

## Supplementary File 1: Search Terms

<b>Mental health cluster</b>	<b>Physical activity cluster</b>	<b>Mediation/moderation cluster</b>
"mental health"	"physical activit*"	moderation
"mental well*being"	"physical inactivity"	mediation
"psychological well*being"	exercise	moderator
"subjective well*being"	sport*	mediator
"life satisfaction"	walking	moderated
"positive affect"		mediated
"negative affect"		moderating
"mental ill*"		mediating
"mental disorder*"		
depress*		
anxiety		
stress		
"psychological distress"		

### Exported search from Scopus

TITLE-ABS-KEY ( "mental health" ) OR TITLE-ABS-KEY ( "mental well\*being" ) OR  
 TITLE-ABS-KEY ( "psychological well\*being" ) OR TITLE-ABS-KEY ( "subjective  
 well\*being" ) OR TITLE-ABS-KEY ( "life satisfaction" ) OR TITLE-ABS-KEY ( "positive  
 affect" ) OR TITLE-ABS-KEY ( "negative affect" ) OR TITLE-ABS-KEY ( "mental ill\*")  
 OR TITLE-ABS-KEY ( "mental disorder\*" ) OR TITLE-ABS-KEY ( depress\* ) OR TITLE-  
 ABS-KEY ( anxiety ) OR TITLE-ABS-KEY ( stress ) OR TITLE-ABS-KEY ( "  
 psychological distress" ) AND TITLE-ABS-KEY ( "physical activit\*" ) OR TITLE-ABS-  
 KEY ( "physical inactivity" ) OR TITLE-ABS-KEY ( exercise ) OR TITLE-ABS-KEY (   
 sport\* ) OR TITLE-ABS-KEY ( walking ) AND TITLE-ABS-KEY ( moderation ) OR  
 TITLE-ABS-KEY ( mediation ) OR TITLE-ABS-KEY ( moderator ) OR TITLE-ABS-KEY  
 ( mediator ) OR TITLE-ABS-KEY ( moderated ) OR TITLE-ABS-KEY ( mediated ) OR  
 TITLE-ABS-KEY ( moderating ) OR TITLE-ABS-KEY ( mediating )