

Ginsenoside compound K exerts antitumour effects in renal cell carcinoma via regulation of ROS and lncRNA THOR

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Abstract. Renal cell carcinoma (RCC) is a common type of kidney cancer that lacks effective therapeutic options. Ginsenoside compound K (CK), an active metabolite of ginsenosides, has been reported to induce apoptosis in various types of cancer cells. However, the effects of CK in RCC remain to be elucidated. Thus, the aim of the present study was to investigate the antitumor effects of CK on RCC cells. The effects of CK on the proliferation, migration, invasion, cell cycle and apoptosis of RCC cell lines (Caki-1 and 768-O) were investigated using MTT, wound healing, Transwell and flow cytometry assays, respectively. Changes in the expression levels of long non-coding RNAs (lncRNAs) and proteins were measured via reverse transcription-quantitative PCR and western blotting, respectively. Transfections with testis associated oncogenic (THOR) small interfering RNA and pcDNA were performed to knock down and overexpress lncRNA THOR, respectively. It was found that CK could effectively inhibit the proliferation, migration and invasion of RCC cells. CK also induced cell cycle arrest and caspase-dependent apoptosis in RCC cells. Furthermore, the generation of reactive oxygen species and inhibition of the lncRNA THOR played important roles in the antitumour effects of CK in RCC cells. The present data revealed that CK was a potent antitumour agent against RCC.

Introduction

Renal cell carcinoma (RCC) is a common type of kidney cancer, and >300,000 new cases are diagnosed worldwide each year (1). Currently, surgical resection followed by chemotherapy and radiotherapy are the primary therapeutic treatments for RCC (2). Although great improvement has been made in the diagnosis and treatment of RCC in previous decades, RCC remains one of the most drug-resistant malignancies and a frequent cause of cancer-related deaths (2). Therefore, there is an urgent need to identify novel and effective therapeutic strategies for RCC.

In recent years, antitumour compounds from natural herbs have received increasing attention due to their high efficiency and low toxicity. It was estimated that >50% of the small molecular antitumour agents that were developed between 1950 and 2015 originated from natural products or their derivatives (3). Ginseng, the root and rhizome of *Panax ginseng* Meyer, has been widely used as a traditional medicine in East Asia for thousands of years. Mounting evidence has indicated that ginseng has different pharmacological effects on various human diseases (4). In addition, ginseng has also been found to possess anti-aging and antioxidant effects (5). Ginsenosides, a group of various steroidal saponins, are the major bioactive compounds in ginseng, and >40 ginsenosides have been identified thus far. Ginsenosides have been found to possess various pharmacological activities, such as neuroprotection, cardioprotection, anti-depressant, anti-inflammatory and antitumour activities (5-7).

Compound K (CK) [20-O-β-d-glucopyranosyl-20(S)-proto panaxadiol] is a major metabolite of the ginsenosides Rb1, Rb2, Rc and Rd that are generated by intestinal bacteria via the multi-stage cleavage of sugar moieties after the oral administration of ginseng (8). To date, numerous investigations regarding the antitumour activities of CK have been conducted. For example, CK has been found to inhibit the tumorigenic activities of glioma and glioma cells (9,10). CK can also inhibit lung cancer cells via various mechanisms, such as endoplasmic reticulum stress and hypoxia-inducible factor-1α (HIF-1α)-mediated glucose metabolism pathways (11,12). In addition, CK also possesses antitumour activities against leukaemia, nasopharyngeal carcinoma and colorectal cancer (13-15). However, no investigation has been conducted concerning the effects of CK on RCC cells.

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In the present study, the antitumour activity of CK was investigated in RCC cells. The results showed that CK could inhibit the proliferation and metastatic ability of RCC cells. It was also observed that CK could induce cell cycle arrest and apoptosis in RCC cells. The mechanistic studies revealed that CK exerted its antitumour effects at least partly via multiple mechanisms. These data revealed that CK could have applications as a novel, natural agent against RCC.

Materials and methods

Cell culture and chemicals. HK-2, Caki-1 and 786-O cells were purchased from the American Type Culture Collection. All cells were cultured in RPMI-1640 medium (Gibco; Thermo Fisher Scientific, Inc.) with 10% heat-inactivated foetal bovine serum (FBS; HyClone; Cytiva), 100 U/ml penicillin and 100 µg/ml streptomycin (Sigma-Aldrich; Merck KGaA) at 37°C in a humidified 5% CO₂ atmosphere. CK was purchased from Sichuan WeiKeqi Biological Technology Co., Ltd. Pan-caspase inhibitor z-VAD was obtained from Sigma-Aldrich (Merck KGaA) and was used at a concentration of 10 µM at 37°C. z-VAD was added into the culture medium 0.5 h prior to the treatment with CK. N-Acetyl-L-cysteine (NAC) was purchased from Sigma-Aldrich (Merck KGaA) and was used at 10 µM at 37°C. NAC was added into the culture medium 0.5 h prior to the treatment with CK. All other chemicals were obtained from Sigma-Aldrich (Merck KGaA).

Transfection. Small interfering RNA (siRNA) targeting testis associated oncogenic (THOR) (si-THOR), negative control scramble siRNA (si-NC), pcDNA3.1 expressing THOR and empty control were synthesized and obtained from Suzhou GenePharma Co., Ltd. Transfections were performed using Lipofectamine® 2000 (Thermo Fisher Scientific, Inc.), according to the manufacturer's protocols. Briefly, cells were seeded into a 6-well plate at a density of 1x10⁵ cells/well. Then, 12 h later, 20 mM siRNAs and/or 10 ng pcDNA3.1 mixed with 5 µl Lipofectamine in 200 µl Opti-MEM® (Thermo Fisher Scientific, Inc.) were added into each well. At 24 h after transfection, cells were collected and assayed. The sequences used were as follows: si-THOR sense, 5'-GGUGAACACAAUCGAGCAATT-3' and anti-sense, 5'-UUGCUCGAUUGUGUUCACCTT-3'; scrambled siRNA sense, 5'-ACGCGUAACGCGGGAUUUdTdT-3' and antisense 5'-AAAUCCCCGCGUACGCGUdTdT-3'; and THOR sense, 5'-CTAATACGACTCACTATAGGGAGAAGCCGAGTTCGCGCCGCCGGTA-3' and antisense, 5'-AAATATTTGGCTTTCCCCGCC-3'.

Clonogenic assay. For the colony formation assay, cells were seeded in 6-well plates at a density of 500 cells/well and cultured in complete medium (Thermo Fisher Scientific, Inc.). Two weeks later, the cells were fixed and stained with 0.1% crystal violet (Beyotime Institute of Biotechnology) for 30 min at room temperature. The number of visible colonies (>50 cells/colony) was counted using the CKX41-32 inverted microscope (magnification, x100; Olympus Corporation).

Cell viability assay. Cells were seeded into 96-well plates (1x10⁴ cells/well). A total of 24 h after culture, the cells were treated with various doses of CK (10, 20 or 40 µM) for

different times (24, 48 or 72 h). Then, cells were collected, and cell viability was measured as previously described (16).

Reverse transcription-quantitative (RT-q)PCR. Total RNA was extracted from cells using TRIzol® reagent (Thermo Fisher Scientific, Inc.) according to the manufacturer's instructions. The quality and quantity of RNA were measured using a NanoDrop™ 2000 (Thermo Fisher Scientific, Inc.). Total RNA was reverse transcribed into cDNA using the PrimeScript RT Reagent Kit (Takara Biotechnology Co., Ltd.) according to the manufacturer's instructions. RT-qPCR was performed on an Applied Biosystems 7500 Detection System (Applied Biosystems; Thermo Fisher Scientific, Inc.) using SYBR® Premix Ex Taq™ (Takara Biotechnology Co., Ltd.) according to the manufacturer's instructions. The following primers were used: HOX antisense intergenic RNA forward, 5'-CAGTGGGGAACCTCTGACTCG-3' and reverse, 5'-GTGCTTGCTCTCTTACC-3'; double homeobox A pseudogene 8 forward, 5'-AGGATGGAGTCTCGCTGTATTGC-3' and reverse, 5'-GGAGGTTTGTCTTCTTTT-3'; small nucleolar RNA host gene 14 forward, 5'-GGGTGTTACGTAGACCAGAACC-3' and reverse, 5'-CTTCCAAAAGCCTTCGCTTAG-3'; colorectal neoplasia differentially expressed forward, 5'-GAGGACGTGCTGGGGCT-3' and reverse, 5'-CTGAGTCCATGTCCCGAATC-3'; growth arrest specific 5 forward, 5'-AGCTGGAAGTTGAAATGG-3' and reverse, 5'-CAAGCCGACTCTCCATACC-3'; THOR forward, 5'-CAAGGTGCTTCTCTGGATTT-3' and reverse, 5'-GCCAAA GTCATTTGTTGGGTAT-3'; LOC653786 forward, 5'-CTCTCTGGGCTTGATAGCAT-3' and reverse, 5'-ACCATTTAGCATTAAGGCAGTAG-3'; HEIRCC forward, 5'-ACCTCCAGAAGTGTGATCCAAAATG-3' and reverse, 5'-TCTTGC TTGATGCTTTGGTCTG-3'; long intergenic non-protein coding RNA 460 forward, 5'-ACAGCATGAGCCAGGACATC-3' and reverse, 5'-GAAAGCTGCAACATGCTCCC-3'; SPRY4 intronic transcript 1 forward, 5'-GCTGAGCTGGTGTTGAAAGGAATC-3' and reverse, 5'-GCTTGGCCACGATGACTTGG-3'; PVT1 forward, 5'-GCCCCCTTCTATGGGAATCACTA-3' and reverse, 5'-GGGGCAGAGATGAAATCGTAAT-3'; urothelial cancer-associated 1 forward, 5'-CCGCTCGAGAGCGCGTGTGGCGCCGAGCAC-3' and reverse, 5'-CGCGGATCCAGACACGAGGCCGCCACGCCACG-3'; metastatic renal cell carcinoma-associated transcript 1 forward, 5'-CCTATCCCTTCTCTAAGAA-3' and reverse, 5'-ACTTCTGCAAAAACGTGCTG-3'; metastasis associated lung adenocarcinoma transcript 1 forward, 5'-AAAGCAAGGTCTCCCCACAAG-3' and reverse, 5'-GGTCTGTGCTAGATCAAAAAGGCA-3'; TP73 antisense RNA 1 forward, 5'-CCGGTTTTCCAGTTCTTGAC-3' and reverse, 5'-GCCTCACAGGGAAACTTCATGC-3'; and GAPDH forward, 5'-TGAAGGTCGGAGTCAACGGATTGGT-3' and reverse, 5'-CATGTGGCCATGAGGTCCACCAC-3'. The thermocycling conditions were as follows: 95°C for 10 min; followed by 35 cycles of 15 sec at 94°C, 15 sec at 60°C and 15 sec at 72°C; and a final extension at 72°C for 10 min. The results were calculated with the 2^{-ΔΔC_q} method (17) and normalized to the expression of GAPDH. All the assays were performed in triplicate. The expression levels are shown as fold-change relative to the corresponding controls, which were defined as 1.0.

Long non-coding RNA (lncRNA) PCR array. Cells were seeded into 6-well plates (1×10^5 cells/well) and treated with or without CK ($40 \mu\text{M}$) for 24 h. Total lncRNA were extracted using TRIzol (Thermo Fisher Scientific, Inc.) according to the manufacturer's instructions. Next, the RNAs were sent to Shanghai Biotechnology Corporation for human cancer lncPCR array. A total of 6 reference genes and 97 lncRNAs were included in the array (RT² lncRNA PCR Arrays; Qiagen, Inc.). lncRNAs were extracted from various databases, including Ensembl (18), manually curated lncRNA literature sources (search terms, 'lncRNA' and 'cancer'), RefSeq (<https://www.ncbi.nlm.nih.gov/refseq/>) and UCSC Genome Browser (<https://genome.ucsc.edu>). Briefly, cDNA was synthesized using the RT² First Strand Kit (Qiagen GmbH). Then, qPCR was performed using the RT² SYBR[®] Green Mastermix (Qiagen GmbH). Only one replicate for each sample and one pair of primers for each lncRNA were used for the Human Cancer lncRNA PCR Array. The parameters for qPCR were: 95°C for 10 min; 95°C for 15 sec and 60°C for 1 min (40 cycles). lncRNA expression was compared using the $2^{-\Delta\Delta\text{C}_q}$ method (17). Differentially expressed lncRNAs with statistical significance (as determined using a two-tailed Student's t-test, $P < 0.05$) were identified.

Wound healing assay. Caki-1 and 786-O cells were seeded at a density of 1×10^6 cells/well in 6-well plates and cultured in medium with a low concentration of FBS (5%). FBS was used in order to reduce cell proliferation risk, cells were cultured in a medium (19). After culture for 24 h when cells reached ~90% confluency, they were scratched using a $200\text{-}\mu\text{l}$ pipette tip and carefully washed with sterile PBS twice to remove the debris. Then, cells were treated with various doses of CK (10, 20 or $40 \mu\text{M}$) at 37°C . At different time points (0 and 24 h), the images were captured using the CKX41-32 inverted microscope (Olympus) and the results were analysed using ImageJ software (v1.46; National Institutes of Health).

Invasion assay. For the cell invasion analysis, a 24-well Transwell assay plate (Corning Life Sciences) was used. Matrigel (Sigma-Aldrich; Merck KGaA) was diluted with serum-free RPMI-1640 medium (1:3) and used to coat the upper surface of the Transwell chamber at room temperature for 1 h. RCC cells (2×10^4 cells/well) exposed to different treatments were added into the upper chamber with $500 \mu\text{l}$ serum-free RPMI-1640. The lower chamber was filled with $500 \mu\text{l}$ complete medium with 20% FBS, and cells were cultured for 48 h at 37°C . Subsequently, the invasive cells were fixed with methanol and stained with 0.5% crystal violet (Beyotime Institute of Biotechnology) at room temperature for 1 h. Images of cell invasion were captured under the CKX41-32 inverted microscope (Olympus Corporation).

Cell cycle distribution and apoptosis assay. For cell cycle analysis, cells were collected and washed with 1X PBS after being treated with various doses of CK (10, 20 or $40 \mu\text{M}$) for 24 h at 37°C . The cell pellets were fixed in 70% cold ethanol for 30 min at 4°C . The fixed cells were resuspended in 1X PBS containing 1 mg/ml RNase A (Sigma-Aldrich; Merck Cayuga) and incubated for 1 h at 37°C , and the cells were stained with $50 \mu\text{g/ml}$ PI (Sigma-Aldrich; Merck KGaA) for 30 min at room

temperature in the dark. To measure apoptosis, cells were collected and washed with PBS. Then, the pellets were resuspended in 1X Annexin V Binding Buffer (Sigma-Aldrich; Merck KGaA) followed by incubation for 5 min in the dark with $5 \mu\text{l}$ Annexin V-FITC and PI (Sigma-Aldrich; Merck KGaA). Both cell cycle distribution and apoptosis were measured using the BD FACSCanto™ II flow cytometer (BD Biosciences) and analysed with FlowJo software (v8.8.5; FlowJo LLC).

Measurement of reactive oxygen species (ROS). The generation of ROS was measured by staining with 2',7'-dichlorofluorescein diacetate (DCFHDA; Sigma-Aldrich; Merck KGaA), which is converted into fluorescent 2',7'-dichlorofluorescein (DCF) in the presence of peroxides. Therefore, an increase in DCF fluorescence is an indicator of the presence of ROS. A ROS detection assay kit (cat. no. S0033S; Beyotime Institute of Biotechnology) was used to measure intracellular oxidative stress according to the manufacturer's instructions.

Caspase-3 activity assay. Caspase-3 activity was measured using a colorimetric kit (cat. no. ab252897; Abcam), according to the manufacturer's instructions. Briefly, cells were lysed in the lysis buffer provided by the kit after treatment with various doses of CK (10, 20 or $40 \mu\text{M}$) for 24 h at 37°C , and Ac-DEVD-pNA was used as the substrate. Then, the absorbance was measured at OD405 with an ELx800™ microplate reader (BioTek Instruments, Inc.).

Western blotting. After treatment, cells were collected and lysed in RIPA buffer (Beyotime Institute of Biotechnology). The protein concentrations were measured using a Bradford protein assay kit (Beyotime Institute of Biotechnology). Equal amounts of protein ($20 \mu\text{g}$) were separated via SDS-PAGE on 12% gel, and separated proteins were subsequently transferred to PVDF membranes (EMD Millipore). After blocking with 5% skimmed milk for 1 h at room temperature, the PVDF membranes were incubated with the primary antibodies (Cell Signalling Technology, Inc.) overnight at 4°C . The following primary antibodies were used: Anti-MMP-2 (cat. no. 40994; 1:1,000), anti-MMP-9 (cat. no. 13667; 1:1,000), anti-N-cadherin (cat. no. 13116; 1:1,000), anti-E-cadherin (cat. no. 14472; 1:1,000), anti-Vimentin (cat. no. 5741; 1:1,000), anti-Bcl-2 (cat. no. 15071; 1:1,000), anti-Bcl-x1 (cat. no. 2762; 1:1,000), anti-Bax (cat. no. 2774; 1:1,000), anti-caspase-3 (cat. no. 14220; 1:1,000) and anti-GAPDH (cat. no. 5174; 1:5,000). Then, the membranes were incubated at room temperature for 1 h with anti-mouse (cat. no. 7076) and anti-rabbit HRP-conjugated secondary antibodies (1:5,000; Cell Signalling Technology, Inc.) and visualized using ECL (Thermo Fisher Scientific, Inc.).

Xenograft models. A total of 24 male BALB/c nude mice (age, 4-6 weeks old; weight, 18-23 g) were randomly divided into the following four groups (6 mice/group): i) Treatment with 0 mg/kg CK; ii) Treatment with 25 mg/kg CK; iii) treatment with 50 mg/kg CK; and iv) Treatment with 75 mg/kg CK. All mice were kept in housing conditions of 40-70% humidity in a 12 h dark/light cycle with free access to food and water at $21\text{-}25^\circ\text{C}$. 786-O and Caki-1 cells (1×10^7) were suspended in $50 \mu\text{l}$ MEM media mixed with $50 \mu\text{l}$ Matrigel (BD Biosciences) and injected subcutaneously into the right flank of mice under

anesthetized with 1.5% pentobarbital sodium (60 mg/kg body weight; intraperitoneal injection). Weight loss exceeding 20% was considered a humane endpoint. No animals died during the experimental period. When the tumour size reached $\sim 100 \text{ mm}^3$, the mice were intravenously injected with various concentrations of CK (0, 25, 50 or 75 mg/kg) for 30 days. The tumour sizes were calculated using a calliper every 3 days, and two perpendicular diameters of each tumour were recorded. At 30 days after implantation, mice were euthanized by CO_2 inhalation (15% displacement) and the death of mice was confirmed when there was a lack of pupil response to light. The tumour volume was measured using the following formula: $\text{Volume} = (\text{width}^2 \times \text{length}) / 2$. The protocol was approved by the Institutional Animal Care and Use Committee of Zhongda Hospital, Southeast University (Nanjing, China). All experiments involving animals were conducted following the Guide for the Care and Use of Laboratory Animals published by the Institute for Laboratory Animal Research (20). Necessary efforts were made to minimize the number of animals and their suffering.

Haematoxylin and eosin (H&E) staining and immunohistochemistry (IHC). Tumour tissues were fixed with 4% paraformaldehyde (Sigma-Aldrich; Merck KGaA) overnight at room temperature, and then paraffin embedded tissues were cut into 5- μm thick sections. For H&E staining, the sections were stained with haematoxylin (Sigma-Aldrich; Merck KGaA) for 40 sec and eosin (Sigma-Aldrich; Merck KGaA) for 30 sec at room temperature. For IHC staining, paraffin-embedded sections (5 μm) were blocked with 10% bovine serum albumin (Sigma-Aldrich; Merck KGaA) for 1 h at room temperature, post-hybridized slides were incubated with anti-Ki-67 antibody (cat. no. ab15580; 1:500; Abcam) overnight at 4°C. Then, slides were washed three times with 0.01 M PBS for 10 min at room temperature. The slides were incubated with HRP-conjugated rabbit anti-mouse (cat. no. ab7076; 1:1,000; Abcam) secondary antibody for 1 h at room temperature, and then washed three times for 10 min with 0.01 M PBS. Colour development was conducted using a DAB kit (cat. no. ab64238; Abcam), according to the manufacturer's instructions. The images were visualized using a light fluorescence Olympus BX40 microscope (Olympus Corporation).

Statistical analysis. Statistical analysis was performed using SPSS software v11.2 (SPSS, Inc.). All experiments were repeated at least three times and the data are expressed as the mean \pm SD. Differences among groups were analysed using one-way ANOVA followed by Tukey's post hoc test. $P < 0.05$ was considered to indicate a statistically significant difference.

Results

CK inhibits the viability of RCC cells. First, the effects of CK on the viability of RCC cells were investigated. Both Caki-1 and 786-O cells are well-established RCC cell lines (21). However, 786-O cells are defective in von Hippel-Lindau disease tumour suppressor (VHL) expression and have altered HIF and VEGF pathways (21). By contrast, Caki-1 cells harbour wild-type VHL and exhibit normal expression of VEGF (21). As shown in Fig. 1A, the MTT assay showed that the viability

of Caki-1 and 786-O cells was significantly inhibited by CK in a time- and dose-dependent manner. Moreover, colony formation assays also indicated that the viability of Caki-1 and 786-O cells was significantly suppressed (Fig. 1B). These results suggested the antitumour potential of CK in RCC cells.

CK inhibits the migration and invasion of RCC cells and induces cell cycle arrest. It is commonly known that migration and invasion are essential steps in the metastatic behaviour of cancer cells. Thus, it was next investigated whether CK could affect the mobility of RCC cells, and wound healing and Transwell invasion assays were performed after treatment with various doses of CK for 48 h. As indicated in Fig. 2A and B, CK treatment inhibited the migration and invasion of both Caki-1 and 786-O cells in a dose-dependent manner. To further analyse the inhibitory effects of CK on the migration and invasion of RCC cells, the expression of cell motility-related proteins were measured via western blotting. As shown in Fig. 2C, treatment with CK led to the downregulation of MMP-2, MMP-9, Vimentin and N-cadherin, and the upregulation of E-cadherin in both RCC cell lines. Moreover, the effect of CK on the cell cycle distribution of RCC cells was also examined by PI staining. CK treatment led to cell cycle arrest at the G2/M phase in RCC cells in a dose-dependent manner (Fig. 2D). Taken together, these data suggested that CK repressed migration and invasion and induced cell cycle arrest at the G2/M phase in RCC cells.

CK induces RCC cell apoptosis in a caspase-dependent manner. Next, an Annexin V-FITC staining assay was performed to examine whether CK could induce RCC cell apoptosis. As shown in Fig. 3A, treatment of Caki-1 and 786-O cells with different doses of CK resulted in increased apoptosis in a dose-dependent manner. To further confirm the apoptosis-inducing effects of CK, the expression levels of apoptosis-related proteins in RCC cells were measured via western blotting after incubation with various doses of CK for 48 h. As indicated in Fig. 3B, a dose-dependent decrease in anti-apoptotic proteins, Bcl-2 and Bcl-x1, and an increase in pro-apoptotic protein Bax were observed in RCC cells after treatment with CK. CK treatment also led to an increase in cleaved caspase-3 (Fig. 3B). In addition, the caspase-3 activity assay also revealed that the activity of caspase-3 was increased in a dose-dependent manner after treatment with CK (Fig. 3C). Furthermore, the pan-caspase inhibitor z-VAD could repress the CK-induced apoptosis of RCC cells (Fig. 3D). Collectively, these data suggested that CK induced apoptosis in a caspase-dependent manner in RCC cells.

CK treatment led to the generation of ROS in RCC cells. Previous studies have indicated that CK could trigger oxidative stress in various cancer cells and tumour models (22,23). Therefore, the present study investigated whether CK treatment could lead to the accumulation of ROS in RCC cells. As shown in Fig. 4A, a dose-dependent increase in ROS was detected in both RCC cell lines after treatment with CK for 24 h. Notably, the ROS scavenger NAC significantly prevented the accumulation of ROS after treatment with CK in RCC cells (Fig. 4A). The MTT assay revealed that the inhibitory effects of CK on the viability of RCC cells could be blocked by NAC (Fig. 4B). In addition, NAC also repressed the CK-induced inhibition

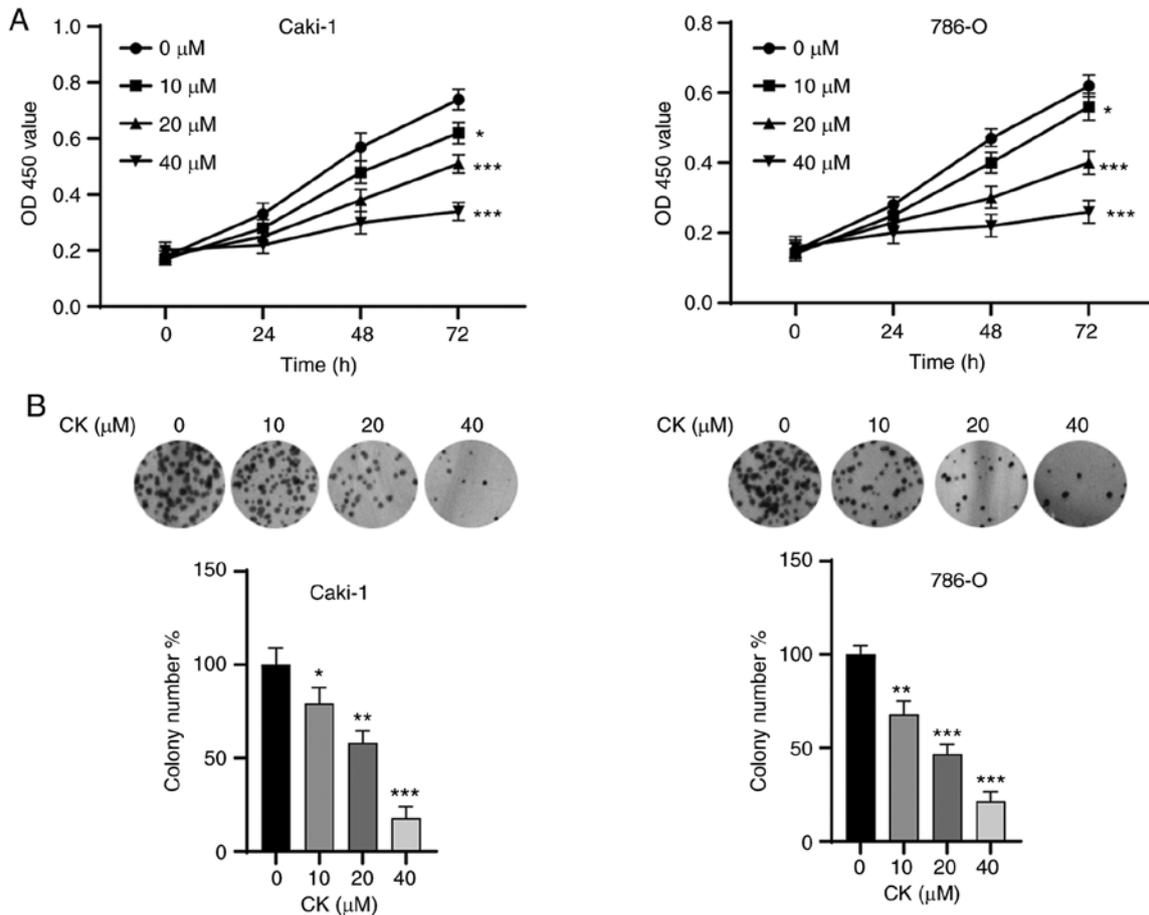


Figure 1. CK inhibits the proliferation of RCC cells. (A) The viability of Caki-1 and 786-O cells was measured via an MTT assay after exposure to various doses of CK for different times. (B) A colony formation assay was performed to measure the proliferative activity of RCC cells after treatment with various doses of CK. The data are presented as the mean \pm SD of at least three independent experiments. * $P < 0.05$, ** $P < 0.01$ and *** $P < 0.001$ vs. control group. CK, ginsenoside compound K; RCC, renal cell carcinoma.

of migration and invasion in RCC cells (Fig. 4C and D). Furthermore, the CK-induced apoptosis could also be blocked by NAC in RCC cells (Fig. 4E-G). Taken together, these data suggested that the generation of ROS played an essential role in the antitumour activity of CK in RCC cells.

lncRNA THOR is downregulated in CK-treated RCC cells. lncRNAs are commonly known to promote tumorigenesis in various cancers, including RCC. To investigate whether any lncRNAs participated in the antitumour activity of CK in RCC cells, the RT² lncRNA PCR Array system was used. The expression profiles of 25 RCC-related lncRNAs were analysed in HK-2, Caki-1 and 786-O cells, and 15 lncRNAs were found to be significantly upregulated in RCC cells compared with normal cells (Fig. 5A). Among these 15 lncRNAs, THOR was the most significantly upregulated in both Caki-1 and 786-O cells (Fig. 5A). To further confirm this finding, the expression levels of 15 lncRNAs in the presence or absence of CK were analysed in Caki-1 and 786-O cells. As indicated in Fig. 5B, the expression of THOR could be significantly inhibited by treatment with CK in both RCC cell lines (Fig. 5B). Taken together, these findings suggested that THOR, the lncRNA exhibiting the greatest reduction after CK treatment, may participate in the antitumour effects of CK. Hence, THOR was chosen for further study in the following experiments.

Silencing of THOR inhibits the oncogenesis of RCC cells. To test whether the effect of CK on RCC cells might be mediated by THOR, the functions of THOR in RCC cells were studied. RCC cells were transfected with siRNAs, and satisfactory transfection efficiency was achieved 48 h after transfection (Fig. 6A). The MTT assay showed that knockdown of THOR markedly significantly the viability of both RCC cell lines (Fig. 6B). In addition, wound healing and Transwell assays showed that the knockdown of THOR significantly repressed the migration and invasion of RCC cells (Fig. 6C). Furthermore, the silencing of THOR also induced the apoptosis of RCC cells (Fig. 6D). The anti-apoptotic Bcl-2 protein was downregulated and cleaved caspase-3 was increased after the silencing of THOR in RCC cells (Fig. 6E). Furthermore, silencing of THOR also induced cell cycle arrest at the G2/M phase in RCC cells (Fig. 6F). These data revealed that downregulation of THOR triggered effects on RCC cells similar to those of CK, suggesting that CK might exert its function by targeting THOR.

CK exerts its function in RCC cells at least partially by targeting THOR. To further investigate the role of THOR in the antitumour functions of CK, rescue experiments were conducted. RCC cells were transfected with pcDNA3.1 THOR, which significantly upregulated the expression of THOR (Fig. 7A). The MTT assay revealed that the inhibitory

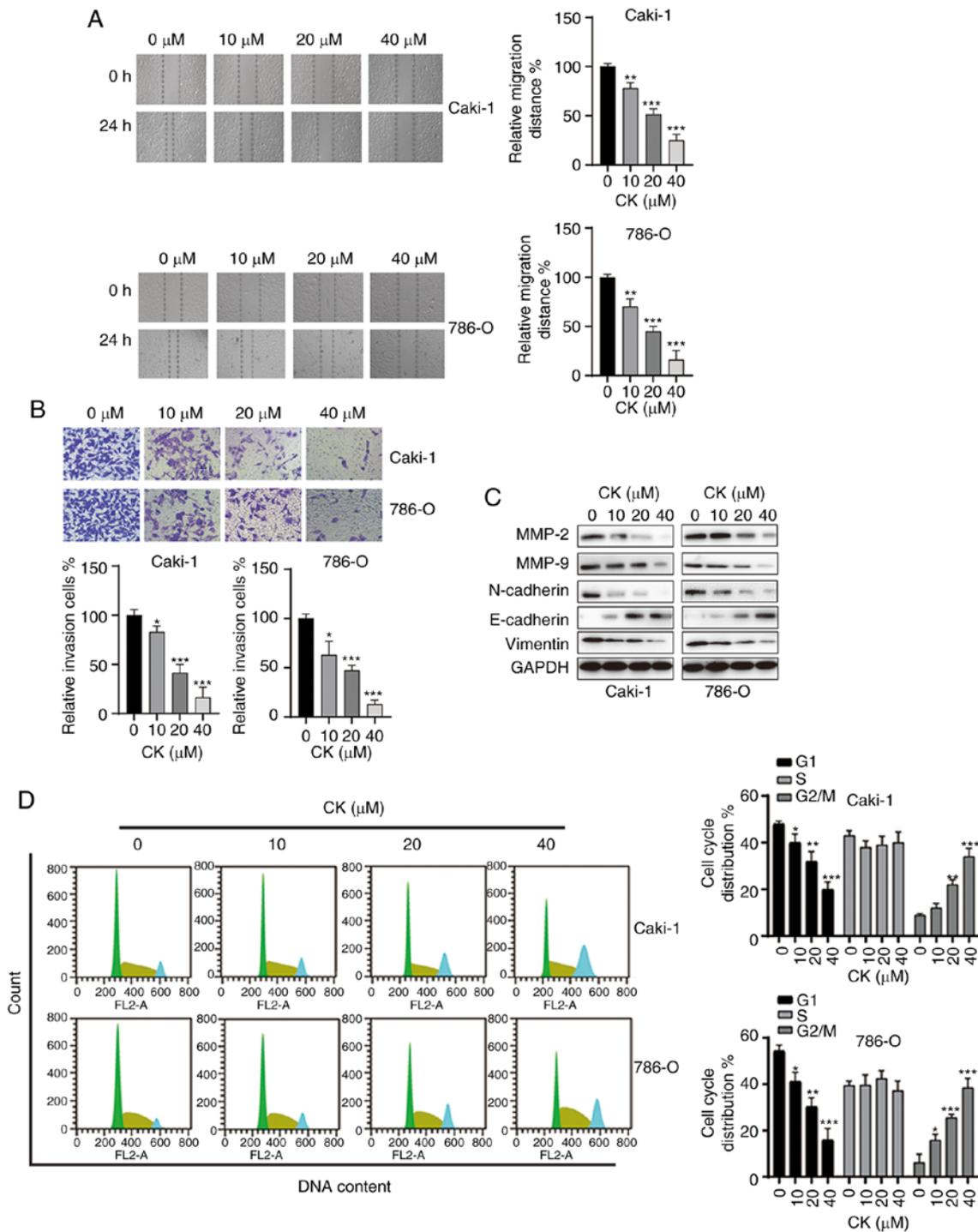


Figure 2. CK inhibits the migration and invasion of RCC cells and induces cell cycle arrest. (A) Wound healing assays were performed to measure the effects of CK on the migration of RCC cells. (B) Transwell invasion assays were performed to measure the effects of CK on the invasion of RCC cells. (C) Cells were treated with different doses of CK for 24 h, and the total cellular lysates were subjected to western blot analysis with the indicated antibodies. (D) Cells were treated with different doses of CK for 24 h, and cell cycle distribution was assayed by PI staining and flow cytometry analysis. The data are presented as the mean \pm SD of at least three independent experiments. * P <0.05, ** P <0.01 and *** P <0.001 vs. control group. CK, ginsenoside compound K; RCC, renal cell carcinoma.

effects of CK on the viability of RCC cells could be blocked by the overexpression of THOR (Fig. 7B). In addition, wound healing and Transwell invasion assays showed that the effects of CK on RCC cell migration and invasion could be reversed after the overexpression of THOR (Fig. 7C). The apoptosis-inducing effects of CK on RCC cells were also blocked by the overexpression of THOR (Fig. 7D and E). Furthermore, the CK-mediated cell cycle arrest at the G2/M phase was also

reversed by increased THOR expression (Fig. 7F). Taken together, these data suggested that CK exerted its antitumour effects at least partially by targeting THOR.

CK inhibits tumorigenesis in nude mice. Finally, the antitumour activity of CK was evaluated in male BALB/c mice harbouring established RCC xenografts. The mice were randomized into four groups (0, 25, 50 or 75 mg/kg) and treated with CK every

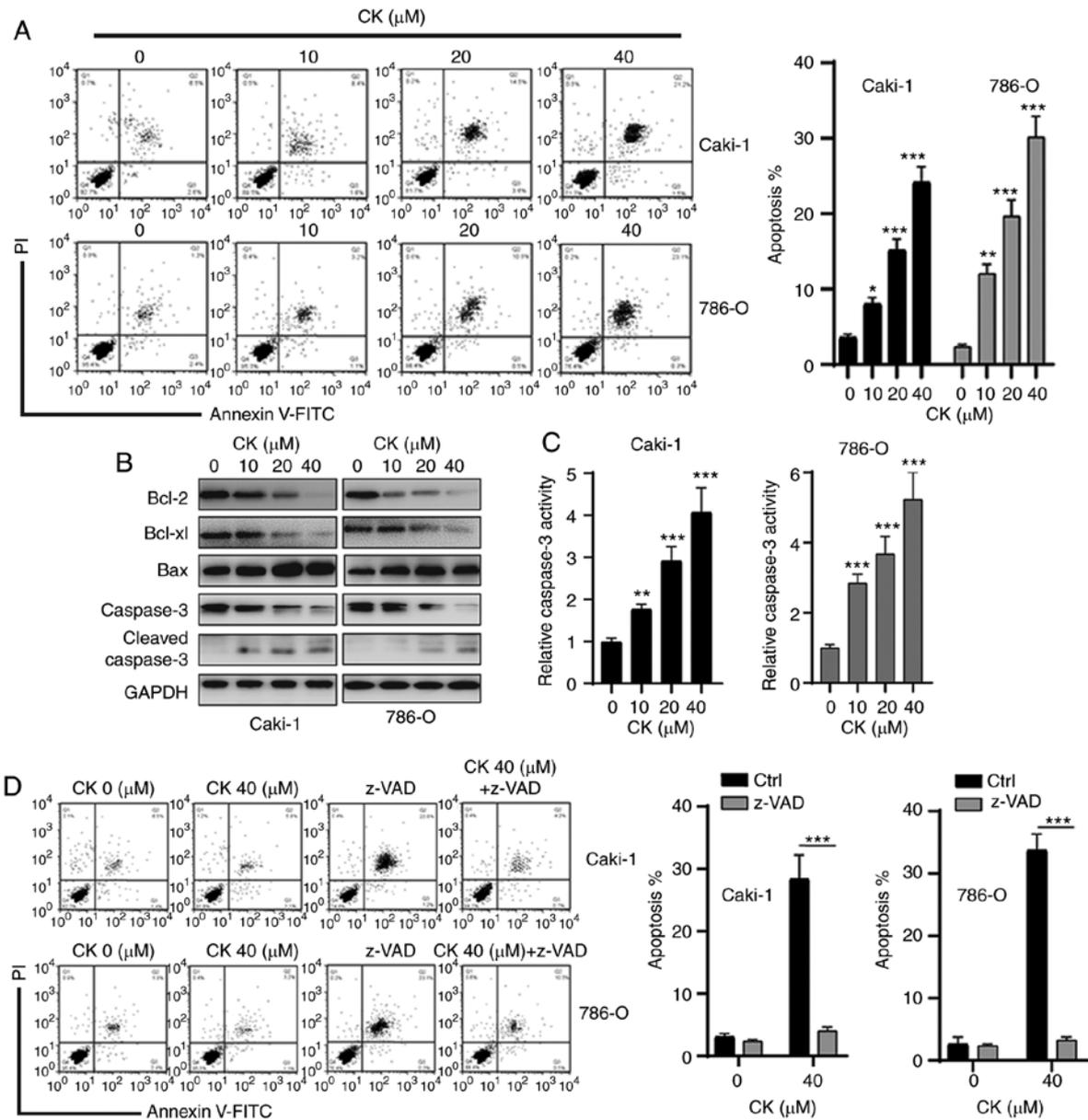


Figure 3. CK induces caspase-dependent apoptosis of renal cell carcinoma cells. (A) Cells were treated with different doses of CK for 24 h, and cellular apoptosis was measured. (B) After incubation with different doses of CK, the expression levels of apoptosis-related proteins were measured via western blotting. (C) Cells were treated with different doses of CK for 12 h, and caspase-3 activity was measured. (D) Cells were treated with CK (40 μM) with or without z-VAD (10 μM) for 24 h, and cellular apoptosis was measured. The data are presented as the mean ± SD of at least three independent experiments. *P<0.05, **P<0.01 and ***P<0.001 vs. control group. CK, ginsenoside compound K.

3 days. As shown in Fig. 8A, the mice treated with CK exhibited a significant reduction in tumour size. Notably, the mice tolerated all of the treatments, and no obvious differences in body weight were observed, suggesting that CK was well tolerated (Fig. 8B). Further study showed that CK treatment inhibited the expression of Ki-67 in a dose-dependent manner *in vivo* (Fig. 8C). The western blotting results also confirmed that treatment with CK induced the cleavage of caspase-3 in a dose-dependent manner *in vivo* (Fig. 8D). Taken together, these data indicated that CK inhibited the growth of RCC cells *in vivo*.

Discussion

In the current study, it was shown that CK, a metabolite of protopanaxadiol-type ginsenosides produced by gut

microbiota, inhibited the oncogenesis of RCC cells via multiple mechanisms *in vitro*. Ginseng, which is derived from the root of *P. ginseng* Meyer, has been used for the treatment of malignant diseases in Eastern Asia for thousands of years. However, the effects of this herb are hindered by oral administration because it is not easily absorbed by the body (24). By contrast, CK, a ginsenoside metabolite of ginseng, was found to be more easily absorbed by the metabolic system (25). A number of reports have studied the inhibitory effects of CK on various cancers, such as lung cancer, breast cancer, glioma, liver cancer and colon cancer (10,11,26-28). Consistent with previous studies, the present study demonstrated that CK inhibited the growth of two RCC cell lines (Caki-1 and 786-O) in a dose- and time-dependent manner. Clonogenic, migration and Transwell invasion assays also confirmed the inhibitory

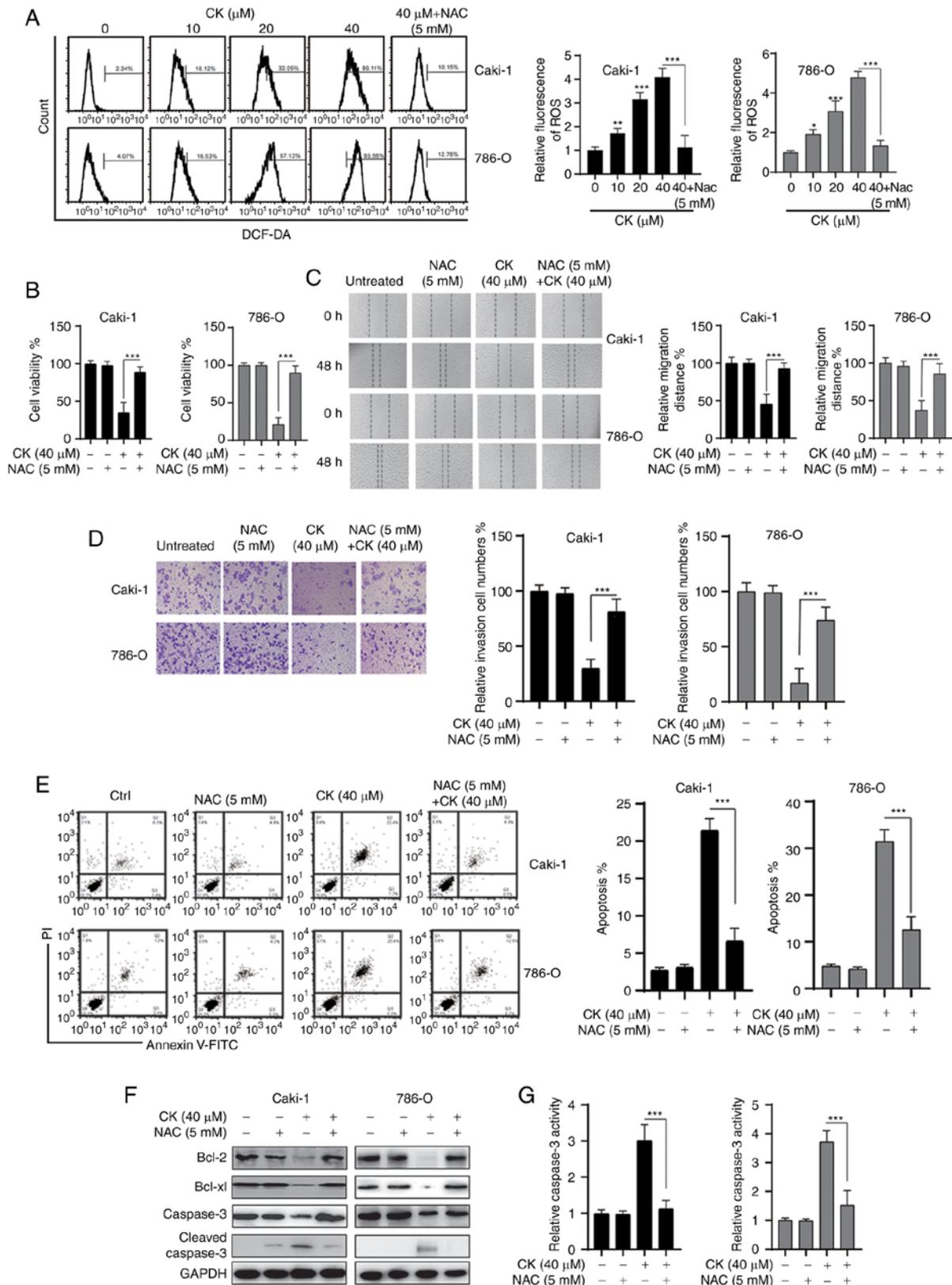


Figure 4. CK treatment leads to the generation of ROS in renal cell carcinoma cells. (A) Intracellular ROS levels were measured by flow cytometry. (B) Cell viability was measured via an MTT assay. (C) Cell migration was measured by a wound healing assay. (D) Cell invasion was measured via a Transwell invasion assay. (E) Cellular apoptosis was measured. (F) The indicated proteins were measured via western blotting. (G) Caspase-3 activity was analysed. The data are presented as the mean \pm SD of at least three independent experiments. * $P < 0.05$, ** $P < 0.01$ and *** $P < 0.001$ vs. control group or as indicated. CK, ginsenoside compound K; ROS, reactive oxygen species.

effect of CK on RCC cells. These findings suggested that CK may have potential as a potent therapeutic agent for RCC.

Next, the molecular mechanisms of the antitumour effects of CK were systematically investigated. Mounting evidence

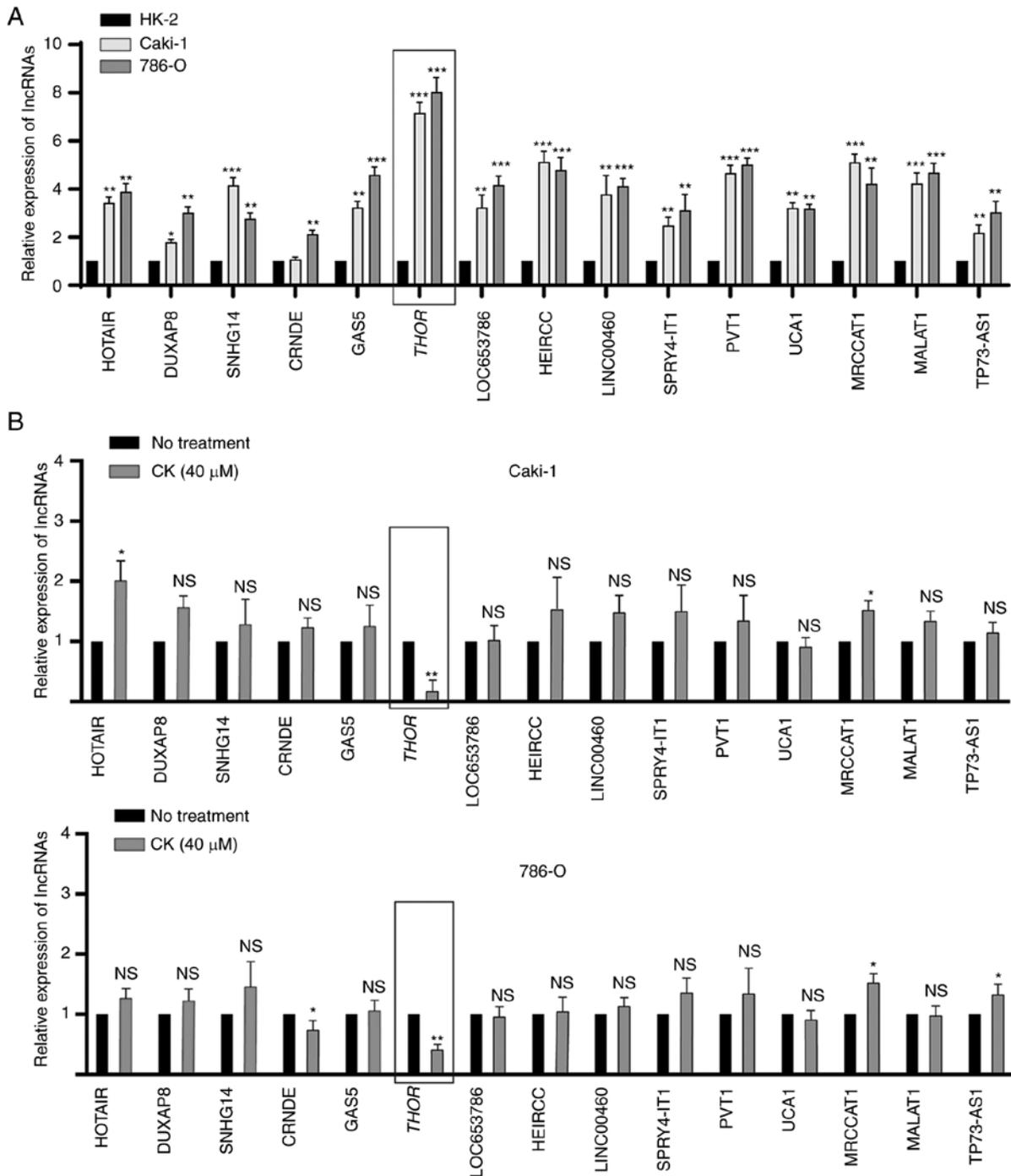


Figure 5. lncRNA THOR is downregulated in RCC cells after exposure to CK. (A) Expression of 15 lncRNAs in HK-2, Caki-1 and 786-O cells. (B) Expression levels of 15 lncRNAs in RCC cells before or after treatment with CK (40 μ M). The data are presented as the mean \pm SD of at least three independent experiments. * P <0.05, ** P <0.01 and *** P <0.001 vs. control group. NS, not significant; lncRNA, long non-coding RNA; CK, ginsenoside compound K; RCC, renal cell carcinoma; THOR, testis associated oncogenic.

has indicated that tumour recurrence and metastasis are major obstacles in the treatment of cancer. Epithelial to mesenchymal transition (EMT) is a biological process that is often activated during cancer invasion and metastasis (29). In the present study, CK treatment led to the downregulation of the mesenchymal markers N-cadherin and Vimentin and the upregulation of the epithelial marker E-cadherin. These data suggested that CK treatment inhibited EMT in RCC cells. This finding is consistent with a previous study that found that CK inhibited EMT in breast cancer (28). Targeting EMT also plays a critical role

in the response of RCC to chemo- and radiotherapies (30). It would be useful to test the effects of CK combined with other therapeutics on RCC.

Various agents mainly exert their antitumour effects by inducing apoptosis. Similar to previous studies, CK was also found to induce apoptosis in RCC cells (13,22). Apoptosis can be triggered via two pathways, namely, the extrinsic and intrinsic pathways (16). The process of apoptosis is subject to regulation by various proteins, such as Bcl-2 family members, mitochondrial proteins and caspases (31). In the present study,

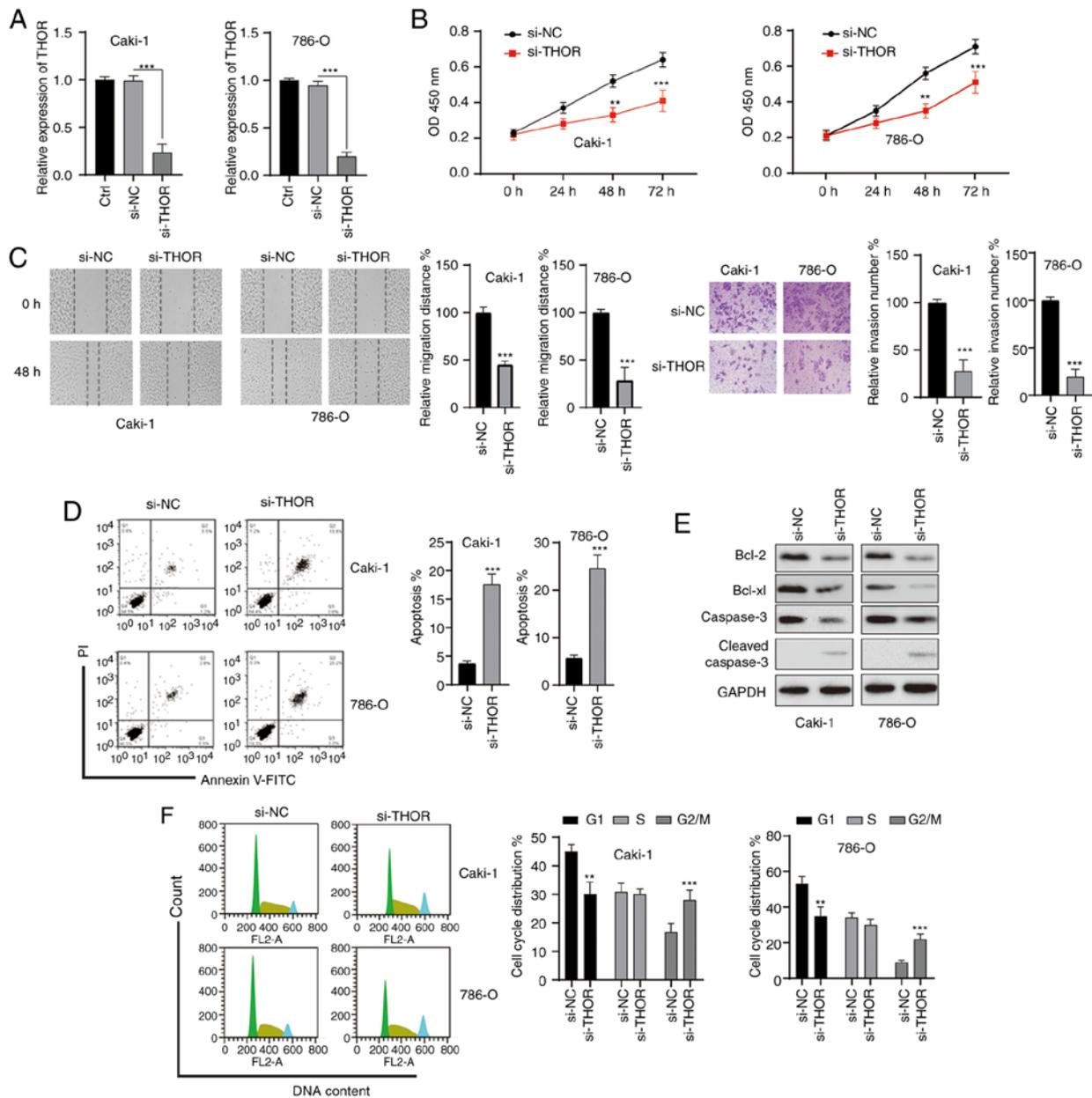


Figure 6. Silencing of THOR inhibits the tumorigenesis of renal cell carcinoma cells. (A) Cells were transfected as indicated for 24 h, and the expression of THOR was measured. (B) Cell viability was measured via an MTT assay after transfection. (C) Migration and invasion were measured after transfection. (D) Cellular apoptosis was measured after transfection. (E) Cellular lysates were subjected to western blotting analysis with the indicated antibodies after transfection. (F) Cell cycle distribution was analysed after transfection. The data are presented as the mean \pm SD of at least three independent experiments. ** $P < 0.01$ and *** $P < 0.001$ vs. control group. si-, small interfering RNA; NC, negative control; THOR, testis associated oncogenic.

it was found that treatment with CK inhibited the expression levels of Bcl-2 and Bcl-x1, and increased the expression levels of Bax and cleaved caspase-3, which characterize the intrinsic pathway of apoptosis. Hence, these data suggested that CK induced apoptosis in RCC cells via the intrinsic pathway.

A number of studies have suggested that the accumulation of ROS plays a critical role in the antitumour effects of natural products, including ginsenosides (32). Consistent with a previous study, it was also observed that CK-treated RCC cells have an increased level of intracellular ROS compared with untreated cells (32). In addition, NAC, a ROS scavenger, significantly inhibited ROS generation and prevented the cell death caused by CK treatment. Moreover, the inhibitory effects of CK on the viability, migration and invasion of RCC cells

were also reversed by NAC. These data further confirmed the role of ROS generation in the antitumour effects of CK.

lncRNAs are a group of RNAs that lack the ability to encode proteins and are >200 nucleotides in length. lncRNAs have been implicated in the processes of various human diseases, including cancer (33). To examine the possible role of lncRNAs in the antitumour effects of CK, the RT² lncRNA PCR Array system was used in the present study. After treatment with CK, the lncRNA that exhibited the greatest reduction, namely, THOR, was chosen for further investigation. THOR has been found to be dysregulated in various cancers, including RCC (34). Similar to a previous report, the present study also found that the downregulation of THOR led to the repression of tumorigenesis in RCC cells (34). Rescue

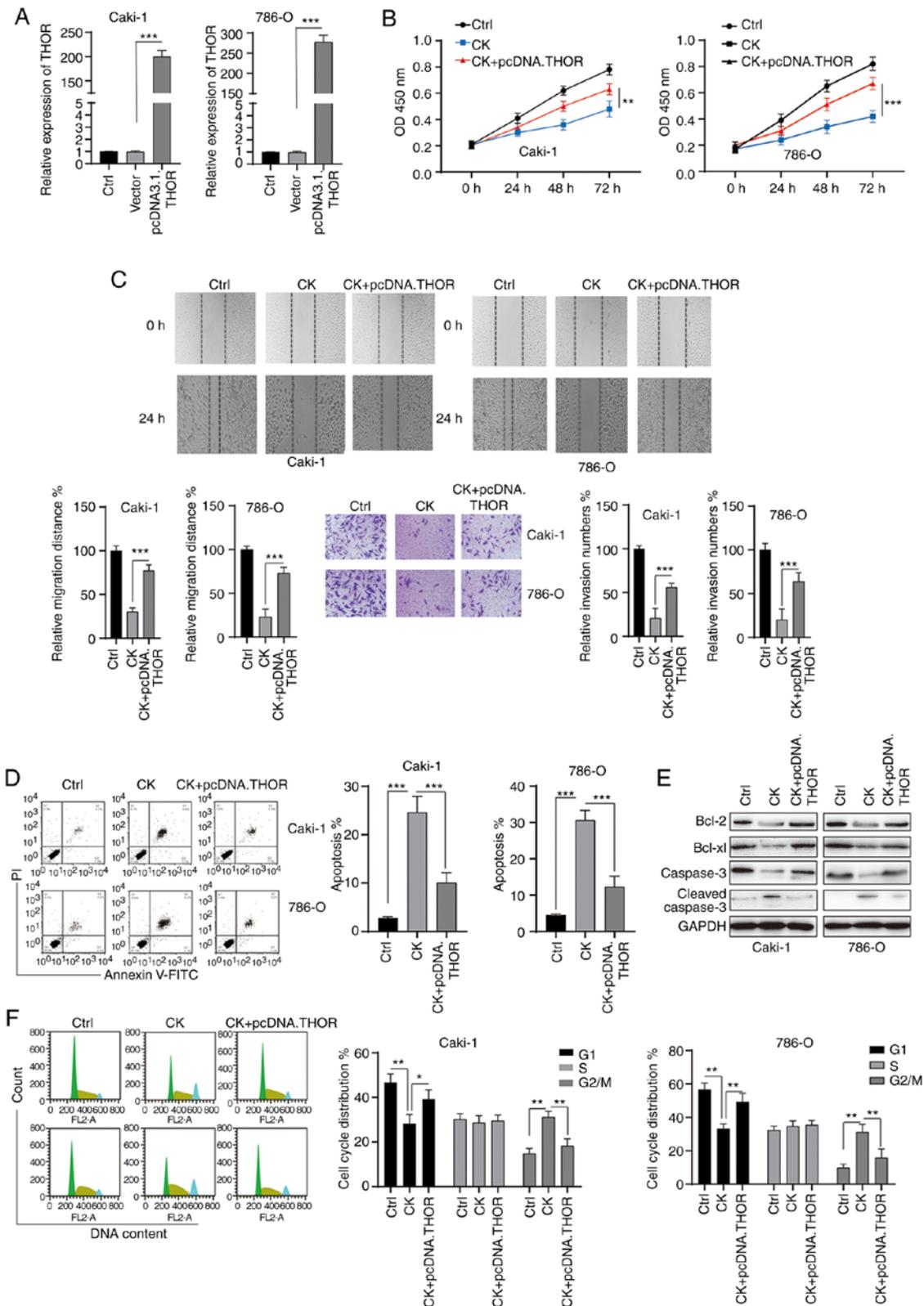


Figure 7. Upregulation of THOR inhibits the effects of CK on renal cell carcinoma cells. (A) Cells were transfected as indicated for 24 h, and the expression of THOR was measured. (B) Cell viability was measured via an MTT assay after transfection. (C) Migration and invasion were measured after transfection. (D) Cellular apoptosis was measured after transfection. (E) Cellular lysates were subjected to western blotting analysis with the indicated antibodies after transfection. (F) Cell cycle distribution was analysed after transfection. The data are presented as the mean \pm SD of at least three independent experiments. * $P < 0.05$, ** $P < 0.01$ and *** $P < 0.001$. CK, ginsenoside compound K; THOR, testis associated oncogenic.

experiments showed that the antitumour effects of CK could be partially reversed by the overexpression of THOR. These findings indicated that CK exerted its effects by targeting

THOR. To the best of our knowledge, the present study is the first to show that lncRNAs are involved in the pharmacological activities of CK.

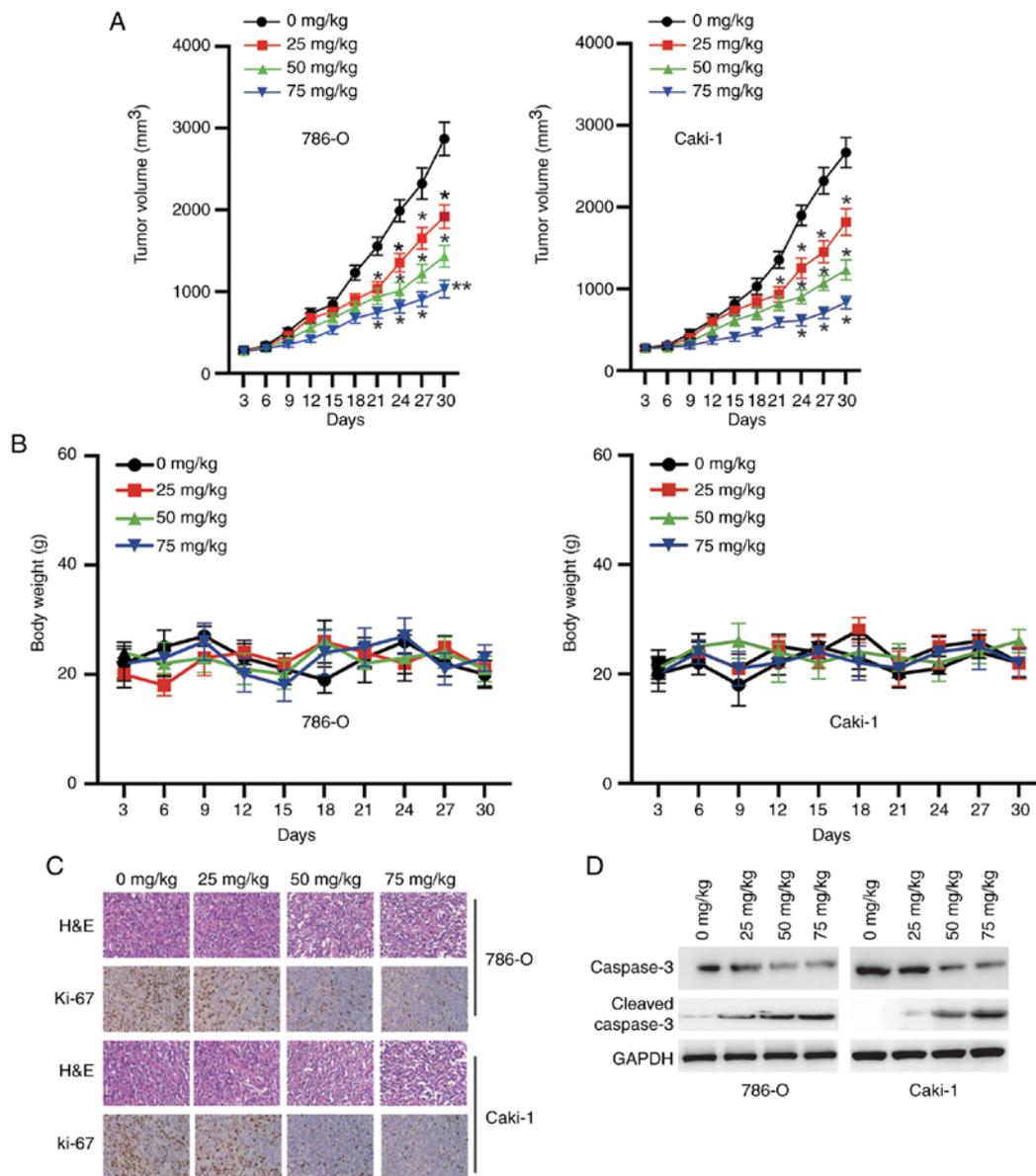


Figure 8. CK inhibits the growth of RCC cells in tumour xenografts. BALB/c mice were ectopically implanted with RCC cells, and when the tumour size reached ~ 100 mm³, the mice were injected with CK (intraperitoneal) every 3 days for 30 days. (A) Effects of CK on tumour volume. (B) Effects of CK on mouse body weight. (C) H&E staining and immunohistochemical analysis of changes in Ki-67 expression in the harvested tumours after different treatments as indicated. Representative images are shown (magnification, $\times 40$). (D) Western blotting analysis of cleaved caspase-3 expression in tumours collected from different groups. * $P < 0.05$ and ** $P < 0.01$ vs. control group. CK, ginsenoside compound K; RCC, renal cell carcinoma; H&E, haematoxylin and eosin.

There are, however, some limitations to this study. The mechanism by which CK decreased the expression of THOR in RCC cells remains unknown, and it would be of note to investigate the potential underlying mechanisms. In addition, it would also be useful to test the effects of CK alone or in combination with other agents against RCC in clinical trials.

In summary, the antitumour activity of CK were evaluated in RCC cells. The mechanistic investigations showed that CK inhibited EMT and induced apoptosis in a caspase-dependent manner in RCC cells. Furthermore, these findings showed that the generation of ROS and downregulation of THOR were also involved in the effects of CK on RCC cells. Collectively, these findings provided some novel insights into the functions of CK, which may be used as a potential antitumour agent for the treatment of renal cancer.

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Availability of data and materials

The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request.

Authors' contributions

SC, HY and FG made contributions to the acquisition and analysis of data. SC, SM and CL made contributions to the analysis of data. SC, CL and BX made contributions to the interpretation of data. YR and RY designed the study, and made contributions to the acquisition of funding and drafting of the manuscript. SC, HY and FG confirm the authenticity of all the raw data. All authors read and approved the final manuscript.

Ethics approval and consent to participate

The protocol was approved by the Institutional Animal Care and Use Committee of Zhongda Hospital, Southeast University (approval no. 2017043321; Nanjing, China). All experiments involving animals were conducted following the Guide for the Care and Use of Laboratory Animals published by the National Institutes of Health.

Patient consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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