# Impact of preceding respiratory viral infections on the clinical severity of patients with pneumococcal pneumonia

# Young Kyung Yoon,<sup>a,b</sup> Kyung Sook Yang,<sup>c</sup> Jang Wook Sohn,<sup>a,b</sup> Chang Kyu Lee,<sup>d</sup> Min Ja Kim<sup>a,b</sup>

<sup>a</sup>Division of Infectious Diseases, Department of Internal Medicine, Korea University College of Medicine, Seoul, Korea. <sup>b</sup>Institute of Emerging Infectious Diseases, Korea University College of Medicine, Seoul, Korea. <sup>c</sup>Department of Biostatistics, Korea University College of Medicine, Seoul, Korea. <sup>d</sup>Department of Laboratory Medicine, Korea University College of Medicine, Seoul, Korea. *Correspondence:* Min Ja Kim, Division of Infectious Diseases, Department of Internal Medicine, Korea University Anam Hospital, Korea University

Correspondence: Min Ja Kim, Division of Infectious Diseases, Department of Internal Medicine, Korea University Anam Hospital, Korea University College of Medicine, 73, Inchon-ro, Seongbuk-gu, Seoul 136-705, Korea. E-mail: macropha@korea.ac.kr

Accepted 26 May 2014. Published Online 24 June 2014.

**Background** This study aimed to investigate the impact of preceding respiratory viral infections (RVI) on the clinical severity of pneumococcal pneumonia patients.

**Methods** A retrospective observational study was conducted at a university hospital from January 2009 to March 2013. Study subjects included adults (aged  $\geq$ 18 years) with pneumococcal pneumonia who had undergone laboratory tests for RVI. Multivariate logistic regression analysis was performed to identify risk factors associated with severe pneumococcal pneumonia, defined as severity with the Pneumonia Severity Index (PSI) score  $\geq$ 91.

**Results** In total, 191 patients with pneumococcal pneumonia were included for analysis and stratified into 2 groups: the severe group with a PSI score  $\ge$ 91 (n = 99) and the non-severe group with a PSI score <91 (n = 92). Preceding RVIs were detected in 48 patients, including influenza A virus (n = 20), influenza B virus (n = 4),

parainfluenza viruses (n = 5), metapneumovirus (n = 4), rhinovirus (n = 4), respiratory syncytial viruses (n = 6), coronaviruses (n = 2), and mixed viral infections (n = 3). In the multivariate logistic regression analysis, preceding RVIs (odds ratio [OR], 2·49; 95% confidence interval [CI], 1·10–5·60), male sex (OR, 2·58; 95% CI, 1·24–5·38), old age (OR, 2·92; 95% CI, 1·37–6·24), hypoalbuminemia (OR, 3·26; 95% CI, 1·56–6·84)], and azotemia (OR, 2·24; 95% CI, 1·08–4·67) were significantly associated with severe pneumococcal pneumonia.

**Conclusion** This study suggests that preceding RVIs might be one of the risk factors affecting the clinical severity of pneumococcal pneumonia.

**Keywords** Clinical severity, pneumonia, respiratory viruses, *Streptococcus pneumoniae*.

*Please cite this paper as:* Yoon *et al.* (2014) Impact of preceding respiratory viral infections on the clinical severity of patients with pneumococcal pneumonia. Influenza and Other Respiratory Viruses 8(5), 549–556.

# Background

Community-acquired pneumonia (CAP) is the leading cause of death due to infectious diseases worldwide and accounts for major morbidity, mortality, and cost of care.<sup>1,2</sup> *Streptococcus pneumoniae* is the most dominant bacterial cause of CAP in adults.<sup>3</sup> Despite advances in medical care, mortality from pneumococcal pneumonia still ranges from 11% to 20%.<sup>4,5</sup> Known prognostic factors for mortality due to pneumococcal pneumonia include old age, male sex, preexisting lung diseases, solid organ tumors, nosocomial infections, leukopenia, low body temperature, urea nitrogen level >30 mg/dl, hypoalbuminemia, hypoxemia, septic shock, and high severity scores.<sup>6–9</sup> However, preceding respiratory virus infection (RVI) as a potential risk factor for severe pneumococcal pneumonia was not evaluated in these studies due to the unavailability of routine virological diagnostic assays.<sup>6–9</sup> It has been observed that polymerase chain reaction (PCR)-based testing allows the detection of various respiratory viruses and viral–bacterial co-infection might be associated with severe diseases.<sup>10–14</sup>

Rapid molecular diagnostic techniques, such as multiplexed nucleic acid PCR assays for respiratory viral pathogens, have recently been introduced into clinical practice. In recent studies, one or more respiratory virus infections have been reported in hospitalized adult patients with CAP.<sup>10–12</sup> Particularly, preceding RVIs have long been regarded as a predisposing factor for pneumococcal pneumonia.<sup>12,15–18</sup> Viral infections cause changes in respiratory tracts, including bronchoconstriction, increased mucus production,<sup>19</sup> stronger adhesion of pneumococci to virus-infected cells than uninfected cells,<sup>20</sup> decreased ciliary action,<sup>21</sup> damage to

© 2014 The Authors. Influenza and Other Respiratory Viruses Published by John Wiley & Sons Ltd. This is an open access article under the terms of the Creative Commons Attribution License, which permits use, distribution and reproduction in any medium, provided the original work is properly cited. mucosal cells, and dysfunction of leukocytes.<sup>20</sup> However, studies regarding the clinical impact of preceding RVIs in patients with pneumococcal pneumonia are limited.

The purpose of this study was to evaluate the clinical significance of preceding RVIs on the clinical severity of pneumococcal pneumonia in adults.

# Methods

### Study design

This was a retrospective case–control study, which was performed at a 950-bed tertiary care hospital in Seoul, the Republic of Korea, from January 2009 to March 2013. Subjects included adult patients (age  $\geq$ 18 years) with pneumococcal pneumonia who had been tested for RVI using multiplex reverse transcription-polymerase chain reaction (RT-PCR) within 30 days preceding *S. pneumoniae* isolation and were followed up until death or hospital discharge. A case was defined as a patient with severe pneumonia (i.e., determined by a pneumonia severity index [PSI] score  $\geq$ 91 [risk class  $\geq$ IV]), while a control was defined as an adult patient with non-severe pneumonia (i.e., PSI score  $\leq$ 90 [risk class  $\leq$ III]).<sup>22</sup>

The study protocol was approved by the hospital institutional review board, which also waived the requirement of informed consent, as this retrospective study required no deviation from routine medical practice.

### Definitions and data collection

Pneumococcal pneumonia was defined as an acute lower respiratory tract infection with opacity or infiltrates on a chest radiograph as confirmed by radiologists plus isolation of *S. pneumoniae* from sputum samples in outpatients or inpatients within 48 hours of hospital admission. All patients received antimicrobial therapy for >5 days. Acute lower respiratory tract infection was defined as the presence of two or more of the following symptoms or signs: productive cough, fever, dyspnea, pleuritic chest pain, and crackles. Septic shock was defined according to standard criteria.<sup>23</sup>

Clinical data for each patient diagnosed with pneumococcal pneumonia were collected from a computerized hospital database. Only a single episode per patient was included in this study during all winter seasons. Patients who did not undergo laboratory tests for RVI within 30 days preceding pneumococcal pneumonia were excluded. Hospital-acquired pneumonia cases that were presented  $\geq$ 48 hours after admission or within 7 days after hospital discharge were also excluded. All patients were treated with antibiotics according to local practice guidelines.<sup>24</sup>

Clinical parameters for analysis included demographic and clinical characteristics, comorbid medical conditions,<sup>25</sup> pneumonia treatment, antimicrobial susceptibility, and treatment outcome. The PSI<sup>22</sup> and CURB-65<sup>26</sup> scores were

calculated based on the clinical presentation of pneumonia. Pneumonia-related mortality was defined according to microbiological failure, persistent pneumonia-associated symptoms and signs, and the absence of other definite causes of death.

### Microbiological methods

Blood and sputum cultures were routinely performed for patients who were present at the emergency room or were admitted to the hospital due to suspected pneumonia. Simultaneously, patients who had preceding or concurrent flu-like or cold symptoms underwent nasopharyngeal swab sampling to isolate the respiratory viruses. Clinical isolates of *S. pneumoniae* were identified by conventional biochemical methods and the VITEK 2 GP card (bioMérieux, Marcy l'Etoile, France). Antimicrobial susceptibility was determined using the VITEK 2 system according to the revised Clinical and Laboratory Standards Institute's interpretive criteria for *S. pneumoniae*.<sup>27</sup>

Nasopharyngeal swab samples were tested for 12 respiratory virus pathogens, including influenza virus type A and type B, human metapneumovirus (HMPV), respiratory syncytial virus (RSV) type A and type B, rhinovirus, parainfluenza viruses (PIV; types 1, 2, and 3), coronaviruses OC43/229E and NL63, and adenovirus, by using the Seeplex RV assay (Seegene, Inc., Seoul, Korea) based on a multiplex RT-PCR method. Viral DNA and RNA were extracted from each respiratory specimen using the Gene-spin<sup>™</sup> kit (iNtRON Biotechnology, Seoul, Korea) according to the manufacturer's instructions and the nucleic acid amplification was conducted using the Seeplex RV master mix as described previously.<sup>28</sup>

### Statistical analyses

Demographic and clinical characteristics were compared between patients with severe and non-severe pneumococcal pneumonia. Independent categorical variables were described using counts (proportions) and compared using the chisquare test or Fisher's exact test. Continuous variables were expressed as mean  $\pm$  standard deviation or median interquartile range (IQR). A two-sample Student's t-test was used to compare continuous independent variables with normal distribution. A Mann-Whitney U-test was used to compare continuous independent variables with a non-normal distribution. Multivariate logistic regression analyses using a backward stepwise variable selection based on logistic regression statistics was used to examine the impact of multiple independent predictors on the clinical severity of pneumococcal pneumonia as a dependent variable. Hosmer-Lemeshow goodness-of-fit tests were performed to evaluate the models. Internal accuracy obtained by leave-one-out crossvalidation was used to evaluate the performance of the predictive model. Statistical significance was defined as a P < 0.05. Statistical analyses were performed using IBM SPSS Statistics version 20.0 (IBM Corporation, Armonk, NY, USA), R 2.15.2 (The R Foundation for Statistical Computing, Vienna, Austria), and SAS 9.2 (SAS Institute Inc., Cary, NC, USA).

# Results

### Patients and clinical characteristics

During the study period, a total of 504 694 patients visited our hospital as outpatients ( $n = 410\ 856$ ) or inpatients ( $n = 93\ 838$ ). A total of 975 patients (1003 multiple episodes) who had *S. pneumoniae* isolation from sputum cultures were initially screened. Of these patients, 900 were aged  $\geq 18$  years. Patients who did not undergo multiplex RT-PCR for RVI within 30 days preceding *S. pneumoniae* isolation (n = 640), received antibiotic therapy for <5 days (n = 51), and acquired pneumonia at the hospital (n = 18) were excluded from the study. Finally, 191 patients who had pneumococcal pneumonia were analyzed for the study, including 26 (13.6%) outpatients and 165 (86.4%) hospitalized patients. None of them had polymicrobial infection or any simultaneous infections at other sites.

The median (IQR) of the CURB-65 and PSI scores in the 191 patients with pneumococcal pneumonia were 2 (1–4) and 92 (74–117), respectively. PSI classes were observed as follows: class II (n = 38, 19·9%), class III (n = 53, 27·7%), class IV (n = 71, 37·2%), and class V (n = 29, 15·2%). Ninety-nine (51·8%) patients had severe pneumococcal pneumonia (PSI score  $\geq$ 91).

One hundred and thirty-two (66.3%) patients received RVI testing throughout the influenza seasons of the Northern hemisphere (November to April). Forty-eight (25.1%) patients had preceding or concurrent RVIs detected by multiplexed RT-PCR performed within 30 days of pneumonia presentation (Table 1). In particular, Influenza A and B and RSV infections were predominant during the winter months of the study period (January 2009 to March 2013) as shown in Figure 1.

Comparisons of demographic and clinical characteristics between the patients with severe and non-severe pneumococcal pneumonia are shown in Table 2. Hypoalbuminemia, azotemia, and thrombocytopenia were more common in the case group (severe pneumococcal pneumonia) than in the control group (non-severe pneumococcal pneumonia). In addition, anemia and hyperbilirubinemia were more common in the case group (Table 2). The case group had more frequent preceding RVIs than the control group.

The case group had more multilobar consolidation on the chest radiographs than the control group (32 [32·3%] versus 15 [16·3], respectively; P = 0.010). However, there was no significant difference in the complicated pleural effusion between the case and control groups (8 [8·1%] versus 4 [4·3], respectively; P = 0.288).

**Table 1.** The etiology of respiratory viral infections in patients with pneumococcal pneumonia

Type of virus	n (%)
Influenza A virus	20 (41.7)
Influenza B virus	4 (8.3)
Parainfluenza viruses	5 (10.4)
Parainfluenza virus 1	2 (4.2)
Parainfluenza virus 3	1 (2.1)
Parainfluenza virus 4	2 (4.2)
Human metapneumovirus	4 (8.3)
Rhinovirus	4 (8.3)
Respiratory syncytial viruses	6 (12.5)
Respiratory syncytial virus A	3 (6.3)
Respiratory syncytial virus B	3 (6.3)
Coronaviruses	2 (5.4)
Coronavirus 229E/NL63	2 (5.4)
Mixed viruses*	3 (6.3)
Total	48 (100)

\*Mixed viruses represent co-infection of two viruses: Respiratory syncytial virus A plus influenza A virus (n = 1), metapneumovirus plus influenza B (n = 1), and rhinovirus plus coronavirus 229E/NL63 (n = 1).

### Antimicrobial treatment and clinical outcome

The treatment and clinical outcomes between the severe and non-severe groups are compared in Table 3. There were no significant differences in antimicrobial therapy, intensive care units, hemodialysis, and mechanical ventilation between the two groups. All patients from the two groups received the appropriate antibiotic therapy for pneumococcal pneumonia based on the antimicrobial susceptibility results. Twenty-three (12.0%) patients received antibiotics for pneumococcal pneumonia prior to arriving at this hospital, which was not significantly different between the case and the control groups (14 [14.1%] vs. 9 [9.8%], respectively; P = 0.355). The resistance rates of the pneumococcal isolates to penicillin and levofloxacin were significantly higher in the case group than in the control group (Table 4).

The all-cause in-hospital mortality rate and pneumoniarelated mortality rate were 8.4% and 6.3%, respectively. The median length of hospital stay for inpatients was 8 days (IQR, 4–18). Patients with severe pneumococcal pneumonia showed higher pneumonia-related mortality and longer hospital stays than patients with non-severe pneumococcal pneumonia (Table 3).

### Impact of preceding RVIs on clinical severity

In the multivariate logistic regression analysis, preceding RVI (odds ratio [OR], 2.49; 95% confidence interval [CI], 1.10-5.60), male sex (OR, 2.58; 95% CI, 1.24-5.38), old age (OR, 2.92; 95% CI, 1.37-6.24), hypoalbuminemia (OR, 3.26; 95%



**Figure 1.** The monthly distribution of the etiology of preceding or concurrent respiratory viral infections in patients with pneumococcal pneumonia from January 2009 to March 2013.

Table 2. Demographic and clinical characteristics of 191 patients with pneumococcal pneumonia according to clinical severity

Variables	All ( <i>n</i> = 191)	Severe group (n = 99, 51·8%)	Non-severe group (n = 92, 48·2%)	<i>P</i> -value	
Male sex, n (%)	119 (62.3)	76 (76·8)	43 (46.7)	<0.001	
Age (year), median (IQR)	70 (60–77)	73 (67–79)	64 (54–74)	<0.001	
Age ≥65 years, <i>n</i> (%)	123 (64-4)	78 (78.8)	45 (48.9)	<0.001	
Preceding viral infection, n (%)	48 (25.1)	32 (32.3)	16 (17.4)	0.017	
Interval between pneumonia and viral infection (day), median (IQR)	1 (1–3)	3 (0–8)	1 (0–7)	0.295	
Comorbidity, n (%)					
Cardiovascular	33 (17.3)	17 (17.2)	16 (17.4)	0.968	
Central nervous system	37 (19-4)	24 (24-2)	13 (14.1)	0.077	
Malignancy	34 (17.8)	25 (25.3)	9 (9.8)	0.005	
Diabetes mellitus	44 (23.0)	32 (32.3)	12 (13.0)	0.002	
Renal	7 (3.7)	3 (3.0)	4 (4.3)	0.713	
Hepatic	6 (3.1)	3 (3.0)	3 (3.3)	1.000	
Respiratory	36 (18.8)	19 (19.2)	17 (18.5)	0.900	
Hematological	9 (4.7)	7 (7.1)	2 (2.2)	0.172	
Connective tissue diseases	3 (1.6)	0	3 (3.3)	0.110	
Charlson comorbidity score*	2 (0-4)	3 (1–5)	1 (0–3)	<0.001	
Pneumococcal bacteremia, n (%)	11 (5.8)	9 (9.1)	2 (2.2)	0.040	
Predisposing factors, n (%)					
Prior operation	13 (6.8)	8 (8.1)	5 (5.4)	0.468	
Receipt of corticosteroids	21 (11.0)	10 (10.1)	11 (12.0)	0.682	
Laboratory results					
White blood cell count $\geq$ 15 000/µl, n (%)	65 (34.0)	42 (42.4)	23 (25.0)	0.011	
C-reactive protein >100 mg/dl, n (%)	113 (59-2)	67 (67.7)	46 (50.0)	0.013	
Procalcitonin ≥2 ng/ml, n (%)	29 (15-2)	22 (22.2)	7 (7.6)	0.005	
Hematocrit <30%, <i>n</i> (%)	61 (31.9)	42 (42.4)	19 (20.7)	0.001	
Platelet count <100 000/µl, n (%)	31 (16-2)	23 (23.2)	8 (8.7)	0.006	
Albumin $<3.0$ mg/dl, $n$ (%)	79 (41.4)	58 (58.6)	21 (22.8)	<0.001	
Bilirubin $\geq 2 \text{ mg/dl}, n (\%)$	20 (10.5)	15 (15.2)	5 (5.4)	0.028	
Blood urea nitrogen ≥19 mg/dl, n (%)	96 (50.3)	67 (67.7)	29 (31.5)	<0.001	

IQR, interquartile range; PSI, pneumonia severity index.

\*Charlson comorbidity score, CURB-65, and pneumonia severity index scores were assessed on the day of community-acquired pneumonia diagnosis.

CI, 1.56-6.84), and azotemia (OR, 2.24; 95% CI, 1.08-4.67) were significantly associated with severe pneumococcal pneumonia (Table 5). The *P*-values for the Hosmer–Leme-

show goodness-of-fit test were >0.05 (P = 0.107). Hence, there was no significant evidence of a lack of fit for any of the final models.

Variables	All ( <i>n</i> = 191)	Severe group ( <i>n</i> = 99, 51.8%)	Non-severe group $(n = 92, 48.2\%)$	P value	
Antiviral treatment (Oseltamivir), <i>n</i> (%)	17 (8.9)	11 (11.1)	6 (6.5)	0.266	
Antibiotic treatment, $n$ (%)					
Cephalosporins	124 (64.9)	70 (70.7)	54 (58.7)	0.082	
β-lactam/β-lactamase inhibitors	4 (2.1)	1 (1.0)	3 (3.3)	0.353	
Fluoroquinolones	91 (47.6)	48 (48.5)	43 (46.7)	0.809	
Carbapenems	11 (5.8)	7 (7.1)	4 (4.3)	0.420	
Glycopeptides	12 (6.3)	8 (8.1)	4 (4.3)	0.288	
Macrolides	67 (35.1)	30 (30-3)	37 (40·2)	0.151	
Piperacillin/tazobactam	23 (12.0)	15 (14-1)	8 (9.8)	0.355	
Clindamycin	11 (5.8)	7 (7.1)	4 (4.3)	0.420	
Other	7 (3.7)	6 (6.1)	1 (1.1)	0.120	
Intensive care unit care	50 (26-2)	38 (38-4)	12 (13.0)	<0.001	
Mechanical ventilator care	29 (15.2)	22 (22.2)	7 (7.6)	0.005	
Hemodialysis	2 (1.0)	2 (2.0)	0	0.498	
Clinical outcome					
Hospital stay (day)*, median (IQR)	8 (4–18)	8 (6–17)	6 (3–14)	0.006	
Pneumococcal-related mortality, $n$ (%)	12 (6.3%)	11 (11.1)	1 (1.1)	0.004	
In-hospital mortality, n (%)	16 (8.4)	11 (11.1)	5 (5.4)	0.157	

Table 3. Antimicrobial treatment and clinical outcome in 191 patients with pneumococcal pneumonia according to clinical severity

IQR, interquartile range.

\*Inpatient hospital days.

Table 4. Antimicrobial resistance rates of *Streptococcus pneumoniae* isolates from 191 patients with pneumococcal pneumonia according to clinical severity

Variables	All ( <i>n</i> = 191)	Severe group ( <i>n</i> = 99, 51.8%)	Non-severe group (n = 92, 48·2%)	P value	
Ponicillin	13 (6 8)	12 (12 1)	1 (1 1)	0.002	
Third generation cephalosporins	38 (19.9)	22 (12.1)	16 (17.4)	0.403	
Erythromycin	122 (63.9)	64 (64.6)	58 (63.0)	0.818	
Levofloxacin	15 (7.9)	12 (12.1)	3 (3.3)	0.023	
Imipenem	64 (33.5)	32 (32.3)	32 (34.8)	0.719	
TMP/SMX	105 (55.0)	53 (53.5)	52 (56.5)	0.679	

TMP/SMX, trimethoprim/sulfamethoxazole.

Leave-one-out cross-validation was performed to assess the predictive accuracy of the final model. The AUCs for the clinical severity model were >0.80 for both the raw data set and the leave-one-out cross-validation. For the leave-one-out cross-validation, the sensitivity, specificity, positive predictive value, and negative predictive value obtained with an optimal cut-off point were >0.70 (Table 6).

During the study period, 142 adult patients with other forms of bacterial pneumonia underwent multiplex RT-PCR tests for RVI within 30 days preceding other types of bacterial isolation. Out of them, 25 (16.6%) patients had co-infection with RVIs and other forms of bacterial pneumonia, such as *Staphylococcus aureus* (n = 14), *Haemophilus*  influenzae (n = 2), Pseudomonas aeruginosa (n = 3), and Klebsiella pneumoniae (n = 6). Preceding RVIs were detected in 25 patients, including influenza A virus (n = 9), HMPV (n = 2), rhinovirus (n = 8), RSV (n = 3), and mixed viral infections (n = 3: RSV plus coronavirus, coronavirus plus PIV, and rhinovirus plus PIV). In patients with preceding RVIs and other forms of bacterial pneumonia, compared to those with post-viral pneumococcal pneumonia, the median (IQR) of CURB-65 (2 [2–3] versus 2 [1–4], respectively; P = 0.720), PSI scores (118 [86–150] versus 100 [81–127], respectively; P = 0.201), severe pneumococcal pneumonia (10 [40.0%] versus 10 [20.8%], respectively; P = 0.081), allcause in-hospital mortality rate (4 [16.0%] versus 4 [8.3%], 
 Table 5. Multivariable logistic regression analysis of risk factors

 associated with severe pneumococcal pneumonia in 191 patients with

 pneumococcal pneumonia\*

Variables	Odds ratio	95% confidence interval	<i>P</i> -value
Preceding respiratory viral infection	2.49	1.10–5.60	0.028
Male sex	2.58	1.24–5.38	0.012
Age ≥65 years	2.92	1.37–6.24	0.006
Albumin < 3.0 mg/dl	3.26	1.56–6.84	0.002
Blood urea nitrogen ≥19 mg/dl	2.24	1.08–4.67	0.031
Underlying diabetes mellitus	2.12	0.87–5.17	0.098
Underlying malignancy	2.36	0.91–6.12	0.079

\*This model includes risk factors, such as male sex, old age ( $\geq$ 65 years), underlying diabetes mellitus, underlying malignancy, Charlson comorbidity score, preceding respiratory virus infection, septic shock, CURB-65 score, multilobar consolidation on the chest radiograph, white blood cell count  $\geq$ 15 000/µl, C-reactive protein >100 mg/dl, procalcitonin  $\geq$ 2 ng/ml, hematocrit <30%, platelet count <100 000/µl, albumin <3.0 mg/dl, bilirubin  $\geq$ 2 mg/dl, and blood urea nitrogen  $\geq$ 19 mg/dl.

respectively; P = 0.320), and pneumonia-related mortality rate (5 [20.0%] versus 4 [8.3%], respectively; P = 0.150) were not significantly different. However, in 142 adult patients with other forms of bacterial pneumonia, preceding RVIs were not significantly associated with severe pneumonia (5/25 [20.0%] in patients with severe pneumonia versus 19/ 117 [16.2%] in patients with non-severe pneumonia; P = 0.649).

### Discussion

In this study, we investigated the impact of preceding RVIs on the clinical severity of pneumococcal pneumonia. Preceding RVIs, male sex, old age, hypoalbuminemia, and azotemia were identified as risk factors that were significantly associated with severe pneumococcal pneumonia (PSI score  $\geq$ 91) through validation of a multivariate model designed to predict clinical severity.

In this study, at least one respiratory virus was detected in  $25 \cdot 1\%$  (48/191) of patients within the 30 days preceding pneumonia presentation. The most common viral pathogens detected in decreasing frequency were influenza A virus, RSV, and PIV. According to three prospective studies, bacterial–viral co-infections were present in 4–30% of adults with CAP.<sup>10–12</sup> In a study by Jennings *et al.*,<sup>12</sup> rhinovirus was the most common virus identified from mixed viral and bacterial infections in adults with CAP, followed by RSV and influenza A virus. Our findings indicate that a quarter of patients presenting pneumococcal pneumonia had RVIs in the preceding 30 days.

In this study, preceding RVIs was one of the independent risk factors associated with severe pneumococcal pneumonia (a higher PSI score  $\geq$ 91), suggesting a potential role of preceding RVIs on clinical severity. In previous studies, it was also reported that bacterial–viral co-infection in adults with CAP was associated with higher PSI risk than only bacterial infections.<sup>10–13</sup> Hypoalbuminemia, azotemia, and host factors (i.e., male sex and increasing age) were also associated with the clinical severity of pneumococcal pneumonia, which are the known prognostic factors for mortality in patients with CAP.<sup>6–9</sup>

For both outpatients (13.6%) and hospitalized patients (86.4%) in our study, the in-hospital mortality rate of pneumococcal pneumonia was 8.4% compared to 11–20% for only hospitalized patients from other studies.<sup>4,5</sup> There was no mortality among the 26 outpatients, which included 2 (7.7%) patients with severe pneumonia. The in-hospital mortality rate (4 [8.3%] versus 12 [8.4%], respectively; P = 1.000) and pneumococcal pneumonia-related mortality rate (4 [8.3%] versus 8 [5.6%], respectively; P = 0.501) were not significantly different between patients with preceding RVIs and those without preceding RVI.

In our study, the most frequent preceding RVI was influenza during the influenza season (November to April). Influenza virus infection has been demonstrated as an important predisposing factor for subsequent pneumococcal

Table 6.	The predictive	probability (	of high severity	pneumococcal	pneumonia	in the m	ultivariate l	logistic r	egression model	and	validation	results
----------	----------------	---------------	------------------	--------------	-----------	----------	---------------	------------	-----------------	-----	------------	---------

		% (95% CI)	% (95% CI)					
Validation	AUC (95% CI)	Sensitivity Specificity		PPV	NPV			
Raw data set LOOCV	0·819 (0·757–0·871) 0·811 (0·748–0·864)	88·9 (81·0–94·3) 78·8 (69·4–86·4)	65·2 (54·6–74·9) 73·9 (63·7–82·5)	73·3 (64·5–81·0) 76·5 (67·0–84·3)	84·5 (74·0–91·5) 76·4 (66·2–84·8)			

AUC, area under the curve; 95% CI, 95% confidence interval; LOOCV, leave-one-out cross-validation; NPV, negative predictive value; PPV, positive predictive value.

pneumonia. The hypothesized synergistic interactions between the two pathogens includes epithelial damage, changes in airway function, up-regulation of receptors, and changes to innate immune response.<sup>19–21</sup> While the seasonal distribution of preceding RSV and HMPV infections overlapped during the winter and spring periods, the PIV infections were distributed from June to August. Interactions between pneumococcus and other respiratory viruses have also been suggested. RSV-induced impairments of macrophage or neutrophil function and cytokine signaling have increased the risk for pneumococcal infections in the murine model.<sup>15,16</sup> HMPV or PIV and pneumococcus co-infections have also been demonstrated to act synergistically in the mouse model.<sup>17,18</sup>

During the study period, 25 (17.2%) of the 142 patients with other forms of bacterial pneumonia had co-infection with RVIs: *S. aureus* (n = 14), *H. influenzae* (n = 2), *P. aeruginosa* (n = 3) and *K. pneumoniae* (n = 6). In contrast to pneumococcal pneumonia, preceding RVIs were not significantly associated with severe pneumonia in patients with other form of bacterial pneumonia.

According to our study, screening and early detection of RVIs in patients with severe pneumococcal pneumonia might be warranted for appropriate antiviral therapy and the prevention of intra-hospital transmission. Prevention strategies, including vaccination against both seasonal influenza and pneumococcal diseases, have already been emphasized during the influenza season.

Our study has certain limitations. First, this was a singlecenter study. The limited number of case subjects who underwent laboratory tests for RVI might be associated with selection bias. The multiplex RT-PCR test for respiratory viruses has been introduced into clinical practice recently. Therefore, many clinicians have still a low level of test awareness and only the patients who had preceding or concurrent flu-like or cold symptoms were chosen for RVI testing. Secondly, the number of patients with RVIs other than influenza limited the ability to determine how different viral pathogens affect the clinical severity of pneumococcal pneumonia. Thirdly, this retrospective observational study included patients with pneumococcal pneumonia who received antibiotic therapy for  $\geq 5$  days based on the clinical diagnosis and outcome. Therefore, this study may not be representative of untreated patients of pneumococcal pneumonia. However, there were no patients who died within 5 days after admission among the 51 patients who had S. pneumoniae isolation from sputum cultures and received antibiotics therapy for <5 days. Fourthly, the incidence of pneumococcal bacteremia was low in our study; this might be partly due to the exposure of antibiotics before obtaining the first blood culture in 14 (7.3%) patients or the study design, which included only patients with pneumococcal pneumonia who had virological tests for RVI prior to isolating pneumococci from sputum cultures.

# Conclusion

In conclusion, preceding or concurrent RVIs might significantly influence the clinical severity in patients with pneumococcal pneumonia in addition to other factors, such as male sex, old age, hypoalbuminemia, and azotemia. Further studies are needed to understand the role of preceding or concurrent RVIs and to determine the clinical benefits of routine viral diagnostic tests for RVIs in patients with pneumococcal pneumonia.

# Funding

This study was financially supported in part by Yuhan Co. (Seoul, Korea), the Korea University Grant (K1220811), the City of Seoul Grant #10920, and the National Research Foundation of Korea grant funded by the Korean government (No. K20902001448-10E0100-03010).

## **Competing interests**

The authors declare that they have no competing interests.

# Author contributions

Y.K.Y. analyzed the data and wrote the manuscript. C.K.L. and J.W.S. participated in the treatment of the patients. M.J.K. coordinated the study and revised the manuscript. All authors read and approved the final manuscript.

### References

- 1 van der Poll T, Opal SM. Pathogenesis, treatment, and prevention of pneumococcal pneumonia. Lancet 2009; 374:1543–1556.
- 2 Lieberman D, Schlaeffer F, Boldur I *et al.* Multiple pathogens in adult patients admitted with community-acquired pneumonia: a one year prospective study of 346 consecutive patients. Thorax 1996; 51:179–784.
- **3** Woo JH, Kang JM, Kim YS *et al.* A prospective multicenter study of community-acquired pneumonia in adults with emphasis on bacterial etiology. Infect Chemother 2007; 33:1–7.
- **4** Feikin DR, Schuchat A, Kolczak M *et al.* Mortality from invasive pneumococcal pneumonia in the era of antibiotic resistance, 1995–1997. Am J Public Health 2000; 90:223–229.
- **5** Rodriguez A, Lisboa T, Blot S *et al.* Mortality in ICU patients with bacterial community-acquired pneumonia: when antibiotics are not enough. Intensive Care Med 2009; 35:430–438.
- 6 Saldías PF, Viviani GP, Pulgar BD *et al.* Prognostic factors and mortality in immunocompetent adult patients hospitalized with community-acquired pneumococcal pneumonia. Rev Med Chil 2009; 137:1545–1552.
- 7 Song JS, Choe PG, Song KH et al. Risk factors for 30-day mortality in adult patients with pneumococcal bacteraemia, and the impact of

antimicrobial resistance on clinical outcomes. Epidemiol Infect 2012; 140:1267–1276.

- **8** Harboe ZB, Thomsen RW, Riis A *et al.* Pneumococcal serotypes and mortality following invasive pneumococcal disease: a population-based cohort study. PLoS Med 2009; 6:e1000081.
- 9 Riquelme R, Torres A, El-Ebiary M et al. Community-acquired pneumonia in the elderly: A multivariate analysis of risk and prognostic factors. Am J Respir Crit Care Med 1996; 154:1450–1455.
- **10** Johnstone J, Majumdar SR, Fox JD *et al.* Viral infection in adults hospitalized with community-acquired pneumonia: prevalence, pathogens, and presentation. Chest 2008; 134:1141–1148.
- **11** Templeton KE, Scheltinga SA, van den Eeden WC *et al.* Improved diagnosis of the etiology of community-acquired pneumonia with real-time polymerase chain reaction. Clin Infect Dis 2005; 41:345–351.
- **12** Jennings LC, Anderson TP, Beynon KA *et al.* Incidence and characteristics of viral community-acquired pneumonia in adults. Thorax 2008; 63:42–48.
- **13** Johansson N, Kalin M, Hedlund J. Clinical impact of combined viral and bacterial infection in patients with community-acquired pneumonia. Scand J Infect Dis 2011; 43:609–615.
- 14 Gaydos CA. What is the role of newer molecular tests in the management of CAP? Infect Dis Clin North Am 2013; 27:49–69.
- 15 Senft AP, Taylor RH, Lei W et al. Respiratory syncytial virus impairs macrophage IFN-alpha/beta- and IFN-gamma-stimulated transcription by distinct mechanisms. Am J Respir Cell Mol Biol 2010; 42:404–414.
- **16** Stark JM, Stark MA, Colasurdo GN *et al.* Decreased bacterial clearance from the lungs of mice following primary respiratory syncytial virus infection. J Med Virol 2006; 78:829–838.
- 17 Kukavica-Ibrulj I, Hamelin ME, Prince GA et al. Infection with human metapneumovirus predisposes mice to severe pneumococcal pneumonia. J Virol 2009; 83:1341–1349.
- **18** Alymova IV, Portner A, Takimoto T *et al*. The novel parainfluenza virus hemagglutinin-neuraminidase inhibitor BCX 2798 prevents lethal

synergism between a paramyxovirus and *Streptococcus pneumoniae*. Antimicrob Agents Chemother 2005; 49:398–405.

- 19 Nickerson CL, Jakab GJ. Pulmonary antibacterial defenses during mild and severe influenza virus infection. Infect Immun 1990; 58:2809– 2814.
- 20 Hament JM, Kimpen JL, Fleer A et al. Respiratory viral infection predisposing for bacterial disease: a concise review. FEMS Immunol Med Microbiol 1999; 26:189–195.
- **21** Tristram DA, Hicks W Jr, Hard R. Respiratory syncytial virus and human bronchial epithelium. Arch Otolaryngol Head Neck Surg 1998; 124:777–783.
- 22 Fine MJ, Auble TE, Yealy DM et al. A prediction rule to identify lowrisk patients with community-acquired pneumonia. N Engl J Med 1997; 336:243–250.
- **23** Longo DL, Fauci AS, Kasper DL *et al.* Harrison's Principles of Internal Medicine, 18th edn. New York: McGraw-Hill, 2008.
- 24 Song JH, Jung KS, Kang MW et al. Treatment guidelines for community-acquired pneumonia in Korea: an evidence-based approach to appropriate antimicrobial therapy. Infect Chemother 2009; 41:133–153.
- **25** Charlson M, Szatrowski TP, Peterson J *et al.* Validation of a combined comorbidity index. J Clin Epidemiol 1994; 47:1245–1251.
- 26 Lim WS, van der Eerden MM, Laing R et al. Defining community acquired pneumonia severity on presentation to hospital: an international derivation and validation study. Thorax 2003; 58:377–382.
- **27** Clinical and Laboratory Standards Institute. Performance standards for antimicrobial susceptibility testing. Eighteenth informational supplement, M100-S18. Wayne, PA: Clinical and Laboratory Standards Institute, 2008.
- 28 Roh KH, Kim J, Nam MH et al. Comparison of the Seeplex reverse transcription PCR assay with the R-mix viral culture and immunofluorescence techniques for detection of eight respiratory viruses. Ann Clin Lab Sci 2008; 38:41–46.