emgh Research Letter

Low-Dose Interleukin-2 Ameliorates Colitis in a Preclinical Humanized Mouse Model

Inflammatory bowel disease (IBD) is associated with immune dysregulation triggered by environmental factors, microbial dysbiosis, and genetical susceptibility. Regulatory T cells (Tregs) are critical in controlling intestinal immune homeostasis and Treg deficiencies trigger intestinal inflammation.^{1,2} Interleukin (IL)-2 is a key cytokine controlling differentiation, survival, and function of Tregs.³ In contrast to conventional T cells (Tcon), Tregs exhibit higher sensitivity to IL-2 due to constitutive expression of CD25, the high-affinity subunit of the IL-2 receptor.³ Low-dose (LD) IL-2 has been reported to selectively expand Tregs and used as a therapeutic strategy in chronic graft-versus-host dishepatitis ease. С virus-induced vasculitis, systemic lupus erythematosus, and Wiskott-Aldrich syndrome.4-7

Thus, we sought to investigate LD IL-2 as an IBD therapeutic using humanized mice.

Similar to other disease settings,4-7 LD IL-2 specifically activated peripheral blood and colonic lamina propria Tregs from patients with IBD in vitro (Supplementary Figure 1). To study the efficacy of LD IL-2 in a preclinical setting, we treated NSG mice reconstituted with healthy donor peripheral blood mononuclear cells with phosphate-buffered saline (PBS) or LD IL-2 (1.0 \times 10⁴ IU/day [10K]; 5.0 \times 10⁴ IU/day [50K]) (Figure 1*A*). On day 5 following immune reconstitution, colitis was induced by rectal application of 2,4-dinitrobenzene sulfonic acid. Mice receiving 10K IL-2 had reduced weight loss and reduced histology scores compared with mice treated with PBS or 50K IL-2 (Figure 1B and C). Phospho-flow analysis of STAT5 confirmed that 10K IL-2 specifically activated Tregs, whereas STAT5 phosphorylation was also detected in Tcons from mice receiving 50K IL-2 (Figure 1D). Expansion of Tregs was observed in blood, spleen, and colon of mice treated with either dose of IL-2 (Figure 1*E*). However, reduced body weight loss upon treatment with 10K IL-2 associated with Treg expansion in the absence of significant Tcon activation suggest that a therapeutic range of LD IL-2 is critical (Figure 1C-E).

To evaluate the efficacy of LD IL-2 in a fully reconstituted humanized murine system, we developed NSG mice that lack murine MHCII but express human HLA-DQ8 (NSGIIDQ8 mice). Sixteenweek-old mice reconstituted with human healthy donor CD34⁺ hematopoietic stem cells at birth were sensitized with 2,4,6-trinitrobenzenesulfonic acid (TNBS) and treated with 10K IL-2 daily followed by induction of colitis with TNBS rectal challenge (Figure 2A). In contrast to mice treated with PBS, mice receiving LD IL-2 exhibited significant improvement in histological disease activity with a trend in reduced weight loss (Figure 2B and C). LD IL-2 was associated with significant expansion of human Tregs in the blood and spleen but not in the mesenteric lymph nodes colon (Figure 2D and E). or



Figure 1. Low-dose (LD) interleukin (IL)-2 selectively expands human regulatory T cells (Tregs) in vivo and alleviates experimental colitis. (A) Schematic of low-dose interleukin-2 treatment of 2,4-dinitrobenzene sulfonic acid (DNBS)–induced colitis in NSG mice reconstituted with human peripheral blood mononuclear cells (PBMCs). (B) Percent initial body weight and (C) histological analysis of distal colons following 3 days post-DNBS enema. With $20 \times$ magnification. Scale bars = 100μ m. (D) Phospho-flow analysis of pSTAT5 in splenic conventional T cells (Tcons) and Tregs. (E) Representative FACS showing Tregs in blood, spleen, and colon. Graphs are pooled data from 5 experiments. 10K, 1.0×10^4 IU/day; 50K, 5.0×10^4 IU/day; PBS = phosphate-buffered saline. *P < .05, **P < .01.

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Figure 2. Low-dose (LD) interleukin (IL)-2 expands human CD45RO⁺ regulatory T cells (Tregs) and ameliorates colitis in humanized mice. (A) Schematic depicting 2,4,6-trinitrobenzenesulfonic acid (TNBS) in NSGIIDQ8 mice reconstituted with CD34⁺ hematopoietic stem cells (HSCs). (B) Percent initial body weight and (C) representative hematoxylin and eosin–stained distal colon sections with histological colitis scores from 2 independent experiments. With 10× magnification. Scale bars = 200 μ m. (D and E) Representative flow cytometry plots and statistical analysis of human Tregs in blood, spleen, mesenteric lymph node (MLN), and colon. **P < .01 or ***P < .001 compared to control, ^{††}P < .01 compared to EtOH, ± P < .001 compared to TNBS. (F) Frequency of human CD45⁺ cells in blood and spleen. (G) SPADE analysis from 37 analyte CyTOF of splenic CD25⁺ cells from phosphate-buffered saline (PBS)– and LD IL-2-treated mice. Each circle represents cells with a similar phenotype. Circle size is proportional to the number of cells. Heat color is the median expression value (MEV) of FOXP3 in arcsinh₁₅ scale. (H) MEV quantified for various activation or functional Treg markers in splenic CD25⁺ cells based on the top 10 nodes of the SPADE analysis within the FOXP3⁺ cells. Data are pooled from 3 independent experiments. *P < .05, **P < .01, ***P < .001.

Correspondingly, no difference in the frequency of FOXP3-expressing T cells was detected using RNAscope analysis of paraffin-embedded colonic lamina propria sections (Supplementary Figure 2). The expansion of peripheral Tregs and improvement in disease activity in LD IL-2-treated mice was not attributed to alterations in the human immune reconstitution between groups (Figure 2*F*) or frequency of effector T or natural killer cells (Supplementary Figure 3).

Tregs have been reported to suppress pathogenic effector T cell function and autoimmunity through both contactdependent and contact-independent mechanisms.⁸ CyTOF analysis of splenic CD25⁺ cells showed an increased frequency of FOXP3⁺ T cells in mice receiving LD IL-2 with majority of expanded cells falling within the $CD45RO^+FOXP3^+$ Treg cluster (Figure 2*G*). The majority of $FOXP3^+$ Tregs that expanded after LD IL-2-treatment exhibited increased expression of molecules associated with Treg activation or function (HLA-DR, CD45RO, and CTLA4) or chemokines important for trafficking and migration to sites of

inflammation (CCR4 and CCR6) (Figure 2*H*). Our data suggest that expansion and activation of memory Tregs might be critical clinical determinants.

Taken together, our study demonstrates that LD IL-2 expands Tregs and ameliorates experimental colitis in humanized mice. While these data support a rationale for LD IL-2 in IBD therapy, the safety of long-term drug administration needs further investigation to ensure continued selective activation of Tregs over Tcons. Based on these promising results, we have initiated a phase 1b/2a clinical trial investigating the safety and therapeutic efficacy of LD IL-2 in patients with moderate to severe ulcerative colitis (NCT02200445).

JEREMY A. GOETTEL, 1,2,*

DANIEL KOTLARZ,^{1,2,*} ROHINI EMANI,^{1,2} JAMES B. CANAVAN,^{1,2,3} LIZA KONNIKOVA,^{1,2,4} DAVID ILLIG,¹ SANDRA M. FREI,^{1,2} MICHAEL FIELD,¹ MATTHEW KOWALIK,^{1,2} KAIYUE PENG,^{1,5} JORDAN GRINGAUZ,¹ VANESSA MITSIALIS,^{1,2,3} SARAH

M. WALL,¹ AMY TSOU,^{1,2} ALEXANDRA E. GRIFFITH,¹ YING HUANG,⁵ JOSHUA R. FRIEDMAN,⁶ JENNIFER E. TOWNE,⁷ SCOTT E. PLEVY,⁶ AISLING O'HARA HALL,⁶ SCOTT B. SNAPPER,^{1,2,3}

¹Division of Gastroenterology, Hepatology and Nutrition, Boston Children's Hospital, Boston, Massachusetts ²Department of Pediatrics, Harvard Medical School, Boston, Massachusetts ³Division of Gastroenterology, Brigham and Women's Hospital, Boston, Massachusetts

⁴Department of Pediatric and Newborn Medicine, Brigham and Women's Hospital, Boston, Massachusetts

⁵Department of Gastroenterology, Children's Hospital of Fudan University, Shanghai, China

⁶Janssen Research & Development, Spring House, Pennsylvania

⁷Janssen Research & Development, San Diego, California

Corresponding authors: e-mail: jeremy.goettel@vumc.org; or scott. snapper@childrens.harvard.edu.

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Conflicts of interest

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