

Clinical Application of the Quick Sepsis-Related Organ Failure Assessment Score at Intensive Care Unit Admission in Patients with Bacteremia: A Single-Center Experience of Korea

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Background: We evaluated the clinical usefulness of the quick Sepsis-Related Organ Failure Assessment (qSOFA) score (based on the 2016 definition of sepsis) at intensive care unit admission in Korean patients with bacteremia.

Methods: We retrospectively analyzed clinical data from 236 patients between March 2011 and February 2016. In addition to the qSOFA, the Modified Early Warning score (MEWS) and systemic inflammatory response syndrome (SIRS) criteria were calculated.

Results: The patients' median age was 69 years, and 61.0% were male. Of the patients, 127 (53.8%) had a qSOFA score ≥ 2 points. They had significantly higher rates of septic shock, thrombocytopenia, and hyperlactatemia, and increased requirements for ventilator care, neuromuscular blocking agents, vasopressors, and hemodialysis within 72 hours after intensive care unit admission. They also had a significantly higher 28-day mortality rate. When analyzed using common thresholds (MEWS ≥ 5 and ≥ 2 SIRS criteria), patients with a MEWS ≥ 5 had the same results as those with a qSOFA score ≥ 2 ($P < 0.05$). However, patients with ≥ 2 SIRS criteria showed no significant differences.

Conclusions: Our results show that a qSOFA score ≥ 2 at admission is a useful screening tool for predicting disease severity and medical resource usage within 72 hours after admission, and for predicting 28-day mortality rates in patients with bacteremia. In addition, qSOFA scores may be more useful than SIRS criteria in terms of prognostic utility.

Key Words: bacteremia; intensive care units; mortality; prognosis; sepsis.

Introduction

Sepsis is a life-threatening organ dysfunction resulting from a dysregulated host response to infection and is the leading cause of morbidity and mortality worldwide [1,2]. Sepsis was defined by a consensus conference in 1991 [3]; however, the definition was revised in 2016 (sepsis-3) [2]. In sepsis-3, the quick Sepsis-Related Organ Failure Assessment (qSOFA) score was introduced as a means of screening for sepsis at the bedside based on a patient's respiratory rate, blood pressure, and level of consciousness [2]. In addition, the recommendations suggest that patients with a qSOFA score ≥ 2 suspected to have an infection should be monitored closely.

Although several studies have suggested that compliance with the Surviving Sepsis Campaign bundles can benefit sur-

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vival [4-7], compliance with resuscitation and management bundles is generally poor in many Asian intensive care units (ICUs) (including Korea) [8,9]. Moreover, there have been no multicenter studies regarding the current status of compliance with management recommendations at the national level because critical care resources and facilities at university hospitals in Korea are limited compared with Western countries [10].

Therefore, it is questionable whether qSOFA scores can be applied successfully in Korea. In addition, no large-scale multicenter studies have reported the prognostic utility of this score. Also, the usefulness of the qSOFA score in Korea is unknown.

We hypothesized the qSOFA score would be useful in Korean patients. The present study investigated the clinical application and usefulness of the qSOFA score at ICU admission for predicting 28-day mortality in patients with a microbiologically diagnosed infection. In addition, we compared this score with other conventional early warning scores [3,11,12].

Materials and Methods

1) Study design and subjects

This retrospective study was conducted at a university-affiliated tertiary care hospital. This hospital has six functionally separate ICUs with 85 beds (medical, 12 beds; surgical, 10 beds; cardio-stroke, 14 beds; neurosurgical, 13 beds; emergency, 20 beds; and trauma, 16 beds) with full cardiovascular and close airway monitoring. All patients were managed according to therapeutic recommendations based on Surviving Sepsis guidelines and a lung-protective ventilator strategy [13,14].

We included patients who had various infectious causes with positive blood culture tests at ICU admission; all blood culture results were obtained within 3 days after ICU admission. The inclusion period was from March 2011 to February 2016. The exclusion criteria were patients younger than 18 years and those whose mental state could not be assessed. Also, patients who could not

know 28-day mortality after ICU admission (example, transferred to other hospitals) were excluded. For all positive blood cultures, organism identification was performed by conventional and automated biochemical methods (VITEK 2; BioMérieux, Marcy l'Etoile, France) from March 2011 to February 2013, and matrix-assisted laser desorption/ionization time-of-flight mass spectrometry (Bruker Daltonic, Bremen, Germany) from March 2013 to February 2016. The medical records and laboratory and radiological findings of all patients included in the study were reviewed. All investigators confirmed that the study objectives and procedures were complete, and they had full access to all data. The investigators completed a case report form for each patient; data were collected from September to December in 2016. This study was conducted with the approval of Institutional Review Board of Pusan National University Hospital (IRB No. 1612-003-049). This study had no impact on patient treatment.

2) Data collection

The following data were gathered from the medical records of each patient: age, sex, comorbidities before ICU admission, ICU admission route, and length of stay (LOS; ICU and hospital). The severity of illness was measured by the Acute Physiology and Chronic Health Evaluation (APACHE) II score, and accompanying organ failure was measured by the Sequential Organ Failure Assessment (SOFA) score [15,16]. APACHE II and SOFA scores were calculated using data from the first 24 hours of ICU admission.

The qSOFA was calculated at the time of ICU admission, which was defined as a systolic blood pressure ≤ 100 mmHg, respiratory rate ≥ 22 breaths per minute, and altered mental status (defined as a Glasgow Coma Scale score ≤ 13) [2]. To compare the prognostic utility with qSOFA, we also calculated the Modified Early Warning score (MEWS) at ICU admission and systemic inflammatory response syndrome (SIRS) criteria within the first 24 hours of ICU admission; these data were based on previously published definitions [3,11,12].

Table 1. Comparison of baseline characteristics between survivors and non-survivors

Characteristic	Total (n = 236)	Survivor (n = 139)	Non-survivor (n = 97)	P-value
Age (yr)	69 (57–76)	70 (58–77)	67 (55–75)	0.192
Male sex	144 (61.0)	82 (59.0)	62 (63.9)	0.498
ICU type				
Medical ICU	86 (36.4)	46 (33.1)	40 (41.2)	0.218
Surgical ICU	31 (31.1)	14 (10.1)	17 (17.5)	0.117
Cardio-stroke ICU	32 (13.6)	18 (12.9)	14 (14.4)	0.847
Emergency ICU	57 (24.2)	13 (28.1)	18 (18.6)	0.122
Neurosurgical ICU	27 (11.4)	19 (13.7)	8 (8.2)	0.219
Trauma ICU	3 (1.3)	3 (1.3)	0	0.271
APACHE II score on ICU admission day	23 (17–29)	20 (15–26)	26 (22–32)	<0.001
SOFA score on ICU admission day	7 (4–9)	5 (3–8)	9 (6–11)	<0.001
qSOFA score at ICU admission time	2 (0–3)	1 (0–3)	2 (0–3)	<0.001
Comorbidities, overlapped				
Diabetes mellitus	69 (29.2)	46 (33.1)	23 (23.7)	0.146
Hemato-oncological disease	55 (23.3)	21 (15.1)	34 (35.1)	0.001
Cerebrovascular disease	34 (14.4)	20 (14.4)	14 (14.4)	>0.999
Heart failure	34 (14.4)	21 (15.1)	13 (13.4)	0.851
Chronic kidney disease	25 (10.6)	14 (10.1)	11 (11.3)	0.831
Biliary disease	21 (8.9)	16 (11.5)	5 (5.2)	0.107
Chronic liver disease	19 (8.1)	9 (6.5)	10 (10.3)	0.335
Neuromuscular disease	13 (5.5)	11 (7.9)	2 (2.1)	0.079
Chronic lung disease ^a	12 (8.9)	12 (8.6)	9 (9.3)	>0.999
Source of infection				
Pneumonia	91 (38.6)	49 (35.3)	42 (43.3)	0.224
Intra-abdominal	61 (25.8)	37 (26.6)	24 (24.7)	0.765
Urinary tract	25 (10.6)	19 (13.7)	6 (6.2)	0.085
Musculoskeletal	41 (17.4)	28 (20.1)	13 (13.4)	0.222
Catheter-related	22 (9.3)	14 (10.1)	8 (8.2)	0.821
Neutropenia	13 (5.5)	2 (1.4)	11 (11.3)	0.002
Infectious endocarditis	11 (4.7)	5 (3.6)	6 (6.2)	0.366
Organism				
Gram-positive bacteremia	138 (58.5)	92 (66.2)	46 (47.4)	0.005
Gram-negative bacteremia	84 (35.6)	42 (30.2)	42 (43.3)	0.053
Multidrug-resistant bacteremia ^b	60 (25.4)	33 (23.7)	27 (27.8)	0.544
Fungemia	24 (10.2)	10 (7.2)	14 (14.4)	0.082
Polymicrobial ^c	27 (11.4)	14 (10.1)	13 (13.4)	0.534

Values are presented as median (interquartile range) or number (%).

ICU: intensive care unit; APACHE: Acute Physiology and Chronic Health Evaluation; SOFA: Sequential Organ Failure Assessment; qSOFA: quick Sepsis-Related Organ Failure Assessment.

^aChronic obstructive pulmonary disease, asthma, and bronchiectasis; ^bIncluding methicillin-resistant *Staphylococcus aureus*, extended-spectrum β -lactamase-producing Gram-negative bacteria (*Escherichia coli* and *Klebsiella pneumoniae*), carbapenem-resistant Gram-negative rods (*Acinetobacter baumannii* and *Pseudomonas aeruginosa*), and vancomycin-resistant *Enterococcus faecium*; ^cA blood culture test revealed more than two bacteria.

We also evaluated primary sources of infection at ICU admission, microbiological data (Gram staining, organism identification, and susceptibility testing), and the requirement for hemodialysis (defined as the use of any form of renal replacement therapy), neuromuscular blocking agents, vasopressors, and ventilator care within 3 days after ICU admission. In addition, the blood platelet count and arterial lactic acid level were determined during the first 3 days after ICU admission. Survivors were defined as patients that survived for 28 days after ICU admission.

3) Statistical analysis

Continuous variables are expressed as medians (interquartile range [IQR]) and categorical variables are expressed as numbers (percentages). Student t-test and the Mann-Whitney U-test were applied to compare continuous variables. The chi-square and Fisher exact tests (for small numbers) were used to compare categorical variables. To estimate predictive capabilities of the qSOFA score and other scores for our cohort, the receiver operating characteristic curves were used to determine cutoff value. Pearson correlation coefficients between the qSOFA score and MEWS and SIRS were calculated. Logistic regression analyses were performed to evaluate the qSOFA score as an independent prognostic factor in 28-day mortality. All statistical analyses were performed using SPSS version 19.0 (IBM Corp., Armonk, NY, USA). A two-tailed P-value <0.05 was considered to indicate significant difference.

Results

1) Baseline characteristics

During the study period, we identified 236 patients with infectious causes that had positive blood cultures within 3 days after ICU admission. In the total patient population, 151 (64.0%) were admitted to the ICU via the emergency department (ED) and 144 patients (61.0%) received ventilator care during their ICU stay. The me-

dian ICU LOS and hospital LOS were 10 days (IQR, 5 to 19 days) and 25 days (IQR, 14 to 53 days), respectively. Diabetes mellitus was the most common underlying disease, and pneumonia was the most common source of bacteremia (Table 1). Gram-positive bacteria were the most commonly identified organisms (Table 1). Of total enrolled patients, 49 patients (20.8%) received surgical drainage aside from antibiotics. The clinical characteristics of all patients enrolled in this study and comparisons between survivors and non-survivors are presented in Table 1.

2) qSOFA score and patient outcomes

Figure 1 shows the number of patients for each qSOFA level and the corresponding mortality rates. Of the patients with a qSOFA score ≥ 2 ($n = 127$), 38 (29.9%) had all three criteria, followed by blood pressure and respiratory rate criteria ($n = 35$, 27.6%), mental status and blood pressure ($n = 28$, 22.0%), and mental status and respiratory rate criteria ($n = 26$, 20.5%). Patients with a qSOFA score ≥ 2 had significantly higher APACHE II and SOFA scores compared to those with a qSOFA score < 2 . In addition, these patients had significantly higher rates of septic shock, thrombocytopenia, and hyperlactatemia, and significantly greater requirements for ventilator care, neuromuscular blocking agents, vasopressors, and hemodialysis during the first 72 hours of ICU admission (Table 2). Fur-

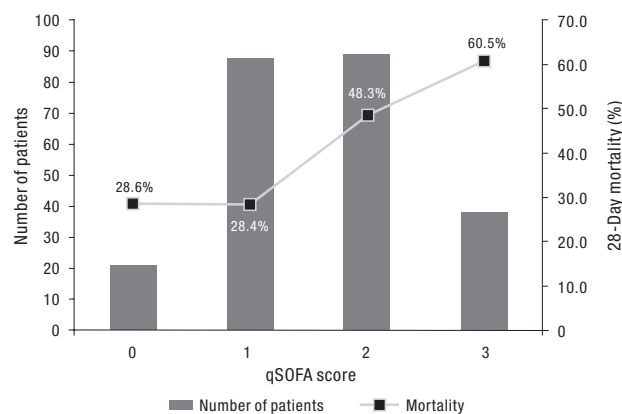


Figure 1. The number of patients for each qSOFA level (left Y axis) and the corresponding mortality rates (right Y axis). qSOFA: quick Sepsis-Related Organ Failure Assessment.

Table 2. Comparison of clinical data from patients with a qSOFA ≥ 2 or < 2

Variable	qSOFA ≥ 2 (n = 127)	qSOFA < 2 (n = 109)	P-value
Age (yr)	69 (57–76)	68 (57–76)	0.505
Male sex	79 (62.2)	65 (59.6)	0.691
APACHE II score	25 (19–31)	21 (15–26)	< 0.001
SOFA score	9 (6–11)	5 (3–7)	< 0.001
Hospital LOS (d)	24 (15–42)	27 (13–57)	0.355
ICU LOS (d)	11 (5–19)	9 (4–18)	0.540
Source of infection			
Pneumonia	58 (45.7)	33 (30.3)	0.016
Intra-abdominal	36 (28.3)	25 (22.9)	0.373
Urinary tract	12 (9.4)	13 (11.9)	0.672
Musculoskeletal	17 (13.4)	24 (22.0)	0.088
Catheter-related	11 (8.7)	11 (10.1)	0.823
Neutropenia	11 (8.7)	2 (1.8)	0.024
Infective endocarditis	4 (3.1)	7 (6.4)	0.354
Organism			
Gram-positive bacteria	64 (50.4)	74 (67.9)	0.008
Gram-negative bacteria	56 (44.1)	28 (25.7)	0.004
Requirement for hemodialysis ^a	55 (43.3)	29 (26.6)	0.009
Requirement for NMBA ^a	33 (26.0)	16 (14.7)	0.037
Requirement for vasopressors ^a	93 (73.2)	53 (48.6)	< 0.001
Ventilator care ^a	76 (59.8)	51 (46.8)	0.050
Thrombocytopenia ^{a,b}	102 (80.3)	62 (56.9)	< 0.001
Lactic acid > 2.0 mmol/L (n = 161) ^a	80 (80.0)	39 (63.9)	0.028
Septic shock (n = 161) ^{a,c}	67 (67.0)	29 (47.5)	0.020
28-Day mortality	66 (52.0)	31 (28.4)	< 0.001

Values are presented as median (interquartile range) or number (%).

qSOFA: quick Sepsis-Related Organ Failure Assessment; APACHE: Acute Physiology and Chronic Health Evaluation; SOFA: Sequential Organ Failure Assessment; LOS: length of stay; ICU: intensive care unit; NMBA: neuromuscular blocking agent.

^aAll clinical courses developed within 72 hours after ICU admission; ^bDefined as a platelet count $\leq 150 \times 10^9/L$; ^cBased on the sepsis-3 consensus statement.

their analysis indicated that patients with a qSOFA score ≥ 2 had significantly higher 28-day mortality rates than those with a qSOFA score < 2 (Table 2). A univariate logistic regression analysis showed that a qSOFA score ≥ 2 was associated with 28-day mortality in our cohort (odds ratio, 2.722; 95% confidence interval, 1.582 to 4.683; $P < 0.001$).

3) Comparison of qSOFA score with MEWS, SIRS, and SOFA

When we compared two conventional early warning scores (MEWS and SIRS), we found correlations be-

tween qSOFA score and MEWS ($\gamma = 0.401$, $P < 0.001$) and between qSOFA score and SIRS criteria ($\gamma = 0.271$, $P < 0.001$). Also, positive correlation was found between qSOFA score and SOFA score ($\gamma = 0.465$, $P < 0.001$).

Further analysis using common thresholds for each conventional early warning score (MEWS ≥ 5 , qSOFA ≥ 2 , and SIRS criteria ≥ 2) according to published data was presented in Table 3 [3,11,17]. Patients with a MEWS ≥ 5 had significantly higher rates of septic shock, thrombocytopenia, and hyperlactatemia, and significantly greater requirements for ventilator care, neuromuscular blocking agents, vasopressors, and hemodialysis dur-

Table 3. Comparison of clinical courses among the cutoff levels of some scores (MEWS ≥ 5 , SIRS criteria ≥ 2 , and SOFA score ≥ 7) for 28-day mortality

Variable	MEWS			SIRS			SOFA		
	≥ 5 (n = 175)	< 5 (n = 61)	P-value	≥ 2 (n = 228)	< 2 (n = 8)	P-value	≥ 7 (n = 125)	< 7 (n = 111)	P-value
Requirement for hemodialysis ^a	71 (40.6)	13 (21.3)	0.008	81 (35.5)	3 (37.5)	> 0.999	59 (47.2)	25 (22.5)	< 0.001
Requirement for NMBA ^a	45 (25.7)	4 (6.6)	0.001	49 (21.5)	0	0.211	35 (28.0)	14 (12.6)	0.004
Requirement for vasopressors ^a	129 (73.7)	17 (27.9)	< 0.001	141 (61.8)	5 (62.5)	> 0.999	100 (80.0)	46 (41.4)	< 0.001
Ventilator care ^a	113 (64.6)	14 (23.0)	< 0.001	123 (53.9)	4 (50.0)	> 0.999	81 (64.8)	46 (41.4)	< 0.001
Thrombocytopenia ^{a,b}	131 (74.9)	33 (54.1)	0.004	160 (70.2)	4 (50.0)	0.252	113 (90.4)	51 (45.9)	< 0.001
Lactic acid > 2.0 mmol/L (n = 161) ^a	105 (78.9)	14 (50.0)	0.004	115 (73.7)	4 (80.0)	> 0.999	81 (78.0)	38 (65.5)	0.002
Septic shock (n = 161) ^{a,c}	84 (65.4)	9 (32.1)	0.001	92 (59.0)	4 (80.0)	0.649	72 (64.9)	24 (25.0)	< 0.001
28-Day mortality	84 (48.0)	13 (21.3)	< 0.001	134 (58.8)	5 (62.5)	> 0.999	69 (55.2)	28 (25.2)	< 0.001

Values are presented as number (%). The cutoff levels of MEWS and SIRS were used according to published data, and the cutoff value of SOFA score was determined by receiver operating characteristic curves using our data.

MEWS: Modified Early Warning score; SIRS: systemic inflammatory response syndrome; SOFA: Sequential Organ Failure Assessment; NMBA: Neuromuscular blocking agent.

^aAll clinical courses were developed within 72 hours after ICU admission; ^bDefined as a platelet count $\leq 150 \times 10^9/L$; ^cBased on the sepsis-3 consensus statement.

ing the initial 72 hours after ICU admission than those of MEWS < 5 (Table 3). In addition, they had higher 28-day mortality rates. However, patients with ≥ 2 SIRS criteria showed no significant differences compared to those with < 2 SIRS criteria (Table 3). Also, we found the cutoff value of SOFA was 7, which were determined by receiver operating characteristic curves. When we compared between patients with a SOFA ≥ 7 and < 7 , patients with a SOFA ≥ 7 had same results as shown in patients with a MEWS ≥ 5 (Table 3).

Discussion

In the present study, we enrolled patients with bacteremia on ICU admission and evaluated the clinical utility of qSOFA scores at the time of ICU admission. In the present study, qSOFA score had positive correlation with SOFA score. Also, a qSOFA score ≥ 2 at ICU admission was associated with greater severity and higher medical resource use in the initial 72 hours after ICU admission. In addition, a qSOFA score ≥ 2 was a significant prognostic indicator for 28-day mortality. Although critical care resources are typically limited and there are distinct

cultural differences compared to those in Western countries [9,10], our results suggested that a qSOFA score ≥ 2 at ICU admission would be a useful screening tool for predicting disease severity and mortality in patients with bacteremia.

After introducing the qSOFA score in sepsis-3 as a screening tool for organ dysfunction [2], comparisons of qSOFA score with some conventional early warning scores were reported [17-20]. In our study, the cutoff levels of MEWS and SIRS were used according to previous reported data [3,11,17]. Our results showed a MEWS ≥ 5 was associated with greater severity and higher medical resource use within 72 hours after ICU admission, and 28-day mortality after ICU admission, consistent with the observations associated with a qSOFA score ≥ 2 . However, we found no prognostic utility of ≥ 2 SIRS criteria because 96.6% of the total patient population had ≥ 2 SIRS criteria (Table 3). Our findings suggest that qSOFA scores may be more useful than SIRS criteria as a prognostic indicator, consistent with a previous report [21]. In comparison with previous studies [17-20], however, our patients had bacteremia with a documented infectious focus at ICU admission, and they had a higher mortality rate. Therefore, additional large-scale studies

including patients with non-bacteremia are required to compare qSOFA with other early warning scores as early screening tools.

In the present study, we found the survival rate was different according to admission route. In patients admitted to ICU via ED, there was no significant difference in the 28-day mortality rate between patients with qSOFA score ≥ 2 and < 2 (37.5% vs. 29.1%, respectively; $P = 0.274$). In patients admitted from general wards, however, patients with qSOFA score ≥ 2 had significantly higher 28-day mortality rate than those with qSOFA score < 2 (70.9% vs. 26.7%, respectively; $P < 0.001$). To find out these differences, we further evaluated where the patients were before being transferred to the emergency room of our hospital (i.e., home, health care facility, or another teaching hospital), however, we could not investigate accurately because of the shortage of medical records. Therefore, further investigation is needed to evaluate the prognostic utility of qSOFA score for patients presenting to the ED.

Our study had several limitations. First, although qSOFA score was developed for patients with suspected infection presenting to the ED, in our study, we could not find the usefulness of qSOFA score for these patients due to the shortage of medical records. To assess the usefulness of this score, therefore, we enrolled patients who had documented infections with bacteremia admitted to ICU. Second, this study was conducted retrospectively; this may have resulted in information bias. Also, our enrolled patient populations were heterogeneous from six ICUs, which may be a bias. Third, our data represent the experience of a single center, so the results may not be representative of the general situation in Korea. Fourth, we expected that the qSOFA ≥ 2 score was associated with poor prognosis according to documented bacteria or sources of infection; however, we were unable to identify statistical significances in subgroup analysis due to the small sample size.

In conclusion, we investigated the prognostic utility of the qSOFA score at ICU admission for patients with bacteremia. Our results show that a qSOFA score ≥ 2 at

admission could be useful as a screening tool for predicting clinical severity and medical resource use within 72 hours after admission, and for predicting the 28-day mortality rate. In addition, a comparison of qSOFA score with MEWS and SIRS criteria suggested that qSOFA scores are more useful than SIRS criteria. Prospective and large-scale studies are required to determine the prognostic utility of qSOFA scores in Korean ICUs.

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