

Mortality Risk Stratification Using Cluster Analysis in Patients With Myositis-Associated Interstitial Lung Disease Receiving Initial Triple-Combination Therapy

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Gono T, Masui K, Sato S and Kuwana M (2022) Mortality Risk Stratification Using Cluster Analysis in Patients With Myositis-Associated Interstitial Lung Disease Receiving Initial Triple-Combination Therapy. Front. Med. 9:883699. doi: 10.3389/fmed.2022.883699 **Objective:** To stratify patients with polymyositis/dermatomyositis-associated interstitial lung disease (ILD) who were initially treated with an intensive regimen consisting of high-dose corticosteroids, a calcineurin inhibitor, and intravenous cyclophosphamide (triple-combo therapy) into subgroups based on mortality outcomes by a cluster analysis using a large-scale multicenter retrospective cohort of Japanese patients with myositis-associated ILD (JAMI).

Methods: Two-step cluster analysis of preclustering and subsequent hierarchical clustering was conducted in 185 patients who received triple-combo therapy in an unbiased manner. Initial predictors for mortality previously reported in patients with myositis-associated ILD were used as variables and included age, sex, disease duration, classification of myositis, requirement of supplemental oxygen, anti-aminoacyl tRNA synthetase (ARS) antibody, anti-melanoma differentiation-associated gene 5 (MDA5) antibody, and serum levels of C-reactive protein (CRP) and Krebs von den Lungen-6 (KL-6). The cluster model was further applied to 283 patients who received conventional regimens consisting of corticosteroids with or without a single immunosuppressive agent (dual-combo therapy or monotherapy). Cumulative survival rates were compared using Kaplan-Meier analysis, and the log-rank test was used to test for significant differences between two groups.

Results: We developed a cluster model consisting of 6 clusters, which were categorized by age at onset, clinically amyopathic dermatomyositis, CRP, KL-6, requirement of supplemental oxygen, anti-ARS antibody, and anti-MDA5 antibody. This model was judged to be of good quality based on the silhouette measure of cohesion and separation of 0.6. These clusters were regrouped into three subsets based on low (<10%), moderate (10-50%), and high (>50%) mortality rates. The performance of the clustering was generally replicated in patients who received initial dual-combo therapy or monotherapy.

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Survival benefits of triple-combo therapy over dual-combo therapy or monotherapy were not observed in any of the clusters.

Conclusion: We successfully developed a cluster model that stratified patients with myositis-associated ILD who were treated with initial triple-combo therapy into subgroups with different prognoses, although this model failed to identify a patient subgroup that showed survival benefits from triple-combo therapy over dual-combo therapy or monotherapy.

Keywords: interstitial lung disease, polymyositis (PM), dermatomyositis (DM), anti-MDA5 antibody, cluster analysis, triple-combo therapy

INTRODUCTION

Idiopathic inflammatory myopathies often affect extramuscular organs such as the skin, joints, lungs, heart and gastrointestinal tract (1). In particular, interstitial lung disease (ILD) is one of the major manifestations associated with poor mortality in patients with polymyositis (PM)/dermatomyositis (DM) (2). The management of ILD in patients with PM/DM aims to ameliorate, stabilize, or slow its progression based on the disease behavior of ILD (3). In terms of treatment for myositisassociated ILD, systemic corticosteroid therapy is usually combined with immunosuppressive agents, such as azathioprine, cyclophosphamide, mycophenolate mofetil, methotrexate, cyclosporine, tacrolimus, and/or rituximab, although there is little evidence to support the efficacy of these individual agents (4). Since the clinical course, response to treatment, and prognosis are highly variable among patients with myositisassociated ILD (3, 5), the treatment regimen is decided based mainly on the progression speed and severity of ILD. On the other hand, many studies have reported clinical, laboratory, and imaging features predicting subsequent treatment response and prognosis (6-11).

Among myositis-specific autoantibodies, anti-melanoma differentiation-associated gene 5 (MDA5) and anti-aminoacyl tRNA synthetase (ARS) antibodies are associated with ILD (2). Anti-MDA5 antibody is useful for predicting rapidly progressive ILD and poor survival in patients with myositisassociated ILD (9, 12). Approximately 30 to 50% of patients with anti-MDA5-associated ILD die of respiratory failure within 6 months after diagnosis (9, 13, 14). In a large-scale multicenter retrospective cohort of Japanese patients with myositis-associated ILD (JAMI), the major cause of death was respiratory insufficiency directly related to ILD and ant-MDA5 antibody was the strongest predictor of mortality regardless of the initial treatment regimen (9, 11). To overcome this devastating condition, an intensive immunosuppressive regimen consisting of high-dose corticosteroids, a calcineurin inhibitor maintained at a high serum trough level, and intermittent intravenous cyclophosphamide ("triple-combo" therapy) is empirically used mainly in Japan without firm evidence for efficacy (15-17). A prospective, multicenter, single-arm study in patients with anti-MDA5-associated ILD suggested superiority of initial triple-combo therapy over historical controls who

received sequential combination therapy (18). On the other hand, a retrospective cohort reported that more than half of patients with myositis-associated ILD who received triple-combo therapy developed serious infection events, including bacterial, fungal and cytomegalovirus infection (19). In addition, it has been reported that some patients with anti-MDA5-associated ILD favorably respond to corticosteroids combined with a single immunosuppressive agent ("dual-combo" therapy) or corticosteroids alone (monotherapy) (20). In fact, over 80% of patients with anti-MDA5 antibody survived without receiving initial triple-combo therapy in the JAMI cohort (our unpublished data). On the other hand, patients with myositis-associated ILD who were negative for anti-MDA5 antibody are sometimes resistant to initial dual-combo therapy (11); initial triplecombo therapy might have a role in this patient population. Therefore, a personalized approach is necessary to optimize the initial immunosuppressive regimen in patients with myositisassociated ILD, especially those with anti-MDA5-associated ILD. In this study, the JAMI cohort was used to stratify patients with myositis-associated ILD who were initially treated with triplecombo therapy into subgroups based on mortality outcomes by a cluster analysis.

MATERIALS AND METHODS

Study Subjects

JAMI is a multicenter, retrospective cohort of 499 adult incident cases with myositis-associated ILD who visited 44 participating centers across Japan between October 2011 and October 2015. The detailed study protocol was described previously (9). Briefly, inclusion criteria were fulfillment of the criteria for definite or probable PM/DM proposed by Bohan and Peter (21) or Sontheimer's criteria for clinically amyopathic DM (CADM) (22), except that patients were not required to meet the condition of no clinical evidence of myositis for at least 6 months. Patients with ILD alone without any muscle involvement or hallmark cutaneous manifestation of DM were excluded. For this study, we selected 468 patients from the JAMI cohort based on a record of initiation of immunosuppressive treatment at diagnosis and availability of data required for the cluster analysis. Anti-ARS and anti-MDA5 antibodies were measured at the central laboratories with an RNA immunoprecipitation assay (23) and an in-house enzyme-linked immunosorbent

assay (24), respectively. The treatment regimen was decided by attending physicians without information on autoantibodies. Triple-combo therapy was defined as a combined regimen consisting of high-dose corticosteroids, a calcineurin inhibitor, and intermittent intravenous cyclophosphamide, while dualcombo therapy was defined as a combination of corticosteroids and a single immunosuppressant, such as cyclophosphamide, cyclosporin, and tacrolimus. Monotherapy was defined as corticosteroids alone. Treatment drugs used within 2 weeks after treatment initiation were defined as an initial regimen. Before introduction of the immunosuppressive treatment, all patients underwent screening of latent infection of microorganisms, such as hepatitis B virus, Pneumocystis jiroveci and Mycobacterium tuberculosis, and prophylactic medications if necessary. The study protocol was approved by the Ethics Committee of the coordinating center (Nippon Medical School, Tokyo, Japan; 26-03-434) and by individual participating centers. The JAMI cohort was registered in the University Hospitals Medical Information Network Clinical Trial Registry (UMIN000018663).

Statistical Analysis

All statistical analyses were conducted by an independent medical statistician (KM) using SPSS Statistics version 23 (IBM, Tokyo, Japan). Continuous values are shown as the median (25-75 percentile) according to the distribution of the data. Two-step cluster analysis of preclustering and subsequent hierarchical clustering was conducted in 185 patients who received triple-combo therapy in an unbiased manner. This procedure automatically determined the optimal number of clusters according to the Bayesian Information Criterion (25). Initial predictors for all-cause mortality or mortality due to respiratory insufficiency directly related to ILD reported in the JAMI cohort (9, 11), including age, sex, disease duration at diagnosis, classification of myositis, requirement of supplemental oxygen, anti-ARS antibody, anti-MDA5 antibody, and serum levels of C-reactive protein (CRP) and Krebs von den Lungen-6 (KL-6), were used as nominal and numerical variables. The number of clusters was estimated to organize homogeneous groups characterized by a combination of prognostic factors. We applied a final model that was divided into 3 groups stratified by mortality rates (low, moderate, and high) and comprised the greatest number of explanatory variables and clusters. In some instances, the two-step cluster analysis was conducted in anti-MDA5 antibody-positive patients alone; in this case, anti-MDA5 antibody was excluded from the initial predictor variables. The quality of the cluster model was assessed using the silhouette measure of cohesion and separation: ≥ 0.5 was shown to be good quality (25). The cluster model developed for patients receiving initial triple-combo therapy was also applied to patients who received dual-combo therapy or monotherapy using significant variables identified based on predictor importance, in which a score ≥ 0.4 indicated a significant variable (26).

To compare variables between the groups, the chi-square test, Fisher's exact test, or the Mann–Whitney U test was employed where applicable. Cumulative survival rates were compared using Kaplan–Meier analysis, and significant differences were tested using the log-rank test. P < 0.05 was considered statistically significant.

RESULTS

Clinical Characteristics of Myositis-Associated ILD Patients Who Received Initial Triple-Combo Therapy

The JAMI cohort enrolled incident cases of myositis-associated ILD, with a short disease duration of 2 months (median) and a predominant disease classification of CADM (54%). Anti-ARS and anti-MDA5 antibodies were detected in 31% and 42% of patients, respectively. Of 468 patients, 185 (40%), 208 (44%), and 75 (16%) patients were initially treated with triple-combo therapy, dual-combo therapy, and monotherapy, respectively. The median follow-up period from the cohort entry to the latest visit or death was 19.5 (5-42) months. Table 1 shows the baseline characteristics of the 468 patients with myositis-associated ILD stratified by the initial treatment regimen. Clinical characteristics in patients who received triplecombo therapy in comparison with those who received dualcombo therapy or monotherapy included a higher prevalence of CADM, fever, skin ulcerations, lower consolidation/groundglass attenuation and random ground-glass attenuation on chest high-resolution computed tomography, and requirement of supplemental oxygen; higher levels of CRP and ferritin; lower levels of CK and SP-D; and a higher proportion of anti-MDA5 antibody and lower proportion of anti-ARS antibody.

Clustering of Myositis-Associated ILD Patients Who Received Initial Triple-Combo Therapy Based on Mortality Rates

The unbiased two-step cluster analysis in 185 patients with myositis-associated ILD who received initial triple-combo therapy identified 6 clusters, which were categorized by the following 7 explanatory variables: age at disease onset, CADM, CRP, KL-6, requirement of supplemental oxygen, anti-ARS antibody, and anti-MDA5 antibody (**Figure 1**). The silhouette measure of cohesion and separation of this clustering model was 0.6, indicating good quality. These clusters were regrouped into three groups based on low mortality rate (<10%; clusters #1 and #2), moderate mortality rate (10–50%; clusters #3, #4, and #5), and high mortality rate (>50%; cluster #6).

The patients with myositis-associated ILD who initially received triple-combo therapy were divided into 6 clusters, and clinical characteristics in individual clusters are shown in **Supplementary Table S1**. The median age at disease onset was older in cluster #5. CADM was more common in clusters #2, #3, and #6. In terms of autoantibody profiles, anti-ARS antibody was more frequent in cluster #1, while anti-MDA5 antibody was more frequent in clusters #3, #4, and #6. Supplemental oxygen was frequently required in clusters #5 and #6. The levels of serum CRP and KL-6 were higher in clusters #5 and #6. The overall patient profiles at presentation in individual clusters are illustrated

 TABLE 1 | Baseline characteristics of patients with myositis-ILD stratified by therapeutic regimen.

Variables	Whole group $(n = 468)$	Available data per outcome	Triple-combo Tx (<i>n</i> = 185)	Dual-combo Tx $(n = 208)$	Mono Tx (n = 75)	P values*	
Demographics							
Age at diagnosis, years	57 (47–65)	468 (100%)	59 (48–65)	51 (46–64)	67 (66–ND)	Triple Tx vs. Dual Tx: 0.04 Triple Tx vs. Mono Tx: 0.36 Dual Tx vs. Mono Tx: 0.02	
Male, no. (%)	160 (34%)	468 (100%)	71 (38%)	61 (29%)	28 (37%)	Triple Tx vs. Dual Tx: 0.06 Triple Tx vs. Mono Tx: 0.88 Dual Tx vs. Mono Tx: 0.20	
Disease duration at diagnosis, months	2 (1–5)	468 (100%)	2 (1–3)	3 (2–7)	2 (1–7)	Triple Tx vs. Dual Tx: 0.03 Triple Tx vs. Mono Tx: 0.44 Dual Tx vs. Mono Tx: 0.18	
Disease classification							
PM, no. (%)	71 (15%)	468 (100%)	10 (5%)	47 (23%)	14 (19%)	Triple Tx vs. Dual Tx: 0.01 Triple Tx vs. Mono Tx: <0.001 Dual Tx vs. Mono Tx: 0.74	
Classic DM, no. (%)	144 (31%)		42 (23%)	73 (35%)	29 (39%)		
CADM, no. (%) Clinical features	253 (54%)		133 (72%)	88 (42%)	32 (43%)		
Fever, no. (%)	223 (49%)	455 (97%)	121 (65%)	85 (42%)	17 (26%)	Triple Tx vs. Dual Tx: <0.001	
	220 (10,0)		(00,0)	00 (1270)	(20,0)	Triple Tx vs. Mono Tx: <0.001 Dual Tx vs. Mono Tx: 0.02	
Raynaud's phenomenon, no. (%)	63 (15%)	419 (90%)	12 (8%)	40 (20%)	11 (17%)	Triple Tx vs. Dual Tx: <0.001 Triple Tx vs. Mono Tx: 0.32 Dual Tx vs. Mono Tx: 0.57	
Arthritis/arthralgia, no. (%)	213 (46%)	445 (95%)	91 (51%)	99 (50%)	23 (34%)	Triple Tx vs. Dual Tx: 0.83 Triple Tx vs. Mono Tx: 0.02 Dual Tx vs. Mono Tx: 0.03	
Skin ulceration, no. (%)	44 (9%)	432 (92%)	28 (16%)	12 (6%)	4 (7%)	Triple Tx vs. Dual Tx: 0.002 Triple Tx vs. Mono Tx: 0.07 Dual Tx vs. Mono Tx: 0.87	
Laboratory parameters							
CK, IU/L	199 (78–748)	460 (98%)	159 (76–439)	206 (80–1,298)	312 (99–1,200)	Triple Tx vs. Dual Tx: 0.10 Triple Tx vs. Mono Tx: 0.05 Dual Tx vs. Mono Tx: 0.41	
Aldolase, IU/L	9.0 (6.7–18.6)	400 (85%)	8.2 (6.4–12.9)	10.6 (6.9–22.8)	8.8 (7.1–21.7)	Triple Tx vs. Dual Tx: 0.65 Triple Tx vs. Mono Tx: 0.38 Dual Tx vs. Mono Tx: 0.89	
CRP, mg/dL	0.8 (0.2–2.1)	453 (99%)	1.1 (0.3–2.5)	0.6 (0.2–1.8)	0.5 (0.1–1.9)	Triple Tx vs. Dual Tx: <0.001 Triple Tx vs. Mono Tx: 0.002 Dual Tx vs. Mono Tx: 0.86	
Ferritin, ng/mL	353 (141–767)	344 (75%)	645 (267–1,213)	251 (117–573)	212 (115–373)	Triple Tx vs. Dual Tx <0.001 Triple Tx vs. Mono Tx <0.001 Dual Tx vs. Mono Tx 0.05	
KL-6, U/mL	803 (540-1,268)	454 (97%)	762 (541–1,226)	865 (567–1,428)	716 (459–1,101)	Triple Tx vs. Dual Tx: 0.17 Triple Tx vs. Mono Tx: 0.10 Dual Tx vs. Mono Tx: 0.008	
SP-D, ng/mL	94 (48–176)	356 (76%)	64 (37–134)	116 (62–215)	137 (93–242)	Triple Tx vs. Dual Tx: <0.001 Triple Tx vs. Mono Tx: <0.001 Dual Tx vs. Mono Tx: 0.18	
Chest HRCT findings							
Lower consolidation/GGA, no. (%)	257 (55%)	467 (99%)	120 (65%)	104 (50%)	33 (44%)	Triple Tx vs. Dual Tx: 0.002 Triple Tx vs. Mono Tx: 0.002 Dual Tx vs. Mono Tx: 0.37	
Lower reticulation, no. (%)	152 (33%)	467 (99%)	37 (20%)	81 (39%)	34 (45%)	Triple Tx vs. Dual Tx: <0.001 Triple Tx vs. Mono Tx: <0.001 Dual Tx vs. Mono Tx: 0.33	

(Continued)

TABLE 1 | Continued

Variables	Whole group $(n = 468)$	Available data per outcome	Triple-combo Tx (n = 185)	Dual-combo Tx $(n = 208)$	Mono Tx (n = 75)	P values*
Random GGA, no. (%)	57 (12%)	467 (99%)	32 (17%)	19 (9%)	6 (8%)	Triple Tx vs. Dual Tx: 0.02 Triple Tx vs. Mono Tx: 0.05 Dual Tx vs. Mono Tx: 0.77
Supplemental oxygen, no. (%)	46 (10%)	468 (100%)	33 (18%)	11 (5%)	2 (3%)	Triple Tx vs. Dual Tx: <0.001 Triple Tx vs. Mono Tx: <0.001 Dual Tx vs. Mono Tx: 0.35
Myositis-specific autoantibodies** Anti-ARS antibody, no. (%)	155 (31%)	468 (100%)	24 (13%)	93 (45%)	38 (51%)	Triple Tx vs. Dual Tx: <0.001 Triple Tx vs. Mono Tx: <0.001 Dual Tx vs. Mono Tx: 0.78
Anti-MDA5 antibody, no. (%)	195 (42%)	468 (100%)	133 (72%)	54 (26%)	8 (11%)	Triple Tx vs. Dual Tx: <0.001 Triple Tx vs. Mono Tx: <0.001 Dual Tx vs. Mono Tx: 0.006

Continuous variables are shown as the median (25-75 percentile).

*Comparisons between two groups using the chi-square test, Fisher's exact test or Mann–Whitney U test when applicable.

**Two patients had both anti-ARS and anti-MDA5 antibodies.

ILD, interstitial lung disease; Tx, therapy; ND, not determinate; PM, polymyositis; DM, dermatomyositis; CADM, clinically amyopathic dermatomyositis; CK, creatine kinase; CRP, Creactive protein; KL-6, Krebs von den Lungen-6; SP-D, surfactant protein-D; HRCT, high-resolution computed tomography; GGA, ground-glass attenuation; anti-ARS, anti-aminoacyl tRNA synthetase; anti-MDA5, anti-melanoma differentiation-associated gene 5.

in Figure 2. These include cluster #1, anti-ARS antibodypositive patients without the requirement of supplemental oxygen; cluster #2; patients negative for anti-ARS or anti-MDA5 antibody without the requirement of supplemental oxygen; cluster #3, anti-MDA5 antibody-positive patients classified as having CADM without the requirement of supplemental oxygen; cluster #4, anti-MDA5 antibody-positive patients classified as having classic DM without the requirement of supplemental oxygen; cluster #5, anti-MDA5 antibody-negative elderly patients with high levels of CRP and KL-6 who required supplemental oxygen; and cluster #6, anti-MDA5 antibody-positive patients classified as having CADM who required supplemental oxygen. Kaplan-Meier analysis demonstrated that cumulative survival rates were significantly different between patients in clusters #1 or #2 (low mortality group) and those in clusters #3, #4, or #5 (moderate mortality group) or #6 (high mortality group) or between patients in clusters #3, #4 or #5 (moderate mortality group) and those in cluster #6 (high mortality group) (Figure 3A).

Since anti-MDA5 antibody was the strongest predictor of mortality in the JAMI cohort (9), we further conducted the two-step cluster analysis in 134 patients with anti-MDA5 antibody who initially received triple-combo therapy (Supplementary Table S2). The patients were divided into three clusters, but separation based on mortality rate was not efficient; clusters were regrouped into two groups based on moderate mortality rate (10-50%; clusters #M1 and #M2), and high mortality rate (>50%; cluster #M3). In fact, the clusters derived from the analysis of anti-MDA5-positive patients were almost concordant to those from the analysis of the whole cohort. Specifically, the patients included in cluster #M1 and cluster #3 were identical, while the patients included in clusters #M2 and #M3 were almost the same as those included in clusters #4 and #6, with one or two additions, respectively.

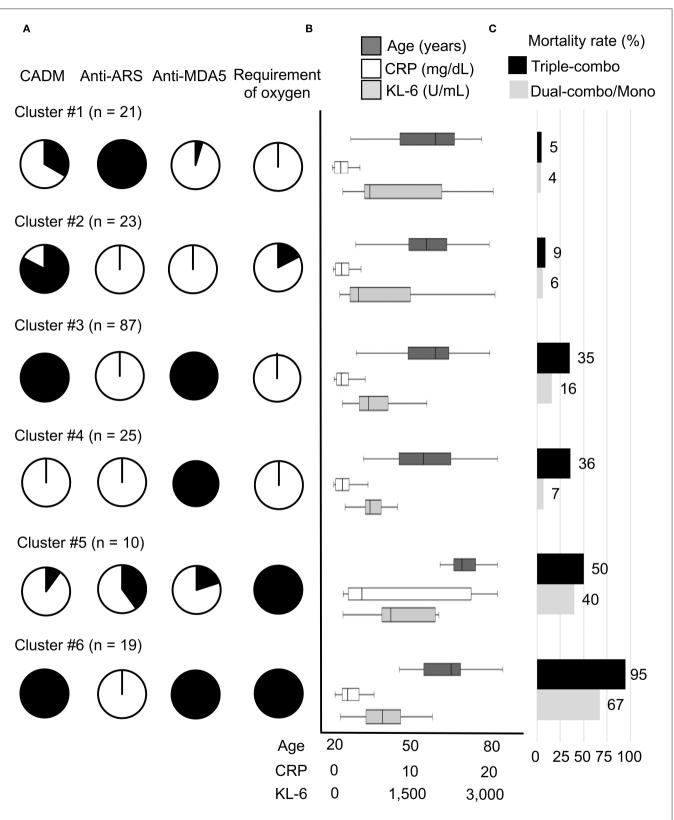
Application of the Cluster Model to Myositis-Associated ILD Patients Who Received Initial Dual-Combo Therapy or Monotherapy

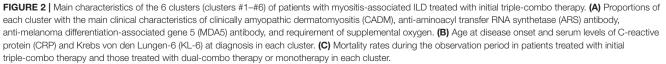
We further tested whether the clustering model developed for patients who received initial triple-combo therapy was applicable to patients who received initial dual-combo therapy or monotherapy. Anti-MDA5 antibody, anti-ARS antibody, CADM, and requirement of supplemental oxygen were identified as significant variables for application in the clustering model for patients who received initial dual-combo therapy or monotherapy based on predictor importance (Supplementary Figure S1). When a total of 283 patients who received initial dual-combo therapy or monotherapy were combined, the performance of the clustering was generally replicated in this patient population: mortality rates in clusters #1-#6 were 4, 6, 16, 7, 40, and 67%, respectively, while there was a considerable difference in the mortality rate between patients in clusters #3 and #4 and those in cluster #5 (Figure 2). The clinical characteristics of patients in each cluster were somewhat different between the triple-combo and dual-combo therapy or monotherapy groups, i.e., a low prevalence of CADM and a high prevalence of the requirement of supplemental oxygen in cluster #2, a younger age at diagnosis and a lower level of CRP in cluster #3, and a lower level of CRP in cluster #4 (Supplementary Table S3). These clusters fell into two groups, clusters #1-#4 and clusters #5 and #6, based on cumulative survival rates (Figure 3B).

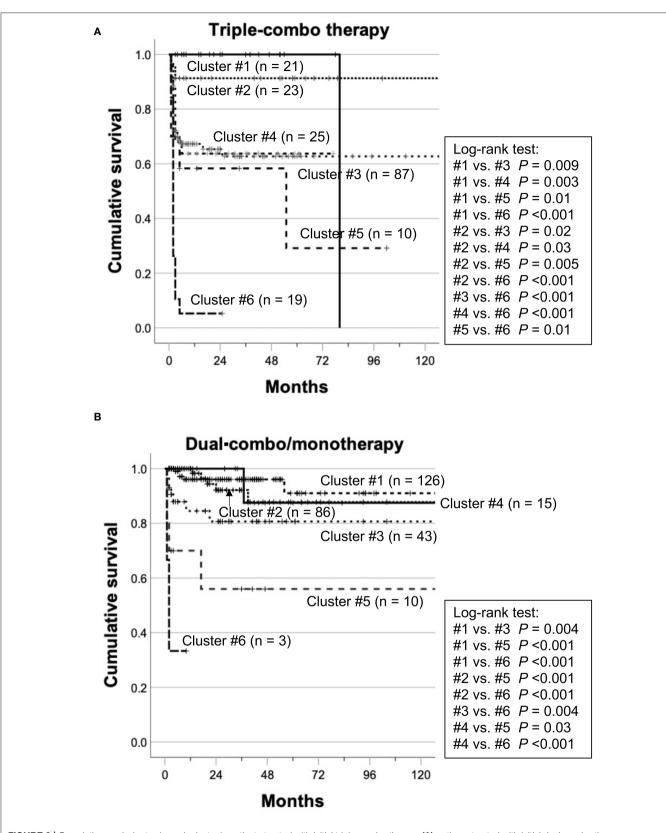
When cumulative survival rates in each cluster were compared between the triple-combo therapy and dual-combo therapy or monotherapy groups, there was no cluster that showed survival benefits from triple-combo therapy over dual-combo therapy or monotherapy groups (**Figure 4**). In addition, cumulative survival rates were even lower in the triple-combo therapy group than in

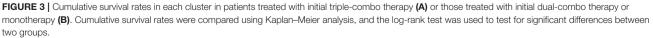
	Cluster							
	#1	#2	#3	#4	#5	#6		
Female	<i>II</i> . 1			л т				
Age								
Disease duration								
CADM	_				_	_		
Fever								
Raynaud's	_			_	_			
phenomenon								
Arthritis/arthralgia								
Skin ulceration								
СК								
Aldolase								
CRP								
Ferritin								
KL-6								
SP-D								
Lower								
consolidation/GGA								
Lower reticulation								
Random GGA								
Supplemental								
oxygen Anti-ARS antibody					_	_		
Anti-MDA5 antibody								
-								
Mortality rate	5%	9%	35%	36%	<mark>50</mark> %	95%		
Dichotomous variables								
Frequency (%) 0			1	00				
Continuous variables								
Age (years) 50		60	7	0				
CK (IU/L) 0		1,000	2,0	000				
Aldolase (IU/L) 0		12.5		25				
CRP (mg/dL) 0		4		8				
Ferritin (ng/mL) 0		500	2,0	000				
KL-6 (U/mL) 0 SP-D (ng/mL) 0		500	2,0	000				

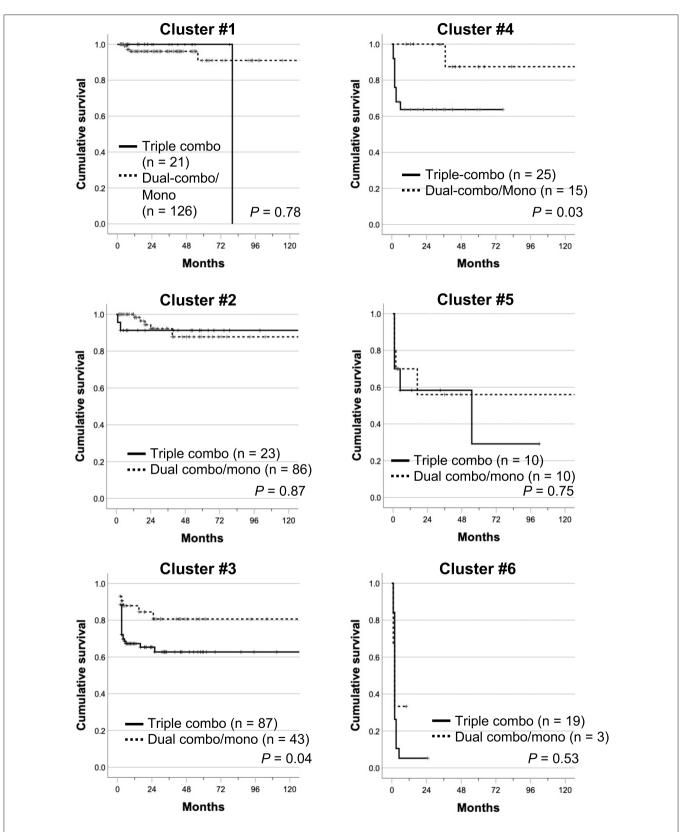
FIGURE 1 | Heatmap showing the clinical characteristics in each cluster. CADM, clinically amyopathic dermatomyositis; CK, creatine kinase; CRP, C-reactive protein; KL-6, Krebs von den Lungen-6; SP-D, surfactant protein-D; GGA, ground-glass attenuation; anti-ARS, anti-aminoacyl transfer RNA synthetase; anti-MDA5, anti-melanoma differentiation-associated gene 5.

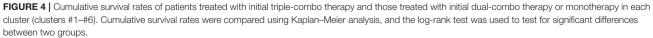












the dual-combo therapy or monotherapy group in clusters #3 and #4 (P = 0.04 and 0.03, respectively).

DISCUSSION

We successfully developed a clustering model that predicts survival in patients with myositis-associated ILD who received initial triple-combo therapy. The patient subsets categorized by optimal clustering differed with regard to age at disease onset, disease classification, autoantibodies, serum biomarkers, and severity of ILD, which are known as predicting factors for mortality in patients with myositis-associated ILD (6-11). Our findings suggest that subgrouping of patients with myositisassociated ILD based solely on the presence or absence of anti-MDA5 antibody may not capture the heterogeneous treatment responses to the intensive immunosuppressive regimen. This model enables us to predict the survival of patients with myositis-associated ILD undergoing triple-combo therapy but fails to identify patients who benefit from initial triple-combo therapy over dual-combo therapy or monotherapy. It was of note that prognosis in patients with myositis-associated ILD correlated with baseline characteristics, such as autoantibodies profiles and ILD severity, rather than the intensity of initial immunosuppressive treatment.

Triple-combo therapy has often been used for myositis patients who develop acute/subacute ILD, particularly those with anti-MDA5 antibody (15-17). Survival rates in patients with anti-MDA5-associated ILD who received triple-combo therapy ranged from 42 to 85% according to previous reports (16, 18, 27, 28). Our cluster model was able to classify anti-MDA5-positive patients who received triple-combo therapy primarily into two subsets based on prognosis: a subset with moderate mortality rates (clusters #3 and #4) and a subset with high mortality rates (cluster #6). In addition, a minor population of anti-MDA5positive patients was included in the low mortality group (cluster #1). Cluster #6, with poor treatment responses to triple-combo therapy, was characterized by older age at disease onset, increased levels of CRP and KL-6, and hypoxia at diagnosis, which were reported as poor prognostic factors in patients with myositisassociated ILD (9, 11). These patients probably require novel treatment approaches, such as the use of a Janus kinase inhibitor and plasma exchange (29-36). However, no survival benefit of triple-combo therapy over dual-combo therapy or monotherapy was shown in clusters #3, #4, or #6. In addition, our cluster model failed to identify patients with anti-MDA5-associated ILD who did not require triple-combo therapy. Finally, our findings did not support a better prognosis in patients with anti-MDA5associated ILD treated with initial triple-combo therapy over those treated initially with dual-combo therapy or monotherapy (18). This finding was a rather unexpected. The precise reason for considerable difference in the mortality between anti-MDA5 antibody-positive patients undergoing triple-combo therapy in the study by Tsuji et al. (18) and those in the JAMI cohort was unclear, but this might be attributable to the different criteria for inclusion. In the study by Tsuji et al. (18), all consecutive patients identified to be positive for anti-MDA5 antibody received initial triple-combo therapy irrespective of the prognostic factors. On the other hand, in the JAMI cohort, anti-MDA5 antibody was measured using the stored serum samples later in the central laboratories and attending physicians had to decide initial treatment regimen without knowing the presence or absence of anti-MDA5 antibody. Therefore, in the JAMI cohort, triple combo therapy was chosen based on physician's expertise, not on information of the presence of anti-MDA5 antibody. Actually, 28% of the patients in the triple-combo therapy group were anti-MDA5 antibody-negative. The patients with more severe ILD or those with multiple prognostic factors for poor outcomes were likely to be included in the triple-combo therapy group in the JAMI cohort.

On the other hand, the efficacy of triple-combo therapy in patients negative for anti-MDA5 antibody remains uncertain. In our clustering model, clusters #1, #2, and #5 mainly consisted of anti-MDA5 antibody-negative patients. According to previous reports on anti-MDA5 antibody-negative patients with myositisassociated ILD, the cumulative survival rate over 5 years was >80%, regardless of the initial immunosuppressive regimen (12, 37-39). Our cluster model identified patients who had worse survival despite treatment with triple-combo therapy among anti-MDA5 antibody-negative patients with myositisassociated ILD (cluster #5). The cluster #5 consisted mainly of elderly patients with high levels of CRP and KL-6 who required supplemental oxygen at diagnosis. Patients with such features at presentation need to be managed with caution even in the absence of anti-MDA5 antibody. On the other hand, in anti-MDA5 antibody-negative patients categorized into clusters #1 and #2, there was no survival benefit of triple-combo therapy over dual-combo therapy or monotherapy.

Unexpectedly, in clusters #3 and #4, survival rates were better in the dual-combo therapy or monotherapy group than in the triple-combo therapy group. This finding needs to be carefully interpreted, and could be potentially due to inadequate adaptation of the clustering model developed for patients treated with triple-combo therapy to those treated with dual-combo therapy or monotherapy. In fact, clinical characteristics were somewhat different between the triple-combo therapy group and the dual-combo therapy or monotherapy group in individual clusters. Since the treatment regimen was decided by attending physicians based on their expertise without information of autoantibody profiles in the JAMI cohort, the JAMI dataset might not be able to capture all relevant factors related to the physician's expertise for selection of the initial treatment regimen, such as patient report outcomes and physician's global estimate of patient status.

There are several limitations in this study. First, the participating centers of the JAMI cohort consist mainly of tertiary referral hospitals, which are likely to enroll patients with more severe disease, such as those with anti-MDA5 antibody. Second, the JAMI cohort did not enroll patients with anti-ARS antibody without any muscle or skin symptoms, which are often encountered in clinical practice. Third, pulmonary function test and arterial blood gas data at diagnosis were missing in considerable proportions of patients enrolled in the JAMI cohort, while baseline forced vital capacity was identified as the

prognostic factor for mortality in anti-MDA5 antibody-positive patients with DM-associated ILD (40). Finally, we used initial predictors for all-cause mortality or mortality due to respiratory insufficiency directly related to ILD reported in previous reports using the JAMI cohort (9, 11) as variables in the cluster analysis, although there are many other prognostic factors for mortality in patients with myositis-associated ILD reported previously (6–8, 10, 39, 40).

CONCLUSION

We successfully developed a cluster model that categorizes patients with myositis-associated ILD who were treated with initial triple-combo therapy into subgroups with different prognoses. However, the patient subgroup that benefitted from triple-combo therapy was not identified in this cluster analysis.

DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

ETHICS STATEMENT

The studies involving human participants were reviewed and approved by Ethics Committee of Nippon Medical School. The patients/participants provided their written informed consent to participate in this study.

MULTICENTER RETROSPECTIVE COHORT OF JAPANESE PATIENTS WITH MYOSITIS-ASSOCIATED ILD (JAMI) INVESTIGATORS

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AUTHOR CONTRIBUTIONS

TG, KM, SS, and MK: study conception and design. TG, KM, SS, MK, and JAMI Investigators: acquisition of data. TG and KM: analysis and interpretation of data. All authors draft the article or revise it critically for important intellectual content. All authors contributed to the article and approved the submitted version.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fmed. 2022.883699/full#supplementary-material

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The remaining author declares that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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