

Phenotypic Detection and Antibiogram of β -lactamase-producing *Proteus* Species in a Tertiary Care Hospital, India

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Abstract

Background: *Proteus* species cause a variety of community- and hospital-acquired illnesses. Synthesis of β -lactamases is the predominant mechanism for resistance to β -lactam antibiotics. Among the β -lactamases, extended spectrum β -lactamases (ESBLs) and AmpC β -lactamases are the most common. **Aim:** The objective of this study was to determine the occurrence of ESBL and AmpC β -lactamases in *Proteus* species among various clinical isolates at a tertiary care hospital, India. **Materials and Methods:** This study was done to identify various species of *Proteus* from clinical samples ($n = 3922$). Antimicrobial susceptibility was performed by Kirby–Bauer disc diffusion method. ESBL production was detected by modified double-disc synergy test and indirect modified three-dimensional tests and AmpC β -lactamase production by AmpC disc test and modified Hodge test. **Results:** *Proteus* species were isolated in 5.4% (101/1876) specimens. Three *Proteus* species isolated were *Proteus mirabilis* 62.4% (63/101), *Proteus vulgaris* 29.7% (30/101), and *Proteus penneri* 7.9% (8/101). ESBL producers confirmed by both tests were of 88.1% (89/101). Only AmpC β -lactamase was produced by four isolates. Coproduction of ESBL and AmpC β -lactamase was observed in 58.4% (52/89) of isolates. Twelve isolates were non- β -lactamase producers. Multidrug resistance (MDR) was found in 95.1% (96/101) of isolates, 50.5% (51/101) were possibly extensively drug resistant and none were pan drug resistant. None of the isolates were resistant to piperacillin-tazobactam. *P. penneri* isolates exhibited high resistance to most of the antibiotics. **Conclusions:** A high prevalence of ESBL and AmpC β -lactamases was found that concurrently showed MDR. Phenotypic methods for the detection of β -lactamases are easy and simple and can be implemented in routine diagnostic laboratories along with susceptibility testing. These data will assist the clinicians in the management and control of infections.

Keywords: AmpC β -lactamase, Extended spectrum β -lactamase, Extensively drug resistant, Multidrug resistant, *Proteus* species

Introduction

Proteus species are widespread in the environment and make up part of the normal flora of the human gastrointestinal tract. They cause a variety of community- and hospital-acquired illnesses, including urinary tract, wound, and bloodstream infections.^[1] *Proteus* species are often difficult to eradicate from the host, especially in individuals with complicated ulcers, wounds, and

catheterization or functional abnormalities of the urinary tract.^[2] Drug resistance has been increasingly reported for this genus, and the predominant mechanism for resistance to β -lactam antibiotics is by the synthesis of β -lactamases. Among the β -lactamases, the production of extended spectrum β -lactamases (ESBLs) and AmpC β -lactamases is most common.^[3]

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Website: www.amhsr.org

DOI:
10.4103/amhsr.amhsr_413_15

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How to cite this article: Pal N, Hooja S, Sharma R, Maheshwari RK. Phenotypic detection and antibiogram of β -lactamase-producing *proteus* species in a tertiary care hospital, India. *Ann Med Health Sci Res* 2016;6:267-73.

ESBLs are plasmid-mediated β -lactamases that are capable of efficiently hydrolyzing penicillin, narrow and broad-spectrum cephalosporins and monobactams (aztreonam), do not hydrolyze cephamycin or carbapenems (imipenem, meropenem), and are inhibited by β -lactamase inhibitors (e.g., clavulanic acid, sulbactam, and tazobactam).^[4] AmpC β -lactamases confer on the bacterium, resistance to penicillins, cephalosporins, cephamycins, and monobactams, and are also resistant to β -lactamase inhibitors. This lack of inhibition by cephamycins and β -lactamase inhibitors differentiates AmpC β -lactamase producers from the ESBL producers.^[5]

Plasmids carrying genes for β -lactamases often carry multiple genes for resistance to aminoglycosides, chloramphenicol, quinolones, sulfonamides, tetracycline, and trimethoprim, limiting therapeutic options. Carbapenems are the treatment of choice for serious infections due to ESBL-producing organisms.^[6] Since the genes for multiple antibiotic resistance and β -lactamases are transmissible, it is important that β -lactamases should be tested for organisms isolated in hospital and long-term care facility patient populations.

There is a paucity of information on the documentation of β -lactamases producing *Proteus* among Gram-negative isolates in the northwest region of India. Therefore, a prospective study was undertaken to determine the occurrence of ESBL and AmpC β -lactamases in *Proteus* species among various clinical isolates at this institute.

Materials and Methods

Specimen collection

A total of 3922 clinical specimens obtained from suspected cases of bacterial infection were received in the Department of Microbiology between February and April 2014. The various clinical specimens received were sputum, pus, urine, cerebrospinal fluid, tracheal swab, endotracheal aspirate, catheter tip, blood, ear swab, vaginal swab, body fluids and tissues. Demographic data (such as age, sex, inpatient and outpatient status) of the patients were recorded.

Culture and identification

Clinical specimens were processed by standard microbiological methods.^[7] *Proteus* species were provisionally diagnosed based on nonlactose-fermenting colonies on MacConkey agar media (Himedia, Vadhani Industrial Estate, LBS Marg, Mumbai, India) with (or without) swarming on blood agar media (Himedia, Vadhani Industrial Estate, LBS Marg, Mumbai, India). Identification of *Proteus* was done by biochemical tests to find whether they were positive for phenylalanine deaminase production, H_2S gas production, citrate utilization, and urease production. *Proteus vulgaris* produces indole which differentiates it from indole-negative *Proteus mirabilis* and *Proteus penneri*. Maltose fermentation and lack of ornithine decarboxylase differentiated *P. penneri* from *P. mirabilis*.^[7]

Antimicrobial susceptibility test

Kirby–Bauer disc diffusion method was used to test the susceptibility of the *Proteus* isolates to different antimicrobial agents (Himedia, Vadhani Industrial Estate, LBS Marg, Mumbai, India): amoxicillin-clavulanic acid (20/10 μ g), piperacillin-tazobactam (100/10 μ g), cefotaxime (30 μ g), ceftazidime (30 μ g), cefuroxime (30 μ g), cefepime (30 μ g), ceftiofloxacin (30 μ g), amikacin (30 μ g), cotrimoxazole (25 μ g), gentamicin (10 μ g), ciprofloxacin (5 μ g), netilmicin (30 μ g), imipenem (10 μ g), meropenem (10 μ g), and doxycycline (30 μ g). *Escherichia coli* American type culture collection (ATCC) 25922 was used as control, and the results were interpreted as per the Clinical Laboratory Standards Institute (CLSI) criteria.^[8]

Screening for extended spectrum β -lactamases

As per the CLSI recommendation, isolates showing zone of inhibition ≤ 22 mm for ceftazidime and ≤ 25 mm for ceftriaxone by disc diffusion method were considered potential ESBL producers. These isolates were further tested for confirmation by modified double-disc synergy test (MDDST) and indirect modified three-dimensional tests.^[4]

Modified double-disc synergy test

Lawn culture of test strain was prepared on Muller Hinton agar (MHA) media (Himedia, Vadhani Industrial Estate, LBS Marg, Mumbai, India), a disc of piperacillin-tazobactam (100/10 μ g) was placed at a distance of 25 mm from cefepime (30 μ g) disc (center to center). The organisms were considered to be ESBL producers when the zone of inhibition around cefepime showed a distinct increase toward the piperacillin-tazobactam disc [Figure 1].^[4]

Indirect modified three-dimensional test

Lawn cultures of ATCC *E. coli* 25922 were prepared on MHA plate, a disc of ceftriaxone (30 μ g) was placed in the center of the plate. A well of 4 mm diameter was punched at a distance of 2 mm from the antibiotic disc. The inoculum (20 μ L) of the test strain was adjusted to 5.0 McFarlands



Figure 1: Modified double-disc synergy test

standard and was seeded into the well. Heart-shaped distortion of zone of inhibition around the disc was indicative of ESBL production [Figure 2].^[4]

Screening for AmpC β -lactamases

Isolates showing a zone of inhibition of <18 mm for cefoxitin by disc diffusion method were considered potential AmpC producers and further confirmed by AmpC disc test and modified Hodge test.

AmpC disc test

Lawn cultures of ATCC *E. coli* 25922 were prepared on MHA plate, and a 30 μ g cefoxitin disc was placed on the inoculated surface of the agar. A sterile plain disc moistened with sterile saline (20 μ L) was inoculated with several colonies of the test organism and was placed beside the cefoxitin disc almost touching it. After overnight incubation at 37°C, the plates were examined for either an indentation or a flattening of the zone of inhibition, indicating enzymatic inactivation of cefoxitin (positive result), or the absence of a distortion, indicating a negative result [Figure 3].^[5]

Modified Hodge test

Lawn cultures of ATCC *E. coli* 25922 were prepared on MacConkey agar plates, cefoxitin disc (30 μ g) was placed, and the test organism was streaked toward the cefoxitin disc. If the organism expressed AmpC, it hydrolyzed cefoxitin and showed growth along the intersection of the streak and zone of inhibition of cefoxitin disc [Figure 4].^[9]

Quality control

Each batch of the prepared media was checked for sterility for 24 h. The CLSI reference strains of ESBL-positive *Klebsiella pneumoniae* ATCC 700603 and ESBL-negative *E. coli* ATCC 25922 were used as controls in the study.

Statistical analysis

Chi-square test was applied for analysis of categorical data. All statistical calculations were performed using MedCalc Statistical Software, version 14.12.0 (MedCalc Software bvba, MedCalc Ostend, Belgium). $P < 0.05$ was considered statistically significant for interpretation.

Results

A total of 3922 clinical specimens were received for bacteriological culture and antimicrobial susceptibility testing. Microorganisms were isolated in 1876 specimens, out of which 5.4% (101/1876) were *Proteus* species. Majority of the *Proteus* species were isolated from pus 80.2% (81/101) followed by urine 8.9% (9/101), vaginal swab 3.0% (3/101), tissue 3.0% (3/101), blood 2.0% (2/101), sputum 2.0% (2/101), and body fluids 1.0% (1/101).

Three *Proteus* species recovered from 101 specimens were *P. mirabilis*, 62.4% (63/101); *P. vulgaris*, 29.7% (30/101); and *P. penneri*, 7.9% (8/101).

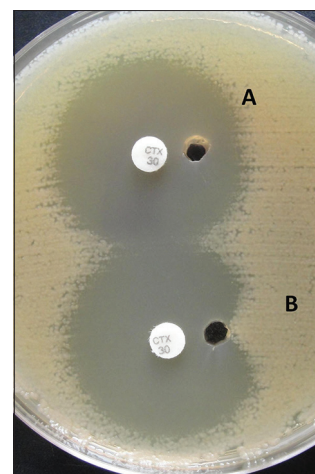


Figure 2: Indirect modified three-dimensional test: Isolates showing no distortion of zone of inhibition (A) and indentation (B)

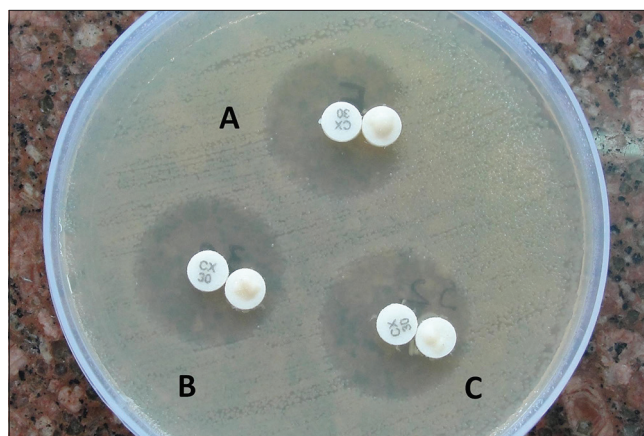


Figure 3: AmpC disc test: Isolates showing distortion of zone of inhibition (A) and no distortion (B and C)

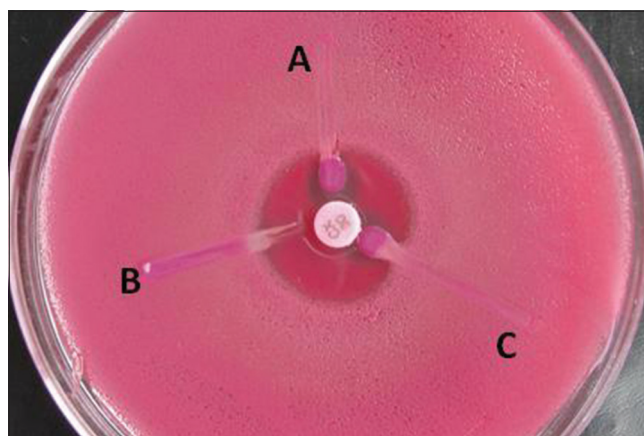


Figure 4: Modified Hodge test: Growth along the streaking line into the zone of inhibition of cefoxitin disc (C) - AmpC producer and no growth along the streaking line (A and B) - non-AmpC producer

In the present study, *Proteus* species isolated from inpatients were highest from pus accounting for 67.3% (68/101) of the total isolates followed by urinary isolates accounting for 6.9% (7/101). A total of 80.9% (51/63) *P. mirabilis* isolates were

isolated from inpatients and 19.1% (12/63) from outpatients. *P. vulgaris* isolates were isolated from 76.6% (23/30) inpatients and 23.3% (7/30) outpatients. All eight (100%) *P. penneri* isolates were recovered from inpatients.

Detection of extended spectrum β-lactamases

Among the 101 isolates included in the study, 92 and 68 isolates were found to be screened positive for ESBL and AmpC β-lactamases, respectively.

Distribution of β-lactamase producers from various clinical samples among different species is shown in Table 1.

- i. Detection of ESBL β-lactamases - Out of 92 screen-positive isolates, 85 (92.4%) were confirmed as ESBL producers by both tests. Most of the ESBL β-lactamase producers were isolated from pus, i.e., 69/85 (81.2%)
- ii. Detection of AmpC β-lactamases - Out of 68 screen-positive isolates, 56 (82.3%) were confirmed as AmpC β-lactamase producers by both tests. AmpC β-lactamase producers were mostly isolated from pus, i.e., 48/56 (85.7%). Four isolates were pure AmpC β-lactamase producers
- iii. Coproduction of ESBL and AmpC β-lactamases - Among the 89 β-lactamase producers, coproduction of ESBL and AmpC β-lactamase was observed in 52/89 (58.4%) isolates. Maximum coproducers were isolated from pus, i.e. 44/52 (84.6%)
- iv. Non-β-lactamase producers - Twelve isolates (eight *P. mirabilis* and four *P. vulgaris*) were non-β-lactamase producers.

Antimicrobial resistance pattern

Antibiotic susceptibility test was done by Kirby–Bauer disc diffusion method. Multidrug resistance (MDR) was defined as nonsusceptibility to at least one agent in three or more antimicrobial categories, extensively drug resistant (XDR) was defined as nonsusceptibility to at least one agent in all except

two or fewer antimicrobial categories (i.e., bacterial isolates remain susceptible to only one or two categories), and pan drug resistance was defined as nonsusceptibility to all agents in all antimicrobial categories. A limited number of antimicrobial agents were tested, so the bacterial isolates were characterized as “possible XDR.”^[10]

Antibiotic resistance patterns of *Proteus* isolates are shown in Table 2. All the three species were 90%–100% resistant to amoxicillin-clavulanic acid, ceftazidime, and netilmicin. All the three species showed a high degree of resistance to 4th generation cephalosporin cefepime (100% in *P. mirabilis* and *P. penneri* and 84.6% (22/26) in *P. vulgaris*). Least resistance was seen with imipenem accounting for 4-8% of isolates. *P. penneri* isolates exhibited a high resistance to most of the antibiotics followed by *P. mirabilis*.

MDR was found in 95.1% (96/101) of isolates and 50.5% (51/101) were possible XDR. Among β-lactamase producers, 96.6% (86/89) were MDR while 56.2% (50/89) were possible XDR. Twelve isolates (eight *P. mirabilis*, four *P. vulgaris*) were non-β-lactamase producers, out of which ten 83.3% (10/12) were MDR and one possible XDR.

Discussion

Proteus species are widespread in the environment and make up part of the normal flora of the human gastrointestinal tract. *Proteus* ranks third as the cause of infections, particularly in hospital-acquired cases.^[5]

In the present study, *Proteus* species were isolated from 5.4% of specimens. Similar prevalence has been reported in studies by Feglo *et al.*^[11] and Leulmi *et al.*^[12] However, some studies have reported a lower prevalence of 1.1%^[13] and 3%^[14] while other studies have shown a higher prevalence ranging from 14.4% to 28.7%.^[15-17] In our study, the highest percentage of

Table 1: Distribution of β-lactamase-producing *Proteus* species isolated from various clinical specimens

Samples	β-lactamase-producing <i>Proteus</i> spp. (n)	Inpatients					Outpatients				
		ESBL	ESBL + AmpC	Amp C	MDR	XDR	ESBL	ESBL + AmpC	Amp C	MDR	XDR
Pus	Pm (44)	13	23	2	35	26	2	4	0	6	2
	Pv (21)	6	7	2	15	10	1	5	0	6	0
	Pp (8)	2	5	0	7	6	1	0	0	1	1
Urine	Pm (6)	4	1	0	5	0	1	0	0	1	0
	Pv (1)	0	1	0	1	0	0	0	0	0	0
Sputum	Pm (2)	1	1	0	2	0	0	0	0	0	0
	Pv (1)	0	1	0	1	1	0	0	0	0	0
Vaginal swab	Pm (1)	0	0	0	0	0	1	0	0	1	0
	Pv (1)	0	0	0	0	0	0	1	0	1	1
Tissue	Pm (2)	0	0	0	0	0	0	2	0	2	2
	Pv (1)	1	0	0	1	0	0	0	0	0	0
Blood	Pm (0)	0	0	0	0	0	0	0	0	0	0
	Pv (1)	0	1	0	1	1	0	0	0	0	0
Total	89	27	40	4	68	44	6	12	0	18	6

Pm: *Proteus mirabilis*, Pv: *Proteus vulgaris*, Pp: *Proteus penneri*, MDR: Multidrug resistant, XDR: Extensively drug resistant, ESBL: Extended spectrum β-lactamase, AmpC: AmpC β-lactamases

Table 2: Antimicrobial resistance pattern of β -lactamase-producing *Proteus* species

Antimicrobial categories	Antimicrobial agent	Pm (55), n (%)	Pv (26), n (%)	Pp (8), n (%)
Aminoglycosides	Amikacin	41 (74.5)	18 (69.2)	8 (100)
	Gentamicin	41 (74.5)	19 (73.1)	8 (100)
	Netilmicin	54 (98.2)	24 (92.3)	8 (100)
Antipseudomonal penicillins + β -lactamase inhibitors	Piperacillin-tazobactam	0	0	0
Carbapenems	Meropenem	23 (41.8)	8 (30.7)	2 (25)
	Imipenem	3 (5.4)	2 (7.7)	1 (12.5)
Nonextended spectrum cephalosporins; 2 nd generation cephalosporins	Cefuroxime	55 (100)	*	*
Extended spectrum cephalosporins; 3 rd and 4 th generation cephalosporins	Ceftazidime	54 (98.2)	23 (88.5)	8 (100)
	Cefotaxime	34 (63.6)	18 (69.2)	8 (100)
	Cefepime	55 (100)	22 (84.6)	8 (100)
Cephamycins	Cefoxitin	38 (69.1)	17 (65.4)	8 (100)
Fluoroquinolones	Ciprofloxacin	37 (67.3)	12 (46.1)	7 (87.5)
Folate pathway inhibitors	Cotrimoxazole	50 (90.9)	20 (76.9)	7 (87.5)
Penicillins + β -lactamase inhibitors	Amoxicillin-clavulanic acid	55 (100)	26 (100)	8 (100)
Tetracyclines	Doxycycline	49 (89.1)	*	*

*Pv and Pp are intrinsically resistant to nonextended spectrum 2nd generation cephalosporins (cefuroxime) and tetracyclines (doxycycline). Pm: *Proteus mirabilis*, Pv: *Proteus vulgaris*, Pp: *Proteus penneri*

Proteus species was isolated from pus specimens (80.2%) followed by urine (8.9%). Similar observation has been reported by other studies whereas some studies have reported isolates more commonly from urine than other clinical specimens.^[3,12-14,17,18]

In the present study, three *Proteus* species (*P. mirabilis*, *P. vulgaris*, and *P. penneri*) were identified. *P. mirabilis* was the most common (62.4%) among all the isolates which is similar to the findings of other studies.^[11,13,15,19] *P. mirabilis* was isolated in highest number from urine as it has a higher propensity for colonizing the urinary tract due to difference in its pathogenicity.^[11]

Indole-negative *Proteus* species are invariably incorrectly identified as *P. mirabilis*, missing the isolates of *P. penneri* which may be nonswarming on the first isolation. All *P. penneri* isolates were isolated from pus specimens which is similar to other studies^[11,19] whereas Kamga *et al.* in their study isolated 3%, all of which were from urine specimens.

Proteus express virulence factors associated with adherence, motility, immunoavoidance, nutrient acquisition, host damage, biofilm formation, and endotoxicity and therefore behave as opportunistic pathogens in nosocomial infections.^[11] We found majority of *Proteus* infections among the inpatients (81.18%) as compared to outpatients (18.82%) similar to other studies.^[11,14,15,19] All strains of *P. penneri* were isolated from inpatients.

All the three *Proteus* species displayed high antimicrobial resistance rates to amoxicillin-clavulanic acid, ceftazidime, cefepime, amikacin, gentamicin, and netilmicin. High antimicrobial resistance has also been observed in many studies.^[12,16-21] Resistance to carbapenems in the present study was 12.5% which is in accordance with the studies of

Datta *et al.*^[21] and Bahashwan and Shafey;^[14] however, other studies have reported a very low resistance of 0%–1%.^[12,19,22-24] None of the isolates were resistant to piperacillin-tazobactam in our study and that of Tumbarello *et al.*^[19] while Shenoy *et al.*,^[3] Senthamarai *et al.*,^[22] and Rudresh and Nagarathnamma^[23] reported a low resistance of 4%–8%.

P. penneri has the ability to cause major infectious diseases and nosocomial outbreaks. *P. penneri* was isolated from pus specimens of inpatients. All isolates were MDR (100%) while 75% of them were possible XDR. Feglo *et al.*,^[11] Pandey and Tyagi,^[13] Kishore,^[20] and Senthamarai *et al.*^[22] also reported high MDR in *P. penneri* isolates.

There is considerable geographical difference in the occurrence of ESBLs within countries, and hospital-to-hospital variability may also be marked. Our study revealed that 88.1% of *Proteus* species isolated from clinical specimens were β -lactamase producers while others have reported 60%–70%.^[3,13,20,23-29] Pure AmpC producers were observed in 5.8% of isolates similar to Feglo and Opoku,^[24] while Shenoy *et al.*^[3] and Rudresh and Nagarathnamma^[23] reported 11.9% and 15.1%, respectively. Coproduction of ESBL and AmpC was observed in 58.4% of isolates whereas other studies reported lower prevalence.^[3,24,21]

MDR observed in β -lactamase producers and in non- β -lactamase producers was 93.3% and 83.3%, respectively, while possible XDR was observed in 56.2% and 16.6% of isolates, respectively. Drug resistance in β -lactamase producers was significantly higher (MDR - $P = 0.000019$, possible XDR - $P = 0.01$) than in non- β -lactamase producers. A high degree of co-resistance to cefuroxime, cefepime, amoxicillin-clavulanic acid, ceftazidime, and netilmicin was observed in β -lactamase producers while non- β -lactamase producers were highly resistant to amoxicillin-clavulanic acid and ceftazidime. Imipenem resistance was observed in six

β -lactamase producers and in one non- β -lactamase producer which was not statistically significant ($P = 0.84$). Carbapenem resistance due to porin loss or the presence of β -lactamases capable of hydrolyzing carbapenemases has been documented in ESBL-producing isolates.

The high prevalence of MDR and possible XDR may be due to our institution being a tertiary care referral institute and most of the specimens were received from inpatients who were exposed to previous antibiotics and had undergone some invasive procedures. In the present study, piperacillin-tazobactam, meropenem, and imipenem were found to be most effective.

The present study has certain limitations: specimen number was small, lack of full information on patient's history (duration of hospitalization, medical prescription, and clinical syndrome), most of the specimens were obtained from inpatients, and ours being a tertiary care hospital, most of the patients were referred cases.

Conclusions

The presence of *Proteus* in clinical specimens is of great importance, since like other *Enterobacteriaceae*, they are opportunistic pathogens and may cause morbidity and mortality. In the present study, majority of the *Proteus* isolates were obtained from pus samples (80.19%). Three *Proteus* species recovered were *P. mirabilis* (62.37%), *P. vulgaris* (29.70%), and *P. penneri* (7.92%). Majority of the isolates were from inpatients (81.2%). MDR and possible XDR were seen in 93.3% and 56.2% of β -lactamase producers as compared to 83.3% and 16.6% non- β -lactamase producers, respectively. However, all the isolates were susceptible to piperacillin-tazobactam and most of the isolates were susceptible to imipenem and meropenem which are the only options left for the treatment of *Proteus* infections.

As *Proteus* species are ubiquitous in the environment, there is a need to maintain proper hygiene standards within hospital surroundings to reduce the incidence of nosocomial infections. Species identification and study of the epidemiology of antimicrobial resistance will assist in the management and control of infections. Therefore, this study is a step towards the generation of data on the prevalence of antimicrobial-resistant pathogens in our institution.

Acknowledgment

We are thankful for the technical assistance given by Mr. RK Yadav and Mr. Raj Kumar.

Financial support and sponsorship

Nil.

Conflicts of interest

There are no conflicts of interest.

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