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Procalcitonin levels in maternal serum and cord blood as marker for diagnosis of early onset neonatal sepsis

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ARTICLE INFO	A B S T R A C T		
Keywords: Procalcitonin Neonatal sepsis C-Reactive Protein	Objectives: To assess the diagnostic accuracy of Procalcitonin in maternal serum and umbilical cord blood samples to predict Early onset neonatal sepsis (EONS).Study Design: It was a Prospective analytical cohort study. Pregnant women \geq 34 weeks gestation in active la- bour, with risk factors for EONS were included in the study. Maternal blood samples at recruitment and umbilical cord blood samples after delivery were taken for Total leucocyte count (TLC), high sensitivity C-Reactive Protein (hs-CRP) and Procalcitonin. Newborns were classified into non-infected, suspected and proven infection. Sensitivity, specificity and diagnostic accuracy of maternal and cord blood procalcitonin, TLC and hs-CRP were calculated. Results: A total of 200 women were recruited. Maternal procalcitonin had a superior diagnostic accuracy of 95%. Conclusion: Procalcitonin in both maternal as well as cord blood is a promising biomarker to detect EONS with 		

Introduction

The incidence of clinical sepsis in neonates in India is 17,000 per one lakh live births [1]. Neonatal sepsis encompasses infections like pneumonia, septicemia, meningitis, arthritis, osteomyelitis and urinary tract infections. Early onset neonatal sepsis (EONS) is a clinical syndrome presenting within first 72 h of life. It usually presents with respiratory distress and pneumonia. Maternal genital tract is the most common source of infection. EONS is the major cause of neonatal morbidity and mortality and hence require early diagnosis and treatment. Therefore, antibiotics are often started in suspected cases of EONS without waiting for bacteriological culture reports and results of inflammatory markers [2]. Such therapeutic approach alter microbiota of newborn, lead to resistant bacteria, necrotizing enterocolitis and make them prone to nosocomial infections, metabolic, autoimmune, allergic pathologies [3]. In this era of multi-drug resistance, antibiotics should be used to treat neonates only after identification of babies at risk [4].

Various hematological indices like white blood cell (WBC) count, absolute neutrophil count, immature/total neutrophil ratio and

serological markers like high sensitivity C-reactive protein (hs-CRP) have been used for identification of at risk babies but have low sensitivity [4]. The Gold standard, blood cultures have risk of low yield / false negative results after antenatal antibiotic exposure. Also, sample drawn are mostly low volumes and report takes at least 48 h [5]. Additionally, in India, blood culture testing facility is not available in most of the district hospitals [1].

Procalcitonin (PCT) level has been reported to increase in bacterial infections in newborns. However, there is physiological rise in PCT level in newborns during first 48–72 hrs of life [2]. Studies have found that PCT value in maternal serum or umbilical cord blood sample can help distinguish infected from healthy newborns [5]. Also, it is superior to WBC count and CRP values [6]. However, the diagnostic accuracy of PCT in maternal serum and cord blood in predicting EONS remains to be validated. The present study was planned to assess the diagnostic accuracy of PCT in maternal serum and umbilical cord blood samples to predict EONS.

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Materials and methods

The study was conducted in the Department of Obstetrics and Gynaecology in collaboration with Department of Paediatrics and Biochemistry after getting ethical clearance from the institute. It was a Prospective analytical cohort study conducted over a period of 18 months from November 2020–22.

Sample size was calculated from study of Oria O. which found sensitivity and specificity of cord blood PCT was 100% and 95.2% respectively [7] and the study of Cetin O. that observed sensitivity and specificity of maternal blood PCT was 85.2% and 86.7% respectively [6]. Taking these values as reference, the minimum required sample size with desired precision of 10%, 95% power of study and 5% level of significance was found to be 184 patients. To reduce margin of error, total sample size was taken as 200.

Pregnant women ≥ 34 weeks gestation in active labour, with no contraindication for vaginal delivery and with risk factors for EONS were included in the study. The risk factors included were foul smelling liqour, meconium stained liquor (MSL), leaking per vaginum (LPV) > 18 h [8], single unclean or > 4 sterile per vaginum (PV) examination during labour, intrapartum fever, febrile illness with evidence of bacterial infection within 2 weeks prior to delivery. Exclusion criteria were women with medical disorder, renal, cardiac disease, diabetes mellitus, women receiving intrapartum antibiotic > 4 h prior to delivery (study has found intrapartum antibiotic given >4 h before delivery was associated with decreased risk) [9], multiple gestation, fetal growth restriction, gross congenital anomaly and neonate requiring admission to NICU for reasons other than sepsis.

Informed consent was taken from all the recruited patients. Detailed medical history, obstetric history, general physical examination and obstetric examination findings were noted in a proforma. At the time of recruitment, maternal blood samples were taken for Complete blood count (CBC) with total leucocyte count (TLC), hs-CRP and PCT. Progress of labour was plotted on partogram. Labour duration, intrapartum events, mode of delivery were noted. Within 5 min of birth of the baby but before the delivery of placenta, umbilical cord blood sample was taken after clamping the cord from placental end on two sides, wiping in between cord with spirit and blood was drawn using a 22-gauge needle. Samples were taken for CBC with TLC, hs-CRP and PCT. Baby details like sex, birthweight, apgar score, need for NICU admission were noted in the proforma. Procalcitonin was done by Diazyme Pro-Calcitonin assay based on the latex enhanced immune turbidimetric assay. Hs-CRP was done by the Beckman Coulter AU Analyzer. Immune complexes are formed during the immunological reaction between the CRP of the patient serum and rabbit anti-CRP antibodies coated on latex particles.

All mothers were monitored in postpartum period for any signs of infection, fever, foul smelling lochia, abdominal tenderness. Management of newborns was done as per the hospital protocol. Asymptomatic newborn received essential newborn care and were monitored for next 48 h for clinical signs and symptoms of early neonatal sepsis. In symptomatic newborns with 2 antenatal risk factors, sepsis screen (CBC with TLC, hs-CRP, PCT, blood culture) was done. If negative, then repeated after 12 h and if positive, then antibiotic therapy was initiated. In case of foul smelling liquor or presence of \geq 3 antenatal risk factors, blood culture and lumbar puncture was done and antibiotic therapy was initiated.

Newborns were classified (CDC criteria) into non-infected, proven infection or probable infection. Non -infected were defined as having no clinical (Fever> 37.8 °C, hypothermia < 35 °C, tachycardia, bradycardia, poor perfusion, hypotension, respiratory distress, seizures, lethargy) or biological signs of sepsis (WBC count > 25.109/L or < 4.109/L, platelet count< 150.109/L, immature neutrophil proportion> 5% and CRP level \geq 20 mg/L). Probable/ suspected infection i.e. by the association of clinical and biological signs of infection. Infected newborns were defined by the positive microbiological blood or cerebrospinal fluid culture (proven infection).

The primary outcome measures were number of newborns with proven infection, probable infection and non-infected. Diagnostic accuracy, sensitivity, specificity, negative predictive value (NPV) and positive predictive value (PPV) of Procalcitonin, TLC and hs-CRP in maternal serum and umbilical cord blood for diagnosis of EONS. The secondary outcomes were maternal and neonatal morbidity and mortality.

For statistical analysis, categorical variables were presented in number and percentage and continuous variables were presented as mean \pm standard deviation. Diagnostic tests were used to calculate sensitivity, specificity, NPV and PPV. DeLong et al. test was used to compare area under the curve of maternal serum markers with cord blood markers for predicting early neonatal sepsis. A p value of < 0.05 was considered significant. Analysis was done using SPSS version 21.0.

Results

A total of 200 pregnant women were recruited in the study. The mean age (years) was 25 ± 3.34 and most of the women (n = 59) were primipara. Out of 200 women recruited, 40% had LPV > 18 h, 27.5% had MSL, 4.0% had foul smelling liquor, 20.5% had more than 4 PV examinations, 15% had intrapartum fever and 19% had urinary tract infection. Most of the women (62%) had preterm vaginal delivery. In the postpartum period, 79% women had no morbidity, 13% had fever, 6.5% had UTI and 1.5% had PPH. The mean birth weight (Kg) of newborns was 2.32 ± 0.53 . The mean APGAR at 1 min was 7.57 ± 0.53 and the mean APGAR (5 min) was 8.69 ± 0.95 . The mean maternal procalcitonin level (ng/ml) was 0.043 ± 0.14 . The mean TLC (/mm³) was 10863.37 \pm 4986.49. The mean hs-CRP (mg/L) was 6.98 ± 3.48 . The mean umbilical cord blood procalcitonin (ng/ml) was 0.13 ± 0.24 . The mean cord blood TLC (/mm³) was 9140.63 \pm 3040.02. The mean cord blood hs-CRP (mg/L) was 0.37 ± 0.59 .

Out of 200 neonates, 169 (84.5%) had no sepsis, 24 (11.5%) cases were suspected and 7 (4%) cases were of proven sepsis [Fig. 1]. In 7 cases of proven sepsis by culture, Klebsiella Pneumoniae was the most



Fig. 1. Flowchart.

common organism isolated followed by E. Coli, Staphylococcus aureus and coagulase negative Staphylococcus. Penicillin and cephalosporin resistance was seen in all the cases. Organisms were found to be sensitive to Piperacillin-Tazobactum, fluoroquinolones and aminoglycosides. All the neonates with suspected/ proven sepsis were transferred to NICU for observation. No neonatal mortality occurred and all were discharged from the hospital with no complaints. Maternal age and parity were not found to have statistically significant association with EONS. The maternal risk factors found to have statistically significant association with EONS were foul smelling liquor, leaking PV > 18 h, MSL, > 4 PV examinations and intrapartum fever. Prematurity and low birth weight were found to have statistically significant association with EONS [Table 1].

The maternal TLC at a cut off value \geq 15,000/mm³ was able to detect 26 cases of EONS and falsely picked up 17 cases. Receiver operating characteristic curve (ROC curve) analysis found the cut-off of cord blood TLC was \geq 12,000/mm³. At this cut-off, it predicted 30 cases of sepsis and falsely predicted 1 case. The cut-off of maternal procalcitonin was \geq 0.078 ng/ml which predicted all cases of sepsis and falsely predicted 2 cases. The cut-off of cord blood procalcitonin was \geq 0.35 ng/ml. It predicted all cases of sepsis and falsely predicted 10 cases. The maximum diagnostic value of maternal hs-CRP (mg/l) was at \geq 10. It predicted only 19 cases and falsely predicted 34 cases. The umbilical cord hs-CRP (mg/l) at cut-off \geq 0.30 predicted only 16 cases and falsely predicted 53 cases. [Table 2; Fig. 2].

Maternal procalcitonin had a superior diagnostic accuracy of 99% compared to maternal TLC and maternal hs-CRP. Also, cord blood procalcitonin had a diagnostic accuracy of 95% compared to cord blood TLC and cord blood hs-CRP diagnostic accuracy of 99% and 66.2%. Both maternal and cord blood procalcitonin had sensitivity of 100%. The specificity of cord blood procalcitonin was slightly less in comparison to maternal blood procalcitonin (94.1% versus 98.8%) [Table 3]. There was no statistically significant difference in the diagnostic performance of maternal and cord blood PCT (p = 0.163).

Table 1

Association of obstetric and neonata	l parameters with EONS.
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Obstetric and neonatal parameters	No. of participants N = 200	Sepsis present (proven and clinical suspicion) N = 31	P value
Age (years) 18–25 26–30	114 74 12	15 14 2	0.563
31–35			
Parity	48	13	0.081
Para 0	59	8	
Para 1	50	5	
Para 2 \geq Para 3	43	5	
Maternal risk factors	80	31	<
LPV > 18 h	55	21	0.001
MSL	8	7	<
Foul smelling liquor	41	29	0.001
> 4 PV	30	23	<
Intrapartum fever H/O UTI	38	8	0.001 < 0.001 < 0.001 0.293
Neonatal Parameters	124	25	0.046
Fetal maturity	63	6	<
Preterm	13	0	0.001
Term	15	10	
Post term	40	18	
Birth weight (Kg)	44	3	
< 1.5 1.5–2.0 2.0–2.5 > 2.5	101	0	

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Table 2

Diagnostic efficacy	of laboratory parameter	s in predicting sepsis.

Lab parameters	$\begin{array}{l} \text{Sepsis} \\ \text{proven} \\ \text{N} = 7 \end{array}$	Sepsis suspicion N = 24	Sepsis absent N = 169
$\begin{array}{c} \text{Maternal TLC} \geq 15{,}000 \text{ cells} / \\ \text{mm}^3 \end{array}$	4	22	17
$\begin{array}{c} \text{Cord blood TLC} \geq 12{,}000 \text{ cells} {/} \\ \text{mm}^3 \end{array}$	7	23	1
Maternal procalcitonin $\geq 0.078 \text{ ng/ml}$	7	24	2
Cord blood procalcitonin $\geq 0.35 \text{ ng/ml}$	7	24	10
Maternal hs-CRP $\geq 10 \text{ mg/l}$	6	13	34
Cord blood hs-CRP $\geq 0.30~mg/l$	4	12	53



Fig. 2. ROC curve comparing all laboratory parameters of sepsis.

Discussion

Neonatal sepsis is one of the leading causes of neonatal morbidity and mortality. Screening the mothers and testing of cord blood for inflammatory markers such as WBC, hs-CRP and PCT aids the pediatrician to suspect sepsis and institute relevant interventions. The present study of 200 women found foul smelling liquor, LPV > 18 h, MSL, > 4 PV examinations, intrapartum fever, prematurity and low birth weight to have statistically significant association with EONS. Similar risk factors for EONS i.e. premature rupture of membranes, meconium stained liquor, maternal infections, prematurity and low birth weight have been reported in various studies [10–14]. Along with the above-mentioned risk factors, Noah et al. [10] found maternal age < 20 yrs and > 30 yrs, male sex and Alam et al. [12] discovered thrombocytopenia to be additional risk factors for EONS.

The present study found maternal procalcitonin had a sensitivity of 100% i.e. it detected all cases of EONS and specificity of 98.8% with diagnostic accuracy of 99% in predicting EONS. Maternal hs-CRP had sensitivity and specificity of 61% and 79% respectively with diagnostic

Table 3

Diagnostic performance of various lab parameters in predicting sepsis.

Laboratory parameters	Predicted cut-off by ROC curve	Sensitivity	Specificity	Positive predictive value	Negative predictive value	Diagnostic accuracy
Maternal TLC (/mm ³)	-	83.9%	90%	60.5%	96.8%	89.10%
Maternal hs-CRP (mg/l)	≥ 10	61%	79%	35.2%	91.8%	76.6%
Maternal procalcitonin (ng/ml)	≥ 0.078	100%	98.8%	93.9%	100%	99%
Cord blood TLC (/mm ³)	\geq 12,000	96.8%	99.4%	96.8%	99.4%	99%
Cord blood hs-CRP (mg/l)	≥ 0.30	51.6%	68.8%	23.2%	88.6%	66.2%
Cord blood procalcitonin (ng/ml)	≥ 0.35	100%	94.1%	75.6%	100%	95%

accuracy of 76.6%. Sensitivity and specificity of maternal TLC in predicting EONS were 83.9% and 90% respectively with diagnostic accuracy of 89.1%. In agreement with our work, Cetin O et al. [6] in prospective observational study of 57 pregnancies found maternal PCT sensitivity 85.2%, specificity 86.7%, maternal blood CRP sensitivity and specificity in predicting EONS was 77.8% and 80% respectively, maternal TLC count sensitivity and specificity was 67.9% and 72.4% respectively. Similar results of sensitivity and specificity of maternal blood CRP and TLC for prediction of EONS have been seen in other studies [11,15,16]. There has been no other study on prediction of EONS by maternal blood PCT. However, studies have shown association of maternal blood PCT levels with maternal infection/chorioamnionitis [17–19]. The present study found maternal procalcitonin has a superior diagnostic accuracy compared to maternal TLC and hs-CRP. Similar to our study, Cetin O et al. [6] study also showed maternal blood PCT levels to be more accurate in predicting EONS compared with blood CRP and TLC.

Umbilical cord hs-CRP in present study had sensitivity and specificity of 51.6% and 68.8% respectively with diagnostic accuracy of 66.2%. Contrary to our study, study by Patrick et al. [20] on 103 babies, out of which 12 were found to have sepsis found cord blood CRP to have sensitivity of 100% and specificity of 90%. The better diagnostic accuracy in this study could be because our study had a comparatively bigger sample size. In the present study, umbilical cord hs-CRP falsely predicted 53 cases. In agreement with our study, Kumar et al. [21] found that even in absence of infection, raised cord CRP levels were found to be strongly linked with protracted labour > 12 h, maternal fever and rupture of membranes > 24 h (p < 0.005). They suggested that apart from infections, other stimuli like hypoxia, trauma and metabolic changes can induce production of CRP. Hence, they inferred that CRP from cord blood is not a reliable predictor of EONS. The present study found sensitivity and specificity of umbilical cord TLC in predicting EONS were 96.8% and 99.4% respectively with diagnostic accuracy of 99%. As opposed to our study, Hornik et al. [22] in study on 2177 participants discovered EONS to be linked with low rather than high TLC levels. They found TLC count of $< 5000/\text{mm}^3$ to have sensitivity and specificity of 50% and 94% respectively. The difference in results could be because of our small sample size.

The present study found umbilical cord blood procalcitonin had a sensitivity of 100% and specificity of 94.1% with diagnostic accuracy of 95% in predicting EONS. Similar results have been seen in other previous studies on cord blood PCT for predicting EONS [7,23]. A meta-analysis which evaluated PCT in suspected EONS cases found pooled sensitivity to be 78% in cord blood PCT compared to pooled value of 70% in studies measuring PCT at 24-48 h after birth [3]. They suggested that evaluating cord blood PCT for predicting EONS may lead to increased diagnostic accuracy as it avoids confounding factors like physiological rise of PCT following birth and PCT rise due to perinatal events like respiratory distress, hypoxic ischemic encephalopathy, intracranial hemorrhage, pneumothorax etc [3]. A systemic review and meta-analysis [24] concluded that either maternal TLC or CRP was inadequate for diagnosis of EONS and cord blood PCT can be used as valid rule-in and rule-out test. Huetz N et al. [2] determined the possible effects of umbilical cord blood procalcitonin based algorithm. They found a substantial decrease in antibiotic prescription rate in neonates.

They concluded that PCT could assist in early start of antibiotic therapy in babies at high risk of infection and also decrease the antibiotic prescription in non-infected neonates.

The strength of our study is that we evaluated levels of inflammatory markers in both maternal and cord blood to predict EONS. Ours is the first study till date, to the best of our knowledge to correlate the diagnostic accuracy of both maternal and cord blood PCT in the detection of EONS. The limitation is small sample size of our study.

Conclusion

Procalcitonin in both maternal as well as cord blood is a promising biomarker to detect EONS with high diagnostic accuracy. We recommend that a PCT- based algorithm must be made to reduce empirical antibiotic use for EONS.

Declaration of Competing Interest

There are no conflicts of interest.

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