



Comparison of clinicopathological features and survival analysis between esophageal neuroendocrine carcinoma and esophageal squamous cell carcinoma based on the SEER database, alongside nomogram analysis for esophageal neuroendocrine carcinoma

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Background: Esophageal neuroendocrine carcinoma (ENEC) is a rare subtype of esophageal cancer (EC). It presents distinctive clinical and pathological features in comparison to esophageal squamous cell carcinoma (ESCC). To better elucidate the disparities between the two and establish a prognostic prediction model for ENEC, we conducted this study.

Methods: Data of ENEC and ESCC patients (1975 to 2016) were extracted from the Surveillance, Epidemiology and End Results (SEER) database. Patients with a confirmed pathological diagnosis of ENEC and ESCC were enrolled in the study. The Chi-square test was employed to compare categorical variables, and the median survival time was analyzed using the Kaplan-Meier curve. Training and validation groups were randomly assigned at a ratio of 7:3. Factors with a significance level of <0.05 in the multifactor regression model as well as age were integrated into the nomogram model. Concordance index (C-index), calibration curves, and decision curve analyses (DCA) were generated for model validation.

Results: This study encompassed a total of 737 ENEC patients and 29,420 ESCC. Compared to ESCC, ENEC patients had higher probability of liver metastasis (13.8% *vs.* 1.9%, $P<0.001$), poor differentiation (68.0% *vs.* 37.1%, $P<0.001$), and late SEER stage (52.8% *vs.* 26.9%, $P<0.001$). Patients who received either surgery, radiotherapy (RT), or chemotherapy had a significantly longer disease-specific survival (DSS) and overall survival (OS) (all $P<0.001$). After propensity score matching (PSM), ENEC patients were associated with shorter DSS (7.0 months *vs.* not reached, $P<0.0001$) and OS (7.0 *vs.* 12.0 months, $P<0.0001$) compared to ESCC. Race, SEER stage, surgery, RT, and chemotherapy were identified as predictors of DSS and were incorporated into the nomogram model together with age. The validation of the model using C-index (0.751 and 0.706, respectively) and calibration curves reflected the better discrimination power of the model. In addition, DCA supported the favorable potential clinical effect of the predictive model. Lastly, a risk classification based on the nomogram also verified the reliability of the model.

Conclusions: ENEC and ESCC exhibit distinct clinicopathological features. Patients with ENEC experience significantly poorer survival outcomes compared to those with ESCC. Surgical intervention, radiation therapy, and chemotherapy significantly improve OS and DSS for ENEC patients. The nomogram

prediction model, constructed based on age, race, stage, and treatment regimen, demonstrates accurate and effective predictive capabilities for prognostic factors in ENEC patients.

Keywords: Esophageal neuroendocrine carcinoma (ENEC); esophageal squamous cell carcinoma (ESCC); propensity score matching (PSM); nomogram; prognosis

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Introduction

Esophageal cancer (EC) ranks 7th in terms of global incidence and 6th in mortality (1). Esophageal squamous cell carcinoma (ESCC) is the most prevalent histological subtype among esophageal malignancies, followed by esophageal adenocarcinoma (EAC) and other pathological types. Esophageal neuroendocrine carcinoma (ENEC) is a rare malignancy of the esophagus, initially identified and reported by the pathologist Mckeown in 1952 (2). Subsequent reports on ENEC have been published, albeit primarily in the form of individual case reports.

Through years of clinical practice, we have gained profound insights into the clinicopathological features, survival, and prognosis associated with ESCC. Standardized

treatment protocols have been established for ESCC (3-5). Conversely, the situation is markedly different for ENEC. Literature review reveals that the incidence of ENEC accounts for only 0.8–2.8% of all esophageal malignancies (6). Due to its exceptionally low occurrence, conducting prospective clinical studies or large-sample retrospective analyses on ENEC is challenging. Hence, the establishment of a standardized treatment for ENEC remains elusive.

Literature about ENEC predominantly consists of individual case reports or small sample studies and conspicuously lacks perspective or large-scale retrospective investigations validating the clinicopathological characteristics and prognosis of ENEC. ENEC is commonly regarded as an aggressive disease with poor differentiation, often diagnosed at an advanced stage, and associated with an unfavorable prognosis (7-10). Zhang *et al.* reported on 51 cases of ENEC, highlighting a poorer prognosis compared to ESCC (11). Zhang *et al.* conducted a review of 82 ENEC patients, identifying associations between disease stage, liver, and lung metastases with poor prognosis (12). Zhang *et al.* documented the clinicopathological features of 162 ENEC patients to establish a nomogram model (13). Cai *et al.* reported that the 3-year survival rate for non-metastatic ENEC was 5.95%, while that for metastatic ENEC was 0% (14). However, it is noteworthy that the sample size in the aforementioned studies is relatively small, limiting its representativeness.

Neuroendocrine carcinoma can originate from various systems throughout the body, and there are notable differences in pathogenesis, clinicopathological features, and prognosis among neuroendocrine carcinomas of distinct origins (15-17). Previous literature has indicated that ENEC is frequently coexistent with ESCC, potentially linked to the pathological origin of ENEC (18). Most scholars believe that ENEC originates from a pluripotent stem cell with differentiation potential in the endoderm. This pluripotent stem cell is considered the common

Highlight box

Key findings

- Our study found significant clinicopathologic differences between esophageal neuroendocrine carcinoma (ENEC) and esophageal squamous cell carcinoma (ESCC). Patients with ENEC were associated with worse prognosis compared to those with ESCC. Our constructed nomogram predicted the disease-specific survival of patients with ENEC. The model could provide a comprehensive guidance in counseling for patients with ENEC and clinical treatment decision-making.

What is known and what is new?

- Earlier retrospective analyses with limited sample sizes have suggested that ENEC is a rare type of esophageal malignancy characterized by an unfavorable prognosis.
- In this study, we conducted a comprehensive analysis and comparison of the clinicopathological features among patients with ENEC and ESCC based on the Surveillance, Epidemiology and End Results database. Furthermore, we developed a prognostic prediction model specifically tailored for ENEC patients.

What is the implication, and what should change now?

- ENEC is a rare but devastating disease and more exploration is needed.

precursor for all epithelial tumors of the esophagus (19). In order to comprehensively compare these two esophageal malignancies with the same pathological origin but significantly different clinical features and prognosis and to better understand the clinical features and prognostic factors of ENEC, we extracted and compared ENEC and ESCC patients from the Surveillance, Epidemiology and End Results (SEER) database and we built a nomogram model for ENEC patients. We present this article in accordance with the TRIPOD reporting checklist (available at <https://jgo.amegroups.com/article/view/10.21037/jgo-23-905/rc>).

Methods

Patients

This is a retrospective cohort study. Patients diagnosed with ENEC and ESCC between 1975 and 2016 in SEER 18 registries were enrolled in this study. ENEC and ESCC were defined according to the International Classification of Diseases for Oncology, third edition (ICD-O-3). Morphology codes used in neuroendocrine tumors (NETs) included 8041/3, 8013/3, 8046/3, 8244/3, and 8070/3 for ESCC. The diagnostic criterion was histological positivity. Patients with incomplete survival data or secondary malignancies were excluded. The demographic features (sex, race, age, marital status, grade, primary site, SEER stage, metastatic sites), treatment modalities [surgery, radiotherapy (RT), chemotherapy], and survival data were obtained for each patient in the SEER database. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013).

Endpoint definition

The main endpoint of this study was disease-specific survival (DSS). DSS and overall survival (OS) were defined as the interval from diagnosis to death or last follow-up. However, in DSS, death was caused by the specific disease, whereas OS represented death due to any reason.

Statistical analysis

Patient data were extracted from SEER*Stat software version 8.3.8 (<https://seer.cancer.gov/seerstat>). Categorical variables were summarized as proportions and were compared by the Chi-squared test. The median DSS and OS were estimated

using the Kaplan-Meier method. Multivariate analysis was conducted using a Cox proportional hazard model. All P values were two-sided, and statistical significance was considered at $P < 0.05$, with confidence intervals (CIs) reported at the 95% confidence level. The software SPSS 26.0 (IBM Corp., Armonk, NY, USA) and R software version 4.3.0 (<http://www.r-project.org>) were used to perform the statistical methods mentioned above.

Propensity score matching (PSM) was used to match different patients with NEC and ESCC. Variables used for matching were age, race, SEER stage, grade, surgery, RT, and chemotherapy, which were screened from the multivariate analysis.

Patients with definitive SEER stage were enrolled in the nomogram model. With a ratio of 7:3, all enrolled patients were randomly divided into a training and a validation group. Prognostic factors of DSS as well as age were adopted to establish the nomogram. The concordance index (C-index) was employed to assess the predictive accuracy and discrimination ability of each factor and the nomogram. Calibration curves, generated with 1,000 bootstrap resamples, were used to evaluate the calibration of the nomogram. Decision curve analyses (DCAs) were performed to assess the clinical utility of the nomogram. Additionally, a risk classification system was devised based on the total scores of each patient in both cohorts using the nomogram, categorizing all patients into two prognostic groups (low-risk or high-risk). Kaplan-Meier curves were employed to illustrate and compare the DSS of patients in the different risk groups.

Results

Different clinical characteristics between ENEC and ESCC

A total number of 30,157 patients were enrolled in this study, consisting of 29,420 and 737 patients with ESCC and ENEC, respectively. The pathological types of ENEC included small cell carcinoma (60.4%), large cell neuroendocrine carcinoma (5.7%), mixed neuroendocrine-non-endocrine neoplasms (MiNEN) (0.8%), and neuroendocrine carcinoma NOS (not otherwise specified) (33.1%). The baseline characteristics of both cohorts are summarized in *Table 1*.

Compared with ESCC, ENEC was more common in Black patients (80.7% *vs.* 28.7%, $P < 0.001$). The most common involved site in ENEC was the lower esophagus (49.5% *vs.* 26.3%, $P < 0.001$). ENEC had worse

Table 1 Demographic and clinical characteristics before PSM

Characteristics	ENEC (N=737), n (%)	ESCC (N=29,420), n (%)	P value
Age, years			0.549
≤70	308 (41.8)	11,729 (39.9)	
>70	429 (58.2)	17,691 (60.1)	
Sex			0.220
Male	500 (67.8)	19,300 (65.6)	
Female	237 (32.2)	10,120 (34.4)	
Race			<0.001
White	96 (13.0)	18,343 (62.3)	
Black	595 (80.7)	8,449 (28.7)	
Other	46 (6.2)	2,628 (8.9)	
Primary site			<0.001
Cervical and upper	51 (6.9)	5,254 (17.9)	
Middle	163 (22.1)	10,158 (34.5)	
Lower	365 (49.5)	7,726 (26.3)	
Other	158 (21.4)	6,282 (21.4)	
Marital status			0.001
Married	597 (81.0)	22,054 (75.0)	
Unmarried	95 (12.9)	5,166 (17.6)	
Unknown	45 (6.1)	2,200 (7.5)	
SEER stage			<0.001
Regional	128 (17.4)	8,325 (28.3)	
Localized	97 (13.2)	7,296 (24.8)	
Distant	389 (52.8)	7,919 (26.9)	
Unknown	123 (16.7)	5,880 (20.0)	
Grade			<0.001
I-II	17 (2.3)	12,434 (42.3)	
III-IV	501 (68.0)	10,913 (37.1)	
Unknown	219 (29.7)	6,073 (20.6)	
Surgery			<0.001
No	667 (90.5)	24,133 (82.0)	
Yes	70 (9.5)	5,287 (18.0)	
Radiation			<0.001
No/unknown	416 (56.4)	11,054 (37.6)	
Yes	321 (43.6)	18,366 (62.4)	
Chemotherapy			<0.001
No/unknown	265 (36.0)	14,656 (49.8)	
Yes	472 (64.0)	14,764 (50.2)	

PSM, propensity score matching; ENEC, esophageal neuroendocrine carcinoma; ESCC, esophageal squamous cell carcinoma; SEER, Surveillance, Epidemiology and End Results; grade I, well differentiated; grade II, moderately differentiated; grade III, poorly differentiated; grade IV, undifferentiated.

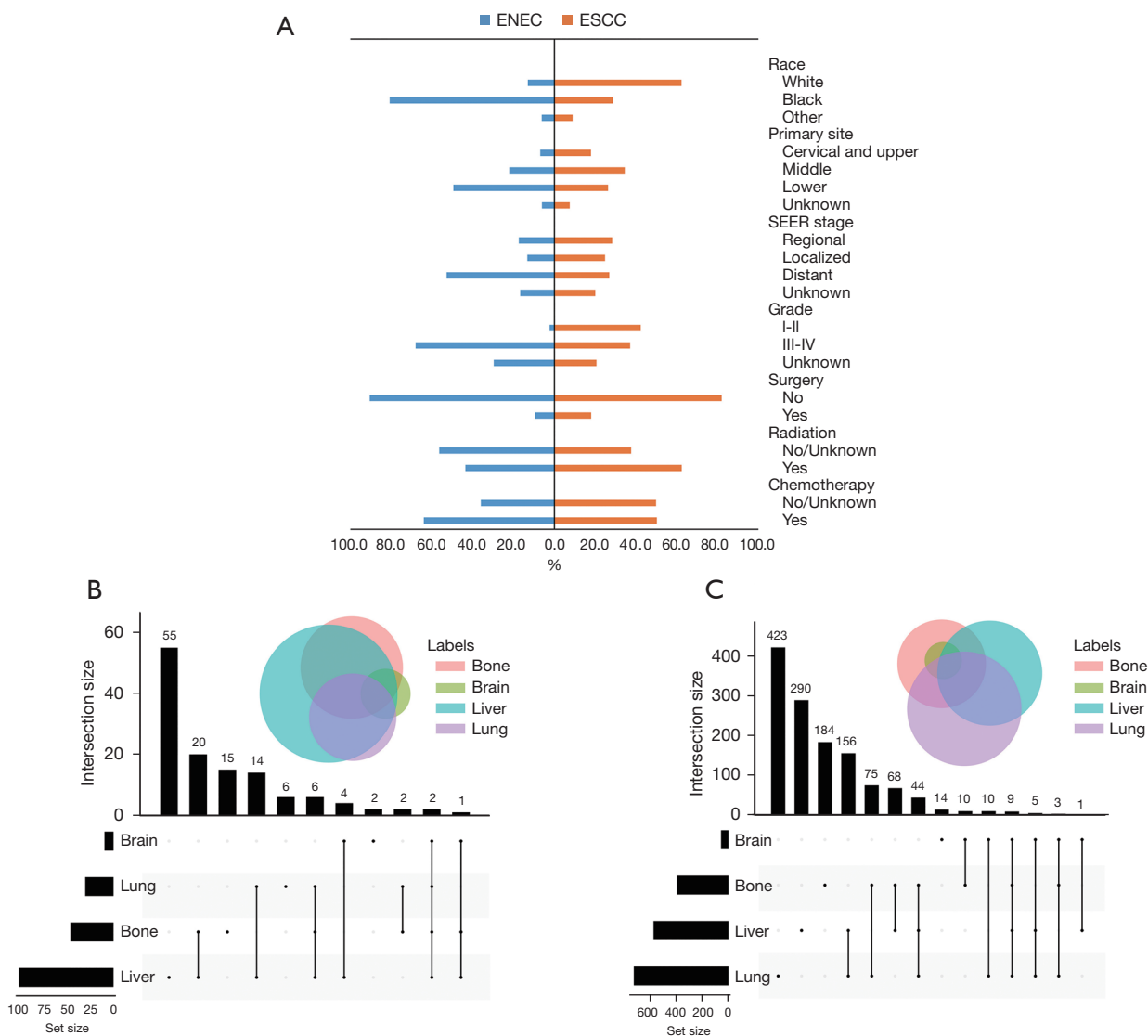


Figure 1 Baseline characteristics and organ metastasis between patients with ENEC and ESCC. The summary of clinical characteristics of ENEC and ESCC (A). The presentation of common organ metastasis sites in ENEC (B) and ESCC (C). ENEC, esophageal neuroendocrine carcinoma; ESCC, esophageal squamous cell carcinoma; SEER, Surveillance, Epidemiology and End Results.

differentiation (III–IV, 68.0% vs. 37.1%, $P < 0.001$) and was more prone to distant disease (52.8% vs. 26.9%, $P < 0.001$). In addition, a higher percentage of patients with ENEC received chemotherapy (64.0% vs. 50.2%, $P < 0.001$), whereas fewer underwent surgery (9.5% vs. 18.0%, $P < 0.001$) or RT (43.6% vs. 62.4%, $P < 0.001$). Lastly, the common metastatic organs of ENEC and ESCC were extracted and analyzed. We noticed marked differences in involved organs between ENEC and ESCC. ENEC most frequently metastasized to the liver, bone, and lungs,

whereas the most common metastatic site of ESCC was the lungs, followed by liver, and bone (Figure 1).

Survival of ENEC Patients

The DSS was significantly longer in ENEC patients who received either surgery [22.0 and 7.0 months, hazard ratio (HR) = 0.44, $P < 0.001$], RT (11.0 and 5.0 months, HR = 0.54, $P < 0.001$), or chemotherapy (11.0 and 2.0 months, HR = 0.45, $P < 0.001$). As far as OS was considered, a similar survival

benefit was observed for surgery (19.0 and 6.0 months, HR =0.46, $P<0.001$), radiation (11.0 and 4.0 months, HR =0.56, $P<0.001$), and chemotherapy (10.0 and 2.0 months, HR =0.45, $P<0.001$). Besides, early SEER stage was positively related to DSS and OS ($P<0.001$, *Figure 2*).

Univariate and multivariate analysis

In univariate analysis, age, SEER stage, surgery, RT, and chemotherapy were related to DSS ($P<0.05$). The above factors as well as tumor grade and race were incorporated into multivariate analysis. Based on univariate and multivariate analysis, elements such as age, race, SEER stage, surgery, RT, and chemotherapy were identified as predictors of DSS and were included in the predictive model (*Table 2*).

Unfavorable survival of ENEC patients

Significant differences were detected in demographic characteristics between patients with ENEC and ESCC. Here, a PSM was performed to balance the two groups. Independent prognostic factors that we found (age, race, etc.) were adopted for this purpose. After 1:1 PSM, 737 patients from each group were obtained; all the variables were well-balanced and comparable (*Table S1*). ENEC patients were associated with an unfavorable DSS (7.0 vs. 8.0 months, HR =0.86, $P=0.00014$) and OS (7.0 vs. 8.0 months, HR =0.89, $P=0.0013$) in contrast to ESCC before PSM. Notably, the tendency remained and became more obvious after PSM (DSS: 7.0 months vs. not reached, HR =0.34, $P<0.0001$; OS: 7.0 vs. 12.0 months, HR =0.54, $P<0.0001$) (*Figure 3*).

Nomogram building

A total of 614 patients with definitive SEER stage were enrolled the nomogram. With a ratio of 7:3, all enrolled patients were randomly divided into a training ($n=430$) and a validation ($n=184$) group. All the demographic and clinical features of patients for both groups were comparable (*Table 3*). The predictive model was demonstrated in the form of a novel nomogram (*Figure 4A*), and was validated by C-index, calibration curves, and DCA. The C-index of the novel nomogram was 0.751 and 0.706, respectively, in internal and external validation, which reflected the better discrimination capacity of the model. A good consistency in the probability of 1- and 3-year DSS was observed in calibration curves of either internal or external validation (*Figure 4B-4E*). In addition, DCA also showed great positive

net benefits in the predictive model among almost all of the threshold probabilities at 1- and 3-year, indicating the favorable potential clinical effect of the predictive model (*Figure 5*).

Risk classification system

Based on the nomogram, a risk classification system for DSS was developed to divide patients into low-risk and high-risk groups, with a middle score value 276.2 and 232.7 in the training and the validation group, respectively. There were significant survival benefits in the low-risk group both in the validation group and the training group ($P<0.0001$, *Figure 6*).

Discussion

In this study, we observed distinct demographic features between patients with ENEC and ESCC. Poor differentiation, late SEER staging, tendency to liver metastasis, and dismal prognosis were observed in ENEC. We tried to predict the survival of patients with ENEC by constructing a nomogram model. The model indicates that in patients with ENEC, those with advanced stages, those who did not undergo chemoradiotherapy or surgery, individuals of Caucasian ethnicity, and patients under the age of 70 have a poorer prognosis. Our model showed good accuracy and efficiency in prediction of DSS in these patients.

In our study, patients with ENEC exhibited an obvious discrepancy from those with ESCC in both clinical presentations and survival. Cai *et al.* reported that the liver was the most common site of metastasis in gastrointestinal neuroendocrine neoplasms (20), whereas in this study, we also observed a tendency to liver metastasis in ENEC compared with ESCC. A recent study reported that median OS in ENEC was 13 months, primarily influenced by the presence of distant metastases (12).

The optimal management of ENEC has not yet been established. For patients with limited stage, the role of surgery remains controversial, but there is increasing evidence that a comprehensive treatment based on surgery can provide remarkable survival benefits (21-23). The European Neuroendocrine Tumor Society suggests performing initial chemoradiation for localized ENEC, while platinum-based chemotherapy is advised after surgery with adjuvant intent (24). Zou *et al.* found that adjuvant chemotherapy or chemo-RT could improve the disease-free survival (DFS) and OS compared with surgery alone (25).

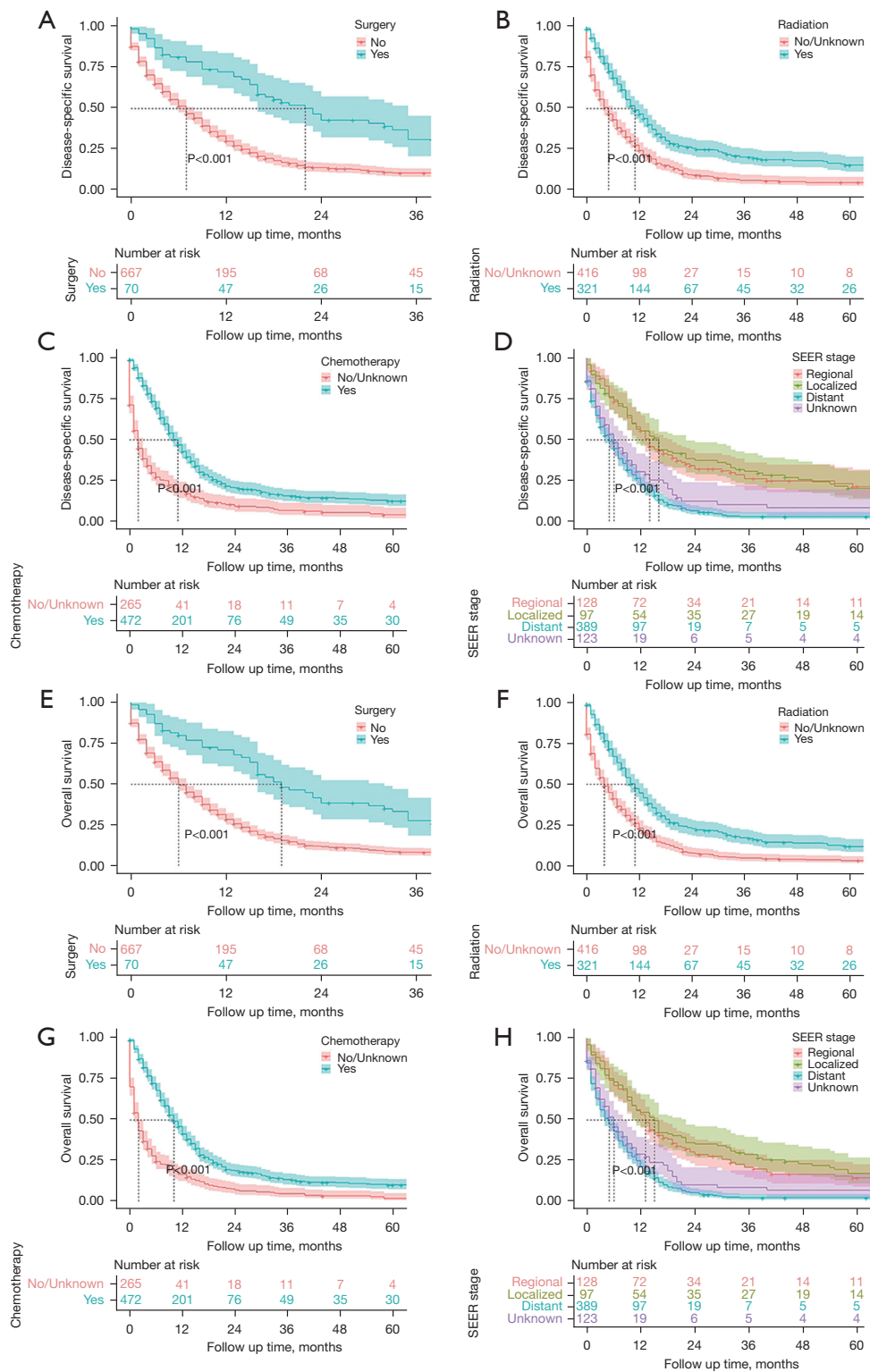


Figure 2 Kaplan-Meier curves of DSS and OS of ENEC patients based on surgery (A,E), radiotherapy (B,F), chemotherapy (C,G) and SEER stage (D,H). A significant longer DSS and OS were obtained both in patients who received either surgery ($P < 0.001$), radiotherapy ($P < 0.001$), or chemotherapy ($P < 0.001$), or SEER stage ($P < 0.001$). SEER, Surveillance, Epidemiology and End Results; DSS, disease-specific survival; OS, overall survival; ENEC, esophageal neuroendocrine carcinoma.

Table 2 Univariate and multivariate DSS analysis of the cohort

Characteristics	Univariable			Multivariable		
	HR	95% CI	P value	HR	95% CI	P value
Age, years						
≤70	Reference			Reference		
>70	0.833	0.701–0.990	0.038	0.850	0.713–1.014	0.071
Sex						
Male	Reference			–		
Female	0.961	0.799–1.157	0.676	–	–	–
Race						
White	Reference			Reference		
Black	0.882	0.687–1.133	0.327	0.840	0.649–1.086	0.183
Other	0.902	0.602–1.352	0.618	0.637	0.420–0.965	0.034
Primary site						
Cervical and upper	Reference			–		
Middle	1.086	0.750–1.570	0.663	–	–	–
Lower thoracic	1.025	0.726–1.447	0.887	–	–	–
Other	1.422	0.980–2.062	0.064	–	–	–
Marital status						
Married	Reference			–		
Unmarried	1.209	0.933–1.567	0.151	–	–	–
Unknown	1.182	0.820–1.702	0.370	–	–	–
SEER stage						
Regional	Reference			Reference		
Localized	0.980	0.723–1.328	0.895	0.799	0.587–1.088	0.154
Distant	2.485	1.966–3.142	<0.001	1.914	1.498–2.446	<0.001
Grade						
I–II	Reference			Reference		
III–IV	1.573	0.839–2.950	0.158	1.590	0.842–3.002	0.152
Unknown	1.655	0.873–3.138	0.123	1.652	0.863–3.160	0.130
Surgery						
No	Reference			Reference		
Yes	0.444	0.327–0.604	<0.001	0.498	0.359–0.691	<0.001
Radiation						
No/unknown	Reference			Reference		
Yes	0.514	0.431–0.613	<0.001	0.650	0.528–0.784	<0.001
Chemotherapy						
No/unknown	Reference			Reference		
Yes	0.444	0.369–0.533	<0.001	0.410	0.338–0.497	<0.001

DSS, disease-specific survival; HR, hazard ratio; CI, confidence interval; SEER, Surveillance, Epidemiology and End Results; grade I, well differentiated; grade II, moderately differentiated; grade III, poorly differentiated; grade IV, undifferentiated.

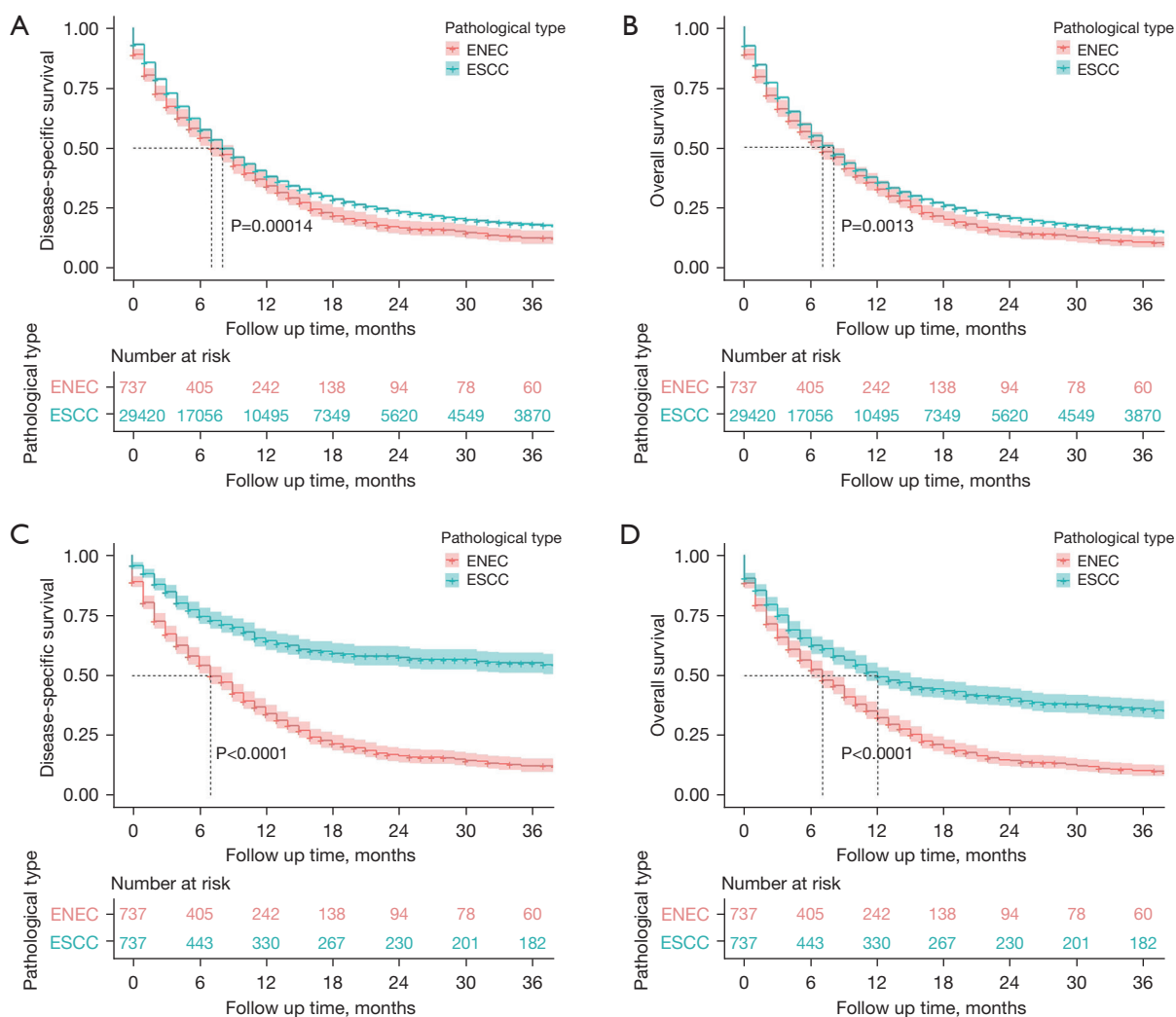


Figure 3 Kaplan-Meier curve for DSS and OS of two groups pre- and post-PSM. Patients of ENEC were associated with worse DSS ($P=0.00014$) (A) and OS ($P=0.0013$) (B) in comparison to ESCC before PSM. Notably, the tendency remained and became more obvious after PSM (C,D). ENEC, esophageal neuroendocrine carcinoma; ESCC, esophageal squamous cell carcinoma; DSS, disease-specific survival; OS, overall survival; PSM, propensity score matching.

Another analysis indicated that preoperative chemotherapy could significantly improve the OS and reduce the risk of distant migration in locally advanced ENEC (26). The median OS in the preoperative group reached 26 months. Combining literature review with our research results, we boldly speculate that for ENEC patients with limited stage, radical esophagectomy combined with perioperative treatment may bring more survival benefits. We plan to conduct a prospective, single-arm, phase II clinical study to explore the safety and effectiveness of the triple combination of neoadjuvant chemotherapy, immunotherapy, and radical esophagectomy in patients with localized ENEC. For

patients with distant SEER stage, palliative chemotherapy is the dominant option.

In recent years, immunotherapy, especially immune checkpoint inhibitors (ICIs), has made a breakthrough in EC treatment. ICIs plus chemotherapy has been established as the first-line treatment for advanced EC (27,28). For those failing to achieve pathological complete response after neoadjuvant chemoradiotherapy (nCRT), adjuvant nivolumab has been recommended (29). Jiang *et al.* reported an advanced ENEC patient who received immunotherapy after chemotherapy resistance and achieved a long-time progression-free survival (30). A prospective

Table 3 Demographic and clinical characteristics of patients for nomogram establishment

Characteristics	Training group (N=430), n (%)	Validation group (N=184), n (%)	P value
Age, years			
≤70	239 (55.6)	104 (56.5)	0.900
>70	191 (44.4)	80 (43.5)	
Race			
White	59 (13.7)	23 (12.5)	0.833
Black	344 (80.0)	151 (82.1)	
Other	27 (6.3)	10 (5.4)	
Sex			
Male	289 (67.2)	135 (73.4)	0.156
Female	141 (32.8)	49 (26.6)	
Primary site			
Cervical and upper	37 (8.6)	8 (4.3)	0.059
Middle	103 (24.0)	33 (17.9)	
Lower	205 (47.7)	104 (56.5)	
Other	85 (19.8)	39 (21.2)	
Marital status			
Married	363 (84.4)	142 (77.2)	0.096
Unmarried	45 (10.5)	29 (15.8)	
Unknown	22 (5.1)	13 (7.1)	
SEER stage			
Regional	92 (21.4)	36 (19.6)	0.054
Localized	77 (17.9)	20 (10.9)	
Distant	261 (60.7)	128 (69.6)	
Grade			
I–II	10 (2.3)	3 (1.6)	0.766
III–IV	296 (68.8)	124 (67.4)	
Unknown	124 (28.8)	57 (31.0)	
Surgery			
No	380 (88.4)	170 (92.4)	0.177
Yes	50 (11.6)	14 (7.6)	
Radiation			
No/unknown	239 (55.6)	100 (54.3)	0.847
Yes	191 (44.4)	84 (45.7)	
Chemotherapy			
No/unknown	143 (33.3)	54 (29.3)	0.392
Yes	287 (66.7)	130 (70.7)	

SEER, Surveillance, Epidemiology and End Results; grade I, well differentiated; grade II, moderately differentiated; grade III, poorly differentiated; grade IV, undifferentiated.

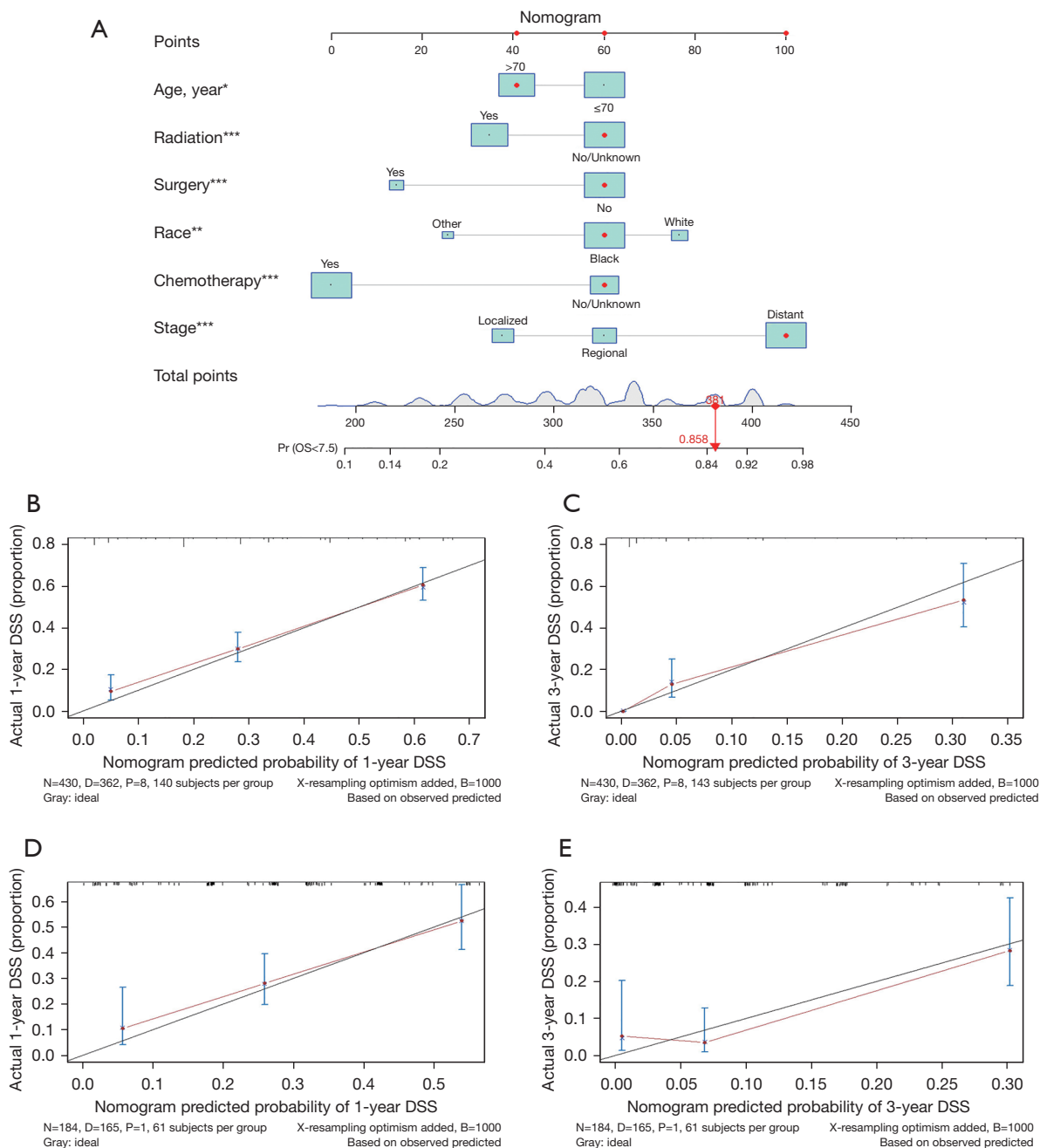


Figure 4 A nomogram model and validation for patients with ENEC. A novel nomogram to predict the DSS of patients with ENEC (A); the calibration curves for predicting the probability of 1-year (B,D) and 3-year (C,E) DSS in the internal validation and external validation cohorts. The figures showed a good consistency in the probability of 1- and 3-year DSS either internal or external validation. *, P<0.1; **, P<0.05; ***, P<0.01. OS, overall survival; DSS, disease-specific survival; ENEC, esophageal neuroendocrine carcinoma.

clinical trial about chemotherapy plus JS001 in advanced ENEC is recruiting (NCT05173246). Another ongoing SWOG S2012 trial is exploring platinum/etoposide with or without atezolizumab in patients with poorly differentiated

extrapulmonary small cell neuroendocrine carcinomas (NCT 05058651). Immunotherapy is promising in ENEC, but further evidence is needed.

Small cell carcinomas that originated from other

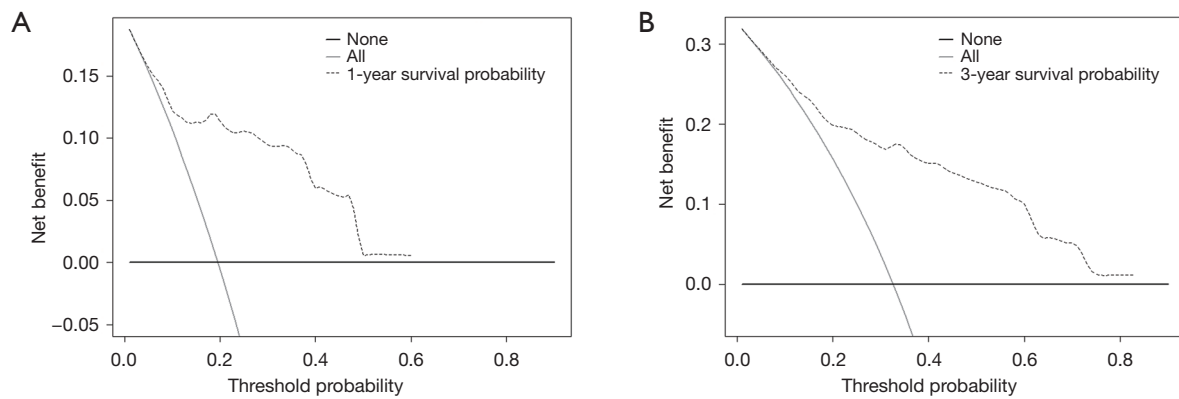


Figure 5 DCA for the nomogram in prediction of prognosis of patients with ENEC at the 1-year (A) and 3-year (B) points in the training cohort. The plots demonstrated great positive net benefits in the predictive model among almost all of the threshold probabilities at 1- and 3-year. DCA, decision curve analysis; ENEC, esophageal neuroendocrine carcinoma.

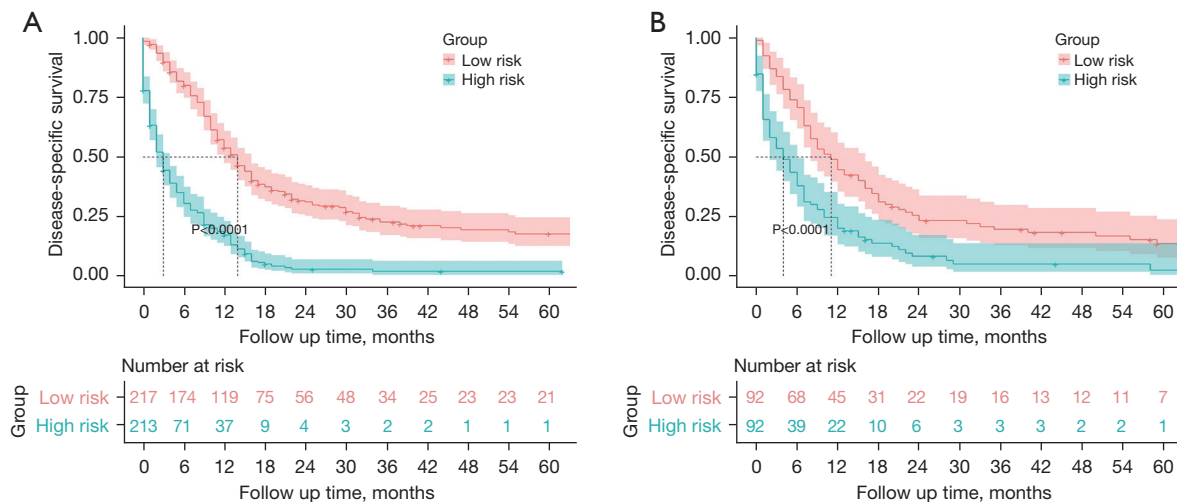


Figure 6 Kaplan-Meier curves of DSS for patients in the low and high-risk group in the two cohorts (A: training; B: validation). The low-risk group displayed a significant survival advantage compared to the high-risk group. DSS, disease-specific survival.

organs have shown a poor prognosis (15-17,31,32). This study adopted a PSM algorithm to analyze the prognosis of ENEC. PSM helps to reduce the potential imbalance between groups and consolidates the comparative results. To the best of our knowledge, this was the first study to make this kind of comparison. Our study provided the strongest to-date data in support of inferior outcomes of ENEC.

At present, the mechanism behind the negative prognosis of ENEC has remained unclear. Absence of early symptoms and delayed diagnosis might be important reasons. SEER stage was shown to an independent prognostic factor in this study, which was in line with other preliminary studies

(32,33). Pathology is also a very important prognostic factor. Especially, small cell carcinoma is well known for its aggressive behavior and poor prognosis, and the esophagus is the most commonly involved site in the gastrointestinal tract (34-36). In our study, small cell carcinoma was the predominant type in the total cohort. In addition, we found that ENEC was prone to liver metastases, which is believed to be related to inferior prognosis (37,38).

ENEC is characterized by poor differentiation and extensive neuroendocrine differentiation, accompanied by the worst prognosis when compared to their well-differentiated counterparts, NETs, or carcinomas with little

to no neuroendocrine differentiation, such as conventional EAC or those displaying neuroendocrine differentiation (39). NECs and NETs share neuroendocrine differentiation features, however, they differ significantly in terms of histopathological morphology, and genetic characteristics (39,40). While some G3 NETs may exhibit diagnostic similarities to NECs, their prognosis and response to chemotherapy remain distinct (41). In certain cases, EAC can demonstrate neuroendocrine differentiation, resulting in a poorer prognosis compared to conventional EAC (42). Within the spectrum of neuroendocrine differentiation, NECs exhibit the most unfavorable survival outcomes when contrasted with conventional EAC and EAC displaying neuroendocrine differentiation.

Prognostic factors were proposed for ENEC from other studies (43-45). In one report, a multivariate model of competing-risks nomogram was established, but the power was restricted by both limited sample size (n=162) and absence of external validation (13). In this study, we built our nomogram based on the large-sized SEER database. The results revealed that age, race, SEER stage, surgery, RT, and chemotherapy were independent prognostic factors. The results were further verified by C-index, calibration curves, and DCA. Hence, our results might be more reliable.

This study had its limitations. Firstly, due to the retrospective nature, bias was inevitable. Secondly, all the data were obtained from the SEER database. Details including tumor size, Ki-67 index, or systemic chemotherapy were missing. This restricted our further research on ENEC.

Conclusions

In summary, our study found significant clinicopathologic differences between ENEC and ESCC. Patients with ENEC were associated with worse prognosis compared to those with ESCC. Our constructed nomogram predicted the DSS of patients with ENEC. The model could provide a comprehensive guidance in counseling for patients with ENEC and clinical treatment decision-making. This study helped to deepen our understanding of clinical and prognostic characteristics of ENEC.

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Footnote

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Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013).

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