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Original Article

Anatomy of the optic radiations from the white matter fiber dissection perspective: A literature review applied to practical anatomical dissection

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ABSTRACT

Background: Knowledge of the anatomical course of the optic radiations and its relationship to medial temporal lobe structures is of great relevance in preoperative planning for surgery involving the temporal lobe to prevent damage that may result in postsurgical visual field deficits.

Methods: In this anatomical study, we reviewed the literature on this topic and applied the information to practical anatomical dissection. The three-dimensional relationship between the course of the optic radiations and structures accessed in the main microneurosurgical approaches to the medial temporal lobe was examined by applying Klingler's white matter fiber dissection technique to five formalin-fixed human brains. The dissections were performed with an operating microscope at magnifications of ×3-×40. High-resolution images were acquired during dissection for identification of the anatomical structures, focusing on the characterization of the course of the optic radiations in relation to medial temporal lobe structures.

Results: In all five dissected brains, we could expose and clearly define the relationship between the optic radiations and medial temporal lobe structures, improving our understanding of these complex structures.

Conclusion: The knowledge gained by studying these relationships will help neurosurgeons to develop risk-adjusted approaches to prevent damage to the optic radiations in the medial temporal region, which may result in a disabling visual field deficit.

Keywords: Fiber dissection, Neurosurgery, Optic radiations, Surgical approach, Temporal lobe, White matter

INTRODUCTION

The optic radiations are key white matter structures that cross the temporal lobe. Their extensive course involving the temporal, parietal, and occipital lobes makes them particularly susceptible to damage during neurosurgery, which may lead to visual field deficits.^[15,19] Improving our understanding of the course, relationships, and connections of the optic radiations within the temporal lobe may help reduce the risk of damage during surgical procedures such as amygdalohippocampectomy and other procedures that involve entering the temporal lobe, such as resection of tumors and vascular lesions [Figure 1].

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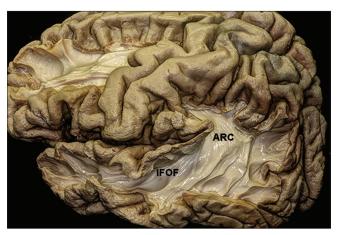


Figure 1: Lateral view of the left cerebral hemisphere during dissection. IFOF: Inferior fronto-occipital fasciculus; and ARC: arcuate fasciculus.

Fiber dissection was the first technique that allowed physicians to visualize the three-dimensional anatomic organization of the brain. In 1935, Klingler improved the technique, later named after him, by studying the specimens after formalin fixation, freezing, and defrosting, which facilitated the separation of fibers during dissection due to the formation of ice crystals between them.^[8] However, this technique was neglected for a long time, particularly after the development of the microtome and histological techniques, receiving renewed attention with the introduction of the use of an operating microscope to study the details of the fiber systems. [4,7,11,12,17]

There are several surgical approaches to the temporal lobe currently in use, including the lateral, subtemporal, transsylvian, and supracerebellar transtentorial approaches.[16,17] A common feature of all these approaches is that corticectomy is required to gain access to the temporal horn of the lateral ventricle. At present, the lateral approach is the most commonly used one in elective neurosurgery, and its main complication is homonymous quadrantanopia due to damage to the optic radiation extending along the lateral wall of the ventricle. In stereotactic brain surgery, localizing the topographic projection of the hippocampus on the cutaneous and bone surface is essential for adequate planning of craniotomy and corticectomy to avoid or minimize damage to the optic radiation. At this stage, the use of imaging tools is important to provide an in vivo map of the anatomy of the optic radiations in individual patients, leading to an adjusted approach to protect these structures [Figure 2].

In this anatomical study, we reviewed the literature on this topic and applied the information to practical anatomical dissection by examining the three-dimensional relationship between the course of the optic radiations and structures accessed in the main microneurosurgical approaches to the medial temporal lobe (lateral, subtemporal, transsylvian, and supracerebellar transtentorial approaches) using Klingler's

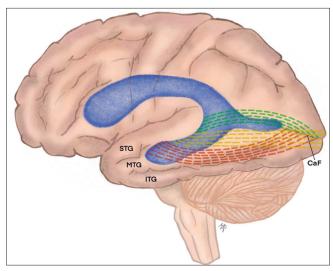


Figure 2: Illustration demonstrating the relationship of optical radiation through the roof of the temporal horn to the calcarine fissure. STG: Superior temporal gyrus, MTG: middle temporal gyrus, ITG: inferior temporal gyrus, and Caf: calcarine fissure. Green dotted line: Meyer's loop; yellow dotted line: central bundle; red dotted line: dorsal bundle.

white matter fiber dissection technique with the aid of an operating microscope.

MATERIALS AND METHODS

The study was approved by the Research Ethics Committee of Universidade Federal do Rio Grande do Sul, Brazil, and conducted in accordance with the provisions of the Declaration of Helsinki. Five human brains (ten hemispheres) were dissected. All specimens were prepared, dissected, and photographed in the Dr. Albert L. Rhoton Neuro-Microanatomy Laboratory at the University of Florida, USA.

Klingler's white matter fiber dissection technique was applied to all brains.^[8] The whole cerebral hemispheres were fixed in 10% formalin for 4 weeks. All specimens were stored properly to prevent anatomical alterations. After the fixation period, the brains were frozen at -12°C for an additional 4 weeks. The dissections were performed with the aid of the operating microscope at magnifications of ×3-×40. High-resolution images were acquired during dissection for identification of the anatomical structures, focusing on the characterization of the course of the optic radiations in relation to medial temporal lobe structures.

RESULTS

Under the operating microscope, the following observations were applied to all five dissected brains examined in the study.

Overview of the optic radiations

The optic radiations originate from the lateral geniculate body (LGB) and extend into the calcarine fissure in the occipital lobe [Figure 3]. Because the LGB is part of the thalamus, the optic radiations emerge as fibers of the posterior thalamic peduncle and are classified as fibers of the internal capsule. The thalamic peduncle merges with the fronto-occipital fasciculus to form the sagittal stratum. The sagittal stratum is composed of projection fibers running longitudinally just beneath the lentiform nucleus, which is classified as belonging to the sublentiform portion of the internal capsule.[13] For descriptive purposes, the optic radiations can be divided into three fiber bundles: anterior, central, and posterior fiber bundles [Figure 4].

The anterior fiber bundle or Meyer's loop

The anterior bundle of the optic radiations, in the first part of its trajectory, courses along the upper half of the medial aspect of the temporal horn. As the fiber bundle reaches a more anterior point, it changes the position to course along the roof of the temporal horn beneath the lentiform nucleus and above the caudate nucleus until it reaches the anterior tip of the temporal horn. The fiber bundle extends an average of 2 mm anterior to the tip of the temporal horn^[13] until it reaches the anterior edge of the uncal recess. The average distance from the anterior edge of the optic radiation to the temporal pole is 25 mm, ranging from 22 to 30 mm.[2,13]

At the edge of the temporal lobe, the optic radiations are located just behind the fibers that connect the frontal and temporal lobes, a fiber tract known as uncinate fasciculus, and above the amygdala. After reaching this extreme point, the course of the fibers does a posterior loop in a more lateral trajectory to reach the occipital cortex. This curvature is known as Meyer's loop. As the fibers run backward, they again course along the roof of the temporal horn, but now in a more lateral trajectory extending along the upper half of the lateral wall of the temporal horn, being considered an important structure on the wall of the lateral ventricle.

While coursing on the wall of the lateral ventricle, the anterior fiber bundle is located beneath the central fiber bundle. This occurs because, in the anterior portion of the temporal lobe, the anterior fiber bundle is located lateral to the central fiber bundle. However, as the fibers run posteriorly, they curve down to beneath the central fiber bundle to reach the lower lip of the calcarine sulcus.[1]

The central fiber bundle

The central bundle of the optic radiations emerges from the LGB and contains the largest number of fibers. In the first part of its trajectory, the central fiber bundle runs laterally along the roof of the temporal horn. It, then, curves slightly backward in a way that the anterior fibers of the central bundle may be mistaken for the posterior fibers of the

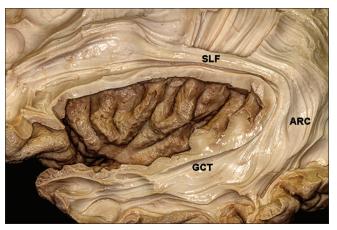


Figure 3: Relationship of the insula to the geniculocalcarine tract. SLF: Superior longitudinal fasciculus, GCT: geniculocalcarine tract, and ARC: arcuate fasciculus.

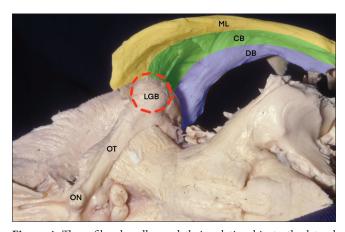


Figure 4: Three fiber bundles and their relationship to the lateral geniculate body. ON: Optic nerve, OT: optic tract, LGB: lateral geniculate body, ML: Meyer's loop, CB: central bundle, and DB: dorsal bundle.

anterior bundle. This partial loop occurs in the upper half of the lateral wall of the temporal horn. The fibers of the anterior bundle merge with the fibers of the lateral wall of the temporal horn to form the sagittal stratum, after which they continue in a retrograde fashion to reach the occipital pole.

The posterior fiber bundle

This fiber bundle courses posteriorly until it reaches the calcarine fissure. These fibers pass directly to the occipital pole, where they meet the fibers of the central and anterior bundles. In this trajectory, the fibers of the sagittal stratum cover the lateral wall of the atrial portion of the ventricle. Altogether they form the sagittal stratum, where the anterior fiber bundle comprises the lower part and reaches the upper lip of the calcarine fissure.

The optic radiations and the temporal horn

The temporal horn is closely related to the optic radiations [Figure 5]. The fibers of the central and anterior bundles, while emerging from the LGB, partially cover the upper half of the medial wall of the temporal horn. This configuration allows the surgeon to reach the amygdala through the transsylvian approach to the temporal horn described by Yasargil et al. in 2004.[20] The central fiber bundle, while coursing laterally, covers a more posterior part of the roof of the temporal horn. The anterior fiber bundle, alone, covers the roof of the temporal horn and the lateral part of the upper half of its frontal portion when it curves backward to form Meyer's loop. As the fibers run posteriorly and assume a more lateral position, the lateral wall of the temporal horn is covered by the optic radiations. The lower part is formed by the fibers of the anterior bundle, while the upper part is formed by the fibers of the central bundle.

The entire superior lateral wall of the temporal horn is covered by the optic radiations, while the inferior medial wall of the temporal horn is free from the optic radiations, except at the level of the LGB.[14] Because there are no optic radiation fibers within the floor of the temporal horn, the subtemporal approaches cannot damage the optic radiations.

The optic radiations and the insula and uncal recess

The insula is complexly related to the optic radiations. The insular cortex can be seen only if the sylvian fissure is opened. It is an island of cortical tissue completely covered by the frontal operculum and by the superior temporal gyrus. Removal of the insular cortex uncovers the arcuate fibers, which connect the frontal, parietal, temporal, and occipital lobes. Dissection of the fibers of the extreme capsule reveals the claustrum.

The claustrum is surrounded medially by the fibers of the external capsule, which is located between the claustrum and the lenticular nucleus.[14] Dissection of the outer layer of the external and extreme capsules reveals the fronto-occipital and uncinate fasciculi, but they cannot be separated. The uncinate fasciculus is composed of association fibers that pass through the limen insula and connect the frontal and temporal lobes [Figure 6]. The fronto-occipital fasciculus is composed of association fibers that connect the frontal and occipital lobes, and dissection of this fasciculus reveals the putamen.

Interruption of the optic radiations during resection for lateral access to the temporal horn is shown in Figure 7.

Neurophysiology of the visual pathways and the optic tract

The retina is formed by a variety of cells, with rods and cones being the first neurons in this complex network of fibers conveying visual information to the occipital cortex. The light must pass through all layers of the retina to reach its external part, where the photoreceptors (rods and cones) are

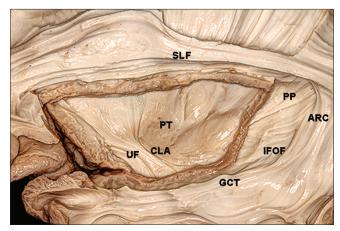


Figure 5: Lateral view of the left cerebral hemisphere during dissection. SLF: Superior longitudinal fasciculus, PT: putamen, UF: uncinate fasciculus, CLA: claustrum, GCT: geniculocalcarine tract, IFOF: inferior fronto-occipital fasciculus, PP: parietopontine fibers, and ARC: arcuate fasciculus.

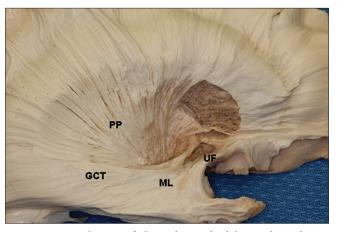


Figure 6: Lateral view of the right cerebral hemisphere during dissection. PP: Parietopontine fibers, GCT: geniculocalcarine tract, ML: Meyer's loop, and UF: uncinate fasciculus.

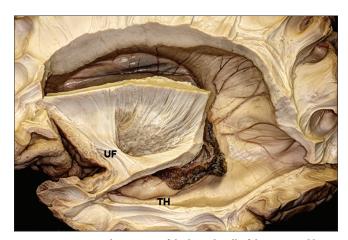


Figure 7: Anatomical resection of the lateral wall of the temporal horn. Removal of the optic radiations exposes the entire lateral horn of the temporal ventricle. UF: uncinate fasciculus; and TH: temporal horn.

located. The photoreceptors are connected by synapses with the bipolar cells and the bipolar cells with the ganglion cells. Along the sulcus rectus, the optic nerve (CN II) is formed exclusively by unmyelinated axons of the ganglion cells that originate from the retina and reach the brain by passing through the optic canal together with the ophthalmic artery. The optic nerves (from both eyes) condense in the optic chiasm. The fibers from the nasal retina (temporal visual field) change sides, while the fibers from the temporal retina (nasal vision field) remain on the same side.

The optic tract connects the optic chiasm and the LGB the connecting point from which the optic radiations will emerge. The LGB also connects to the superior colliculus, from where the visual fibers extend to the pulvinar and then to Brodmann's areas 18 and 19 and to the midbrain, generating a number of eye reflexes coordinated by the Edinger-Westphal nucleus. The optic radiations convey visual information to the occipital cortex, more specifically to Brodmann's area 17, where visual consciousness arises. Its microanatomical pathway is very complex and has been described previously.[13,14]

DISCUSSION

For neurosurgeons, the most important relationships are those between the temporal lobe anatomy and the optic radiations. Of paramount, importance is the knowledge of the relationship between the tip of the temporal horn and the most anterior fibers of Meyer's loop [Figure 8].

Surgical approaches and the optic radiations

Standard temporal lobectomy or modified temporal lobectomy using Spencer's technique[15] will inevitably damage Meyer's loop. Rates of up to 60% of injury to this structure have been clinically confirmed in patients operated

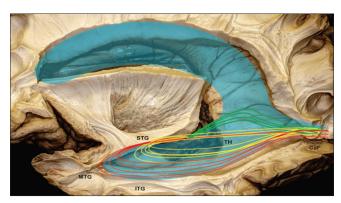


Figure 8: Illustration of optical radiation superimposed on the dissected anatomical image. STG: Superior temporal gyrs, MTG: middle temporal gyrus, ITG: inferior temporal gyrus, TH: temporal horn, Caf: calcarine fissure, Green trace: Meyer's loop, Yellow trace: central bundle, and Red trace: dorsal bundle.

on with this technique.[19] Likewise, approaches through the superior temporal sulcus, superior temporal gyrus, or middle temporal gyrus (Niemeyer's technique) may lead to a visual field deficit, especially superior quadrantanopia. [9]

In a microanatomical analysis, access to medial temporal lobe structures through the sylvian fissure have the potential to preserve the integrity of the optic radiations during surgery.^[21] However, in one study, a rate of approximately 36.6% of visual deficit was demonstrated with the use of the transsylvian approach to the medial temporal lobe.[22] Some studies report that this approach can damage white matter association fibers. [2,21] In the subtemporal approach, in general, retraction with a brain spatula is required for better visualization of the medial temporal lobe, with the potential risk of venous injury to the inferior anastomotic veins. Anatomically, access through the middle temporal gyrus, or even through the superior temporal sulcus, has the potential to damage optic radiation fibers by crossing the ventricular lateral wall. [3] In the supracerebellar transtentorial approach, retraction with a brain spatula may also be required, and it is known that placing the patient in the semisitting position increases the risk of intraoperative gas and/or arterial embolism, in addition to requiring routine processes, including anesthetic procedures and adequate patient positioning, which are statistically associated with prolonged operative time.^[5] On the other hand, this approach enables a large resection of the medial temporal lobe structures without disrupting the optic radiations.[17]

CONCLUSION

The optic radiations and their relationship to other structures in the white matter must be considered when planning the resection of medial temporal lobe structures. To avoid optic radiations, the surgical approach arsenal consists of three trajectories: transsylvian, subtemporal, and paramedian supracerebellar transtentorial. All these approaches carry risks and benefits. For better neurosurgical planning, not only the cortex and the target structures of the surgery must be considered but also what lies in the way, in this case, the white fibers of the optic tract and the optic radiations.

Although not commonly used in epilepsy surgery to avoid injury to the optic radiations, intraoperative cortical and subcortical mapping of the optic radiations have been increasingly used in awake surgery to resect tumors in eloquent areas.^[6] Because visual field defects can have a profound impact on the patient's quality of life, for example, affecting the patient's ability to drive, [10] mapping of the optic radiations, which have been used for safer resection of cerebral gliomas, could be extrapolated to encompass resection of medial temporal lobe structures. In doing so, surgery would be based not only on anatomy but also on the unique physiology of the patient undergoing surgery.

The integration of anatomical knowledge is of fundamental importance for adequate neurosurgical planning, to avoid as much as possible surgical damage to optical radiation. In this sense, more recently, we managed to envision neurosurgical techniques that associate anatomical knowledge, magnetic resonance images with the combination of intraoperative neuronavigation.[18]

The association of technological innovation using magnetic resonance images with neuronavigation applied to microscopic imaging can significantly reduce injuries secondary to optical radiation, as demonstrated in some series studied and compared with documented visual campimetry.[3]

Declaration of patient consent

Patient's consent not required as there are no patients in this study.

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Nil.

Conflicts of interest

There are no conflicts of interest.

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