



# First-line immunotherapy in non-small cell lung cancer patients with poor performance status: a systematic review and meta-analysis

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**Background:** Immune checkpoint inhibitors (ICIs) have become the standard of care for the first-line treatment of advanced non-small cell lung cancer patients (NSCLC), either as single agents or combined with chemotherapy. The evidence sustaining their role for poor performance status (ECOG PS  $\geq 2$ ) patients is limited.

**Methods:** We search PubMed and the proceedings of international oncology meetings to perform a systematic review to assess the outcomes poor PS NSCLC patients who received ICIs as first-line treatment. A meta-analysis included retrospective studies focusing on pembrolizumab monotherapy in PD-L1  $\geq 50\%$  NSCLC. We reported the global objective response rate (ORR), disease control rate (DCR) and landmark progression-free and overall survival (PFS and OS, respectively) in ECOG PS  $\geq 2$  and 0–1 patients, respectively.

**Results:** Forty-one studies were included in the systematic review. Thirty-two retrospective studies focused on pembrolizumab monotherapy in PD-L1  $\geq 50\%$  cases. In total, 1,030 out of 5,357 (19%) of patients across 30 studies presented with a PS  $\geq 2$  at pembrolizumab initiation. In 18 studies with detailed clinical information, worse outcomes in poor PS compared to good PS patients were documented. The meta-analysis revealed that ORR and DCR within the PS  $\geq 2$  patient population were 30.9% and 41.5% respectively (55.2% and 71.5% in PS 0–1 patients). The rates of PFS (at 3, 6, 12 and 18 months) and OS (at 6, 12, 18 and 24 months) were approximately double in the good PS compared to the poor PS group of patients. In the three prospective trials where of ICIs in PS 2 populations, the diverse strictness in PS definition likely contributed to the differential outcomes observed. Six retrospective studies dealt with chemo-immunotherapy combinations.

**Conclusions:** Still with limited prospective evidence sustaining the role of immunotherapy in previously untreated NSCLC with poor PS, 19% of patients in retrospective series dealing with pembrolizumab in PD-L1  $\geq 50\%$  tumors had an ECOG PS  $\geq 2$ . Clinical effort encompassing the definition of poor PS, of the factors conditioning it, and the development of dedicated treatment strategies is required to improve the outcomes in this patient population.

**Keywords:** Non-small cell lung cancer (NSCLC); pembrolizumab; PD-1; PD-L1; immune checkpoint inhibitors (ICIs); ECOG PS 2

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## Introduction

Treatment algorithms in non-small cell lung cancer (NSCLC) have been revolutionized since the introduction of immune checkpoint inhibitors (ICIs). After the initial demonstration of benefit in the setting of patients suffering from metastatic disease who had already failed systemic chemotherapy, agents directed against the PD-1/PD-L1 axis are now the standard of care as the upfront, first-line treatment of advanced NSCLC. In addition, immunotherapy drugs have improved the outcomes in locally-advanced disease and their role in localized stages is going to be defined.

The first contribution of ICIs in the first-line treatment of NSCLC was provided by pembrolizumab (anti-PD-1) mono-therapy, as it was showed to be superior compared to chemotherapy in patients whose tumors express PD-L1 in at least 50% of malignant cells according to immunohistochemistry evaluation (PD-L1  $\geq$ 50%) (1). Combination of pembrolizumab with chemotherapy is the standard treatment across all PD-L1 scores (2,3), and the question whereas patients with PD-L1  $\geq$ 50% should be treated with the PD-1 inhibitor alone or in association with cytotoxic agents is of major clinical relevance, in the absence of a direct comparison among the two strategies. Atezolizumab (anti-PD-L1) combined with carboplatin, paclitaxel, bevacizumab is approved for the treatment of *EGFR*-mutated NSCLC patients after progression to targeted inhibitors (4), while the association of ipilimumab (anti-CTLA-4) and nivolumab (anti-PD-1) with two courses of chemotherapy received recently FDA and EMA approval in first-line independently from PD-L1 expression and histology (5). Several other regimens have been proven superior to standard chemotherapy, and the roster of immunotherapy options for the first-line treatment of advanced NSCLC patients is going to expand (6).

These therapeutic attitudes, emerging from the outstanding results in clinical trials, are translated in the clinical practice, where “real-life” patients are less selected, especially in terms of disease aggressiveness and comorbidities, globally affecting their performance status (PS) (7).

All clinical studies, initially envisaging a role for ICIs in NSCLC and then leading to their approval, have enrolled good PS patients (PS 0–1 according to ECOG, Eastern Cooperative Oncology Group) (8). Good PS patients either maintain their status and activities as before disease diagnosis (ECOG PS 0), either are limited only in strenuous activity and work, without affecting of normal daily activities

(ECOG PS 1). Poor PS patients are not able to carry any work activity, still ambulatory, fully capable of selfcare and up more than 50% of waking hours (ECOG PS 2), or only partially autonomous in selfcare and confined to bed or chair more than 50% of waking hours (ECOG PS 3), while ECOG PS 4 patients are completely disabled. PS, representing an estimation of patients’ global fitness, figure among the most solid prognostic factors in lung cancer (9–12), as well as across other disease types and stages. As an alternative to ECOG measure, Karnofsky score (ranging from 100–best–to 0–worst–) is used to assess patients’ fitness as well (8,13).

Patients presenting with a poor PS represent a relevant proportion of subjects at lung cancer diagnosis (30% approximately), with pulmonary malignancies representing the most frequently associated with an ECOG PS  $\geq$ 2 (14,15). Several factors can impact (or concur) on PS deterioration, mainly represented by the burden of the disease itself, the presence of comorbidities and the global fragility of elderly people.

In the absence of molecular alterations allowing targeted treatment with rapid and clinically relevant responses achievable in a short delay without relevant toxicities (16), only PS 2 patients are actively evaluated for the administration of systemic therapy, while ECOG PS 3 are usually candidate to best supportive care (BSC) only. Despite its epidemiological relevance, the population of patients with ECOG PS 2 is scarcely represented in clinical studies encompassing chemotherapy regimens (7,15). Considering the lack of robust evidence, current guidelines suggest personalized therapeutic approaches (with regard to chemotherapy, single drugs or carboplatin-based doublets) (17,18).

Albeit real-life experiences have showed similar results to clinical trials in pretreated populations of NSCLC patients receiving ICIs, poor PS status remain a strong negative prognostic factor for immunotherapy, as reported by prospective clinical studies (*Table 1*) and retrospective evidence (reviewed by Dall’Olio *et al.*) (26). As ICIs administration has been moved to the first-line setting, proofs are needed to assess their contribution in poor PS status and to define the outcomes achievable in this population in order to inform clinical practice and to design *ad hoc* clinical trials. In this sense, we performed a systematic review and meta-analysis gathering clinical evidence on ICI for the first-line treatment of NSCLC patients with a poor PS.

We present the following article in accordance with the PRISMA reporting checklist (available at <http://dx.doi.org/10.21037/tlcr-21-15>).

**Table 1** Prospective studies of immune checkpoint inhibitors in pretreated NSCLC, including poor performance status (PS) patients. In all studies nivolumab was administered, with the exception of TAIL with atezolizumab (25)

Reference	Countries	Patients	PS =2	PS =3	PS =4	mFU mo	ORR global (95% CI)	ORR PS ≥2 (95% CI)	mPFS global (mo) (95% CI)	mPFS PS ≥2 (mo) (95% CI)	mOS global (mo) (95% CI)	mOS PS ≥2 (mo) (95% CI)
Felip. <i>Eur J Cancer</i> 2020, CheckMate 171 (20)	Europe	809 Squamous	103 (13%)	1 (1%)	-	Minimum 18	11%	2.6%	NA	NA	10.0 (9.2-11.2)	5.2 (3.0-7.6)
Spigel, <i>J Thorac Oncol</i> 2019, CheckMate 153 (21)	USA	1426	128 (9%)	-	-	7.9	NA	NA	DoT: 3.2 (range, 0-36.6+)	DoT: 1.4 (range, 0-33.9+)	9.1 (8.3-10.4)	4.0 (3.1-6.2)
Juergens, <i>WJCLC</i> 2017, CheckMate 169 (22)	Canada	161	31 (19%)	-	-	6.6	NA	NA	NA	NA	9.1 (7.5-14.4)	5.9 (3.6 - 5.9)
Facchinetti, <i>Immunotherapy</i> 2018, Immitigata (23)	Italy	54	15 (28%)	-	-	12.6	16%	0%	2.5 (1.5-3.5)	1.4 (0.2-2.6)	5.7 (0.4-17.7)	1.8 (0-3.8)
Molinier, <i>WJCLC</i> 2017 (24)	France	902	121 (13%)	-	-	26.1	19%	12.4%	2.0 (1.9-2.2)	1.7 (1.5-1.8)	9.9 (9.1-11.3)	3.4 (2.7-4.5)
Ardizzoni, <i>ESMO</i> 2021 (25)	Global	615	61 (10%)	-	-	12.7	11.1% (8.7-13.8)	3.3% (0.4-11.3)	2.7 (2.1-2.8)	1.7 (1.4-2.8)	11.1 (8.9-12.9)	3.5 (1.9-5.1)
Barlesi, <i>OncolImmunology</i> 2020, EVIDENS (26)	France	1420	192 (13.6%)	49 (3.5%)	-	18	19.6% at 6 months (17.5-21.6)	NA	2.8 (2.6-3.2)	NA	11.2 (10.0-12.4)	PS 2: 4.9 (4.0-6.3); PS 3-4: 3.5 (2.1-7.7)

mFU, median follow-up; mo, months; ORR, objective response rate; 95% CI, 95% confidence interval; NA, not available; mPFS, median progression-free survival; DoT, duration of treatment; mOS, median overall survival.

## Methods

### *Search strategy and selection criteria*

The review was performed according to Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines (27). The search was conducted in accordance with the principles outlined in the Cochrane Handbook for Systematic Reviews of Interventions. The database searched was MEDLINE (data cutoff of December 1<sup>st</sup>, 2020). The search items were “(NSCLC OR lung cancer) AND (checkpoint inhibitor OR PD-1 OR PD-L1 OR nivolumab OR pembrolizumab OR atezolizumab OR durvalumab OR avelumab) AND first line”; “poor PS AND (NSCLC OR lung cancer) AND (checkpoint inhibitor OR PD-1 OR PD-L1 OR nivolumab OR pembrolizumab OR atezolizumab OR durvalumab OR avelumab)”; “PS 2 AND (NSCLC OR lung cancer) AND (checkpoint inhibitor OR PD-1 OR PD-L1 OR nivolumab OR pembrolizumab OR atezolizumab OR durvalumab OR avelumab)”.

The first objective of our analysis was indeed to report, among the global population receiving first-line immunotherapy, the quote of patients with a PS  $\geq 2$ . The key inclusion criteria for this analysis was the description of the precise number of patients with either a good and a poor PS and a PD-L1  $\geq 50\%$ , treated with a PD-1/PD-L1 inhibitor single-agent in the first-line setting. Studies including only one of the two PS groups, not allowing the calculation of the proportion, were excluded from this synthesis. The second main objective of our analysis was to perform a meta-analysis of studies including patients receiving first-line pembrolizumab, gathering events of ORR, DCR and landmark survival estimations differentially in ECOG PS 0–1 and  $\geq 2$  cases. To be included in the meta-analysis, studies should report at least one measure of activity [i.e., objective response and disease control rates (ORR and DCR respectively), progression-free survival (PFS)] and/or efficacy [overall survival (OS)] in the poor PS population. Given that the large majority of studies reporting the outcomes of PS  $\geq 2$  patients were retrospective, only these were included in the analysis.

We encountered studies reporting only statistical analyses on the differential outcomes between PS 0–1 and  $\geq 2$  cases, without a definite assessment of poor PS patients in terms of ORR, DCR, PFS or OS. These studies, considered for the description of proportion of poor PS but not for the meta-analysis, were included in Tables reporting the respective outcomes.

Exclusion criteria were: articles not written in English,

reviews, commentaries, opinions, case reports, not relevant articles. Case reports tend to describe the positive outcomes of patients? in specific situations of interest, suggesting an intrinsic publication bias (i.e., the histories of poor PS NSCLC receiving ICIs are normally published only if successful). Accordingly, case series were considered only if consecutive patients were included, excluding the possibility of selection bias.

### *Data extraction and risk of bias assessment*

Two reviewers (FF and FP) independently screened titles and abstracts of all identified references. Full-text of the documents of potential interest were independently assessed by the two reviewers, to determine whether they satisfied the inclusion criteria, without meeting the exclusion ones. Any disagreements were solved by consensus or arbitration by a third person (MT). A data extraction form was developed specifically for the purpose of this assessment to collect information on patient characteristics, type of treatments, and outcome measures.

### *Data synthesis and analysis*

Descriptive statistics were used to summarize characteristics data of patients and tumors. The main results were summed in a table and a quantitative synthesis was planned for all the reported cases.

Meta-analysis on ORR, DCR and on PSF/OS rates, was performed with MedCalc Statistical Software version 19.4.1 (MedCalc Software Ltd., Ostend, Belgium; <https://www.medcalc.org>; 2020). The software uses a Freeman-Tukey transformation (arcsine square root transformation) to calculate the weighted summary proportion under the fixed and random effects model. Heterogeneity is measured by Cochran's Q, calculated as the weighted sum of squared differences between individual study proportion and the pooled proportion across studies. Q is distributed as a chi-square statistic with k (number of studies) minus 1 degrees of freedom. When the number of included studies is small, Q has low power to test heterogeneity, whilst Q has too much power if the number of studies is large. The I<sup>2</sup> statistic describes the percentage of variation across studies that is due to heterogeneity rather than chance.  $I^2 = 100\% \times (Q - df) / Q$ . Unlike Q it does not inherently depend upon the number of studies considered.

The likelihood of publication bias was assessed by both Egger's and Begg's tests.

For the calculation of the pooled probability of being event-free at prespecified time points (3, 6, 12 and 18 months for PFS; 6, 12, 18 and 24 months for OS), only trials displaying numbers of patients at risk at each defined landmark time were included in the pooled population; when not available, the probability of being event-free for each specific time points was inferred, with approximation, from Kaplan-Meier survival curves. Given the unavailability of standard errors/confidence intervals for the probability, in the pooled calculation the probability reported in each trial was weighted by the number of patients at risk. Details about the proportion of patients event-free at the reported time points and the respective patient at risk, not present in the work of Cortellini *et al.* (28) and of Facchinetti *et al.* (29), were kindly provided by the authors.

## Results

### Results of the systematic research

Our research items in MEDLINE led to the identification of 1107 titles, while 16 records were identified in main international meeting proceedings (Figure 1). After removing duplicates and excluding non-pertinent studies, 51 items were assessed for eligibility. Ten of them were excluded: five as not fulfilling inclusion criteria for either quantitative or qualitative analyses, five as reporting data on patients' cohort already present in another studies, where poor PS patients were more represented or follow-up was longer. Among these studies, the group of Cortellini firstly reported the activity and efficacy of first-line pembrolizumab in PD-L1  $\geq 50\%$  NSCLC patients (28), then dealing with toxicity outcomes in the same population (30). Finally, 41 studies were included in the systematic review.

Thirty-two studies were retrospective and dealt with pembrolizumab given in the first-line setting in selected populations of PD-L1  $\geq 50\%$  NSCLC (Table 2). The analysis of proportion of poor PS patients, and the meta-analysis of treatment outcomes were focused on these studies. Thirty studies included both good and poor PS patients (allowing the calculation of proportion of poor PS patients, Table S1), while Facchinetti *et al.* and Inaba-Higashiyama *et al.* only dealt with ECOG PS 2 and 3–4 patients, respectively (29,53). Meta-analysis of treatment outcomes included 18 studies (Table S2). When the detail is present, PS 2 cases were usually far more represented than PS 3 ones (Table 2), and this repartition is likely to be similar in studies reporting the number of “PS  $\geq 2$ ” patients, supposing a very low

number of PS 3 patients actively treated.

Three prospective phase 2 trials dedicating to PS 2 patients were identified, two of them enrolled patients regardless of PD-L1 status [PePS2 (61), CheckMate 817 (62)], while SAKK 19/17 had PD-L1 cut-off of  $\geq 25\%$  to allow patients to enter the study and receive upfront durvalumab (63) (Table 3). In PePS2, patient received pembrolizumab monotherapy across treatment lines, while CheckMate 817 enrolled different cohorts of patients to be treated with nivolumab and ipilimumab.

Three retrospective studies reported the experiences of real-life chemo-immunotherapy combinations, while additional three ones dealt with the therapeutic choice of administering either pembrolizumab as monotherapy or combined with cytotoxic agents for the first-line treatment of NSCLC, selected or not for PD-L1  $\geq 50\%$  (Table 4).

### Retrospective studies on first-line pembrolizumab: outcomes of poor PS and comparison with good PS patients

Pooling the data of the 30 studies including patients regardless of their PS (quantitative analysis of the proportion of poor PS patients), 1,030 out of 5,357 (19%) of patients presented with a PS  $\geq 2$  at pembrolizumab initiation. Within each series, the rate of poor PS patients ranged from 10% and 37%, with a median of 20%.

### Response and DCRs

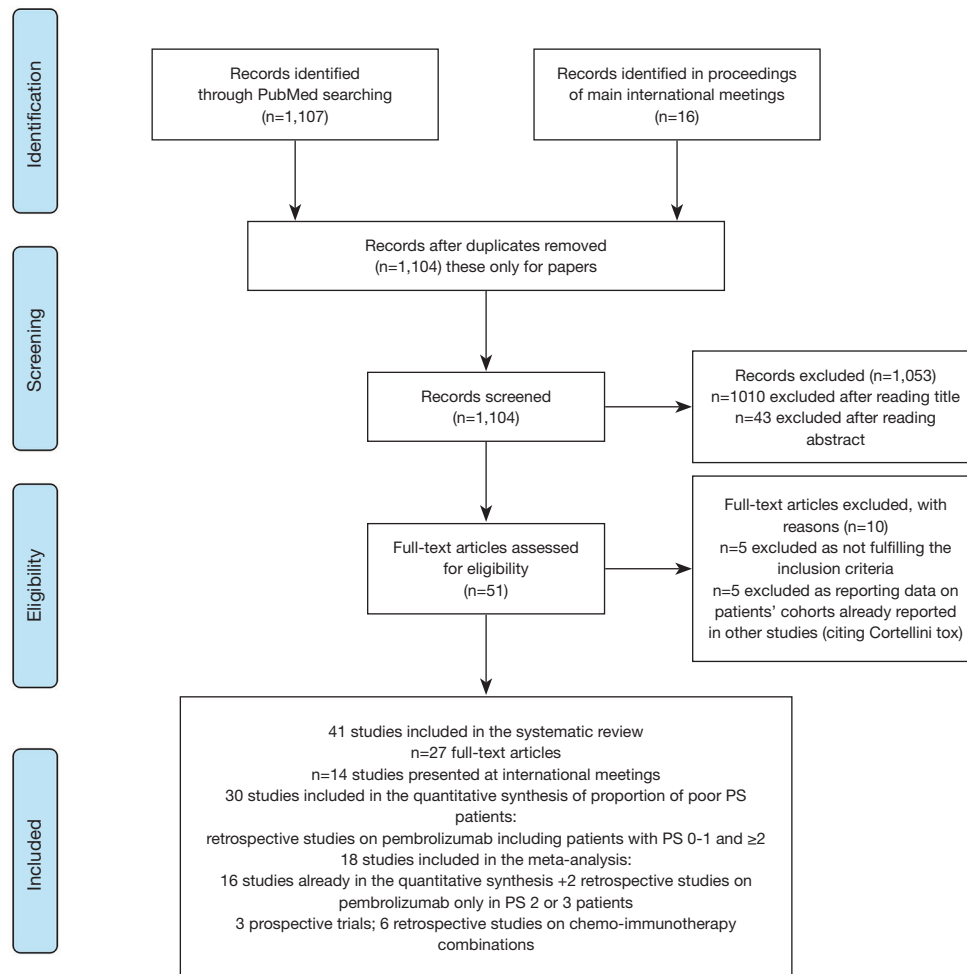
ORR and DCR (detailed for PS  $\geq 2$  patients in eight and six studies, respectively), in the global populations as well as dichotomized in good and poor PS patient, are reported in Table 5, while Figure 2 depicts the meta-analyses for PS  $\geq 2$  patients. No publication biases were found at a significance level  $< 0.05$ . When compared to PS 0–1 patients, poor PS ones had frequently worse response and DCRs, and in many cases the difference was statistically significant (Table 5). Pooling the data, 491 and 210 PS  $\geq 2$  patients were evaluated for ORR [seven studies (28,29,39,40,44,45,50)] and DCR [five studies (29,35,36,39,40)], respectively (Figures S1,S2). Disease responses were observed in 30.9% of the cases [95% CI: 22.5–40.0%] and 41.5% of the patient achieved disease control (95% CI: 27.1–56.9%) (Figure 2). Significant and moderate heterogeneity was recognized for ORR ( $I^2=72.3\%$ , 95% CI: 40.1–87.2%;  $P=0.0014$ ) and DCR ( $I^2=60.4\%$ , 95% CI: 0.0–85.2%;  $P=0.0389$ ) estimations, respectively (Figures S1,S2).

Across studies, 1,262 ECOG PS 0–1 patients in five studies were evaluated for disease response (28,39,44,45,50) and ORR was 55.2% (95% CI: 42.8–67.2%) (Figure 2C;





PRISMA 2009 Flow Diagram



**Figure 1** PRISMA flow diagram describing the process leading to the identification of studies included in the systematic review and meta-analysis.

**Figure S3).** DCR data was obtained for 185 patients in four studies (35,36,39,50) and occurred in 71.5% of the cases (95% CI: 56.0–84.7%) (Figure 2D; Figure S2). Heterogeneity was significant for both ORR ( $I^2=92.6\%$ , 95% CI: 85.6–95.1%;  $P<0.0001$ ) and DCR ( $I^2=79.45\%$ , 95% 45.28–92.28%;  $P=0.0022$ ) (Figures S3,S4).

### Progression-free survival

Twenty-one studies provided information on PFS of poor PS patients, 18 only reporting their numbers and

the comparison with PS 0–1 cases, while median PFS estimations for the poor PS group were provided in 15 studies (Table 6). Almost invariably, PS  $\geq 2$  was associated with shorter PFS compared to good PS. With the limitations intrinsic to the meaning of median survival estimations in immunotherapy studies (70) and to the retrospective nature of the studies themselves, with different time-points evaluations and definitions of disease progression according to local clinical practice, median PFS ranged from less than 1 (35,39) to approximately 7 months,

**Table 2** Retrospective studies including poor PS patients treated with first-line pembrolizumab in PD-L1  $\geq 50\%$  NSCLC

Study	Country	Patients	Poor PS patients [%]
Velcheti, <i>Immunotherapy</i> 2019 (32)	USA	402*	103 PS =2* [26]
Tamiya, <i>Invest New Drugs</i> 2019 (33)	Japan	213	32 PS =2; 9 PS =3; 1 PS =4 [20]
Aguilar, <i>Ann Oncol</i> 2019 (34)	USA	187	34 PS $\geq 2$ [18]
Edahiro, <i>Plos One</i> 2019 (35)	Japan	149	24 PS =2; 7 PS =3/4 [21]
Hasegawa, <i>Anticancer Res</i> 2019 (36)	Japan	51	5 PS $\geq 2$ [10]
Kuzminin, <i>WCLC</i> 2019 (37)	Argentina	74	9 PS =2 [12]
Rubio, <i>ESMO</i> 2019 (38)	Spain	223	52 PS =2; 3 PS =3 [25]
Frost, <i>ESMO</i> 2019 (39)	Germany	129	28 PS =2; 3 PS =3 [24]
Imai, <i>J Cancer Res Clin Oncol</i> 2020 (40)	Japan	47 $\geq 75$ years	7 PS =2; 3 PS =3 [21]
Morita, <i>BMC Cancer</i> 2020 (41)	Japan	205	29 PS =2; 6 PS =3; 1 PS =4 [18]
Tambo, <i>Clin Lung Cancer</i> 2020 (42)	Japan	95	11 PS =2; 10 PS =3/4 [22]
Amrane, <i>Cancer Med</i> 2020 (43)	France	108	25 PS =2 [23]
Facchinetti, <i>Eur J Cancer</i> 2020 (29)	Italy	153	153 PS =2 [100]
Cortellini, <i>Clin Lung Cancer</i> 2020 (30)	Italy	1026	179 PS $\geq 2$ [17]
Cavaille, <i>Tumori</i> 2020 (44)	France	41	6 PS =2; 5 PS =3 [27]
Alessi, <i>J Immunother Cancer</i> 2020 (45)	USA	234	39 PS =2 [17]
Friedlaender, <i>Acta Oncol</i> 2020 (46)	Europe	302	56 PS =2 [19]
Seban, <i>Cancers (Basel)</i> 2020 (47)	France	63	13 PS $\geq 2$ [21]
Banna, <i>Transl Lung Cancer Res</i> 2020 (48)	Europe	132	22 PS =2 [17]
Metro, <i>J Immunother</i> 2020 (49)	Europe	282	49 PS =2; 3 PS =3 [18]
Kano, <i>Cancer Science</i> 2020 (50)	Japan	85	11 PS =2; 5 PS =3; 1 PS =4 [20]
Yamaguchi, <i>Sci Rep</i> 2020 (51)	Japan	48	18 PS =2/3 [37]
Ichihara, <i>Lung Cancer</i> 2020 (52)	Japan	84	18 PS $\geq 2$ [21]
Sakai, <i>J Cancer Res Clin Oncol</i> 2020 (53)	Japan	33 Non-squamous	8 PS $\geq 2$ [24]
Inaba-Higashiyama, <i>Thorac Cancer</i> 2020 (31)	Japan	4	3 PS =4 [100]
Yamaguchi, <i>Thorac Cancer</i> 2021 (54)	Japan	72	23 PS =2/3 [32]
Wakuda, <i>Lung Cancer</i> 2020 (55)	Japan	87	9 PS =2 [10]
Sehgal, <i>ASCO</i> 2020 (56)	USA	54	21 PS $\geq 2$ [39]
Pilotto, <i>ESMO</i> 2020 (57)	Italy	27	8 PS =2; 1 PS =3 [33]
Lobefaro, <i>ESMO</i> 2020 (58)	Italy	146	17 PS =2 [12]
Lester, <i>ESMO</i> 2020 (59)	UK	179	22 PS $\geq 2$ [12]
Mouritzen, <i>ESMO</i> 2020 (60)	Denmark	579	90 PS $\geq 2$ [16]

\*, patients with known negative status for sensitizing *EGFR* mutations and *ALK* fusions.

**Table 3** Prospective studies evaluating PD-1/PD-L1 inhibition in the first-line setting of PS 2 patients

Study	Country	Patients	PD-L1 status and drug	Main findings
Middleton, <i>Lancet Resp Med</i> 2020, PePS2 (61)	UK	24	Any PD-L1, Pembrolizumab	Good tolerability profile  DCB 38% (n =9; 21–57) ORR 21% (n =5; 9–40) mPFS 4.3 months (1.9–13.1) mOS 7.9 months (2.6–NR)
Mark, <i>Cancer Immunol Immunother</i> 2020, SAKK 19/17 (63)	Switzerland	21	PD-L1 $\geq$ 25%, Durvalumab	13 out of 21 treated patients died (62%)  Seven deaths (7/13; 54%) observed during the first five weeks
Barlesi, WCLC 2019, CheckMate 817 (62)	Europe/USA	139	Any PD-L1, Nivolumab + ipilimumab	Good tolerability profile  ORR 19% mPFS 3.6 months (2.8–5.4) mDOR 14.2 months (10.0–NR)

Data included in parenthesis indicate 95% confidence interval. DCB, durable clinical benefit, i.e., lack of progression at the 18th week; ORR, objective response rate; mPFS, median progression-free survival; mOS, median overall survival; NR, not reached; mDOR, median duration of response.

**Table 4** Studies dealing with chemo-immunotherapy combinations including poor PS patients

Study	Country	PD-L1 status	Patients	Poor PS patients [%]
Clark, ASCO 2020 (64)	UK/USA	Any	77 pembro + chemo	8 PS $\geq$ 2 [10]
Tabah, ASCO 2020 (65)	USA	Any	254 pembro + chemo	34 PS =2/3 [13]
Velcheti, ESMO 2020 (66)	USA	Any	99 $\geq$ 75 y pembro + chemo	13 PS =2 [13]
Dudnik, ESMO 2020 (67)	Israel	$\geq$ 50%	203 pembrolizumab 53 pembro + chemo	63 PS $\geq$ 2 [31] 8 PS $\geq$ 2 [15]
Takumida, ESMO 2020 (68)	Japan	$\geq$ 50%	71 pembrolizumab 26 pembro + chemo	17 PS $\geq$ 2 [24] 4 PS $\geq$ 2 [13]
Aggarwal, <i>Clin Cancer Res</i> 2020 (69)	USA	$\geq$ 50%	31 pembrolizumab	8 PS =2; 1 PS $\geq$ 3 [29]
		Any (only 3/35 $\geq$ 50%)	35 pembro + chemo	1 PS =2 [3]

in two studies specifically reporting outcomes of PS 2 patients (42,49). Pooling data into landmark PFS rates from six studies with available information (28,29,31,38,44,45), it was estimated that 45%, 30%, 22% and 13% of the patients had not progressed at three, six, 12 and 18 months, respectively (*Table 7*) (71–73).

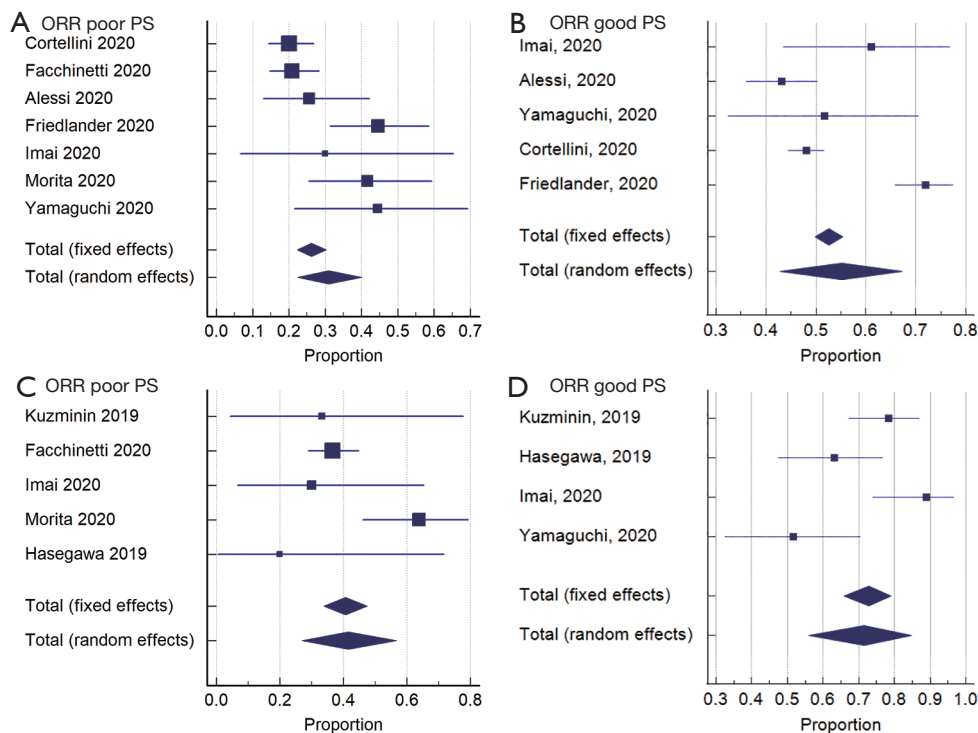
With regard to PS 0–1 patients, median PFS estimations ranged from around 5–6 (31,35,44) to 10–11 months

(28,42,50) (*Table 6*). Landmark PFS values of good PS patients were available and pooled from five studies (28,31,38,44,45). PFS-free rate at 3, 6, 12 and 18 months was 75%, 60%, 45% and 36%, respectively (*Table 7*).

#### Overall survival

20 studies provided information on OS of poor PS patients, 16 only reporting their numbers and the comparison with





**Figure 2** Meta-analysis of objective responses and disease control in patients with ECOG performance status  $\geq 2$  (poor PS) and 0-1 (good PS) receiving pembrolizumab in retrospective studies. ORR, objective response rate; DCR, disease control rate.

PS 0-1 cases, while median PFS estimations for the poor PS group were provided in 14 studies (Table 8). Almost invariably, OS was statistically worse in poor PS patients compared to good PS ones, in the 17 studies reporting any survival information, with not significant trends only in report with a relative low number of PS  $\geq 2$  cases (Table 8). Median OS ranged from less than 2 months in elderly patients (39) to approximately an 1 year, in the cohort of Mouritzen *et al.* (60). Six studies provided information for landmark OS estimations (28,29,38,43-45). Pooling these data, 42%, 31%, 26% and 21% of the patients were alive six, 12, 18 and 24 months since pembrolizumab start, respectively (Table 7).

In ECOG PS 0-1 patients, median OS estimations ranged from 12.4 months in the study of Velcheti *et al.* (31) to approximately 20 months in other populations (28,44,60) (Table 8). In several studies, the relatively short follow-up did not allow to report median OS for good PS patients. Pooling the data of five studies (28,38,43-45), approximately 80%, 70%, 60% and 50% of patients were alive six, 12, 18 and 24 months since pembrolizumab start (Table 7).

**“Very poor” PS patients**

Precise data on PS 3-4 patients have only been reported by Kano *et al.* (49) and by Inaba-Higashiyama *et al.* (53). In the first study, six out of 85 patients (7%) started pembrolizumab with an ECOG PS of 3 or 4, achieving median PFS and OS of approximately 1 and 2 months, respectively (Tables 6,8). In their cohort of 250 patients, Inaba-Higashiyama *et al.* identified four cases with an ECOG PS of 3 (53). While three patients progressed rapidly to pembrolizumab, in one case with PD-L1 =100% systemic disease response was achieved (Table 5).

**Pembrolizumab safety in the first-line setting of poor PS patients**

Cortellini *et al.* reported the toxicity outcomes of a large cohort of NSCLC patients receiving first-line pembrolizumab (30). An ECOG PS  $\geq 2$  (n=174) was correlated with a lower incidence of immune-related adverse events (irAEs) (21.2% compared to 35% of PS 0-1), likely due to the shorter exposure to pembrolizumab of poor PS patients. Similarly, no toxicity issue emerged in the PS 2 population reported by Facchinetti *et al.* (29). In their

**Table 5** Objective response rates and disease control rates in studies including poor PS patients

Reference	Patients	Poor PS patients	ORR			DCR			PD			Statistics PS 0-1 vs. poor PS, (95% CI)
			Total	PS 0-1	Poor PS	Total	PS 0-1	Poor PS	Total	PS 0-1	Poor PS	
Hasegawa, <i>Anticancer Res</i> 2019 (36)	51	5 PS $\geq$ 2		NA		59%	63%	20%	41%	37%	80%	P=0.146
Kuzminin, WCLC 2019 (37)	74	9 PS =2 3 NE	50%*	NA	NA	75%*	79%*	33%*	25%*	21%*	66%*	P=0.03 DCR
Imai, <i>J Cancer Res Clin Oncol</i> 2020 (40)	47 $\geq$ 75 y	7 PS =2; 3 PS =3 2 NE	NA	61%*	43%*	NA	89%*	43%*	NA	11%*	57%*	P=0.15 RR, P=0.03 DCR
Morita, <i>BMC Cancer</i> 2020 (41)	205	29 PS =2; 6 PS =3; 1 PS =4	NA	55%	42%	NA	77%	64%	NA	23%	36%	Multivariate: OR 1.44 (0.57–3.59), P=0.4366 for response; P=0.0832 within poor PS group, trend towards lack of response
Facchinetti, <i>Eur J Cancer</i> 2020 (29)	153	153 PS =2	–	–	21%	–	–	37%	–	–	63%	–
Cortellini, <i>Cancer Immunol Immunother</i> 2020 (28)	1026	179 PS $\geq$ 2 36 NE	NA	48%*	25%*	NA	NA	NA	NA	NA	NA	P<0.0001, Multivariate: OR 2.60 (1.73–3.91); P<0.0001
Alessi, <i>J Immunother Cancer</i> 2020 (45)	234	39 PS =2	NA	43%	26%	NA	NA	NA	NA	NA	NA	P=0.04
Friedlaender, <i>Acta Oncol</i> 2020 (46)	302	56 PS =2	NA	72%	45%	NA	NA	NA	NA	NA	NA	OR 0.31 (0.17–0.57)
Seban, <i>Cancers (Basel)</i> 2020 (47)	63	13 PS $\geq$ 2	58%	NA	NA	65%	NA	NA	35%	NA	NA	RR: OR 1.3 (0.4–4.9), P=0.69; DCR: OR 1.8 (0.5–6.3), P=0.34
Yamaguchi, <i>Sci Rep</i> 2020 (51)	48	12 PS =2; 6 PS =3 2 NE	NA	52%*	50%*	73%	NA	NA	NA	NA	NA	P>0.99
Inaba-Higashiyama, <i>Thorac Cancer</i> 2020 (31)	4	4 PS =3	–	–	25% <sup>§</sup>	–	–	25% <sup>§</sup>	–	–	–	–

\*, only TC-evaluated patients considered in calculating the rates (i.e., non evaluated patients are not included in the analyses). <sup>§</sup>, Patient with PD-L1 =100%. y, years; PS, performance status; NE, not evaluated; ORR, objective response rate; NA, not available; DCR, disease control rate; PD, progressive disease; OR, odds ratio; 95% CI, 95% confidence interval.

cohort, Cavaille *et al.* reported that grade  $\geq$ 3 irAEs occurred in four of 41 patients, all of them with PS 2–3; two of them, registered with disease progression, were considered fatal events (43). No difference in pembrolizumab-related toxicity was reported in other studies according to ECOG PS status (41,45).

### **Prospective trials with anti-PD-1/PD-L1 agents for PS 2 NSCLC patients**

When dealing with prospective studies specifically testing immunotherapy in PS 2 patients (Table 3), diverse results were observed.

PePS2 was a phase 2 study enrolling PS 2 patients to

**Table 6** Progression-free survival outcomes in studies including poor PS patients

Study	Patients	Poor PS, patients	mFU mo	mPFS, mo (95% CI)			Univariate, HR (95% CI); P value	Multivariate, HR (95% CI); P value
				Global population	PS 0-1	Poor PS		
Velcheti, <i>Immunotherapy</i> 2019 (32)	402*	103 PS 2*	17	NA	6.5 <sup>§</sup>	1.9 <sup>§</sup>	NA	NA
Tamiya, <i>Invest New Drugs</i> 2019 (33)	213	32 PS=2; 9 PS=3; 1 PS=4	11	8.3 (6.0–10.7)	9 (7.2–NA)	4 (2.2–8.6)	2.11 (1.37–3.27); P=0.000598	1.69 (1.05–2.72); P=0.03138
Aguilar, <i>Ann Oncol</i> 2019 (34)	187	34 PS≥2	12.6	6.5 (4.5–8.5)	NA	NA	0.48 (0.30–0.76); P=0.002	0.47 (0.30–0.75); P=0.001
Hasegawa, <i>Anticancer Res</i> 2019 (36)	51	5 PS≥2	9.5	4.4 (1.9–8.4)	5.3 (2.2–10.4)	0.9 (0.5–NE)	3.56 (1.35–9.38); P=0.010	3.889 (1.16–13.01); P=0.027
Kuzminin, <i>WCLC</i> 2019 (37)	74	9 PS=2	11	14.9 (6.14 –NR)	NR (NR–NR)	2.5 (1.69–3.23)	4.83 (2.03–11.20); P<0.001	3.28 (1.15–9.38); P=0.02
Mielgo Rubio, <i>ESMO</i> 2019 (38)	223	52 PS=2; 3 PS=3	6.8	±13	NA	NA	4.08 (2.52–6.69); P<0.001	3.24 (1.88–5.58); P<0.001
Frost, <i>ESMO</i> 2019 (39)	129	28 PS=2; 3 PS =3	13	NA	10.8	3.2	0.69 (0.43–1.12)	NA
Imai, <i>J Cancer Res Clin Oncol</i> 2020 (40)	47 ≥75 y	7 PS=2; 3 PS=3	10.1	7.0 (5.4–10.6)	8.9	0.5	0.34 (0.16–0.77); P=0.01	0.47 (0.18–1.27); P=0.13
Tambo, <i>Clin Lung Cancer</i> 2020 (42)	95	11 PS=2; 10 PS=3/4	8.8	6.1 (3.64–8.56)	7.9	3.4	2.15 (1.25–3.72); P=0.006	0.92 (0.46–1.85); P=0.817
Amrane, <i>Cancer Med</i> 2020 (43)	108	25 PS=2	8.2	10.1 (8.8–NR)	10.4 (8.9–11.9)	6.8 (5.0–8.6)	P=0.412	NA
Facchinetti, <i>Eur J Cancer</i> 2020 (29)	153	153 PS=2	18.2	–	–	2.4 (1.6–2.5)	NA	NA
Cortellini, <i>Cancer Immun Immunother</i> 2020 (28)	1026	179 PS≥2	14.6	7.9 (6.9–9.5)	10.4 (8.7–13.0)	2.6 (1.9–3.30)	2.65 (2.20–3.21); P<0.0001	2.48 (2.05–3.01); P<0.0001
Cavaille, <i>Tumori</i> 2020 (44)	41	6 PS=2; 5 PS=3	7.6	6 (3–NR)	NR (4–NR)	2 (1–NR)	P<0.05	NA
Alessi, <i>J Immunother Cancer</i> 2020 (45)	234	39 PS=2	NA	6.2 (4.9–8.4)	6.6 (5.23–10.36)	4.0 (2.07–14.04)	0.70 (0.47–1.06); P=0.091	NA
Friedlaender, <i>Acta Oncol</i> 2020 (46)	302	56 PS=2	8.6	NA	11.3 (8.5–14.4)	2.6 (1.9–5.1)	P<0.001	3.0 (2.0 – 4.3)
Seban, <i>Cancers (Basel)</i> 2020 (47)	63	13 PS≥2	13.4	7.7 (4.9–10.6)	NA	NA	1.9 (0.9–4.0); P=0.09	NA
Metro, <i>J Immunother</i> 2020 (49)	282	49 PS=2; 3 PS=3	8.7	8.9 (5.9–12.0)	NA	NA	2.93 (2.03–4.24); P<0.001 <sup>#</sup>	2.71 (1.85–3.97); P<0.001 <sup>#</sup>
Kano, <i>Cancer Sci</i> 2020 (50)	85	11 PS=2; 5 PS=3; 1 PS=4	NA	NA	8.1 (4.8–NR)	PS=2: 7.3 (1.5–11.4); PS=3–4: 1 (0.3–NR)	PS 0–1 vs. 2 P=0.321	NA

Table 6 (continued)

Table 6 (continued)

Study	Patients	Poor PS, patients	mFU mo	mPFS, mo (95% CI)			Univariate, HR (95% CI); P value	Multivariate, HR (95% CI); P value
				Global population	PS 0-1	Poor PS		
Yamaguchi, <i>Sci Rep</i> 2020 (51)	48	18 PS=2/3	11.5	7.1	10.8	5.6	1.64 (0.77–3.40); P=0.18	NA
Ichihara, <i>Lung Cancer</i> 2020 (52)	84	18 PS $\geq$ 2	NA	6.9 (3.8–11.4)	NA	NA	NA	2.21 (1.15–4.28); P=0.017
Sakai, <i>J Cancer Res Clin Oncol</i> 2020 (53)	33	8 PS $\geq$ 2	16.7		NA		0.47 (0.19–1.33); P=0.15	0.55 (0.22–1.56); P=0.25

\*, patients with known negative status for sensitizing *EGFR* mutations and *ALK* fusions. <sup>§</sup>, “Real-word time on treatment” in the study. <sup>#</sup>, Time-to-treatment failure. y, years; PS, performance status; mFU, median follow-up; mo, months; NA, not available; mPFS, median progression-free survival; 95% CI, 95% confidence interval; NE, not estimable; NR, not reached; HR, hazard ratio.

Table 7 Meta-analysis of survival rates at landmark time-points

	Poor PS			Good PS		
	N of trials included in the analysis [N of pts at risk]	Probability of survival	95% CI	N of trials included in the analysis [N of pts at risk]	Probability of survival	95% CI
3-months PFS	3 [185]	0.45	0.40–0.50	2 [871]	0.75	0.72–0.77
6-months PFS	6 [162]	0.30	0.27–0.35	5 [930]	0.60	0.58–0.63
12-months PFS	6 [72]	0.22	0.18–0.27	5 [489]	0.45	0.42–0.48
18-months PFS	6 [33]	0.13	0.09–0.18	5 [270]	0.36	0.33–0.40
6-months OS	6 [175]	0.42	0.37–0.47	5 [986]	0.81	0.79–0.83
12-months OS	6 [90]	0.31	0.26–0.37	5 [591]	0.68	0.65–0.71
18-months OS	5 [47]	0.26	0.20–0.34	5 [270]	0.58	0.53–0.62
24-months OS	4 [10]	0.21	0.11–0.36	4 [269]	0.52	0.47–0.56

receive pembrolizumab as a first (n=24) or later (n=36) treatment line, regardless of PD-L1 status (61). As stated by the Authors, the study was characterized by a rigorous definition of PS 2. Of note, PS 2 status had to be stable for at least two weeks before trial entry and no immunosuppressive drugs in the week preceding pembrolizumab start were allowed, implying that only PS 2 patients not requiring steroids were included. Indeed, out of 112 patients screened, 60 (54%) started pembrolizumab treatment. The recording of Charlson comorbidity index scores represented an added value of this study. The majority of the patients (90%) had a comorbidity index  $\leq$ 10 in a scale from 0 to 37, where a metastatic solid tumor account for 6 points, age 60–69 and 70–79 for 2

and 3 points, respectively (with a median age of patients included in the study of 72 years) (74). The efficacy results sustain a wider use of pembrolizumab in this population, as durable clinical benefit (DCB, i.e., lack of progression at the 18<sup>th</sup> week, the main efficacy outcome) occurred in 38% of first-line. As expected, responses and survival outcomes were progressively better when segmenting patients according PD-L1 expression. Paradoxically, response rate (31% vs. 24%) and median OS (10.4 vs. 7.9 months) were numerically better in the subsequent-line compared with first-line, with median PFS overlapping at approximately 4 months. The surprising results in the subsequent-lines group even outperformed the KEYNOTE-001 data in PS 0–1, PD-L1  $\geq$ 1% patients (response rate 18%, median

**Table 8** Overall survival outcomes in studies including poor PS patients

Study	Patients	Poor PS patients	mFU, mo	mOS, mo (95% CI)			Univariate, HR (95% CI); P value	Multivariate, HR (95% CI); P value
				Global population	PS 0–1	Poor PS		
Velcheti, <i>Immunotherapy</i> 2019 (32)	402*	103 PS=2*	17	NA	12.4 <sup>§</sup>	3.5 <sup>§</sup>	NA	NA
Aguilar, <i>Ann Oncol</i> 2019 (34)	187	34 PS≥2	12.6	NR	NA	NA	0.42 (0.23–0.77); P=0.005	NP
Hasegawa, <i>Anticancer Res</i> 2019 (36)	51	5 PS≥2	9.5	19.1 (8.3–NR)	NE (8.6–NE)	1.5 (0.5–NE)	3.79 (1.27–11.34); P=0.017	3.873 (1.10–13.60); P=0.035
Kuzminin, <i>WCLC</i> 2019 (37)	74	9 PS=2	11	22.7 (15.6–NR)	NR (NR–NR)	4.0 (0.16–7.85)	6.09 (2.52–14.72); P<0.001	4.04 (1.20–13.56); P=0.002
Mielgo Rubio, <i>ESMO</i> 2019 (38)	223	52 PS=2; 3 PS=3	6.8	NR	NA	NA	5.44 (3.30–8.95); P<0.001	2.94 (1.65–5.23); P<0.001
Frost, <i>ESMO</i> 2019 (39)	129	28 PS=2; 3 PS=3	13	NA	NE	8	0.40 (0.23–0.70); P<0.001	NA
Imai, <i>J Cancer Res Clin Oncol</i> 2020 (40)	47 ≥75y	7 PS=2; 3 PS=3	10.1	NR (10.3–NR)	NR	1.3	0.18 (0.06–0.55); P=0.003	0.19 (0.06–0.71); P=0.01
Tambo, <i>Clin Lung Cancer</i> 2020 (42)	95	11 PS=2; 10 PS=3/4	8.8	NR	NR	11.1	1.88 (0.92–3.82); P=0.083	NA
Facchinetti, <i>Eur J Cancer</i> 2020 (29)	153	153 PS=2	18.2	–	–	3 (2.4–3.5)	–	–
Cortellini, <i>Cancer Immunol Immunother</i> 2020 (28)	1026	179 PS≥2	14.6	17.2 (15.3–22.3)	22.8 (18.6–27.5)	3.9 (2.9–5.3)	3.18 (2.58–3.92); P<0.0001	3.01 (2.43–3.72); P<0.0001
Cavaillè, <i>Tumori</i> 2020 (44)	41	6 PS=2; 5 PS=3	7.6	11.08 (5.98–NR)	18.0 (9.7–NR)	2.7 (0.99–NR)	P<0.05	NA
Alessi, <i>J Immunother Cancer</i> 2020 (45)	234	39 PS=2	NA	19.8 (16.2–NR)	20.3 (18.0–NA)	7.4 (3.78–NA)	0.42 (0.26–0.68); P<0.001	NA
Friedlaender, <i>Acta Oncol</i> 2020 (46)	302	56 PS=2	8.6	NA	NR	7.8 (2.5–10.7)	P<0.001	3.8 (2.5–5.8)
Seban, <i>Cancers (Basel)</i> 2020 (47)	63	13 PS≥2	13.4	12.1 (8.6–15.6)	NA	NA	2.9 (1.0–8.6); P=0.05	3.1 (0.9–9.6); P=0.06
Metro, <i>J Immunother</i> 2020 (49)	282	49 PS=2; 3 PS=3	8.7	26.5 (17.17–NR)	NA	NA	4.55 (2.95–7.03); P<0.001	4.40 (2.81–6.90); P<0.001
Kano, <i>Cancer Science</i> 2020 (50)	85	11 PS=2; 5 PS=3; 1 PS=4	NA	NA	NR	PS =2: NR PS =3–4: 2.9 (0.7–NR)	PS=0–1 vs. PS=2; P=0.148	NA
Yamaguchi, <i>Sci Rep</i> 2020 (51)	48	18 PS=2/3	11.5	18.6	18.9	10.8	1.14 (0.74–1.72); P=0.52	NA
Ichihara, <i>Lung Cancer</i> 2020 (52)	84	18 PS≥2	NA	NR	NA	NA	NA	3.54 (1.56–8.04); P=0.002
Sakai, <i>J Cancer Res Clin Oncol</i> 2020 (53)	33	8 PS≥2	16.7	NA	NA	NA	0.35 (0.11–1.32); P=0.11	0.35 (0.11–1.31); P=0.11
Mouritzen, <i>ESMO</i> 2020 (60)	579	90 PS≥2	27.2	18.3 (16.0–21.0)	±20	±12.5	NA	1.5 (1.1–2.0); P=0.006

\*, patients with known negative status for sensitizing EGFR mutations and ALK fusions. <sup>§</sup>, “Patient follow-up” in the study. y, years; PS, performance status; mFU, median follow-up; mo, months; NA, not available; mOS, median overall survival; 95% CI, 95% confidence interval; NR, not reached; NE, not estimable; HR, hazard ratio.

PFS and OS 3 and 9.3 months, respectively) (75). The evaluation of toxicity, co-primary end-point together with DCB, documented pembrolizumab was globally safe in this population. In addition to the limited patient number acknowledged by Authors, we deem that the extreme patient selection limits the generalization of the data obtained in PePS2 for the care of PS 2 NSCLC patients.

On the other hand indeed, Mark *et al.* recently reported the interim safety analysis of the phase 2 SAKK 19/17 trial, enrolling PS 2 NSCLC patients with a PD-L1  $\geq 25\%$  to receive durvalumab. This unplanned analysis has been solicited by the early death rate observed among the first 21 treated patients (63). Relevant exclusion criteria were the presence of active brain metastases and the concomitant treatment with steroids at the dose of  $> 10$  mg daily of prednisone or equivalent. At the moment of data analysis, 13 out of 21 treated patients had died, one for a treatment-related colonic perforation (after prolonged disease response), while 12 for disease progression. Of note, in seven cases death occurred within the first five weeks since durvalumab initiation. The presence of significant burden of symptoms (especially respiratory) at baseline has been suggested as a clinical marker of dismal outcomes to the anti-PD-L1 agent in this population, and the trials have been emended to exclude patients with grade  $\geq 3$  dyspnea and to incorporate the confirmation of the PS 2 by a second physician.

CheckMate 817 trial enrolled 589 advanced NSCLC patients to receive upfront nivolumab and ipilimumab combination (62). A specific cohort (A1) was dedicated to special populations, including ECOG PS 2 patients ( $n=139$ ). ORR was 36% and 19% in cohort A (ECOG PS 0–1 patients without meaningful comorbidities) and PS 2 patients, respectively, median PFS 5.8 (95% CI: 4.5–7.6) and 3.6 (2.8–5.4) months, with 35% and 25% of the patients not progressing at one year since treatment start, respectively.

### ***First-line chemo-immunotherapy combinations in poor PS NSCLC patients***

Across three retrospective studies describing the preliminary results of chemo-immunotherapy combinations in real-life settings, the proportion of poor PS patients was estimated at 10–13%, also including a cohort dealing only with elderly patients (64–66) (Table 3). Three additional series reported data regarding the current scenario of first-line

NSCLC treatment, represented by the differential choice of pembrolizumab monotherapy or of pembrolizumab-chemotherapy associations when dealing with PD-L1  $\geq 50\%$  tumors (67–69) (Table 3). Still with the limitation of an interpretation of retrospective observations, it is remarkable that, among the population receiving chemo-immuno combinations, poor PS patients were far less represented ( $\sim 50\%$ ) compared to the one treated with pembrolizumab only (67,68). Even more representative, in the study by Aggarwal *et al.*, out the 31 patients receiving pembrolizumab, nine (29%) had a poor PS, compared to one PS 2 (3%) patient among the 35 candidates to chemo-immunotherapy associations (69). These observations, still initial and derived from retrospective studies, suggest a potential preference of treating physicians towards a safer therapeutic approach in PS 2 NSCLC patients, privileging mono-immunotherapy to combinations with cytotoxic agents.

## **Discussion**

Treatment strategies involving immunotherapy have revolutionized the approach to advanced NSCLC in the first-line setting. Whereas the benefit observed in clinical trials can be mirrored in clinical practice is still a matter of debate. While no sufficient information is available to discuss the role of chemo-immunotherapy combinations in real-life scenarios, retrospective data sustain the utilization of single-agent pembrolizumab in good PS patients suffering from PD-L1  $\geq 50\%$  NSCLC, while the benefit generated in the poor PS population (accounting for the 19% of the patients) still appear dismal. Prospective studies are enrolling PS 2 patients regardless of PD-L1 status (NCT02879617) or PS 2–3 patients with PD-L1  $\geq 25\%$  (NCT04108026 “SAVIMMUNE”) to receive durvalumab. Performing prospective trials and observational studies is indeed of pivotal relevance in this setting, as the global quality of the data included in the present analysis can be questioned, acknowledging that almost all the studies are retrospective.

The divergent outcomes observed in PePS2 and SAKK 19/17 (acknowledging these latter are preliminary) sustain how the definition of PS 2 is crucial for including patients in dedicated clinical trials, and also to report outcomes of poor PS patients included in retrospective studies. Narrowing the criteria in order to obtain a relatively fit population of PS 2 NSCLC patients could nevertheless limit the extrapolation of the data themselves for the



application in the clinical practice. Acknowledging the practicality of ECOG (and Karnofsky) scales in assessing PS, Scott *et al.* recently discusses the novel frontiers of PS measurement, encompassing digital tools worn by patients, registering physiological and mobility-related data whose integration can better define the fitness of each subject (76). Increasing the accuracy and objectivity in assessing PS would hopefully contribute to run clinical trials whose results can be replicate in the daily life, and to address patients to the most adequate treatment according to initial fitness.

The availability of both single-agent pembrolizumab and chemo-immunotherapy options in the first-line treatment of NSCLC, especially if PD-L1  $\geq 50\%$  raises the question about which can be the best upfront therapy. Patient selection towards one strategy or the other is not the objective of the present review. Not limited to PS  $\geq 2$  patients, the precise evaluation of PD-L1 expression levels can guide on treatment choices, as the higher levels are correlated to the best outcomes when immunotherapy is administered both as single agent (33) and as combined with chemotherapy (2,3).

Dealing precisely with poor PS patients, the dismal outcomes globally observed with pembrolizumab monotherapy could sustain the implementation of combination strategies in patients who can afford them. In particular, albeit it emerged from a single, retrospective study led by our group, the reason conditioning a PS 2 strongly correlated with the benefit driven from first-line pembrolizumab, with comorbidity-related cases of poor PS still obtaining satisfactory results compared to patients whose fitness was undermined by disease burden itself. Acknowledging that, especially in NSCLC, comorbidities, disease aggressiveness, age and global frailty can concur to a poor PS, single agent pembrolizumab can be proposed to PD-L1  $\geq 50\%$  cases whose PS 2 is mainly determined by comorbidities. On the other hand, chemo-immunotherapy combinations could be proposed to poor PS NSCLC patients with high disease burden, likely to tolerate them and reasonably needing a combined approach in order to contrast a rapid evolution of the disease. Aiming to obtain the larger effect against aggressive tumors, the synergistic effect of combinations of chemo- and immunotherapy could be likely obtained also with adapted doses and schema of cytotoxic agents. Albeit their trial was not limited to previously untreated patients, Bonomi *et al.* reported interesting preliminary data in this sense (77). Without taking into account PD-L1 status, PS patients were

randomized to receive first-line pembrolizumab either as mono-therapy (n=10) or combined with weekly, low-dose carboplatin (AUC 1) and paclitaxel (25 mg/m<sup>2</sup>) (n=10). Albeit long-term readouts of activity and efficacy are expected, responses were observed in two and seven cases, with additional four and two patients obtaining disease stabilization in the respective treatment arms, with no toxicity warnings.

Eagerly waiting for data on this subject, the very initial experiences gathered in *Table 3*, only reporting the proportion of poor PS patients addressed to chemo-immunotherapy, suggests that oncologists can reasonably hesitate to proposing such regimens to PS 2–3 patients. Registering the outcomes of carboplatin-based regimens associated with PD-1/PD-L1 in PS 2 NSCLC patients is the object of NCT04253964 and NCT04262869 studies, with pembrolizumab and durvalumab as ICIs, respectively. In the clinical trial NCT04297605, single agent chemotherapy (pemetrexed or nab-paclitaxel) is associated to pembrolizumab for the first-line treatment of PS 2 NSCLC, regardless of PD-L1 status. The combination of nivolumab and ipilimumab, already evaluated for PS 2 patients in CheckMate 817, have been compared to carboplatin-based chemotherapy in NCT03351361 (eENERGY), including both PS 2 and elderly (>70 years-old and PS 0–1) NSCLC patients.

In conclusion, the evolution in NSCLC treatment provided by immunotherapy is still limited to good PS patients. Prospective evidence, both observational and interventional, are eagerly awaited to define the best therapeutic strategies in poor PS patients, usually neglected in clinical trials but accounting for a significant proportion of the global population of NSCLC, as in our analysis 19% of the patients who receive first-line pembrolizumab had a PS  $\geq 2$ .

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