Outcomes of Breast Cancer Patients Treated with Chemotherapy, Biologic Therapy, Endocrine Therapy, or Active Surveillance During the COVID-19 Pandemic

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Abstract

Purpose: Provide real-world data regarding the risk for SARS-CoV-2 infection and mortality in breast cancer (BC) patients on active cancer treatment.

Methods: Clinical data were abstracted from the 3778 BC patients seen at a multisite cancer center in New York between February 1, 2020 and May 1, 2020, including patient demographics, tumor histology, cancer treatment, and SARS-CoV-2 testing results. Incidence of SARS-CoV-2 infection by treatment type (chemotherapy [CT] vs endocrine and/or HER2 directed therapy [E/H]) was compared by Inverse Probability of Treatment Weighting. In those diagnosed with SARS-CoV-2 infection, Mann–Whitney test was used to a assess risk factors for severe disease and mortality.

Results: Three thousand sixty-two patients met study inclusion criteria with 641 patients tested for SARS-COV-2 by RT-PCR or serology. Overall, 64 patients (2.1%) were diagnosed with SARS-CoV-2 infection by either serology, RT-PCR, or documented clinical diagnosis. Comparing matched patients who received chemotherapy (n = 379) with those who received non-cytotoxic therapies (n = 2343) the incidence of SARS-CoV-2 did not differ between treatment groups (weighted risk; 3.5% CT vs 2.7% E/H, P = .523). Twenty-seven patients (0.9%) expired over follow-up, with 10 deaths attributed to SARS-CoV-2 infection. Chemotherapy was not associated with increased risk for death following SARS-CoV-2 infection (weighted risk; 0.7% CT vs 0.1% E/H, P = .246). Advanced disease (stage IV), age, BMI, and Charlson's Comorbidity Index score were associated with increased mortality following SARS-CoV-2 infection ($P \le .05$).

Conclusion: BC treatment, including chemotherapy, can be safely administered in the context of enhanced infectious precautions, and should not be withheld particularly when given for curative intent.

Key words: breast cancer; COVID-19; SARS-CoV-2; cancer treatment.

Implications for Practice

Worldwide the SARS-CoV-2 pandemic has resulted in delays in the diagnosis and treatment of cancer patients due, in part, to concerns for potential treatment-related immunosuppression. Observational studies published early in the pandemic reported higher morbidity and mortality rates from SARS-CoV-2 infection in cancer patients; however, these studies provide insufficient cancer-related demographic and treatment detail to inform clinical practice. In this mixed urban/suburban study cohort, we observed low rates of SARS-CoV-2 infection and mortality in BC patients on active therapy, including cytotoxic chemotherapy, when administered in the context of enhanced infection precautions. Given the observed efficacy of infection prevention measures in this population, in general, clinicians should exercise caution when considering withholding or substantively modifying evidence-based therapy particularly in the curative setting. Additionally, these findings are informative to physicians when counseling their patients on the safety of receiving BC treatment during the SARS-CoV-2 pandemic.

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Background

The SARS-CoV-2 virus has critically impacted the United States' healthcare system and resulted in significant disruption to the provision of cancer care with one analysis projecting greater than 30 000 excess deaths due to diagnostic delays and treatment interruption.¹⁻⁵

For early-stage high-risk estrogen-receptor positive, HER2positive, or triple-negative breast cancer (BC), chemotherapy increases the probability of cure when given in neoadjuvant or adjuvant setting.⁶ In a survey of patients with BC taken during the SARS-CoV-2 pandemic, approximately 50% reported delays in treatments, with 32% specifically citing delays in infusion therapy.⁷

While initial observational studies reported high mortality rates in cancer patients following SARS-CoV-2 infection, particularly following receipt of chemotherapy, other studies have not consistently confirmed this observation.⁸⁻¹⁴ Until recently, the majority of analyses provided minimal patient-level data, preventing identification of cancer-specific risk factors which may account for the adverse outcomes observed.⁸⁻¹⁴ Although cytotoxic chemotherapy is potentially immunosuppressive, the clinical relevance may vary between tumor types due to differences in agents, dose administered and immunosuppression due to underlying disease.¹⁵ Furthermore, for some malignancies, optimal cancer treatment may have included concurrent administration of other therapies capable of augmenting the immunosuppressive effect of cytotoxic treatment.^{16,17}

Recently, data derived from newly established COVIDera registries dedicated to assessing the impact of SARS-CoV-2 on cancer specific outcomes have indicated that the pandemic has differentially affected patients with different tumor types.¹⁸⁻²⁰ These series support early observations, that patients with hematologic and thoracic malignancy are at particularly high risk for hospitalization and death following SARS-CoV-2 infection.^{10,18,21,22} Subsequently several disease-specific patient series, including the TERAVOLT analysis for thoracic malignancies, have provided the greatest resolution on clinical outcomes in this subset of cancer patients.^{21,23} While data remain discordant regarding the additional risk for infection from SARS-CoV-2 with chemotherapy, patients with active metastatic disease appear to be at greatest risk for poor outcomes potentially due to concurrent immune dysfunction which accompanies disease progression.18,20,21

Despite the high prevalence of BC, few studies have focused specifically on BC patients. Compared with other tumor histologies, historically, patients with BC had low infection andmortality rates with prior viral outbreaks. Between 1998 and 2001 in the United States, patients with prostate cancer and lung cancer had a 5.5-fold and 11-fold higher hospital mortality rate from influenza compared with BC patients.¹⁵ BC patients accounted for only 2% of cancer patients admitted for influenza during the time period. However, BC is a heterogenous group, and anti-neoplastic therapies have changed significantly over the past decade. Assuming similar outcomes in the context of a pandemic due to a novel virus and new anti-neoplastic therapies may not be accurate.

While limited data are available regarding risk for infection and complication from SARS-CoV-2 in BC patients, one European series suggests BC patients may fare similarly to prior viral outbreaks, reporting only 59 confirmed infections in over 15 000 patients treated during the early pandemic period.²⁴ While this data set is reassuring, testing rates were very low and cancer-specific data and treatment data were only provided for the small group of BC patients diagnosed with SARS-CoV-2, preventing assessment of clinical risk factors for infection. Despite evidence that supports variable immunity to SARS-CoV-2 within population, nearly all published and presented series which include BC cancer patients focus on risk factors for poor outcomes following infection with SARS-CoV-2, as compared to assessing risk factors for SARS-CoV-2 infection.²⁴⁻²⁸

With the trajectory and duration of the pandemic uncertain, oncology providers must be prepared to counsel patients on the safety of receiving treatment while SARS-CoV-2 remains an active pathogen. In the absence of randomized trials, real-world data sets are required to inform clinical decision making. This observational study assesses both incidence and complications of SARS-CoV-2 infection in BC patients who received care at an academic cancer center in New York during the peak of the SARS-CoV-2 pandemic. This study endeavors to address the knowledge deficit regarding the risk of anti-cancer therapies in this population by comparing the incidence and complications of SARS-CoV-2 in patients treated with cytotoxic chemotherapy (CT) versus non-cytotoxic therapies (endocrine therapy, HER-2 therapy, targeted therapies, E/H).

Methods

This study is an observational analysis of patients treated for BC at Perlmutter Cancer Center (PCC) at NYU Langone Health. Patients were included in the study if they carried a diagnosis of BC and underwent clinical evaluation, with a telemedicine or in-person encounter on at least one occasion between February 1, 2020 and May 1, 2020 documented in the EMR. All patients were cared for at Manhattan (PCC Manhattan), Brooklyn (PCC Midwood, PCC Sunset Park) or Long Island (PCC Long Island) locations. Hospitalization data were captured from physician documentation and admission records from NYU Langone Health Hospitals (NYU Langone Medical Center, NYU Langone Hospital - Brooklyn, NYU Langone Hospital-Long Island). All patients, seen on-site, underwent symptom assessment and temperature checks prior to entry to cancer center sites, and subsequently were required to wear masks throughout treatment.

Clinical data were abstracted from the electronic health record (Epic Systems, Verona, WI) as well as Perlmutter Cancer Center Data Hub and the NYU Langone Health SARS-CoV-2 Data Mart which includes data from outpatient and inpatient visits in the health system. A physician team (D.M., N.D., N.B., J.K., M.W., A.D., and A.R.) confirmed patient demographics, oncologic treatment history including active treatment course, SARS-CoV-2 status, and clinical status at date of last follow-up. Approximately 800 charts were manually reviewed by the physician team to ensure accuracy, including all SARS-CoV-2 positive patients were reviewed manually. Non-NYU hospitalizations were captured if noted in provider documentation. Patients were classified as positive for SARS-CoV-2 infection if patients either had a positive PCR and/or serology assay or clinician documentation noting symptoms suspicious or consistent with SARS-CoV-2 disease. Staging data were retrieved from the cancer staging field in EMR or abstracted from notes using Natural Language Processing, when not available. Cause of death was determined by physician review of EMR records. Any patient diagnosed with SARS-CoV-2, who died during the follow up period, was considered a death due to SARS-CoV-2 regardless of proximate cause of death. Other causes of death, such as progression of disease were also noted when possible. In cases where cause of death was unknown, this was annotated.

SARS-CoV-2 testing was performed by the New York City Department of Health and Mental Hygiene, until March 16, 2020 when testing was performed exclusively in NYU Langone Health clinical laboratories either by Roche SARS-CoV-2 assay in Cobas 6800 instruments or by SARS-CoV-2 Xpert Xpress assay with the Cepheid Gene Xpert instruments both under Emergency Use Authorization by the FDA as previously described.¹³ Serology testing was performed by Abbott ELISA assay.

The primary endpoint of the study was to define the incidence of SARS-CoV-2 infection by anti-cancer treatment type with either cytotoxic chemotherapy (CT) or non-cytotoxic therapy (E/H). Secondary outcomes included differences in incidence of SARS-CoV-2 infection by specific treatment agent as well as patients not on treatment (NT). Additionally, as a secondary outcome, we compared clinical outcomes (severe illness requiring hospitalization, death) from SARS-CoV-2 disease between groups. Descriptive statistics were used to describe the overall population and subpopulations of different treatment groups. Marginal risk of SARS-CoV-2 infection by treatment group was assessed by Inverse Probability of Treatment Weighting. Associations between cancer-specific factors and previously identified medical comorbidities on the incidence of SARS-CoV-2 infection and death or hospitalization from SARS-CoV-2 disease were assessed by Mann-Whitney test. Anti-neoplastic therapies were defined as either cytotoxic chemotherapy or non-cytotoxic therapy which included endocrine therapy, HER-2 directed therapy, immunotherapy or other targeted therapies. Patients were classified as positive for SARS-CoV-2 if patient either had a positive PCR and/or serology assay or clinician documentation of SARS-CoV-2 disease Patients with congenital or acquired immunodeficiency, who received chemotherapy within 6-month prior to study were excluded given concerns for residual immunosuppression. Patients with inadequate documentation to determine disease or treatment status were also excluded. Study analysis was approved by the NYU School of Medicine Institutional Review Board.

Results

Three thousand seven hundred and seventy-eight BC patients were seen across Perlmutter Cancer Center at NYU Langone Health sites between February 1, 2020 and May 1, 2020, with 3062 patients meeting criteria for inclusion in this study. The cohort comprised 3039 women (99.2%) and 23 men (0.8%) with mean age of 62 (23-104 years). The majority of patients had early-stage disease (stage I-III, 89.3%) versus advanced disease (stage IV, 10.3%). Patient population self-identified as Caucasian (n = 1925, 63%), Black (n = 303, 10%), Asian (n = 198, 6.5%), Hispanic (n = 18, 0.6%), and other/unknown (n = 618, 20%). In terms of anti-cancer therapy, 379 patients were included in CT group, 2343 patients in E/H group and 340 patients in NT group. Patient demographics

and oncologic history including cancer stage and receptor subtype are shown by treatment group for CT versus E/H cohorts (Table 1).

Eight hundred and seventy-eight SARS-CoV-2 tests (PCR + Serology) were performed in study cohort during data collection period, with 641 (20.9%) patients tested by either PCR or serology. By treatment group 207, 379, 55 patients were tested in the CT, E/H and NT groups respectively. In the CT group, 194 patients were tested by PCR and 113 patients underwent antibody testing. In the E/H group, 327 patients were tested by PCR and 170 patients underwent antibody testing.

Chemotherapy not Associated With Increased Risk of SARS-CoV-2 Infection as Compared to Endocrine and/or HER2-directed Therapy

In the study cohort, 64 patients were diagnosed with SARS-CoV-2 infection, with 43 patients in the E/H group, 18 patients in the CT group and 3 patients diagnosed while on active surveillance. Of the 64 patients diagnosed with SARS-CoV-2 infection, 62 patients had positive laboratory testing and 2 were diagnosed by clinical diagnosis alone. Patients who received CT during the study period, did not exhibit higher incidence of SARS-CoV-2 infection, as compared with a matched cohort of E/H patients (weighted risk 3.5% CT vs 2.7% E/H, P = .523, Table 2). No difference in test positivity rates was seen between CT versus E/H, with positivity rate of 8.7% in CT group versus 11.3% in E/H group. Of the 18 patients in CT group diagnosed with SARS-CoV-2 infection, 10 patients were treated with single agent and 8 patients with multi-agent regimens. Single-agent paclitaxel was the most common monotherapy regimen, and CMF the most common multi-agent regimen (Supplementary Table 1). No significant difference in risk for SARS-CoV-2 infection was seen by disease stage comparing patients with early stage (Stage I-III) versus advanced stage disease (Stage IV) (P = .98).

Hospitalization and Mortality Following SARS-COV-2 Infection Was Rare in BC Patients Regardless of Treatment

Patients in the CT group had higher rates of all-cause hospitalization versus E/T group (weighted rate 10.1% vs 3.1%, P = .001) and all-cause mortality risk (weighted rate 2.4% vs 0.5%, P = .029). However, COVID-19-specific mortality did not differ between CT versus E/H groups (weighted rate 0.7% vs 0.1%, P = 0.246).

Of the 27 patients expired, 10 patients expired following SARS-CoV-2 infection, including 4 patients on CT, 2 patients on E/H, and 4 patients in NT groups (Supplementary Table 2). In the E/H and CT groups, progression of disease remained the most common cause of death (n = 10), and was 2 times more likely to be the cause of death than SARS-CoV-2 in the CT group.

Advanced Stage (stage IV) Disease and Established Nononcologic Risk Factors Are Associated With Increased Risk for Death Following SARS-CoV-2 Infection

While receipt of CT versus E/H treatment and disease stage does not appear to increase risk for SARS-CoV-2, metastatic disease was associated with mortality following SARS-CoV-2 infection (P = .019). Additionally, advanced age (mean 73 vs 58, P = .001), higher Charleston Comorbidity Index (6.1 vs

Table 1. Patient demographics by treatment gro	oup
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Demographics	Treatment group (unweighted)						
	CT 379		E/H 2343		SMD ^a		
N							
	Mean	SD/%	Mean	SD/%			
Age (mean [SD])	58.8	12.84	61.9	12.73	0.059		
Male Gender	3	0.8	19	0.8	0.056		
Race (%)					0.159		
Asian	20	5.3	178	7.6			
Black	78	20.6	225	9.6			
Hispanic	2	0.5	16	0.7			
Native American	1	0.3	5	0.2			
Native Hawaiian or Other Pacific Islander	1	0.3	4	0.2			
Other	40	10.6	192	8.2			
Patient Refused	0	0	7	0.3			
Unknown	6	1.6	22	0.9			
White	231	60.9	1694	72.3			
Location (%)					0.044		
Brooklyn	37	9.8	91	3.9			
Manhattan	244	64.4	1664	71			
Long Island	96	25.9	588	25.1			
BMI (mean [SD])	27.44	6.49	23.09	11.61	0.189		
CCI (mean [SD])	5	3.39	3.13	2.58	0.056		
BC Subtype (%)					0.126		
ER-/HER2-	28.6		0.3				
ER-/HER2+	6.6		3.2				
ER+/HER2-	46.4		78.4				
ER+/HER2+	18.4		18.1				

Table includes all patients (unweighted). Weighted/matched analysis performed with Inverse Probability of Treatment Weighting (IPTW). aSMD from post-weighting cohort analyses.

Abbreviations: CT, chemotherapy; E/H, non-cytotoxic/Endocrine/HER2-directed therapy; SMD, standardized mean difference.

Table 2. COVID-19 infection and mortality by treatment group.

	Ν	SARS-CoV-2 infection	Rate	Weighted rates	Risk difference	95% LCI	95% UCI	P value
CT	379	18	4.7%	3.5%	0.8%	-1.7%	3.4%	.523
E/H	2343	43	1.8%	2.7%				
	Ν	Overall mortality ^a						
CT	379	13	3.4%	2.4%	1.9%	0.2%	3.6%	.029
E/H	2343	10	0.4%	0.5%				
	Ν	COVID-19-specfic mortality						
CT	379	4	1.1%	0.7%	0.6%	-0.4%	1.6%	.246
E/H	2343	2	0.1%	0.1%				

Chemotherapy (CT), Non-cytotoxic therapy (E/H).

^aOverall mortality includes patients who expired from progression of disease, nononcologic/non-COVID-19 illness, COVID-19, and from unknown cause.

3.37, P = .014) and greater BMI (33.5 vs 29.2, P = 0.05) were associated with death following SARS-CoV-2 infection in this BC cohort (Table 3).

Discussion

In response to the SARS-CoV-2 pandemic, numerous "expertopinion" guidelines have been released by healthcare systems and oncologic societies which propose modifications to evidence based practice. These guidelines intend to balance an individual patient's risk of progression or recurrence with risk for complications of SARS-CoV-2.^{7,10,29-36} However, significant concerns exist regarding these guidelines, as substantial delays in cancer care delivery have been reported, with 44% of patients in one series, which included high-risk, reporting delays in care.⁷ Initially, these guidelines were developed in Table 3. COVID-19 outcome by demographic characteristics.

N	Alive		Dead		P-value
	54	% or SD	10	% or SD	
Early vs Advanced BC	4	7%	4	40%	.019
Age (mean [SD])	58.29	13.56	73.16	8.33	.001
AgeBand %					.001
[20,44]	6	11%	0	0%	
(44,54]	17	32%	0	0%	
(54,64]	16	30%	1	10%	
(64,74]	11	20%	4	40%	
(74,120]	4	7%	5	50%	
BMI (mean [SD])	29.16	5.81	33.45	8.53	.051
Race (%)					.067
Asian	2	4%	0	0	
Black	15	28%	3	30%	
Hispanic	0	0%	1	10%	
Native Hawaiian or Other Pacific Islander	2	4%	0	0%	
Other	8	15%	0	0%	
Patient Refused	1	2%	0	0%	
Unknown	0	0%	1	10%	
White	26	48%	5	50%	
Charlson Comorbidity Index (mean [SD])	3.37	3.13	6.1	3.14	.014
Charlson Comorbidity Index (median [IQR])	2	(2-7)	7	(3-8)	.006

Early breast cancer (BC) - Stage I, II, III Advanced BC - Stage IV. Bracket symbol indicates outside value, Parenthesis excludes outside value.

the context of limited data and scarce healthcare resources; however, now should be updated to reflect emerging data indicating significant heterogeneity in clinical outcomes following SARS-CoV-2 infection among patients with cancer.¹⁹

Unfortunately, 6 months after the World Health Organization assigned pandemic status to SARS-CoV-2 disaster, the overwhelming majority of publications, across all cancer types, have focused on patient outcomes post-infect ion.^{12,18-21,37-44} This approach has limited identification of the cancer-specific risk factors for SARS-CoV-2 infection and complications.

Several studies observed worse outcomes in cancer patients when diagnosed with SARS-CoV-2 infection, particularly following receipt of antineoplastic therapy, however, until recently, these studies were either small series or present aggregated outcomes from variety of cancer types and treatment history.^{8-10,41,44-49} For high-risk estrogen-receptor positive, HER2-positive, or triple-negative BC, chemotherapy significantly increases the probability of cure when given in neoadjuvant or adjuvant setting.6 In addition to directly impacting cancer-specific outcomes, the pandemic has led to an increase in psychological complaints including fear and anxiety in patients on active treatment.4,39,50-52 This has resulted in reduction in quality of life as well as increased likelihood of patients postponing recommended treatment.4,39,50-55 Studies designed to assess the associations of specific therapies and SARS-CoV-2-infection and complications are required for clinicians to make informed clinical decisions and accurately counsel patients during this pandemic.

In our cohort of 3062 patients with BC treated at an academic cancer center in the locus of the outbreak in the United States, we observed a low rate of SARS-CoV-2 infection. Our findings, are consistent with previously published studies where a very low incidence of SARS-CoV-2 was observed in BC patient cohorts in France and South Korea.^{24,56} In France, only 76 of 15 600 BC patients within the Institute Curie Hospital system tested positive for the SARS-CoV-2 virus during a four month time period surrounding the March 2020 lockdown. However, very limited data are provided regarding extent of clinical evaluation, testing, and oncologic treatment history of the patients in these reported series.^{24,56}

All 379 patients treated with CT during study period were clinically evaluated for signs and symptoms of SARS-CoV-2 and 55% of patients underwent either PCR and/or serologic testing for SARS-CoV-2. Despite this, we did not observe a statistically significant increase risk for infection or mortality from SARS-CoV-2 in patients treated with CT versus E/T. Additionally, in the patients that were subsequently diagnosed with SARS-CoV-2, there was no detectable association with having previously received multiagent versus singleagent chemotherapy. The low infection rate we observed in this BC cohort underscores the heterogeneity of cancer patients with regards to the degree of immunosuppression associated with their specific underlying disease and treatment history. While testing performed early in the pandemic was primarily for diagnostic purposes and therefore inherently underestimates the incidence of asymptomatic infection, in this cohort, 40% of patients were diagnosed with asymptomatic infection which is similar to rates reported in the general population during this period.^{57,58} Although testing was available to cancer center patients throughout the study window, to account for potential underdiagnosis, we confirmed survival status of all study patients with death registry. Including patients who died of unknown cause, the probability of dying was <2% by close of data collection with no increased risk observed between CT versus E/H groups (P = .533).

Despite concerns that functional immunosuppression associated with metastatic disease might increase the risk for SARS-CoV-2 infection, patients with early stage breast cancer (stage I-III) and advanced breast cancer (stage IV) exhibited similar test positivity rates for SARS-CoV-2, which were in line with those reported in the New York City-metro area at the time (10% in the present cohort vs 19.9% in New York City and 11.4% on Long Island).⁵⁹ These findings should empower breast oncology providers to reassure their patients that BC does not appear to be a risk factor for contraction of SARS-CoV-2 and that infectious precautions are expected to be equally beneficial and adequate for this patient subgroup.^{24,60}

While the numbers were small, following SARS-CoV-2 infection, a greater proportion of patients with advanced disease (stage IV) expired, underscoring the importance of vigilant infection prevention strategies. However, despite this, the metastatic BC subset remained more likely to die from progression of disease rather than SARS-CoV-2, indicating the importance of maintaining active cancer therapy.

We additionally confirmed expected associations between known non-oncologic risk factors, including age, Charlson Comorbidity Index, and BMI and mortality following SARS-CoV-2 infection in this BC population. These results highlight the importance of oncology providers educating elderly patients, particularly those with diabetes, cardiovascular disease, chronic kidney disease, and underlying lung disease on the importance of vigilance with regards to infection prevention.

Study Limitations

Given the retrospective design of the study, we are unable to exclude the possibility that bias may exist due to patient treatment selection for chemotherapy during the context of the pandemic although our analysis does include a substantial number of patients treated with chemotherapy, including multiagent regimens. Similarly, we cannot exclude that a prospective analysis may identify a specific treatment or patient-related risk factor associated with increased risk for infection and/or complication from SARS-CoV-2. While the very low mortality rate we observed is highly reassuring regarding the safety of BC treatment during the pandemic, it does limit our ability to exclude the presence of a minor impact of any specific therapy on SARS-CoV-2 specific mortality. That said, the low event rate observed in this cohort suggests that the magnitude of any identified risk factor would be modest. Additionally, due to low event rate, secondary analyses are largely univariate analyses and confounding variables cannot be excluded. Of note, patients were instructed to follow enhanced infection precaution measures such as mask-wearing and social distancing and similar outcomes should not be assumed in the absence of these measures. Patient data was extracted from electronic medical record which included clinical documentation and laboratory testing data from NYU Langone Health. As such, patients diagnosed outside NYU Langone Health, without clinical or laboratory documentation within the EMR were not captured.

Lastly, as the pandemic continues, new variants in the virus have emerged which may differ in contagious risk, and therefore we anticipate these types of studies will need to be repeated over the course of the pandemic.

Summary

Worldwide the SARS-CoV-2 pandemic has resulted in delavs in diagnosis and treatment of cancer. Although chemotherapy is associated with survival benefit in a large group of patients with BC, concerns exist regarding administration of potentially immunosuppressive medications in the context of the SARS-CoV-2 pandemic. While several observational studies have reported increased morbidity and mortality from SARS-CoV-2 infection in cancer patients, these studies provide insufficient cancer-related demographic and treatment detail to inform clinical practice. As risk for infection and complications from SARS-CoV-2 may vary by tumor type and treatment, these factors must be incorporated into analyses of cancer patient outcomes. Our study provides SARS-CoV-2 outcome data specific to BC, from a large cohort of patients with known treatment history. In this BC cohort, we observed a very low infection rate regardless of treatment administered and did not identify any increased risk for SARS-CoV-2 infection in patients treated with chemotherapy. We did however confirm associations with several nononcologic risk factors including advanced age and greater Charlson Comorbidity Index score with SARS-CoV-2 mortality. This study demonstrates that evidence-based cancer therapy, including chemotherapy, can be administered safely to patients with BC in the context of enhanced infection precautions, clinical monitoring, and recently efficacious vaccines. Our findings additionally support clinicians when counseling patients on the safety of receiving treatment during the SARS-CoV-2 pandemic.

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Conflict of Interest

The authors indicated no financial relationships.

Author Contributions

Conception/design: D.K.M., S.A., and S.A.J. Provision of study material or patients: D.K.M., N.D., M.K., M.P., S.D., P.P.S., D.B., A.H., J.L., M.W., M.M., R.O., J.S., Y.N., F.S., and S.A. Collection and/or assembly of data: N.B., J.K., A.D., and A.R. Data analysis and interpretation: D.K.M., C.O., D.S., and P.P.S. Manuscript writing: D.K.M., S.A., S.A.J., M.K., N.D., and F.F. Final approval of manuscript: All authors.

Data Availability

The data underlying this article will be shared on reasonable request to the corresponding author.

Supplementary Material

Supplementary material is available at The Oncologist online.

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