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Phase variation of Clostridium difficile virulence factors

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ABSTRACT

Clostridium difficile is a leading cause of nosocomial infections, causing disease that ranges from mild diarrhea to potentially fatal colitis. A variety of surface proteins, including flagella, enable *C. difficile* colonization of the intestine. Once in the intestine, toxigenic *C. difficile* secretes two glucosylating toxins, TcdA and TcdB, which elicit inflammation and diarrheal disease symptoms. Regulation of colonization factors and TcdA and TcdB is an intense area of research in *C. difficile* biology. A recent publication from our group describes a novel regulatory mechanism that mediates the ON/OFF expression of co-regulated virulence factors of *C. difficile*, flagella and toxins. Herein, we review key findings from our work, present new data, and speculate the functional consequence of the ON/OFF expression of these virulence factors during host infection.

Discovery of flagellum and toxin phase variation in *C. difficile*

Clostridium difficile infections (CDI) are a cause of significant morbidity and mortality in industrialized countries. Diarrheal disease caused by CDI ranges from mild inflammatory diarrhea to pseudomembranous colitis, a severe condition characterized by pathologic lesions on the mucosal surface of colonic tissue. Antibiotic treatment is the leading risk factor for CDI, because the antibiotics disrupt the intestinal microbial community that is usually protective against CDI.¹ In response to certain bile salts in the intestine, *C. difficile* spores germinate into actively growing vegetative cells.^{2,3} The vegetative bacteria secrete the protein toxins TcdA and TcdB, which are largely responsible for the inflammation, intestinal pathology, and diarrheal disease symptoms seen in CDI.⁴

C. difficile surface proteins mediate adherence to other microbial species, mucus, and intestinal cells within the colon for colonization.⁵ The peritrichous flagella produced by *C. difficile* aid in motility and modulate colonization in an animal model of infection.⁶ In addition, TcdA and TcdB production is linked to flagellum biosynthesis.⁷⁻¹⁰ SigD ($\sigma^{\rm D}$), an alternative

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sigma factor encoded within the early stage flagellar gene operon (*flgB* operon), is essential for transcription of late stage flagellar genes, and also positively regulates transcription of the toxin genes (Fig. 1).^{11,12} Therefore, factors that regulate expression of the *flgB* operon not only control bacterial motility, they are also likely to impact toxin production and therefore virulence of C. difficile. The 5' untranslated region (UTR) of the flgB operon mRNA contains a riboswitch (Cd1) specific to the nucleotide second messenger cyclic diguanylate (cdi-GMP).^{13,14} C-di-GMP binding to Cd1 causes premature transcription termination within the first 160 nucleotides of the 5' UTR of the flgB operon mRNA, inhibiting flagellar gene expression, motility, and toxin production. Because the flgB 5' UTR is 498 nucleotides, we postulated that an additional *cis*-acting regulatory element downstream of Cd1 could control flagellar and toxin gene expression.

We determined that flagellum and toxin production is subject to phase variation via DNA inversion in *C. difficile* R20291,¹⁵ a representative 027 strain isolated in 2006 from an epidemic of CDI in the U.K.¹⁶ Between Cd1 and the first open reading frame of the *flgB* operon

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Figure 1. Diagram of the regulatory scheme for flagellar and toxin phase variation in *C. difficile*. A DNA invertible element, which we termed the "flagellar switch," is located in the 5' UTR of the *flgB* operon and controls transcription of structural and regulatory genes necessary for flagellum biosynthesis and motility. One orientation of the flagellar switch, but not the other, is permissive for downstream gene expression. In addition, the flagellar switch regulates toxin production by controlling the expression of *sigD*, which located in the *flgB* operon and encodes a sigma factor, σ^{D} , that promotes toxin gene transcription. RecV, a tyrosine recombinase, catalyzes DNA inversion in both directions at the flagellar and *cwpV* switches, and also impacts one or more unidentified genetic switches that affect colony morphology.

lies a 154 bp invertible DNA element flanked by 21 bp imperfect inverted repeats (Fig. 1). We termed the invertible element the "flagellar switch." Based on genomes currently available on public databases, the flagellar switch sequence and flanking inverted repeats are conserved in all *C. difficile* genomes with flagellar biosynthesis genes. The flagellar switch is capable of inversion in at least two ribotypes, 027 and 017, under the conditions tested.

Our study showed that C. difficile with the flagellar switch oriented according to the published genome (FN545816.1) expresses and produces peritrichous flagella, engages in swimming motility, and secretes the glucosylating toxins, and is thus phase ON ("flg ON"). Conversely, bacteria with the sequence oriented in the inverse orientation are non-flagellated, non-motile, and attenuated for toxin secretion, and are thus phase OFF (*"flg* OFF"). The tyrosine recombinase RecV was determined to catalyze inversion of the flagellar switch, and mutation of recV in C. difficile showed that RecV is required for flagellar switch inversion. RecV was previously shown to control inversion of a genetic switch upstream of *cwpV*, which encodes a cell wall protein involved in autoaggregation and resistance to certain bacteriophage.¹⁷⁻¹⁹ Interestingly, the

flagellar and cwpV switches have seemingly disparate sequences in the inverted repeats and surrounding DNA. The regulatory feature present in the flagellar switch that controls downstream flagellar gene expression has been elusive, but involves a mechanism operating post-transcription initiation. Below we discuss additional results and interpretations based on the original study.¹⁵

Mechanism of phase variable gene regulation

Phase variation occurs by multiple mechanisms in diverse mucosal bacterial pathogens, including site-specific recombination, general homologous recombination, slip strand mispairing, and DNA methylation.²⁰ For site-specific recombination, a recombinase recognizes a specific DNA sequence and catalyzes strand exchange and DNA inversion. The orientation of the DNA sequence dictates whether or not a nearby gene is expressed. Classically, the invertible DNA element contains a promoter to transcriptionally control an adjacent gene or operon. The best-studied example of this mechanism is the Type I fimbrial biosynthetic operon in E. coli. Here, the invertible element *fimS* lies upstream of fimA, which encodes the fimbrial subunit. Within fimS is a promoter that drives transcription of fimA when properly oriented.²¹ Using a series of transcriptional reporters and growth conditions known to be permissive for flagellar gene expression, we found that the flagellar switch in C. difficile does not contain a promoter, and expression of the *flgB* operon relies on the upstream σ^{A} -dependent promoter.¹⁵

Phase variable expression of *cwpV* occurs through a post-transcriptional mechanism.¹⁷ In one orientation of the *cwpV* switch, the leader mRNA adopts a structure allowing transcriptional elongation into the cwpVcoding sequence. In the opposite orientation, the leader mRNA forms an intrinsic terminator that causes premature termination of transcription, precluding transcription of the *cwpV* coding sequence and CwpV biosynthesis. To determine whether a similar *cis*-acting mechanism occurs via the flagellar switch, we evaluated the same transcriptional reporters in Bacillus subtilis, a spore-forming obligate aerobe, where we postulated that C. difficile-specific trans-acting regulatory factors would be absent. In contrast with results from C. difficile, we found that the flg ON and OFF reporters yielded equivalent activity in *B. subtilis*, indicating that no intrinsic transcription terminator is

present in the flagellar switch. Northern blotting failed to detect evidence of premature transcript termination, suggesting that factor-dependent termination also does not occur.¹⁵ However, the low sensitivity of northern blotting using a Digoxigenin-labeled probe does not eliminate the possibility of factor-dependent termination.¹⁵

We speculate two possible mechanisms: small RNA-mediated silencing or Rho-dependent transcriptional termination. For the small RNA mechanism, based on the conditions tested, the non-coding RNA would need to be constitutively expressed and anneal to the flg OFF RNA, but not the flg ON RNA. Exclusion from the flg ON RNA could be due to RNA structure or the lack of a specific sequence when the switch RNA is in the ON orientation. The small RNA would likely promote the release of RNA polymerase from the transcription elongation complex from the flg OFF mRNA. It would be energetically unfavorable to produce a full length mRNA for the 23 kb flgB operon only to rapidly degrade it, so mechanisms involving destabilization of the mRNA or targeting of the mRNA for degradation are unlikely. For the second possible mechanism, Rho might recognize a sequence exclusive to the flg OFF RNA, or the flg ON RNA might form a structure that occludes Rho binding or translocation. Identifying a new post-transcription initiation regulatory mechanism for phase variation in C. difficile may reveal a widespread regulatory mechanism in other bacterial pathogens.

Strain dependent differences in flagellar phase variation

The *C. difficile* strain 630 (ribotype 012) was isolated in 1982 from a patient with severe CDI in Switzerland.²² Erythromycin-sensitive derivatives of 630, $630\Delta erm$ and 630E, are more amenable to currently available genetic tools and used most often to study *C. difficile* physiology and virulence.^{23,24} However, unlike the R20291 strain in which we could detect the flagellar switch in both ON and OFF orientations, only the ON orientation was detected in $630\Delta erm$ and in the 630 parent (data not shown).¹⁵ These results suggest that the flagellar switch is locked in these strains. The inability of the flagellar switch to invert to the *flg* OFF orientation in 630 and $630\Delta erm$ could be due to the shorter inverted repeats flanking the flagellar switches in these strains, with 20 bp instead of the 21 bp evident in all of

the other available published genomes of *C. difficile* strains with a flagellar switch. Inverted repeat length has been demonstrated to affect recombination at the *cwpV* switch in several *C. difficile* strains.¹⁷ Reduced inverted repeat length could similarly prevent inversion of the flagellar switch in 630 and $630\Delta erm$. For example, inverted repeat length might affect DNA supercoiling at the flagellar switch, inhibiting recombination at the flagellar solution.²⁵⁻²⁷

Recent work suggests that the flagellar switch in 630 is capable of inversion from flg ON to OFF in some condition(s). Collery et al. found the flagellar switch in the OFF orientation in 630E (also referred to as JIR8094), another derivative of 630.²⁸ To obtain 630E, C. difficile 630 was serially passaged an undisclosed number of times on non-selective agar medium.²⁴ In the process, 630E acquired a non-motile and less toxigenic phenotype. We previously reported that ectopic expression of sigD in 630E was sufficient to rescue toxin production, consistent with mutations that affect expression of sigD in the flgB operon.¹¹ Collery et al. inverted the flagellar switch to that in 630 and $630 \Delta erm$, which would presumably restore flagellar motility and toxin production.^{28,29} However, the 630E mutant strain remained non-motile and attenuated for production of both toxins.²⁸ The lack of restored motility and toxinogenesis may be due to inversion of only 150 bp of the flagellar switch, whereas we experimentally determined that 154 bp comprise the flagellar switch.¹⁵ Alternatively, several other genetic differences between 630E and its 630 parent have been identified and may account for abrogated motility and toxin production in 630E strain. Repairing the additional identified genetic polymorphisms in 630E, such as those in genes encoding a topoisomerase, RNA helicase, or oligopeptide transporter,²⁸ may restore flagellum and toxin biosynthesis. Ultimately, studying the differences between 630 and 630E may help reveal the mechanism by which the orientation of the flagellar switch modulates downstream gene expression.

RecV-dependent changes in *C. difficile* colony morphology

Differences in the expression of cell surface structures can affect how bacteria assemble into a colony, and changes to gross colony morphology can provide insight into virulence.³⁰ The phase variable expression

of *cwpV* influences colony morphology.¹⁸ C. difficile CwpV phase ON ("cwpV ON") colonies exhibit a densely packed morphology with smooth edges, whereas cwpV phase OFF ("cwpV OFF") bacteria yield dispersed, ruffled colonies. Other genes have also been implicated in colony morphology development.^{31,32} In pursuit of obtaining enriched flagellar phase variant populations, we observed smooth, circular (SC) colonies and rough, filamentous (RF) colonies, but colony morphology was not strongly associated with flagellar switch orientation.¹⁵ To identify the genes responsible for the SC and RF colony morphologies, we evaluated a panel of C. difficile mutants. We noted that a C. difficile R20291 sigD mutant, which is aflagellate and nonmotile, can form both SC and RF colonies, indicating that colony morphology is independent of flagellum biosynthesis and motility (Fig. 2A). Mutating recV resulted in SC colonies in both flagellar phase locked ON and OFF strains, indicating that the RF colony morphology is independent of flagellar switch orientation but dependent on RecV (Fig. 2B). Furthermore, the RF colony morphology is independent of the cwpVswitch orientation because recV mutants with the cwpVswitch locked ON and OFF both yield SC colonies.

It remains possible that RecV controls DNA inversion of another switch(es) controlling phase variable expression of genes mediating SC and RF colony morphology. If so, generating independent *recV* mutants could give rise to exclusively SC colonies (as observed) or RF colonies depending on the orientation of such a switch at the time of *recV* inactivation. To determine if RecV modulates colony morphology, we transformed C. difficile from SC and RF colonies with a plasmid allowing expression of recV or the vector control (Fig. 2C and 2D).^{15,33} Bacteria from SC and RF colonies bearing vector retained their respective colony morphologies, and bacteria from SC colonies expressing recV retained the SC colony morphology. In contrast, bacteria from RF colonies expressing *recV* yielded SC colonies. From these data, we surmise that RecV mediates recombination at a genetic switch upstream of genes responsible for the RF colony morphology.

Few studies have evaluated the ultrastructure of *C. difficile* colonies.³⁴ Our data suggest that the production of a surface protein or polysaccharides is subject to RecV-dependent phase variation and impact colony morphology. This includes three different surface polysaccharides, named PSI-PSIII, as well as the export machinery and cell wall proteins that anchor these polysaccharides to the surface.^{35,36} Alternatively, RecV may indirectly affect colony morphology by mediating phase



Figure 2. RecV controls a genetic switch responsible for the RF morphology in a σ^{D} -independent manner. Light microscopy images of *C. difficile* R20291 colonies grown on BHIS agar. (A) A R20291 *sigD* mutant develops smooth circular (SC) and rough filamentous (RF) colonies (B) All *recV* mutants yield SC colonies, regardless of flagellar and *cwpV* switch orientations. Switch genotypes are indicated in parentheses, with asterisks denoting phase-locked orientations. (C) Bacteria from SC colonies transformed with a plasmid for ectopic *recV* expression (pRecV, pRT1529) or the vector control (pRT1611) retain the SC colony morphology of the parent isolate. (D) Bacteria from RF colonies transformed with the vector control develop the parental RF colony morphology, while overexpression of *recV* (pRecV) results in conversion to the SC morphology.

variation of a protein controlling the transcription, translation, or localization of a surface protein or polysaccharide. Two other invertible DNA sequences have been predicted based on the comparison of genomes of multiple *C. difficile* strains.³⁷ These are located upstream of CDR20291_1514 and CDR20291_0685, which encode functional c-di-GMP phosphodiesterases.^{38,39} The nucleotide second messenger c-di-GMP has been shown to affect colony morphology in multiple bacteria,^{40,41} and may do so in *C. difficile*. The function and fitness contribution of the RecV-dependent phase variable surface proteins or polysaccharides are under investigation.

In vivo contribution of RecV-dependent phase variation

The role of phase variable C. difficile flagella and toxins during infection remains to be determined. Ideally, such studies would use phase-locked mutants, so that the *inability* to switch between *flg* ON and OFF states can be assessed. A recV mutant is phase-locked, but we refrained from evaluating this mutant in animal models of C. difficile disease because of the likely pleiotropic effects of the mutation. RecV controls inversion of both the flagellar and *cwpV* switches,^{15,17,18} and impacts at least one other locus. Thus, combinatorial genetic switch mutants through inactivation of recVwould be required to assess the effect of each individual switch on C. difficile virulence. An alternative approach for generating phase-locked mutants is site-directed mutagenesis of the inverted repeats, a method successful for phase locking the fimbrial switch in E. coli,⁴² which would allow us to lock the flagellar switch without affecting inversion of other switches.

Gunther et al. found that the ability of uropathogenic *Escherichia coli* (UPEC) to phase vary type I fimbriae biosynthesis through inversion of *fimS* affects colonization.⁴² A *fimS* phase-locked OFF mutant was attenuated for colonization in a mouse model of urinary tract infection compared to wild type and *fimS* phase-locked ON strains, consistent with a known role for these fimbriae in UPEC virulence.⁴² Flagellar filaments contribute to *C. difficile* R20291 colonization during infection of mice,⁹ so flagellar phase locked *C. difficile* similarly may display colonization phenotypes consistent with the ON/OFF status of the flagellar switch and flagellum biosynthesis. However, the fitness benefit of adherence comes at a cost to *flg* ON bacteria: both flagellin and the glucosylating toxins are immunostimulatory. *C. difficile* flagellin stimulates host Toll-like receptor 5 (TLR5), which activates signaling pathways leading to the secretion of IL-8, a neutrophil chemokine, in epithelial cells.^{43,44} The glucosylating toxins stimulate apoptosis, necrosis, or pyroptosis depending on the host cell type and model of infection.⁴⁵⁻⁴⁸ Batah et al. found that flagellin and the toxins synergistically elicit a robust inflammatory response from the intestinal epithelium during infection of mice with R20291, whereas the individual antigens alone were not sufficient for eliciting such a response.⁴⁹ Thus, while the *flg* ON state may be advantageous for establishing a *C. difficile* infection and disease, the *flg* OFF state may be selected at later stages of infection by avoidance of immune clearance.

The role for CwpV in *C. difficile* in the context of the anaerobic host intestine must also be considered. CwpV promotes bacterial autoaggregation *in vitro*, suggesting a role for CwpV in host colonization.¹⁸ CwpV also promotes resistance to bacteriophage predation by reducing phage adsorption and phage tail spike DNA injection.¹⁹ Thus, *cwpV* ON bacteria could resist phage attack in the intestine. Given the functional contributions of CwpV to *C. difficile in vitro*, the potential contribution of *cwpV* OFF bacteria to CDI is puzzling. Bacteria that are *cwpV* OFF may be less likely to generate an antibody response, and/or they could disperse from an unfavorable colonization site during infection.

Because RecV mediates inversion of multiple sequences, it is tempting to speculate that RecV coordinates their production, allowing synergism or antagonism between those factors. Considering flagella and CwpV together, these may have complementary roles in colonization, with a *cwpV* ON phenotype compensating for a lack of flagella in a *flg* OFF bacterium, and vice versa. Although antibodies against CwpV can be recovered after infection, CwpV might still be less immunostimulatory compared to flagellin and the toxins.⁵⁰ In bacteria that are phase ON for both surface structures, the adherence of these bacteria could be greater than individually if they engage distinct receptors. However, in each case, the cost of immunogenicity will play a role in the overall survival of the respective bacteria.

Several other issues complicate the ability to predict the fitness outcome during infection. CwpV could alter flagellar function, although results in *C. difficile* 630 contradict this assertion: motility and flagellin production are unchanged in bacteria overexpressing CwpV.¹⁸ The SigD regulon (under the control of the flagellar switch) has several predicted and functionally characterized adhesins that may synergize with CwpV and flagella for colonization.¹² Finally, additional RecV-dependent switch(es) may influence *C. difficile* virulence. Importantly, there is no evidence to date that RecV preferentially recognizes one switch orientation over the other for any of its targets, so presumably the abundance of phase ON and OFF of each target in a population relies on external selective pressures.

Concluding remarks

The discovery and characterization of phase variable production of flagella and toxins in *C. difficile* has provided new knowledge of a *cis*-acting regulatory feature for controlling these virulence factors, but has also left many unanswered questions.

Regulation at the flagellar switch occurs post-transcription initiation and requires an unidentified transacting regulatory factor. What is that factor, and how does it terminate flagellar gene expression in flg OFF, but not flg ON bacteria? RecV appears to control multiple switches. What is the phase variable surface protein or polysaccharide controlled by RecV and affecting colony morphology? What is the sequence that RecV recognizes among the switches? Is a single nucleotide deletion, as seen in 630E, sufficient to inhibit DNA inversion? Could an accessory factor(s) help RecV discriminate between its targets, leading to different rates of inversion? If so, what is the functional outcome to C. difficile physiology? Lastly, the contribution of RecV-mediated phase variation of flagella, toxins, autoaggregation, and phage resistance to fitness in a host has yet to be examined. Potential interactions between these phenotypes could substantially alter the course of CDI and transmission to a new host. Defining the mechanism controlling phase variable virulence factors in C. difficile could expose new targets for the development of therapeutic agents.

Disclosure of potential conflicts of interest

No potential conflicts of interest were disclosed.

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