

## REVIEW

# Neurobiological Insights from mGlu Receptor Allosteric Modulation

Daniel E O'Brien, PhD; P Jeffrey Conn, PhD

Department of Pharmacology and Vanderbilt Center for Neuroscience Drug Discovery, Vanderbilt University, Nashville, Tennessee (Drs O'Brien and Conn).

Correspondence: P Jeffrey Conn, Department of Pharmacology, Vanderbilt Center for Neuroscience Drug Discovery, Vanderbilt University Medical Center, 2213 Garland Ave., 1205 Light Hall, Nashville, TN 37232 ([jeff.conn@vanderbilt.edu](mailto:jeff.conn@vanderbilt.edu)).

## Abstract

Allosteric modulation of metabotropic glutamate (mGlu) receptors offers a promising pharmacological approach to normalize neural circuit dysfunction associated with various psychiatric and neurological disorders. As mGlu receptor allosteric modulators progress through discovery and clinical development, both technical advances and novel tool compounds are providing opportunities to better understand mGlu receptor pharmacology and neurobiology. Recent advances in structural biology are elucidating the structural determinants of mGlu receptor–negative allosteric modulation and supplying the means to resolve active, allosteric modulator-bound mGlu receptors. The discovery and characterization of allosteric modulators with novel pharmacological profiles is uncovering the biological significance of their intrinsic agonist activity, biased mGlu receptor modulation, and novel mGlu receptor heterodimers. The development and exploitation of optogenetic and optopharmacological tools is permitting a refined spatial and temporal understanding of both mGlu receptor functions and their allosteric modulation in intact brain circuits. Together, these lines of research promise to provide a more refined understanding of mGlu receptors and their allosteric modulation that will inform the development of mGlu receptor allosteric modulators as neurotherapeutics in the years to come.

**Keywords:** allosteric modulators, brain disorders, GPCR biased signaling, GPCR heterodimers, mGlu receptor

## Introduction

Metabotropic glutamate (mGlu) receptors are Class C 7-transmembrane domain (7-TMD) G-protein coupled receptors (GPCRs) involved in the modulation of neurotransmission throughout the nervous system. mGlu receptor dimers bind the major excitatory neurotransmitter, glutamate, which leads to the receptor's subsequent conformational change and initiation of intracellular signaling. The mGlu receptors differentially regulate synaptic transmission and other aspects of neuronal function based on their G-protein coupling and synaptic localization. Group I mGlu receptors, mGlu<sub>1</sub> and mGlu<sub>3</sub>, are expressed primarily at postsynaptic sites and modulate neuronal excitability and synaptic transmission through G<sub>q/11</sub>-mediated signaling. In contrast, Group II mGlu receptors, mGlu<sub>2</sub> and mGlu<sub>3</sub>, are

expressed at both presynaptic and postsynaptic sites, and often reduce synaptic transmission through G<sub>i/o</sub>-mediated signaling. Group III mGlu receptors, mGlu<sub>4</sub> and mGlu<sub>6-8</sub>, are expressed predominantly in presynaptic terminals and inhibit synaptic transmission through G<sub>i/o</sub>-mediated inhibition of neurotransmitter release (Niswender and Conn, 2010). Due to their localization and functionality, much research has focused on targeting mGlu receptors to reverse pathological activity of identified brain circuits in brain disorders.

Based on both pharmacological and genetic studies, mGlu receptors are promising therapeutic targets for a variety of brain disorders. Modulation of mGlu receptor activity has demonstrated therapeutic efficacy in preclinical models of

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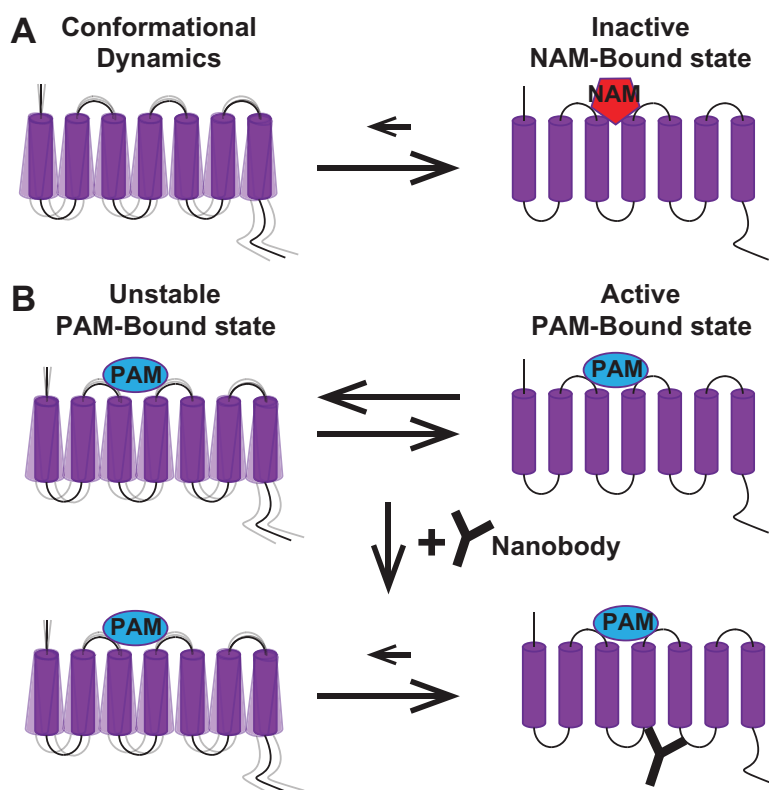
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schizophrenia, depression, anxiety disorders, Alzheimer's disease, Parkinson's disease, addiction, chronic pain, and other brain disorders (Nickols and Conn, 2014). As a result of this therapeutic potential, drug discovery efforts initially focused on developing novel agonists and antagonists in order to modulate mGlu receptor-mediated function. However, many of these efforts failed to develop subtype-selective agonists and antagonists, likely due to the high degree of conservation at the mGlu receptor orthosteric binding site (Kunishima et al., 2000). More recently, an alternative strategy has emerged that is focused on selectively targeting mGlu receptors using allosteric modulators (Annoura et al., 1996; Litschig et al., 1999; Varney et al., 1999).

Novel allosteric modulators of mGlu receptors offer theoretical advantages over conventional agonists and antagonists (Conn et al., 2009, 2014). Akin to agonists and antagonists, mGlu receptor activity can be increased or decreased by positive allosteric modulators (PAM) and negative allosteric modulators (NAM), respectively; however, there are important distinctions between allosteric modulators and agonists/antagonists. PAMs and NAMs target allosteric sites on the 7-TMD that are less highly conserved across the eight mGlu receptor subtypes. Recent efforts have developed selective PAMs and NAMs for each of the eight mGlu receptor subtypes (Sheffler et al., 2011; Urwyler, 2011; Engers and Lindsley, 2013; Conn et al., 2014; Walker et al., 2015). Allosteric modulators also have the potential to maintain both the spatial and temporal aspects of mGlu receptor signaling, and in many cases are inactive in the absence of the endogenous agonist, glutamate. Furthermore, such modulators could theoretically avoid problems such as receptor desensitization

and/or down-regulation, and also exhibit ceiling effects that could reduce the likelihood of accidental overdose. Thus, due to superior selectivity and potential advantages, drug discovery efforts have developed a range of novel mGlu allosteric modulators, some of which are currently being investigated as clinical candidates to treat various brain disorders.

In parallel with their development as potential neurotherapeutics, novel allosteric modulators have provided excellent tool compounds for basic research on mGlu receptor pharmacology and neurobiology. Recent studies using high-affinity binding NAMs and X-ray crystallography have now resolved the 3D, inactive conformation of the 7-TMD for both mGlu<sub>1</sub> and mGlu<sub>2</sub>. These studies and further advances in structural biology provide the tools necessary to better model allosteric modulator binding and to potentially resolve the active, PAM-bound mGlu receptor 7-TMD (Figure 1A). Allosteric modulators with unique modes of efficacy have provided important new insights into the biological significance of intrinsic agonist activity, biased mGlu receptor modulation, and mGlu receptor heterodimerization. Yet, these initial findings only provide a limited insight as to the biological importance of the diverse pharmacological profiles observed with allosteric modulators for mGlu receptors. Finally, at a neural circuit level, recent studies have revealed the exciting potential for elucidating how mGlu receptors and their allosteric modulation affect neural circuit function and *in vivo* behavioral outcomes. When combined with new technologies, such as optogenetic and optopharmacological approaches, highly selective allosteric modulators promise to refine our understanding of mGlu receptor function and their



**Figure 1.** Conformational dynamics of metabotropic glutamate (mGlu) receptor 7-transmembrane domain (7-TMD) are important for crystallization and resolution of 7-TMD structures. (A) Upon binding of high affinity negative allosteric modulators to the mGlu receptor 7-TMD, the inactive state is stabilized over other conformations, allowing for crystallization and resolution of this 3D, inactive conformation. (B) However, the positive allosteric modulators (PAM)-bound active state for mGlu receptors is likely unstable, thereby complicating the crystallization and resolution of this active structure. The recent emergence of nanobodies has permitted the stabilization and subsequent crystallization and resolution of active G-protein coupled receptor structures, raising the possibility of elucidating the active PAM-bound mGlu receptor 7-TMD by nanobody-mediated stabilization of this conformation.

modulation in identified brain circuits that affect specific *in vivo* behavioral outcomes.

## Structural Insights into mGlu Receptor Allosteric Modulation

Previous studies have defined both the general makeup of mGlu receptors and the crystal structure of the glutamate orthosteric binding site. Like most other class C GPCRs, mGlu receptors are comprised of three discrete domains: a large N-terminal Venus fly-trap domain (VFD), a linker cysteine-rich domain (CRD), and a 7-TMD. In the hypothesized model of activation, glutamate binds in the VFD, stabilizes its closed conformation, and propagates this conformational change through the 7-TMD by way of the linker CRD. Indeed, the crystal structure of the mGlu<sub>1</sub> VFD dimer has demonstrated significant rearrangements within the VFD protomer and dimer that could be involved in this proposed activation mechanism (Kunishima et al., 2000). However, without a crystal structure of the 7-TMD, it is unclear how this 7-TMD changes its conformation upon activation or inactivation in order to regulate intracellular signaling. Furthermore, without the mGlu receptor 7-TMD bound to an allosteric modulator, it is unclear how allosteric modulators may act to preferentially stabilize specific conformations.

Recent resolution of both mGlu<sub>1</sub> and mGlu<sub>5</sub> 7-TMD structures elucidated their inactive, NAM-bound conformations and surprisingly demonstrated many similarities between these Class C GPCRs and other GPCR classes (Doré et al., 2014; Wu et al., 2014). Despite <15% sequence homology with other GPCR superfamilies, both mGlu<sub>1</sub> and mGlu<sub>5</sub> 7-TMDs shared similar topology with class A and B GPCRs. The mGlu<sub>1</sub> and mGlu<sub>5</sub> 7-TMDs also exhibited conserved features seen in other classes of GPCRs. Both mGlu<sub>1</sub> and mGlu<sub>5</sub> possessed a salt bridge between a Lys residue in TMD3 and a Glu residue in TMD6 forming an “ionic lock,” presumably to stabilize the inactive state. Notably, both of the residues involved in this salt bridge are highly conserved among Class C GPCRs, suggesting that this “ionic lock” may be a common mechanism of stabilizing Class C GPCRs in the inactive state. Moreover, in both inactive structures, the NAM binds in an allosteric site that is analogous to the ligand-binding site in Class A GPCRs. In contrast to other GPCRs, the allosteric binding cavity in both mGlu<sub>1</sub> and mGlu<sub>5</sub> is narrowed due to an inward shift of helices V and VII, and the formation of a lid over the cavity by the extracellular loop (ECL) 2 (Doré et al., 2014; Wu et al., 2014). Despite this distinction, Class C GPCR 7-TMDs are strikingly similar to other GPCR classes, thereby providing some face validity to the previous use of homology modeling in order to generate hypotheses about mGlu receptor allosteric modulation.

Homology models of mGlu receptors previously were constructed using class A GPCR templates in order to form and test hypotheses about allosteric modulator binding to mGlu receptor 7-TMDs. Using such homology models for mGlu receptors constructed from the inactive conformation of either rhodopsin or the  $\beta$ -adrenergic receptor ( $\beta$ -AR) 7-TMDs, modeling experiments have generated hypotheses about allosteric modulator binding that have been tested using site-directed mutagenesis. Using this experimental design, modeling experiments identified the 2-methyl-6-(phenylethynyl)-pyridine (MPEP) binding site in mGlu<sub>5</sub> and investigated the binding modes of novel allosteric modulators (Pagano et al., 2000; Malherbe et al., 2003, 2006; Kaae et al., 2012; Molck et al., 2012). However, these mGlu receptor homology models still possessed major shortfalls due to their inability to explain all experimental data and differing explanations of experimental findings. Most notably, two unique homology models predicted

different binding sites for MPEP in mGlu<sub>5</sub>, highlighting the importance of subtle differences between homology models generated with distinct templates (Pagano et al., 2000; Kaae et al., 2012; Molck et al., 2012). More recently, pairing homology modeling with an extensive studies of structure-activity relationships (SAR) obtained from diverse chemical scaffolds of mGlu<sub>5</sub> allosteric modulators was successful in iteratively improving homology model predictions (Gregory et al., 2014). Indeed, further experimentation validated this homology model's hypothesis that structurally unrelated mGlu<sub>5</sub> allosteric modulators can bind identical sites in a fully competitive manner, thereby fully displacing the mGlu<sub>5</sub> NAM positron emission tomography (PET) ligand [<sup>18</sup>F]FPEB. More importantly, these experiments validated and highlighted the importance of the homology model's hypothesis that closely related mGlu<sub>5</sub> allosteric modulators can bind nonidentical sites. As a result of their noncompetitive binding, structural analogs of [<sup>18</sup>F]FPEB failed to displace the mGlu<sub>5</sub> NAM PET ligand, demonstrating no measurable receptor occupancy at doses that achieve full efficacy in rodent models (Rook et al., 2014). As such, prior to studies of *in vivo* receptor occupancy, *in vitro* binding assays must verify that allosteric ligands interact in a fully competitive manner in order to accurately establish a relationship between receptor occupancy and efficacy. Overall, this example highlights the power of homology modeling at generating critical and testable hypotheses, especially when the models are iteratively improved based on data from both site-directed mutagenesis and SAR from diverse chemical scaffolds. Moving forward, new homology models of other mGlu receptors should also utilize the inactive mGlu<sub>1</sub> and mGlu<sub>5</sub> 7-TMD structures as templates, since higher sequence homology between mGlu receptors likely will result in improved homology models.

The resolved mGlu<sub>1</sub> and mGlu<sub>5</sub> 7-TMD structures can also be used to both predict how novel allosteric modulators may interact with either mGlu<sub>1</sub> or mGlu<sub>5</sub> and perform *in silico* drug screening. For example, based on the mavoglurant-bound mGlu<sub>5</sub> structure, it was postulated that mode switches observed in this scaffold may arise from disruption of a hydrogen bond network around a water molecule (Doré et al., 2014). Future experiments can directly test whether novel mavoglurant analogs predicted to disrupt this network actually induce a mode switch from NAM to neutral binder or PAM. Similarly, the mGlu<sub>1</sub> 7-TMD structure elucidated precise ligand-binding interactions between mGlu<sub>1</sub> and its NAM, 4-fluoro-N-(4-(6-(isopropylamino)pyrimidin-4-yl)-N-methylbenzamide (FITM) that may be important for understanding allosteric modulator SAR. In tandem with primary sequence analysis and site-directed mutagenesis, the mGlu<sub>1</sub> 7-TMD bound to the NAM, FITM, suggested which amino acid residues are involved in the mGlu receptor subtype selectivity of FITM for mGlu<sub>1</sub> over other mGlu receptors. Using this knowledge, subsequent *in silico* docking experiments predicted decreases in bond strength between mGlu<sub>1</sub> and FITM analogs that could account for the observed decreases in the analogs' affinity and/or negative cooperativity in functional assays (Wu et al., 2014). Thus, the inactive conformations of these 7-TMDs may aid in drug discovery efforts by informing allosteric modulator SAR and allowing for *in silico* structure-based drug screening.

Unfortunately, for other GPCRs, structure-based drug screens using previously-resolved GPCR inactive structures have yielded only antagonists and inverse agonists, suggesting that resolution of the active GPCR conformation is necessary for understanding ligand interactions stabilizing this active state (Shoichet and Kobilka, 2012). Recent advances in structural biology have facilitated the stabilization and subsequent crystallization of unstable, active receptor conformations (Figure 1B). In particular,

crystallographers have utilized nanobodies, or single domain antibody fragments generated by immunizing camelids with agonist-bound GPCR structures, in order to stabilize and crystallize active receptor conformations (Steyaert and Kobilka, 2011). Using this strategy, the  $\beta$ -AR structure bound to a synthetic agonist was resolved both alone and in complex with its G-protein,  $G_s$  (Rasmussen et al., 2011a, 2011b). Importantly, the  $\beta$ -AR structures did not differ significantly when resolved using these different strategies, exhibiting only minor differences at the cytoplasmic end of  $\beta$ -AR where the G-protein interacts. This structural similarity provides more validity to using nanobodies in order to resolve the active receptor complex with or without the G-protein. Thus, a nanobody stabilizing the PAM-bound mGlu receptor could allow for crystallization and resolution of an active, PAM-bound state. Such studies will provide a better understanding of mGlu receptor-positive allosteric modulation and an active receptor template for structure-based drug screens for novel mGlu receptor PAMs.

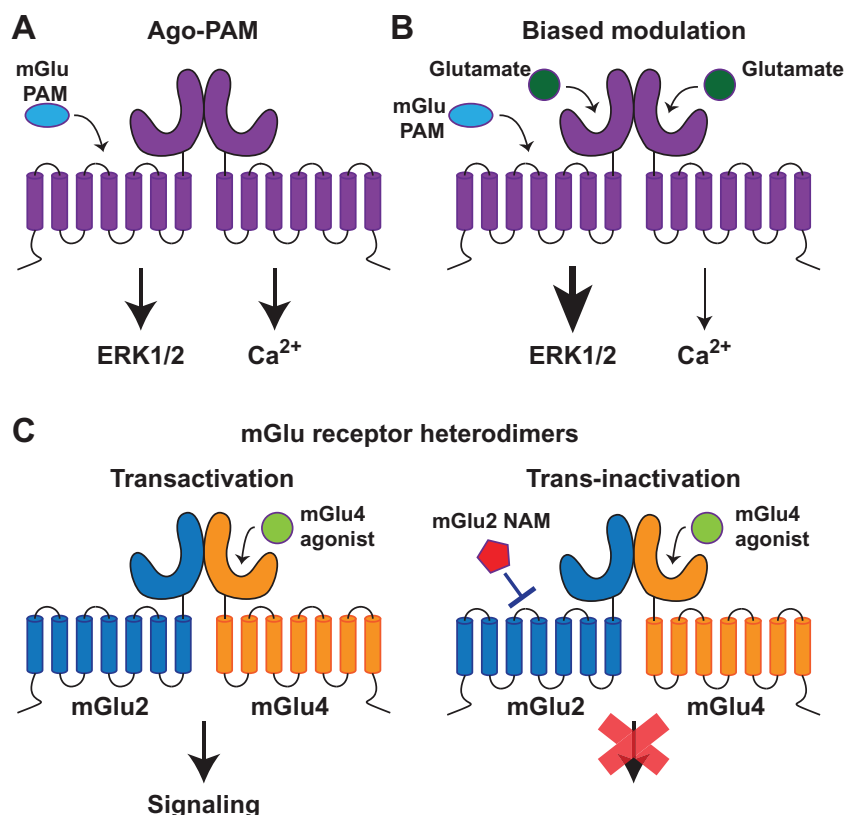
### Regulation of Signaling in the CNS by mGlu Receptor Allosteric Modulators

Beyond understanding allosteric modulator binding, drug discovery efforts aimed at optimizing mGlu receptor PAMs and NAMs must recognize the diversity of pharmacology profiles exhibited by different mGlu receptor allosteric modulators. In particular, such drug discovery efforts must understand the biological consequences of these diverse and often subtle differences in allosteric modulator effects on mGlu receptor signaling. Importantly,

preclinical research utilizing tool compounds have identified modes of pharmacology that may be critical for both preclinical efficacy and side effect profiles of mGlu receptor allosteric modulators. Further research is necessary to elucidate whether these preclinical findings translate to humans since much research has highlighted the species differences in mGlu receptor pharmacology. If these modes of pharmacology demonstrate translatability from mice to men, drug discovery efforts should optimize allosteric modulators to either possess or avoid certain modes of pharmacology. However, even if there is not direct translatability to humans, these diverse modes of pharmacology must be identified and studied in preclinical drug discovery efforts in order to determine if such species-specific pharmacology contributes to either preclinical efficacy or adverse side effects.

### Functional Impact of Allosteric Agonist Activity

In addition to potentiating physiological responses to orthosteric agonists, mGlu receptor PAMs can exhibit intrinsic allosteric agonist activity (Figure 2A). Theoretically, ago-PAMs likely would not maintain the physiological pattern of mGlu receptor activity, thereby nullifying one potential advantage of allosteric modulation and possibly leading to unintended side effects resulting from aberrant mGlu receptor activity (Conn et al., 2014). Recent studies using mGlu<sub>5</sub> ago-PAMs explored whether ago-PAM activity contributes to either mGlu<sub>5</sub> PAMs' therapeutic efficacy or their adverse side effects. Although many structurally distinct mGlu<sub>5</sub> PAMs previously exhibited antipsychotic efficacy in rodent



**Figure 2.** Diverse pharmacological profiles exhibited by metabotropic glutamate (mGlu) receptor allosteric modulators. (A) In the absence of the orthosteric agonist, glutamate, some positive allosteric modulators (PAMs) demonstrate intrinsic agonist activity by inducing downstream signaling and are thus referred to as ago-PAMs. (B) In the presence of glutamate and other orthosteric agonists, other allosteric modulators can induce biased modulation of downstream signaling from the mGlu receptor, where the PAM selectively potentiates extracellular signal-regulated kinase 1/2 (ERK1/2) signaling. (C) Allosteric modulators can also act at novel mGlu receptor heterodimers, leading to novel pharmacology wherein transactivation of mGlu<sub>2/4</sub> heterodimers by an mGlu<sub>4</sub> agonist can be blocked by an mGlu<sub>2</sub> negative allosteric modulators through trans-inactivation.



models, many of the early generation PAMs possessed ago-PAM activity *in vitro*, raising the possibility that their ago-PAM activity was required for efficacy (Kinney et al., 2005; Liu et al., 2008; Rodriguez et al., 2010). However, Noetzel et al (2012) found that the presence or absence of allosteric agonist activity is highly influenced by levels of mGlu<sub>5</sub> expression in cell lines. Thus, many of the early compounds identified at mGlu<sub>5</sub> ago-PAMs did not display allosteric agonist activity in cell lines expressing lower levels of mGlu<sub>5</sub> or in native systems. Furthermore, this study demonstrated that optimized pure mGlu<sub>5</sub> PAMs that had no agonist activity, even in systems with high receptor expression, displayed comparable efficacy in a rodent model of antipsychotic activity, suggesting that ago-PAM activity is not necessary for mGlu<sub>5</sub> PAM antipsychotic activity. In a subsequent study, medicinal chemistry optimization yielded mGlu<sub>5</sub> ago-PAMs with intrinsic activity in cell lines expressing low levels of either rat or human mGlu<sub>5</sub>, and in native systems (Rook et al., 2013). Interestingly, an optimized mGlu<sub>5</sub> ago-PAM, but not a pure mGlu<sub>5</sub> PAM, induced convulsions and seizure activity *in vivo* reminiscent of established adverse effects of Group I mGlu receptor orthosteric agonists. These studies established the importance of avoiding true glutamate-independent ago-PAM activity of mGlu<sub>5</sub> PAMs in order to reduce severe adverse effects associated with excessive activation of this mGlu receptor subtype (Tizzano et al., 1995; Conn and Pin, 1997; Rook et al., 2013).

As discussed above, it should be emphasized that many mGlu<sub>5</sub> PAMs with agonist activity in cell lines that overexpress mGlu<sub>5</sub> do not demonstrate agonist activity in native tissues (Noetzel et al., 2012). Thus, it is critical to establish appropriate cell lines for assessing ago-PAM versus pure PAM activity and to directly relate findings in cell lines to studies in native tissues. While this can be readily achieved in preclinical species, this can present a challenge in drug discovery efforts since it is often impossible to evaluate physiological effects of mGlu<sub>5</sub> PAMs in human central nervous system (CNS) preparations *in situ*. Thus, for preclinical studies of effects on the human receptor, one must rely on assessing effects of novel compounds in cell lines expressing different levels of the human receptor. While we do not know whether the functional impact of ago-PAM activity will translate to humans, a conservative approach is to avoid compounds with allosteric agonist activity at the human receptor, even in cell lines with high receptor expression (Rook et al., 2013).

Another critical factor to consider in avoiding ago-PAM activity is the possibility that metabolism of mGlu<sub>5</sub> PAMs will generate active metabolites with a different mode of efficacy than the parent compound. For instance, P450 metabolism of the mGlu<sub>5</sub> PAM, VU0403602, produced an active metabolite with robust allosteric agonist activity in native brain tissue that induced intense seizure activity *in vivo*. Importantly, administration of a P450 inhibitor prevented both formation of the ago-PAM metabolite and induction of seizure activity by VU0403602, suggesting that the activity of this metabolite may contribute to the adverse effect liability (Bridges et al., 2013). Thus, ago-PAM activity can be physiologically relevant at least in preclinical models and studies of agonist activity should employ cell lines expressing low levels of mGlu receptors in order to more accurately predict PAMs that will demonstrate ago-PAM activity *in vivo*.

Importantly, ago-PAM activity may not be the only factor that contributes to adverse effects of mGlu<sub>5</sub> PAMs, since a novel, pure mGlu<sub>5</sub> PAM also induced neurotoxicity and seizure-like activity upon high dosing for 4 days (Parmentier-Batteur et al., 2014). Regardless, mGlu<sub>5</sub> ago-PAM activity is not necessary for antipsychotic efficacy and should be avoided in drug discovery efforts due to its potential for adverse side effects.

## Allosteric Modulator-Induced Bias of mGlu Receptor Signaling

Biased modulation is another pharmacological property observed in mGlu receptor allosteric modulators that is beginning to be appreciated for its biological importance. Biased modulation is characterized by allosteric modulators that selectively modulate coupling of the receptor to specific signaling pathways (Figure 2B). *In vitro*, several mGlu<sub>1</sub> and mGlu<sub>5</sub> PAMs previously exhibited biased modulation, wherein PAMs differentially modulated extracellular signal-regulated kinase 1/2 (ERK1/2), cyclic adenosine monophosphate (cAMP), and Ca<sup>2+</sup> signaling (Zhang et al., 2005; Sheffler and Conn, 2008). More recently, a novel mGlu<sub>5</sub> PAM, NCFP (N-(4-chloro-2-((4-fluoro-1,3-dioxoisindolin-2-yl)methyl)phenyl)picolinamide), was identified that potentiates mGlu<sub>5</sub> mediated signaling in both cells and brain slices without affecting mGlu<sub>5</sub>-dependent long-term depression (LTD) and long-term potentiation (LTP) in the hippocampus (Noetzel et al., 2013). Further characterization of biased mGlu receptor modulation also revealed biased mGlu<sub>5</sub> modulation wherein the NAM, MMPiP (6-(4-methoxyphenyl)-5-methyl-3-pyridin-4-ylisoxazolo[4,5-c]pyridin-4(5H)-one), inhibited some, but not all, responses to mGlu<sub>5</sub> activation and did not inhibit mGlu<sub>5</sub> dependent modulation of synaptic transmission (Niswender et al., 2010). Although both Group I and Group III mGlu receptor allosteric modulators displayed biases in native tissues (Niswender et al., 2010; Noetzel et al., 2013), none of the early studies provided evidence for any *in vivo* relevance of biased mGlu receptor modulation. However, more recently a biased mGlu<sub>5</sub> PAM, VU0409551, was identified that specifically potentiates G<sub>αq</sub>-signaling without modulating mGlu<sub>5</sub> coupling to N-methyl-D-aspartate receptor (NMDAR) currents and NMDAR-dependent synaptic plasticity (Rook et al., 2015). Despite the known importance of NMDAR hypofunction in schizophrenia pathophysiology (Field et al., 2011; Coyle et al., 2012; Timms et al., 2013), VU0409551 exhibited both antipsychotic and pro-cognitive effects in animal models, suggesting that mGlu<sub>5</sub> potentiation of NMDAR currents is not necessary for its therapeutic efficacy, contrary to the field's previous view. The paradigm shift resulting from an improved understanding of biased mGlu<sub>5</sub> modulation emphasizes the importance of further research into biased mGlu receptor modulation. To establish an *in vivo* relevance for biased modulation of other mGlu receptor subtypes, medicinal chemistry efforts should be focused on intentionally optimizing other allosteric modulators that induce specific biased modulation of mGlu receptor signaling and have properties required for systemic dosing and use in *in vivo* studies. One major challenge with translating this to clinical studies is similar to the challenge outlined for ago-PAMs above. While it is possible to fully evaluate potential stimulus bias in brain slices in preclinical studies, this may not be possible in human tissue. Thus, if biased effects on specific physiological responses are important for efficacy or adverse effect liability, it will be difficult to have complete confidence that the stimulus bias established in rodent CNS preparations will also be present in the human brain.

## Effects of Allosteric Modulators on mGlu Receptor Heterodimers

In recent years, novel allosteric modulators have helped to verify the existence and establish the functional relevance of mGlu receptor heterodimers (Figure 2C; Doumazane et al., 2011; Yin et al., 2014). Although mGlu receptors form obligate dimers in order to function, previous studies suggested that these mGlu

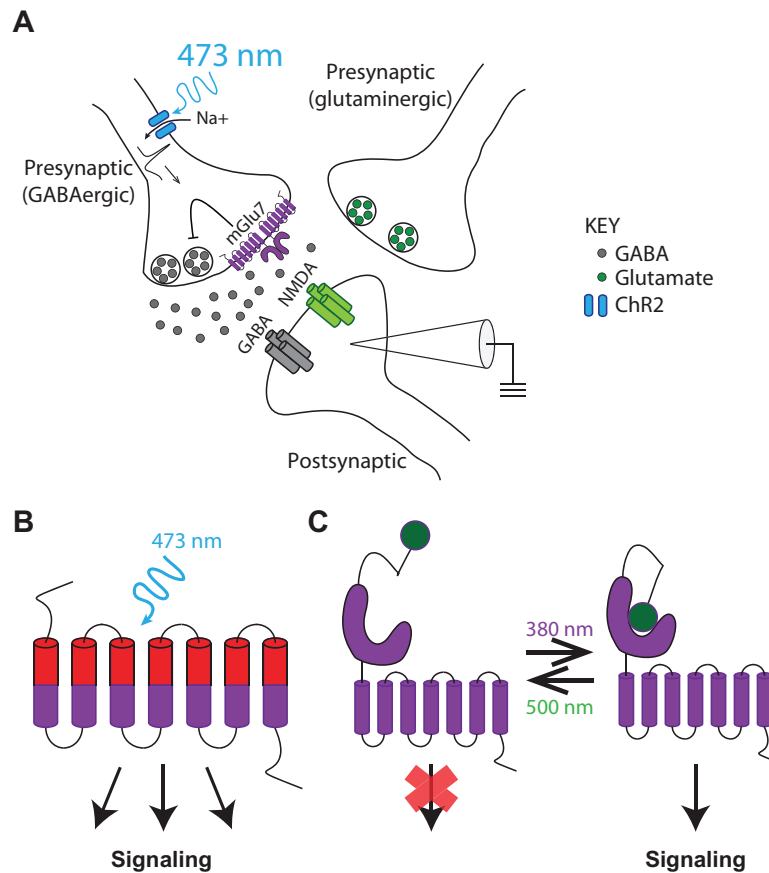
receptors formed strict homodimers (Romano et al., 1996). An *in vitro* fluorescence resonance energy transfer (FRET) study challenged this long-standing hypothesis, demonstrating that mGlu receptors exhibit both intra- and inter-group heterodimerization, wherein heterodimers form between Group I mGlu receptors and between Group II and Group III mGlu receptors (Doumazane et al., 2011). Recently, *in vitro* studies verified the presence of the mGlu<sub>2/4</sub> heterodimer and characterized its distinct functional properties (Kammermeier, 2012; Yin et al., 2014). Importantly, our lab also found compelling evidence for the presence and functionality of mGlu<sub>2/4</sub> heterodimers in the striatum at the cortico-striatal synapse (Yin et al., 2014). At this synapse, only mGlu<sub>4</sub> PAMs active at the mGlu<sub>2/4</sub> heterodimer blunted neurotransmission, suggesting that mGlu<sub>2/4</sub> heterodimers, but not mGlu<sub>4</sub> homodimers, exist at this synapse. Despite this intriguing finding, to date there is no known *in vivo* function attributed to a specific heterodimer combination, and it remains unknown what the *in vivo* consequences of heterodimer modulation are.

The initial characterizations of mGlu<sub>2/4</sub> heterodimer pharmacology also raised basic questions as to the mechanism of heterodimer activation and inactivation. In cultured neurons co-expressing mGlu<sub>2</sub> and mGlu<sub>4</sub>, data suggested that neither mGlu<sub>2</sub>- nor mGlu<sub>4</sub>-selective PAMs potentiated mGlu<sub>2/4</sub> heterodimer-mediated inhibition of voltage-gated Ca<sup>2+</sup> channels when applied either alone or together (Kammermeier, 2012). However, in line with previous literature suggesting that PAM binding is only required and observed on one mGlu receptor protomer to produce its potentiation (Goudet et al., 2005; Lundstrom et al., 2011), mGlu<sub>2</sub> PAMs alone and some mGlu<sub>4</sub> PAMs alone potentiated mGlu<sub>2/4</sub>-mediated G protein-coupled inwardly-rectifying potassium (GIRK) channel activity and depression of synaptic transmission at the cortico-striatal synapse (Yin et al., 2014). Similarly, data from these two experimental lines generated conflicting views on whether or not mGlu<sub>2/4</sub> heterodimers require agonist binding to one or both orthosteric sites in order to initiate downstream signaling of mGlu<sub>2/4</sub> (Kammermeier, 2012; Yin et al., 2014). Our findings demonstrated that binding of either a selective Group II or Group III agonist is sufficient for receptor activity, consistent with previous findings supporting transactivation between mGlu receptor dimers (Figure 2C; Kniazeff et al., 2004; Yin et al., 2014). However, data on mGlu<sub>2/4</sub> heterodimer-mediated inhibition of voltage-gated Ca<sup>2+</sup> channels indicated that transactivation does not occur upon binding of an agonist to a single protomer, which is consistent with previous findings in this neuron culture system (Kammermeier and Yun, 2005; Kammermeier, 2012). These discrepancies likely reflect either a context-dependent difference in mGlu<sub>2/4</sub> signaling or unique requirements for receptor activation to initiate specific downstream signaling events. A more surprising finding was that a Group II mGlu receptor NAM attenuated L-AP4-mediated mGlu<sub>2/4</sub> signaling both *in vitro* and in brain slice preparations (Figure 2C; Yin et al., 2014). While this finding directly contradicts the present view in the field that a NAM must bind both protomers in order to attenuate mGlu receptor dimer-mediated signaling (Hlavackova et al., 2005; Kammermeier, 2012), the Group II NAM may prevent transactivation of mGlu<sub>2</sub> by a Group III agonist rather than attenuating signaling through transinactivation. In order to resolve these discrepancies and better understand mGlu receptor heterodimer pharmacology, *in vitro* molecular pharmacology experiments should directly measure heterodimer activation using heteromer identification technology (HIT) or complemented donor-acceptor resonance energy transfer (CODA-RET) that assess immediate downstream recruitment of  $\beta$ -arrestin or G protein to the heterodimer, respectively (See et al., 2011; Urizar et al., 2011; Vischer et al., 2015).

## Effects of mGlu Receptor Allosteric Modulators on Activity of Identified Brain Circuits

Although the aforementioned research informs efforts to further optimize binding and signaling properties of PAMs and NAMs, it remains critical for neuroscience drug discovery efforts to understand how allosteric modulators achieve therapeutic efficacy through modulation of neural circuit function and dysfunction. Using selective mGlu receptor allosteric modulators, previous slice electrophysiology studies have uncovered roles for mGlu receptors at specific synapses. As mentioned above, electrophysiology studies have also dissected how ago-PAMs, biased mGlu receptor modulators, and heterodimer-active allosteric modulators affect neural circuit function (Noetzel et al., 2013; Rook et al., 2013, 2015; Yin et al., 2014). Additionally, the recent discovery of selective NAMs for mGlu<sub>2</sub>, mGlu<sub>3</sub>, and mGlu<sub>7</sub> facilitated experimentation on the necessity of each mGlu receptor at specific synapses for neurotransmission (Wenthur et al., 2013; Kalinichev et al., 2014; Walker et al., 2015). Following the optimization of mGlu<sub>2</sub>-selective and mGlu<sub>3</sub>-selective NAMs, Walker et al. (2015) found that LTD in the medial prefrontal cortex (mPFC) depends on mGlu<sub>3</sub>, but not mGlu<sub>2</sub>, activity. Likewise, use of the novel mGlu<sub>7</sub> NAM, ADX71743, allowed for confirmation that mGlu<sub>7</sub> activation reduces neural transmission at the SC-CA1 synapse; however, subsequent electrophysiology experiments using this mGlu<sub>7</sub> NAM indicated that, contrary to the current view of mGlu<sub>7</sub> function at this synapse, mGlu<sub>7</sub> did not function as an autoreceptor on glutamatergic neurons (Klar et al., 2015). With the help of optogenetics in slice electrophysiology experiments, the mechanism of mGlu<sub>7</sub>-mediated synaptic depression was definitively resolved, demonstrating how optogenetic tools used in concert with a pharmacological tool compound could elucidate the compound's precise site of action (Figure 3A).

The advent of optogenetics has provided complementary tools for refining our understanding of mGlu receptor modulation and its effects in defined neural circuits. Optogenetics utilizes the light-activated, non-selective cation channel, channelrhodopsin (ChR2) in order to induce a depolarizing current and subsequent action potential initiation in response pulses of blue light (Tye and Deisseroth, 2012). Using either viral vectors or transgenic mice, ChR2 can be expressed in defined neuronal populations, thus allowing for activation of specific neurons with pulses of blue light. As alluded to above and illustrated in Figure 3A, this complimentary technique was used to directly test whether presynaptic mGlu<sub>7</sub> activation on GABAergic neurons led to attenuation of GABA-mediated inhibitory postsynaptic currents (IPSCs) in CA1 pyramidal neurons (Klar et al., 2015). Although initial experiments supported this hypothesis by assessing the effect of mGlu<sub>7</sub> activation on pharmacologically-isolating monosynaptic IPSCs in CA1 pyramidal neurons, the electrical stimulation used to evoke IPSCs in this experimental paradigm could cause release of other neuromodulators involved in the regulation of GABA release. Using ChR2 expressed in parvalbumin-expressing GABAergic interneurons to specifically activate this neuronal subpopulation at the SC-CA1 synapse, slice electrophysiology experiments demonstrated that presynaptic mGlu<sub>7</sub> activation attenuated optically-induced IPSCs (Figure 3A). Thus, this optogenetic experiment verified the proposed mechanism of action behind mGlu<sub>7</sub> modulation of neurotransmission at this synapse, thereby demonstrating the value of using optogenetics in order to determine the site of action at which mGlu receptor modulation exerts its neuromodulatory effect.



**Figure 3.** Optogenetic and optopharmacological dissection of metabotropic glutamate (mGlu) receptor function in defined neural circuits. (A) In the depiction of the experimental paradigm from Klar et al (2015), parvalbumin-expressing GABAergic neurons were selectively stimulated using blue light to activate channelrhodopsin, expressed only in this neuronal population. Electrophysiological recordings from the postsynaptic neuron demonstrated that mGlu<sub>6</sub> activation on presynaptic GABAergic interneurons decreases inhibitory postsynaptic currents (IPSCs) through modulation of presynaptic GABA release. (B) Cartoon of opto-mGlu<sub>6</sub> illustrates the chimeric receptor composed of the extracellular domain of melanopsin (red) and intracellular domain of mGlu<sub>6</sub> (purple). Through this design, mGlu<sub>6</sub>-mediated intracellular signaling can be induced by a blue light activating the melanopsin extracellular domain. (C) Light-activated (pictured) and -inactivated (not shown) mGlu receptors, or LimGluRs, utilize a tethered ligand that, through light-induced isomerization, can bind to the orthosteric site in order to activate or inhibit mGlu receptor signaling, respectively.

Novel optogenetic tools are also facilitating characterization of the spatial and temporal dynamics of modulating mGlu receptor signaling in defined neural circuits *in vivo*. Using photo-switch molecules tethered to mGlu receptors, Levitz et al (2013) designed light-agonized and light-antagonized mGlu receptors (LimGluRs; Figure 3C). In both *in vitro* and *in vivo* systems, these LimGluRs were bistable, thus permitting precise spatial and temporal control of their activation or inhibition. Importantly, *in vivo* expression and light-agonism of LimGluR2 in zebrafish revealed a behavioral role for mGlu<sub>2</sub> signaling in the acoustic startle response, thus displaying the potential for further research with LimGluRs to tease apart the behavioral function of specific mGlu receptors in defined neural circuits. To add to the optogenetic toolbox for mGlu receptors, a light-activated, opto-mGlu<sub>6</sub> receptor was developed, consisting of the extracellular light-sensitive melanopsin and the intracellular domain of mGlu<sub>6</sub> in order to induce light-activated mGlu<sub>6</sub> signaling (Figure 3B; van Wyk et al., 2015). Expression and activation of opto-mGlu<sub>6</sub> in retinal ON-bipolar cells generated light-evoked current in these cells and partially restored visual performance in a mouse model of blindness. Thus, both optogenetic tools offer the possibility to precisely control mGlu receptor signaling and identify the *in vivo* behavioral effect of activating specific mGlu receptors in defined neural circuits. However, further development of transgenic

mic or viral vectors expressing LimGluRs and opto-mGluRs is necessary to facilitate research into the role of specific mGlu receptors in distinct neuronal populations known to natively express the mGlu receptor of interest, thereby informing our understanding on potential *in vivo* effects of mGlu receptor allosteric modulation.

Novel optopharmacological tools may also permit parallel lines of experimentation in order to better understand the spatial and temporal effects of allosteric modulation. Through integration of a photochromatic group within a ligand, Pittolo et al (2014) developed a novel light-activated and light-inactivated mGlu<sub>5</sub> NAM called Alloswitch-1. Under green light, Alloswitch-1 exhibits nanomolar potency at mGlu<sub>5</sub>; however, the introduction of violet light induces an isomerization that diminishes its activity on mGlu<sub>5</sub>. This optopharmacological tool compound displays reversible effects on both cell signaling *in vitro* and tadpole locomotor behavior *in vivo*. This proof-of-concept study demonstrated the potential for tissue-specific, reversible activation and inactivation of an allosteric modulator as a therapeutic. Again, following the necessary further optimization and development of optopharmacological tool compounds for use in rodents, future experiments could elucidate the precise spatial and temporal effect of mGlu receptor allosteric modulation in preclinical models of brain disorders.



## Conclusion

While much research on mGlu receptor allosteric modulators focuses on identifying potent clinical candidates, innovative basic research using mGlu receptor allosteric modulator tool compounds can improve our understanding of mGlu receptor neurobiology and subsequently aid further drug discovery efforts. Using high-affinity binding mGlu receptor allosteric modulators, structural biologists resolved the inactive, NAM-bound 7-TMD structure of mGlu receptors and now possess the tools to resolve the active, PAM-bound 7-TMD structure. Allosteric modulators with intrinsic agonist activity, biased mGlu receptor modulation, or mGlu receptor heterodimer activity have helped to elucidate the biological importance of these diverse pharmacological profiles. And, finally, using optogenetic and optopharmacological tools aimed at understanding mGlu receptor modulation at the neural circuit level, basic research has gained and will continue to gain insights on how mGlu receptor modulation affects both neurotransmission in brain slices and *in vivo* behavioral outcomes. Thus, these studies with allosteric modulator tool compounds have elucidated mGlu receptor neurobiology and subsequently informed drug discovery efforts, thereby demonstrating the necessity for continuing these basic research studies in tandem with allosteric modulator drug discovery efforts.

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