

# Prospective comparison of the value of CRASH and CARG toxicity scores in predicting chemotherapy toxicity in geriatric oncology

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**Abstract.** Predicting the risk of severe adverse reactions to chemotherapy is of great clinical significance for proper selection of effective and safe treatment for elderly cancer patients. The present study aimed to verify and compare the value of two evaluation models of chemotherapy risk prediction for elderly cancer patients through prospective analysis. The two evaluation models assessed were the Chemotherapy Risk Assessment Scale for High-Age Patients (CRASH) and Cancer Aging Research Group (CARG) toxicity scores. Elderly patients aged  $\geq 70$  with cancer were recruited at two participating hospitals in China and completed an assessment prior to starting chemotherapy. CRASH and CARG toxicity scores of each participant were calculated. Chemotherapy-related toxicity was recorded through each cycle of chemotherapy. A total of 106 participants were recruited between September 2015 and August 2018. The CRASH and CARG toxicity scores were positively correlated ( $r=0.689$ ;  $P<0.01$ ). Of the participants, 54 (50.9%) participants underwent a grade 3-5 chemotherapy-related toxicity and 21 (19.8%) experienced grade 3-5 nonhematological toxicity in the process of treatment. CRASH and CARG toxicity scores predicted severe chemotherapy-related toxicity and had a high discriminatory value based on receiver operating characteristic curve analysis (area under the curve of 0.772 and 0.760, respectively;  $P<0.001$ ). The results of the present study indicate that the CRASH and CARG toxicity scores are helpful tools for the prediction of severe chemotherapy-related toxicity, and are recommended for routine oncology practice.

## Introduction

In recent years, older adult oncology has become a growing problem due to an aging population and an increased average life expectancy throughout the world (1). Cancer is the predominant cause of mortality in males and females worldwide between the ages of 60 and 79 (1). Over 50% of cancer and cancer-related deaths occur in patients aged  $>65$  years (2). Compared with the population aged  $<65$  years, the risk of tumor occurrence and tumor-related death in the population aged  $>70$  years is 11 times and 16 times higher (3). It is estimated that by 2030,  $\sim 70\%$  of adults diagnosed with cancer will be  $\geq 65$  years (3). Furthermore, elderly cancer patients are not adequately represented in clinical studies of new cancer treatments (4). As a result, there is little evidence for the specific treatment of these patients. The therapy of elderly cancer patients is a practical problem for geriatricians. Based on clinical practice, early diagnosis for older patients is often difficult due to complex and atypical clinical symptoms, and therefore, most elderly cancer patients do not have an opportunity for radical surgery and must choose chemotherapy. Biological features of certain types of cancer and reactivity to chemotherapy in elderly patients are distinct from the characteristics observed in younger patients (5). Physiological changes related to aging may affect tolerance to chemotherapy in the elderly and should be considered in the process of making treatment decisions. In addition to the effects of physiological factors, elderly patients are also faced with psychological, social, health care and other complex problems, which can influence the response of patients to chemotherapy and life expectancy (6). A study on chemotherapy toxicity in older patients found that  $\sim 53\%$  of patients experienced grade 3-5 adverse reactions during chemotherapy, among which the chemotherapy-related mortality rate was as high as 2% (7). A prospective study of 1,371 patients with advanced non-small cell lung cancer (NSCLC) compared the extent of adverse reactions to chemotherapy in older patients with that in younger patients (8). The results showed that 42% of patients aged 65-74 had adverse reactions to chemotherapy, and 30.6% of patients aged  $\leq 55$  had adverse reactions. The toxicity score is of great clinical significance for the selection of elderly cancer patients to receive effective and safe cancer treatment and for

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predicting the risk of adverse reactions to chemotherapy, and will contribute to the improvement of individualized therapy for geriatric patients with cancer.

The Karnofsky performance status (KPS) and Eastern Cooperative Oncology Group performance status (ECOG PS) scores are two widely used tools to assess the functional status and predict the chemotherapy resistance of cancer patients, but they are not designed specifically for elderly patients (9). Comprehensive geriatric assessment (CGA) is broadly applicable to appraise the benefits and risks of chemotherapy in elderly patients with cancer. It is a deep and multi-disciplinary assessment to evaluate the objective health of a patient including nutritional status, functional status, psychological status, cognitive function, comorbidities, polypharmacy, geriatric syndromes and socioeconomic issues (6,10,11). However, CGA takes too long and is not feasible in clinical practice. Different approaches have been developed to determine which geriatric patients with cancer may get the most benefit from chemotherapy. The Chemotherapy Risk Assessment Scale for High-Age Patients (CRASH) and Cancer Aging Research Group (CARG) toxicity scores are two promising diagnostic tools (12).

The CRASH toxicity score, developed by Extermann *et al* (13), was an evaluation tool for predicting adverse reactions to chemotherapy in elderly patients with cancer. The predictive factors for hematological toxicity included instrumental activity of daily living (IADL), lactate dehydrogenase (LDH), diastolic blood pressure (BP) and published toxicity of the chemotherapy drugs (Chemotox). Additionally, malnutrition (Mini-Nutritional Assessment score; MNA), cognition (Mini-Mental Status score; MMSE), ECOG PS score and Chemotox were predictors of nonhematological toxicity (13). As a method for the prediction of adverse reactions to chemotherapy, the evaluation process of CRASH is simple and easy to implement.

In addition to the CRASH toxicity scoring tool, the CARG score was established from a study of 500 individuals aged  $\geq 65$  years (7). Predictors of chemotherapy-related toxicity risk comprised tumor and treatment-related factors, including age of the patient, the type of cancer, dosing of chemotherapy and the number of chemotherapeutic drugs (7). Laboratory factors (creatinine clearance and level of hemoglobin) and geriatric assessment variables (necessity to assist the patient when taking medicine, hearing, ability to walk one block, number of falls in the past six months and social activity) were also included (7). The CARG toxicity score is clear and easy to use clinically.

Both evaluation tools for predicting the risk of adverse reactions to chemotherapy provide a reference for the selection of chemotherapy regimens and dose adjustment for elderly cancer patients, but to the best of our knowledge there are no relevant clinical prospective verification studies in China. The present study aimed to verify and compare the application value of the two different evaluation models (CRASH and CARG toxicity scores) in chemotherapy risk prediction for elderly cancer patients through prospective analysis. These practical chemotherapy risk assessment tools for elderly cancer patients and their suitability for use in China were explored.

## Materials and methods

*Design of study.* The prospective observational study occurred in two participating hospitals in Wuhan (Hubei, China), Tongji

Hospital and Wuhan Pulmonary Hospital. The study obtained approval from the Institutional Research Ethics Committee of Tongji Hospital. Every participant provided written informed consent.

*Patients.* A total of 106 participants aged 70 to 91 years (mean age, 73 years) were recruited from the two oncology centers between September 2015 and August 2018. The eligibility criteria were as follows: Aged  $\geq 70$  years; localized or metastatic solid carcinoma diagnosed by histology (any type, any stage); starting a new-line (first-line, second-line or third-line) chemotherapy. The exclusion criteria were as follows: Concurrent radiotherapy; simultaneous immunotherapy; impaired language or cognitive function leading to inability to complete assessments.

*Evaluations and tools.* The medical information of all participants was collected to use as a baseline, including tumor-specific variables, nutritional status, functional status, psychological state, cognitive function, social support and comorbidities. CRASH and CARG toxicity scores of each participant were determined by two independent researchers prior to starting chemotherapy. The CRASH tool consisted of hematological and nonhematological toxicity predictors (range 0-12) (13). The predictive factors of hematological toxicity included IADL, LDH, diastolic BP and Chemotox. The predictive factors of nonhematological toxicity included MNA score, MMSE score, ECOG PS score and Chemotox. Hematological toxicity score risk groups were divided into low (0-1), medium-low (2-3), medium-high (4-5) and high ( $\geq 6$ ). Nonhematological toxicity score risk groups were divided into low (0-2), medium-low (3-4), medium-high (5-6) and high (7-8). The total CRASH toxicity score risk groups were divided into low (0-3), medium-low (4-6), medium-high (7-9) and high ( $\geq 10$ ).

CARG toxicity score was also determined for the same participants by two independent researchers before the patients started chemotherapy. The CARG toxicity score included a geriatric assessment questionnaire containing the following information: Age of patient, type of cancer, dosing of chemotherapy, the number of chemotherapeutic drugs, level of hemoglobin, creatinine clearance rate, necessity to assist the patient when taking medicine, hearing, ability to walk one block, number of falls in the past six months and social activity (range 0-23) (14). CARG toxicity score risk groups were defined as low (0-5), intermediate (6-9) and high ( $\geq 10$ ). Through each cycle of chemotherapy, chemotherapy-related toxicity and assessment of physical condition were recorded every  $\sim 3$  weeks. For the CARG score tool, adverse events of hospitalization (grade 3), life-threatening (grade 4) and treatment-related death (grade 5) on the basis of the National Cancer Institute Common Terminology Criteria for Adverse Events (CTCAE; version 3.0) (15) were considered as severe. On the other hand, grade 4-5 hematological (H) or grade 3-5 nonhematological (NH) toxicity in accordance with CTCAE were identified as severe for the CRASH tool. Chemotherapy-related toxicity was confirmed when two geriatricians reviewed and agreed that the toxicity was due to chemotherapy.

*Statistical analysis.* Categorical data were described in terms of proportions (%) and frequencies. Continuous data were

characterized by median and means. Correlation of CRASH and CARG toxicity scores was examined using Spearman's correlation coefficient. Associations between risk groups according to the CRASH and CARG toxicity score and severe chemotherapy-related toxicity were compared using  $\chi^2$  test. Predictive performance of the two models was verified by determining area under the curve using receiver operating characteristic curve analysis (AUROC). An area of  $\geq 0.70$  was regarded as having predictive significance (16). All analyses were performed using SPSS version 20.0 for Windows (IBM Corporation).  $P < 0.05$  was considered to indicate a statistically significant difference for all analyses.

## Results

**Characteristics of patients.** Baseline assessments were performed for all 106 patients, and clinical features of participants are presented in Table I. Elderly lung cancer patients received monochemotherapy or polychemotherapy with a platinum-based (cisplatin, carboplatin or nedaplatin), two-drug regimen, including paclitaxel or gemcitabine for squamous carcinoma and pemetrexed for adenocarcinoma. Elderly patients with gastrointestinal tumors received 5-fluorouracil-based single drug therapy or combined chemotherapy. Chemotherapy with doxorubicin, paclitaxel or 5-fluorouracil was administered to elderly patients with breast cancer. Elderly patients with genitourinary tumors received chemotherapy containing paclitaxel, gemcitabine or platinum (cisplatin, carboplatin or nedaplatin). More elderly participants with lung cancer (53.8%) or stage IV (55.7%) cancer of any type were enrolled in the study. In the present study the characteristics of the population were compared with the population from the study by Hurria *et al* (7). A higher proportion of participants received >1 drug, their ability to walk one block was somewhat limited, and a lower proportion of participants reported falls in the preceding 6 months ( $P < 0.05$ ) (Table II).

**CRASH and CARG toxicity scores.** The median of the CRASH hematological toxicity score was 2.5 (range 0-6), with 23 (21.7%) participants classified as low-risk, 57 (53.8%) as medium-low-risk, 21 (19.8%) as medium-high-risk and 5 (4.7%) as high-risk (Fig. 1A). The median of the CRASH nonhematological toxicity score was 3 (range 0-8), with 47 (44.3%) participants classified as low-risk, 40 (37.7%) as medium-low-risk, 14 (13.2%) as medium-high-risk and 5 (4.7%) as high-risk (Fig. 1B). Therefore, the median of the total CRASH toxicity score was 4 (range 0-11), with 37 (34.9%) participants classified as low-risk, 47 (44.4%) as medium-low-risk, 18 (17.0%) as medium-high-risk and 4 (3.7%) as high-risk (Fig. 1C). The median of the CARG toxicity score was 7.5 (range 4-15) (Fig. 1D). Of the patients, 16 (15.1%) were identified as low-risk, 56 (52.8%) as intermediate-risk and 34 (32.1%) as high-risk. The CRASH and CARG toxicity scores were positively correlated ( $r = 0.689$ ;  $P < 0.01$ ) (Fig. 2).

**Toxicity of chemotherapy.** Scoring amongst CARG risk groups in the study population are shown in Table III. All 106 participants were included in the outcome analysis. A total of 54 (50.9%) participants underwent grade 3-5 chemotherapy-related adverse events in the process of the therapy and 21 (19.8%)

Table I. Demographics and clinical characteristics of participants (n=106).

Characteristic	n (%)
Sex	
Male	55 (51.9)
Female	51 (48.1)
Age, years	
70-74	60 (56.7)
75-79	23 (21.7)
$\geq 80$	23 (21.7)
Cancer type	
Lung	57 (53.8)
Gastrointestinal	30 (28.3)
Breast	9 (8.5)
Genitourinary	6 (5.7)
Other	4 (3.8)
Stage of cancer	
I	5 (4.7)
II	16 (15.1)
III	26 (24.5)
IV	59 (55.7)
Chemotherapy regimen	
Single-agent	16 (15.1)
Combination chemotherapy	90 (84.9)
Initial dose plan for cycle 1	
Standard dose	86 (81.1)
Reduced dose	20 (18.9)
Hemoglobin, <11g/dl (male) or <10g/dl (female)	16 (15.1)
Lactate dehydrogenase, >459 U/l	29 (27.4)
Creatinine clearance, <34 ml/min	10 (9.4)
Diastolic blood pressure, >72 mmHg	70 (66.0)
ECOG Performance Status	
0	67 (63.2)
1	28 (26.4)
2	10 (9.4)
3-4	1 (0.9)
Hearing, fair or worse	34 (32.0)
Fall in the preceding 6 months	10 (9.4)
IADL, score 10-25	51 (48.1)
Mini-Mental Health Status, <30	12 (11.3)
Mini-Nutritional Assessment, <28	66 (62.3)

experienced grade 3-5 non-hematological adverse events. Of the total number of patients, 33 (31.1%) underwent grade 3-5 hematological adverse events only and 5 (4.7%) suffered grade 4-5 hematological toxicity only. The most common grade 3-5 non-hematological toxicities were fatigue (20; 18.9%) and nausea (9; 8.5%). The types and frequencies of all grade 3-5 toxicity events are summarized in Table IV.

**The predictive value of CRASH and CARG toxicity scores.** For the CRASH toxicity score, the rates of severe

Table II. Comparison of study population versus Hurria *et al* (7) population by components of the CARG score.

Risk factor	Score <sup>a</sup>	Study population (n=106)	Hurria <i>et al</i> population (n=500)	P-value <sup>b</sup>
		n (%)	n (%)	
Age, years				
≥72	2	67 (63.2)	270 (54.0)	0.08
<72	0	39 (36.8)	230 (46.0)	
Cancer type				
Gastrointestinal or genitourinary	2	36 (34.0)	185 (37.0)	0.55
Other cancer types	0	70 (66.0)	315 (63.0)	
Chemotherapy dose				
Standard	2	86 (81.1)	380 (76.0)	0.25
Reduced	0	20 (18.9)	120 (24.0)	
More than one drug				
Yes	2	90 (84.9)	350 (70.0)	0.002
No	0	16 (15.1)	150 (30.0)	
Hemoglobin, g/dl				
<11 (male), <10 (female)	3	16 (15.1)	60 (12.0)	0.38
≥11 (male), ≥10 (female)	0	90 (84.9)	440 (88.0)	
Creatinine clearance, ml/min				
<34	3	10 (9.4)	45 (9.0)	0.89
≥34	0	96 (90.6)	455 (91.0)	
Hearing, fair or poor				
Yes	2	34 (32.1)	125 (25.0)	0.13
No	0	72 (67.9)	375 (75.0)	
Reported falls in preceding 6 months				
≥1	3	10 (9.4)	90 (18.0)	0.03
None	0	96 (90.6)	410 (82.0)	
Medications taken with at least some assistance				
Yes	1	9 (8.5)	40 (8.0)	0.87
No	0	97 (91.5)	460 (92.0)	
Walking one block at least somewhat limited				
Yes	2	34 (32.1)	110 (22.0)	0.03
No	0	72 (67.9)	390 (78.0)	
Social activity limited at least sometimes due to health				
Yes	1	39 (36.8)	220 (44.0)	0.17
No	0	67 (63.2)	280 (56.0)	

<sup>a</sup>Points scored for the presence of each item. CARG Toxicity Score is a sum of scores for all 11-items. <sup>b</sup>P-value based on a comparison of proportions of patients' scoring on each item between the current study population and the population in the study by Hurria *et al* (7) using  $\chi^2$  testing.

hematological toxicity in low, medium-low, medium-high and high-risk groups were 0, 7, 23.8 and 40%, respectively (Fig. 3A). The rates of severe nonhematological toxicity in low, medium-low, medium-high and high-risk groups were 10.6, 17.5, 42.9 and 60% (Fig. 3B). Rates of overall severe toxicity in low, medium-low, medium-high and high-risk groups were 5.4, 23.4, 55.5 and 75% (Fig. 3C). For the

CARG toxicity score, rates of severe adverse events in low, intermediate and high-risk groups were 6.3, 37.5 and 94.1%, respectively (Fig. 3D). The frequency of severe chemotherapy toxicity in the different risk groups according to the CRASH and CARG toxicity scores were shown in Fig. 4 and the differences were statistically significant (CRASH,  $\chi^2=22.2$ ;  $P<0.001$ ; CARG,  $\chi^2=42.2$ ;  $P<0.001$ ). In addition, these two

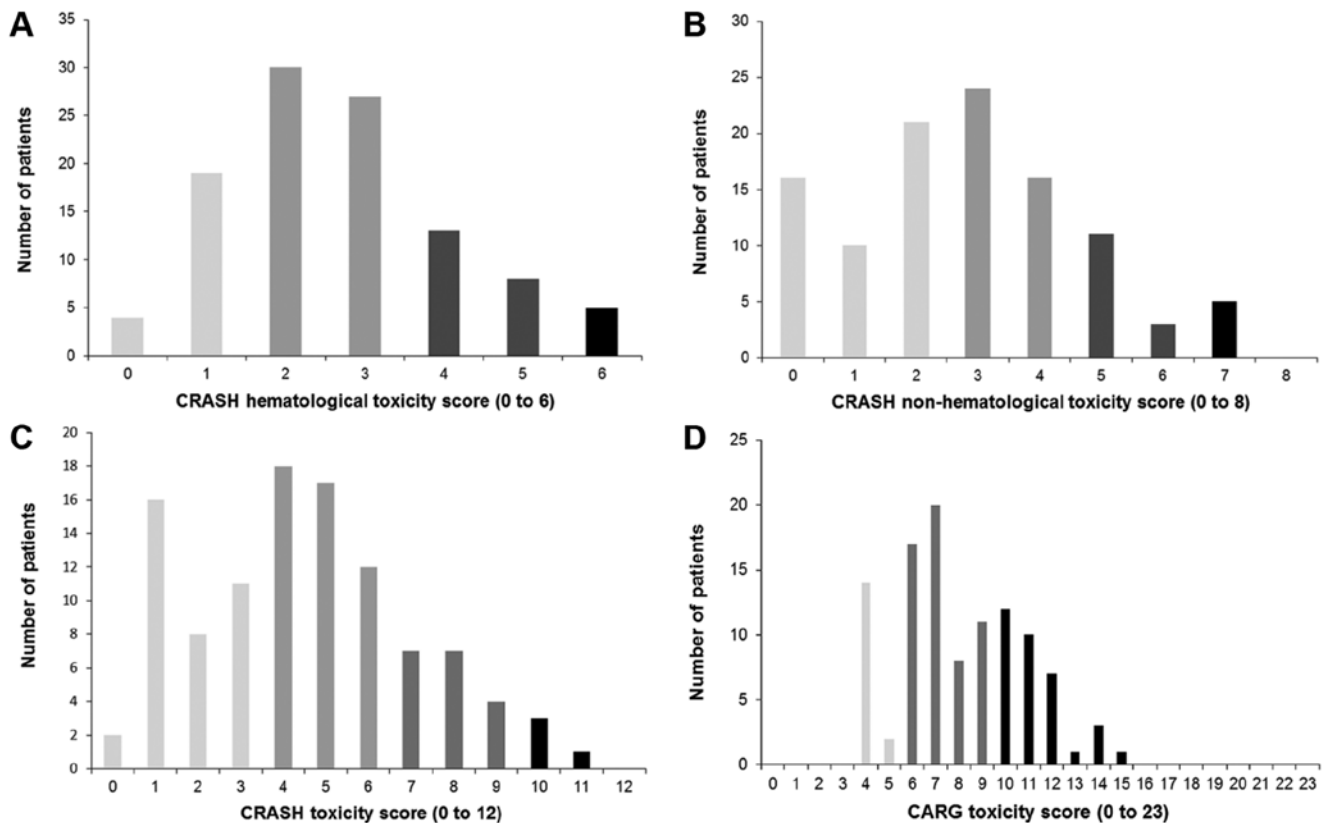


Figure 1. Distribution of the CRASH and CARG toxicity scores in the study population (n=106). (A) CRASH hematological and (B) nonhematological toxicity scores, and (C) total CRASH toxicity score. (D) CARG toxicity score. CRASH, Chemotherapy Risk Assessment Scale for High-Age Patients; CARG, Cancer Aging Research Group.

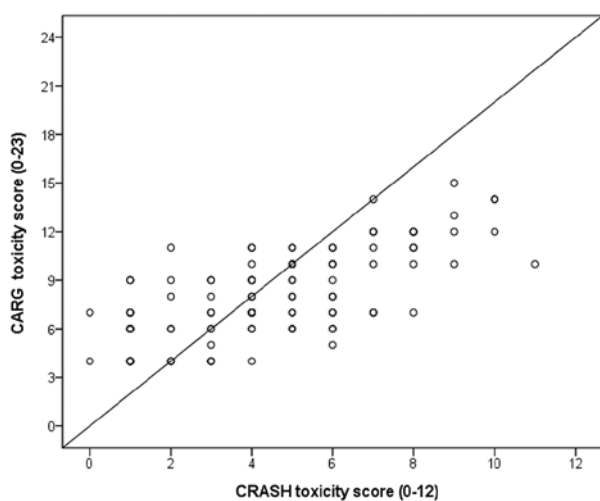


Figure 2. Correlation of the CRASH and CARG toxicity scores. Spearman's correlation coefficient,  $r=0.689$ . CRASH, Chemotherapy Risk Assessment Scale for High-Age Patients; CARG, Cancer Aging Research Group.

tools had high diagnostic values (AU-ROC, 0.772 and 0.760, respectively) (Fig. 5).

## Discussion

Cancer is predominantly a disease of senior citizens worldwide. The incidence of cancer in elderly patients is anticipated to rise further in the coming years as the population becomes more

aged (1). Individuals aged  $\geq 75$  years account for approximately one-third of cancer patients in developed countries (12). The increase risk of chemotherapy-associated adverse events in older patients is related to the changes in pharmacokinetics and pharmacodynamics of cancer treatment that result in a rise in the susceptibility of normal tissues to toxic complications (17). However, some retrospective studies have suggested that the adverse events of chemotherapy were not more serious or long-lasting in patients aged  $\geq 70$  years (18-21). A meta-analysis of five clinical studies of adjuvant chemotherapy based on cisplatin revealed that elderly cancer patients had similar survival benefits and toxicity compared with those of younger patients (22). Thus, age is not a contraindication to chemotherapy and the selection of suitable patients is crucial to maximize the survival benefits of chemotherapy in elderly cancer patients.

To accommodate the requirements of the CRASH and CARG tools, 106 cancer patients aged  $\geq 70$  years were recruited at two participating hospitals. Compared with the development population for the CARG toxicity score (7), more older participants with stage IV lung cancer and those receiving more than one drug were included in the study group. According to global cancer data in 2018, carcinoma of the lung is the most prevalent type and is also the predominant cause of death in men and women (23). Among patients with NSCLC, 50% are  $>70$  years and 15% are  $>80$  years at the time of diagnosis (24). Increasing evidence has confirmed that a combination of two drugs leads to a greater survival advantage than a single drug regimen for advanced cancer patients (25-27). In a multi-center

Table III. Scoring amongst CARG risk groups in study population.

Risk factor	Score <sup>a</sup>	Low-risk (n=16)	Medium-risk (n=56)	High-risk (n=34)
		n (%)	n (%)	n (%)
Age, ≥72 years	2	3 (31.3)	36 (64.3)	26 (76.5)
Cancer type, gastrointestinal or genitourinary	2	3 (31.3)	19 (33.9)	14 (41.2)
Standard dose chemotherapy	2	12 (75.0)	45 (82.1)	29 (85.3)
More than one drug	2	12 (75.0)	46 (91.0)	32 (94.1)
Hemoglobin, <11g/dl (male), <10g/dl (female)	3	0 (0.0)	3 (5.4)	13 (38.2)
Creatinine clearance, <34 ml/min	3	0 (0.0)	8 (14.3)	2 (5.9)
Hearing, fair or poor	2	1 (6.3)	12 (21.4)	21 (61.8)
Reported falls in preceding 6 months	3	0 (0.0)	2 (3.6)	8 (23.5)
Medications taken with at least some assistance	1	0 (0.0)	3 (5.4)	6 (17.6)
Walking one block at least somewhat limited	2	1 (6.3)	14 (25.0)	19 (55.9)
Social activity limited at least sometimes due to health	1	1 (6.3)	17 (30.4)	22 (64.7)

<sup>a</sup>Points scored for the presence of each item. CARG Toxicity Score is a sum of scores for all 11-items.

Table IV. The most common grade 3-5 chemotherapy-related toxicities.

Toxicity	Grades 3-5, n	Grade 3, n	Grade 4, n	Grade 5, n
All adverse events	54	42	11	1
Hematological	45	34	10	1
Leucopenia	38	29	8	1
Neutropenia	34	26	7	1
Febrile neutropenia	5	2	2	1
Anemia	10	7	2	1
Thrombocytopenia	15	10	4	1
Non-hematological	33	29	4	0
Fatigue	20	18	2	0
Nausea	9	8	1	0
Infection with normal absolute neutrophil count	8	7	1	0
Hypokalemia	6	6	0	0
Hyponatremia	5	5	0	0
Diarrhea	4	4	0	0
Dehydration	3	3	0	0
Thrombosis	3	3	0	0
Neuropathy	2	2	0	0
Acute kidney injury	2	2	0	0
Pneumonitis	2	2	0	0
Abdominal pain	1	1	0	0

randomized controlled phase III trial (IFCT-0501), chemotherapy with carboplatin and paclitaxel significantly prolonged survival for advanced NSCLC patients aged ≥70 years with

performance status score of 0-2 compared with single-agent chemotherapy with gemcitabine or vinorelbine, although the risk of adverse effects including weakness, febrile neutropenia

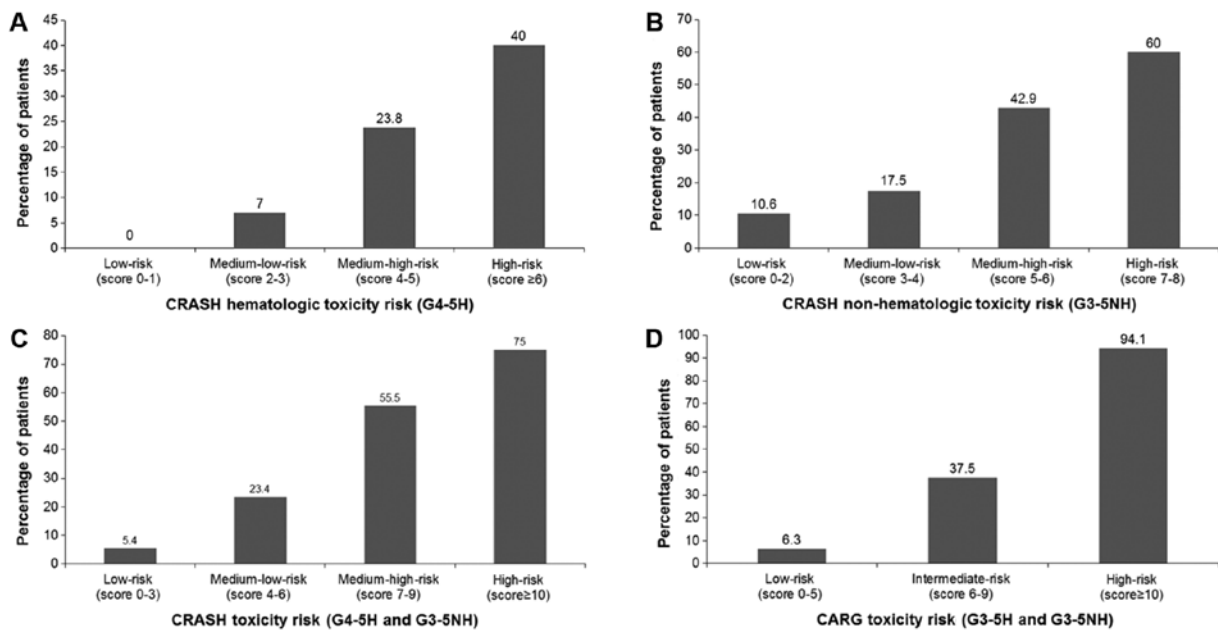


Figure 3. Percentage of patients who experienced (A) grade 4-5 hematological toxicity, (B) grade 3-5 nonhematological toxicity (G3-5NH), (C) either toxicity according to the CRASH toxicity score, and (D) grade 3-5 hematological and nonhematological toxicity according to the CARG toxicity score. CRASH, Chemotherapy Risk Assessment Scale for High-Age Patients; CARG, Cancer Aging Research Group; G3-5, grade 3-5; H, hematological toxicity; NH, nonhematological toxicity.

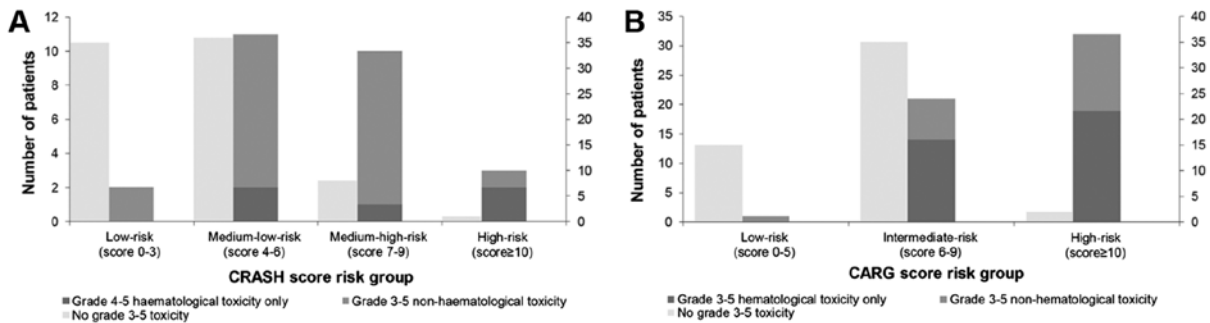


Figure 4. Severe chemotherapy toxicity according to risk group by the (A) CRASH and (B) CARG toxicity scores. CRASH, Chemotherapy Risk Assessment Scale for High-Age Patients; CARG, Cancer Aging Research Group.

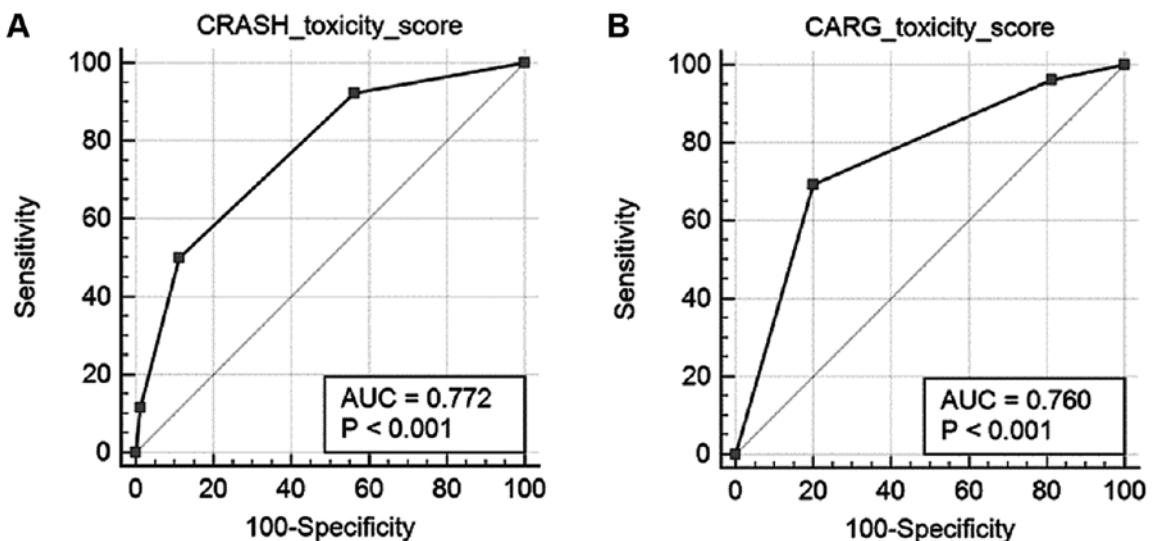


Figure 5. Predictive performance of the (A) CRASH and (B) CARG toxicity scores tested using receiver operating characteristics curve analysis. CRASH, Chemotherapy Risk Assessment Scale for High-Age Patients; CARG, Cancer Aging Research Group; AUC, area under the curve.

and mortality increased (28). The elderly cancer patients are more likely to fall (29). Diagnosis of cancer and administration of chemotherapy in elderly patients are associated with an increased risk of falling, particularly within 6 months of diagnosis (30-32). In the present study, there were fewer elderly cancer patients reported falling, indicating that the study population had improved performance status compared to the general population. In addition, more elderly patients with cancer had little restriction in their ability to walk at least a block, indicating a mild reduction in performance status.

For elderly patients with chemotherapy, the most frequent adverse events include myeloid inhibition leading to anemia, neutropenia or thrombocytopenia, cardiotoxicity, mucosal inflammation, neurotoxicity and renal toxicity (33). In the current study, grade 3-5 toxicity occurred in 50.9% of the participants (31.1% hematological toxicity and 19.8% nonhematological toxicity). The most frequent grade 3-5 hematological toxicities were leucopenia (38%), neutropenia (34%) and thrombocytopenia (15%), likely due to the cumulative effects of aging (34). A higher percentage of patients receiving multidrug chemotherapy also increases the risk of marrow suppression by chemotherapy (35). Fatigue related to cancer is a continuous, subjective feeling of tiredness that interferes with normal functioning associated with cancer or treatment for cancer (36). The most frequent grade 3-5 nonhematological adverse events were fatigue (20%) and infection with normal absolute neutrophil count (8%). These rates of nonhematological adverse events were similar to those reported by Hurria *et al* (7). The incidence of nausea in the current study was high (9%) and was deemed to be associated with the use of platinum-based chemotherapy in more elderly patients with lung carcinoma.

Numerous studies have noted the effectiveness of the CARG toxicity score in predicting chemotherapy toxicity in geriatric oncology (37-39). Alibhai *et al* (37) measured the CARG toxicity score of 46 patients with metastatic prostate cancer who received docetaxel chemotherapy. It was concluded that CARG toxicity score could predict the possibility of chemotherapy-related grade 2 adverse events, however the result was not significant. Nie *et al* (38) determined the CARG toxicity score of 120 patients with lung cancer undergoing chemotherapy. The incidence of severe chemotherapy-related toxicity in low, medium and high-risk groups increased significantly (9, 40 and 60%, respectively). Moth *et al* (39) compared the prediction of CARG toxicity score and the evaluation of oncologists based on clinical judgment and found that neither the evaluation of oncologists nor the CARG toxicity score could effectively estimate the occurrence of severe toxicity related to chemotherapy. To the best of our knowledge there has been no studies reporting the use of CRASH toxicity score to predict the risk of chemotherapy-related toxicity. In the present study, elderly cancer participants categorized as high-risk by the CRASH and CARG toxicity score manifested higher rates of severe toxicity related to chemotherapy compared with those categorized as low-risk. The CRASH and CARG toxicity scores were positively correlated with each other. The results of the current study indicate that the CRASH and CARG toxicity scores had high discriminatory value (AU-ROC>0.7). Differences in the study population may partly explain why the findings of the current study are different from those of other studies. The methodological differences may have affected the outcome of the study,

including the use of prospective records in the current study compared to others, which used retrospective designs.

The present study also has some limitations. A small sample size and the collection of data from only two observation centers limit the wider generalizability of the results. More older patients should be integrated into a multicenter approach and further studies should be performed to assess the two models for predicting chemotherapy toxicity in geriatric cancer patients.

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#### Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

#### Authors' contributions

JZ and TY contributed to the conception and design of the study. YL and JZ collected the data. YL, JF and XL analyzed and interpreted the data. YL, XL and JZ wrote the manuscript. All authors approved the final manuscript.

#### Ethics approval and consent to participate

The present study obtained approval from the Institutional Research Ethics Committee of Tongji Hospital. Written informed consent was obtained by all participants.

#### Patient consent for publication

Not applicable.

#### Competing interests

The authors declare that they have no competing interests.

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