



Neurological symptom management in breast cancer meningeal carcinomatosis

Hideaki Takahashi

Department of Neurosurgery, Niigata Cancer Center Hospital, Niigata, Japan

Correspondence to: Hideaki Takahashi, MD, PhD. Department of Neurosurgery, Niigata Cancer Center Hospital, 2-15-3 Kawagishi-cho, Niigata chuou-ku, Niigata 951-8585, Japan. Email: hidencch@gmail.com.

Abstract: No treatment has been established for meningeal carcinomatosis (MC) in advanced metastatic breast cancer, and its prognosis is poor. In recent years, systemic therapies such as trastuzumab deruxtecan and tucatinib have been reported effective for human epidermal growth factor receptor 2 (HER2)-positive breast cancer, however, these cannot be used for all MC. The difficulty in diagnosing and treating MC is attributed to its diverse pathology. As a result, in clinical practice, diagnosis is often delayed, and symptoms persist. This review focuses on whether neurological symptoms can be effectively alleviated even with unestablished treatments by classifying the pathology of MC into meningitis, hydrocephalus-related intracranial hypertension symptoms, focal brain damage such as epilepsy, cranial nerve disorders, and spinal cord symptoms and evaluating the diagnosis and condition. Hydrocephalus can be managed with drainage and ventriculoperitoneal shunt surgery, and meningitis symptoms and cranial nerve disorders can be managed with whole brain radiotherapy. Antiepileptic drugs are essential for epilepsy, and supportive care is necessary, as are steroids for cranial nerve disorders. However, MC is not caused by a single condition but can occur in combination thus the therapeutic effectiveness of palliative therapy for neurological symptoms is currently unknown, and research is limited. In the future, if a lineup of highly effective systemic therapies such as tyrosine kinase inhibitors for *ALK* gene-positive lung cancer is established, treatment strategies for MC may change. However at present, rapid diagnosis and prompt neurological palliative treatment play an important role in the neurological symptoms management of MC.

Keywords: Meningeal carcinomatosis (MC); breast cancer; cerebrospinal fluid cytology (CSF cytology); head magnetic resonance imaging (head MRI); brain metastasis

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Introduction

Treatment of brain metastases in solid cancers exerts a certain therapeutic effect with the advent of stereotactic radiotherapy, an excellent local therapy. At present, it is further improving with the advent of molecular targeted drug therapy, an excellent systemic therapy.

Among brain metastases, the pathological condition in which cancer cells that are targeted by stereotactic radiotherapy spread to the cerebrospinal fluid (CSF) cavity is called meningeal carcinomatosis (MC). MC is the most troublesome and intractable complication of central nervous system complications of solid cancers.

MC is common in breast cancer, clinically seen in approximately 5% of cases, and is considered common in invasive lobular carcinoma (1). Patients with MC present to oncologists with various complaints, including meningeal signs such as headache, vomiting, and neck stiffness, mild symptoms such as diplopia, hearing loss, hydrocephalus-related cognitive impairment, severe headache, and sciatica, and unconsciousness in severe cases. These symptoms are caused by multiple pathologic states, which can lead to diagnosis and treatment delays in clinical practice (2).

In lung cancer, advances in molecular targeted drug therapy have resulted in the selection of systemic therapy

Table 1 Five pathological conditions of MCs

Pathological condition	Meningitis	Hydrocephalus (ICH)	Focal brain damage	Spinal cord damage	Cranial nerve disorder
Cancer location	Meninges	CSF space	Parenchymal	Spinal pia & dura	Cranial nerve
Symptom & sign	Headache/nausea		Focal brain sign	Sciatica	Double vision
	Back pain	Blurred vision		Gait disturbance	Deafness
Critical sign	Stiff neck	Loss of consciousness	Epilepsy	Spinal conus syndrome/ cauda equina syndrome	Garcin syndrome

MC, meningeal carcinomatosis; ICH, intracranial hypertension; CSF, cerebrospinal fluid.

for MC, however, this is limited to suitable patients. In breast cancer, tyrosine kinase inhibitors (TKIs) and antibody drug conjugates (ADCs) have also been reported to be effective in some cases (3), however, their use remains limited. Given the lack of established standard treatments for MC, the treatment is focused on symptom relief.

The appropriate diagnosis and treatment of MC requires an understanding of the pathological states that present diverse symptoms. This review discusses the treatment of MC in breast cancer, particularly from the perspective of neurological symptom relief, based on author's experience in clinical practice and literature review.

Characteristics of MCs in breast cancer

Brain metastasis is observed in 10% of patients diagnosed with advanced non-small cell lung cancer (NSCLC). Conversely, in metastatic breast cancer, brain metastasis occurs in 40% of patients with human epidermal growth factor receptor 2 (HER2)-positive metastatic breast cancer, 30% with triple-negative (TN) metastatic breast cancer, and 15% of hormone receptor (HR)-positive breast cancer (4). Among metastatic brain tumors, the most common primary site is lung cancer, accounting for 50% of all cases, followed by breast cancer with approximately 15% (5).

Epidermal growth factor receptor (*EGFR*)-mutant NSCLC cases are several times more likely to have MC than nonmutant cases (6). Moreover, hormone status and HER2 status determine the condition in breast cancer, with TN and HER2-positive cases particularly likely to have MC (7).

In brain metastasis from breast cancer, metastasis to the cerebrum is also common in cases with lung metastasis. However, brain metastasis to the posterior fossa via the Batson vertebral venous plexus is often seen in bone metastases such as to the vertebrae (8). These two pathways are possibly associated with MC development, and pathways involving direct invasion from vertebral and intracranial and

spinal dura matter metastases are also thought to be more likely in breast cancer (9,10).

In addition, because trastuzumab is effective in HER2-positive cases of breast cancer, the number of MC cases is speculated increase because of prolonged survival.

Furthermore, TKIs are deemed effective in mutant cases in MC of lung cancer (11), whereas ADCs such as trastuzumab deruxtecan (T-DXd) and TKIs such as tucatinib are effective in breast cancer (12,13).

Five pathological conditions of MCs

MC exhibits various symptoms and signs. For ease of understanding, *Table 1* shows the five pathological conditions in MC, cancer cells location, typical symptoms and critical signs.

Meningitis

Meningitis symptoms and signs are caused by leptomeningeal inflammation due to cancer cells that have invaded the CSF cavity. The classic triad of symptoms is headache, vomiting, and neck stiffness, however, the disease is often discovered late, and patients may complain of mild appetite loss, persistent headaches, or pain behind the eyes. Then, patients begin to complain of back pain, and the critical sign of a progressive condition is a stiff neck.

Hydrocephalus-related intracranial hypertension

Intracranial hypertension can be considered a symptom of hydrocephalus, in which cancer cells accumulate in the arachnoid granulations, which are the site of CSF absorption, and prevent CSF absorption. The classic triad of symptoms is headache, vomiting, and blurred vision due to a choked disc. In mild cases, it may be diagnosed based on complaints of morning headaches or inability to eat despite not having undergone chemotherapy. If

these symptoms arise, they will persist without remission, resulting in severe headaches, and progressing to mental signs or loss of consciousness.

The condition of focal brain damages

Focal brain damage to the cerebrum, cerebellum, and brainstem is a sign of coexisting metastasis to the brain parenchyma. Epilepsy is classified as a severe form. Naturally, epilepsy is thought to be caused by a combination of epileptogenic factors, however, for ease of understanding, it is considered herein as a single condition.

Spinal cord damage

Symptoms of spinal cord damage are caused by the accumulation of cancer cells in the spinal cavity causing pathological damage to the pia and dura mater of the spinal cavity. Symptoms include lower limbs numbness, walking difficulties, and other conditions. Severe forms include spinal conus syndrome and cauda equina syndrome. In breast cancer, bone metastasis to the spine is common, and infiltration of the spinal dura and direct infiltration into CSF cavity is also observed. It is caused by spinal inflammation of the surface of the spinal cord and hypertrophic inflammation of the dura mater, causing neuropathic pain corresponding to the location.

Cranial nerve disorders

The cranial nerves are exposed to the CSF from the CSF cavity until they pass through the skull, making them prone to injury. Injuries to the vestibulocochlear, trigeminal, facial, and ocular motor nerves may present with symptoms such as hearing loss, facial numbness, facial distortion, and diplopia. In severe cases, Garcin syndrome, a unilateral multiple cranial nerve disorder may occur (14). Multiple cranial nerve disorders can cause the deterioration in the performance of activities of daily living.

Anatomically, these encompass all symptoms and signs. These five pathological conditions can occur alone or in combination. Diverse symptoms and signs can occur at various times, which can lead to diagnostic difficulties and delayed treatment for MC.

Diagnosis

In clinical practice, MC is confirmed by CSF examination

and neuroimaging. Although CSF examination is invasive and unfamiliar to an oncologist, it is not a difficult procedure. Physicians who are unfamiliar with neurological symptoms tend to contraindicate lumbar puncture in cases of increased intracranial pressure. However, in MC, increased intracranial pressure occurs gradually and in stages, thus CSF collection must be performed slowly when draining it, because this will not induce brain herniation. Above all, nausea may subside with one CSF drainage. In addition, because no changes may be observed in neuroimaging in the early stages, if there is any doubt, a CSF examination is recommended, particularly in mild cases.

CSF examination

The definitive diagnosis is made by CSF cytology. However, if general examinations showed a lymphocyte-dominant increase in cells and an elevation in the CSF protein concentration, which are suspected findings of meningitis, the diagnosis is quite certain. In addition, high protein concentrations may be a sign of intraspinal cavity lesion (15), and the CSF will appear yellowish. In some cases, the Froin's sign in CSF may be positive, and the protein may form clumps (16,17).

Neuroimaging

Neuroimaging mainly involves contrast-enhanced head computed tomography (CT), or contrast-enhanced magnetic resonance imaging (MRI). MC has no specific CT or MRI findings, and the diagnosis is made based on findings of meningitis, hydrocephalus, abnormal cranial nerve enhancement, inflammation around the pituitary gland, inflammation around the pia matter of the spinal cord, and reaction of the spinal dura mater.

Meningitis findings include linear enhancements along the cerebellar folia and the brainstem. *Figure 1* shows a T1-weighted image (T1WI) of a contrast-enhanced head MRI of a patient with MC. *Figure 1A,1B* shows the linear enhancement around the brainstem and cerebellar folia and along the cerebral sulci of the longitudinal fissure respectively.

Early signs of hydrocephalus are often seen in images as a rounded form at the optic nerve crossing of the third ventricle. In addition, the inferior horn of the lateral ventricle is enlarged in the image (*Figure 2A*). When the entire lateral ventricle is enlarged, water infiltration into the brain parenchyma called the periventricular high-intensity

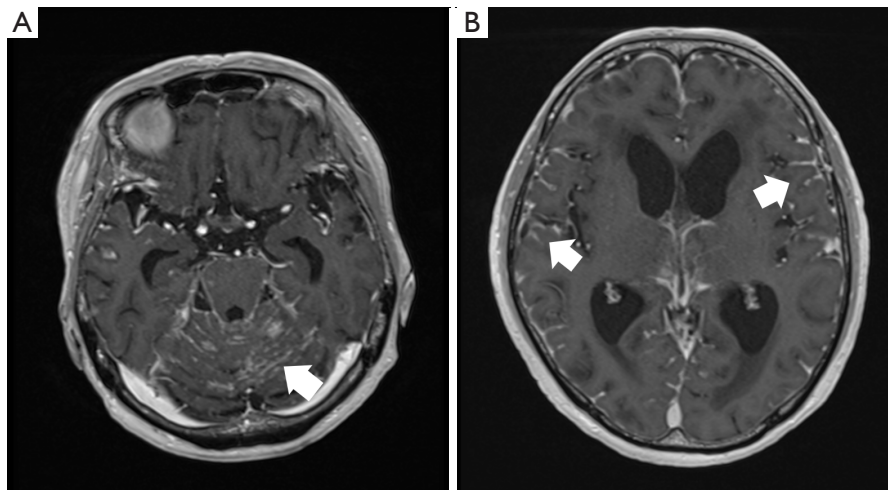


Figure 1 This neurological image shows signs of meningitis, with inflammatory signs around the cerebellum and brain stem appearing as linear enhancements in the image, and similar linear enhancements as inflammatory signs are also seen in the sulci of the cerebellum (arrows). (A) T1WI of postcontrast MRI demonstrates abnormal linear enhancement around the brainstem and along the cerebellar folia. (B) T1WI of the postcontrast MRI demonstrates abnormal linear enhancement along the cerebral sulci (arrows) of the longitudinal fissure. T1WI, T1-weighted image; MRI, magnetic resonance imaging.

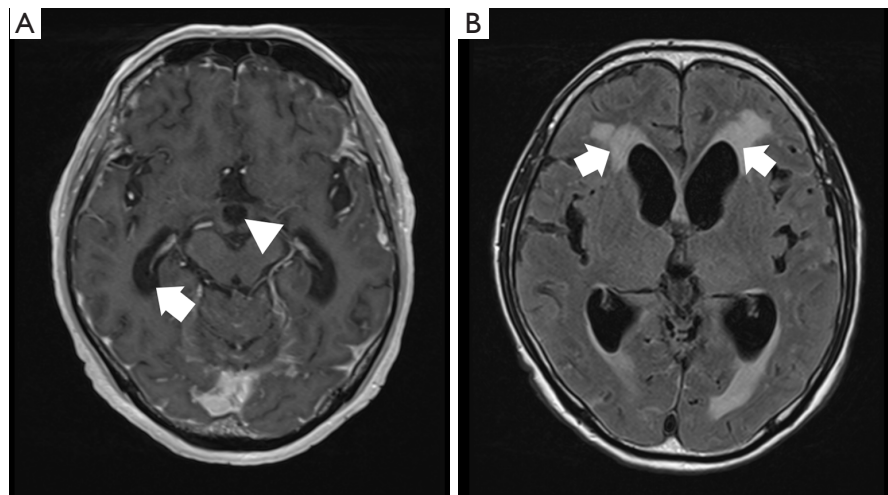


Figure 2 This image shows the signs of hydrocephalus, with ventricular enlargement evident early in the lateral and third ventricles, and areas of water infiltration in the anterior horns of the lateral ventricles as hydrocephalus progresses. (A) T1WI-MRI demonstrates early signs of hydrocephalus in the third ventricle (arrowhead) and inferior horns of the lateral ventricle (arrow). (B) FLAIR MRI demonstrates ventricular enlargement in the anterior horns of the lateral ventricle with a periventricular high-intensity area (arrows). T1WI, T1-weighted image; MRI, magnetic resonance imaging; FLAIR, fluid-attenuated inversion recovery.

area is also seen in fluid-attenuated inversion recovery (FLAIR) images on head MRI (*Figure 2B*).

Abnormal cranial nerve enhancements are nearly never seen in the ocular motor nerves and are most seen in the vestibular or facial nerves in the internal auditory canal,

followed by the trigeminal nerve. Other cranial nerves are extremely rarely observed in contrast imaging. *Figure 3A,3B* shows contrast enhancement in the right internal auditory canal, and the trigeminal nerve respectively.

The pituitary stalk is also sometimes encountered as

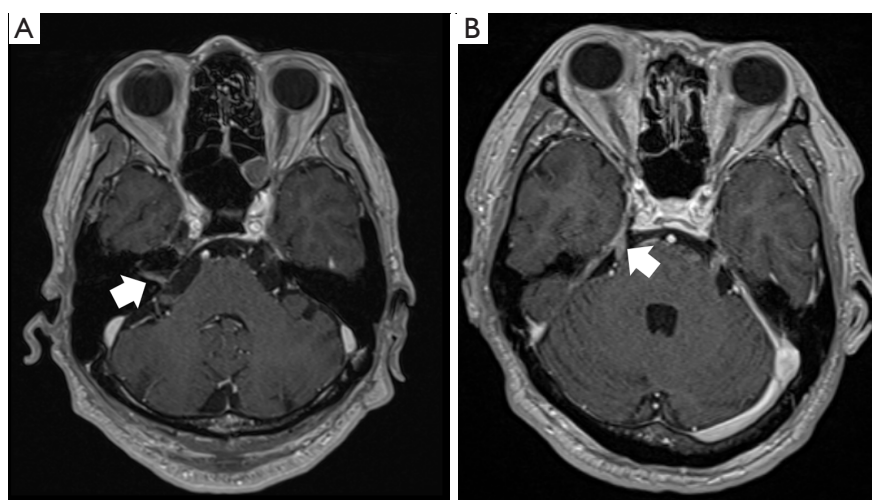


Figure 3 This neuroimaging shows cranial nerve damage, shown here as contrast images of the acoustic nerve in the internal auditory canal and the trigeminal nerve at the cerebellopontine angle. (A) T1WI-MRI in the patient with meningeal carcinoma demonstrates contrast enhancement in the right internal auditory canal (arrow). (B) T1WI-MRI with abnormal enhancement in the bilateral trigeminal nerves (arrow). T1WI, T1-weighted image; MRI, magnetic resonance imaging.

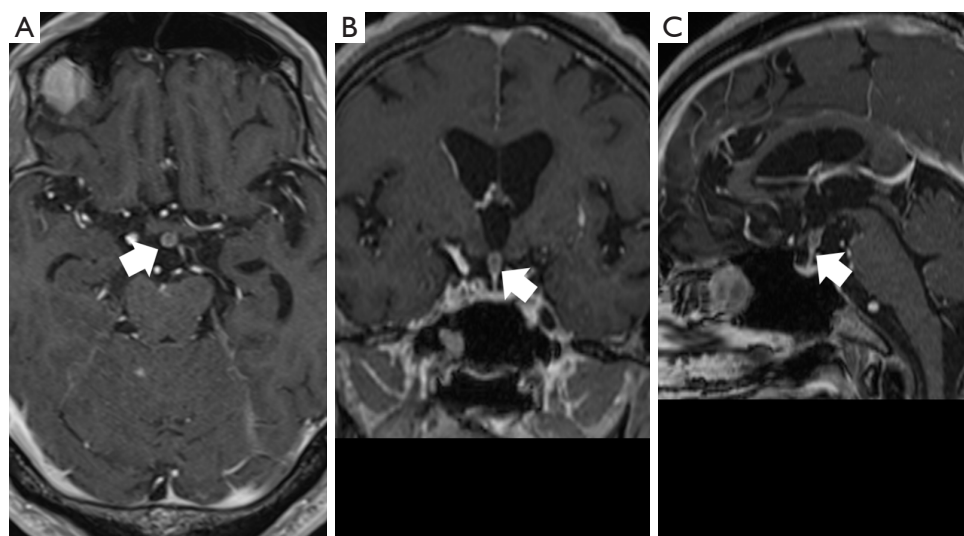


Figure 4 In special cases, contrast lesions indicating meningitis may also be seen around the pituitary stalk. (A) Axial, (B) coronal, and (C) sagittal images of the pituitary gland on postcontrast MRI demonstrate thickened enhancement (arrows) in the pituitary stalk. MRI, magnetic resonance imaging.

an inflammatory finding when present in the CSF cavity. *Figure 4* shows axial (*Figure 4A*), coronal (*Figure 4B*), and sagittal (*Figure 4C*) images of the pituitary gland on contrast-enhanced MRI of the head. MRI demonstrates the thickened contrast enhancement around the pituitary stalk.

Spinal MRI shows linear contrast enhancement known

as the railway sign, which is an inflammatory finding on the surface of the spinal cord (*Figure 5A*). In addition to these findings, abnormal contrast and dura mater thickening are observed, mainly at the lower end of the spinal dura mater. Furthermore, inflammatory findings on the surface of the cervical and thoracic spinal cord and thickening of some of

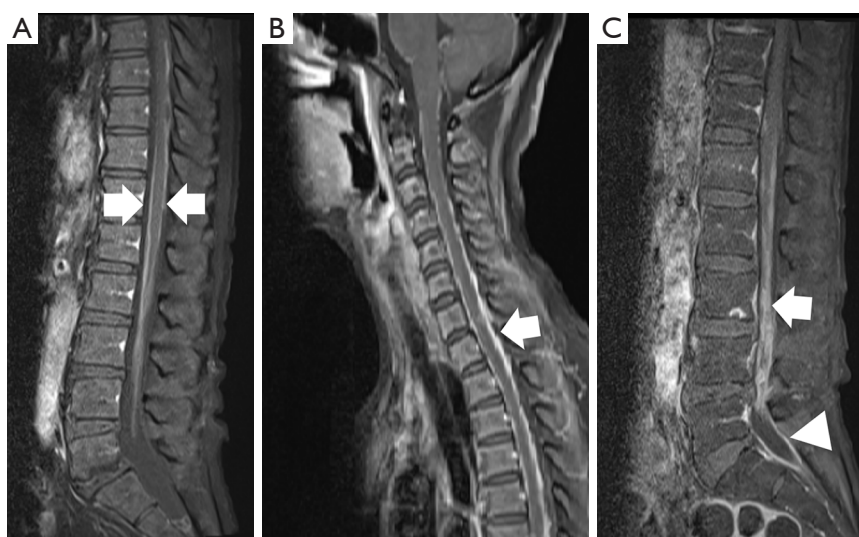


Figure 5 Spinal postcontrast MRI. (A) Linear enhancement is known as the railway sign on the surface of the spinal cord (arrows). (B) Abnormal enhancement on the surface of cervicothoracic spinal cord and the thickened dura mater (arrow). (C) Lower spinal MRI. The MRI demonstrates abnormal enhancement of the spinal cord (arrow) and linear enhancement of the dura mater (arrowhead). MRI, magnetic resonance imaging.

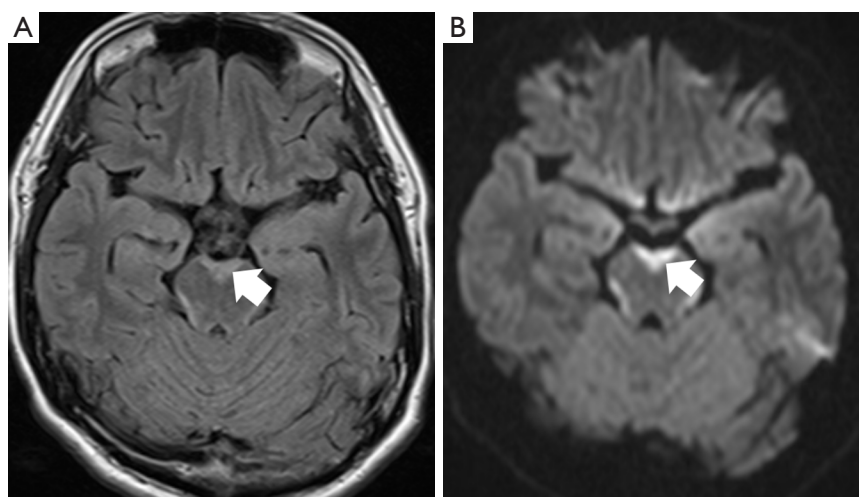


Figure 6 FLAIR (A) and diffusion-weighted image (B) MRI demonstrates the high signal area (arrows) surrounding the brainstem. FLAIR, fluid-attenuated inversion recovery; MRI, magnetic resonance imaging.

the dura maters are observed in the sagittal section image of the contrasted MRI of the spinal cord (*Figure 5B*). In *Figure 5C*, abnormal contrast is observed in the inflamed area of the spinal cord and abnormal enhancement at the lower end of the spinal dura mater.

Although band-like hyperintensity is an exceptional finding, it may be seen around the midbrain in FLAIR images and diffusion-weighted images of head MRI in cases

of *EGFR*-positive lung cancer (18,19). *Figure 6* shows the FLAIR images and diffusion-weighted MRI of the head. In this case, this finding was seen as a high-intensity area surrounding the brain stem.

Treatment

The treatment algorithm in *Figure 7* shows the current

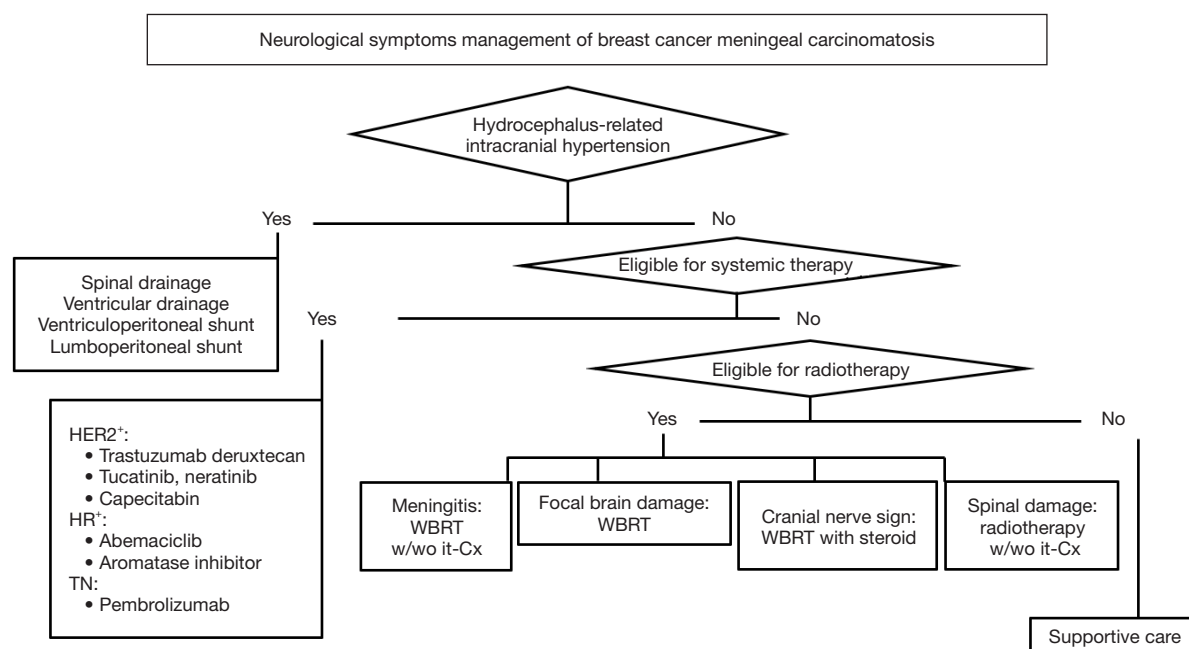


Figure 7 This algorithm illustrates the neurological symptom management of breast cancer MC. HER2, human epidermal growth factor receptor 2; HR, hormone receptor; TN, triple-negative; WBRT, whole-brain radiation therapy; w/wo it-Cx, with/without intrathecal chemotherapy; MC, meningeal carcinomatosis.

management of the neurological symptoms of MC, including reports, expert opinions, and personal experience.

When MC is diagnosed, hydrocephalus must be treated immediately. This condition can progress rapidly, and if symptoms of increased intracranial pressure occur quickly, such as severe visual impairment and mental symptoms, lumbar drainage is necessary. This can be performed as a simple procedure in the hospital room under local anesthesia. The placement of an Ommaya reservoir in the ventricle, a ventriculoperitoneal shunt under general anesthesia, and a lumboperitoneal shunt under lumbar anesthesia are also possible (20,21).

The next consideration is whether systemic therapy is eligible or not. In NSCLC, TKIs are effective in treating *EGFR* mutations and should be used proactively to alleviate the symptoms of MC (22,23).

In breast cancer, drugs that are considered for MC include the tucatinib (a TKI), capecitabine (5-fluorouracil prodrug), T-DXd (an ADC), lapatinib (*EGFR* and *HER2*), and neratinib (a TKI) in the *HER2*-positive subtype group (24-28). In the *HR*-positive group, abemaciclib (the cyclin-dependent kinase 4/6 inhibitor) and hormone therapy have been tried (29). In the *TN* group, the immune checkpoint inhibitor PD-1 inhibitor pembrolizumab is expected to be a

promising treatment (30).

Currently, if tucatinib or T-DXd is applicable, it will be the first-line treatment after MC diagnosis (31,32).

If the above systemic treatments are not applicable, the question arises as to whether radiation therapy can be used. If whole-brain radiation therapy (WBRT) has already been used or if the spine has been irradiated, radiation therapy is no longer indicated and supportive care is provided. In cases where radiation therapy is possible, a management method is selected according to the main MC symptoms. If meningitis symptoms are the main symptom, studies have reported that WBRT alone or in combination with intrathecal chemotherapy is effective. Several drugs have been reported for intrathecal administration, and methotrexate, thiopeta, topotecan, cytarabine, liposomal cytarabine, and trastuzumab are particularly promising (33-36). Despite concerns about complications and side effects, questions remain about its effectiveness (37), some say that it may be considered for palliating neurological symptoms.

If local symptoms in the brain are severe, that is, if both brain metastasis and dural metastasis or epilepsy are present, WBRT with irradiation such as 3 Gy × 10 fractions or 4 Gy × 5 fractions is selected (38).

Furthermore, in cases where cranial nerve damage is the

main symptom, WBRT combined with steroid therapy is also recommended. Diplopia improves relatively quickly, however, hearing loss and facial nerve paralysis improve slowly.

Among spinal cord symptoms, local irradiation around the lumbar region is said to be effective in improving ADL performance and relieving pain, particularly in cases of spinal conus syndrome and cauda equina syndrome (39).

Details of the systemic therapy and drugs currently under investigation will be omitted as they are beyond the scope of this review.

Supportive care

At present, no definitive cure has been established for MC, so the best supportive care should be to alleviate neurological symptoms according to the condition. Narcotics are often chosen to manage pain caused by spinal cord symptoms and associated bone lesions, and in many cases, the dosage is gradually increased or added according to the condition. However, MC interferes with the patient's dignity and ADL performance due to severe neurological symptoms, thus, pain relief and psychological relief are not enough to support the patient with a neurological deficit. Epilepsy is also relatively common in MC and may range from generalized tonic convulsions to nonconvulsive epilepsy and may not be noticed. Some cases may require antiepileptic drugs (40,41). Steroids are also useful for sciatica caused by spinal cord lesions and cranial nerve disorders. Neurological symptoms must be alleviated as much as possible.

Conclusions

MC in breast cancer can develop with complaints of decreased appetite and nausea even in the absence of chemotherapy, headaches that worsen daily, and progressive impairment of consciousness of unknown causes, making it difficult for cancer doctors to diagnose the condition. Despite the introduction of certain drugs that are effective against MC, such as ADCs and TKIs, their effectiveness is still limited. With this lack of established treatment, the neurological symptoms must be alleviated. For the diagnosis and palliative treatment, the pathological condition was classified into five categories, and each treatment was reviewed in the literature, however, not many studies have reported on the neurological symptoms management. Standard methods for the neurological symptoms

management, such as management of hydrocephalus, meningitis symptoms, cranial nerve signs, and spinal cord damages, should be established. Although systemic therapy will be likely established in the future, until then, methods for the neurological symptoms management must be individualized.

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Footnote

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