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Rationale for the use of multifunctional drugs as neuroprotective agents for glaucoma[☆]

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Abstract

Glaucoma, the leading cause globally of irreversible blindness, is a neurodegenerative disease characterized by progressive retinal ganglion cell death. To date, no drug has been shown to prevent the retinal ganglion cell loss associated with glaucoma. Multiple mechanisms lead to ganglion cell death in glaucoma, suggesting that a neuroprotectant that has a single mode of action, like memantine, would have a limited positive effect at slowing down ganglion cell death. Conversely, simultaneously targeting several factors may be the best therapeutic approach to improve outcomes. Multifunctional drugs are fast gaining acceptance as a strategy for the treatment of complex disorders of the central nervous system, such as Parkinson's disease, Alzheimer's disease and other progressive neurodegenerative diseases. In this paper, we review the current literature on multifunctional drugs and propose a rationale for the use of multifunctional drugs in glaucomatous optic neuropathy.

Key Words: multifunctional drugs; glaucoma; neuroprotection; neurodegenerative disease; retinal ganglion cells; reviews

INTRODUCTION

Glaucoma is currently recognized as a multifactorial neurodegenerative disorder with complex pathogenesis, affecting 60 million people worldwide in its most common forms^[1-3]. Elevated intraocular pressure (IOP) is a major risk factor for glaucoma; however, traditional strategies of lowering intraocular pressure have been shown to be unable to prevent progressive vision loss in some glaucoma patients, so the focus of glaucoma research has shifted toward neuroprotection^[2, 4]. Neuroprotection for glaucoma can be considered an additional therapeutic strategy, independent of and complementary to IOP-lowering treatment, directly targeting retinal ganglion cells (RGCs) and neurons of the higher visual centers^[5-6].

One such strategy is pharmacological neuroprotection, in which a drug is administered to interact with neuronal or glial elements within the retina/optic nerve head and thereby facilitate the survival of RGCs^[4]. Two recent parallel clinical trials of oral memantine, an N-methyl-D-aspartate (NMDA) antagonist, in patients with chronic progressive open angle glaucoma, were unsuccessful^[7-8]. The results of industry-supported trials have not yet been published, but the sponsor of these trials has provided press releases^[8]. Currently, no drug with claimed neuroprotective activity has been identified or approved for the treatment of glaucoma. Multiple mechanisms lead to ganglion cell death in glaucoma, suggesting that a neuroprotectant that has a single mode of action, like memantine, would have a limited positive effect at slowing down ganglion cell death. Conversely, simultaneously targeting several factors may be the most likely therapeutic approach to improve outcome. In recent years, there has been a rapidly expanding interest in multifunctional drugs as an approach to the treatment of central nervous system neurodegenerative disorders with complex pathological mechanisms^[9-12]. Increasing evidence shows that numerous similarities exist between glaucomatous neurodegeneration and other central nervous system neurodegenerative diseases^[13-16]. Excitotoxicity triggered by elevated glutamate, excess concentrations of amyloid β peptide and excessive oxidant damage by reactive oxygen species have been implicated in the development of neurodegenerative process of glaucoma, as they have in Alzheimer's disease^[16-18]. Additionally, there is a growing trend toward using existing neuroprotective strategies in central nervous system neurodegenerative diseases for the treatment of glaucoma^[2].

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RATIONALE FOR DEVELOPING MULTIFUNCTIONAL DRUGS FOR NEUROPROTECTION

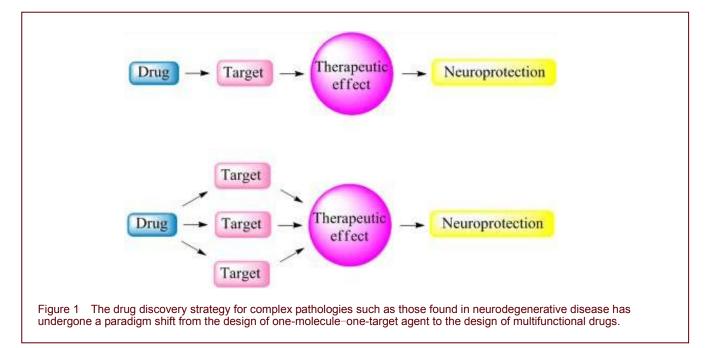
The incidence of neurodegenerative diseases has increased steadily worldwide owing to the extended life expectancy brought about by better health care. These neurodegenerative diseases include Alzheimer's disease, Parkinson's disease, amyotrophic lateral sclerosis, multiple sclerosis, Huntington's disease, and multiple system atrophy, as well as diseases originating from an acute initial insult such as traumatic brain injury and stroke. Glaucoma is a neurodegenerative disease, and the incidence of neurodegenerative diseases tends to increase with aging, as is also observed in glaucoma^[19]. A considerable body of evidence shows that the pathogenesis of these diseases is extremely complex and heterogeneous, resulting in significant comorbidity and that they are therefore unlikely to be mitigated by any drug acting on a single pathway or target^[20-21]. The one-target one-drug paradigm has been the dominating drug discovery approach since the early 1990s. This paradigm attempts to identify a single chemical entity that binds to a single target^[22-23]. Drug discovery in neurodegenerative diseases has followed the same trend. For instance, memantine, an NMDA receptor (NMDAR) channel antagonist, was developed for the treatment of moderate-to-severe Alzheimer's disease in 2003^[24]. However, owing to disappointing clinical results, the effectiveness of this paradigm has been questioned. Recent large-scale genomics studies have confirmed significant redundancy in proteinaceous drug targets, suggesting that drugs directed toward single pathophysiological mechanisms may have more limitations than multifunctional drugs^[11, 25].

Multifunctional drugs are those agents with more than

one therapeutic mechanism^[26]. When an undesired pharmacologic action occurs at therapeutic doses, this is not a multifunctional drug, but a "dirty drug". More recently, a new paradigm that addresses disease etiological complexity using a multi-target-directed ligand approach has gained increasing acceptance. Novel compounds are specifically designed to target the multiple mechanisms underlying the etiology of a specific disease, and these have shown superior efficacy and safety profiles. These agents offer the promise of preventing, arresting, or slowing decline through disease modification. Thus, the major drug discovery paradigm is shifting from a one-drug-one-target strategy to a one-drug-multiple-targets strategy (Figure 1). In 2006, rasagiline (N-propagrgyl-1R-aminoindan) was approved as the first once-daily oral treatment for Parkinson's disease by the U.S. Food and Drug Administration^[10]. It was also the first Parkinson's disease treatment to receive the label "disease-modifying"^[27]. The development of rasagiline provides an excellent example to support the validity of the multi-target-designed ligand approach to searches for effective medicines combating neurodegenerative diseases.

POTENTIAL MULTIPLE TARGETS FOR NEUROPROTECTION IN GLAUCOMA

Glaucoma is a leading cause of irreversible world vision loss and is characterized by progressive RGC death. Although the exact mechanism underlying glaucoma remains uncertain, much progress has been made in identifying potential pharmacological targets. The development of animal models of chronic glaucoma has enhanced our understanding of many of the pathological processes occurring in glaucoma and, in doing so, has suggested logical targets for pharmacological intervention.



Glutamate is a major excitatory neurotransmitter in the central nervous system, including the retina. Glutamate-mediated excitotoxicity, primarily through NMDARs, may be an important cause of RGC death in glaucoma^[2, 4, 28]. Pharmacological inhibition of NMDARs has been advocated to be an important strategy for neuroprotection in glaucoma. Memantine, an NMDA antagonist, has undergone phase 3 clinical trials for glaucoma progression, but the drug did not show significant efficacy in preserving visual function^[6, 8]. It has been suggested that excessive nitric oxide is involved in the optic neuropathy associated with glaucoma, and that it is most likely made by reactive astrocytes and microglia in the optic nerve heads^[29-31]. Nitric oxide is generated by the action of nitric oxide synthase (NOS), which has three different forms, namely, neuronal NOS (nNOS), endothelial and inducible. In a rat model of chronic glaucoma, nNOS expression was significantly increased and a non-specific NOS inhibitor reduced RGC loss^[32]. Another investigation showed that inducible nitric oxide synthase did not mediate optic neuropathy and retinopathy in the DBA/2J glaucoma model^[33]. Thus, it has been suggested that pharmacological inhibition of nNOS represents a novel strategy for the treatment of glaucoma^[32]. It is commonly believed that intracellular calcium is a major mediator of neuronal cell death in ischemia, in which high levels of released glutamate can produce overstimulation of ionotropic glutamate receptors, leading to neuronal cell death triggered by a large influx of Ca²⁺ into cells mainly via NMDARs and secondary opening of voltage-dependent Ca²⁺ channels^[34-35] Furthermore, L-type voltage-dependent Ca2+ channels also appear to play a major role in controlling the release of glutamate in the retina^[36]. Therefore, it has been hypothesized that Ca²⁺ channel antagonists would be effective neuroprotectants in glaucoma. It has been hypothesized that oxidative stress plays a role in RGC death in glaucoma by damaging the trabecular meshwork, the optic nerve head, and the retina^[2, 37]. The term "oxidative stress", refers to a cell's state characterized by excessive production of reactive oxygen species and/or a reduction in the antioxidant defenses responsible for their metabolism. Reactive oxygen species are not only involved in direct cytotoxic consequences leading to RGC death, but may also play roles in the cell death signaling pathway by acting as second messengers and/or modulating protein function by redox modifications of downstream effectors through enzymatic oxidation of specific amino acid residues^[38]. The use of antioxidant therapy may offer unique opportunities for neuroprotective interventions aimed at the effective treatment of glaucoma.

Amyloid β peptide is constitutively produced by proteolysis of β -amyloid precursor protein and is intricately involved in the neuropathology of Alzheimer's disease. Amyloid β peptide has recently been reported to be implicated in the development of RGC apoptosis in glaucoma^[17, 39-40], and induces RGC apoptosis *in vivo* in a dose- and time-dependent manner^[41]. It is likely that drugs targeting different components of the amyloid β peptide pathway would provide a therapeutic avenue for glaucoma management.

The neurotrophin deprivation hypothesis suggests that the obstruction of retrograde transport at the lamina cribrosa causes the deprivation of neurotrophic support to RGCs in glaucoma^[6, 42]. The neurotrophin family includes nerve growth factor, brain-derived neurotrophic factor, neurotrophin-3 and neurotrophin-4/5^[4]. Brain-derived neurotrophic factor enhances survival of RGCs in a model of excitotoxic injury^[43]. Nerve growth factor was identified as being neuroprotective in the Morrison's glaucoma model by reducing RGC apoptosis through topical application^[44-45]. Neurotrophic factor delivery may be a key approach in the development of potential neuroprotective glaucoma treatments. The field of gene therapy for neuroprotection is rapidly expanding. Gene therapy involves delivery of a gene to targeted cells to cure or slow the progression of diseases. It has become a highly accessible approach for glaucoma because the trabecular meshwork, ciliary body, ciliary epithelium, Müller cells and RGCs are all appropriate target structures for gene therapy^[46-47]. In addition, heat shock proteins^[48] and caspase-3^[49] are involved in the mechanisms believed to initiate the apoptotic cascade in glaucoma, thereby providing potential targets to rescue RGCs.

PROPOSED MULTIFUNCTIONAL DRUGS FOR NEUROPROTECTION IN GLAUCOMA

Owing to the complex etiology of glaucoma, an innovative approach to neuroprotection or neurorescue may entail the use of multifunctional pharmaceuticals that target an array of pathological pathways, each of which is believed to contribute to the cascade that ultimately leads to neuronal cell death. Epigallocatechin gallate, a catechin-base flavonoid derived from green tea, possesses diverse pharmacological properties all of which contribute to its neuroprotective properties^[50]. Besides being a powerful antioxidant^[51], it also attenuates glutamate-induced cytotoxicity by decreasing calcium influx^[52]. Moreover, it blocks the activation of nuclear factor-kappa B, thus preventing NOS-2 induction and consequent cytotoxic damage^[53]. Epigallocatechin gallate has a protective effect on injured neurons in neurodegenerative disease, such as Alzheimer's disease and Parkinson's disease^[54]. It protects RGCs from oxidative stress and ischemia/reperfusion, and its protective effect against retinal ischemia reperfusion damage is independent of any action upon IOP^[50].

Bis(7)-tacrine is a promising anti-Alzheimer's dimer derived from tacrine (Figure 2A). It was originally designed as a highly potent, selective, and low cost bifunctional acetylcholinesterase inhibitor utilizing computer modeling of ligand docking with target proteins^[55]. This unique compound possesses multiple physiological activities working through a multitude of mechanisms including concurrent inhibition of NMDARs^[56-57], nNOS^[58], L-type voltage-dependent calcium channels^[59], acetylcholinesterase, and the amyloid precursor protein/β-amyloid cascade^[60]. Our results confirmed that bis(7)-tacrine has neuroprotective effects against glutamate-induced RGC damage in vitro and in vivo, possibly through the drug's anti-NMDAR effects^[61-62]. In glaucoma, RGCs are exquisitely sensitive to the effects of both glutamate and amyloid precursor protein, which produces a dose-dependent cell-loss both in vivo and in vitro^[41, 63]. We postulate that bis(7)-tacrine protects RGCs via concurrent blockade of NMDARs, voltage-dependent

Ca²⁺ channels and nNOS in glaucomatous neurodegeneration (Figure 2B). Further studies are required to test this hypothesis.

CONCLUSION

Currently, decreasing IOP is the only established medical treatment for glaucoma with elevated IOP, which was previously implicated as a possible primary insult in the disease^[2]. Ocular or systemic administration of IOP-lowering drugs is usually the first step in glaucoma management^[64]. For patients with established open-angle glaucoma (defined by the presence of optic nerve damage), reduction of IOP is effective and always recommended, irrespective of whether IOP is abnormal^[65].

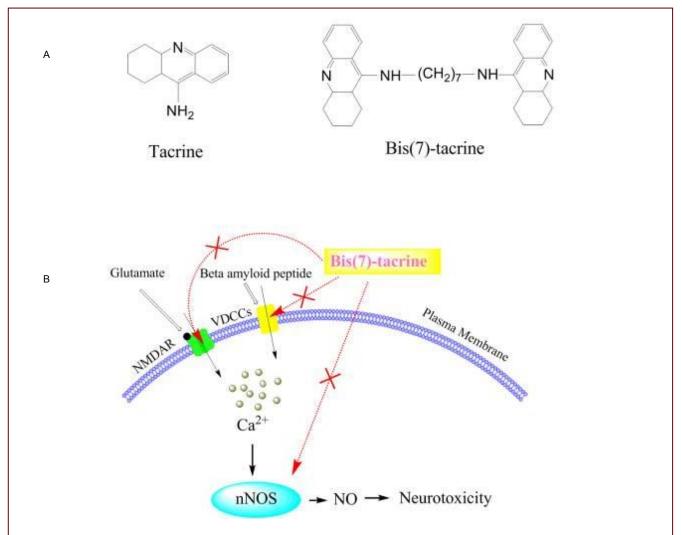


Figure 2 Proposed mechanism of action of bis(7)-tacrine in glaucoma neuroprotection through concurrent blockage of N-methyl-D-aspartate receptors (NMDARs), voltage-dependent Ca²⁺ channels (VDCCs) and neuronal nitric oxide synthase (nNOS).

(A) Chemical structure of tacrine and bis(7)-tacrine.

(B) Synergistic neuroprotection by bis(7)-tacrine *via* concurrent blockade of NMDAR, VDCCs and nNOS. When retinal ganglion cells are exposed to glutamate and amyloid precursor protein at toxic concentrations, excessive calcium influx mediates the subsequent biochemical events leading to neurotoxicity.

Bis(7)-tacrine concurrently blocks NMDARs, VDCCs and nNOS, thereby synergistically providing substantial neuroprotection. NO: Nitric oxide.

Lowering of IOP is accomplished by daily eye drops, laser treatment to the trabecular meshwork, or surgical treatment^[1]. Pharmacological reduction of IOP is achieved by topical β-adrenoceptor blockers, topical prostaglandin analogues, topical a2-adrenoceptor agonists, topical cholinergic agonists and topical or systemic carbonic anhydrase inhibitors^[3]. However, it is clear that IOP-lowering, although significantly reducing neuronal loss, does not prevent the progression of disease, because the loss of RGCs may continue, even after the IOP has been reduced^[66]. Moreover, IOP lowering is not always effective and is sometimes difficult to achieve. Thus, the concept of neuroprotection of stressed RGCs has gained momentum. However, neuroprotective strategies alone are unlikely to succeed if the initial insult persists. It is therefore believed that treatment modalities that directly target both primary and secondary degeneration of the RGCs are required. Until now, there has been no neuroprotective agent indicated for the treatment of glaucoma. In the future, combination treatments targeting both IOP and neuronal injury will offer the best potential for halting the progression of RGC loss^[3].

New compounds that act on multiple therapeutic targets will be highlighted. Multifunctional drugs have multiple actions that theoretically blunt a number of potential secondary insults. Future preclinical experiments in animal models of glaucoma will improve our understanding of the molecular mechanisms of action of multifunctional drugs and will reveal the potential for these drugs in clinical settings. It is probable that administration of multifunctional drugs will form an adjunct to IOP-lowering drugs in the treatment of this debilitating disease.

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