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Review article

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CAR-NK cells in combination therapy against cancer: A potential paradigm

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ABSTRACT

Various preclinical and a limited number of clinical studies of CAR-NK cells have shown promising results: efficient elimination of target cells without side effects similar to CAR-T therapy. However, the homing and infiltration abilities of CAR-NK cells are poor due to the inhibitory tumor microenvironment. From the perspective of clinical treatment strategies, combined with the biological and tumor microenvironment characteristics of NK cells, CAR-NK combination therapy strategies with anti-PD-1/PD-L1, radiotherapy and chemotherapy, kinase inhibitors, proteasome inhibitors, STING agonist, oncolytic virus, photothermal therapy, can greatly promote the proliferation, migration and cytotoxicity of the NK cells. In this review, we will summarize the targets selection, structure constructions and combinational therapies of CAR-NK cells for tumors to provide feasible combination strategies for overcoming the inhibitory tumor microenvironment and improving the efficacy of CAR-NK cells.

1. Introduction

Chimeric antigen receptor (CAR)-modified immune effector cell (CAR-T/NK) therapy is a tumor adoptive therapy developed in recent years. At present, CAR-T cell therapy has been proven to be an effective tumor therapy, especially the application of CD19-targeted CAR-T cells in B cell originated leukemia and lymphoma [1]. However, extra-target toxicity, cytokine release syndrome (CRS) and graft-versus-host disease (GVHD) have limited their further clinical applications [2]. CAR-T cell therapy is highly personalized because the cells used come from the patients themselves, which can be expensive, time-consuming, and sometimes fail to achieve the best results due to the poor quality and/or quantity of patient-derived T cells [3]. Natural killer (NK) cells are considered an

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alternative to modified T cells because NK cells inherently lack these disadvantages and have a wide range of sources. CAR-NK cell therapy is therefore safer than CAR-T cell therapy and is becoming a research hotspot in the field of tumor immunity [4]. NK cells express significantly lower levels of PD-1 and hardly cause immune suppression, which makes NK cells a good candidate for fighting solid tumors, establishing the way for their wide applications in allogeneic environments and the generation of nonspecific cell therapeutic products [5]. In addition, NK cells promote the migration of dendritic cells into tumors, thereby enhancing the effect of anti-PD-1/PD-L1/CTLA4 immunotherapy [6]. Therefore, NK cells play an important role in tumor killing.

CAR-NK cell therapy has been proven to kill malignant hematological tumors and solid tumor cells in preclinical and clinical trials, showing its potential as an off-the-shelf product with wide clinical applications [7]. These encouraging findings demonstrate that CAR-NKs are an attractive cancer treatment and pave the way for their further development. In solid tumors, although preclinical data are encouraging, clinical data are still in their infancy. In this case, there are still some challenges to using CAR cell therapy, such as how to effectively deliver CAR-NK cells to tumor tissues, how to improve CAR-NK cell persistence and activity within tumors, and how to deal with tumor immune escape. New technologies and improvements are being explored both preclinically and clinically, aiming to solve the obstacles of CAR cell therapy for solid tumors or to explore new methods centered on cellular immunotherapy and combined with other antitumor strategies that may achieve better therapeutic effects [8]. In this review, we will summarize the target selection, structure construction and combination therapy strategies of CAR-NKs for cancer.

1.1. Selection of CAR-NK targets

To achieve the effective treatment of tumors by CAR-NK cells, it is particularly important to select the appropriate target antigen in the first step of CAR molecular design [9]. A properly selected target plays a central role in determining the success of CAR-NK cell therapy. Ideally, target antigen should be overexpressed on tumor tissue, with no or low expression on normal cells. At the same time, antigens also need to have cell membrane localization able to be recognized by the CAR-NK cells [10]. CAR targets can be broadly classified into four categories, namely, tumor-specific antigen (TSA), tumor-associated antigen (TAA) [11], cancer-associated stromal cell (CASC) surface antigen, and glycolipid antigen. This category covers almost all targets currently under study [10,12]. Therefore, the potential targets of CAR therapy can be flexibly selected over a wide range. The key to target antigen selection is to find one with better safety, specificity and effectiveness for the modified NK cell therapy. At present, CD19, B cell maturation antigen (BCMA) and CD33 are the most common CAR targets in malignant hematological diseases, while MSLN, GD2, HER2, carcinoembryonic antigen (CEA), GPC3 and EGF receptor variant III (EGFRVIII) are the most common CAR targets in solid cancers [11]. However, CD19 CAR therapy for lymphoma or lymphoblastic leukemia is the most studied indication in clinical practice and the only target of current FDA-approved therapies. Therefore, the selection of appropriate targets is an important challenge in the clinical application of CAR-NK cell immunotherapy in cancer research [13,14].

1.2. Design and construction of CAR-NK cells

CAR is the core component of CAR-T/CAR-NK cells, which are generally composed of three structures: the extracellular domain, transmembrane domain and intracellular domain [15]. At present, CAR cell therapy is widely used in targeted immunotherapy. Based on the intracellular activation domain, five generations of CAR vector designs have been produced [16] (Fig. 1). The first generation of CARs contains only antigen recognition domains derived from scFv antibodies (targeting the cell membrane antigens) and CD3 ζ signal domains (effector cell activation) [17]. On the basis of the original intracellular signal region, one or two costimulatory signal elements, such as CD28, OX-40 and 4-1BB, are connected in series to derive the second- and third-generation CARs, and the CAR structure with the introduction of cytokines and costimulatory ligands is called the fourth-generation CAR [18]. The second generation can



Fig. 1. Evolution of chimeric antigen receptor (CAR)-NK cell structure over time: The structural components of the 1st, 2nd, 3rd, 4th and 5th generation of CAR. The number and composition of intracellular activation domains determines CAR generation. Various combinations of activating domains are used to mount a strong antitumor response. One example of a "fourth-generation" CAR is shown, coexpressing stimulating cytokines or chemokines. The 5th CAR generation or next is based on the second generation CAR, but they contain a truncated cytoplasmic IL-2 receptor β -chain domain with a transcription factor STAT3 binding site. The different CAR generations are designed to further improve the therapeutic activity of the CAR-based immunotherapies. Abbreviations: scFv, single-chain variable fragment; TM, transmembrane.

improve the cytotoxicity, proliferation activity and survival time of NK cells, increase the release of cytokines induced by antigens, and upregulate antiapoptotic proteins, which enhance the antitumor effect [19]. The third-generation CAR contains a structure with two costimulatory domains [20] to further improve the signal transduction function so that CAR-NK cells have greater in vivo expansion capacity and longer persistence [21]. The fourth generation of CAR, also known as TRUCK (T cells redirected for universal cytokine killing), encodes CAR or its promoters, suicide genes, cytokines, chemokines, etc., and further produces effective secondary signals under the stimulation of the above molecules. These secondary signals are recognized by other components of the immune system, which further amplifies the antitumor immune effect, prolongs the survival time of cells in the body and enhances the killing ability of the related immunological cells. It effectively reduces toxicity and side effects and becomes more controllable [16,22–24].

At present, fifth-generation CARs are being explored. These CARs are based on the second-generation CARs, but they contain a truncated cytoplasmic IL-2 receptor β -chain domain with a transcription factor STAT3 binding site. The antigen-specific activation of the receptor triggers TCR (through CD3 ζ), costimulatory (CD28) and cytokine (JAK-STAT3/5) signals, which effectively provide all three physiologically necessary cooperative signals to drive T cell activation and proliferation [16]. Other variants of CAR, such as double CAR, dissociated CAR and inducible segregated CAR, are also being explored to further improve the specificity and controllability of T cell infusion. At present, second- and third-generation CAR designs are mainly used in clinical research and achievement transformation, and fourth- and fifth-generation CARs have gradually attracted increasing attention.

1.3. Database analysis of CAR-NK cell applications

We searched the PubMed database and found that there were 153 CAR-NK preclinical studies, of which 95 CAR-NK cells were derived from cell lines (mainly NK-92 or NK-92MI) and 58 study cells were from primary cells (as of August 31, 2022) (Fig. 2). All of these studies introduced foreign antigen-binding motifs from tumor-targeted monoclonal antibodies into cells. The common targets of solid tumors are HER2 (16 items); GD2 (7 items); GPC3 (7 items); EGFR (5 items); EGFRvIII (5 items); PDL1 (5 items); MSLN (5 items); EpCAM (5 items); PMSA (6 items); NKG2D (3 items); B7H3 (2 items); PSCA (3 items); and CD147 (2 items), among which HER2, GD2, GPC3, EGFRvIII, PDL1, MSLN and EpCAM have been more studied. In addition, there are also B7H6, FRa, DLL3, CD44, CD73, CEA1, CD25, HLA-G, Robo and other target studies. The common research targets of hematological tumors are CD123, CD138, CD20, CD33, CD38, CD5, CD7, CD19, CD22, BCMA, etc., among which CD19 is the most common, up to 36, followed by CD123 and CD20. The analysis revealed that Her2 (expressed on a subset of cancer cells of breast, gastric and colon) was the most commonly used target of solid tumors, whereas CD19 antigen (B-cell malignancies) was the most common in hematologic diseases. The number of preclinical studies on CAR-NK cells is increasing year by year (Fig. 2A). Statistically, it has been found that the proportion of studies on solid tumors and hematologic diseases is similar (78 cases of solid tumors and 75 cases of hematologic malignancies). Interestingly, the number of CAR-NK cell lines studied in solid tumors is approximately twice that of hematological malignancies, which are mostly studied using primary NK cells (Fig. 2B). In terms of research area, 30 projects (19.6%) were from China, 44 projects (28.8%) were from Germany, and 48 projects (31.4%) were from the United States. The total proportion of other countries was 20.2% (Fig. 2C). From the analysis of the CAR molecular domain, the first generation of CAR molecular research is rare and now mainly focuses on the second and third generations of CAR research. The second generation of CAR research is the majority, accounting for approximately 48.4%. The third-generation CAR accounted for approximately 20.3%, showing an increasing trend year by year. The studies on fourthgeneration CAR molecules have also been emerging, accounting for approximately 9.2% at present (Fig. 2D).

Forty-three registered CAR-NK clinical trials are currently available from the clinicaltrials.gov database. As of August 31, 2022, many studies are still in early planning or are enrolling in ClinicalTrials.gov. Of these, 25 were hematologic diseases and 17 were solid



Fig. 2. CAR-NK cells: growing interest and data from preclinical and clinical studies. (A) Bar graph showing the number of manuscripts reporting experimental data on human CAR-NK cells until August 2022. (B) Bars show the number of publications in all CAR-NK cells derived from NK-92MI cell lines (blue) and primary NK cells (yellow). (C) Pie charts showing the percentage of publications in different countries. (D) Pie charts showing the percentage of publications in all patients with CAR-NK cells derived from solid tumors (yellow) and hematologic tumors (pink). (F) Pie charts showing the percentage of CAR-NK clinical trials in different countries.

tumors; 26 were in China and 10 were in the United States (Fig. 2E–F). Trials of CAR NK cells have focused on lymphomas and leukemia, followed by solid tumors, including ovarian, prostate, brain, liver, bowel, lung and pancreatic cancers. As a new anticancer weapon, CAR-NK cell therapy has been applied in early clinical trials with increasingly rich research results and some breakthroughs [25]. However, its efficacy and safety are mostly still in an argumentation stage, the treatment effects of individual patients are very different, and there is a risk of serious complications [26]. In recent years, the number and type of CAR-NK clinical trials are growing rapidly, rendering its clinical practice more challenging.

CAR-NK cell therapy has many advantages compared with CAR-T cell therapy, and many preclinical studies have proven that CAR-NK cell therapy has great potential not only in the treatment of hematological tumors but also in the treatment of solid tumors [4]. In a recent study, 11 patients with recurrent or refractory CD19-positive hematological tumors, most of them had a good response to CAR-NK cell therapy and no major side effects, and the IL-6 level was not higher than baseline [25]. Although the efficacy and advantages of CAR-NK cells in tumor killing have made great progress, there are still some technical or clinical problems that remain to be solved to optimize antitumor immunotherapy based on CAR-NK cells. The tumor microenvironment is a major obstacle to the success of CAR-NK cell therapy, including immunosuppressive substances, immunosuppressive cells, and adverse environments for normal immune cell function. In addition, the homing ability of NK cells is poor, which is disadvantageous to their intratumoral infiltration. The heterogeneity of solid tumors, limited infiltration from blood to the tumor site, and immunosuppression caused by metabolic disorders completely inhibit the function of CAR-NK cells [27,28]. From the perspective of clinical treatment strategies, combined with the biological characteristics of NK cells and the tumor microenvironment, CAR-NK combination therapy can greatly promote the proliferation, persistence, migration and invasion of NK cells into tumors.

1.4. Advantages and challenges of CAR-NK in anti-tumor therapy

CAR-NK cell therapy has many advantages compared with CAR-T cell therapy, and many preclinical studies have proved that CAR-NK cell therapy has great potential not only in the treatment of hematological tumors, but also in the treatment of solid tumors [4]. CAR-NK cells have many advantages, such as the safety of clinical application, the mechanism of identifying cancer cells and the richness of clinical samples [29]. CAR-NK cell therapy does not cause graft-versus-host disease, nor does it secrete inflammatory factors that cause cytokine release syndrome, such as IL-1, IL-6, etc [25]. At the same time, CAR-NK cells also express a variety of activated receptors, which can specifically recognize the ligands expressed on tumor cells and improve the effect of immunotherapy [30]. NK cells are rich in a variety of NK cell lines, umbilical cord blood and peripheral blood, which are sufficient to meet the needs of patients' products [31]. In addition, CAR-NK cells have more anti-tumor pathways, such as cell degranulation, release of cytokines, activation of apoptosis pathway and mediated antibody-dependent cytotoxicity (ADCC), which are faster and more direct than CAR-T cells [32,33]. The survival cycle of CAR-NK cells in vivo is short, and it is not easy to produce long-term adverse reactions. CAR-NK cells have a defensive effect against pathogens and help to prevent and treat infection. CAR-NK cells have immunomodulatory function, which can regulate the function of B cells and CTL cells [34,35]. In short, CAR-NK cells have good anti-tumor activity, high safety and can be produced on a large scale. They are general-purpose and ready-to-use products. The establishment of good CAR-NK cells is of great



Fig. 3. Application strategy of CAR-NK cells in tumor combination therapy. The TME is the major hindrance of CAR-NK therapy due to many factors such as immunosuppressive components secreted by a variety of inhibitory cells in the TME. Overcoming the immunosuppressive function of the TME in CAR-NK therapy is the key point to be considered for combination therapy, such as anti-PD-1/PD-L1, chemotherapy, kinase inhibitors, proteasome inhibitors, STING agonist, oncolytic virus, photothermal therapy. These methods can stimulate the release of tumor antigens and DAMPs, thus promoting the initiation, expansion and killing of CAR-NK cells. Numerous targetable molecules exist that can be categorized as TSA, TAA, CASC expressed antigen.

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significance to improve the therapeutic effect of cancer.

Compared with CAR-T, CAR-NK has some technical problems to be solved. Due to tumor heterogeneity and lack of cytokines, insufficient expansion of CAR-NK cells in vivo after transplantation is a serious challenge. In particular, the number of NK cells from a single donor is not sufficient for treatment, and the expansion of primary NK cells in vitro is the main challenge of CAR-NK cell therapy [36]. In addition, the transfection efficiency of CAR-NK cells is low [37]. Through the unremitting research on CAR-NK cell therapy, it is believed that the existing problems will find a solution. CAR-NK cell therapy or combined with other treatments may become a powerful strategy for tumor immunotherapy in the future.

1.5. Application strategy of CAR-NK cells in tumor combination therapy

Immunotherapy has become the fourth major type of tumor therapy after surgery, radiotherapy and chemotherapy. CAR-NK is the most advanced research field of applied research and clinical medical practice in recent years and its clinical application in tumor immunotherapy has increasingly shown great potential. However, tumor immunosuppressive microenvironment and the shift of NK cell receptor/ligand group spectrum seriously inhibit the function of CAR-NK cells. Therefore, according to different tumor types and individual characteristics of different patients, reasonable and effective combination of CAR-NK cell therapy with other immuno-therapy methods, radiotherapy and chemotherapy to reshape tumor microenvironment or correct the deviation of NK cell receptor/ligand group spectrum can not only improve the anti-tumor activity of CAR-NK cells, but also enhance the sensitivity of tumor cells, thus achieving better therapeutic effect [38,39] (Fig. 3, Table 1).

(1) Combined immunotherapy strategy based on correcting the spectral shift of NK receptor/ligand groups

Although NK cells have a strong ability to kill tumor cells, tumor cells and the tumor immune microenvironment gradually evolve many mechanisms, such as NK receptor/ligand group spectrum shifts, to inhibit the activation and killing function of NK cells and weaken the antitumor effect mediated by NK cells [40,41]. An increasing number of studies have shown that tumor cells can change the expression of NK cell receptors and ligands through the tumor immune microenvironment, reduce the expression of activated receptors, and promote or upregulate the expression of inhibitory receptors, thus inhibiting the activation and killing function of NK cells and even leading to the loss or depletion of NK cells and promoting tumor immune escape [42,43]. Therefore, regulating or correcting the shift in the NK receptor/ligand group spectrum is a potential target of therapeutic intervention.

Immune checkpoint blockade therapy targeting T cell inhibitory receptors has become a hot spot of tumor immunotherapy, especially CTLA-4, PD-1 or PD-L1 monoclonal antibodies, which have achieved remarkable efficacy in melanoma and other solid tumors, opening a new era of tumor immunotherapy. It was ranked as number one on the top 10 scientific breakthroughs of 2013 by Science magazine [44]. Especially in the tumor environment, PD-1 may be more accurately regarded as a marker of immune cell activation [45]. There are many reports on PD-1 on CAR-T cells, and related application studies are constantly making breakthroughs, such as CRISPR-Cas9 knocking out PD-1 on CAR-T cells [46-48], introducing a genetically engineered switch receptor structure to interfere with PD-1 signaling [49,50], CAR-T cells combined with PD-1 blockers [51–53] or genetically modified CAR-T cell autocrine PD-1 blockers [54-56]. All of these studies are aimed at blocking PD-1 receptors on CAR-T cells, reducing immunosuppressive function and improving the antitumor activity of CAR-T cells. At present, researchers are paying increasing attention to the immune checkpoints of inhibitory receptors on NK cells [57]. A large number of studies have shown that NK cells can also express the inhibitory receptor PD-1, so the therapeutic application of immune checkpoint inhibitors may increase the killing effect of NK cells against PD-L1+ tumors [57-61]. In a review of the study showing that NK cells may play an important role in antitumor responses blocked by immune checkpoints, Jeffrey Miller et al. also emphasized the importance of immune checkpoints beyond T cells, suggesting that the PD-1 axis is important for NK cells in the tumor microenvironment [62]. PD-1 is mainly expressed on activated T and NK cells [63,64], PD-L1 is mainly expressed in tumor and myeloid cells, and PD-L2 is mainly expressed in dendritic cells (DC) [65]. Many studies have found that there are NK cell subsets with high expression of PD-1 in the peripheral blood of some people and confirmed that PD-1 antibody can reverse its functional depletion [66–68], which further suggests that the effect of PD-1 inhibitors on NK cells in immunotherapy is also worthy of attention. In addition, some NK cells present in the tumor microenvironment express PD-1, and these NK cells have a more active and reactive phenotype than cells that do not express PD-1, which does not mark the depletion phenotype of NK cells [69], and they are more sensitive to PD-1 inhibitors [62]. The high proportion of PD-1+ NK cells in ascites of patients with ovarian cancer suggests that they may be induced or expanded in the tumor microenvironment, and the tumor site is significantly abundant. The proliferation and activation function of these NK cells are decreased but can be reversed by an anti-PD-L1 antibody [66]. Meanwhile, in a study of a mouse tumor model, it was also found that the expression of PD-1 on NK cells was upregulated in the tumor microenvironment, which inhibited the degranulation and cytotoxic function of NK cells. PD-1 and PD-L1 blockers can stimulate a strong NK cell response [69]. It is worth noting that PD-1-negative NK cells may not be able to kill tumor cells because they cannot be activated or have become incompetent. NK cells have both phenotypic and functional heterogeneity [70]. It has been reported that NK cells of patients with multiple myeloma have high expression of PD-1. Treatment with an anti-PD-1 antibody can restore the antitumor activity of NK cells and enhance cytotoxicity [58]. Since we know that the PD-1 pathway is essential for the tumor escape of T cells and NK cells [71] and PD-1 expression is also significantly increased in continuously activated CAR-NK-92 cells [72], we can consider combining PD-1 antibodies to overcome tumor escape, reverse CAR-NK cell functional depletion and enhance cytotoxicity [73].

There are different reports on the level of PD-1 expression on the cell line NK-92. Joy Hsu et al. mentioned the lack of PD-1 expression on NK-92 cells in their study on the role of NK cells in PD-1/PD-L1 blockade-mediated immunotherapy. They then over-expressed PD-1 on NK-92 cells for functional studies [69]. Other studies verified that PD-1 on NK-92 cells could be upregulated in

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Review of current research on CAR-NK combination drugs against various solid tumors.

Serial NO.	Tumor Type and cell lines	Specific Target	Source of NK cells	CAR composition	Drug Category	Examples	Advantages	References PMID
1	Castration-resistant prostate cancer	PMSA	NK-92	NKG2D-2B4-CD3ζ	Immune checkpoint inhibitors	Anti-PD-L1 mAb; Atezolizumab	Anti-PD-L1 mAb significantly enhanced the anti- tumour effect of CAR NK-92 cells.	35696531
2	Cisplatin-resistant lung cancer	Ν	NK-92MI , primary NK	Ν	Immune checkpoint inhibitors	Anti-PD-1, anti-PD-L1, MEK/Erk pathway inhibitors	Enhance NK cell cytotoxicity to cisplatin-resistant cells.	28801607
3	K562 myeloid leukemia cells	Ν	PBMC	Ν	Immune checkpoint inhibitors	Atezolizumab	Anti-PD-L1 mAb augments human PD-L1+ NK cell antitumor activity in vivo	31340937
4	Multiple myeloma (MM) cells	Ν	NK, PBMC	Ν	Immune checkpoint inhibitors	anti-PD-1 mAb	PD-1 blocking enhanced exNK cell degranulation and cytolytic activity.	27356741
5	MDA-MB-231、H460 and HTB1	PD-L1	high- affinity natural killer (t- haNK) , NK-92	Not detailed.	Immune checkpoint inhibitors	anti- PD-1, N-803 (IL-15 superagonist)	These studies demonstrate the antitumor efficacy of PD-L1 thaNK cells and provide a rationale for the potential use of these cells in clinical studies.	32439799
6	Digestive cancers	Ν	NK-92, NKL	Ν	Immune checkpoint inhibitors	Anti-PD-1, anti-PD-L1	Blocking PD-1/PD-L1 signaling markedly enhances cytokines production and degranulation and suppresses apoptosis of NK cells in vitro.	28692048
7	Head and neck cancer	Ν	РВМС	Ν	Immune checkpoint inhibitors	Nivolumab , Cetuximab	PD-1 blockade on NK cells enhances cetuximab mediated ADCC of PD-L1high tumor cells.	30282672
8	Hematopoietic tumor	Ν	Primary,NK-92	Ν	Immune checkpoint inhibitors	anti-PD-L1 mAb	Blocking PD-L1 increases susceptibility to NK cell killing.	26155422
9	Ovarian cancer	Ν	РМ21-NK, РВМС	Ν	Immune checkpoint inhibitors	anti-PD-L1	PD-L1 blockade enhances anti-tumor efficacy of NK cells.	30377572
10	PD-L1- positive cancer cell lines	Ν	NK-92-CD16 , PBMC	Ν	Immune checkpoint inhibitors	Atezolizumab , An anti- hPD- L1- hIgG1	NK cells induce an ADCC response in combination with anti- PD-L1 mAbs, which helps promote ADCC antitumor activity against PD-L1- positive tumors.	32830112
11	K562	Ν	NK-92	Ν	Immune checkpoint inhibitors	Anti-PD-1, anti-PD-L1	PD-1 and PD-L1 blockade elicited a strong NK cell response that was indispensable for the full therapeutic effect of immunotherapy.	30198904
12	Cisplatin resistant ovarian cancer	Ν	NK-92MI	Ν	Chemotherapy	Cisplatin	Overcome immunoresistance of chemoresistant ovarian cancers.	34058473
13	Ovarian cancer	CD44	NK-92	CD28 ⁻ CD28-4-1BB- CD3ζ	Chemotherapy	Cisplatin	The simultaneous treatment with CD44NK and cisplatin showed higher anti-tumor activity than sequential treatment.	34680456
14	Gastric cancer	NKG2D	PBMC	4-1BB- CD3ζ	Chemotherapy	Cisplatin	Enhance cytototoxicity.	30132099
15	Ovarian cancer	CD133	NK-92	CD28 ⁻ CD28-4-1BB- CD3ζ	Chemotherapy	Cisplatin	The sequential treatment with cisplatin followed by CAR-NK cells led to the strongest killing effect.	28836469
16	Pancreatic Carcinoma	Robo1	NK-92	N	Radiotherapy	¹²⁵ I Seed Brachytherapy	Robo1 specific CAR-NK immunotherapy enhances efficacy of 1251 seed brachytherapy in an orthotopic pancreatic cancer mouse model.	31704816
17	Colorectal Cancer	ЕрСАМ	NK-92	CD8-4-1BB-CD3ζ	Tyrosine-kinase inhibitor	Regorafenib	Enhance the therapeutic efficacy of CAR-modified immune effector cells for solid tumors.	30410941
18	Hepatocellular Carcinoma	GPC3	PBMC	CD8 ⁻ CD28 ⁻ CD3ζ	Tyrosine-kinase inhibitor	Sorafenib	The upregulated tumor cell apoptosis induced by the combined treatment.	31078430

(continued on next page)

Table 1 (continued)

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Serial NO.	Tumor Type and cell lines	Specific Target	Source of NK cells	CAR composition	Drug Category	Examples	Advantages	References PMID
19	Renal Cell Carcinoma (RCC)	EGFR	NK-92	CD8 CD28 CD137- CD3ζ	Tyrosine kinase inhibitor	Cabozantinib	Enhance the killing ability of CAR-NK-92 cells against the RCC cells.	29423418
20	Advanced renal cell carcinoma	CAIX	NK-92	CD8 CD28-4-1BB- CD3ζ	Proteasome inhibitor	Bortezomib	Bortezomib can enhance the effects of the CAR-NK92 cells against RCC in vitro and in vivo.	30272343
21	Pancreatic cancer	Mesothelin	NK-92	CD8-4-1BB-CD3ζ	STING agonists	Cyclic GMP-AMP (cGAMP)	Combination of CAR-NK-92 cells targeting mesothelin and cGAMP displayed greater antitumor efficacy.	35371622
22	Hematologic malignancies and solid tumors	CD16a	Human iPSCs	Ν	Antibodybased drugs	anti-CD20 mAb, anti- HER2 mAb	HnCD16-iNK cells combined with mAbs are highly effective against hematologic malignancies and solid tumors that are typically resistant to NK cell-mediated killing.	31856277
23	Glioblastoma	EGFR	PBMCs	Ν	Oncolytic virus	An oncolytic virus expressing IL-15/IL- 15Rα	OV-IL15C plus EGFR-CAR NK cells synergistically suppressed tumor growth and significantly improved survival.	34006525
24	lung cancer	B7–H3	NK-92MI	Ν	Photothermal Therapy (PTT)	Near infrared (NIR-II)	synergistic CAR-NK immunotherapy is carried out specifically to eradicate any possible residual tumor cells after PTT.	34159726
25	Human Pancreatic Carcinoma	Robo1	Primary NK cells	Ν	Brachytherapy	Iodine 125 seed brachytherap-y (¹²⁵ I IBT)	Robo1 specific CAR-NK immunotherapy enhances efficacy of ¹²⁵ I IBT in an orthotopic pancreatic cancer mouse model.	31704816

Data were obtained from the PubMed database. N-denotes information not provided in the study. Other abbreviations: iPSC, induced pluripotent stem cell. PBMCs, Peripheral Blood Mononuclear Cells.

response to the tumor microenvironment or cytokine stimulation [74,75]. In addition, Nadia Mensali et al. proposed an alternative strategy in which genetically modified built-in PD-1 blockers rescued NK-92 activity from PD-L1-mediated tumor escape by modifying NK-92 cells with intracellular segment removed PD-1 (TPD-1), eliminating PD-1/PD-L1 inhibition [76]. This indirectly indicates that PD-1 is expressed on NK-92 cells. In a study of continuous stimulation of CAR-NK-92 cells by target cells, Oelsner et al. reported that the expression of PD-1 was significantly increased after continuous activation of NK-92/63.z and NK-92/63.28.z cells but not in NK92/63.137.z cells. It is worth noting that the killing activity of NK-92/63.z and NK-92/63.28.z CAR cells was significantly better than that of NK92/63.137.z [72].

The expression of PD-L1 in tumor cells leads to a reduction in the NK cytotoxic response and the generation of more aggressive tumors in vivo [62], highlighting the importance of immune checkpoints in NK cells in addition to T cells and suggesting that the PD-1/PD-L1 axis is important for NK cells in the tumor microenvironment [69]. Using a mouse model, researchers confirmed that NK cells responded to PD-1 and PD-L1 inhibitors, enhancing the immunotherapy of NK cells against cancer [62]. Studies have reported that the addition of an anti-PD-L1 antibody to the coculture of macrophages and NK cells can significantly reduce the inhibitory effect of macrophages on NK cell proliferation and ADCC, and it is worth noting that it can achieve complete reversal [77]. Increased PD-L1 expression leads to increased resistance to NK cell lysis, and blocking JAK pathway activation prevents increased PD-L1 expression, thereby increasing the susceptibility of tumor cells to NK cell activity [78]. The combination of anti-PD-L1 and NK cell therapy, blocking PD-L1, could increase the number and persistence of NK cells in vivo and retain its cytotoxic phenotype [79,80]. Therefore, blocking PD-L1 can enhance the sensitivity of NK cells to tumor cells. Recent studies have reported that genetic susceptibility genes can cause cancer not only by increasing the probability of gene mutation but also by shaping immune function. Impaired migration and adhesion of immune cells in tumor patients may lead to inefficient antitumor immunity [81]. These factors can explain why immune checkpoint inhibitors are not as effective in the treatment of ovarian cancer.

There are also rare reports that PD-L1 expression can be detected on NK cells [75,82,83]. This may be because tumors induce PD-L1 expression on NK cells through AKT signaling. Anti-PD-L1 monoclonal antibody can also enhance the antitumor effect of NK cells, only through anti-PD-L1 monoclonal antibody activating PD-L1+ NK cells to exert an antitumor effect, rather than a PD-1-dependent mechanism, which provides new insight into NK cell activation. This may also provide a potential explanation for why clinically some patients lacking PD-L1 expression on tumor cells still respond to anti-PD-L1 monoclonal antibody therapy.

In addition, glucocorticoids (GCs), ILC2s, PMA, TGF- β , IL-12, IL-15 and IL-18 in the tumor microenvironment can induce the expression of PD-1 on NK cells [75,84–88]. PD-L1 on tumor cells can also interact with PD-1 on T cells, thus promoting the expansion of Treg cells. Treg cells have been known to inhibit the function and persistence of NK cells [79,89], and blocking PD-1/PD-L1 may prevent the induction of Tregs. Energy status determines the abundance of PD-L1 protein and antitumor immunity. Studies on immune checkpoint blockade have revealed the key role of AMPK in regulating the immune response to immune checkpoint blockade [90]. It is speculated that anti-PD-L1 may promote AMPK activation and the accumulation of false proteins in tumors, thus enhancing the sensitivity of the tumor to NK cells (Fig. 4).

NK cells also express inhibitory receptors such as TIM-3, LAG-3 and TIGIT [91–94]. As an immune checkpoint blocking target, these inhibitory receptors are expected to be combined with CAR-NK cells to activate the antitumor immune response of NK cells and be used



Fig. 4. Depict the mechanism of the interaction between tumor cells and NK cells. NK cells bind to target cells, secrete IFN- γ , up-regulate PD-L1 on target cells through JAK/STAT pathway, directly inhibit the function of NK cells through binding with PD-1, or indirectly enhance tumor resistance to NK cells through Treg cells, thus promoting tumor immune escape. In addition, PD-L1, GC, interleukin, TGF and other factors in the tumor microenvironment can induce the up-regulation of PD-1 on NK cells. PD-1/PD-L1 antibody can inhibit the interaction between PD-1 and PD-L1, and blocking PD-L1 may activate AMPK and enhance the sensitivity of tumor to NK cells.

for tumor treatment [95]. Based on the correct NK receptor/ligand group of immunotherapy spectral migration strategies (especially inhibitory receptor checkpoint block therapy and CAR modification of NK cell combination therapy), it is more advantageous to correct the dysfunctional state of NK cells in the tumor microenvironment, enhance the activity of NK cells and antitumor immune response, and have good application prospects.

(2) Combination with radiotherapy and chemotherapy to enhance the antitumor activity of CAR-NK cells

Recent studies have found that chemoradiotherapy can not only directly inhibit the proliferation of cancer cells and promote the apoptosis of cancer cells but also regulate the expression of NK cell receptors/ligands and enhance the sensitivity of immune cells to tumor cell killing. Many studies have reported that CAR-T/NK cells are still cytotoxic in the presence of cisplatin, and cisplatin can enhance CAR-T/NK cell-mediated cytotoxicity and has good antitumor activity [96,97]. Recent studies have reported that CAR-NK cells targeting CD44 remain cytotoxic in the presence of cisplatin, and most importantly, the combination of CD44-CAR-NK cells and cisplatin shows higher antitumor activity than sequential therapy [98]. The combination of CAR-NK92 cells targeting CD133 and cisplatin has the strongest antitumor effect on ovarian cancer, while cisplatin does not affect the cytotoxicity and viability of CAR-NK cells [97]. In addition, the synergistic effect of CAR-T/NK cells and radiotherapy in glioblastoma and pancreatic cancer has also been verified [99,100]. Therefore, the combination of radiotherapy and chemotherapy and immunotherapy has a synergistic antitumor effect.

Conventional intravenous chemotherapy has a good killing effect on tumor cells, but it also has very serious toxic and side effects. In order to reduce systemic toxicity, the concept of using immune cells as carriers to deliver anti-tumor drugs directly to the tumor site has received much attention [101,102]. A high level of free sulfhydryl groups can be detected on the surface of NK cells. Siegler et al. encapsulated paclitaxel in synthetic cross-linked multilayer liposome vesicles (cMLV) nanoparticles [103]. cMLV binds stably to merhydryl groups on the surface of NK cells through Maleimide, a functional group on its surface lipid bilayer. In this way, paclitaxel-loaded cMLV was transported to the vicinity of tumor cells by utilizing the targeting property of CAR-NK cells to exert the combined effect of tumor cell immunotherapy and chemotherapy.

(3) Combination with a variety of kinase inhibitors regulates the tumor microenvironment and promotes antitumor immunity

Recent studies have shown that some tyrosine kinase inhibitors (TKIs) not only have direct antitumor activity but also regulate the tumor microenvironment and promote antitumor immunity. Studies have shown that regorafenib [8] and sorafenib [104,105] can reshape the immunosuppressive microenvironment and enhance the antitumor immune response, and the combination of these drugs can be used to enhance the efficacy of immunotherapy. Sorafenib combined with GPC3-CAR T cells can synergistically induce tumor cell apoptosis, demonstrating the clinical potential of sorafenib combined with targeted GPC3-CAR T cells in the treatment of hepatocellular carcinoma [106]. The combination of CAR-NK cells targeting epithelial cell adhesion molecule (EpCAM) and regorafenib in the treatment of a human colon cancer model has a synergistic effect [8], showing a good cytotoxic effect, which provides a new strategy for the treatment of solid tumors. In addition, cabotinib can increase the expression of EGFR in renal cancer cells, reduce the expression of PD-L1 on the membrane surface, enhance the killing ability of CAR-NK-92 cells to renal cancer cells in vitro, and have a synergistic effect with CAR-NK-92 cells targeting EGFR [106].

(4) Combined with proteasome inhibitors to enhance the function of CAR-NK cells

Proteasome inhibitors have been shown to inhibit tumors directly or indirectly by enhancing the function of NK cells or enhancing the sensitivity of tumor cells to killing. For example, lenalidomide, which has been approved by the FDA, can enhance NK cell killing and proliferation by inducing peripheral T cells and dendritic cells to release IL-2 and IFN- γ [107]. A number of studies have shown that lenalidomide can enhance the activity of CAR-T cells, and the combination of the two has a good clinical effect [108,109]. Bortezomib can enhance the sensitivity of tumor cells to NK cell killing. For example, the inhibitory effect of bortezomib combined with CAR-NK-92 cells on established carbonic anhydrase IX (CAIX)-positive xenografts is more significant than that of CAR-NK-92 cells alone or bortezomib alone [110]. The elucidation of the regulatory effect of these drugs on NK cells has laid a theoretical basis for the subsequent combined application of NK cellular immunotherapy [111,112].

(5) Combined with STING agonists, they activate the STING signaling pathway in CAR-NK cells and enhance antitumor activity

Stimulator of Interferon Genes (STING) agonists can directly activate the STING signaling pathway in NK cells and enhance the antitumor activity of NK cells by activating NK cells, upregulating the expression of NK cell activating receptors and downregulating the expression of NK cell inhibitory receptors, which provides a new idea and basis for tumor immunotherapy [113,114]. CAR T cells combined with STING agonists can stimulate immune responses to eliminate tumor cells that are not recognized by adoptively transferred lymphocytes. Therefore, these therapies may improve the efficacy of CAR-T cells in the treatment of solid tumors and help prevent the emergence of escape mutations [115]. Modulation of the TME by activating the cGAS-STING pathway changes the balance of immune stimulatory signals so that low-dose CAR-T cell therapy can induce effective tumor regression [116,117]. Therefore, STING agonists combined with CAR-T/NK cells can provide a new therapeutic strategy for tumor immunotherapy [118]. Although immune cell combination therapy is a possible therapeutic breakthrough for solid tumors at present, the clinical treatment regimen, including treatment sequence, treatment window, dose and frequency, needs to be explored in more clinical studies.

(6) Combined with oncolytic virus, reshape tumor microenvironment and enhance anti-tumor immunity

Oncolytic virus (OV) provides a novel and promising treatment option for cancer patients who are resistant to traditional therapy. Natural or genetically modified OV is a versatile tumor killer. They directly cleave tumor cells while preserving normal cells, and indirectly enhance anti-tumor immunity by releasing antigens and activating inflammatory responses in the tumor microenvironment [119,120]. OV-IL15C plus EGFR-CAR NK cells synergistically suppressed tumor growth and significantly improved survival compared with either monotherapy, correlating with increased intracranial infiltration and activation of NK and CD8⁺ T cells and elevated persistence of CAR-NK cells in an immunocompetent model [121]. Another study confirmed that a combinational therapy of EGFR-CAR NK cells and oncolytic herpes simplex virus-1 for breast cancer brain metastases could kill MDA-MB-231 tumor cells more effectively and significantly prolong the survival time of tumor-bearing mice [122]. Vaccinia virus expressing CCL5 induces more NK cell aggregation in tumor foci, and oncolytic vaccinia virus expressing specific chemokine can enhance the efficacy of NK cell therapy [123]. CAdVEC (binary oncolytic adenovirus) combined with HER2-specific CAR-T cells in the treatment of advanced solid tumors (NCT03740256) and VCN-01 (oncolytic adenovirus expressing hyaluronidase) combined with mesothelin-specific CAR-T cells in the treatment of pancreatic cancer, serous ovarian cancer (NCT05057715) are in phase I clinic trial. OVV-01 (oncolytic vaccinia virus) combined with trained immunity NK cells IBR900 in the treatment of advanced solid tumors including lymphoma has been terminated due to treatment program adjustment (NCT05271279). CAR-NK cells as an immunotherapy for refractory malignant tumors, although there are many shortcomings, but it has great potential, the current clinical research will contribute to the further development and improvement of CAR-NK therapy. In addition, a nanoparticle RNA vaccine aims to transmit CAR antigen to the lymphatic compartment in the human body, thereby promoting the homologous and selective expansion of CAR cells. At the dose of subtherapeutic CAR-T cells, it can improve the implantation rate of CAR-T cells and regression of large tumors in refractory mouse models [124].

(7) Combined with photothermal therapy to release antigens and promote the recruitment of endogenous immune cells

Mild hyperthermia of a tumor can reduce its dense structure and interstitial fluid pressure, increase blood perfusion, release antigens, and promote the recruitment of endogenous immune cells. Therefore, the combination of mild hyperthermia with adoptive transfer of CAR cells could potentially improve the therapeutic index of these cells in solid tumors [125]. Based on the Temperature-Feedback Nanoplatform for NIR-II Penta-Modal Imaging-Guided, photothermal therapy (PTT) combined with CAR-NK cells immunotherapy has good therapeutic effect on lung cancer. Meanwhile, synergistic CAR-NK immunotherapy is carried out specifically to eradicate any possible residual tumor cells after PTT [126,127]. The mice were treated with 125I seed implantation alone or the combination of 125I seeds with Robo1-specific CAR-NK cells. Robo1 specific CAR-NK immunotherapy enhances efficacy of 125I seed brachytherapy in an orthotopic pancreatic cancer mouse model [100]. Microwave ablation (MWA) enhances the activation, infiltration and persistence of AXL-CAR T cells in xenografts derived from AXL positive lung cancer patients through TME remodeling. The synergistic therapeutic effect of MWA and AXL-CAR T cells may be valuable for NSCLC therapy [128].

1.6. Prospects and challenges

With the in-depth study of immunotherapy, CAR-NK as a rising star will bring new development and opportunities for tumor immunotherapy. It is urgent to develop more efficient transfection methods and more efficient and safer non-viral transfection techniques in both preclinical and clinical studies, which may be an improvement direction in the future [29]. Even if the best CAR-NK cells can be made, they will always encounter the inhibitory tumor microenvironment, which may be the greatest challenge to overcome [129]. According to the pyroptosis signal pathway of tumor cells, combined therapy strategies need to be further explored, so as to enhance the immune identifiability of tumor cells, reshape the tumor microenvironment, and then improve the persistence and anti-tumor activity of CAR cells [130–132]. Many solid tumors are characterized by hypoxic cores that may affect NK cell function, or on the other hand by using HIF1 α -driven CAR to take advantage of the hypoxic environment to improve anti-tumor activity and persistence. In addition, reducing the large number of immunosuppressive cells (Treg, MDSC, TAM) present in TME is also a strategy to improve the activity of CAR-NK cells and enhance the anti-tumor effect. With the update of CAR-T technology and the accumulation of clinical experience, the combined application of CAR-NK cells with other anti-tumor therapies will be another research direction for tumor therapy in the future.

2. Conclusions

In this review, we make a comprehensive summary of the target selection, structure construction and combined anti-tumor strategies of CAR-NK, focusing on the strategy of combined application in solid tumors. In addition, we also analyzed the current research status, existing problems and challenges of CAR-NK cells. It is hoped that these information can provide some help for better CAR-NK cell research, provide more reasonable joint strategy suggestions for overcoming the inhibitory tumor microenvironment and improving the efficacy of CAR-NK cells, and bring new hope to cancer patients and their families.

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Ethics statement

Not applicable. Approval by an ethics committee was not needed for this study because no applicants/patients were enrolled for this review article.

Data availability statement

Data associated with the study has not been deposited into a publicly available repository. Data included in article/referenced in article. The data of this manuscript will be made available on request.

Additional information

No additional information is available for this paper.

CRediT authorship contribution statement

Junping Li: Writing – original draft, Project administration, Methodology, Funding acquisition, Formal analysis, Data curation, Conceptualization. Hong Hu: Writing – review & editing, Writing – original draft, Methodology, Data curation, Conceptualization. Kai Lian: Writing – review & editing, Formal analysis. Dongdong Zhang: Writing – review & editing, Methodology. Pengchao Hu: Writing – review & editing, Visualization, Software. Zhibing He: Writing – review & editing, Software. Zhenfeng Zhang: Writing – review & editing, Supervision, Conceptualization. Yong Wang: Supervision, Methodology, Conceptualization.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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