

# RGD-modified nanoliposomes containing quercetin for lung cancer targeted treatment

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**Purpose:** The aim of this study was to prepare RGD-modified nanoliposomes containing quercetin (QCT) distearoyl-L-a-phosphatidylethanolamine-polyethylene glycol 2000-RGD-liposomes ([DSPE]-PEG2000-RGD-LPs/QCT) for lung cancer targeting treatment.

**Methods:** The physicochemical parameters of (DSPE)-PEG2000-RGD-LPs/QCT were characterized in terms of the particle size, zeta potential, morphology, entrapment efficiency, drug loading, and in vitro release behavior. In vivo, pharmacokinetics and antitumor studies of prepared formulations were also evaluated.

**Results:** In this study, QCT was found to be easily dispersed in lipid solution and entrapped by the thin-film hydration method. The encapsulation ratio and drug loading of prepared LPs were  $89.2\% \pm 7.4\%$  and  $9.2\% \pm 1.3\%$  and the mean diameter was  $93.4 \pm 7.2$  nm from 3 batches. The results of in vitro experiments showed that the particle size of liposomes was suitable for the fenestrated vasculatures of cancer tissues via the enhanced permeability retention effect. In vitro, a relatively slow QCT release profile was observed in (DSPE)-PEG2000-RGD-LPs, and the release mechanism fit with the Higuchi equation better. In vivo imaging results indicated that RGD-modified LPs had very good tumor targeting ability. (DSPE)-PEG2000-RGD-LPs/QCT showed a significant antitumor activity in mice with A549 tumors.

**Conclusion:** Through this study, it was found that the RGD-modified LPs loaded with QCT could potentially be a very promising lung-targeted preparation.

**Keywords:** RGD, liposomes, quercetin, pharmacokinetic, antitumor studies

## Introduction

As the second leading cause of death after heart disease,<sup>1</sup> cancer includes a group of diseases characterized by irregular cell division and proliferation. Lung cancer is the most deadly type.<sup>2</sup> The main reason behind the dismal survival statistics is that most lung cancer patients are terminally ill and cannot be cured with existing therapies.<sup>3</sup> As far as we know, there is little information about quercetin (QCT) regulating the ultrastructural changes of lung cancer.

QCT, or 3, 3', 4', 5, 7-pentahydroxyflavone, 1 of the 6 subclasses of flavonoids, has a wide range of biological activities.<sup>4</sup> The antitumor, antiallergic, and anti-inflammatory effects of QCT have been extensively reviewed.<sup>5,6</sup> Their biological activities mainly include electron transfer of free radicals, the activation of antioxidant enzymes, and the ability to inhibit oxidative stress.<sup>7</sup> There is evidence that QCT is capable of targeting different types of cancer cells including those of leukemia, breast cancer, esophageal cancer, colon cancer, prostate cancer, nasopharyngeal carcinoma, endometrial cancer, and lung cancer.<sup>8,9</sup> The proliferation of these malignant cells may be inhibited by QCT; however, the exact molecular mechanisms underlying the effects of QCT are unknown. For the treatment of these pulmonary diseases, the required therapeutic agents must be

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taken for extended periods of time. Moreover, the long-term use of QCT may generate many undesirable side effects such as tubule adenoma, renal failure, and liver cancer.<sup>10,11</sup> In addition, QCT has low water solubility, poor absorption, and rapid metabolism (bioavailability of about 1%–5%),<sup>12</sup> all of which can produce in vivo results that differ from the powerful in vitro efficacy of QCT. Therefore, the loading of QCT in nanoscale droplets can improve its pharmacokinetic profile, and, with the use of ultrasound-triggered rupturing, enable effective drug delivery to provide anticarcinogenic effects.<sup>13,14</sup>

RGD is a short peptide containing arginine–glycine–aspartic acid and widely exists in the human body. The extracellular matrix and adhesion proteins in blood, including fibrinogen, fibronectin, and collagen, usually contain RGD sequences.<sup>15</sup> RGD peptide acts as a recognition site for integrins and their ligands, and allows for adhesion between mediated cells, extracellular matrix, and cells. In recent years, targeting angiogenesis has become an important topic in cancer research. It is generally believed that tumor growth, invasion, and metastasis are caused by angiogenesis. If the blood vessels feeding the tumor were insufficient, the tumor would be necrotic or apoptotic.<sup>16</sup> At the same time, molecular biological studies have shown that integrins exist on the cell surface and play an important role in tumor angiogenesis.<sup>17</sup> Integrin receptors, especially  $\alpha\text{v}\beta\text{3}$ , are highly expressed in some types of tumor cells and vascular endothelial tumor cells, but not in the normal vessels.<sup>18</sup> It is also indicated that exogenous RGD peptides can competitively inhibit the ligand binding of integrins, thus inhibiting angiogenesis and migration of tumor cells. At the same time, tumors can be target-marked and anticancer drugs can be target-delivered.<sup>19–21</sup> In the present work, we encapsulated QCT in nanoscale liposome using the lipid carriers. The surface morphology and particle size distribution were characterized. The drug loading (DL%), encapsulation ratio (ER%), and in vitro release of the drug were also studied. In addition, pharmacokinetics and antitumor studies of RGD-QCT liposomes were evaluated.

## Materials and methods

### Materials

QCT was purchased by Natural-Standard Biopharma Co., Ltd (Shanghai, People's Republic of China). Distearoyl-L-a-phosphatidylethanolamine (DSPE)-PEG2000-RGD was provided by the HuiJia Biopharma Co., Ltd (Xiamen, People's Republic of China). Soybean phosphatidylcholine, DSPE-PEG2000, and cholesterol were obtained from Sinopharm Chemical Reagent (Shanghai, People's Republic of China). A549 cell line was purchased from Kobai Biomedical Ltd.,

Co. (Nanjing, People's Republic of China). All other reagents were obtained from Sinopharm Chemical Reagent. Methanol and acetonitrile (chromatographic grade) were obtained from Sigma (Aldrich, St Louis, MO, USA). Deionized water used throughout the research was produced using a Milli-Q System (Millipore Corporation, Burlington, MA, USA).

### Animals

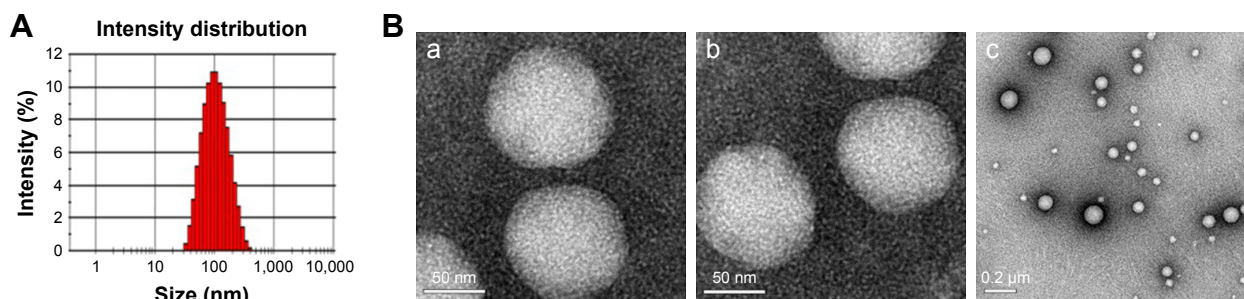
Experiments were carried out on rats weighing  $220\pm 20$  g and C57BL/6 mice weighing  $20\pm 2$  g. The animals were kept in cages in a room at a temperature of  $25^{\circ}\text{C}\pm 2^{\circ}\text{C}$ , with a 12:12 light–dark cycle. There was a free supply of food and water. All experiments were carried out in strict accordance with the rules of experimental animal care used by Chinese national health institutions.

### Preparation of liposomes

RGD-modified liposomes containing QCT were prepared by the thin-film hydration method as described previously.<sup>22</sup> Briefly, QCT, soybean phosphatidylcholine, (DSPE)-PEG2000-RGD, and cholesterol (molar ratio: 2, 55, 5, and 38, respectively) were dissolved in 5 mL of chloroform to form a mixed solution; then the organic solvent was removed under reduced pressure at  $40^{\circ}\text{C}$  by rotary evaporation to form a thin solid film on the inner walls of the round-bottomed flask. This film was then flushed with nitrogen for 30 minutes and stored overnight in a desiccator to remove any traces of chloroform. Glucose and mannitol (1:1, w/w) were dissolved in PBS (pH=7.4). The lipid film was then hydrated with 5 mL of PBS (pH=7.4) at  $55^{\circ}\text{C}$  by rotation (180 rpm  $\times$  0.5 hour) to form (DSPE)-PEG2000-RGD-LPs/QCT (Figure 1A, appearance morphology). For the preparation of different QCT LPs distearoyl-L-a-phosphatidylethanolamine-polyethylene glycol 2000-RGD-liposomes ([DSPE]-PEG2000-LPs/QCT; [DSPE]-PEG2000-RGD-LPs/QCT), a similar procedure was carried out.

### Characteristics

Nanoliposome morphology was observed with an optical microscope. In addition, high-resolution images were obtained of the lyophilized particles using a transmission electron microscope (Philips CM120, Philips, Amsterdam, the Netherlands). In practice, the LPs solution containing 0.1% (w/v) phosphotungstic acid was applied to the copper mesh carbon film and observed by electron microscopy at 80 kV. Particle size distribution and average diameter of (DSPE)-PEG2000-RGD-LPs/QCT were determined by dynamic light scattering using a NICOMP 380 Submicron Particle Sizer (Particle Sizing Systems, Santa Barbara, CA,



**Figure 1** (A) Particle size determined by DLS of (DSPE)-PEG2000-RGD-LPs/QCT; (B) transmission electron microscope of (DSPE)-PEG2000-RGD-LPs/QCT (a: day 0; b: 6 months later) (Ba and Bb magnification  $\times 20,000$ ; Bc magnification  $\times 100,000$ ).

**Abbreviations:** DLS, dynamic light scattering; (DSPE)-PEG2000-RGD-LPs/QCT, an RGD-modified nanoliposomes containing quercetin; QCT, quercetin.

USA) equipped with a 5 mW heliumneon laser at 632.8 nm. Zeta potential was measured on the same samples prepared for size analysis.

The QCT loading was determined as previously described.<sup>23</sup> Briefly, QCT was extracted from the LPs with methanol; then, the QCT concentration was determined at 254 nm using high-performance liquid chromatography method with a QCT calibration curve (1.0–10  $\mu\text{g/mL}$  concentration range). The calibration curve was  $A = 0.0654C + 0.0031$ ,  $r = 0.997$ . Then, DL% and ER% were calculated according to Eq (1) and Eq (2):

$$DL\% = \frac{W_M}{W_P + W_M} \times 100 \quad (1)$$

$$ER\% = \frac{W_M}{W_F} \times 100 \quad (2)$$

where  $W_p$  is the weight of the initial feeding polymer,  $W_M$  is the weight of drug incorporated in microspheres, and  $W_F$  is the weight of the initial feeding drug.

## Stability

The liposomes were stored for 6 months at 4°C and 20°C, respectively. The morphology and drug content of liposomes were detected regularly.

## In vitro release

The in vitro drug release from different formulations was determined in PBS (pH=7.4) containing 10% alcohol at the temperature of  $37^\circ\text{C} \pm 0.5^\circ\text{C}$ . Hundred milligram QCT-related formulations were filled into a dialysis bag (molecular weight cut-off =12,000) immersed fully in 18 mL of the release medium under magnetic stirring at 75 rpm. At the scheduled time points, 1 mL of the release medium was taken out and replaced with the same amount of fresh release medium.

The QCT contents were determined by the high-performance liquid chromatography method. All release experiments were carried out as triplicates. All measurements were used to calculate cumulative drug release. The release behavior of QCT in LPs was analyzed with the different release model.

## In vivo evaluation

All the in vivo experimental protocols were approved by the animal care committee of the Second Hospital of Anhui Medical University, and all experiments were conducted in strict accordance with the laboratory animal care and usage guidelines adopted by the National Institutes of Health (Hefei, People's Republic of China). The pharmacokinetics of QCT preparations was observed in 18 rats after intravenous administration. Rats were randomly divided into 3 groups, given a 5 mg/kg intravenous dose of QCT injection, (DSPE)-PEG2000-LPs/QCT, and (DSPE)-PEG2000-RGD-LPs/QCT via the tail vein. Blood samples (0.5 mL) were collected from the orbital cavity into heparinized tubes at 10 and 30 minutes and 1, 2, 4, 8, 12, 24, and 48 hours after intravenous administration. The blood was immediately processed for plasma by centrifugation at  $2,000 \times g$  for 10 minutes. Plasma samples were frozen at  $-70^\circ\text{C}$  until analysis.

## In vivo imaging in tumor-bearing mice

The noninvasive optical imaging systems were used to observe the real-time distribution of the functional targeting LPs in A549 cells of xenograft mice. DiR, a lipophilic near-infrared probe, was encapsulated into the LPs as a fluorescence probe at a dose of 0.1 mg/kg. For the preparation of different QCT LPs containing DiR, a similar process was carried out. Tumor-bearing mice models were built according to the previous report. In brief,  $1 \times 10^9$  A549 cells were suspended in 200  $\mu\text{L}$  Dulbecco's Modified Eagle's Medium and injected into the right forelimb flank of mice. When tumor volume reached  $\sim 100\text{--}150 \text{ mm}^3$ , mice were injected with free

QCT + DiR, DiR + (DSPE)-PEG2000-LPs/QCT, and DiR + (DSPE)-PEG2000-RGD-LPs/QCT (0.2 mg/kg) via the tail vein (3 each group). After anesthesia, the mice were scanned with the body image system (GelLogic 212 PRO, Carestream Health, Rochester, NY, USA) at 2, 4, 10, and 24 hours, and the systems were equipped with an excitation band-pass filter at 750 nm and an emission at 780 nm. The exposure time of the fluorescence images was 60 seconds.

## Antitumor efficacy in tumor-bearing mice

C57BL/6 mice were inoculated with A549 cells as described. The treatments began on the day when the tumor volume reached 100–150 mm<sup>3</sup>, which was the eighth day of the whole experiment. On day 8, the mice were randomly divided into four groups (blank LPs, QCT injection, [DSPE]-PEG2000-LPs/QCT, and [DSPE]-PEG2000-RGD-LPs/QCT) (n=10). A total of 10 mg/kg samples were injected intravenously via the tail vein every 3 days. Four administrations were carried out in total. During the study, the tumor size and body weight were measured 3 times a week. On the 30th day, the mice were sacrificed and the resected tumor weighed. The test drug administration procedure was as follows: weighing and first injection on day 0, 3, 9, and 12 and euthanasia on day 30. The diameter of tumor was measured using a digital caliper. The tumor volume (mm<sup>3</sup>) was calculated with the following formula: tumor volume = length × width<sup>2</sup> × 0.5. In the course of the study, rats were regularly weighed to monitor potential toxicity.

## Results and discussion

### Characteristics

As shown in Figure 1Ba and Bc, the surface morphology of (DSPE)-PEG2000-RGD-LPs/QCT was observed by transmission electron microscopy. The LPs were spherical, smooth and uniform in size, and suitable for intravenous administration. Various strategies, such as polymeric nanoparticles, microspheres, liposomes, and solid lipid nanoparticles,

were assessed for the sustained delivery of activated agents to the lungs. Peptide-modified target preparation has become a popular drug carrier system in recent years. In this study, water-insoluble reagents, such as QCT, were found to be easily dispersed in lipid solution and entrapped by the thin-film hydration method. The method is simple and reproducible with high entrapment efficiency and ideal DL. The ER% and DL% of prepared LPs were 89.2%±7.4% and 9.2%±1.3% (n=6), respectively, and the mean diameter was 93.4±7.2 nm for 3 batches. The polydispersity index was 0.14±0.02, and the zeta potential was -20.4±0.6 mV (Table 1). The results of in vitro experiments showed that the particle size of liposomes was suitable for the fenestrated vasculatures of cancer tissues through the enhanced permeability retention effect. In addition, compared with normal liposomes, the size of (DSPE)-PEG2000-RGD-LPs/QCT was not significantly affected by RGD modification. The zeta potentials of (DSPE)-PEG2000-RGD-LPs/QCT were negative due to the addition of DSPE-PEG2000. High ER% and DL% of drugs in LPs would help prevent the rapid leakage during the process of drug delivery and the accumulation of drug in tumor tissues.

### Stability

The stability data of (DSPE)-PEG2000-RGD-LPs/QCT showed that after storage at 4°C or room temperature 20°C for 6 months, the surface morphology and other physico-chemical properties of QCT had no notable changes (Table 1 and Figure 1Bb).

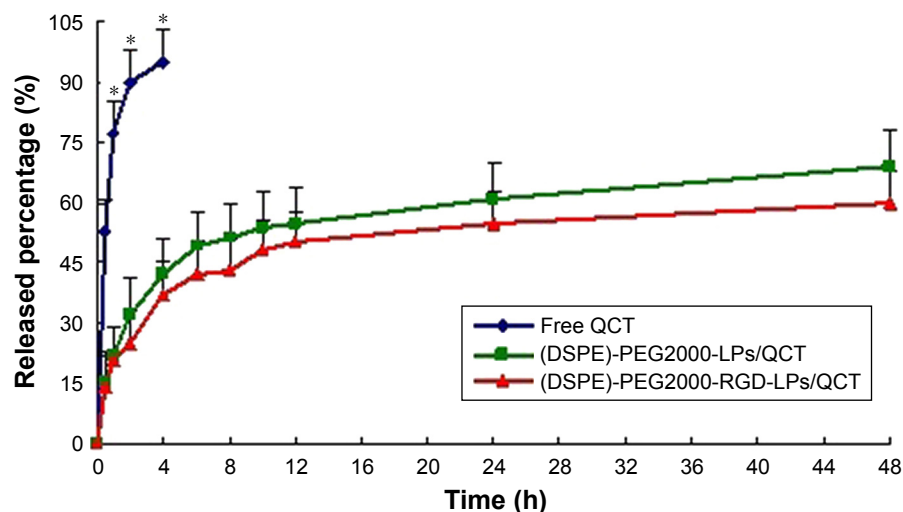
### In vitro release

The release behavior of QCT in different formulations in vitro was studied by the dialysis bag method. The release profiles of free QCT, (DSPE)-PEG2000-LPs/QCT, and (DSPE)-PEG2000-RGD-LPs/QCT were shown in Figure 2. We observed that the release of free QCT was rapid, while the cumulative release rates of the other 2 QCT liposomes

**Table 1** The characteristics and stabilities data of (DSPE)-PEG2000-RGD-LPs/QCT before and after storage at different temperatures (n=3)

Temperature	Time (months)	Particle size (nm)	Zeta potential (mV)	ER (%)	DL (%)	Polydispersity index
20°C	0	93.4±7.2	-20.4±0.6	89.2±7.4	9.2±1.3	<0.14
	1	93.7±6.8	-21.3±0.8	88.4±8.1	9.0±1.5	<0.16
	3	94.3±7.5	-21.7±0.5	87.7±6.9	9.1±1.2	<0.18
	6	95.2±8.1	-20.8±0.3	87.1±7.8	8.9±1.1	<0.19
4°C	1	93.9±6.2	-21.5±0.4	88.5±6.5	9.1±1.2	<0.16
	3	94.4±8.1	-21.6±0.1	88.1±6.3	9.2±1.4	<0.15
	6	95.1±6.3	-20.9±0.5	87.5±7.1	8.9±1.2	<0.18

**Abbreviations:** DL, drug loading; (DSPE)-PEG2000-RGD-LPs/QCT, an RGD-modified nanoliposomes containing quercetin; ER, encapsulation ratio; QCT, quercetin.



**Figure 2** The release profiles of free QCT, (DSPE)-PEG2000-LPs/QCT, and (DSPE)-PEG2000-RGD-LPs/QCT in PBS (pH 7.4) containing 10% alcohol at a temperature of  $37^{\circ}\text{C} \pm 0.5^{\circ}\text{C}$  ( $n=6$ ).

**Note:** \* $P < 0.05$ , vs (DSPE)-PEG2000-RGD-LPs/QCT.

**Abbreviations:** (DSPE)-PEG2000-RGD-LPs/QCT, RGD-modified nanoliposomes containing quercetin; QCT, quercetin.

were much slower, followed by a sustained release. In the free QCT group, 90% of QCT was released in the first 2 hours. In contrast, only 30% or 65% of QCT were released from (DSPE)-PEG2000-RGD-LPs/QCT within the initial 2 or 48 hours ( $P < 0.01$ ).

The kinetics of in vitro release was analyzed according to the zero-order, first-order, and diffusion controlled release mechanisms. As shown in Table 2, by analyzing the amount of drug released vs the square root of time, a relatively high correlation coefficient was obtained, indicating that the release followed the Higuchi kinetic model. The results showed that (DSPE)-PEG2000-RGD-LPs/QCT had good sustained release effect.

## In vivo evaluation

Pharmacokinetic studies were carried out in rats using different QCT formulations. The time course of the plasma concentrations of QCT injection, (DSPE)-PEG2000-LPs/QCT, and (DSPE)-PEG2000-RGD-LPs/QCT are summarized in Figure 3. Table 3 lists the pharmacokinetic

parameters calculated from the plasma drug concentration vs time profiles.

There were significant differences in half-life ( $t_{1/2}$ ), area under the curve ( $\text{AUC}_{0-t}$ ),  $\text{AUC}_{0-\infty}$ , mean residence time, and plasma clearance between the QCT injection and (DSPE)-PEG2000-RGD-LPs/QCT ( $P < 0.05$ ). As shown, after the single QCT injection, the plasma drug concentration quickly reached the maximum level ( $4,563.2 \pm 398.5$  ng/mL) in 10 minutes, before it decreased rapidly, leaving around 10% of the maximum concentration value 2 hours later. This implied that a rapid in vivo elimination of QCT existed in rats. In the case of intravenous administration, the in vivo profile of (DSPE)-PEG2000-LPs/QCT was smoother than the QCT injection group. The  $t_{1/2}$  and  $\text{AUC}_{0-\infty}$  of (DSPE)-PEG2000-LPs were 2.72-fold and 3.62-fold higher, respectively, compared with free drug. Therefore, it is reasonable to conclude that LPs could significantly extend the role of QCT in vivo (provide higher bioavailability). Meanwhile, (DSPE)-PEG2000-RGD-LPs/QCT provided higher  $\text{AUC}_{0-\infty}$ , mean residence time, and  $t_{1/2}$  when compared with (DSPE)-PEG2000-LPs/QCT. However, (DSPE)-PEG2000-RGD-LPs/QCT showed decreased clearance when compared with the (DSPE)-PEG2000-LPs/QCT. There was no significant difference in pharmacokinetic parameters between the 2 liposomes.

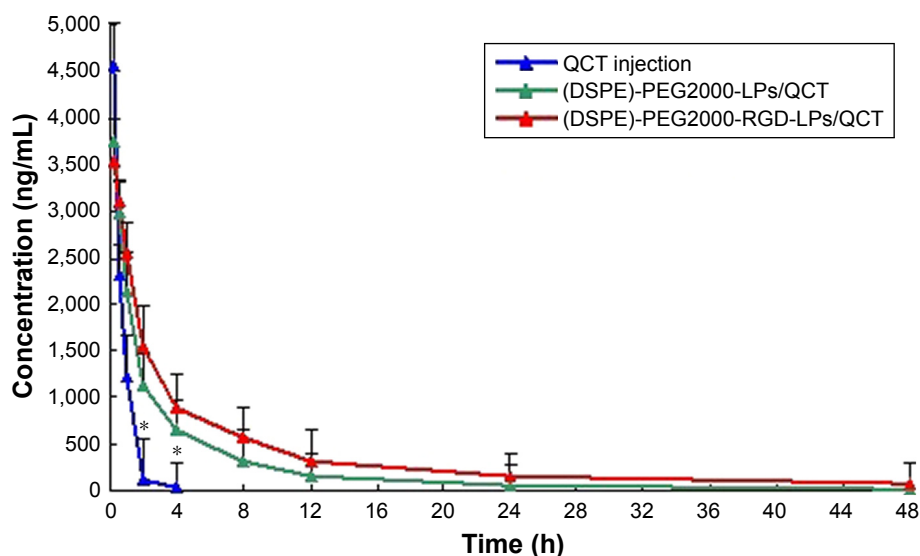
**Table 2** Dissolution kinetic parameters of QCT from (DSPE)-PEG2000-RGD-LPs/QCT ( $n=3$ )

Model	Formulations		Correlation coefficient (R)
	Equation		
Zero-order equation	$Q = 4.344t - 0.422$		0.9318
First-order equation	$\ln(1-Q) = 6.143t + 2.115$		0.9224
Higuchi	$Q = 5.941t_{1/2} - 1.953$		0.9924
Weibull's equation	$\ln(1/[1-Q]) = -3.261\ln t + 1.491$		0.9698

**Abbreviations:** (DSPE)-PEG2000-RGD-LPs/QCT, an RGD-modified nanoliposomes containing quercetin; QCT, quercetin.

## In vivo imaging in tumor-bearing mice

The biodistribution of (DSPE)-PEG2000-RGD-LPs/QCT was evaluated by in vivo fluorescence imaging, and Figure 4 shows the real-time imaging observation after intravenous administration of varying DiR formulations. Results showed that strong fluorescent signals were observed in blood



**Figure 3** Concentration–time curve of QCT in different formulations.

**Notes:** Free drug (blue line), (DSPE)-PEG2000-LPs/QCT (green line), and (DSPE)-PEG2000-RGD-LPs/QCT (red line) (n=6). \* $P < 0.05$ , vs (DSPE)-PEG2000-RGD-LPs/QCT. **Abbreviations:** (DSPE)-PEG2000-RGD-LPs/QCT, an RGD-modified nanoliposomes containing quercetin; QCT, quercetin.

circulation at the tumor site after administration of (DSPE)-PEG2000-RGD-LPs/QCT + DiR, and fluorescent signals remained at the tumor site for 24 hours. In contrast, the fluorescent signal of the (DSPE)-PEG2000-LPs/QCT + DiR group could not be detected at the tumor site at 24 hours. Free DiR was mainly distributed in the liver without any signal in the tumor site, suggesting that the free DiR was not specific to the tumor tissue. According to the experimental results, the high tumor targeting ability of (DSPE)-PEG2000-RGD-LPs/QCT + DiR might be related to the combination of enhanced permeability retention effect and receptor-mediated cell uptake. Although in vitro data provided an important preliminary background to the promotion of the potential use of RGD-modified QCT LPs, these results should be further confirmed and verified in vivo.

## Antitumor efficacy in tumor-bearing mice

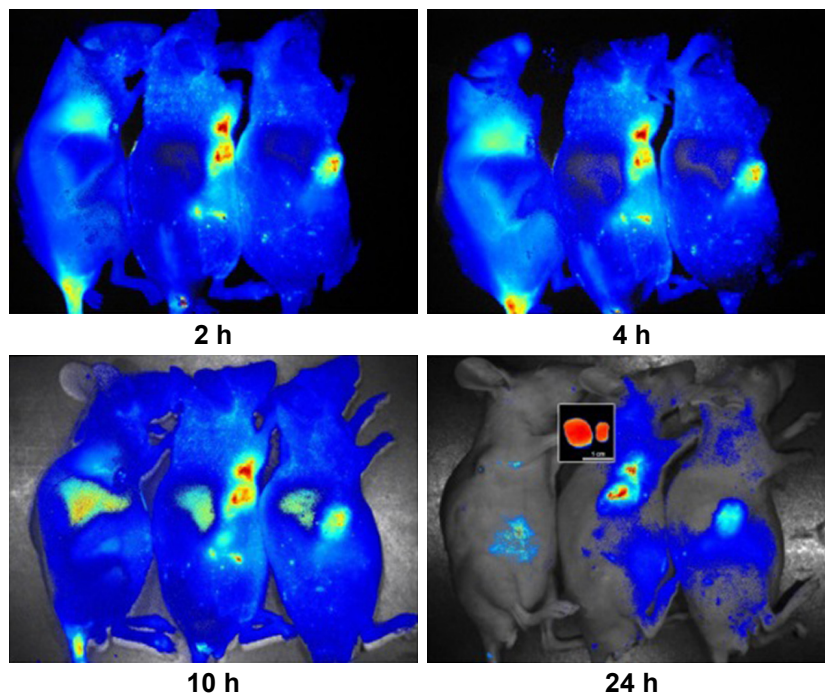
Figure 5 summarizes body weight changes and tumor volume changes after treatments with varying QCT formulations. Figure 5A shows tumor volume changes. (DSPE)-PEG2000-RGD-LPs/QCT-treated mice showed a significantly suppressed tumor growth and there was no recurrence after 30 days of treatment, while free QCT- and (DSPE)-PEG2000-LPs/QCT-treated groups, similar to the control group, showed ever-increasing tumor growth. As can be seen in Figure 5B, the body weight of mice in treatment groups did not decline significantly compared with blank LPs groups. Figure 6 exhibits the hematoxylin and eosin staining assay of hearts, livers, spleens, lungs, and kidneys in tumor-bearing mice. Compared with the control group, there was no obvious abnormality or organ damage after

**Table 3** Pharmacokinetic parameters of QCT after intravenous administration of QCT injection, (DSPE)-PEG2000-LPs/QCT, and (DSPE)-PEG2000-RGD-LPs/QCT to rats (n=6)

Parameter	Intravenous administration		
	QCT injection	(DSPE)-PEG2000-LPs/QCT	(DSPE)-PEG2000-RGD-LPs/QCT
$t_{1/2}$ (min)	31.4±7.9	82.5±8.6	92.6±7.3 <sup>a</sup>
AUC <sub>0-t</sub> (ng·min/mL)	3,251.4±332.4	11,330.6±1,126.5	12,789.6±1,226.5 <sup>a</sup>
AUC <sub>0-∞</sub> (ng·min/mL)	3,418.6±326.9	12,192.5±1,227.9	13,592.5±1,327.9 <sup>a</sup>
MRT (min)	29.5±3.5	64.7±7.4	72.9±4.6 <sup>a</sup>
CL (L/kg/min)	0.31±0.14	0.12±0.05	0.09±0.03 <sup>a</sup>

**Notes:** <sup>a</sup> $P < 0.05$ ; vs QCT injection; AUC<sub>0-t</sub>, area under the concentration–time curve from time 0 to the final measurable concentration.

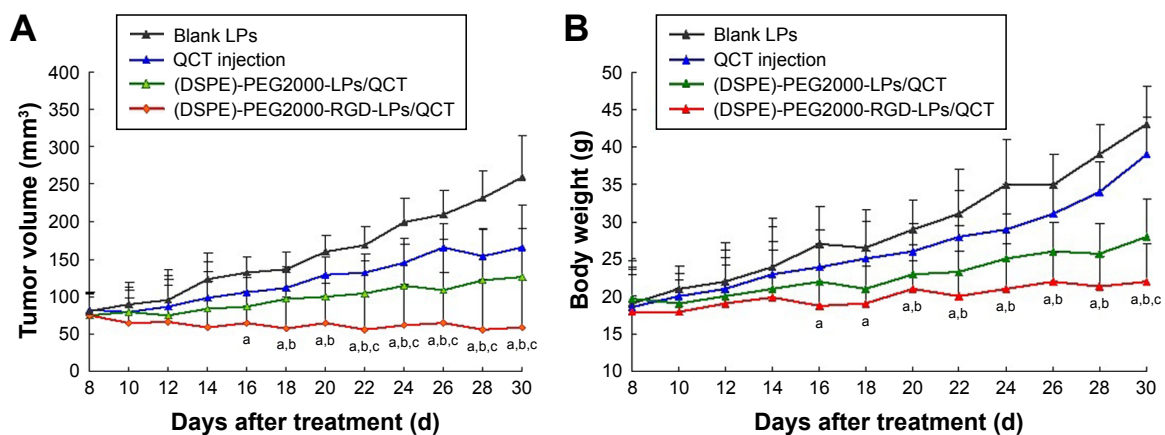
**Abbreviations:** AUC<sub>0-∞</sub>, area under the concentration–time curve pushed to infinity; CL, plasma clearance; (DSPE)-PEG2000-RGD-LPs/QCT, an RGD-modified nanoliposomes containing quercetin; MRT, mean residence time; QCT, quercetin;  $t_{1/2}$ , half-life.



**Figure 4** The real-time imaging observation after intravenous administration of varying DiR formulations. **Notes:** (Left) free QCT + DiR; (inset) DiR + (DSPE)-PEG2000-RGD-LPs/QCT; (right) DiR + (DSPE)-PEG2000-LPs/QCT. **Abbreviations:** (DSPE)-PEG2000-RGD-LPs/QCT, RGD-modified nanoliposomes containing quercetin; QCT, quercetin.

treatments with RGD-modified preparations. The sustained release of QCT from DSPE-PEG2000-LPs revealed its applicability as a drug delivery system that minimizes the exposure of healthy tissues and increases the accumulation of therapeutic drug in tumor sites. In lung cancers, the overexpression of cell surface receptors is often exploited for targeted delivery of therapeutics with ligand-/antibody-modified nano-drug delivery vehicles. The integrin ( $\alpha v \beta 3$ )

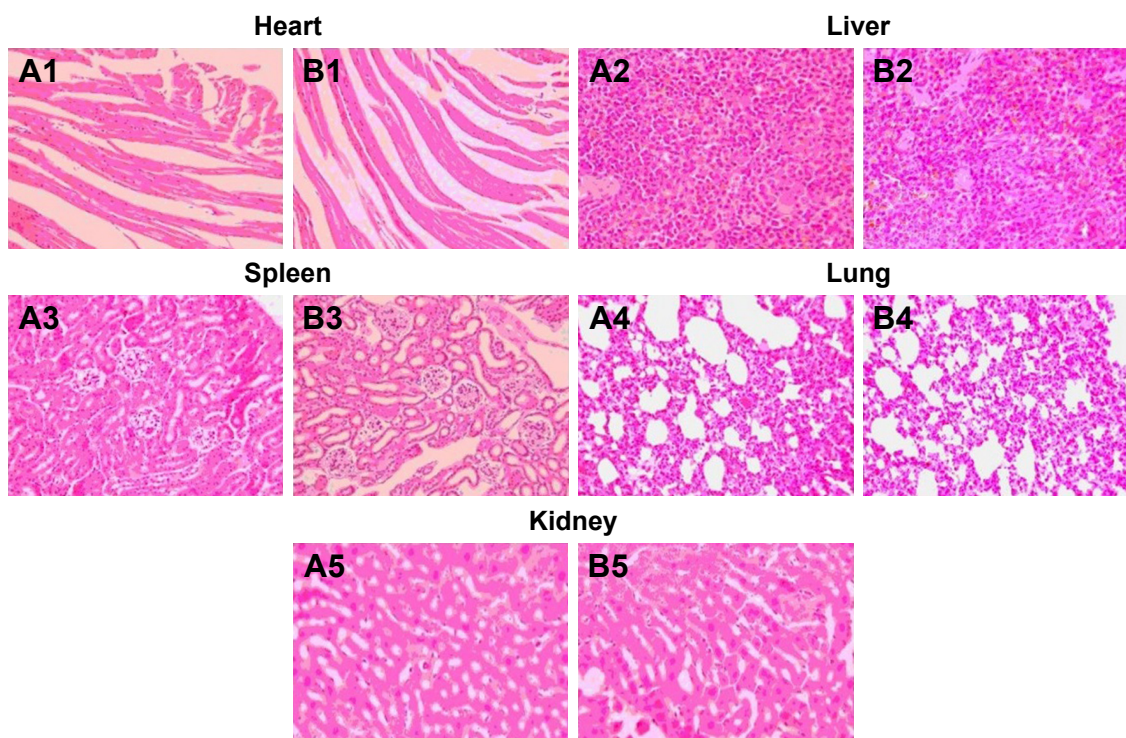
receptor is of particular interest, since its expression is high in tumor endothelium and tumor cells. Using RGD peptide to target integrin in tumor vascular endothelium is a well-known strategy to suppress angiogenesis and metastasis. The expression of integrins is relatively weak in normal cells. Overall, the results indicated that the RGD-modified QCT LPs could more significantly increase tumor inhibition ability compared with ordinary liposomes.



**Figure 5** Pharmacodynamic results.

**Notes:** (A) A549 xenograft tumor growth inhibition by QCT in different formulations. (B) Animal body weights. The body weights of treated animals were continuously monitored to investigate systemic cytotoxicity of QCT in different formulations. Data = mean  $\pm$  SD. (n=10). Here, <sup>a</sup>(DSPE)-PEG2000-RGD-LPs/QCT vs blank LPs ( $P < 0.05$ ); <sup>b</sup>(DSPE)-PEG2000-RGD-LPs/QCT vs QCT injection ( $P < 0.05$ ); <sup>c</sup>(DSPE)-PEG2000-RGD-LPs/QCT vs (DSPE)-PEG2000-LPs/QCT ( $P < 0.05$ ).

**Abbreviations:** (DSPE)-PEG2000-RGD-LPs/QCT, an RGD-modified nanoliposomes containing quercetin; QCT, quercetin.



**Figure 6** Histopathological studies of heart, liver, spleen, lung, and kidney.

**Notes:** (A1–5) Represents blank liposomes group; (B1–5) represents (DSPE)-PEG2000-LPs/QCT group.

**Abbreviations:** (DSPE)-PEG2000-RGD-LPs/QCT, an RGD-modified nanoliposomes containing quercetin; QCT, quercetin.

## Disclosure

The authors report no conflicts of interest in this work.

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