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## Inhibition of integrin $\alpha$ v/ $\beta$ 5 mitigates the protective effect induced by irisin in hemorrhage

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### Abstract

**Introduction:** Irisin plays an important role in regulating tissue stress, cardiac function, and inflammation. Integrin  $\alpha$ v $\beta$ 5 was recently identified as a receptor for irisin to elicit its physiologic function. It remains unknown whether integrin  $\alpha$ v $\beta$ 5 is required for irisin's function in modulating the physiologic response to hemorrhage. The objective of this study is to examine if integrin  $\alpha$ v $\beta$ 5 contributes to the effects of irisin during the hemorrhagic response.

**Methods:** Hemorrhage was induced in mice by achieving a mean arterial blood pressure of 35–45 mmHg for one hour, followed by two hours of resuscitation. Irisin (0.5  $\mu$ g/kg) was administered to assess its pharmacologic effects in hemorrhage. Cilengitide, a cyclic Arg-Gly-Asp peptide (cRGDyK) which is an inhibitor of integrin  $\alpha$ v $\beta$ 5, or control RGDS (1 mg/kg) was administered with irisin. In another cohort of mice, the irisin-induced protective effect was

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examined after knocking down integrin  $\beta 5$  with nanoparticle delivery of integrin  $\beta 5$  sgRNA using CRISPR/Cas-9 gene editing. Cardiac function and hemodynamics were measured using echocardiography and femoral artery catheterization, respectively. Systemic cytokine releases were measured using Enzyme-linked immunosorbent assay (ELISA). Histological analyses were used to determine tissue damage in myocardium, skeletal muscles, and lung tissues. Terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) was carried out to assess apoptosis in tissues.

**Results:** Hemorrhage induced reduction of integrin  $\alpha v\beta 5$  in skeletal muscles and repressed recovery of cardiac performance and hemodynamics. Irisin treatment led to significantly improved cardiac function, which was abrogated by treatment with Cilengitide or knockdown of integrin  $\beta 5$ . Furthermore, irisin resulted in a marked suppression of tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) and interleukin-1 (IL-1), muscle edema, and inflammatory cells infiltration in myocardium and skeletal muscles, which was attenuated by Cilengitide or knockdown of integrin  $\beta 5$ . Irisin-induced reduction of apoptosis in the myocardium, skeletal muscles, and lung, which were attenuated by either the inhibition of integrin  $\alpha v\beta 5$ , or knockdown of integrin  $\beta 5$ .

**Conclusion:** Integrin  $\alpha v\beta 5$  plays an important role for irisin in modulating the protective effect during hemorrhage.

## Keywords

Hemorrhage; Irisin; integrin  $\alpha v\beta 5$ ; Cardiac function; Organ failure; Stresses

## 1. Introduction

Hemorrhage, as a result of injury or trauma, can result in detrimental physiologic instability resulting in tissue injuries such as hypotension, tissue hypoxia, and acidosis (Torres et al., 2004). The initial physiologic response to hemorrhage is the activation of the sympathetic nervous system, which regulates cardiac performance and vasoconstriction to maintain blood pressure and preserve the perfusion of essential organs (Koyama et al., 1988; Skoog et al., 1985). This is closely associated with diminished cardiac function, multi-organ ischemia (Elansary et al., 2022; Kvarstein et al., 2003), and a triggered inflammatory cascade (Hierholzer et al., 1998). The inability to recover cardiac function following hemorrhage leads to cardiovascular collapse and mortality (Chatpun and Cabrales, 2011). Current treatments for hemorrhagic shock includes bleeding control and early volume repletion (Krausz, 2006), but advancements in cardiac resuscitation remain essential to improving treatment regimens.

Irisin, a 112 amino acid polypeptide that is proteolytically cleaved from the extracellular domain of fibronectin type III domain-containing protein 5 (FNDC5), has recently gained attention (Bilski et al., 2015; Boström et al., 2012; Huh et al., 2014). Muscle contractions during exercise cause increased transcription of peroxisome proliferator-activated receptor gamma co-activator (PGC-1 $\alpha$ ), which upregulates the expression of FNDC5, from which irisin is then cleaved (Bilski et al., 2015; Boström et al., 2012; Erickson, 2013; Huh et al., 2014; Kim et al., 2007; Schnyder and Handschin, 2015). The structure of irisin consists of a flexible tail composed of a disordered array of amino acids at the C-terminus and a dimer

of two adjacent antiparallel fibronectin-III domains at the N-terminus (Schumacher et al., 2013), which facilitates the ability of irisin to act as a ligand and bind receptors (Schumacher et al., 2013).

Irisin is generated primarily in skeletal muscles, but has also been found to be produced by white adipose tissue and the heart (Boström et al., 2012; Gaggini et al., 2017; Polyzos et al., 2018; Roca-Rivada et al., 2013; Wrann et al., 2013). Previous studies have demonstrated that irisin exerts protective effects for cardiac tissue during sepsis and ischemic cardiomyopathy and blunts the inflammatory processes (Matsuo et al., 2015; Ouyang et al., 2020; Pan et al., 2021). Irisin has been found to have anti-inflammatory and antioxidant effects which may help reduce the extent of tissue damage caused by hemorrhage (Li et al., 2021c; Slate-Romano et al., 2022; Zhu et al., 2021). Our previous study demonstrated a significant reduction in the amount of irisin in mice exposed to hemorrhage, and that the treatment of these mice with irisin resulted in improved insulin resistance (Kulthinee et al., 2022).

Integrins are dimeric cell-surface receptors composed of  $\alpha$  and  $\beta$  subunits (Hynes, 2002; Lacy-Hulbert et al., 2007). The  $\alpha_v$  subunit can associate with five different  $\beta$  subunits, resulting in  $\alpha_v\beta_5$  which participates in many important cellular processes, including survival and growth factor signaling. Integrin  $\alpha_v\beta_5$  is more widely expressed and is up-regulated after tissue injury. Many different cell types, including muscle cells, express  $\alpha_v\beta_5$  which promotes cell adhesion, migration, and survival. Integrin  $\alpha_v$  also mediates processes central to immune regulation and inflammation resolution (Ross and Borg, 2001, Albert et al., 1998; Chao et al., 1999; Savill et al., 1990) and manifests phenotypic changes including age-related vision loss accompanied by the accumulation of the retinal pigment epithelium (RPE) lipofuscin and disease (Nandrot et al., 2004).

Irisin was found to communicate with various organs by binding integrins (Park et al., 2020). Integrin  $\alpha_v\beta_5$  was recently identified as a receptor for irisin and plays a significant role in inflammation through its effects on angiogenesis and vascular permeability (Bi et al., 2020b; Lippa et al., 2020). Interactions between integrin  $\alpha_v\beta_5$  and irisin have been reported to upregulate the expression of AMPK which may inhibit cellular apoptosis and inflammation (Bi et al., 2020a, 2020b). While previous studies have demonstrated effects of reduced inflammation, the significance of integrin  $\alpha_v\beta_5$  in the modulation of hemorrhage has yet to be investigated.

Prior research has demonstrated that irisin may have promising therapeutic properties in the management of hemorrhagic shock and its pathologic sequela. This is the first study that examines the effects of inhibition of integrin  $\alpha_v\beta_5$  on hemorrhage-induced pathological disorders. We hypothesize that irisin protects against the damaging sequela of hemorrhagic shock by improving cardiac performance while attenuating the inflammatory response and tissue damages via the integrin receptor.

## 2. Materials and methods

### 2.1. Animals and ethics committee approval

CD-1 male mice (25–30 g) were obtained from Charles River Laboratories for conduction of all experiments in this study. All studies were performed under a protocol approved by the Institutional Animal Care and Use Ethics Committee with an approval code: 5008–21, which conforms to the Guide for the Care and Use of Laboratory Animals published by the US National Institutes of Health (NIH Publication No. 85–23, revised 1996).

### 2.2. Animal and knockdown of integrin $\beta 5$ by delivery of CRISPR–Gold into the mouse muscle

Animal work was in compliance with National Institutes of Health and the policies of the Animal Care and Use Committee of Rhode Island Hospital. Knockdown of integrin  $\beta 5$  in muscles was performed by using CRISPR/Cas-9 gene editing (1,2). Two-month-old mice were injected with 2  $\mu$ l of CRISPR–Gold (50pmole of Cas9 and 50pmoles of guide RNAs) with 5  $\mu$ g of PAsp (DET) in the tibialis anterior muscle (TA). An equal volume of PBS was used as a control. Hemorrhage protocols were performed at 2 weeks following injection.

### 2.3. Surgical procedure preparation

Mice were anesthetized with 1–4% isoflurane in oxygen and then transferred to the nose cone. The mice were placed on a warming pad and temperature was evaluated by a rectal thermometer. Surgical preparation was performed in the left and right inguinal areas. After local hair shaving, diluted lidocaine (0.5%) was injected under the skin of the anticipated incision. Using sharp scissors, a 2 cm long straight incision was made starting immediately from the medial thigh towards the knee to fully expose the area overlying the femoral artery. The femoral nerve, artery and vein were isolated from the connective tissue using arterial forceps as previous described (Kulthinee et al., 2022). The right and left femoral arteries were inserted with PE-10 fused to PE-50 tubes containing heparinized saline. The right femoral artery catheter was connected to a 1 ml-syringe which would be used for the hemorrhage procedure. The left femoral artery catheter was connected to a pressure transducer to monitoring mean arterial pressure (MAP), which was recorded in Power Lab Data Acquisition (ADInstruments).

### 2.4. Induction of hemorrhage

Hemorrhage induction was carried out according to the previously established protocol (Kulthinee et al., 2022). In brief, hemorrhage was induced by removing blood from the right femoral artery until MAP reached 35–45 mmHg. The left femoral artery was used for continuous MAP monitoring. If the MAP surpassed 45 mmHg, additional blood was withdrawn from the right femoral artery. If the MAP dropped below 35 mmHg, approximately 0.2 ml of Lactated Ringer's Solution (LRS) was infused into the right femoral artery. The mice were kept at a MAP range of between 35 and 45 mmHg for 60 min.

## 2.5. Experimental group design

Experimental groups consisted of groups of CD-1 mice in which animals were subjected to hemorrhage and resuscitation. Briefly, at the end of the 60 min of hemorrhage, mice were resuscitated with three times the volume of total blood loss with LRS, using a sterilized syringe over a 15-min period. The resuscitation fluids were infused through the femoral catheter as described in the above procedure. The mice were assigned to one of seven groups as following: I) Sham group received identical surgical operation without induction of hemorrhage ( $n = 5$ ); II) Hemorrhage (Hemo) group underwent hemorrhage and resuscitation as described above in the “induction of hemorrhage” section ( $n = 6$ ); III) Hemo + Irisin group received 0.5  $\mu\text{g/kg}$  of intravenous irisin in LRS ( $n = 5$ ); IV) Hemo + Cilengitide group received 1 mg/kg of intravenous Cilengitide in LRS ( $n = 6$ ); V) Hemo + Irisin + Cilengitide group received 0.5  $\mu\text{g/kg}$  of intravenous irisin and 1 mg/kg of Cilengitide in LRS ( $n = 5$ ); VI) Irisin + RGDS group received 0.5  $\mu\text{g/kg}$  of intravenous irisin and 1 mg/kg of RGDS peptide in LRS ( $n = 5$ ); VII) Hemo + Vehicle group received saline in LRS ( $n = 7$ ).

## 2.6. Experimental group in integrin $\beta 5$ knockdown (KD)

The experimental groups were designed to one of following: I) Shamoperated group received identical surgical operation without induction of hemorrhage ( $n = 4$ ); II) Hemo + integrin  $\beta 5$  KD in which integrin  $\beta 5$  KD mice were subjected to 1 h of hemorrhage and a subsequent 2 h of resuscitation as described in the “induction of hemorrhage” section (group  $n = 6$ ); III) Irisin + Hemo + integrin  $\beta 5$  KD groups in which integrin  $\beta 5$  KD mice were subjected 1 h of hemorrhage and a subsequent 2 h of resuscitation and received 0.5  $\mu\text{g/kg}$  of intravenous irisin in LRS ( $n = 6$ ).

## 2.7. Measurement of cardiac function

Echocardiography was performed with a CX50 system equipped with L15-7io broadband linear array (Philips, Cambridge, MA, USA). Mice were anesthetized with a continuous inhalation of 1–3% isoflurane via nose cone for the duration of the procedure. The mice were placed on a heating pad in the supine position to maintain a body temperature. The hair covering the chest was removed using Nair for 1 min and 30 s. Warm gel was applied, and chest compression was avoided. B mode and M-mode images were acquired in the parasternal short axis of the left ventricle at the level of papillary muscles. EF, FS, and HR were determined. Three to six consecutive cardiac cycles were used to assess the dimensions and heart rate through M-mode. The measurements were made by an experienced operator in a double blinded manner.

## 2.8. Measurement of cytokines using Enzyme-linked immunoassay (ELISA)

The concentration of IL-6 and TNF- $\alpha$  in serum were measured using a commercially available enzyme-linked immunosorbent assay (ELISA) kit (R & D systems, Minneapolis, MN, USA). Assays were performed following the manufacturer's instructions. Briefly, a 10 $\times$  diluted serum or 1.5 mg/ml tissue protein along with known concentrations of cytokine standards were applied to the primary antibody pre-coated 96-well ELISA plates. After overnight incubation at 4  $^{\circ}\text{C}$ , a biotinylated secondary antibody was applied and incubated for one hour at room temperature. After incubation, streptavidin-horseradish peroxidase

(SAHRP) solution was applied, followed by tetramethylbenzidine (TMB) substrate solution. Concentrations of the cytokines were estimated from the absorbance at 450 nm using a spectrophotometer (SpectraMax M2e Multi-Mode Microplate Reader, Molecular Device, LLC, San Jose, CA, USA). Protein concentrations in the tissue lysates were quantified using the bicinchoninic acid protein assay kit (Thermo Fisher Scientific, Waltham, MA, USA).

## **2.9. Hematoxylin and eosin (H&E) staining and assessment of infiltration of inflammatory cells in tissues**

Freshly isolated skeletal muscle, heart tissue, and lung were placed in 10% formalin for 24 to 48 h to fix prior to processing. Tissues were sectioned into 5  $\mu$ m slices. After fixation, the tissues were dehydrated with gradient alcohol and then embedded in paraffin for thin sectioning. Hematoxylin and eosin (H&E) staining was used for evaluation using light microscopy of the alveolar septal thickness in the lungs and inflammatory cells infiltrations in the skeletal muscle and the cardiac tissue samples. The tissues samples were observed under a light microscope, and photomicrographs were taken of approximately 5–10 randomly selected fields of each section for analysis using NIH image J software. Scoring of tissue damage and inflammatory cell infiltration were conducted in a double-blind manner.

## **2.10. TUNEL staining**

For the TUNEL experiment, an ApopTag detection kit was used (ApopTag<sup>®</sup> In Situ Apoptosis Detection Kits, S7100, Millipore, USA). Tissue sections were deparaffined and rehydrated for 10 min and then digested with proteinase K (Thermo Fisher Scientific, #EO0491) for 15 min and quenched with 3% hydrogen peroxide to prevent peroxidase activity. The slides were then washed in PBS for 5 min and reacted with equilibrium buffer for 2 min. The terminal deoxynucleotidyl transferase (TdT) enzyme was then added onto the slides and incubated in a humidified chamber for 1 h. Anti-digoxigenin conjugate were then dropped onto the slides and incubated in a humidified chamber for 1 h. After washing the slides with PBS, peroxidase substrate solution was added to the slide for 30 min for staining. The slides were washed with distilled H<sub>2</sub>O and counterstained with 0.5% methyl green for 10 min at room temperature. The slides were then dehydrated with N-butanol and xylene and mounted with Permount. Negative control was performed without active TdT. Apoptosis was quantified by counting the numbers of apo-positive nuclei in each slide. Independent counting was performed by a blinded investigator.

## **2.11. Immunofluorescent staining**

The slides were deparaffinized and antigen was retrieved through citraconic buffer boiling for 45 min. The blocking step was performed using 1% BSA for 30 min at room temperature. After blocking, the slide sections were incubated with anti-mouse integrin  $\alpha$ v $\beta$ 5 (Abcam) and anti mouse  $\alpha$  sarcomeric actin IgM (Millipore-Sigma) (1:200) overnight at 4 °C. Sections were then washed 3 times in phosphate buffer saline (PBS) before being incubated with the corresponding secondary antibodies labeled with Alexa Fluor555 or FITC (Thermo Fisher Scientific) at 1:200 for one hour in dark and humidified conditions. The slides were washed three additional times with PBS. Slides were then mounted with DABCO (Millipore-Sigma) and sealed with oil. The immunofluorescent images were captured through a laser scanning microscope.



### 2.12. Western blotting

Protein levels from skeletal muscle were measured by western blotting using tissue lysates (50 µg/lane) as described in our previous methods (Yano et al., 2020). In brief, the blots were incubated with their respective polyclonal antibodies, which included polyclonal rabbit Beta-actin (Cell signaling Technology, Beverly, MA), integrin  $\alpha v\beta 5$  (Abcam), phosphorylated AMPK, and non-phosphorylated AMPK (Cell signaling Technology, Beverly, MA) at a diluted concentration of 1:1000. The signals were then visualized using anti-rabbit horseradish peroxidase-conjugated secondary antibody (1:2000). The results were visualized with Super Signal West Pico ECL chemiluminescence reagent (Thermo-Fisher Scientific). Densitometric analysis for the blots were completed using NIH Image J processing program.

### 2.13. ELISA analysis of integrin $\alpha v$ and irisin binding in vitro

Stable cell line for over-expression of integrin  $\alpha v$  was established by transfection of embryonic stem cell (Nkx2.5<sup>+</sup> cells) with integrin  $\alpha v$  vector (Sino Biological). Stable transfections of integrin  $\alpha v$  vector and control vectors were carried out using Lipofectamine 2000 Transfection Reagent (Invitrogen) following the manufacturer's instructions. Individual cells were isolated and selected with G418. The binding of irisin with integrin  $\alpha v$  was identified using ELISA (abcam). Irisin antibody was also included to antagonize the binding of irisin with integrin  $\alpha v$ .

### 2.14. Production of sgRNA of integrin $\beta 5$

In vitro T7 transcription of sgRNA for integrin  $\beta 5$  was carried out. Briefly, the DNA templates for in vitro transcription of integrin  $\beta 5$  sgRNAs was prepared using PCR. The sequence of guide RNAs was used for integrin  $\beta$ -5 knockdown experiments. A single sequence for sgRNAs was identified for targeting integrin  $\beta$ -5 knockdown was used; Integrin b5 gRNA 1.1 CACCGACCGAGAGGTGATGGACCGT; Integrin b5 gRNA 1.2 AAACACGGTCCATCACCTCTCGGTC. PCR amplification was performed using Polymerase following the manufacturer's protocol. In vitro transcription of RNA was carried out using the MEGAscript T7 kit (AMB13345, Thermo Fisher Scientific), and purification of the resulting RNA was performed using the MEGAclear kit according to the manufacturer's protocol. The transcribed sgRNAs was eluted into 20 mM HEPES buffer. The concentration of RNAs was measured using a Nanodrop 2000 spectrophotometer, and the final sg RNAs were stored at  $-80^{\circ}\text{C}$  for experiments.

### 2.15. Delivery system for sgRNA-CRISPR–Gold synthesis

The synthesis of CRISPR–Gold conjugation was utilized as a delivery vehicle of sgRNA and was carried out according to the protocol as described previously (3–6). GNPs (60 nm in diameter, 450 nM, TED PELLA) were reacted with a 5' thiol-modified single stranded oligonucleotide (DNA-SH), 26 bases in length (5ThioMC6-D/GAAATATGCCAGAAATATCTGTGTCAGA, 200 µM, Integrated DNA Technologies IDT). The reaction was carried out in nuclease-free water in a 160 µl tube. Sodium citrate buffer (100 mM, pH 3.5, 40 µl) was added to the reaction. Unconjugated DNA-SH was then removed by centrifugation at  $3000 \times g$  for 10 min and was washed twice with 20 mM

HEPES buffer. The GNP–DNA solution was stored at 4 °C. CRISPR–Gold was synthesized using a layer-by-layer method. Cas9 (50pmole in 10 µl) and sg RNAs (50pmole in 10 µl) were mixed in 80 µl of Cas9 buffer (50 mM HEPES (pH 7.5), 300 mM NaCl, and 10% (vol./vol.) glycerol for 5 min at room temperature. The reaction solution was then added to the GNP–DNA solution (0.45pmole of GNPs), which generated GNP–Cas9. Sodium silicate (6 mM, 2 µl) was added to the GNP–Cas9 RNP solution, which was followed by incubation for 5 min at room temperature. Unbound molecules were removed by centrifuging the mixture using an EMD Millipore Amicon Ultra-4 30 kDa at 2000 ×g for 5 min. GNP–Cas9 RNP–silicate was recovered and mixed with 5 µg of PAsp (DET) (NOF America corporation) solution and then incubated for 5 min at room temperature to form the last layer of CRISPR–Gold immediately prior to treatment.

#### 2.16. Characterization of Gold-CRISPR-sgRNA

Dynamic light scattering (DLS) and zeta potential assessment were carried out. Measurements of the zeta potential were made with a Zetasizer Nano ZS instrument (Malvern Instruments) to examine the stability. Size distribution was also analyzed with DLS.

#### 2.17. In vitro knockdown of integrin $\beta 5$

The in vitro cell experiments were carried out according to the methods described previously (3, 7). Briefly, cells (1 ml volume) were treated with 0.45 pmol GNP–Donor, 8 µg Cas9, 2 µg gRNA, 2 µl (6 mM) sodium silicate, and 10 µg PAsp (DET). Cas9 and gRNA solution were mixed with Cas9 buffer (50 mM HEPES (pH 7.5), NaCl (300 mM) and 10% (vol/vol) glycerol) and then added to the GNP–Donor solution. Freshly diluted sodium silicate (6 mM; 2 µl) was added to the GNP solution. The recovered GNPs were resuspended in 20 mM HEPES buffer (100 µl), which was followed by adding PAsp (DET) polymer to generate a final concentration of 100 µg/ml. The CRISPR–Gold solution was added to cells to produce a final Cas9 concentration of 8 µg/ml of Cas9. The cells were incubated with CRISPR–Gold in serum-free Opti-MEM for 6 h prior to changing to fresh culture media (DMEM). Short hairpin RNA (shRNA) against mouse integrin receptor (IR) (Santa Cruz Biotechnology) was used as the control of knockdown.

#### 2.18. Quantitative real-time PCR

RNA was isolated from skeletal muscle tissues of euthanized mice using TRIzol (Invitrogen) following manufacturer's instructions. cDNA was synthesized using BioRad iScript Reverse Transcription Supermix. qPCR was conducted using Applied Biosystems TaqMan probes for integrin receptor (F Primer; R Primer:). Integrin  $\beta$ -5-F: TCCAAGTGTGACAATGGAGTG; Integrin  $\beta$ -5-R: GCTCTGAGCTCAATCAAGCC. Experiments were conducted on a StepOne Real-Time PCR System (Life Technologies) and analyzed using the delta–delta Ct method.

#### 2.19. Statistical analysis

The data are presented as means  $\pm$  SE. Data were analyzed by one-way ANOVA, with the Bonferroni correction for multigroup comparisons. Statistical analysis was performed



by Graphpad Prism 9 software (GraphPad Software, San Diego, CA). Significance was established at a p value <0.05.

### 3. Results

#### 3.1. Inhibition of integrin $\alpha v \beta 5$ suppressed the effects of irisin on hemodynamic

Hemorrhage and resuscitation were performed, as shown in Fig. 1A. Hemorrhage resulted in the reduction of integrin  $\alpha v \beta 5$  (Fig. 1B&C). To define a direct interaction of integrin  $\alpha v \beta 5$  and irisin, we used immunoprecipitation to identify the interaction between integrin  $\alpha v \beta 5$  and irisin in vitro. We extended our study to determine whether over-expression of integrin  $\alpha v \beta 5$  could lead to an increase in the binding of irisin by including an *invitro* experiment in which mouse embryonic stem cell line (Nkx2.5<sup>+</sup> cells) over-expressed integrin  $\alpha v \beta 5$  (Fig. 2A). We found that the over-expression of integrin  $\alpha v \beta 5$  resulted in a significant binding increase in irisin by ELISA analysis in Fig. 2B. Interestingly, binding was inhibited by the integrin  $\alpha v \beta 5$  antibody, and demonstrated that irisin binds specifically to the integrin  $\alpha v \beta 5$ , indicating a direct interaction of integrin  $\alpha v \beta 5$  and irisin.

As shown in Fig. 3 A, illustrating the time course during hemorrhage and resuscitation, inhibition of integrin  $\alpha v \beta 5$  by cilengitide in the Hemo + Cilengitide group and Hemo + Irisin + Cilengitide manifests lower MAP after resuscitation when compared to the irisin-treated (Hemo + Irisin) group (Fig. 3B). The MAP in the Irisin treated hemorrhage group restored to near baseline value. There was no difference in MAP prior to hemorrhage between different groups (Fig. 3C). Hemorrhage resulted in the depression in MAP at 20 min of resuscitation, which was rescued by the infusion of irisin. Irisin-induced improvement in MAP was mitigated by co-infusion with Cilengitide (Fig. 3D).

Additionally, we used CRISPR/Cas9-sgRNA system to knockdown integrin  $\beta 5$ , a subunit of integrin  $\alpha v \beta 5$  to examine the effect of integrin  $\beta 5$  knockdown on hemorrhage, which is shown in Fig. 4A–D. A reduction of integrin  $\beta 5$  was shown after delivery of CRISPR-sgRNA integrin  $\beta 5$  in the cultured cells (Fig. 4E&F). In vivo delivery of Gold-CRISPR-sgRNA integrin  $\beta 5$  resulted in suppression of integrin  $\beta 5$  mRNA (Fig. 4G, H and I) and did not have systemic effects on body growth (Fig. 4J). As shown in Fig. 5A–C, knockdown of integrin  $\beta 5$  manifests a decline in the MAP after hemorrhage as compared to the sham group, but there is no difference in the MAP between the Hemo + integrin  $\beta 5$  knockdown and Hemo + integrin  $\beta 5$ -KD treated with Irisin. This implies that the protective effects of irisin are impaired when integrin  $\beta 5$  is inhibited.

#### 3.2. Inhibition of integrin $\alpha v \beta 5$ suppressed the effects of irisin on cardiac function

To compare the cardiac function between the sham and hemorrhage groups, mice were evaluated using echocardiography. As shown in Fig. 6A and B, ejection fraction (EF) and fractional shortening (FS) were significantly reduced in the hemorrhage groups compared to the sham groups. Irisin treatment significantly improved both EF and FS in the hemorrhage group compared to the vehicle treatment group. However, the improvement in EF and FS by irisin treatment was blocked by co-infusion of cilengitide. There were no statistically significant differences in the left ventricular dimensions and wall thicknesses, including LV

internal dimensions (LVID), posterior wall thicknesses (PW) during systole and diastole (LVIDd, LVIDs, LVPWd, LVPWs), left ventricular volume, and heart rate (HR) (Fig. 6C–J) between drug treatments. Likewise, there was no improvement in cardiac performance in mice exposed to hemorrhage by the knockdown of integrin  $\beta 5$  even after irisin treatment (Fig. 7A–J). The results indicate that the inhibition of integrin  $\alpha v\beta 5$  by Cilengitide or CRISPR/Cas 9-sgRNA diminished the improvement of cardiac performance induced by irisin in hemorrhage.

### 3.3. Inhibition of integrin $\alpha v\beta 5$ mitigated the effects of irisin on alleviated histological damage in myocardium, skeletal muscle, and lung tissues

Analyses with hematoxylin and eosin (H&E) staining were performed to evaluate the histological changes in skeletal muscles, myocardium, and lung induced by hemorrhage. Hemorrhage resulted in more severe inflammatory cell infiltrations in myocardium and skeletal muscles when compared to that in the sham group and irisin-treated group. Inhibition of integrin  $\alpha v\beta 5$  decreased the effects of irisin on alleviated inflammatory cell infiltrations ( $p < 0.0001$ ), as shown in Fig. 8A–D. Lung tissues showed significant thickening of the alveolar septal wall observed in the hemorrhage group compared to the sham group. Irisin treatment significantly reduced the degree of alveolar wall thickening ( $p < 0.0001$ ) (Fig. 8E & F), which was abrogated by inhibition of integrin  $\alpha v\beta 5$ . Furthermore, as shown in Fig. 9A–D, irisin did not show any improvement in inflammatory cell infiltrations in myocardium and skeletal muscles in mice with knockdown of integrin  $\beta 5$ . Additionally, in mice with knockdown of integrin  $\alpha v\beta 5$ , alveolar septal wall thickness did not improve in the irisin treatment group (Fig. 9E&F  $p < 0.0001$ ).

### 3.4. Inhibition of integrin $\alpha v\beta 5$ increased release of inflammatory cytokines in hemorrhage

Hemorrhage promotes an inflammatory response that exacerbates pathological adverse outcomes. To assess the effect of hemorrhagic shock on the inflammatory response, IL-6 and TNF- $\alpha$  in serum were measured. As seen in Fig. 10A & B, following two hours of resuscitation, the serum level of IL-6 and TNF- $\alpha$  increased markedly in the hemorrhagic group and the elevations of cytokine levels were reversed with irisin treatment. In addition, the knockdown of integrin  $\beta 5$  did not show the effects of irisin in attenuating the release of IL6 in mice exposed to hemorrhage as shown in Fig. 10C. This suggests that inhibition of integrin  $\alpha v\beta 5$  attenuated the inhibitory effect of irisin on decreased levels of IL-6 and TNF- $\alpha$  in serum when induced by hemorrhage.

### 3.5. Inhibition of integrin $\alpha v\beta 5$ diminished the effect of irisin in reduction of apoptosis in tissues

We performed TUNEL staining in myocardium, skeletal tissues, and lung tissues to evaluate the degree of apoptosis. As shown in Fig. 11A & B, almost no TUNEL positive cells were observed in the sham operated group while TUNEL positive cells were observed in the myocardium of the hemorrhage and vehicle treated groups. Irisin treatment demonstrated significantly reduced numbers of TUNEL positive signal. Likewise, irisin treatment attenuated TUNEL positive staining in skeletal muscles (Fig. 11C&D) and lung tissues (Fig. 11E–F). However, the effects of the reduced apoptotic signals by irisin were mitigated

by the pharmacologic inhibition of integrin  $\alpha v \beta 5$  with Cilengitide. In addition, irisin did not show the effect of reducing apoptosis in the myocardium (Fig. 12A&B), skeletal muscles (Fig. 12C&D) and lung tissues (Fig. 12E&F) following knockdown of the integrin  $\beta 5$ .

### 3.6. Inhibition of integrin $\alpha v \beta 5$ diminished irisin-induced phosphorylation of AMPK

As shown in Fig. 13, western blot revealed reduced levels of p-AMPK in skeletal muscles of the hemorrhage group compared to the sham operated group. After the treatment with irisin, the level of p-AMPK increased in skeletal muscles (Fig. 13A&B), but only slightly in the myocardium (Fig. 13C&D). However, enhanced p-AMPK by irisin was reduced by Cilengitide treatment in the skeletal muscles and the myocardium. Likewise, as shown in Fig. 13, inhibition of integrin  $\beta 5$  with integrin  $\beta 5$  sgRNA did not shown an increase in phosphorylated AMPK by irisin in both skeletal muscles and the myocardium in mice exposed to hemorrhage (Fig. 13E&F and Fig. 13G&H).

## 4. Discussion

### 4.1. Salient findings

In this study, we have demonstrated that integrin  $\alpha v \beta 5$  contributes significantly to modulating pathological disorders in mice exposed to hemorrhage. Our studies showed that blocking integrin  $\alpha v \beta 5$  with Cilengitide diminished the protective effect induced by irisin. Irisin treatment resulted in improvements in cardiac performance and hemodynamics while blunting the inflammatory response and apoptotic signals in the myocardium, skeletal muscles, and lung tissue following hemorrhage, which was diminished when the integrin  $\alpha v \beta 5$  was pharmacologically blocked, indicating the critical role of integrin  $\alpha v \beta 5$  in modulating the function of irisin during hemorrhage. Furthermore, we demonstrated that knockdown of the  $\beta 5$  integrin eliminated the protective effect induced by irisin against hemorrhage, confirming the paramount role that integrin  $\alpha v \beta 5$  plays in irisin's functioning. Taken together, our novel findings establish that integrin  $\alpha v \beta 5$  primarily interacts with irisin to exert cardioprotective, anti-inflammatory, and anti-apoptotic effects during hemorrhage.

### 4.2. Role of integrin $\alpha v \beta 5$ /irisin in modulating cardiac function in hemorrhage

Wang et al. (2018) previously demonstrated that the treatment of rats with irisin resulted in improved ventricular function through reduced apoptosis and preserved mitochondrial functioning in ischemia/reperfusion injury (Wang et al., 2018). It has also been shown that heart failure is associated with reduced levels of serum irisin (Abd El-Mottaleb et al., 2019). We have found that integrin  $\alpha v \beta 5$  is abundantly expressed in the skeletal muscles, which is reduced in response to hemorrhage. We also found that irisin treatment was associated with improved cardiac performance parameters. These improvements were negated by blocking integrin  $\alpha v \beta 5$  with Cilengitide or through CRISPR-gene editing to knock down the integrin  $\alpha v \beta 5$  receptor, implying that integrin  $\alpha v \beta 5$  was responsible for irisin-induced cardiac performance in hemorrhage. It was reported that integrin  $\alpha v \beta 5$  was expressed in cardiomyoblasts, vascular endothelial cells, and cardiomyocytes, which mediates cardiac function and development (Sarrazay et al., 2014; Chen et al., 2016; Israeli-Rosenberg et al., 2014; Noutsias et al., 2001). It remains to be determined whether the change in cardiac performance following the inhibition of integrin  $\alpha v \beta 5$  results from the

effect of cardiomyocytes or non-cardiomyocytes in hemorrhage, which needs verification in future studies. Additionally, enhancement of proinflammatory factors such as TNF- $\alpha$  release following integrin  $\alpha v\beta 5$  inhibition could contribute to depressed cardiac functioning in hemorrhage.

It has been shown that Cilengitide increases the deposition of fibrillar collagen in the myocardium, revealing that inhibition of integrin  $\alpha v\beta 5$  signaling mediates systemic fibrosis in systemic sclerosis (Bagnato et al., 2018). It was also reported that inhibition of integrin  $\alpha v\beta 5$  causes a cardioprotective effect by suppressing doxorubicin-induced cardiac fibrosis (Sui and Hou, 2021). Conversely, it has been observed that stimulation of integrin  $\alpha v\beta 5$  contributed to irisin-induced cardiac protection (Lin et al., 2021). Irisin has been shown to interact with integrin  $\alpha v\beta 5$  receptor in vascular cells to manifest protective effects (Bi et al., 2020a; Roggia and Ueta, 2015). This may indicate that inhibition of integrin  $\alpha v\beta 5$  in the vascular cells supporting the myocardium contributes to the depression of cardiac function. Irisin may also cause its physiologic function via unidentified irisin receptors or non-receptors binding pathway (Fu et al., 2021). Our results indicated that irisin induced a slight increase in phosphorylated AMPK in hemorrhage, which was blocked by the inhibition of the integrin  $\alpha v\beta 5$ , indicating that AMPK may be involved in the function of irisin/integrin  $\alpha v\beta 5$  pathway in hemorrhage.

#### 4.3. Role of integrin $\alpha v\beta 5$ /irisin in modulating inflammatory processes in hemorrhage

We demonstrated that the levels of inflammatory cytokines increased significantly after blocking integrin  $\alpha v\beta 5$  with Cilengitide, or by gene-knockdown, revealing that the integrin  $\alpha v\beta 5$  is necessary for blunting the inflammatory response following hemorrhage. Previous studies have shown that irisin tempers the inflammatory cascade by reducing the production of pro-inflammatory cytokines in association with (M2) macrophage polarization, and blocking the formation of inflammasomes (Dong et al., 2016; Li et al., 2021b; Ostrowski et al., 2000; Xiong et al., 2018). This is consistent with our findings that irisin decreases the production of systemic inflammatory factors. Irisin post-treatment has been shown to increase expression of integrin  $\alpha v\beta 5$ , which was associated with decreased IL-1 $\beta$  and TNF- $\alpha$  levels in intracerebral hemorrhage (Wang et al., 2022), which supports that integrin  $\alpha v\beta 5$  is critical to the function of irisin in alleviating pathological disorders (Park et al., 2020). Knockdown of integrin  $\alpha v\beta 5$  by siRNA, or Cilengitide, has been shown to suppress PPAR $\gamma$ -induced M2 marker genes (Yao et al., 2018). Mice lacking  $\alpha v\beta 5$  on hematopoietic cells have illustrated enhanced susceptibility to chemical colitis, suggesting the important role of integrin  $\alpha v\beta 5$  for tissue repair (Kumawat et al., 2018). In addition, the  $\alpha v\beta 5$  integrin exhibits latent stimulatory effects on IL-8 secretion by fibronectin (Lowrie et al., 2004). In our studies, in addition to finding that inhibition of integrin  $\alpha v\beta 5$  resulted in a remarkable increase in systemic proinflammatory factor, we also found an increase in the infiltration of inflammatory cells in the tissues, which likely results from neutrophils, macrophages, leukocytes, and other immune cells responding to tissue injury (Ju et al., 2021). It will be interesting to define which specific population of inflammatory cells contributes to the infiltration of inflammatory cells in the tissues in response to hemorrhage following the inhibition of integrin  $\alpha v\beta 5$ .

#### 4.4. Role of integrin $\alpha v\beta 5$ /irisin in modulating muscles in hemorrhage

It has been shown that a downregulation of integrin  $\alpha v\beta 5$  in vascular smooth muscle cells (VSMCs) is considered a potential factor for reduced cell motility following vascular injury (Witzenbichler et al., 1999). Irisin was reported to inhibit nicotine-mediated macrophage infiltration and smooth muscle cell proliferation in atherosclerosis, but the protection induced by irisin was abrogated by the administration of Cilengitide, suggesting the involvement of integrin  $\alpha v\beta 5$  in developing protective effects in atherosclerosis (Li et al., 2021a). The inhibition of integrin  $\alpha v\beta 5$  reduces allergen-induced increases in airway smooth muscle thickness in two models of asthma, demonstrating that integrin promotes anti-inflammatory pathways in smooth muscles (Wolf et al., 2011). In agreement with our observation, another study revealed that inhibition of integrin  $\alpha v\beta 5$  attenuated the protective effect of collagen-type-IV- $\alpha$ -2-chain on cell viability in cardiomyoblasts under hypoxic condition via increased phosphorylation of FAK and Akt (Kanazawa et al., 2017). Our findings revealed that knockdown of integrin  $\alpha v\beta 5$  in skeletal muscles exacerbated cardiac depression in response to hemorrhage, which may be related to circulating cytokine changes following knockdown of muscle integrin  $\alpha v\beta 5$ . Cross-talk exists between either skeletal muscles and the myocardium or between other organs contributing to the modulation of cardiac performance (Call et al., 2015; Xu et al., 2023), which also supports our finding of the protective effects of integrin  $\alpha v\beta 5$  in skeletal muscles and cardiac performance in response to hemorrhage.

#### 4.5. Role of integrin $\alpha v\beta 5$ and irisin in modulating apoptosis and survival in hemorrhage

Irisin treatment provides protection against neuronal apoptosis following subarachnoid hemorrhage by interacting with integrin  $\alpha v\beta 5$  and reducing pro-inflammatory stimuli (Tu et al., 2021; Wang et al., 2022). Integrin  $\alpha v\beta 5$  was reported to reduce inflammation through its effects on angiogenesis and vascular permeability in addition to reduced apoptosis (Bi et al., 2020b; Lippa et al., 2020). Tumor necrosis factor-related apoptosis is associated with activation of integrin  $\alpha v\beta 5$  receptor in lung cancer cells (Cho et al., 2016). The classic integrin receptors binding integrin  $\alpha v\beta 5$  could mediate protection of topoisomerase (Topo)-induced apoptosis (Uhm et al., 1999), which is in agreement with a report that blockade of integrin  $\alpha v\beta 5$  inhibited survival, therefore promoting activity in ovarian cancer cells (Lane et al., 2010), induced apoptosis in human umbilical endothelial cells (HUVECs) (Maubant et al., 2006) and cell lines U87 MG and DAOY (Taga et al., 2002). However, intravitreal injection of anti-integrin  $\alpha v\beta 5$  antibody in vivo also inhibited astrocyte loss in early diabetic retinopathy (Yun et al., 2016). The protective effects of blocking integrin  $\alpha v\beta 5$  in modulating apoptosis is likely related to various models and doses of integrin  $\alpha v\beta 5$  inhibitors.

### 5. In conclusion

Our results indicate that irisin treatment of mice following hemorrhage and resuscitation improves cardiovascular function, reduces inflammation and apoptosis, and prevents tissue injury. These protective properties rely on the interaction between irisin and integrin  $\alpha v\beta 5$ . Our study offers findings that may signify new treatment modalities for hemorrhagic shock and secondary outcomes following treatment.

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## Data availability

Data will be made available on request.

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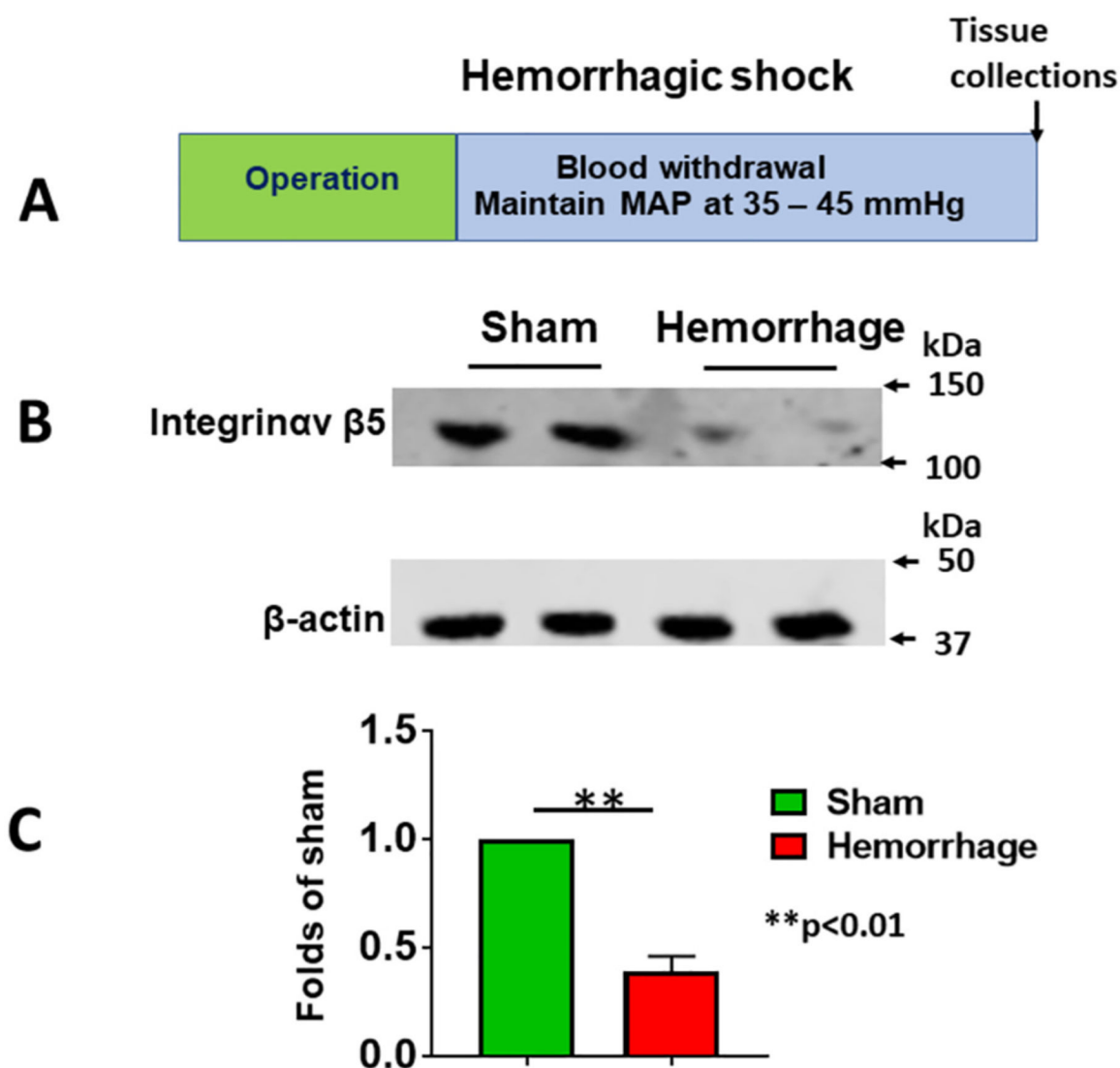


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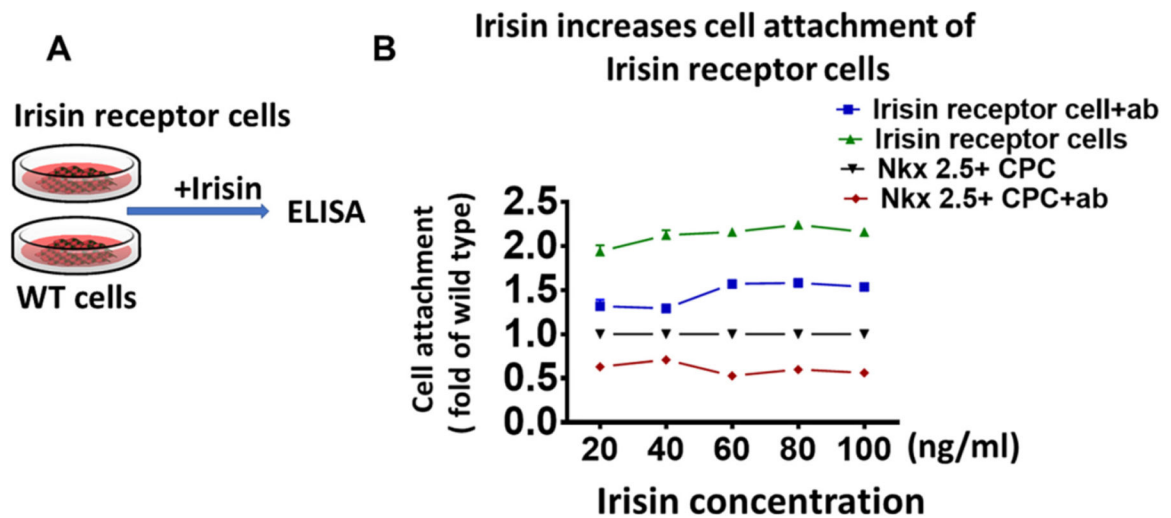
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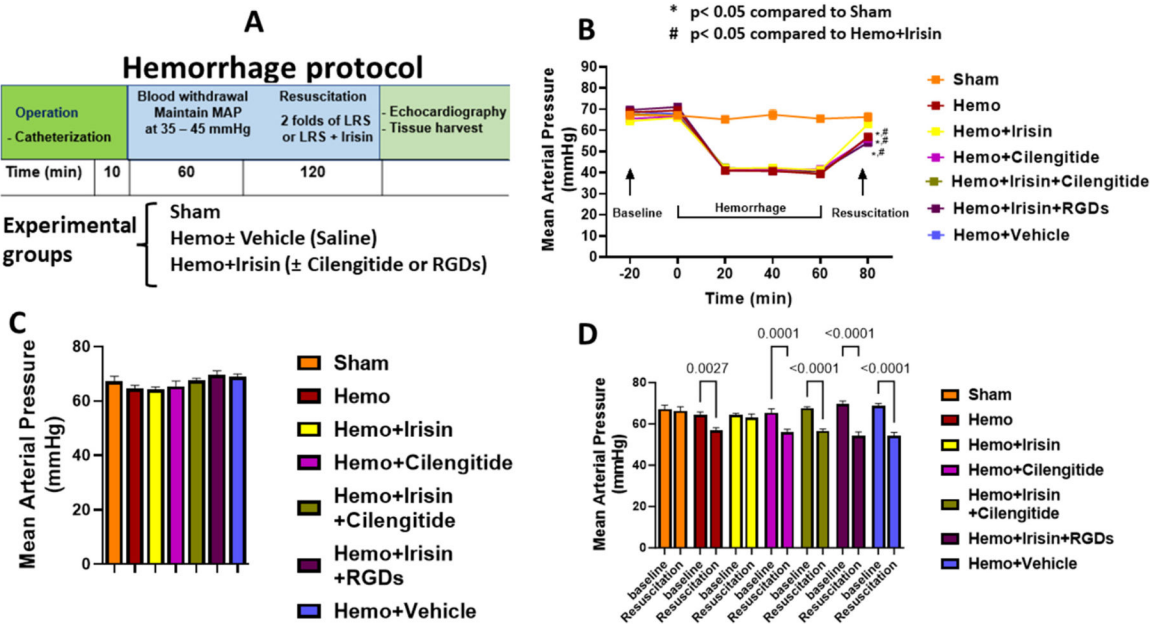
**Fig. 1.** Hemorrhage resulted in the reduction of integrin  $\alpha$ v $\beta$ 5 protein in muscles. A: Hemorrhage protocol; B: Hemorrhage caused a decrease in integrin  $\alpha$ v $\beta$ 5; C: Densitometric analysis of integrin  $\alpha$ v $\beta$ 5 protein in muscle. Data are shown as Mean  $\pm$  SEM ( $n = 3$ /each group); \*\* $p < 0.01$ .



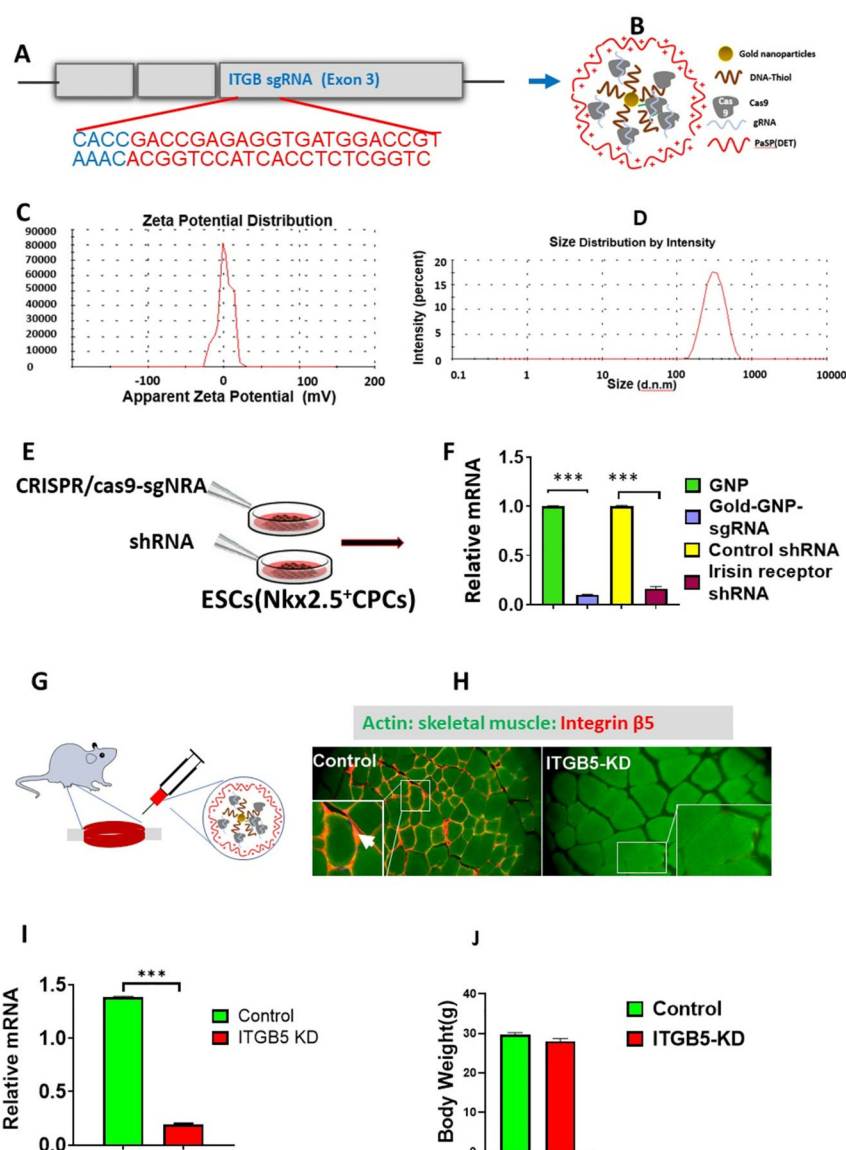
**Figs. 2.**

Binding of Irisin to integrin  $\alpha\beta5$  in vitro: A: Establishment of stable cell line overexpressing Integrin  $\alpha\beta5$  in embryonic stem cells (ESC)Nkx2.5<sup>+</sup> cell. B: ELISA (Enzyme-linked immunosorbent assay) was performed to verify the direct binding of irisin binding to integrin  $\alpha\beta5$ . Embryonic Nkx2.5+ESCs stable cells over-expressed integrin  $\alpha\beta5$  or wild type cells were used to see the increased irisin binding to integrin  $\alpha\beta5$ . The binding assay for detecting integrin  $\alpha\beta5$  and irisin were carried out using ELISA. Data are shown as Mean  $\pm$  SEM,  $n = 5$ /each group.

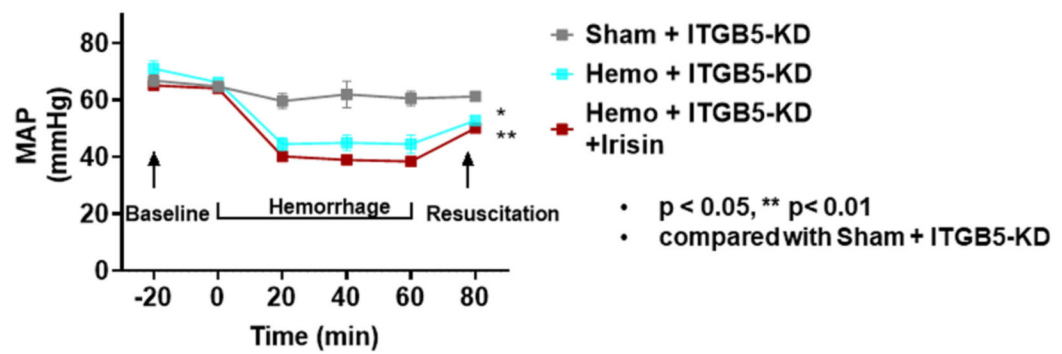
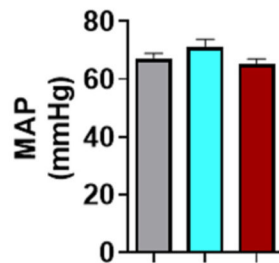
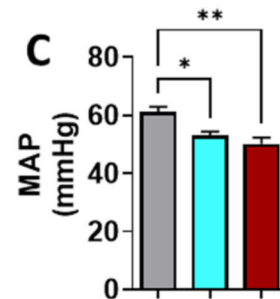




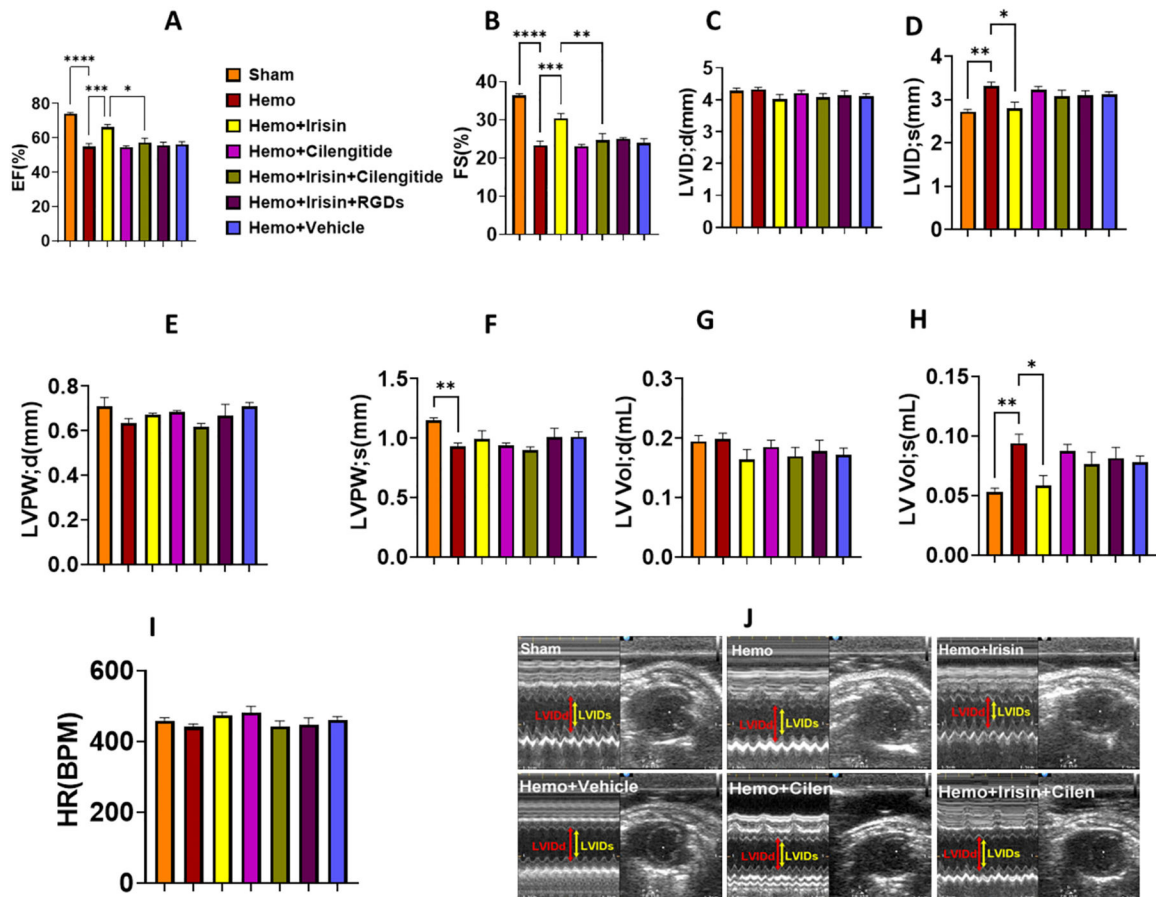
**Fig. 3.** Time course and MAP during the hemorrhage. **A:** The protocol of hemorrhage and resuscitation: Mice were maintained MAP at 35–45 mmHg for one hour before resuscitation with lactated ringer’s solution (LRS) in hemorrhagic shock groups; **B:** The time course of MAP during the hemorrhage; **C:** MAP prior to hemorrhage (Data are shown as Mean ± SEM,  $n = 5–7$ /each group); **D:** MAP of animals at baseline and at 20 min of resuscitation; Data are shown as Mean ± SEM, ( $n = 5–7$ /each group). MAP: Mean artery pressure; Hemo: Hemorrhage.



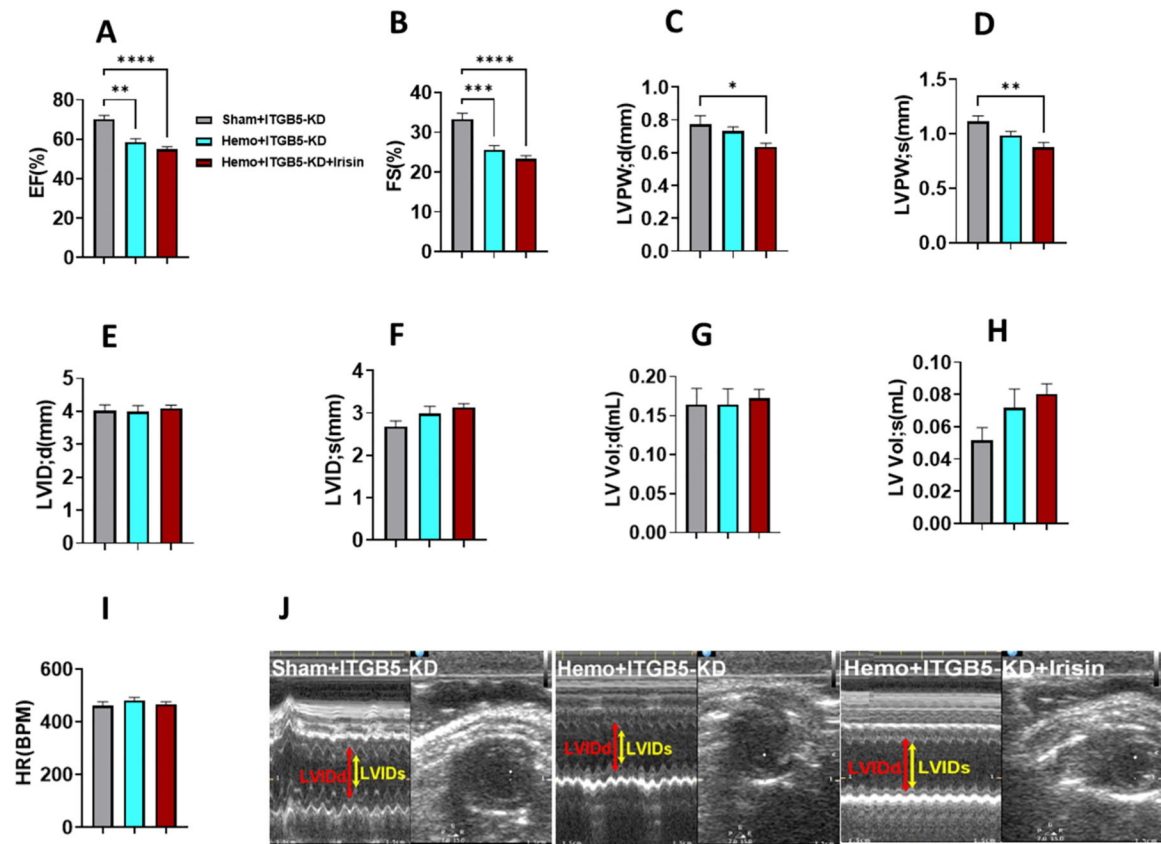
**Fig. 4.** Characterization of Gold-CRISPR/Cas9-sgRNA delivery system. A: the sequence of sgRNA of integrin  $\beta$ -5. B: Gold-nano-CRISPR/Cas-9 delivery design and components; C: Stability assessment by measuring of zeta potential of CRISPR/Cas-9 sgRNA integrin  $\beta$ -5 delivery with dynamic light scattering (DLS); D: Size distribution of CRISPR/Cas-9 sgRNA integrin  $\beta$ -5; E&F: In vitro knockdown of integrin  $\beta$ -5 mRNA by Gold-CRISPR system and shRNA targeting integrin  $\beta$ -5 in embryonic stem cells (Nkx2.5+ ESCs) ( $n = 5$ /per group). \*\*\* $p < 0.001$ ; G: Diagram of delivery Gold-CRISPR system was injected to mice and skeletal muscle was harvested at 2 weeks of delivery; H: Immunostaining detecting of integrin  $\beta$ -5. I: mRNA of integrin  $\beta$ -5; J: Body weight; Data were expressed as Mean  $\pm$  SE ( $n = 4$ –5/per group).

**A****B****C****Fig. 5.**

The MAP in mice exposed to hemorrhage following ITGB5 knockdown: Time course and MAP during the hemorrhagic shock period. A: The time course of MAP during the hemorrhage; B: MAP of animals before hemorrhage; C: MAP of animals at 20 min of resuscitation: Data are shown as Mean  $\pm$  SEM ( $n = 4-6$ /each group), \* $p < 0.05$ ; \*\* $p < 0.01$ . ITGB5: integrin  $\beta$ -5. KD: knockdown.

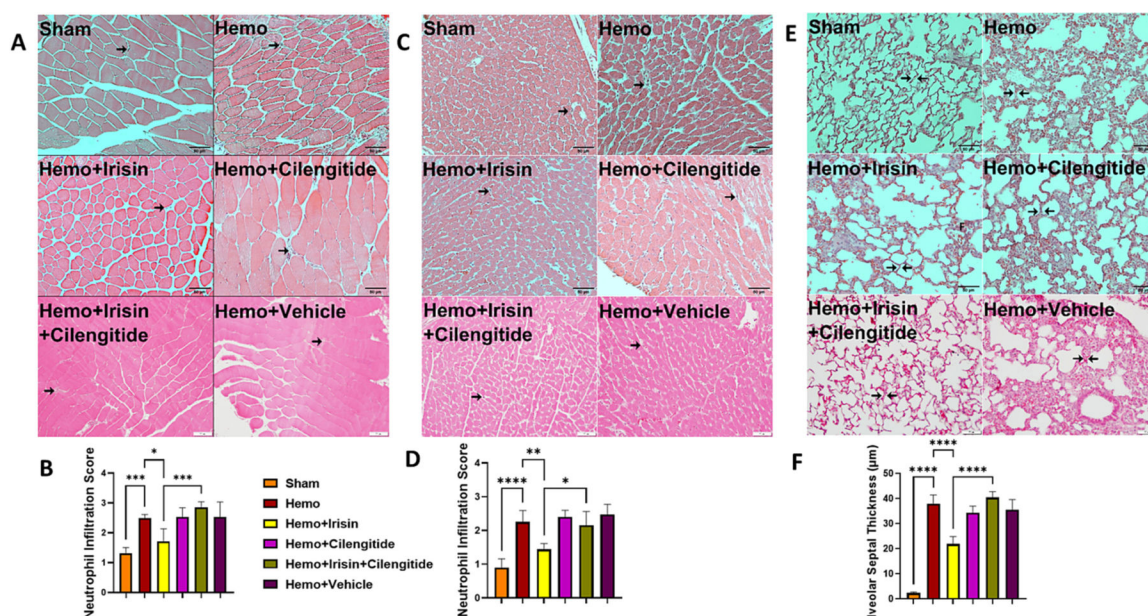
**Fig. 6.**

Echocardiographic metrics of cardiac function in hemorrhage. Left ventricular (LV) function were calculated using two-dimensional M mode in sham and hemorrhage groups 2 h after recovery from resuscitation. A: Ejection Fraction (EF); B: Fraction Shortening (FS); C: LV Internal Dimension in diastole (LVIDd); D: LV Internal Dimension in systole (LVIDs); E: LV Posterior Wall in diastole (LVPWd); F: LV Posterior Wall in systole (LVPWs); G: Left ventricular volume in systole (LVvol: d); H: Left ventricular volume in diastole (LVvol:s) I: Heart Rate (HR); J: Representative images of LV with B mode and M mode. Data are expressed as Mean  $\pm$  SEM ( $n = 4-6$ /each group). \* $p < 0.05$ ; \*\* $p < 0.01$ ; \*\*\* $p < 0.001$ ; \*\*\*\* $p < 0.0001$ .

**Fig. 7.**

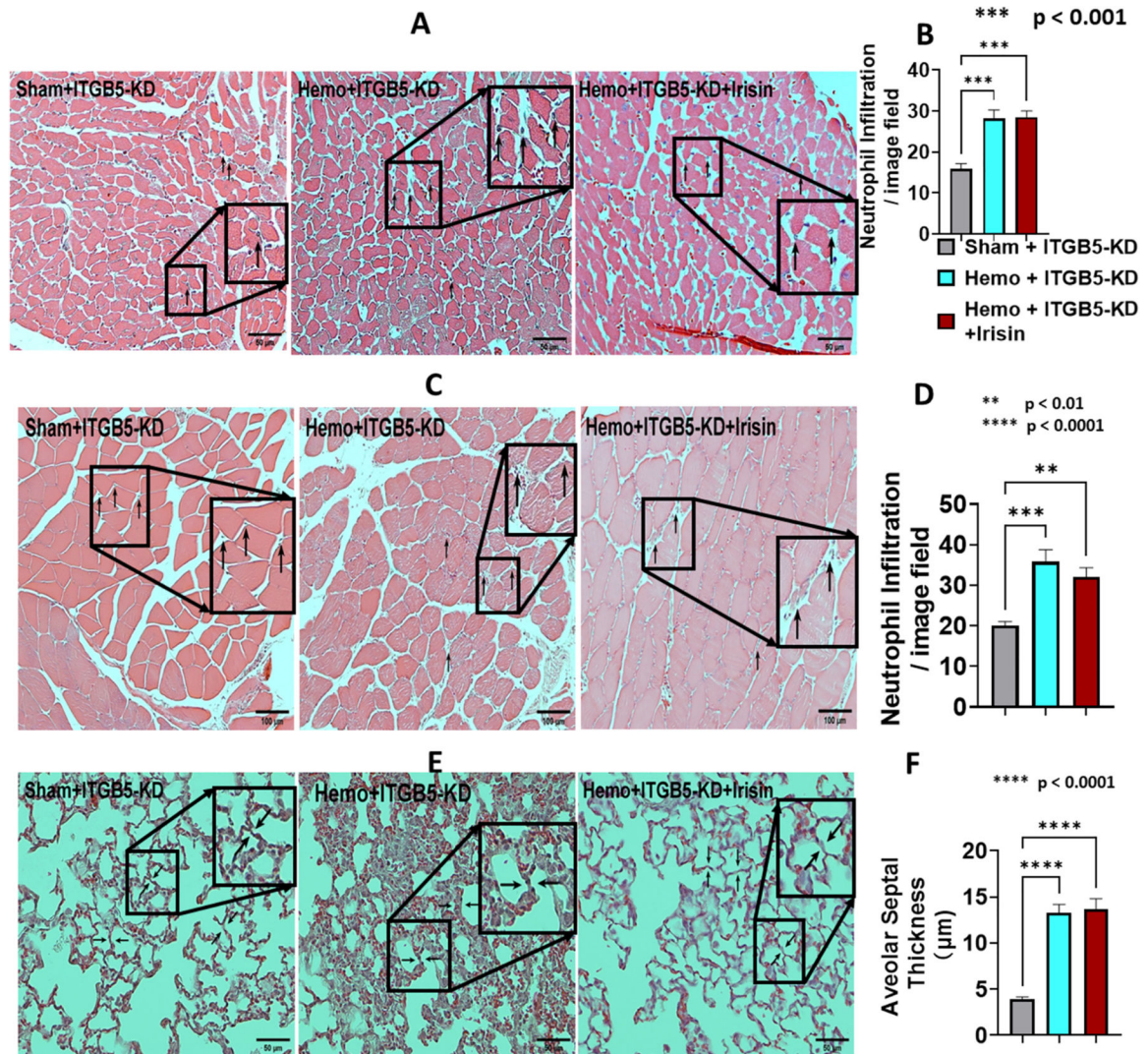
The cardiac function of mice exposed to hemorrhage following ITGB5 knockdown: A: EF; B: FS; C: LVPW;d; D: LVPW;s; E: LVID;d; F: LVID;s; G: LV vol;d; H: LV vol;s; I: HR; J: Representative images of LV with B mode and M mode. Data are expressed as Mean  $\pm$  SEM ( $n = 4-6$ /each group), \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ , \*\*\*\* $p < 0.0001$ . The abbreviations are identical as the same in Fig. 6.



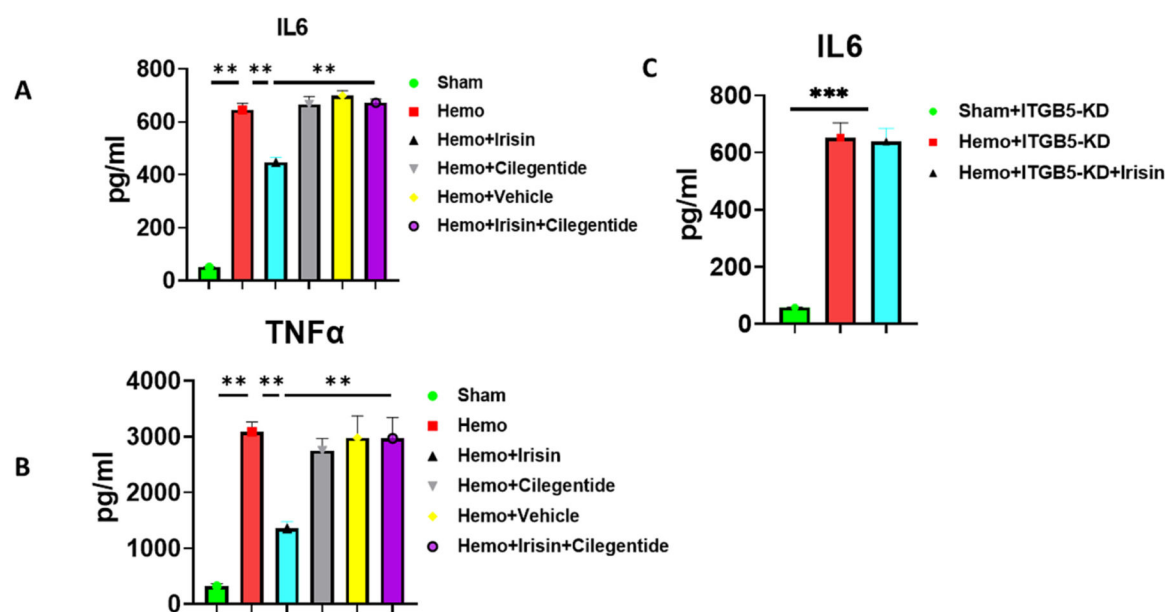


**Fig. 8.** Histological analysis of injury in skeletal muscle, myocardium, and lung. A: Skeletal muscle histology (H&E staining) of sham operated, hemorrhagic group, and hemorrhagic-treated groups (200×, scale bars indicate 50 μm); B: A bar graph for data of inflammatory cell infiltration in skeletal muscle (Data are shown as Mean ± SEM,  $n = 5$ /each group); C: H&E staining of myocardium in sham operated, hemorrhagic groups, and hemorrhagic-treated groups (200×, scale bars indicate 50 μm); D: A bar graph for data of inflammatory infiltration in myocardium (Data are shown as Mean ± SEM,  $n = 5$ /each group); E: Histopathology by H&E staining of lungs in sham, hemorrhagic groups, and hemorrhagic-treated groups (200×, scale bars indicate 50 μm). Alveolar septal thickness was used to assess the extent of lung injury; F: A bar graph for data of alveolar septal thickness of the lung. Data are shown as Mean ± SEM ( $n = 5$ /each group); \* $p < 0.05$ ; \*\* $p < 0.01$ ; \*\*\* $p < 0.001$ ; \*\*\*\* $p < 0.0001$ .



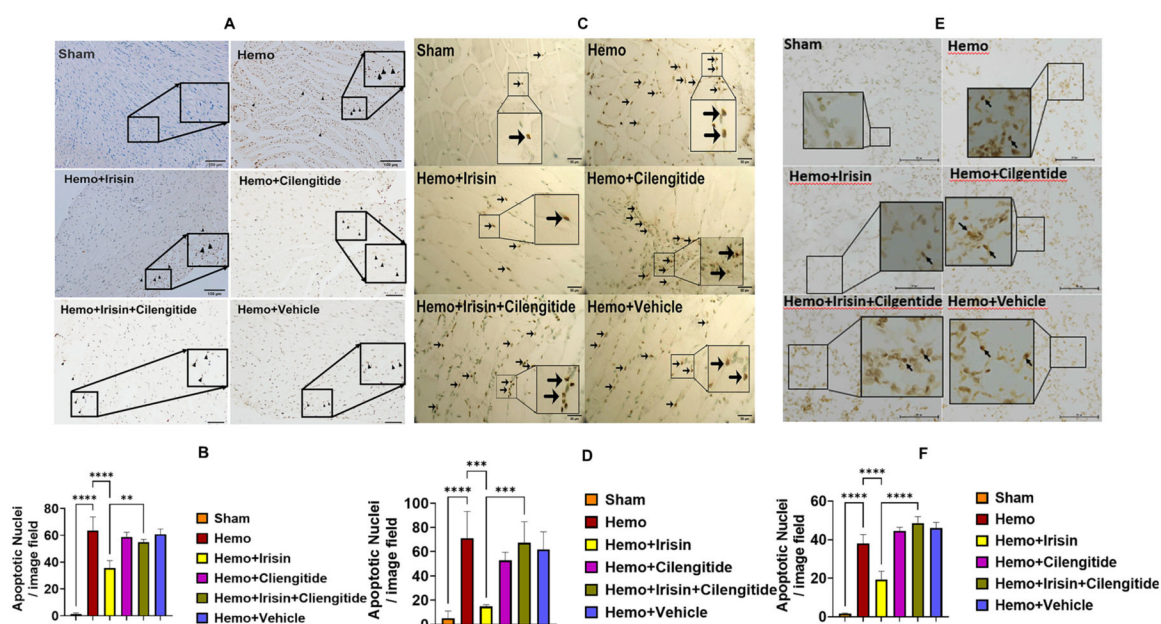


**Fig. 9.** Histological analysis of pathological injury in skeletal muscle, myocardium, and lung tissues of the mice following ITGB5 knockdown. A: Myocardial histology (H&E staining) of sham operated, ITGB5 knockdown hemorrhage, and irisin-treated ITGB5 knockdown hemorrhage (scale bars indicate 50  $\mu\text{m}$ ); B: A bar graph for data of inflammatory cell infiltration in myocardium; C: H&E staining of skeletal muscle in sham operated, hemorrhagic group, and irisin-treated groups (scale bars indicate 100  $\mu\text{m}$ ); D: A bar graph for data of neutrophilic infiltration in skeletal muscle; E: H&E staining of lungs in sham operated, ITGB5 knockdown hemorrhage and irisin-treated ITGB5 knockdown hemorrhage (original magnification, scale bars indicate 50  $\mu\text{m}$ ). Alveolar septal thickness was used to assess the extent of lung injury; F: A bar graph for data of alveolar septal thickness of the lung. Data are shown as Mean  $\pm$  SEM ( $n = 4-5$ /each group), \*\* $p < 0.01$ ; \*\*\* $p < 0.001$ ; \*\*\*\* $p < 0.0001$ .



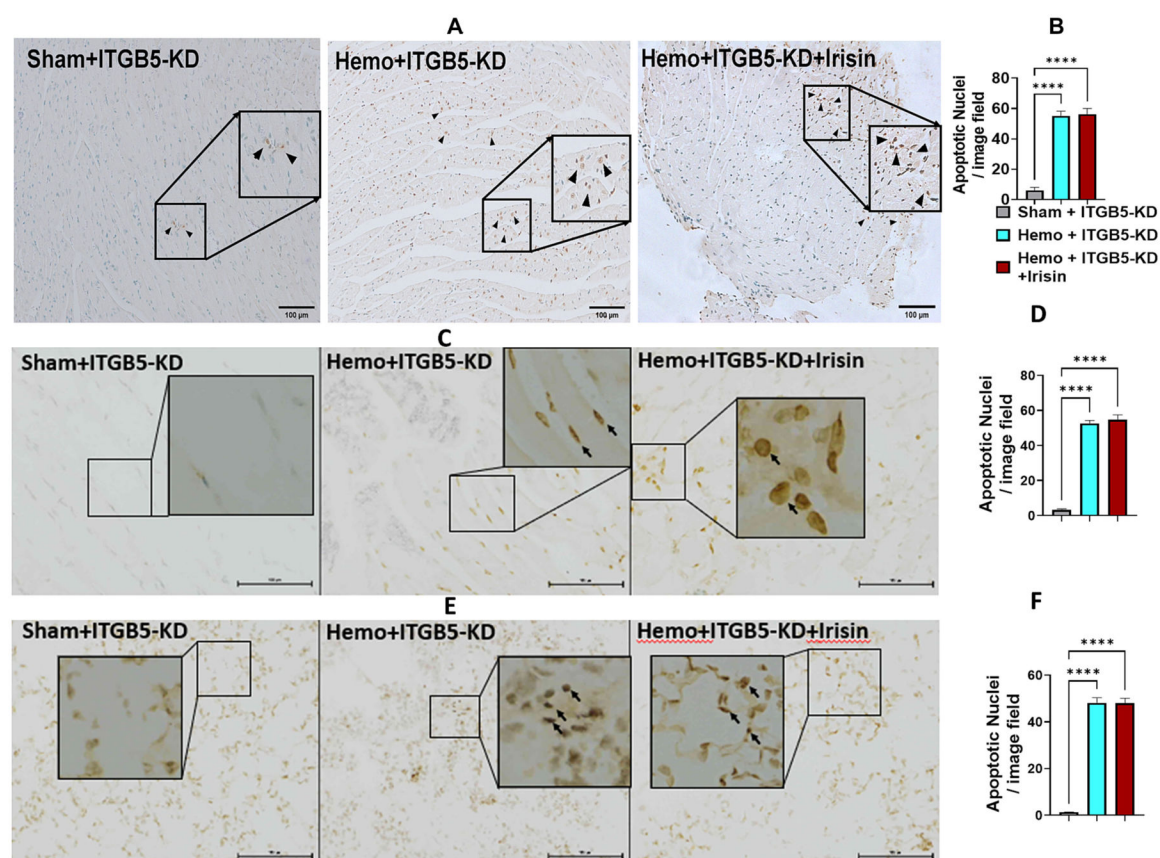
**Fig. 10.**

ELISA analysis of IL-6 and TNF- $\alpha$  in serum. Bar graphs for A: Levels of IL-6 in serum; B: Serum levels of TNF- $\alpha$ ; Data are shown as Mean  $\pm$  SEM ( $n = 5$ /each group). C: The cytokine release of mice exposed to hemorrhage following ITGB5 knockdown: ELISA analysis of IL-6 in serum among the groups, \*\* $p < 0.01$ ; \*\*\* $p < 0.001$ . Data are shown as Mean  $\pm$  SEM ( $n = 4-6$ /each group).

**Fig. 11.**

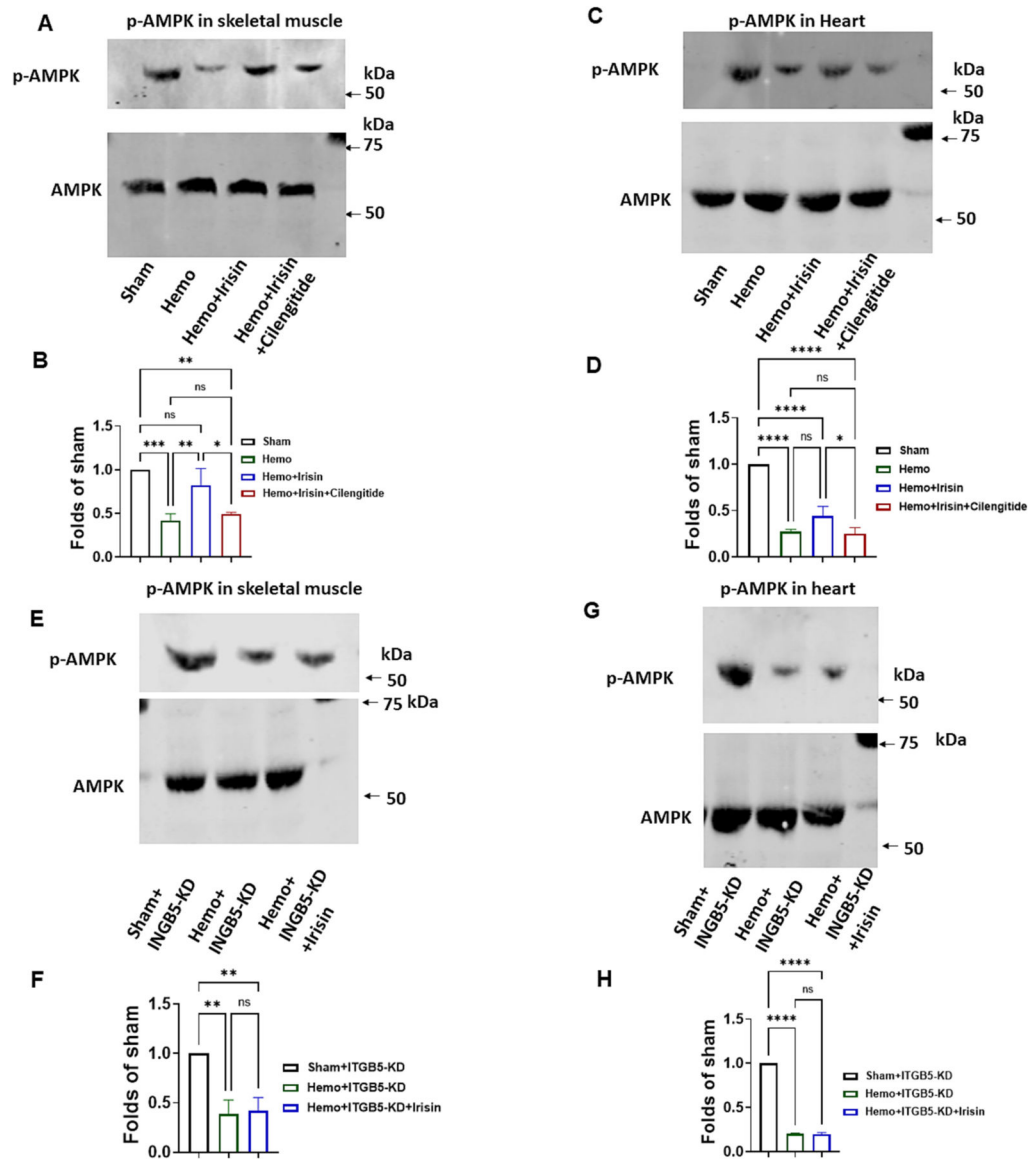
TUNEL staining of apoptosis in myocardium, skeletal muscle and lung following Cilengitide treatment. A: The image of apoptosis positive nuclei in myocardium (scale bar 100  $\mu$ m). B: A bar graph for statistical data of apoptosis positive nuclei in myocardium. C: The image of apoptosis positive nuclei in skeletal muscle (scale bar 50  $\mu$ m). D: A bar graph for statistical data of apoptosis positive nuclei in skeletal muscle. E: The Images of apoptosis positive nuclei in lung (scale bar 100  $\mu$ m). F: A bar graph for statistical data of apoptosis positive nuclei in lung. Data are expressed as Mean  $\pm$  SEM ( $n = 3-6$ /each group), \*\* $p < 0.01$ ; \*\*\* $p < 0.001$ ; \*\*\*\* $p < 0.0001$ .





**Fig. 12.**

TUNEL staining of apoptosis in myocardium, skeletal muscle and lung following ITGB5 knockdown: A: The image of TUNEL positive nuclei in myocardium; B: A bar graph for statistical data of TUNEL in myocardium; C: The number of TUNEL positive nuclei in skeletal muscle (scale bar 100  $\mu$ m). D: A bar graph for statistical data of TUNEL positive nuclei in skeletal muscle. E: The number of TUNEL positive nuclei in lung (scale bar 100  $\mu$ m). F: A bar graph for statistical data of TUNEL positive nuclei in Lung. Data are expressed as Mean  $\pm$  SEM ( $n = 4-6$ /each group); \*\*\*\* $p < 0.0001$ .

**Fig. 13.**

Western blot examines that AMPK phosphorylation in skeletal muscles and myocardium in ITGB5 sgRNA treatment. A: Phosphorylated-AMPK determined by Western blot in skeletal muscle of hemorrhage; B: A bar graph for densitometric analysis of p-AMPK. C: Phosphorylated-AMPK in myocardium; D: A bar graph for densitometric analysis of p-AMPK; E: Phosphorylated-AMPK in skeletal muscle in ITGB5 sgRNA treatment; F: A bar graph for densitometric analysis of p-AMPK. G: Phosphorylated-AMPK in myocardium of hemorrhage in ITGB5 sgRNA treatment; H: A bar graph for densitometric analysis of p-AMPK. Data are expressed as Mean  $\pm$  SEM ( $n = 3$ /each group). \* $p < 0.05$ ; \*\* $p < 0.01$ ; \*\*\* $p < 0.001$ ; \*\*\*\* $p < 0.0001$ .