

Effect of dietary inclusion of different lipid supplements on performance and carcass quality traits of growing beef heifers

Attilio Luigi Mordenti, Nico Brogna, Flavia Merendi, Luca Sardi, Marco Tassinari, Ludovica Maria Eugenia Mammi, Elisa Giaretta, Andrea Formigoni

Department of Veterinary Medical Sciences, University of Bologna, Ozzano dell'Emilia, Italy

Abstract

The aim of this study was to evaluate the impact of dietary extruded flaxseed and/or rumen-protected lipids on growth performance and carcass quality of growing beef heifers. Sixty-three crossbreed heifers (Charolais X Limousine) were distributed into seven experimental groups, balanced in terms of age and live weight. Diets fed to the groups were isoproteic and differed in both, the dietary lipid source (extruded linseed and/or rumen-protected conjugated linoleic acid) and the supplementation length (90 or 180 days before slaughtering), having the same total amount of lipids and vitamin E, during their finishing period. The results obtained in the present study confirm that in low-protein diets, the inclusion of rumen-protected CLA, alone or in combination with flaxseed, did not bring any evident effect on feed intake, performance and carcass quality traits of growing beef heifers.

Introduction

In order to increase nitrogen efficiency and reduce the environmental impact of the Italian beef production chain (Cozzi, 2007), the aim of this study was to evaluate the effects of the use of extruded flaxseed (EF) and/or rumen protected CLA (RPCLA) in low-protein diets on growth and on carcass quality of beef heifers, by identifying the most suitable dietary strategy to improve the effects of linoleic acid (Juarez *et al.*, 2012) and/or of *cis*-9,*trans*-11 and *trans*-10,*cis*-12 CLA isomers. Numerous physiological effects are attributed to conjugated linoleic acid isomers (CLAs). Several researches performed on pigs, dairy cattle and laboratory animals have shown that the supplementation of principal CLA isomers: the *cis*-9, *trans*-11 CLA improves animal

growth performance and feed efficiency (Pariza *et al.*, 2001), whereas *trans*-10, *cis*-12 CLA has anti-obesity effects, reducing body fatness (Pariza, 2004). To this aim, animals were fed diets differing in lipid dietary source (EF and/or RPCLA) and length of administration (90 vs. 180 days). The impact of these diets treatments on performance and carcass quality traits of growing beef heifers were evaluated.

Materials and Methods

The Scientific Ethics Committee on Animal Experimentation of the University of Bologna examined and approved the experimental protocol (n.: 71674-X/6 - All.: 63) used in this study.

Animals, diets and analysis

Sixty-three crossbreed heifers (Charolais X Limousin) were introduced at the Oasi farm (Rio Saliceto, Reggio Emilia, Italy) with similar characteristics (Age: 11±1 months and BW: 380±7 kg). After an adaptation period of 3 weeks, animals were randomly distributed into seven homogeneous dietary experimental groups, each consisting of 9 animals (3 heifers/pen; 3 pen/treatment); each animal had a space allowance of 4.5 m².

The diets of the experimental groups differed with respect to the lipid source, provided as supplement, and to the length of administration but, considering their entire experimental period (180 days), the same total amount of lipids was administered to the animals. Dietary groups were as follows: A) control (Basal diet (BD) supplemented with Megalac® and soybean meal (protein 14% and energy 1762 kcal/kg) for 180 days); B) BD plus 250 g EF head⁻¹ day⁻¹ and 1 g Vitamin E (VE) head⁻¹ day⁻¹ for 180 days; C) BD (first 90 days) followed by BD supplemented with 500 g EF head⁻¹ day⁻¹ and 2 g VE head⁻¹ day⁻¹ (last 90 days); D) BD supplemented with 25 g CLA head⁻¹ day⁻¹ and 1 g VE head⁻¹ day⁻¹ for 180 days; E) BD (first 90 days) followed by BD supplemented with 50 g CLA head⁻¹ day⁻¹ and 2 g VE head⁻¹ day⁻¹ (last 90 days); F) BD supplemented with 250 g EF head⁻¹ day⁻¹, 25 g CLA head⁻¹ day⁻¹ and 1 g VE head⁻¹ day⁻¹ for 180 days and G) BD supplemented with 250 g EF head⁻¹ day⁻¹ and 25 g CLA head⁻¹ day⁻¹ for 180 days. The seven experimental groups received five different diets for the first 90 days of the experimental period (C and E groups received the A diet) conversely, for the last 90 days of the trial animals received seven different diets. Diets were daily administered with a mixer wagon equipped with a weighing scale; the weight

Correspondence: Attilio Luigi Mordenti, Dipartimento di Scienze Mediche Veterinarie (DIMEVET), Università di Bologna, Via Tolara di sopra 50, 40064 Ozzano Emilia, Bologna, Italy.
Tel.: +39.051.2097381 - Fax: +39.051.2097373.
E-mail: attilio.mordenti@unibo.it

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of the mix uploaded in each pen were recorded daily, theorts that remained in the mangers were weighted by pen weekly and the dry matter intake (DMI) of each pen was recorded weekly, as the difference between the daily amount provided and the remainder. Water and total mixed ration (TMR) were administered *ad libitum*. TMR and supplements samples were taken on a monthly basis (n=6) and then transported to the DIMEVET laboratories for chemical analysis, the proximate analysis are reported in Tables 1 and 2. Table 2 shows also the percentage fatty acid composition of the experimental supplements lipid fractions, added directly to TMR. According to the experimental design, C diet provided a double intake of α -linolenic acid than B, E, F, D and G diets. The supplementation in the control group, included with wheat bran middlings, soybean meal, Megalac® and beet pulp, ensured the same theoretical lipid

amount as oleic acid content. The technical specifications of CLAs supplement (LUTA-CLA® 20) guarantee a *minimum* of 56% of conjugated linoleic acid methyl ester (28% *cis*-9, *trans*-11 CLA and 28% *trans*-10, *cis*-12 CLA). A triglycerides mixture (mainly stearic acid) was used as coating protection from ruminal hydrogenation and guarantee a good stability of the product.

All analyses on TMR and supplements were performed according to AOAC (2000), with the exception of fiber analysis (Van Soest, 1991). The fatty acid profile of each supplement was determined according to Folch *et al.* (1957) and Stoffel *et al.* (1959).

Growth and slaughtering parameters

Heifers were individually weighed on the same day at the beginning of the trial, after 90 days (mid trial) and after 180 days (end of the trial), in order to calculate average daily gain (ADG) and feed conversion rate (FCR) and feed efficiency (FE) (Table 3). When animals reached an average body weight of 675 kg, they were transported to a slaughtering facility (Unipeg, Reggio Emilia) and slaughtered on the same day. Hot carcass weights were registered. Carcasses were refrigerated for 24 h, and then re-weighed to record cold carcass weights; these data were used to calculate dressing-out percentages. Carcass traits were classified and recorded according to the EUROP classification grid (European Commission, 1991). Thus conformation was linearly scored in 18 classes from S+ (all muscle profiles extremely convex; superior muscle development) to P- (all muscle profiles concave to very concave; poor muscle development) considering the profiles of shoulders, loins, rump, thighs, and buttocks (S+ = 6.33; P- = 0.66), and fat

covering was linearly scored considering the presence and the thickness of subcutaneous fat depots at specific points of the body (1 = very lean; 5 = very fat). Twenty-four hours after slaughtering, a three-rib sample (20 cm of thickness from the 7th-9th thoracic vertebrae) of *Longissimus thoracis et lumborum* muscle (LT), was taken from the half right carcass of each of the 63 heifers. Each sample was deboned and the first and last slices were cut and discarded. After 30 min of exposure to air, two pH determinations were carried out in the LT muscle using an Orion portable pH meter (model 250A, Orion Research, Boston, MA), and color (L*, a*, b*) was measured using a Minolta Chromameter CR-200 (Illuminant D65, aperture size 8 mm; Minolta Camera, Osaka, Japan) and used to calculate Hue ($h = \tan^{-1} b^*/a^*$) and Chroma ($C^* = \sqrt{(a^*)^2 + (b^*)^2}$) values.

Statistical analysis

The animal data were analyzed by one-way factorial ANOVA with repeated measures, using Tukey's HSD as *post-hoc* test. The dietary treatment was used as the source of variation to determine whether there were any significant differences ($P \leq 0.05$). Each box was the experimental unit for all animal parameters measured; the individual sample of meat was the experimental unit for carcass quality analyses. Because of pre-existing differences between groups concerning initial live weight, analysis of covariance was used for rearing performances (final live weight, ADG, FCR and FE). These analyses were conducted using Statistica version 10 software (StatSoft Inc., Padova, Italy).

Table 1. Ingredients (kg/head per day) and chemical composition (% DM) of the TMR administered daily to heifers.

Items	Fatty acid composition		g/kg
Samples (n)	6		
DM (%)	42.8		
Ether extract	2.6		
Protein	12.1	C16:0	2.7
NPN	3.3	C18:0	0.6
Ash	6.7	C18:1n9	2.6
NDF	37.3	C18:2n6	4.0
ADF	22.0	C18:3n3	0.5
ADL	2.5	CLAs	-
Ca	0.8		
P	0.3		

DM=dry matter; NPN=non proteic nitrogen; NDF = neutral detergent fiber; ADF = acid detergent fiber; ADL = acid detergent lignin. Maize silage 8; Beet pulp silage 5; Corn meal 2.5; Straw 0.8; Concentrate 6. Concentrate included toasted soybean meal, sunflower meal, maize gluten, soybean meal, rice bran, cane sugar molasses, dicalcium phosphate, sodium bicarbonate, sodium chloride and dry yeast.

Table 2. Chemical composition of the experimental supplements administered to heifers.

Item	Experimental supplements						
	A	B	C	D	E	F	G
Samples (n.)	6	6	3	6	3	6	6
DM (%)	89.9	91.1	93.4	89.2	90.6	90.4	90.6
Protein (%)	23.1	24.0	22.2	26.0	25.8	23.1	22.2
Ether extract (%)	20.9	21.7	22.2	21.2	22.7	21.8	22.0
Fatty acid composition (g/kg)							
C16:0	16.6	13.9	10.6	25.9	35.3	18.6	18.1
C18:0	2.5	2.8	3.8	19.9	28.3	13.7	12.4
C18:1 cis 9	107.1	84.7	61.5	75.7	55.9	66.7	65.8
C18:2n-6	49.7	43.1	36.0	41.2	31.0	31.4	32.2
C18:3n-3	4.0	36.9	69.9	6.4	11.2	46.3	49.3
CLAs	-	-	-	13.1	20.9	7.2	6.7

DM=dry matter; CLAs=conjugated linoleic acid isomers. Groups: A) control (Basal diet supplemented with Megalac® and soybean meal (protein 14% and energy 1762 kcal/kg) for 180 days); B) Basal diet plus 250 g EF head⁻¹ day⁻¹ and 1 g Vitamin E (VE) head⁻¹ day⁻¹ for 180 days; C) Basal diet (first 90 days) followed by basal diet supplemented with 500 g EF head⁻¹ day⁻¹ and 2 g VE head⁻¹ day⁻¹ (last 90 days); D) Basal diet supplemented with 25 g CLA head⁻¹ day⁻¹ and 1 g VE head⁻¹ day⁻¹ for 180 days; E) Basal diet (first 90 days) followed by basal diet supplemented with 50 g CLA head⁻¹ day⁻¹ and 2 g VE head⁻¹ day⁻¹ (last 90 days); F) Basal diet supplemented with 250 g EF head⁻¹ day⁻¹, 25 g CLA head⁻¹ day⁻¹ and 1 g VE head⁻¹ day⁻¹ for 180 days and G) Basal diet supplemented with 250 g EF head⁻¹ day⁻¹ and 25 g CLA head⁻¹ day⁻¹ for 180 days.

Results

Regarding CLAs content shown in Table 2, D and E diets covered the expected levels, while F and G diets had lower CLAs levels than theoretical ones.

Table 3 reports the ADG, DMI, FCR and FE of the entire period: no statistically significant differences were observed. Moreover, no differences emerged in carcass traits. As regards the ADG of the first and the second parts of the trial, we have observed some statistical differences ($P \leq 0.05$) between the G group and the control one (in the first period, 0-90 d), and between the G group and E group (in the second period, 90-180 d); these differences become not significant considering the whole experimental period.

As reported in Table 4, considering dressing out and EUROP classification data

no differences were observed between groups. Carcass weight averaged 400.6 kg and dressing out percentage averaged 59.7 %; as regards slaughtering parameters, conformation averaged 3.96 and fat covering averaged 2.52. Significant differences ($P \leq 0.05$) were detected in the pH values measured at 24 h after slaughtering. In fact, the pH values of group A, C and E were significantly lower than others dietary groups. Regarding the color measurements performed in the fresh meat, particularly for L value, Hue and Chroma data no statistical differences were observed among the different treatments.

Discussion

As expected from literature (Schiavon *et al.*, 2010; Mordenti *et al.*, 2005) the use

of EF and/or CLA did not influenced DMI during the experimentation. The differences observed between groups in ADG (0-90 d) and ADG (90-180 d) have been irrelevant, due to the heifers' compensatory growth, in fact no differences have been observed in ADG of the entire trial. Concerning heifers' growth, slaughter weights and dressing out, our data were similar with our previous trials (Mordenti *et al.*, 2005). As regards physiological effects attributed to both major CLAs, they were not particularly evident in this trial. This fact is probably due both to the low protein density of the diet and to the use of a typical lean crossbreed (Charolais X Limousin) with a low-fat deposit in the body. The pH data, at 24 h from slaughter, are similar to those found by Juarez *et al.* (2012); the drop of meat pH value is a desirable factor to start protein denaturation and cathepsins activation (Keeton *et al.*, 2008).

Table 3. Animal parameters of heifers at the end of the trial.

Item	Experimental groups							SEM	P
	A	B	C	D	E	F	G		
Weight at 0 day (kg)	390 ^A	377 ^B	387 ^A	375 ^B	372 ^B	374 ^B	378 ^B	3.54	≤ 0.01
Weight at 90 days (kg)	522	534	534	537	507	515	553	5.40	n.s.
Weight at 180 days (kg)	667	681	686	676	661	666	686	4.39	ns
DMI 0-1801 (kg DM/d)	10.22	10.32	9.94	10.60	9.95	10.45	10.16	0.15	ns
ADG 0-901 (kg/d)	1.45 ^b	1.72 ^{ab}	1.62 ^{ab}	1.78 ^{ab}	1.48 ^{ab}	1.55 ^{ab}	1.84 ^a	0.04	≤ 0.05
ADG 90-1801 (kg/d)	1.60 ^{ab}	1.64 ^{ab}	1.68 ^{ab}	1.54 ^{ab}	1.70 ^a	1.68 ^{ab}	1.41 ^b	0.03	≤ 0.05
ADG 0-1801 (kg/d)	1.54	1.69	1.66	1.67	1.60	1.62	1.62	0.02	ns
FCR 0-1801	6.66	6.12	6.06	6.37	6.25	6.45	6.33	0.07	ns
FE 0-180	0.15	0.16	0.17	0.16	0.16	0.16	0.16	0.01	ns

Values in the same row with different superscripts are different (a and b, $P \leq 0.05$; A and B $P \leq 0.01$). SEM=standard error mean; DMI=dry matter intake; ADG=average daily gain; FCR=feed conversion rate; Groups: A) control (Basal diet supplemented with Megalac® and soybean meal (protein 14% and energy 1762 kcal/kg) for 180 days); B) Basal diet plus 250 g EF head⁻¹ day⁻¹ and 1 g Vitamin E (VE) head⁻¹ day⁻¹ for 180 days; C) Basal diet (first 90 days) followed by basal diet supplemented with 500 g EF head⁻¹ day⁻¹ and 2 g VE head⁻¹ day⁻¹ (last 90 days); D) Basal diet supplemented with 25 g CLA head⁻¹ day⁻¹ and 1 g VE head⁻¹ day⁻¹ for 180 days; E) Basal diet (first 90 days) followed by basal diet supplemented with 50 g CLA head⁻¹ day⁻¹ and 2 g VE head⁻¹ day⁻¹ (last 90 days); F) Basal diet supplemented with 250 g EF head⁻¹ day⁻¹, 25 g CLA head⁻¹ day⁻¹ and 1 g VE head⁻¹ day⁻¹ for 180 days and G) Basal diet supplemented with 250 g EF head⁻¹ day⁻¹ and 25 g CLA head⁻¹ day⁻¹ for 180 days. ¹Initial weight was used as a covariate for statistical analysis.

Table 4. Slaughtering parameters and carcass traits of heifers at the end of the trial.

Item	Experimental groups							SEM	P
	A	B	C	D	E	F	G		
Hot carcass weight (kg)	401	406	403	404	396	385	409	3.53	ns
Cold carcass weight (kg)	393	398	395	396	388	377	401	3.46	ns
Dressing out (%)	59.9	59.6	58.4	59.8	59.7	59.7	60.1	0.30	ns
EUROP									
Conformation	4.00	4.00	3.70	4.00	3.90	4.00	4.13	0.13	ns
Fat covering	2.70	2.78	2.40	2.33	2.30	2.67	2.50	0.20	ns
pH at 24 h	5.53 ^c	5.67 ^a	5.47 ^c	5.58 ^b	5.50 ^c	5.69 ^a	5.63 ^a	0.01	≤ 0.05
Color at 24 h									
L value	41.1	41.8	41.5	43.5	42.8	42.7	43.1	0.30	ns
a* value	27.4	28.7	29.4	28.5	27.1	30.6	27.7	0.43	ns
b* value	14.7	15.9	16.1	15.8	15.4	16.8	15.7	0.22	ns
Hue	0.49	0.51	0.50	0.51	0.52	0.50	0.52	0.01	ns
Chroma	31.1	32.8	33.6	32.6	31.2	34.9	31.9	1.73	ns

Values in the same row with different superscripts are different (a and b, $P \leq 0.05$; A and B $P \leq 0.01$). SEM=standard error mean; DM=dry matter; EF=extruded flaxseed; CLA=rumen-protected CLA; VE=vitamin E. Groups: A) control (Basal diet supplemented with Megalac® and soybean meal (protein 14% and energy 1762 kcal/kg) for 180 days); B) Basal diet plus 250 g EF head⁻¹ day⁻¹ and 1 g Vitamin E (VE) head⁻¹ day⁻¹ for 180 days; C) Basal diet (first 90 days) followed by basal diet supplemented with 500 g EF head⁻¹ day⁻¹ and 2 g VE head⁻¹ day⁻¹ (last 90 days); D) Basal diet supplemented with 25 g CLA head⁻¹ day⁻¹ and 1 g VE head⁻¹ day⁻¹ for 180 days; E) Basal diet (first 90 days) followed by basal diet supplemented with 50 g CLA head⁻¹ day⁻¹ and 2 g VE head⁻¹ day⁻¹ (last 90 days); F) Basal diet supplemented with 250 g EF head⁻¹ day⁻¹, 25 g CLA head⁻¹ day⁻¹ and 1 g VE head⁻¹ day⁻¹ for 180 days and G) Basal diet supplemented with 250 g EF head⁻¹ day⁻¹ and 25 g CLA head⁻¹ day⁻¹ for 180 days.

The cause of this statistical difference found in pH values is extremely difficult to evaluate because more than one factor plays an important role, such as: carcass fatness, animal age, breed, length of fasting period, transport time spent to the slaughtering facility, and then that waiting to the abattoir (Sgoifo Rossi *et al.*, 2009). In any case, this parameter did not impact the meat physical properties, such as instrumental color (at 24 h after slaughtering) and/or tenderness on fresh or cooked meat (obtained under conditions of cooking loss determination) (Mordenti *et al.*, 2018). Moreover, after meat ageing (Mordenti *et al.*, 2018), no significant pH differences were observed among treatments.

Conclusions

The results obtained in the present study confirm that in low-protein diets, the inclusion of rumen-protected CLA, alone or in combination with EF, did not highlight any evident effect on performance and carcass quality traits of growing beef heifers. Considering the length of administration (90 or 180 days), the inclusion of rumen-protected CLA and/or in combination with flaxseed, has not led any additional further effect.

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