

# Role of sepsis modulated circulating microRNAs

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## ARTICLE INFO

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## ABSTRACT

Sepsis is a life-threatening condition with dysregulated systemic host response to microbial pathogens leading to disproportionate inflammatory response and multi-organ failure. Various biomarkers are available for the diagnosis and prognosis of sepsis; however, these laboratory parameters may show limitations in these severe clinical conditions. MicroRNAs (miRNA) are single-stranded non-coding RNAs with the function of post-transcriptional gene silencing. They normally control numerous intracellular events, such as signaling cascade downstream of Toll-like receptors (TLRs) to avoid excessive inflammation after infection. In contrast, abnormal miRNA expression contributes to the development of sepsis correlating with its clinical features and outcomes. Based on recent clinical studies altered levels of circulating miRNAs can act as potential diagnostic and prognostic biomarkers in sepsis. In this review, we summarized the available data about TLR-mediated inflammatory signaling with its intracellular response in immune cells and platelets upon sepsis, which are, at least in part, under the regulation of miRNAs. Furthermore, the role of circulating miRNAs is also described as potential laboratory biomarkers in sepsis.

## INTRODUCTION

Sepsis is a life-threatening condition with dysregulated systemic host response to microbial pathogens defined by the Third International Consensus Task Force (Sepsis-3), while septic shock is a subset of sepsis with circulatory, metabolic and cellular abnormalities (1). Based on the etiology of insults of sepsis, we distinguish pathogen-associated molecular patterns (PAMP) and damage-associated molecular patterns (DAMP) (2). Since similar mediators are released in both conditions that react with Toll-like receptors (TLRs), they inflict similar excessive inflammatory response (2). Sepsis still results in about 17% mortality due to multiorgan failure (3), which is caused by delayed diagnosis and treatment of patients as well as the inappropriate administration of broad spectrum antibiotics that contributes to the development of antibiotic resistance (4). Several clinical trials have aimed to test a large number of biomarkers for the early diagnosis of sepsis (5). Currently, FDA (Food and Drug Administration, USA) approved procalcitonin (PCT) can effectively differentiate culture-negative and culture-positive sepsis from non-infectious systemic inflammatory response syndrome (SIRS) (6). In addition, several other diagnostic and prognostic biomarkers are available in sepsis, such as C-reactive protein (CRP) (7), serum lactate (8), and interleukin-6 (IL-6) (9). However, these parameters may be elevated in non-septic conditions as well (10).

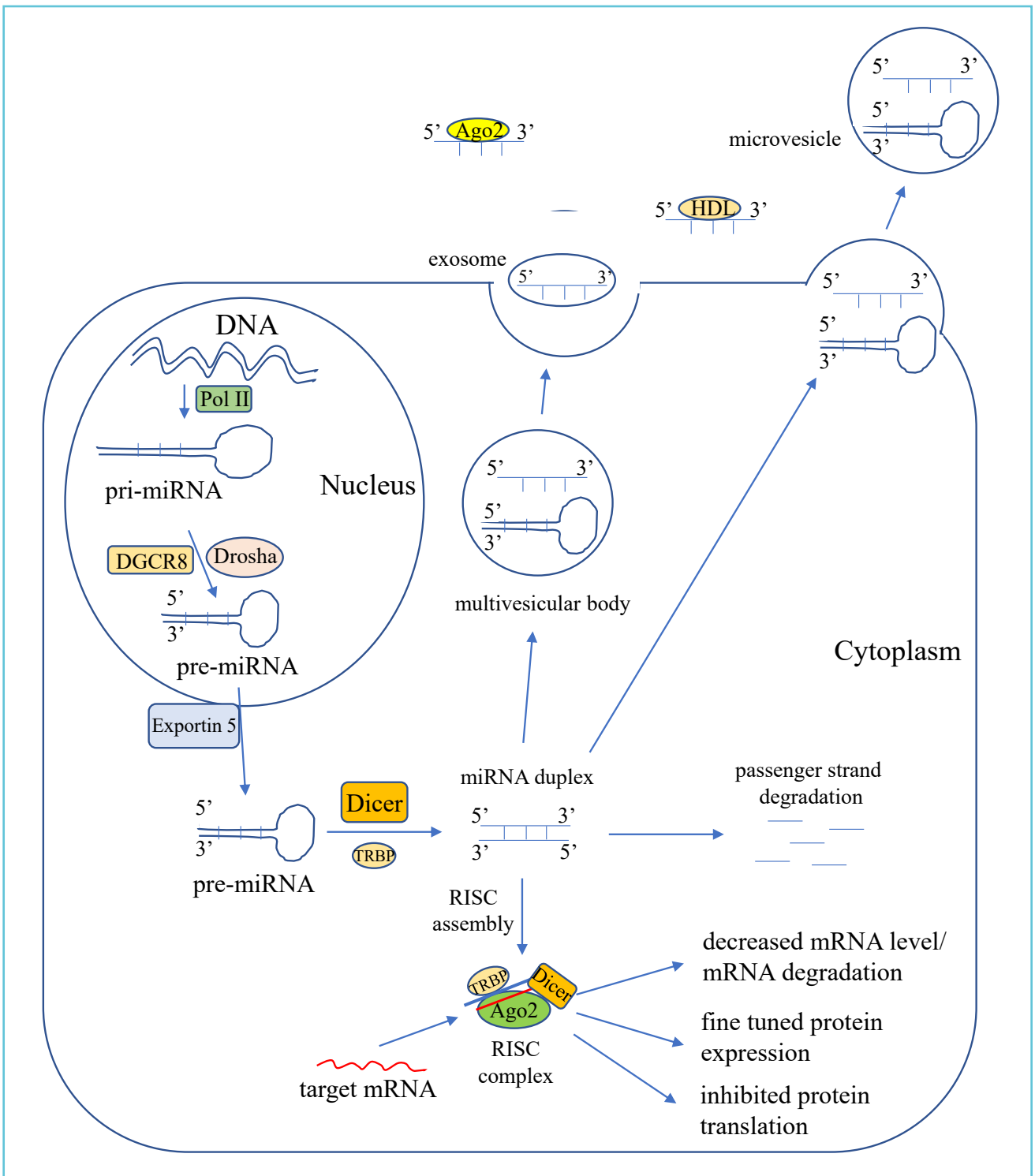
MicroRNAs (miRNA) are evolutionarily conserved, single-stranded, non-coding RNAs of 20-25 nucleotides in length with the function of post-transcriptional gene silencing via decreasing messenger RNA (mRNA) levels to fine tune protein expression or via degradation of mRNA to inhibit translation (11). Each miRNA target hundreds of mRNAs, and each mRNA is under the control of several miRNAs. Among physiological conditions, miRNAs with a dynamic nature,

tightly control intracellular processes to maintain homeostasis (11). For example, miRNAs are the fine-tuners of signaling downstream of TLRs to avoid excessive inflammation after infection (12). On the other hand, they have been implicated in the development of various human diseases, such as cardiovascular, autoimmune and malignant disorders (13-15). miRNAs secreted from the cells and their presence in plasma/serum denote the role of circulating (cell-free) miRNAs in pathogenesis (16). Although immune response is predominantly controlled at the transcriptional level, miRNA-mediated RNA interference operates at the translation level (17). Consequently, dysregulated intracellular and circulating miRNA expression has been correlated with the clinical features of SIRS (18), critically ill polytrauma (19), and sepsis (20-22). The function of miRNAs in the regulation of immune response and development of sepsis seems to be critical (23, 24), thus a better understanding of these mechanisms may result in improved diagnostic and therapeutic strategies in sepsis. In this review, we focus on TLR4-mediated inflammatory signaling with subsequent cellular events in immune cells and platelets upon sepsis, which are, at least in part, under the regulation of miRNAs. Furthermore, the role of circulating miRNAs is also summarized as potential diagnostic and prognostic biomarkers in sepsis.

## BIOGENESIS AND RELEASE OF miRNAS

As the first step, primary miRNAs (pri-miRNAs) are usually transcribed by the function of RNA polymerase II in the cell nucleus (25). Pri-miRNAs are then processed into 70 bp “hairpin” miRNA precursors (pre-miRNAs) by the endonuclease activity of Drosha (26). This reaction is catalyzed by the DiGeorge Syndrome Critical Region 8 (DGCR8) complex. Pre-miRNAs bind to the Exportin-5 transporter protein, which shifts them from the nucleus into the cytoplasm. Ribonuclease (RNase) III called Dicer further

Figure 1 Key steps in miRNA biogenesis\*



\*miRNAs originate from the nucleus as pri-miRNA precursor molecules. They are processed by the RNase III-type enzyme, Drosha, in association with DGCR8, into smaller pre-miRNAs, then exported to cytoplasm, where they are cleaved by Dicer to their mature form of cc. 22 nucleotides double stranded miRNA. The guide strand of the mature miRNA is incorporated into RISC, where it binds to target mRNA by partial complementarity with its 3' UTR. This results in decreased mRNA

levels to fine tune protein expression or mRNA degradation to inhibit translation. Mature miRNAs with pre-miRNAs can be released from the cells into microvesicles, exosomes, or circulate in a free form bound to Ago2 or HDL.

Abbreviations: Pol II (RNA polymerase II), DGCR8 (DiGeorge Syndrome Critical Region 8), RISC (RNA-induced silencing complex), TRBP (transactivation-responsive RNA-binding protein), Ago2 (Argonaute-2), UTR (untranslated region), pre-miRNA (precursor miRNA).

processes pre-miRNAs into mature miRNA duplexes (27). The RNA-induced silencing complex (RISC) is formed by TRBP (transactivation-responsive RNA-binding protein), Dicer and Ago2 (Argonaute-2) proteins, which guides miRNAs to post-transcriptionally regulate mRNAs by binding to their 3' untranslated region (UTR). In humans, they fine tune protein expression rather than inhibit it (11). The main steps of miRNA maturation are depicted in Figure 1.

miRNAs can be released in several ways from parent cells into the plasma and remain stable in the circulation (28). They are highly resistant to endo- and exogenous RNase activity, excessive pH and temperature conditions (29). These characteristics are partly achieved by transport within exosomes and microvesicles, or being carried by RNA-binding protein, such as Ago2 protein or high-density lipoprotein (28). Microvesicles are generated by the budding of the plasma membrane and transfer functional miRNAs and also pre-miRNAs to target cells (Figure 1). These "RNA vectors" can alter cellular functions and induce biological responses (30). Cell-free miRNAs have been detected in various body fluids, such as plasma, serum, urine or saliva (31).

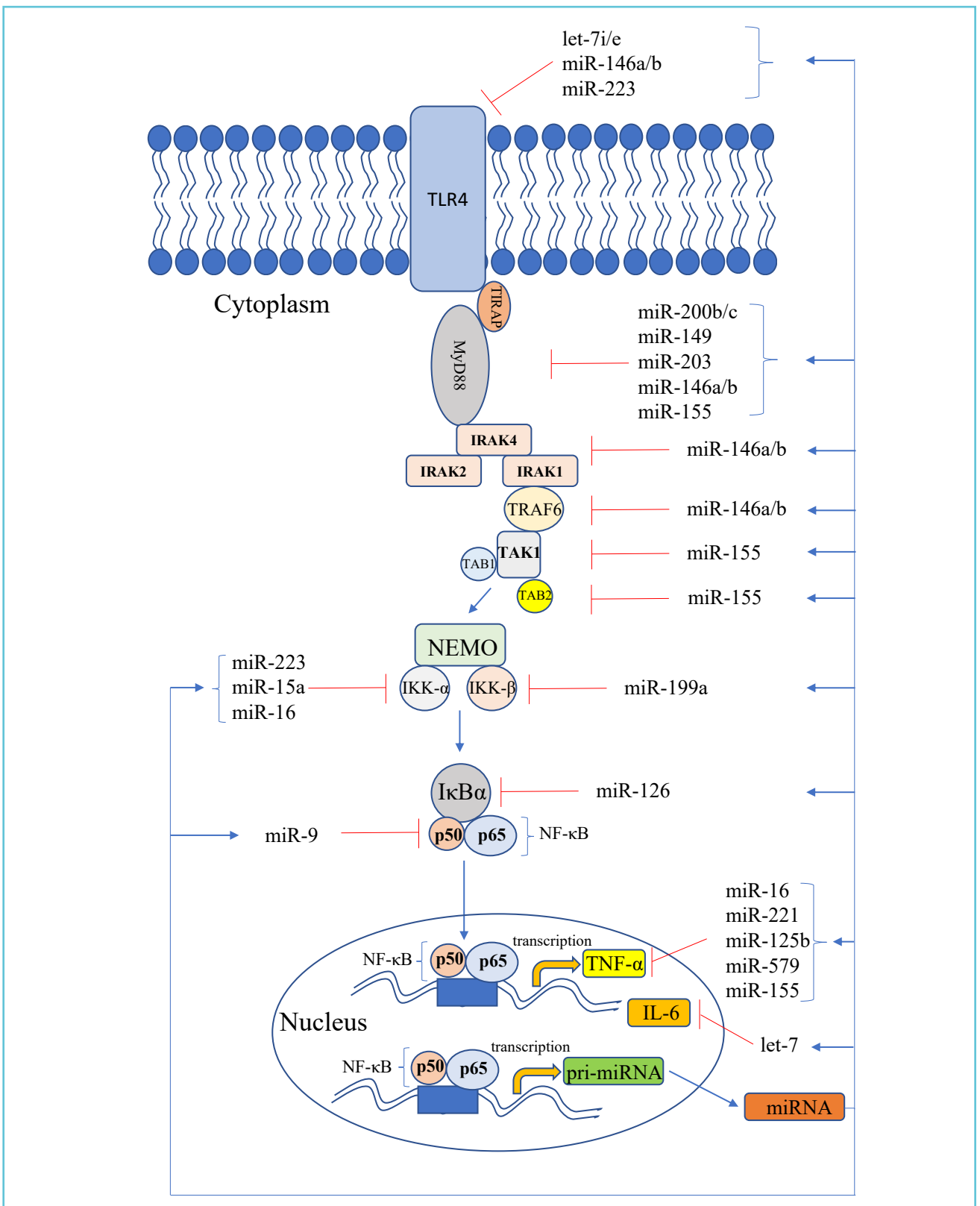
### SIGNALING PATHWAY INVOLVED IN TLR4 ACTIVATION IN IMMUNE CELLS

Stimulation of TLRs induces the activation of NF- $\kappa$ B (nuclear factor kappa B) and MAPK (mitogen activated protein kinase) pathway causing the production of proinflammatory cytokines in macrophages and monocytes during the development of sepsis (32). Ten human subtypes of TLRs (TLR1-TLR10) are known to exist (33). These receptors become functional by diverse

stimuli (e.g. TLR2 is activated by peptidoglycan of Gram-positive bacteria), and are localized in various cellular compartments, such as TLR2 and TLR4 are present on the cell surface, while TLR3 and TLR7-TLR9 sensing nucleotide derivatives, are located in the membrane of intracellular vesicles (33). One of the most characterized receptor in sepsis is TLR4 with agonist of lipopolysaccharide (LPS) of Gram-negative bacteria. Signaling pathway downstream of TLR4 has been investigated in detail (34). Briefly, after recognition of LPS, TLR4 recruits the myeloid differentiation primary response protein 88 (MyD88). MyD88 then recruits IL-1R-associated kinases (IRAK4, IRAK1 and IRAK2) that activate and ubiquitinate TNFR-associated factor 6 (TRAF6). Due to the subsequent ubiquitination of TAK1-binding protein 2 (TAB2), TAK1 becomes activated. These events lead to the activation of the inhibitor of NF- $\kappa$ B kinase (IKK) complex consisting of IKK- $\alpha$ , IKK- $\beta$  and NF- $\kappa$ B essential modulator (NEMO, or IKK- $\gamma$ ), which phosphorylates I $\kappa$ B $\alpha$  and thereby releases NF- $\kappa$ B transcription factor containing p50 and p65 for translocation to the nucleus. This allows the transcription of proinflammatory genes, such as *IL6* and *TNF- $\alpha$*  (34). Figure 2 depicts the major signaling events of TLR4-induced MyD88-dependent signaling with the inhibitory effect of miRNAs against different components of this pathway (described below) (Figure 2).

In parallel, MyD88-independent TLR4 signaling is also induced upon infection causing production of type I interferons (35). This pathway is also under a broad regulation of miRNAs (36). Although it is evident that deregulated TLR4-induced NF- $\kappa$ B inflammatory response is predominantly involved in sepsis, administration of

**Figure 2** TLR4-mediated signaling with the normal inhibitory function of miRNAs\*



**\*Figure 2 - Legend:**

Intracellular miRNAs are expressed as a consequence of TLR4-induced signaling cascade to regulate the expression and function of signaling cascade components and that of induced proinflammatory proteins in the immune cells upon infection.

Abbreviations: TLR4 (Toll-like receptor 4), NF- $\kappa$ B (nuclear factor kappa B), MyD88 (myeloid differentiation primary response protein 88), IRAK (IL-1R-associated kinase), TRAF6 (TNFR-associated factor 6), TAB2 (TAK1-binding protein 2), IKK (inhibitor of NF- $\kappa$ B kinase), NEMO (NF- $\kappa$ B essential modulator).

different anti-inflammatory drugs, such as TNF- $\alpha$  antagonist (37) or corticosteroids (38) resulted in only a moderate improvement in sepsis therapy suggesting that other regulatory factors may be also associated with sepsis.

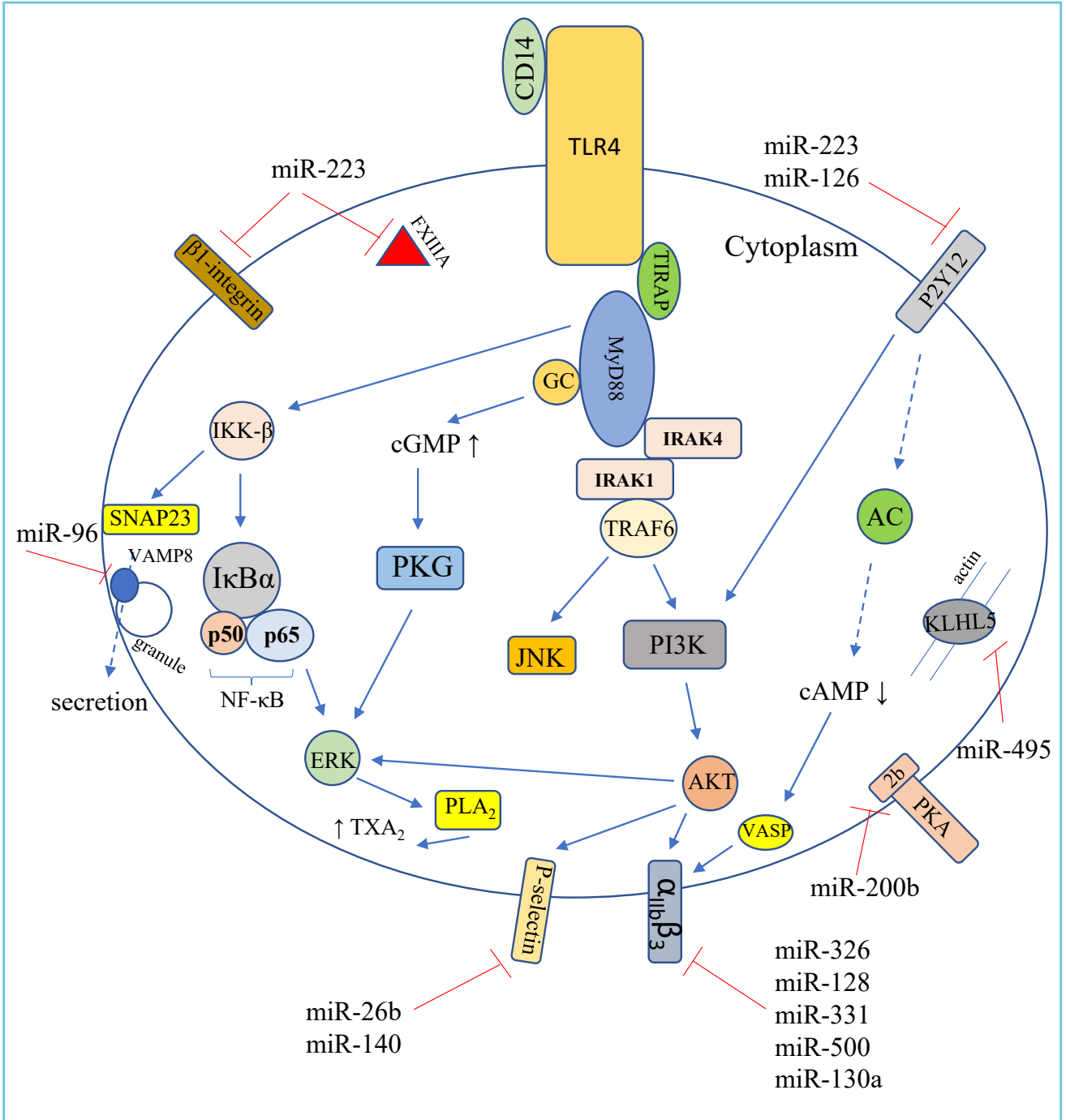
### TLR4-MEDIATED PLATELET ACTIVATION AND MEGAKARYOCYTE FUNCTION

Most TLR members are expressed on platelets and megakaryocytes (39). Hence, platelets participate in amplified inflammatory and immune response, and TLR2 and TLR4 can vastly contribute to sepsis related thrombotic complications. TLR-induced platelet activation causes platelet adhesion, aggregation, heterotypic aggregates formation, expression and release of proinflammatory cytokines and thrombin generation (39). Of note, platelets express TLR4, but not CD14, thus a low amount of soluble CD14 is required to initiate LPS-mediated platelet response (40). Upon infection, platelet activation is not directly induced by LPS via TLR4, but it is primed after stimulation elicited by other platelet agonists (41). As a result, release of soluble CD40L and platelet factor-4 is increased without higher P-selectin expression (42). Our group previously demonstrated that the rough form of LPS from *S. minnesota* induced platelet CD40L expression with elevated microparticle levels and potentiated platelet aggregation at low concentration of thrombin receptor activating peptide, however, P-selectin positivity was not enhanced (43). Septic patients frequently show increased platelet activation that may turn into severe thrombocytopenia because of neutrophil-dependent sequestration of activated platelets into lungs in a TLR4-dependent

fashion (44). Moreover, platelet TLR4 is involved in TNF- $\alpha$  production after LPS administration (45), induces platelet binding to neutrophils causing formation of neutrophil extracellular nets (46), and propagates the splicing of unprocessed IL-1 $\beta$  and tissue factor to be translated in platelets (47, 48). Interestingly, low concentration of LPS (without induced systemic TNF- $\alpha$  production) caused platelet activation with enhanced platelet clearance and production increasing the thrombotic risk, while high LPS levels resulted in altered platelet reactivity not merely due to TLR4 function (49). Hence, platelets with TLR4 act at the crossroads of sepsis linking inflammation with coagulation abnormalities via propagation of thrombin generation (50) and expression and secretion of proinflammatory cytokine (47).

The molecular machinery of TLR4-mediated signaling in platelets is not fully elucidated as yet. TLR4 can trigger platelet activation via different signaling molecules. TLR4 interacts with MyD88 and TIR domain containing adaptor protein (TIRAP), and downstream proteins IRAK1, IRAK4 and TRAF6 are activated resulting in JUN N-terminal kinase (JNK) and PI3K/Akt pathway activation (51). MyD88 also forms complex with guanylyl cyclase (GC) causing cGMP protein kinase (PKG) activation and ERK phosphorylation (52). Additionally, platelets contain an intact, functional, and complete NF- $\kappa$ B pathway with non-genomic functions that becomes phosphorylated upon platelet stimulation (53, 54). Recently, the TLR4-PI3K-Akt-ERK-cPLA2-TXA2 pathway has been described during platelet activation (55). Figure 3 demonstrates the key intracellular elements of TLR4-induced signaling in platelets (Figure 3).

**Figure 3** Signaling pathway downstream of TLR4 receptor in platelets with related cellular events and their regulatory miRNAs\*



\*TLR4-induced platelet activation initiates different signaling cascades causing:  
 i) guanylyl cyclase (GC) activation causing cGMP protein kinase (PKG) activation and ERK phosphorylation;  
 ii) NF-κB pathway activation with ERK phosphorylation; and  
 iii) PI3K-Akt-ERK-cPLA2-TXA2 pathway activation.  
 These signaling events lead to the enhanced expression/function of  $\alpha_{IIb}\beta_3$  receptor, ADP receptor P2Y12, and P-selectin, as well as regulation of granule secretion.

TLR4 is also involved in the regulation of platelet production. Expression of TLR4 was observed in human megakaryoblastic leukemia cell line MEG-01 (56), and also in human megakaryocytes in patients with myelodysplasia (57). TLR4 was elevated during maturation of murine megakaryocytes showing higher CD41 expression (44). TLR4-deficient mice showed decreased platelet count, turnover with lower RNA content and less responsiveness to thrombin-activated expression of P-selectin compared to wild type littermates (58).

In low-grade endotoxemia, platelet turnover often increases, which causes a larger number of newly formed, more active platelets (59). These platelets carry higher and altered RNA levels being more prone to produce proteins and to participate in thrombus formation compared to older platelets (60). This phenomenon was supported by a former animal model when megakaryocytes produced platelets with altered mRNA profile within 24 hours in septic mice and these platelets mediated lymphotoxicity via granzyme B (61). Accordingly, TLR4-induced signaling can modulate thrombopoiesis as well.

#### **ALTERED LEVEL OF miRNAs BY TLR4 SIGNALING IN IMMUNE CELLS**

TLR4-mediated signaling enables to modulate miRNA expression. Several miRNAs are up-regulated following LPS stimulation, such as miR-155, miR-146a, miR-21, miR-223, miR-9 and let-7e, etc. in monocytes and macrophages. Among them, there are subtypes with early (e.g. miR-155) and late (e.g. miR-21) response in expression, but these all are NF- $\kappa$ B-dependent.

On the other hand, some miRNAs are down-regulated (e.g. miR-125b and let-7i) due to TLR signaling via transcriptional repression or destabilization of miRNA transcripts (12).

#### **REGULATION OF TLR4-MEDIATED SIGNALING CASCADE BY miRNAs IN SEPSIS**

miRNAs have been implicated as an important link between the innate and adaptive immune systems, and their dysregulation might have a role in the pathogenesis of inflammatory diseases (12). miRNAs directly target signaling proteins and control NF- $\kappa$ B activity in immune cells, thus have been identified as novel regulators of immune system (12, 62). Figure 2 depicts those key cellular miRNAs, which negatively regulate the components of TLR4-induced NF- $\kappa$ B signaling pathway (Figure 2). TLR4 expression is highly restricted to immune cell types, such as macrophages, dendritic cells, T- and B-cells. The expression of receptor is regulated by let-7 family. As such, overexpression of let-7i resulted in reduced level of TLR4 in human cholangiocytes (63), while transfection of antisense miRNA to let-7e in macrophages caused enhanced LPS-induced cytokine response via higher expression of TLR4 (64). MiR-146b also targets TLR4 based on luciferase reporter assays of HEK293 cells when there was decreased activity of reporter genes containing the 3'-UTR of TLR4 when miR-146b was transfected (65). In addition, myeloid-specific miR-223, which has an important role in granulopoiesis (66), is also a regulator of TLR4 (67) (Figure 2). Based on these results, miRNAs can tone down TLR4 expression.

Signaling molecules downstream of TLR4 function under the control of miRNAs. Expression of MyD88 protein is affected by miR-200b and miR-200c (68). Furthermore, miR-149 negatively regulated MyD88 protein levels in RAW264.7 cells when lentiviral vector expressing miR-149 was transfected (69). Overexpression of miR-203 resulted in significantly repressed translation of MyD88 in macrophages (70). Finally, miR-155 decreased MyD88 expression at protein but not mRNA level suggesting that the



miR-155-mediated inhibition is a post-transcriptional event in HEK293 cells (71). MiR-146 family negatively regulates the translation of IRAK1 and TRAF6. Taganov *et al.* reported for the first time that there are miRNAs which are up-regulated by TLR signaling, and in turn, miR-146a and miR-146b were found to suppress IRAK1 and TRAF6 (72). This role of miR-146b was later confirmed by others (65). The IKK complex is essential for NF- $\kappa$ B activation. Decreased levels of miR-15a, miR-16 and miR-223 were detected with elevated IKK- $\alpha$  levels when human monocytes were differentiated with granulocyte-monocyte colony stimulating factor (73). IKK- $\beta$  has complementary sequences for miR-199a and the transfection of this miRNA caused reduced IKK- $\beta$  level studied in ovarian cancer cells (74).

Similarly, a direct regulatory association between miR-126 and I $\kappa$ B $\alpha$  was described in HT29 cells (75) (Figure 2).

Via targeting transcription factors along TLR4 pathway, miRNAs can have a global impact on TLR4-induced gene expression (76). miRNAs induced by a particular signaling can inhibit the transcription factor, which is necessary for its expression. For example, elevated level of miR-155 feeds back and targets *FOXP3* to decrease its expression (77). *NFKB1* that is cleaved to form the NF- $\kappa$ B subunit p50, was shown to be targeted by miR-9 in human monocytes and neutrophils (78) (Figure 2).

TLR4-mediated NF- $\kappa$ B activation causes excessive production of proinflammatory cytokines, e.g. TNF- $\alpha$  and IL-6. Expression of these cytokines is directly targeted by miRNAs as well. The repressive effect of miR-579, miR-221, and miR-125 was studied on TNF- $\alpha$  during LPS tolerance in THP-1 cells (79). In addition, TNF- $\alpha$  translation could be also influenced by miR-16 (80) and miR-155 (81). Inflammatory response mediated by NF- $\kappa$ B rapidly reduced let-7 levels

resulting in higher levels of IL-6 in cancer cells. As IL-6 activates NF- $\kappa$ B, thereby completes a positive feedback loop that maintains the epigenetic transformed state in the absence of the inducing signal (82) (Figure 2).

Among TLR4 signaling regulators, acetylcholinesterase that blocks NF- $\kappa$ B translocation, is regulated by miR-132 (83), translation inhibitor PDCD4 is targeted by miR-21 (84), while negative regulator *SHIP1* is a primary target of miR-155 (85) in macrophages. These two later miRNAs with these effects can indeed fine tune TLR4 signaling that can be important for LPS tolerance or in the resolution of TLR4-induced responses (12). Overall, accumulating data above clearly demonstrate that miRNAs highly control each level of this very complex machinery of TLR-mediated signaling in immune cells.

## IMPACT OF miRNAs ON PLATELET FUNCTION

Platelets play an important role in vascular integrity. They circulate in a resting state and become activated after vessel injury by exposed collagen and von Willebrand factor to adhere and aggregate for prevention of bleeding (86). miRNAs are also carried by platelets due to the delivery of miRNAs with mRNAs from megakaryocyte (87). The fact about functional miRNAs in platelets without nucleus was questioned for a long time, thus it was also obscure whether platelets are able to produce proteins *de novo* when being exposed to different challenges. Platelet miRNAs have been studied in relation to the expression of platelet receptors or other activation-related intracellular proteins (88). As yet, only a few miRNAs have been proved as regulator of platelet proteins, such miR-223 regulates ADP receptor P2Y12, intracellular FXIII-A, and integrin  $\beta$ 1 expression (89). P2Y12 receptor is targeted by miR-126 as well (90). VAMP8/endobrevin, a critical v-SNARE protein

involved in platelet granule secretion, is regulated by miR-96 (91), while the expression of  $\alpha\text{IIb}\beta\text{3}$  receptor is controlled by miR-326, miR-128, miR-331, miR-500 (92) and miR-130a (93).

Our group has recently reported that miR-26b and miR-140 could affect *SELP* (P-selectin) mRNA level in MEG-01 cells (94). In addition, Nagalla *et al.* described miR-200b:*PRKAR2B* (encoding the  $\beta$ -regulatory chain of cAMP-dependent protein kinase type II, PKA) and miR-495:*KLHL5* (encoding a Kelch-like protein that binds actin) interactions in platelets (95) (Figure 3). Of note, these functions of platelet miRNAs above were not investigated specifically among septic conditions as yet.

### CIRCULATING miRNAs AS LABORATORY BIOMARKERS IN SEPSIS

Besides their normal function in the regulation of gene expression, altered miRNA levels in plasma/serum have been intensively investigated with regards to their role as possible biomarkers in different human diseases, also in sepsis (20, 23, 24). Abnormal circulating miRNA levels reflected the pathophysiological processes during

severe inflammation and bacterial infection, which was profiled in sepsis mice model using cecal ligation and puncture (CLP) (96). Cell-free miRNAs are stable in the circulation, and can be quantified more rapidly compared to time consuming microbial cultures. Hence, plasma or serum miRNAs may serve as potential biomarkers in the differential diagnosis of sepsis from SIRS, and may act as prognostic parameters under treatment (23). We have summarized the results of previous clinical studies profiling serum or plasma miRNAs (Table 1), and some key miRNAs are further described in detail below.

#### miR-150

This miRNA was formerly identified as a key regulator of immune cell differentiation and activation (17). During the maturation of B- and T-cells, miR-150 expression is down-regulated. When LPS was injected into humans, miR-150 levels went down in leukocytes (92). Since then, several trials reported that plasma/serum miR-150 was decreased in patients with sepsis at different degree (98, 99). Furthermore, the reduction of miR-150 showed a strong correlation with the severity of sepsis and the concentrations

**Table 1** Circulating miRNA alterations in sepsis vs. SIRS subjects or healthy controls

miRNAs	Body fluid/sample	Study populations	Methods	Results	Reference
miR-150	plasma/blood leukocytes	24 sepsis vs. 32 healthy controls	microarray	↓ (sepsis vs. controls)	98
	serum	138 sepsis, 85 ICU w/o sepsis vs. 76 healthy controls	qRT-PCR	↓ (non-survival vs. survival)	99
	plasma/blood leukocytes	23 sepsis, 22 SIRS, 21 healthy controls	HiSeq Sequencing	↓ (sepsis vs. SIRS) (sepsis vs. controls)	100
	plasma	120 sepsis, 50 healthy controls	qRT-PCR	↓ (sepsis vs. controls)	101

<b>miR-146a</b>	serum	50 sepsis, 30 SIRS, 20 healthy controls	qRT-PCR	↓ (sepsis vs. SIRS) (sepsis vs. controls)	105
	plasma	14 sepsis, 14 SIRS	qRT-PCR	↓ (sepsis vs. SIRS)	106
	blood leukocytes	226 sepsis, 206 healthy controls	qRT-PCR	↓ (sepsis vs. controls)	108
	blood leukocytes	32 sepsis, 38 healthy controls	microarray	↓ (sepsis vs. controls)	107
<b>miR-223</b>	serum	117 sepsis survivor, 97 sepsis non-survivor	Solexa Sequencing	↓ (non-survival vs. survival)	111
	serum	50 sepsis, 30 SIRS, 20 healthy controls	qRT-PCR	↓ (sepsis vs. SIRS) (sepsis vs. controls)	105
	serum	137 sepsis, 84 healthy controls	qRT-PCR	↔ (sepsis vs. controls)	110
	plasma	25 neonatal sepsis, 25 non-sepsis controls	qRT-PCR	↓ (sepsis vs. controls)	109
<b>miR-15a/16</b>	serum	166 sepsis, 32 SIRS, 24 healthy controls	qRT-PCR	↑ (sepsis vs. SIRS) (sepsis vs. controls)	113
	serum	46 neonatal sepsis, 41 non-sepsis controls	qRT-PCR	↑ (sepsis vs. controls)	114
	serum	117 sepsis survivor, 97 sepsis non-survivor	Solexa Sequencing	↑*/↓** (non-survival vs. survival)	111
	plasma	29 sepsis w/ shock, 33 sepsis w/o shock, 32 controls	qRT-PCR	↑ (septic shock vs. sepsis)	115
<b>miR-122</b>	serum	117 sepsis survivor, 97 sepsis non-survivor	Solexa Sequencing	↑ (non-survival vs. survival)	111
	serum	54 sepsis w/coagula- tion disorder (CD), 69 sepsis w/o CD	qRT-PCR	↑ (CD sepsis vs. non-CD sepsis)	117
	serum	108 sepsis, 20 healthy controls	qRT-PCR	↑ (sepsis vs. controls)	118

\* denotes alteration of miR-15a, \*\* denotes change in miR-16 levels.

of plasma IL-18 (98). On the other hand, higher miR-150 correlated with the survival of septic patients suggesting its reliable prognostic value (99). Based on a genome-wide sequencing of cellular miRNAs, miR-150 was able to discriminate between patients who had SIRS and those with sepsis (100). Recently, plasma miR-150 was found to be lower than normal that correlated with renal dysfunction and 28-day survival as well as plasma levels of IL-6 and TNF- $\alpha$  (101). MiR-150 expression was significantly decreased in human umbilical vein endothelial cells (HUVECs) *in vitro* after LPS treatment, and overexpression of miR-150 could protect HUVECs from LPS-induced inflammatory response and apoptosis targeting *NF- $\kappa$ B1* (101). Finally, reduced miR-150 level in peripheral leukocytes correlated with Gram-negative bacterial sepsis in the urogenital tract (102).

#### **miR-146a and miR-223**

MiR-146a has been widely studied in connection with immune response (72) and chronic inflammatory disorders (103). In parallel, miR-223 has been considered to play a key role in hematopoietic lineage differentiation (66), and was found to be up-regulated in the mucosa of colon in inflammatory bowel disease (104). Wang *et al.* described for the first time that there were significantly reduced serum levels of these miRNAs in septic patients compared to SIRS individuals and healthy controls (105). Additionally, the areas under the receiver operating characteristic curve (AUC-ROC) value was much higher in case of miR-223 (0.858) and miR-146a (0.804) vs. traditional biomarkers IL-6 (0.785) and CRP (0.589) (105). Similarly, septic subjects demonstrated lower plasma miR-146a levels than patients with SIRS (106). The expression of miR-146a was also down-regulated in blood leukocytes from sepsis (107, 108). Similarly, plasma miR-223 was decreased in neonatal sepsis vs. non-sepsis controls (109),

while Benz *et al.* did not find significant difference in this miRNA level (110). However, when miR-223 was correlated with the outcome of sepsis, miR-223 was significantly lower in non-survivors in contrast to survivors of sepsis (111). Taken together, these studies suggested that decreased miR-223 and miR-146a levels were optimal for diagnosis of sepsis.

#### **miR-15a and miR-16**

These miRNAs were originally identified as tumor suppressors and dysregulated levels of miR-15a and miR-16 was found in certain solid tumors, such as in ovarian cancer (112). Since then, miR-15a and miR-16 were associated with innate immune system by targeting I $\kappa$ B $\alpha$  mRNA upstream of NF- $\kappa$ B pathway (73). Both miRNAs were found to be higher in both sepsis and SIRS subjects vs. normal controls (113). In addition, miR-15a had substantial AUC value (0.858) for the diagnosis of sepsis compared CRP (0.572) and PCT (0.605) and showed 94.4% specificity (113). Up-regulated miR-15a/16 was reported from the serum of neonatal sepsis patients, while transfection of miR15a/16 mimics into RAW264.7 macrophages down-regulated *TLR4* and *IRAK-1* in LPS-treated cells (114). Interestingly, diverse expression was seen in these miRNAs among survivor and non-survivors, i.e. serum miR-15a was significantly higher in non-survivors, while miR-16 was lower in this subgroup (111). Finally, higher level of miR-15a was associated with the development of septic shock in contrast to those with sepsis only (115).

#### **miR-122**

Although miR-122 is a liver-related miRNA, and thus showed elevated levels in liver injury earlier (116), its potential role in the diagnosis and prognosis of sepsis has been revealed as well. The level of miR-122 was elevated in sepsis, and even higher expression was found in those

who did not survive sepsis (111). Moreover, increased serum miR-122 was correlated to coagulation disorders in sepsis (117). Very recently, multivariate regression analysis showed that serum miR-122 was an independent prognostic factor for 30 day-mortality based on Sepsis-3 criteria (118).

### Other miRNAs

In addition to the outlined miRNAs, a large number of other miRNAs have been investigated in relation to sepsis. MiR-486 and miR-182 were overexpressed, while miR-342 was down-regulated in peripheral blood leukocytes of septic individuals (98). Altered levels of miRNAs predicted the outcome of sepsis. Serum miR-483 (111) and miR-297 (119) were reduced, while miR-574 (119) was increased in survivors than non-survivors. Tacke *et al.* found that miR-133a levels were elevated in sepsis that correlated with sepsis severity, SOFA (Sequential Organ Failure Assessment) scores and CRP/PCT concentrations (120). The members of miR-4772 family were up-regulated in both *ex vivo* blood leukocytes and *in vitro* stimulated monocytes by LPS, however it was not able to differentiate sepsis from SIRS (100). A miRNA regulatory network with pathway analysis, disease ontology analysis and protein-protein interaction network analysis were applied to test miRNA reliability. Huang *et al.* identified 7 miRNAs, which have the potential to be diagnostic (miR-15a, miR-16, miR-122, miR-146a, miR-223, miR-499, miR-150) and 3 prognostic sepsis biomarkers (miR-483, miR-574, miR-193) (121).

### CELL-FREE miRNAs AS THROMBOSIS SENTINELS

Although the role of miRNAs in the regulation of hemostasis and in the development of coagulation disorders has not been totally clarified as yet, panels of plasma miRNAs may aid to diagnose and monitor coagulation-related

diseases (122). For example, cell-free miRNAs alterations were directly associated with coronary artery disease, acute ischemic stroke, antiphospholipid syndrome reviewed in Ref. 122. Since platelets are major source of circulating miRNAs, change in their plasma levels can effectively indicate platelet activation and related vascular disorders (123). Further clinical studies are also required to evaluate the potential of circulating miRNAs for time-course detection of sepsis-induced platelet activation with or without disseminated intravascular coagulopathy, as it was performed in rats after non-lethal endotoxin injection (124).

### CONCLUSIONS

The properties of miRNAs hold potentials for analyzing them as novel diagnostic and prognostic biomarkers. Although there are several circumstances that may challenge the analysis of circulating miRNAs, they may become routinely accessible, non-invasive molecular biomarkers in the near future based on the results of recent clinical trials (14). In addition, circulating miRNAs seem to be critical components of the pathogenesis of diseases like other already established biomarkers, such as *BCR-ABL* or *HER2* in malignancy, thus they are not only the molecular remnants of different cell types, but rather of functional importance (125).

Consequently, miRNAs represent not only a new diagnostic repertoire, but targeted drugs can be developed to inhibit diseases with altered miRNA profile.

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