

Anodal transcranial direct current stimulation alleviates cognitive impairment in an APP/PS1 model of Alzheimer's disease in the preclinical stage

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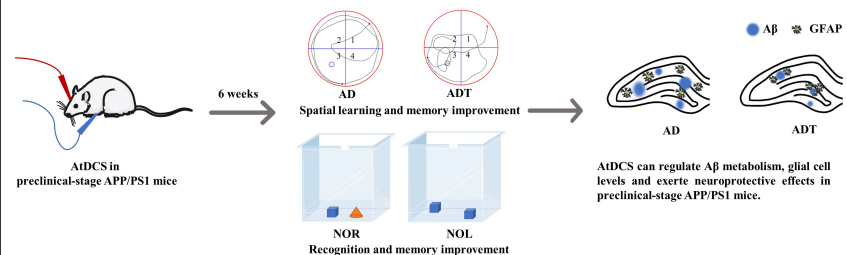
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Graphical Abstract

Long-term effects of anodal transcranial direct current stimulation (AtDCS) in the preclinical-stage APP/PS1 double transgenic mice



Abstract

Anodal transcranial direct current stimulation (AtDCS) has been shown to alleviate cognitive impairment in an APP/PS1 model of Alzheimer's disease in the preclinical stage. However, this enhancement was only observed immediately after AtDCS, and the long-term effect of AtDCS remains unknown. In this study, we treated 26-week-old mouse models of Alzheimer's disease in the preclinical stage with 10 AtDCS sessions or sham stimulation. The Morris water maze, novel object recognition task, and novel object location test were implemented to evaluate spatial learning memory and recognition memory of mice. Western blotting was used to detect the relevant protein content. Morphological changes were observed using immunohistochemistry and immunofluorescence staining. Six weeks after treatment, the mice subjected to AtDCS sessions had a shorter escape latency, a shorter path length, more platform area crossings, and spent more time in the target quadrant than sham-stimulated mice. The mice subjected to AtDCS sessions also performed better in the novel object recognition and novel object location tests than sham-stimulated mice. Furthermore, AtDCS reduced the levels of amyloid- β 42 and glial fibrillary acidic protein, a marker of astrocyte activation, and increased the level of neuronal marker NeuN in hippocampal tissue. These findings suggest that AtDCS can improve the spatial learning and memory abilities and pathological state of an APP/PS1 mouse model of Alzheimer's disease in the preclinical stage, with improvements that last for at least 6 weeks.

Key Words: Alzheimer's disease; amyloid- β ; anodal transcranial direct current stimulation; cognitive function; inflammation; long-term effect; neuron; preclinical stage

Introduction

Alzheimer's disease (AD) is mainly characterized by progressive memory and cognitive decline, and its main pathological hallmarks include neurofibrillary tangles, amyloid plaques (abnormal deposition of amyloid- β (A β)) and neuronal loss (Jack et al., 2018; Aranda et al., 2021; Patwardhan and Belemkar, 2021). It may take up to 20 years or longer after the initiation of AD pathophysiology for clinical symptoms to appear (Villemagne et al., 2013; Porsteinsson et al., 2021). The irreversibility and long prodromal period of AD have prompted researchers to shift their attention from the clinical stage to the preclinical stage for the treatment of AD (Ryan and Rossor, 2011; Villemagne et al., 2013).

Anodal transcranial direct current stimulation (AtDCS) is a safe, noninvasive brain stimulation treatment. AtDCS provides a constant direct current to a target area of the brain through an anode electrode during stimulation, and the generated constant electric field penetrates the skull to increase the excitability of the neurons; after stimulation, a cumulative effect (long-term effect) that alters the levels of various neurotransmitters and dynamically regulates synaptic plasticity in the brain can be observed (Nitsche and Paulus, 2000; Stagg and Nitsche, 2011). AtDCS has been found to improve memory and cognition in patients and animal models in the clinical stage of AD, with

sustained treatment effects (Lu et al., 2019; Yang et al., 2019; Gangemi et al., 2021). AtDCS has also been reported to improve spatial learning and memory in animal models in the preclinical stage of AD (Luo et al., 2020). However, to date, there have been no studies on the long-term effect of AtDCS in the preclinical stage of AD.

Abnormal A β deposition occurs throughout the course of AD (Sperling et al., 2011; Lee et al., 2019; Mycroft-West et al., 2020; Gutierrez et al., 2021; Wang et al., 2021), and the formation of A β deposits is mainly regulated by the production and degradation of A β (Chen et al., 2017; Patwardhan and Belemkar, 2021). In patients with AD and animal models of AD, the levels of proteins associated with A β metabolism have been reported to be abnormal (Sun et al., 2019; Patwardhan and Belemkar, 2021; Porsteinsson et al., 2021). In the pathological process of AD, the continuous increase in the A β level is also accompanied by abnormal changes in astrocytes (Zhu et al., 2017). Normal astrocytes participate in the degradation and clearance of A β and protect neurons, but when the degradation and clearance of A β are insufficient, activated astrocytes release excess glutamate, induce neuronal excitotoxicity and an inflammatory cascade, and participate in the generation of endogenous A β , which in turn promotes the progression of AD (Nitsche and Paulus, 2000; Carter et al., 2019; Martorell et al., 2019). Highly neurotoxic A β can also cause neuronal cell death through autocrine/paracrine

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mechanisms through the production of proinflammatory cytokines, which is mainly triggered by signal transduction pathways in astrocytes (Hughes et al., 2020). The role of astrocytes in AD is being increasingly recognized (Verkhatsky et al., 2010; Fakhoury, 2018). In animal models of AD, AtDCS has been shown to reduce A β and astrocyte levels, and protect neurons (Yu et al., 2015; Luo et al., 2020). However, there is still a lack of research on the regulatory effect of AtDCS on A β metabolism and its neuroprotective effects in the preclinical stage of AD.

Amlyoid precursor protein/presenilin-1 (APP/PS1) double transgenic mice are often used as transgenic animal models of AD, as they can simulate the process of AD in terms of A β metabolism, neuroinflammation, and cognitive deficits (Esquerda-Canals et al., 2017; Zhu et al., 2017; Sun et al., 2019). In this study, we studied the long-term effect of AtDCS in APP/PS1 (B6/J-Tg (APPswe, PSEN1dE9)) mice in the preclinical stage of AD, and explore the mechanism underlying its effect on A β metabolism, astrocytes, and neuroprotection.

Materials and Methods

Animals

This randomized animal experiment was approved by the Laboratory Animal Welfare and Ethical Committee of the Army Medical University (approval No. AMUWEC20191829) on June 20, 2019. Seventeen-week-old APP/PS1 ($n = 33$) and C57BL/6J (C57) mice ($n = 11$) from the Model Animal Research Center of Nanjing University (animal license No. SCXK (Su) 2012-0007) were housed at a temperature of 20–22°C on a 12-hour light/dark cycle with sufficient food and water for 9 weeks. All mice were male, with a weight range of 25–30 g. Male mice were chosen to reduce the influence of sex hormones, considering the sex-dependency of AD (Radaghdam et al., 2021). All experiments were designed and reported according to the Animal Research: Reporting of *In Vivo* Experiments (ARRIVE) guidelines (Percie du Sert et al., 2020).

Study design

The APP/PS1 mice were randomly divided into the APP/PS1 (AD), APP/PS1 + sham AtDCS (ADS), and APP/PS1 + AtDCS (ADT) groups. C57 mice were used as the control group (CTL group). There were 11 mice in each group. ADT group mice were treated with AtDCS for 2 weeks beginning at 26 weeks of age. Each week of treatment involved five consecutive days of AtDCS followed by a two-day interval. The protocol was based on the application of tDCS in mice (Pikhovych et al., 2016). When all mice were 34 weeks old, the Morris water maze, novel object recognition test, and novel object location test were implemented to evaluate spatial learning and memory and recognition memory. Then, western blot, immunohistochemistry, and immunofluorescence were performed to evaluate changes in the hippocampus in the CTL, AD, and ADT groups (Figure 1). The evaluator was blind to the grouping.

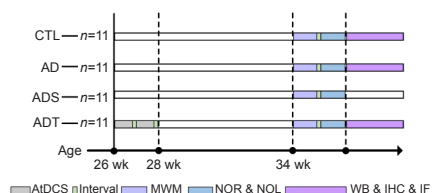


Figure 1 | Experimental design.

AtDCS was applied for five consecutive days per week followed by a 2-day interval, for 2 weeks. At the age of 34 weeks, all mice were sequentially subjected to the MWM, NOR, and NOL tests. Finally, WB, IHC, and IF were performed for histological evaluation of the hippocampus. AD: APP/PS1; ADS: APP/PS1 + sham AtDCS; AtDCS: Anodal transcranial direct current stimulation; ADT: APP/PS1 + AtDCS; APP/PS1: APPswe/PSEN1dE9; CTL: control; IF: immunohistochemistry; IHC: immunohistochemistry; MWM: Morris water maze; NOL: novel object location; NOR: novel object recognition; WB: Western blot.

AtDCS

All mice underwent electrode implantation surgery, as described previously, on the day before AtDCS (Yu et al., 2015; Luo et al., 2020). The mice received inhalation of 3% isoflurane (Shenzhen Reward Life Science Co., Ltd., Shenzhen, China) for anesthesia induction, and 0.8–1.5% for anesthesia maintenance. Then, mice were fixed in a stereotaxic apparatus (Shenzhen Reward Life Science Co., Ltd.). A heating blanket maintained the body temperature at 37.0 ± 0.5°C. The scalp of each mouse was incised to expose the skull, and then the skull was positioned horizontally. A laboratory-made circular polyvinyl chloride anode electrode filled with cotton and copper wire with a diameter of 2 mm was adhered onto the skull over the frontal cortex (Figure 2) using nontoxic glass ionomer cement (Changshu Shang Dental Materials Co., Ltd., Changshu, China). The cathode electrode was a round silver chloride electrocardiogram electrode with a diameter of 2 cm that was attached to the chest and abdomen of the mice. Twenty-four hours after surgery, AtDCS was performed in the ADT group (150 μ A, 30 minutes/day). The ADS group received sham stimulation (150 μ A, 10 seconds/day). Mice could move freely during AtDCS and sham AtDCS. Before each AtDCS session, the anode electrode was wetted with physiological saline. A multimeter (Double King Industrial Holdings Co., Ltd. Shenzhen, China) monitored the current during AtDCS.

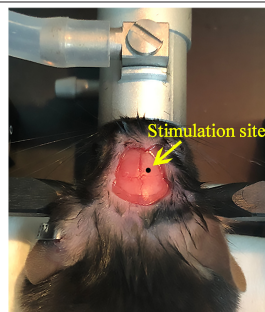


Figure 2 | Stimulation site of AtDCS.

The stimulation site (arrow) of AtDCS was anteroposterior: +1.0 mm, mediolateral: +1.5 mm. AtDCS: Anodal transcranial direct current stimulation.

Morris water maze test

The spatial learning and memory abilities of the mice were assessed at the age of 34 weeks using the Morris water maze test, as described in previous work (Bello-Arroyo et al., 2018). The Morris water maze (Shanghai XinRuan Information Technology Co., Ltd., Shanghai, China) consisted of a circular pool (diameter: 120 cm; height: 90 cm; temperature: 22 ± 1°C) and a circular platform (diameter: 12 cm). For black APP/PS1 mice, nontoxic white dye was added to the pool and mixed well with the water. Dark curtains surrounded the pool. Markers of different shapes and colors were placed above the pool as spatial cues. The pool was divided into four quadrants. The platform was placed in the center of the third quadrant (target quadrant) of the pool. Mice were tested in the Morris water maze over 6 days.

In the visible platform test (day 1), the platform was 1 cm above the water. The mice were placed within any two quadrants of the pool, and the time to reach the platform (escape latency) and path length were recorded for 60 seconds. If the mouse did not find the platform within 60 seconds, it was guided to the platform and stayed there for 5 seconds, and the escape latency was recorded as 60 seconds. The time interval between each quadrant test was 20 minutes. In the hidden platform test (days 2–5), the platform was hidden 1 cm below the water. As in the visible platform test, mice were placed into the pool from four quadrants, and their escape latency and path length were recorded. The order of the starting four quadrants was randomized every day and repeated for 4 days. The platform was removed in the probe test (day 6). The mice were put into the pool from the first quadrant, and the number of platform crossings and the time spent in each quadrant within 30 seconds were recorded. A quiet environment with constant light was maintained throughout the Morris water maze test.

Novel object recognition and novel object location tests

Two days after the end of the Morris water maze test, the novel object recognition and novel object location tests were implemented to test the recognition memory of mice. As mentioned in previous work (Antunes and Biala, 2012; Martorell et al., 2019), the novel object recognition test includes a habituation phase, familiarization period, and test period. During the 2-day habituation phase, mice were exposed to a white test area (25 cm × 25 cm × 32 cm) for 5 minutes every day. A familiarization and a test period were performed on the third day. In the familiarization period, two identical red cubes (2 cm × 2 cm × 2 cm) were placed opposite each other in the white test area, 5 cm from the wall. The mice explored the two objects freely for 5 minutes. After 1 hour, one of the red cubes was replaced with a yellow cone (1 cm × 1 cm × 2 cm) in the test period. The exploration time (the duration mice spent within 2 cm around the object) during which mice freely explored the two objects within 5 minutes was recorded. The location of the novel and familiar objects was counterbalanced in all experiments. The discrimination ratio (time spent exploring the novel object/(time spent exploring the novel object + time spent exploring the familiar object) × 100%) was used to evaluate the recognition memory of mice. After each test, the test area and objects were cleaned with 75% alcohol to remove the odor left by mice. The novel object recognition testing environment was kept quiet and constantly lit.

The novel object location test was performed using a procedure similar to that of the novel object recognition task. However, during the test period of the novel object location test, instead of being replaced with a yellow cone, one of the red cubes was moved to a novel position, that is, in the corner opposite the other object. The location index for the novel object location test was calculated as the time spent exploring the object in the novel location/(time spent exploring the object in the novel location + time spent exploring the object in the familiar location) × 100%.

Western blot assay

Western blotting assay was used for semi-quantitative analysis of markers related to A β metabolism, astrocytes, and neurons. After completing all behavioral tests, the mice in the CTL, AD, and ADT groups ($n = 3$ per group) were anesthetized by inhaling excessive isoflurane, as described above, and then euthanized by cervical dislocation. The hippocampal tissues were quickly removed on ice. An appropriate amount of mixture of radioimmunoprecipitation assay lysis buffer (P0013B, Beyotime, Shanghai, China) and phenylmethanesulfonyl fluoride (ST506, Beyotime) was added to the hippocampal tissue to make the tissue fully homogenized, and then tissues were centrifuged (approximately 8000 × g, 4°C, 15 minutes). The supernatants were used as samples, and the total protein concentration was measured with a bicinchoninic acid assay kit (P0012S, Beyotime). The proteins were diluted with protein loading buffer (P0015L, Beyotime),

subjected to sodium dodecyl sulfate-polyacrylamide gel electrophoresis, and transferred to polyvinylidene fluoride membranes. The membranes were blocked (room temperature, 2 hours) with 5% protein blocking solution (P0216, Beyotime), incubated with the primary antibody (4°C, 24 hours), washed five times (8 minutes/wash) with Tris-buffered saline with Tween-20 (ST825, Beyotime), and incubated with secondary antibody (37°C, 2 hours). Finally, the membranes were developed using the immobilized western chemiluminescent horseradish peroxidase substrate (WBKLS0100, Millipore, Burlington, MA, USA). The optical density of each band was measured using Quantum One software v4.6.2 (Bio-Rad, Hercules, CA, USA) and normalized to that of glyceraldehyde-3-phosphate dehydrogenase. The detailed antibody information is provided in **Table 1**.

Table 1 | Antibody information

Antibodies	Host species	Source	Catalog number	RRID No.	Concentration
Primary antibodies					
Anti- $A\beta_{42}$	Rabbit	Abcam, Cambridge, UK	ab201060	AB_2818982	1:1000 (WB), 1:200 (IHC), 1:2000 (IF)
Anti-NeuN	Rabbit	Millipore, Darmstadt, Germany	ABN78	AB_10807945	1:1000 (WB), 1:200 (IHC)
Anti-GFAP	Mouse	Cell Signaling Technology, Danvers, MA, USA	3670	AB_561049	1:1000 (WB), 1:200 (IHC), 1:2000 (IF)
Anti-APP	Rabbit	Solarbio, Beijing, China	K001592P	–	1:1000 (WB)
Anti-ADAM10	Rabbit	Abcam, Cambridge, UK	ab1997	AB_302747	1:1000 (WB)
Anti-CD10	Rabbit	Bioss, Beijing, China	bs-0527R	AB_10854297	1:1000 (WB)
Anti-IDE	Rabbit	Bioss, Beijing, China	bs-0018R	AB_10856467	1:1000 (WB)
Anti-BACE1	Rabbit	Bioss, Beijing, China	bs-0164R	AB_10857657	1:1000 (WB)
Anti-caspase 3	Rabbit	Proteintech, Rosemont, IL, USA	19677-1-AP	AB_10733244	1:1000 (WB)
Anti-GAPDH	Rabbit	Beyotime, Shanghai, China	AF1186	–	1:1000 (WB)
Secondary antibodies					
Goat anti-mouse IgG (H+L) [HRP]	Goat	ZSGB-BIO, Beijing, China	ZB-2305	AB_2747415	1:2000 (WB), 1:200 (IHC)
Goat anti-rabbit IgG (H+L) [HRP]	Goat	ZSGB-BIO	ZB-2301	AB_2747412	1:2000 (WB), 1:200 (IHC)
Anti-mouse IgG (H+L) [Alexa Fluor 594]	Goat	Cell Signaling Technology, Danvers, MA, USA	8890	AB_2714182	1:2000 (IF)
Anti-rabbit IgG (H+L) [Alexa Fluor 488]	Goat	Cell Signaling Technology, Danvers, MA, USA	4412	AB_1904025	1:2000 (IF)

$A\beta_{42}$: Amyloid- β 42; ADAM10: a disintegrin and metalloprotease domain 10; APP: amyloid precursor protein; BACE1: β -site amyloid precursor protein cleaving enzyme 1; CD10: nephrilysin; GAPDH: glyceraldehyde-3-phosphate dehydrogenase; GFAP: glial fibrillary acidic protein; HRP: horseradish peroxidase; IDE: insulin-degrading enzyme; IF: immunohistochemistry; IHC: immunohistochemistry; RRID: research resource identifiers; WB: Western blot.

Immunohistochemistry and immunofluorescence

The morphological changes of $A\beta$ deposition, astrocytes, and neurons were observed using immunohistochemistry and immunofluorescence staining. After completing all the behavioral tests, mice from the CTL, AD, and ADT groups ($n = 8$ per group) were deeply anesthetized by intraperitoneal injection with 75 mg/kg pentobarbital sodium (Sinopharm Chemical Reagent Co., Ltd., Shanghai, China), and perfused with 0.9% physiological saline and 4% paraformaldehyde at 4°C. The whole brains were fixed using 4% paraformaldehyde, dehydrated by sucrose, and then frozen coronal mouse brain sections containing the hippocampal region (20 μ m thick) were obtained using a cryostat (CM1900, Leica, Nussloch, Germany).

For immunohistochemistry, the target brain sections were washed with phosphate buffered saline (PBS; the concentration of PBS was 0.01 M unless otherwise specified) for 5 minutes; this was repeated three times, then sections were blocked with 3% H_2O_2 (room temperature, 30 minutes). The sections were washed three times with PBS (5 minutes/wash) and then blocked with 10% goat serum blocking solution (ZLI-9021, Zhongshan Biotech, Beijing, China) at 37°C for 30 minutes. Then, the sections were incubated with primary antibodies, including anti- $A\beta_{42}$, anti-glial fibrillary acidic protein (GFAP), and anti-NeuN (4°C, 24 hours). The sections were removed and washed with PBS three times (5 minutes/wash). The sections

were incubated with a horseradish peroxidase-conjugated goat anti-mouse or anti-rabbit antibody (37°C, 1 hour), and then washed with PBS three times (5 minutes/wash). Finally, the sections were developed for 2 minutes using diaminobenzidine-enhanced development solution (ZLI-9018, Zhongshan Biotech) and mounted on glass slides. Hippocampal slides subjected to immunohistochemistry for $A\beta_{42}$, GFAP, and NeuN from each group of mice were photographed using an optical microscope (BX60, Olympus, Tokyo, Japan). Image-Pro Plus 6.0 software (Media Cybernetics, Bethesda, MD, USA) was used to measure the integrated optical density (IOD) of $A\beta_{42}$, GFAP, and NeuN in the hippocampus in each group. The detailed antibody information is provided in **Table 1**.

For $A\beta$ /GFAP double immunofluorescence staining, brain sections were first washed with PBS three times (5 minutes/wash), and then blocked with 10% goat serum blocking solution (30°C, 30 minutes). Then, the sections were incubated with primary antibodies, including anti- $A\beta$ and anti-GFAP antibodies (4°C, 24 hours). The sections were removed and washed with PBS three times (5 minutes/wash). The sections were then incubated with fluorescein isothiocyanate-conjugated goat anti-mouse IgG and Cy3-conjugated goat anti-rabbit IgG (37°C, 1 hour), counterstained with 4',6-diamidino-2-phenylindole (D8417, Sigma-Aldrich, Poole, UK) (room temperature, 10 minutes), and then washed in PBS (three times, 5 minutes/wash). The sections were mounted using Fluoromount-G fluorescent mounting medium (0100-01, Southern Biotech, Birmingham, AL, USA) and stored in a dark box. Images of the sections subjected to immunofluorescence were taken using a laser scanning confocal microscope (Axio Observer.Z1/7, Zeiss, Jena, Germany). The only adjustments that were made during microscopy were rotation changes, brightness changes, contrast changes, and selection of the image size. The number of $A\beta_{42}$ and GFAP colocalization and non-colocalization was measured, and the ratio was calculated. The detailed antibody information is provided in **Table 1**.

Statistical analysis

No statistical methods were used to predetermine sample sizes; however, our sample sizes are similar to those reported in previous publications (Zhang et al., 2019; Luo et al., 2020). The loss rate of laboratory animals is about 4% due to anesthesia and natural death, and the lost animals were not included in the results. All data in this study are expressed as the mean \pm standard error of mean (SEM). SPSS 26.0 (IBM, Chicago, IL, USA) and GraphPad Prism software v8 (GraphPad Software, La Jolla, CA, USA) were used for statistical analysis and graphing of data. Data from the Morris water maze hidden platform test were analyzed using repeated-measures analysis of variance, with escape latency and path length on four consecutive days as the repeated measures variables, and "group" (CTL, AD, ADS, or ADT) as the independent variable. Data from the other experiments were analyzed using one-way analysis of variance. Tukey's *post hoc* test was used to detect significant between-group differences. Statistical significance was defined as a P -value < 0.05.

Results

AtDCS improves the performance of APP/PS1 mice in the Morris water maze test

In the visible platform test, there was no significant between-group differences in escape latency ($P > 0.05$; **Figure 3A**) or path length ($P > 0.05$; **Figure 3B**), which indicates that there were no differences in visual acuity or motor ability between the groups. In the hidden platform test, the escape latency and path length of the mice in each group showed a downward trend over time, and there were significant main effects of group and day on path length and escape latency (group: both, $P < 0.001$; day: both, $P < 0.001$; **Figure 3C and D**). In the probe test, the CTL and ADT groups made significantly more platform crossings (all, $P < 0.05$; **Figure 3E**) and spent significantly more time in the target quadrant (all, $P < 0.05$; **Figure 3F**) than the AD and ADS groups. Additionally, the CTL and ADT groups spent significantly longer in the target quadrant than in the other quadrants (both, $P < 0.001$), but there was no significant difference in the time spent in the different quadrants in the AD and ADS groups (both, $P > 0.05$; **Figure 3G**). In both the hidden platform and probe tests, the performance of the ADT group was not significantly different from that of the CTL group (**Figure 3**).

AtDCS improves the preference of APP/PS1 mice in the novel object recognition and novel object location tests

The discrimination ratio ($P < 0.001$; **Figure 4A**) and location index ($P < 0.005$; **Figure 4B**) of the AD and ADS groups in the novel object recognition and novel object location tests, respectively, were significantly lower than those in the CTL group. The ADT group showed a higher discrimination ratio ($P = 0.005$) and location index ($P < 0.001$) than the AD and ADS groups. There were no significant differences between the CTL and ADT groups in discrimination ratio and location index ($P > 0.05$; **Figure 4**).

AtDCS reduces $A\beta_{42}$ levels in the hippocampus of APP/PS1 mice

The behavioral tests revealed no significant differences in performance between the ADS and AD groups, which indicates that the tDCS manipulation had no effect on behavior. Therefore, we performed histological evaluation in the CTL, AD, and ADT groups. Compared with the AD group, the ADT group showed a lower $A\beta_{42}$ protein level in the hippocampus 6 weeks after the end of AtDCS ($P < 0.001$; **Figure 5A**). $A\beta_{42}$ was not observed in the CTL group (**Figure 5B**). In the representative images of immunohistochemistry, the IOD of $A\beta_{42}$ in the hippocampus was greater in the AD group than that in the ADT group (**Figure 5C and D**). The IOD of $A\beta_{42}$ in the ADT group was significantly lower than that in the AD group ($P < 0.001$; **Figure 5E**).

AtDCS reduces inflammation levels in the hippocampus of APP/PS1 mice

The western blot results showed that the GFAP protein level in the hippocampus was significantly lower in the ADT group than in the AD group ($P < 0.001$), but also significantly higher in the ADT group than that in the CTL group ($P < 0.05$, **Figure 6A**). In the hippocampus, GFAP immunohistochemical staining was weaker in the ADT group than in the AD group, and there were fewer glial fibrils and protrusions in the ADT group. There was obviously more GFAP in the AD group than in the ADT group (**Figure 6B**). The IOD of GFAP in the three subregions of the hippocampus, i.e., the dentate gyrus (DG), CA2-3, and CA1, differed significantly between the three groups ($P < 0.001$; **Figure 6C**).

AtDCS protects hippocampal neurons in APP/PS1 mice

NeuN is a marker of mature neurons (Gusel'nikova and Korzhevskiy, 2015). The western blot results showed that the NeuN protein level of the CTL group was significantly higher than that of the AD group ($P < 0.001$) and ADT group ($P < 0.05$), and that the NeuN protein level in the ADT group was significantly higher than that in the AD group ($P < 0.05$; **Figure 7A**). In the hippocampus, the protein expression of caspase 3, which is related to apoptosis, was significantly downregulated in the ADT group compared with the AD group ($P < 0.001$; **Figure 7B**). Neurons in the CTL group were relatively intact and densely stained. However, neurons in the AD group were missing and sparse. Obviously intact neurons could be seen in the ADT group (**Figure 7C**). The IOD of NeuN in the three subregions of the hippocampus, i.e., the DG, CA2-3, and CA1, differed significantly between the three groups ($P < 0.005$; **Figure 7D**).

AtDCS regulates A β metabolism in the hippocampus of APP/PS1 mice

APP, β -site amyloid precursor protein cleaving enzyme 1 (BACE1), a disintegrin and metalloprotease domain 10 (ADAM10), neprilysin (NEP, also known as CD10), and insulin-degrading enzyme (IDE) are associated with A β metabolism (Yoon and Jo, 2012; Barage and Sonawane, 2015). The protein levels of APP and BACE1 in the hippocampus were significantly higher in the AD group than in the CTL group (both, $P < 0.001$), and the protein levels of ADAM10, CD10, and IDE were significantly lower (all $P < 0.001$). Among the APP/PS1 mice, APP and BACE1 protein levels in the hippocampus were significantly lower in the ADT group than in the AD group (both, $P < 0.001$), and the protein levels of ADAM10, CD10, and IDE were significantly higher (all, $P < 0.005$; **Figure 8**).

Colocalization of A β_{42} and GFAP in the hippocampus of APP/PS1 mice

Consistent with the western blot and immunohistochemistry results, the confocal results showed that the GFAP level in the ADT group was lower than that in the AD group and higher than that in the CTL group. Since no A β_{42} was observed in the CTL group, there was no green labeling in the CTL group under immunofluorescence (**Figure 9A**). The amount of green A β_{42} in the ADT group was significantly less than that in the AD group, and the area of A β_{42} was relatively small. Consistent with previous research (Itagaki et al., 1989; Luo et al., 2020), in which high expression levels of A β_{42} were reported, high expression levels of GFAP were also found (**Figure 9B and C**). The colocalization of A β_{42} and GFAP existed in both AD and ADT groups (**Figure 9B and C**). The ratio of this phenomenon in the ADT group was significantly higher than that in the AD group (**Figure 9D**).

Discussion

This study evaluated the long-term effect of AtDCS in a mouse model of preclinical AD. Six weeks after APP/PS1 mice in the preclinical stage of AD had been subjected to AtDCS, the mice showed improvements in cognitive ability and spatial learning and memory, the levels of A β and GFAP in the hippocampus were reduced, and neurons were relatively intact. These results indicate that the effect of AtDCS in APP/PS1 mice in the preclinical stage of AD can last at least 6 weeks. Thus, AtDCS is a promising treatment that might effectively delay the course of AD. In addition, this study also found that A β metabolism was improved in APP/PS1 mice after AtDCS, which indicates that AtDCS may effectively treat AD by regulating A β metabolism. The colocalization of A β and GFAP suggests that astrocytes play a crucial role in the long-term effect of AtDCS on the clinical course of AD.

A β is a typical pathological marker of the AD pathophysiological process (Barage and Sonawane, 2015; Chen et al., 2017), and spatial memory is one of the earliest affected functions (Gazova et al., 2012; Boccia et al., 2016). Previous studies have reported that, at the age of 6 months (approximately 26 weeks), APP/PS1 mice began to develop A β deposits in the hippocampus (Jankowsky et al., 2004; Zhang et al., 2007), exhibited significantly decreased NEP levels (Zhou et al., 2017), and began to show spatial memory defects (Luo et al., 2020). Thereafter, the A β level increased sharply, and recognition memory was impaired for about 30 weeks (Murphy et al., 2007; Zhang et al., 2007; Woo et al., 2010). According to the definition of the preclinical stage of AD (Sperling et al., 2011), 26-week-old APP/PS1 mice can be considered as being in the preclinical stage of AD. At 8 months (approximately 34 weeks) of age, the AD group considered to be in the clinical stage of AD showed spatial and recognition memory deficits, which is consistent with other studies (Woo et al., 2010; Cai et al., 2017). Therefore, we chose to subject mice to AtDCS at 26 weeks of age and to the Morris water maze, novel object recognition, and novel object location tests to assess spatial learning, memory, and recognition memory, respectively, at 34 weeks of age.

AtDCS can delay the progression of AD for at least 6 weeks

The 26-week-old APP/PS1 mice exhibited improvements in memory-related behavior 6 weeks after AtDCS. This improvement was reflected not only by

the Morris water maze performance, but also by the discrimination ratio and location index in the novel object recognition and novel object location tests, respectively. Previous studies have reported that the Morris water maze performance of 26-week-old APP/PS1 mice improved immediately after AtDCS, and they did not show recognition memory deficits (Luo et al., 2020). This further verified that the mice were in the clinical stage of AD at 34 weeks of age. These results are direct evidence that AtDCS can delay the course of AD.

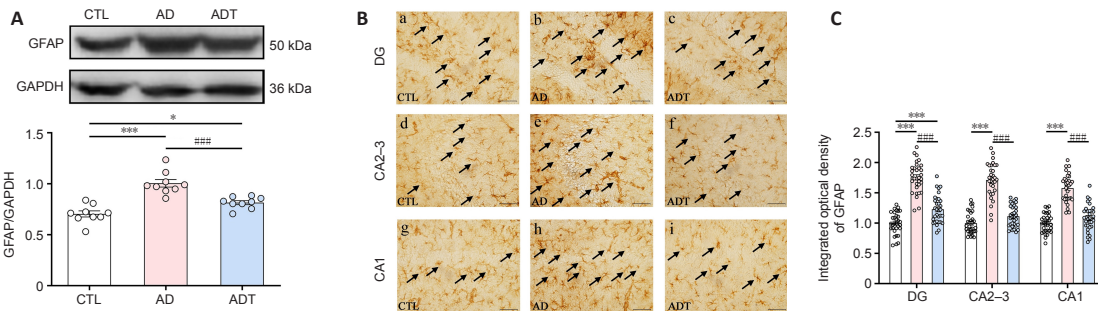
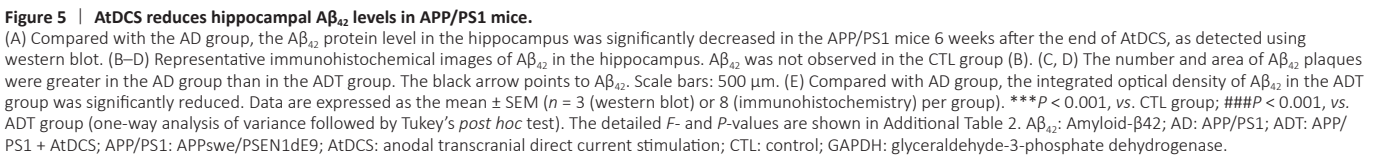
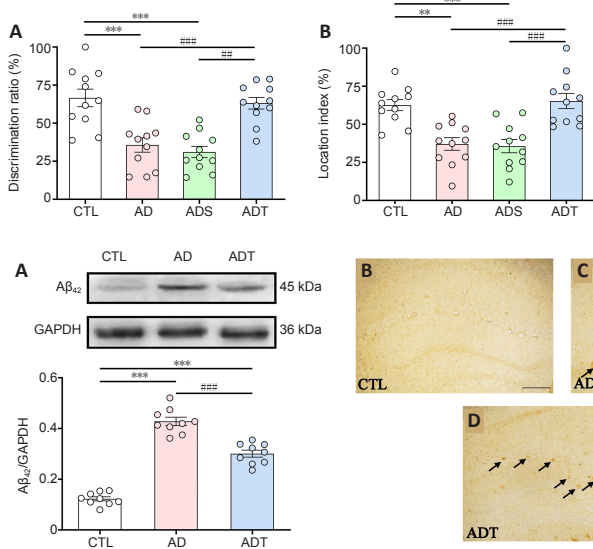
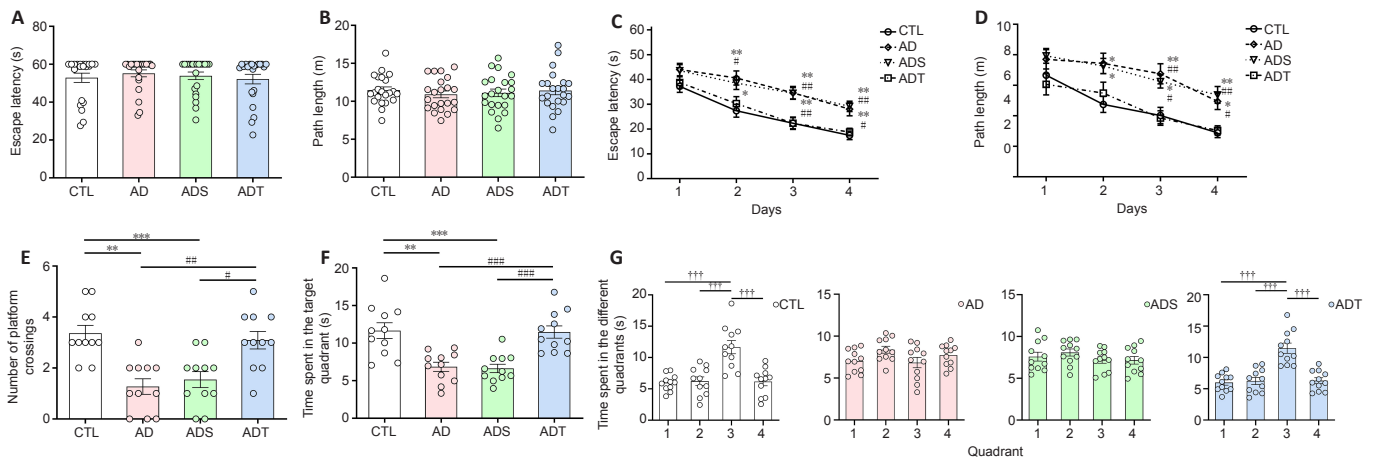
Histological analysis showed an improvement in the pathological status of the ADT group, which may be associated with the observed behavioral improvements. The amyloid hypothesis is the primary explanation for the pathogenesis of AD (Barage and Sonawane, 2015; Selkoe and Hardy, 2016). The neurotoxic properties of abnormal A β deposits lead to neuroinflammation, synaptic dysfunction, and neuronal damage and apoptosis (Sperling et al., 2011; Hughes et al., 2020). A β immunotherapy can prevent the cognitive deficits observed in AD model mice (Carrera et al., 2015) and reduce A β levels and inflammation (Sevigny et al., 2016). A reduction in the A β level is accompanied by a decrease in neuroinflammation and normalization of neurons, so it is not surprising that reducing the level of A β slows the progression of AD. Eight-month-old APP/PS1 mice exhibited high levels of A β in the hippocampus, severe inflammation, neuronal disorders, and impaired behavior, which is in line with the symptoms of AD. Twenty-six-week-old APP/PS1 mice in the preclinical stage of AD had significantly lower A β and GFAP levels after AtDCS and had relatively intact neurons (Luo et al., 2020). These parameters were the same in 26-week-old APP/PS1 mice and at 6 weeks after AtDCS. A reduction in A β levels induces long-term clinical benefits in AD mice in the preclinical stage (Sevigny et al., 2016). This finding once again verified that AtDCS had a profound effect on AD model mice in the preclinical stage at the histological level and that this persisted over time. However, it is unclear how AtDCS reduces A β levels.

AtDCS may reduce A β levels by regulating A β metabolism

The unbalanced production and degradation of A β lead to its abnormal accumulation. APP produces A β under the action of β -secretase (canonical β -secretase, BACE1) and γ -secretase (Chen et al., 2017; Patwardhan and Belemkar, 2021). A significant increase in BACE1 levels contributes to the production of A β (Cole and Vassar, 2007). ADAM10 is the main α -secretase of the nonamyloidogenic processing pathway of APP, which can limit the amyloidogenic processing of APP (Kuhn et al., 2010). It has been reported that higher levels of ADAM10 help reduce the formation of A β and increase the generation of the neuroprotective soluble N-terminal APP domain, which is released by α -secretase (Postina et al., 2004). In the ADT group, the levels of APP and BACE1 were decreased, and the levels of ADAM10 were increased, which indicates that AtDCS reduced the production of A β . CD10 and IDE are considered the main peptidases involved in the degradation of A β , and can promote the degradation and clearance of A β (Jha et al., 2015). In the ADT group, the levels of CD10 and IDE were increased, which suggests that AtDCS increased the degradation of A β . On the basis of this finding, we can speculate that AtDCS reduces the production of A β by promoting the nonamyloidogenic processing pathway and reducing the amyloidogenic processing pathway of APP, and increasing the degradation to reduce the abnormal deposition of A β , thereby slowing the course of AD. However, whether AtDCS directly or indirectly regulates A β metabolism needs to be verified by further studies.

AtDCS may reduce A β levels by participating in the regulation of glial cells

In the AD group, A β_{42} and GFAP were colocalized, which is consistent with previous reports (Medeiros and LaFerla, 2013; Luo et al., 2020). Compared with the AD group, in the ADT group, the rate of this phenomenon increased significantly. GFAP is a marker of astrocyte activation (Benninger et al., 2016; Carter et al., 2019). Activated astrocytes function normally and can express A β -degrading enzymes to participate in the degradation and clearance of extracellular A β , act through the lysosomal system within astrocytes to engulf and degrade A β , or interact with neurons and capillary endothelial cells that form the blood-brain barrier to participate in the clearance of A β , thereby reducing the neurotoxicity caused by A β deposition *in vivo* (Wyss-Coray et al., 2003; Apátiga-Pérez et al., 2021; Price et al., 2021). However, astrocytes can accelerate the process of AD under pathological conditions. According to the two-hit hypothesis of AD, blood-brain barrier damage involving astrocytes disrupts the homeostasis of A β metabolism (Zlokovic, 2011), and the loss of receptors in astrocytes also reduces the clearance of A β (Basak et al., 2012), which implies that astrocyte-mediated inhibition of A β degradation is related to the accumulation of A β . AtDCS regulates astrocytes and can initially increase their activation (Wachter et al., 2011; Pikhovych et al., 2016). In this study, AtDCS regulated A β metabolism and reduced the levels of A β and GFAP. Therefore, it is possible that the reduction in A β plaques in APP/PS1 mice after AtDCS was mediated by astrocytes. AtDCS initially increases the number of astrocytes to promote A β clearance, thus reducing A β levels; in turn, this decrease in A β levels leads to a subsequent reduction in the number of astrocytes, thereby slowing down the development of AD. Further research is needed to reveal the mechanism underlying this process. In addition, in AD, astrocytes have a high resting level of Ca²⁺ and produce synchronous activity near A β plaques (Kuchibhotla et al., 2009). Ca²⁺ signaling dysfunction in astrocytes can promote the development of AD (Alzheimer's Association Calcium Hypothesis Workgroup, 2017; Gómez-Gonzalo et al., 2017). Whether AtDCS regulates astrocytes through calcium signaling requires further exploration.



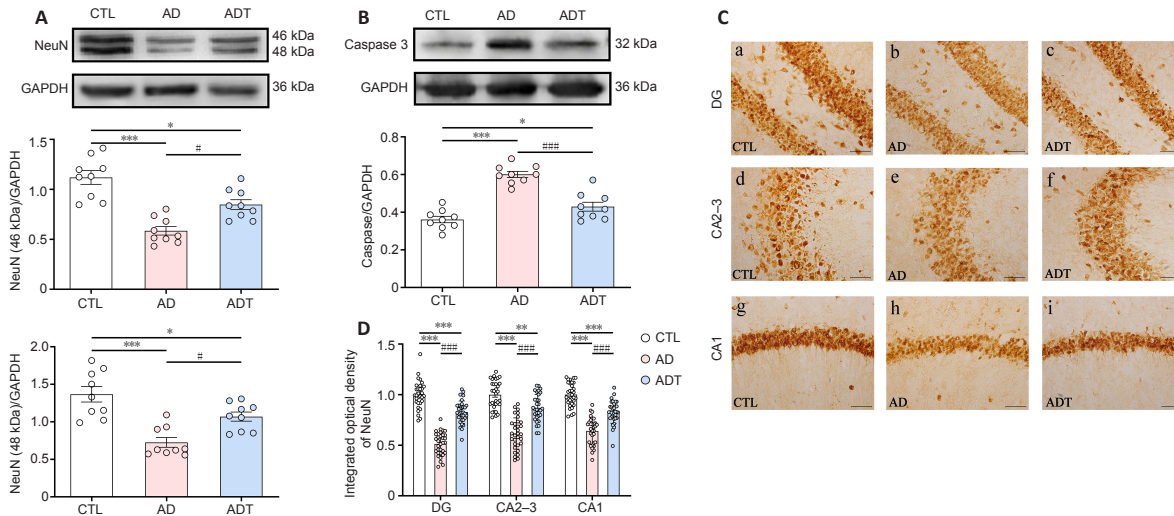


Figure 7 | AtDCS protects hippocampal neurons in APP/PS1 mice.

(A, B) The NeuN protein level was significantly decreased (A), and the protein level of caspase 3 was significantly downregulated (B) in the hippocampus of APP/PS1 mice 6 weeks after the end of AtDCS. (C) Representative immunohistochemical images of NeuN in the hippocampus. Neurons in the CTL group and ADT group were relatively intact and densely stained. Neurons in the AD group were missing and sparse. Scale bars: 200 μ m. (D) Compared with that of the AD group, the integrated optical density of NeuN in the ADT group was significantly reduced. Data are expressed as the mean \pm SEM ($n = 3$ (western blot) and 8 (immunohistochemistry) from each group). * $P < 0.05$, ** $P < 0.005$, *** $P < 0.001$, vs. CTL group; # $P < 0.05$, ### $P < 0.001$, vs. ADT group (one-way analysis of variance followed by Tukey's *post hoc* test). The detailed *F*- and *P*-values are shown in Additional Table 2. AD: APP/PS1; ADT: APP/PS1 + AtDCS; APP/PS1: APPswe/PSEN1dE9; AtDCS: anodal transcranial direct current stimulation; CTL: control; DG: dentate gyrus; GAPDH: glyceraldehyde-3-phosphate dehydrogenase.

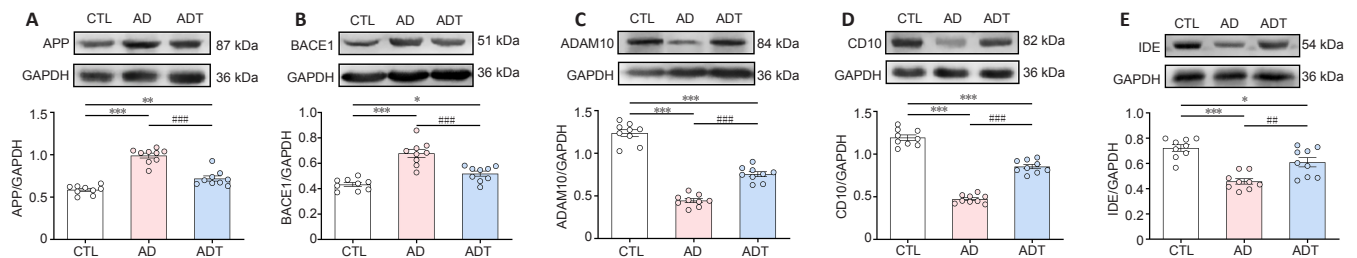


Figure 8 | AtDCS regulates the metabolism of hippocampal A β in APP/PS1 mice.

(A–E) In the hippocampus, the protein levels of APP (A) and BACE1 (B) were significantly decreased, and the protein levels of ADAM10 (C), CD10 (D), and IDE (E) were obviously increased in APP/PS1 mice 6 weeks after the end of AtDCS. Data are expressed as the mean \pm SEM ($n = 3$ per group). * $P < 0.05$, ** $P < 0.005$, *** $P < 0.001$, vs. CTL group; ## $P < 0.005$, ### $P < 0.001$, vs. ADT group (one-way analysis of variance followed by Tukey's *post hoc* test). The detailed *F*- and *P*-values are shown in Additional Table 2. AD: APP/PS1; ADAM10: A disintegrin and metalloprotease domain 10; ADT: APP/PS1 + AtDCS; APP: amyloid precursor protein; APP/PS1: APPswe/PSEN1dE9; AtDCS: anodal transcranial direct current stimulation; BACE1: β -site amyloid precursor protein cleaving enzyme 1; CD10: Nephrilysin; CTL: control; DG: dentate gyrus; GAPDH: glyceraldehyde-3-phosphate dehydrogenase; IDE: insulin-degrading enzyme.

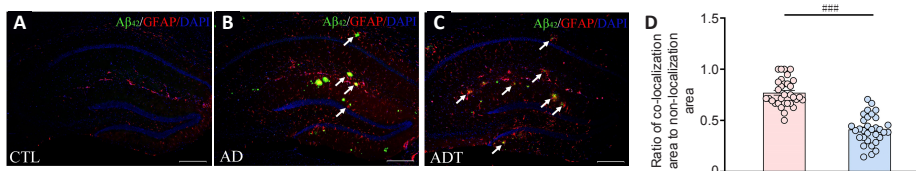


Figure 9 | Results of double immunofluorescence staining for A β and GFAP in the hippocampus in the three groups.

(A) No A β_{42} was observed in the CTL group. (B, C) The white arrows point to the colocalization areas of A β_{42} (green, Alexa Fluor 488) and GFAP (red, Alexa Fluor 594). The colocalization of A β_{42} and GFAP (arrows) in the ADT group was more obvious than that in the AD group. Scale bars: 500 μ m. (D) The ratio of colocalization of A β_{42} and GFAP in the ADT group was significantly higher than that in the AD group. Data are expressed as the mean \pm SEM ($n = 8$ per group). ### $P < 0.001$, vs. ADT group (one-way analysis of variance followed by Tukey's *post hoc* test). The detailed *F*- and *P*-values are shown in Additional Table 2. A β_{42} : Amlod- β 42; AD: APP/PS1; ADT: APP/PS1 + AtDCS; APP/PS1: APPswe/PSEN1dE9; AtDCS: anodal transcranial direct current stimulation; CTL: control; DAPI: 4',6-diamidino-2-phenylindole; GFAP: glial fibrillary acidic protein.

AtDCS may reduce A β levels through exerting a neuroprotective effect

Apoptosis leads to an increase in A β levels, and neuronal damage is one of the potential mechanisms underlying AD (Cotman and Su, 1996; Gervais et al., 1999). Some studies have confirmed that caspase 3 is activated during A β -induced neuronal apoptosis (Chang et al., 2016) and that caspase 3 immunoreactivity is activated in patients with AD (Bredesen et al., 2006) and in animal models of AD (Li et al., 2020). Upregulation of caspase 3 expression can exacerbate the proteolysis of APP, resulting in the production of high levels of cytotoxic A β peptides and leading to A β -induced neuronal stress (Gervais et al., 1999). tDCS has been shown to exert neuroprotective effects in animal models of ischemic stroke (Zhang et al., 2020). In the animal model of AD used in the present study, AtDCS decreased the levels of caspase 3 and APP, increased the level of NeuN, and maintained the integrity of neurons, which suggests that AtDCS may reduce the production of A β by inhibiting the apoptosis pathway and exerting a neuroprotective effect. During AtDCS, membrane depolarization is accompanied by the activation of Ca $^{2+}$ channels. Ca $^{2+}$ channel blockers can eliminate the long-term effect of AtDCS (Nitsche et al., 2003). It remains unknown whether the neuroprotective effect of AtDCS is related to Ca $^{2+}$ signaling.

The stimulation parameters of tDCS, such as stimulation polarity, stimulation

target, stimulation cycle, and charge density (current intensity \times duration/electrode size), are highly heterogeneous across different studies, which will inevitably lead to different effects of the treatment on AD (Ciullo et al., 2021). In most studies, AtDCS has been demonstrated to bring more benefits than cathode tDCS in the treatment of patients with AD and animal models of AD (Yu et al., 2015; Luo et al., 2020; Gangemi et al., 2021). The frontal cortex, which was the target of tDCS in this study, is closely related to working memory (Owen et al., 1996; Wager and Smith, 2003). tDCS over the frontal cortex can improve the spatial learning and memory of APP/PS1 mice in the preclinical stage of AD, and the visual recognition and memory of patients with AD. The repeated tDCS cycle is based on tDCS treatment over the frontal cortex in people with depression (Boggio et al., 2008). These studies indicate that the frontal cortex could be a potential target for tDCS in the treatment of AD. Although our charge density (85.987 kC/m 2) is safe for use in mice (Pikhovych et al., 2016), due to the differences in the physiological systems of humans and animals, the charge density parameters cannot be recommended for clinical applications.

Our research has some limitations. This work only examined the treatment benefit 6 weeks after receiving two weeks of AtDCS treatment. It is not clear how long this treatment benefit lasts, or whether the effect after treatment is

affected by the length of treatment. It is also unknown how AtDCS reduces A β metabolism and glial cell expression. The role of AtDCS in the preclinical stage of AD is complex, and its mechanism involves various regulatory processes *in vivo*. It is necessary to study the relationship between Ca²⁺ signaling, glial cells, and A β metabolism to further elucidate the mechanism of AtDCS in AD treatment. Due to the wide phylogenetic gap between mice and humans with AD, the application of AtDCS in the preclinical stage of AD still needs continuous exploration.

In conclusion, our results show that the effect of AtDCS persisted for at least 6 weeks in APP/PS1 mice, which provides new insights into the mechanisms underlying the preventive and therapeutic effects of AtDCS in the preclinical stage of AD.

Author contributions: *Study design:* YPL, XLT, HZW; *experiment implementation:* YPL, ZL, CW, XFY, HZW; *data analysis:* YPL, ZL, CW, XFY; *manuscript drafting:* YPL, XYW, HZW; *manuscript revision:* YPL, ZL, CW, XFY, XYW, XLT, HZW. *All authors have read and approved the final manuscript.*

Conflicts of interest: *The authors have no conflict of interest to report.*

Availability of data and materials: *All data generated or analyzed during this study are included in this published article and its supplementary information files.*

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Additional files:

Additional Table 1: *F- and P-values in behavioral experiments.*

Additional Table 2: *F- and P-values in western blot, immunohistochemistry, and immunofluorescence.*

Additional file 1: *Open peer review report 1.*

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Additional Table 1 F- and P-values in behavioral experiments

Experiment	Variable	Degrees of freedom	F-value	P-value	
Morris water maze test					
Visible platform test	Escape latency				
	Group	3	0.532	0.661	
Hidden platform test	Path length				
	Group	3	0.299	0.826	
Hidden platform test	Escape latency				
	Group	3	21.817	< 0.001	
	Day	3	39.113	< 0.001	
	Group* Day	9	0.532	0.852	
	Path length				
Hidden platform test	Group	3	17.070	< 0.001	
	Day	3	21.717	< 0.001	
	Group* Day	9	0.492	0.881	
	Probe test	Crossing			
	Group	3	11.175	< 0.001	
Probe test	Retention time				
	Group	3	12.723	< 0.001	
	quadrant				
	CTL	3	14.379	< 0.001	
	AD	3	2.263	0.096	
Probe test	ADS	3	0.904	0.447	
	ADT	3	20.291	< 0.001	
	Novel object recognition test	Discrimination ration			
	Group	3	15.739	< 0.001	
Novel object location test	Location index				
	Group	3	13.677	< 0.001	

The data from the hidden platform task were analyzed by repeated measures analysis of variance. The data of other experiments were analyzed by one-way analysis of variance followed by Tukey's post hoc test. AD: APP/PS1; ADS: APP/PS1 + sham AtDCS; ADT: APP/PS1 + AtDCS; APP/PS1: APP^{swe}/PSEN1^{dE9}; CTL: control.

Additional Table 2 F- and P-values in western blot, immunohistochemistry, and immunofluorescence

Protein	Experiment	Variable	Degrees of freedom	F-value	P-value	
A β ₄₂	Western blot	A β ₄₂ /GAPDH Group	2	134.505	< 0.001	
	Immunohistochemistry	IOD Group	1	146.599	< 0.001	
GFAP	Western blot	GFAP/GAPDH Group	2	26.807	< 0.001	
	Immunohistochemistry	IOD of DG Group	2	97.955	< 0.001	
		IOD of CA2-3 Group	2	92.947	< 0.001	
		IOD of CA1 Group	2	76.224	< 0.001	
NeuN	Western blot	NeuN ₄₆ /GAPDH Group	2	23.677	< 0.001	
		NeuN ₄₈ /GAPDH Group	2	16.460	< 0.001	
	Immunohistochemistry	IOD of DG Group	2	135.840	< 0.001	
		IOD of CA2-3 Group	2	60.880	< 0.001	
		IOD of CA1 Group	2	71.139	< 0.001	
		Caspase 3 Western blot	Caspase 3/GAPDH Group	2	41.736	< 0.001
		APP Western blot	APP/GAPDH Group	2	62.117	< 0.001
		BACE1 Western blot	BACE1/GAPDH Group	2	28.623	< 0.001
ADAM10 Western blot	ADAM10/GAPDH Group	2	157.896	< 0.001		
CD10 Western blot	CD10/GAPDH Group	2	204.403	< 0.001		
IDE Western blot	IDE/GAPDH Group	2	20.995	< 0.001		
A β ₄₂ & GFAP	Immunofluorescence	Ratio of co-localization to non-localization Group	1	112.255	< 0.001	

The data were analyzed by one-way analysis of variance followed by Tukey's post hoc test. A β ₄₂: Amyloid- β ₄₂; ADAM10: a disintegrin and metalloprotease domain 10; APP: amyloid precursor protein; BACE1: β -site amyloid precursor protein cleaving enzyme 1; CD10: Neprilysin; DG: dentate gyrus; GAPDH: glyceraldehyde-3-phosphate dehydrogenase; GFAP: glial fibrillary acidic protein; IDE: insulin-degrading enzyme; IOD: integrated optical density.