



The Status and Challenges for Prostate Stereotactic Body Radiation Therapy Treatments in United States Proton Therapy Centers: An NRG Oncology Practice Survey

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ARTICLE INFO

Keywords:

Stereotactic body radiation therapy

Proton therapy

Prostate

Clinical trials

Pencil beam scanning

ABSTRACT

Purpose: To report the current practice pattern of the proton stereotactic body radiation therapy (SBRT) for prostate treatments.

Materials and Methods: A survey was designed to inquire about the practice of proton SBRT treatment for prostate cancer. The survey was distributed to all 30 proton therapy centers in the United States that participate in the National Clinical Trial Network in February, 2023. The survey focused on usage, patient selection criteria, prescriptions, target contours, dose constraints, treatment plan optimization and evaluation methods, patient-specific QA, and image-guided radiation therapy (IGRT) methods.

Results: We received responses from 25 centers (83% participation). Only 8 respondent proton centers (32%) reported performing SBRT of the prostate. The remaining 17 centers cited 3 primary reasons for not offering this treatment: no clinical need, lack of volumetric imaging, and/or lack of clinical evidence. Only 1 center cited the reduction in overall reimbursement as a concern for not offering prostate SBRT. Several common practices among the 8 centers offering SBRT for the prostate were noted, such as using Hydrogel spacers, fiducial markers, and magnetic resonance imaging (MRI) for target delineation. Most proton centers (87.5%) utilized pencil beam scanning (PBS) delivery and completed Imaging and Radiation Oncology Core (IROC) phantom credentialing. Treatment planning typically used parallel opposed lateral beams, and consistent parameters for setup and range uncertainties were used for plan optimization and robustness evaluation. Measurements-based patient-specific QA, beam delivery every other day, fiducial contours for IGRT, and total doses of 35 to 40 GyRBE were consistent across all centers. However, there was no consensus on the risk levels for patient selection.

Conclusion: Prostate SBRT is used in about 1/3 of proton centers in the US. There was a significant consistency in practices among proton centers treating with proton SBRT. It is possible that the adoption of proton SBRT may become more common if proton SBRT is more commonly offered in clinical trials.

Introduction

External beam radiation therapy for prostate cancer can span up to nine weeks when employing conventional fractionation. In contrast, only 5 fractions are typically required when delivering stereotactic

body radiation therapy (SBRT). The abbreviated treatment course for prostate radiation therapy is supported by radiobiologic experiments indicating that the α/β ratio for the prostate is lower than that of the surrounding tissues.¹ Additionally, numerous clinical trials have shown that moderate hypofractionated²⁻⁴ and SBRT⁵⁻⁷ treatments for prostate

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<https://doi.org/10.1016/j.ijpt.2024.100020>

Received 22 January 2024; Received in revised form 17 February 2024; Accepted 20 February 2024

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cancer have similar treatment outcomes and toxicity rates as conventional fractionation. Consequently, the utilization of SBRT for prostate cancer has grown over time due to its added convenience for patients and its cost reduction compared to conventional fractionation.⁸

In theory, the benefits of SBRT for the prostate should also extend to proton radiation therapy. Such shorter proton courses for prostate cancer can help reduce the current disparities in access to proton therapy.⁹ Furthermore, since proton therapy is a valuable and currently still more limited resource, SBRT for prostate could free up machine time, enabling clinics to treat more patients across various disease sites. However, in practice, SBRT for the prostate is not widely adopted in proton therapy. Experiences and outcomes of using protons for prostate SBRT have only been reported in a few papers to date.¹⁰⁻¹³ Santos et al¹³ presented the 5-year results of 38 Gy proton SBRT over 5 tx compared to 79.2 Gy in 44 tx. Freedom from failure, disease free survival and overall survival were similar for both groups. Toxicity was very low in both groups.

In 2021, the NRG Oncology Medical Physics Subcommittee established a working group to investigate the status of using SBRT treatment in proton radiation therapy for the disease sites of lung, liver, spine, and prostate. The working group consisted of radiation oncologists and therapeutic medical physicists with expertise in proton therapy. A survey following European and NRG Oncology precedents¹⁴⁻¹⁷ was designed by the workgroup for each disease site and was distributed to all 30 proton centers in the United States who are members of the National Clinical Trial Network (NCTN).

This paper reports the survey results and summarize the treatment methods for proton centers that have adopted SBRT for prostate cancer. This report can serve as guidelines and references for other proton centers interested in implementing SBRT. Another goal of this analysis was to gather information on the concerns that have impeded some centers from implementing SBRT for prostate so that we can provide potential future directions for the proton industry and clinical teams to address.

Materials and methods

The survey was designed by a team of radiation oncologists and therapeutic medical physicists with expertise in proton therapy and clinical trials. The survey included 54 questions across 5 categories. Questions 1 to 4 focused on gathering basic information, including the institution’s name, proton system vendor, beam delivery mode, and the treatment planning system. Questions 5 to 11 aimed to determine the types of patients selected. Questions 12 to 16 sought information on computed tomography (CT) Simulation, the immobilization method, and fiducial markers. Questions 17 to 45 delved into prescription, treatment planning processes, and patient-specific QA. Questions 46 to 54 covered image-guided radiation therapy (IGRT) during treatment and the verification CT. The complete set of survey questions is included in [Appendix 1](#). Responses were either selected from a dropdown menu with pre-populated options (eg, always, sometimes, never, etc.), or filled in a comment section, or both, so that respondents could provide further explanation of their selection.

The survey was distributed by the Imaging and Radiation Oncology Core (IROC), which monitors proton therapy centers participating in NCTN protocols. It was distributed on February 1, 2023, to all 30 proton therapy centers that participate in NCTN clinical trials in the United States. Several follow up requests were sent to institutions that did not initially respond. Answers were summarized per center in an open manner.

For centers that reported not performing proton SBRT for prostate patients, a follow-up survey with 3 additional questions was circulated on May 3, 2023 to gather insights into impediments that prevent them from offering this therapy. These follow-up questions are provided in [Appendix 2](#).

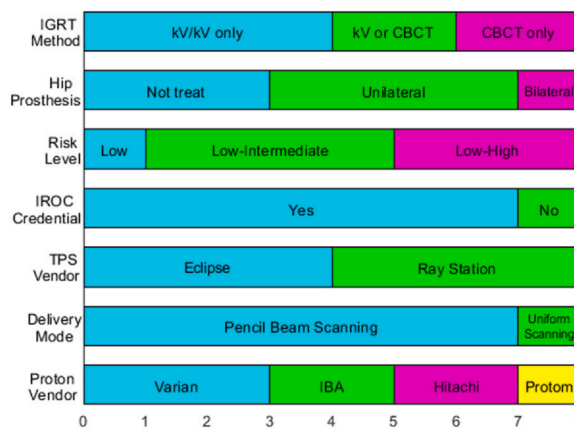


Figure. Proton system vendors, beam delivery techniques, treatment planning systems, IROC credentialing, risk level and hip prosthesis for patient selections, and IGRT methods from the 8 proton centers treating prostate cancer with SBRT. Abbreviations: IGRT, image-guided radiation therapy; IROC, imaging and radiation oncology core; SBRT, stereotactic body radiation therapy.

Results

Availability of prostate stereotactic body radiation therapy in proton centers

In total, 25 centers responded, representing an 83% participation rate. Eight centers (32%) reported offering SBRT for the prostate using proton therapy, whereas the remaining 17 centers (68%) reported not offering SBRT for the prostate. The 3 reasons cited by these 17 centers for not adopting SBRT for prostate in proton therapy, which included no clinical need ($n = 4$), hardware limitation ($n = 6$), and lack of clinical evidence ($n = 7$).

General information of the proton system and patient selection

[Figure](#) displays the general information regarding proton systems and patient selection at the 8 proton centers that employed proton SBRT for prostate treatment. There is no particular predilection for proton vendors or treatment planning system selections. Pencil beam scanning (PBS) delivery mode was used by 7 centers, and the IROC prostate phantom credentialing was completed by 7 centers. Regarding risk levels, 1 center allowed for only low-risk cases, 4 treated low- and intermediate-risk patients, and 3 offer proton SBRT for low-, intermediate-, and high-risk cases. Patients with hip prostheses were not treated in 3 center, 4 centers allowed SBRT for patients with unilateral hip prostheses, and only 1 treated patients with bilateral hip prostheses using SBRT. Cone beam CT for IGRT was used in 2 centers; kV/kV was used in 4 centers; and the other 2 centers used both kV/kV and cone beam CT. The treatment intent across all centers was curative, with only 2 centers employing palliative SBRT treatment for bone metastases. The most common reasons for selecting SBRT for prostate treatment were patient convenience and patient requests. Most centers (5 out of 8) did not utilize SBRT for prostate metastases, and half (4 out of 8) employed SBRT for reirradiation.

CT simulation and immobilization

[Table 1](#) presents information on CT simulation immobilization devices and fiducial makers. Vac-Lok and knee cushions were each used for immobilization in 4 centers. Only 1 center employed an endorectal balloon filled with water. Hydrogel spacers and fiducial markers were available in all centers. Fiducial markers made of carbon and gold were evenly used by 4 centers each. The CT slice thickness varied from 1.0 to 3.0 mm, with all but 1 center preferentially using a slice thickness of 1.0 to 2.0 mm.

Table 1
CT Sim and immobilization methods for prostate SBRT in proton.

	Immobilization Devices	Endorectal Balloon	Material in Balloon	Hydrogel Spacer	Fiducial Markers	Marker Material	CT Slice (mm)
Center 1	Vac-Lok	No	N/A	Yes	Yes	Carbon	1
Center 2	Knee Cushion	No	N/A	Yes	Yes	Carbon	2
Center 3	Knee Cushion	No	N/A	Yes	Yes	Carbon	1.5
Center 4	Vac-Lok	No	N/A	Yes	Yes	Gold	3
Center 5	Knee Cushion	Yes	Water	Yes	Yes	Carbon	2
Center 6	Vac-Lok	No	N/A	Yes	Yes	Gold	2-3
Center 7	Knee Cushion	No	N/A	Yes	Yes	Gold	1.25
Center 8	Vac-Lok	No	N/A	Yes	Yes	Gold	1.5

Abbreviation: CT, computed tomography; SBRT, stereotactic body radiation therapy.

Table 2
Prescriptions, target contours, beam angles for the prostate SBRT treatment by protons.

	Center 1	Center 2	Center 3	Center 4	Center 5	Center 6	Center 7	Center 8
Total dose (GyRBE)	36.25-40	N/A	36.25	36.25-40	35-38	35-40 ^a	38	40
Fractions	5	5	5	5	5	5	5	5
Tx frequency	Every other day	Every other day	Every other day	Every other day	Every other day	Every other day	Every other day	Every other day
MRI for target contour	Yes	Yes	Yes	Sometimes	Yes	Yes	Yes	Yes
PTV for plan optimization	Yes	No	Yes	No	Yes	No	Yes	Yes
PTV for plan evaluation	Yes	No	Yes	No	Yes	No	Yes	Yes
Margins (CTV to PTV, mm)	4-6	N/A	5 (except 3 in posterior)	N/A	8 (L/R) ^b 3 (S/I) 3 (A/P)	N/A	8 (L/R) ^b 3 (S/I) 3 (A/P)	10 (L/R) ^b 5 (S/I) 5/4 (A/P)
Crop PTV from OAR	No	No	No	N/A	Yes ^c	N/A	No	Yes ^c
Beam Arrangements	2 LATs & 2 ANT obliques ^d	2 LATs	2 LATs & 2 ANT obliques ^d	2 LATs	2 LATs	2 LATs	2 LATs	2 LATs

Abbreviation: CTV, clinical target volume; MRI, magnetic resonance imaging; OAR, organ at risk; PTV, planning target volume; SBRT, stereotactic body radiation therapy.

^a Most typically used 40 GyRBE.

^b Range uncertainty is included in the margin and the structure is called PTV_eval.

^c Only when the OAR constraints cannot be met.

^d Beam weights of lateral beams (70%) and anterior obliques beams (30%).

Prescriptions, contours, beam angles and dose constraints

Table 2 provides information on prescriptions, target contours, and beam arrangements. All 8 centers employed 5 fractions delivered every other day. The total dose ranged from 35 to 40 GyRBE. Magnetic resonance imaging (MRI) was commonly used to aid in target delineation. PTVs were utilized in 5 centers for plan optimization and evaluation. The margins from clinical target volume (CTV) to planning target volume (PTV) included range uncertainty in the beam direction in 3 centers. In 2 centers, PTV was cropped when organ at

risk (OAR) dose constraints could not be met. The typical beam arrangements comprised of 2 parallel opposed lateral beams employed by 6 centers. In comparison, 2 centers use 4 beams by supplementing parallel opposed beams with 2 anterior oblique beams with 30% weighting.

Supplementary Table 1 provides the dose constraints reported by 8 centers. Diversities were observed for the target and OAR dose constraints. For instance, the minimum percent volume of CTV should be covered by the prescription doses was 95% for 2 centers, and 98% for another 2 centers.

Table 3
Treatment plan optimization and evaluation for PBS.

	Center 1	Center 2	Center 3	Center 4	Center 5	Center 6	Center 7
Optimization Method	SFO/MFO	SFO	SFO/MFO	SFO	SFO	SFO	SFO
ROpt of target	Always	Always	Always	Always	Sometimes	Always	Never
ROpt of OAR	Yes	Yes	Yes	Yes	No	Sometimes ^a	No
Target for ROpt	CTV	CTV	CTV	CTV	CTV	CTV	N/A
ROpt setup margin (mm)	3	5 (except 3 in posterior)	5 (except 3 in posterior)	5	3	3	N/A
ROpt range uncertainty	3.0%	3.5%	3.5%	3.5%	3.0%	3.5%	N/A
REval used	Yes	Yes	Yes	Yes	Yes	Yes	No
Target for REval	CTV	CTV	CTV	CTV	CTV	CTV	N/A
REval setup margin	3 mm	5 mm	5 mm	5 mm	3 mm	3 mm	N/A
REval range uncertainty	3.0%	3.5%	3.5%	3.5%	3.0%	3.5%	N/A
REval scenarios	Worst case	Worst case	Worst case	N/A	Worst case	Worst case	N/A
REval target criteria	D _{98%} > 95%	D _{98%} > 95%	V _{100%} > 95%	D _{95%} > 95%	D _{98%} > 99%	N/A	N/A

Abbreviations: CTV, clinical target volume; OAR, organ at risk; MFO, multi-fields optimization, PBS, pencil beam scanning; REval, robustness evaluation; ROpt, robust optimization, SFO, single field optimization.

^a Robust optimization is applied when the robust evaluation for the worst case does not meet the criteria for the target coverage.

Table 4
Dose calculation, second MU check and patient-specific QA.

	Center 1	Center 2	Center 3	Center 4	Center 5	Center 6	Center 7	Center 8
Dose Calculation Algorithm	Analytical	Monte Carlo	Monte Carlo	Monte Carlo	Analytical	Analytical	Monte Carlo	Analytical
Statistics for Monte Carlo	N/A	2%	0.5%	0.5%	N/A	N/A	1%	N/A
Grid Size for analytical (mm)	2	N/A	N/A	N/A	2.5	2.5	2.5	2
2nd MU check	Monte Carlo	No	Analytical	Analytical	Monte Carlo	Monte Carlo	No	No
PSQA Method	Logfile ^a	Measure	Measure	Measure	Measure	Measure	Measure	Measure
Measured Planes	2	3	1	2	1	2	1	1
Log file analysis	Yes	N/A	N/A	N/A	Yes	N/A	N/A	N/A
PSQA Criteria	3%/3 mm, Gamma ≥ 95%	3%/3 mm, Gamma ≥ 95%	2%/2 mm, Gamma ≥ 90%	3%/3 mm, Gamma ≥ 90%	3%/2 mm, Gamma ≥ 95%	3%/3 mm, Gamma ≥ 90%	3%/2 mm, Gamma ≥ 95%	Output difference ≤ 2%

Abbreviations: PSQA, patient specific quality assurance.

^a Logfile QA was applied to all patients, and measurements were only applied to randomly selected patients.

Treatment plan optimization and robustness evaluation

Table 3 presents the methods and parameters for treatment plan optimization and robustness evaluations. Since the center with uniform scanning does not employ inverse plan optimization, 7 centers offering PBS were included in these data. Single field optimization (SFO) is employed in all 7 PBS-treating centers, with 2 centers occasionally using multi-fields optimization (MFO).

Regarding plan optimization, 2 methods were utilized. The first, used by 2 centers, involved generating an expanded structure around the CTV that encompassed both setup and range uncertainties and then optimizing the plan to cover this expanded structure. The second method, which optimizes the dose to the CTV while directly incorporating setup and range uncertainties during the optimization, was used by 5 centers. Setup margins of 3 mm were employed for the posterior direction, and 3 to 5 mm margins were used for the other directions. Range uncertainty of 3% to 3.5% was used. For robustness evaluation, the worst-case scenario for CTV coverage was used.

Dose calculation parameters, second MU check and patient-specific QA

Table 4 presents information on dose calculation, second MU check, and patient-specific QA. Analytical methods for dose calculation were used in 4 centers, whereas the remaining 4 employed Monte Carlo (MC) methods. Statistical uncertainties for doses less than 0.5% to 2% were applied for the MC algorithms. For the analytical algorithms, grid sizes ranged from 2 to 2.5 mm. Monte Carlo was used for second MU check in 3 centers, and analytical algorithms was used in 2 centers. Patient-specific QA was predominately based on measurements, except for 1 center that employed logfile QA for all patients, with measurements applied only to randomly selected patients. The number of measurement planes for patient QA varied from 1 to 3. The centers that performed log file analysis conducted it before the first treatment session, and none of the clinics conducted these analyses for daily treatment monitoring.

IGRT used in patient alignment and verification CT for dose evaluation

Table 5 presents the IGRT methods for patient alignment and the verification CTs for dose evaluation. None of the centers employ specific beam rescanning for beam delivery. Fiducial marker contours are utilized for IGRT, with IGRT tolerance varying from 1 to 3 mm. IGRT with cone-beam computed tomography (CBCT) was used by 4 centers, whereas the other 4 centers rely on kV/kV. kV imaging is performed for each field at 5 centers, and only 1 center taking post-treatment kV images. Verification CT before treatment was consistently performed in 2 centers, whereas 3 centers do so when significant deviations are observed in patient setup. Additionally, 5 centers occasionally evaluate the dose using verification CT when necessary.

Concerns about not implementing proton stereotactic body radiation therapy for prostate

Among centers who do not currently deliver prostate proton SBRT, 12 proton centers (71%) responded to the follow-up short survey. Among these, 7 centers also do not offer SBRT for the prostate using photon therapy or Brachytherapy. For the remaining 5 centers that treat the prostate with SBRT using photons or brachytherapy, SBRT was not considered for proton therapy due to reasons such as preserving proton capacities for other disease sites, a lack of evidence supporting proton therapy for this indication, and the absence of CBCT in proton facilities.

It was responded by 10 centers that a lower reimbursement rate for proton SBRT was not a concern for not using it for prostate cancer. In contrast, only 1 center mentioned that it was a primary concern, whereas another stated that it was a concern but not the primary one.

Table 5
IGRT method for patient alignment and verification CT for dose evaluation.

	Center 1	Center 2	Center 3	Center 4	Center 5	Center 6	Center 7	Center 8
Rescanning	No	No	No	No	No	No	No	No
Structure for IGRT	Fiducial contour	Fiducial contour	Fiducial contour	Fiducial contour	Fiducial contour	Isodose Line ROI	Fiducial contour	Fiducial contour
IGRT type	kV/kV	CBCT	CBCT	kV/kV and CBCT	kV/kV	kV/kV and CBCT	kV/kV	kV/kV
kV per field	Yes	No	No	No	Yes	Yes	Yes	Yes
Post Tx kV	No	No	No	No	No	No	Yes	No
IGRT tolerance	3 mm	1 mm	3 mm	2 mm	3 mm	2 mm	1 mm	1 mm
Verification CT	Sometimes	Yes	No	Sometimes	No	Sometimes	No	Yes
Evaluate Dose	Sometimes	No	Sometimes	Yes	No	Sometimes	Sometimes	Sometimes

Abbreviations: CBCT, cone-beam computed tomography; CT, computed tomography; IGRT, image-guided radiation therapy; ROI, region of interest.

While all proton centers acknowledged the convenience of SBRT for prostate patients, its implementation for protons is limited. Regarding why relying solely on kV images and fiducials for prostate SBRT is inadequate, responses indicated concerns such as target deformation, daily variations in the rectum and bladder, and changes in patient habitus that cannot be adequately assessed without volumetric imaging. Concerning the lack of clinical evidence, all responses indicated that SBRT for prostate would be considered if more clinic trials supported its use.

Discussion

Proton therapy systems involve many vendors offering different treatment modalities and online imaging methods. Furthermore, protons are more sensitive to setup and range uncertainties than photon therapy. Many details concerning proton therapy, such as plan optimization and evaluation, must be considered. Therefore, the NRG Oncology Medical Physics Subcommittee along with the NRG Oncology Particle Therapy Work Group formed this working group to survey the operational proton centers in the United States regarding their practice for prostate SBRT. This survey can help determine whether these practices align with standard guidelines, which can aid in designing future cooperative group and other clinical trials, while also helping proton centers interested in implementing this treatment procedure.

Proton therapy is a relatively scarce resource associated with high delivery costs, and in some cases, it increases patients’ travel expenses due to the reduced availability. One significant finding from this survey is that SBRT for prostate cancer is not widely utilized in proton therapy despite its convenience and cost-effectiveness for patients. The responses indicated that the lack of clinical evidence is the primary concern for not adopting it. Figure shows no consensus exists on which patients risk levels should most optimally be treated with SBRT. Clinical trials for protons are essential for comparing them to photons, for standardization, and to have safe and consistent patient treatments. Proton centers should consider conducting more clinical trials with the involvement of more institutions and longer-term follow-up to quantify its efficacy and safety more fully. As case rates have not been adopted in the US, more protracted treatments, especially with protons, may have higher reimbursement. Most centers did not mention lower reimbursement as an issue for adopting proton SBRT, but we are cognizant that conversations about reimbursement and fractionation happen on an ongoing basis in many proton centers in the US. We are hopeful that reimbursement is not a deterrent to adopting more hypofractionated schedules.

In addition to the limited clinical evidence, the absence of volumetric imaging is a big concern. Compared to modern linacs, where CBCT is a standard technique, CBCT is a more recent addition to proton facilities.¹⁸ Many old proton therapy systems lack volumetric imaging, but some centers are either upgrading or planning to upgrade to CBCT. That would help these clinics implement SBRT. Proton vendors should make the volumetric imaging system as the standard option. With technological advances in online imaging, proton therapy can achieve

its full clinical potential and may prove to be a valuable treatment modality when delivering prostate SBRT.¹⁹

Among 8 proton centers that offer SBRT for the prostate, there are many areas of consensus, as demonstrated in the results section. Most proton centers (87.5%) employ PBS delivery mode and completed IROC phantom credentialing. Hydrogel spacers, fiducial markers, and MRI usage are part of clinical practice across all centers. Treatment planning typically involves parallel opposed beams, and consistent parameters for setup and range uncertainties are used for plan optimization and robustness evaluation. Measurements-based patient-specific QA, every-other-day beam delivery, and fiducial contouring for IGRT are consistent practices across all centers. Doses among centers were very uniform with all centers offering doses between 35 Gy-40GyRBE in 5 treatments every other day.

Given the relatively small number of proton centers available and the limited number of proton-specific randomized trials conducted, it has been customary to adopt doses and fractionations used in conventional radiation therapy. In this manner, doses and fractionations for most disease sites currently treated with proton therapy have been derived from studies conducted with conventional radiation. Many papers on proton therapy have shown that similar fractionation can provide comparable control and toxicity rates when incorporating a small RBE correction. For prostate SBRT, 3 randomized trials have consistently demonstrated safety and efficacy. In the Pace B study,⁶ 36.25 Gy administered over 5 treatments was compared to 78 Gy in 39 treatments or 62 Gy in 20 treatments. Daily image guidance with prostate image-guided radiation therapy was mandatory, and the use of fiducial markers for guidance was permitted. Different margins were employed for SBRT compared to the standard arm, as well as higher hotspots within the target, delivering up to 45 Gy. In the Hypofractionated Radiotherapy for Prostate Cancer study,⁷ 42 Gy over 7 treatments was compared to 78 Gy in 39 treatments. Fiducial marker guidance was used for most patients, and treatment planning and margins were similar between the 2 groups. In the PCG GU002 study,¹³ 38 GyRBE over 5 treatments was compared to 79.2 GyRBE over 44 treatments delivered with proton therapy (American Society for Radiation Oncology 2023). Daily fiducial guidance, margins, and planning evaluation were consistent for both groups. Among the 3 studies, it is evident that long-term toxicity rates, quality of life (QOL), and efficacy are similar between the 2 treatment approaches. These studies provide clinical evidence for the safety and efficacy of an SBRT approach, whether using x-rays or proton therapy, based on fiducial markers.

Our study has some limitations, including the fact that questions and answers were not anonymized, which may have influenced some of the responses. For the technical parameters, we relied on information provided by the center, and treatment data was not directly reviewed, which means that variations in treatment may be larger than reported. Only centers within the NRG group were surveyed, which comprises most radiation centers in the US, but not all. However, our study’s strengths include a very high response rate, detailed information about treatment parameters, and subjective assessments of SBRT. This study remains the most in-depth analysis of current proton SBRT practices in the US.

In summary, the survey results revealed that SBRT for prostate is not widely used in proton centers currently. Among the 8 proton centers that offer SBRT for the prostate, several standard practices were reported. It is possible that higher patient demand may drive its future usage.

Funding

This project was supported by grants U10CA180868 (NRG Oncology Operations), U24CA180803 (IROC) from the National Cancer Institute.

Author Contributions

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Declaration of Conflicts of Interest

Liyong Lin, PhD, discloses a grant from Varian Medical Systems, outside the submitted work. Charles B. Simone II, MD, discloses honorarium from Varian Medical Systems, outside the submitted work. Paige A. Taylor, MS, discloses a grant from the National Institutes of Health, during the conduct of the study. The authors have no additional relevant conflicts of interest to disclose.

Data availability

Research data are stored in an institutional repository and will be shared upon request to the corresponding author.

Appendix A. Supporting material

Supplementary data associated with this article can be found in the online version at [doi:10.1016/j.ijpt.2024.100020](https://doi.org/10.1016/j.ijpt.2024.100020).

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