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Clinical relevance and impact of *Corynebacterium* isolation in lower respiratory tract of critically ill patients requiring mechanical ventilation

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Abstract

Purpose *Corynebacterium* spp. (*C.* spp.) is commonly considered as a contaminant in respiratory specimens. No study has ever focused on its clinical relevance in the lower respiratory tract of patients admitted to the intensive care unit (ICU) and requiring mechanical ventilation. The aims were to describe the characteristics of ICU patients with a *C.* spp. positive deep respiratory specimen, to investigate the impact of *C.* spp. on the occurrence of pneumonia, and to evaluate the outcomes of these pneumonia.

Methods We retrospectively included all adult patients admitted to ICU in a 1000-bed University Hospital (2007–2017) who had a *C*. spp. positive lower respiratory tract specimen at a significant quantitative level. We used clinical, radiological, and microbiological criteria to classify the likelihood of such pneumonia.

Results Among the 31 patients included, acute respiratory failure and postoperative care after major surgery were the main reasons of admission. SAPS II was 47 [34–60]. *C.* spp. pneumonia was considered as probable, possible and unlikely in 10, 14, and 7 patients, respectively. Fifty-two and 94% of *C.* spp. strains were sensitive to amoxicillin, and vancomycin/linezolid, respectively. Seventeen patients had a complete course of antibiotic against *C.* spp. The overall ICU mortality was 58%. **Conclusion** *Corynebacterium* spp seems to be responsible for authentic pneumonia in mechanically ventilated patients. It should be considered as clinically relevant when predominantly present in respiratory specimen from patients suspected with pneumonia in ICU, and empirically treated.

Keywords Pneumonia · Nosocomial infection · Sepsis · Corynebacterium · Infection · Colonization

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Introduction

Non-diphteria corynebacteria (C. spp.) are aerobic Grampositive rods, usually considered as part of the commensal flora of the upper respiratory tract [1]. As a result, the presence of C. spp. in deep respiratory specimens is rarely taken into account. However, Corynebacteria, especially pseudodiphteriticum and striatum species, can cause clinically relevant infections in humans. Indeed, this is suggested by a multitude of case-series reporting Corynebacteria-related conditions, such as lower respiratory tract infections [2, 3], endocarditis [4], keratitis or endophthalmitis [5], urinary tract, or wound infections [6]. The pathogenicity of Corynebacteria isolated in respiratory specimens has been further suggested in small series [6-8], most often with severe underlying cardiac or respiratory comorbidities [6, 9–11]. Although the switch between commensalism and pathogenicity is poorly understood, virulence factors, as well as environmental factors, may play a role in this process [12].

Moreover, it has been widely recognized that pneumonia occurring during the course of a critically ill patient is strongly associated with prolonged intensive care unit (ICU) stay and mechanical ventilation duration [13]. This may lead to acquired immunoparalysis and nosocomial infections. To the best of our knowledge, no study has ever focused on the clinical relevance of C. spp. in the lower respiratory tract of patients admitted to the ICU and requiring invasive mechanical ventilation.

Herein, the aims of our study were first to describe the characteristics of ICU patients with a C. spp. positive lower respiratory tract sample, second to investigate the impact of C. spp. on the setting of pneumonia, third, to evaluate the impact of a C. spp. positive deep respiratory specimen on the management and outcomes of these patients.

Patients and methods

Patient and data selection

We retrospectively identified and included all adult patients admitted to 1 of the 4 ICU departments (1 medical (24 beds), 1 hepato-biliary (21 beds), 1 trauma (20 beds) and 1 cardiovascular (15 beds) specialized ICUs) at the University Hospital of Creteil, a 1000-acute-bed hospital belonging to the Greater Paris University Hospitals, in France, between January 2007 and January 2017, and who had a lower respiratory tract sample positive for *C*. spp. at a significant quantitative level, while being mechanically ventilated. The medical records were reviewed to collect the following data: demographics, Sequential Organ Failure Assessment (SOFA) [14] and Simplified Acute Physiology Score II (SAPS II) [15], presence of comorbidities, reason for ICU admission, previous ventilator-associated pneumonia (VAP) and antimicrobial therapy during the ICU course. We also analyzed the outcome of these patients.

According to the French law, all patients admitted to hospital are informed that their data can be collected anonymously for medical research. Patients or next of kin gave informed consent for the anonymous data extraction and analysis from medical files [16]. This study was approved by the Comité d'Ethique de la Recherche en Anesthésie-Réanimation (CERAR: IRB 00010254-2017-057).

Definition of pneumonia in ICU

In our study, we included all possible types of pneumonia encountered in the ICU and requiring invasive mechanical ventilation: community-acquired pneumonia (CAP), hospital-acquired pneumonia (HAP) defined as not incubated at the time of hospital admission and occurring at least after 48 h of hospital stay, and VAP defined as pneumonia occurring after at least 48 h of mechanical ventilation [13]. To assess the clinical relevance for pneumonia, we used the diagnosis criteria according to the recent guidelines [13].

Sampling techniques and microbiological thresholds

All strains were collected by blinded non-bronchoscopically protected telescoping catheter (NB-PTC) or bronchoscopical-bronchoalveolar lavage (B-BAL). Microbiological methods to identify pathogens of CAP, HAP and VAP were established according to the recent American Thoracic Society/Infectious Diseases Society of America criteria and the European Manual of Clinical Microbiology [13, 17, 18]. The threshold values used to define significant quantitative cultures were $\geq 10^4$ CFU/mL for B-BAL and $\geq 10^3$ CFU/mL for NB-PTC, respectively. Endotracheal aspirates or sputum examinations were not considered. Virus or fungi were not studied as co-pathogen. All bacteria, except coagulase-negative Staphylococcus and Enterococcus spp., were considered if they were isolated at a concentration above the threshold value. Antimicrobial susceptibility testing was performed and interpreted using the disk diffusion method according to the European Committee on Antimicrobial Susceptibility Testing (EUCAST) guidelines [19]. In the absence of diameter breakpoints specific for Corynebacteria (amoxicillin, piperacillin, imipenem, erythromycin), clinical categorization was made according to non-species-related breakpoints recommended by the antibiogram committee of the French Society for Microbiology (CA-SFM) [20]. The definition

of the Intermediate category used in this article is the one that applied before 2019: (1) a level of antimicrobial activity associated with uncertain therapeutic effect. It implies that an infection due to the isolate, (2) may be appropriately treated in body sites where the drugs are physiologically concentrated or (3) when a high dosage of drug can be used; it also indicates, (4) a buffer zone that should prevent small, uncontrolled, technical factors from causing major discrepancies in interpretations [20]. Corynebacteria subspecies were identified since 2015 with MALDI-TOF.

Definition of clinical relevance

Considering the clinical and radiological data based on the current definition of pneumonia [13], clinical relevance of cultures regarding the likelihood of a *C*. spp. pneumonia was defined as following (Table 1):

- *Probable*: Clinical and radiological criteria, and significant quantitative culture of *C*. spp. and absence of co-infection;
- *Possible*: Clinical and radiological criteria, and significant quantitative culture of *C. spp* and co-infection with another bacteria above the quantitative threshold (except coagulase-negative *Staphylococcus* and *Enterococcus* spp.);
- *Unlikely*: Neither clinical nor radiological criteria, and significant quantitative culture of *C*. spp.

Clinical and radiological signs used for pneumonia diagnosis might have been present before sample collection.

Data regarding duration and type of antibiotic treatment instaured during the ICU stay were collected. We focused on treatments were microbiologically active against the C. spp. isolated from the specimen. We defined as a complete course of C. spp. pneumonia any antimicrobial therapy with

 Table 1 Criteria for defining pneumonia [13]

Radiological signs

- Two successive chest X-ray showing new or progressive lung infiltrates
- In the absence of medical history of underlying heart or lung disease, a single chest X-ray is enough

And at least one of the following signs Body temperature > 38.3 °C without any other cause

Leukocytes $< 4000/\text{mm}^3 \text{ or} \ge 12,000/\text{mm}^3$

And at least two of the following signs Purulent sputum or purulent bronchial secretions

Cough or dyspnea

Declining oxygenation or increased oxygen-requirement or need for respiratory assistance

in vitro activity against the *C*. spp. isolated strain instaured for at least 7 consecutive days.

For each patient, the diagnosis of pneumonia was retrospectively assessed by an independent pair of critical care physicians (S. Clariot and N. Mongardon). In case of disagreement, consensus was reached with the help of an infectious disease specialist (R. Lepeule).

Statistical analysis

Statistics were descriptive, due to the low number of patients. Data were expressed as median [interquartile range] or number (percentage), as appropriate.

Results

Thirty-one patients with at least one deep respiratory specimen with significant cultures of *C*. spp. were identified in our 4 ICU departments.

Baseline characteristics of patients with significant culture of Corynebacteria specimens

Upon admission, the 31 patients were 70 [59–76] years old, with a SOFA score of 5 [3–8] and SAPS II of 47 [34–60] (Table 2). The causes of ICU admission were acute respiratory failure (n=11), postoperative care of major surgery (n=6), trauma (n=4), shock (n=3), status epilepticus (n=3), coma (n=2), cardiac conduction abnormality (n=1) and cardiac arrest (n=1). Overall, 80% of the patients (n=25) had underlying cardiac or pulmonary comorbidities (chronic obstructive pulmonary disease, ischemic, hypertensive or dilated cardiomyopathy).

Impact of Corynebacteria isolation in pneumonia

Independent reviewers unanimously classified the *C*. spp. associated pneumonia as probable, possible or unlikely in 28 patients, whereas consensus was required for 3 patients.

The diagnosis of *C*. spp. pneumonia was considered as probable, possible and unlikely in 10 (32%), 14 (45%), and 7 patients (23%), respectively (Fig. 1). Four patients presented with a setting of CAP with relevant *C*. spp. as probable pathogen.

The positive respiratory tract specimen was collected after an ICU length of stay of 5 [0.5–17] days. At the time of specimen collection, all patients were mechanically ventilated. The duration of mechanical ventilation at the time of specimen collection was 5 [1–15.5] days. Twelve patients had been ventilated for less than 48 h. Hypoxemia (n=20) or septic shock (n=5) were the main indications for respiratory specimen collection. The sampling techniques were

Table 2Characteristics of theincluded patients

	Total	Probable	Possible	Unlikely
Number of patients	31	10 (32)	14 (45)	7 (23)
Male sex	22 (71)	8 (80)	11 (79)	3 (43)
Age	70 [59–76]	60 [56-80]	69 [61–74]	72 [67–75]
SOFA at admission	5 [3-8]	5 [3–7]	5 [3-8]	4 [3–5]
SAPS II	47 [34–60]	43 [34–49]	45 [36-63]	51 [31–59]
Cause of ICU admission				
Acute respiratory failure	11 (35)	6 (60)	4 (29)	1 (14)
Major postoperative surgery	6 (19)	1 (10)	3 (21)	2 (29)
Trauma	4 (13)	0	3 (21)	1 (14)
Shock	3 (10)	1 (10)	1 (7)	1 (14)
Status epilepticus	3 (10)	1 (10)	0	2 (28)
Coma	2 (6)	0	2 (14)	0
Cardiac arrest	1 (3)	0	1 (7)	0
Cardiac conduction abnormality	1 (3)	1 (10)	0	0
Intensive care unit				
Medical	17 (55)	7 (70)	7 (50)	3 (43)
Surgical	14 (45)	3 (30)	7 (50)	4 (57)
Comorbidities				
COPD	4 (13)	2 (22)	2 (14)	1
Asthma	1 (3)	1 (11)	0	0
Ischemic cardiomyopathy	7 (23)	2 (22)	5 (36)	0
Diabetes mellitus	11 (35)	6 (60)	5 (36)	0
Chronic kidney disease	6 (19)	3 (30)	2 (14)	0
Immunodepression	9 (29)	3 (33)	4 (28)	1
Cancer	7 (23)	2 (22)	3 (21)	2 (25)
Stroke	6 (19)	0	3 (21)	3 (43)
Invasive mechanical ventilation	31 (100)	10 (100)	14 (100)	7 (100)
Time to specimen collection	5 [1-15.5]	1 [0–1]	14 [2–34]	7 [4–14]
Prior VAP	6 (19)	0	5 (28)	1 (12)
Type of specimen				
NB-PTC	28 (90)	8 (88)	14 (100)	6 (75)
B-BAL	3 (10)	1 (11)	0	2 (25)

Data are expressed as number (%), or median [interquartile], as appropriate

SOFA Sequential Organ Failure Assessment, SAPSII Simplified Acute Physiology Score II, COPD chronic obstructive pulmonary disease, VAP ventilator-associated pneumonia, NB-PTC non-bronchoscopical-protected telescoping catheter, B-BAL bronchoscopical-bronchoalveolar lavage

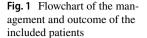
NB-PTC in 28 cases and B-BAL in 3 cases. No patient had *C*. spp. bacteriemia. Six patients had prior VAP but none of them were in the probable group (Table 2).

Microbiology and antimicrobial therapy

For 18 cultures (14 possible and 4 unlikely), at least 1 other pathogen was simultaneously cultured at a significant level from the same specimen. Enterobacteria were the most commonly encountered co-pathogens (12 cases), including *Proteus mirabilis* in two specimens, *Enterobacter cloacae* in five specimens and *E. aerogenes* in one specimen, *Hafnia alvei* in one specimen, *Citrobacter koseri* and *C. freundii* in one specimen, and *Klebsiella pneumoniae* in one specimen. *Pseudomonas aeruginosa* was found in five specimens, and *Staphylococcus aureus* in one specimen.

At the time of pneumonia suspicion, an empiric antimicrobial therapy including a drug with in vitro activity against *C*. spp. was initiated in 24 patients. However, after specimen collection culture, only 17 patients (7 probable, 6 possible, and 4 unlikely) received a course of at least 7 days of antibiotics for pneumonia that finally covered *C*. spp. Among them, 53% (n=9) had co-infections (Table 3).

Fourteen *C*. spp. isolates were not treated (3 probable, 8 possible, and 3 unlikely). Among them, 64% (n=9) had co-infections (Table 3).



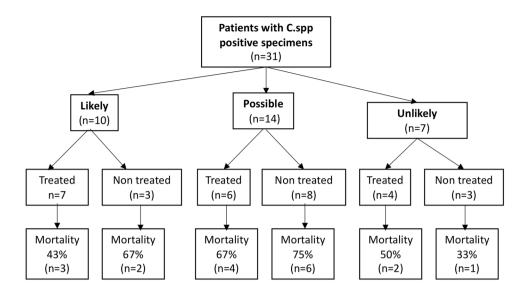


 Table 3
 Number of

 co-infections, mortality, and
 time course between sampling

 and death
 the sampling

	Total $n=31$	Probable $n = 10$	Possible $n = 14$	Unlikely $n = 7$
Co-infections	18 (58)	0	14 (100)	4 (57)
C. spp. treated and co-infected	17 (55)	7 (70)	6 (43)	4 (57)
	9	0	6	3
C. spp. untreated and co-infected	14 (45)	3 (30)	8 (57)	3 (43)
	9	0	7	2
ICU mortality	18 (58)	5 (50)	10 (71)	3 (43)
Hospital mortality	20 (65)	4 (44)	11 (79)	5 (63)
Cause of ICU death				
Care withdrawal	11	4	4	3
Multiorgan failure/shock	12	3	6	3
Refractory hypoxemia	8	3	4	1
Time course between sampling and death	16 [9–28]	3 [1-8]	20 [8.5–25.75]	16 [8–20]

Data are expressed as number (%), or median [interquartile], as appropriate

C. spp: non-diphterieae Corynebacterium species

When *C*. spp. was treated, piperacillin–tazobactam (n=7), in association with an aminoglycoside (n=4), or ceftriaxone (n=4) in association with macrolide (n=2), were the molecules of choice for initial empirical treatment. Imipenem–cilastatin was used in three cases, amoxicillin–clavulanic acid in two cases and linezolid in one case. Overall duration of antimicrobial therapy was 7 [4–7.5] days.

Microbiological identification and susceptibility

Corynebacteria subspecies were identified in 13 specimens: *C. amycolatum* (n=5), *pseudodiphteriticum* (n=4), and *striatum* (n=4). *C. macginleyi* was found in one specimen. Two different *Corynebacteria* grew on the same specimen.

Fifty-two percent of C. spp. strains were sensitive to amoxicillin and only 58% were sensitive to cefotaxime.

Ninety-four percent of *C*. spp. strains were sensitive to vancomycin and linezolid and only one strain was resistant to vancomycin, as well as to linezolid (Table 4).

Outcomes

The mortality of patients with positive *C*. spp. specimens in the ICU is reported in Table 3 and Fig. 1.

Among patients who died, the time course between sampling and death was 16 [9–28.5] days (Table 3). Respiratory failure leading to acute respiratory distress syndrome, septic shock, multiorgan failure, and care withdrawal were the principal cause of ICU death (Table 3).

Susceptibil- ity (%)	AMX (%)	PIP (%)	CTX (%)	IPM (%)	ERY (%)	RIF (%)	GEN (%)	VAN (%)	LZD ^a (%)
S	52	52	58	84	10	77	74	94	94
Ι	13	10	3	3	13	0	6	0	0
R	29	13	29	3	67	20	17	3	3
N/A	6	25	10	10	10	3	3	3	3

Table 4 Susceptibility of all Corynebacterium spp. isolates

Data are expressed as percentage

S susceptible, I intermediate, R resistant, AMX amoxicillin, PIP piperacillin, CTX cefotaxime, IPM imipenem, ERY erythromycin, RIF rifampicin, AMK amikacin, VAN vancomycin, LZD linezolid, N/A not available

^aLinezolid was tested since 2009, i.e., 25 strains in total

Discussion

After analysis of 31 cases of critically ill patients requiring invasive mechanical ventilation with significant quantitative culture of C. spp. in a deep respiratory specimen over a 10-year period, the impact of C. spp. was considered probable or possible in the majority of the identified pneumonia cases. In addition, mortality of patients with such a specimen collection in the ICU was high.

To the best of our knowledge, our work is the first to describe the impact of C. spp. in ICU patients in a sample of this size. Nhan et al. recently reported a cohort of 27 patients with a suspicion of C. spp. pneumonia, but only half of them were hospitalized in ICU [8]. Whereas we used a cautious probability classification, they dichotomized samples as infection or colonization. We chose not to study patients with C. spp. isolates under the significance threshold. However, using different methodologies, we similarly found that a significant level of C. spp. isolation in deep respiratory specimens in patients requiring invasive mechanical ventilation can be responsible for authentic pneumonia in the ICU. In this setting, C. spp. may not be considered as a contaminant or a mere colonizer.

We found that most of the patients with a significant culture of C. spp. had underlying cardiac and pulmonary comorbidities. This confirms previous reports of C. spp. pathogenicity in patients with respiratory comorbidities, as recently reviewed: all reported cases occurred in patients whose upper airways were bypassed, whose ability to clear aspirated organisms was impaired, or who had primary or acquired immunodeficiency [8]. However, this review reports only one case of VAP and three cases with recent mechanical ventilation. Indeed, impaired airway protection, decreased lung clearance, damaged lung structure, antibiotic exposure, primary immunocompromised conditions or acquired immunodeficiency after a prolonged stay in ICU, are all conditions that can be encountered in ICU, and that may promote the onset of C. spp. pneumonia.

In more than half of the cases, C. spp. was cultured concomitantly to at least one other bacterial pathogen. It is unknown whether C. spp. is an innocent by-stander or promotes the onset of further VAP. The role of C. spp. colonization in the causal relationship with VAP, or as a simple surrogate of the immune paralysis associated with acute illness, is speculative. Herein, it is very difficult to assess the clinical relevance of these putative infections. Interestingly, Llitjos et al. have recently highlighted that a first episode of pneumonia promotes the onset of further episodes, due to initial lung damages [21]. However, we chose not to consider viral co-infections to discriminate the proper role of C. spp., and as the impact of viral pneumonia, due to viruses such as Herpes Simplex or Cytomegalovirus is highly debatable in critically ill patients [22]. Moreover, isolation of viruses requires B-BAL, which was rarely performed because NB-PTC is the historical technique of choice in our institution [23].

In our cohort, more than half of the C. spp. strains were sensitive to amoxicillin, and the majority were sensitive to vancomycin, linezolid, gentamicin, rifampicin and imipenem. This is in accordance with the reported susceptibility of C. spp. in the literature, as most of these bacteria are commonly considered sensitive to B-lactam, aminoglycosides and glycopeptides agents, and resistant to macrolides, clindamycin, trimethoprim/sulfamethoxazole, fluoroquinolones and/or rifampicin [7, 8, 10, 24]. In our cohort, only one isolate was resistant to vancomycin and linezolid and one third of isolates were resistant to cefotaxime. Resistance to cefotaxime may be here explained by the prior exposure to broad-spectrum antibiotics and the high potential of microorganisms to select drug-resistant strains in ICU. However, some species, including C. jeikeium, C. macginleyi and C. xerosis are resistant to ß-lactam and require glycopeptides; C. propinguum and C. striatum are inconsistently sensitive to penicillin and cephalosporins. Thus, profiles of antimicrobial sensitivity of C. spp. are considered unpredictable [10, 24, 25] and the emergence of antimicrobial resistance has been increasingly reported so far [12, 26]. In addition,

Campanile et al. reported 36 multidrug-resistant strains of *C. striatum* strongly associated with devices such as tracheal tubes or catheters [26]. Overall, these data might advocate for a short empirical treatment with vancomycin or linezolid as soon as *C.* spp. is isolated from respiratory specimens with clinical feature consistent with severe pneumonia. This antimicrobial therapy should then be tailored based on species identification and antibiotic susceptibility testing results.

In our cohort, less than half of the patients with C. spp. pneumonia survived, highlighting the critical status of this population. The respective parts of direct attributable responsibility of C. spp., or the absence of antimicrobial therapy in patients who had probable C. spp. pneumonia but who were left specifically untreated, remains to be elucidated. No conclusion can be drawn about the association between C. spp. and patient outcome, because of the small number of patients, the specific weight of comorbidities, and the absence of control population. Underlying comorbidities may have a stronger impact on outcome that the pneumonia itself, as suggested by the analysis of causes of death, as well as the delay between C. spp. pneumonia and death.

Our study has several strengths. It is the first study focusing on the clinical relevance of C. spp. in critically ill patients. Classification of clinical relevance into probable, possible or unlikely was independently evaluated by independent investigators. There were blinded to each other, limiting classification bias with only three patients classified by consensus due to different assessments. We used only quantitative cultures of specimens obtained with invasive diagnostic techniques, to avoid contamination from the upper respiratory tract. These data can be helpful for critical care physicians challenged by a C. spp. positive deep respiratory specimen in a setting of pneumonia. Although it remains controversial whether a respiratory sample with C. spp. isolated beyond a significant threshold should be regarded as a mere colonization, our findings reinforce the belief that C. spp. should be considered as a possible pathogen.

Our study presents several limitations. As in all previous studies on the clinical relevance of C. spp., data were analyzed retrospectively and the small number of isolates prevents from performing statistical analysis. For the same reason, we were not able to evaluate the clinical response of treating these infections: even if it seems justified to treat C. spp. when its impact is high in a setting of pneumonia, this strategy does not seem to lower mortality, probably due to the overall morbidity of the patients. The low incidence of C. spp. isolation also prevents from performing prospective studies. The clinical diagnosis of pneumonia in mechanically ventilated patients remains challenging and controversial and we acknowledge that despite reaching consensus, some cases may have been debatable. In addition, we chose to classify the clinical features of pneumonia as probable, possible or unlikely, as thresholds may not be always as clear as infection or colonization. As developed in others fields of critical care medicine [27], this classification allows a "grey zone" approach, which is closer from the real life. The small number of patients has restricted the statistical analysis and precluded assessment of risk factors of infection. Moreover, the majority of the patients had co-infections and received complete antibiotic courses covering C. spp. isolates, even when the latter may have not been considered as a causative pathogen by clinicians. In addition, the fact that half of the samples containing C.spp. were not considered or treated, outlines the difficulties to assess and manage these patients. Finally, as the MALDI-TOF has only been implemented since 2015 in our institution, we were not able to identify all the Corynebacteria subspecies. In our cohort, we were not able to describe potential temporal trends in C. spp. antimicrobial sensitivity, due to the low number of strains.

Conclusion

This study, focusing on critically ill patients, shows that *C*. spp. seems to be responsible for pneumonia in mechanically ventilated patients. When predominantly present in lower respiratory specimen from patients with suspected pneumonia requiring mechanical ventilation in ICU, *C*. spp. may be considered as clinically relevant.

This study highlights the difficulty to assess the clinical relevance of C. spp. in this population and further studies are required to draw conclusions about the association between C. spp. and patient outcome.

Compliance with ethical standards

Conflict of interest The authors have not disclosed any potential conflict of interest.

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