



Tbx15 Defines a Glycolytic Subpopulation and White Adipocyte Heterogeneity

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Tbx15 is a member of the T-box gene family of mesodermal developmental genes. We have recently shown that Tbx15 plays a critical role in the formation and metabolic programming of glycolytic myofibers in skeletal muscle. Tbx15 is also differentially expressed among white adipose tissue (WAT) in different body depots. In the current study, using three independent methods, we show that even within a single WAT depot, high Tbx15 expression is restricted to a subset of preadipocytes and mature white adipocytes. Gene expression and metabolic profiling demonstrate that the Tbx15^{Hi} preadipocyte and adipocyte subpopulations of cells are highly glycolytic, whereas Tbx15^{Low} preadipocytes and adipocytes in the same depot are more oxidative and less glycolytic. Likewise, in humans, expression of TBX15 in subcutaneous and visceral WAT is positively correlated with markers of glycolytic metabolism and inversely correlated with obesity. Furthermore, overexpression of Tbx15 is sufficient to reduce oxidative and increase glycolytic metabolism in cultured adipocytes. Thus, Tbx15 differentially regulates oxidative and glycolytic metabolism within subpopulations of white adipocytes and preadipocytes. This leads to a functional heterogeneity of cellular metabolism within WAT that has potential impact in the understanding of human metabolic diseases.

Over the past decade, it has become clear that adipose tissue and its contribution to metabolic syndrome are more complex than originally believed. Accumulation of visceral white adipose tissue (WAT) is associated with insulin resistance and increased risk of metabolic disease, whereas subcutaneous WAT may be protective against the development of metabolic disorders (1). We and others (2,3) have shown that differences in WAT depots are also marked by differential expression of developmental genes.

Tbx15 is a member of the T-box gene family of developmental genes and has an established role in skeletal formation (4). We have recently shown that in skeletal muscle, Tbx15 is highly and specifically expressed in glycolytic myofibers and regulates the metabolism of these myofibers (5). Furthermore, Tbx15 is differentially expressed among different WAT depots in both rodents and humans and is markedly downregulated in obesity (2). Genome-wide association studies have shown that a single nucleotide polymorphism near the TBX15 gene correlates with adiposity in patients of both European and African ancestry (6).

In the current study, we show that even within a single WAT depot, the adipocytes and preadipocytes are heterogeneous with high *Tbx15* expression in only a subset of cells. Metabolic profiling demonstrates that these Tbx15^{Hi} preadipocytes and adipocytes are highly glycolytic, whereas Tbx15^{Low} preadipocytes and adipocytes are more oxidative. Expression of *TBX15* also correlates to markers of glycolytic metabolism in human fat. Finally, we demonstrate that overexpression of Tbx15 is sufficient to drive an increase in glycolytic metabolism in cultured adipocytes. Thus, Tbx15 differentially regulates metabolism in

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Figure 1—Tbx15 is expressed in a subpopulation of white preadipocytes and is correlated with markers of glycolytic gene expression. Tbx15^{Low} and Tbx15^{Hi} cell lines are shown in blue and red, respectively. *A*: Expression level of *Tbx15* mRNA was compared using qPCR of RNA isolated from subcutaneous and perigonadal fat of 8-week-old male C57BL/6 mice. Data are shown as mean \pm SEM of four samples. *B*: Schematic of FACS sorting for Tbx15^{Hi} and Tbx15^{Low} preadipocytes. *C*: Representative FACS plot of LacZ (+) preadipocytes from the subcutaneous and perigonadal fat depots of Tbx15-LacZ male mice at 8–10 weeks of age. *D*: Quantitation of LacZ(+) preadipocytes from WT and Tbx15-LacZ male mice at 8–10 weeks of age. D: Quantitation of LacZ(+) preadipocytes from WT and Tbx15-LacZ male mice at 8–10 weeks of age. *D*: Quantitation of LacZ(+) preadipocytes from WT and Tbx15-LacZ male mice at 8–10 weeks of age. *D*: Quantitation of LacZ(+) preadipocytes from WT and Tbx15-LacZ male mice at 8–10 weeks of age. D: Quantitation of LacZ(+) preadipocytes from WT and Tbx15-LacZ male mice at 8–10 weeks of age. Data are shown as mean \pm SEM of three to six animals per group. *E*: qPCR analysis for *Tbx15*, *Pgc1a*, *Cox5b*, *Cox8b*, *Gapdh*, and *Hk2* in RNA isolated from Tbx15^{Hi} and Tbx15^{Low} preadipocytes. Data are shown as mean \pm SEM of three to six animals per group. *F*: Oil Red O Staining of Tbx15^{Hi} and Tbx15^{Low} adipocytes after in vitro differentiation. The photographs were taken at ×20 magnification. *G*: qPCR analysis for *Tbx15*, *AP2*, *Adipoq*, and *Ppary* in RNA isolated from Tbx15^{Hi} and Tbx15^{Low} adipocytes for *G*-1 α , *Cox8b*, Cox5b, *HK2*, and *Gapdh* in RNA samples from *G*. Asterisks indicate significant differences in all panels: **P* < 0.05; ***P* < 0.001; *****P* < 0.0001. PG, perigonadal; SC, subcutaneous; SVF, stromal vascular fraction; WT, wild type.

white adipocytes and leads to a functional heterogeneity in white fat cells similar to that found among muscle fibers.

RESEARCH DESIGN AND METHODS

Animals and Diets

C57BL/6 mice (The Jackson Laboratory), *Tbx*15-LacZ mice on a mixed genetic background (4), and Immortomouse (7) were housed with a 12-h light/dark cycle in a temperaturecontrolled room and allowed ad libitum access to water and food (Mouse Diet 9F 5020; PharmaServ). Animal care and study protocols were approved by the Animal Care Committee of Joslin Diabetes Center in accordance with National Institutes of Health guidelines.

Immunofluorescence and In Situ Hybridization

Immunofluorescence using an anti-Tbx15 antibody (8) and fluorescence in situ hybridization (9) were performed as described previously. Regions corresponding to 1,815-2,600 bp of *Tbx15* mRNA and 39–796 bp of *Adipoq* mRNA were cloned into PCRII-TOPO as probe templates. The *Tbx15* probe was labeled by incorporation of uridine-5'-triphosphate-digoxigenin, and the *Adipoq* probe was labeled by incorporation of uridine-5'-triphosphate-biotin. Probes were detected with Alexa Fluor 488 and 594 Tyramine signal amplification kits (Thermo Fisher).

Preadipocyte Isolation, Immortomouse Clonal Cell Lines, and Cell Culture

Preadipocytes were isolated, grown, and differentiated as previously described (10). Preadipocytes were plated, expanded,



Figure 2-Clonal preadipocyte lines display differences in oxidative and glycolytic metabolism defined by Tbx15 expression. A: qPCR analysis for Tbx15 mRNA in Immortomouse subcutaneous preadipocyte clonal cell lines. Tbx15^{Low} and Tbx15^{Hi} cell lines are shown in blue and red, respectively. B: qPCR analysis for Tbx15 mRNA in Immortomouse preadipocyte clonal cell lines after 4 days of in vitro differentiation. Markers of adipocyte differentiation Adipoq and Ppary, markers of oxidative metabolism Pgc1 α and Cox8b, and markers of glycolytic metabolism HK2 and Gapdh were measured. Data are shown as mean ± SEM of 3–15 cell lines per group. C: qPCR analysis for Tbx15 mRNA in Immortomouse clonal preadipocyte cell lines after 4 days of in vitro differentiation. Markers of brown fat Ucp1, Tbx1, and Pat2; markers of brite fat Tmem26 and P2RX5; and markers of white fat Leptin and SIc7a10 were measured. D: Representative picture of Immortomouse clonal preadipocyte cell lines and media 48 h after last media change. All wells are 100% confluent, and circled wells indicate Tbx15^{Hi} Immortomouse clonal cell lines. E: Basal and maximal respiration of Tbx15^{Low} and Tbx15^{Hi} Immortomouse clonal cell lines after 4 days of in vitro differentiation were determined by calculating the area under the curve during measurements of OCR. Maximal OCR was measured after treatment with 1 µmol/L carbonyl cyanide p-[trifluoromethoxy]-phenyl-hydrazone. The whole experiment was repeated three times. Data are shown as mean ± SEM of 3–15 cell lines per group. F: Basal and maximal ECARs of Tbx15^{Low} and Tbx15^{Hi} Immortomouse clonal cell lines after 4 days of in vitro differentiation were determined by calculating the area under the curve during measurements of basal and maximal ECAR. Maximal ECAR was measured after treatment with 1 µmol/L oligomycin. The whole experiment was repeated three times. Data are shown as mean ± SEM of 3–15 cell lines per group. G: Ratio of basal and maximal ECAR to OCR of Tbx15^{Low} and Tbx15^{Hi} Immortomouse clonal cell lines after 4 days of in vitro differentiation. Asterisks indicate significant differences in all panels: *P < 0.05; **P < 0.01.

stained with fluorescein di(β -D-galactopyranoside), and sorted, as previously described (11). Immortomouse clonal lines were created from the subcutaneous fat of a single 8-week-old male mouse. The stromal vascular fraction was isolated, plated, and grown at 33°C in media supplemented with 10 units/mL interferon- γ . A total of 190 individual cells was FACS sorted and grown to clonal cell lines. Twenty of the reproducibly adipogenic cell lines were chosen for further analyses.

Metabolic Analysis

Oxygen consumption rates (OCRs) and extracellular acidification rates (ECARs) were measured using the XF^e24 Extracellular Flux Analyzer as previously described (8) using glucose (10 mmol/L), Glutamax (2 mmol/L), and sodium pyruvate (1 mmol/L) as the substrate.

Retroviral and Lentiviral Infection

Tbx15 was stably overexpressed in 3T3-L1 cells using a pBABE-puro retrovirus (8) and knocked down in 3T3-L1

cells by lentiviral short hairpin RNA as previously described (5).

Oil Red O Staining and Triglyceride Quantification

Oil Red O staining and triglyceride quantification were performed as previously described (8).

Human Studies

Gene expression was examined in fat samples obtained from 65 previously described human patients (12). All study protocols have been approved by the Ethics Committee of the University of Leipzig (363–10–13122010 and 017–12–230112).

Statistics

All differences were analyzed by ANOVA or Student *t* test if normally distributed. A Wilcoxon *t* test was used for data that were not normally distributed. Results were considered significant if *P* was <0.05.



Figure 3—Tbx15 is expressed in a subpopulation of subcutaneous white adipocytes. *A*: Representative images of fluorescence in situ hybridization for *Tbx15* and *Adipoq* in subcutaneous and perigonadal fat of 8-week-old male C57BL/6 mice. Nuclei were counterstained with DAPI. The photographs were taken at ×10 magnification. *B*: Quantitation of *Adipoq*-positive adipocytes that stain positive for *Tbx15* in subcutaneous and perigonadal fat of 8-week-old male C57BL/6 mice as assessed by fluorescence in situ hybridization. Data are shown as mean \pm SEM of three animals per group. *C*: Representative images of immunofluorescence for Tbx15 and Perilipin in the subcutaneous fat and perigonadal fat of an 8-week-old C57BL/6 male mouse. Nuclei were counterstained with DAPI. The photographs were taken at ×10 magnification. *D*: Quantitation of Perilipin-positive adipocytes that stain positive for Tbx15 in the subcutaneous fat and perigonadal fat of an 8-week-old C57BL/6 male as assessed by immunofluorescence. Samples were scored by three independent, blinded reviewers. Data are shown as mean \pm SEM of three animals per group. Asterisks indicate significant differences in all panels: **P* < 0.05; ***P* < 0.01.



Figure 4—Expression of *TBX15* in human adipose tissue is correlated adiposity and markers of glycolytic metabolism. *A* and *B*: Total of 65 subjects (37 males and 28 females) ranging from lean to obese with variable BMI was subjected to visceral and subcutaneous adipose tissue biopsies. Gene expression of *TBX15*, *HK2*, and *GAPDH* was assessed in both fat depots by qPCR. Blue and red circles represent male and female subjects, respectively. *C*: qPCR analysis for *Tbx15* mRNA was compared between 3T3-L1 cells stably transfected with pBABE-Empty and pBABE-Tbx15 retroviral vectors after adipocyte differentiation. Data are mean \pm SEM of six independent samples. *D*: Basal and maximal OCRs of pBABE-Empty and pBABE-Tbx15 3T3-L1 adipocytes was determined by calculating the area under the curve during measurements of OCR. Maximal respiration was measured after treatment of adipocytes with 1 μ mol/L carbonyl cyanide p-[trifluoromethoxy]-phenyl-hydrazone. Data are shown as mean \pm SEM of 10 cell lines per group, and the experiment was repeated three

We have previously observed that Tbx15 is more highly expressed in subcutaneous than visceral WAT (2) and also much higher in subcutaneous preadipocytes compared with perigonadal preadipocytes (10). Indeed, Tbx15 mRNA levels were \sim 60-fold higher in subcutaneous WAT compared with perigonadal WAT of 8-week-old C57BL/6 mice (Fig. 1A). To determine if this difference in expression of *Tbx15* among different fat depots was because of an increase of Tbx15 in all subcutaneous fat cells or to the presence of a subpopulation of cells with high Tbx15 expression, we FACS sorted preadipocytes isolated from fat pads of Tbx15-LacZ reporter mice. Preadipocytes (negative for Ter¹¹⁹, CD45, and CD31 and positive for SCA1 and CD34) (13) were collected and further sorted for Tbx15 by staining cells with fluorescein di(β -D-galactopyranoside), which is cleaved by β -galactosidase (encoded by the LacZ gene) to release fluorescein isothiocyanate (Fig. 1B).

Consistent with the low levels of Tbx15 in perigonadal fat (2,10), Tbx15^{Hi} preadipocytes were virtually absent in perigonadal fat. By contrast, $\sim 5\%$ of preadipocytes from subcutaneous fat were Tbx15^{Hi} (Fig. 1*C* and *D* and Supplementary Fig. 1A). Quantitative real-time PCR (qPCR) analysis of mRNA from these cells confirmed a six-fold higher level in the expression of Tbx15 compared with Tbx15^{Low} preadipocytes. The Tbx15^{Hi} preadipocytes demonstrated 50-80% lower levels of expression of markers of oxidative metabolism, including Pgc1a and cytochrome c oxidase subunits 8b and 5b (Cox8b and Cox5b). Conversely, Tbx15^{Hi} adipocytes showed 60-120% increases in the markers of glycolytic metabolism hexokinase 2 (HK2) and Gapdh (Fig. 1E). The expression of other markers of oxidative phosphorylation, glycolytic metabolism, and the pentose phosphate pathway was not changed (Supplementary Fig. 1B).

Oil Red O staining and quantitation of triglyceride accumulation revealed no morphological differences between Tbx15^{Hi} and Tbx15^{Low} adipocytes after differentiation (Fig. 1*F*). qPCR analysis of differentiated adipocytes confirmed 4.5-fold higher levels of Tbx15 mRNA in Tbx15^{Hi} versus Tbx15^{Low} adipocytes but similar levels of markers of adipogenic differentiation (Fig. 1*G*). However, like the preadipocytes, Tbx15^{Hi} adipocytes had ~30–70% lower levels of oxidative metabolism markers *Pgc1a*, *Cox5b*, and *Cox8b* and ~20–140% higher levels of the glycolytic metabolism markers *HK2* and *Gapdh* (Fig. 1*H*). Furthermore, Tbx15^{Hi} adipocytes had a trend toward decreasing markers of brown/brite fat compared with Tbx15^{Low} adipocytes (Supplementary Fig. 1*C*). Thus, Tbx15 expression marks a distinct subpopulation of preadipocytes and white adipocytes with high expression of markers of glycolytic metabolism and low expression of markers of oxidative metabolism.

To further investigate how heterogeneity in Tbx15 expression affects the adipocyte biology, we isolated single preadipocytes by FACS and created conditionally immortalized clonal adipogenic cell lines from the WAT of an Immortomouse (7). qPCR analysis demonstrated that 17 of these clonal cell lines had relatively low expression of Tbx15 mRNA (Tbx15^{Low}), whereas 3 of these cell lines had expression levels approximately five-fold higher (Tbx15^{Hi}) (Fig. 2A). This higher level of *Tbx15* persisted after adipogenic differentiation, whereas lipid accumulation and the expression of markers of differentiation were unchanged (Fig. 2*B*). However, like the primary adipocytes, these Tbx15^{Hi} adipocytes had \sim 70% lower expression of *Pgc1a* and \sim 30% reduction in *Cox8b* compared with Tbx15^{Low} adipocytes. In contrast, in these immortalized cells, there were no differences in the expression of glycolytic enzymes or expression for markers of brown, brite, or white fat (14) (Fig. 2B and C).

During culture of these clonal cell lines, we observed differences in media acidification (ranging from pH 8.4 to 6.2) visualized by the color of the media (Fig. 2D). Lactic acid production, an end product of glycolysis, contributes to media acidification (15). The highly glycolytic Tbx15^{Hi} cell lines (circled wells) all demonstrated high media acidification rates with an average pH of 6.4, whereas the Tbx15^{Low} cells exhibited a mixture of high and low acidification rates and had an average pH of 7.2. Seahorse flux analysis confirmed these metabolic differences with a 35-40% reduction in basal and maximal OCRs and 50-65% higher basal and maximal ECARs in Tbx15^{Hi} versus Tbx15^{Low} preadipocytes (Fig. 2E and F). This resulted in an approximately three-fold increase in the ratio of ECAR/OCR in Tbx15^{Hi} cells, indicating a shift from oxidative to glycolytic metabolism (Fig. 2G). Treatment with known inducers of thermogenic markers in brite adipocytes, including treatment with 3.3 nmol/L BMP7 for 3 days prior to differentiation (16) and acute treatment with 10 µmol forskolin for 4 h (17), resulted in no differences in *Ucp1* expression between Tbx15^{Hi} and Tbx15^{Low} adipocytes. Although forskolin treatment was able to markedly upregulate Ucp1 expression in both Tbx15^{Hi} and Tbx15^{Low} adipocytes, expression levels of *Ucp1* in these cells remained 50-fold lower than those observed in brown adipocytes (Supplementary Fig. 2).

times. *E*: Basal and maximal ECAR of pBABE-Empty and pBABE-Tbx15 adipocytes was determined by calculating the area under the curve during measurements of basal and maximal ECAR. Maximal ECAR was measured after treatment of adipocytes with 1 μ mol/L oligomycin. The whole experiment was repeated three times. Data are shown as mean \pm SEM of 10 cell lines per group, and the experiment was repeated three times. *F*: Ratio of basal and maximal ECAR to OCR of pBABE-Empty and pBABE-Tbx15 adipocytes after in vitro differentiation. *G*: qPCR analysis for *Gapdh*; *HK2*; glucose-6-phosphate isomerase (*Pgi1*); phosphofructokinase, muscle (*Pfkm*); phosphofructokinase, platelet (*Pfkp*); 6-phosphofructo-2-kinase/fructose-2,6-biphosphatase 3 (*Pfkb3*); triosephosphate isomerase (*Tpi1*); enolase (*Enol1*); pyruvate kinase1 (*Pkm1*); *Pgc1a*; and *Cox5b* in RNA isolated from pBABE-Empty and pBABE-Tbx15 adipocytes after in vitro differentiation. Data are shown as mean \pm SEM of six independent samples. Asterisks indicate significant differences in all panels: **P* < 0.05; ***P* < 0.01; ****P* < 10⁻⁴.

Heterogeneity of Tbx15 expression in white adipocytes was also observed in vivo. Compared with adiponectin expression, a marker of all mature white adipocytes, fluorescence in situ hybridization demonstrated that Tbx15 could be detected in only \sim 25% of mature adipocytes in subcutaneous WAT and was virtually absent in adipocytes in perigonadal WAT (Fig. 3A and B). Similarly, immunofluorescence demonstrated that Tbx15 protein was not uniformly expressed, but was expressed in \sim 30% of subcutaneous adipocytes and in only \sim 7% perigonadal adipocytes (Fig. 3*C* and *D*). Although Tbx15 is expressed in preadipocytes, >95% of Tbx15-positive cells were also positive for adiponectin, presumably reflecting higher numbers of adipocytes to preadipocytes in the mature fat pad. These results correlate with the differential Tbx15 expression between these depots and demonstrate that Tbx15 expression defines adipocyte subpopulations within a single fat depot.

In human adipose tissue, TBX15 mRNA expression in adipose tissue was negatively correlated with BMI in both males and females. This was true of mRNA expression from both subcutaneous fat and visceral fat. Furthermore, TBX15 expression was significantly correlated with GAPDH and HK2 expression in both the visceral and subcutaneous WAT of males, with similar trends found in the subcutaneous WAT of females (Fig. 4A and B). To more directly investigate if Tbx15 directly regulates oxidative and glycolytic metabolism, we used a pBABE retrovirus to stably overexpress Tbx15 in a 3T3-L1 cell line, pBABE-Tbx15. These cells had a 25-fold overexpression of Tbx15 at the mRNA level (Fig. 4*C*). As we have previously reported (18), Seahorse flux analysis confirmed pBABE-Tbx15 cells had a 40-45% reduction in basal and maximal OCRs (Fig. 4D). pBABE-Tbx15 cells also have a 30% higher maximal ECAR that was fully suppressed by addition of 2-deoxyglucose (Fig. 4E and Supplementary Fig. 3A and B). These changes led to an approximately two-fold increase in the ratio of ECAR/ OCR in pBABE-Tbx15 cells, indicating a shift from oxidative to glycolytic metabolism (Fig. 4F), as well as the change in the expression of enzymes that regulate glycolysis and oxidative phosphorylation (Fig. 4G and Supplementary Fig. 3C). In contrast, stable lentiviral reduction of Tbx15 in 3T3-L1 cells (shTbx15 cells) did not lead to observable changes in triglyceride accumulation, adipocyte differentiation, ECAR, OCR, or the expression of regulators of oxidative phosphorylation and glycolysis (Supplementary Fig. 3D-I).

DISCUSSION

In the current study, we have used three independent methodologies—FACS analysis, clonal cell lines, and histology—to demonstrate that Tbx15 is a marker of white adipocytes and preadipocyte heterogeneity that marks a highly glycolytic subpopulation of cells. These data closely parallel our previous finding that Tbx15 is expressed specifically in glycolytic skeletal muscle fibers. We also find that *TBX15* levels in WAT of human subjects are negatively correlated with BMI and positively correlated with markers of

glycolytic metabolism (Fig. 4*A* and *B*) (2,19). Taken together, these data strongly suggest that reduced *TBX15* expression in obesity may be, at least in part, because of reduced numbers of highly glycolytic $Tbx15^{Hi}$ cells. Thus, obesity leads not only to adipocyte hypertrophy and hyperplasia, but also to a shift in the cellular composition of the WAT.

We have previously shown in 3T3-L1 cells that overexpression of Tbx15 negatively regulates oxidative metabolism by reducing mitochondrial mass and activity (Fig. 4*D*) (18). In this article, we extend these studies to demonstrate that the reduced oxidative capacity of these cells is accompanied by an increase in glycolytic capacity. Thus, the increased glycolytic metabolism associated with high Tbx15 expression observed in primary adipocytes may be an adaptive response to compensate for reduced oxidative capacity. Indeed, obesity is correlated with both mitochondrial dysfunction (20) and increased basal lactate release (21), although the contribution of Tbx15 to these effects is not yet clear.

Although much attention has been paid to identifying differences between white, brown, and beige adipocytes, recent studies begun to show further molecular intradepot heterogeneity within these classifications (22–24). These studies serve to complement to earlier studies that demonstrate the functional heterogeneity of adipocytes in processes including glucose uptake (25), lipogenesis (26), lipolysis (27), and free fatty acid uptake (28). Importantly, although some cell-culture models have suggested that Tbx15 might be a marker of brite fat (29), we find that even after induction with BMP7 and forskolin that Tbx15^{Hi} white adipocytes tend to have reduced expression of brown/brite fat markers compared with the Tbx15^{Low} adipocytes.

In summary, our results show that the differential expression of Tbx15 leads to metabolic heterogeneity of white preadipocyte and adipocytes, even within a single depot. In both mice and, to some extent, humans, these Tbx15^{Hi} cells display lower oxidative and higher glycolytic metabolism than Tbx15^{Low} cells. Thus, just as we consider muscle fiber type when investigating muscle metabolism, it will be necessary to consider fat cell subtype when investigating adipocyte metabolism. Further investigation of these adipocyte subpopulations and the specific role of glycolytic and oxidative adipocytes in adipose tissue will potentially provide new targets in the treatment of obesity and its related disorders.

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