# ORIGINAL RESEARCH Examination of Effective Buccal Absorption of Salmon Calcitonin Using Cell-Penetrating Peptide-Conjugated Liposomal Drug Delivery System

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Introduction: The buccal route has been considered an attractive alternative delivery route for injectable formulations. Cellpenetrating peptides (CPPs) are gaining increased attention for their cellular uptake and tissue permeation effects. This study was aimed to evaluate the in vitro and ex vivo permeation-enhancing effect of penetratin-conjugated liposomes for salmon calcitonin (sCT) in TR146 human buccal cells and porcine buccal tissues.

Methods: Penetratin was conjugated to phospholipids through a maleimide-thiol reaction. Liposomes were prepared and sCT was encapsulated using a thin-film hydration method. Physical properties such as particle size, zeta potential, encapsulation efficiency, and morphological images via transmission electron microscopy were obtained. Cellular uptake studies were conducted using flow cytometry (FACS) and confocal laser scanning microscopy (CLSM). A cell permeation study was performed using a Transwell® assay, and permeation through porcine buccal tissue was evaluated. The amount of sCT permeated was quantified using an ELISA kit and was optically observed using CLSM.

**Results:** The particle size of penetratin-conjugated liposomes was approximately 123.0 nm, their zeta potential was +29.6 mV, and their calcitonin encapsulation efficiency was 18.0%. In the cellular uptake study using FACS and CLSM, stronger fluorescence was observed in penetratin-conjugated liposomes compared with the solution containing free sCT and control liposomes. Likewise, the amount of sCT permeated from penetratin-conjugated liposomes was higher than that from the free sCT solution and control liposomes by 5.8-fold across TR146 cells and 91.5-fold across porcine buccal tissues.

**Conclusion:** Penetratin-conjugated liposomes are considered a good drug delivery strategy for sCT via the buccal route.

Keywords: buccal drug delivery, peptide delivery, penetratin, liposomes, TR146 cells, porcine buccal tissues

## Introduction

Calcitonin is a hormone consisting of 32 amino acids long secreted from the C cells of the mammalian thyroid. This hormone was discovered by Copp et al, where they found that it lowers blood calcium levels.<sup>1</sup> Calcitonin is an endogenous physiological hormone that inhibits bone resorption and is used as a treatment for diseases related to bone resorption, such as postmenopausal osteoporosis, to reduce the adherence of osteoclasts and osteoclast formation.<sup>2,3</sup> Other types of synthetic or recombinant calcitonin, such as human calcitonin, porcine calcitonin, and salmon calcitonin (sCT), have been used for medical purposes. Among them, sCT has been the most widely used, as it has a 40–50-fold higher efficacy than human calcitonin.<sup>4–6</sup>

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Oral administration is a drug delivery route preferred in clinical practice and is associated with high patient compliance.<sup>7</sup> However, biopharmaceuticals such as sCT have a high molecular weight and hydrophilicity. There are many difficulties facing drug delivery through the gastrointestinal (GI) tract. Protease action, hydrolysis, and hepatic first-pass effects occur in the GI tract. To overcome such limitations, intravenous injection is usually used.<sup>8</sup> As biopharmaceuticals are substances with short half-life, they are administered frequently. Hence, patient compliance is low due to needle phobia, pain caused by intravenous injection, and difficulties in self-administration.<sup>7,9,10</sup> Various mucous membranes, such as the nasal, rectal, vaginal, ocular, pulmonary, and buccal membranes, are considered alternative drug delivery methods for the delivery of biopharmaceutical substances.<sup>10</sup>

In contrast to oral administration, alternative drug delivery methods offer a milder environment for the absorption of biopharmaceuticals. Compared to other non-oral administration routes, the buccal route may lead to high patient compliance due to its easy administration and lower incidence of irritation.<sup>8,9</sup> The buccal route is abundant in blood vessels, and the administered drug can directly enter the jugular veins via the blood vessels, allowing its absorption into the systematic circulation. In emergencies, formulations can also be immediately removed,<sup>10</sup> repetitive administration is possible, and the buccal tissues can quickly recover.<sup>11</sup>

Liposomes are artificial lipid bilayer vesicles made from non-toxic lipids and are biocompatible<sup>12</sup> with their characteristics depending on their lipid composition.<sup>13</sup> Liposomes can increase the permeation of incorporated drugs and simultaneously encapsulate both hydrophilic and hydrophobic drugs.<sup>14,15</sup> It is possible to change their vesicle size, modify their surface properties (to be positively or negatively charged), and decorate them with various ligands such as antibodies, polymers, and cell-penetrating peptides.<sup>13,16,17</sup> Various studies on buccal drug delivery using liposomes are currently underway. Liposomal buccal mucoadhesive films containing vitamin B6 were prepared to have improved stability,<sup>16</sup> deformable liposomes containing sodium deoxycholate have been prepared to increase the bioavailability of silymarin and rifampicin was increased through liposome encapsulation.<sup>19,20</sup> Elastic liposomes containing bile salt increased the permeation of insulin in TR 146 cells and porcine buccal tissues.<sup>21,22</sup>

Cell-penetrating peptides (CPPs), which are short (less than 30 amino acids long) cationic, amphipathic peptides, have attracted attention in the past few decades as an effective cellular uptake tool.<sup>23,24</sup> CPPs can deliver various cargo molecules (DNA, siRNAs, peptides, proteins, oligonucleotides, and nanoparticles) in vitro and in vivo with high efficiency and low toxicity.<sup>25,26</sup> By using CPPs, surface modification and covalent and noncovalent bonding of cargo molecules have been done to deliver biopharmaceuticals.<sup>27</sup> CPPs have also been considered a strategic choice to overcome the limitations of delivering high-molecular-weight and hydrophilic biopharmaceuticals through cell membranes and tissues. Among non-invasive routes, the delivery of biopharmaceuticals via the nasal, pulmonary, transdermal, and ocular pathways using CPPs has been actively studied. However, the delivery of biopharmaceuticals via the buccal route has been less studied than other delivery routes. A recent study reported that LMWP-conjugated insulin and a physical mixture of LMWP with insulin were effectively delivered via the buccal pathway.<sup>28</sup> A physical mixture of Penetratin and sCT was evaluated in the buccal pathway. Penetratin increased the permeation of sCT by acting as an effective permeation enhancer.<sup>29</sup>

In this study, we designed penetratin-conjugated liposomes to enhance sCT penetration via the buccal route. The physical properties of typical liposomes and penetratin-conjugated liposomes were measured, imaging studies were performed using Alexa 647-sCT-incorporated liposomes via flow cytometry (FACS) and confocal laser scanning microscopy (CLSM), and the amount of sCT permeated in TR146 cells and buccal tissues were measured using an sCT ELISA kit.

## **Materials and Methods**

#### Materials

Salmon calcitonin (sCT) was purchased from Bachem AG (Bubendorf, Switzerland). The peptide CRQIKIWFQNRRMKWKK (Cys-penetratin) was synthesized and purchased from Peptron Co., Ltd. (Daejeon, Republic of Korea). The lipid 1,2-dioleoyl-sn-glycero-3-phosphoethanolamine-N-[4-(p-maleimidophenyl) butyramide] (MPB-PE) was purchased from Avanti Polar Lipids (Alabaster, AL). L-α-lecithin (97.7% phosphatidylcholine) was

purchased from Merck Millipore (Billerica, MA, USA). Tween 80<sup>®</sup> was purchased from Duksan (Ansan, Republic of Korea). An sCT ELISA kit was purchased from Phoenix Pharmaceuticals (Burlingame, CA, USA). A Ham-F-12 Nutrient mixture (Ham's F-12) was purchased from Welgene (Gyeongsan-si, Republic of Korea). A CellTiter 96<sup>®</sup> Aqueous One Solution Cell Proliferation Assay kit (MTS) was purchased from Promega (Madison, WI, USA). Alexa Fluor 647 NHS Ester, SnakeSkin<sup>TM</sup> dialysis tubing (3.5 K MWCO), fetal bovine serum (FBS), 0.25% trypsin-EDTA, and penicillin/ streptomycin were purchased from Thermo Fisher Scientific (Waltham, MA, USA). All other chemicals and solvents were of reagent grade.

## Preparation of Liposomes

#### Preparation of Control Liposomes

Control liposomes were prepared using the film hydration method.<sup>13</sup> Briefly, L- $\alpha$ -Lecithin and Tween 80<sup>®</sup> were blended at a molar ratio of 9:1 and dissolved in chloroform. An organic solution containing lipids was evaporated using a rotary evaporator. After purging with nitrogen to remove the residual organic solvent, the thin film was dried overnight. The dried thin film was rehydrated using 40 µg/mL of a sCT PBS solution (pH 7.4) at a final lipid concentration of 10 mg/mL. Liposomes were extruded using an Avanti Mini-Extruder with a 0.2-µm filter.

#### Conjugation of Penetratin and MPB-PE

Penetratin-conjugated liposomes were prepared using MPB-PE and Cys-penetratin. For the specific binding of penetratin and liposomes, Cys-penetratin with Cysteine added to the N-terminus of Penetratin and MPB-PE containing a Maleimide group were used. MPB-PE was conjugated with Cys-penetratin via a maleimide-thiol reaction.<sup>30,31</sup> To produce MPB-PE liposomes, L- $\alpha$ -Lecithin, Tween 80<sup>®</sup>, and MPB-PE were mixed at a fixed molar ratio of 89:10:1 (MPB-PE was fixed at 121  $\mu$ M) and dissolved in chloroform in a round flask. MPB-PE liposomes were prepared according to the method described in Section 2.2.1. For the thiol-maleimide reaction, Cys-penetratin was added to the MPB-PE liposomes, the pH was adjusted to 7.4, and then reacted for 12 h at 4 °C. The chemical structure and a schematic diagram of the maleimide-thiol reaction are shown in Figure 1.

# Characterization of Penetratin-Conjugated Liposomes

#### Size and Zeta Potential of the Liposomes

The size and zeta potential of the liposomal formulations were measured using ZetaPlus (Brookhaven Instruments Corp., Holtsville, NY, USA) after a 100-fold dilution with distilled water. The measurements were repeated three times.



Figure 1 Schematic diagram of the chemical structure and the reaction of Cys-penetratin and MPB-PE used to prepare penetratin-conjugated liposomes.

#### **Encapsulation Efficiency**

The encapsulation efficiency of sCT in the liposomes was measured using a Beckman Coulter Optima LE-80K ultracentrifuge (Beckman Coulter Corp., Pasadena, CA). Liposomes were centrifuged at 100,000  $\times$  g and 4 °C for 1 h. The supernatant was collected and analyzed using an ELISA kit. The encapsulation efficiency was calculated using the following formula:

$$\label{eq:Encapsulation efficiency} Encapsulation efficiency(\%) = \ \frac{T-C}{T} \times 100$$

where T is total initial amount of sCT added and C is the amount of sCT in the supernatant.

#### Transmission Electron Microscopy

The morphology of the liposomes was determined via TEM (H-7600, HITACHI Ltd., Tokyo, Japan). Liposomes were negatively stained using 2% phosphotungstic acid and spread on a carbon-coated copper grid. The carbon-coated copper grid was then dried, and the samples were observed at 10,000× magnification.

## TR146 Cell Culture

The TR146 cell line (ECACC 10032305) was purchased from Public Health England (London, UK). TR146 cells were incubated in Ham's F-12 medium supplemented with 10% FBS, 2 mM glutamine, penicillin (10,000 units/mL), and streptomycin (10,000  $\mu$ g/mL), and incubated at 37 °C in 5% CO<sub>2</sub>. The medium was replaced every 2–3 days. When the cultures reached 70–80% confluency, the cells were harvested for subculture using a 0.25% trypsin–EDTA solution.

# Cytotoxicity Assay

Cell viability was determined by comparing with control (no treated group) using MTS assay. Briefly,  $1.0 \times 10^4$  TR146 cells were seeded in a 96-well plate and incubated for 24 h. After 24 h, the media was removed and 100 µL of a liposome solution at different concentrations (10, 5, 2.5 and 1.25 mg/mL) were added and the cells were incubated for another 24 h. Then, the samples were removed and 100 µL of fresh culture media and 20 µL of CellTiter 96<sup>®</sup> solution were added and incubated with the cells for 2 h. The optical density was then measured at 490 nm using a microplate reader. Cell viability was calculated using the following formula:

$$Cell \ viability(\%) = \frac{OD_{490(sample)} - OD_{490(control)}}{OD_{490(sample)} - OD_{490(control)}} \times 100$$

where  $OD_{490}$  is the optical density at 490 nm.

## In vitro Cellular Uptake Study

#### Preparation of Liposomes for the Cell Uptake Study

Alexa 647-sCT was synthesized for cellular uptake studies. To prepare this, sCT was dissolved in 0.1 M sodium bicarbonate buffer. Alexa 647 was dissolved in DMSO and allowed to react for 2 h with the sCT solution at room temperature. After 2 h, a large quantity of ammonium chloride was added to terminate the reaction, and the resulting solution was purified via dialysis. The synthesized Alexa 647-sCT was encapsulated into the control liposomes and penetratin-conjugated liposomes for subsequent imaging studies.

#### Flow Cytometry

A cellular uptake study was conducted using TR146 cells via flow cytometry. TR146 cells were seeded in a 6-well culture plate at a density of  $5.0 \times 10^5$  cells per well and incubated for 24 h at 37 °C in an atmosphere of 5% CO<sub>2</sub>. Liposomes encapsulating Alexa 647-sCT were incubated for 2 h. After incubation, the cells were washed three times with DPBS, and 0.25% trypsin-EDTA was added for 10 min to harvest the cells. After obtaining the cells, they were collected in FACS buffer and analyzed immediately using FACS.

#### Confocal Laser Scanning Microscopy

CLSM was used to visualize the cellular uptake of the liposomes. Approximately  $5.0 \times 10^5$  TR146 cells were seeded and incubated for 24 h at 37 °C in an atmosphere of 5% CO<sub>2</sub>. Alexa 647-sCT-loaded liposomes were then added to the cells and were incubated for 24 h. After incubation, the cells were washed three times with DPBS and fixed for 10 min in 4% formalin. DAPI (4',6'-diamidino-2-phenylindole) staining was conducted and the cells were immediately observed using CLSM.

## In vitro Cell Permeation Study

To observe the cell permeation efficacy of the liposomes, a cell permeation study using Transwell<sup>®</sup> inserts was conducted. TR 146 cells ( $5 \times 10^4$ ) were seeded in 12-well Transwell<sup>®</sup> inserts, and the media was changed every other day for 28 days. Culturing TR146 cells in Transwell<sup>®</sup> inserts for 3–4 weeks formed 4 to 7 layers of flattened cells and showed a constant TEER value.<sup>32</sup> Aliquot of liposomes solution ( $500 \mu$ L) containing 40 µg/mL sCT were added to the apical chamber of the Transwell<sup>®</sup> insert for cell permeation study. After 0.5, 1, 2, 4, and 8 h, 500 µL sample was obtained from the basolateral chamber and the same amount of HBSS-HEPES buffer (pH 7.4) was added. The amount of sCT that permeated the TR146 cell layers was quantified using an sCT ELISA kit.

## Pretreatment of Porcine Buccal Tissues

Buccal pretreatment was performed according to the experimental method of Oh et al.<sup>33</sup> After sacrificing pigs at a slaughterhouse, fresh porcine buccal tissues were immediately obtained, and the fatty and connective tissue were removed. The collected tissues were placed in a PBS solution (pH 7.4) at 60 °C for 1 min to obtain the buccal epithelium. The prepared epithelial tissues were then used for the in vitro tissue permeation experiments.

## Ex vivo Buccal Tissue Permeation Study

The permeation efficacy of the penetratin-conjugated liposomes was determined using porcine buccal tissues. The amount of sCT permeated was confirmed using a Franz diffusion cell. The area of the donor part was maintained at  $2.0 \text{ cm}^2$  and the volume of media in the receptor was 12.5 mL. The receptor was filled with PBS (pH 7.4) and was equilibrated for the next 30 min after mounting the buccal tissues. After 1 mL of each liposome solution was added to the donor, samples (0.5 mL) were obtained from the receptor after 1, 2, 4, and 8 h. The permeated sCT was analyzed using an sCT ELISA kit.

## Permeation Parameters

The flux  $(J_s)$  was calculated using the following formula:

$$J_s = \frac{Q_r}{A \cdot t} \left( ng \cdot cm^{-2} \cdot h^{-1} \right)$$

where  $Q_r$  is the amount of sCT permeated (ng), A is the permeation area (cm<sup>2</sup>), and t is the permeation time of sCT (h). Further,  $K_p$  was calculated using the following formula:

|                              | Control Liposomes Penetratin-Conjugated Lipo |               |
|------------------------------|--|---------------|
| Size (nm)                    | 8.  ±  2.6                                   | 123.0 ± 13.5  |
| Zeta potential (mV)          | -15.7 ± 3.0                                  | 29.6 ± 3.6    |
| Poly dispersity index (PDI)  | 0.155 ± 0.024                                | 0.151 ± 0.034 |
| Encapsulation efficiency (%) | 27.1 ± 0.91                                  | 18.0 ± 1.52   |

| Table | <b>Physical</b> | Characteristics | of the | Liposome | Formulations |
|-------|-----------------|-----------------|--------|----------|--------------|
|       |                 |                 |        |          |              |

Note: Data are expressed as mean  $\pm$  SD (n = 3).



Figure 2 TEM images of the control liposomes (A) and the penetratin-conjugated liposomes (B).

$$K_p = \frac{J_s}{C_d} \left( cm \cdot h^{-1} \right)$$

where  $J_s$  is the flux  $(ng \cdot cm^{-2} \cdot h^{-1})$  and  $C_d$  is the initial concentration in the donor chamber  $(ng \cdot cm^{-3})$ . Finally, the enhancement ratio (ER) was obtained by dividing the  $K_p$  value of each formulation with that of the control.

## Confocal Laser Scanning Microscopy Imaging Study of Buccal Tissues

CLSM was used to observe the penetration profile of sCT through buccal tissues optically. Approximately 40 µg/mL Alexa 647-sCT and 1 mL each of the control liposomes encapsulating Alexa 647-sCT and penetratin-conjugated liposomes were added to the donor chambers of the Franz diffusion cells and were treated for 8 h. After 8 h, the buccal tissues were separated from the Franz diffusion cells. The isolated tissues were then frozen in OCT compound. After freezing, the tissues were cut into 12-µm segments using a cryostat microtome and fixed on slides. The Alexa 647-sCT-permeated tissues were then observed using CLSM.

### Statistical Analysis

Statistical analysis was performed using Student's *t*-test. Data are presented as means  $\pm$  standard deviations (SDs). A single, double, or triple asterisk was used for all the data if the p-values were less than 0.05, 0.01, or 0.001, respectively.

## Results

### Physical Characterization of Liposome Formulations

Table 1 shows the physical characteristics of the control liposomes and the penetratin-conjugated liposomes. The particle size of the two liposomes was approximately 120 nm, which was also shown in the TEM images in Figure 2. The zeta potentials of the control liposomes and penetratin-conjugated liposomes were -15.7 mV and +29.6 mV, respectively. The encapsulation efficiencies were 27.1% and 18.0% for the control liposomes and the penetratin-conjugated liposomes, respectively.



#### Lipid concentration of liposomes

Figure 3 Cytotoxicity of various liposome concentrations in TR146 cells after 24 hours of incubation. Error bars represent SD (n = 5). \*\*\*p < 0.001 versus control (no treated group).

## Cytotoxicity Assay

Cytotoxicity was determined by treating TR146 cells with various concentrations of liposomes (Figure 3). The cytotoxicity of each liposome was compared with control (no treated group). The control liposomes and penetratinconjugated liposomes did not show cytotoxicity at concentrations below 2.5 mg/mL. However, as the liposome concentration increased, cytotoxicity also increased, and both liposomes showed cytotoxicity at concentrations of 10 and 5 mg/mL. Since the liposomes were not cytotoxic at 2.5 mg/mL, this concentration was used in the permeation and cell uptake studies.

## In vitro Cell Uptake Study

The cellular uptake efficiency of the liposomes was investigated using relative mean fluorescence intensity and CLSM. Compared to the control liposomes, the fluorescence intensity of Alexa 647-sCT was higher in the penetratin-conjugated liposome-treated group (Figure 4). In the CLSM experiment, the intracellular uptake of Alexa 647-sCT was also higher in the cells treated with penetratin-conjugated liposomes (Figure 5).



Figure 4 Fluorescence intensities of Alexa 647-sCT after two hours of treatment with the control and penetratin-conjugated liposomes as determined using flow cytometry. Representative fluorescence intensity (**A**) and relative MFI values of Alexa 647-sCT (**B**). All data represent the mean  $\pm$  SD (n = 3). \*\*\*p<0.001 vs sCT, ###p<0.001 vs Control liposomes.



Figure 5 Confocal laser scanning microscopy (CLSM) images of the control liposomes containing Alexa 647-sCT and penetratin-conjugated liposomes in TR146 cells.

# In vitro TR146 Cell Permeation Study

TEER is a parameter that determines cell layer integrity. In this study, the maximum TEER value of the TR 146 cell layer cultured for 28 days was 69.07  $\Omega \cdot \text{cm}^2$ . In all the experimental groups, TEER recovery was > 90%. As shown in Table 2, there was no significant change in TEER values before and after the experiment. In the cell permeation study, the amount of sCT penetrating the cells from the penetratin-conjugated liposomes was 1.93 times higher compared to the control liposomes and 5.8 times higher than that of the free sCT solution (Figure 6 and Table 3).

# Ex vivo Buccal Tissue Permeation Study

A permeation study was conducted using porcine buccal tissue to investigate the permeation-enhancing effect of penetratin-conjugated liposomes. Each liposome group was used to treat buccal tissues for 8 h. The permeation profile at 8 h of the different liposomes is shown in Figure 7. The  $J_s$  of sCT solution, control liposomes, and penetratin-

| Formulation                     | TEER Value (Ω cm <sup>2</sup> ) |              | Recovery (%) |
|---------------------------------|---------------------------------|--------------|--------------|
|                                 | Before                          | After        |              |
| sCT                             | 61.97 ± 3.81                    | 59.73 ± 3.81 | 95.40 ± 0.81 |
| Control liposomes               | 64.96 ± 1.40                    | 61.97 ± 1.40 | 94.76 ± 1.57 |
| Penetratin-conjugated liposomes | 64.59 ± 3.30                    | 61.23 ± 3.66 | 96.37 ± 0.23 |

Table 2 TEER Values of the Formulations Before and After Permeability Experiments Using TR 146 Cell Layers

Note: Data are expressed as mean  $\pm$  SD (n = 3).

Abbreviation: TEER, Transepithelial electrical resistance.



Figure 6 In vitro TR146 cell permeation profiles of sCT, control liposomes, and penetratin-conjugated liposomes.

conjugated liposomes after 8 h of permeation were 0.173, 6.384, and 15.802  $ng \cdot cm^{-2} \cdot h^{-1}$ , respectively. In the penetratinconjugated liposomes, the amount of sCT permeated increased 91.5-fold compared to the free sCT solution group and 2.47-fold compared to the control liposomes (Table 4).

# **CLSM** of Buccal Tissues

CLSM was used to confirm the permeation-enhancing effect of the penetratin-conjugated liposomes in the buccal tissues. Liposomes containing Alexa 647-sCT were used to treat buccal tissues, which were observed after 8 h. The strongest fluorescence was observed from the tissues treated with penetratin-conjugated liposomes (Figure 8).

# Discussion

CPPs have been widely applied to various cargo molecules in drug delivery systems for several years because of their ability to penetrate cell membranes. CPPs have also been successfully used to deliver biomacromolecules via alternative administration routes.<sup>34,35</sup> In this study, penetartin-conjugated liposomes encapsulating sCT were prepared, and their effects in TR146 cells and buccal tissues were evaluated.

A maleimide-thiol reaction was used to prepare the penetratin-conjugated liposomes. The zeta potentials of the control liposomes and the penetratin-conjugated liposomes were -15.7 mV and +29.6 mV, respectively. This change was

| Formulation                     | J₅ (ng cm <sup>-2</sup> h <sup>-1</sup> ) | K <sub>p</sub> (cm h <sup>-1</sup> ) × 10 <sup>-3</sup> | ER  |
|---------------------------------|---|---|-----|
| sCT                             | 11.726 ± 2.527                            | 0.147 ± 0.032   | 1.0 |
| Control liposomes               | 35.649 ± 2.906                            | 0.446 ± 0.036***  | 3.0 |
| Penetratin-conjugated liposomes | 68.416 ± 10.093                           | 0.855 ± 0.126*** ##                                     | 5.8 |

Table 3 Permeation Parameters Calculated from the TR146 Cell Permeation Study

**Notes**: Data are expressed as mean  $\pm$  SD (n = 3). \*\*\*p<0.001 vs sCT, <sup>##</sup>p<0.01 vs Control liposomes. **Abbreviations**:  $J_s$ , Flux;  $K_p$ , Permeability coefficient; ER, Enhancement ratio.



Figure 7 Ex vivo buccal tissue permeation profiles of sCT, control liposomes, and penetratin-conjugated liposomes.

due to the presence of arginine and lysine residues, which are cationic amino acids present in penetratin, suggesting that penetratin was successfully conjugated to the surface of MPB-PE liposomes.<sup>30</sup> The size of the penetratin-conjugated liposomes was 123.0 nm, with a PDI value of 0.151. The PDI value determines size homogeneity, which suggests that the prepared liposomes have good homogeneity. In lipid-based carriers such as liposomes, PDI values lower than 0.3 indicate homogeneous vesicle distribution.<sup>36,37</sup>

Figure 2 shows the cytotoxicity of the penetratin-conjugated liposomes at various lipid concentrations. Both liposomes showed no cytotoxicity at concentrations below 2.5 mg/mL but showed cytotoxicity above 5.0 mg/mL. Similar cytotoxicity results observed for the two liposomes indicated that the binding of penetratin did not affect liposome cytotoxicity.

Compared to the control liposomes, the fluorescence intensity of Alexa 647-sCT was higher in the penetratinconjugated liposome-treated tissue. The increased fluorescence intensity of Alexa 647-sCT in the tissues treated with penetratin-conjugated liposomes was due to penetratin binding onto the liposome surface. The arginine residues in penetratin bind to negatively charged components on the cell membrane.<sup>38,39</sup> Specifically, the guanidinium moieties of arginine bind to the sulfate and carboxylate moieties in GAGs and the phosphates of the phospholipid head group of the membrane lipids while the hydrophobic residue tryptophan is known as an important amino acid for

| Formulation                     | J₅ (ng cm <sup>-2</sup> h <sup>-1</sup> ) | <i>K<sub>p</sub></i> (cm h <sup>-1</sup> ) × 10 <sup>-3</sup> | ER   |
|---------------------------------|---|---|------|
| sCT                             | 0.173 ± 0.018                             | 0.004 ± 0.000   | 1.0  |
| Control liposomes               | 6.384 ± 0.718                             | 0.160 ± 0.018***  | 37.0 |
| Penetratin-conjugated liposomes | 15.802 ± 1.263                            | 0.395 ± 0.032*** ###  | 91.5 |

Table 4 Permeation Parameters Calculated from the Buccal Tissue Permeation Study

**Notes**: Data are expressed as mean  $\pm$  SD (n = 3). \*\*\*p<0.001 vs sCT, \*\*\*\*p<0.001 vs Control liposomes. **Abbreviations**:  $J_{st}$  Flux;  $K_{bt}$ , Permeability coefficient; ER, Enhancement ratio.



Figure 8 Confocal laser scanning microscopy (CLSM) images of the control liposomes containing Alexa 647-sCT and the penetratin-conjugated liposomes after permeation through the buccal tissue at 8 h.

internalization into cells.<sup>38,40,41</sup> In addition, tryptophan is also known to induce lipid bilayers to form negative curvatures.<sup>42</sup>

The TEER value indicates the integrity of the cell layers and tight junctions.<sup>43</sup> The recovery of the TEER values before and after the liposome formulation experiment was more than 90% without any significant decrease. Penetratin did not affect the TEER value of TR 146 cell layers. Similarly, treatment with penetratin-conjugated liposomes did not affect the TEER value, suggesting that it does not change the integrity of the cell layers and the tight junctions.<sup>21,43</sup> The amount of sCT that penetrated the TR 146 cell layer was higher in the penetratin-conjugated liposomes than in the control liposomes, which indicates that penetratin conjugated to the liposomes enhanced cell permeation. Penetratin acted as a permeation enhancer in the Buccal pathway and effectively enhanced the permeation of sCT when physically mixed with sCT.<sup>29</sup> Penetratin-conjugated liposomes also increased the amount of sCT permeation. This means that penetratin acts as an effective permeation enhancer in the physical mixture and conjugating to the liposome. The FACS and CLSM results supported that penetratin-conjugated liposomes enhanced permeation through transcellular routes. Likewise, penetratin-conjugated liposomes also had increased cell permeation experiments in TR 146 cells and porcine buccal tissues showed that penetratin-conjugated liposomes could enhance the permeation of sCT in cell layers and tissues. CLSM results revealed that penetratin-conjugated liposomes showed an increase in fluorescence intensity compared to control liposomes.

# Conclusions

We designed penetratin-conjugated liposomes to deliver sCT through the buccal tissues. Flow cytometry and CLSM studies showed that penetratin-conjugated liposomes had an improved cellular sCT uptake effect. In addition, penetratin-

conjugated liposomes showed enhanced permeation effect in vitro and ex vivo experiment model. Although further in vivo studies are needed to demonstrate the permeation mechanism of penetratin-conjugated liposomes, these studies fully demonstrate the potential of penetratin-conjugated liposomes as a platform for buccal delivery of peptide drugs.

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## Disclosure

The authors report no conflicts of interest in this work.

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