Cancer Lett* 102:223–226
- Ananil K, Hudson JB, de Souzal C, Akpaganal K, Tower GHN, Arnason JT, Gbeassor M (2000) Investigation of medicinal plants of Togo for antiviral and antimicrobial activities. *Pharm Biol* 38:40–45
- Lipipun V, Kurokawa M, Suttisri R, Taweechotipatr P, Pramyothin P, Hattori M, Shiraki K (2003) Efficacy of Thai medicinal plant extracts against herpes simplex virus type 1 infection in vitro and in vivo. *Antiviral Res* 60:175–180
- Zandi K, Zadeh MA, Sartavi K, Rastian Z (2007) Antiviral activity of *Aloe vera* against herpes simplex virus type 2, an in vitro study. *Afr J Biotechnol* 6:170–1773
- Jarukamjorn K, Nemoto N (2008) Pharmacological aspects of *Andrographis paniculata* on health and its major diterpinoid constituent andrographolide. *J Health Sci* 54:370–381
- Pavitra PS, Sreevidya N, Verma RS (2009) A review of chemistry and biological activity of genus *Atlantia* (Rutaceae). *J Med Aromat Plant Sci* 31:63–72
- Tewari V, Darmani NA, Yue By JT, Shykla D (2010) In vitro antiviral activity of neem (*Azadirachta indica*) bark extract against herpes simplex type-1 infection. *Phytother Res* 24:1132–1140
- Suksamram S, Wongkrajang K, Kritikara K, Suksamram A (2003) Iridoid glycosides from flowers of *Barleria lupulina*. *Planta Med* 69:877–879

34. Jain R, Nagpal S, Jain S, Jain SC (2004) Chemical and biological evaluation of *Bauhinia* species. *J Med Aromat Plant Sci* 26:48–50
35. Parmar KA, Prajapati SN (2009) HPTLC-aided phytochemical finger printing analysis as a tool for evaluation and antiviral activity using Hela cell cultures of *Bauhinia variegata* plant. *Asian J Exp Chem* 4:74–77
36. Chiang C-C, Chang J-S, Chen C-C, Ng L-T, Lin C-C (2003) Anti-herpes simplex virus activity of *Bidens pilosa* and *Houttuynia cordata*. *Am J Chin Med* 31:355–362
37. Loizzo MR, Saab A, Tundis R, Stalli Ga, Lampronti H, MENCHINI F, Gambiari R, Cinalt J, Doern HW (2008) Phytochemical analysis and in vitro evaluation of the biological activity against herpes simplex type 1 (HSV-1) of *Cedrus libani* A. rich. *Phytomedicine* 15:79–83
38. Balasubramanian P, Jayalakshmi K, Vidhya N, Prasad R, Khaal-eefatullah S, Kathiravan G, Rajagopal K, Sureban SM (2010) Antiviral activity of ancient system of ayurvedic medicinal plant *Cissus quadrangularis* L. (Vitaceae). *J Basic Clin Pharm* 1:37–40
39. Soltan MM, Zaki AK (2009) Antiviral screening of forty-two Egyptian medicinal plants. *J Ethnopharmacol* 126:102–107
40. Hohmann J, Redei D, Mathe I, Molnar J, Musi I, Evancics F, Dombi G (2000) Diterpene polyesters with antiviral activity from *Euphorbia peplus* and *Euphorbia serrulata*. *Phytomedicine* 7(S II):85
41. Fiore C, Eisenhut M, Krausse R, Ragazzi E, Pellati D, Armanini D, Bielenberg J (2008) Antiviral effects of *Glycyrrhiza* species. *Phytother Res* 22:141–148
42. Singh B, Sharma PA (2007) Antineoplastic and antiviral activities of pyrrolizidine alkaloids from *Heliotropium marcifolium* Koen. cc Retz. *Proc Natl Acad Sci India Sect B* 71B:197–205
43. Rajbhandari M, Wegner U, Julich M, Schopke T, Mentel R (2001) Screening of Nepalese plants for antiviral activity. *J Ethnopharmacol* 76:251–255
44. Chou SC, Su CR, Ku YC, Wu TS (2009) The constituents and their bioactivities of *Houttuynia cordata*. *Chem Pharm Bull* 57:1227–1230
45. Vijayan P, Raghunath C, Ashok G, Dhanraj SA, Suresh B (2004) Antiviral activity of medicinal plants of Nilgiris. *Indian J Med Res* 120:24–29
46. Gebre-Mariam T, Neubert R, Schimdt PC, Wutzler P, Schmidtke M (2006) Antiviral activities of some Ethiopian medicinal plants used for the treatment of dermatological disorders. *J Ethnopharmacol* 104:182–187
47. Petretera E, Cotoce CE (2009) Therapeutic effect of meliacine, an antiviral derived from *Melia azadirach* L in mice genital herpes infection. *Phytother Res* 23:1771–1777
48. Alche LE, Banquero AA, Sanjuan NA, Coto CE (2002) An antiviral principle present in a purified fraction from *Melia azadirach* L leaf aqueous extract restrains herpes simplex virus type I propagation. *Phytother Res* 16:348–352
49. Schumacher A, Reichling J, Schnitzler P (2003) Virucidal effect of peppermint oil on enveloped viruses herpes simplex type I & II in vitro. *Phytomedicine* 10:504–510
50. Belvin A, Gbeassor M, Akpagane K, de Sousa K, Kaumaglo K, Arnason JT (2005) Ethnomedical uses of *Momordia charantia* (Cucurbitaceae) in Togo and relation to its phytochemistry and biological activity. *J Ethnopharmacol* 96:49–55
51. Cheng HY, Lin TC, Ishimaru Y, Yang CM, Wang KC, Lin CC (2003) In vitro antiviral activity of prodelfhiniridin B-2,3,3'-Di-O-gallate from *Myrica rubra*. *Planta Med* 69:53–56
52. Ooi LSM, Sun SSM, Ooi VEC (2004) Purification and characterization of a new antiviral protein from the leaves of *Pandanus amaryllifolius* (Pandanaeae). *Int J Biochem Cell Biol* 36:1440–1446
53. Rasham IJ, Aday MH, Khazraji ALT (1989) In vitro antiviral activity of the aqueous extract from the seeds of *Peganum harmala*. *Fitoterapia* 60:365–367
54. Xiang Y, Rei Y, Qb C, Lai Z, Xiong S, Zhang Y, Yang C, Wang D, Liu Q, Kitazato K, Wang Y (2011) In vitro anti herpes simplex activity of 1,2,4,6-tetra-O-galloyl- β -D-glucose from *Phyllanthus emblica* (Euphorbiaceae). *Phytother Res* 25:975–982
55. Yang CM, Cheng HY, Lin TC, Chiang LC, Lin CC (2007) The in vitro activity of geranium and 1,3,4,6-tetra-O-galloyl- β -D-glucose isolated from *Phyllanthus urinaria* against herpes simplex virus type I and type II infection. *J Ethnopharmacol* 110:555–558
56. Linn CC, Cheng HY, Fang BJ (2003) Anti-herpes virus type 2 activity of herbal medicines from Taiwan. *Pharm Biol* 41:259–262
57. Ding CX, Hayashi K, Lee JB, Hayashi T (2010) Characterization of structures and antiviral effects of polysaccharides from *Portulaca oleracea* L. *Chem Pharm Bull* 58:507–510
58. Schnitzler P, Nolkemps S, Stintzing FC, Reichling J (2008) Comparative *in-vitro* study on the antiherpetic effect of phytochemically characterized aqueous and ethanolic extracts of *Salvia officinalis* grown at two different locations. *Phytomedicine* 15:62–70
59. Benencia F, Coureges MC (1999) Antiviral activity of sandal wood oil against herpes simplex viruses-1 and -2. *Phytomedicine* 6:119–123
60. Mandal P, Pujot CA, Carlucci MJ, Chattopadhyaya K, Damonte EB, Ray B (2008) Anti-herpetic activity of a sulfated oxymannan from *Scinaia hatei*. *Phytochemistry* 31:2193–2199
61. Riel MA, Kyle DE, Milhous WK (2002) Efficacy of scopaduleic acid A against *Plasmodium falciparum* in vitro. *J Nat Prod* 65:614–615
62. Arthan D, Svasti J, Kiltakoop P, Pittayakhachonwu D, Tarticharoen M, Thebtaranonth Y (2002) Antiviral isoflavonoid sulfate and steroidal glycosides from the fruits of *Solanum torvum*. *Phytochemistry* 59:459–463
63. Filho IC, Cortez DAG, Uedo-Nakamura T, Nakamura CV, Filho BPD (2008) Antiviral activity and mode of action of a peptide isolated from *Sorghum bicolor*. *Phytomedicine* 15:202–208
64. Andrighetti-Frohnerv CR, Sincero TCM, de Silva AC, Savi LA, Gaido CM, Bettiga JMR, Mancini M, de Almeida MTR, Barbose RA, Faries MR (2005) Antiviral evaluation of plants from Brazilian Atlantic tropical forest. *Fitoterapia* 76:374–378
65. Verma H, Patil PR, Kolhapure RM, Goplakrishna V (2008) Antiviral activity of the Indian medicinal plant extract, *Swertia chirata* against herpes simplex viruses: a study by in vitro and molecular approach. *Indian J Med Microbiol* 26:322–326
66. Kurokawa K, Hozumi T, Basnet P, Nakano M, Kadota S, Namba T, Kawana T, Shiraki K (1998) Purification and characterization of eugenin as an anti-herpes virus compound from *Geum japonicum* and *Syzygium aromaticum*. *J Pharmacol Exp Ther* 284:728–735
67. Abad MJ, Bermejo P, Villar A, Sanchez Palomino S, Carracis I (1997) Antiviral activity of medicinal plant extracts. *Phytother Res* 11:198–202
68. Alvarez AL, Habtemariam S, Juan-Badaturgue M, Jackson C, Parro F (2011) In vitro anti HSV-1 and HSV-2 activity of *Taracetum vulgare* and isolated compounds. An approach to their mechanism of action. *Phytother Res* 25:203–296
69. Kambizia L, Gooseb BM, Taylor MB, Afolayana AJ (2007) Anti-viral effects of *Aloe ferox* and *Withania somnifera* on herpes simplex virus type 1 in cell culture. *S Afr J Sci* 103:9–10
70. Khan TA, Tatke PA, Gabhe SY, Mahajan K, Tawde S, Kothari S, Deshmukh RA (2007) Screening of methanol and water

- extracts of *Acacia nilotica* for in vitro anti-HIV activity. *J Res Educ Indian Med* 13:47–53
71. Maregesi S, Mlert SV, Panrecouque C, Haddad MHF, Hermans N, Wright CW, Villetinck Aj, Alpers S, Pieters L (2010) Screening of Tanzanian plants against *Plasmodium falciparum* and human immunodeficiency virus. *Planta Med* 76:195–201
 72. Chang YS, Moon YH, Woo ER (2003) Virus-cell fusion inhibitory compounds from *Ailanthus altissima* Swingle. *Korean J Pharmacogn* 34:28–32
 73. Sookkongwaree K, Geitmann M, Roengsumran S, Petsom A, Danielson UH (2006) Inhibition of viral proteases by Zingiberaceae extracts and flavones isolated from *Kaempferia parviflora*. *Die Pharmazie* 61:717–721
 74. Alam MS, Quader MA, Rashid MA (2000) HIV-inhibitory diterpenoid from *Anisomeles indica*. *Fitoterapia* 71:574–576
 75. Ma CM, Nakamura N, Hattori M (2001) Inhibitory effect on HIV-protease of tri-*p*-coumaroyl-spermidine from *Artemisia caruilifolia* and related amides. *Chem Pharm Bull* 49:915–917
 76. Park JC, Hur JM, Park JG, Hatano T, Yoshida T, Miyashiro H, Min BS, Hattori M (2002) Inhibitory effect of Korean medicinal plants and camelliatanin H from *Camellia japonica* on human immunodeficiency virus type 1 protease. *Phytother Res* 16:422–426
 77. Premnathan M, Rajendran S, Ramnathan T, Kathiresan K, Nakashima H, Yamamoto M (2000) A survey of some Indian medicinal plants for anti-human immunodeficiency virus (HIV) activity. *Indian J Med Res* 112:73–77
 78. Lee IS, Kim HJ, Lee YS (2003) A new anti-HIV flavonoid glucuronide from *Chrysanthemum morifolium*. *Planta Med* 69:859–861
 79. Wu JH, Wang XH, Yi YH, Lee KH (2003) Anti-aids agents 54. A potent anti-HIV chalcone and flavonoids from genus *Desmos*. *Bioorg Med Chem Lett* 13:1813–1815
 80. Bunluepuech k, Tewtrakul S (2009) Anti-HIV integrase activity of Thai medicinal plants. *Songklanakarin J Sci Technol* 31:289–292
 81. Bedoya LM, Sanchez Palomino S, Abad MJ, Bermejo P, Alcami C (2002) Screening of selected plant extracts for in vitro inhibitory activity on human immunodeficiency virus. *Phytother Res* 16:550–554
 82. Song WY, Ma YB, Bai X, Zhang XM, Gu Q, Zhang YJ, Zhou J, Chen J (2007) Two new compounds and anti-HIV constituents from *Illicium verum*. *Planta Med* 73:372–375
 83. Bedoya LM, Alvarez A, Bermejo M, Gonzalez N, Bethran M, Sanchez-Palomina S, Cruz SM, Gaitan I, del Olmo E, Escarcena R (2008) Guatemalan plant extracts as virucides against HIV-1 infection. *Phytomedicine* 15:520–524
 84. Mujovo SF, Hussein AA, Meyer JJM, Fourie B, Muthivhi T, Lall N (2008) Bioactive compounds from *Lippia javanica* and *Hoslundia opposita*. *J Nat Prod Res* 22:1047–1054
 85. Sahu NP, Mandal NB, Bannerji S, Siddiqui KA (2002) Chemistry and biology of the triterpenes and saponins from the seeds of *Mimusops elengi*. *J Herbs Spices Med Plant* 24:29–37
 86. Wang HX, Ng TB (2001) Examination of lectins, polysaccharopeptide, polysaccharide, alkaloid, coumarin and trypsin inhibitors for inhibitory activity against human immunodeficiency virus reverse transcriptase and glycohydrolase. *Planta Med* 67:669–672
 87. Jinatchariyakal W, Wivat C, Vongsakul M, Somanbandhu A, Leelamanit W, Fujui I, Suwanaraj N, Ebizuka Y (2001) HIV inhibition from Thai bitter gourd. *Planta Med* 67:350–353
 88. Selvan P (2010) Studies on anti-HIV activity and cytotoxicity of leaf of *Morinda citrifolia*. *Int J Chem Sci* 8:249–252
 89. Kashiwada Y, Aoshima A, Ikeshiro Y, Chen YP, Furukawa H, Itoigawa M, Fujioka T, Mihashi K, Cosentino LM, Morris-Natschke SL, Lee KH (2005) Anti-HIV benzyloquinoline alkaloids and flavonoids from the leaves of *Nelumbo nucifera* and structure–activity correlations with related alkaloids. *Bioorg Med Chem* 13:443–448
 90. Pelt Gr, Ducki S, Tan R, Gardella RS, MacMahon GB, Boyd MR, Petit GR III, Blumberg PM, Lewin NE, Dinbek DL, Tackett LP, Williams MD (2002) Isolation and structure of pedilstatin from a republic of Maldives *Pedilanthus* species. *J Nat Prod* 65:1262–1265
 91. Yan MH, Ching P, Jiang ZY, May B, Zhang XM, Zhang FX, Yang LM (2008) Periglaucines A–D, Anti-HBV and -HIV-1 alkaloids from *Pericampylus glaucus*. *J Nat Prod* 71:760–763
 92. Tuchinda P, Pohmaktor M, Reutrakul V, Thanyachareon W, Sophason s, Yoosuk C, Sartisuk T, Pezzuto JM (2001) 2-Substituted furans from *Polyalthea suberosa*. *Planta Med* 67:572–575
 93. Dutta BK, Datta SK, Khan TH, Kundu JK, Rashid MA, Nahar L, Sarker SD (2004) Anticholinergic, cytotoxic and anti-HIV1 activities of sesquiterpenes and a flavonoid glycoside from the aerial parts of *Polygonum viscosum*. *Pharm Biol* 42:18–23
 94. Wang RR, Gu Q, Wang YH, Zhang XM, Yang LM, Zhou J, Chen JJ, Zheng YT (2008) Anti-HIV-1 activity of compounds isolated from medicinal plant *Rhus chinensis*. *J Ethnopharmacol* 117:249–256
 95. Gu Q, Wang RR, Zhang XM, Wang YH, Zheng YT, Zhou T, Chen JJ (2007) A new benzofuranone and anti-HIV constituents from the stem of *Rhus chinensis*. *Planta Med* 73:279–282
 96. Marganelli REU, Zaccaro L, Tomei PE (2005) Antiviral activity in vitro of *Urtica dioica*, *Paritaria diffusa* M. et. K. and *Sambucus nigra* L. *J Ethnopharmacol* 98:323–327
 97. Xiao WL, Li X, Wang RR, Yang LM, Li LM, Huang SX, Zheng YT, Li RT, Sun HD (2007) Triterpenoids from *Schisandra rubriflora*. *J Nat Prod* 70:1056–1059
 98. Porika M, Ailemi M, Kokkiralva VR, Gadidasu K, Umate P, Rao AV, Devarakonda RK, Abhagani S (2009) In vitro HIV type-1 reverse transcriptase inhibitory activity from leaf extracts of *Scoparia dulcis* L. *J Herbs Spices Med Plant* 15:241–247
 99. Khare M, Srivastava MK, Singh AK (2002) Chemistry and pharmacology of genus *Sida* (Malvaceae)—a review. *J Med Aromat Sci* 24:430–440
 100. Ahn MJ, Kim CY, Lee JS, Kim J, Kim SH, Lee CK, Lee BB, Shin CG, Huh H, Kim L (2002) Inhibition of HIV-1 integrase by galloyl glucose from *Terminalia chebula* and flavonol glycoside gallates from *Euphorbia pekinensis*. *Planta Med* 68:457–459
 101. Asres KF, Bucar F, Kartnig T, Witvrouw M, Pannecouque C, De Clen E (2001) Antiviral activity against human immunodeficiency virus (HIV-1) and type 2 (HIV-2) of ethnobotanically selected Ethiopian medicinal plants. *Phytother Res* 15:62–69
 102. Kown DH, Kwon HY, Kim HJ, Chang EJ, Kim MB, Yoon SK, Song EY, Yoon DY, Lee YH, Choi IS, Choi YK (2005) Inhibition of hepatitis-B virus by aqueous extract of *Agrimonia eupatoria* L. *Phytother Res* 19:355–358
 103. Likhitwitaywuid K, Sritulanak B, Bencharak K, Lipipun V, Mathew J, Schinazi RF (2005) Phenolics with antiviral activity from *Milletia erythrocalyx* and *Artocarpus lakoocha*. *Nat Prod Res* 19:177–182
 104. Jacobson JM, Feinman L, Liebes L, Ostrow N, Koslowski V, Tobia A (2001) Pharmacokinetics, safety and antiviral effects of hypericin, a derivative of St. John's wort plant, in patients with chronic hepatitis-C virus infection. *Antimicrob Agents Chemother* 45:517–524
 105. Han YQ, Huang ZM, Yang XB, Liu HZ, Wu GK (2008) In vivo and in vitro anti-hepatitis B virus activity of total phenolics from *Oenanthe javanica*. *J Ethnopharmacol* 118:148–153
 106. Thyagarajan SP, Subramanian S, Thirumalasundari T, Venkateswaran PS, Blumberg BS (1988) Effect of *Phyllanthus amarus* on chronic carriers of hepatitis B virus. *Lancet* 2:764–766

107. Wang M, Cheng H, Li Y, Meng L, Zhao G, Mai K (1995) Herbs of the genus *Phyllanthus* in the treatment of chronic hepatitis B: observations with three preparations from different geographic sites. *J Lab Clin Med* 126:350–352
108. Zhao YL, Cai GM, Hong X, Shan LM, Xiao XH (2008) Anti-hepatitis-B virus activities of triterpenoid saponin compounds from *Potentilla anserine* L. *Phytomedicine* 15:253–258
109. Li H, Zhou CX, Pan Y, Gao X, Wu X, Bai H, Zhou L, Chen Z, Zhang S, Shi S, Luo J, Xu J, Chen L, Zheng X, Zhao Y (2005) Evaluation of antiviral activity of compounds isolated from *Ranunculus seiboldi* and *Ranunculus scleratus*. *Planta Med* 71:1128–1130
110. Li-Kang H, Ming-Jaw D, Hua-Chien C, Sheau-Farn Y, Jau-Ming C (1996) Inhibition of hepatitis B surface antigen secretion on human hepatoma cells by components from *Rubia cardifolia*. *J Nat Prod* 59:330–333
111. Hua-Chien C, Cen-Kung C, Shou-Dong L, Ju-Chun W, Sheau-Farn Y (1995) Active compounds from *Saussurea lappa* Clarks that suppress hepatitis B virus surface antigen gene expression in human hepatoma cells. *Antiviral Res* 27:99–109
112. Chung TH, Kim JC, Lee CY, Moon MK, Choe SC, Lee IS, Kim SH, Hahn KS, Lee IP (1997) Potential antiviral effects of *terminalia chebula*, *Sanguisorba officinalis*, *Rubus coreanus* and *Rheum palmatum* against duck hepatitis B virus (DHBV). *Phytother Res* 11:179–182
113. Sathyanarayanan S, Selvam P, Jose A, George RM, Revikumar KG, Neyts J (2009) Preliminary phytochemical screening and study of antiviral activity and cytotoxicity of *Wrightia tinctoria*. *Int J Chem Sci* 7:1–5
114. Handa SS (ed) (2008) Perspectives of Indian medicinal plants in the management of liver disorders. Indian Council of Medical Research, New Delhi
115. Sawamura R, Sun Y, Yasukawa K, Shimizu T, Watanabe W, Kurokawa M (2010) Antiviral activity of diaryheptanoids against influenza virus in vitro. *J Nat Med* 64:117–120
116. Chen JX, Xue HJ, Wen-Cai Y, Bing-Hu F, Ya-Hong L, Shao-Hua Y, Yu P, Yu-Quang W (2009) Activity of andrographolide and its derivatives against influenza virus in vivo and in vitro. *Biol Pharm Bull* 32:1385–1391
117. Mohamed IET, El Nur EBES, Abdelrahman MEN (2010) The antibacterial, antiviral activities and photochemical screening of some Sudanese medicinal plants. *Eurasian J Biosci* 4:8–16
118. Chen JL, Blanc P, Stoddart CA, Bogan M, Rozhon EJ, Parkinson N, Ye Z, Cooper R, Balick M, Nanakorn W, Kernan MR (1998) New iridoids from the medicinal plant *Barleria prionitis* with potent activity against respiratory syncytial virus. *J Nat Prod* 61:1295–1297
119. Liu AL, Shu SH, Quin HL, Lee SMY, Wang YT, Du GH (2009) In vitro anti-influenza viral activities of constituents from *Caesalpinia sappan*. *Planta Med* 75:337–339
120. Hari Kumar KB, Kuttan R (2006) Antiviral activity of *Phyllanthus amarus* and curcumin. *Amla Res Bull* 26:198–205
121. Martani N, Imanishi N, Kawamata H, Terasawa K, Ochiai H (2001) Inhibitory effect of (+)-catechin on the growth of influenza A/PR/8 in MDCK cells. *Planta Med* 67:240–243
122. Wang Y-Z, Cui X-L, Gao Y-J, Guo S-S, Wang X-K, Huang Y, Zhao Y (2006) Antivirus effects of extract from *Gardenia*. *Zhongguo Zhongyao Zazhi* 31:1176–1178
123. Lau KM, Lee KM, Koon CM, Cheung CSF, Lau CP, Ho HM, Lee MYH, Au SWN, Cheng CHK (2008) Immunomodulatory and anti-SARS activities of *Houttuynia cordata*. *J Ethnopharmacol* 118:79–85
124. Vidal A, Fallarero A, Pena BR, Medina ME, Gra B, Rivera F, Gutierrez Y, Vuorela PM (2003) Studies on the toxicity of *Punica granatum* L (Punicaceae) whole fruit extracts. *J Ethnopharmacol* 89:295–300
125. Ho W-S, Xue J-Y, Sun VEC, Li YL (2010) Antiviral activity of daphnoretin isolated from *Wikstroemia indica*. *Phytother Res* 24:657–661
126. Tandon N (ed) (2011) Quality standards of Indian medicinal plants, vol 9. Indian Council of Medical Research, New Delhi, p 5
127. Jassim SAA, Naji MA (2003) Novel antiviral agents: a medicinal plants perspective. *J Appl Microbiol* 95:412–427
128. Dhawan BN, Patnaik GK (1993) Pharmacological studies for therapeutic potential. In: Randhawa NS, Parmar BS (eds) *Neem research and development*. Society of Pesticide Science, India, New Delhi, pp 242–249
129. Bhanuprakash V, Hosamani M, Balamurugan V, Singh RK, Swarup D (2007) In vitro antiviral activity of *Eugenia jambolana* plant extract on buffalo pox virus: conventional and qPCR methods. *Int J Trop Med* 2:3–9
130. Pompei R, Pari A, Flore O, Marcialis MA, Lodd OB (1980) Antiviral activity of glycyrrhizic acid. *Experientia* 36:304–305
131. Sunday OA, Munir AB, Akeeb OY, Bolanle AA, Badaru SO (2010) Antiviral effect of *Hibiscus sabdariffa* and *Celosia argentea* on measles virus. *Afr J Microbiol Res* 4:293–296
132. Badam L, Bedekar S, Sonawane KB, Joshi SP (2002) In vitro antiviral activity of bael (*Aegle marmalos*) upon human Cocksackie virus B1–B6. *J Commun Dis* 34:88–99
133. Goncalves JLS, Lopes RC, Oliveira DB, Costa SS, Mirandas MMFS, Romanos MTV, Santo NSO, Wigg MD (2005) In vitro anti-rotavirus activity of some medicinal plants used in Brazil against diarrhea. *J Ethnopharmacol* 99:403–407
134. Badam L, Bedekar SS, Joshi SP (1999) ‘In-vitro’ antiviral activity of neem (*Azadirachta indica* A. Juss) leaf extract against group B Cocksackie viruses. *J Commun Dis* 31:79–90
135. Akihisa T, Tokuda H, Ukiya M, Suzuki T, Erjo F, Koike K, Nikaido T, Nishino H (2004) 3-Epicabrale hydroxylactone and other triterpenoids from *Camellia* oil and their inhibitory effects on Epstein-Barr virus activation. *Chem Pharm Bull* 52:153–156
136. Krishnaswamy K (2008) Turmeric: the salt of orient is the spice of life. Allied Publishers Private Ltd, Mumbai, pp 175–178
137. Badam L (1997) In vitro antiviral activity of indigenous glycyrrhizin, licorice and glycyrrhizic acid on Japanese encephalitis virus. *J Commun Dis* 29:91–98
138. Badam L (1994) In vitro studies on the effect of glycyrrhizin from Indian *Glycyrrhiza glabra* Linn on some RNA and DNA viruses. *Indian J Pharm* 26:194–199
139. Ito C, Itoigawa M, Ogata M, Mou XY, Tokuda H, Nishino HF (2001) Lignans as anti-tumor promoter from the seeds of *Hernandia ovigera*. *Planta Med* 67:166–168
140. Supratman U, Fujita T, Akiyama K, Hayashi H, Murakami A, Sakai H, Koshimitzu K, Obigashi H (2001) Anti-tumor promoting activity of bufadienolids from *Kalanchoe pinnata* and *Kalanchoe daigremontiana* × *tubiflora*. *Biosci Biotechnol Biochem* 65:947–951
141. Tanaka R, Nakata T, Yamaguchi C, Wada SI, Yamada T, Tokude H (2008) Potential anti-tumor activity of 3- α -hydroxy-D: a-friesdooleanan-2-one from stem bark of *Mallotus philippensis*. *Planta Med* 74:413–416
142. Premnathan M, Nakashima H, Kathiresan K (1996) In vitro anti-human immunodeficiency virus activity of mangrove plants. *Indian J Med Res* 103:278–281
143. Chang RS, Ding L, Chen GQ, Pan QC, Zhao ZI, Smith KM (1991) Dehydroandrographolide succinic acid monoester as an inhibitor against the human immunodeficiency virus. *Proc Soc Exp Biol Med* 197:59–66