eAppendix 1

Cognitive test

MoCA was developed in 2005 for detecting early cognitive impairment¹ and was well-validated in Taiwan.² It contained structured tasks covering orientation, executive function, visuospatial skills, attention, calculation, working memory, delayed recall, and language for a global evaluation of cognition. The total score ranged from 0 (worst) to 30 (best) with an additive one-point correction for education years \leq 12 years.¹ A cutoff score of 23/24 was suggested by the Taiwan version of MoCA for identifying mild cognitive impairment (MCI) with 92% sensitivity and 78% specificity.²

ADAS-cog was invented in 1984 for cognitive assessment of mild to severe Alzheimer's dementia.³ It evaluated global cognition by 11 items for memory, praxis, and memory domains, with a total score from 0 (best) to 70 (worst). The Taiwan version of ADAS-cog in traditional Chinese had been validated in community-dwelling older adults.⁴

Image acquisition

MRI scans were performed on a Siemens 3T Skyra MR scanner equipped with a 20-channel head and neck coil at Chang Gung Memorial Hospital, Keelung, Taiwan. All participants received identical pulse sequences, including a set of high-resolution T1-weighted image (T1w) using a 3D Magnetization-Prepared Rapid Gradient Echo (MPRAGE) sequence (TR/TE = 2200/2.45 ms, TI = 900 ms, field-of-view (FOV) = 256 mm $\times 256$ mm², flip angle = 8° , matrix size = 256×256 , 176 sagittal slices, slice thickness = 1 mm, no gap). The MR scans also collected a set of diffusion-weighted images (DWIs) using single-shot spin-echo echo-planar diffusion-weighted images (TR/TE = 8500/99 ms, matrix size = 108×108 , 50 contiguous slices, voxel size = $2.37 \times 2.37 \times 2.4$ mm³) with two b-values of 1500 s/mm² (30 diffusion directions) and 3000 s/mm² (64 diffusion directions), plus two b=0 images in posterior to anterior phase encoding direction. Another b=0 image in anterior to posterior phase encoding direction was acquired for susceptibility distortion correction.

Image preprocessing

MRI data were all processed using the iDIO pipeline (https://github.com/iDIO4dMRI/iDIO)⁵ that included functions of MRtrix3 (https://www.mrtrix.org/),⁶ FSL (https://fsl.fmrib.ox.ac.uk/),⁷ ANTs (http://stnava.github.io/ANTs/),⁸ and PreQual

(https://github.com/MASILab/PreQual). The DWIs preprocessing procedures included image denoising (MRtrix3 command: dwidenoise), 10, 11 Gibbs ringing removal (MRtrix3 command: mrdegibbs), 12 susceptibility-induced distortion, eddy current and subject movement correction (FSL command: topup and eddy), B1 field inhomogeneity correction (MRtrix3 command: dwibiascorrect) and imaging resampling into 2 mm3 isotropic voxels. T1w image preprocessing includes Gibbs-ringing artifact removal (MRtrix3 command: mrdegibbs) and B1 field inhomogeneity bias correction (ANTs command: N4BiasFieldCorrection command), both of which can improve skull stripping. A skull-stripped brain mask is generated using the antsBrainExtraction in ANTs. Next, image registration from T1 to DWI uses the boundary-based registration method (FLIRT in FSL). 14, 15 T1w brain mask is then transformed into DWI space for further usage. Last, using the brain mask with preprocessed DWIs, DWIs with b-values lower than 1500 s/mm2 are extracted and analyzed using the diffusion tensor model with weighted least square (FSL command: dtifit). 16

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