Combating antimicrobial resistance with cefiderocol for complicated infections involving the urinary tract

Hongmei Wang D and Brittany N. Palasik

Abstract: Cefiderocol is a unique siderophore cephalosporin antimicrobial agent that has shown promise in treating complicated urinary tract infections (cUTI). Urinary tract infections are commonly diagnosed infections with risk increasing with age and prevalence more common in women. cUTI poses a risk of recurrence and is more likely to be associated with antibiotic-resistant bacteria. The Food and Drug Administration approved cefiderocol for use as a last-line option in the treatment of cUTI including pyelonephritis. Cefiderocol has activity against all forms of carbapenemases due to its ability to overcome the mechanisms of carbapenemase resistance. Because of this, resistance to cefiderocol is unlikely to occur. Studies show cefiderocol is well tolerated among younger patients and patients greater than 65 years of age, the latter making up most of the study population. Renal dose adjustments are recommended. Dose adjustment in the presence of hepatic impairment is not recommended, as hepatic clearance represents a minor elimination pathway for cefiderocol. The ability of cefiderocol to overcome multiple resistance mechanisms makes it a novel choice in combating multidrug-resistant bacteria in the treatment of cUTI.

Keywords: antimicrobial resistance, cefiderocol, complicated urinary tract infections, siderophore

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Introduction

Urinary tract infections (UTIs) are one of the most common infections treated by clinicians in the United States.^{1,2} Site of infection and the presence of risk factors can further classify UTIs as uncomplicated or complicated.³ Complicated UTIs burden the health care system due to frequent reason for hospitalization. Specifically, the morbidity and mortality are higher in patients 65 years of age and older.⁴

There is growing concern regarding the prevalence of antimicrobial resistance, and the development of antimicrobial agents to treat infections caused by multidrug-resistant (MDR) pathogens is of priority. Urinary tract infections are commonly caused by *Escherichia coli* and *Klebsiella*, along with other gram-negative bacteria (GNB).⁵ Common uropathogens associated with high antibiotic resistance in complicated urinary tract infections (cUTI) are Enterobacteriaceaeproducing resistant enzymes (e.g. AmpC βlactamases, extended-spectrum β -lactamase, carbapenemase), Pseudomonas aeruginosa with difficult-to-treat resistance (DTR-P. aeruginosa), and Acinetobacter calcoaceticus-baumannii complex.6,7 Metallo-β-lactamases (MBLs) [e.g. Imipenemhydrolyzing carbapenemase (IMP), New Delhi metallo-β-lactamases (NDM), or Verona integronencodedmetallo-β-lactamases (VIM)] produced by Pseudomonas, Acinetobacter or Stenotrophomonas is resistant to most β -lactams including newer β lactam/β-lactamase combinations, with an exception for aztreonam.8 Management of these MDR infections in cUTI remains limited despite approval of the newer antibiotics.9

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Cefiderocol is currently available on the market under the trade name, Fetroja[®].¹⁰ The Food and Drug Administration (FDA) granted approval for cefiderocol in the treatment of cUTI caused by highly antibiotics resistant uropathogens based on clinical trials evaluating efficacy and safety of cefiderocol in cUTI.^{11,12} The purpose of this article is to provide a review of cefiderocol's pharmacology, efficacy, safety, and potential clinical application.

Chemistry

Cefiderocol is a siderophore cephalosporin, making it a novel antimicrobial agent. It can be administered as an intravenous infusion after reconstitution. Cefiderocol is available in a vial containing 1 gram of the sterile, lyophilized powder that is white to off-white in appearance.¹⁰

Clinical pharmacology

Cefiderocol has a unique chemical structure, containing both a cephalosporin core and a catechol siderophore side chain.^{10,13} These features enhance the ability of cefiderocol to overcome several resistance mechanisms. It has activity against all forms of carbapenemases due to its ability to overcome the three mechanisms of carbapenemase resistance (shown in Figure 1): enzyme-facilitated hydrolysis, mutation of porin channels, and efflux pumps.14,15 The catechol 2-chloro-3,4 dihydroxybenzoic acid group at the third position of the R2 side chain acts as the siderophore. It is this portion of the drug that chelates extracellular iron. Normally, bacteria secrete their own siderophores that scavenge iron from their host or environment to create complexes.¹⁵ During times of infection, the innate immune response of the host causes sequestration of intracellularly iron so that bacteria are unable to utilize it. This leads to upregulation of the bacterial iron transport system, enhancing uptake of extracellular iron, or in this case, the siderophore-iron complex of cefiderocol.^{16,17} The newly formed siderophore-iron complex of cefiderocol penetrates the GNB outer membrane via iron transport channels. Cefiderocol also enters bacterial cells directly by diffusion through porin channels. The catechol moiety of cefiderocol contains a pyrrolidine ring allowing for water solubility. After entering the bacterial cell through the outer membrane, cefiderocol enters the periplasmic space, releases iron, and binds to

penicillin-binding proteins (PBPs), especially PBP3, allowing for a bactericidal effect. This has resulted in activity against many MDR GNB.

Pharmacokinetics/pharmacodynamics (PK/PD)

Clinical trials were used to determine the pharmacokinetic profile of cefiderocol in healthy adult subjects.¹⁸⁻²⁰ Both single and multiple dosing intravenous infusions were evaluated; the pharmacokinetic parameters were found to be similar in both groups. As the dose increases, the concentration maximum (C_{max}) and area under the curve (AUC) of cefiderocol increase proportionally. In healthy patients, cefiderocol has a C_{max} of 89.7 mg/L and an AUC of 386 mg·hr/L, compared with that of cUTI patients with a C_{max} and AUC of 138 mg/L and 394.7 mg·hr/L, respectively. The average volume of distribution is 18 L, and plasma protein binding ranges from 40% to 60%, primarily to albumin. The elimination half-life is 2-3h, and the clearance is 5.18 L/hr. About 90% of cefiderocol is excreted unchanged renally; hepatic metabolism and fecal excretion play a minor role in excretion, 7% and 2.9%, respectively. Renal impairment is shown to impact the AUC, t_{1/2}, and total clearance.¹⁰ Renal dose adjustments are required with renal impairment, creatinine clearance (CrCl) less than 60 mL/min. In patients with moderate, severe, and end-stage renal disease (ESRD) disease without hemodialysis, cefiderocol accumulation increases. Cefiderocol is dialyzable, with 60% of the dose removed during a 3- to 4-h hemodialysis session. The effects that hepatic impairment has on the pharmacokinetic parameters have not been studied. Dose adjustment in the presence of hepatic impairment is not recommended as hepatic clearance represents a minor elimination pathway for cefiderocol.¹⁰ Cefiderocol exhibits time-dependent killing similar to that of other *B*-lactam antibiotics. Extending the infusion interval enhances the efficacy of the drug. Cefiderocol has potent activity, both in vitro and in vivo, against carbapenem-resistant MDR.^{18,21,22} It has shown stability against all classes of carbapenemases, including K. pneumoniae carbapenemase (KPCs), MBLs, oxacillinases (OXAs), which provides unique broad coverage of large range of MDR GNB. Cefiderocol has negligible activity against Gram-positive or anaerobic organisms.²¹

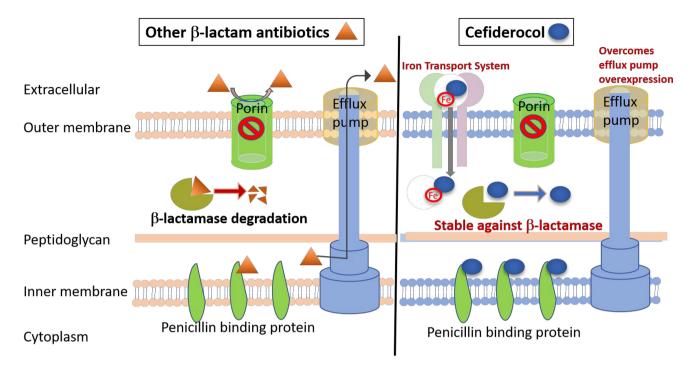


Figure 1. Cefiderocol mechanism of action.

Efficacy

The Study of Efficacy and Safety of Intravenous Cefiderocol Versus Imipenem/Cilastatin in Complicated Urinary Tract Infections (APEKScUTI) trial was a phase II randomized, doubleblind, parallel noninferiority study comparing cefiderocol 2 g every 8 h and imipenem/cilastatin 1 g every 8h in the treatment of cUTI, including uncomplicated pyelonephritis (Table 1).¹² A total of 452 patients were randomized in a 2:1 ratio to receive either cefiderocol or imipenem/cilastatin, and 371 patients were included in the modified intention-to-treat population. The standard duration of therapy was 7–14 days. Participants had to remain inpatient for treatment, and oral antibiotic treatment was not permitted. Twenty-four percent of patients were 75 years or older, with 66 years being the median age. Fifty-five percent of patients were female. The composite primary endpoint was clinical and microbial response at test of cure (TOC), defined as 7 (± 2) days after treatment course completion. Clinical outcome was based on the investigator's evaluation of patient's clinical signs and symptoms, with response defined as resolution or improvement of complicated urinary tract infection symptoms present at study entry and the absence of new symptoms. Physician assessment was supported by an iterative structured patient questionnaire. Microbiological outcome was based on quantitative microbiological urine cultures. A central reference laboratory (JMI Laboratories, North Liberty, IA, USA) confirmed the isolate identification and did antimicrobial susceptibility testing against a panel of antibiotics, including cefiderocol. Microbial response was defined as 1×10^4 colony-forming units (CFU)/ mL or less of GNB. The most prevalent pathogens were Escherichia coli (60.3% in cefiderocol group; 66.4% in imipenem-cilastatin group) and Klebsiella pneumoniae (19% in cefiderocol group; 21% in imipenem-cilastatin group). The group receiving cefiderocol isolated P. aeruginosa more often than in the imipenem-cilastatin group [18 (7%) versus 5 (4%)]. The composite primary endpoint was achieved by 183/252 (72.6%) patients in the cefiderocol group and 65/119 (54.6%) patients in the imipenem-cilastatin group, demonstrating noninferiority and superiority of cefiderocol.7

The CREDIBLE-CR trial was a phase III randomized, open-label, multicentre, pathogenfocused study comparing cefiderocol 2 g every 8 h and best available treatment (BAT) in the treatment of patients with evidence of a carbapenemresistant GNB (Table 1).¹¹ The patients were adult (\geq 18 years) who admitted to hospital with

Study design	Inclusion criteria	Exclusion criteria	Study treatment	Endpoints
Portsmouth <i>et al.</i> ¹² APEKS-cUTI trial Double-blind, noninferiority, phase 2 trial	Adults hospitalized with cUTI (including AP) Included immunosuppressed patients including those with renal transplantation	 Baseline urine culture with > 2 uropathogens Fungal UTI Carbapenem-resistant pathogens CrCl < 20 mL/min 	Cefiderocol 2 g IV q8h <i>versus</i> Imipenem-cilastatin 1 g IV q8h Duration: 7–14 days	Composite response at TOC ^a CFD: 72.6% versus I-C: 54.6% (difference 18.6%, 95% CI 8.2 to 28.9) ^b Microbiologic response at TOC ^a CFD: 73.0% versus I-C: 56.3% (difference 17.3%, 95% CI 6.9 to 27.6) Clinical response TOC ^a CFD: 89.7% versus I-C: 87.4% (difference 2.4%, 95% CI -4.7 to 9.4)
Bassetti <i>et al.</i> ¹¹ CREDIBLE-CR trial Randomized, open-label, pathogen-focused, descriptive, phase 3 trial	Adults with NP, BSI or sepsis, or cUTI and evidence of CR Gram-negative pathogen	 For cUTI patients: Baseline urine culture with > 2 uropathogens Fungal UTI Asymptomatic bacteriuria Ileal loop for urine outflow Uncomplicated AP, i.e., normal urinary tract anatomy Vesico-ureteric reflux 	Cefiderocol 2 g IV q8 h (if CrCl > 120 mL/ min 2 g IV q6h) <i>versus</i> BAT (≤ 3 systemic antibiotics) Duration: ≥ 5 days for cUTI	cUTI Microbiologic eradication at TOC ^c CFD: 52.9% (9/17) versus BAT: 20.0% (1/5) cUTI Clinical response TOC ^c CFD: 70.6% (12/17) versus BAT: 60.0% (3/5)

Table 1	Cefiderocol	clinical	efficacy	trial stud	v design	for cLIT	natients
Table I.	Centuerocot	Cumulai	enicacy	ti lat Stuu	y uesigns		patients.

APEKS, Acinetobacter, Pseudomonas, Escherichia coli, Klebsiella, Stenotrophomonas; AP, acute pyelonephritis; BAT, best available therapy; BSI, bloodstream infections; CFD, cefiderocol; CI, confidence interval; CR, carbapenem-resistant pathogens; CREDIBLE-CR: Study of Cefiderocol or Best Available Therapy for the Treatment of Severe Infections Caused by Carbapenem-resistant Gram-negative Pathogens; cUTI, complicated urinary tract infection; I-C, imipenem-clastatin; IV, intravenous; NP, nosocomial pneumonia; TOC, test of cure.

a Test of cure (TOC), defined as 7 (\pm 2) days after treatment course completion.

^bThe treatment difference and 95% CI were based on the Cochran–Mantel–Haenszel method.

 c Primary endpoint for cUTI patients. Microbiologic eradication was defined as a urine culture that showed that the Gram-negative uropathogen identified at Baseline at $\ge 10^{5}$ colony-forming units (CFU)/mL was reduced to $< 10^{3}$ CFU/mL. Test of cure, defined as 7 days after end of treatment.

nosocomial pneumonia, bloodstream infections or sepsis, or cUTI. Patients were allowed to have adjunctive therapies, and those therapies could be de-escalated in the setting of local susceptibility results. Escalation of therapy, however, was not permitted. The overall demographics were compared by those who had received cefiderocol versus BAT without stratifying by infection type. The mean age was 63. In the overall population, the group receiving cefiderocol had less males (65% versus 71%), less younger patients (<65 years old; 37% versus 55%), increased ICU at randomization (56% versus 43%), and similar APACHE II scores. The median duration was 10.5 days (interquartile range 8.0-15.0) with cefiderocol and 6.5 days (6.0-11.0) with BAT. cUTI was diagnosed in 24% of the total study population (36 patients out of 150), including 26 patients who received cefiderocol and 10 BAT. The primary endpoint for cUTI patients was proportion achieving microbiological eradication at TOC, with 53%

(9 of 17) of the cefiderocol group and 20% (1 of 5) of the BAT group, respectively. Eradication was defined as reduction of urine culture GNB from at least 10⁵ CFU/mL at baseline to less than 10³ CFU/mL. Thirty deaths in the cefiderocol group out of 32 who prematurely discontinued study; 9 deaths out of 13 who prematurely discontinued study in BAT. The most common pathogens in patients with cUTI were *K. pneumoniae* [11 out of 17 (65%) patients receiving cefiderocol *versus* 3 out of 5 (60%) receiving BAT] and *P. aeruginosa* [4 out of 17 (24%) patients receiving cefiderocol *versus* 2 out of 5 (40%) receiving BAT].

Safety

Clinical trials have shown that the side-effect profile for cefiderocol is well tolerated. In the APEKS-cUTI trial, safety was assessed through the identification of adverse events, vital sign measurements, body temperature, clinical laboratory tests (blood chemistry, hematology, and urinalysis), and electrocardiographically assessment. Plasma concentration of hepcidin and iron and iron binding were assessed as prespecified exploratory safety outcomes in patients with acute infection. Adverse events were monitored daily because patients remained in hospital during treatment administration. The commonly reported adverse events in patients receiving cefiderocol were as follows: diarrhea, hypertension, infusion site reactions, and nausea/vomiting (each in 4% of patients), constipation and rash (each in 3% of patients), headache, hypokalemia, candidiasis, cough, and elevations in liver tests (each in 2% of patients) (Table 2).12 The CREDIBLE-CR trial found that cefiderocol was associated with a higher rate of all-cause mortality in patients with carbapenem-resistant Enterobacteriaceae (CRE) infections when compared with BAT with activity against GNB. All-cause mortality occurred in 34/101 (33.7%) receiving cefiderocol as compared with 9/49 (18.4%) with BAT through day 49.¹¹ In general, the higher mortality rate was associated with nosocomial pneumonia or bloodstream infections or sepsis with A. baumannii as baseline.¹¹ The cause of the deaths has not been established. It cannot rule out the contribution of the infection to underlying comorbidity as a cause of death.23 Due to cross-reactivity in allergic reactions, the use of cefiderocol is contraindicated in patients with a known serious hypersensitivity reaction to β -lactam antibiotics. The package insert includes a warning for Clostridium difficileassociated diarrhea, a commonly reported side effect associated with the use of systemic antimicrobial agents.¹⁰ Like other cephalosporins, cefiderocol may lower the seizure threshold.

The use of cefiderocol is reserved for the treatment of cUTI with limited or no alternative treatment options. There is currently no data available on the effects of cefiderocol in pregnant and lactating women. The cUTI trial study population included adults \geq 18 years of age. The safety and efficacy in patients <18 years of age are unknown. The safety in subjects \geq 65 years of age (52.7% in the cUTI trial) is comparable to that of younger subjects.¹⁰ Renal impairment is common in elderly patients; monitoring and dose adjustments should be made accordingly.

Drug interactions

No clinically significant drug interactions have been identified. False-positive results in dipstick tests have been reported and alternative methods for testing are recommended. Cefiderocol is not an inhibitor or inducer for cytochrome P450 enzymes or transporter systems.⁵

Dosing and administration

Cefiderocol is available in a single-dose vial containing 1 g sterile, lyophilized powder, which should be reconstituted with 10 mL of 0.9% sodium chloride or 10 mL of 5% dextrose solution.¹⁰ Reconstituted vials may be stored at room temperature for up to 1 h. The reconstituted solutions can then be added to 100 mL infusion bag of normal saline or 5% dextrose. The infusion bag is stable at room temperature and refrigerated for 6 h and 24 h, respectively. Cefiderocol is administered *via* intravenous infusion over 3 h.⁵

Pharmacoeconomics

The wholesale acquisition cost (WAC) for a carton of 10, 1 g vials of cefiderocol is \$1,897.50.24 The recommended dose of 2 g via intravenous infusion every 8h has a WAC of \$1,138.50/day, compared with that of BAT, imipenem/cilastatin 1 g via intravenous infusion every 8h, \$117.60/ day. Under the Generating Antibiotic Incentives Now (GAIN) Act, cefiderocol has received designation as a qualified infectious disease product (OIDP). This designation makes cefiderocol eligible for the New Technology Add-on Payment (NTAP) by the Centers for Medicare and Medicaid Services (CMS). NTAP will provide hospitals with an additional payment of up to 75% for utilizing breakthrough therapy, which will help supplement the cost for the use of cefiderocol versus BAT, imipenem/cilastatin, in the treatment for cUTI.25

Discussion and recommendations

Antimicrobial resistance remains an urgent public health issue. The Centers for Disease Control and Prevention (CDC) reports that each year 2.8 million people contract an antimicrobialresistant infection; of those, 35,000 infections result in death.²⁶ The sensible use and prescribing of antimicrobial agents and the development of novel antimicrobials are essential to slow the progression of antimicrobial resistance.²⁶ In the United States and Europe, nonfermenting gramnegative bacteria have posed a greater risk for drug resistance due to multiple mechanisms such as porin loss or efflux pumps.⁹ In clinical practice,

		Cefiderocol (N=300)	Imipenem/cilastatin (N=148)
Major/severe AE	Cardiac failure	1%	2%
	<i>Clostridium difficile</i> colitisª	<1%	3%
	Deaths ^b	<1%	0%
Common AE (≥2%)	Diarrhea	4%	6%
	Hypertension	4%	5%
	Infusion site reactions ^c	4%	5%
	Nausea/vomiting	4%	5%
	Constipation	3%	4%
	Rash ^d	3%	<1%
	Headache	2%	5%
	Hypokalemia ^e	2%	3%
	Candidiasis ^f	2%	3%
	Cough	2%	1%
	Elevations in liver tests ^g	2%	< 1%

Table 2. Review of major/severe and common adverse events (AE).^{10,12}

AE, adverse events. This table was adapted from the Fetroja Prescribing Information with permission.

^aAn additional AE with the preferred term of *C. difficile* infection was reported in the Imipenem/Cilastatin group. ^bOne death was reported in cefiderocol group due to cardiac arrest. The patient had normal electrocardiogram at baseline but has complicated medical history; the death was considered unrelated to study drug by the investigator.

^cInfusion site reactions include infusion site erythema, inflammation, pain, pruritis, injection site pain, and phlebitis. ^dRash includes rash macular, rash maculopapular, erythema, and skin irritation.

eHypokalemia includes blood potassium decrease.

^fCandidiasis includes oral or vulvovaginal candidiasis, and candiduria.

^gElevations in liver tests include alanine aminotransferase, aspartate aminotransferase, gamma-glutamyl transferase,

blood alkaline phosphatase, and hepatic enzyme increased.

it is still lack of treatment options against MBL producers.²⁷ The most efficacious therapy in the treatment of MDR GNB infections is still unclear despite the newer approved antibiotics. The unique broad spectrum of cefiderocol against a large range of MDR GNB makes it a novel choice in the treatment of cUTI.28 FDA approved cefiderocol for the treatment of cUTI including pyelonephritis. It may be considered as an empirical regimen for the cUTI patients with risk of MBLor OXA-48 like carbapenemase producing strains or concomitant risk of carbapenemase-resistant P. aeruginosa, A. baumannii, and CRE.²⁹ Risk factors of MDR GNB infections in cUTI include colonized patients, previously MDR GNB infections, prolonged length of stay in endemic hospitals, and presented clinical cases in endemic hospital.^{30,31} It remains ambiguous whether to use cefiderocol as a single agent or combined therapy for nonfermenters infections due to increased mortality observed in patients with pneumonia and bloodstream infections, especially due to carbapenem-resistant A. baumannii in the CREDIBLE-CR study.23,32 Regarding targeted therapy, implementation of rapid diagnostic tests is crucial to identify the causative pathogen(s) as well as involved resistance mechanisms. CLSI M-100 standard is recognized for Enterobacteriaceae. FDA breakpoints should be applied to P. aeruginosa, and A. baumannii until the investigational status has been removed from CLSI breakpoints.33-35 UTIs are commonly diagnosed infections with a higher prevalence among elderly women.1 Efficacy and safety profiles of cefiderocol were similar between those who were 65 or older and those younger than 65.^{11,12} Because cefiderocol does require renal dose adjustment for those with CrCl less than 60 mL/min, this medication must be monitored carefully in older adults who are more likely to have impaired renal function.⁶

Cefiderocol is administered intravenously and thus must be given in the hospital setting. For this reason, it is important to consider patient-specific factors and the necessity of MDR GNB coverage prior to selecting cefiderocol. Cefiderocol is not a firstline agent and should only be used when first-line options have either failed, or MDR GNB are suspected or confirmed. Costs associated with cefiderocol administration may be offset by NTAP through CMS due to its QIDP designation.¹⁰

Conclusion

Cefiderocol is a novel siderophore cephalosporin antibiotic recently approved for the treatment of cUTI and acute pyelonephritis. In addition to cUTI, cefiderocol is now also indicated for hospital-acquired pneumonia and ventilator-associated pneumonia. It has shown clinically significant antimicrobial coverage against MDR GNB. More post-market studies are needed to determine its role in treating cUTI and other infections in clinical practice.

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Author contributions

Hongmei Wang: Conceptualization; Resources; Supervision; Validation; Visualization; Writing – original draft; Writing – review & editing Brittany N., Palasik: Resources; Validation; Writing – review & editing.

Conflict of interest statement

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