human reproduction

#### LETTERS TO THE EDITOR

# Risk of contamination with SARS-CoV-2 in ART

Sir,

We read with interest the article by Kteily and colleagues regarding the non-detectability of SARS-CoV-2 mRNA in semen, follicular fluid, vaginal secretions and residual medulla in asymptomatic patients who undergo ART (Kteily et al., 2022). Their study focused only on the presence of viruses in patients' residual material samples. However, based on their findings, they curiously concluded that 'no additional measures to prevent staff or cross-patient contamination need to be implemented in the IVF and andrology laboratories'.

This statement is far too general, not justified by the specific finding of authors, and may create a false and dangerous feeling of security both for patients and the staff. Cross-contamination issues in assisted reproduction are not restricted to physical contact with infected samples but involve other standard processes and activities. The SARS-CoV-2 pandemic aggravated these dangers considerably, including but not restricted to standard procedures of cryopreservation applied in the majority of IVF cycles.

As already discussed in this journal (Parmegiani and Vajta, 2021), contamination of liquid nitrogen and nitrogen vapour (LN2/NV) may occur at any step from manufacturing to final use, including transport, storage, distribution, preparation for cryopreservation and all stages of the procedure. Airborne contaminants such as SARS-CoV-2 can come into contact with LN<sub>2</sub>/NV and remain cryopreserved (Parmegiani et al., 2020). Irrespective of a possible impact directly on gametes and embryos, the risk of cross-contamination from LN<sub>2</sub>/NV exists and may cause general symptoms, serious disease, death and further spreading (Scarica et al., 2021). This fact has been acknowledged recently by many authors; they suggested implementing 'good manufacturing' practices in ART, including the use of singlepersonalized-disposable vitrification containers (Maggiulli et al., 2020); the sterilization of liquid nitrogen before use (Arav, 2020; Alteri et al., 2021); and the washing of cryopreserved specimens with sterile LN<sub>2</sub> before thawing/warming (Hickman et al., 2020; Shapiro et al., 2020). Even the Sixth Edition (June 2021) of the "WHO Laboratory Manual for the Examination and Processing of Human Semen" suggests (i) the sterilization of LN<sub>2</sub>, (ii) the decontamination of cryopreserved specimens before warming and (iii) the periodic refilling of dewars/tanks with sterile LN<sub>2</sub> (World Health Organization, 2021). Last but not least, some scientists cited by Kteily et al. for articles published a decade ago have since changed their minds regarding the negligibility of contamination risk. They now suggest taking precautions for the safe use of liquid nitrogen (Pomeroy and Schiewe, 2020).

Accordingly, while we congratulate the authors for the interesting research article, we suggest reconsidering their general conclusion and

focusing their statement on the area that has been investigated in their present work.

## **Conflict of interest**

L.P. reports fees from Origio-Coopersurgical and is a shareholder of Nterilizer Srl. G.V. is a shareholder and CSO at VitaVitro Biotech Co., Ltd., Shenzhen, China.

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# Reply: Risk of contamination with SARS-CoV-2 in ART

Sir,

We thank Vajta et al. (2022) for raising an important point regarding the conclusion of our manuscript (Kteily et al., 2022). Out of the context of the paper, we agree that the sentence 'no additional measures to prevent staff or cross-patient contamination need to be implemented in the IVF and andrology laboratories' could be considered as too reassuring in the general context of the pandemic. In our discussion, we discussed the need for the implementation of additional procedures for asymptomatic patients, assuming that all IVF centers already apply the 'good manufacturing practice' principles, independently of the COVID-19 pandemic (www.eshre.eu/guidelines).

The risk of cross-contamination during ART procedures, including the risk of accidental or external contamination of liquid nitrogen (LN<sub>2</sub>), is present for many viruses and is extensively discussed in the literature. However, we would note that the use of sterile LN<sub>2</sub> and straw decontamination before semen warming mentioned by Vajta et al. are considered as 'other precautions that can be taken to avoid or limit contamination' if standard precautions such as the use of high secure straws or vapor N<sub>2</sub> cannot be secured (World Health Organization, 2021). Similarly, Pomeroy and Schiewe (2020) suggested the use of UV disinfected LN<sub>2</sub> in case of open devices systems. Finally, the opinion paper published by international laboratory managers actually questioned the use of sterile LN<sub>2</sub> for sample washing at warming (Hickman et al., 2020).

Nevertheless, we agree that the risk of contamination of  $LN_2$  through SARS-CoV-2 survival on surfaces and aerosol remains uncertain and requires further investigation. To reduce this risk, prevention measures have been implemented in all health institutions, including IVF centers, to reduce the risk of patients—staff and staff—staff contamination. Several scientific societies including ESHRE provide guidance regarding sanitary measures in IVF clinics. ESHRE published recommendations on triage questionnaire and testing strategies with updates according to the pandemic evolution as well

as general sanitary measures such as the room disinfection procedures, distancing and the wearing of masks and gloves (https://www.eshre.eu/Europe/Position-statements/COVID19). Regarding IVF laboratory activities, the main principle is to strictly follow good laboratory practice (www.eshre.eu/guidelines) such as the use of high security straws and/or vapor phase storage tanks and pay particular attention to reduce exposure to native follicular fluid and sperm as much as possible by dilution and by using of individual closed containers (https://www.eshre.eu/Europe/Position-statements/COVID19). Our study confirmed that no additional measures should be taken to insure the safely handling of human material from asymptomatic patients in the IVF laboratory.

### **Conflict of interest**

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