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## Article

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Human retinal organoids miRNAs typically found in

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### Article

# Light-responsive microRNA molecules in human retinal organoids are differentially regulated by distinct wavelengths of light

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### SUMMARY

Cells in the human retina must rapidly adapt to constantly changing visual stimuli. This fast adaptation to varying levels and wavelengths of light helps to regulate circadian rhythms and allows for adaptation to high levels of illumination, thereby enabling the rest of the visual system to remain responsive. It has been shown that retinal microRNA (miRNA) molecules play a key role in regulating these processes. However, despite extensive research using various model organisms, light-regulated miRNAs in human retinal cells remain unknown. Here, we aim to characterize these miRNAs. We generated light-responsive human retinal organids that express miRNA families and clusters typically found in the retina. Using an in-house developed photostimulation device, we identified a subset of light-regulated miRNAs. Importantly, we found that these miRNAs are differentially regulated by distinct wavelengths of light and have a rapid turnover, highlighting the dynamic and adaptive nature of the human retina.

### INTRODUCTION

The retina is a specialized, light-sensitive neural tissue that lines the inner surface of the eye. It is composed of several layers of neurons that convert incident light into electrical signals, which are transmitted to the brain for visual perception. The outermost layer of the retina, the photoreceptor layer, comprises two distinct types of photoreceptor cells: rods and cones. Rods are primarily responsible for vision under low-light conditions, while cones are responsible for color vision and visual acuity during daylight conditions. The retina also contains other specialized cell types including bipolar, horizontal, retinal ganglion, and Müller cells. The development and function of the retina is intricately regulated by various factors including hormones, growth factors, transcription factors, and miRNA molecules. Recent research has demonstrated that miRNAs play a crucial role in regulating light-induced processes in mice retina, including adaptation to different light intensities and regulation of circadian genes, <sup>1,2</sup> however, nothing is known about retina-specific miRNAs in human retina.

MiRNAs represent a class of small non-coding regulatory RNAs, 18–24 nucleotides in length that are found in all metazoans.<sup>3</sup> They act as post-transcriptional regulators of gene expression by maintaining cellular and tissue homeostasis, controlling development, and signaling pathways.<sup>4</sup> MiRNA expression appears to be highly influenced by the tissue specificity representing the key regulatory elements of virtually all cell processes underlying a cell function. Notably, many miRNAs are specifically expressed in the retina, giving rise to a unique miRNA expression profile in retinal tissue.<sup>3,5,6</sup>

It has been established that miRNAs play a critical role in regulating the expression of genes essential for photoreceptor development and function.<sup>2</sup> Additionally, they act as crucial regulators of light-sensitive processes within the retina. In mammals, light regulates the amplitude and duration of the daytime by modulating the activity of several key light-sensitive proteins, including the opsins and melanopsin.<sup>7–9</sup> Several studies have demonstrated that miRNAs exhibit differential expression in the retina in response to light exposure.<sup>1,3</sup> One well-studied group of light-regulated miRNAs is the miR-182/183/96 cluster, which contains three miRNAs: miR-182, miR-183, and miR-96. This cluster is upregulated in the retina during

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light adaptation and its overexpression leads to increased cell proliferation and neurogenesis.<sup>1,10</sup> Additionally to its role in neurogenesis, miR-183 also plays a role in protecting the retina from light-induced damage by reducing oxidative stress through targeting and degrading the key protein SIRT1.<sup>11</sup> Moreover, the miR-182/183/96 cluster is also implicated in the development of retinal pigment epithelium and circadian rhythms regulation.<sup>3,12,13</sup>

Despite the recognized importance of light-regulated miRNAs in the retina, their functions are not yet fully understood, particularly in humans. This is due to the difficulty of studying miRNAs in the human retina, as the availability of human retinal tissue for experimental procedures is limited. Retinal organoids, which mimic the cellular composition and function of the human retina, represent a promising model for studying light-regulated miRNAs in humans.

Here, we employed retinal organoids derived from human pluripotent stem cells as a tool to closely investigate light-regulated miRNAs in the human retina. We developed a device capable of photostimulating retinal organoids using various intensities and wavelengths of light. By utilizing this device, we photostimulated retinal organoids and identified 51 light-regulated miRNAs. Further analysis revealed that these miR-NAs exhibited a rapid turnover and differential responses to distinct wavelengths of light. Our findings indicate that human retinal organoids represent a valuable tool for studying light-regulated miRNAs and open new avenues for research on light-regulated miRNA targets, the adaptation of the human retina to light, and the regulation of light-regulated circadian rhythms in humans.

### RESULTS

### Generation of light-responsive human retinal organoids

In the first experiment, we aimed to determine the stage of the retinal organoid differentiation process that is applicable for studying light-regulated miRNAs. We generated light-responsive retinal organoids from human induced pluripotent stem (hiPS) cells, as previously described (Figure 1A).<sup>14,15</sup> We harvested retinal organoids at different stages of the maturation process (D90, D120, D150, and D180) and assessed the expression of opsins (*OPN1SW, OPN1MW, OPN1LW*, and *RHODOPSIN*) and miRNAs (miR-96-5p, miR-182-5p, and miR-183-5p) that have been previously shown to be expressed in the retina.<sup>5,16,17</sup> We observed a significant upregulation of opsins at D150 and a significant upregulation of the selected miRNAs from D120 to D180, when compared to D90 (Figure 1B).

Next, we aimed to determine whether the generated retinal organoids contained major cell types typically found in the retina. We performed indirect immunofluorescent staining on cross-sections (at D180). The generated retinal organoids contained a laminated retina, retinal ganglion cells (NeuN+), bipolar cells (PKC $\alpha$ +), photoreceptors (Rhodopsin+, S-Opsin+), and Müller glia (CRALBP+) (Figure 1C). Taken together, our data indicate that the generated retinal organoids between D150-D180 express opsins, retina-specific miRNAs, and contain major cell types typically found in the retina. Therefore, all the analyses in this study were done using organoids between D150-D180 of the differentiation process.

Finally, using multielectrode array (MEA) approach, we aimed to assess whether the generated retinal organoids are light-responsive and are capable to electrophysiologically respond to photostimulation. Light responses from RGCs (exhibiting at least 25% increase or decrease in spiking activity after the stimulus onset) are illustrated in Figure 1D, revealing response patterns somewhat akin to those seen in immature mouse RGCs, just before eye opening, at P10-11.<sup>14</sup> In order to confirm that the light responses observed in organoids were caused by phototransduction in photoreceptors rather than intrinsically photosensitive RGCs, we conducted experiments involving the application of cGMP onto the organoids. cGMP is a secondary messenger in the phototransduction cascade that opens Na+-permeable channels in the outer segments of photoreceptors. By puffing 8-br-cGMP, a membrane-permeable analog of cGMP, into the recording chamber, we triggered Na+ influx and depolarization of photoreceptors, which mimics the dark current. We identified ON RGCs that responded to the 8-br-cGMP puff with reduced spiking activity, indicating that they are photoreceptor-driven. Additionally, we recorded from cells that exhibited increased firing rate following cGMP puffs, which were likely OFF RGCs (Figure 1D).

### Retinal organoids express retina-specific miRNAs

We conducted next-generation sequencing (NGS) of miRNAs to identify miRNA molecules expressed in retinal organoids. We compared the generated NGS data with a previously published list of retina-specific











#### Figure 1. Characterization of light-responsive retinal organoids

(A) Schematic presentation of the differentiation protocol.

(B) Expression of OPN1SW, OPN1MW, OPN1LW, RHODOPSIN, and retina-specific miR-96-5p, miR-182-5p, miR-183-5p during retinal organoid differentiation, as determined by RT-qPCR (n = 3).

(C) Expression of NeuN, PKCalpha, Rhodopsin, S-Opsin, and CRALBP, as demonstrated using immunofluorescence staining. Scale bars =  $20 \mu m$ .

(D) Raster plots (top panels), firing rate histograms (bottom panels, bin size = 1 s) from RGCs which showed a 25% increase (ON responses) or decrease (OFF responses) in spiking activity in the presence of pulsed light or 100  $\mu$ M 8-br-cGMP. In the raster plot, each small vertical bar indicates the time stamp of a spike, where each row represents a different RGC. The rate histogram illustrates the number of spikes per defined time window (here 1 s) divided by the total number of RGCs. The left half illustrates the activity before stimulus onset and, separated by the red line, the right half the activity when the organoids are exposed to pulsed light or 100  $\mu$ M 8-br-cGMP.

miRNAs.<sup>18</sup> We detected 56 miRNAs (out of 60) that have been previously reported to be expressed in the developing retina (Figure 2A). These 56 miRNAs represent approximately 67% of all mapped miRNA reads in human retinal organoids. Since a significant proportion of miRNA genes occur in defined clusters, and typically act as families with the same seed sequence, we clustered all detected miRNAs into miRNA clusters and families. This analysis revealed that retinal organoids express miRNA families and clusters that are often involved in regulating neuronal or retinal cell fate (Figure 2B). We identified these miRNA families to be the most abundant: mir-9 (involved in neuronal differentiation,<sup>19</sup>), let-7 (promotes terminal cell differentiation,<sup>20,21</sup>), mir-7 (promotes photoreceptor differentiation,<sup>22</sup>), mir-26 (controls neuronal differentiation,<sup>23</sup>), mir-125 (regulates neuronal differentiation and proliferation,<sup>24</sup>). The most abundant miRNA clusters were the miR-7/1179/3529, let-7a/d/f, and miR-183/96/182 clusters (over 15% of total mapped miRNA reads). Members of these clusters have been previously shown to be expressed in the retina or neural tissues.<sup>5,16,17</sup> Taken together, these data indicate that retinal organoids express majority of miRNAs that have been previously shown to be expressed in developing retina.

#### Retinal organoids are responsive to photostimulation at miRNA transcriptional level

To study the effects of photostimulation on miRNA expression in human retinal organoids, we developed Cell LighteR, a photostimulation system capable of controlled, high-throughput, and versatile stimulation of cells cultured in 96-well plates with superior temporal precision. The photostimulation platform consists of a control unit containing a power supply and an Arduino (https://www.arduino.cc/) microcontroller that drives individual light emitting diodes (LEDs) (Figures S1A and S1D). The control unit is connected to the LED module using a thin wire, and the LED module is placed into an incubator. Emitted light from the LED array in the LED module is directed to individual wells of a black 96-well plate, ensuring that it does not influence neighboring wells (Figure S1B). The plate containing organoids is positioned on top of the LED module and covered with a black lid. The device allows for high-throughput experiments, as it can control up to 3x96-well plates (288 wells) simultaneously. Each LED is individually addressable, allowing for easy, precise, and simultaneous modulation of multiple parameters such as luminous intensity, frequency, and three distinct wavelengths of monochromatic light to deliver adjustable light outputs to organoids in individual wells (Figure S1C). Cell LighteR is equipped with RGB LED chips (type 5050), capable of emitting distinct wavelengths of monochromatic light in the red, green, and blue portions of the spectrum (emitting maximum RED [620-625 nm]; GREEN [522-525 nm]; BLUE [465-467 nm]), allowing for the study of the contribution of individual parts of the spectrum to the effects of photostimulation (Figures S1C and S1E).

To ensure that the photostimulation of the retinal organoids was performed at a physiological level and did not induce apoptosis or overheating of the organoid culture, we conducted a series of experiments to determine the appropriate level of luminous intensity. These experiments included assessing the expression levels of the genes involved in apoptosis (*PUMA*, *BIM*) upon photostimulation and measuring changes in the temperature of the culture media during the photostimulation process. Organoids were placed in a black 96-well plate containing cell culture media and positioned on an LED module inside an incubator. The organoids were photostimulated using different luminous intensities (15, 50, 500, and 4200 lx) of white light and harvested 3 h after the start of the photostimulation process. We did not observe a significant upregulation of *PUMA* expression at 500 and 4200 lx, and *BIM* expression remained unchanged across all the luminous intensities tested (Figure S1G). Therefore, for short-term photostimulation of retinal organoids, we used a luminous intensity of 100 lx. To determine changes in temperature during the photostimulation, we utilized a digital thermometer equipped with ultra-thin sensors (Dallas Instruments) to continuously monitor the temperature. One sensor was immersed in the culture media in a 96-well plate that was being







#### Figure 2. Retinal organoids express retina-specific miRNAs

(A) Heatmap showing the expression of retina-specific miRNAs in human retinal organoids. R1, R2, and R3 represent different replicates.

(B) Abundance of miRNA families and clusters present in retinal organoids.

photostimulated, while the second sensor was placed in another 96-well plate kept in the dark. The temperature difference did not exceed 0.3°C during the measurement, indicating that there was no overheating of the cell culture media during the photostimulation process (Figure S1F).

Having determined the miRNA expression profile of human retinal organoids and the physiological level of luminous intensity for the photostimulation process, we aimed to identify at what stage the retinal organoids become photo-responsive and react to light at miRNA transcriptional level. We photostimulated retinal organoids at different stages of the differentiation process (D90, 120, 150, and 180) using white light at 100 lx and assessed the expression of the miR-182/183/96 cluster that has been previously shown to be upregulated upon light stimulation in mice.<sup>1</sup> We found that photostimulation of organoids at D90 does not upregulate this cluster, however, at later stages (D120 and more) there was a significant upregulation of the miR-182/183/96 cluster upon photostimulation, indicating that retinal organoids at D120 and more are photo-responsive at miRNA transcriptional level (Figure 3A).

Next, we aimed to identify miRNA molecules that are light-responsive. We photostimulated retinal organoids for 1 h and 3 h, respectively, using white light at 100 lx of luminous intensity and performed miRNA NGS.









Figure 3. Retinal organoids demonstrate transcriptional responsiveness to photostimulation at the miRNA level

(A) Expression of individual members of the miR-183/182/96 cluster 3 h upon photostimulation using white light (100 lx) at different stages of the differentiation process, as determined using RT-qPCR (n = 3). D = dark, L = white light at 100 lx for 3 h.

(B) Principal component analysis (PCA) of miRNA expression profiles in retinal organoids following 1 h and 3 h of photostimulation.

(C) Heatmap illustrates miRNAs that were significantly up- or down-regulated upon photostimulation.

(D) Analysis of miRNA families and clusters that are significantly down-regulated upon photostimulation. Error bars show mean  $\pm$  SEM (n = 3).

(E) Analysis of miRNA families and clusters that are significantly up-regulated upon photostimulation. Error bars show mean  $\pm$  SEM (n = 3).

(F) Functional annotation of all significantly up-regulated miRNAs upon photostimulation, as determined using the TAM 2.0 tool.

Principal component analysis of the NGS data revealed that the miRNA expression profile differed between the dark and light conditions, while there was no difference between the 1 h and 3 h of photostimulation time-points, and the replicates clustered together (Figure 3B). Differential expression analysis revealed 51 miRNAs that were significantly up- or down-regulated ( $p_{adi} < 0.05$  in both time-points) upon photostimulation (Figure 3C), while there was no induction of apoptosis or oxidative stress, as demonstrated by non-significant change in the expression of genes involved in apoptosis and DNA damage (BIM, BAX, BCL2, PUMA, and TP53) or genes involved in oxidative damage response (DUOX1, GSS) (Figures S2A and S2B). Clustering analysis revealed that only two miRNA families (mir-124 and mir-216) and three miRNA clusters (miR-182/183/96, miR-216a/217, and miR-29a/29b-1/29b) were significantly upregulated (Figure 3D), while eight miRNA families and ten clusters were downregulated upon photostimulation (Figure 3E). Functional annotation revealed that the significantly upregulated miRNAs play a role in multiple cellular functions including circadian rhythms, neural differentiation, regulation of Wnt signaling pathway, and DNA damage (Figure 3F). Since mir-124 and mir-216 families are significantly upregulated upon photostimulation, we aimed to assess the expression of their experimentally validated target genes that were shown to be expressed in the retina. We searched miRTarBase—a database of experimentally validated miRNA targets<sup>25</sup> and selected three target genes for each family (mir-124: CSGALNACT1, LMAN2L, FAM89A; mir-216: GRIN2A, SDR16C5, NNT).<sup>26-28</sup> We found that all genes were downregulated upon photostimulation, however, only CSGALNACT1 and GRIN2A were downregulated significantly (Figures S4A and S4B).

Taken together, only a small number of miRNA molecules are differentially expressed upon photostimulation in retinal organoids, suggesting that only a small subset of miRNA clusters and families are involved in the reaction of the human retina to light.

### Light-regulated miRNAs have rapid turnover and respond to different wavelengths of light

Since a small subset of miRNAs is responsive to light, we aimed to select representative miRNA molecules for detailed expression analysis. We selected nine different miRNAs that were shown to be up- or down-regulated upon photostimulation: miR-96-5p, miR-182-5p, and miR-183-5p representing the retina-specific miR-182/183/96 cluster; miR-204-5p and miR-211-5p as members of the mir-204 family; miR-145-5p as a member of the mir-143/145 cluster; miR-196a-5p as a representative of the mir-196 family; miR-214-3p as a member of the mir-214 family; and miR-205-5p as the most down-regulated miRNA upon photostimulation.

We aimed to assess the expression turnover of the selected miRNAs during alternating periods of darkness and photostimulation. Retinal organoids were cultured in darkness for 24 h and then exposed to white light at a luminous intensity of 100 lx for 60 min. The light was then switched off and the organoids were cultured in darkness for an additional 60 min. Samples were harvested at 15-min or 30-min intervals, as depicted in Figure 4A. The miR-182/183/96 cluster, miR-204-5p, and miR-211-5p were gradually upregulated during the photostimulation period, with the highest expression observed at the 60-min time point. Upon switching off the light, expression gradually decreased, returning to levels observed in darkness after 30 min (Figure 4A). Conversely, miRNAs that were shown to be downregulated upon photostimulation, including miR-205-5p, miR-214-3p, miR-196a-5p, and miR-145-5p, were gradually downregulated and reached their lowest expression between 30 and 60 min of photostimulation. Upon switching off the light, expression of these miRNAs returned to their original levels as observed in darkness (Figure 4A). These results indicate that the light-regulated miRNAs have a rapid turnover in human retinal tissue.

There is an intriguing question as to whether these miRNAs respond differently to distinct wavelengths of light. To address this question, we photostimulated retinal organoids using distinct wavelengths of light (RED [620–625 nm], GREEN [522–525 nm], and BLUE [465–467 nm]) (Figure S1B). As each channel in the









(C) miRNA *in situ* hybridization upon exposure to blue light at 100 lx for 1 h, as determined by miRNA scope. ONL presumptive outer nuclear layer, INL—presumptive inner nuclear Layer, GCL—presumptive ganglion cell layer. Scale bars =  $100 \ \mu m$ .



RGB LED has a different light power (Figure S1C), we adjusted individual channels to a luminous intensity of 100 lx. Interestingly, red and green light were identified as the strongest inducers of the members of the miR-182/183/96 cluster, while blue light was the strongest inducer of the mir-204 family, as both members, miR-204-5p and miR-211-5p, were upregulated using blue light. Surprisingly, we did not observe any strong association between the level of downregulation of miRNAs and the color of light, as all miRNAs (miR-205-5p, miR-214-3p, miR-196a-5p, miR-145-5p) were downregulated in all conditions.

Next, we aimed to evaluate the spatial expression of miRNAs in retinal organoids using *in situ* miRNA hybridization (miRNA scope). Intriguingly, blue light had the greatest effect on the upregulation of the mir-204 family members and on the downregulation of the miR-145-5p (Figure 4B), therefore we aimed to determine the localization and expression of the miR-204-5p and the miR-145-5p in retinal organoids photostimulated using the blue light (100 lx for 1 h). In the dark condition, both miRNAs were predominantly localized in the presumptive inner nuclear layer (INL). Upon photostimulation, miR-204-5p expression was highly upregulated in the presumptive ganglion cell layer (GCL) and outer nuclear layer (ONL), while miR-145-5p expression was downregulated in the INL (Figure 4C). These findings suggest that retinal ganglion cells and photoreceptors upregulate miR-204-5p expression, while miR-145-5p expression decreases in cells present in the INL.

### DISCUSSION

In this study, we identified miRNAs that respond to photostimulation in the human retina using retinal organoids as a model. We showed that retinal organoids express a number of retina-specific miRNA families and clusters that have been previously associated with the regulation of neuronal or retinal cell fate, including miR-9, let-7, miR-7, miR-26, and miR-125.<sup>18</sup> To study the light-regulated miRNAs, we developed a photostimulation system, Cell LighteR, and used it to stimulate the organoids with light of different wavelengths. We showed that retinal organoids are responsive to photostimulation at the miRNA transcriptional level, as evidenced by the altered expression of multiple miRNA families and clusters in response to light exposure. Furthermore, our research revealed that many miRNAs in the retina have a high turnover rate, much faster than miRNAs expressed in other cell types or tissues.<sup>1</sup> Importantly, some miRNAs exhibit distinct responses to various wavelength ranges of light. In particular, exposure to red and green light strongly induced expression of the miR-183/182/96 cluster, while blue light exposure upregulated the expression of the members of the miR-204 family.

To the best of our knowledge, our study is the first to report light-regulated miRNAs in human retinal organoids, providing new insights into the regulation of light-induced transcription and light adaptation in the human retina. However, some light-responsive neuronal miRNAs have already been identified in mice.<sup>1,29</sup> Krol et al.<sup>1</sup> identified neuronal miRNAs that are downregulated during dark adaptation and upregulated in light-adapted mice retinas. Surprisingly, despite using multiple approaches, including Exiqon arrays and Illumina sequencing, they identified only five light-responsive miRNAs (miR-96, miR-182, miR-183, and both members of the mir-204 family miR-204, and miR-211). However, here we identified over 10-fold more light-responsive miRNAs. The striking difference can be explained by (I) the deeper sequencing used in our study with the number of miRNA reads per sample ranging from 1.7 to 3.1 million (Figure S3); (II) different experimental setups; (III) diverse experimental models. Despite the difference between the numbers of miRNAs identified, the miR-183/182/96 cluster and the mir-204 family were recognized as light-regulated miRNAs in both studies. Here, we provide a more comprehensive list of light-regulated miRNAs in humans that includes a detailed cluster analysis, a functional annotation analysis, an expression turnover assessment, and an analysis of the effects of different wavelengths of light on lightregulated miRNAs, further expanding our knowledge about light-regulated miRNAs in human retina.

Interestingly, many light-responsive miRNAs are not among the abundantly expressed miRNA families or clusters in retinal organoids. This could be due to the photostimulation using 100 lx being ineffective in regulating these miRNAs. Conversely, excessively high luminous intensity may cause damage such as oxidative stress or apoptosis. Another possibility is that the abundantly expressed miRNAs have a different essential role in the retina and are not light responsive. Notably, the only miRNA cluster that was both abundantly expressed and light responsive was the miR-182/183/96 cluster.

Previously, our laboratory demonstrated that the miR-182/183/96 cluster is an important morphogenetic factor in human retinal organoids that target PAX6 expression.<sup>10</sup> Other studies have shown that this miRNA



cluster is involved in the development of photoreceptor outer segments, synapses and retinal laminar structure.<sup>30-33</sup> Furthermore, the voltage-dependent glutamate transporter Slc1a1 is targeted by the miR-182/183/96 cluster, and under low glutamate conditions, Slc1a1 can clear glutamate from the photo-receptor synaptic area. This miRNA cluster is also implicated in maintaining cone outer segments by regulating genes related to membrane trafficking, lipid metabolism, and cilia formation.<sup>34</sup> Given the critical role of the miR-182/183/96 cluster in the retina and its responsiveness to light, it is possible that light stimulation will play an important role in shaping the post-natal retina.

The miRNA oscillatory pattern is a highly conserved mechanism and has significant consequences for circadian timing.<sup>35</sup> Here, we identified nine light-regulated miRNAs—hsa-mir-96, hsa-mir-194-2, hsa-mir-181a-1, hsa-mir-194-1, hsa-mir-182, hsa-mir-192, hsa-mir-181a-2, and hsa-miR-124—that are linked to the regulation of circadian rhythms.<sup>3,36</sup> Besides the well-known cluster miR-182/183/96 that targets critical circadian genes including ADCY6, CLOCK, and BMAL1,<sup>3,37</sup> the miR-194/192 cluster has been found to target other circadian genes including *PER1*, *PER2*, and *PER3.*<sup>36,39</sup> Interestingly, the miR-124 represents an important regulator of Drosophila circadian locomotor rhythms and under dark conditions flies lacking miR-124 (miR-124<sup>KO</sup>) have a greatly enhanced circadian behavior phase.<sup>40</sup> Similarly, it has been shown that miR-124 mutants' advanced circadian phase functionally connects with the suppression of miR-124 targets in BMP signaling.<sup>41</sup> Although some light-regulated miRNAs are regulated independently of the circadian rhythms,<sup>1</sup> they may still play a critical role as circadian regulators that can quickly respond to rapidly changing light stimuli.

The quick turnover of miRNAs in retinal neurons and the resulting fast changes in target gene expression can enhance the precise encoding of visual stimuli in a rapidly changing environment.<sup>33</sup> Our study provides new insights into the regulation of miRNA expression in response to light in the human retina. The discovery of wavelength-specific miRNA responses and the high turnover rate of miRNAs in the retina highlight the importance of deeper sequencing methods in identifying miRNAs, and can guide future research on the functional analysis of these miRNAs in order to understand their role in the regulation of light-induced transcription and light adaptation in the human retina. Light-regulated miRNAs have significant implications for the formation and function of the retina, as well as for circadian timing. This work paves the way to study the complex interplay between light and miRNA regulation in the retina and its effects on visual function and circadian rhythms.

### Limitations of the study

This study aimed to characterize light-regulated miRNAs in human retinal tissue using a human retinal organoid model. While retinal organoids provide a reliable representation of human retinal development and function, it is important to note that these structures may not fully replicate all the functional properties of the human retina.

### **STAR\*METHODS**

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### SUPPLEMENTAL INFORMATION

Supplemental information can be found online at https://doi.org/10.1016/j.isci.2023.107237.

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### **AUTHOR CONTRIBUTIONS**

C.C.: Investigation, methodology, validation, visualization, writing-original draft; K.W.: Investigation, methodology, validation, writing – review & editing; K.A.C.: Investigation, validation; J.O.: Formal analysis, data curation, writing – review & editing; B.D.: Investigation, data curation, writing – review & editing; F.M.G.: Investigation, data curation; J.S.: Investigation, validation; M.L.: Data curation, writing – review & editing; E.S.: Data curation, writing – review & editing; P.L.: Resources, investigation, writing – review & editing; T.B.: Formal analysis, methodology, visualization, writing-original draft, writing – review & editing, supervision, project administration, funding acquisition, conceptualization.

### **DECLARATION OF INTERESTS**

The authors declare no competing interests.

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### **STAR\*METHODS**

### **KEY RESOURCES TABLE**

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Antibodies		
Mouse monoclonal Rhodopsin antibody	SantaCruz	Cat# sc-57432; RRID:AB_785511
Rabbit polyclonal S Opsin/BCP	Abcam	Cat# ab229786
NeuN (D4G4O) XP Rabbit mAb	Cell Signaling Technology	Cat# 24307S; RRID:AB_2651140
Mouse monoclonal PKC $\alpha$ antibody	Santa Cruz	Cat# sc-8393; RRID:AB_628142
Mouse monoclonal CRALBP Antibody (B2)	Santa Cruz	Cat# sc-59487; RRID: AB_782256
Goat anti-Mouse IgG (H + L), Superclonal	Invitrogen	Cat# A28175; RRID:AB_2536161
Recombinant Secondary Antibody, Alexa Fluor™ 488		
Goat anti-Rabbit IgG (H + L) Cross-Adsorbed	Invitrogen	Cat# A-11012; RRID:AB_2534079
Secondary Antibody, Alexa Fluor 594		
Chemicals, peptides, and recombinant proteins		
2-Mercaptoethanol	Sigma-Aldrich	Cat# M3148
Taurine	Sigma-Aldrich	Cat# T8691
Retinoic Acid	Sigma-Aldrich	Cat# R2625
Triton X-100	Sigma-Aldrich	Cat# T8787
Goat Serum	Sigma-Aldrich	Cat# G9023
Fluoromount Aqueous Mounting Medium	Sigma-Aldrich	Cat# F4680
Bovine serum albumin	Sigma-Aldrich	Cat# A9647
1-bromo-3-chloropropane	Sigma-Aldrich	Cat# B62404
KnockOut Serum Replacement	Gibco	Cat# 10828-028
N-2 supplement	Gibco	Cat# 17502001
GlutaMAX supplement	Gibco	Cat# 35050061
Tissue-Tek O.C.T. Compound	Sakura Finetek	Cat# 4583
Penicillin- Streptomycin Solution	Biosera	Cat# XC-A4122
RNA Blue Reagent	Тор-Віо	Cat# R013
Recombinant Human BMP-4	Peprotech	Cat# 120-05ET
Fetal Bovine Serum	Biosera	Cat# FB-1101
GlutaMAX supplement	Gibco	Cat# 35050061
Critical commercial assays		
TaqMan MicroRNA Assay	Applied Biosystems	Cat# 4427975
High-Capacity cDNA Reverse Transcription Kit	Applied Biosystems	Cat# 4368814
PowerUp SYBR Green Master Mix	Applied Biosystems	Cat# A25741
TaqMan MicroRNA Reverse Transcription Kit	Applied Biosystems	Cat# 4366596
TaqMan Universal PCR Master Mix	Applied Biosystems	Cat# 4304437
NEBNext Multiplex Small RNA Library Prep Set for Illumina	New England Biolabs	Cat# E7300S; Cat# E7580S
Human Pluripotent Stem Cell Transcription Factor Kit	BD Biosciences	Cat #560589
NextSeq 500/550 High Output Kit v2.5	Illumina	Cat# 20024906

(Continued on next page)



Continued		
REAGENT or RESOURCE	SOURCE	IDENTIFIER
miRNAscope HD (Red) Assay	ACDBio	Cat# 324500
RNA Blue Reagent, Direct-zol <sup>TM</sup>	Zymo Research	Cat# R2062
RNA Microprep kit		
Epi5 Episomal iPSC Reprogramming Kit	Invitrogen	Cat# A15960
Deposited data		
Non-coding RNA profiling by high	Illumina NextSeq 500	GEO accession: GSE223379
throughput sequencing		
qPCR results	Mendeley	https://doi.org/10.17632/8ksg9fssd9.1
Experimental models: Cell lines		
hiPSC cell line	Derived from neonatal	Neo5
	fibroblasts CC-2509 (Lonza)	
Oligonucleotides		
Full list of RT-qPCR primers is	This paper	N/A
presented in Table S1 and S2.		
Software and algorithms		
LightCycler 480 SW 1.5		
BD FACSDiva™ software v6.1.3	Becton Dickinson	https://www.bdbiosciences.com/en-de/
		products/software/instrument-software/
ZEN 3.6 (blue edition)	Zoiss	https://www.zoiss.com/microscopy/on/
	20133	products/software/zeiss-zen.html
FlowJo	BD Biosciences	' https://www.bdbiosciences.com/en-us/
		products/software/flowjo-v10-software
RStudio	Rstudio	https://www.rstudio.com/
ggplot2	Wickham, H., 2016 <sup>51</sup>	https://ggplot2.tidyverse.org/
Cutadapt v2.5	Martin, 2011 <sup>41</sup>	https://cutadapt.readthedocs.io/en/stable/
FASTX-Toolkit v0.0.14	Langmead, B., Trapnell, C., Pop, M.et al., <i>2019</i> <sup>44</sup>	http://hannonlab.cshl.edu/fastx_toolkit/
FastQC v0.11.9	Andrews, 2010 <sup>39</sup>	http://hannonlab.cshl.edu/fastx_toolkit/
Bowtie v1.3.1	Langmead and Salzberg, 2012 <sup>57</sup>	https://bowtie-bio.sourceforge.net/
		bowtie2/index.shtml
miRBase v22.1	Kozomara, Ana et al., 2019 <sup>45</sup>	https://www.mirbase.org/
seqcluster v1.2.8	Bioconductor	https://github.com/lpantano/seqcluster
R v3.6.3	Team, R.C., 2020 <sup>48</sup>	https://cran.r-project.org/
DESeq2 v1.24.0	Love et al., 2014 <sup>49</sup>	https://bioconductor.org/packages/
		release/bioc/html/DESeq2.html
Other		
Essential 8™ Medium	Gibco	Cat # A1517001
Iscove's modified Dulbecco's medium	Gibco	Cat #21980-032
Ham's F12	Gibco	Cat #21765-029
DMEM/F12	Gibco	Cat #21331-020
SR-RNU6-S1	ACDBio	Cat #727871-S1
SR-Scramble-S1	ACDBio	Cat #727881-S1
SR-mmu-miR-204-5p-S1	ACDBio	Cat #885551-S1
SR-hsa-145-5p-S1	ACDBio	Cat #727671-S1





### **RESOURCE AVAILABILITY**

### Lead contact

Further information and requests for resources and reagents should be directed to and will be fulfilled by the lead contact, Tomas Barta (tbarta@med.muni.cz).

### **Materials availability**

This study did not generate new unique reagents.

#### Data and code availability

- Bulk miRNA sequencing data have been deposited at GEO and are publicly available as of the date of
  publication. Accession numbers are listed in the key resources table. Individual data points from qPCR
  analysis have been deposited at Mendeley and are publicly available as of the date of publication. The
  DOI is listed in the key resources table.
- This paper does not report original code.
- Any additional information required to reanalyze the data deposited in this paper is available from the lead contact upon request.

### **EXPERIMENTAL MODEL AND STUDY PARTICIPANT DETAILS**

### hiPS cell lines

Neonatal dermal fibroblasts (purchased form Lonza, Product code: CC-2509) were reprogrammed using an Epi5™ Episomal iPSC Reprogramming Kit (Invitrogen) according to the manufacturer's instructions. hiPS cells (Neo5) were maintained in Essential 8 medium (Gibco) on Vitronectin-coated dishes and regularly passaged every ~ 4-5 days. hiPS cells between passages 40-60 were used in this study. Cell line characterization was done using flow cytometry analysis of SOX2 and OCT3/4 expression (Figure S5).

### **METHOD DETAILS**

#### **Retinal organoids generation**

Retinal organoids were generated using the previously reported protocols<sup>14,15</sup> with slight modifications. HiPS cells cultured in Essential 8 medium (Gibco) were seeded into a U-shaped, cell-repellent 96-well plate (5000 cells/well), (Cellstar). After 48 hours (day 0 of the differentiation process), the culture medium was changed to a growth factor-free chemically defined medium (gfCDM) containing 45% Iscove's modified Dulbecco's medium (IMDM, Gibco), 45% Ham's F12 (F12, Gibco), 10% KnockOut Serum Replacement (Gibco), 1% chemically defined lipid concentrate (Gibco), 1% Penicillin-Streptomycin Solution (Biosera), 10  $\mu$ M  $\beta$  mercaptoethanol (Sigma-Aldrich). On day 6, recombinant human BMP4 (Peprotech) was added to the culture to the final concentration 1.5 nM and then the medium was changed every third day. On day 18 of the differentiation process, gfCDM was changed to a NR medium containing DMEM/F12 (Gibco), 1% N-2 supplement (Gibco), 1% GlutaMAX supplement (Gibco), 10% foetal bovine serum (FBS; Biosera), 0.5 mM retinoic acid (Sigma), 0.1 mM Taurine (Sigma), 1% Penicillin- Streptomycin Solution (Biosera).

### **Photo-stimulation of retinal organoids**

Twelve hours before the photo-stimulation the retinal organoids were transferred to ultra-low attachment, black 96-well plate with a clear round bottom (Corning) into the fresh culture media (one organoid per well). The LED module was placed into a conventional tissue incubator and the 96-well plate containing the organoids was positioned onto the LED module and covered with a black lid. A source code that controls the individual LEDs was compiled and uploaded into the Arduino UNO microcontroller (https://www.arduino.cc) (Figure S1).

### **Electrophysiological recordings**

Electrophysiological recording were performed as described previously.<sup>14</sup> The organoids (at D180) were placed in artificial cerebrospinal fluid (aCSF), containing: 118 mM NaCl, 25 mM NaHCO<sub>3</sub>, 1 mM NaH<sub>2</sub>PO<sub>4</sub>, 3 mM KCl, 1 mM MgCl<sub>2</sub>, 2 mM CaCl<sub>2</sub>, 10 mM glucose, and 0.5 mM L-Glutamine. The aCSF was equilibrated with 95% O<sub>2</sub> and 5% CO<sub>2</sub>. The organoids were then longitudinally opened and placed with the presumed RGC layer facing down onto a 4096 channel multielectrode array (MEA). A translucent





polyester membrane filter (Sterlitech Corporation, Kent, WA) was used to flatten the organoids. The organoids were allowed to settle for a minimum of 2 hours. Recordings were performed on the BioCam4096 MEA platform with BioChips 4096S+ (3Brain GmbH, Lanquart, Switzerland). The platform contained 4096 square microelectrodes in a 64  $\times$  64 array configuration. Spike extraction was done using a quantile-based event detection method.<sup>42</sup> An automated spike sorting method for dense, large-scale recordings was used to sort single-unit spikes.<sup>43</sup> Statistical analysis and firing rate analysis were conducted using Prism (GraphPad) and MATLAB (MathWorks, Natick, MA). In order to elicit the strongest light-induced responses in organoids, we exposed them to white light pulses (pulsed light: 200 ms duration, 217  $\mu$ W/cm<sup>2</sup> intensity, 1 Hz frequency) for a period of 5 minutes, following a 5-minute recording of their spontaneous activity in darkness.<sup>44</sup> The RGC responses were sorted based on their main response polarity using the bias index (BI) calculation. To measure the BI, the relative amplitude of ON and OFF responses were determined (A1 and A2, respectively), and the formula (A1 - A2)/(A1 + A2) was used. cGMP (8-Bromoguanosine 3',5'-cyclic monophosphate, Sigma-Aldrich, St. Louis, MO) was puffed into the recording chamber at a final concentration of 100 µM. Activity was recorded continuously for 6 minutes, starting with the spontaneous activity recording (baseline, 2min) followed by the cGMP puff recording (2min) and a second baseline recording (2min).

### **RNA** isolation

Organoids were harvested in a dark room, maintaining a controlled luminous intensity ranging from 1.6 to 5 lx, as measured using the BH1750 light sensor (Adafruit, NYC, USA). Furthermore, the entire lysis procedure was performed within a time frame not exceeding 5 minutes. At least 6 organoids per sample were washed with phosphate-buffered saline (PBS), and were homogenized using a 1 ml insulin syringe in 300  $\mu$ l RNA Blue Reagent (an analogue of Trizol) (Top-Bio). After the addition of 1-bromo-3-chloropropane (Sigma-Aldrich) and centrifugation (21000 g, 15 minutes, 4°C), the cell lysates were separated into three layers. The top aqueous layer containing RNA was transferred to a new tube and precipitated by the addition of isopropanol, followed by 10 minutes incubation on ice and centrifugation (18000 g, 10 minutes, 4°C). RNA pellets were washed with 70% ethanol (8500 g, 10 minutes, 4°C), air-dried, solubilized in PCR grade water (Top-Bio). For reverse transcription quantitative real-time PCR (RT-qPCR), after the organoids were homogenized using a 1 ml insulin syringe in 300  $\mu$ l RNA Blue Reagent, Direct-zol<sup>TM</sup> RNA Microprep kit (Zymo Reseach) was used according to the manufacturer's instructions and as described previously.<sup>45</sup>

### **RT-qPCR** analysis

RNA was reverse transcribed using a High-Capacity cDNA Reverse Transcription Kit (Applied Biosystems). The RT product was amplified using the LightCycler 480 Real-Time PCR system (Roche) using PowerUp SYBR Green Master Mix (Applied Biosystems). Primer sequences are shown in Table S1. Data sets were normalized to the corresponding levels of GAPDH mRNA. To determine miRNA expression, the RNA was reverse transcribed (16°C, 30 minutes; 42°C, 30 minutes; 85°C, 5 minutes) using a TaqMan MicroRNA Reverse Transcription Kit (Applied Biosystems) using specific primers (Applied Biosystems), (Table S2). Reverse transcription products were then amplified using the LightCycler 480 Real-Time PCR system (95°C, 5 minutes; 95°C, 15 seconds; 60°C, 60 seconds; 40 cycles) using TaqMan Universal PCR Master Mix and specific probes for miRNAs (Applied Biosystems), (Table S2). Relative microRNA expression was determined using the  $\Delta\Delta$ Ct method and normalized to endogenous control *RNU6B*.

### Small RNA library preparation and sequencing

RNA quality was assessed using TapeStation 2200 (RNA Screen Tape; Agilent Technologies), and only the samples with RINe values  $\geq$  9 were used for library preparation. NEBNext Multiplex Small RNA Library Prep Set (New England Biolabs) was used to prepare the libraries for further sequencing according to the manufacturer's instructions. Briefly, 800 ng of total RNA were used to create size selected small RNA libraries (size selection with 6% PAGE gel). The sequencing was performed with a 2.0 pM library using the NextSeq® 500/550 High Output Kit v2.5 (75 cycles; Illumina).

### miRNAScope assay and immunohistochemistry

The organoids were fixed in 4% paraformaldehyde for 30 minutes at room temperature, washed three times with PBS, cryopreserved in 30% sucrose (Sigma Aldrich) in PBS overnight at 4°C, embedded in



Tissue-Tek O.C.T. Compound medium (Sakura), and sectioned on a cryostat (Leica CM1850) ( $\sim$ 10  $\mu$ m) using Superfrost Plus<sup>TM</sup> Adhesion Microscope slides (Epredia).

*In situ* hybridization (ISH) assay was performed using a miRNAscope<sup>TM</sup> HD (Red) Assay (ACDBio) following the fixed-frozen tissue sample protocol provided by the manufacturer. Briefly, the slides were washed with PBS to remove O.C.T. and treated with hydrogen peroxide (ACDBio) for 10 min at room temperature, followed by a 10-fold diluted (in PBS) Protease III treatment for 40 min at 40°C in a HybEZ Oven (ACDBio). Hybridization was performed using probes from ACDBio: SR-RNU6-S1 (positive control), SR-Scramble-S1 (negative control), SR-mmu-miR-204-5p-S1 (target) and SR-hsa-145-5p-S1 (target). Signal amplification and detection reagents (ACDBio) were applied sequentially and incubated in AMP 1, AMP 2, AMP 3, AMP 4, AMP 5, and AMP 6 reagents, for 30, 15, 30, 15, 30, 15 min, respectively. Before adding each AMP reagent, the samples were washed twice with the washing buffer (ACDBio). After probe hybridization and signal amplification, hybridization signals were visualized by chromogenic reactions using FastRed (ACDBio).

For immunofluorescent staining the sections were washed with PBS and blocked with 0.3% Triton X-100 (Sigma Aldrich), 5% normal goat serum (Sigma Aldrich) in PBS for 1 hour at room temperature in a humidified chamber. The primary antibodies were diluted in an antibody diluent containing PBS with 0.3% Triton X-100 and 1% bovine serum albumin (Sigma Aldrich) and applied to the sections overnight at 4°C in a humidified chamber. The following primary antibodies were used: Rhodopsin (SantaCruz, 1:200), S-Opsin (Abcam, 1:200), NeuN (CST, 1:200), PKC-alpha (SantaCruz, 1:200), and CRALBP (SantaCruz, 1:200). The sections were washed with antibody diluent, and secondary antibodies Goat anti-Mouse IgG Alexa 488 (Invitrogen, 1:1000) and Goat anti-Rabbit IgG Alexa 594 (Invitrogen, 1:1000) were applied for 1 hour at room temperature in a humidified chamber. The nuclei were stained with 1  $\mu$ g/mL DAPI in PBS for 4 minutes at room temperature and the sections were mounted using Fluoromount Aqueous Mounting Medium (Sigma Aldrich).

### Flow cytometry analysis

hiPS cells were characterized using a human pluripotent stem cell transcription factor kit (BD Biosciences). hiPS cells were dissociated using 0.5 mM EDTA in PBS and counted with a haemocytometer. The cells were then fixed using cytofix fixation buffer (BD Biosciences) and permeabilized in Perm/wash buffer (BD Biosciences), and then stained with Alexa Flour 647 Sox2 and PerCP-Cy5.5 Oct3/4 antibodies and their isotype controls (BD Biosciences) at RT for 30 min. The cells were washed with Perm/wash buffer and resuspended in PBS and were analysed immediately after labelling using BD FACSAria equipped with BD FACSDiva™ software (v. 6.1.3).

### QUANTIFICATION AND STATISTICAL ANALYSIS

### **RT-qPCR statistical analysis**

All the experiments consisted of at least three independent replicates, and each replicate was performed in triplicate. Individual data points are shown in each graph. p-values were calculated using the two-tailed Student's t-test. The corresponding significance level (p-value) is provided in each panel. All comparisons with p-value <0.05 were considered significant.

#### Small RNA-sequencing data processing

The quality of the raw sequencing data was assessed using FastQC (v0.11.9).<sup>46</sup> Minion and Swan (Kraken package, v16.098)<sup>47</sup> were used to scan and identify adaptor sequences which were subsequently removed by Cutadapt (v2.5).<sup>48</sup> Only adapter-containing reads were kept for further processing. The adapter-trimmed reads were further processed using the following steps: 1) removal of very low-quality read ends (Phred<5); 2) keeping only reads with a Phred score of 10 over at least 85% of the length; 3) only reads within 16-27 bp were kept as potential microRNA reads. The FASTX-Toolkit (v0.0.14)<sup>49</sup> was used for the quality filtering; the rest of the steps were performed using Cutadapt (v2.5)<sup>48</sup> bash scripting. The quality of the final pre-processed reads was assessed with overall mapping rates to the human reference genome (hg38),<sup>50</sup> and the general quality of the pre-processed reads was assessed using Bowtie (v1.3.1).<sup>51</sup> Reads mapping to rRNAs, tRNAs, snoRNAs, snRNAs, or YRNAs<sup>50</sup> with fewer mismatches than to miRNAs (miR-Base; v22.1)<sup>52</sup> were excluded. The raw microRNA expression levels were quantified using seqcluster (v1.2.8)<sup>53</sup> and seqbuster/miraligner (v3.5).<sup>54</sup> R (v3.6.3)<sup>55</sup> was used for further evaluation and visualization





of the data. Differential expression was calculated with DESeq2 (v1.24.0).<sup>56</sup> All data analysis and visualizations were conducted using R 3.4.458 with installed Bioconductor project software.<sup>57</sup> The following R packages were used to analyze and visualize the data: ggplot2,<sup>58</sup> pheatmap,<sup>59</sup> RColorBrewer,<sup>60</sup> ggstatsplot,.<sup>61</sup> The mirbase.db<sup>62</sup> package was used to cluster and visualize miRNAs into families and clusters. Functional miRNA annotation was performed using TAM 2.0 web server (http://www.lirmed.com/tam2/).<sup>63</sup> A list of non-significantly expressed miRNAs was submitted to the web server for the background analysis.