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# Synthesis and Properties of Silk Fibroin/Konjac Glucomannan Blend Beads

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Received: 4 June 2018; Accepted: 7 August 2018; Published: 18 August 2018



**Abstract:** Silk fibroin (SF) and konjac glucomannan (KGM) are promising materials in the biomedical field due to their low toxicity, biocompatibility, biodegradability and low immune response. Beads of these natural polymers are interesting scaffolds for biomedical applications, but their fabrication is a challenge due to their low stability and the necessary adaptation of their chemical and mechanical properties to be successfully applied. In that sense, this study aimed to synthesize a blend of silk fibroin and konjac glucomannan (SF/KGM) in the form of porous beads obtained through dripping into liquid nitrogen, with a post-treatment using ethanol. Intermolecular hydrogen bonds promoted the integration of SF and KGM. Treated beads showed higher porous size, crystallinity, and stability than untreated beads. Characterization analyses by Fourier-transform infrared spectroscopy (FTIR), thermogravimetric (TGA), and X-ray diffraction (XDR) evidenced that ethanol treatment allows a conformational transition from silk I to silk II in SF and an increase in the KGM deacetylation. Those chemical changes significantly enhanced the mechanical resistance of SF/KGM beads in comparison to pure SF and KGM beads. Moreover, samples showed cytocompatibility with HaCaT and BALB/c 3T3 cells.

**Keywords:** biopolymers; silk fibroin; konjac glucomannan; porous beads; scaffolds; tissue engineering

## 1. Introduction

Global challenges in scaffolds technology offer opportunities for further research that involves new types of polymers in different forms such as films, membranes, and beads. In the last decades, natural polymers have been investigated to be used as cell scaffolds [1]. However, to be successfully used these materials should be modified to improve different properties, such as in-vivo stability, biocompatibility, biodegradability, and potential interaction with cells. For that, the scaffolds should also have a cell-friendly surface, and interconnected pores for the transport of cells, nutrients, and metabolites [2].

One of the most promising materials to be used as cell scaffolds, among other applications in biomedicine is silk fibroin (SF), which is a biodegradable polymer, and biocompatible with human tissues. Its chemical composition consists of simple amino acids, such as glycine, alanine, serine, and tyrosine [3,4]. SF is a molecule with high tensile strength, elasticity, and resilience. It has been used in

diverse applications, such as hydrogels synthesis, supports for enzymes immobilization, drug delivery, and etc. [3,5,6]. Konjac glucomannan (KGM) is also a biodegradable and biocompatible material [1]. Its chemical structure is composed of D-mannose and D-glucose monomers linked by  $\beta(1\rightarrow4)$  bonds. KGM is a hydrophilic polymer with high viscoelasticity and mechanical resistance. Over the last years, it was mainly used as a bioactive polymer. KGM, combined with other polymers, can be used as a controlled delivery system for drugs, and antimicrobial materials [7,8].

In spite of the mentioned properties of SF and KGM, their mechanical properties could be improved in order to be used as a scaffold. Blending two or more polymers is a usual technique to overcome challenges in polymer properties and resulting in the new materials. Several studies of SF-based blends have been reported in the literature. Park et al. (1999) verified that the mechanical tensile strength of SF and chitosan (CHI) membranes depended on CHI concentration. Moreover, the resistance of membranes presented higher value than pure polymers, due to the increase in  $\beta$ -sheet conformational transition [9]. Kweon et al. (2001) studied films of SF and CHI to understand the effect of fibroin and chitosan ratio on the physical characteristics of blends. They verified that the mechanical properties the films were improved when blends were formed with 10–40% chitosan [10]. Lee et al. (2004) studied the physical and structural properties of SF and sodium alginate blends and concluded that the structural characteristics of SF in blends were not affected by the incorporation of sodium alginate. Also, the mechanical properties of these blends were improved because sodium alginate is a hard polysaccharide [11]. She et al. (2008) reported that the mechanical properties of SF/CHI scaffolds could be controlled by adjusting their composition [12].

In that sense, this study was focused on the synthesizes and characterization of porous blend beads obtained from two natural polymers, SF and KGM, with suitable characteristics to be applied to tissue engineering or drug release field [13]. A surface morphological analysis was performed by scanning electron microscope (SEM), physicochemical characterizations were obtained by Fourier-transform infrared spectroscopy (FTIR), thermogravimetric (TGA), and X-ray diffraction (XDR), and a validation of mechanical resistance was performed using compression tests. Finally, cytocompatibility assays were carried out using two kinds of cell lines: human keratinocytes (HaCaT) and murine fibroblast (BALB/c 3T3).

## 2. Materials and Methods

### 2.1. Beads Synthesis

#### 2.1.1. Solutions Preparation

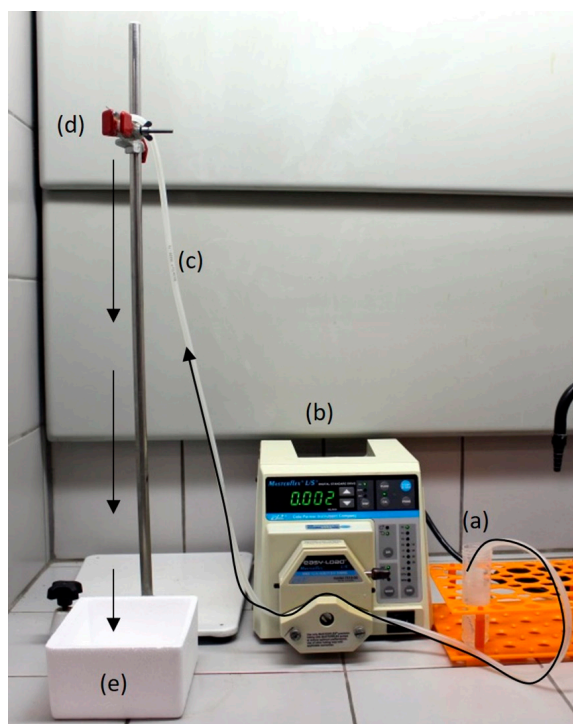
*Bombyx mori* silkworm cocoons were supplied by Fiação Bratac (Bastos-SP, Brazil). Cocoons were degummed three times by soaking in  $\text{Na}_2\text{CO}_3$  1 g/L solution at 85 °C for 30 min. Afterward, the obtained SF fibers were rinsed with distilled water to remove  $\text{Na}_2\text{CO}_3$  residues and dried at room temperature (25 °C) for 24 h. A ternary solvent of  $\text{CaCl}_2$ :ethanol: $\text{H}_2\text{O}$  in a molar ratio of 1:2:8 was used to dissolve the SF fibers to 10% (*w/v*) at 85 °C for 1.5 h. The SF salt solution was dialyzed by a cellulose membrane (MWCO 3500, Viscofan®, Spain) against distilled water for 72 h at 4 °C, with changes every 24 h [5,14]. The obtained concentration of SF solution was 5% (*w/v*), which was determined by casting the solution in a petri dish and weighing the dried mass after solvent evaporation. Finally, the dialyzed solution was diluted in deionized water to a concentration of 2.5% (*w/v*).

KGM (Konjac Glucomannan Powder®, Sunnyvale, CA, USA) was dissolved in deionized water to a concentration of 1 g/L. After homogenization,  $\text{Ca}(\text{OH})_2$  (Synth®, Diadema, Brazil) was added at a concentration of 1.5 mmol/L to pre-stabilize KGM [15–17]. Calcium was used to crosslink the KGM, to make it insoluble in water.

The blends were prepared by adding the solution of SF 2.5% (*w/v*) into KGM 1% (*w/v*) at a weight ratio of 50% (*w/w*) under continuous stirring, and this maintained for 5 min for complete homogenization.

### 2.1.2. Beads Synthesis

SF, KGM, and SF/KGM beads were prepared by using a peristaltic pump (7518-00, Masterflex<sup>®</sup>, Gelsenkirchen, Germany) engaged in a silicone hose (diameter: 0.3 mm, Masterflex<sup>®</sup>, Gelsenkirchen, Germany) and a needle (diameter: 0.70 mm × 30 mm, BD SoloMed, Curitiba, Brazil). Each solution was pumped to the needle and dripping into liquid nitrogen (fast freezing) for the formation of beads. Figure 1 shows the used experimental setup. Finally, the obtained beads were freeze-dried (L101, Liobras, São Carlos, Brazil) for 24 h.



**Figure 1.** Experimental setup for beads syntheses: (a) natural polymer solution; (b) peristaltic pump; (c) silicone hos; (d) needle and (e) liquid nitrogen.

To study the effect of a post-treatment with ethanol, SF, KGM, and SF/KGM beads were treated with ethanol 95% (*v/v*) at room temperature for 24 h. Ethanol was used to induce SF structural transformation and KGM deacetylation [15–17]. After treatment, beads were rinsed with deionized water, frozen at 4 °C and lyophilized for 24 h.

## 2.2. Physicochemical Characterizations

### 2.2.1. Surface Tension and Size Beads

The surface tension of solutions was determined by a tensiometer (K12, KRUSS, Hamburg, Germany) using the ring method [18]. The size of beads was obtained analyzing fifteen images of each kind of sample using ImageJ<sup>®</sup> software (National Institutes of Health, Bethesda, USA).

### 2.2.2. Morphological Characterization

The morphology of the surface beads was examined using a scanning electron microscope (FEG 250, Thermo Scientific Quanta<sup>™</sup>, Waltham, MA, USA) with a current and voltage of 50 pA and 10 kV, respectively. The average pore size of the beads was determined from SEM images by ImageJ<sup>®</sup> software.

The samples were fixed on aluminum supports using double-sided carbon tape, and in sequence, the samples were metallized using a 200 Å thick gold layer. Metallization was performed in a vacuum chamber (K-450, Sputter Coater EMITECH, Quorum technologies, Lewes, UK) under argon flow for 15 min. After metallization was completed, the supports containing the metalized samples were placed under a microscope, and the samples were photographed for recording purposes.

### 2.2.3. Chemical Characterization

Attenuated total reflection Fourier-transform infrared spectroscopy (ATR-FTIR) was used for the chemical characterization of the samples. Analyses were carried out with an ATR-FTIR-6100 (JASCO, Easton, MD, USA) spectrometer. Each measurement was acquired in transmittance mode by an accumulation of 128 scans at a resolution of 4  $\text{cm}^{-1}$  in the range of 650–4000  $\text{cm}^{-1}$ . Deconvolution of FTIR spectra was obtained by a Gaussian function using the Fityk 0.9.8 software (Marcin Wojdyr, Warsaw, Poland). The percentage of  $\beta$ -sheet conformation was evaluated by integrating the curve area of the whole studied region.

### 2.2.4. Thermogravimetric Characterization

Thermogravimetric characterization was performed by TGA equipment (TGA/DSC1, Mettler Toledo, Barueri, Brazil) in a temperature range of 25–600 °C with a ramp rate of 10 °C/min, and an  $\text{N}_2$  flow of 50 mL/min. The glass transition temperature ( $T_g$ ) was obtained by a differential scanning calorimeter (DSC1, Mettler-Toledo, Barueri, Brazil). All measurements were carried out from 25 to 300 °C under a nitrogen atmosphere using a heating rate of 10 °C/min.

### 2.2.5. Crystallinity

The crystallinity of beads was studied by X-ray diffraction (X'Pert-MPD, Philips analytical X-ray, Malvern Panalytical, Almelo, The Netherlands) with Cu-K $\alpha$  radiation ( $\lambda = 1.54056 \text{ \AA}$ ). The X-ray source was operated at 40 kV and 40 mA. The measurements were performed in a range of  $2\theta = 5\text{--}80^\circ$  using a scanning speed of 0.033°/s with a step size of 0.02°.

## 2.3. Mechanical Assays

The mechanical properties of freeze-dried beads were measured by confined compression test using a TA.XT2 texturometer (Stable Micro Systems, Godalming, UK) with a 50 N load cell at room temperature. The speed test was 0.2 mm/s. The beads were subjected to a compressive force of up to 50%.

## 2.4. Cytotoxicity Assays

### 2.4.1. Cell Culture

Normally established cell lines HaCaT (human keratinocytes) and BALB/c 3T3 (murine fibroblast) were used. The cells were grown in plastic flasks (25  $\text{cm}^2$ ) with Roswell Park Memorial Institute (RPMI) 1640 medium, supplemented with 10% inactivated fetal bovine serum (FBS) and 1% antibiotic solution (penicillin and streptomycin). The cultures were incubated at 37 °C in an atmosphere containing 5%  $\text{CO}_2$ . The medium was changed every 48 h, and when the culture reached confluence, the subculture was treated with trypsin-EDTA, until complete release of the cells. The released cells were transferred to a new plastic flask or 24-well plates.

### 2.4.2. MTT Reduction Assay

HaCaT and BALB/c 3T3 cells were distributed in 24-well plates using a density of the  $4 \times 10^4$  cell/mL and  $6 \times 10^4$  cell/mL, respectively, and were incubated at 37 °C with 5% of  $\text{CO}_2$  for 24 h. Later, the cells were treated with different concentrations of SF, KGM and SF/KGM for 24 h. After incubation, the medium was removed from the cells and 1 mL of

3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) solution (0.5 mg/mL in FBS free culture medium) was added to each well. After incubation for 2 h at 37 °C, the MTT solution was removed and the formazan crystal was solubilized in 1 mL of ethanol. The plate was shaken for 5 min and the absorbance of each well was read in the spectrophotometer (Infinity M200Pro, Tecan, Männedorf, Switzerland). The measured absorbance at  $\lambda = 570$  nm was normalized to % of control [19]. This value was calculated by multiplying the absorbance of a treated well by 100 and dividing it by the average absorbance of control well, which was considered 100%.

### 2.5. Statistical Analysis

Each experiment was carried out in triplicate unless otherwise specified. All results are presented as the mean  $\pm$  standard deviation (SD). The experimental data from all the studies were analyzed using Analysis of Variance (ANOVA). Statistical significance was set to  $p$ -value  $\leq 0.05$ .

## 3. Results and Discussions

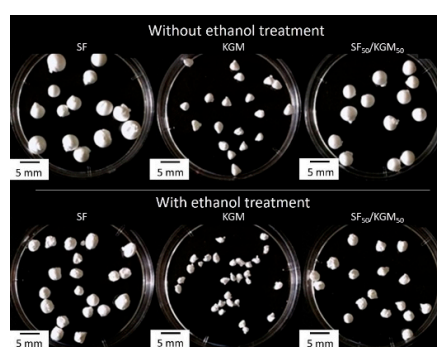
### 3.1. Size Beads and Surface Tension

Figure 2 shows images of the beads treated without and with ethanol, and Table 1 presents the surface tension of solutions and diameters of beads. Beads under ethanol treatment showed smaller diameters than beads without treatment: SF, KGM and SF<sub>50</sub>/KGM<sub>50</sub> presented a decrease of 8.9%, 7.6% and 23.4%, respectively. In the case of SF<sub>50</sub>/KGM<sub>50</sub> beads, they showed an intermediate size between both pure natural polymers beads, due to the intermolecular interactions between both substances. According to the literature, higher surface tensions should produce higher diameters of drops, because the drop increases its size adding mass until the surface tension cannot keep it together [20]. However, in our case, the opposite was, solutions with higher surface tensions produced smaller diameter of beads (See Table 1 and Figure 2). These results suggest that other factors, in addition to the cohesive force between molecules, affect the diameter of the beads. An example is the molar mass of the natural polymer: higher molar mass would produce more compacted beads. In native form, the molar mass of SF is around 25 kDa for light chains and 325 kDa for heavy chain [21], while KGM is so much higher, around  $1.50 \times 10^6$  Da [22].

**Table 1.** The surface tension of SF, KGM, and SF<sub>50</sub>/KGM<sub>50</sub> solutions and diameters of SF, KGM, and SF<sub>50</sub>/KGM<sub>50</sub> beads.

Samples	Surface Tension of Solutions (mPa) *	The Diameter of Beads without Ethanol Treatment (mm) *	The Diameter of Beads with Ethanol Treatment (mm) *
SF	45.2 $\pm$ 0.2 <sup>a</sup>	3.4 $\pm$ 0.1 <sup>d</sup>	3.1 $\pm$ 0.1 <sup>h</sup>
KGM	63.7 $\pm$ 0.8 <sup>b</sup>	2.0 $\pm$ 0.2 <sup>f</sup>	1.8 $\pm$ 0.1 <sup>e</sup>
SF <sub>50</sub> /KGM <sub>50</sub>	50.7 $\pm$ 0.7 <sup>c</sup>	3.2 $\pm$ 0.15 <sup>d</sup>	2.5 $\pm$ 0.1 <sup>g</sup>

\* Mean  $\pm$  SD ( $n = 3$ ), mean with the same letter indicate that there is no significant difference ( $p < 0.05$ ) by the Tukey test.



**Figure 2.** Images of the synthesized beads.

### 3.2. Morphological Characterization

Figure 3 shows the SEM images of beads surface. All cases presented pores and rough surfaces. The fast freezing with liquid nitrogen and the freeze-drying in vacuum-process used during the syntheses, generated these particular characteristics. In the case of SF beads, it is possible to observe that both samples, without and with ethanol treatment, presented homogenous surfaces. However, the untreated samples exhibited pores of  $0.97 \pm 0.2 \mu\text{m}$ , and the treated samples presented pores of  $76.0 \pm 26.5 \mu\text{m}$ . The KGM beads were the most affected by the ethanol treatment. Samples without treatment showed a spongy, homogeneous surface and many pores with a size of  $1.3 \pm 0.3 \mu\text{m}$ . The treated beads presented a heterogeneous, texturized surface and higher pores with a size of  $32.5 \pm 7.0 \mu\text{m}$ . The untreated samples of SF<sub>50</sub>/KGM<sub>50</sub> exhibited a rough and homogeneous surface with pores of  $0.5 \pm 0.2 \mu\text{m}$ . On the contrary, the treated beads presented large pores of  $64.2 \pm 13.4 \mu\text{m}$ . According to studies of Teimouri et al. (2015), the range of the pore size should be from 50 to 150  $\mu\text{m}$  for successfully grown fibroblast cells and keratinocytes, since this size favors the transport of nutrients and oxygen [23]. In the case of the studies of Sepulveda et al. (2000), authors indicated that human osteoblasts could penetrate pores with a size between 100 and 200  $\mu\text{m}$ , and a porosity above 30% is needed to facilitate oxygenation and nutrient transport [24]. Then, in the case of the synthesized beads, SF and SF<sub>50</sub>/KGM<sub>50</sub> treated with ethanol should provide the requirements for the cellular growth of fibroblasts and keratinocytes.

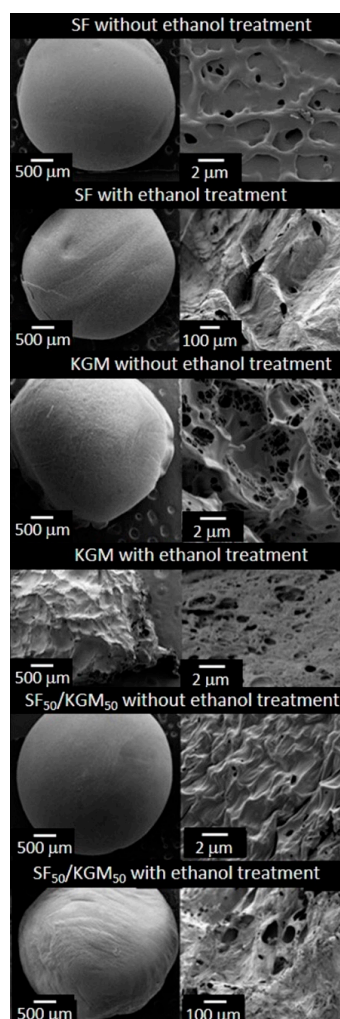


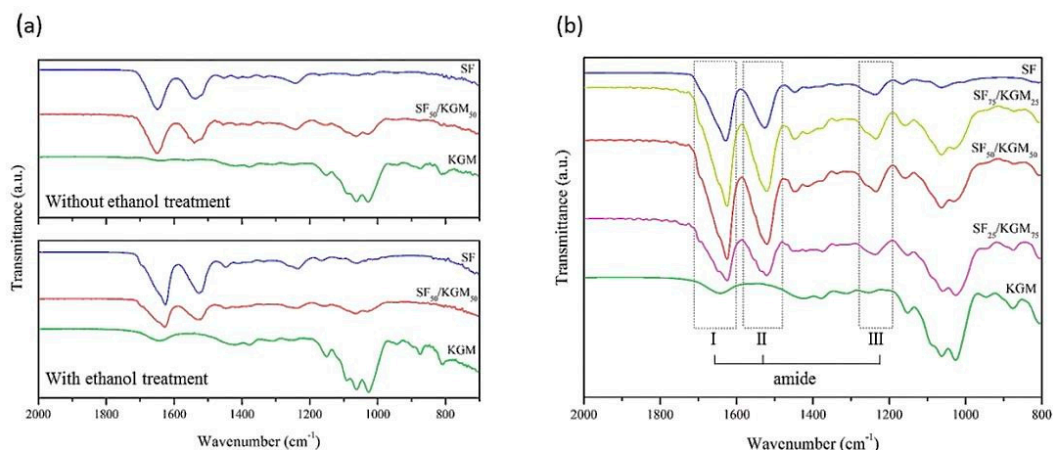
Figure 3. SEM images of the beads surface.



### 3.3. Chemical Characterization

To chemically characterize the synthesized beads, FTIR-ATR analyses were performed (Figure 4). Figure 4a presents the spectra of the untreated and treated beads with ethanol. In the case of the untreated SF beads, amide bands corresponding to the silk I conformation ( $\alpha$ -helix or random coil) were identified [25]: amide I ( $1638\text{--}1655\text{ cm}^{-1}$ ), amide II ( $1535\text{--}1540\text{ cm}^{-1}$ ) and amide III ( $1230\text{--}1240\text{ cm}^{-1}$ ). The amide bands I, II and III are attributed to C=O stretching, N-H deformation and O-C-N folding, respectively [25]. After the ethanol treatment the amide bands of the silk I were shifted to the amide bands corresponding to silk II ( $\beta$ -sheet): amide I ( $1616\text{--}1637\text{ cm}^{-1}$ ), amide II ( $1515\text{--}1530\text{ cm}^{-1}$ ) and amide III ( $1250\text{--}1260\text{ cm}^{-1}$ ), which is a more stable conformation of the SF [26]. Both KGM spectra, untreated and treated beads, presented their typical bands [27] in the range of  $1000\text{--}1300\text{ cm}^{-1}$ : at  $1024\text{ cm}^{-1}$  (C-O and C-OH),  $1066\text{ cm}^{-1}$  (C-H),  $1153\text{ cm}^{-1}$  (C-O), and  $1247\text{ cm}^{-1}$  ( $\text{CH}_2\text{OH}$  and C(=O)O). The main difference in the treated bead appears in the  $1643\text{ cm}^{-1}$  band, which is attributed to the deformation in the plane of the water molecule due to crystallization. This is an intermolecular hydrogen bonding interaction originated by treatment in an ethanol and alkali agent [27]. Finally, a slight band at  $1730\text{ cm}^{-1}$  (C=O) was faded, which is related to an increase of deacetylation, causing an increase of hydrogen bonds [28]. As expected for the SF<sub>50</sub>/KGM<sub>50</sub> beads, previously discussed bands corresponding to SF and KGM were identified. In fact, as the case of SF, SF<sub>50</sub>/KGM<sub>50</sub> spectra exhibited a shift of higher energies: from amides of silk I to amides of silk II. The ethanol treatment made a more stable conformation of beads. Yang et al. (2000) reported the same tendency for SF/cellulose films [29]. Also, a shift in the amide bands was observed when comparing the spectra of SF with SF<sub>50</sub>/KGM<sub>50</sub>, which is usually accompanied by the formation of hydrogen bonds between polymers [30].

To achieve a better understanding of the chemical conformation of the blend SF/KGM, FTIR-ATR analysis was also performed on the treated beads using different proportions of SF/KGM ( $v/v$ ) (Figure 4b). As KGM is added to the blend, the conformational transition of amides from  $\alpha$ -helix conformation and random coil to  $\beta$ -sheet is increased. Bands shift from  $1650$ ,  $1540$  and  $1250\text{ cm}^{-1}$  to  $1630$ ,  $1522$  and  $1230\text{ cm}^{-1}$ . These results may indicate that a part of the random coil formation was converted to  $\beta$ -sheet with the addition of KGM, by intermolecular hydrogen bonds formed between the natural polymers [31]. According to the literature, when SF was mixed with other natural polymers containing hydroxyl groups (cellulose, alginate, heparin, and others), cross-linking between the polymers may benefit the conformational transition of SF [30]. Chen et al. (1997) performed structural analyzes on SF and chitosan films [32]. Authors found that SF exhibited  $\beta$ -sheet structure, indicating that hydrogen bonding was formed between SF and chitosan in the blend films. Also, they asserted that SF could use the rigid molecules of chitosan to extend SF molecules, resulting in the induction of the conformational  $\beta$ -sheet formation caused by hydrogen bonding. This study is consistent with the obtained results. Deconvolution corresponding to amide bands in FTIR-ATR spectra of SF/KGM was performed to analyze the evolution of  $\beta$ -sheet when KGM was added to the blend (Figure S1, Supplementary Materials). Table S1 (Supplementary Materials) shows the percent of  $\beta$ -sheet structure in each case of the amide. Results indicated that, as the proportion of KGM in the blend is increased, the percentage of  $\beta$ -sheet increase: 29.07%, 1.94% and 13.32% for amides I, II and III, respectively. These results show that part of the random coil was converted to  $\beta$ -sheet with the addition of KGM. The groups of KGM that can interact with SF are  $\text{CH}_2\text{OH}$ ,  $\text{COOH}$  and  $\text{OH}$ . If the  $\text{CH}_2\text{OH}$  and  $\text{COOH}$  do not participate in the hydrogen bonding, the domain of the random coil conformation should be increased. However, as results show through the increasing of  $\beta$ -sheet, such groups may participate in the intermolecular bonds with the NH group of SF [33–35].



**Figure 4.** (a) FTIR-ATR spectra of beads, and (b) FTIR-ATR spectra of SF/KGM beads treated with ethanol obtained at different ratios of SF and KGM ( $v/v$ ).

### 3.4. Thermal Characterization

Thermal stability of the beads was studied by thermogravimetric analysis (Figure 5A). The experiments involved three steps: (1) vaporization and removal of moisture in beads (to 100 °C), (2) material decomposition (at a different range for each case), and (3) thermal degradation and carbonization of the compounds (375 °C for all cases). In the case of SF samples, they presented a loss mass related to the breakdown of peptide bonds and side-chains of the residual amino acids [14,36]. Untreated and treated beads presented similar loss of mass in the second step: 36% and 33%, respectively. However, the decomposition temperature range of the beads treated with ethanol (235–297 °C) was higher than the untreated beads (216–283 °C). This suggests that ethanol post-treatment provides thermal stability, possibly due to the structural transition from silk I to silk II, which is more stable. The loss of mass of KGM is related to the decomposition of saccharide rings and the disintegration of the molecule chains [37]. In the second step, untreated beads showed 84% of loss mass, and treated beads just reached 55% of losing mass. The decomposition temperature range of untreated and treated beads were 223–322 °C and 260–296 °C, respectively. Although the maximum decomposition temperature was lower in treated samples than untreated samples, the initial temperature of decomposition was increased due to the higher deacetylation [38]. As ethanol decreases the acetyl groups of KGM, the intermolecular interactions are strengthened, and this consequently improves the thermal stability of the material [39]. In the case of SF<sub>50</sub>/KGM<sub>50</sub> beads, the loss of mass was very similar between untreated and treated samples: 43% and 46%, respectively. Regarding the decomposition temperatures ranges, both cases were similar but with a slight increase in the maximum decomposition temperature: 233–299 °C for untreated beads, and 233–303 °C for treated beads.

The interaction between the polymers can also be analyzed by the glass transition temperature ( $T_g$ ) of the beads, which were obtained from the DSC (Figure 5B). The calculated  $T_g$  was 116, 101 and 104 °C for the untreated samples of SF, KGM and SF<sub>50</sub>/KGM<sub>50</sub>, respectively. These results confirm that SF<sub>50</sub>/KGM<sub>50</sub> was a miscible mixture because its  $T_g$  is an intermediate value between both  $T_g$  of pure polymers [40]. The same tendency was observed in the treated samples: 119, 107, and 108 °C for SF, KGM, and SF<sub>50</sub>/KGM<sub>50</sub> beads, respectively. One point to highlight is that  $T_g$  of treated samples was higher than untreated ones, confirming that the ethanol treatment enhanced the stability of beads.



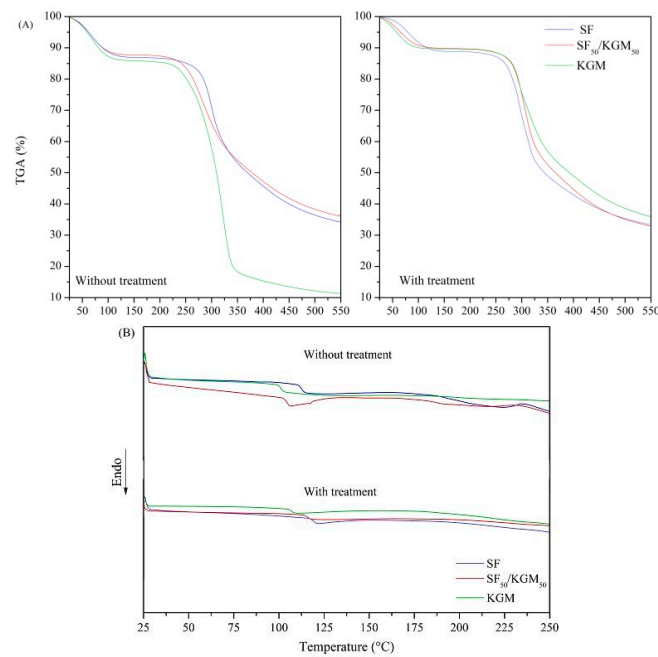


Figure 5. (A) TGA and (B) DSC analysis of beads.

### 3.5. Crystallinity

Figure 6 shows the X-ray diffractograms of samples. In the case of SF, values of  $2\theta$  at  $23^\circ$  and  $45^\circ$  are attributed to silk I ( $\alpha$ -helix) while values at  $21^\circ$  are attributed to silk II ( $\beta$ -sheet) conformation. After ethanol treatment, the matrix becomes more crystalline in the silk II ( $\beta$ -sheet) structure, which shows that the protein chains of SF are more organized and energetically stable when they are treated with solvents or temperature [14,25,41]. According to the previous study of KGM crystallinity [28], KGM beads presented their typical peak around  $2\theta = 20^\circ$ . However, the increment of the peak around  $12^\circ$ , after the ethanol treatment, exhibited a higher deacetylation degree produced by the solvent [28]. As SF<sub>50</sub>/KGM<sub>50</sub> is a blend, their diffractograms presented lower crystallinity than diffractograms of pure SF and KGM [42]. However, in this case, significant changes in crystallinity were not caused by the ethanol treatment, as the cases of pure polymers.

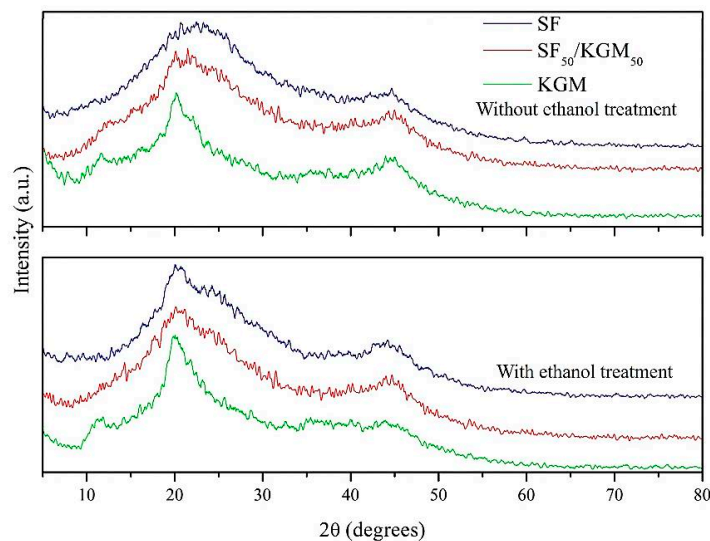
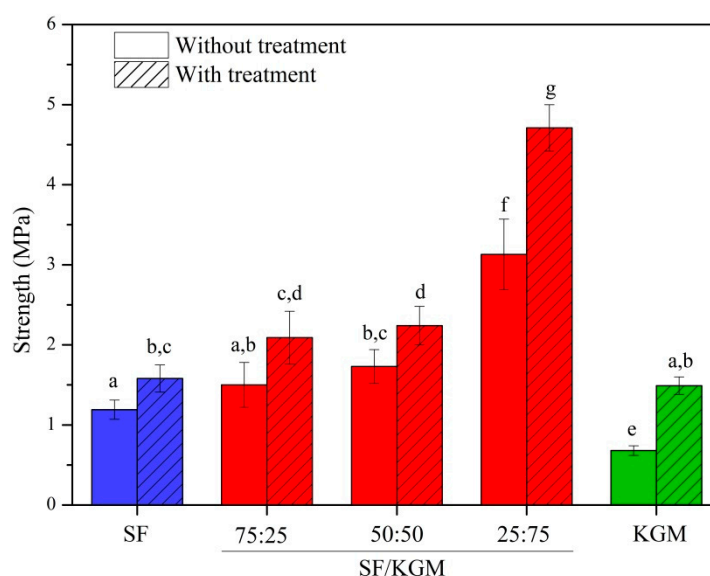


Figure 6. XRD diagrams of beads.

### 3.6. Mechanical Assays

Figure 7 presents the mechanical tests applied to samples obtained at different ratios of SF and KGM ( $v/v$ ). For all cases (pure polymer beads and different blends) the ethanol treatment significantly improved the strength of samples. Regarding the SF component, the organic solvent dehydrated its chains favoring hydrogen bonds and Van der Waals forces. It, thus, changes to a more stable structural conformation [3]. According to the literature [16,43], the increasing of the mechanical resistance is caused by higher amounts of  $\beta$ -sheet structure, which is more stable. In the case of KGM, ethanol assisted in the deacetylation of the molecule [16], facilitating the formation of hydrogen bonds and hydrophobic interactions between chains composing a gel network structure [7,42]. This result was consistent with those obtained by ATR-FTIR, TGA and XDR analyses. When KGM was incorporated into SF, the mechanical strength of beads was increased. This is strongly related to intermolecular interactions of hydrogen bonds formed between both polymers [30,31,44], providing a more stable structure than pure polymer beads.



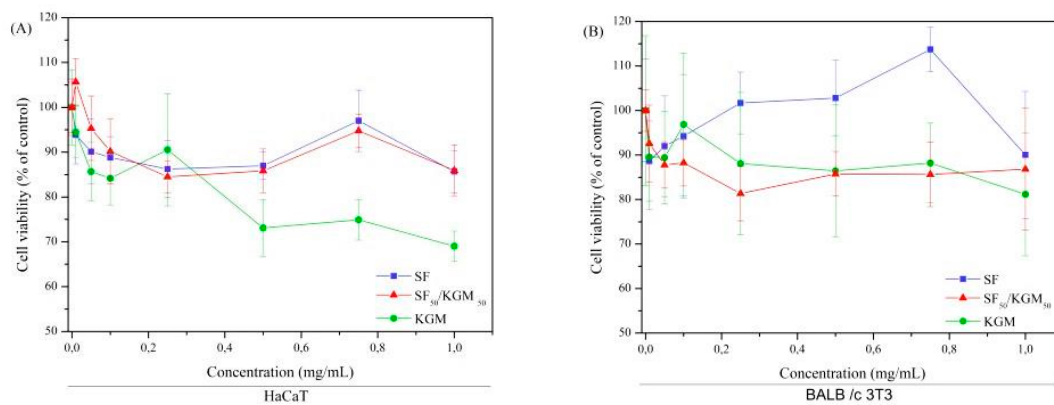
**Figure 7.** Mechanical properties of beads obtained at different ratios of SF and KGM ( $v/v$ ). Mean  $\pm$  SD ( $n = 15$ ), means with the same letter indicate that there is no significant difference ( $p < 0.05$ ) by the Tukey test.

Park et al. (1999) found that the mechanical tensile strength of SF/CHI membranes depended on CHI content. In fact, blends presented higher resistance than pure polymers, possibly due to the increase in the conformational transition  $\beta$ -sheet [9]. Other works in the literature have reported the increase of strength when one of the components is slightly added. For example, Yin et al. (2012) reported that scaffolds of collagen:chitosan:P(LLACL) were stronger when the ratio was 20:5:75 in comparison to pure P(LLACL) and collagen-chitosan blended scaffold (80:20:0) [45].

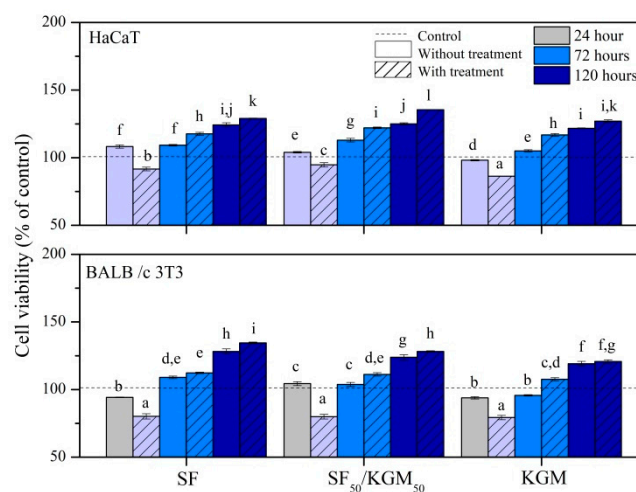
### 3.7. Cytotoxicity Assays

The cytotoxicity of solutions (Figure 8) and beads (Figure 9) was tested with two kinds of cell lines: human keratinocytes (HaCaT) and murine fibroblast (BALB/c 3T3).

Figure 8 shows that the natural polymers did not present cytotoxicity up to of 1 mg/mL. The IC50 value (reduction of 50% of the cell population) was not found in any of lineages. Also, it is noted the presence of SF in the SF/KGM solution favored the cytotoxicity of the SF since the profiles were very similar.



**Figure 8.** Cytotoxicity of solutions to (A) HaCaT and (B) BALB/c 3T3 cells. Mean  $\pm$  SD ( $n = 3$ ).



**Figure 9.** Cytotoxicity of beads to HaCaT and BALB/c 3 T3 cells. Mean  $\pm$  SD ( $n = 3$ ), means with the same letter indicate that there is no significant difference ( $p < 0.05$ ) by the Tukey test.

KGM showed a tendency towards low cytotoxic profile for HaCaT in the concentration of 1 mg/mL since it is within the limit of the recommended in ISO 10993-5 (2009) [46]. Based on the MTT tests, it was not possible to estimate how the polymer acted in the cells, so it is necessary to perform signaling pathways, apoptosis (programmed cell death) and inflammatory process to verify the mechanism of decay of the cytotoxic profile.

In general, the decrease in cytotoxicity at the highest concentration tested was approximately 30% for HaCaT and 20% for BALB/c 3T3. When the cells were exposed to the combination of both natural polymers, it did not show cytotoxicity to the studied strains when compared to MTT reduction. Thus, the obtained beads could be applied in the field of tissue engineering.

Regarding the beads (Figure 9), in general, untreated and treated beads did not present cytotoxicity for both kinds of cell lines, since the cell viability for all cases and times was higher than 50%. Materials are considered cytotoxic only if it presents  $<50\%$  of viable cells at any time [46,47]. However, during first 24 h of cell culture, treated beads showed a slight reduction of cell viability. This could be due to some residual traces of ethanol. Concentrations of this solvent above 0.1% may already be considered toxic to cells: dividing cells, trypsinization, and apoptosis. At 72 and 120 h of culture, all samples showed higher cell proliferation than control, probably due to natural selection occurring during the first 24 h. Nevertheless, the treated beads exhibited better cell viability than untreated samples. After 72 h, this increase can lead it to be assumed that treated beads acted as a dose-response system. Although in some cases, cell viability was similar to pure polymers, treated samples of SF<sub>50</sub>/KGM<sub>50</sub>

reached the highest values of cell viability:  $136\% \pm 0.1\%$  for HaCaT, and  $135\% \pm 1\%$  for BALBc/3T3, both at 120 h.

#### 4. Conclusions

SF, KGM, and SF/KGM beads were obtained by a viable protocol that produced porous beads by dripping into liquid nitrogen, with a post-treatment using ethanol. Ethanol treatment reduced the diameter of beads but significantly increased the size of surface pores; making them viable for cell adhesion and growth. Physicochemical analysis of samples showed that SF/KGM beads were integrated due to the formation of hydrogen bonds between both polymers. Also, beads treated with ethanol exhibited more crystallinity and thermal stability, which were generated by a conformational transition from silk I ( $\alpha$ -helix or random coil) to silk II ( $\beta$ -sheet) in SF, and an increase in the deacetylation of KGM. Due to these chemical changes, treated SF/KGM beads showed higher mechanical resistance than pure SF and KGM beads under compression tests. Finally, all beads did not present cytotoxicity effect for HaCaT and BALBc/3T3 cells up to 120 h and treated SF/KGM beads reached the highest values of cell viability. In general, the obtained porous blend beads presented improved characteristics compared to pure polymer beads, which could be used in the field of biomedicine.

**Supplementary Materials:** The following are available online at <http://www.mdpi.com/2073-4360/10/8/923/s1>, Figure S1: Deconvolution of FTIR-ATR spectra of SF/KGM beads treated with ethanol obtained at different ratios of SF and KGM ( $v/v$ ), Table S1:  $\beta$ -sheet percent obtained from the deconvolution of FTIR-ATR spectra of SF/KGM beads treated with ethanol obtained at different ratios of SF and KGM ( $v/v$ ) for the amide I, II and III. In red the percentage referring to the conformation  $\beta$ -sheet.

**Author Contributions:** C.G.F. and M.M.B. conceived and designed the research presented in this manuscript. M.L. and M.M.B. facilitated their labs for the experiments. C.G.F. and V.F.N. performed the synthesis of samples. C.G.F. and V.F.N. carried out the physicochemical characterization. D.M. and M.L. performed the biological characterization. C.F.G. and J.H.M. analyzed the data. C.F.G. and J.H.M. wrote the manuscript and made figures. All authors revised and approved the final version of the manuscript.

**Funding:** This study was financially supported by the Brazilian National Council for Scientific and Technological Development (CNPq).

**Acknowledgments:** The authors acknowledge Maria Helena Santana and Gilson Maia Júnior for granting access to analysis of surface tension. Bertran and lab team for providing the use of scanning microscopy equipment. Eduardo Gemis for granting access to infrared spectroscopy technique. The authors also kindly acknowledge Marcelle Spera and Denise Villalva for their valuable review and suggestions made to this work.

**Conflicts of Interest:** The authors declare no conflicts of interest.

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