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Possible Association Between COVID-19 Vaccine and Myocarditis



Clinical and CMR Findings

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AS THE CORONAVIRUS DISEASE-2019 (COVID-19) OUTBREAK SPREAD ACROSS THE GLOBE, VACCINE development efforts were expedited. The U.S. Food and Drug Administration granted an emergent use authorization for 2 vaccines: the Pfizer-Bio Tech 2-dose vaccine and the Moderna 2-dose vaccine. Our knowledge regarding adverse reactions to these vaccines continues to grow. We present cardiac magnetic resonance (CMR) imaging findings in 4 cases of acute myocarditis that were temporally related to the receipt of COVID-19 vaccine and could raise the possibility of being associated with the vaccination (**Figures 1, 2, 3, 4, and 5**). CMR imaging used a specific institutional imaging protocol (see the following text) to evaluate for the presence of myocardial edema and nonischemic myocardial injury configuring the main criteria according to the updated Lake Louise criteria (**1**). To our knowledge, this is the largest case series to date with a comprehensive timeline description (**Figure 1**) and systematic CMR imaging evaluation of this potential adverse reaction to the COVID-19 vaccine. The fact that the 2 patients with prior COVID-19 infection developed symptoms following their first dose, and the 2 patients without prior COVID-19 infection developed symptoms following their second dose, raises interesting possibilities about a potential immune-boosting mechanism after prior immune exposure or priming.

CONCLUSIONS

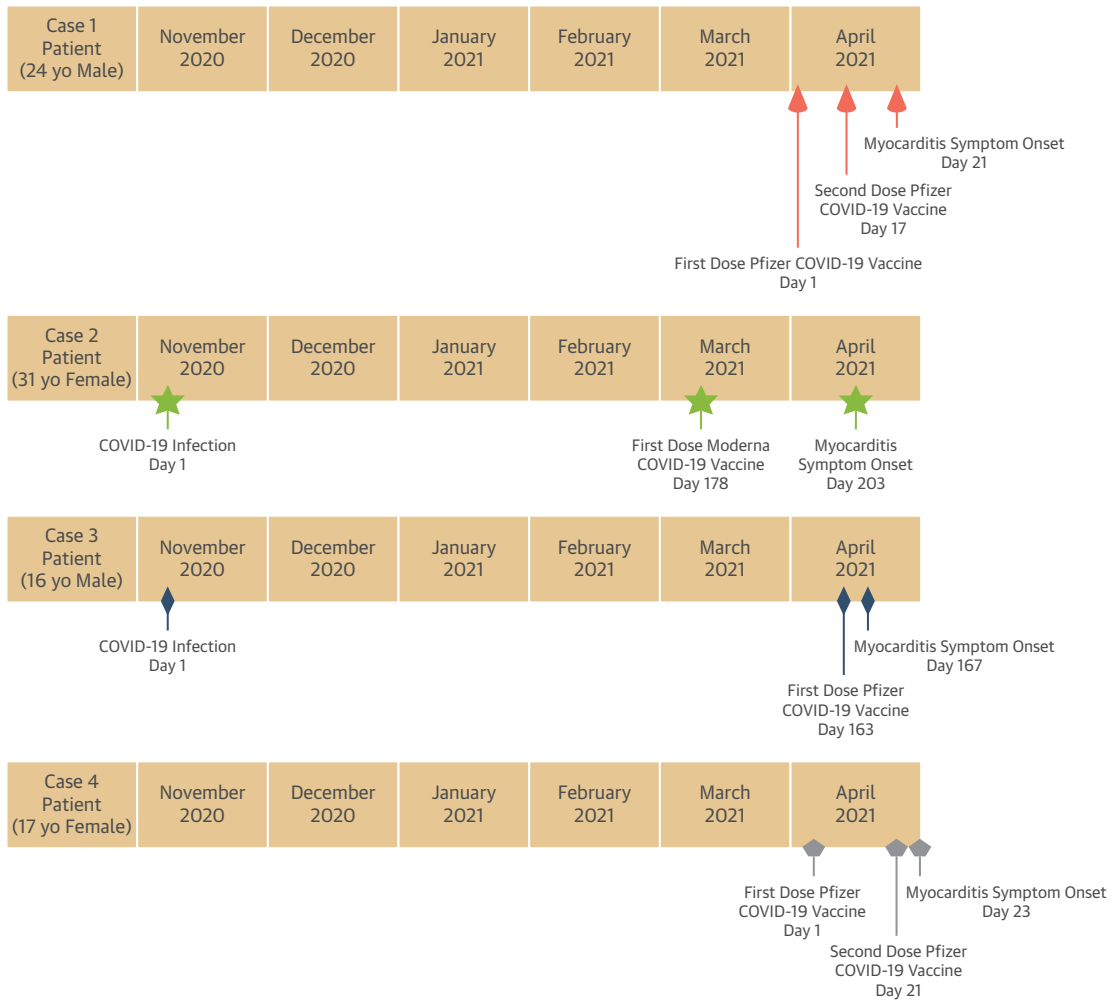
It is important to note that although our small case series raises the possibility of a potential association based on the close temporal relation between a clinical and CMR picture of myocarditis and vaccination, this does not prove that the COVID-19 vaccination was the cause of myocarditis, nor does it completely exclude spontaneously occurring myocarditis in these individuals. However, documenting such findings is important given that the Centers for Disease Control and Prevention and other regulatory agencies are now actively investigating this possible adverse reaction to the Pfizer-Bio Tech and Moderna COVID-19 mRNA-based vaccines. Larger studies that vigilantly evaluate such patients using advanced imaging techniques might help clarify any possible causative association.

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FIGURE 1 Timeline of Clinical Characteristics

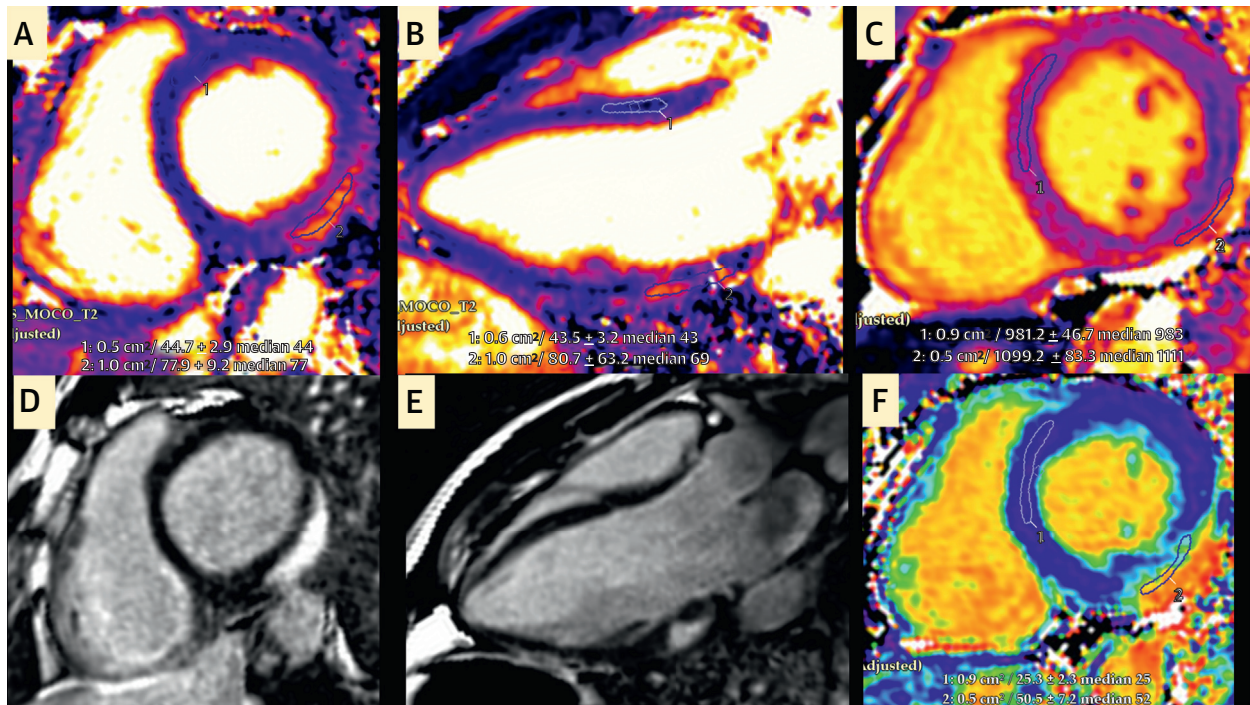


Timeline of documented COVID-19 infection (cases 2 and 3), COVID-19 vaccinations, and onset of symptoms of myocarditis (all cases). All CMR studies were performed according to our institutional protocol for suspected myocarditis using a MAGNETOM Aera 1.5 Tesla magnetic resonance imaging scanner (Siemens Healthineers) including motion-corrected, inline T₁ parametric mapping using MOLLI sequence; T₂ mapping (Myomaps, Siemens Healthineers); late gadolinium enhancement imaging using free-breathing motion-corrected phase-sensitive inversion recovery sequence, 10 min-15 min after single-dose (0.1 mmol/kg) of macrocyclic Gadobutrol (Gadavist, Bayer Healthcare LLC); and extracellular volume fraction mapping (WIP 1041B, Siemens Healthineers). Breath-held steady-state free precession cine imaging was used for all long- and short-axes, with standard segmentation with semiautomated contouring. All CMR studies were independently evaluated and regions of interest drawn at the site of myocardial injury and at the remote/healthy/uninvolved myocardium for reference. CMR = cardiac magnetic resonance; COVID-19 = coronavirus disease-2019.

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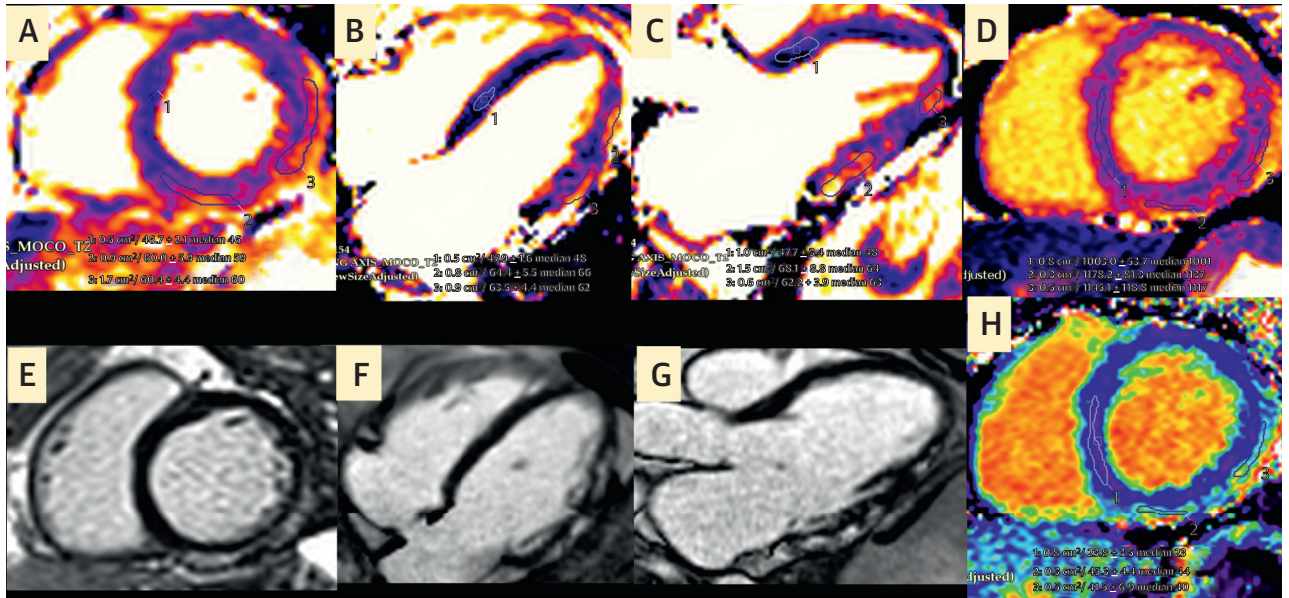
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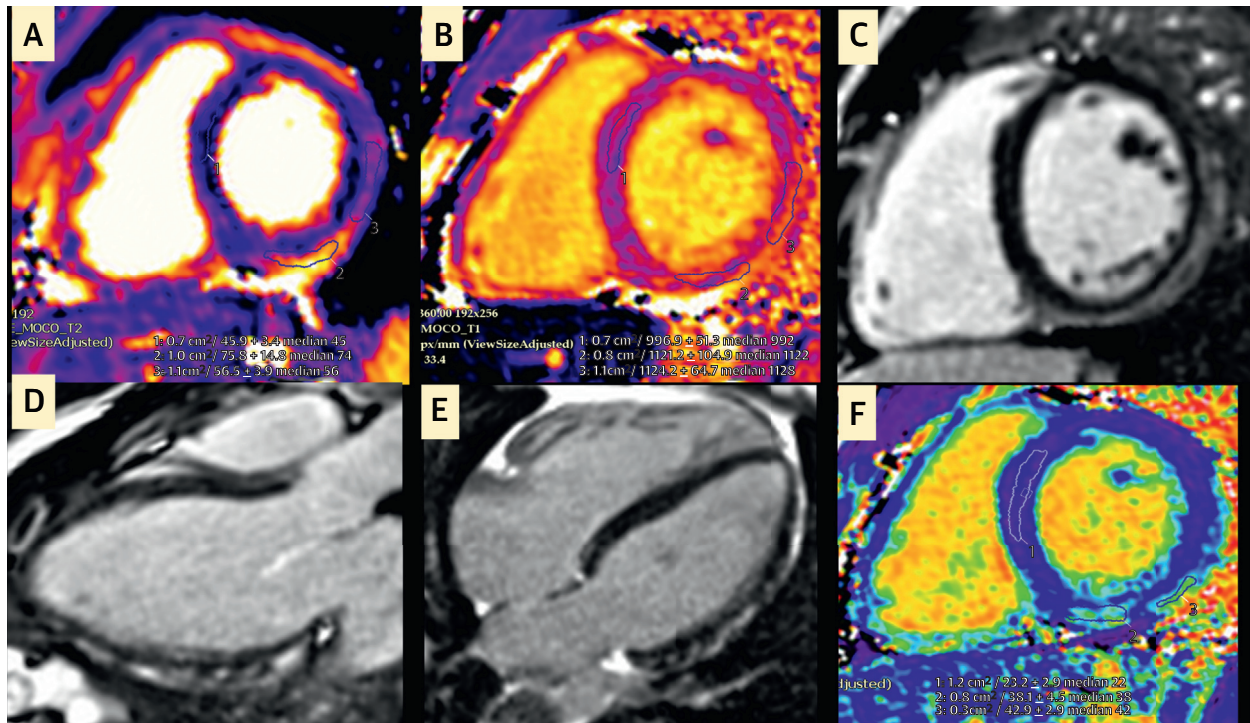
FIGURE 2 Cardiac Magnetic Resonance Imaging Demonstrating Acute Myocarditis in a 24-Year-Old Man

A 24-year-old man with no previous cardiac history developed chest pain 4 days following his second dose of the Pfizer coronavirus disease 2019 (COVID-19) vaccine. He had never had a prior COVID-19 infection. He presented to the emergency department where his COVID-19 antigen testing was negative, and his troponin I was elevated to 4.963 ng/mL (normal <0.034 ng/mL). An ischemic evaluation was negative. CMR demonstrated normal systolic function (left ventricular ejection fraction = 56%) with no regional wall motion abnormalities, pericardial effusion, thickening, or enhancement. On T₂ mapping (**A and B**) there was regional epicardial edema (median 69 ms-77 ms, normal <55 ms) and nonischemic myocardial injury on native T₁ (**C**) (1,111 ms, normal 950 ms-1,050 ms) localized to the basal inferolateral segment. This was confirmed as marked epicardial fibrosis on late gadolinium enhancement imaging (**D and E**), and regional interstitial expansion (**F**) seen on extracellular volume fraction mapping (52%, normal <28%) in the basal inferolateral segment. All of these findings support acute myocarditis according to the 2018 updated Lake Louise criteria.

FIGURE 3 Cardiac Magnetic Resonance Imaging Demonstrating Acute Myocarditis in a 31-Year-Old Woman

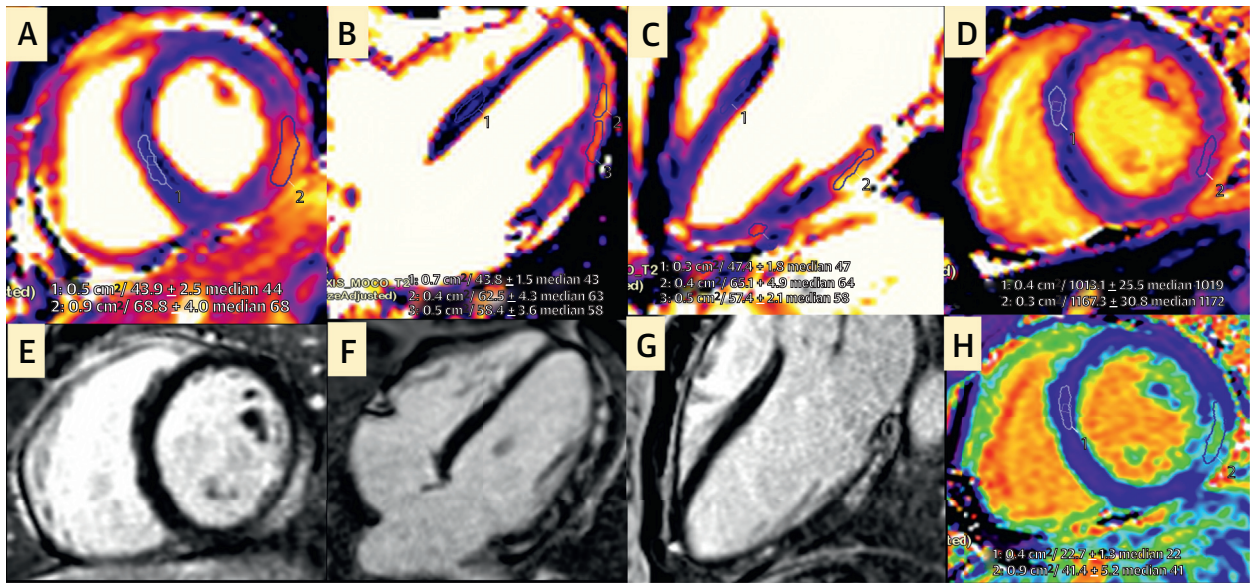


A 31-year-old woman with no previous cardiac history developed chest pressure 25 days after her first dose of the Moderna COVID-19 vaccine. She had a laboratory confirmed COVID-19 infection 7 months before. She presented to the emergency department where her COVID-19 antigen testing was negative, and her troponin I was elevated to 7.961 ng/mL (normal <0.034 ng/mL). An ischemic evaluation was negative. CMR demonstrated normal systolic function (LVEF = 57%) with no regional wall motion abnormalities, pericardial effusion, thickening, or enhancement. On T₂ mapping (A to C), there were skip areas of epicardial edema involving the basal inferior, basal, mid, and apical lateral segments (59 ms-66 ms, normal <55 ms) and nonischemic myocardial injury on native T₁ mapping (D) (1,117 ms-1,137 ms, normal 950 ms-1,050 ms). These areas matched those where epicardial fibrosis was observed on late gadolinium enhancement imaging (E to G) and interstitial expansion by extracellular volume fraction mapping (H) (40%-44%, normal <28%). All of these findings support acute myocarditis according to the 2018 updated Lake Louise criteria. Abbreviations as in Figure 1.

FIGURE 4 Cardiac Magnetic Resonance Imaging Demonstrating Acute Myocarditis in a 16-Year-Old Man

A 16-year-old man with no previous cardiac history developed chest pain 4 d following his first dose of the Pfizer COVID-19 vaccine. He had a laboratory-confirmed COVID-19 infection 5 mo before. He presented to the emergency department where his COVID-19 antigen testing was negative, and his troponin I was elevated to 4.35 ng/mL (normal <0.034 ng/mL). CMR demonstrated normal systolic function (left ventricular ejection fraction = 64%) with no regional wall motion abnormalities, pericardial effusion, thickening, or enhancement. On T₂ mapping (A), there were skip areas of epicardial edema involving the basal and mid inferior, inferolateral, and anterolateral segments (56 ms–74 ms, normal <55 ms) and nonischemic myocardial injury on native T₁ mapping (B) (1,122 ms–1,128 ms, normal 950 ms–1,050 ms). These areas matched those where epicardial fibrosis was observed on late gadolinium enhancement imaging (C to E) and interstitial expansion by extracellular volume fraction mapping (F) (38%–42%, normal <28%). All of these findings support acute myocarditis according to the 2018 updated Lake Louise criteria. Abbreviations as in Figure 1.

FIGURE 5 Cardiac Magnetic Resonance Imaging Demonstrating Acute Myocarditis In A 17-Year-Old Woman



A 17-year-old woman with no previous cardiac history developed chest pain 2 d following her second dose of the Pfizer COVID-19 vaccine. She did not have a known prior COVID-19 infection. She presented to the emergency department where her COVID-19 antigen testing was negative, and her troponin I was elevated to 5.41 ng/mL (normal <0.034 ng/mL). Her electrocardiogram demonstrated subtle ST-segment elevation of the anterior limb leads. CMR demonstrated mildly decreased systolic function (left ventricular ejection fraction = 54%) with extensive skip areas of epicardial and midwall edema on T₂ mapping involving the inferolateral and anterolateral segments (58 ms-68 ms, normal <55 ms) (A to C). There was corresponding nonischemic myocardial injury on T₁ mapping (D) (1,172 ms, normal 950 ms-1,050 ms) as well as on late gadolinium enhancement imaging (E to G) in a noncoronary distribution pattern, along interstitial expansion by extracellular volume fraction mapping (H) (41%, normal <28%). All of these findings support acute myocarditis according to the 2018 updated Lake Louise criteria.

REFERENCE

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KEY WORDS Cardiac MRI, COVID-19, myocarditis, vaccination