

1 ***APOE4* and Infectious Diseases Jointly Contribute to Brain Glucose Hypometabolism, a Biomarker of**
2 **Alzheimer's Pathology: New findings from the ADNI**

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5

6 **Abstract**

7 **Introduction**

8 We investigated the interplay between infections and *APOE4* on brain glucose hypometabolism, an early
9 preclinical feature of Alzheimer's Disease (AD) pathology.

10 **Methods**

11 Multivariate linear regression analysis was performed on 1,509 participants of the Alzheimer's Disease
12 Neuroimaging Initiative (ADNI). The outcomes were the rank-normalized hypometabolic convergence
13 index (HCI) and statistical regions of interest (SROI) for AD and mild cognitive impairment (MCI). Further,
14 the HCI and its change in the presence and absence of *APOE4* were evaluated.

15 **Results**

16 Infections were associated with greater hypometabolism [0.15, 95% CI: 0.03, 0.27, p=0.01], with a more
17 pronounced effect among *APOE4* carriers, indicating an interaction effect. A higher HCI (0.44, p=0.01) was
18 observed in *APOE4* carriers with multiple infections, compared to (0.11, p=0.08) for those with a single
19 infection, revealing a dose-response relationship. The corresponding estimates for the association of
20 infections with SROI AD and SROI MCI were -0.01 (p=0.02) and -0.01 (p=0.04) respectively.

21 **Conclusion**

22 Our findings suggest that infections and *APOE4* jointly contribute to brain glucose hypometabolism and
23 AD pathology, supporting a “multi-hit” mechanism in AD development.

24

25 **Keywords**

26 Alzheimer’s Disease, Infections, Hypometabolic Convergence Index, Statistical Regions of Interest, *APOE4*,
27 Brain Hypometabolism

28 **1 Introduction**

29 Alzheimer’s disease (AD) is a slowly developing neurodegenerative disorder that is clinically manifested
30 as dementia.¹ The current figure for the AD burden in older adults in the United States is 6.7 million, and
31 it is poised to rise to 13.8 million by 2060.² The preclinical stage of AD can last many years without obvious
32 signs of dementia.³ It is crucial to better understand this preclinical stage in order to develop successful
33 AD prevention.⁴ Common preclinical features of AD include toxic protein depositions, neuronal apoptosis
34 and reduction in hippocampal volume (brain shrinkage), and brain glucose hypometabolism.^{5,6} The brain
35 glucose hypometabolism is observed long before the occurrence of overt symptoms in AD and is partly
36 due to mitochondrial dysfunction.⁷ Measuring glucose utilization in the brain using positron emission
37 tomography (PET) and 18F-fluorodeoxyglucose (FDG) allows for convenient examination of
38 hypometabolic patterns in the brain.⁸ Brain scans based on FDG PET can effectively detect around 90% of
39 AD-specific metabolic patterns, such as those in the parieto-temporal, frontal, and posterior cingulate
40 regions.⁹

41 A large genetic component drives AD (60-80%), and the entire spectrum of the disease can develop over
42 15-25 years.¹⁰ Genetic variations in the *APOE* gene could single-handedly account for a large part of the
43 risk related to AD in old age.¹¹ On the other hand, addressing modifiable risk factors could reduce or delay
44 up to 40% of dementia risk.¹² Therefore, by focusing on the modifiable risk factors, a substantial part of

45 the AD burden could be alleviated at the population level.¹³ Prevention of certain infections can reduce
46 the risk of chronic diseases, including neurological deficits.^{14–16} Accumulating evidence suggests that
47 infections could be a significant risk factor for AD that may also facilitate the development of AD pathology
48 at the preclinical stage, though the exact mechanism is unclear and might involve a direct detrimental
49 impact of infection-related factors as well as indirect effects of compromised immunity.^{17–20}

50 The connection between infections and AD and related pathology may also be influenced by genetic
51 factors.^{18,21,22} There are also indications that infections can contribute to brain hypometabolism, one of
52 the earliest features of AD pathology; however, research on this topic is scarce.²³ Here we explore how
53 infectious diseases may influence brain glucose metabolism in presence and absence of *APOE4*, the
54 strongest genetic risk factor for AD, in participants of the Alzheimer’s Disease Neuroimaging Initiative
55 (ADNI).

56

57 **2 Data and Methods**

58 **2.1 Study Population**

59 ADNI is a multi-center observational study that began in 2004 under the supervision of Michael W.
60 Weiner. The study recruited individuals within the 55-90 years age range, and enrollment in this cohort
61 occurs in different phases, with previous participants continuing to be in the study and new participants
62 being recruited. To compare and gain knowledge about dementia, this database maintains and updates
63 demographic, phenotypic, biomarker, and genetic data gathered from participants with normal cognition,
64 AD, and other forms of cognitive impairment. The availability of such a wide variety of biomarkers
65 provides sufficient information to learn about the evolution and pathology driving AD.²⁴

66 More details regarding the study design and objectives can be accessed here
67 (<https://adni.loni.usc.edu/study-design/>). Broadly, ADNI seeks to integrate information from biomarkers,

68 cognitive measures, and brain scans to improve AD diagnosis and treatment.²⁵ Brain scans were primarily
69 collected to learn about the structural and metabolic functions of the brain, serving as a standard for
70 differentiating the pathological changes seen in AD from those in normal aging.²⁶

71 **2.2 Predictors: Infections and *APOE4***

72 Prior infections were determined by combining the information from medical history, baseline symptoms,
73 initial health assessment, and adverse effects datasets. The details of the selected subset of infections
74 included in the final dataset are illustrated in Supplementary Figure 1. Medical history information was
75 collected during screening visit using a questionnaire. Non-harmonious disease names were uniformly
76 labeled for analytical purposes. Duplicated participant information having the same infection and
77 diagnosis date, as well as any infections lacking a diagnosis date, were subsequently excluded. Covariates
78 such as age, sex, education, race, marriage status, and *APOE4* information were retrieved from the
79 ADNIMERGE file.

80 The *APOE4* carrier status was identified from DNA extracted by Cogenics from a 3 mL aliquot of EDTA
81 blood extracted from participants during their screening visit.²⁷ Anti-diabetic medications were
82 extracted (list provided in the Supplementary File 2) using the *Anatomical Therapeutic Chemical*
83 (*ATC*) classification system coding (<https://www.who.int/tools/atc-ddd-toolkit/atc-classification>).
84 Information regarding smoking and alcohol usage was obtained from the medical history file. Finally, we
85 retained infections that only preceded the HCl measurements.

86 **2.3 Outcomes: Brain glucose hypometabolism, AD and MCI**

87 Multiple PET scanners were used to capture brain images based on a standard protocol.²⁸ Measures were
88 taken to correct for the related discrepancies.²⁹ The details regarding the PET scan and related protocols
89 can be viewed elsewhere (<https://adni.loni.usc.edu/methods/pet-analysis-method/pet-analysis/>). The

90 generated raw PET data are centrally stored at the Laboratory of Neuroimaging (LONI) at the USC Mark
91 and Mary Stevens Neuroimaging and Informatics Institute of the University of California.³⁰

92 We retrieved the processed study outcomes from the BAIPETNMRCFDG dataset
93 (<https://adni.bitbucket.io/reference/baipetnmc.html>). The main outcome of interest was the
94 hypometabolic convergence index (HCI), developed to reflect the AD-specific hypometabolism across
95 regions of the brain by computing voxel-wise z-scores from FDG-PET brain images. Higher HCI values
96 correspond to lower levels of metabolism in the brain.³¹

97 Additionally, we examined the associations for infections with statistical regions of interest (SROI)
98 corresponding to AD and Mild Cognitive Impairment (MCI). SROI associations might provide additional
99 insights into the cerebral metabolic rate for glucose (CMRgl) decline in these brain regions, helping to
100 understand the disease-specific pathology they represent.³² The Statistical Parametric Mapping (SPM)
101 software was used to generate the HCI and SROI scores.^{32,33} The work of Landau et al. provides further
102 details on the generation and development of regions of interest in the ADNI cohort.³⁴ A decline in FDG-
103 PET Region of Interest (ROI) values suggests pathological brain damage and may contribute to the
104 progression of dementia.³³

105 **2.4 Statistical Analysis**

106 R version 4.3.2 was used for the data linking and statistical analysis.³⁵ We analyzed the dataset with full
107 covariate and outcome information, without performing any imputations. The *ggplot2* package was used
108 to create variable distribution plots.³⁶ The leptokurtic HCI readings were normalized during the *RNomni*
109 package.³⁷ Multivariate linear regression models were conducted for all specified outcomes separately.
110 Age, education, and allele dosages of *APOE ε4* were analyzed as continuous variables. Infections, AD, and
111 diabetes medications were coded as a binary variable (yes or no). Marriage, smoking, and alcohol use
112 were coded as Ever or Never. We explored models with a full set and a reduced set of covariates. The

113 parsimonious model (best explanatory model) was determined using the Akaike Information Criterion
114 (AIC) in the *MuMin* package.³⁸ A two-sided p-value less than 0.05 was considered to support our
115 hypothesis.

116 A *Random Forest-based* model was used to rank the significant variables according to their contributions
117 to the best model.³⁹ The effect modification for infections with HCl by *APOE4* carrier status was assessed
118 by visualizing with the *rockchalk* package.⁴⁰ Marginal mean estimates were calculated to show the
119 interaction effects for the infections across categories of *APOE4* and sex.

120 **2.5 Ethics Approval**

121 The Institutional Review Board of Duke University Health System issued approval for this study (Protocol
122 IDs Pro00109279 and Pro00105389). All participants provided written informed consent. ADNI studies
123 follow Good Clinical Practices guidelines, the Declaration of Helsinki, and United States regulations (U.S.
124 21 CFR Part 50 and Part 56).

125 **3 Results**

126 **3.1 Participant Characteristics**

127 The final sample included information on 1,509 participants after data linking (Supplementary Figure 2).
128 As shown in Table 1, the average age among participants was 73.3 years, with an average education
129 duration of 16.0 years (IQR 14.0-18.0). Over 96% of respondents reported being ever married, and 55.8%
130 were males. There was a relatively lower representation of non-white individuals, totaling 116 (7.6%) in
131 the sample. Percentage of individuals with a history of smoking and alcohol use was 27.1% and 3.3%,
132 respectively. Of these, 215 individuals accounting for 14.2% of the total sample size, reported having
133 infections. The median interval between biomarker assessment and infections was 8.4 (IQR: 3.5 - 28.3).
134 Median HCl was 12.59, and the IQR was 8.4 - 19.3.

135 Figure 1 shows the distributions of the original HCl and rank-normalized HCl and also a scatterplot of their
136 relationship. For AD and MCI participants, the mean SROI values were 1.15 and 1.03, respectively. About
137 3% of participants with diabetes were on medication, and 18.3% had an AD diagnosis. Peptic ulcer disease
138 (PUD) (n=152), urinary tract infection (UTI) (n=146), and pneumonia (n=102) were the most frequent
139 among the selected infections. Supplementary Figure 3 shows the difference in the distribution of HCl
140 values for individuals with infections, AD, and *APOE4*. The median HCl value among individuals with
141 infections was 13.64, while it was lower (12.48) for those without infections. It was also seen that the HCl
142 had a modest positive correlation with *APOE4* (Supplementary Figure 4).

143

144 Table 1. Demographic and clinical characteristics of the study population

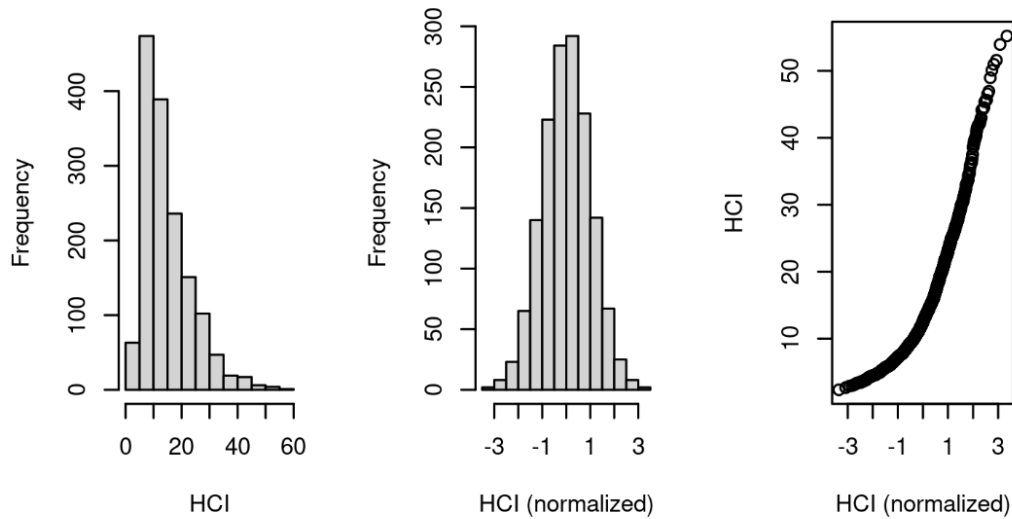
Variable	Mean/Median /Frequency	SD/IQR	Range
Age (Years) #	73.3	7.2	55.0-91.4
Male (%)	843 (55.8%)		
Education (Years) #	16.0	14.0-18.0	4.0-20.0
Marriage Status			
Ever	1455 (96.4%)		
Never	54 (3.5%)		
Race			
White	1393 (92.3%)		
Other	116 (7.6%)		
Smoking (Ever)	409 (27.1%)		
Alcohol (Ever)	50 (3.3%)		
Infections (Yes)	215 (14.2%)		

Time duration (Years) #[@]	8.4	3.5-28.3	0.03-86.7
HCI #	12.59	8.4-19.3	2.3-55.2
SROI AD	1.15	0.08	0.8-1.38
SROI MCI	1.03	0.10	0.7-1.35
<i>APOE4</i>[§]			
0	813 (53.8%)		
1	544 (36.0%)		
2	152 (10.0%)		
Diabetes (Yes)			
AD	277 (18.3%)		

Note. Data are presented as mean \pm standard deviation (SD) or percentage (%) for continuous and categorical variables, respectively; #Variables with skewed distributions are presented as median and IQR. [§]Frequencies in the analyzed sample. [@]Time from Infection to HCI measurements.

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147

148 Figure 1. Distribution of HCI and normalized HCI with scatterplot showing their relationship

149 3.2 Association of Infections and Other Predictors with the HCI

150 Supplementary Table 1 shows the regression estimates for all the predictors in the multivariate linear
151 regression full model for HCI outcome. Marriage status, education, smoking, alcohol, and diabetes
152 medication use were not significant predictors of HCI. Table 2 presents the results of the reduced model,
153 which best describes the model variance. AD status predicted the strongest reduction in brain metabolism
154 [$\beta = 1.04$, 95% CI 0.92-1.15, $p < 0.001$], followed by age [$\beta = 0.01$, 95% CI 0.01-0.02, $p < 0.001$] and *APOE4*
155 carrier status [$\beta = 0.32$, 0.25-0.38, $p < 0.001$]. Higher variable relevance is indicated by higher values of
156 %INCMSE and INCNodepurity (Supplementary Table 2). The regression coefficient for infections was 0.15
157 [95% CI 0.02- 0.27, $p = 0.01$]. Males and white people were at higher risk of having elevated HCI values.
158 Smoking history was the only non-significant predictor retained in the reduced model. The adjusted R-
159 squared from the reduced model was 26.9%. Males had higher median HCI values.

160 In the sex-stratified analysis evaluating the effects of infections versus non-infections, males generally
161 demonstrated relatively higher HCl values (Supplementary Table 3). The difference in normalized marginal
162 means between all groups was statistically significant ($p < 0.001$). The combined effects of infections and
163 *APOE4* carrier status on HCl levels are shown in Figure 2. This was significantly greater than the effects of
164 either variable alone. Supplementary Table 4 clarifies these results. Specifically, for individuals without
165 infections and *APOE4* carrier status, the estimated marginal mean was 0.03 ($p = 0.53$). However, this
166 increased significantly to 0.18 ($p < 0.001$) for *APOE4* non-carriers in the presence of infections. Notably,
167 among *APOE4* carriers, the estimated marginal mean was substantially higher at 0.62, and this value rose
168 to 0.77 with infections ($p < 0.001$), confirming an interaction between the two factors.

169 This interaction was further demonstrated in the additional analysis (Supplementary Table 5 and Figure
170 3), indicating that carriers who experienced multiple infections exhibited greater hypometabolism. Among
171 individuals with more than one prior infection ($n = 23$), the estimate was significantly higher at 0.44
172 ($p = 0.01$) compared to those with a single infection, which was 0.11 ($p = 0.08$), revealing a dose-response
173 relationship.

174

175 Table 2. Regression estimates for predictors in the reduced multivariate linear regression model for HCl
176 outcome

Variables	Estimates	95% CI	P
AD (Yes)	1.04	0.92, 1.15	<0.001***
<i>APOE4</i>	0.32	0.25, 0.38	<0.001***
Age	0.01	0.01, 0.02	<0.001***

Infections (Yes)	0.15	0.02, 0.27	0.01*
Race (White)	0.25	0.09, 0.42	0.002**
Sex (Male)	0.17	0.09, 0.26	<0.001***
Smoking (Yes)	0.08	-0.01, 0.18	0.085

177 Note. *p<0.05; **p<0.01; ***p<0.001.

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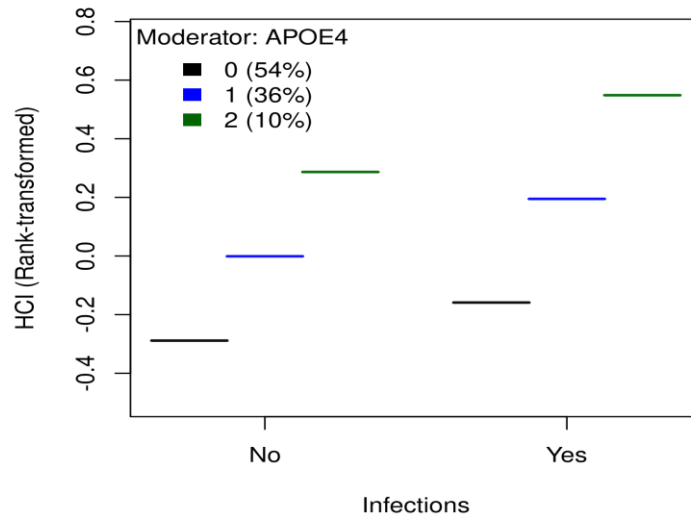
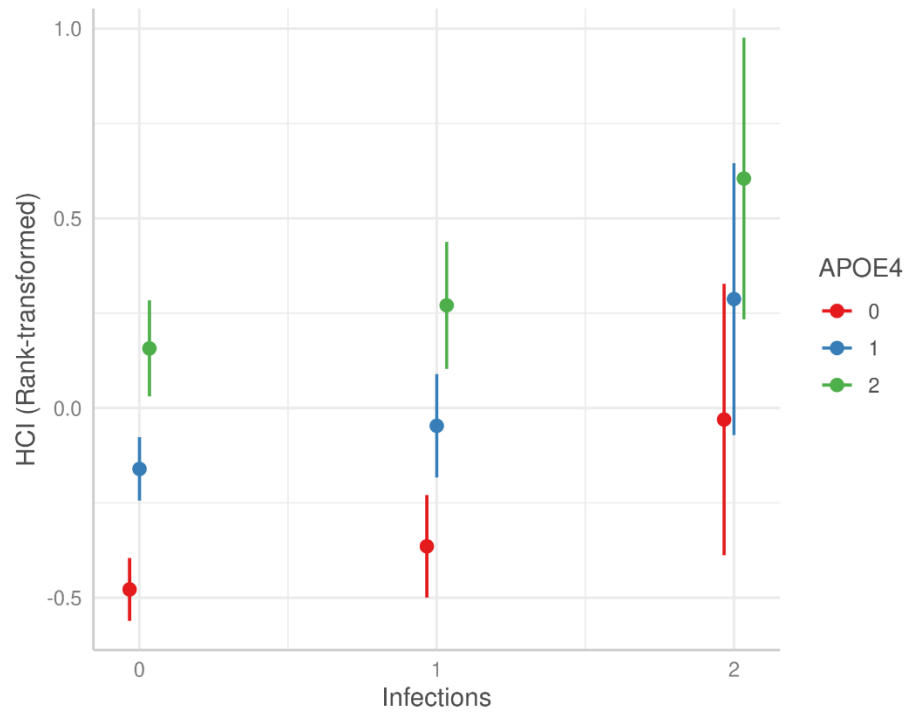


Figure 2. Joint effect of *APOE4* and history of infections on HCl



187

188 **Figure 3.** Brain hypometabolism by *APOE4* carrier status and frequency of infections

189

190 3.3 Association of Infections and Other Predictors with the SROI AD

191 Supplementary Table 6 provides regression estimates for all the factors investigated for SROI AD.

192 Marriage, race, smoking, and alcohol history were not significant predictors of AD-specific

193 hypometabolism. In the reduced model shown in Table 3, AD was associated with increased region-

194 specific hypometabolism (regression coefficient: -0.08, $p < 0.001$). The use of diabetes medications was

195 associated with decreased brain metabolism (-0.03, $p = 0.02$). Similar to previous regression, an increase in

196 *APOE4* alleles was a strong risk factor for hypometabolism (-0.02, $p < 0.001$). Male gender showed greater

197 hypometabolism (-0.01, $p < 0.01$). Although education was linked to a better metabolic pattern, this

198 relationship was not profound. Age-specific decreases were not as notable as those observed in HCl (-

199 0.003, $p < 0.001$). While statistically significant, the effect estimate for previous infections was lower for
200 AD (-0.01 , $p = 0.02$). These variables collectively predicted 26.8% of the variance in SROI AD.

201 Table 3. Regression estimates for predictors in the reduced multivariate linear regression model for SROI
202 AD outcome

Variables	Estimates	95% CI	P
AD (Yes)	-0.08	-0.09, -0.07	$< 0.001^{***}$
<i>APOE4</i>	-0.02	-0.03, -0.02	$< 0.001^{***}$
Age	-0.003	-0.003, -0.002	$< 0.001^{***}$
Diabetes Medication	-0.03	-0.05, -0.004	0.02*
Education	0.001	0.00, 0.002	0.04*
Infections (Yes)	-0.01	-0.02, -0.001	0.02*
Sex (Male)	-0.01	-0.02, -0.003	0.00**
Smoking (Yes)	-0.01	-0.02, 0.001	0.11

203 Note. * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$.

204

205 3.4 Association of Infections and Other Predictors with the SROI MCI

206 The results of the SROI MCI regression (full model) is presented in the Supplementary Table 7. Generally,
207 the estimates were closer to the SROI AD than HCI. Among the variables that best explained the model
208 (Table 4), AD, *APOE4*, and diabetes medications had the largest effect estimates.
209 Sex and use of diabetic medications had a marginally greater impact on the MCI region than on the AD
210 region. However, race and education were not identified as significant predictors. Infections were

211 associated with a -0.01 reduction in regional metabolism ($p=0.04$). The percentage of variation explained
212 by the model for the SROI MCI was also the highest (28.8%) of the three investigated outcomes.

213 Table 4. Regression estimates for predictors in the reduced multivariate linear regression model for SROI
214 MCI outcome

Variables	Estimates	95% CI	P
AD (Yes)	-0.09	-0.10, -0.08	<0.001***
<i>APOE4</i>	-0.02	-0.03, -0.02	<0.001***
Age	-0.004	-0.01, -0.003	<0.001***
Diabetes Medication (Yes)	-0.04	-0.06, -0.01	0.01**
Infections (Yes)	-0.01	-0.03, -0.0005	0.04*
Sex (Male)	-0.02	-0.03, -0.01	<0.001***
Smoking (Yes)	-0.01	-0.02, 0.003	0.15

215 Note. * $p<0.05$; ** $p<0.01$; *** $p<0.001$.

216

217 4 Discussion

218 Results of our study suggest that infections and *APOE4* can jointly significantly affect brain glucose
219 metabolism, specifically promote hypometabolism, as measured by the increased values of HCl. A history
220 of infections in this ADNI sample corresponds to a greater hypometabolism, specifically a 0.15 unit
221 increase in rank normalized HCl. However, this estimate rises to 0.44 in the presence of multiple
222 infections. Model inclusion of established confounders such as age, sex, race, and education did not
223 diminish these findings. We also adjusted for AD status, which was more prevalent in the group with no

224 infections and associated with reduced brain metabolism. Adjusting for AD status and *APOE4* was
225 necessary to reveal the genuine association of previous infections. Additionally, previous infections were
226 significantly associated with regional brain metabolism specific to AD and MCI in our data.

227 Our findings agree with previous research suggesting that infections may negatively impact brain
228 metabolism.^{16,41–43} Infectious diseases, including those addressed in this study, have been previously
229 linked to AD in other data.^{22,44–46} Our recent paper that used Health and Retirement Study (HRS) data
230 reported associations between AD and various infectious (viral, bacterial, fungal), suggesting that
231 compromised immunity may play a role in AD etiology.²⁰ The connection between infections and brain
232 hypometabolism may also involve pathological immune responses. Some research provides indirect
233 support to this idea by linking brain hypometabolism to microglia activation.^{47–49}

234 Determining the onset time of infection is a major challenge in AD research. Furthermore, the causal
235 inferences are obscured by the fact that individuals with AD often grapple with a variety of infections due
236 to declining immunity, leading to elevated antimicrobial markers.¹⁶ Pathogens have a high affinity to the
237 central nervous system and brain tissues and could affect cognition.⁵⁰ Given that brain hypometabolism
238 is an early sign of AD, our findings suggest that infections could potentially trigger this process.⁵¹ However,
239 the progression of hypometabolism may also depend upon the combination of other risk factors.⁵²

240 Infections can affect the brain through multiple pathways, both directly and indirectly, particularly when
241 the blood-brain barrier is breached.^{53,54} Infections propagated through the respiratory route can also
242 reach the brain relatively easily.^{50,55} However, upon reaching the brain, different infectious agents employ
243 their preferred mechanisms, such as latent activation and the initiation of inflammation, as seen in the
244 case of the Herpes virus.⁵⁶ Pathogen invasion into the brain leads to chronic inflammation, which can
245 compromise the blood-brain barrier.⁴² There are distinct differences in inflammatory pathways noted
246 across specific pathogens.^{19,57} Age-related changes could exacerbate these pathological processes even
247 further.⁵⁸ Strom and colleagues have also demonstrated that brain hypometabolism correlates with tau

248 pathology and neurodegeneration in crucial dementia-specific regions within the ADNI dataset.⁵⁹ These
249 mechanisms could potentially explain a significant portion of the biological processes leading up to
250 hypometabolism.

251 Studies on the relationship between *APOE4* and brain metabolism have produced contrasting findings.^{59–}
252 ⁶³ In their recently published work, Fortea and colleagues found that simply being homozygous for *APOE4*
253 is sufficient, in most cases, to guarantee an AD diagnosis.⁶⁴ In our analysis, the increase in *APOE4* allele
254 was associated with all three outcomes and showed compounding effects with infections and their
255 burden. Even in patients with a single *APOE4* variant, which is usually not considered a significant increase
256 in risk compared to homozygous carriers, the presence of infections increases the risk of hypometabolism
257 to nearly the same level as in homozygous *APOE4* carriers. One possibility is that the observed effect is
258 due to accelerated neuroinflammation arising from the presence of both risk factors.⁶⁵ Risk factors for AD
259 tend to cluster in individuals with *APOE* risk alleles, including a reduction in brain metabolism.⁶⁶ Amyloid-
260 beta and Tau deposition are higher in *APOE4* carriers.⁶⁷ *APOE4* can also accelerate brain degeneration
261 through non-overlapping pathways independent of amyloid deposition and Tau pathology.^{68–70} *APOE4*
262 alleles both promote and resist infections, depending on the type of infection.⁷¹ Researchers suggest that
263 *APOE4* polymorphisms result in increased lipid production⁷² and blood-brain barrier loss⁷³, which could
264 facilitate a conducive environment for pathogens.⁷⁴ Supporting evidence from the Northern Manhattan
265 Study showed that the effect-modifying relationship between *APOE4* and infectious burden was
266 correlated with decreased cognition.⁷⁵ The influence of *APOE4* on AD remains incompletely understood,
267 although it is known to engage in intricate interactions with other risk factors for AD, such as age.^{76,77}
268 However, in stark contrast to these findings, a study reported that the effects of *APOE4* on cognition are
269 AD-specific. It singles out the cause of cognitive decline as the interaction between *APOE4* and amyloid
270 beta in the hippocampus.⁷⁸

271 Our study revealed that diabetes medication was the third-biggest risk factor for AD and MCI-specific
272 brain metabolism, but not for the HCl measure. Previous studies indeed demonstrated that diabetes
273 increases the risk for MCI and AD.^{79,80} Individuals with diabetes and AD often share common biological
274 pathways.⁸¹ Most prominent among these are low-grade chronic inflammation and insulin resistance.⁸²

275 Sex differences in mechanisms related to AD warrant in-depth study. Usually, females are susceptible to
276 AD and early brain hypometabolism compared to males.^{83,84} On exposure to prior infections, women are
277 also, particularly at higher risk for reduced hippocampal volume.¹⁹ Males overall had a higher HCl value
278 than females in our sample. It is important to note that males with infections had a slightly higher mean
279 age. But this alone cannot explain the gender difference. Importantly, there was no difference in the
280 increase in marginal means due to infections for both sexes. An earlier study reported that brain
281 hypometabolism increased in men after 70 years of age, while this was not seen in females in a normal
282 brain.⁸⁵ However, the applicability of this finding in the AD context needs confirmation. Some participant
283 characteristics in ADNI may differ from the general population due to voluntary recruitment. Variations
284 in the distribution of AD risk factors among genders might also contribute to this finding.^{86,87}

285 Given that AD is not curable, prevention stands as the most viable option at present. Vaccinations may
286 potentially alleviate AD risk. Influenza vaccines, in particular, are among the candidates demonstrating
287 this preventive potential.^{4,79} However, personal genetics could play a role in determining the efficacy and
288 effectiveness of vaccinations. Recent research has revealed that individuals carrying a polymorphism in
289 the *NECTIN2* gene exhibit a decreased susceptibility to AD when compared to non-carriers, when receiving
290 vaccinations for pneumonia and flu.²²

291 The availability of medical history information and longitudinally standardized FDG PET measurements
292 were important strengths of our study. We were also able to demonstrate the temporality of association,
293 which was rarely described in earlier human studies.⁸⁸ There were a couple of study limitations. Of these,

294 the most important is that the medical history is questionnaire-based, suggesting that recall bias may exist
295 and lead to an incorrect exposure classification. Currently, the representation of high-risk groups, such as
296 Afro-American and Hispanic individuals, is limited in the ADNI database, which has constrained the
297 evaluation of the effect modification role of race in relation to infections and brain hypometabolism.⁸⁹ In
298 this work, we did not specifically explore the heterogeneity in infections and the brain metabolism
299 relationship. However, previous AD studies indicate that there could be subgroups that may be
300 differentially vulnerable.⁹⁰⁻⁹² There may also be a cohort effect, wherein the frequency of infections
301 observed within this group may not accurately fit the current disease landscape. We recommend
302 validating the findings in large cohorts with robust information on prior infections.

303

304 **5 Conclusion**

305 This study found that infections and *APOE4* jointly promote brain glucose hypometabolism in older ADNI
306 participants. In individuals with history of infections who were also carriers of one *APOE4* allele, the degree
307 of brain glucose hypometabolism was nearly that seen in *APOE4* homozygotes without prior infections.
308 We conclude that prior infections may contribute to AD pathology in synergy with *APOE4*, thus playing a
309 part in the “multi-hit” mechanism of AD development.

310

311 **Data Availability**

312 The data used in this manuscript were obtained from the publicly available ADNI database
313 (adni.loni.usc.edu). The ADNI database contains anonymized patient information, making it a secure data
314 repository.

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318 not necessarily represent the official views of the NIA/NIH.

319

320 **Abbreviations**

AD	Alzheimer's disease
AIC	Akaike Information Criterion
<i>APOE</i>	Apolipoprotein E
A β	Amyloid β
FDG	18F-fluorodeoxyglucose
GxE	Gene-environment interaction
GWAS	Genome-wide association studies
HSV	Herpes Simplex Virus
%INCMSE	Percent Increase in Mean Squared error
IQR	Interquartile Range
PET	Positron Emission Tomography
pTau	Phosphorylated Tau
SD	Standard Deviation
SNP	Single Nucleotide Polymorphism
SROI	Statistical Region of Interest
<i>NECTIN2</i>	Nectin Cell Adhesion Molecule 2 (gene)
PUD	Peptic Ulcer Disease
UTI	Urinary Tract Infection

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650

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684 A.L.R. contributed to the analysis, interpretation of the data, and manuscript writing. All authors read and
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689

690 **Competing Interests**

691 The authors declare no competing interests.

692

693 **Additional Information**

694 Supplementary Material 1

695 Supplementary Material 2

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699