



POSTER PRESENTATION

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# Comparison of the inhibitory effects of resveratrol and tranilast on IgE, 48/80 and substance P dependent-mast cell activation

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## Background

Several health promoting effects have been attributed to the polyphenol resveratrol including anti cancer, anti-oxidant and anti-inflammatory activities.

## Objective

We investigated the effects of resveratrol on LAD2 and CD34<sup>+</sup>-derived mast cell activation in comparison to the known anti-allergy drug tranilast.

## Methods

Degranulation was quantified by  $\beta$  hexosaminidase assay, and cytokine, chemokine and cysteinyl leukotrienes (cysLT) expression was measured by real time PCR and ELISA. Fura-2 Ca<sup>2+</sup> imaging was employed to measure [Ca<sup>2+</sup>]<sub>i</sub>.

## Results

In LAD2 cells, both resveratrol and tranilast (10 ug/ml) inhibited degranulation induced by mast cell activators IgE/anti-IgE (39% and 19%, respectively;  $P < 0.03$ ), compound 48/80 (9% and 6%), and substance P (23% and 28%;  $P < 0.03$ ). This may be attributable to modulation of Ca<sup>2+</sup> levels, as resveratrol, and to a lesser extent tranilast, attenuated substance P-dependent increases in [Ca<sup>2+</sup>]<sub>i</sub>. Resveratrol and tranilast blocked cytokine formation, reducing substance P-induced TNF production (65%;  $P = 0.04$  and 46%;  $P = 0.09$ , respectively), but not MCP-1 production. Furthermore, resveratrol inhibited Fc $\epsilon$ psilonRI mediated production of cysLT by 31% compared to control, whereas tranilast had no effect. The effects of resveratrol on degranulation and release of cysLT were more marked in human primary mast cells (HuMC)

(64% and 90% inhibition, respectively;  $P < 0.05$ ), and the polyphenol was found to be significantly more efficacious than tranilast in these cells.

## Conclusions

Resveratrol inhibited mast cell function at the level of degranulation, and cytokine and cysLT production, and was comparable, and in some cases, more potent than the anti-allergy drug tranilast. Thus resveratrol may be an effective therapeutic agent for the treatment of allergic disease.

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