

Inhibition of autophagy potentiates pemetrexed and simvastatin-induced apoptotic cell death in malignant mesothelioma and non-small cell lung cancer cells

Ki-Eun Hwang^{1,*}, Young-Suk Kim^{1,*}, Jae-Wan Jung¹, Su-Jin Kwon¹, Do-Sim Park², Byong-Ki Cha³, Seon-Hee Oh⁴, Kwon-Ha Yoon⁵, Eun-Taik Jeong¹, Hak-Ryul Kim¹

¹Department of Internal Medicine, Institute of Wonkwang Medical Science, Wonkwang University, School of Medicine, Iksan, Jeonbuk, Korea

²Department of Laboratory Medicine, Wonkwang University, School of Medicine, Iksan, Jeonbuk, Korea

³Department of Thoracic and Cardiovascular Surgery, Chonbuk National University Medical School, Jeonju, Jeonbuk, Korea

⁴Department of Natural Medical Sciences, College of Health Science, Chosun University, Seosuk-dong, Gwangju, Korea

⁵Department of Radiology, Wonkwang University School of Medicine, Iksan, Jeonbuk, Korea

*These authors have contributed equally to this work

Correspondence to:

Hak-Ryul Kim, e-mail: kshryj@wku.ac.kr

Keywords: autophagy, apoptosis, pemetrexed, simvastatin

Received: March 30, 2015

Accepted: August 10, 2015

Published: August 20, 2015

ABSTRACT

Pemetrexed, a multitarget antifolate used to treat malignant mesothelioma and non-small cell lung cancer (NSCLC), has been shown to stimulate autophagy. In this study, we determined whether autophagy could be induced by pemetrexed and simvastatin cotreatment in malignant mesothelioma and NSCLC cells. Furthermore, we determined whether inhibition of autophagy drives apoptosis in malignant mesothelioma and NSCLC cells. Malignant mesothelioma MSTO-211H and A549 NSCLC cells were treated with pemetrexed and simvastatin alone and in combination to evaluate their effect on autophagy and apoptosis. Cotreatment with pemetrexed and simvastatin induced greater caspase-dependent apoptosis and autophagy than either drug alone in malignant mesothelioma and NSCLC cells. 3-Methyladenine (3-MA), ATG5 siRNA, bafilomycin A, and E64D/pepstatin A enhanced the apoptotic potential of pemetrexed and simvastatin, whereas rapamycin and LY294002 attenuated their induction of caspase-dependent apoptosis. Our data indicate that pemetrexed and simvastatin cotreatment augmented apoptosis and autophagy in malignant mesothelioma and NSCLC cells. Inhibition of pemetrexed and simvastatin-induced autophagy was shown to enhance apoptosis, suggesting that this could be a novel therapeutic strategy against malignant mesothelioma and NSCLC.

INTRODUCTION

Non-small cell lung cancer (NSCLC) accounts for approximately 80% of all lung cancers, with long-term survival restricted to a small patient subset. The majority of NSCLC patients show locally advanced, inoperable, or metastatic diseases [1], and cytotoxic chemotherapies have had a modest but significant impact on survival and quality of life of NSCLC patients [2]. Malignant mesothelioma is a relatively rare malignancy with a generally poor outcome. Currently, the median survival is 9–12 months after diagnosis.

At present, there are few effective chemotherapeutic options for malignant mesothelioma [3]. New strategies based on a better understanding of tumor biology may help maximize the efficacy of current treatments.

Autophagy is a dynamic process in which intracellular membrane structures sequester proteins and organelles for degradation in a lytic compartment [4, 5]. During autophagy, parts of the cytoplasm are sequestered into double-membrane vesicles called autophagosomes. Autophagosomes ultimately fuse with lysosomes to generate single-membrane autophagolysosomes that

mediate the degradation of their contents [6]. A number of stimuli can induce autophagy, apoptosis, or both; with concomitant induction, autophagy can either protect against, or promote apoptosis in a cell stimulus-dependent manner [7, 8]. The molecular mechanisms that determine autophagy, apoptosis, and their interaction are not fully established, but may involve the induction of autophagy genes such as Atg5 in a cell type-, stimulus-, and cellular environment-specific manner.

Pemetrexed, a multitargeted antifolate antagonist, is a chemotherapeutic agent used in the treatment of malignant mesothelioma and NSCLC (mostly used in nonsquamous cell carcinomas) [9–11]. It primarily inhibits thymidylate synthase (TS), dihydrofolate reductase (DHFR), and glycinamide ribonucleotide formyltransferase (GARFT), all of which are enzymes involved in folate-dependent metabolic processes [12, 13]. Previous studies have reported that pemetrexed-induced apoptosis is associated with the upregulation of p53 and inactivation of Bcl-2 [14, 15]. Additionally, inhibition of the intrinsic apoptosis pathway has been shown to suppress the cytotoxicity of pemetrexed [16]. Dent et al. [17] demonstrated that pemetrexed induces tumor cell death and autophagy in a dose-dependent fashion.

Statins are a class of drugs that inhibit the rate-limiting step of the mevalonate pathway, which is catalyzed by 3-hydroxy-3-methylglutaryl coenzyme A (HMG-CoA) reductase [18]. Besides their lipid-lowering effect, statins have been studied for their antineoplastic properties in many solid tumor cells, including NSCLC [19, 20]. We have demonstrated previously that simvastatin induced apoptosis in lung cancer via AKT-dependent downregulation of survivin [21]. A recent study has also revealed that statins induce autophagy that is dependent on AMP-activated protein kinase (AMPK) activation [22]; however, the precise mechanism for this effect has not been clearly elucidated.

Although pemetrexed has generally been a well-tolerated drug, its toxicity profile is not trivial. The most frequently observed adverse effects include myelosuppression, fatigue, hepatotoxicity, nephrotoxicity, pneumonitis, and mucositis [23, 24]. Until recently, the mechanism by which a combination of pemetrexed and statins induced apoptosis and inhibited the growth of cancer cells had not been elucidated. We recently showed that cotreatment with pemetrexed and simvastatin potentiates apoptotic activity over that seen with either drug alone in malignant mesothelioma and lung cancer cells. These effects were mediated through mitochondrial dysfunction, by triggering reactive oxygen species (ROS) production and Bim induction [25].

In this study, we hypothesized that autophagy plays an important role in the outcome of apoptosis during pemetrexed and simvastatin treatment. We analyzed the coordinating mechanisms mediating the interplay between these processes in malignant mesothelioma and NSCLC cells.

RESULTS

Effect of pemetrexed and simvastatin alone and in combination, on the proliferation and apoptosis of malignant mesothelioma and NSCLC cells

As shown in Figure 1A, pemetrexed and simvastatin cotreatment produced an additive effect on the growth of MSTO-211H and A549 cells. In the presence of pemetrexed, simvastatin inhibited viability in a concentration-dependent manner. Using ECIS, we quantitatively evaluated cell proliferation. In this assay, an increase in resistance reflects cell proliferation. The ECIS data (Figure 1B) showed that the pemetrexed and simvastatin cotreatment suppressed cell proliferation in a dose-dependent fashion.

To examine whether the observed growth inhibition was due to enhanced apoptosis, the proportion of apoptotic cells was determined using annexin V-PI staining. Annexin V staining showed that combination treatment significantly enhances apoptosis compared to either drug alone in MSTO-211H and A549 cells (Figure 1C). To further elucidate the mechanism behind pemetrexed- and simvastatin-induced apoptosis, cell lysates were evaluated by immunoblotting (Figure 1D). Our results showed that the pemetrexed and simvastatin cotreatment enhanced the cleavage of PARP, caspase-3, -8, and -9. Additionally, AKT phosphorylation was significantly attenuated in MSTO-211H and A549 cells treated with pemetrexed and simvastatin. These results indicate that these drugs enhance caspase-dependent apoptosis in MSTO-211H and A549 cells.

Pemetrexed and simvastatin cotreatment enhances autophagy in malignant mesothelioma and NSCLC cells

Because autophagy and apoptosis may occur concurrently or sequentially in response to the same stimulus, we analyzed the cellular ultrastructure by TEM to confirm that autophagy was induced by pemetrexed and simvastatin. The combination treatment led to the formation of numerous lipid droplets, shown as hollow cytoplasmic vesicles and lamellar bodies, a hallmark of phospholipidosis. Furthermore, multiple autophagosomes containing cytoplasmic components were observed in MSTO-211H and A549 cells treated with both pemetrexed and simvastatin (Figure 2A).

Autophagic induction by combination of pemetrexed cotreatment and simvastatin was further confirmed by transient transfection of green fluorescence protein (GFP)-LC3-II plasmid DNA. In non-treated control cells, a diffuse pattern of GFP fluorescence was observed in the cytoplasm; however, MSTO-211H and A549 cells treated with both pemetrexed and simvastatin displayed markedly more LC3-positive GFP punctae in compared to cells treated with pemetrexed or simvastatin alone (Figure 2B).

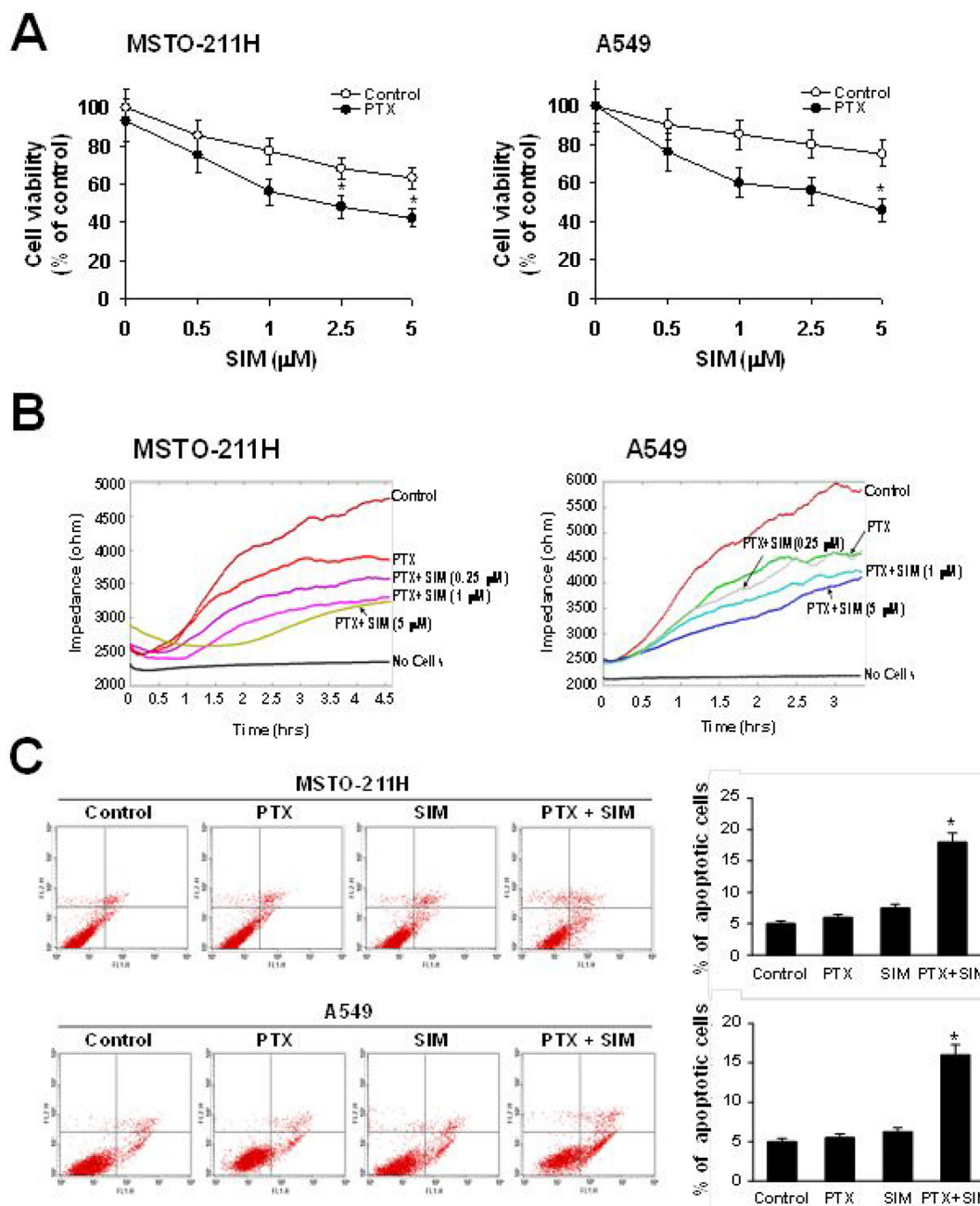


Figure 1: Inhibitory effects of pemetrexed and simvastatin cotreatment on the proliferation and apoptosis. **A.** Cells were treated with different concentrations of simvastatin (SIM) in the absence or presence of 1 μM pemetrexed (PTX) for 48 h, and viability was then measured by the MTT assay. The viability of control cells was set at 100%, and the cell survival of treated cells relative to the control cells is presented. The data represent the mean \pm S.D. of three independent experiments. * $p < 0.05$ compared to the control. **B.** Cells were treated with different concentrations of simvastatin in the presence of 1 μM pemetrexed. Proliferation analysis was performed using the electrical cell-substrate impedance sensing system (ECIS). Resistance was measured at 6400 Hz every 10 minutes for a period of 48 hours. During the experiments, cultures were maintained at 37°C and 5% CO_2 in air. **C.** Cells were incubated with 1 μM pemetrexed and/or 5 μM simvastatin for 24 h, and apoptosis was evaluated by green fluorescent protein-annexin V + propidium iodide. The percentage of annexin V and propidium iodide positive cells in control cells was set at 100%, and the percentage of apoptosis relative to that of the control is presented. The data represent the mean \pm SD of three independent experiments. * $p < 0.05$ compared to control. (Continued)

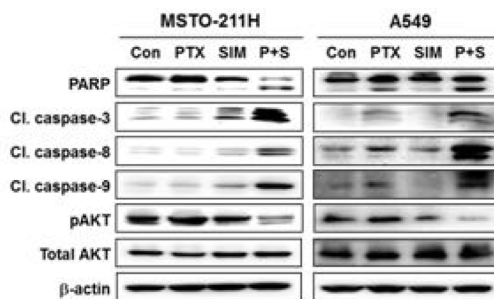
D

Figure 1: (Continued) Inhibitory effects of pemetrexed and simvastatin cotreatment on the proliferation and apoptosis. D. Cells were treated with pemetrexed and simvastatin, alone and in combination for 24 h. Then the cells were lysed, and the cell lysate was subjected to 12% SDS-PAGE to measure the expression of the indicated proteins. Data are representative of two independent experiments.

In both cell lines tested, we found that a combination of pemetrexed and simvastatin induced a greater conversion of LC3-I into LC3-II than individual drugs. Autophagic induction was also determined by detecting free GFP fragments formed by GFP-LC3 degradation in autophagolysosomes. GFP generation showed that autophagic induction was significantly increased by pemetrexed and simvastatin combination compared to individual treatment with either drug (Figure 2C).

Finally, autophagic detection was also evaluated using lysosomal staining with acridine orange dye and observed under an inverted microscope to measure fluorescence. Both pemetrexed and simvastatin alone slightly increased acidic lysosomal compartments, while an increase in acridine orange intensity was highly apparent in the combined treatment, as shown by FACS analysis (Figure 2D).

Pemetrexed and simvastatin cotreatment induces AMPK- and AKT-mediated mTOR-dependent autophagy

The mTOR regulates protein synthesis and cell growth by sensing cellular signals. We next examined the effects of pemetrexed and simvastatin on mTOR-dependent autophagic pathways in MSTO-211H and A549 cells by immunoblot analysis. As shown in Figure 3A–3C, pemetrexed and simvastatin cotreatment increased AMPK phosphorylation and a concomitant decrease in AKT and mTOR phosphorylation, which induced autophagy and the expression of autophagy-related proteins in a dose- and time-dependent fashion. These data indicated that pemetrexed and simvastatin cotreatment induces AMPK- and AKT-mediated mTOR-dependent autophagy in malignant mesothelioma and NSCLC cells.

Autophagic activators attenuate apoptosis induced by pemetrexed and simvastatin cotreatment

Chemicals that inhibit mTOR activity via AMPK activation or AKT inhibition have been associated with

the induction of autophagy in cancer cells [26, 27]. Therefore, we investigated whether suppression of mTOR function by rapamycin or LY294002 alters apoptosis induced by the pemetrexed and simvastatin cotreatment. Our results showed that LC3-II levels increased and p62 levels decreased in MSTO-211H and A549 cells cotreated with pemetrexed, simvastatin, and rapamycin. Both rapamycin and the pemetrexed–simvastatin combination also decreased the expression of cleaved PARP, caspase-3, -8, and -9 (Figure 4A). Following similar protocols, we next demonstrated that pemetrexed, simvastatin, and LY294002 cotreatment also increased LC3-II levels (Figure 4C). Annexin V staining showed that rapamycin or LY294002 activation of pemetrexed and simvastatin-induced autophagy results in significantly attenuated apoptosis compared to combination treatment in MSTO-211H and A549 cells (Figure 4B and 4D). Together, these findings indicate that AKT-mediated inhibition of mTOR by rapamycin or LY294002 attenuates apoptosis induced by pemetrexed and simvastatin combination in malignant mesothelioma and NSCLC cells.

Autophagic inhibitors augment apoptosis induced by pemetrexed and simvastatin cotreatment

To investigate the relationship between pemetrexed and simvastatin-induced apoptosis and autophagy, cells were cotreated with pemetrexed and simvastatin using one of the four autophagic inhibitors [28, 29]: (i) 3-methyladenine (3-MA), a class III PI3 kinase inhibitor; (ii) ATG5 siRNA, an inhibitor of ATG5–12 formation; (iii) bafilomycin A, a specific lysosomal vacuolar-type H⁺-ATPase pump inhibitor that blocks the fusion of autophagosomes and lysosomes; and (iv) E64D/pepstatin A, an inhibitor of lysosomal enzymes.

Because 3-MA inhibits early autophagy events, we assessed its impact on autophagy flux when combined with pemetrexed and simvastatin. We found that this treatment decreased LC3-II levels and increased p62 levels in MSTO-211H and A549 cells. Both 3-MA and

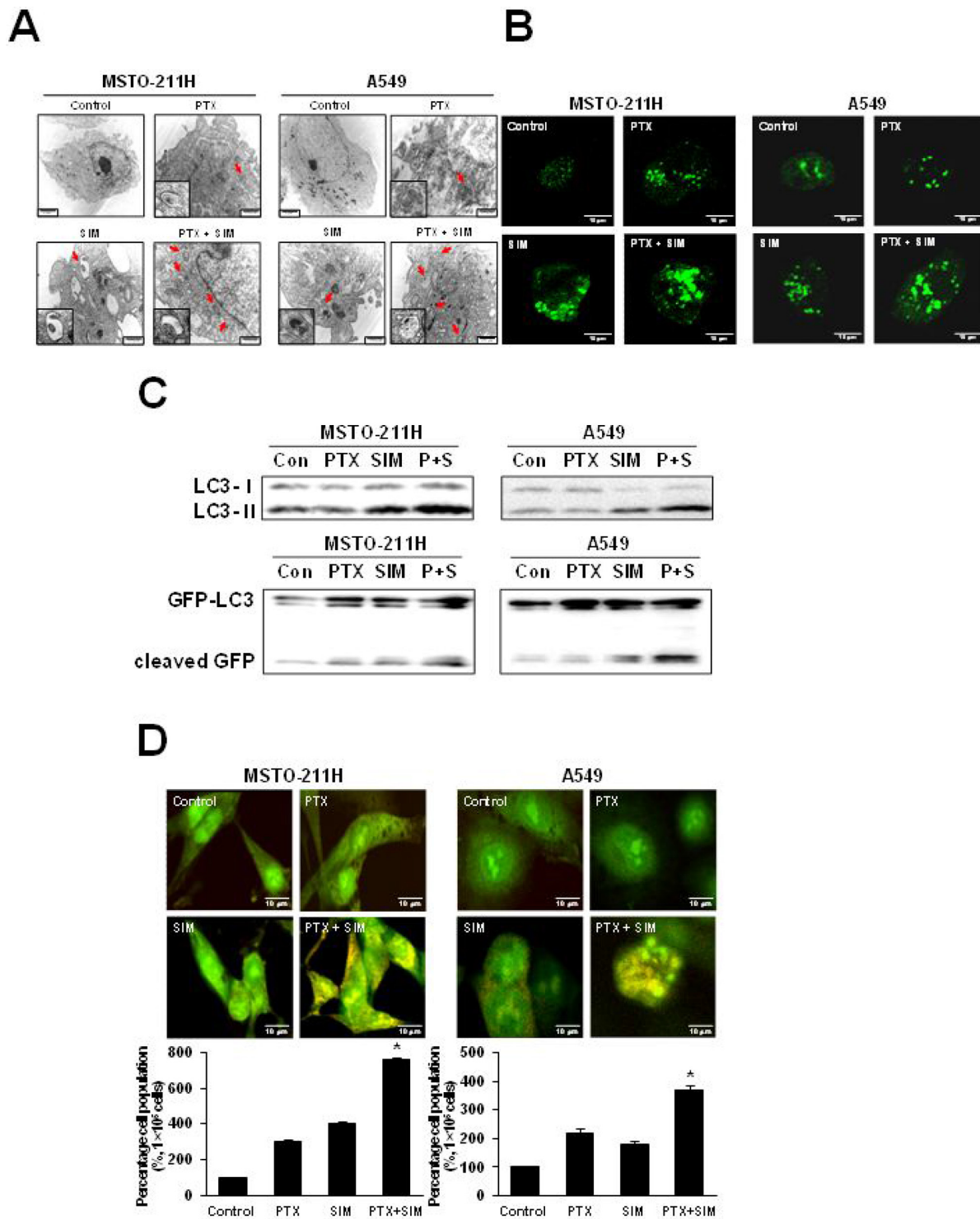


Figure 2: Combination of pemetrexed and simvastatin enhances autophagy in MSTO-211H and A549 cells. **A.** Representative transmission electron microscopy photographs of cells treated with 1 μ M pemetrexed and/or 5 μ M simvastatin for 24 h ($\times 10,000$). Structures identified as autophagosomes are indicated with arrows. Autophagosomes are highlighted in magnified images of each cytosolic vesicle. **B.** Cells were transfected with the GFP-LC3 plasmid for 6 h and then incubated with 1 μ M pemetrexed and/or 5 μ M simvastatin for 24 h before analysis by confocal microscopy. Representative images of GFP-LC3 stained pemetrexed and/or simvastatin treated cells are shown ($\times 400$). A punctuate pattern of GFP-LC3-II indicates autophagosome formation, as shown by confocal microscopy. **C.** We performed western blot analysis using antibodies against endogenous LC3 and GFP. Immunoblots are representative of at least two independent experiments. **D.** Acridine orange staining showed lysosomal (orange) staining in the cells of all treatments. The increased acidic lysosomes in the combination treatment suggest potential lysosomal activation. The percentage of lysosomal (orange) stained cells was quantified. The data represent the mean \pm SD of three independent experiments. * $p < 0.05$ compared to control.

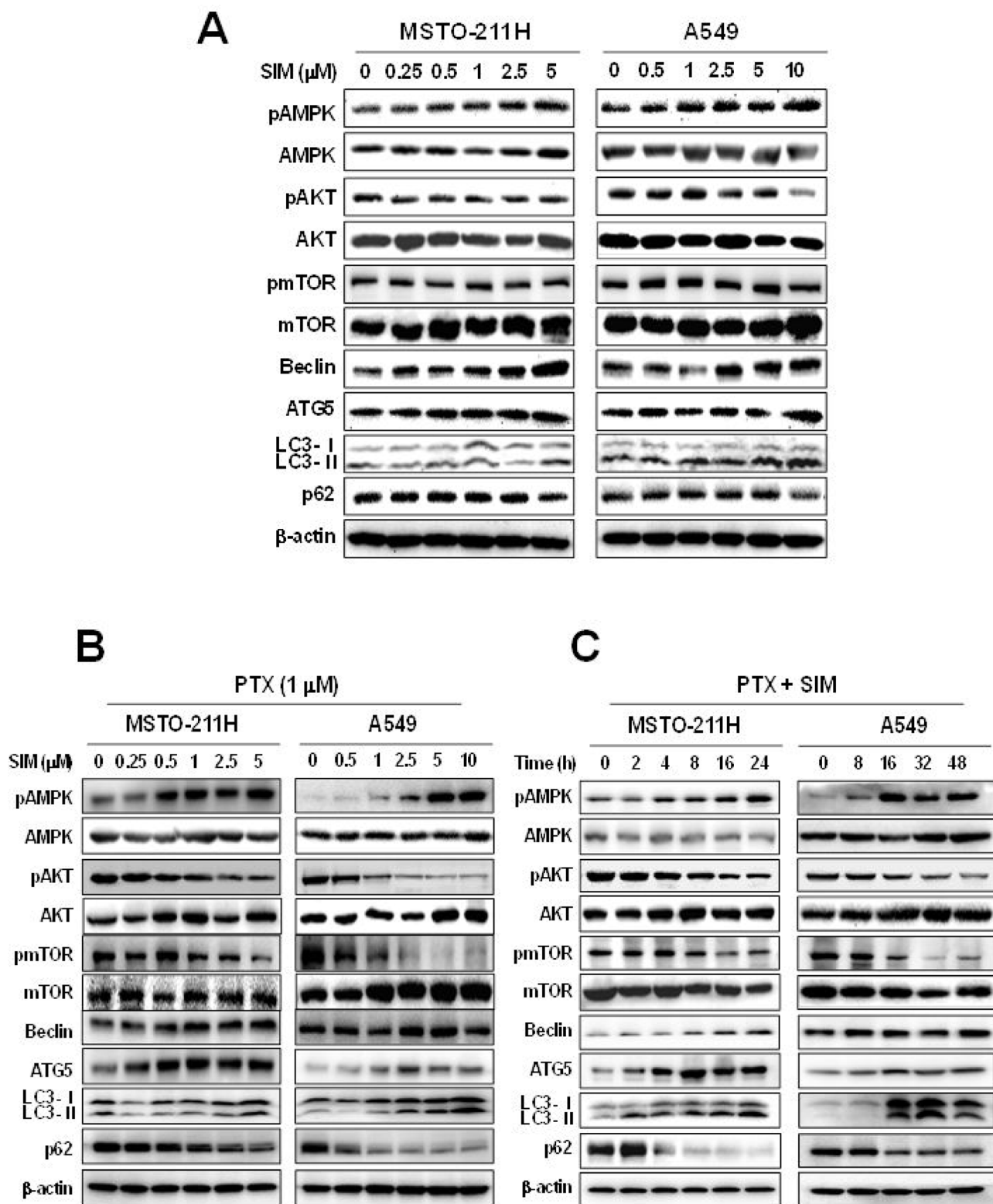


Figure 3: Combination of pemetrexed and simvastatin induces autophagy through the mTOR-signaling pathway. Cells were treated with different concentrations of simvastatin alone **A**, or 1 μ M pemetrexed **B**, or were incubated with 1 μ M pemetrexed and 5 μ M simvastatin for up to 48 h **C**, and Western blot analysis using specific antibodies was performed to examine protein expression in whole cell lysates. Representative images from more than three independent experiments are shown.

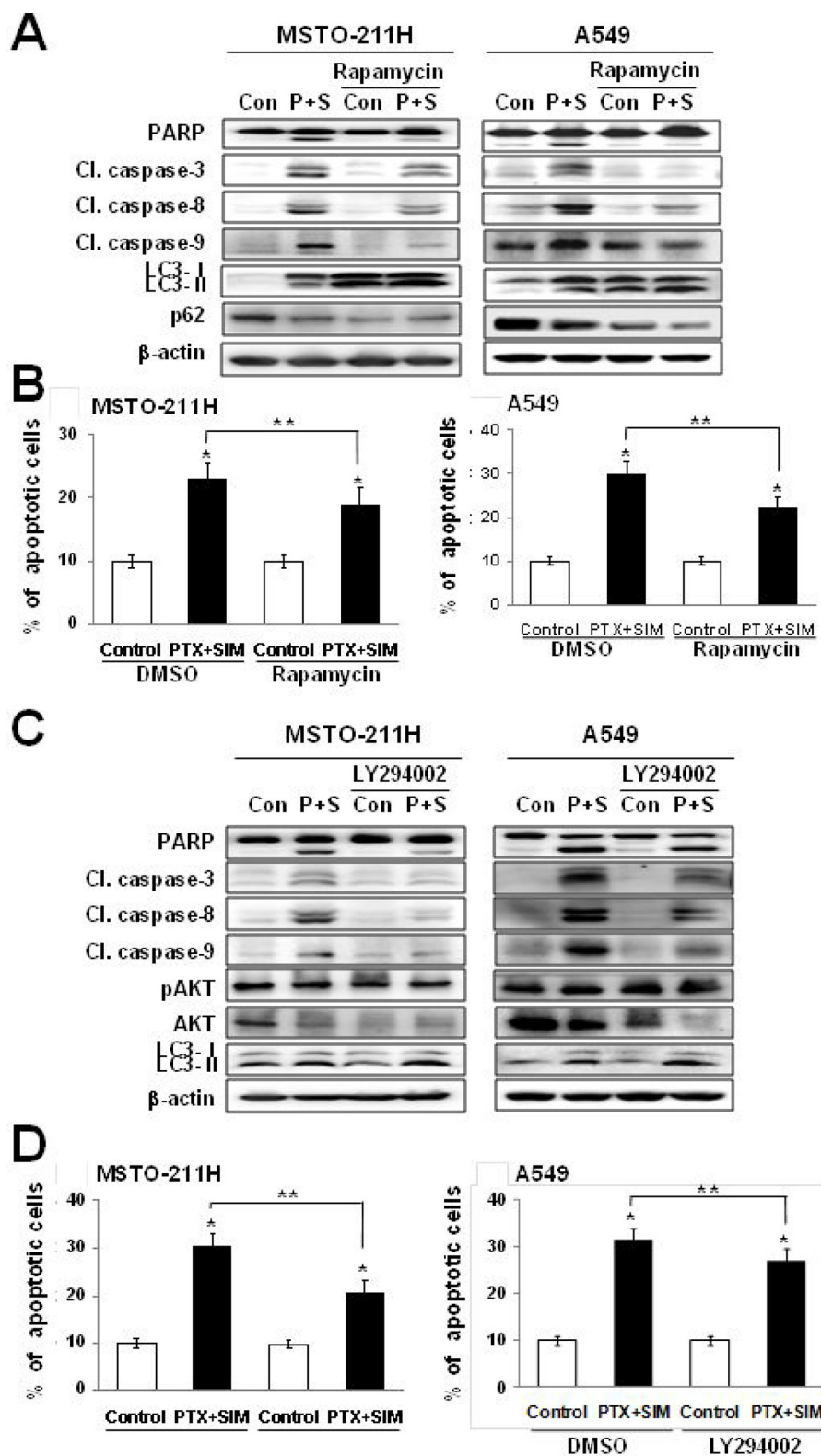


Figure 4: Activation of autophagy decreases pemetrexed and simvastatin-induced apoptosis. A. Cells were treated with 1 μ M pemetrexed and 5 μ M simvastatin in the absence or presence of 20 nM rapamycin. The cell lysates were subjected to 12% SDS-PAGE to measure the expression of the indicated proteins. C. Cells were treated with 1 μ M pemetrexed and 5 μ M simvastatin in the absence or presence of 10 μ M LY294002. The cell lysates were subjected to 12% SDS-PAGE to measure the expression of the indicated proteins. B. and D. Apoptosis was evaluated as described in Figure 1C. The data represent the mean \pm SD of three independent experiments. * p < 0.01 compared with the control, # p < 0.05 compared with the pemetrexed and simvastatin group.

the pemetrexed–simvastatin combination also increased the expression of cleaved PARP, caspase-3, -8, and -9 (Figure 5A). Annexin V staining showed that 3-MA inhibition of pemetrexed and simvastatin-induced autophagy significantly enhances apoptosis compared to pemetrexed and simvastatin combination treatment in MSTO-211H and A549 cells (Figure 5B). To rule out non-selective effects of chemical inhibitors, we then examined how pemetrexed and simvastatin-induced autophagy is affected in ATG5 siRNA-transfected cells. ATG5 silencing accelerated apoptosis and decreased autophagy flux, as was indicated by both an increase in the cleaved forms of caspase 3 and PARP and a decrease in LC3-II levels compared to cells expressing control scrambled siRNA (Figure 5C). In addition, a greater proportion of apoptotic cells were induced by ATG5 siRNA and the pemetrexed-simvastatin combination than cells cotreated with pemetrexed and simvastatin (Figure 5D).

Many autophagy inhibitors act on post-sequestration steps and are known to cause autophagosome accumulation [30]. We found that inhibiting autophagy using bafilomycin A increased pemetrexed and simvastatin-induced cleavage of PARP, caspase-3, -8, and -9. Importantly, bafilomycin A promoted the accumulation of LC3-II, confirming a functional requirement for lysosomes in pemetrexed and simvastatin-induced autophagy (Figure 5E). We next demonstrated that the protease inhibitors E64D/pepstatin A caused the accumulation of LC3-II (Figure 5G). Bafilomycin A or E64D/pepstatin A inhibition of pemetrexed and simvastatin-induced autophagy also increased the proportion of apoptotic MSTO-211H and A549 cells (Figure 5F and 5H). Collectively, our data reveal that autophagic inhibitors provide a positive regulatory signal for pemetrexed and simvastatin-induced apoptosis.

Interaction between pemetrexed and simvastatin suppresses tumor growth in lung cancer xenografts

To demonstrate the inhibitory effects of pemetrexed and simvastatin on tumor growth in xenografts, we performed an antitumor study using athymic nude mice injected (s.c.) with A549 cells. As shown in Figure 6A, weekly pemetrexed (100 mg/kg) and daily simvastatin (20 mg/kg) cotreatment significantly reduced tumor growth to an extent lesser than that achieved with pemetrexed or simvastatin alone. Furthermore, mice co-injected with pemetrexed and simvastatin had significantly smaller tumor volumes compared to the groups receiving either pemetrexed or simvastatin alone (Figure 6B and 6C). The body weights of mice on subsequent days after the first injection of the drug were not significantly different among the 4 experimental groups (Figure 6D).

3-MA augments the inhibitory effects of cotreatment with pemetrexed and simvastatin in an orthotopic model of lung cancer

We monitored the inhibitory effects of 3-MA on the growth of lung cancer in an orthotopic mouse model by using micro-CT imaging, which is a noninvasive, quantitative, and real-time tool for monitoring tumor progression. 3-MA was injected intraperitoneally 1 h before coadministration of pemetrexed and simvastatin. Tumor response was quantified weekly by using serial micro-CT imaging. At 2 weeks after intrathoracic injection of tumor cell suspension, tumors in control and 3MA-treated mice grew by approximately 200 and 175 mm², those in mice treated with a combination of pemetrexed and simvastatin grew by 75 mm², whereas those in mice treated with 3MA plus pemetrexed and simvastatin remained 45 mm², which were smaller than those of mice treated with a combination therapy (Figure 6E). These results are consistent with our *ex vivo* tumor data measured at the end of the experiment (Figure 6F).

DISCUSSION

In the present study, we demonstrated that suppressing autophagy enhances the pemetrexed and simvastatin-induced apoptosis in MSTO-211H and A549 cells, whereas autophagy induction attenuates this process. These results clearly indicate that autophagy serves a prosurvival function against malignant mesothelioma and NSCLC cells. Furthermore, the combination of these two agents could potentially kill malignant mesothelioma and NSCLC cells more effectively and with fewer side effects than either drug alone, thereby providing a rationale for combining these drugs as a treatment for malignant mesothelioma and NSCLC.

Pemetrexed has demonstrated clinical potential, either alone or in combination with the platinum compounds vinorelbine and gemcitabine in a broad array of solid tumors [31]. Studies on pemetrexed's mechanism of action have shown that it inhibits cell proliferation and induces apoptosis and autophagy in cancer cells [32, 33]. An increasing body of evidence supports the existence of cross-talk between apoptosis and autophagy, including both positive and negative interactions [34–36]. In this regard, recent evidence suggests that autophagy may attenuate a drug-induced apoptotic response [37, 38]. To date, however, the molecular mechanisms that govern the interplay between autophagy and apoptosis are poorly understood.

To our knowledge, this is the first report highlighting the interplay between apoptosis and autophagy in malignant mesothelioma and NSCLC cells cotreated with

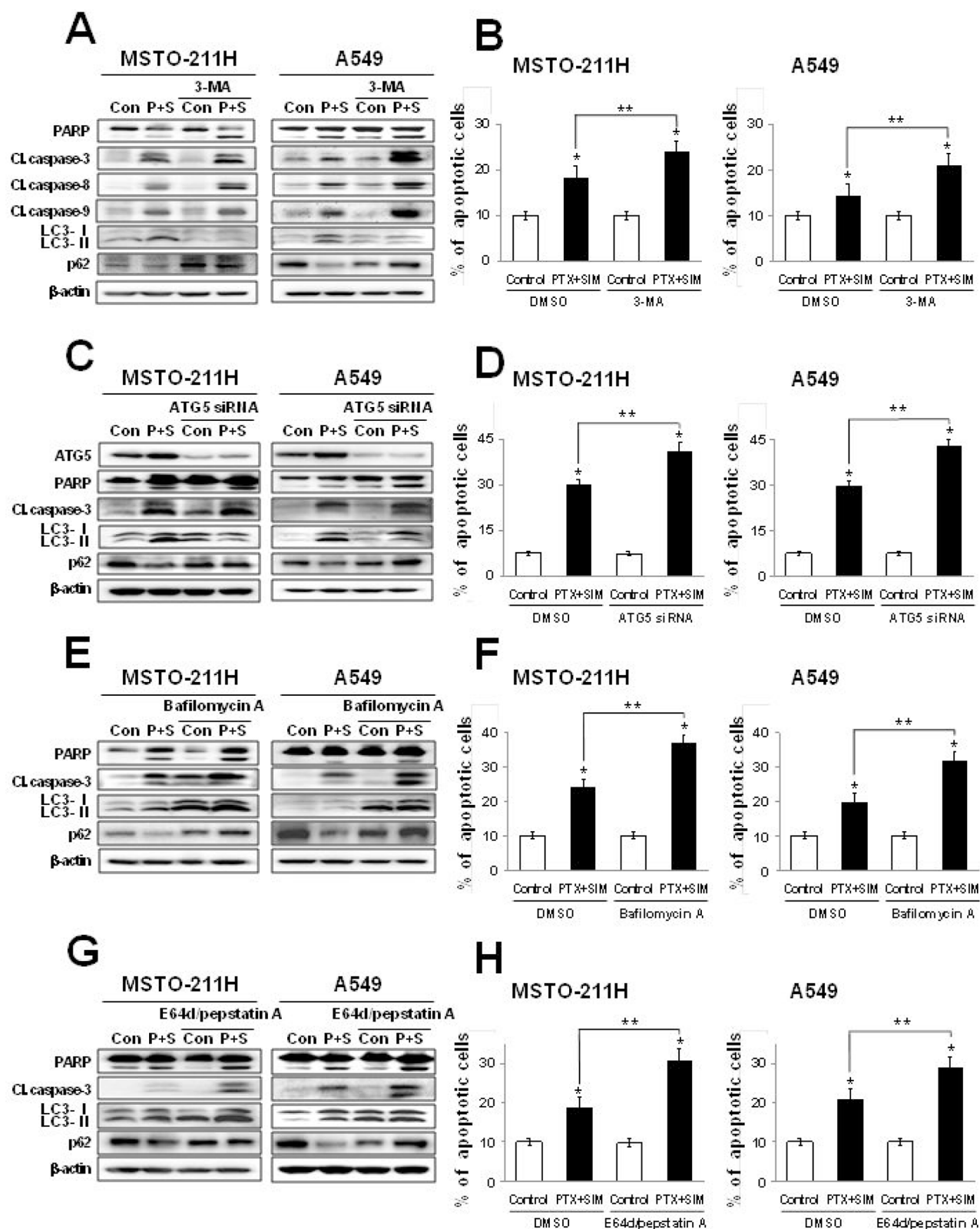


Figure 5: Inhibition of autophagy increases pemtrexed and simvastatin-induced apoptosis. Cells were treated with 1 μ M pemtrexed and 5 μ M simvastatin in the absence or presence of the autophagy inhibitors 1 mM 3-MA A, 50 nM bafilomycin A E, and 10 μ M E64d/pepstatin A G. The cell lysates were subjected to 12% SDS-PAGE to measure the expression of indicated proteins. B, D, F, and H. Apoptosis was evaluated as described in Figure 2A. The data represent the mean \pm SD of three independent experiments. * p < 0.01 compared with the control, # p < 0.05 compared to the pemtrexed and simvastatin group.

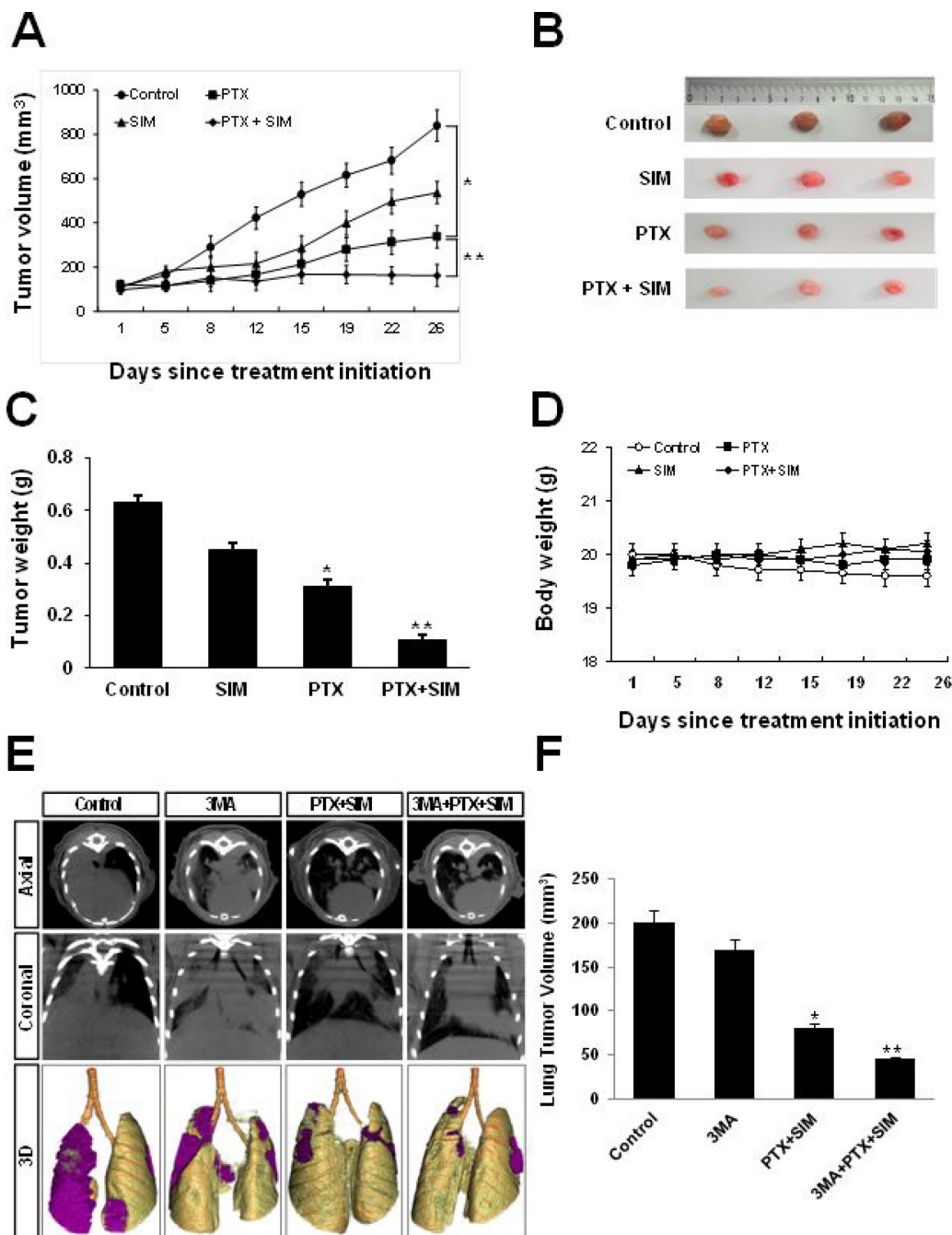


Figure 6: Inhibitory effects of pemetrexed and simvastatin on xenografts and growth inhibitory effects of 3-MA on orthotopics. **A.** Athymic nude mice were injected (s.c.) with 2×10^6 A549 cells (0.2 mL cell suspension) in both hind legs. Mice were randomly assigned to one of the following experimental groups of ($n = 5$ each) when the implanted tumors reached a volume of 90–130 mm³: no treatment, pemetrexed (100 mg/kg, i.p., once a week), simvastatin (20 mg/kg, by oral gavage, once every day for 5 days), and the combined pemetrexed and simvastatin treatment. Tumors were measured 3 times per week. Tumor volume was estimated using the formula: volume = $L \times W^2/2$. Points, mean of 5 animals; bars, SD. * $p < 0.01$ compared with the control, ** $p < 0.05$ compared to the pemetrexed group. **B.** At the end of the experiment, tumor tissues were excised from mice. Representative tumor tissues from all groups are shown. **C.** The tumors were weighed. The data represent the mean \pm standard deviation (SD) of 5 animals. * $p < 0.05$ compared to the control, ** $p < 0.01$ compared to the control. **D.** Body weights of mice were not significantly different among all groups. **E.** Micro-CT images obtained using an orthotopic mouse model. Micro-CT images of tumors in mice in the control, pemetrexed plus simvastatin, 3-MA alone, and 3-MA and combination of pemetrexed and simvastatin groups at the indicated weeks after an intrathoracic injection of a suspension of A549 cells. Each tumor scanned using micro-CT was reconstructed to three-dimensional images (axial, coronal, and 3D). **F.** Quantitative analysis of the tumor diameter using micro-CT imaging. Data represent the mean \pm standard error of mean (SEM) value of 5 animals in each group. * $p < 0.05$ compared to the control, ** $p < 0.01$ compared to the control.

pemetrexed and simvastatin. In an effort to determine whether autophagy serves a prosurvival or prodeath role in response to treatment with pemetrexed and simvastatin, we evaluated pharmacological and genetic approaches inhibiting autophagy.

In the present study, MSTO-211H and A549 cells cotreated with the autophagy inhibitors 3-MA, bafilomycin A, and E64d/pepstatin A displayed markedly increased expression of cleaved PARP, caspase-3, -8, and -9, suggesting that autophagy serves a protective role. This finding is further supported by our observation that pemetrexed and simvastatin-induced apoptosis was significantly increased in ATG5 silenced MSTO-211H and A549 cells. We also observed that pretreatment with 3-MA was associated with a decrease in LC3-II formation and an increase p62 levels, essentially reversing the effect of pemetrexed and simvastatin and blocking autophagy. p62 accumulation facilitates autophagic clearance [39], and evidence indicates that p62 levels are regulated by autophagy and accumulate in autophagy-deficient cells [40]. Since p62 accumulates when autophagy is inhibited, decreased levels can be observed when autophagy is induced. Therefore, p62 can be used as a marker of autophagy flux. We found that pretreatment with bafilomycin A and E64d/pepstatin A, which blocks later autophagosomal degradation, increased the formation of LC3-II in MSTO-211H and A549 cells after combination treatment of pemetrexed and simvastatin.

Autophagy-associated genes are under the control of mTOR, and the inhibition of mTOR by rapamycin or LY294002 enhances autophagy [41, 42]. AMPK activation negatively regulates mTOR activity and, thus, induces autophagy. Given the positive and negative regulatory roles of AMPK and AKT on mTOR activity, respectively, it is not surprising that both AKT/mTOR and AMPK/mTOR signaling mediate pemetrexed and simvastatin-induced autophagy. Cross talk occurring between these signaling pathways is not entirely clear and requires further investigation.

In summary, our novel findings demonstrate that pemetrexed and simvastatin-induced autophagy involves enhanced autophagosomal synthesis and may be a negatively regulated modulator of apoptosis in MSTO-211H and A549 cells. Therefore, autophagy serves a prosurvival function in our treated malignant mesothelioma and NSCLC cells. Consistent with these results, inhibition of autophagy can enhance the anti-cancer effects of pemetrexed and simvastatin and, thus, could be therapeutically targeted to improve the efficacy of these combination therapies. In conclusion, the adverse effects of pemetrexed should be ameliorated by a high dose of simvastatin administered as an adjuvant in cancer therapy.

MATERIALS AND METHODS

Materials

Roswell Park Memorial Institute medium 1640 (RPMI 1640), fetal bovine serum (FBS), and antibiotics

(penicillin and streptomycin) were obtained from GIBCO BRL Co. (Grand Island, NY, USA). Pemetrexed was purchased from Toronto Research Chemicals, Inc. (Toronto, Ontario, Canada). Simvastatin, 3-(4,5-dimethyl-2-thiazolyl)-2,5-diphenyl-2H-tetrazolium bromide (MTT), propidium iodide (PI), and dimethyl sulfoxide (DMSO) were purchased from Sigma-Aldrich (St. Louis, MO, USA). Primary antibodies against caspase-3, caspase-8, and caspase-9, poly(ADP-ribose) polymerase (PARP), and AKT were obtained from Santa Cruz Biotechnology (Santa Cruz, CA, USA). Antibodies against AMPK, mTOR, Beclin, ATG5, LC3, p62/SQSTM1, and β -actin were purchased from Cell Signaling Technology (Beverly, MA, USA). 3-Methyl adenine (3-MA), bafilomycin A, and E64D/pepstatin A were purchased from Sigma-Aldrich. Anti-rabbit IgG-conjugated horseradish peroxidase (HRP) antibodies and enhanced chemiluminescence (ECL) kits were purchased from Amersham Pharmacia Biotech (Buckinghamshire, England, UK).

Cell culture and viability test

MSTO-211H cells were purchased from the American Type Culture Collection (ATCC), Manassas, VA, USA, and A549 human lung cancer cells were obtained from the Korean Cell Line Bank (KCLB), Seoul, Korea. These cell lines were grown in RPMI 1640 containing 100 units/mL penicillin, 0.1 mg/mL streptomycin, and 10% FBS. All cell lines used in the study were authenticated by the ATCC and KCLB using STR-PCR analysis. The cells were incubated in a humidified atmosphere of 5% CO₂ in air at 37°C and maintained in log phase growth. Cell viability was determined by spectrophotometrically measuring the mitochondrial conversion of MTT to formazan. After cells were treated with the specified drugs, MTT was added to the cell suspension for 4 h. After three washes with phosphate-buffered saline (PBS; pH 7.4), the insoluble formazan product was dissolved in dimethyl sulfoxide (DMSO). The optical density (OD) of each well was measured using a microplate reader (Titertek Multiskan; Flow Laboratories, North Ryde, New South Wales, Australia) at 590 nm. The OD resulting from formazan production in control cells was considered as 100% cell viability. All other measurements were expressed as a percentage of the control cell value.

Electrical cell-substrate impedance sensing system (ECIS)

ECIS experiments were conducted using an Applied Biophysics Model ECISZ0 instrument (Applied Biophysics, Troy, NY, USA). Briefly, cells (7×10^4 /well) were plated on collagen type I-coated 8W10E+ electrode arrays (Applied Biophysics, Troy, NY, USA), and adherence was ensured; the cells were allowed to form a monolayer for 5 h. After washing with PBS, the cells were treated with different concentrations of simvastatin in the

presence of pemetrexed and resistance was measured. During the experiments, cultures were maintained at 37°C and 5% CO₂ in air.

Annexin V assay for the assessment of apoptosis

MSTO-211H and A549 cells undergoing early/late apoptosis were analyzed by annexin V-FITC and PI staining. Cells in the exponential growth phase (2.5×10^5 cells) were seeded in 35-mm² dishes. They were left untreated or incubated with specified drugs for the indicated times at 37°C. Both adherent and floating cells were collected and analyzed with the annexin V assay according to the manufacturer's instructions. Pelleted cells were briefly washed with PBS and resuspended in annexin-binding buffer. They were then incubated with annexin V-FITC and PI for 15 min at room temperature. After incubation, the stained cells were analyzed using a fluorescence-activated cell sorting (FACS) Calibur system equipped with Cell Quest software (Becton Dickinson, San Jose, CA, USA).

Transmission electron microscopy (TEM)

Electron microscopy and morphometric analysis were performed as described previously [26]. Cells were fixed for 1 h with ice-cold 2.5% glutaraldehyde in 0.1 M cacodylate buffer, and then post-fixed in 1% osmium tetroxide before embedding in Epon. TEM was performed with a Philips CM10 at 80 kV on ultra-thin sections (100 nm on 200 mesh grids) stained with uranyl acetate and counterstained with lead citrate.

Transient transfection

Adenoviral GFP-LC3B was kindly provided by Dr. Xiao-Ming Yin (University of Pittsburgh School of Medicine, Pittsburgh PA). After the cells were washed with OPTI-MEM medium (Invitrogen), DNA was transfected into cells using Lipofectamine™ 2000 reagent according to the manufacturer's protocol (Invitrogen, Carlsbad, CA). After incubation for 4 h, the medium was exchanged with a complete medium containing 10% serum and antibiotics. The cells were incubated for 24 h and treated as indicated in the figure legends. Images were obtained using a confocal microscope (Olympus, FluoView™ FV1000).

Acridine orange staining

Autophagy is characterized by the formation and promotion of acidic vesicular organelles (AVOs). In acridine orange-stained cells, the cytoplasm and nucleus fluoresce bright green and dim red, whereas acidic compartments fluoresce bright red or orange as described previously [27]. After drug treatment, 5 µg/ml acridine orange (Invitrogen, A1301) was added to the culture medium and cells were incubated at 37°C for 15–30 min. The cells were then trypsinized, washed twice with

cold PBS, and observed under a confocal microscope. Fluorescence imaging was performed using a blue bandpass filter with 490 nm excitation and the fluorescence of the green and orange channels was recorded and merged.

Western blotting

Cells were harvested and lysed using a radioimmunoprecipitation assay buffer (50 mM Tris-Cl [pH, 7.4], 1% NP40, 150 mM NaCl, 1 mM EDTA, 1 mM phenylmethylsulfonyl fluoride, 1 µg/mL of aprotinin and leupeptin each, and 1 mM Na₃VO₄). After centrifugation at 12,000× *g* for 30 min, supernatant was collected, and the protein concentration was determined by the Bradford method (Bio-Rad Protein Assay). Equal amounts of protein were separated using 12% sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) under reducing conditions and were subsequently transferred to nitrocellulose membranes. The membranes were blocked with 5% skim milk in TBS-T (25 mM Tris [pH, 7.6], 138 mM NaCl, and 0.05% Tween-20) for 1 h and probed with primary antibodies (at 1:1000–1:5000). After washing, the membranes were further incubated with a HRP-conjugated secondary antibody (at 1:2000–1:10,000). Immunoreactive signals were detected using an ECL detection system.

Gene silencing

Pooled small interfering RNA (siRNA) oligonucleotides against ATG5 were purchased from Cell Signaling Technology. Cells were seeded, and after 24 h, they were transfected with 100 nM pooled oligonucleotide mixture by using Lipofectamine2000 (Invitrogen) according to the manufacturer's protocol. Twenty-four hours after transfection, media were removed and cells were treated with the indicated drugs. Gene silencing efficacy by siRNA was assessed by western blot analysis.

Tumor xenograft studies in nude mice

Five- to six-week-old BALB/c athymic nude mice (Charles River, Japan) were housed in cages with HEPA-filtered air (12-h light/dark cycle) and had *ad libitum* access to food and autoclaved water. A549 cells were injected subcutaneously (s.c.) into both hind legs of each mouse. Mice were randomly assigned to one of 4 experimental groups (*n* = 5 each) when the implanted tumors reached a volume of 90–130 mm³. Each group was monitored until tumors reached a volume of 1,300 mm³ or for 26 days. All procedures were performed in accordance with our institutional animal care and use policies.

Tumor orthotopic studies in nude mice

We intraperitoneally injected 20 nude mice with thiopental sodium (0.08 mL/kg of body weight) to induce anesthesia; subsequently, the mice were

placed in the right lateral decubitus position. Then, 50 μ L of A549 single cell suspension (1.5×10^6) prepared using the 1-mL injector was rapidly inoculated percutaneously into the upper margin of the sixth intercostal rib on the left anterior axillary line to a depth of about 5 mm, and then, the needle was promptly removed. The mice were maintained in the left lateral decubitus position after injection and were observed until complete recovery.

Micro-CT imaging analysis

Twenty mice with lung cancer underwent micro-CT scanning weekly after cell inoculation. Whole lungs were scanned for detection of tumors at 20 \times magnification. Each tumor scanned using micro-CT was reconstructed to three-dimensional images (axial, coronal, and 3D). Tumor size was evaluated using an imaging software (Xelis; Infinit, Seoul, Korea). The diameter of the tumor was defined as the maximum diameter of the tumor in a 2D plane. The tumor volume was evaluated using a volume analysis software (VGStudio MAX, Heidelberg, Germany). Small tumors were not included in data analysis because of the inability to measure the size of these tumors.

Statistical analysis

Each experiment was performed at least 3 times, and all values were expressed as the mean \pm SD of triplicate samples. The Student's *t*-test was used to determine the statistical significance. Values of *p* < 0.05 were considered statistically significant.

ACKNOWLEDGMENTS

This study was supported by a grant of the Korean Health Technology R&D Project, Ministry of Health & Welfare, Republic of Korea. (HI12CO110)

Author contributions

The authors have made the following declarations about their contributions: Conceived and designed: HKE, KYS and KHR. Development of methodology: HKE, KYS, JJW and KSJ. Acquisition of data: HKE, KYS, JJW, PDS, CBK, OSH and KHR. Analysis and interpretation of data: HKE, KYS, CBK, OSH, YKH, JET and KHR. Writing, review, and revision of the manuscript: HKE, KYS and KHR. Study supervision: KHR.

CONFLICTS OF INTEREST

No potential conflicts of interest were disclosed.

REFERENCES

1. Spiro SG, Tanner NT, Silvestri GA, Janes SM, Lim E, Vansteenskiste JF, Pirker R. Lung cancer: progress in diagnosis, staging and therapy. *Respirology*. 2010; 15:44–50.
2. Hotta K, Matsuo K, Ueoka H, Kiura K, Tabata M, Tanimoto M. Meta-analysis of randomized clinical trials comparing Cisplatin to Carboplatin in patients with advanced non-small-cell lung cancer. *Journal of Clinical Oncology*. 2004; 22:3852–3859.
3. Belli C, Fennell D, Giovannini M, Gaudino G, Mutti L. Malignant pleural mesothelioma: current treatments and emerging drugs. *Expert Opinion on Emerging Drugs*. 2009; 14:423–437.
4. Levine B, Klionsky DJ. Development by self-digestion: molecular mechanisms and biological functions of autophagy. *Developmental Cell*. 2004; 6:463–477.
5. Meijer AJ, Codogno P. Regulation and role of autophagy in mammalian cells. *International Journal of Biochemistry & Cell Biology*. 2004; 36:2445–2462.
6. Yoshimori T. Autophagy: a regulated bulk degradation process inside cells. *Biochemical and Biophysical Research Communications*. 2004; 313:453–458.
7. Eisenberg-Lerner A, Bialik S, Simon HU, Kimchi A. Life and death partners: apoptosis, autophagy and the cross-talk between them. *Cell Death and Differentiation*. 2009; 16:966–975.
8. Amaravadi RK, Yu D, Lum JJ, Bui T, Christophorou MA, Evan GI, Thomas-Tikhonenko A, Thompson CB. Autophagy inhibition enhances therapy-induced apoptosis in a Myc-induced model of lymphoma. *Journal of Clinical Investigation*. 2007; 117:326–336.
9. Vogelzang NJ, Rusthoven JJ, Symanowski J, Denham C, Kaukel E, Ruffie P, Gatzemeier U, Boyer M, Emri S, Manegold C, Niyikiza C, Paoletti P. Phase III study of pemetrexed in combination with cisplatin versus cisplatin alone in patients with malignant pleural mesothelioma. *Journal of Clinical Oncology*. 2003; 21:2636–2644.
10. Scagliotti GV, Parikh P, von Pawel J, Biesma B, Vansteenkiste J, Manegold C, Serwatowski P, Gatzemeier U, Digumarti R, Zukin M, Lee JS, Mellemegaard A, Park K, et al. Phase III study comparing cisplatin plus gemcitabine with cisplatin plus pemetrexed in chemotherapy-naïve patients with advanced-stage non-small-cell lung cancer. *Journal of Clinical Oncology*. 2008; 26:3543–3551.
11. Lim JU, Woo IS, Jung YH, Byeon JH, Park CK, Kim TJ, Kim HR. Transformation into large-cell neuroendocrine carcinoma associated with acquired resistance to erlotinib in nonsmall cell lung cancer. *Korean Journal of Internal Medicine*. 2014; 29:830–833.
12. Shih C, Chen VJ, Gossett LS, Gates SB, MacKellar WC, Habeck LL, Shackelford KA, Mendelsohn LG, Soose DJ, Patel VF, Andis SL, Bewley JR, Rayl EA, et al. LY231514, a pyrrolo[2,3-d]pyrimidine-based antifolate that inhibits

- multiple folate-requiring enzymes. *Cancer Research*. 1997; 57:1116–1123.
13. Zhang D, Ochi N, Takigawa N, Tanimoto Y, Chen Y, Ichihara E, Hotta K, Tabata M, Tanimoto M, Kiura K. Establishment of pemetrexed-resistant non-small cell lung cancer cell lines. *Cancer Letters*. 2011; 309:228–235.
 14. Ramirez JM, Ocio EM, San Miguel JF, Pandiella A. Pemetrexed acts as an antimyeloma agent by provoking cell cycle blockade and apoptosis. *Leukemia*. 2007; 21:797–804.
 15. Lu X, Errington J, Curtin NJ, Lunec J, Newell DR. The impact of p53 status on cellular sensitivity to antifolate drugs. *Clinical Cancer Research*. 2001; 7:2114–2123.
 16. Vandermeers F, Hubert P, Delvenne P, Mascaux C, Grigoriu B, Burny A, Scherpereel A, Willems L. Valproate, in combination with pemetrexed and cisplatin, provides additional efficacy to the treatment of malignant mesothelioma. *Clinical Cancer Research*. 2009; 15:2818–2828.
 17. Bareford MD, Park MA, Yacoub A, Hamed HA, Tang Y, Cruickshanks N, Eulitt P, Hubbard N, Tye G, Burrow ME, Fisher PB, Moran RG, Nephew KP, et al. Sorafenib enhances pemetrexed cytotoxicity through an autophagy-dependent mechanism in cancer cells. *Cancer Research*. 2011; 71:4955–4967.
 18. Goldstein JL, Brown MS. Regulation of the mevalonate pathway. *Nature*. 1990; 343:425–430.
 19. Chan KK, Oza AM, Siu LL. The statins as anticancer agents. *Clinical Cancer Research*. 2003; 9:10–19.
 20. Demierre MF, Higgins PD, Gruber SB, Haw E, Lippman SM. Statins and cancer prevention. *Nature Reviews Cancer*. 2005; 5:930–942.
 21. Hwang KE, Na KS, Park DS, Choi KH, Kim BR, Shim H, Jeong ET, Kim HR. Apoptotic induction by simvastatin in human lung cancer A549 cells via Akt signaling dependent down-regulation of surviving. *Investigational New Drugs*. 2011; 29:945–952.
 22. Yang PM, Liu YL, Lin YC, Shun CT, Wu MS, Chen CC. Inhibition of autophagy enhances anticancer effects of atrovastatin in digestive malignancies. *Cancer Research*. 2010; 70:7699–7709.
 23. Sun JM, Lee KW, Kim JH, Kim YJ, Yoon HI, Lee JH, Lee CT, Lee JS. Efficacy and toxicity of pemetrexed as a third-line treatment of non-small cell lung cancer. *Japanese Journal of Clinical Oncology*. 2009; 39:27–32.
 24. Kim KH, Song SY, Lim KH, Han SS, Kim SH, Cho JH, Park CW, Lee S, Lee HY. Interstitial pneumonitis after treatment with pemetrexed for non-small cell lung cancer. *Cancer Research and Treatment*. 2013; 45:74–77.
 25. Hwang KE, Kim YS, Hwang YR, Kwon SJ, Park DS, Cha BK, Kim BR, Yoon KH, Jeong ET, Kim HR. Enhanced apoptosis by pemetrexed and simvastatin in malignant mesothelioma and lung cancer cells by reactive oxygen species-dependent mitochondrial dysfunction and Bim induction. *International Journal of Oncology*. 2014; 45:1769–1777.
 26. Rothbart SB, Racanelli AC, Moran RG. Pemetrexed indirectly activates the metabolic kinase AMPK in human carcinomas. *Cancer Research*. 2010; 70:10299–10309.
 27. Jeong EH, Choi HS, Lee TG, Kim HR, Kim CH. Dual inhibition of PI3K/Akt/mTOR pathway and role of autophagy in non-small cell lung cancer cells. *Tuberculosis and Respiratory Diseases*. 2012; 72:343–351.
 28. Huang S, Sinicrope FA. Celecoxib-induced apoptosis is enhanced by ABT-737 and by inhibition of autophagy in human colorectal cancer cells. *Autophagy*. 2010; 6:256–269.
 29. Zhang XD, Qi L, Wu JC, Qin ZH. DRAM1 regulates autophagy flux through lysosomes. *PLoS One*. 2013; 8:e63245.
 30. Boya P, Gonzalez-Polo RA, Casares N, Perfettini JL, Dessen P, Larochette N, Metivier D, Meley D. Inhibition of macroautophagy triggers apoptosis. *Molecular Biology of the Cell*. 2005; 25:1025–1040.
 31. Schulze-Bergkamen H, Krammer PH. Apoptosis in cancer-implications for therapy. *Seminars in Oncology*. 2004; 31:90–119.
 32. Del Bufalo D, Desideri M, De Luca T, Di Martile M, Gabellini C, Monica V, Busso S, Eramo A, De Maria R, Milella M, Trisciuoglio D. Histone deacetylase inhibition synergistically enhances pemetrexed cytotoxicity through induction of apoptosis and autophagy in non-small cell lung cancer. *Molecular Cancer*. 2014; 13:230.
 33. Park JH, Lee YR, So HS, Lee KK, Lee SY, Moon SR, Jo HJ, Jeong K, Kwon KB, Yang SH. The role of autophagy induced by pemetrexed in lung adenocarcinoma cells. *Oncology Reports*. 2014; 31:2365–2370.
 34. Abedin MJ, Wang D, McDonnell MA, Lehmann U, Kelekar A. Autophagy delays apoptotic death in breast cancer cells following DNA damage. *Cell Death and Differentiation*. 2007; 14:500–510.
 35. Choi HS, Jeong EH, Lee TG, Kim SY, Kim HR, Kim CH. Autophagy inhibition with monensin enhances cell cycle arrest and apoptosis induced by mTOR or epidermal growth factor receptor inhibitors in lung cancer cells. *Tuberculosis and Respiratory Diseases*. 2013; 75:9–17.
 36. Maiuri MC, Zalckvar E, Kimchi A, Kroemer G. Self-eating and self-killing: crosstalk between autophagy and apoptosis. *Nature Reviews Molecular Cell Biology*. 2007; 8:741–752.
 37. Amaravadi RK, Thompson CB. The roles of therapy-induced autophagy and necrosis in cancer treatment. *Clinical Cancer Research*. 2007; 13:7171–7179.
 38. Maiuri MC, Zalckvar E, Kimchi A, Kroemer G. Self-eating and self-killing: crosstalk between autophagy and apoptosis. *Nature Reviews Molecular Cell Biology*. 2007; 8:741–752.
 39. Pankiv S, Clausen TH, Lamark T, Brech A, Bruun JA, Outzen H, Overvatn A, Bjorkor G, Johansen T. p62/SQSTM1 binds directly to Atg8/LC3 to facilitate degradation of ubiquitinated protein aggregates by autophagy. *Journal of Biological Chemistry*. 2007; 282:24131–24145.

40. Mathew R, Karp CM, Beaudoin B, Vuong N, Chen G, Chen HY, Bray K, Reddy A, Bhanot G, Gelinas C, Dipaola RS, Karantza-Wadsworth V, White E. Autophagy suppresses tumorigenesis through elimination of p62. *Cell*. 2009; 137:1062–1075.
41. Floto RA, Sarkar S, Perlstein EO, Kampmann B, Schreiber SL, Rubinsztein DC. Small molecule enhancers of rapamycin-induced TOR inhibition promote autophagy, reduce toxicity in Huntington's disease models and enhance killing of mycobacteria by macrophages. *Autophagy*. 2007; 3:620–622.
42. Rosenbluth JM, Pietsenpol JA. mTOR regulates autophagy-associated genes downstream of p73. *Autophagy*. 2009; 5:114–116.