SEIZURE DISORDERS

Understanding the Spectrum of SLC2A1-Associated Disorders

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Related Article: Larsen J, Johannesen KM, Ek J, Tang S, Marini C, Blichfeldt S et al.; MAE working group of EuroEPINOMICS RES Consortium. The role of *SLC2A1* mutations in myoclonic astatic epilepsy and absence epilepsy, and the estimated frequency of GLUT1 deficiency syndrome. Epilepsia 2015 Dec;56(12):e203–8.

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Investigators from the Danish Epilepsy Center the frequency of SLC2A1 mutations in a cohort of patients with different types of epilepsies. Based on recent reports describing SLC2A1 mutations in patients with myoclonic astatic epilepsy (MAE), early onset absence epilepsy (EOAE), and genetic generalized epilepsies (GGEs), they aimed to replicate these findings in a cohort of European patients. They recruited 120 patients with MAE, 50 with absence epilepsy (not specifically early onset absence), as well as 37 patients with a variety of unspecified epilepsies, intellectual disability, and/or movement disorders. The investigators sequenced all exons and exon-intron boundaries using standard Sanger sequencing or high throughput next-generation sequencing. They found mutations in SLC2A1 in six patients; five with absence epilepsy and one from the unspecified epilepsies, intellectual disability, and/or movement disorders group. No mutations were identified in patients with MAE. They found the mutation in question had been inherited in one of the patients, and that the mother also had absence seizures. Additionally, this patient and her mother had a microarray that indicated a maternally inherited 15q13.3 microdeletion. Four of the patients with SLC2A1 mutations had classical absence epilepsy, one had epilepsy with myoclonic absences, and one had been diagnosed with focal epilepsy, though this patient had generalized discharges on EEG. Four of the six patients with SLC2A1 mutations achieved seizure freedom with ketogenic or modified Atkins diets.

The investigators additionally sought to estimate the frequency of diagnosed glucose transporter type 1 deficiency syndrome (GLUT1 DS) in Denmark by identifying all diagnosed Danish patients and the number of live births between 2004 and 2011. They estimated that the 8-year frequency of GLUT1 DS was 1:83,245, which correlated with a previously reported incidence in Australia of 1:90,000 [1,2].

COMMENTARY. GLUT1 DS represents the phenotype historically associated with *SLC2A1* mutations. The classic form is associated with epileptic encephalopathy and complex movement disorders, whereas milder forms with primary movement disorders and other paroxysmal symptoms are also described [3]. The authors estimated the

frequency of diagnosed GLUT1 DS in Denmark as 1:83,245, though many patients may remain undiagnosed. As genetic testing becomes more widespread, the phenotypic variation of SLC2A1-associated disorders continues to expand, and the cases reported here highlight clinical spectrum that can be seen [4]. Though none of their patients with MAE had SLC2A1 mutations, the investigators discussed a previously reported cohort that identified SLC2A1 mutations in four of 84 patients with MAE. These patients exhibited an MAE "plus" phenotype (associated movement disorders, motor and/or speech difficulties), which the authors hypothesized could be related to their mutation [5]. The investigators' work adds to a growing body of data advancing our understanding of the correlation between different pathogenic variants and their clinical phenotypes and emphasizes the value of genetic testing in patients with generalized epilepsies and additional neurologic findings [4].

Disclosures

The author(s) have declared that no competing interests exist.

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