

# Article

# Synergistic Effect of Screen-Printed Single-Walled Carbon Nanotubes and Phosphorylated Cellulose Nanofibrils on Thermophysiological Comfort, Thermal/UV Resistance, Mechanical and Electroconductive Properties of Flame-Retardant Fabric

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**Copyright:** © 2021 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). Abstract: Single-walled carbon nanotubes (SWCNTs) and phosphorylated nanocellulose fibrils (PCNFs) were used as functional screen-print coatings on flame-retardant (FR) fabric, to improve its thermal resistance and thermophysiological comfort (wetting, water vapour and heat transmission) properties, while inducing it with electrical conductivity and UV protection. The effect of PCNF printing, followed by applying a hydrophobic polyacrylate (AP), on the same (back/B, turned outwards) or other (front/F, turned towards skin) side of the fabric, with and without the addition of 0.1-0.4 wt% SWCNTs, was studied by determining the amount of applied coating and its distribution (microscopic imaging), and measuring the fabric's colour, air permeability, thickness, mechanical, flame and abrasion resistance properties. Due to the synergistic effect of PCNF and SWCNTs, both-sided printed fabric (front-side printed with PCNF and back-side with SWCNTs within AP) resulted in an increased heat transfer (25%) and an improved thermal resistance (shift of degradation temperature by up to 18 °C towards a higher value) and UV protection (UPF of 109) without changing the colour of the fabric. Such treatment also affected the moisture management properties with an increased water-vapour transfer (17%), reduced water uptake (39%) and asymmetric wettability due to the hydrophilic front (Contact Angle 46°) and hydrophobic back (129°) side. The increased tensile (16%) and tear (39%) strengths were also assessed in the warp direction, without worsening the abrasion resistance of the front-side. A pressure-sensing electrical conductivity (up to  $4.9 \cdot 10^{-4}$  S/cm with an increase to  $12.0 \cdot 10^{-4}$  S/cm at 2 bars) of the SWCNT-printed side ranks the fabric among the antistatic, electrostatic discharge (ESD) or electromagnetic interference (EMI) shielding protectives.

**Keywords:** single-walled carbon nanotubes; phosphorylated cellulose nanofibrils; screen-printed fabric; thermophysiological comfort; thermal and UV resistance; electroconductivity

# 1. Introduction

Resistance to heat and fire from the environment towards the human body are the main functional properties of flame-retardant (FR) textiles, which is achieved through thermal stability and insulating ability. In addition, such textiles must also dissipate metabolic heat and body vapours away from the body, thus ensuring good physiological comfort during wearing when exposed to such an environment [1].

A nanotechnology supported FR-protective coating containing a wide range of materials, such as metal and carbon based nanoparticles (graphite, carbon black, carbon nanotubes (CNTs) [2]) with up to 10% of loading, applied as single or multi-layer coatings with thicknesses up to a few tens  $\mu$ m [3], are thus proposed to impart such multifunctional properties without affecting the original material properties (such as flexibility, rigidity and stiffness). Such coatings act as thermal insulators, absorbing the heat and oxygen from the



atmosphere and blocking their transfer through the textile. In addition, they can induce textile materials with UV, antistatic and electromagnetic/EMI shielding protections, or even electrical conductivity [4], the properties whose demand has been growing enormously in recent years [5] due to the wide range of forthcoming conventional and innovative applications, ranging from apparel and sportswear [6], sensing devices [7], wearable electronics [4] up to flexible heating equipment [8]. CNTs seem to be the most appropriate in this respect due to their own remarkable electrical conductivity ( $10^6-10^7$  S/m [9]), exceptional thermal conductivity (3500 W/Mk [10]), high UV adsorption [11], high tensile strength (30-45 GPa) and yield strain (5.3-5.8%) [12], light weight, low density and flexibility [13].

Textiles have been functionalised with CNTs by several approaches, like weaving or knitting of carbon-based fibres and yarns into textiles, by electrodeposition, spinning or various coating techniques [4,13,14], where dipping [13–17] or screen-printing [18] were used as one of the simplest and most commonly used ways. Since CNTs are prone to agglomeration and the uniform distribution of CNTs is the most crucial factor rendering the final properties of the product, CNTs were used in combination with citric acid [14,18], sodium hypophosphite [18], aliphatic urethane acrylate [5], polypropylene [19,20], 3-glycidyloxypropyltrimethoxysilane, p-phenylenediamine and methanol [13], poly(ethylenimine), ammonium polyphosphate [21], butyl acrylate [16], aromatic azide polymer [17], etc., to obtain homogeneous dispersibility, as well as good crosslinking with the textile material. Thus functionalized textiles also assist in heat dissipation [10], while also having super-hydrophobic properties (contact angle above 150°) [16,18,22], good UV protection (ultraviolet protective factor/UPF above 50 [11,22]), and improved mechanical [13,15] properties. In addition, CNTs treatments using concentrations from 0.015 wt% [23] up to 8 wt% [19] resulted in fabrics with conductivities ranking from  $2 \cdot 10^{-3}$  S/cm [18] up to 2.7 S/cm [24], or sheet/square resistances in the range of  $10^2 \Omega/\text{sq}$  [13]–8.3·10<sup>11</sup>  $\Omega/\text{sq}$  [20].

In our previous study, we showed that screen-printed microfibrillated cellulose (MFC) on flame-retardant (FR) fabric increased its moisture build-up significantly without compromising its water vapour transfer [25], thus, improving the thermophysiological comfort properties of hydrophobically post-coated fabric.

In this work, more thermally stable [26] phosphorylated nanocellulose (PCNF) with even better moisture absorption ability [27] and good colloidal dispersibility due to the presence of anionic phosphorous acid groups on the cellulose fibrils is used, in combination with single-wall CNTs (SWCNTs) to improve the fabric's thermophysiological comfort, flame retardancy and UV protection, while simultaneously obtaining an electro-conductive surface with an antistatic, electrostatic discharge or electromagnetic shielding protection properties. To achieve this goal, the fabric was first printed with PCNF (on its front or back side) and then with a hydrophobic polyacrylate (AP), applied on the fabric back-side, with or without different content of SWCNTs pre-dispersed in the water-based acrylic system. The influence of the coating's mass on the fabric's thickness, air permeability, surface wetting, thermal and water-vapour resistance were considered, followed by assessing of its colour change, UV protection, electrical conductivity, mechanical, flame and abrasion resistance properties.

#### 2. Experimental

# 2.1. Materials

The two-wefts woven flame-retardant (FR) fabric of  $145 \pm 1.4 \text{ g/m}^2 \text{ mass}$  (ISO 3801 [28],  $0.332 \pm 0.02 \text{ mm}$  thickness (ISO 5084:1996 [29]), and 36 threads/cm in the warp direction and 51 threads/cm in the weft direction (EN 1049-2 [30]), made from a mixture of meta aramid and FR Lenzing viscose (34/34% ratio) predominant in the warp direction and on the back-side (i.e., the side facing outwards during wearing), and viscose filaments (32%) predominant in the weft direction and on the front-side (i.e., the side facing the wearer), was provided by Tekstina Ltd., Ajdovščina, Slovenia.

Water suspended phosphorylated nanofibrillated cellulose (PCNF) of 2–3  $\mu$ m long and highly branched 10–200 nm wide fibrils with around 0.13 degrees of substitution and

zeta potential of around -45 mV at pH 10, as determined by conductometric titration, were provided by Xylocel Oy, Espoo, Finland.

Commercially available (Tuball Matrix 302) 10 wt% concentrated SWCNTs paste (welldispersed in about 70 wt% of distyryl biphenyl derivative, specific substances covered by NDA) with dimensions of 1.6  $\pm$  0.4 nm in diameter, length of >5  $\mu$ m, a length/diameter ratio of 5000, a specific surface area of around 1000 m<sup>2</sup>/g, 10<sup>3</sup> S/cm of electrical and 6600 W/mK of thermal conductivity, was purchased from OCSiAl, Luxembourg.

The acrylate paste (AP, pH of 8–8.5) was prepared by Tekstina Ltd., Slovenia, consisting of 133.3 g/kg polyacrylate self-crosslinking binder (Tubifast AS 30), 1.67 g/kg ammonium water, 2.5 g/kg polymeric silicone as an antifoam (CHT entschaumer BSN), 20 g/kg melamine resin (Tubigat WAF 20), 18 g/kg ammonium salt of polymeric carboxylic acids as a thickener (Tubivis DRL 600), acrylic-acid as a rheology additive (Tubigat R 130), all commercial products of CHT Bezema, Germany.

#### 2.2. Preparation of PCNF-Based Dispersions and Acrylate-Based Pastes

The viscosity of both the pastes and dispersions was evaluated using a Haake rotational Viscotester V2 (Thermo Fisher Scientific Inc., Waltham, MA, USA) at room temperature.

The 1.5 wt% water-dispersed PCNF (viscosity of  $45 \pm 2$  dPas) was used throughout the study. The PCNF dispersions were also prepared with the addition of different content (0.1, 0.2 and 0.4 wt%) of SWCNTs, or 2.9 wt% of SWCNTs-dispersing agent (Disp; corresponding to the addition of 0.4 wt% SWCNTs) by mixing them for 15 min with a rotary mixer (RE 166, IKA-Werke, Staufen, Germany), resulting in a viscosity of  $80 \pm 2$  dPas,  $90 \pm 2$  dPas, and  $120 \pm 2$  dPas or  $40 \pm 2$  dPas, respectively.

The viscosity of the acrylate paste (AP) was adjusted to  $105 \pm 5$  dPas with the addition of distilled water. APs of the same viscosities were also prepared with different content (0.1, 0.2 and 0.4 wt%) of SWCNTs, or 2.9 wt% of SWCNTs-dispersing agent (Disp) by mixing them for 15 min with a rotary mixer.

Both PCNF dispersions and AP pastes were designated according to the amount of SWCNTs added, where the number (0.1, 0.2 or 0.4) denotes the different concentrations of SWCNTs (0.1, 0.2 and 0.4 wt%, respectively). The dispersions/pastes containing only SWCNTs-dispersing agent were designed as Disp.

#### 2.3. Screen-Printing Process

The printing was performed on a Zimmer laboratory screen-printing machine using a nickel-based rotary screen (SPGPrints B.V., Boxmeer, The Netherlands, formerly Stork) of 60 mesh size (14% open area, 161  $\mu$ m holes' diameter, 100  $\mu$ m screen plate thickness) and a steel-rod type squeegee (diameter 15 mm) at magnet-adjustable pressure (no. 6) and manually-set speed (level 5  $\approx$  6 m/min).

The fabric was printed on the same or different sides in two-printing steps. In onesided printing, the PCNF based dispersion (with or without SWCNTs) was first applied on the back-side (facing outwards during wearing) followed by AP, while for both-sided printing, the PCNF (with or without SWCNTs) was applied first on the front-side (facing towards the wearer), and then AP (with or without SWCNTs) on the fabric's back-side. In addition, the printings of only AP and AP containing Disp were performed, acting as the references, together with the non-treated fabric. After each printing step, the samples were dried at 100 °C for 3 min, and additionally exposed to 170 °C for 2 min, in order to fix the AP coating by using a heated air-circulation unit (Werner Mathis AG, Oberhasli, Switzerland).

Samples were designated according to the amount of SWCNTs added and the printing dispersion/paste, where 0.1, 0.2 or 0.4 denotes the addition of SWCNTs (0.1 wt%, 0.2 wt% and 0.4 wt%, respectively) and the slash (/) separates the first imprint from the second (for example, PCNF + 0.4 SWCNT/AP means printing of 0.4 wt% SWCNT dispersed in PCNF as the first print/layer, followed by AP printing as the second). Referenced samples were noted as Ref (non-printed), AP (solely AP printed), AP + Disp (solely SWCNTs-dispersing agent within AP), PCNF + Disp/AP (printing of solely SWCNTs-dispersing agent within

PCNF, followed by printing of AP). The AP pastes were always printed on the fabric back-side (designated as B), while the PCNF dispersions were always printed before the AP (as the first print or layer) and on the fabric front-side in a two-layer process (designated as two-layers/F + B), or on the back-side of the fabric in a two-layer process (designated as two-layers/B).

# 2.4. Fabrics' Washing and Drying

After the treatment, all the samples were washed once in the washing machine at 60  $^{\circ}$ C and centrifuged at 1000× *g* rpm (Gorenje SensorCare, model W8665K, Velenje, Slovenia; ISO 6330:2012 [31]) using detergent without bleaching agents (IEC BASE A; 66 g/2 kg) and then dried at a low temperature in a domestic drying machine (Gorenje SensorCare model D82426, Velenje, Slovenia).

#### 2.5. Fabric's Analysis

The samples were conditioned for 24 h at  $20 \pm 2$  °C and relative humidity of  $65 \pm 5\%$  (ISO 139:2005 [32]) before the testing, unless other methods' standard conditions were used during the analysis.

Scanning Electron Microscope (SEM) imaging was performed by a low vacuum microscope (FEI Quanta 200 3D, Thermo Fisher Scientific Inc., Waltham, MA, USA) to evaluate the print's structure, homogeneity/distribution and durability.

The colour values of differently treated samples were determined by reflectance measurements in the wavelength range of 400–700 nm, using a two-rays spectrophotometer, Spectraflash SF 600 PLUS (Datacolor Inc., Lawrenceville, NJ, USA), equipped with an Ulbricht sphere and measuring geometry of d/8° under a standard illuminant D65 (LAV/Spec. Incl.). The colour strength (K/S) values were calculated from the reflectance curves according to the following equation:  $K/S = \frac{(1-R)^2}{R}$ , where K is the light absorption coefficient, S is the light scattering coefficient, R is the decimal fraction of the sample's reflectance. The CIE total colour differences (dE\*) of differently-printed and reference samples were obtained from all three coordinate differences (dL\*—the difference in the brightness, da\*—the difference at the red/green axis, and db\*—the difference at the yellow/blue axis) using the following equation:  $dE^* = \sqrt{(dL^*)^2 + (da^*)^2 + (db^*)^2}$ .

The fabric's mass change ( $\Delta m$ ) was assessed using the following equation:  $\Delta m = m_i - m_c$ , where  $m_i$  and  $m_c$  are the masses of samples before and after the treatment, respectively. The average value of at least three measurements was conducted for each sample.

The thickness (ISO 5084:1996 [29] using a Thickness gauge for Textiles and Rubber, Hildebrand GmbH, Wendlingen am Neckar, Germany), dimensional change (ISO 5077:2007 [33]), air permeability at pressure difference of 100 Pa (ISO 9237:1995 [34]) using a Karl Schroeder KG Air Permeability Tester D-6940, Weinheim, Germany), were assessed according to the relevant Standards.

The hydrophilicity of the samples and their water absorbency (ASTM D5725-99 [35]) was determined by measuring the Contact Angle (CA) of a 3 mL milliQ water droplet and the time of its stay on the surface using the goniometer (OCA 35 model, Dataphysics, Filderstadt, Germany). Between four and ten measurements were performed at room temperature and on both sides of the samples, and being given as the mean values. In addition, the water absorption capacity (WAC) was evaluated by immersing the 30 × 30 mm sample in mQ water for 60 s, then placing it on a filter paper for 10 s for drainage, and weighed; the WAC was calculated according to the following equation:  $WAC = \frac{B-A}{A} \cdot 100$ , where A is the specimen weight before immersion and B is the specimen weight after immersion in water. At least four measurements were taken for each sample.

The thermophysiological comfort properties were evaluated by measuring the thermal resistance and water-vapour resistance, and recording a warm-cool feeling, according to ISO 11092:2014 [36] using the measuring instrument KES-F7 Thermo Labo II (Kato Tech Co-Ltd., Kyoto, Japan), where the heat flow was measured through the sample. Using the dry contact method, the samples' thermal resistances were obtained by exposing them to a dry

heat flow in response to a steadily applied temperature gradient. The same procedure was used with a wet filter paper on the heated plate for evaluating the water-vapour resistance, where the evaporative heat flow was determined by the steadily applied water-vapour pressure gradient. Both were calculated from the measured heat flow, by the following equations:  $R_{ct} = \frac{(T_s - T_a) \cdot A}{\Phi_{ct}}$  and  $R_{et} = \frac{(p_s - p_a) \cdot A}{\Phi_{et}}$ , where  $R_{ct}$  is the thermal resistance of the textile material (m<sup>2</sup>K/W),  $R_{et}$  is the water-vapour resistance of the textile material (m<sup>2</sup>K/W),  $R_{et}$  is the water-vapour resistance of the textile material (Pa m<sup>2</sup>/W), A is the area of the heat plate (m<sup>2</sup>),  $T_s$  and  $T_a$  are the temperatures of the heat plate (35 ± 1 °C, skin temperature of a human body) (K) and air temperature (K),  $p_s$  and  $p_a$  are the saturated vapour pressure on the heat plate (Pa) and vapour pressure in the tunnel (Pa),  $\phi_{ct}$  and  $\phi_{et}$  are the corresponding heat flows (W). The warm-cool feeling ( $q_{max}$ ) was recorded as the maximum level of heat flow required per unit area (W/cm<sup>2</sup>). Five measurements were performed to obtain  $q_{max}$ , six measurements for  $R_{ct}$  and four measurements for the  $R_{et}$  values.

Thermo-Gravimetric Analysis (TGA) and Differential Scanning Calorimetry (DSC) tests of the samples were performed under an air atmosphere in a temperature range from 25 to 600 °C and a heating rate of 10 °C/min, using a 50 mL/min of flow rate and a DSC1 analyser (Mettler Toledo, Greifensee, Switzerland).

The flame resistance of the treated samples was evaluated by the ease of ignition according to ISO 15025. The back-side of the vertically aligned samples was exposed to an open flame for 10 s, directed perpendicularly towards the fabric, in both directions. In the case of ignition, the burning time was recorded. Three measurements were taken for each sample.

The Ultraviolet Protection Factor (UPF) was assessed according to Standard (EN 13758-1 [37]) using spectrophotometer UV/VIS/NIR (Perkin Elmer, Waltham, MA, USA), by recording the transmission values in the range of 290–400 nm at every 5 nm. For each sample, three measurements of transmittance were recorded, then the UPFs of individual samples were calculated using the following equation: UPF =  $\frac{\sum_{\lambda=200}^{\lambda=400} E(\lambda) \varepsilon(\lambda) \Delta\lambda}{\sum_{\lambda=200}^{\lambda=400} E(\lambda) \varepsilon(\lambda) \Delta\lambda}$ , where E( $\lambda$ ) is solar irradiance,  $\varepsilon(\lambda)$  is the erythema action spectrum,  $\Delta\lambda$  is the wavelength interval of the measurements, and T( $\lambda$ ) is the spectral transmittance at wavelength  $\lambda$ . The ranges of protection are categorised from good (UPF 15–24), very good (UPF 25–39) to excellent (UPF 40–50, 50+), where fabrics with UPF less than 15 are not labelled.

The electrical resistance (R) of the samples was measured using an impedance analyser (Agilent 34410A 6  $\frac{1}{2}$  Digit High Performance Digital Multimeter, Agilent Technologies Inc., Santa Clara, California, USA), using two parallel copper electrodes being in contact with the sample, at three measuring points. The electrical resistivity ( $\rho$ ) was calculated according to the following equation:  $\rho = R \frac{t \cdot w}{l} [\Omega m]$ , where l is the length of the sample (m), t is the thickness (m), w is the width (m), and R is the resistance ( $\Omega$ ). The electrical resistivity was used to calculate the electrical conductivity ( $\sigma$ ) according to the following equation:  $\sigma = \frac{1}{\rho} (S/m)$ .

Tensile strength and elongation (ISO 13934-1 [38]), together with tear strength ISO 13937-2 [39]), were evaluated using a Tinius Olsen testing machine, H10KT (Tinius Olsen Ltd., Redhill, UK), with a 1 kN load cell. Testing was conducted in both weft and warp directions, where all the samples were preconditioned prior to analysis. For tensile testing, the samples were cut into dimensions of  $250 \pm 2 \text{ mm} \times 50 \pm 1 \text{ mm}$ . On the other hand, tear strength analysis was performed at a gauge length of 200 mm, at a constant rate of extension of 100 mm/min, and preloading of 2N. Samples undergoing the tear strength analysis were cut to the size of  $200 \pm 2 \text{ mm} \times 50 \pm 1 \text{ mm}$ . Afterwards, from the centre of the width, a longitudinal cut was made with a length of  $100 \pm 1 \text{ mm}$ . The final position of the test completion was marked on a length of  $25 \pm 1 \text{ mm}$  from the middle of the uncut sample side. For both analyses and both directions, five samples were analysed and average values were expressed.

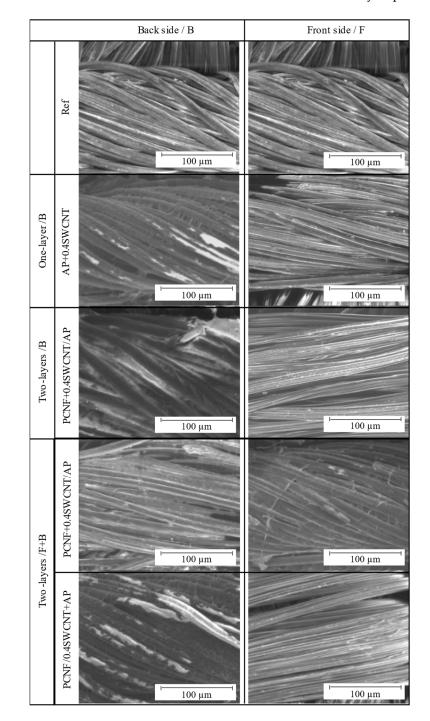
The abrasion resistance of the samples was determined using a Martindale M235 Abrasion and Pilling Tester (SDL Atlas Textile Testing Solution, Shenzhen, China) according to ISO 12947-2 [40]. Samples were cut into circles with a diameter of 38 mm. Twelve kPa pressure was applied to each sample, and the front-sides of the fabrics were exposed to an abrasion test. All the samples were weighed before analysis, after a certain number of abrasion cycles and at the end of testing, which determined the weight loss until the breakage (ISO 12947-3 [41]). Breakage was acknowledged when at least two threads were torn. Visual changes that occurred because of the abrasion test (lustre, colour, surface nap or pile, pilling, matting) were assessed according to ISO 12947-4 [42]. Four tests were conducted for each sample.

# 3. Results

#### 3.1. The Coating's Patterning and Imprinting

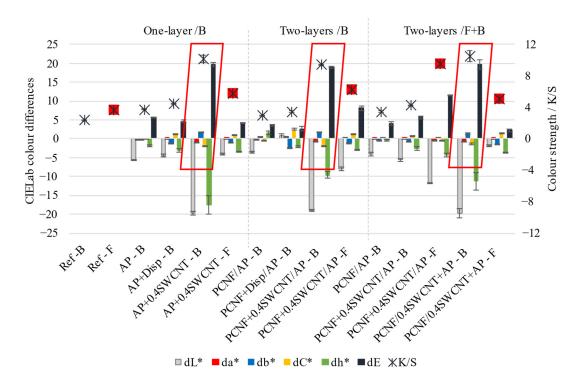
The patterning and structuring of SWCNTs-containing PCNF dispersions and AP pastes on the fabric surfaces (both front- and back-sides) using different printing strategies (printed on the back-side as one or two layers, or on both sides as one-layer), and their imprinting, were assessed by SEM imaging (Figure 1) after standardised laundry washing. Although some coatings were slightly washed off, it was still possible to observe a homogeneous and evenly distributed pattern deposition over the entire fabric's surface, regardless of the type of coating (PCNF or PA, with and without the addition of SWCNT) and printing strategy. Yarns appeared smooth and regular, but slightly glued after AP deposition, and some rare spots of AP were observed on the unprinted/front-side (not presented). On the other hand, the addition of SWCNTs to AP (sample AP+0.4SWCNT) was reflected in a darker colour of the deposited patterns, which, however, could not be observed on the front-side, indicating that such a coating was mostly adhered and cross-linked only on the printed side. In the case of two-layer back-side printing, where the PCNF was printed as the first layer under the AP, the empty spaces between threads were almost completely filled (not presented), which was even more pronounced with the addition of SWCNTs' (PCNF + 0.4SWCNT/AP); and again, there was almost no coating seen on the unprinted/front-side. On the other hand, rare white spots and glued yarns could be observed on the fabric's back-side in the case of applying solely PCNF under the AP in two-sided printing (not presented). The presence of PCNF (containing SWCNTs or not) was also observed, even if applied on the other (front) side than the AP, meaning that it was attached to the fabric permanently by AP's penetration through the fabric and co-crosslinking it. However, the addition of SWCNTs into the AP in case of two-sided printing (PCNF/0.4SWCNT + AP) resulted in a much darker and homogeneous colour of the deposited patterns as compared to their counterpart (adding SWCNTs to PCNF; PCNF+0.4SWCNT/AP), confirming their insufficient fixation within PCNF and removal during washing.

The colorimetry was used in addition to evaluate the SWCNTs' coating efficacy and its penetration on the non-printed side, by determining the colour strength (K/S) and CIELab colour differences, presented in Figure 2. As seen from the graphs, the K/S values of SWCNTs-printed sides of the fabric were increased from about 2.4-3.7 (Ref) to about 10.1–10.5, and reduced back to about 6.2–5.1 on the other side, regardless of the method of SWCNTs' application (within PCNF or AP); a similar trend was observed for the lightness (dL), hue (db) and total colour difference (dE) values. It can also be observed that the SWCNTs-dispersing agent (AP + Disp) did not contribute to the colour changes, but only slightly the AP and PCNF, which can be related to the less effective coating. The highest K/S (from 10.5 on the back-side to 5.1 on the front-side) and total colour difference (from dE = 19.8 on the back-side to dE = 2.23 on the front-side), was obtained when SWCNTs were applied through PCNF in a two-layer process, printed on the fabric's back-side (PCNF+0.4SWCNT/AP). Slightly higher K/S and dE values (thus, more SWCNTs present) were observed for the non-printed side when applied within PCNF, where, on the contrary, their applying within AP did not show any difference as compared to the reference sample. It can be confirmed that SWCNTs can be applied with AP and PCNF, wherein such a coating prefers to remain on the surface of the fabric after AP crosslinking, rather than penetrating



through the fabric to the other side, probably due to the different surface tension properties of SWCNTs containing dispersion/paste, and their adhesion to the fabric as if they did not contain them. The results coincide well with the SEM analysis presented on Figure 1.

**Figure 1.** SEM images of the back/B and front/F sides of non-treated (Ref) and selected differently printed fabrics.



**Figure 2.** The effect of printing on the fabric's colour strength (K/S) and CIEL\*a\*b\* colour differences in lightness (dL\*), saturation (dC\*), red–green (da\*) and yellow–blue (db\*) axes, as well as total values (dE), determined on the back/B (turned outwards) and front/F-side (facing the wearer) of the fabric.

#### 3.2. Thickness, Mass Change, Dimensional Change and Air Permeability

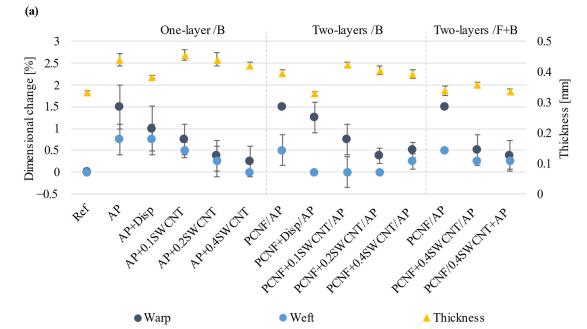
The thickness, coating's mass change values, dimensional change and air permeability of the fabrics have been assessed to determine the effect of both SWCNTs and PCNF, as well as the printing strategy on the printing efficacy.

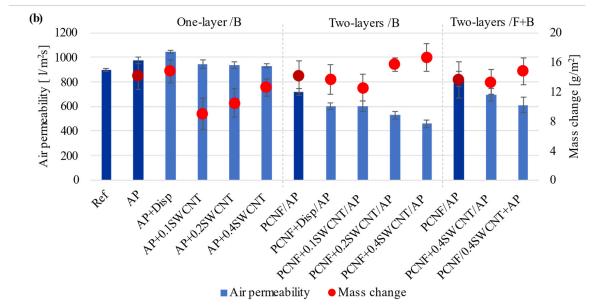
As presented in Figure 3a, the printing of AP increased the thickness of the fabric by around 32% (from 332 µm to 439 µm), being related to the deposition of AP reflected in a mass change  $(14 \text{ g/m}^2)$ , and an increase of the air permeability (Figure 3b) (by 8.3% to 973  $L/m^2s$ ) as compared to the non-treated (Ref) sample (898  $L/m^2s$ ), which was additionally increased using SWCNTs-dispersing agent (to about 1044 L/m<sup>2</sup>s). Such properties may be due to the fabric's dimensional change (Figure 3a). While the non-treated sample did not shrink after being washed and dried, all other samples shrank between 0.25-1.5% in the warp direction, and it was generally below 0.75% in the weft direction, due to different prints' deposition and imprinting. Another important parameter is the fabric's woven structure, where weft-directed threads (made of hydrophobic meta-aramid/acrylic and FR viscose fibre blends) were highly subjected to the coating when compared to warp-directed threads (made with the presence of hydrophilic viscose fibres on the front-side). Such a construction not only dictates the efficiency of printing and adhesion to the fibres, but, above all, the AP mass change and its imprinting, which influence the threads' reinforcement, due to their crosslinking with AP and consequently dimensional change of the fabric, being more obvious in the more open/less dense (36 vs. 51 threads/cm) warp-directed threads. The highest dimensional change (about 1.5%) was, thus, obtained in the warp direction for the samples printed with pure AP (AP, PCNF/AP, PCNF + Disp/AP).

The air permeability of samples printed with AP containing SWCNTs was around 930 L/m<sup>2</sup>s and almost independent of the SWCNTs' content, while the thickness was reducing slightly (from about 0.45 mm to 0.42 mm) and the mass change increasing (from about 8.9 g/m<sup>2</sup> to 12.6 g/m<sup>2</sup>) with an increase of SWCNT, meaning worse crosslinking of AP in the presence of the SWCNTs and its lower deposition. The pre-printing of PCNF in two-layer one-sided printing reduced the air permeability significantly (to 717 L/m<sup>2</sup>s),

being even more pronounced with added 0.4 wt% SWCNTs to PCNF (up to 459 L/m<sup>2</sup>s or 49% reduced). Such a reduction was related to the high adhesion of PCNF, and, consequently, the highest mass change among the samples (an increase to 16.6 g/m<sup>2</sup>) without affecting the dimensional stability significantly (0.5% warp, 0.25% weft). The hydrophobic nature of the SWCNTs–PCNF mixture affected the crosslinking and adhesion of AP on such an interface, which, thus, increased its deposition (as also presented on the SEM images, Figure 1).

In the case of two-sided PCNF/AP printing, the air permeability of the fabric was higher (824 L/m<sup>2</sup>s) than for the one-sided two-layered (717 L/m<sup>2</sup>s) printed sample at similar mass (13.6 g/m<sup>2</sup> and 14.0 g/m<sup>2</sup>) and the same dimensional change (1.5% warp and 0.5% weft), but slightly lower thickness (0.33 mm and 0.39 mm). The presence of SWCNTs affected the air permeability more when printed within AP (611 L/m<sup>2</sup>s) than PCNF (695 L/m<sup>2</sup>s), while giving a higher mass change (14.7 g/m<sup>2</sup>) with insignificant dimensional change, again indicating a better adhesion of AP with a hydrophobic meta-aramid and FR viscose fibres.





**Figure 3.** The effect of printing on the fabric's: (**a**) Dimensional change and Thickness, and (**b**) Air permeability and coating's Mass change values.

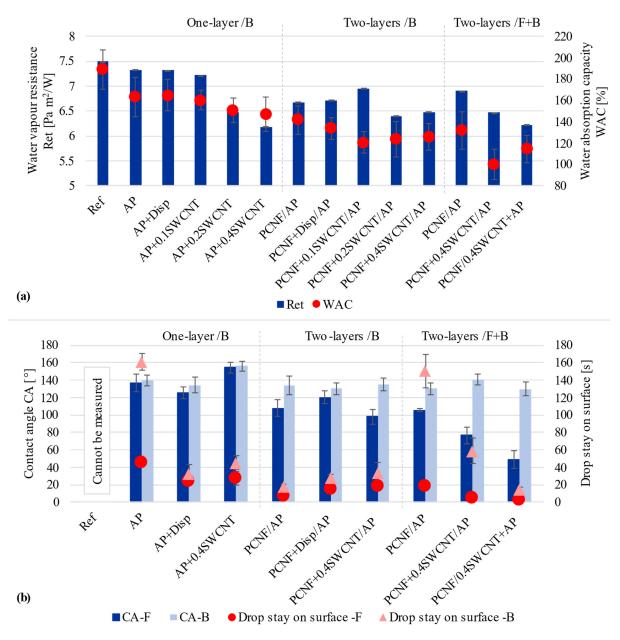
## 3.3. Water-Vapour Resistance, Surface Wetting and Water Adsorption Capacity

When a fabric is worn next to the skin, it must also absorb sweat/moisture and allow its evaporation away from the body and through the fabric [43], thus keeping the wearer's body in thermal equilibrium [44,45]. Otherwise, the accumulation of moisture next to the body not only creates a sticky feeling and discomfort [46], but is also a breeding ground for the growth of many different types of microbes [47]. The water-vapour resistance, surface wettability and water absorption capacity of the fabric were thus performed to access the impact of different printing processes on the moisture management regime.

As seen from Figure 4a, the non-treated and AP treated fabrics had water vapour resistance values of about 7.49 Pa  $m^2/W$  and 7.33 Pa  $m^2/W$ , with water absorbency of 188% and 163%, respectively. The addition of SWCNTs-dispersing agent in the AP had no impact on both values, while the addition of SWCNTs further reduced the fabric's water vapour resistance by up to 18% (to about 6.18 Pa  $m^2/W$ ), being accompanied by about 41% lower water absorption capacity. By applying solely PCNF under the AP, the resistance values were again increased slightly to about 6.67 Pa  $m^2/W$ , or 6.9 Pa  $m^2/W$  in the case of both-sided printing, being accompanied with further lowered water absorption by 47% for one-sided and 62% for both-sided printing. Both-sided printing of fabric gave even lower values, where about 6.22 Pa m<sup>2</sup>/W and 100% water absorption capacity were obtained for the sample where SWCNTs were applied within AP. Such a decrease in water vapour resistance could be regulated by both the change of surface roughness, where the assembly of SWCNTs formed nanoscale surface roughness when applied on the fabric's fibres, and lowered the surface energy [17], which decreased the apparent wetting angle and allowed faster water spreading [48], as well as due to the presence of PCNF, which provides different diffusion along the fibres and their wetting (as already found in our previous study using microfibrillated cellulose [25]) in addition to hydrophilic viscose fibres, being more pronounced on the fabric's front side.

The wettability of the fabrics was evaluated on both surface sides by measuring the CA of a milliQ water drop in the moment of the contact and the time of the droplet's stay on the surface (Figure 4b). As seen from the graphs, the non-treated fabric was completely hydrophilic, since water was absorbed instantly on both sides, and the CA was impossible to measure. The printing of AP turned both fabric surfaces into entirely hydrophobic (CA  $\geq$  136°), confirming that the APs diffuse and penetrate through the fabric, and also covered the non-printed side, although the water drop penetrated faster on the front/un-printed side (46 s) as compared to the back/printed side (161 s). The addition of SWCNTs-dispersing agent to AP reduced the CA of both sides of the fabric slightly (125°/front, 134°/back), while the simultaneous presence of SWCNTs increased it to above  $154^{\circ}$  on both sides, and the time of drop penetration was reduced for both samples to about 25 s/front- and 35 s/back. Such a high CA makes the fabric superhydrophobic (CA >  $150^{\circ}$ ), owing to the CNT aligned nanostructures with hydrophobic surface properties [17,23]. The CA values on the front-side of the fabric were reduced  $(107^{\circ})$  in the case of two-layer one-sided printing using PCNF as the first layer, resulting in a much faster (9–17 s) drop's penetration, being reduced further to about 98° when SWCNTs were added into the PCNF, and being accompanied by a slight reduction of CA also on the fabric's back/AP printed side (133°). For two-sided printing, the hydrophobicity (CA of 130–140°) of the fabric's back-side was not affected by the addition of SWCNTs, but it was highly decreased on the front-side (to 76°) when SWCNTs were applied though the PCNF, and, further, to  $51^{\circ}$  when applied within AP, which turned this side hydrophilic. Such treated fabrics thus resulted in hydrophilic front-sides, where excessive water could be absorbed quickly and transferred further away from the skin through the fabric (as already discussed by water-vapour resistance analysis, Figure 4a), and, at the same time, improving the hydrophobic outer side with the effect of water repellence.

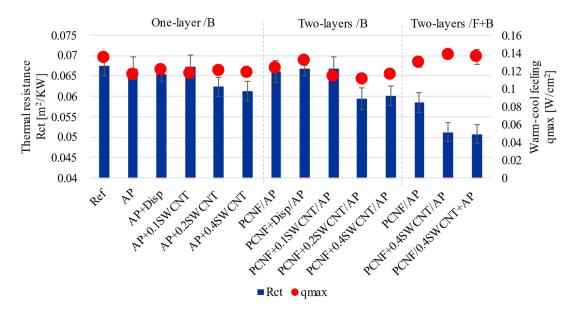
Our research gained comparable results with other studies, since the CA of onelayer printed fabrics was >154° (on both sides), meaning that the limit was reached for super-hydrophobicity. The CA of the back-sides of two-layer printed samples were just below the limit of super-hydrophobicity, but still highly hydrophobic ( $130-140^{\circ}$ ). Other authors achieved CAs above  $150^{\circ}$  when, for example, dip-coating cotton fabrics with MWC-NTs and aromatic azide polymer [17], or MWCNTs and butyl acrylate [15,16], or using poly(ethylenimine), ammonium polyphosphate and CNT in a layer-by-layer assembly process [21]. Superhydrophobic coatings have hardly been used, because the moisture management properties of the fabric can be deteriorated significantly after such a modification. In this regard, there have been rare studies [45,49] that developed textile coatings which resulted in a material with asymmetric wettability, i.e., one side of the fabric surface to be hydrophobic lyocell fabric in which CA exhibited greater than 161°, where the other side was super hydrophilic, but able to absorb even or about 117% of moisture. Those results came close to ours (PCNF + 0.4SWCNT/AP), where the fabric's back-side CA was around 141° and the front-side 76° while absorbing around 100 % of moisture.



**Figure 4.** The effect of printing on the fabric's: (a) Water vapour resistance determined on the front/F side and Water absorption capacities, and (b) Values of the Contact Angle (CA) and duration of the water droplet's stay on the sample's surface, measured on the fabric's front/F and back/B sides.

## 3.4. Thermal Resistance and Corresponding Cold-Warm Feeling Properties

The thermal resistance  $(R_{ct})$  properties and instant warm-cool feeling  $(q_{max})$  were evaluated for determining whether SWCNT treated fabrics possessed the effect of cool feeling. As seen from Figure 5, the q<sub>max</sub> values decreased with the printing of AP by about 17% and pre-printing with PCNF by 10% towards a warmer feeling (from 0.134  $\rm W/cm^2$  to 0.115 W/cm<sup>2</sup> and 0.122 W/cm<sup>2</sup>, respectively). Values were not affected further with the addition of SWCNTs-dispersing agent (0.121 W/cm<sup>2</sup>), nor with the addition of SWCNTs to AP (0.118 W/cm<sup>2</sup>), or to PCNF (0.116 W/cm<sup>2</sup>), when applied as one-sided printing. In the case of two-sided printed fabrics, the  $q_{max}$  rose up to 0.138 W/cm<sup>2</sup>, which was close to the value of  $0.14 \text{ W/cm}^2$  that denotes the cold feeling sensation. However, much higher differences were present when measuring thermal resistance, which got decreased up to 11% (from 0.067  $m^2 K/W$  to 0.060  $m^2 K/W$ ) for one-sided SWCNT printing, and, further, up to 0.051 m<sup>2</sup>K/W when printed both-sided, independent of whether SWCNTs were dispersed in AP or PCNF, meaning about an 25% reduction of thermal resistance. Such a reduction was due to the PCNF and SWCNTs depositions, which covered the empty spaces on the fabric's surface, together with a reduction of the air gaps inside the fabric, resulting in higher thermal conductivity [50]. Decreased thermal resistance also owed to the thermally anisotropic CNTs, as each tube can transfer heat longitudinally while being relatively insulative in its diameter. This means that patternly deposited CNTs are able to conduct heat through the fabric, which protects the wearers from exhaustion and heat stress [23], since excessive heat is transferred away from the body to the outer side. An approximately 25% improvement of thermal conductivity by using only 0.4 wt% of SWCNTs was a significant achievement compared to other studies. Abbas et al. [10] improved the thermal conductivity of cotton up to 132% (from 0.047 to 0.072 W/mK) using 11 w% SWCNT content, while keeping its hydrophilicity and air permeability. An about 60% increase (from 0.027 to 0.045 W/mK) of thermal transfer was obtained by Rahman et al. [14] using 1 wt% of citric-acid functionalised MWCNTs.



**Figure 5.** The effect of printing on the fabric's thermal resistance and corresponding cold-warm feeling, conducted from the front/F side (being in contact with the skin) at  $35 \pm 1$  °C.

# 3.5. Thermal Stability and Flammability

TGA and DSC measurements were conducted to identify the effect of differently printed fabric on thermal degradation behaviour and corresponding enthalpy changes. As can be seen from Figure 6a, three mass loss stages are present for the degradation of all samples. The first mass loss (of about 5%) appeared between 40 °C and 120 °C,

which represents the evaporation of the absorbed water. The 38% mass loss in the range of 230 °C–310 °C was rapid, and corresponded to the degradation of the viscose [51], being also observed as the first broad exothermic peak on the DSC thermogram (Figure 6b). The following step started at around 375 °C and belonged to the melting temperature of the meta-aramid, with the degradation temperature around 500 °C [52], where around 20% mass was lost. From 500 °C, the mass loss was rapid, corresponding to the final decomposition of the viscose, FR viscose and meta-aramid, given the sharp exothermic peak, representing about 95% mass loss up to 600 °C, leaving almost no residue at the final 800 °C. When the viscose started to degrade (in the range of 260–300 °C), the degradation temperatures were shifted slightly towards higher temperatures for all coated samples as compared to the reference, with 30% mass loss around 277 °C. For the AP (with/without SWCNT-dispersant treated samples) printed sample, such an amount of mass loss was moved to around 283 °C, for PCNF pre-printed to around 285 °C, while for the samples containing SWCNTs, these temperatures were moved to around 284-292 °C and, further, to 292–295 °C, by being applied through AP or PCNF in one side and both side printing processes, respectively, meaning up to around 18 °C of temperature shift. Even higher temperature shifting was observed for the second exothermic peaks in the range of 500–600 °C, being related to the degradation of meta-aramid fibres, which was shifted from 530 °C up to 557 °C for both side printed samples (PCNF/0.4SWCNT+AP), where the PCNF was applied on the front-side and SWCNTs through the AP on the fabric's back-side, meaning even a 26 °C temperature shift towards higher values. Such protection was due to the CNTs' flame retardation mechanisms, where the formed char creates a heat barrier that delays degradation by radiating heat back into the gas phase [2]. The additional effect could be due to the presence of phosphor groups on CNF, which might have led to the formation of stronger and more cohesive char, since phosphor has the ability to trigger and promote the char formation [53].

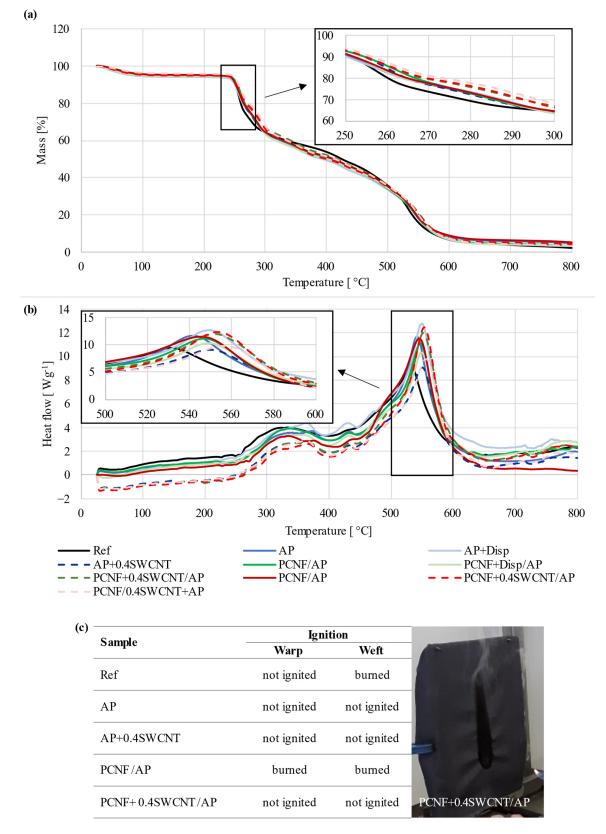
The flammability test was also performed (Figure 6c) by monitoring the ease of ignition when exposing samples to the open flame in both the weft and warp directions for 10 s. The non-treated sample burned in the weft direction, probably due to the presence of viscous filaments. When applying PCNF, the sample also burned in the warp direction, while all other samples treated with SWCNTs did not ignite after being in contact with the open flame.

#### 3.6. UV Protection Properties

UV radiation can cause skin damage (cancer, burns) [22], induce photoallergic reactions and degradation of polymers, due to photochemical reactions within their structure [16]. CNTs have the ability of high UV-blocking improvements of materials, including textiles, which is caused by the small diameter of carbon atoms and strong C-C bonding together with easily accessible free electrons of p-bonds [22]. Liu et al. [16] showed that CNT treatment of cotton fabric endows fabrics with good UV-blocking properties, where the UPF factor increased from 60 to 246 with an increase of CNT content from 0.25% up to 2.5% [16]. Mahmoudifard et al. [22] obtained a UPF of 78 by treating cotton fabric with SWCNTs, showing that SWCNTs gave higher protection than MWCNTs and also higher than TiO2 and ZnO as the most common used inorganic UV absorbents. Aniline functionalised MWCNTs [11] induced the fabrics with a UPF up to 173, being applied as 1 wt% concentration.

Our results showed a similar trend (Figure 7). The non-treated fabric had a UPF of 44, which was increased to 62 by applying PCNF, while the contribution of the AP or SWCNT-dispersing agent was insignificant. The UPF was further increased to around 148 when SWC-NTs were added to the PCNF in the case of one-sided two-layers' (PCNF  $\pm$  SWCNT/AP) printing. On the other hand, when SWCNTs were applied through the AP in a both-sided printing, the UPF was reduced to about 109 (PCNF/SWCNT + AP) and 116 (PCNF + SWCNT/AP), which might have been due to the worse crosslinking of the AP in the presence of SWCNTs, and in the case of two-sided printing, with consequently lower

amounts applied as already established by other studies (higher air permeability, as well as coating's thickness and mass change, Figure 3) being lower than those of one-sided printed samples.



**Figure 6.** (a) The effect of printing on the fabric's: (a) Thermogravimetric (TGA), (b) Differential scanning calorimetry (DSC), and (c) Flame-resistant analysis.

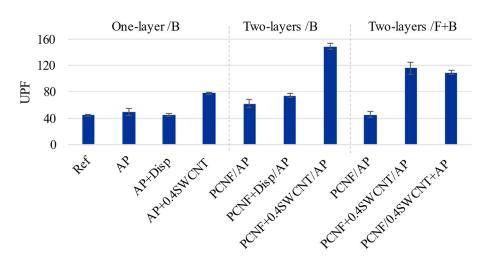
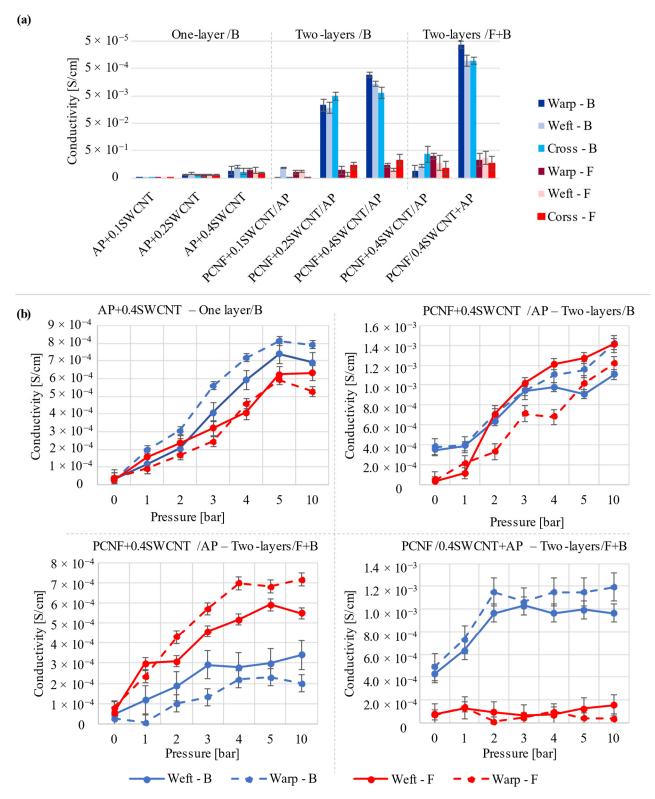


Figure 7. The effect of printing on the fabric's ultraviolet protection factor (UPF) properties.

## 3.7. Electrical Conductivity

The electrical resistance of the material shows the ability to resist the electrical current through or along it. The electrical conductivities of fabrics are, thus, affected by the uniformity of the CNTs deposition and its construction [54]. Since the SWCNTs were applied on the fabric by different printing strategies (front and back) and the construction of the fabric was different on different sides, the electrical resistivity was measured on the samples front- and back-sides, as well as in the warp (20 cm) and weft (20 cm) directions and diagonal-cross (28.3 cm), and corresponding conductivities calculated related to this. The samples treated without SWCNTs were not electrically conductive, also the one printed with the SWCNT-dispersing agent, therefore, they are not presented in the graphs (Figure 8a). On the other hand, the conductivities of SWCNTs printed samples were generally increasing with an increase of SWCNTs applied, being in the range from  $2 \cdot 10^{-8}$  S/cm up to  $4.9 \cdot 10^{-4}$  S/cm. One-layer back-side printing (AP + SWCNTs) gave generally much lower conductivities, up to  $3.9 \cdot 10^{-5}$  S/cm, which could be the cause of lower SWCNT deposition (due to the worse crosslinking of the AP in the presence of SWCNTs and its deposition, Figure 3b) and possible imprinting into the fabric microstructure by showing similar values on both sides of the fabric. On the other hand, the conductivity was increased significantly (up to  $3.5 \cdot 10^{-4}$  S/cm) on the fabric's back-side when SWCNTs were applied through PCNF pre-printed in a two-layer process (PCNF+SWCNT/AP), given the much lower values on the fabric's front-side (up to  $2.8^{-5}$  S/cm). This effect was, surprisingly, increased further in the case of both-sided printing, when PCNF was applied on the front-side and SWCNTs through the AP on the back-side (PCNF/ SWCNT+AP), reaching conductivity of  $4.9 \cdot 10^{-4}$  S/cm. It can be concluded again that PCNF blocked the SWCNT+AP coating from being pushed onto the other side of the fabric, thus resulting in more surface printing, which improved the AP crosslinking, resulting in a higher mass change and lower air permeability (Figure 3b), and, consequently, making the back-side the most electrically conductive among the samples, while not affecting the front-side's conductivities (2.4–7.9·10<sup>-5</sup> S/cm).

There were also slight differences in the conductivity values, depending on the measuring line (weft and warp directions), which might be related to the inhomogeneous and anisotropic fabric surface structure on one side, and inhomogeneous coating of the deposited SWCNT patterns across the fabric's surfaces, being measured on the other. Slightly higher conductivities were observed for measurements in the warp direction, which might be related to the slightly higher dimensional change of the sample in that direction (Figure 3a) due to the denser fabric structure, and better adhesion of the coating on the fabric's back-side, where mixed yarns of meta aramid and FR Lenzing viscose predominated.



**Figure 8.** Electrical conductivity of SWCNT treated fabrics, evaluated on both back/B and front/F sides, (**a**) Without and (**b**) With applied different pressures.

Although the obtained conductivities were quite low, they were comparable to the results of other studies using CNTs in combination with different chemistry (dispersants, fabric pre-treatments) and other coating techniques (immersion, dipping–drying, coating at different temperatures, spinning), being studied to improve their dispersibility and

homogeneous crosslinking with the textile. For example, Nafeie et al. obtained electrical conductivities up to  $2 \cdot 10^{-3}$  S/cm (for non-washed samples) using 5 g/L of carboxylated MWCNTs in the presence of citric acid and sodium hypophosphite on an oxidation pretreated wool fabric [18]. Similar conductivities ( $3.5 \cdot 10^{-3}$  S/cm and  $2.5 \cdot 10^{-3}$  S/cm) were recorded by Krucinska et al. [5] and Rahman et al. [14] by using 1.5 wt% of MWCNT, together with the aliphatic urethane acrylate and citric-acid-assisted plasma functionalisation processes, respectively. On the other hand, much higher conductivities were obtained by using polyester yarns coated with polypropylene/MWCNTs in a melt extrusion process (0.8 S/cm, [19]), and regenerated cellulose fibres reinforced with MWCNT by wet spinning (2.7 S/cm, [24]).

The literature shows that the electrical properties of textile materials are sensitive to applied pressure, since the change in electrical resistance occurs between two surfaces in accordance with the applied load, due to deformation of the geometry of the material [55], although comparable studies are hard to find, since different electrical properties are involved, like resistance, capacitance, impedance, charge displacements [56]. Euler et al. [57] found that the resistance of polyester with integrated silver-plated polyamide yarns got reduced by up to 45% with applied pressure of 1000 g, where the relative change was bigger for a bigger pressure change, but not linear. Giovanelli and Farella [56] printed conductive ink electrodes on a PET substrate, and tested its response to pressure in the range 0.9–2.7 kPa, with changes in conductance from 0.7 mS to 1.6 mS. Tseghai et al. [55] found that resistance of electroconductive fabrics decreased linearly (from 11,000  $\Omega$  to 2000  $\Omega$ ) with an increase of load up to 110 g, given resistance of around 153  $\Omega$  at high weights (>2 kg). The same load (up to 100 g) was applied by Palanisamy et al. [58] on cotton fabrics coated with a polypyrrole conductive polymer, where the resistance was lowered with a higher load, and the warp direction had better fabric sensitivity than the weft.

The change in resistivity for differently treated fabrics was thus measured by the changes in the applied pressure. In this setup, the fabric sample  $(10 \times 10 \text{ cm})$  was placed under the press with insulation material (wood), and pressed from 1 to 10 bar while measuring the conductivity in both weft and warp directions at a distance of 10 cm. As seen from the results presented in Figure 8b, the conductivity of fabrics was generally increasing with the pressure, and the obtained results were again slightly higher in the weft direction when measured on the side containing SWCNTs. For one-layer printing (AP+SWCNT), the conductivity of the back/printed side thus raised from  $3 \cdot 10^{-4}$  S/cm up to  $8 \cdot 10^{-4}$  S/cm, however, showing a similar trend no matter which side or direction of the fabric was measured. Two-layers back-side printed fabric (PCNF+SWCNT/AP) had almost the same trend as one-layer printed, but generally with the highest conductivity values, up to  $1.4 \cdot 10^{-3}$  S/cm. On the other hand, two-side printed samples showed much bigger differences between the measured (back and front) sides, depending on the presence of SWCNTs. The conductivity of the fabric where PCNF+SWCNTs was applied on its front-side, followed by AP on the back-side, was, thus, increasing faster by pressure on the front-side than on the back-side. This effect was even more significant when fabrics were printed with AP on the back-side, with the first layer of PCNF on the front-side, giving the highest conductivities (up to  $1.2 \cdot 10^{-3}$  S/cm) on the back- and one of the lowest conductivities on the front-side, being not affected by the increased pressure. The obtained results indicate that SWCNTs form a conductive network independent of how they had been applied, through PCNF or AP.

Such treatments could be attractive for fabrics being used in flexible and wearable electronics, particularly inexpensive and simple electric circuits [4], textile electrodes [57], sensors and actuators [56], when using higher SWCNTs' concentrations to raise the conductivity by at least one order. On the other hand, the obtained conductivity ranges of SWCNT-printed fabric sides  $(10^{-4}-10^{-3} \text{ S/cm})$  fell on the edge between conductive and dissipative materials with an antistatic property (<10<sup>-8</sup>), electrostatic discharge (ESD) protection  $(10^{-8}-10^{-2} \text{ S/cm})$  [59,60], or an electromagnetic interference (EMI) shielding

effect  $(10^{-2}-10^2 \text{ S/cm})$  [59], showing applications in various protective clothing and smart textiles (heating, communicating) [61].

# 3.8. Tensile and Tear Strengths, and Breaking Elongation Properties

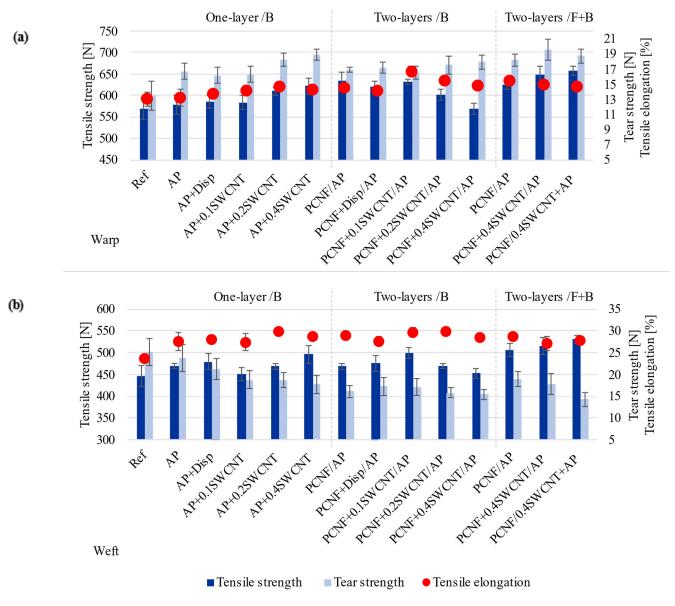
The tensile strength and elongation and tear strength properties of untreated and differently printed fabrics, in both warp and weft directions are presented in Figure 9. The fabric had two weft systems and, thus, much higher weft density (51 threads/cm) in comparison with warp density (36 threads/cm). The results also show that printing the fabric with AP improved its tensile strength in both directions (from 569 N to 579 N in the warp direction and from 446 N to 469 N in the weft direction), while pre-printing of PCNF gave an additional effect (to 635 N and 468 N, meaning an 11% and 5% improvement in the warp and weft directions, respectively), which was, for both-sided printing, improved even further in the weft direction (14% increase) and slightly lowered in the warp direction (9%). The addition of SWCNTs to AP increased the tensile strength in both directions around 10% (up to 622 N/warp and 495 N/weft) with the increasing of NPs' content, which decreased when SWCNTs were printed together with PCNF on the same side. When SWCNTs were applied together with AP in both-sided printing, the highest tensile strengths in both directions were obtained (an increase of around 16%/warp and 19%/weft). The elongation values followed a similar trend, but were much less pronounced in both directions. The results coincided well with the coating's mass change (Figure 3b), where the higher mass gave higher tensile strength properties.

The tear strength of fabrics was much lower in the warp direction (around 13.5 N) compared to the weft (25.1 N), due mainly to the fabric's two-wefts assembly, meaning higher weft threads' density and, consequently, higher tear resistance. However, an obvious improvement (23.7%) of warp tear strength and slight reduction (5.5%) of weft tear strength is observed by printing the AP. When PCNF was pre-printed, slightly higher values were obtained in the warp direction (one and both-sided), being even further improved with the addition of SWCNT (one sided—32%/17.9 N and both-sided with SWCNTs applied with PCNF—43%/19.5 N). On the other hand, the tear strength in the weft direction was reduced even up to 44% as compared to the non-treated fabric. Such properties are related to the fabric's construction, where the AP/PCNF coating affects the predominant weft threads by moving them further apart (Figure 1), thus lowering the tear resistance. In addition, reduced tear strength is common when NPs are coated on the fabric or the coating thickness is high, forming cracks due to internal stress [62]. The SWCNTs' dispersant did not improve nor destroy the mechanical properties of the fabrics. Our results are comparable to some other researches, for example, Cui et al. [13] improved tensile strength by 20%, while elongation at break decreased by 21% for cotton treated with 12 wt% MWCNTs after the continuous dip-coating method. Liu et al. [16] increased the tensile strength of cotton treated with 0.5–5 wt% of MWCNTs by 4–22% in the warp and 15–51% in the weft direction and tear strength 17-41% in the warp and 2-27% in weft directions.

#### 3.9. Abrasion Resistance Properties

Abrasion resistance, together with weight loss and colour loss was assessed on the fabric's front side (turned towards the skin), where the weight loss and the number of cycles are defined at the fabric's breakdown (at least two threads need to be torn). Figure 10 shows that AP treatment improved the resistance from 55,000 to 70,000 cycles (compared to non-treated) together with higher weight loss. The pre-printing of PCNF additionally improved the breakage to 80,000 cycles, while the two-sided printing method gave slightly higher abrasion results with 82,000 cycles, which might be due to a better connection between the fibres (SEM, Figure 1), causing better resistance to higher and long-term applied stress. On the other hand, the addition of SWCNTs to AP or PCNF has the opposite effect, independent of the printing strategy, since the breakage already occurred at 50,000 and 66,000 cycles for one-sided printing, and at 77,000 cycles when SWCNTs were applied within AP for a both-sided printing sample. The same trend followed the starting point

when damages occurred, which was improved greatly by applying PCNF (from 40,000/AP to 65,000/two-layer printing up to 70,000 cycles/two-sided), and reduced with SWCNTs' addition. SWCNTs treated samples have around 5% higher weight loss than samples without it, due to the lower abrasion resistance caused by weaker connections between the fibres. Nanoparticles present on fabrics usually decrease the fabric's resistance to abrasion, since the number of contact points is higher, which, consequently, enlarges the friction force. [62].



**Figure 9.** The effect of printing on the fabric's tensile and tear strength, and elongation, measured in the warp (**a**) and weft (**b**) directions.

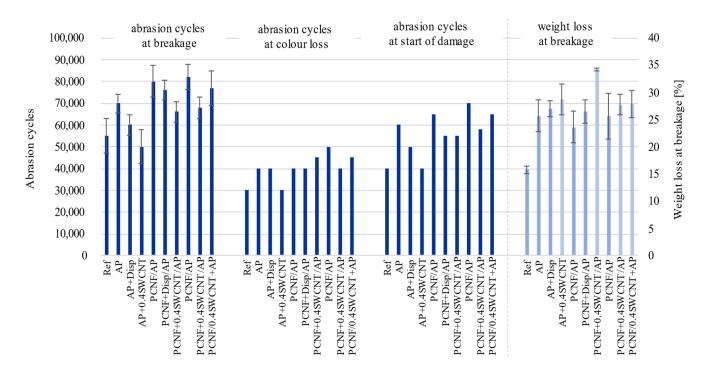


Figure 10. The effect of printing on the fabric's abrasion resistance and weight loss properties.

## 4. Conclusions

Flame-retardant fabric was screen-printed with phosphorylated cellulose nanofibrils (PCNFs) followed by hydrophobic polyacrylate (AP), with and without the addition of 0.1–0.4 wt% pre-dispersed SWCNTs as one or two layer coatings, and applying the PCNF on the front-side, or together with AP on the back-side to improve its thermal, UV protection and thermophysiological comfort properties (moisture adsorption, water vapour and heat transfer). The results showed that the fabric properties were influenced primarily by the printing strategy and secondly by the amount of coatings applied, where the best results were achieved by both-sided printing where SWCNTs were applied within the AP paste on the back-side, while PCNF was pre-printed on the front-side. Such a treated fabric, apart from having much better UV protective properties while given a water repellent outsidefacing side and hydrophilic skin-facing side, also has an improved heat and water-vapour transfer, thermal resistance and tensile strength. In addition, a pressure-sensing electrical conductivity SWCNT-printed side ranks such a fabric among the antistatic, electrostatic discharge (ESD) or electromagnetic interference (EMI) shielding protectives. This work shows the significant potential of using SWCNTs along with nanocellulose as an efficient, user-friendly and comfortable wear alternative to conventional textile finishing.

**Author Contributions:** T.K.: Investigation, Formal analysis, Data curation, Writing—original draft preparation, V.K.: Supervision, Conceptualization, Methodology, Writing—review and editing, Project administration, Funding acquisition, Resources. All authors have read and agreed to the published version of the manuscript.

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Conflicts of Interest: The authors declare no conflict of interest.

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