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# Interactions between Curcumin Derivatives and Amyloid- $\beta$ Fibrils: Insights from Molecular Dynamics Simulations

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# Supporting Information

**ABSTRACT:** The aggregation of amyloid- $\beta$  (A $\beta$ ) peptides into senile plaques is a hallmark of Alzheimer's disease (AD) and is hypothesized to be the primary cause of AD related neurodegeneration. Previous studies have shown the ability of curcumin to both inhibit the aggregation of A $\beta$  peptides into oligomers or fibrils and reduce amyloids *in vivo*. Despite the promise of curcumin and its derivatives to serve as diagnostic, preventative, and potentially therapeutic AD molecules, the mechanism by which curcumin and its derivatives bind to and inhibit A $\beta$  fibrils' formation remains elusive. Here, we investigated curcumin and a set of curcumin derivatives in complex with a hexamer peptide model of the  $A\beta_{1-42}$  fibril using nearly exhaustive docking, followed by multi-ns molecular dynamics simulations, to provide atomistic-detail insights into the molecules' binding and inhibitory properties. In the vast majority of the simulations, curcumin and its derivatives



remain firmly bound in complex with the fibril through primarily three different principle binding modes, in which the molecules interact with residue domain  $_{17}\text{LVFFA}_{21}$ , in line with previous experiments. In a small subset of these simulations, the molecules partly dissociate the outermost peptide of the  $A\beta_{1-42}$  fibril by disrupting  $\beta$ -sheets within the residue domain  $_{12}\text{VHHQKLVFF}_{20}$ . A comparison between binding modes leading or not leading to partial dissociation of the outermost peptide suggests that the latter is attributed to a few subtle key structural and energetic interaction-based differences. Interestingly, partial dissociation appears to be either an outcome of high affinity interactions or a cause leading to high affinity interactions between the molecules and the fibril, which could partly serve as a compensation for the energy loss in the fibril due to partial dissociation. In conjunction with this, we suggest a potential inhibition mechanism of  $A\beta_{1-42}$  aggregation by the molecules, where the partially dissociated  $_{16}\text{KLVFF}_{20}$  domain of the outermost peptide could either remain unstructured or wrap around to form intramolecular interactions with the same peptide's  $_{29}\text{GAIIG}_{33}$  domain, while the molecules could additionally act as a patch against the external edge of the second outermost peptide's  $_{16}\text{KLVFF}_{20}$  domain. Thereby, individually or concurrently, these could prohibit fibril elongation.

# ■ INTRODUCTION

Alzheimer's disease (AD) is characterized by the pathological hallmarks of extracellular amyloid- $\beta$  (A $\beta$ ) plagues and intraneuronal tau-containing neurofibrillary tangles in the brain.<sup>1</sup> According to the amyloid cascade hypothesis, A $\beta$ -related toxicity is the primary cause of synaptic dysfunction and neurodegeneration underlying the progression characteristic of AD.<sup>2-4</sup> Targeting the production, aggregation, and toxicity of A $\beta$  with small molecule drugs, peptides, sequestering proteins, or antibodies is an active area of AD research due to the general acceptance of this hypothesis, but thus far, several drugs targeting A $\beta$  have faced challenges.<sup>5</sup> Despite the fact that this raised skepticism in recent years, the genetic evidence for the causative role of  $A\beta$  in AD is strong, including both familial ADcausing mutations<sup>6</sup> and the recently discovered rare, protective mutation in an Icelandic kindred.<sup>7-9</sup> Thus, targeting  $A\beta$ aggregation is a potentially attractive therapeutic approach.

While monomeric  $A\beta$  is nontoxic, upon self-assembly, its toxicity increases substantially as oligomers form and then decreases with formation of fibrils.<sup>8</sup> Self-assembly is associated with toxicity, and oligomers ranging from dimers to protofibrils

are toxic.<sup>10–12</sup> This adds to the complexity of the problem and the difficulty of developing effective inhibitors of  $A\beta$  oligomer toxicity. Since the realization of  $A\beta$  as a potential therapeutic target, several inhibitors have been suggested, ranging from natural products, peptides, peptidomimetics, and various synthetic compounds, including curcumin derivatives, as potential modulators of  $A\beta$  aggregation and inhibitors of its toxicity.<sup>8,13–28</sup> In addition, larger molecules have been suggested as amyloid inhibitors, including human monoclonal antibodies (e.g., aducanumab that selectively reacts with  $A\beta$  aggregates, including soluble oligomers and insoluble fibrils crossing the blood-brain barrier, engaging its target, and clearing  $A\beta$  from plaque-bearing transgenic mouse brains<sup>4</sup>), or  $\beta$ -wrapin proteins, engineered to bind and sequester amyloid monomeric proteins, including  $A\beta$ , and thereby reduce their toxicity.<sup>29–37</sup>

The challenge of studies tackling A $\beta$  amyloid formation and translating to successful drugs for AD, despite years of research, could be associated with several factors.<sup>5</sup> Among others, two

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critical factors can be the source of these challenges: (1) clinical trials targeting amyloid are taking place too late—modulating  $A\beta$  action after clinical diagnosis may be too late in the disease process to have a beneficial effect. This underlines the importance in diagnosis and prevention and the potential ability to reverse the effects induced by fibrils. As for reversing the effects, recent studies showed that Alzheimer's disease-related learning and memory deficits in asymptomatic transgenic mouse model of the disease are ameliorated by EPPS, an agent capable of disaggregating  $A\beta$  fibrils,<sup>38,39</sup> which could suggest the importance of amyloid disassembly as a promising therapeutic avenue. (2) Many other proteins are involved in AD apart from  $A\beta$ , and perhaps drugs should also be targeting tau pathology rather than solely  $A\beta$ .<sup>5</sup>

In vitro studies have suggested the capability of curcumin or curcumin derivatives to significantly reduce the  $\beta$ -sheet content of the peptide in a time dependent manner,<sup>40</sup> destabilize<sup>41</sup> and disaggregate<sup>42</sup> preformed  $A\beta$  fibrils, block the toxicity of  $A\beta$  oligomers,<sup>42</sup> and disintegrate preformed tau filaments.<sup>43</sup> Furthermore, in vivo studies have suggested the ability of curcumin to reduce amyloid plaque burden,<sup>42</sup> reduce insoluble A $\beta$  deposits,<sup>44</sup> and disassemble tau oligometric structures.<sup>45</sup> Combined with its additional promising properties in the diagnosis, prevention, and treatment of AD (reviewed in ref 46), curcumin can be considered a highly promising molecule for future investigation and improvement. Since 2005, when curcumin was shown to inhibit formation of A $\beta$  oligomers and fibrils, block toxicity of  $A\beta$  oligomers, bind plaques, and suggested to reduce amyloid *in vivo*,<sup>42</sup> a series of experimental and computational studies aimed to highlight its preventive/ potential therapeutic properties,<sup>42,45,47-50</sup> uncover its mechanism of action in atomistic accuracy,<sup>51,52</sup> and propose new curcumin derivatives.<sup>44,53–58</sup> The first clinical trials investigating the effect of curcumin on AD patients showed no such promising results, where no significant difference was observed between the curcumin and placebo group after 6 and 12 months of oral administration.  $^{59-61}$  According to recent studies, cells incubated with  $A\beta$  that were pre- and post-treated with curcumin lessen mitochondrial dysfunction and retain cell viability and mitochondrial dynamics, mitochondrial biogenesis, and synaptic activity.<sup>61</sup> Recently, good acute and chronic activities were demonstrated in test subjects given low doses (80-180 mg/day) of novel curcumin formulations (Longvida and Theracurmin), which were optimized to ensure higher bioavailability.<sup>62,63</sup> For instance, Longvida improved sustained attention and working memory tasks immediately after a single dose, and after four-week administration, enhanced memory, mood, alertness, and contentedness.<sup>62</sup> Furthermore, a recent double-blind, placebo-controlled trial found that twice-daily oral consumption of 90 mg of a bioavailable form of curcumin led to memory and attention benefits in nondemented adults over 60 years of age.<sup>63</sup> Based on positron emission tomography (PET) imaging, the observed benefits were associated with a combination of decreased tau accumulation and amyloid burden.<sup>63,64</sup> Additionally, beyond its ability to protect against A $\beta$  toxicity, curcumin has also been shown to protect against lead neurotoxicity<sup>65</sup> and oxidative damage.<sup>66</sup> All in all, curcumin appears to be a promising diagnostic, preventive, and potentially therapeutic AD molecule.

Nevertheless, despite the important insights gained by computational studies on curcumin's interactions with primarily  $A\beta$  monomers, <sup>51,67</sup> dimers, <sup>52</sup> trimers, <sup>51</sup> and tetramers, <sup>52</sup> understanding the mechanism of action of curcumin and its derivatives

to bind to and inhibit the elongation of  $A\beta$  fibrils is still not clear. The lack of such knowledge significantly impedes the design/ discovery of novel molecules with potentially improved properties compared to those of curcumin. Previous experimental studies have investigated the  $A\beta$  aggregation inhibition and fibril disassembly by curcumin and its derivatives.<sup>44,53,54,63,64</sup> Motivated by such a study investigating a series of curcumin-based molecules for their inhibitory effects on  $A\beta_{1-42}$  aggregation and their ability to induce lower molecular size  $A\beta_{1-42}$  species that have weaker cell toxicity,<sup>54</sup> here, we computationally examined a subset of curcumin-based molecules<sup>54</sup> in complex with a hexamer  $A\beta_{1-42}$  fibril. The studied set of molecules which were selected here for investigation comprised SY12, SY31, SY5, and curcumin (Figure 1). These



**Figure 1.** Description of each molecules' respective  $R^1$  (bottom, encapsulated in blue lines),  $R^2$  (top-left and top-right, encapsulated in yellow lines), and  $R^3$  (bottom-left and bottom-right, encapsulated in purple lines) functional groups with reference to curcumin.

were selected based on their capacity to inhibit  $A\beta_{1-42}$ aggregation and induced the formation of lower molecular size  $A\beta_{1-42}$  species.<sup>54</sup> Specifically, SY12 and SY31 were proposed to be potential therapeutic candidates for preventing AD,<sup>54</sup> and in addition, mice fed a chow diet containing SY5 for six months showed a reduction in insoluble A $\beta$  deposits and a reduction in cognitive deficits when compared to mice fed a control diet.<sup>44</sup> Our computational studies comprised of docking studies followed by multi-ns all-atom molecular dynamics (MD) simulations and in-depth structural and energetic analysis of curcumin molecules in complex with a hexamer peptide model of the  $A\beta_{1-42}$  fibril. Our investigation aimed to provide fundamental atomistic-detail insights into the interactions formed by curcumin and curcumin derivatives in complex with  $A\beta_{1-42}$  fibrils and ultimately shed light into their binding and inhibitory properties.

# METHODS

Docking of the Molecules to a Hexamer Peptide Model of the  $A\beta_{1-42}$  Fibril. We initially performed docking studies to generate initial complex structures of the selected molecules in complex with an  $A\beta_{1-42}$  fibril. We aimed to produce a nearly exhaustive search of docked poses of the molecules that span the space of probable binding within the  $A\beta_{1-42}$  fibril region of interest. For this purpose, we used SwissDock,<sup>68</sup> which gave us the capacity to produce numerous clustered docked poses ranked by CHARMM<sup>69</sup> energies. Each molecule, SY12, SY31, SY5, and curcumin, was initially docked to an experimentally resolved structure of an  $A\beta_{1-42}$  fibril. The initial structure of each molecule was built using MarvinSketch and UCSF Chimera.<sup>70</sup> An  $A\beta_{1-42}$  fibril, in contrast to an  $A\beta_{1-40}$  fibril, was used, in

		no. of simulations in wh	no. of simulations in which the molecule adopted each binding mode								
molecule	no. of docked poses used as initial structures for MD simulations	A $eta_{1-42}$ fibril dissociation is absent	Aβ <sub>1–42</sub> fibril dissociation is initiated	binding mode 1		bind mod	ing e 2	binding mode 3		uncatego- rized binding mode	
				nd	d	nd	d	nd	d	nd	d
SY12	25	13	5	6	2	3	1	1	1	3	1
SY31	25	14	5	5	2	5	2	1	1	3	0
SY5	23	14	4	4	2	3	2	3	0	4	0
curcumin	21	10	1	10	1	0	0	0	0	0	0
total	94	50	15	25	7	11	5	5	2	10	1

Table 1. Summary of Investigated Molecules, Their Corresponding Simulations, and Their Binding Properties.<sup>a</sup>

<sup>a</sup>Column 1 corresponds to the investigated molecules. Column 2 corresponds to the total number of distinct docked poses and simulations per molecule. Column 3 corresponds to the number of MD simulations in which the molecule remains stable in its binding to the modeled fibril. Column 4 the number of simulations in which the molecule adopts binding modes 1, 2, 3, or an uncategorized binding mode. nd denotes no dissociation. pd denotes partial dissociation.

accordance with experiments investigating the same molecules by Yanagisawa et al.<sup>54</sup> Additional experimental evidence from Masuda et al. indicated that curcumin interacts with residues 12, 17-21 of  $A\beta_{1-42}$  fibrils.<sup>71</sup> Based on this, the experimentally resolved structure of A $\beta_{1-42}$  fibril reported by Xiao et al. (PDB ID:  $2MXU^{72}$ ), with residues 11-42 resolved, was preferred over other resolved structures in the PDB (e.g., 50QV,<sup>73</sup> 2NAO<sup>74</sup>). This is due to the fact that in the latter, the flexible N-terminal 1-10 domain is tightly packed against residues Leu<sup>17</sup>, Ile<sup>31</sup>, and Phe<sup>19</sup> which, according to additional docking studies (not shown), hinders the docking of curcumin to the aforementioned region. In contrast, in 2MXU,<sup>72</sup> the terminal 1-10 domain is not resolved; thus, the structure allowed for the docking of molecules to the experimentally determined expected binding site. The experimentally resolved  $A\beta_{1-42}$  fragment used in our study is sufficiently large; it includes residues 11-16, 16-22, and 22-28, which have been identified as amyloid seeds<sup>75</sup> and the key interacting residues with curcumin according to previous experiments.<sup>71</sup> Here, the A $\beta_{1-42}$  fragment was modeled as a hexamer using the first six chains of peptides from the first conformation from the ensemble of NMR structures (PDB ID: 2MXU,<sup>72</sup> Figure S1). The hexamer peptide model of the fibril was considered beneficial and an optimum compromise, as it is sufficiently large to represent a fibril and sufficiently small to reduce computational burden. We acetylated the truncated Nterminal of each of the six modeled  $A\beta_{1-42}$  peptides in the hexamer peptide model of the A $\beta_{1-42}$  fibril to eliminate artificial charges at the N-termini due to the absence of experimentally unresolved residues. Henceforth, this  $A\beta_{1-42}$  fragment will be denoted as the A $\beta_{1-42}$  fibril. This A $\beta_{1-42}$  fibril was used as the starting structure for the docking of all molecules.

To eliminate the possibility of highly similar docked poses generated for each of the investigated molecules, we performed an additional clustering analysis on the docked poses generated by SwissDock<sup>68</sup> and sorted by energetic favorability. The clustering analysis was performed in WORDOM<sup>76</sup> using leader clustering based on the heavy atoms of each molecule using a 3 Å root-mean-square deviation (RMSD) cutoff. The specific clustering method allowed us to extract the most energetically favorable docked pose per cluster per molecule, as in our previous study,<sup>77</sup> and eliminate poses with an RMSD less than 3 Å to the leaders.

Simulations of Molecules in Complex with the Modeled  $A\beta_{1-42}$  Fibrils. We performed 100 ns MD simulations for each of the 94 distinct docked poses of the

molecules in complex with the  $A\beta_{1-42}$  fibril. The starting structures for the 94 simulations comprised each of the 94 distinct docked poses extracted in the previous section (Table 1, column 2), independently solvated in a cubic water box. The setup and simulations for all modeled systems were performed in CHARMM,<sup>69</sup> version c39b2. We used CHARMM36<sup>78</sup> topology and parameters for all simulations, with topologies and parameters for the molecules generated through CGENFF.<sup>79</sup> After a 1.0 ns equilibration stage in which the fibril and docked molecule were lightly constrained, all constraints were released, and each of the 94 systems was simulated for 100 ns. Simulation snapshots were extracted every 200 ps for subsequent analysis, focusing on peptide:peptide and molecule:peptide interactions. Additionally, we performed 10 independent, 100 ns MD simulations of the  $A\beta_{1-42}$  fibril in the absence of any molecule (referred to as uncomplexed fibril). The simulations of the uncomplexed fibril were performed to investigate the structure of the modeled  $A\beta_{1-42}$  fibril in the absence of molecules and were used as a comparison reference point. Additional details regarding the preparation and implementation of the MD simulations are described in the Supporting Information.

Conformational Analysis of the Modeled A $\beta_{1-42}$  Fibril within the Simulations. We inspected the structural preservation of the modeled A  $\beta_{1-42}$  fibril in each of the modeled systems through secondary structure, RMSD, root-mean-square fluctuation (RMSF), and  $\beta$ -sheet content calculations. The preservation of  $\beta$ -sheet conformations between the individual  $A\beta_{1-42}$  monomers within the  $A\beta_{1-42}$  fibril was inspected using the STRIDE algorithm<sup>80</sup> implemented in VMD.<sup>81</sup> Specifically, the degree of structural preservation of the A $\beta_{1-42}$  fibril within the simulations was evaluated by calculating the backbone RMSD of the entire fibril with respect to their initial structure, by calculating the RMSF of all  $A\beta_{1-42}$  fibril C $\alpha$  atoms, and by calculating the  $\beta$ -sheet content as a function of time of the outermost peptide within the simulations. Based on the analyses evaluating structural preservation of the simulated fibrils, within the majority of the simulations of the molecules in complex with the  $A\beta_{1-42}$  fibril and all the simulations of the uncomplexed  ${\rm A}\beta_{1-42}$  fibril, the structure of the  ${\rm A}\beta_{1-42}$  fibril is preserved. Interestingly, in a small subset of simulations of the molecules in complex with the A $\beta_{1-42}$  fibril, a partial dissociation of the (first) outermost peptide in the A $\beta_{1-42}$  fibril is observed (see Results). The calculated RMSD values as a function of time are plotted in Figures S2 and S3. The calculated RMSF values per A $\beta_{1-42}$  fibril  $C\alpha$  atom are plotted in Figures S4–S6. The  $\beta$ -sheet content for the outermost peptide as a function of time is plotted in Figure S7.

**Determination of the Stability of the Bound Molecules** in Complex with the Modeled A $\beta_{1-42}$  Fibril within the Simulations. For each simulation, we assessed the stability of the molecules in complex with the modeled  $A\beta_{1-42}$  fibril through RMSD calculations. Prior to all RMSD calculations, the trajectories were aligned based on the backbone atoms of all peptides within the A $\beta_{1-42}$  fibril. The RMSD calculations were performed based on the molecules' heavy atoms with respect to their average structure. Within simulations in which no partial dissociation of the (first) outermost peptide of the A $\beta_{1-42}$  fibril is observed, the binding of a molecule was considered stable in the simulations if the RMSD of a molecule's heavy atoms with respect to the average position of the molecule was less than 4.5 Å. Within simulations in which partial dissociation of the outermost peptide of the A $\beta_{1-42}$  fibril is observed, the binding of a molecule was considered stable in the simulations if the RMSD of a molecule's heavy atoms with respect to the average position of the molecule was less than a relaxed cutoff of 5.5 Å. The RMSD criterion for the latter was intentionally more relaxed as the partial dissociation is expected to inherently lead to some conformational instability in the bound molecule, and in some cases, the partial readjustment of the molecule after the partial dissociation may occur. The simulations in which the bound molecules were considered stable were structurally and energetically analyzed as follows to identify and delineate key binding modes leading to (pd) or not leading to (nd) partial dissociation of the outermost peptide of the A $\beta_{1-42}$  fibril.

Structural and Energetic Characterization of the Molecules' Interactions with  $A\beta_{1-42}$  Residues and Binding Properties in Complex with the Modeled  $A\beta_{1-42}$ Fibril. We calculated the average contact propensity and the average interaction energies between the functional groups of each molecule and the residues of each peptide of the A $\beta_{1-42}$ fibril within the entire simulation trajectories (*nd*) or the binding stage leading to partial dissociation (pd). For the analyses, each molecule was divided into nine groups of atoms or functional groups (Figure S8). In both the simulations in which partial dissociation is observed and no dissociation is observed, the molecules adopt conformations in which a portion of the molecule's functional groups comprising the "head" or "heads" (as defined in Results) are in contact with residues 32IGL34, and the remaining portion of the molecule's functional groups comprising the "tail" or "tails" (as defined in Results) are in contact with residue domain 12VHHQKLVFF20. Due to the symmetry of the  $A\beta_{1-42}$  fibril, we defined the edge outermost  $A\beta_{1-42}$  peptide nearest to the tail of the molecule as the first outermost peptide (henceforth also referred to as the outermost peptide), the adjacent peptide as the second outermost peptide, the third removed peptide as the third outermost peptide, the fourth removed peptide as the fourth outermost peptide, the fifth removed peptide as the fifth outermost peptide, and the peptide on the opposite end of the fibril as the sixth outermost peptide. Due to the symmetry of the molecules, we defined the  $R^3$  group nearest to the first outermost peptides as functional group 1. Through these definitions, in the simulations in which partial dissociation is observed, the first outermost peptide always corresponds to the partially dissociated peptide.

In the structural analysis, we determined the average propensity of a contact between a molecule's functional group and an  $A\beta_{1-42}$  residue side chain, analogously to ref 82. A contact was considered if any atom of a molecule's functional group and

any atom of an A $\beta_{1-42}$  residue side chain was within 5 Å of each other, similarly to ref 83. In the energetic analysis, we calculated the average interaction energy of polar and nonpolar interactions between a molecule's functional group and an  $A\beta_{1-42}$  residue belonging to different peptides, following the numbering described above. The functional group:  $A\beta_{1-42}$ residue pairwise interaction energy values were decomposed into polar and nonpolar contributions, analogously to refs 36, 37, and 84-87, to identify important polar interactions (e.g., hydrogen bonds) and nonpolar interactions ( $\pi - \pi$  or van der Waals interactions). The pairwise interaction energies for each individual production run were calculated using CHARMM,<sup>69</sup> WORDOM,<sup>76</sup> and in-house FORTRAN programs, and are detailed in the Supporting Information. For the simulations in which no partial dissociation occurs (nd), both the structural and energetic analyses were performed in 20 ps intervals for the entire 100 ns duration for simulations; within these simulations, the molecules are firmly bound to the fibril throughout the duration of their respective simulations, and the binding modes' stability was relatively high. For the simulations in which partial dissociation occurs (*pd*) (Table 1, column 3), the structural and energetic analyses of the binding of the molecules to the A $\beta_{1-42}$ fibril were performed in 20 ps intervals, focusing on the simulation stages (one per simulation) prior to the initiation of partial dissociation of the outermost peptide of the A $\beta_{1-42}$  fibril. The determination of how simulation stages were defined per simulation is described in the Supporting Information. This enabled us to clearly focus and analyze the specific interactions between the molecules and the fibril that could lead to partial dissociation given the fact that the molecules' configuration and orientation in the entire trajectory can fluctuate due to partial dissociation of the (first) outermost peptide of the A $\beta_{1-42}$  fibril.

We created maps entailing the probability of a contact between a molecule's functional group and an  $A\beta_{1-42}$  residue side chain belonging to different peptides as well as the average polar and nonpolar energy between a molecule's functional group and an  $A\beta_{1-42}$  residue for all simulations. The maps enabled the structural and energetic characterization of binding modes and subsequently the categorization of binding modes of all molecules into three principle binding modes based on common and recurring interactions between each of the molecules' functional groups and  $A\beta_{1-42}$  fibril residues as well as the molecule's orientation with respect to the A $\beta_{1-42}$  fibril. In this perspective, it is worth noting that the binding modes were similar across the entire simulation trajectories in which no partial dissociation is observed and the simulation stages defined above in which partial dissociation is observed. Accordingly, the structural and energetic analyses were performed for all molecules, for the entire simulations (nd) or the simulation stages (pd). We present a portion of such maps, which are representative for simulations encompassing binding modes 1, 2, and 3 (Figures S9-S14).

**Binding Energy Calculations.** We calculated the binding energy of SY5, SY12, SY31, and curcumin in complex with the  $A\beta_{1-42}$  fibril for the entire simulation trajectories in which the molecule was stable according to the RMSD criteria described above (RMSD of a molecule's heavy atoms with respect to the average position of the molecule was less than 4.5 Å in simulations in which no dissociation occurs or 5.5 Å in which partial dissociation occurs). The binding energies between the molecules and the modeled  $A\beta_{1-42}$  fibrils were calculated through two independent approaches, the Molecular Mechanics Generalized Born Surface Area (MM-GBSA) approximation<sup>88</sup> and AutoDock Vina's scoring function.<sup>89</sup> All calculations were performed in 20 ps intervals to improve accuracy. The binding energy calculations were performed to identify the most energetically favorable binding modes of each molecule in complex with the  $A\beta_{1-42}$  fibril as well as to observe the energies as a function of time.

In the first approach, we used the *one-trajectory* MM-GBSA approximation, <sup>90,91</sup> according to which we assumed that the structures of the A $\beta_{1-42}$  fibril and the molecule were identical in both their bound and free states, neglecting intramolecular energy contributions due to structural relaxation, which may introduce large uncertainties if the relative affinities are neglected.<sup>90-92</sup> Due to the use of the MM-GBSA one-trajectory approximation, the association energy values are systemically large in magnitude due to the combination of the omission of the entropic effect due to structural relaxation and the approximations of the continuum solvation model.37,90 The MM-GBSA one-trajectory approximation was preferred over more computationally demanding methods, as they are computationally efficient,<sup>93</sup> which is important when investigating a large number of simulated complexes and has proven successful in assessing the relative affinities of different binding modes of a given molecule in a number of studies.<sup>77,86,94</sup> Due to the use of the one-trajectory approximation, the calculated energies are referred to as association energies and were used to compare and rank the relative energetic favorability of the binding conformations per molecule in complex with the A $\beta_{1-42}$  fibril rather than to compare the energetic favorability across different molecules; the above energy calculations were performed in CHARMM.<sup>69</sup> In the second approach, we calculated the absolute binding energies of the molecules in complex with the  $A\beta_{1-42}$  fibril using AutoDock Vina's knowledge-based and empirically derived scoring function.<sup>89</sup> AutoDock Vina's scoring function was shown to have the best scoring power among the programs evaluated in a comprehensive study<sup>95</sup> and can be considered advantageous for fast implementation as well as the ability to calculate absolute binding energy values. We showed that there is a high correlation between the two methods (see Supporting Information), and the energy values calculated through AutoDock Vina's scoring function are used henceforth as a metric of binding energy (Figure S15).

In addition, we used the MM-GBSA approximation, as detailed above, to calculate the association energy between the (first) outermost peptide and the rest of the peptides in the modeled fibril in simulation when partial dissociation occurs (Figure S16).

### RESULTS

Docking of the Molecules to a Hexamer Peptide Model of the  $A\beta_{1-42}$  Fibril. The docking procedure resulted in 25 docked poses of SY12, 25 docked poses of SY31, 23 docked poses of SY5, and 21 docked poses of curcumin (Table 1, column 2). Each of the 94 distinct docked poses of the molecules was subsequently used as a starting structure in independent MD simulations investigating each molecule in complex with the  $A\beta_{1-42}$  fibril.<sup>77</sup> The number of distinct docked poses, and thus the number of simulations performed, was different for each molecule (Table 1, column 1), but overall emphasis was given to the docked poses to sufficiently span the space of probable binding, per molecule, within the region of interest (in contact with  $A\beta_{1-42}$  residues 12 and 17–21). All docked poses of curcumin were in contact with  $A\beta_{1-42}$  residues that were experimentally characterized to interact with curcumin, as defined in the Methods.<sup>71</sup> Structures of the 94 distinct docked poses used as starting structures for subsequent MD simulations are provided as Supporting Information in PDB format.

Conformational Analysis of the Modeled A $\beta_{1-42}$  Fibril within the Simulations. Of the 94 simulations of different molecules in complex with the  $A\beta_{1-42}$  fibril, we observed that in 20 simulations, the first outermost peptide (henceforth referred to as the outermost peptide) is partially dissociated through the disruption of all its  $\beta$ -sheet interactions with the second outermost within residue domain 12VHHQKLVFF20. The complete disruption of  $\beta$ -sheet specific interactions between the outermost peptide and the second outermost peptide within the residue domain 12VHHQKLVFF20 was not observed in the uncomplexed fibril runs, which served as an indicator that this could be an outcome of the presence of the molecules interacting with the fibril. The complete disruption of the specific interactions was defined by us as partial dissociation, and interestingly, all simulated molecules showed such capacity (Table 1, column 3). The portion of simulations in which the molecule led to partial dissociation of the outermost peptide of the A $\beta_{1-42}$  fibril could also be considered as an indicator that this event is not driven by highly nonequilibrium conditions due to the presence of curcumin within the A $\beta_{1-42}$  fibril.

Within the specific 20 simulations in which the outermost peptide is partially dissociated as defined above, we observed that the  $A\beta_{1-42}$  fibril's conformation is affected by the bound molecule. The average  $A\beta_{1-42}$  fibrils' backbone RMSD for the last 20 ns of each simulation calculated with respect to the initial structure is slightly larger  $(5.1 \pm 0.9 \text{ Å})$  in the presence of partial dissociation compared to the simulations of the uncomplexed  $A\beta_{1-42}$  fibril or the complexed  $A\beta_{1-42}$  fibril in the absence of partial dissociation (3.2  $\pm$  0.7 or 4.2  $\pm$  1.2 Å, respectively). The larger average value (5.1 Å) can primarily be attributed to the disruption of  $\beta$ -sheet interactions between the outermost peptide and its adjacent peptide within residue domain 12VHHQKLVFF20, which can be indicated by analogous RMSD calculations focusing only on the specific residue domain  $(5.9 \pm 1.7 \text{ Å compared to } 2.6 \pm 0.9 \text{ Å or } 3.3 \pm 1.2 \text{ Å, Figure S2,}$ see Supporting Information). The relatively large RMSD values of the A $\beta_{1-42}$  fibril with respect to its initial structure, even in the simulations of the uncomplexed A $\beta_{1-42}$  fibril or the complexed  $A\beta_{1-42}$  fibril in the absence of any dissociation, are primarily attributed to the formation of an amyloid twist<sup>96</sup> as well as some deformation of  $\beta$ -sheet interactions within  $A\beta_{1-42}$  residue domains  $_{21}\!AEDVGSNK_{28}$  and  $_{39}VVIA_{42}$  in the two outer peptides within the simulations, as indicated by the relatively larger RMSF values in these domains (Figures S5 and S6). Their deformation, which also occurs in the simulations where partial dissociation within 12VHHQKLVFF20 is observed (Figure S4), could be most presumably attributed to the absence of additional peptides, which is the case in an actual nearly "infinite"-peptide fibril. The larger RMSF values within the residue domain 11EVHH14 compared to other domains excluding 21AEDVGSNK28 and 39VVIA42 (Figures S5 and S6) are attributed to both the twist and the fact that, in some cases,  $\beta$ sheet interactions between residues in these domains can be deformed and reformed.

We also calculated the  $\beta$ -sheet content of the first outermost peptide of the entire simulation and averaged across simulations in which partial dissociation is observed (Figure S7A) or not (Figure S7B), or simulations of the uncomplexed A $\beta_{1-42}$  fibril (Figure S7C). The overall  $\beta$ -sheet content of the outermost peptide is reduced in all simulations, the uncomplexed A $\beta_{1-42}$ 

fibril (Figure S7C) or the complexed A $\beta_{1-42}$  fibril simulations in the absence (Figure S7B) or presence of any partial dissociation (Figure S7A) which is primarily an outcome of the loss of  $\beta$ sheet interactions within residue domains 11EVHH14, 21AEDVGSNK28 and 39VVIA42, in all cases. Importantly, the  $\beta$ -sheet content of the outermost peptide is less in the simulations of a complexed A $\beta_{1-42}$  fibril in the presence of partial dissociation compared to the other two cases because, in the former,  $\beta$ -sheet interactions are deformed at least in the entire  ${}_{12}$ VHHQKLVFF ${}_{20}$  domain. The  $\beta$ -sheet content of the outermost peptide is less in the simulations of a complexed  $A\beta_{1-42}$  fibril in the absence of any dissociation compared to the uncomplexed simulations due to the fact that a portion of  $\beta$ sheet interactions in the 12VHHQKLVFF20 could also be deformed due to any perturbations introduced by the molecules binding in the former compared to the latter. Representative structures of the  $A\beta_{1-42}$  fibril extracted at 100 ns from the uncomplexed  $A\beta_{1-42}$  fibril, complexed  $A\beta_{1-42}$  fibril in the absence of dissociation, and complexed A $\beta_{1-42}$  fibril in which partial dissociation is initiated are shown in Figures 2A-C, respectively.



Figure 2. Molecular graphics images of representative modeled  $A\beta_{1-42}$  fibrils after 100 ns (A) in the absence of a molecule, (B) in the presence of a molecule in the absence of dissociation, and (C) in the presence of molecule in which partial dissociation of the outermost peptide of the  $A\beta_{1-42}$  fibril is initiated. SY12 is shown in transparent, licorice representation, and the  $A\beta_{1-42}$  fibril is shown in cartoon representation. (A and B) The  $\beta$ -sheet interactions between residues <sup>12</sup>VHHQKLVFF<sub>20</sub> in the first outermost peptide and the second outermost peptide of the  $A\beta_{1-42}$  fibril are preserved (circled with blue dotted lines) at 100 ns. (C) The  $\beta$ -sheet interactions between residues <sup>12</sup>VHHQKLVFF<sub>20</sub> of the first outermost peptide and the second outermost peptide of the  $A\beta_{1-42}$  fibril are completely deformed at 100 ns in the presence of a molecule. The deformation of these  $\beta$ -sheet interactions defines partial dissociation.

Binding Modes Leading to or Not Leading to Partial Dissociation of the Outermost Peptide. Overall, the molecules' binding to the fibril is relatively stable in the vast majority of the simulations of the molecules in complex with the  $A\beta_{1-42}$  fibril (Table 1, column 3). Within these simulations, the molecules adopt conformations that can be categorized into three principle binding modes. Any additional uncategorizable modes are not analyzed in detail below as they are infrequent and mutually dissimilar. The three principle binding modes are categorized by which of three sets of the molecule's nine functional groups (as originally determined, Figure S8) act as the head, buried within the A $eta_{1-42}$  fibril (in contact with residues 32IGL34 of the fourth, fifth, and sixth outermost peptides) and which of the three sets of functional groups act as the tail, interacting with the edge of the  $A\beta_{1-42}$  fibril (in contact with residue domain  ${}_{12}VHHQKLVFF_{20}$  in the first and second outermost peptides) (Figure 3). The three sets of functional



**Figure 3.** Molecular graphics image of SY12 adopting (A) binding mode 1, (B) binding mode 2, or (C) binding mode 3 in complex with the  $A\beta_{1-42}$  fibril. The molecule is shown in VdW representation, and the  $A\beta_{1-42}$  fibril is shown in cartoon representation.

groups are (1) one of the molecules' aromatic groups and its two substituents, (2) the molecule's central R1 group, and (3) the molecule's remaining aromatic groups and its two substituents.

The three principle binding modes are common across the different compounds and are also common across simulations in which the molecule's binding does not lead to (nd) or leads to (pd) partial dissociation of the outermost peptide of the  $A\beta_{1-42}$  fibril. In the first binding mode, one aromatic functional group and its substituents act as the head while the remaining aromatic group and its substituents act as the tail (Figure 3A); in the second binding mode, both aromatic functional groups and their substituents act as heads, while the central  $R^1$  group acts as the tail (Figure 3B). In the third binding mode, the central  $R^1$  group acts as the head, and both aromatic functional groups and their substituents act as tails (Figure 3C).

Interestingly, in the case of binding modes leading to partial dissociation, the heads can also be viewed as "anchors" as they stabilize the molecule to the  $A\beta_{1-42}$  fibril, allowing the tails to act as "breakers" as they disrupt  $\beta$ -sheet interactions of the edge  $A\beta_{1-42}$  peptides of the fibril. The terms anchor and breaker are used according to visual inspection; the former is less mobile compared to the latter. The detailed structural and energetic analysis of interactions formed between the molecules and the different residues of different peptides of the  $A\beta_{1-42}$  fibril enabled us to categorize the three principle *nd* binding modes and three principle pd binding modes (Figure 3). Interactions between the functional groups of the molecules and the residues of the  $A\beta_{1-42}$  fibril were considered key interactions if their pairwise interaction energies were less than or equal to -2.0kcal/mol. Representative pairwise interaction energy plots associated with the binding modes are provided as Supporting Information.

Binding Mode 1. In binding mode 1, irrespective of if the binding mode leads to (pd1) or does not lead to (nd1) partial dissociation of the outermost peptide of the fibril, one of a molecule's aromatic groups and its substituents act as the head and its other aromatic group and its substituents act as the tail (Figure 3A); the central  $R^1$  group of a molecule is not involved in particular interactions with the A  $\beta_{1-42}$  fibril, "acting" as neither a head nor a tail. All of the investigated molecules are capable of adopting binding mode 1 (Table 1, column 4). In binding mode 1, the head interacts with the fourth through sixth outermost peptides, and the tail interacts with the first through third outermost peptides (Figures 4A and D). The molecule's head aromatic group and its substituents stabilize the molecule through favorable nonpolar interactions with  $A\beta_{1-42}$  residues Ile<sup>32</sup>, Gly<sup>33</sup>, and Leu<sup>34</sup> of the fourth or fifth outermost peptide as well as Val<sup>12</sup> and His<sup>14</sup> of the fifth and sixth outermost peptides, circled with red dotted lines in Figures 4A and B and indicated by dotted red lines in Figures S9B and D. The tail aromatic



**Figure 4.** Molecular graphics images of the lowest energy binding mode 1 for SY12 not leading to partial dissociation (A–C) and leading to partial dissociation (D–F) of the outermost peptide. SY12 is shown in thick licorice representation, and the  $A\beta_{1-42}$  fibril and residues are shown in cartoon and thin licorice representation, respectively. (A) Bird's eye view of SY12 in binding mode *nd*1. The head comprising one of the aromatic functional group and its substituents is circled with a red dotted line. The tail comprising the remaining aromatic functional group and its substituents between the head group and  $A\beta_{1-42}$  residues common for all molecules adopting binding mode *nd*1. (C) Key interactions between the tail group and  $A\beta_{1-42}$  residues adopting binding mode *nd*1. (D) Bird's eye view of SY12 adopting binding mode *pd*1. The anchor is circled with a red dotted line. The breaker is circled with a blue line. (E) Interactions between the anchor group and  $A\beta_{1-42}$  residues stabilizing SY12 common for all molecules adopting binding mode pd1. (F) Interactions between the breaker group and  $A\beta_{1-42}$  residues common for all molecules adopting binding mode  $A\beta_{1-42}$  residues stabilizing SY12 common for all molecules adopting binding mode pd1. (F) Interactions between the breaker group and  $A\beta_{1-42}$  residues common for all molecules adopting binding mode pd1.

group and its substituents form nonpolar interactions with Ile<sup>32</sup>, Gly<sup>33</sup>, and Leu<sup>34</sup> of the second and third outermost peptides, circled with blue lines in Figures 4A and C and indicated by blue lines in Figures S9B and D.

In the binding modes leading to partial dissociation (*pd*1), the aforementioned interactions are shifted towards the partially dissociated first outermost peptide, e.g., the interactions of the sixth peptide are shifted to the fifth peptide (Figure 4D and E). In addition, for the binding modes leading to partial dissociation (pd1), the anchor hydroxyl group further stabilizes the molecule through the formation of hydrogen bonds with the backbone atoms of Gly<sup>33</sup> or Leu<sup>34</sup> of the fourth through sixth outermost peptides, circled with red dotted lines in Figure 4D and E, and indicated by dotted red lines in Figures S10C and D. The additional stability endowed by the anchor allows for the breaker aromatic group and its substituents to form additional nonpolar interactions with His<sup>14</sup>, Leu<sup>17</sup>, Ile<sup>32</sup>, Gly<sup>33</sup>, and Leu<sup>34</sup> of the first and second outermost peptides as well as  $\pi - \pi$  interactions with His<sup>14</sup> and Phe<sup>19</sup> of the first and second outermost peptides circled with blue lines in Figure 4D and F, and indicated by blue lines in Figure S10B and D.

Binding mode 2. In binding mode 2, irrespective of if the binding mode leads (pd2) to or does not lead (nd2) to partial dissociation of the outermost peptide of the fibril, both of a molecule's aromatic groups and their substituents act as heads while its central  $\mathbb{R}^1$  group acts as the tail (Figure 3B). Only

molecules possessing the trifluoromethoxy substituent in place of the methoxy substituent on the aromatic groups (SY5, SY12, SY31, Table 1, column 5) are capable of adopting binding mode 2. In binding mode 2, the molecule adopts a conformation such that the trifluoromethoxy substituents of the two opposing head aromatic functional groups form nonpolar interactions with each other, stabilizing the molecule's conformation within the A $\beta_{1-42}$ fibril. The heads interact with the fourth through fifth outermost peptides, and the tail interacts with the first and second outermost peptides (Figures 5A and D). One head aromatic functional group and its substituents stabilize the molecule through nonpolar interactions with Val<sup>12</sup> and His<sup>14</sup> of the fifth outermost peptide, while the opposing head aromatic functional group and its substituents stabilize the molecule through nonpolar interactions with the Ile<sup>32</sup>, Gly<sup>33</sup>, and Leu<sup>34</sup> of the fourth outermost peptide, circled with red dotted lines in Figure 5B and indicated with red dotted lines in Figures S11B and D. The central R<sup>1</sup> group of the molecule acts as the tail stabilizing the molecule through nonpolar interactions with Leu<sup>17</sup> of the second outermost peptide, and Ile<sup>32</sup>, Gly<sup>33</sup>, and Leu<sup>34</sup> of the first outermost peptide, circled with blue lines in Figure 5A and C and indicated in blue lines in Figures S11C and D.

In the binding modes leading to partial dissociation (pd2), the aforementioned interactions are shifted towards the partially dissociated first outermost peptide (Figure 5D and E). In addition, for the binding mode leading to partial dissociation



**Figure 5.** Molecular graphics images of the lowest energy binding mode 2 for SY12 not leading to partial dissociation (A–C) and leading to partial dissociation (D–F) of the outermost peptide. SY12 is shown in thick licorice representation, the  $A\beta_{1-42}$  fibril and residues are shown in cartoon and thin licorice representation, respectively. (A) Bird's eye view of SY12 in binding mode *nd*2. The heads comprising both of the aromatic functional groups and their substituents are circled with a red dotted line. The tail comprising the central R<sup>1</sup> group is circled with a blue line. (B) Key interactions between the head groups and  $A\beta_{1-42}$  residues common for all molecules adopting binding mode *nd*2. (C) Key interactions between the tail group and  $A\beta_{1-42}$  residues common for all molecules adopting binding mode *nd*2. (D) Bird's eye view of SY12 adopting binding mode *pd*2. The anchors are circled with a red dotted line. The breaker is circled with a blue line. (E) Interactions between the anchor groups and  $A\beta_{1-42}$  residues stabilizing SY12 common for all molecules adopting binding mode *pd*2. (F) Interactions between the breaker group and  $A\beta_{1-42}$  residues common for all molecules adopting binding mode *pd*2. (F) Interactions between the breaker group and  $A\beta_{1-42}$  residues common for all molecules adopting binding mode *pd*2.

(pd2), the anchor aromatic group and its substituents are further stabilized the molecule through the formation of a hydrogen bond by the hydroxyl group of one anchor aromatic group to the backbone atoms of Gly<sup>33</sup> in the third or fourth outermost peptide, circled with red dotted lines in Figure 5D and E, and indicated in Figures S12B and D, or side chain atoms of His<sup>14</sup> in the third outermost peptide. The central R<sup>1</sup> group of the molecule acts as the breaker partly dissociating the first outermost peptide through additional nonpolar interactions with His<sup>14</sup>, Leu<sup>17</sup>, Phe<sup>19</sup> of the first and second outermost peptides, circled with blue lines in Figure 5D and F and indicated by blue lines in Figures S12B and D.

Binding Mode 3. In binding mode 3 irrespective of if the binding mode leads to (pd3) or does not lead to (nd3) partial dissociation of the outermost peptide of the fibril, a molecule's central R<sup>1</sup> group acts as the head, and its two aromatic groups and their substituents act as tails (Figure 3C). SY12, SY31, and SY5 are the only molecules capable of adopting binding mode 3 (Table 1, column 6). In binding mode 3, the head interacts with the third through fifth outermost peptides, and the tails interact with the first through third outermost peptides. The head central R<sup>1</sup> group stabilizes the molecule through nonpolar interactions with Val<sup>12</sup>, His<sup>14</sup>, Ile<sup>32</sup>, Gly<sup>33</sup>, and Leu<sup>34</sup> of the third through fifth outermost peptides in Figures 6A and B, and indicated by red dotted lines in Figures S13B and D. One tail aromatic group and its substituents form nonpolar

interactions with Phe<sup>19</sup>, Ile<sup>32</sup>, and Gly<sup>33</sup> of the first outermost peptide, circled with blue lines in Figures 6A and C, and indicated in blue lines in Figures S13B and D. Additionally, the hydroxyl group of the aforementioned tail aromatic functional group and its substituents can also form a hydrogen bond with  $His^{14}$  of the third outermost peptide. The opposing tail aromatic group and its substituents form nonpolar interactions with  $Leu^{17}$ , Ile<sup>32</sup>, and Gly<sup>33</sup> of the first outermost peptide, circled with blue lines in Figure 6A and C and indicated in blue lines in Figures S13B and D.

In the binding modes leading to partial dissociation (pd3), the aforementioned interactions are shifted towards the partially dissociated first outermost peptide (Figure 6D and E). In addition, for the binding mode leading to partial dissociation (pd3), the anchor central R<sup>1</sup> group additionally forms hydrogen bonds with the Gly<sup>33</sup> backbone amide atom of the fifth or sixth outermost peptide, further stabilizing the molecule within the  $A\beta_{1-42}$  fibril, indicated by red dotted lines in Figures S14C and D. One breaker aromatic group and its substituents form additional nonpolar interactions with His<sup>14</sup> and Leu<sup>17</sup> of the first and second outermost peptides, circled with blue lines in Figures 6D and F, and indicated in blue lines in Figures S14B and D. Additionally, the hydroxyl group of the aforementioned breaker aromatic group and its substituents can also form a hydrogen bond with His<sup>14</sup> of the second outermost peptide. The opposing breaker aromatic group and its substituents additionally form



**Figure 6.** Molecular graphics images of the lowest energy binding mode 3 for SY12 not leading to partial dissociation (A–C) and leading to partial dissociation (D–F) of the outermost peptide. SY12 is shown in thick licorice representation, and the  $A\beta_{1-42}$  fibril and residues are shown in cartoon and thin licorice representation, respectively. (A) Bird's eye view of SY12 in binding mode *nd*3. The head comprising the central R<sup>1</sup> group is circled with a red dotted line. The tails comprising both of the aromatic functional groups and their substituents are circled with a blue line. (B) Key interactions between the head group and  $A\beta_{1-42}$  residues common for all molecules adopting binding mode *nd*3. (C) Key interactions between the tail groups and  $A\beta_{1-42}$  residues common for all molecules adopting binding mode *nd*3. (D) Bird's eye view of SY12 adopting binding mode *pd*3. The anchor is circled with a red dotted line. The breakers are circled with a blue line. (E) Interactions between the anchor group and  $A\beta_{1-42}$  residues common for all molecules adopting binding between the breaker groups and  $A\beta_{1-42}$  residues common for all molecules adopting binding mode *pd*3. (F) Interactions between the breaker groups and  $A\beta_{1-42}$  residues common for all molecules adopting binding binding mode *pd*3. (F) Interactions between the breaker groups and  $A\beta_{1-42}$  residues common for all molecules adopting binding mode *pd*3.

nonpolar interactions with Leu<sup>34</sup> of the first through third outermost peptides, circled with blue lines in Figures 6D and F, and indicated in blue lines in Figures S14B and D. Together, the two breaker aromatic groups and their substituents disrupt  $\beta$ sheet interactions within  $A\beta_{1-42}$  residue domains  $_{12}$ VHHQKLVFF<sub>20</sub> and  $_{32}$ IGLMVGG<sub>38</sub>, containing the key  $A\beta$ amyloidogenic domains  $_{16}$ KLVFF<sub>20</sub><sup>97</sup> and  $_{29}$ GAIIG<sub>33</sub><sup>82,98,99</sup> simultaneously. The more disruptive nature of binding mode pd3 is indicated by the backbone RMSD over time of fibrils in complex with molecules adopting binding mode pd3 compared to the backbone RMSD over time of fibrils in complex with molecules adopting binding modes pd1 or pd2 (Figure S4).

We considered it worthwhile to investigate whether the simulations in which the molecule adopts binding mode 3, disrupting  $\beta$ -sheet interactions within  $A\beta_{1-42}$  residue domains  ${}_{12}$ VHHQKLVFF<sub>20</sub> and  ${}_{32}$ IGLMVGG<sub>38</sub> simultaneously, could potentially lead to complete dissociation. Thus, we additionally extended the simulations in which SY12 and SY31 partly dissociated the  $A\beta_{1-42}$  fibril through adopting binding mode 3 to 200 ns (Figure S4). In both the extended simulations of SY12 and SY31 adopting binding mode pd3, the  $\beta$ -sheet interactions between the first outermost peptide of the  $A\beta_{1-42}$  fibril and the second outermost peptide are nearly completely lost at the end of the 200 ns simulation such that only  $\beta$ -sheet interactions between 3 and 6 residues of the first and second outermost peptides remained. The 200 ns structure of SY12 in complex

with the  $A\beta_{1-42}$  fibril is shown in Figure S17. Additional details are provided in Supporting Information.

Key Interactions Differentiating between Binding Modes Leading to or Not Leading to Partial Dissociation of the Outermost Peptide. Irrespective of the molecule or the binding mode it adopts, the molecules initiate partial dissociation of the outermost peptide within the A $\beta_{1-42}$  fibrils by forming key interactions to specific  $A\beta_{1-42}$  fibril residues. In all three *pd* binding modes, the molecules lead to partial dissociation by processively disrupting the A $\beta_{1-42}$  fibril starting from either the residues within the 11EVHH14 motif or the hydrophobic cluster consisting of Leu<sup>17</sup>, Phe<sup>19</sup>, and Ile<sup>32</sup> of the first outermost peptide and the second outermost peptide (Figures 4–6, bottom panels). Additionally, in all three binding modes leading to partial dissociation, the molecule is anchored to the A $\beta_{1-42}$  fibril through interactions with residues Val<sup>12</sup>, His<sup>14</sup>, Ile<sup>32</sup>, Gly<sup>33</sup>, and Leu<sup>34</sup> belonging to peptides in the interior of the A $\beta_{1-42}$  fibril (Figures 4–6, bottom panels).

A comparison across all binding modes not leading to partial dissociation and the simulation stages leading to partial dissociation showed that in all cases the molecule is positioned further away from the first outermost peptide and further into the interior of the  $A\beta_{1-42}$  fibril (toward the second through sixth outermost peptides) in the former compared to the latter. Irrespective of the binding mode and irrespective of the molecule, the absence or weakening of specific interactions by

either of the head and tail groups appear to serve as switches preventing the molecules from initiating partial dissociation. Across all molecules and binding modes, in general, binding modes not leading to partial dissociation, the head groups of the molecules do not form key stabilizing hydrogen bond interactions with Gly<sup>33</sup> or Leu<sup>34</sup> of the third or fourth outermost peptides, as indicated in panel C of Figures S9-S14. Additionally, the tail groups of the molecules do not form key disrupting interactions with either (1) Ile<sup>32</sup>, Gly<sup>33</sup>, and Leu<sup>34</sup>, (2) Leu<sup>17</sup> and Phe<sup>19</sup>, or (3) a combination of (1) and (2) of the first and second outermost peptides, as shown in Figures 4–6, panels C and F.

Binding Energy Calculations. Irrespective of the molecule bound to the A $\beta_{1-42}$  fibril and irrespective of if the molecules adopt binding modes leading to partial dissociation or not within the simulations, binding mode 1 is overall the most energetically favorable binding mode (Table S1). Thus, binding mode 1 could be considered to be the most probable to naturally occur for all investigated molecules in complex with the A $\beta_{1-42}$  fibril, at least according to our simulations and calculations. Interestingly, the binding energy of a molecule in binding mode 1 is lower in the case in which the molecule partly dissociates the A $\beta_{1-42}$  fibril than if the molecule does not dissociate the fibril (SY5 and SY12) or becomes lower after the molecule partly dissociates the  $A\beta_{1-42}$  fibril (SY31), (Table S2, Figure S15). The specific binding energy-based difference between curcumin and the rest of the molecules could presumably be associated with experimental findings suggesting a possible higher propensity for SY5, SY12, and SY31 to increase the number of smaller  $A\beta_{1-42}$  species when incubated with  $A\beta_{1-42}$  aggregates compared to curcumin according to SDS-PAGE profile (Table 2 of ref 54). Interestingly, for all molecules adopting binding mode 1, partial dissociation appears to be either an outcome of either high affinity interactions (curcumin, SY5, and SY12, Figures S15A, C, and D) or a cause leading to high affinity interactions between the molecules and the fibril (SY31, Figure S15B), which could partly serve as a compensation for the energy loss between the outermost peptide and the rest of the fibril due to partial dissociation (Figure S16). Given the high correlation and the consistency of the two different methods used in evaluating binding energy (see Supporting Information), the results above are reported based on calculations performed through AutoDock Vina, which allows for a direct comparison both across different modes and across different molecules.

Additional Simulations and Analysis of Curcumin's Enol Form Interacting with the Modeled A $\beta_{1-42}$  Fibrils. The aforementioned analyses focused on curcumin and a set of curcumin derivatives that were included in a previous experimental study. In addition to the aforementioned simulations, we performed simulations of curcumin's enol form (Figure S18) in complex with the A $\beta_{1-42}$  fibril. The enol form of curcumin was additionally investigated both as a means to validate the key interactions acting as switches leading to partial dissociation or not (as identified above) as well as to study the effect of the enol form of curcumin binding to the  $A\beta_{1-42}$  fibril. The enol form of curcumin differs from the investigated form of curcumin in that one of its carbonyl groups is protonated to a hydroxyl group (Figure S18). While curcumin primarily exists in its keto form in water, it can also exist in its enol form<sup>100,101</sup>, which also binds  $A\beta_{1-42}$  fibrils.<sup>101</sup> The procedure used for the docking, MD simulations, and analysis of curcumin's enol form was identical to that of the other molecules investigated in this study (described above). From the docking procedure, 24 distinct docked poses were generated;

thus, 24 MD simulations of curcumin's enol form in complex with the A $\beta_{1-42}$  fibril were performed and analyzed. Within all of these simulations, the curcumin's enol form only adopts binding mode 1, with the exception of one uncategorizable *nd* binding mode. Of these simulations, partial dissociation of the outermost peptide of the modeled  $A\beta_{1-42}$  fibril occurs in six simulation runs, serving as validation that the presence/absence of specific interactions between the molecule and the fibril (referred to above as switches) are reproducible and are necessary for partial dissociation of the outermost peptide to occur/not occur. There is only one exception in which the molecule forms all of the key interactions expected to lead to partial dissociation and no partial dissociation occurs. However, this can be due to the strict criteria used to define partial dissociation of the fibril, as defined in the Methods, as in the specific exception simulation run, all  $\beta$ sheets within residue domain 12VHHQKLVFF20 of the outermost peptide are disrupted except for one single  $\beta$ -bridge. Interestingly, our energy calculations suggest that the enol form of curcumin is more energetically favored to bind to the A $\beta_{1-42}$ fibril than the keto form of curcumin, regardless of if the molecule is adopting a binding mode leading to partial dissociation or not (Table S1). This could be related to previous experimental studies suggesting that the enol form of curcumin has a higher propensity to bind  $A\beta_{1-42}$  aggregates than its keto form.<sup>101</sup>

Insights into a Potential Inhibitory Mechanism by the Molecules through Partial Dissociation of the Outermost Peptide. We focused on the lowest binding energy simulation runs in which molecules adopt binding mode 1 per molecule, both for cases in which no dissociation or partial dissociation is observed, and extended these simulations to 200 ns. In addition, we extended all uncomplexed simulations, which could serve as control. Within the extended simulations of the uncomplexed  $A\beta_{1-42}$  fibril, the outermost peptides remain firmly bound to the rest of the fibril due to the preservation of most of the  $\beta$ -sheet interactions within the N- and C-terminal domains  ${}_{12}$ VHHQKLVFF<sub>20</sub> and  ${}_{32}$ IGLMVGG<sub>38</sub>, and no dissociation (as defined above) occurs.

Within the extended simulations of the molecules adopting binding mode 1 not leading to partial dissociation of the outermost peptide (nd1), the molecules primarily remain in binding mode 1, and the  $\beta$ -sheet interactions of the A $\beta_{1-42}$  fibril are conserved. The only exception is observed in the extended simulation of SY5 in complex with the A $\beta_{1-42}$  fibril, in which the molecule actually starts to partly dissociate the outermost peptide by gradually forming interactions with Val<sup>12</sup>, His<sup>14</sup>, Ile<sup>32</sup>, Gly<sup>33</sup>, and Leu<sup>34</sup> of the third through sixth outermost peptides with one aromatic ring and its substituents (anchor), as well as interactions with Leu<sup>17</sup>, Phe<sup>19</sup>, Ile<sup>32</sup>, Gly<sup>33</sup>, and Leu<sup>34</sup> of the first and second outermost peptides with the opposing aromatic ring and its substituents (breaker), which have also been identified above, to be key interactions leading to partial dissociation of the outermost peptide of the A $\beta_{1-42}$  fibril (Figure S19). This could serve as an additional proof of concept that specific interactions should be considered necessary for partial dissociation to be initiated. Additionally, the binding energy of the molecule in the specific simulation decreases as it shifts to form specific interactions leading to partial dissociation, providing additional evidence that the act of partial dissociation of the outermost peptide of the A $\beta_{1-42}$  fibril could be driven by a molecule's tendency toward a more energetically favorable state (Figure S20).

Interestingly, within all the extended simulations of the molecules adopting binding mode 1 leading to partial dissociation of the outermost peptide, the molecules act as a patch against the newly exposed  $\beta$ -sheet forming surface of the second outermost peptide's  $_{16}$ KLVFF<sub>20</sub> domain (Figure 7,



**Figure 7.** Molecular graphics image of SY12 adopting binding mode pd1 at ~200 ns. SY12 is shown in vdW representation, and the  $A\beta_{1-42}$  fibril is shown in cartoon representation. The partly dissociated outermost peptide is shown in green cartoon representation. The patching of the KLVFF domain by SY12 is encircled in blue. The wrapping of the partly dissociated outermost peptide's  $_{16}$ KLVFF $_{20}$  domain to form intramolecular interactions with the same peptide's  $_{29}$ GAIIG $_{33}$  domain is encircled with red dotted lines.

circled in blue). In addition, within two of the extended simulations (SY12 and SY31), the partially dissociated outermost peptide's  $_{16}$ KLVFF $_{20}$  domain wraps around to form intramolecular interactions with the same peptide's  $_{29}$ GAIIG $_{33}$  domain (Figure 7, circled with red dotted lines, Movie S1). Both events, independently or collectively, could contribute to a potential inhibition mechanism, disallowing the further elongation of the fibril through the addition of an extra peptide which could be present in the actual case.

# CONCLUDING REMARKS

Computational methods have been used to provide insights into molecular docking, <sup>22,23,52,102,103</sup> drug discovery, <sup>16–20,94</sup> and amyloid formation<sup>104–130</sup> and inhibition. <sup>27,36,37,86,82,131–149</sup> The thermodynamics of A $\beta$  fibril elongation and dissociation was also investigated in the absence of any molecules, providing outstanding insights into the atomistic origins of the Arrhenius barriers. <sup>150,151</sup> Such computational methods have enhanced the understanding of A $\beta$  fibril formation as well as curcumin's interactions with A $\beta$  peptides, primarily monomers. <sup>51,52,152</sup> For example, invaluable insights were gained by Wang et al. through coarse-grained simulations, revealing the binding of curcumin to hydrophobic residues near the N- and C-terminals of A $\beta_{17-36}$  aggregates, thereby inhibiting A $\beta$  aggregation.<sup>25</sup>

Several studies have suggested that curcumin and its derivatives can serve as promising diagnostic, preventative, and potentially therapeutic AD molecules, having the capacity to inhibit the elongation of A $\beta$  fibrils through binding A $\beta$  monomers and fibrils as well as reducing amyloids *in vivo*.<sup>42,46–50</sup> Motivated by previous experiments, we computationally investigated curcumin and a subset of experimentally studied curcumin-based molecules<sup>54</sup> which were shown to inhibit elongation of A $\beta_{1-42}$  fibrils. The nearly exhaustive

docking performed in our study allowed for the molecules to be initially placed at various positions and orientations within the  $A\beta_{1-42}$  fibril binding site, in contact with  $A\beta_{1-42}$  residues experimentally shown to be key in curcumin binding.<sup>71</sup> The use of all clustered multiple binding modes, rather than solely the highest predicted affinity docked mode, as initial structure in multi-ns MD simulations removed, to some extent, the dependence on longer duration MD simulations that would be needed for a molecule to adjust their conformations into appropriate binding modes. This allowed us to investigate the interactions between the molecules and the fibril, which could lead to or not lead to partial dissociation of the outermost peptide of the  $A\beta_{1-42}$  fibril, using relatively short simulations starting from different docked poses.<sup>153-156</sup>

Within the simulations, we observed that the binding properties of the molecules with  $A\beta_{1-42}$  fibril can vary depending on the initial docked position, and the molecules remain primarily firmly bound to the fibril throughout the trajectories. Interestingly, in specific trajectories in which the molecule is firmly bound to the fibril, the molecules could also partly dissociate the outermost peptide of the  $A\beta_{1-42}$  fibril, which is initiated by disruption of all  $\beta$ -sheets within the residue domain 12VHHQKLVFF20. The specific dissociation was not observed in trajectories of an uncomplexed  $A\beta_{1-42}$  fibril with the same simulation duration. Irrespective of the presence or absence of partial dissociation of the outermost peptide, the binding modes by which the investigated molecules bind the  $A\beta_{1-42}$  fibril can primarily be categorized into three principle binding modes based on the positions and interactions of the key sets of functional groups of the molecules. A given molecule may be able to adopt more than one binding mode, determined by its chemical composition (e.g., SY12 is capable of adopting all three principle binding modes). For all investigated molecules, binding mode 1 is overall the most energetically favorable binding mode, regardless of if the binding mode leads to partial dissociation or not. Although less energetically favorable, and thus less probable to occur than binding mode 1, molecules adopting binding mode 3 leading to partial dissociation disrupt the fibril more significantly than any other binding mode by disrupting residue domains 12VHHQKLVFF20 and <sub>32</sub>IGLMVGG<sub>38</sub> of the outermost peptide simultaneously. Residues within the aforementioned domains have been identified as key interacting residues for curcumin binding to  $A\beta_{1-42}$  fibrils<sup>71</sup> and are key components within the  $A\beta_{1-42}$ amyloidogenic domains 16KLVFF20<sup>97</sup> and 29GAIIG33.<sup>98,82</sup> The nearly complete dissociation of the outermost peptide in binding mode 3 by SY12 could possibly contribute to the gradual reduction<sup>40</sup> or destabilization<sup>41</sup> of amyloids, as suggested in previous studies for curcumin; however, this should be investigated further and in more depth, and can be of a focus in future computational and experimental studies.

A comparison of the binding of the investigated molecules within high affinity binding modes not leading to partial dissociation to those leading to partial dissociation of the outermost peptide reveal key identified interactions differentiating the two, irrespective of which binding mode the molecules adopt. Also, the binding energies are comparable among the binding modes leading to or not leading to partial dissociation, although binding modes leading to partial dissociation could be considered either as more energetically favorable or the precursor stages leading to a more energetically favorable state. It is also possible that the energy loss between the outermost peptide and the rest of the fibril could be partly

compensated by the low binding energies between a molecule and the fibril during or after partial dissociation. Nevertheless, given the fact that the energetic differences in binding modes leading or not to partial dissociation are usually within an error of a standard deviation, and that these modes share overall significant structural similarities, it is quite possible that binding modes not leading to partial dissociation could potentially, given sufficient additional time, eventually adopt slightly different binding modes leading to it, as observed in the extended simulation of SY5 binding to the fibril, or vice versa.

Our study suggests a potential inhibition mechanism of  $A\beta_{1-42}$  aggregation by the molecules, where the partially dissociated 16KLVFF20 domain of the outermost peptide could either remain unstructured or wrap around to form intramolecular interactions with the same peptide's 29GAIIG33 domain, while the molecules could additionally act as a patch against the external edge of the second outermost peptide's 16KLVFF20 domain; thereby, individually or concurrently, these could prohibit fibril elongation. This is in accordance with experiments showing that curcumin inhibits the elongation of  $A\beta_{1-40}$  fibrils consistent with a first order kinetic model, which was hypothesized to be due to curcumin destabilizing the conformation of  $A\beta_{1-40}$  peptides at the fibril ends.<sup>41</sup> The proposed possible mechanism of  $A\beta_{1-42}$  fibril elongation inhibition through patching is reminiscent of the mechanism by which GAIPIG peptide inhibitors, investigated by us in a previous study,<sup>82</sup> were suggested to block  $A\beta$  fibril elongation through binding and blocking the 16KLVFF2097 and 29GAIIG33 domains.<sup>82</sup> Additionally, the disruption of  $\beta$ -sheets within the residue domain 12VHHQKLVFF20 by the investigated molecules, which is common across all binding modes leading to partial dissociation, could be analogous to how the green tea compound epigallocatechin-3-gallate (EGCG) reduces the toxicity of  $A\beta_{1-40}$  oligomers.<sup>157</sup> EGCG's binding to  $A\beta_{1-40}$ oligomers causes the N-terminus of  $A\beta_{1-40}$  (residues 1–20) to be unstructured, whereas the C-terminal portion (residues 22-39) adopts  $\beta$ -sheet conformations, which is proposed to reduce the oligomer's toxicity.<sup>157</sup> Thus, although our studies investigate the interactions of curcumin and its derivatives to a hexamer peptide model of an A $\beta_{1-42}$  fibril, curcumin and its derivatives could also potentially reduce the toxicity of  $A\beta_{1-42}$  oligomers through a mechanism similar to that of EGCG, which was believed to immobilize residues 1-20 in the peptide primary structure of the EGCG-induced oligomer.<sup>15</sup>

The current study is focused on interactions and possible events related to curcumin and a set of curcumin derivatives binding to a model A $\beta_{1-42}$  fibril. Our study provides insights into the interactions of curcumin and a set of curcumin derivatives with a hexamer model of the A $\beta_{1-42}$  fibril leading to partial dissociation of the fibril. Additional future in-depth studies are needed to clarify the link between inhibition and potential dissociation effects induced by the studied molecules adopting the principle binding modes using larger scale simulations with longer durations and a larger and wider set of polymorphic fibrils. In addition, regarding the role of metal ions, according to experimental studies, curcumin inhibits the seeding of fibrillation by preventing the peptide-metal complex formation with Cu(II) and Zn(II).40 Additional and longer duration simulations could potentially uncover how certain molecules could have an effect on presumably altering the path of dissociation of an  $A\beta_{1-42}$  peptide from the fibril, which is known to have high Arrhenius barriers.<sup>150,151</sup> Our findings can also provide an impetus for the investigation of molecules binding to

and inhibiting the formation of other preformed amyloid fibrils (e.g., tau<sup>43</sup>) as well as the discovery and design of novel highly potent molecules binding to and dissociating  $A\beta_{1-42}$  fibrils as potential diagnostic, preventive, or potentially therapeutic AD molecules.

# ASSOCIATED CONTENT

#### **S** Supporting Information

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acs.jcim.9b00561.

Additional details of the methods used in this study as well as supporting figures and tables (PDF)

PDB structure files (ZIP)

Molecular graphics movie of SY12 dissociating the A $\beta_{1-42}$  fibril after adopting binding mode *pd*1 (MP4)

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#### Notes

The authors declare no competing financial interest.

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