

REVIEW

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# Histone deacetylase inhibitors for leukemia treatment: current status and future directions

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## Abstract

Leukemia remains a major therapeutic challenge in clinical oncology. Despite significant advancements in treatment modalities, leukemia remains a significant cause of morbidity and mortality worldwide, as the current conventional therapies are accompanied by life-limiting adverse effects and a high risk of disease relapse. Histone deacetylase inhibitors have emerged as a promising group of antineoplastic agents due to their ability to modulate gene expression epigenetically. In this review, we explore these agents, their mechanisms of action, pharmacokinetics, safety and clinical efficacy, monotherapy and combination therapy strategies, and clinical challenges associated with histone deacetylase inhibitors in leukemia treatment, along with the latest evidence and ongoing studies in the field. In addition, we discuss future directions to optimize the therapeutic potential of these agents.

**Keywords** Antineoplastic agents, Apoptosis, Epigenetics, HDAC inhibitor, Hematological malignancy, Histone deacetylases antagonist, Treatment resistance, Tumor microenvironment

## Introduction

Leukemia arises from the uncontrolled proliferation of immature blood cells in the bone marrow and peripheral blood. Classified broadly into acute and chronic forms, leukemia is considered a multifactorial disease, involving a variety of genetic, environmental, and immunologic factors [1, 2]. Common symptoms of leukemia include fatigue, fever, easy bruising or bleeding, and recurrent infections, reflecting bone marrow failure and compromised immune function [3, 4]. Diagnosis typically involves a combination of clinical evaluation, peripheral

blood smear, bone marrow aspiration, and genetic testing to subtype the disease and guide treatment decisions [5]. Despite therapeutic advances, leukemia remains a significant cause of morbidity and mortality globally, with conventional therapies, facing limitations including toxicity and risk of relapse [6].

Histone deacetylase (HDAC) inhibitors represent a class of pharmacological agents that modulate gene expression by targeting epigenetic mechanisms [7–9]. HDACs, enzymes responsible for removing acetyl groups from histone proteins, play a significant role in regulating chromatin structure and gene transcription [10, 11]. Dysregulation of HDAC activity is implicated in various diseases, including cancer, where aberrant gene expression contributes to tumorigenesis and progression [12, 13]. HDAC inhibitors exert their effects by inhibiting HDAC activity, leading to increased histone acetylation, chromatin relaxation, and transcriptional activation of genes involved in cell cycle regulation, apoptosis, and differentiation [8, 13]. Beyond histones, HDAC inhibitors can also target non-histone proteins [14]. Given their ability

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to modulate gene expression epigenetically, HDAC inhibitors have been proposed as promising therapeutic agents for a wide range of malignancies.

This review aims to provide a comprehensive clinical insight into the potential of HDAC inhibitors in the treatment of leukemia.

## Main text

### Mechanisms of action

In general, HDAC inhibitors exert their effects through multiple mechanisms, including:

#### *Histone acetylation*

HDAC inhibitors suppress the deacetylation of histone proteins, leading to chromatin relaxation and transcriptional activation of genes involved in cell cycle regulation, apoptosis, and differentiation [15].

#### *Non-histone protein acetylation*

HDAC inhibitors also acetylate non-histone proteins, such as transcription factors and signaling molecules, influencing various cellular processes critical for cancer pathogenesis [16].

#### *Apoptosis induction*

By upregulating pro-apoptotic genes, programmed activation of caspases, and downregulating anti-apoptotic genes, HDAC inhibitors promote apoptosis in malignant cells, leading to cell death [17–19].

#### *Cell cycle arrest*

HDAC inhibitors induce cell cycle arrest at different checkpoints, preventing uncontrolled proliferation of leukemic cells [20].

#### *Anti-angiogenic effects*

HDAC inhibitors have been shown to inhibit angiogenesis by targeting endothelial cell function and disrupting angiogenic signaling pathways, ultimately inhibiting the formation of new blood vessels in tumors [21]. HDAC inhibitors modulate the expression of genes involved in angiogenesis, such as vascular endothelial growth factor (VEGF) and its receptors, endothelial nitric oxide synthase (eNOS), and angiopoietins, through epigenetic mechanisms [22, 23]. By promoting histone acetylation and altering chromatin structure, HDAC inhibitors suppress the transcriptional activity of pro-angiogenic genes [24, 25]. Moreover, HDAC inhibitors have been shown to disrupt the tumor microenvironment by targeting stromal cells, immune cells, and extracellular matrix components, additionally impairing angiogenesis and tumor growth [26, 27].

#### *Disruption of DNA repair mechanisms*

HDAC inhibitors impair DNA repair mechanisms, enhancing the susceptibility of malignant cells to DNA damage-induced cell death [28, 29].

#### *Autophagy induction*

Previous studies have specified the autophagy-inducing role of HDAC inhibitors, generally through mTOR inhibition, NF- $\kappa$ B hyperacetylation, and p53 acetylation signaling pathways [30].

### Classification

The classical family of HDACs are typically categorized into different classes. Each class shares a common ancestor and is characterized by structural and functional similarities [31]. The classical HDACs family is consisted of three classes [32, 33]:

- Class I: HDAC1, HDAC2, HDAC3, and HDAC8
- Class II: HDAC4, HDAC5, HDAC6, HDAC7, HDAC9, HDAC10
- Class IV: HDAC11

Class III HDACs, also referred to as sirtuins, are structurally and mechanistically distinct. While class I and class II HDACs are zinc-dependent, class III HDACs require nicotinamide adenine dinucleotide (NAD<sup>+</sup>) as a cofactor for their deacetylase activity, which rises from the evolutionary divergence and distinct biochemical properties of sirtuins compared to classical HDACs [34, 35].

HDAC inhibitors can also be classified into structurally diverse classes, including hydroxamic acids (such as vorinostat and panobinostat), cyclic peptides (such as romidepsin), benzamides (such as entinostat), and short-chain fatty acids (such as valproic acid). These compounds differ in their chemical structures and HDAC isoform selectivity, leading to variations in their pharmacokinetic properties and therapeutic effects.

### Pharmacokinetics and clinical efficacy

The pharmacokinetic properties of HDAC inhibitors, including absorption, distribution, metabolism, and elimination, influence their bioavailability and efficacy in vivo. HDAC inhibitors are administered via various routes, including oral and intravenous, with different absorption rates and tissue distribution profiles [36]. Oral formulations of HDAC inhibitors undergo absorption in the gastrointestinal tract, where they may be subject to first-pass metabolism in the liver before reaching systemic circulation. Intravenous administration bypasses the gastrointestinal tract,

resulting in rapid and complete drug absorption into the bloodstream.

Several studies have evaluated the use of HDAC inhibitors, both as monotherapy and in combination with other agents, across various leukemia subtypes. While results have been variable, HDAC inhibitors have shown significant activity in subsets of patients, including those with relapsed or refractory disease who have failed standard therapies [37, 38]. Improved overall response rates (ORR), increased progression-free survival (PFS), and prolonged duration of response have been reported in certain trials, particularly in combination with chemotherapy or targeted agents [39, 40]. While HDAC inhibitors have demonstrated efficacy in specific leukemia subtypes, their clinical utility in acute myeloid leukemia (AML) and acute lymphoblastic leukemia (ALL) remains under investigation [41]. Despite these encouraging findings, challenges such as drug resistance, heterogeneous patient populations, off-target effects, and optimal dosing schedules remain areas of active investigation [42, 43].

### Safety

The safety profile of HDAC inhibitors in leukemia treatment is a subject of considerable interest and investigation. While HDAC inhibitors have shown promising therapeutic efficacy in preclinical and clinical studies, their clinical use could be associated with various adverse effects, including cardiac toxicity, gastrointestinal disturbances, fatigue, and hematologic toxicity [43–45]. Hematologic toxicity, in the forms of thrombocytopenia, neutropenia, and anemia, is among the most commonly reported adverse events [46]. Gastrointestinal discomfort, including nausea, vomiting, diarrhea, and loss of appetite, is also frequently observed and may require supportive care measures [36, 47, 48]. Cardiac toxicity, characterized by QT interval prolongation, T-wave flattening, ST segment depression, and arrhythmias, has been reported with specific HDAC inhibitors and underscores the importance of cardiac monitoring during therapy [43, 49]. In addition, some studies have suggested electrolyte abnormalities subsequent to administration of HDAC inhibitors as the cause of cardiac side effects [50]. Overall, further studies are required to determine the complete safety profile of HDAC inhibitors in leukemia treatment and ensure their tolerability and long-term efficacy in patients.

### Clinical agents and candidates

Several agents have been proposed and studied through the last decades. Tables 1 and 2 present a comprehensive review of the preclinical and clinical studies of HDAC inhibitors. The most prominent HDAC inhibitors candidates for the treatment of leukemia are:

#### **Vorinostat**

Vorinostat (suberoylanilide hydroxamic acid, SAHA) is a broad-spectrum HDAC inhibitor that targets class I, II, and IV HDAC enzymes [51, 52]. By inhibiting these enzymes, vorinostat increases the acetylation of histone proteins, leading to the transcriptional activation of genes that induce cell cycle arrest, promote apoptosis, and inhibit tumor angiogenesis [53, 54]. This modulation of gene expression disrupts cancer cell proliferation and survival. Initially approved for the treatment of cutaneous T-cell lymphoma (CTCL), its potential has also been explored in AML and other hematological malignancies [15, 55, 56]. Studies have demonstrated its ability to synergize with other therapeutic agents, enhancing the cytotoxic effects against leukemic cells by disrupting mitochondrial function and inducing oxidative stress, which leads to apoptosis in leukemic cells [57].

#### **Romidepsin**

Romidepsin (FK228) is a selective inhibitor of class I HDACs, particularly HDAC1 and HDAC2 [58, 59]. Its anti-tumor activity is attributed to its strong induction of G2/M cell cycle arrest and activation of the intrinsic apoptotic pathway [60]. Romidepsin modifies the expression of key apoptotic regulators, enhancing the expression of pro-apoptotic proteins and suppressing anti-apoptotic proteins [61]. Primarily approved for CTCL and peripheral T-cell lymphoma (PTCL), romidepsin has been evaluated in clinical trials involving patients with various forms of leukemia [62]. Recent studies indicate the potential of romidepsin in downregulating DNA methyltransferases, leading to the demethylation of tumor suppressor genes and reactivation of their expression, thereby providing a dual epigenetic therapy approach when combined with DNA methylation inhibitors [63, 64].

#### **Belinostat**

Like vorinostat, belinostat (PXD101) is a pan-HDAC inhibitor that affects class I, II, and IV enzymes [65]. Its anticancer effects are mediated through the induction of apoptosis, cell cycle arrest, and the reduction of angiogenesis [66–68]. Belinostat also affects the acetylation of non-histone proteins critical in cell cycle regulation and apoptosis [68, 69]. While belinostat is approved for PTCL, its role in treating leukemia subtypes is under investigation. Preclinical models show that Belinostat effectively induces death in leukemic cells, particularly when combined with other chemotherapeutic or targeted agents, enhancing its antileukemic activities [68].

**Table 1** Preclinical studies of histone deacetylase (HDAC) inhibitors in leukemia (non-leukemia reports also presented in the absence of sufficient studies)

| HDAC class       | Author (year)                   | Agent                                   | Combination therapy                                      | Cell lines                                         | Leukemia subtype | Findings and outcomes                                                                                                                                                                                                            |
|------------------|---------------------------------|-----------------------------------------|----------------------------------------------------------|----------------------------------------------------|------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Hydroxamic acids | Gao et al. (2016) [131]         | Vorinostat (SAHA)                       | Carfilzomib                                              | MOLT-4 and HuT 78                                  | TCL              | Vorinostat, in combination with carfilzomib, showed synergistically improved anticancer effects                                                                                                                                  |
|                  | Chao et al. (2015) [132]        | Vorinostat (SAHA)                       | Vincristine                                              | MOLT-4 and CCRF-CEM                                | T-ALL            | Combined vorinostat and vincristine induce the pro-apoptotic pathways, resulting in significant antileukemic effects                                                                                                             |
|                  | Young et al. (2017) [133]       | Vorinostat (SAHA)                       | Decitabine                                               | OCI-AML3 and HL-60                                 | AML, APL         | The combination of vorinostat and decitabine benefits from synergistically improved response and could act as a potential treatment for AML. In addition, AXL is a potential marker for decitabine-vorinostat treatment response |
|                  | Valdez et al. (2022) [134]      | Panobinostat (LBH589)                   | Bisantrene, venetoclax, decitabine, and olaparib         | OCI-AML3, MOLM-13, and MV4-11                      | AML              | The combination therapy resulted in synergistic cytotoxicity in cells, damage response, and upregulation of apoptosis pathways                                                                                                   |
|                  | Jia et al. (2019) [135]         | Panobinostat (LBH589)                   | Sodium butyrate (HDAC inhibitor)                         | K-562                                              | CML              | The combination shows antileukemic effects through activation of the ERS-mediated apoptotic pathway and reduction of drug-resistance related proteins' expression                                                                |
|                  | Moreno et al. (2022) [136]      | Panobinostat (LBH589)                   | Mercaptopurine and methotrexate                          | RS4;11                                             | ALL              | No synergistic effect was observed through combination therapy of panobinostat with methotrexate and mercaptopurine. However, Panobinostat monotherapy demonstrated significant antineoplastic effects                           |
|                  | Vagapova et al. (2021) [137]    | Belinostat, hydrazostat (Belinostat-PH) | Imatinib, cytarabine, vincristine, and venetoclax        | MV4-11, THP-1, HL-60, U-937, and K-562             | AML, APL, CML    | Hydrazostat improves the sensitivity of leukemic cells to imatinib, cytarabine, vincristine, and venetoclax                                                                                                                      |
|                  | Diamanti et al. (2007) [138]    | Belinostat (PXD101)                     | Chemotherapy (VAD)                                       | CCRF-CEM, MOLT-4, Jurkat, NALM6, Daudi, and Kasumi | ALL, AML         | Inducing apoptosis, belinostat was effective in steroid-resistant samples, but no synergy was observed in combination therapy                                                                                                    |
|                  | Valiulienė et al. (2015) [139]  | Belinostat (PXD101)                     | Retinoic acid                                            | NB4 and HL-60                                      | APL              | Belinostat demonstrated antileukemic effects through its impact on chromatin remodeling and cell growth                                                                                                                          |
|                  | Pietschmann et al. (2012) [140] | Panobinostat (LBH589)                   | TKI (FLT3 inhibitors: quizartinib, midostaurin, cpd.102) | MV4-11 and MOLM-13                                 | AML              | HDAC inhibitors and FLT3 inhibiting agents have significant synergistic antileukemic activity with strong induction of apoptosis even in low doses                                                                               |

**Table 1** (continued)

| HDAC class      | Author (year)                      | Agent              | Combination therapy       | Cell lines             | Leukemia subtype | Findings and outcomes                                                                                                                |
|-----------------|------------------------------------|--------------------|---------------------------|------------------------|------------------|--------------------------------------------------------------------------------------------------------------------------------------|
| Cyclic peptides | Dai et al. (2008) [141]            | Romidepsin (FK228) | Belinostat and bortezomib | JVM-3 and MEC-2        | CLL (P-BLL)      | The combination of Romidepsin and belinostat with bortezomib synergistically induces cell death in CLL cells                         |
|                 | Alves da Silva et al. (2022) [142] | Romidepsin (FK228) | 7C6 (MICA/B antibody)     | NB4, C1498, and WEHI-3 | AML              | Romidepsin synergizes the MICA/B inhibition properties of 7C6, suppressing the AML outgrowth through antibody-dependent phagocytosis |

**Table 1** (continued)

| HDAC class | Author (year)                 | Agent                                       | Combination therapy                    | Cell lines                                   | Leukemia subtype | Findings and outcomes                                                                                                                                                                                                                         |
|------------|-------------------------------|---------------------------------------------|----------------------------------------|----------------------------------------------|------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Benzamides | He et al. (2020) [143]        | Chidamide (CS055/HBI-8000)                  | Imatinib                               | KBM5                                         | CML              | The combination of chidamide and omatinib reduces TKI resistance and could improve the clinical outcomes of BC-CML patients                                                                                                                   |
|            | Zhao et al. (2022) [144]      | Chidamide (CS055/HBI-8000)                  | Apatinib                               | KG1a and Kasumi-1                            | AML              | Combination therapy of chidamide and apatinib synergistically affected cell viability and induced pro-apoptotic pathways                                                                                                                      |
|            | Hu et al. (2024) [145]        | Chidamide (CS055/HBI-8000)                  | –                                      | HL-60, HEL, MOLM-13, MV4-11, and Kasumi-1    | AML              | Affecting N6-methyladenosine-related GNAS-AS1, chidamide results in glycolysis suppression                                                                                                                                                    |
|            | Gu et al. (2023) [146]        | Chidamide (CS055/HBI-8000)                  | Cladribine                             | U937, THP-1, and MV4-11                      | AML              | Affecting the HDAC2/c-Myc/RCC1 pathway, coadministration of chidamide with cladribine synergistically targets cell growth, leading to cell cycle arrest and apoptosis                                                                         |
|            | Y'in et al. (2023) [147]      | Chidamide (CS055/HBI-8000)                  | Imatinib and nilotinib                 | Ba/F3 P210 and Ba/F3 T315I                   | CML              | Chidamide monotherapy can potentially overcome T315I mutation-related drug resistance through the modulation of apoptosis-autophagy pathways. Combining chidamide with TKI agents, such as Imatinib or nilotinib, increases its effectiveness |
|            | Wang et al. (2018) [148]      | Entinostat (SNDX-275, MS-275)               | Cladribine                             | RPMI8226, U266, and MM1.R                    | MM               | Coadministration of entinostat and cladribine induces cell cycle arrest and apoptosis, affecting the DNA damage response                                                                                                                      |
|            | Zhou et al. (2013) [149]      | Entinostat (SNDX-275, MS-275)               | Vorinostat, trichostatin A, romidepsin | HL-60, MOLM-13, OCI-AML3, and OCI-AML2       | AML              | Entinostat, along with other HDAC inhibitors, promotes apoptosis by restoring the silenced nuclear receptors Nur77 and Nrf1                                                                                                                   |
|            | Golay et al. (2007) [150]     | Givinostat (ITF2357)                        | –                                      | HL-60, THP-1, U937, Kasumi, KG-1, TF-1, GFD8 | AML, APL         | Potent anti-leukemic activity through suppressing IL-6 and VEGF production, resulting in increased apoptosis in vitro and increased survival in vivo                                                                                          |
|            | El-Khoury et al. (2014) [151] | Mocetinostat (MGCD0103) (and Valproic acid) | Flavopiridol (CKD1), chloroquine, 3-MA | MCF-7, JMV-2, and JMV-3                      | B-CLL            | Mocetinostat induces apoptosis, along with autophagy suppression in all combination regimens                                                                                                                                                  |
|            |                               |                                             |                                        |                                              |                  |                                                                                                                                                                                                                                               |

Table 1 (continued)

| <b>HDAC class</b>       | <b>Author (year)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>Agent</b>  | <b>Combination therapy</b> | <b>Cell lines</b>               | <b>Leukemia subtype</b> | <b>Findings and outcomes</b>                                                                                           |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|----------------------------|---------------------------------|-------------------------|------------------------------------------------------------------------------------------------------------------------|
| Short-chain fatty acids | Rucker et al. (2016) [152]                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Valproic acid | Chemotherapy (ICE, ATRA)   | CMK, HEL, K-562, NB4, and HL-60 | AML, APL                | Valproic acid has shown synergistic effects in the treatment of AML when combined with intensive chemotherapy regimens |
| 3-Methyladenine         | ALL acute lymphoblastic leukemia, B-PLL B-cell prolymphocytic leukemia, CDK cyclin-dependent kinase, CML chronic myelocytic leukemia, ERS endoplasmic reticulum stress, FLT3 FMS-like tyrosine kinase 3, HDAC histone deacetylases, ICE idarubicin, cytarabine, etoposide, IL interleukin, MICA/B histocompatibility complex class I polypeptide-related sequence A and B, MM multiple myeloma, SAHA suberoylanilide hydroxamic acid, T-ALL T-cell acute lymphoblastic leukemia, TCLL T-cell lymphoma, TKI tyrosine kinase inhibitor, VAD vincristine, doxorubicin, VEGF vascular endothelial growth factor |               |                            |                                 |                         |                                                                                                                        |

**Table 2** Clinical studies on efficacy/safety of histone deacetylase (HDAC) inhibitors in the treatment of leukemia (non-leukemia reports also presented in the absence of sufficient studies)

| HDAC class       | Author (year)                     | Country     | Trial design     | Candidate             | Combination therapy                                                                                                                 | Leukemia subtype | Clinical outcomes                                                                                                                                                                                          |
|------------------|-----------------------------------|-------------|------------------|-----------------------|-------------------------------------------------------------------------------------------------------------------------------------|------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Hydroxamic acids | Schafer et al. (2022) [153]       | USA         | Phase I trial    | Vorinostat (SAHA)     | Chemotherapy (decitabine and FLAG)                                                                                                  | AML              | With an ORR of 69% in relapsed and 38% in refractory AML, the combination of vorinostat with decitabine and FLAG-based therapies was well-tolerated and effective in this study                            |
|                  | Alatrash et al. (2022) [154]      | USA         | Phase I/II trial | Vorinostat (SAHA)     | Conditioning regimen (CloFluBu)                                                                                                     | ALL, AML, MDS    | Vorinostat did not show improvement in combination with CloFluBu for leukemia patients undergoing allogeneic HSCT                                                                                          |
|                  | Burke et al. (2020) [155]         | USA         | Phase I/II trial | Vorinostat (SAHA)     | Chemotherapy (decitabine, dexamethasone, vincristine, mitoxantrone, PEG-asparaginase)                                               | B-ALL            | Decitabine and vorinostat combination led to unacceptable toxicities in B-ALL                                                                                                                              |
|                  | Garcia-Manero et al. (2024) [156] | USA         | Phase III trial  | Vorinostat (SAHA)     | Chemotherapy (cytarabine)                                                                                                           | AML              | High-dose Cytarabine during the induction therapy will not improve the AML clinical outcomes, regardless of the combination with Vorinostat                                                                |
|                  | DeAngelo et al. (2019) [157]      | USA         | Phase I trial    | Panobinostat (LBH589) | Chemotherapy (idarubicin, cytarabine)                                                                                               | AML              | An ORR of 60.9% with 43.5% CR and 78.3% EFS was observed                                                                                                                                                   |
|                  | Goldberg et al. (2020) [158]      | USA         | Phase I trial    | Panobinostat (LBH589) | Chemotherapy (unspecified)                                                                                                          | AML, ALL, NHL    | Panobinostat was tolerated in heavily pretreated pediatric subjects. Gastrointestinal effects were observed in this study. There were no cardiac findings. There were no responses                         |
|                  | Wieduwilt et al. (2019) [159]     | USA         | Phase I trial    | Panobinostat (LBH589) | Chemotherapy (7 + 3)                                                                                                                | AML              | The combination of Panobinostat with the chemotherapy was well-tolerated, with a CR/CRi rate of 32%                                                                                                        |
|                  | Perez et al. (2021) [160]         | USA         | Phase II trial   | Panobinostat (LBH589) | Chemotherapy (myeloablative/reduced intensity of busulfan, melphalan, and fludarabine)<br>Tacrolimus/sirolimus for GVHD prophylaxis | ALL, AML, MDS    | Panobinostat combined with standard GVHD prophylaxis resulted in a low cumulative incidence of clinically significant acute GVHD, without major adverse events, making it a safe and feasible intervention |
|                  | Gimsing et al. (2008) [161]       | Denmark     | Phase I trial    | Belinostat (PXD101)   | Chemotherapy, radiation therapy (unspecified)                                                                                       | CLL, MM, NHL     | Belinostat is well-tolerated in patients with hematological malignancies                                                                                                                                   |
|                  | Shafer et al. (2023) [162]        | USA         | Phase I trial    | Belinostat (PXD101)   | Adavosertib                                                                                                                         | AML, MDS         | Coadministration of belinostat and Adavosertib is safe and feasible, but no significant clinical improvement was observed among patients                                                                   |
|                  | Holkova et al. (2021) [163]       | USA         | Phase I trial    | Belinostat (PXD101)   | Bortezomib                                                                                                                          | AML, MDS         | Coadministration of belinostat and bortezomib is safe and feasible, but shows limited activity in leukemic patients                                                                                        |
|                  | Kirschbaum et al. (2014) [164]    | USA         | Phase II trial   | Belinostat (PXD101)   | –                                                                                                                                   | AML              | No CR was observed among the patients, and belinostat monotherapy minimally affects AML                                                                                                                    |
|                  | Garcia-Manero et al. (2024) [165] | Multicenter | Phase II trial   | Pracinostat (SB939)   | Azacitidine                                                                                                                         | AML              | Lack of clinical response was observed, with no significant difference reflected by adding pracinostat to the treatment protocol                                                                           |

**Table 2** (continued)

| HDAC class      | Author (year)                     | Country   | Trial design     | Candidate                     | Combination therapy                                           | Leukemia subtype         | Clinical outcomes                                                                                                                                                                                                         |
|-----------------|-----------------------------------|-----------|------------------|-------------------------------|---------------------------------------------------------------|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Cyclic peptides | Holkova et al. (2017) [166]       | USA       | Phase I trial    | Romidepsin (FK228)            | Bortezomib                                                    | CLL/SLL, BCL, PTCL, CTCL | PR and stable disease was observed among 12.2% and 44.4% of patients, respectively. Grade III fatigue, N/V, and chills were the observed dose-limiting toxicities                                                         |
|                 | Chiappella et al. (2023) [167]    | Italy     | Phase Ib/II      | Romidepsin (FK228)            | Chemotherapy (CHOEP), SCT                                     | PTCL                     | No unexpected toxicities were recorded, with an ORR of 71% and CR of 62%. Romidepsin and CHOEP combination therapy did not improve the PFS of untreated patients; however, the primary endpoint of this study was not met |
| Benzamides      | Harrison et al. (2011) [168]      | Australia | Phase I/II trial | Romidepsin (FK228)            | Bortezomib and dexamethasone                                  | MM                       | With a 72% OR, combination therapy of romidepsin with bortezomib/dexamethasone shows significant anticancer properties with manageable toxicity                                                                           |
|                 | Niesvizky et al. (2011) [169]     | USA       | Phase II trial   | Romidepsin (FK228)            | Chemotherapy, radiation therapy (unspecified)                 | MM                       | Monotherapy of romidepsin is unlikely to result in a significant objective response in refractory MM                                                                                                                      |
|                 | Wang et al. (2020) [170]          | China     | Phase I/II trial | Chidamide (CS055/HBI-8000)    | Chemotherapy (DCAG)                                           | AML                      | The combination of chidamide and DCAG was well-tolerated and effective in relapsed/refractory AML                                                                                                                         |
|                 | Wei et al. (2023) [171]           | China     | Phase II trial   | Chidamide (CS055/HBI-8000)    | Chemotherapy (CAG), DLI                                       | AML, MDS                 | With a 45% CR, 5% PR, and median OS of 19 months, the combination of chidamide with CAG and DLI is superior for post-allo-HSCT AML/MDS patients                                                                           |
|                 | Shi et al. (2017) [172]           | China     | Phase Ib trial   | Chidamide (CS055/HBI-8000)    | Chemotherapy (CHOP-like regimens, platin-containing regimens) | TCL                      | Median PFS was 129 vs 152 for monotherapy against combination therapy. With a 51.18% ORR, chidamide has a suitable efficacy and safety profile, and could be potentially used for refractory and relapsed PTCL patients   |
|                 | Carraway et al. (2021) [173]      | USA       | Phase I trial    | Entinostat (SNDX-275, MS-275) | Chemotherapy (Clofarabine)                                    | ALL, ABL                 | The combination of entinostat with clofarabine is tolerable and effective. The impact of this combination on relapsed/refractory patients seems to be inferior to the newly diagnosed                                     |
|                 | Bewersdorf et al. (2024) [174]    | USA       | Phase Ib trial   | Entinostat (SNDX-275, MS-275) | Immunotherapy (Pembrolizumab)                                 | AML, MDS                 | Coadministration of entinostat and pembrolizumab was related to limited clinical efficacy despite significant toxicity                                                                                                    |
|                 | Garcia-Manero et al. (2008) [175] | USA       | Phase I trial    | Mocetinostat (MGCD0103)       | –                                                             | AML, MDS                 | Mocetinostat monotherapy was proven safe and effective                                                                                                                                                                    |
|                 | Blum et al. (2009) [176]          | USA       | Phase II trial   | Mocetinostat (MGCD0103)       | Rituximab                                                     | CLL                      | Mocetinostat monotherapy and combination therapy were safe. Number of patients in each intervention group is way too small to draw any conclusion on effectiveness                                                        |

Table 2 (continued)

| HDAC class                       | Author (year)               | Country | Trial design    | Candidate     | Combination therapy                         | Leukemia subtype | Clinical outcomes                                                                                                   |
|----------------------------------|-----------------------------|---------|-----------------|---------------|---------------------------------------------|------------------|---------------------------------------------------------------------------------------------------------------------|
| Short branched-chain fatty acids | Lübbert et al. (2020) [177] | Germany | Phase II trial  | Valproic acid | Chemotherapy (Decitabine, ATRA)             | AML              | No significant superiority of OS was observed in patients receiving valproate                                       |
|                                  | Becker et al. (2021) [178]  | Germany | Phase II trial  | Valproic acid | Chemotherapy (Decitabine, ATRA)             | AML              | Valproic acid did not affect the ORR in the study groups                                                            |
|                                  | Tassara et al. (2014) [179] | Germany | Phase III trial | Valproic acid | Chemotherapy (Idarubicin, cytarabine, ATRA) | AML              | RFS was improved in patients receiving valproic acid; however, no significant difference was observed in EFS and OS |

*ABL* Acute biphenotypic leukemia, *ALL* acute lymphoblastic leukemia, *AML* acute myeloid leukemia, *ATRA* all-trans retinoic acid, *B-ALL* B-cell acute lymphoblastic leukemia, *BCL* B-cell lymphoma, *CAG* cytarabine, adarubicin, *GCSF* cyclophosphamide, doxorubicin, vincristine, prednisone, etoposide, *CHOP* cyclophosphamide, doxorubicin, vincristine, and prednisolone, *CLL* chronic lymphocytic leukemia, *CloFluBu* clofarabine, fludarabine, busulfan, *CML* chronic myelocytic leukemia, *CR/CR1* Complete response/incomplete count recovery rate, *CR* complete remission, *CTCL* cutaneous T-cell lymphoma, *DCAG* decitabine, cytarabine, aclarubicin, *GCSF*, *DLI* donor lymphocyte infusion, *EFS* event-free survival, *FLAG* fludarabine, cytarabine and *GCSF*, *GCSF* granulocyte colony-stimulating factor, *GDP* gemcitabine, dexamethasone and cisplatin, *GVHD* graft-versus-host disease, *HCT* hematopoietic cell transplantation, *HDAC* histone deacetylase, *HSCT* hematopoietic stem cell transplantation, *ICE* idarubicin, cytarabine, etoposide, *MDS* myelodysplastic syndrome, *MM* multiple myeloma, *N/V* nausea and vomiting, *NHL* non-Hodgkin lymphoma, *OR* overall response rate, *ORR* overall response rate, *PFS* progression-free survival, *PR* partial remission, *PTCL* peripheral T-cell lymphoma, *RFS* relapse-free survival, *SAHA* suberoylanilide hydroxamic acid, *SCT* stem cell transplantation, *SL* small lymphocytic lymphoma, *TCL* T cell lymphoma, *VAD* vincristine, doxorubicin, dexamethasone

### **Panobinostat**

Panobinostat (LBH589) inhibits class I, II, and IV HDAC enzymes, which results in a more robust increase in histone acetylation compared to other HDAC inhibitors [15, 70]. This extensive hyper-acetylation disrupts many cellular processes in cancer cells, including gene expression, cell cycle progression, and survival pathways. Initially approved for multiple myeloma (MM) in 2015, panobinostat has demonstrated significant potential in preclinical studies for the treatment of ALL [71–73]. It has been shown to induce apoptosis and enhance the efficacy of other therapeutic agents like bortezomib through synergistic mechanisms in leukemic cells [74]. Furthermore, panobinostat has been involved in clinical trials aimed at evaluating its effectiveness in overcoming drug resistance and preventing disease relapse in leukemia patients [75].

### **Chidamide**

Chidamide, also known as CS055/HBI-8000, is a novel benzamide class HDACi that has shown promising activity in preclinical models and clinical trials for the treatment of leukemia [76, 77]. Chidamide selectively inhibits class I HDACs (HDAC1, 2, 3, and 10), leading to increased histone acetylation and modulation of gene expression [78, 79]. Chidamide has demonstrated anti-leukemic activity in preclinical and clinical studies, particularly in patients with relapsed or refractory disease [80, 81]. Combination therapy strategies, administering chidamide along with chemotherapy agents or targeted therapies, are being explored to enhance therapeutic efficacy and overcome drug resistance.

### **Entinostat**

Entinostat, (MS-275, SNDX-275), is a synthetic benzamide derivative that selectively inhibits class I HDAC [82]. Preclinical studies have demonstrated the ability of entinostat in the induction of cell cycle arrest and expression of pro-apoptotic proteins in leukemic cells [83]. Recent clinical trials evaluating entinostat as monotherapy or in combination with other agents have shown promising results in leukemia patients, including those with AML and chronic lymphocytic leukemia (CLL) [84, 85]. Combining entinostat with hypomethylating agents such as azacitidine has been extensively studied as a potential treatment regimen for leukemia patients [85, 86].

### **Mocetinostat**

Mocetinostat (MGCD0103) is a highly selective inhibitor of class I and IV HDAC isoforms that has demonstrated preclinical activity against leukemia cells [87, 88]. Mocetinostat also establishes antileukemic effects through the

induction of apoptosis, cell cycle arrest, and modulation of gene expression. Clinical studies of mocetinostat in the treatment of leukemia are still ongoing, and the results are indefinite to date.

### **Givinostat**

Givinostat (ITF2357) is a hydroxamic acid derivative inhibiting class I and IIb HDAC isoforms [89]. Givinostat has demonstrated preclinical activity in leukemia models, including the induction of apoptosis and differentiation of leukemic cells [90, 91]. Clinical studies investigating givinostat in leukemia patients, particularly those with AML and myelodysplastic syndromes (MDS), are ongoing, evaluating the patients' hematologic responses and improvements in disease-related symptoms.

### **Other candidates**

Several other candidates are being studied preclinically, including fimepinostat (CUDC-907), ivaltinostat (CG-200745), and CUDC-101, which are chiefly studied for solid tumors, but also considered for relapsed/refractory hematologic malignancies [42, 92–94].

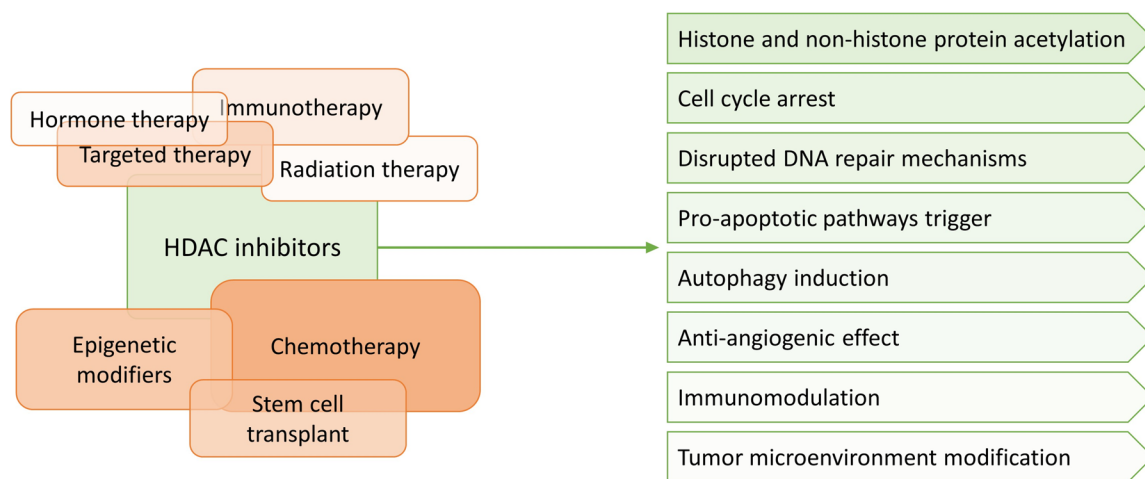
### **Repurposed agents**

Due to the heterogenic spectrum of HDAC classes, the development of novel HDAC-targeting agents has been challenging, which has led to frequent endeavors to repurpose the currently available drugs [95, 96]. Trichostatin A is an antibiotic antifungal agent with specific class I and II HDAC inhibitory properties, which has also demonstrated significant anti-leukemic effects in preclinical studies [97–99]. Apicidin is another fungal metabolite with HDAC inhibitory properties, which has been proven to induce pro-apoptotic activities in hematological malignancies [100, 101].

In addition, some distant agents, such as valproic acid—which is primarily used as an antiepileptic medication—have also shown HDAC inhibitory activities [102, 103], which, although might not be a primary choice of cancer treatment, have demonstrated strong evidence for positive antileukemic effects in combination with novel and conventional cancer therapies [104].

### **Combination therapies**

Several studies have proposed therapeutic regimens of HDAC inhibitors combined with other treatment modalities in order to overcome resistance, minimize off-target effects, and increase the clinical efficacy for the treatment of leukemia subtypes [105]. As displayed in Fig. 1, these combination regimens can synergistically enhance antitumor effects and improve patient outcomes. Several combination protocols are being studied, the main of which being:



**Fig. 1** HDAC inhibitors exhibit antileukemic effects, either as monotherapy or in combination with other treatment modalities

### Combination with chemotherapeutic agents

Combining HDAC inhibitors with conventional cytotoxic chemotherapy agents is a rational approach to enhance tumor cell destruction and overcome chemotherapy resistance [106]. Preclinical studies have demonstrated synergistic interactions between HDAC inhibitors and agents, such as cytarabine, doxorubicin, and vincristine in leukemia models, leading to activation of pro-apoptosis pathway and cell cycle arrest in leukemic cells [107]. Clinical trials evaluating the combination of HDAC inhibitors with chemotherapy regimens in leukemia patients have shown promising results, including improved response rates and survival outcomes, mostly with acceptable toxicity levels (Table 2).

### Combination with immunotherapy

HDAC inhibitors can modulate the tumor microenvironment, enhance antigen presentation, and promote anti-tumor immune responses [108–110]. Previous studies suggested a significant synergistic effect for the coadministration of HDAC inhibitors and immunomodulating agents in solid tumors, with potentially high levels of toxicity [111]. However, the studies on hematological malignancies are still indefinite. Considering the rapidly evolving landscape of cancer immunotherapy, further studies are required to determine the effectiveness and safety of these combinations, particularly in treatment regimens involving immune checkpoint inhibitors and tumor microenvironment components, such as myeloid-derived suppressor cells (MDSCs) and tumor-associated macrophages (TAMs) [112, 113].

### Combination with targeted therapies

Combining HDAC inhibitors with tyrosine kinase inhibitors (TKIs) targeting aberrant signaling pathways such as FLT3, BCR–ABL, or JAK–STAT has shown promise in preclinical models of leukemia, leading to enhanced apoptosis and inhibition of leukemic cell proliferation [114–116]. Gilteritinib, midostaurin, sorafenib, and quizartinib are among the most common FLT3-inhibiting agents combined with HDAC inhibitors for leukemia treatment [117, 118].

### Combination with radiation therapy

In general, radiation therapy is not the primary treatment strategy for leukemia. However, combining HDAC inhibitors with radiation therapy has the potential to enhance the efficacy of palliative radiotherapy and overcome tumor resistance mechanisms in the treatment of leukemia metastases. The rationale behind this combination lies in the ability of HDAC inhibitors to modulate chromatin structure, sensitize tumor cells to radiation-induced DNA damage, and promote apoptotic cell death [119]. HDAC inhibitors alter the chromatin structure and DNA repair mechanisms, leading to increased sensitivity of metastatic cells to ionizing radiation-induced DNA damage (radiosensitization), thereby enhancing the cytotoxic effects of radiation therapy [120]. In addition, HDAC inhibitors induce apoptosis through multiple mechanisms, which synergize with radiation-induced apoptosis. Moreover, the anti-angiogenesis effects of HDAC inhibitors enhance the efficacy of radiation therapy by reducing tumor blood supply and oxygenation to metastatic tumor cells [121]. However, the current

**Table 3** Ongoing trials on the safety and effectiveness of histone deacetylase (HDAC) inhibitors in treatment of leukemia (clinicaltrials.gov)

| Trial ID                | Country        | Study design                               | Study population                                                                                                                      | Interventions                                                                                                                                                                                                                                                                                                                                                               |
|-------------------------|----------------|--------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| NCT03843528             | USA            | Dose-finding phase I trial                 | Children (< 21) undergoing allogeneic HCT for Myeloid Malignancies (AML, MDS, JMML, MPAL)                                             | Vorinostat in combination with low-dose azacitidine                                                                                                                                                                                                                                                                                                                         |
| NCT00392353             | USA            | Phase I/II trial                           | Adult patients with MDS or AML                                                                                                        | Vorinostat, in combination with 5AC                                                                                                                                                                                                                                                                                                                                         |
| NCT03842696             | USA            | Phase I/II multicenter trial               | Children, adolescents, and young adults undergoing allogeneic BMT (GVHD prophylaxis)                                                  | Vorinostat and tacrolimus (or cyclosporine), methotrexate, MMF, cyclophosphamide                                                                                                                                                                                                                                                                                            |
| NCT05317403             | USA            | Phase I trial                              | Pediatric and young adult patients relapsed and refractory AML                                                                        | Vorinostat, venetoclax, and 5AC, in addition to cytarabine, fludarabine, and fligrastrim                                                                                                                                                                                                                                                                                    |
| NCT01522976             | USA, Canada    | Randomized phase II/III trial              | Higher-risk MDS and CMML adult patients                                                                                               | 5AC alone or in combination with lenalidomide or vorinostat                                                                                                                                                                                                                                                                                                                 |
| NCT02386800             | International  | Open-label, multicenter, phase IV trial    | Adult/pediatric patients with prior completed global Novartis or Incyte-sponsored studies (Myelofibrosis, PV, GVHD, AML, thalassemia) | Panobinostat and ruxolitinib                                                                                                                                                                                                                                                                                                                                                |
| NCT02506959             | USA            | Phase II trial                             | Adult patients with refractory/relapsed Myeloma                                                                                       | Panobinostat with high-dose gemcitabine/busulfan/melphalan with ASCT                                                                                                                                                                                                                                                                                                        |
| NCT03772925             | USA            | Multicenter phase I trial                  | Relapsed/refractory AML/MDS adult patients                                                                                            | Pevonedistat and belinostat                                                                                                                                                                                                                                                                                                                                                 |
| NCT02737046             | USA            | Phase II trial                             | Adult patients with ATL                                                                                                               | Belinostat in combination with zidovudine, interferon- $\alpha$ -2b, pegylated interferon- $\alpha$                                                                                                                                                                                                                                                                         |
| NCT02787369             | USA            | Phase Ib trial                             | Adult patients with relapsed CLL                                                                                                      | Ricolinostat (ACY-1215), in combination with ibrutinib and idelalisib                                                                                                                                                                                                                                                                                                       |
| NCT01638533             | USA, Canada    | Phase I trial                              | Adult patients with lymphomas, CLL, and selected solid tumors                                                                         | Romidepsin                                                                                                                                                                                                                                                                                                                                                                  |
| NCT03564470             | China          | Open-label, multicenter phase II/III trial | Adult Ph-like ALL patients                                                                                                            | Chidamide and dasatinib                                                                                                                                                                                                                                                                                                                                                     |
| NCT05881265             | China          | Multicenter phase II trial                 | Patients with ATRA- and Arsenic-resistant APL                                                                                         | Chidamide and venetoclax                                                                                                                                                                                                                                                                                                                                                    |
| NCT06220487             | China          | Open-label single-arm phase II trial       | Patients with newly diagnosed Philadelphia chromosome-positive ALL                                                                    | Chidamide with prednisone, olverembatinib, and blinatumomab                                                                                                                                                                                                                                                                                                                 |
| NCT01305499             | USA            | Randomized phase II trial                  | Elderly patients with AML                                                                                                             | Entinostat, in combination with 5AC                                                                                                                                                                                                                                                                                                                                         |
| NCT02553460 (TINI I)    | USA, Canada    | Phase I/II trial                           | Infants with ALL                                                                                                                      | Total therapy (vorinostat, ITMHA, dexamethasone, mitoxantrone, pegaspargase, asparaginase erwinia, chrysanthemi, bortezomib, cyclophosphamide, mercaptopurine, methotrexate, leucovorin calcium, cytarabine, etoposide, vincristine)                                                                                                                                        |
| NCT05848687 (TINI II)   | USA            | Phase I/II trial                           | Infants with ALL                                                                                                                      | Total therapy (vorinostat, with dexamethasone, mitoxantrone, PEG asparaginase, bortezomib, mercaptopurine, methotrexate, blinatumomab, and ziftomenib)                                                                                                                                                                                                                      |
| NCT03117751 (TINI XVII) | USA, Australia | Phase I/II trial                           | Infants with ALL                                                                                                                      | Total therapy (vorinostat, prednisone, vincristine, daunorubicin, pegaspargase, erwinase®, cyclophosphamide, cytarabine, mercaptopurine, dasatinib, methotrexate, blinatumomab, ruxolitinib, bortezomib, dexamethasone, doxorubicin, etoposide, clofarabine, idarubicin, nelarabine, thioguanine, asparaginase erwinia chrysanthemi (recombinant)-rywn, calaspargase pegol) |

5AC 5-Azacitidine, ALL acute lymphoblastic leukemia, AML acute myeloid leukemia, APL acute promyelocytic leukemia, ASCT autologous stem cell transplant, ATL adult T-cell leukemia/lymphoma, ATRA all-trans retinoic acid, BMT blood and marrow transplantation, CML chronic myelocytic leukemia, CMML chronic myelomonocytic leukemia, GVHD graft versus host disease, HCT hematopoietic cell transplantation, ITMHA intrathecal methotrexate, hydrocortisone, and cytarabine, JMML juvenile myelomonocytic leukemia, MDS myelodysplastic syndrome, MMF mycophenolate mofetil, MPAL mixed-phenotype acute leukemia, Ph-like Philadelphia chromosome-like, PV polycythemia vera

evidence regarding the clinical applicability of this combination strategy is limited.

#### **Combination with other epigenetic modifiers**

Combining HDAC inhibitors with other epigenetic modifiers, such as DNA methyltransferase (DNMT) inhibitors or bromodomain and extra-terminal (BET) protein inhibitors, could modulate multiple layers of epigenetic regulation and achieve synergistic antitumor effects [122–124].

DNMT inhibiting azacitidine and decitabine are among the common hypomethylating agents, recommended for leukemia combination therapy with HDAC inhibitors [125]. A recent preclinical study has demonstrated that combining decitabine and HDAC inhibition resulted in significant downregulation of both oncogenes and the epigenetic modifiers often overexpressed in leukemia [126]. Preclinical studies have also confirmed that combining HDAC inhibitors with DNMT inhibiting agents or BET inhibitors could lead to an enhanced reprogramming of gene expression, induction of differentiation, and inhibition of leukemic cell proliferation [127, 128]. Clinical trials investigating the combination of HDAC inhibitors with epigenetic modifiers in leukemia patients are still ongoing, aiming to assess safety, efficacy, and potential biomarkers of response.

#### **Ongoing research**

Several trials are currently ongoing to determine the effectiveness and safety of HDAC inhibitors in the treatment of leukemia. Most of the ongoing studies focus on adding HDAC inhibitors as an arm of a combined protocol for treating leukemia [129, 130]. Table 3 summarizes the ongoing trials of HDAC inhibitors monotherapy and combination therapy for leukemia treatment.

#### **Future directions**

Future research endeavors regarding the potential of HDAC inhibitors in the treatment of leukemia should address the following issues:

- **Combination therapies:** The synergistic effects of HDAC inhibitors with available novel and conventional cancer therapies, including other targeted agents, chemotherapy, and immunotherapy, in order to improve efficacy and minimize resistance.
- **Biomarker identification:** Identifying predictive biomarkers for response to HDAC inhibitor therapy, in order to select leukemia patients who are most likely to benefit from HDAC inhibitor therapy and monitoring treatment response.
- **Epigenetic profiling:** Utilizing epigenetic profiling to stratify leukemia patients based on their epigenetic

signatures and tailor treatment approaches accordingly.

- **Developing next-generation HDAC inhibitors:** Designing selective HDAC inhibitors with improved potency, pharmacokinetics, and safety profiles to overcome limitations associated with current agents.
- **Immunomodulatory effects:** Exploring the immunomodulatory effects of HDAC inhibitors, including their impact on the tumor microenvironment and immune checkpoint regulation, to enhance antileukemic immune responses.

#### **Conclusion**

Histone deacetylase inhibitors represent a promising therapeutic strategy for different leukemia subtypes by targeting epigenetic dysregulation implicated in leukemogenesis. While significant progress has been made in understanding their mechanisms of action and clinical efficacy, challenges such as drug resistance and life-limiting side effects still persist. Ongoing research efforts focused on combination therapies, biomarker identification, and next-generation HDAC inhibitors hold promise for improving outcomes in patients with hematological malignancies.

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MSH: Conceptualization, data curation, visualization, writing—original draft. ZS: data curation, writing—review & editing. MAA: data curation, writing—original draft. YVG: data curation, writing—original draft. MA: visualization, writing—review & editing.

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#### **Ethics approval and consent to participate**

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#### **Consent for publication**

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#### **Competing interests**

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