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Flightless I is a catabolic factor of chondrocytes that promotes hypertrophy and cartilage degeneration in osteoarthritis



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Highlights

Activated macrophages promote the secretion of Flil from chondrocytes

Flil acts as a DAMPtriggering molecule in cartilage

Flil promotes chondrocyte hypertrophy and cartilage catabolism

Flil represents attractive target for therapeutic intervention

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SUMMARY

Synovial macrophages that are activated by cartilage fragments initiate synovitis, a condition that promotes hypertrophic changes in chondrocytes leading to cartilage degeneration in OA. In this study, we analyzed the molecular response of chondrocytes under condition of this type of stimulation to identify a molecular therapeutic target. Stimulated macrophages promoted hypertrophic changes in chondrocytes resulting in production of matrix-degrading enzymes of cartilage. Among the top-upregulated genes, Flil was found to be released from activated chondrocytes and exerted autocrine/paracrine effects on chondrocytes leading to an increase in expression of catabolic and hypertrophic factors. Silencing Flil in stimulated cells significantly reduced expression of catabolic and hypertrophic factors in cocultured chondrocytes. Our further results demonstrated that the Flil-TLR4-ERK1/2 axis is involved in the hypertrophic signaling of chondrocytes and catabolism of cartilage. Our findings provide a new insight into the pathogenesis of OA and identify a potentially new molecular target for diagnostics and therapeutics.

INTRODUCTION

Osteoarthritis (OA), a major, world-wide joint disease, frequently leads to the development of disabilities and long-term hospitalization and medication for people. The number of patients with OA has been reported to be increasing globally and it is estimated that 303 million people suffered from OA in 2017 (Abramson et al., 2006; James et al., 2018). The disease is characterized by progressive degeneration of cartilage, osteophyte formation, subchondral bone sclerosis, and synovial inflammation (synovitis). These issues limit mobility, physical functioning and dexterity of the affected population, leading to premature aging and, in many cases, early retirement. Therefore, OA is considered to be one of the most devastating diseases, in that it influences functionality and productivity in society with significant economic impact on individuals and medical services (Glyn-Jones et al., 2015; Loeser et al., 2012). To date, there are no specific treatments available for OA and current therapies, such as the use of acetaminophen and nonsteroidal anti-inflammatory drugs are given just to relieve pain in the joint. In late-stage OA, patients frequently need surgical intervention and joint arthroplasty to relieve pain and restore the function of the joint (Abramson et al., 2006; Glyn-Jones et al., 2012).

The inability to develop a specific drug to inhibit OA pathology is most likely due to our lack of fundamental knowledge regarding the molecular pathogenesis of the disease. However, there is a consensus that mechanical force/loads, trauma, and aging that are associated with the breakage of cartilage and cartilage wear serve to initiate subsequent events leading to the impairment of joint function (Pap and Korb-Pap, 2015, De Lange-Brokaar et al., 2012). Synovitis is one of these primary events in OA and it becomes more prominent in the middle and late stages of OA. Macrophages are constitutively resident in the synovium in both heathy and pathological conditions and are believed to play the key role in the development of synovitis through promoting the infiltration of immune cells and the production of proinflammatory cytokines (De Lange-Brokaar et al., 2012; Robinson et al., 2016). Macrophages are generally classified on basis ¹Department of Orthopedic Surgery, Faculty of Medicine and Graduate School of Medicine, Hokkaido University, Kita-15, Nish-7, Kita-ku, Sapporo 060-8638, Japan

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of the activation into proinflammatory M1 and anti-inflammatory M2. The macrophage M2 phenotype is the most dominant under normal conditions in joints, where they serve to maintain tissue homeostasis. However, upon exposure to microenvironmental stimuli, macrophages are polarized to the M1 phenotype which is responsible for the production of nitric oxide and proinflammatory cytokines that function to mediate tissue damage. A growing body of evidence suggests that an association exists between synovitis and increased cartilage damage. In fact, the presence of inflammatory cytokines in the synovium provokes cartilage breakage and the resulting fragments/tears can then cause further pathological changes (Macfarlane et al., 2019; Hamasaki et al., 2019). Consistent with these findings, our earlier studies demonstrated that cartilage fragments elucidate a robust inflammatory response in macrophages that are associated with increased catabolism in cartilages (Hamasaki et al., 2019, Hamasaki et al., 2020). Therefore, investigating the intercellular communication within the joint microenvironment namely between cells that reside in the synovium and cartilage would be expected to provide clues for development of a novel treatment.

Cartilage is an avascular non-self-renewing hyaline tissue that connects the surface of the bones and acts as a shock absorber in the joint. Specialized cells called chondrocytes, which are sparsely distributed in the cartilage, produce the extracellular matrix which is essential for cartilage homeostasis and function. Chondrocytes in the articular cartilage exhibit phenotypic heterogeneity including developing into proliferative, prehypertrophic, and hypertrophic chondrocytes, depending on their developmental origin, localization, and the stage of the disease (Ji et al., 2019). Physiologically, chondrocytes maintain metabolism in cartilage through regulating anabolic and catabolic activities in the cartilage. In progressive OA, metabolism is drastically switched toward catabolism, which is characterized by phenotypic changes in chondrocytes, including hypertrophy and apoptosis resulting in matrix calcification (Ji et al., 2019). Hypertrophic chondrocytes become the source of catabolic factors such as matrix metalloproteinases (MMPs) and aggrecanases (ADAMTS), and proinflammatory mediators that ultimately lead to the degradation of cartilage (Loeser et al., 2012; Goldring and Otero, 2011; Aigner et al., 2002). These findings indicate that chondrocytes play a crucial role in the progression of OA and our understanding of their pathophysiological function is essential for discovering new therapeutic interventions for preventing/modifying OA progression.

Given the fact that synovitis mediated by inflammatory macrophages alters the functional and phenotypic properties of chondrocytes, we analyzed the gene profile of chondrocytes that had been activated by coculturing with inflammatory macrophages using a transwell system. Macrophages were stimulated with cartilage fragments to mimic the environment in the synovium allowing the activation of macrophages. Bioinformatic analyses revealed that genes associated with hypertrophy and ossification in cocultured chondrocytes were upregulated. Our further data identified a novel chondrocyte catabolic factor, flightless I (Flil), that stimulates chondrocyte hypertrophy and cartilage catabolism associated with progression of OA.

RESULTS

Gene profile of chondrocytes stimulated by coculturing with inflammatory macrophages

To fully exploit the molecular and biological characteristics of chondrocytes upon the onset of synovitis that is initiated by cartilage breakage, murine chondrocytes were cultured with bone marrow-derived macrophages that had been stimulated with cartilage fragments and their response was analyzed using an RNA-seq approach. A total 328 genes were upregulated in chondrocytes cultured with the cartilage fragment-stimulated macrophages as compared to those cultured with mock macrophages (Figure 1A and Table S3). A Venn diagram analysis demonstrated that of the regulated genes, 78 genes were present in the gene profile of the OA cartilage and 106 genes were present in the gene profile of the chondrocytes that had been stimulated with IL-1 β (Figures 1B and 1C). These results revealed that inflammatory macrophages stimulated by cartilage fragments activate chondrocytes, causing them to express a gene profile that shares a certain degree of similarity to the gene expression signature of OA. To further understand the regulatory networks and functional relevance of this molecular response, differentially expressed genes (p < p0.05) were subjected to GO and pathway enrichment analyses. The top enriched terms included ossification for a biological process, heparin binding for molecular function, extracellular matrix for cellular component, and chondrocytes for overrepresented tissues (Figure 1D and Table S4). It is noteworthy that the upregulated genes in stimulated chondrocytes included number of molecular markers for cartilage catabolism, including Mmp13, Vegfa, and Col10a1. Consistent with these findings, a KEGG pathway database mapping analysis revealed that ECM-receptor interaction and protein digestion and absorption, which are involved in the OA process, were included in this response (Figure 1E and Table S4). Similarly, this response included the negative regulators of transcription factor SOX9 and the positive regulators







Figure 1. Gene profile of murine chondrocytes cocultured with murine macrophages stimulated by cartilage fragments

For stimulation condition, chondrocytes seeded onto cell culture transwell insert were cocultured with macrophages activated by cartilage fragments with sizes of 0.5–55 µm at a ratio of 1:5 for 48 hr.

(A) Volcano plots represents molecular response of chondrocytes stimulated by coculturing with macrophages (n = 3). Top-regulated genes are indicated. Red plots represent upregulated genes, blue plots represent downregulated (p < 0.05) and black plots represent genes that are not significantly regulated. (B) Venn diagram analysis for the numbers of genes which are significantly upregulated in OA cartilage and these reported in the current study. (C) Venn diagram analysis for the numbers of genes which are significantly upregulated in chondrocytes stimulated with IL-1 β and these reported in the current study. The significantly upregulated genes identified in the current study were compared to gene profiles of OA cartilage and chondrocytes stimulated with IL-1 β and the results are shown as Venn diagrams.

(D) Gene enrichment analysis for biological process, molecular function, cellular component, and overrepresented tissue terms of the differentially expressed genes in chondrocytes cocultured with macrophages stimulated by cartilage fragments.

(E) KEGG pathways enrichment analysis.

(F) Enriched transcriptional factors of differentially expressed genes in chondrocytes that were cocultured with macrophages stimulated by cartilage fragments.

RUNX2 that play essential roles in chondrocyte hypertrophy (Figure 1F and Table S4). Considering these collective findings, we conclude that the presence of cartilage fragments in the synovium promotes a molecular response in macrophages that mediates hypertrophic changes in chondrocytes and the catabolism of cartilage.

Identification of Flil as catabolic factor associated with chondrocyte hypertrophy

Our results prompted us to speculate that the synovitis initiated by cartilage fragments might elicit the production of autocrine/paracrine signaling molecules in chondrocytes that would then mediate hypertrophic differentiation. To further identify the target molecules involved in this process, the differentially expressed genes of chondrocytes were filtered to match p < 0.01 with FC ≥ 1.0 and this criterion led to the identification of 37 genes. These genes were functionally enriched, and included secreted, signal, developmental protein, and phosphoproteins terms (Figure 2A). The potential involvement of molecules enriched in the







Figure 2. Identification of Flil as a potential molecular target involved in OA process

(A) Gene enrichment analysis for functional categories of top-regulated genes in murine chondrocytes cocultured with murine macrophages stimulated by cartilage fragments.

(B) Violin plots showing the fold change of top-regulated genes in chondrocytes.

(C) Expression of Flil in chondrocytes as analyzed by qRT-PCR. Results represent means \pm SEM for triplicates and significant difference was determined by the student t-test.

(D) Detection of Flil in OA cartilage using IHC. Scale bars are indicated and represent 500 µm for low magnification image and 100 µm for higher magnification images.

(E) Detection of FliI in chondrocytes isolated from OA cartilage using IFA. Scale bars represent 50 $\mu m.$

(F) Detection of Flil in synovial fluids by ELISA (left panel) and Western blotting (right panel).



Figure 2. Continued

(G) Detection of Flil in supernatant of chondrocyte cultures stimulated with IL-1 β or TNF- α using ELISA (upper panel) and Western blotting (lower panel). Results represent means \pm SEM for triplicates and significant difference was determined by the One-way ANOVA, followed by Tukey's multiple-comparison procedure.

developmental protein term in cell maturation/development caused us to speculate that they may contribute to hypertrophic differentiation of chondrocytes. Of these genes, Flil which was found in the top-regulated genes (Figure 2B and Table S3) and structurally contains a functional domain involved in cell differentiation, was further characterized as a potential molecular target involved in hypertrophic changes in chondrocytes and the catabolism of cartilage. The upregulation of Flil expression in cocultured chondrocytes with macrophages was confirmed using qRT-PCR (Figure 2C). Next, OA cartilage samples were immunostained for the detection of Flil using IHC and IFA assays. Intracellular Flil was detected in chondrocytes that were located in the superficial and middle zones of OA cartilage and in isolated chondrocytes derived from OA cartilage (Figures 2D and 2E). These results suggest that Flil is expressed in a certain subpopulation of chondrocytes in damaged cartilage and under specific stimulation. Likewise, secreted Flil was detected in synovial fluids of the OA joint and chondrocyte cultures that had been stimulated with IL-1β (Figures 2F and 2G), suggesting a potential role of Flil in the OA process. To gain an insight into the pathological role of Flil in OA, recombinant Flil encoding a conserved repeated region of the Gelsolin-related domain was used to stimulate chondrocytes and cartilage in vitro. Remarkably, stimulation by recombinant Flil resulted in a significant elevation in the expression of catabolic factors, including Mmp3, Mmp13, and Adamts5 in murine primary chondrocytes (Figures 3A-3C), and a decrease in the expression of anabolic factors, including Col2a1 and aggrecan (Figure 3D) in a dose-dependent manner. Moreover, an increase in the expression of hypertrophic markers, including RUNX2, collagen X (COL X) and c-Myc but not VEGFA was observed in chondrocytes that had been stimulated by Flil (Figures 3E and 3F). In line with these results, cartilage stimulated with Flil exhibited a significant decrease in safranin O staining in the superficial zone of cartilage along with an increased concentration of sGAG in the medium (Figures 4A-4C). These collective results revealed that the release of Flil in cartilage promotes the production of catabolic factors and hypertrophic changes in chondrocytes thus leading to the degradation of extracellular matrix and the degeneration of cartilage in OA. To obtain further evidence on the paracrine effects of FliI and its pathological role in OA, a cocultured model containing naive chondrocytes and Flil-knocked down chondrocytes was developed (Figure 4D). The transfected chondrocytes with Flil siRNA (test) or with negative control siRNA (control) were stimulated with IL-1ß for 24 hr and then added to cultures of naive chondrocytes (Figure 4E). Of note, the cocultured chondrocytes with Flil-knocked down cells exhibited a reduction in the expression of Mmp3 and the expression of Mmp13 and Runx2 tended to be lower than that for the control (Figure 4F), suggesting that Flil has pathological effects on chondrocytes in cartilage.

Involvement of MAPKs signaling in chondrocytes activation by Flil

To understand the molecular mechanism associated with Flil activation, we evaluated the expression of ERK and p38 MAP kinases, and JNK, all of which are essential for the differentiation of hypertrophic chondrocytes and the development of endochondral ossification. It is noteworthy that the expression of pERK1/ 2 but not p38 and JNK were significantly increased in chondrocytes stimulated with Flil (Figure 5A). This elevation was coincident with an increase in the expression of pMEK1/2, which is known to be a factor involved in upper stream signaling of ERK1/2 (Figures 5B and 5C). Furthermore, the pretreatment of chondrocytes with the MEK1/2 inhibitor U0126 diminished the ability of Flil to increase the expression of pERK1/ 2, c-Myc, MMP13, and MMP3 in chondrocytes and this decrease was dose-dependent (Figure 5D). In fact, pretreatment with 10 µM U0126 significant abolished the effects of Flil, leading to an increase in the expression of pERK1/2 and MMP3 in chondrocytes (Figures 5E and 5F). These results reveal that the catabolic effects of Flil are probably mediated by MEK1/2-ERK1/2 axis signaling. Given the fact that Flil has the ability to interact with toll/interleukin-1 receptor (TIR) domains (Lei et al., 2012), we further investigated the potential involvement of TLR4 in Flil signaling. A pull-down assay showed a direct interaction between recombinant Flil and TLR4 (Figure 5G), suggesting that the changes in chondrocytes due to Flil activation are mediated by the TLR4-ERK1/2 axis. To test this supposition, chondrocytes were pretreated with the TLR4 signaling inhibitor TAK-242 after which, the cells were activated by FliI. This treatment resulted in a significant reduction in the increased expression of ERK1/2 as well as MMP3 and MMP13 (Figures 5H and 5I). From these results, we inferred that Flil promotes chondrocyte hypertrophy and cartilage catabolism though activation of the TLR4-ERK1/2 axis.







Figure 3. In vitro stimulation of murine chondrocytes by Flil

(A) Dose-dependent manner of Flil in stimulating chondrocytes and promoting the expression of catabolic factors.

(B) Gene expression of catabolic factors in chondrocytes stimulated with Flil (5µg/mL) or IL-1β (positive control) as assayed by qRT-PCR. Results represent means ± SEM for 8 samples and significant difference was determined by the one-way ANOVA, followed by Tukey's multiple-comparison procedure. (C) Protein levels of catabolic factors in stimulated chondrocytes as assayed by Western blotting.

(D) Gene expression of anabolic factors in stimulated chondrocytes with Flil (5µg/mL) (n = 8). Significant difference was determined by the One-way ANOVA, followed by Tukey's multiple-comparison procedure.

(E) Protein levels of hypertrophic factors in stimulated chondrocytes with Flil (5µg/mL) as assayed by Western blotting.

(F) Quantification of the relative densities of the detected bands of RUNX2, c-Myc and COL X. Results represent means \pm SEM for triplicates and significant difference was determined by the student t-test. Results from *in vitro* experiments are representative of at least two independent experiments.

DISCUSSION

There has been growing interest in the potential role of cartilage fragments in initiating synovitis in progressive OA. Under this condition, the production of proinflammatory cytokines in the synovium alter the chondrogenic phenotype and induce differentiation, hypertrophy and apoptosis leading to cartilage degeneration (Abramson et al., 2006, De Lange-Brokaar et al., 2012). In fact, our earlier findings, using cocultured chondrocytes model, demonstrated that cartilage fragments activate NF- κ B signaling in macrophages resulting in the production of inflammatory cytokines that mediate the production of catabolic factors in chondrocytes (Hamasaki et al., 2019, 2020). Therefore, it is very important to study the molecular changes in chondrocytes that are cocultured with cartilage fragment-stimulated macrophages as a step toward developing a deeper understanding of synovium-cartilage crosstalk in the OA process. Hence, our data showed that chondrocytes cultured with cartilage fragment-stimulated macrophages expressed the gene signatures of ossification, differentiation, hypertrophy, and ECM degradation. An increased hypertrophic differentiation of chondrocytes and the degradation of the cartilage matrix are known to be associated





Figure 4. Pathological role of Flil in OA process

(A) Catabolic effect of Flil on cartilage (Ex-vivo stimulation). Representative images for safranin O staining of sectioned cartilage after Ex-vivo stimulation with Flil (10 µg/mL) or IL-1β. Scale bar represents 50 µm.

(B) Quantification of the safranin O staining of sectioned cartilage after stimulation with Flil or IL-1 β .

(C) Detection of sGAG in supernatant of stimulated cartilage cultures. Results represent means of 9 samples \pm SEM and significant difference was determined by the One-way ANOVA, followed by Tukey's multiple-comparison procedure.

(D) Experimental design of knockdown experiment.

(E) Detection of Flil in transfected chondrocytes.

(F) Expression of catabolic factors in naive chondrocytes stimulated by culturing with IL-1 β -stimulated-siRNA-transfected chondrocytes. Results represent means \pm SEM for 6 samples and significant difference was determined by the student t-test.

with vascular invasion, endochondral ossification and calcification of cartilage (De Lange-Brokaar et al., 2012; Robinson et al., 2016). These results suggest that there is a link between endochondral ossification signaling and inflammation that occurs in the synovium due to the presence of cartilage fragments.

Our data support the conclusion that synovitis mediated by macrophages is an important switch for the development of progressive OA and cartilage degeneration. In fact, articular cartilage is a type of avascular tissue with no intrinsic vasculature or lymphatic supply, which makes it dependent on surrounding tissues including the synovium and subchondral bone for nutrition and signaling. Therefore, once damage occurs, by mechanical force for example, matrix degradation and cartilage wear activate synovial macrophages that initiate changes in cartilage metabolism, thus the perpetuation of the cycle of degradation. Components from the damaged extracellular matrix, such as fibronectin, aggrecan, and intracellular proteins derived from necrotic cells are recognized by macrophage receptors as danger-associated molecular patterns (DAMPs) that activate NLRP3 inflammasomes that are associated with the production of proinflammatory cytokines and MMP in macrophages (Blom et al., 2007; Nakayama, 2018). Upon the stimulation of cartilage, an extensive autocrine/paracrine communication occurs between different regions of the cartilage that regulates chondrocyte differentiation and endochondral ossification, as well as the production of matrix-degrading enzymes (Little et al., 2009; Goldring, 2000). Generally, cartilage structure, architecture, and function are regulated by a complex molecular network of balanced anabolic and catabolic activities that are mediated by chondrocytes. However, the increase in catabolic activities of cartilage accompanied by changes in chondrocyte phenotype impairs the architecture and function of cartilage which then







Figure 5. Signaling pathway involved in Flil activation

(A) Flil activated ERK1/2 in chondrocytes stimulated with Flil (5µg/mL) as evidenced by increased expression of pERK1/2.

(B) Dose-dependent manner of Flil in activating ERK1/2 and MEK1/2.

(C) Quantification of the relative densities of the detected bands of pERK1/2 and pMEK1/2 for triplicates and significant difference was determined by the One-way ANOVA, followed by Tukey's multiple-comparison procedure.

(D) Effects of different doses of MEK1/2 inhibitor U0126 on expression of to ERK1/2, MMP13, MMP3, c-Myc and RUNX2 after Flil activation.

(E) Western blot analysis showing that deduction of ERK1/2 expression due to U0126 is associated with reduction of expression of MMP3.

(F) Quantification of the relative densities of the detected bands of pERK1/2 and MMP3 for triplicates and significant difference was determined by the Oneway ANOVA, followed by Tukey's multiple-comparison procedure.

(G) Pull-down assay showing the ability of Flil to bind TLR4 of chondrocytes.

(H) Involvement of TLR4 in signaling mediated by Flil activation as analyzed by western blotting.

(I) Gene expression of MMP3 and MMP13 in FliI-stimulated chondrocytes after treatment with TAK-242. Results for triplicates and significant difference was determined by the One-way ANOVA, followed by Tukey's multiple-comparison procedure.

exaggerates articular cartilage degeneration. Therefore, the identification of molecules that are shifting in tissue toward catabolic activities may aid in the discovery of disease modification agents for potential therapeutic applications.

Our further findings identified Flil as a catabolic factor of chondrocytes that exerted pathological effects on cartilage through promoting chondrocyte differentiation and cartilage catabolism. Flil was found to be highly expressed in chondrocytes of OA cartilage mainly in damaged superficial zones. On the other hand, high levels of extracellular Flil were detected in synovial fluids from patients with OA and the supernatant of chondrocytes that had been stimulated with inflammatory cytokines. The stimulation of chondrocytes with Flil appeared to activate the TLR4 and MAPKs-ERK1/2 signaling pathway resulting in an increase in the expression of hypertrophic and catabolic factors. These findings were further supported by results demonstrating that the pretreatment the cells with a MEK kinase inhibitor, upstream of ERKs signaling, and a TLR4 antagonist diminished the upregulation in the expression of catabolic factors induced by Flil stimulation. Together, the findings that Flil is associated with cartilage damage and the activation of TLR4-ERKs signaling in chondrocytes suggest its potential function as a DAMPs-triggering molecule in cartilage mediating hypertrophy and catabolism.



Flil is a member of the gelsolin family of proteins that is predominately expressed as intracellular protein and solely as secreted protein and functions as an actin-remodeling protein, and a nuclear receptor co-activator with the ability to interact with various other proteins that are important in cellular signaling (Kopecki and Cowin, 2008). Secreted Flil has been detected in fluids around damaged skin extracellular matrix, including blisters and wounds of patients undergoing abdominoplasty, as well as tumor microenvironments. The hypertrophic effects of Flil are evident by the facts that Flil impairs skin barrier development and promotes hypertrophic scarring through elevating collagen-I mediating hypertrophy and scar formation in skin (Cowin et al., 2007; Cameron et al., 2016). In the tumor microenvironment, Flil enhances tumor growth and spread through promoting tumor cell invasion and repressing apoptosis (Kopecki et al., 2015). Moreover, a recent study showed that Flil is expressed at high levels in damaged colonic mucosal matrix of patients with inflammatory bowel disease. The overexpression of Flil adversely affects mucosal healing and enhances the local production of inflammatory cytokines and immune cell infiltration (Kopecki et al., 2019). On the other hand, Flil exerts immunomodulatory functions on immune cells through interaction with TLR4 and the regulation of TLR-4/MyD88 signaling (Wang et al., 2006). These collective findings suggest that Flil might be a molecule that is associated with tissue damage and functions to promote tissue hypertrophy and catabolism.

Our data are consistent with earlier studies highlighting the association between the expression of members of the gelsolin family, such as villin and adseverin in the OA process via regulating chondrocyte differentiation and hypertrophy (Bucki et al., 2008). In essence, adseverin has been documented to regulate the onset of hypertrophy in a MAPK-dependent manner, and adseverin that is overexpressed in chondrocytes causes an increase in the expression of genes that are involved in differentiation and catabolism, as well as ERK1/2 and p38 signaling (Nurminsky et al., 2007). Generally, members of the gelsolin family including CapG, Flil, villin, and supervillin, are intracellular molecules that are involved in the regulation of actin dynamics. Extracellular forms of gelsolin proteins are released upon cell damage and act as DAMPs-triggering molecules that participate in the signaling of several signal transduction pathways that regulate essential functional processes, including inflammation, tumor growth, differentiation, and apoptosis (Bucki et al., 2008; Ahrens et al., 2012).

Hypertrophy of chondrocytes, the terminal stage of endochondral ossification, is characterized as a process where bone is replaced with cartilage. Hypertrophic chondrocytes express high levels of RUNX2, COL10A1 and MMPs and eventually undergo apoptosis, followed by vascular invasion that facilitates osteoclast invasion into cartilage and bone. Moreover, recently acuminating evidence suggests that the transdifferentiation of hypertrophic chondrocytes to osteoblasts occurs during the process of endochondral ossification (Aghajanian and Mohan, 2018). In this process, MAPK signaling pathways namely p38 and ERK-1/2 play a prominent role through regulating chondrocyte differentiation and the expression of matrix-degrading enzymes (Prasadam et al., 2010). It is interesting to note that the activation of TLRs in chondrocytes initiates hypertrophic/apoptotic changes in chondrocytes through the activation of MAPK signaling pathways. The contents of cartilage matrix that accumulate in joints due to traumatization and degeneration act as DAMPs that are recognized by TLRs that are expressed in chondrocytes. For example, a high-mobility group box 1 protein (HMGB-1) and proteoglycans such as biglycan and decorin activate chondrocytes via TLR4, resulting in the upregulation of catabolic factors (Kim et al., 2006). Generally, extracellular DAMPs, including ECM components and necrotic and apoptotic cells bind TLRs, NOD-like receptors (NLRs), and receptors for advanced glycosylation end products that are located on the surface of immune cells, chondrocytes, osteoblasts, and synoviocytes where they initiate downstream signaling cascades leading to the activation of several transcription factors that are associated with the production of catabolic factors. The essential role of DAMP in pathogenesis of OA has been demonstrated in experimental arthritis models as function blocking antibodies to HMGB1, carboxylate glycans or Coll2-1 to reduce catabolism and inflammation in the joint (Lambert et al., 2020). In line with these findings, our study identified Flil as a DAMPs-triggering molecule that mediates the activation of TLR4-ERK1/2 signaling in chondrocytes, thus leading to hypertrophy and cartilage catabolism. Flil appears to have the typical characteristics of DAMPs-triggering molecules, including a high expression in damaged tissues, acting as an endogenous molecule for pattern recognition receptors such as TLRs, can be passively released or actively secreted from stressed cells and, at high dosage, activates signal transduction and various signaling cascades that are associated with pathogenesis (Blom et al., 2007; Nakayama, 2018).

In conclusion, our findings suggest that macrophages that are activated by cartilage fragments in the synovium promote the release/secretion of Flil from chondrocytes which then mediates hypertrophic changes

Limitation of the study

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The major limitation of this study includes the lack of *in vivo* evidence supporting the pathological role of Flil in OA progression. Our future research aims at the therapeutic effects of Flil blocking antibody in OA animal models. Another limitation is the effective dose of Flil *in vitro* was relatively high as compared to the detected level of protein in OA joint. This is most likely due to the reason that recombinant Flil used in this study is expressing single gelsolin-related domain, while full protein contains 6 gelsolin-related domains. One additional limitation is that the macrophages used in the current study are derived from bone marrow cells, which might exhibit a different phenotype from synovial resident macrophages.

in chondrocytes and the catabolism of cartilage via TLR4-ERK1/2 signaling. This is the first study highlighting Flil as a DAMPs-triggering molecule that is involved in the pathogenesis of OA. Our further efforts will be directed at investigating Flil as a potential therapeutic target for OA in experimental models. iScience

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STAR*METHODS

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SUPPLEMENTAL INFORMATION

Supplemental information can be found online at https://doi.org/10.1016/j.isci.2021.102643.

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AUTHOR CONTRIBUTIONS

Study designs were done by T.E., M.A.T., and N.I. *In vitro* and *in vivo* experiments were performed by T.E., M.H., G.M., T.O., M.K.A., S.Y., and H.A. Data acquisition and statistical analysis were done by T.E, T.S., D.T., K.H., and K.K. Drafting of manuscript was performed by T.E., M.A.T. Critical review of manuscript was done by T.O., N.I., K.K., and D.T. All authors have read and approved the submitted manuscript.

DECLARATIONS OF INTERESTS

The authors declare no competing interests.

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STAR*METHODS

KEY RESOURCES TABLE

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Antibodies		
Flightless I	GeneTex	RRID: AB_10727618
Anti-MMP13 antibody	Abcam	RRID: AB_776416
ADAMTS5	GeneTex	RRID: AB_1240417
Anti-MMP3 antibody	Abcam	RRID: AB_881281
RUNX2	BioLegend	RRID: AB_2632769
VEGFa	BioLegend	RRID: AB_2212504
c-Myc antibody	Cell signaling	RRID: AB_2151827
Phospho-c-Myc antibody	Cell signaling	RRID: AB_2151830
Anti-Collagen X antibody	Abcam	RRID: AB_879742
p44/42 MAPK (Erk1/2) antibody	Cell signaling	RRID: AB_390779
Phosphor-p44/42 MAPK (Erk1/2) antibody	Cell signaling	RRID: AB_2315112
p38 MAPK antibody	Cell signaling	RRID: AB_10999090
Phospho-p38 MAPK antibody	Cell signaling	RRID: AB_2139682
SAPK-JNK antibody	Cell signaling	RRID: AB_2250373
Phospho-SAPK-JNK antibody	Cell signaling	RRID: AB_823588
MEK1/2 antibody	Cell signaling	RRID: AB_10829473
Phospho-MEK1/2 antibody	Cell signaling	RRID: AB_331648
TLR4/MD2	BioLegend	RRID: AB_313789
Anti-β actin antibody	Applied Biological Materials	RRID: AB_2631287
Biological samples		
Human OA cartilage and synovial fluid from the	Hokkaido University	N/A
patients undergoing total knee arthroplasty	Hospital	
Chemicals, peptides, and recombinant proteins		
Flightless I Recombinant Protein Antigen	Novus Biologicals	NBP1-87925PEP
Recombinant Human IL-1 beta Protein	Novus Biologicals	NBP2-35895
Recombinant Human TNF-a	Peprotech	Cat #. 300-01A
Recombinant Mouse IL-1β	BioLegend	Cat #. 575102
Critical commercial assays		
Human Flightless I Homolog ELISA Kit	MyBioSource, Huissen, Netherlands	catalog No. MBS459349
Deposited data		
Raw and Analysis data	This paper	GSE171420
Raw and Analysis data of articular cartilage	Soul et al., 2018	E-MTAB-6266
Raw and Analysis data of articular cartilage	Ramos et al., 2014	GSE57218
Raw and Analysis data of articular cartilage	Dunn et al., 2016	E-MTAB-4304
Raw and Analysis data of human chondrocyte stimulated with IL-1 β	Comblain et al., 2016	GSE75181
Raw and Analysis data of mouse chondrocyte stimulated with IL-1 β	Son et al., 2017	GSE104793

(Continued on next page)





Continued		
REAGENT or RESOURCE	SOURCE	IDENTIFIER
Raw and Analysis data of bovine chondrocyte	Lv et al., 2019	https://www.nature.com/
stimulated with IL-1β		articles/s41598-018-36500-2
Experimental models: Organisms/strains		
Mouse C57BL/6J	The Jackson Laboratory	RRID: IMSR_JAX:000664
Software and algorithms		
Image J	Schneider et al., 2012	https://imagej.nih.gov/ij/
Cufflinks and Cuffdiff	Hamasaki et al., 2020	http://cole-trapnell-lab.github.io/ cufflinks/cuffdiff/index.html

RESOURCE AVAILABILITY

Lead contact

Further information and requests for resources and reagents should be directed to and will be fulfilled by the Lead Contact, M Alaa Terkawi (materkawi@med.hokudai.ac.jp).

Materials availability

This study did not generate new unique reagents.

Data and code availability

All data needed to evaluate the conclusions in the paper are present in the paper and/or the supplemental information. The RNA-seq data generated during this study were deposited at the Gene Expression Omnibus (GEO) database (http://www.ncbi.nlm.nih.gov/geo/) and are publicly available under the accession number (GSE171420). Other bioinformatics data are publicly available under the accession number (E-MTAB-6266, GSE57218, E-MTAB-4304, GSE75181, GSE104793). Additional data related to this study might be requested from corresponding author.

EXPERIMENTAL MODEL AND SUBJECT DETAILS

Animal study

This study was performed to explore the molecular mechanism by which stimulated macrophages impair the function of chondrocytes in OA cartilage. Animal experiments were performed based on the ethical guidelines approved by the Institute of Animal Care and Use Committee of the Hokkaido University Graduate School of Medicine (approval ID: 19-0158). Specific pathogen-free C57BL/6 mice were kept in SPF facility and both male and female were used in all experiments. Primary articular chondrocytes were isolated from cartilages of 5-day-old C57BL/6 mice. Primary cartilages from femoral head were isolated from 6-weeks-old C57BL/6 mice. Chondrocytes were cocultured with stimulated macrophages in a transwell culture system and their response was analyzed RNA-Seq. Murine chondrocytes and femoral head cartilage were stimulated with the target molecule, and expression of catabolic/hypertrophic factors and histological changes were evaluated. Signaling pathway induced by the target molecule in chondrocytes was characterized *in vitro* using specific inhibitors.

Human study

Human samples including cartilage and synovial fluid samples were obtained from OA patients undergoing total knee arthroplasty under protocols approved by Hokkaido University Institutional Review Board and with the patients' informed consent (ID: 018-0215). Tissues and synovial fluids were obtained from 4 OA patients including 1 man and 3 women with mean age of 74 years (59-83 years). Formalin-fixed human cartilage was immunostained by specific antibody for detecting the target molecule. On the other hand, human chondrocytes were cultured in presence or absence of stimuli for genes and proteins expression analyses.





METHOD DETAILS

In vitro coculture model of chondrocytes with macrophages

Macrophages, chondrocytes and cartilage fragments were isolated from C57BL/6 mice and cultured as earlier described (Hamasaki et al., 2019, Hamasaki et al., 2020). Briefly, bone marrow cells isolated using MACS beads (Monocyte isolation kit BM, Miltenyi Biotec) were differentiated into macrophages by stimulation with 50 ng/mL mouse recombinant macrophage colony-stimulating factor (MCSF; Peprotech, Tokyo, Japan) for 7 days. Primary articular chondrocytes were isolated from cartilages of 5-day-old C57BL/6 mice by enzymatic digestion with collagenase D (Sigma) in DMEM medium (DMEM, Sigma- Aldrich) at 37 °C overnight (Gosset et al., 2008). Cartilages were isolated from the femoral condyles and tibial plateau. To prepare the cartilage fragments, the femoral head cartilages of 4-week-old SPF C57BL/6 mice were crushed by Multi Beads Shocker (Yasui Kikai, Osaka, Japan) for 1 minute at 2500 rpm. Fragments with sizes ranged between 0.5 and 55 μ m were kept at -80°C for further use. Thereafter, cartilage fragments at ratio of 5:1 were added to differentiated macrophages seeded onto 24-well plates at ratio 2 \times 10⁵. In parallel, chondrocytes were seeded (2 \times 10⁵) onto cell culture transwell insert (1.0 μ m pore size; Falcon cell culture inserts, BD, Franklin Lakes, NJ, USA) and cultured in DMEM/F12 medium supplemented with 10% heat-inactivated fetal bovine serum (FBS; Sigma-Aldrich), 25 mg/L penicillin/streptomycin for 24h. The transwell inserts were next added to differentiated macrophages in 24-well plates and cultured in a 37 °C humidified atmosphere containing 5% CO₂ for 48h. Control group was co-culture cells in absence of cartilage fragments.

Human samples

Human samples including cartilage and synovial fluid samples were obtained from OA patients undergoing total knee arthroplasty. Tissues and synovial fluids were obtained from 4 OA patients including 1 man and 3 women with mean age of 74 years (59-83 years) who underwent total knee arthroplasty. Obtained cartilage were fixed by 10% formalin for 24 h, decalcified by EDTA for 1 week at 4°C and then embedded frontally in paraffin. To isolate OA chondrocytes, cartilage was cut into small pieces and digested with 0.15% collagenase II solution (Gibco) in DMEM/F12 medium (Sigma) overnight at 37°C-water bath with shaking (Oseni et al., 2013). Cells were suspended in DMEM/F12 medium supplemented with 10% heat-inactivated fetal bovine serum (FBS; Sigma-Aldrich), 25 mg/L penicillin/streptomycin and cultured in a 37°C humidified atmosphere containing 5% CO2. After 5 days, chondrocytes were detached using 1% trypsin-EDTA solution (Wako), washed by PBS, seeded at 1X10⁵ and stimulated with recombinant human IL-1 β or TNF- α (Peprotech) for 24 h. Synovial fluids of OA knee samples were centrifuged at 2000 x g at 4°C for 10 min to remove cells/debris and preserved at -80°C until further analysis.

RNA sequencing and bioinformatics analysis

Cocultured chondrocytes were lysed with TRIzol Reagent (Invitrogen carlsbad, CA, USA) and RNA was purified using RNeasy Mini kit columns (Qiagen, Hilden, Germany) according to the manufacturer's instructions. High-quality DNA-free 1 μ g RNA with integrity score > 8.0 was further used for generating libraries (TruSeq Stranded mRNA LT Sample Prep Kit). Only high-quality libraries were subjected to Illumina HiSeq 2500 (Illumina sequencing platforms). The paired-end reads (100 bp) were trimmed by fastp, aligned, normalized, and then annotated using Cufflinks and Cuffdiff (Hamasaki et al., 2020). Significantly expressed genes with p-value < 0.05 were subjected to gene ontology (GO) enrichment and pathway enrichment analyses of KEGG (Kyoto Encyclopedia of Genes and Genome). Analyses were performed using the Genomatix Gene Ranker (http://www.genomatix.de/), database for annotation visualization and integrated discovery online tools (DAVID: https://david.abcc.ncifcrf.gov/). Moreover, the gene profile of chondrocytes cultured with macrophages was compared to the available database for the gene profiles of OA-cartilage (E-MTAB-6266 (Soul et al., 2018), GSE57218 (Ramos et al., 2014), E-MTAB-4304 (Dunn et al., 2016)) and chondrocytes stimulated with IL-1 β (GSE75181 (Comblain et al., 2016), GSE104793 (Son et al., 2017), and the dataset (Lv et al., 2019). Results were visualized as Venn diagram.

Quantitative real-time reverse transcription polymerase chain reaction (qRT-PCR)

RNA was purified using kit columns (NucleoSpin® RNA, TAKARA, Tokyo, Japan) according to the manufacturer's instructions. DNA-free RNA was reverse transcripted using GoScript TM reverse transcriptase and random primer (Promega, Madison, USA), according to manufacturer's instructions. The qRT-PCR was performed by SYBR Premix Ex TaqTM II (Takara, Shiga, Japan) and the specific primers (Table S1)





on a Thermal Cycler Dice System 2 (Takara). Gene expression of each target gene was calculated using the $2^{\Delta\Delta Ct}$ method (Hamasaki et al., 2019, Hamasaki et al., 2020).

Immunohistochemistry (IHC) for human OA cartilage

Human OA cartilage were fixed by 10% formalin for 24 h, decalcified in EDTA solution (Wako, Japan) for 1 week and then embedded frontally in paraffin. Sections with of 3-µm thickness were prepared, deparaffinized, and treated for 5 min with proteinase K (Dako, CA, USA) for antigen retrieval. The slides were blocked with PBS-containing 1% BSA and 5% horse serum and incubated with Flil antibody (GeneTex) for 1 h. Signals was detected by horseradish peroxidase (HRP)-conjugated streptavidin using a Vectastain Elite ABC kit (Vector Laboratories, Burlingame, USA) followed by counterstaining with hematoxylin for nuclei detection.

Immunofluorescence (IFA) for human OA chondrocytes

Isolated chondrocytes from OA cartilage were seeded onto 96-well plate, fixed with 10% formalin, and then subjected to IFA. Briefly, fixed cells were treated with 0.1% triton X100 for 3 min and incubated with 5% FBS (Sigma)-PBS buffer for 1 h. Cells were incubated with primary rabbit antibody to Flightless I (GeneTex) diluted in blocking buffer at 1:200 for 1 h at 37°C. Bound antibody was detected by specific secondary antibody conjugated with Alexa Fluor®594 (Jackson ImmunoResearch, West Grove, PA, USA). The cellular nuclei were stained with DAPI (Dojindo Molecular Technologies, Kumamoto, Japan).

Detection of Flil by ELISA

Flil was detected in chondrocyte cultures and synovial fluid by Human Flightless I Homolog ELISA Kit (My-BioSource, Huissen, Netherlands, catalog No. MBS459349) according to the manufacturer's instructions.

Stimulation of primary murine chondrocytes

Murine chondrocytes were isolated from femoral condyles and tibial plateau using enzymatic digestion method. This method allows collecting all types of chondrocytes from different zones of cartilage including, superficial, transitional and deep zones (Gosset et al., 2008). Cells were seeded on 24-well plates at ratio 2×10^5 and cultured in DMEM medium in a 37 °C humidified atmosphere containing 5% CO₂ for 24 h. Cells were stimulated with murine IL-1 β (10 ng/ml, Biolegend) or different concentrations of recombinant Flil, including 0.5, 1, 5 or 10 μ g/ml (Novus Biologicals) for 24 h. Recombinant Flil encoding of conserved repeated region of gelsolin-related domain, which may play a role in cell differentiation (Kopecki and Cowin, 2008). For knockdown experiment using small interfering RNA (siRNA), cells were seeded at 2 × 10⁵ and cultured in presence of siRNA solution including murine Flil and negative control (Thermo Fisher, Silencer Select, Tokyo, Japan). Optimal concentration of siRNA was diluted by Opti-MEM (Gibco, Thermo Fisher) and then mixed with 25 µL Lipofectamine RNAiMAX Reagent (Thermo Fisher) diluted by Opti-MEM and incubated for 5 min as recommended by the manufacturer's instructions. Silencing Flil was confirmed after 48 h by Western blotting. Transfected cells were cultured onto 1.0 µm pore size-transwell insert (Falcon, NC, USA) and stimulated with IL-1 β (10 ng/ml) for 24 h. After 2 times washing with PBS, inserts were added to naïve chondrocytes 2 \times 10⁵ and cultured for 48 h. For inhibition assay, U0126, MEK1/2 inhibitor (Cell signaling, USA) and TAK-242 (Cayman, Canada), TLR4 signaling inhibitor were used. Chondrocytes were seeded onto 24-well plates at ratio 2.0×10^5 and then pretreated using different concentration of TAK-242 or U0126 for 2 h. Thereafter, cells were washed twice with PBS and stimulated with Flil (5 µg/ ml) and cultured in a 37 °C humidified atmosphere containing 5% CO₂ for 24 h. Finally, the cells were harvested for further gene expression and protein analyses.

Ex-vivo culture model

Primary cartilages from femoral head were isolated from 6-weeks-old C57BL/6 mice, washed twice by PBS, placed into 96-well plates (1 in each well) and cultured in 200 μ l of pre-warmed medium (DMEM low-glucose supplemented with 10% FBS and 25 mg/L penicillin/streptomycin) for 24 h (Stanton et al., 2011; Marino et al., 2016). Cartilages were stimulated with 10 ng/ml murine recombinant IL-1 β (Biolegend) or recombinant 10 μ g/ml Flil (Novus Biologicals) for 72 h. The culture supernatant was harvested for measuring the release of glycosaminoglycan (GAG) using 1,9-Dimethylmethylene blue (DMMB) dye binding assay (Stanton et al., 2011; Terkeltaub et al., 2011). Cartilages were fixed using 4% PFA (Wako, Japan) for 48 h, decalcified by EDTA solution (Wako) for 2 weeks and then embedded in paraffin. Sections with 5 μ m thickness were prepared and stained with hematoxylin and eosin and Safranin O. Safranin O staining indicating





pathological changes was quantified using ImageJ (Schneider et al., 2012) (National Institutes of Health; NIH, USA) in the superficial area of articular cartilage and subtracted from the total area (Headland et al., 2015).

Western blot analysis

Chondrocytes were lysed in RIPA lysis buffer (ATTO corporation, Tokyo, Japan) and protein lysate was subjected to standard procedure for SDS-PAGE and Western blot analysis (ATTO). Targeted proteins were detected with specific antibodies listed in Table S2. Bands were visualized using a Quantity One v. 4.6.9 (Bio-Rad) software and their densities were quantified using ImageJ (NIH).

Pull-down assay

Chondrocytes were lysed in RIPA lysis buffer (ATTO corporation) and the concentration of protein was measured using BCA protein assay (Thermo Scientific). In parallel, 10 μ g recombinant Flil (Novus biologicals) was incubated with his-tag beads (His60 Ni Superflow Resin, TAKARA, Japan) with low speed-rotation for 2 h at RT. Flil-binding His-tag beads were washed 3 time with PBST, and then chondrocytes lysate containing 500 μ g protein were added to his-tag beads and incubated at low speed-rotation for 2 h at RT. Thereafter, the beads were washed 3 times with PBS-T and bound proteins were eluted for Western blotting.

QUANTIFICATION AND STATISTICAL ANALYSIS

Statistical comparisons were performed with mean \pm SEM for continuous variables of experiments conducted at least two times. Data were analyzed using either unpaired Student's t-test or One-way ANOVA multiple comparison (GraphPad Software Inc., La Jolla, CA, USA), and differences were considered statistically significant *p < 0.05, ** p < 0.01, and *** p < 0.001 and **** p < 0.001.