

hyperactivity that may present in (hypo)manic and/or depressive episodes, tend to persist after clinical stabilization. While adult patients with ADHD typically experience ceaseless mental activity and wandering mind, BD patients may have racing thoughts and perceive them as making sense. ADHD patients may have poor socio-occupational achievement that may lead to low self-esteem, low self-confidence and depressed mood. Features like course of illness, psychiatric family history and treatment response may help differentiate the two entities. The treatment must start with mood stabilization and then proceed to the treatment of ADHD symptoms.

Conclusions: A complete clinical history, with particular focus in the neurodevelopmental history, is important but sometimes is not enough for an accurate diagnosis of this comorbidity. As so, clinicians should be aware of the high comorbidity rates to prevent misdiagnosis and provide the best care for both disorders.

Disclosure: No significant relationships.

Keywords: bipolar disorder; adhd

EPV0296

Anxiety, depression and tinnitus: a cross-sectional study about 60 cases

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Introduction: Tinnitus is an auditory perception of a “phantom” nature with highly changing features. There is an established correlation between anxiety, depression, sleep disorders and tinnitus.

Objectives: To evaluate the prevalence of sleep disorders and emotional disorders during tinnitus and their correlation to the severity of the symptomatology

Methods: A descriptive cross-sectional study of 60 patients consulting for subjective tinnitus. For each patient we collected epidemiological data and performed an ENT and general examination, an audiometric and psychoacoustic evaluation and a psychometric evaluation. To evaluate the severity of the tinnitus we used the visual analog scale VAS and the subjective tinnitus severity test (STSS). Disability was assessed by the Tinnitus Handicap Inventory (THI). Anxiety and depression were assessed by: the Hamilton anxiety Rating scale and the Beck depression inventory.

Results: The prevalence of emotional disorders was: 21.7% for depression, 48.33% for generalized anxiety disorder, 11.67% for dysthymia, 5% for agoraphobia 16.67% for panic disorder and 1.67% for social phobia. The intensity of tinnitus was correlated with more panic disorder ($p=0.008$). Subjective severity of tinnitus was correlated with disability ($p=0.0001$), awareness of tinnitus in relation to sleep duration ($p=0.006$) and disturbed sleep ($p=0.047$). Disability was correlated with subjective tinnitus severity ($p=0.0001$), panic disorder ($p=0.0007$), generalized anxiety disorder ($p=0.033$), and poor sleep quality ($p=0.005$).

Conclusions: Our results emphasize the importance of emotional disorders as well as sleep disorders in chronic “tinnitus”. These

disorders should be systematically investigated and eventually treated in order to optimize the management of the patients.

Disclosure: No significant relationships.

Keywords: Anxiety; Depression; tinnitus; sleep disorders

EPV0297

Hypomagnesemia In Patients Of Critical Care And Alcohol Withdrawal Syndrome: A Review

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Introduction: Magnesium is one of the crucial electrolytes that plays a significant role in maintaining various cellular and metabolic processes. Studies demonstrate that Hypomagnesemia is evident in patients of critical care unit and alcohol withdrawal syndrome. Low Magnesium level is associated several dreadful complications as such higher mortality, cardiac arrhythmias, septic shock, prolonged ICU stay, increased need for intubations and delayed weaning from ventilation etc. Prescribing Magnesium with cautious supervision might prevent these alarming sequels. Value to determine Hypomagnesemia regarding critical patients is extremely significant to determine timing for possible interventions.

Objectives: To review the impact and significance of low serum Magnesium level on prognosis of patients with critical care unit and alcohol withdrawal syndrome.

Methods: To evaluate our research topic, we search through “Pubmed” and “Google Scholar” database using key words “Hypomagnesemia”, “Critical care” and “Alcohol withdrawal syndrome”, articles popped up. We select 5 articles on the basis of internal and external validity.

Results: Level of Magnesium determination is extremely crucial to steer proper management in ICU, CDU, and critically ill patients. Studies reflecting most of the patients in critical care and alcohol withdrawal syndrome suffer from Hypomagnesemia. Most recent studies demonstrate that a level below 0.75 mmol/L is considered Hypomagnesemia for total Mg and level below 0.42 mmol/L for ionized Mg.

Conclusions: Hypomagnesemia is associated with dire consequences and fatal outcomes for critical patients in terms of mortality, prolonged ICU stay, septic shock as well as need for mechanical ventilation. Supplementing Mg with careful monitoring could prevent lethal aftermath while treating patients of AWS and critical care.

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Management of Parkinson’s disease challenged by co-morbid drug abuse

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