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Lipidomic Analysis Reveals Drug-Induced Lipoxins in Glaucoma Treatment

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1 **ABSTRACT**

2 Synthetic prostaglandin analogues, such as latanoprost, are first-line treatments to reduce
3 intraocular pressure (IOP) in the management of glaucoma, treating millions of patients daily.
4 Glaucoma is a leading cause of blindness, characterized by progressive optic neuropathy, with
5 elevated IOP being the sole modifiable risk factor. Despite this importance, the underlying
6 latanoprost mechanism is still not well defined, being associated with both acute and long term
7 activities, and ocular side effects. Prostaglandins are eicosanoid lipid mediators. Yet, there has
8 not been a comprehensive assessment of small lipid mediators in glaucomatous eyes. Here we
9 performed a lipidomic screen of aqueous humour sampled from glaucoma patients or healthy
10 control eyes. The resulting signature was surprisingly focused on significantly elevated levels of
11 arachidonic acid (AA) and the potent proresolving mediator, lipoxin A₄ (LXA₄) in glaucoma
12 eyes. Subsequent experiments revealed that this response is due to latanoprost actions, rather
13 than a consequence of elevated IOP. We demonstrated that increased LXA₄ inhibits pro-
14 inflammatory cues and promotes TGF-β₃ mediated tissue remodeling in the anterior chamber. In
15 concert, an autocrine prostaglandin circuit mediates rapid IOP-lowering. This work reveals
16 parallel mechanisms underlying acute and long-term latanoprost activities during the treatment
17 of glaucoma.

18

19

1 INTRODUCTION

2 Glaucoma represents a spectrum of diseases characterized by progressive retinal ganglion cell
3 degeneration, optic neuropathy and visual field loss, with elevated intraocular pressure (IOP)
4 being the sole modifiable risk factor (1, 2). Glaucoma is a leading cause of irreversible blindness
5 and is estimated to affect over 110 million people by 2040 (3). Reduction of IOP is the standard
6 of care in glaucoma treatment and is achieved using medical, laser, or surgical management.
7 These approaches either increase the outflow of aqueous fluid from the anterior chamber of the
8 eye or reduce fluid production. However, the relationship between IOP and glaucoma
9 progression is complex. For example, a lowered mean IOP is not always a reliable indicator of
10 disease stability, and increased risk of glaucoma progression is associated with a higher diurnal
11 variation in IOP (4). In addition, the risk of disease progression is higher for the same IOP in
12 more advanced stages of glaucoma (5). Therefore, it is critical to uncover additional biochemical
13 mediators driving glaucoma pathogenesis and their links to IOP regulation.

14

15 The most commonly prescribed classes of IOP-lowering medications are prostaglandin
16 analogues, followed by beta adrenergic blockers, carbonic anhydrase inhibitors and alpha-2
17 adrenergic agonists. Prostaglandin analogues (PGAs), such as Latanoprost, Bimatoprost and
18 Travoprost are the most commonly used first-line agents for medical management (6-8), treating
19 millions of glaucoma patients daily (9). These drugs increase both trabecular and uveoscleral
20 aqueous humor outflow (10, 11) through two proposed mechanisms; FP receptor-mediated
21 ciliary muscle relaxation (12), and also through increased permeability of outflow tissues via
22 TGF- β mediated matrix metalloproteinase (MMP) activity (13-16). Despite their widespread use,
23 the detailed biochemical mechanisms linking PGA actions to these dual IOP effects remain

1 poorly understood, particularly the explanation behind recently reported long-term IOP-lowering
2 after cessation of treatment (14, 17, 18). Although generally well-tolerated, long term PGA
3 treatment is accompanied by diverse and well-documented ocular and periocular adverse side
4 effects, such as changes to eyelid and iris pigmentation, hyperemia, iritis, corneal thinning,
5 eyelash growth, periorbital fat atrophy, and potential associations with macular edema and
6 uveitis (19-21). Therefore, it has become increasingly important to unravel the underlying drug
7 mechanisms in order to potentially uncouple and target these activities separately.

8

9 Endogenous prostaglandins are lipid mediators with key roles in normal physiology and drive or
10 amplify inflammatory responses. They are enzymatically generated from arachidonic acid (AA)
11 by cyclooxygenases (COX-1 and COX-2) (22). Prostaglandins are part of an intrinsic eicosanoid
12 (AA metabolite) network in tissues that also include bioactive lipoxygenase (LOX) metabolites ,
13 such as the lipoxins that are produced by the actions of 5-LOX and 12/15-LOX (23). In contrast
14 to prostaglandins, the lipoxins A₄ and B₄ (LXA₄ and LXB₄) are themselves potent mediators of
15 inflammation resolution and cellular homeostasis (24-26). LXA₄ signaling and production has
16 been linked to a variety of ocular surface and inflammatory diseases (26, 27), and we recently
17 demonstrated that therapeutic lipoxin supplementation resulted in structural and functional
18 neuronal rescue in rodent glaucoma models (28-30), and reduced neuroinflammation (26, 31,
19 32). Interestingly, formation of lipoxins, or related specialized proresolving mediators (SPM),
20 can also be triggered pharmacologically, for example by statins or aspirin acetylation of COX-2
21 (33-38). Surprisingly, despite these central roles, the production of these and other small lipid
22 mediators have not been well studied in glaucoma patients.

23

1 Given this background of clinical pharmacology, shared substrates and potential interactions
2 between prostaglandins, lipoxins, and other lipid mediator circuits, we decided to profile these
3 signals for the first time in glaucoma patients. Here we present a metabolomic characterization of
4 LOX- and COX-generated mediators in aqueous humour sampled from patients with glaucoma
5 compared to healthy controls. Unexpectedly, the resulting glaucoma patient signature was tightly
6 focused on significantly elevated levels of AA and LXA₄. Our subsequent experiments
7 investigated the regulation of this AA-LXA₄ circuit to reveal novel insights into the latanoprost
8 mechanism of action.

9

10 **MATERIALS AND METHODS**

11 **Patient recruitment and sample collection**

12 Glaucoma patients with a diagnosis of primary open angle glaucoma (POAG), aged 60-80 years,
13 and scheduled for glaucoma surgery with or without cataract surgery at Toronto Western
14 Hospital or Kensington Eye Institute were approached for inclusion in the study. Age-matched
15 control samples were obtained from patients without glaucoma undergoing routine cataract
16 surgery. Patients with diabetes mellitus, systemic inflammatory disease, uveitis, retinopathy and
17 age-related macular degeneration, or those taking non-steroidal anti-inflammatory drugs were
18 excluded. From each eye, 100 µL of aqueous humor was collected using a 30 Gauge needle
19 mounted on a 1-mL syringe, introduced into the anterior chamber anterior to the limbus, prior to
20 any surgical intraocular entry. The samples were immediately snap frozen on dry ice and stored
21 at -80°C until assessment by lipidomic analyses. All participants signed an informed consent
22 form. This study was performed according to a protocol approved by the Research and Ethics

1 Boards of University Health Network and Kensington Eye Institute and adhered to the tenets of
2 the Declaration of Helsinki.

3

4 **Lipidomic Analyses**

5 The lipid mediator profiles of collected aqueous humor, cell media, or rat tissue samples were
6 analyzed by liquid chromatography (Agilent 1200 Series HPLC)-mass spectrometry (LC-
7 MS/MS, QTRAP 4500, AB Sciex). The analyses included polyunsaturated fatty acids (AA, DHA
8 and EPA), their downstream mediators (prostaglandins, leukotrienes, lipoxins, resolvins and
9 maresins) and their metabolic precursors (monohydroxy-PUFA) and metabolites as previously
10 published (28, 39-41). Note; these analytes are structurally and functionally distinct from
11 membrane phospholipids, assessed in a single previous study of glaucomatous aqueous humor
12 (42). Deuterated internal standards (PGE₂-d₄, LTB₄-d₄, 15-HETE-d₈, LXA₄-d₅, DHA-d₅, and
13 AA-d₈) were added to all samples before processing to calculate class-specific recoveries.
14 Tissues were homogenized in a refrigerated bead homogenizer. Supernatants were extracted
15 using C18 solid-phase columns. MS analyses was carried out in negative ion mode, and PUFA
16 and their metabolites were quantitated by scheduled multiple reaction monitoring (MRM) using
17 3 to 4 specific transition ions for each analyte with a signal-to-noise ratio for the signature ion
18 above 5:1 for raw MRM chromatograms. Quantification, calibration curves and HPLC retention
19 times for each analyte were established with authentic synthetic standards (Cayman Chemicals)
20 (Supplementary Figure 1).

21

22 **Human trabecular meshwork cell culture**

1 Human TM-1 cells were cultured in low glucose Dulbecco's Modified Eagle Medium (Sigma
2 #D-5523), 10% premium fetal bovine serum, 2mM L-glutamine, 50 µg/mL gentamicin sulfate
3 and Primocin (Invivogen category code ant-pm-1). We gratefully acknowledge Dr. Donna M.
4 Peters for providing us with these well-characterized cells (43). Cells were grown in 10 cm plates
5 at 8% CO₂ and media was changed every two days. Upon reaching confluence, cells were treated
6 with latanoprost (CAS No. 130209-82-4, Millipore Sigma), timolol maleate (CAS No. 26921-17-
7 5, Millipore Sigma), dorzolamide (CAS No. 120279-96-1, Millipore Sigma) or brimonidine
8 (CAS No. 59803-98-4, Millipore Sigma) for one hour at the indicated concentration. These drugs
9 were dissolved in DMSO to the following concentrations: latanoprost, 0.5, 5, and 50 µM;
10 timolol, 1, 10 and 100 µM; dorzolamide 0.5, 5, 50 µM; brimonidine 2, 20, 200 µM. Following
11 treatment cells were collected after one hour for quantitative polymerase chain reaction (qPCR)
12 and the cell culture media was collected and snap frozen for lipidomic analyses.

13

14 **Reverse Transcription-Quantitative Polymerase Chain Reaction (RT-qPCR)**

15 RNA was extracted from TM-1 cells using the RNEasy Mini Kit (Qiagen, Cat. No. 74104)
16 according to the manufacturer's instructions. RNA samples were treated with RNase-free DNase
17 (Promega RQ1 kit, Cat. No. PR-M6101). RNA purity was assessed using Nanodrop 2000
18 spectrophotometer (ThermoFisher Scientific, Cat. No. ND-2000), followed by cDNA synthesis
19 using SuperScript IV First-Strand Synthesis System (Invitrogen Cat. No. 18091050). RT-qPCR
20 was performed using SYBR-Green PCR Master Mix (Applied Biosystems, ThermoFisher
21 Scientific, Cat. No. 4309155) on Eppendorf Realplex₂ Mastercycler. The genes and primers used
22 are listed in Table 1. Amplification of mRNA was normalized to GAPDH and the $2^{-\Delta\Delta Ct}$
23 comparative quantification method was used (44).

1

2 **Animal Experiments**

3 All procedures and protocols conformed to the guidelines of the ARVO statement for the use of
4 animals in ophthalmic and vision research, and were approved by the University Health Network
5 Animal Care Committee. All procedures were performed in accordance with all relevant
6 regulations and are reported in accordance with ARRIVE guidelines. For all rodent experiments,
7 six-week-old Long Evans rats (Charles River Laboratories, Massachusetts, USA) were used. The
8 gradual ocular hypertension model was performed as previously reported (45). Briefly; chronic
9 ocular hypertension was induced using a Nylon 8-0 circumlimbal suture on a tapered needle (8-
10 0 sterile microsuture, AROSurgical Instruments, California, USA) passed subconjunctivally 1.5
11 mm posterior to the limbus under intraperitoneal Ketamine-Xylazine anesthesia. After making 5-
12 6 sequential subconjunctival passes all around the limbus, the suture was tied off using a slip
13 knot anchored by three simple knots. The suture was left snug, taking care not to directly induce
14 elevated IOP secondary to a tight suture. The sutures then were allowed to slowly tighten over
15 time, resulting in gradual elevation of IOP. In all experiments, both eyes of each animal were
16 subjected to the same treatment to avoid potential confounding contralateral effects.

17

18 **Intraocular pressure measurement**

19 A Tonolab rebound tonometer (Icare, Finland) was used to measure the IOP according to the
20 manufacturer's directions. For each measurement, the tonometer tip was aligned perpendicular to
21 the central cornea. Measurements were obtained at baseline prior to suturing or treatments,
22 following one week of prior alternate day measurements to familiarize the animal to the

1 procedure. Measurements were obtained while the animal was awake between 11 am and 1 pm.
2 Care was taken not to stress the animal or exert pressure on the periocular region during the IOP
3 recordings. Each measurement with the Tonolab rebound tonometer itself consists of six separate
4 readings, of which the highest and lowest are automatically excluded and the mean of the four
5 middle readings are displayed as the final result by the device. For each animal and IOP
6 monitoring session the mean of two consecutive measurements was recorded if they were within
7 2 mmHg of each other; if there was more than a 2-mmHg difference, then the median of three
8 measurements was recorded.

9

10 **Pathological analyses and staining**

11 After euthanasia, eyes were fixed in 4% paraformaldehyde, equilibrated in 30% sucrose,
12 embedded in optimal cutting temperature compound and cryosectioned. 12- μ m sections were
13 blocked with 5% donkey serum and probed with primary antibodies to 5-LOX (Novus
14 Biologicals, Catalog # NB110-58748) and 15-LOX (Santa Cruz, Cat. No. sc-133085) according
15 to standard protocols. The sections were washed with PBS-Tween and incubated with
16 fluorescent-conjugated secondary antibodies (Molecular Probes) and DAPI. Subsequently,
17 sections were mounted using MOWIOL 4-88 (Millipore Sigma). Immunofluorescent images
18 were acquired with a Nikon Eclipse-Ti confocal microscope and analyzed with NIS Elements
19 software version 4.51.

20

21 **Angle tissue dissection and homogenization**

1 Dissection of a 1-mm strip of rat angle tissue containing a small rim of overlying sclera and
2 cornea, trabecular meshwork, peripheral iris and ciliary body with ciliary processes was carefully
3 performed using Vannas scissors and atraumatic fine forceps. The collected tissue sample was
4 homogenized in aliquoted microfuge tubes, and then snap frozen at -80°C . Samples were then
5 submitted to quantitative multiplex laser bead analyses (Bio-Plex 200) for assessment of a 27-
6 plex rat cytokine panel and a 3-plex TGF- β panel (Eve Technologies) or lipidomic analysis.

7

8 **Statistics**

9 For all experiments, n refers to the number of eyes or biological replicates. Graphpad Prism 8.4.3
10 was used to generate graphs. IOP trend comparisons and lipidomic profile comparisons between
11 two groups were performed using the unpaired t-test. Comparisons between more than two
12 groups were performed using one-way ANOVA with Tukey's post-hoc analyses. A p-value of
13 less than 0.05 was considered statistically significant.

14

15 **RESULTS**

16 *The AA-lipoxin pathway is specifically elevated in glaucomatous aqueous humor.*

17 Aqueous humor samples collected from patients with primary open angle glaucoma, or matched
18 controls, were analyzed by targeted LC-MS/MS-based lipidomics. Fifteen patients were enrolled
19 in each group (providing 16 and 18 eye samples in the glaucoma and control groups,
20 respectively). There was no statistically significant difference in age or sex between the two
21 groups ($p=0.25$ and 0.30 , respectively, Table 2). Most patients in the glaucoma group had

1 advanced disease, reflected in a significantly increased cup-to-disc ratio and reduced retinal
2 nerve fiber layer (RNFL) thickness compared to control patient samples (Table 2, Figure 1A, B).

3
4 Lipidomic analysis focused on lipoxygenase (LOX) and cyclooxygenase (COX) pathways and
5 their polyunsaturated fatty acid (PUFA) substrates. The analysis included eicosanoids
6 (prostaglandins, leukotrienes, lipoxins), AA and other PUFA, pathway markers and metabolites,
7 and select ω -3 PUFA derived SPMs (see Supplementary Table 1 for a full list of these results).

8
9 Four mediators showed striking changes in concentration between groups. Most significant were
10 the substrate AA (643.07 ± 127.15 vs 1328.04 ± 312.43 pg/100 μ l of aqueous humor, $p=0.048$)
11 and the AA lipoxygenase product LXA₄ (0.74 ± 0.08 vs 1.05 ± 0.36 , $p=0.01$), whose
12 concentrations were strongly elevated in the aqueous humor of glaucoma patients (Figure 1C,
13 D). In addition, 13-HODE (13-hydroxyoctadecadienoic acid), a product of linoleic acid
14 lipoxygenase metabolism by 15-LOX, was present at significantly lower levels in glaucomatous
15 aqueous humor (Figure 1E). The levels of 12-HEPE (12-hydroxyeicosapentaenoic acid), an
16 EPA-derived metabolite, were also significantly higher in glaucomatous aqueous humor ($1.38 \pm$
17 0.62 vs 0 pg/100 μ L, $p=0.04$), but this result was less convincingly driven by changes in only a
18 few samples (Figure 1F). In addition, the AA-derived prostaglandins PGE₂ (Prostaglandin E₂)
19 and PGD₂ (Prostaglandin D₂) were elevated in some glaucoma samples, as well as the ω -3
20 PUFAs docosahexaenoic acid (DHA), and eicosapentaenoic acid (EPA), but these changes did
21 not reach significance between the groups (Figure 1G-H).

22

1 No other PUFA, LOX or COX metabolites were identified at significant levels by our LC-
2 MS/MS method (Supplementary Table 1). Therefore, these results suggest a select response in
3 the activity of AA and LXA₄ circuits that generates a marked increase in their levels in
4 glaucomatous aqueous humour. Formation and increased levels of LXA₄ are consistent with
5 immunofluorescent analysis of anterior segment outflow tissues from healthy human donor eyes
6 and glaucomatous patient eyes. Ciliary muscle, vasculature and outflow tissues demonstrated
7 consistent staining for the LXA₄ biosynthetic enzymes 5-LOX and 15-LOX (Supplementary
8 Figure 2). Interestingly, matched sections from two glaucomatous patient eyes showed
9 prominently increased 5-LOX staining and mildly increased 15-LOX staining in the trabecular
10 meshwork (Supplementary Figure 2).

11

12 *The AA-lipoxin circuit is induced by latanoprost and timolol treatment in human TM cells.*

13 We had predicted that lipoxin levels would be reduced in glaucoma patients due to their well-
14 documented pro-resolution activities, and from reports of other chronic diseases which exhibit
15 this pattern (46-50). Therefore, the marked elevation of LXA₄ we observed in glaucomatous
16 aqueous fluid was unexpected. Upon consideration, we wondered whether this response might be
17 caused by the topical IOP-lowering medications the patients were taking. In particular, the most
18 commonly prescribed glaucoma drug, latanoprost (6-8), is a prostaglandin F₂α (PGF₂α)
19 analogue that could potentially impact LOX or COX pathways and production of other AA
20 metabolites. Notably, all enrolled glaucoma patients were taking topical glaucoma medications,
21 and usually more than one; with 100% taking PGF₂α analogues, 93.75% on beta blockers, 87.5%

1 on carbonic anhydrase inhibitors, and 75% taking alpha-2 adrenergic agonists (Figure 2A).
2 Therefore, a majority of patients were typically prescribed combinations of these drug classes.

3
4 In order to test the potential influence of these medications on the AA-lipoxin circuit, an *in vitro*
5 experiment was designed in which human trabecular meshwork (TM) cells were directly treated
6 with clinically relevant concentrations of common drugs representing each of the four classes, or
7 vehicle, and analyzed for changes in eicosanoid and lipoxin pathways. After one hour, RNA was
8 isolated from the treated cells to assess expression of relevant enzymes using quantitative
9 reverse-transcription polymerase chain reaction (qPCR). In parallel, conditioned media was also
10 collected for corresponding lipidomic analyses (Figure 2B).

11
12 Interestingly, latanoprost treatment significantly induced dose-dependent expression of key
13 enzymes for generating lipoxins. Expression of the rate-limiting enzyme, 5-LOX (ALOX5), was
14 markedly upregulated by 10.45 and 9.86-fold ($p=0.001$) in human TM when treated with 5 μM
15 and 50 μM , respectively, compared to vehicle treatment (Figure 2C). Similarly, the second
16 required enzyme for lipoxin formation 15-LOX (ALOX15), was upregulated 6.06-fold by 5 μM
17 latanoprost ($p=0.003$). The enzyme that generates AA from phospholipids, phospholipase A₂
18 (PLA2G2A) was also upregulated 14.23-fold by latanoprost at 5 μM ($p=0.015$). Latanoprost did
19 not induce expression of COX-2 (PTGS2), but increased expression of prostaglandin D₂ synthase
20 (PTGDS), which was upregulated 3.68 ($p<0.0001$) and 1.79 ($p=0.02$) fold by 5 μM and 50 μM
21 latanoprost treatment, respectively (Figure 2C).

22

1 In parallel, conditioned media samples from this experiment were also analyzed by lipidomics
2 for functional changes in lipoxin pathways. Consistent with the increases observed in PLA2G2A,
3 5-LOX and 15-LOX gene expression, corresponding AA and LXA₄ levels were significantly
4 elevated in latanoprost treated samples in a dose-dependent manner (Figure 2D). Compared to
5 vehicle, 5 and 50 μM latanoprost treatment caused 5.32 and 10.7-fold increased levels of AA
6 (p=0.0002 and p<0.0001, respectively), and LXA₄ levels were significantly increased (2.48 fold)
7 with 50 μM latanoprost (p<0.0001). Interestingly, levels of additional substrates that are released
8 by PLA₂ were also increased, including EPA (5 and 50 μM latanoprost; p=0.002 and p<0.0001,
9 respectively), and DHA (5 and 50 μM latanoprost; p=0.002 and p<0.0001, respectively; Figure
10 2D).

11
12 Of the other drug classes tested, a somewhat mixed picture is presented. Surprisingly similar
13 trends to latanoprost were observed in cells treated with the beta-adrenergic receptor antagonist
14 timolol; ALOX5 was upregulated 8.12-fold (p<0.0001) by 100 μM timolol treatment compared
15 to vehicle. ALOX15 was upregulated 3.22, 3.23 and 5.98-fold by 1, 10 and 100 μM timolol,
16 respectively (p=0.03, 0.03 and <0.0001; Supplementary Figure 3A). PLA2G2A was upregulated
17 16.34, 11.82 and 11.79-fold, respectively by 1, 10 and 100 μM timolol, respectively (p=0.0002,
18 0.003 and 0.003, respectively), and PTGDS was upregulated 4.49, 5.29 and 10.28-fold by 1, 10
19 and 100 μM timolol, respectively (p=0.007, 0.002 and <0.0001, respectively; Supplementary
20 Figure 3A). In contrast, neither treatment with the carbonic anhydrase inhibitor dorzolamide, or
21 alpha-2 agonist brimonidine, showed substantial effects on expression of the same gene panel
22 (Supplementary Figure 4A, B). Consistent with the qPCR results, treatment with 10 and 100 μM
23 timolol significantly elevated the levels of AA (16.46 and 19.37 fold, respectively; p<0.0001 for

1 both), and 100 μ M timolol elevated levels of LXA₄ (1.74 fold, $p=0.03$; Supplementary Figure
2 3B). Concentrations were also elevated at 10 and 100 μ M for EPA ($p<0.0001$) and DHA
3 ($p<0.0001$; Supplementary Figure 3B). Dorzolamide or brimonidine did not generate substantial
4 or consistent changes in AA, EPA or DHA. Although, LXA₄ levels were mildly increased with
5 0.5 and 5 μ M treatment ($p=0.0004$ and 0.04 , respectively; Supplementary Figure 4C). Treatment
6 with 200 μ M brimonidine significantly increased levels of AA, EPA and DHA ($p<0.0001$ for all)
7 but did not result in a significant increase in LXA₄ levels (Supplementary Figure 4D).

8

9 Together, these results present a picture that is fairly consistent with the patient lipidomic data,
10 indicating that latanoprost treatment, and to a lesser extent timolol, specifically amplifies the
11 AA-lipoxin synthetic circuit in TM cells.

12

13 *The AA-lipoxin circuit is not induced by ocular hypertension alone.*

14 Based on our clinical results, an alternative possibility is that ocular hypertension alone induces
15 the AA-LXA₄ pathway. Yet, it was not possible to acquire untreated clinical aqueous humour
16 samples from glaucoma patients due to ethical considerations. Therefore, in order to test this
17 possibility we turned to a recently characterized rat model of gradual ocular hypertension
18 (gOHT) generated by slack circumlimbal sutures that tighten over time (45). Once elevated,
19 ocular hypertension was maintained for 8 weeks in the sutured eyes, at which time they were
20 processed for lipidomic analyses of angle tissues (Figure 3C, D). In these OHT samples AA
21 concentrations were not significantly different from control normotensive eyes, and the trend
22 was towards reduced levels (Figure 3E). Likewise, levels of prostaglandins PGE₂, PGD₂, and 6-

1 keto-PGF_{1α} were detected, but were not significantly altered and exhibited a similarly reduced
2 trend (Figures 3F-H). Notably, LXA₄ levels analyzed from each single eye were below the
3 detection threshold for all groups, which is likely due to the small tissue sample sizes. These
4 findings contrast with the clinical lipidomic results and indicate that ocular hypertension by itself
5 does not increase AA metabolism *in vivo*.

6
7 In contrast, topical administration of latanoprost or vehicle to rat eyes resulted in lipid mediator
8 profiles that largely overlapped with the clinical and human cell culture results. Rats were dosed
9 daily with 40 μL of latanoprost (0.005%) for seven days, and the angle tissues collected for
10 lipidomic analyses (Figure 4A). In this case the sample homogenates (n=8) were pooled to
11 increase levels and improve detection of intermediates and LOX products in these small rat
12 tissue samples. The AA and DHA PUFA substrates were slightly reduced by latanoprost
13 treatment (Figure 4B). More importantly, similar to the clinical and human TM cell samples,
14 levels of LXA₄ were elevated, along with several key pathway intermediates and products of the
15 lipoxin biosynthetic pathway, in latanoprost treated samples compared to vehicle controls
16 (Figure 4C). Interestingly, a panel of intermediates and products of the cyclooxygenase (COX)
17 pathway were also elevated, including PGE₂ and PGD₂, as in the clinical samples (Figure 4D).
18 Finally, LTB₄, a 5-LOX product, was sharply reduced (Figure 4E) in sharp contrast to the
19 increase in LXA₄; a pattern consistent with a shift of 5-LOX activity to generating proresolving
20 mediators instead of pro-inflammatory mediators (51, 52).

21

1 In comparison, Timolol was also administered topically with the same experimental design, and
2 generally resulted in no substantial changes in LXA₄ or COX pathway products in the rat model
3 (Supplementary Figure 4). Together these data provide direct evidence that latanoprost
4 specifically promotes AA metabolism and LXA₄ synthesis, as well as prostaglandin production
5 *in vivo*.

6
7 *LXA₄ does not cause acute IOP-lowering but inhibits proinflammatory cytokines and induces*
8 *production of TGF-β3.*

9 To study the effect of elevated LXA₄ itself on IOP and the outflow tissues, six-week-old Long
10 Evans rats were treated topically by eye drop with 40 μM LXA₄, once daily, for seven days
11 (Figure 5A). IOP was monitored during the first 24 hours and then daily till the end of the
12 experiment. Over this period there was no significant difference in IOPs between LXA₄ treated
13 and vehicle treated eyes (Figure 5B). This indicates that LXA₄ alone is not sufficient to reduce
14 IOP.

15
16 However, as LXA₄ has potent anti-inflammatory and proresolution activities (46, 53, 54), we
17 also profiled whether repeated treatment would alter inflammation signaling in outflow tissues.
18 Angle tissues were harvested from vehicle and LXA₄-treated rat eyes and subjected to a cytokine
19 panel of 30 mediators (Supplementary Table 2). Significantly altered cytokines were interleukin-
20 12 (IL-12; 12.60 vs 5.73 pg/mL, p=0.01), macrophage inflammatory protein-1α (MIP1α; 3.41 vs
21 2.75 pg/mL, p=0.04) and tumor necrosis factor-alpha (TNF-α; 7.55 vs 4.12 pg/mL, p=0.006),
22 whose levels were all significantly lower in LXA₄-treated eyes (Figure 5C-E). These results are

1 consistent with expected anti-inflammatory effects. In comparison, transforming growth factor-
2 β_3 (TGF- β_3) concentrations were significantly higher in LXA₄-treated eyes compared to vehicle-
3 treated eyes (15.79 vs 9.78 pg/mL, p=0.02; Figure 5F). TGF- β_3 is part of the TGF- β superfamily
4 of cytokines that promote extracellular matrix deposition and remodeling, and has been notably
5 linked to TM cells and glaucoma through an extensive literature (55-59).

6

7 *Prostaglandin synthesis is required for latanoprost IOP-lowering activity.*

8 As LXA₄ did not mediate acute IOP-lowering, we wondered whether this component of
9 latanoprost activity might be generated by another branch of AA metabolism to generate an
10 autocrine cycle of prostaglandin synthesis. Therefore, we sought to block prostaglandin
11 production in the context of latanoprost treatment. The two COX enzymes, COX-1 and COX-2,
12 catalyze the formation of prostaglandins from AA (60). Bromfenac preferentially inhibits COX-
13 2, although it also targets COX-1, and demonstrates potent anti-inflammatory effects by blocking
14 prostaglandin synthesis (61). Bromfenac is widely used in the eye after cataract surgery to
15 decrease the risk of cystoid macular edema secondary to ocular inflammation (62). Rat eyes were
16 treated with topical bromfenac daily for two days before initiating daily latanoprost eye drops for
17 one week. In select groups bromfenac administration was continued during the seven days of
18 latanoprost treatment (Figure 6A). Lipidomic analyses of angle tissues showed strong inhibition
19 of prostaglandin synthesis by bromfenac (Figure 6B). Upon IOP measurement, eyes treated with
20 bromfenac alone showed no IOP change compared to vehicle. As expected, treatment with
21 latanoprost alone significantly lowered IOP. However, eyes treated with both bromfenac and
22 latanoprost exhibited a significantly reduced IOP decrease compared to latanoprost alone (Figure
23 6C). Quantification of average IOP between days 2-7 (when latanoprost showed maximal IOP

1 lowering), revealed a significant difference between latanoprost treatment alone, and cotreatment
2 with bromfenac and latanoprost ($p < 0.001$, Figure 6D). These findings indicate that synthesis of
3 endogenous prostaglandins is required for full IOP-lowering actions of latanoprost.

4

5 **DISCUSSION**

6 The production and roles of lipid mediators derived from PUFA through the LOX and COX
7 pathways remain surprisingly unexplored in glaucoma patients. In our study, aqueous humor
8 lipidomic analyses of COX and LOX derived mediators showed a strong and selective
9 upregulation of the AA-LXA₄ pathway in glaucoma patients compared to non-glaucomatous
10 controls. This was a strikingly selective upregulation, considering the panel of 40 mediators and
11 intermediates assessed, including the ω -3 substrates DHA and EPA, along with a variety of
12 active metabolites. This robust increase in LXA₄ production in patients was surprising, given its
13 established protective and anti-inflammatory actions. Yet, LXA₄ formation can be promoted
14 pharmacologically in other contexts (33-38). Since all glaucoma patients included in this study
15 were unavoidably taking topical IOP lowering medications, including prostaglandin mimetics,
16 we evaluated their direct effect on the AA-LXA₄ pathway. Together, our results indicate that
17 latanoprost induces a dose-dependent increase in LXA₄ production *in vitro*, and *in vivo*. This
18 result is supported by an early study in human blood leukocytes that had reported the ability of
19 another prostaglandin, PGE₂, to induce lipoxin formation *de novo* by regulating 15-LOX
20 expression (51). In contrast, elevated IOP alone did not activate this pathway *in vivo*. Exogenous
21 LXA₄ in turn had no acute effect on IOP, but strongly inhibited proinflammatory cytokines and
22 stimulated production of TGF- β ₃. In a parallel pathway, COX-mediated prostaglandin synthesis

1 was required for the acute IOP-lowering effects of latanoprost. Together, these results suggest a
2 new model for parallel acute and long-term latanoprost mechanisms that can be uncoupled to
3 involve either prostaglandin or lipoxin actions, respectively (Figure 7).

4

5 Prostaglandin analogues are widely used as the first-line treatment for open-angle glaucoma due
6 to their once-daily dosing regimen and substantial IOP reduction (6-8, 63). In fact, latanoprost
7 alone is one of the most commonly prescribed medications, with nearly 10 million prescriptions
8 in the U.S. in 2021 (<https://clincalc.com/DrugStats/Drugs/Latanoprost>). Yet, as a class the
9 mechanisms underlying these drug actions are still unclear. Latanoprost is an analogue of $\text{PGF}_{2\alpha}$,
10 with an isopropyl ester substituent replacing the α -carboxylic acid. It is thought to lower IOP by
11 increasing the outflow of aqueous humor through the uveoscleral (10) and trabecular meshwork
12 pathways (64, 65). The established mechanism of action of latanoprost involves binding to a G-
13 protein coupled FP receptor, which is expressed in the ciliary muscle and the trabecular
14 meshwork of the eye (12). Traditionally, activation of the FP receptor by prostaglandin $\text{F}_{2\alpha}$
15 analogues is thought to stimulate phospholipase A2, resulting in the release of arachidonic acid
16 (AA) and subsequent synthesis of endogenous prostaglandins, including PGE_2 . Production of
17 PGE_2 induces cAMP that promotes smooth muscle relaxation to enhance aqueous humor outflow
18 and reduce IOP. Short-term treatment in primates with $\text{PGF}_{2\alpha}$ results in rapid IOP reduction, and
19 normalization after cessation of treatment (66-68). We observed some increased prostaglandin
20 synthesis following latanoprost treatment. Also, inhibition of endogenous prostaglandin
21 production by blocking COX activity significantly reduced the acute IOP actions of latanoprost.
22 These results are consistent with a pseudo-autocrine loop contributing to acute IOP lowering, as
23 previously proposed (69). Accordingly, caution has been suggested when prescribing topical

1 NSAIDs to glaucoma patients using prostaglandin analogues (70), although conflicting results
2 have also been reported (71), and our results suggest more research in this area is needed.

3

4 In addition to mediating acute, but transient, IOP-lowering activities, increasing evidence
5 describes how prostaglandin analogues also remodel the extracellular matrix of the trabecular
6 meshwork and ciliary body. This activity occurs via secretion of MMPs-1, 2, 3 and 9, increasing
7 the permeability of these tissues to aqueous humor (16, 72). Interestingly, long-term treatment
8 with these agents results in long-lasting IOP reduction that persists even after treatment is
9 stopped (17, 73), which has been partially attributed remodeling in the ciliary body (13, 15). In
10 some patients, treatment with prostaglandin analogues resulted in lowered IOP which persisted
11 even months after cessation of treatment (17). Recently, Park *et al.* reported decreased anterior
12 scleral thickness following prostaglandin analogue treatment, which was linked to a similar
13 mechanism (74). Yet, the mechanism of action that directs this tissue remodeling pathway is not
14 well understood (15). Our results indicate that treatment with latanoprost upregulates 5- and 15-
15 LOX, resulting in increased synthesis of LXA₄. Supplementation of LXA₄ resulted in a marked
16 anti-inflammatory effect and increased production of TGF-β₃, which has been directly linked to
17 trabecular meshwork remodeling (55, 75, 76). Thus, this work has identified a novel branch of
18 the latanoprost signaling mechanism that explains its biochemical connection to ECM
19 remodeling and provides a new link to inflammation resolution (Figure 7).

20

21

1 Interestingly, similar to latanoprost, Timolol also induced upregulation of PLA₂, 5-LOX and 15-
2 LOX *in vitro*, with increased synthesis of AA and LXA₄. Beta adrenergic antagonists act
3 primarily through decreased cytosolic cAMP levels and altered calcium signaling (77).
4 Activation of the AA-LXA₄ pathway requires calcium signaling, which may partially explain the
5 unexpected actions of timolol. However, these timolol results were not repeated in rat eyes *in*
6 *vivo*. Timolol canonically reduces IOP by decreasing aqueous humor secretion (78), but recently
7 has also been reported to reduce aqueous outflow facility in healthy human eyes through an
8 unknown mechanism (79). Upregulation of AA and its downstream mediators by timolol
9 suggests a potential common or interacting mechanism of action with latanoprost. Yet, the
10 detailed interactions that mediate these effects will require further clarification.

11

12 In summary, although their use is widespread, the molecular mechanisms underlying the actions
13 of prostaglandin analogues in the eye have remained unclear. We report an upregulation of AA-
14 LXA₄ induced by latanoprost that may explain long-term effects. Given the well-established pro-
15 inflammatory roles of PGF₂α (80), this unanticipated pathway results in pro-resolving, anti-
16 inflammatory and remodeling changes in the outflow tissues that can be uncoupled from its acute
17 IOP-lowering effects. The roles of AA and its LOX products have not been explored before in
18 the context of glaucoma and IOP lowering. Therefore, these insights may provide a foundation
19 for investigating new ocular hypotensive therapeutic targets with sustained anti-inflammatory
20 and remodeling actions. Finally, our findings also suggest a note of caution to carefully interpret
21 similar patient biomarker studies to distinguish observations due to the disease process itself
22 from changes resulting from treatments.

23

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18

19

1 **TABLES**

2

3 **Table 1:** Primers used for Reverse Transcription-Quantitative Polymerase Chain Reaction (RT-
4 qPCR)

Gene	Forward	Reverse
ALOX5	5'-TGTTCCCATGCCATCCAG-3'	5'-CACCTCAGACACCAGATGCG-3'
ALOX15	5'-GGAGCCTTCCTAACCTACAGC-3'	5'-CTCACGATTCCTTCCACATACC-3'
PLA2G2A	5'-CATGGCCTTTGGCTCAATTCAGGT-3'	5'-AGGCTGGAAATCTGCTGGATGTCT-3'
PTGS2	5'-ATATGTTCTCCTGCCTACTGGAA-3'	5'-GCCCTTCACGTTATTGCAGATG-3'
PTGDS	5'-CGGCTCCTACAGCTACCG-3'	5'-CAGCGCGTACTGGTCGTA-3'
GAPDH	5'-CAGCCTCAAGATCATCAGCA-3'	5'-TTCTAGACGGCAGGTCAGGT-3'

5

6

1 **Table 2 :** Demographics of enrolled patients. There was no significant difference between the
2 two groups for age and sex. IOP was similar between the two groups as advanced glaucomatous
3 eyes were treated medically to achieve a low target pressure. The cup-to-disc ratio was higher for
4 glaucomatous eyes, reflective of the advanced disease stage.

	Glaucoma	Control	p value
Number of eyes (patients)	16 (15)	18 (15)	--
Age	68.7 ± 6.4 years	71.0 ± 4.7 years	0.25
Sex	9 males, 7 females	6 males, 12 females	0.3
Intraocular pressure	14.1 ± 3.1 mmHg	15.2 ± 1.6 mmHg	0.24
Cup-to-disc ratio	0.9 ± 0.1	0.3 ± 0.1	<0.001

5

6

1 FIGURE LEGENDS

2

3 **Figure 1: The arachidonic acid-lipoxin pathway is specifically elevated in glaucomatous**
4 **aqueous humor. (A)** Representative OCT scans from a control patient showing healthy RNFL
5 and optic nerve head in both eyes. **(B)** Representative OCT scans from a glaucomatous patient
6 showing significant superior and inferior RNFL thinning in the right eye and superior RNFL
7 thinning in the left eye. **(C-F)** Lipidomic analysis of mediators and metabolites from
8 glaucomatous and healthy aqueous humor showed significantly elevated concentrations of **(C)**
9 AA and **(D)** LXA₄. **(E)** In comparison 13-HODE was detected at significantly lower levels in
10 glaucomatous aqueous humor. **(F)** 12-HEPE levels were significantly elevated in the glaucoma
11 group, though statistically driven by only four samples (p values are indicated, bars are SE). **(G-**
12 **H)** Concentrations of additional analytes detected in human aqueous humor samples included
13 **(G)** PGD₂, **(H)** PGE₂, **(I)** DHA, and **(J)** EPA. However, none of these differences reached
14 statistical significance. (For all charts p values are indicated, bars are SE). (OD; right eye, OS;
15 left eye, RNFL; retinal nerve fiber layer).

16

17 **Figure 2: The AA-lipoxin circuit is induced by latanoprost and timolol treatment in**
18 **human trabecular meshwork cells. (A)** Graph representing the percentage of glaucoma patients
19 taking topical glaucoma eye drops, including prostaglandin analogues, beta blockers, carbonic
20 anhydrase inhibitors and alpha-2 adrenergic agonists. **(B)** Human trabecular meshwork cells
21 were treated with latanoprost (prostaglandin analogue), timolol (beta blocker), dorzolamide
22 (carbonic anhydrase inhibitor), brimonidine (alpha-2 adrenergic agonist), or vehicle for one hour
23 before collecting RNA for qPCR and conditioned media for lipidomic analyses. **(C)**
24 Quantification of qPCR results showed that treatment with latanoprost caused a significant, dose-
25 dependent upregulation of ALOX5, ALOX15, PLA2G2A and PTGDS expression. **(D)**
26 Lipidomic analyses of the culture media showed a significant increase in arachidonic acid and
27 LXA₄ levels with increasing latanoprost treatment. In addition, EPA and DHA substrate levels
28 were also significantly elevated by treatment compared to vehicle. (****p<0.0001, ***p<0.001,
29 **p<0.01, *p<0.05, ns; not significant, bars are SE) (AA; arachidonic acid, ALOX5;
30 arachidonate 5-lipoxygenase, ALOX15; arachidonate 15-lipoxygenase, DHA; docosahexaenoic
31 acid, EPA; eicosapentaenoic acid, LXA₄; lipoxin A₄, PLA2G2A; phospholipase A₂ group IIA,
32 PTGDS; prostaglandin D₂ synthase, PTGS2; prostaglandin-endoperoxide synthase 2
33 (cyclooxygenase-2), RQ; relative quantification).

34

35 **Figure 3: The AA-lipoxin circuit is not induced by ocular hypertension alone. (A)** Gradual
36 ocular hypertension (gOHT) was induced by a circumlimbal suture in six-week-old Long Evans
37 rats and maintained for 8-10 weeks before eyes were collected for lipidomic analyses. **(B)** As
38 expected, circumlimbal suturing induced a gradual increase in IOP, consistently exceeding 20
39 mmHg from weeks 3-5 post-suturing (*p<0.0001, bars are SE). **(C)** Lipidomic analyses detected
40 AA levels that were not significantly altered in the OHT group compared to control. **(D-F)**

1 Similarly, endogenous prostaglandins D₂ and E₂, and 6-keto-prostaglandin F_{1α} were detected, but
2 were not significantly altered by ocular hypertension alone (bars are SE). (PGD₂, prostaglandin
3 D₂; PGE₂, prostaglandin E₂).

4

5 **Figure 4: The LXA₄ pathway and cox pathways are induced by latanoprost treatment *in***
6 ***vivo*.** (A) Six-week-old Long Evans rats were administered topical latanoprost for 7 days,
7 followed by the analyses of angle tissues. (B) Concentrations of AA and DHA were slightly
8 reduced in latanoprost treated samples compared to vehicle (bars are composites of 8 samples).
9 (C) Elevated levels of LXA₄ were detected, along with several pathway intermediates and
10 products, including 12-HETE, 15-HETE, 17-HDHA, and 13-HODE (bars are composites of 8
11 samples). (C) Elevated cox pathway products were also detected, including PGE₂, PGD₂, PGF_{2α},
12 6Keto-PGF_{1α}, and TBX2 (bars are composites of 8 samples). (D) Levels of LTB₄ were sharply
13 reduced in latanoprost treated samples compared to vehicle (bars are composites of 8 samples).

14

15 **Figure 5: LXA₄ does not cause acute IOP-lowering, but inhibits proinflammatory cytokines**
16 **and induces production of TGF-β₃.** (A) Six-week-old Long Evans rats were treated with LXA₄
17 once daily for one week, and the eyes were collected for cytokine analyses of the angle tissues.
18 (B) Daily IOP measurements indicate that LXA₄ did not cause significant IOP changes compared
19 to vehicle treated controls (bars are SE). (C-F) At the end of the study angle tissue samples were
20 subjected to a panel of 30 cytokines, with those showing significant difference presented here.
21 There was a significant decrease in the levels of pro-inflammatory cytokines (C) IL-12, (D)
22 MIP-1α and (E) TNF-α, and (F) a significant increase in TGF-β₃ levels (p values indicated, bars
23 are SE). (IL-12p70; interleukin-12p70, MIP-1α; macrophage inflammatory protein-1 alpha,
24 TGF-β₃, transforming growth factor-beta₃, TNF-α; tumor necrosis factor-alpha).

25

26 **Figure 6: Prostaglandin synthesis is required for latanoprost acute IOP-lowering activity.**
27 (A) Six-week-old Long Evans rats were treated with the COX inhibitor, bromfenac, or vehicle
28 for 48 hours prior to starting concomitant latanoprost treatment over the next seven days. Both
29 treatments were administered once daily, with daily IOP monitoring. (B) Analyses of rat angle
30 tissues following administration of bromfenac (B) or vehicle (V) showed strong inhibition of
31 levels of the prostaglandins PGD₂, PGE₂, PGF_{2α}, and 6-keto-PGF_{1α} (bars are composites of 6
32 samples). (C) Bromfenac treatment alone had no effect on IOP, while latanoprost treatment
33 caused a rapid and sustained IOP reduction. When administered together, bromfenac treatment
34 attenuated the IOP-lowering activity of latanoprost (***p<0.001, *p<0.05 between latanoprost
35 and latanoprost + bromfenac, bars are SE). (D) Comparison of the average IOP from days 2 to 7
36 demonstrated significant attenuation of the IOP-lowering effect of latanoprost by bromfenac
37 (****p<0.0001, bars are SE). (COX; cyclooxygenase).

38

1 **Figure 7: Flowchart depicting a proposed parallel AA-dependent drug mechanism. (A)** The
2 upregulation of PLA₂, 5-LOX and 15-LOX by latanoprost induces synthesis of LXA₄, resulting
3 in tissue remodeling and inflammation resolution to exert sustained IOP lowering effects. **(B)** In
4 concert, endogenous prostaglandins are generated via COX activity, resulting in acute IOP
5 lowering. (PGD₂; prostaglandin D₂, PGE₂; prostaglandin E₂, PGF_{2α}; prostaglandin F_{2α}).

6

Figure 1

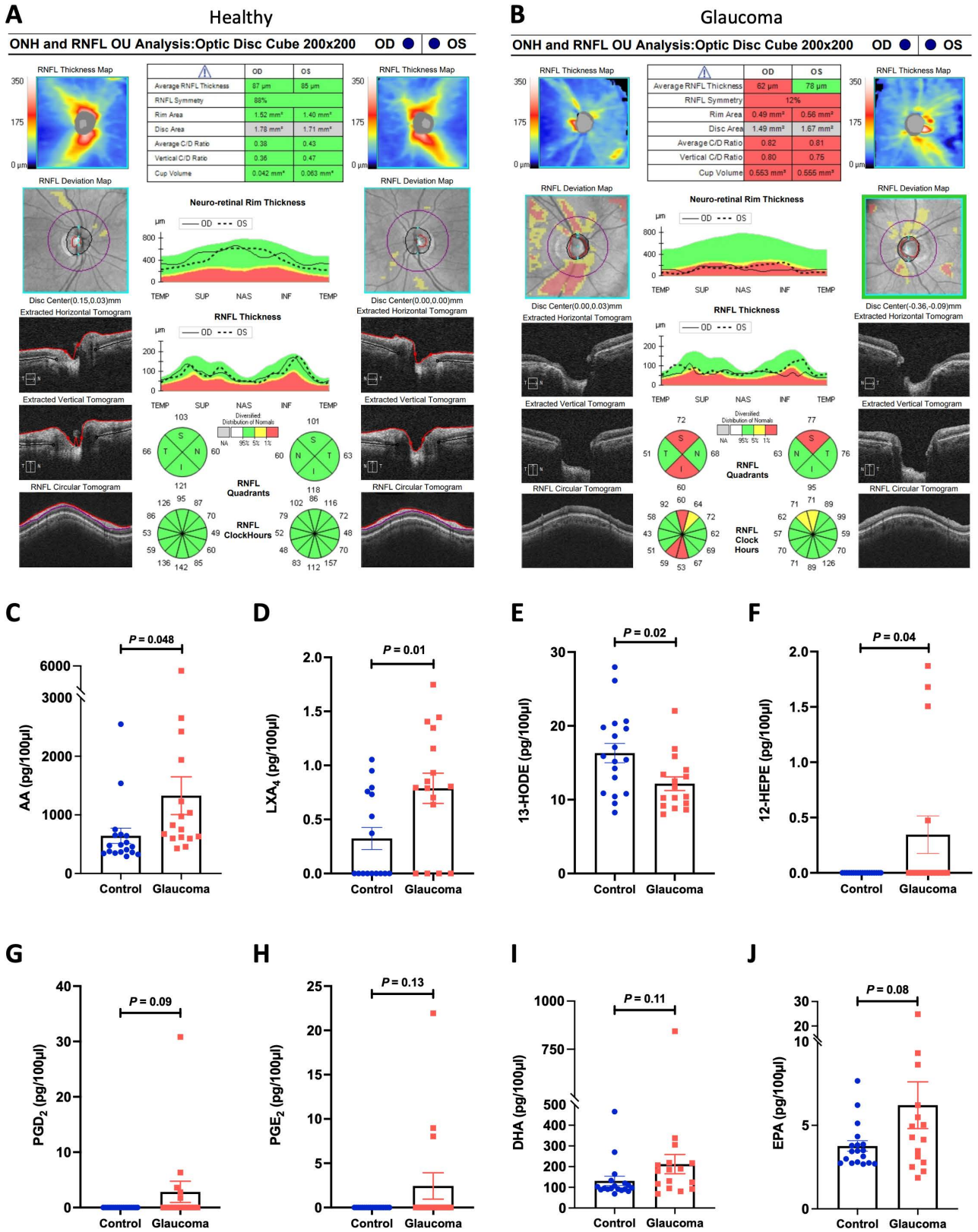


Figure 2

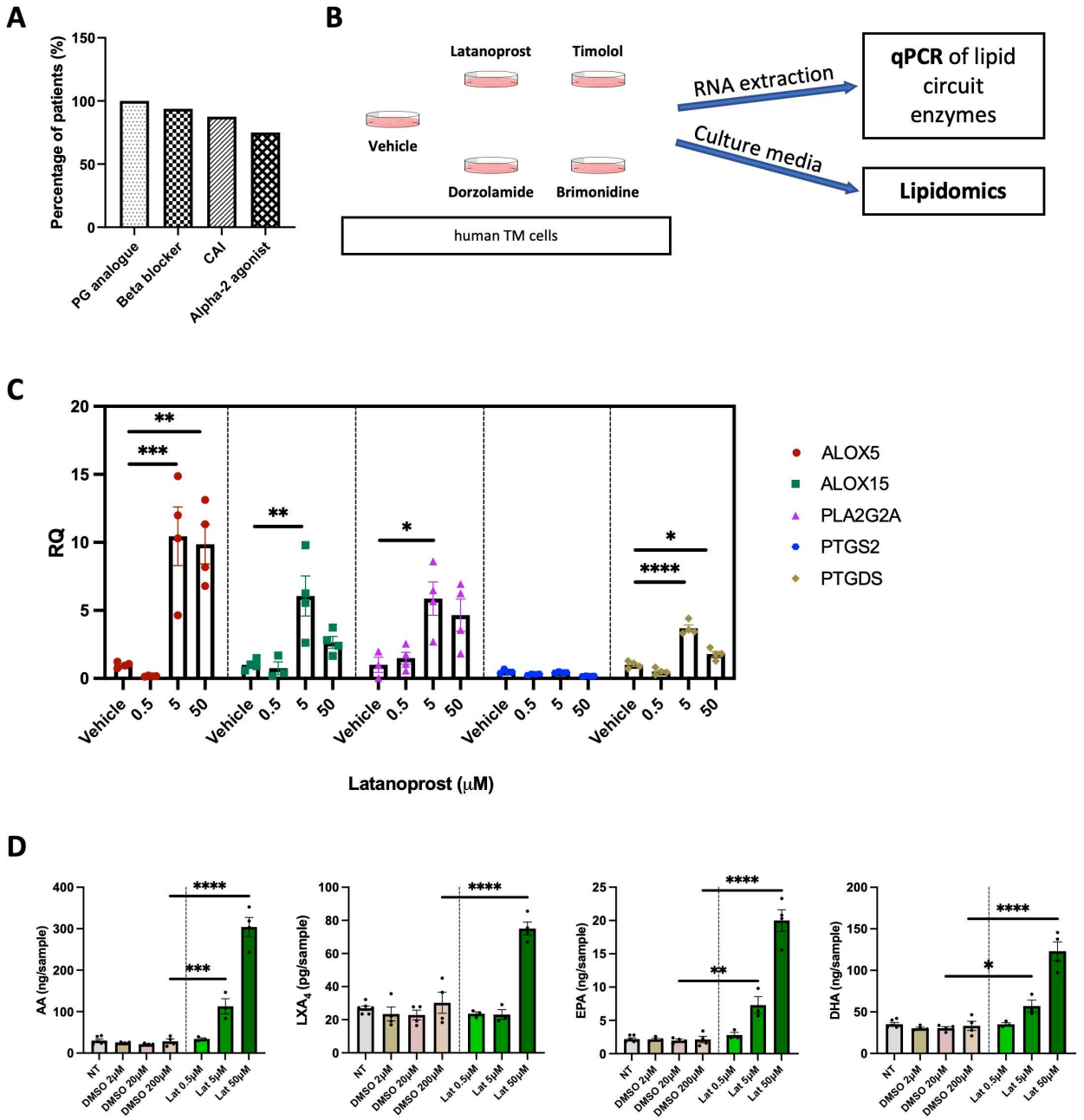


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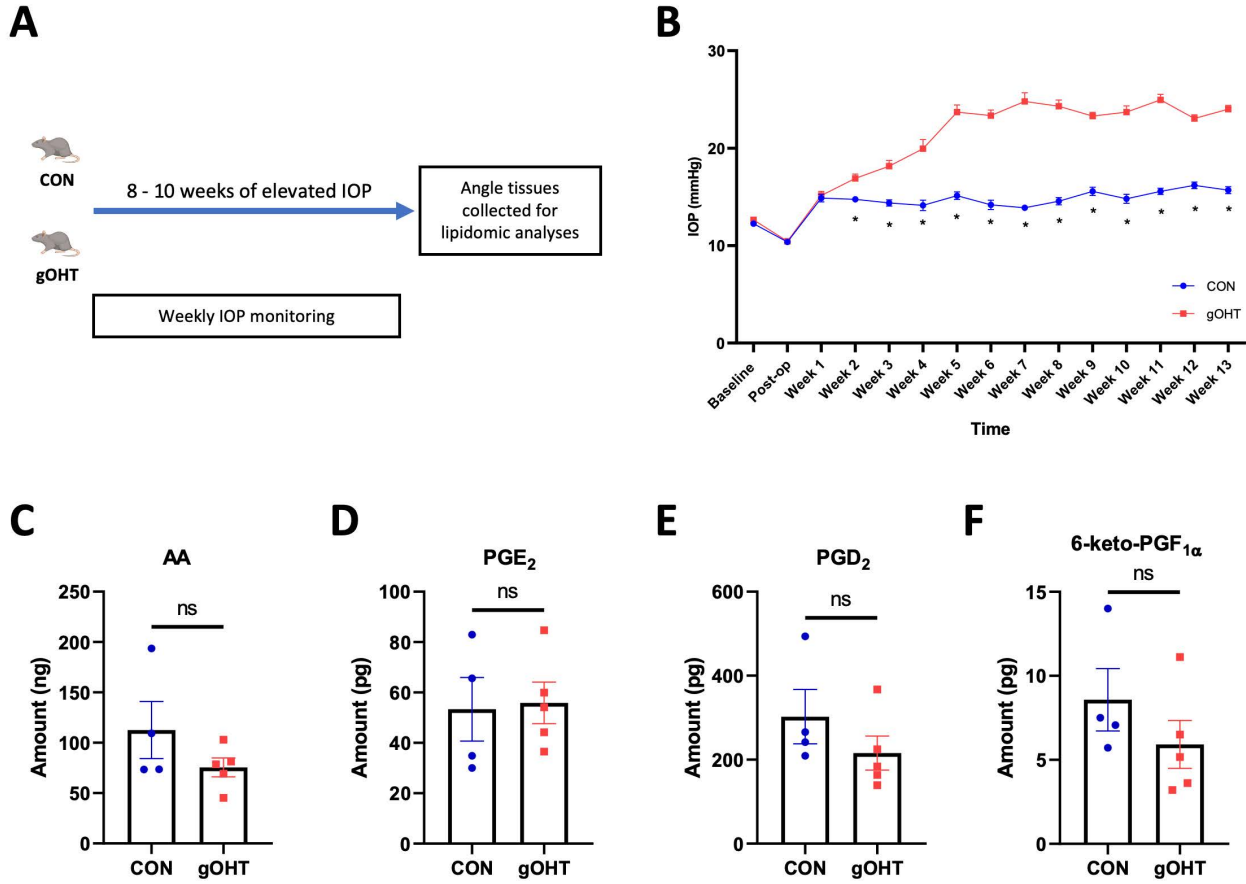


Figure 4

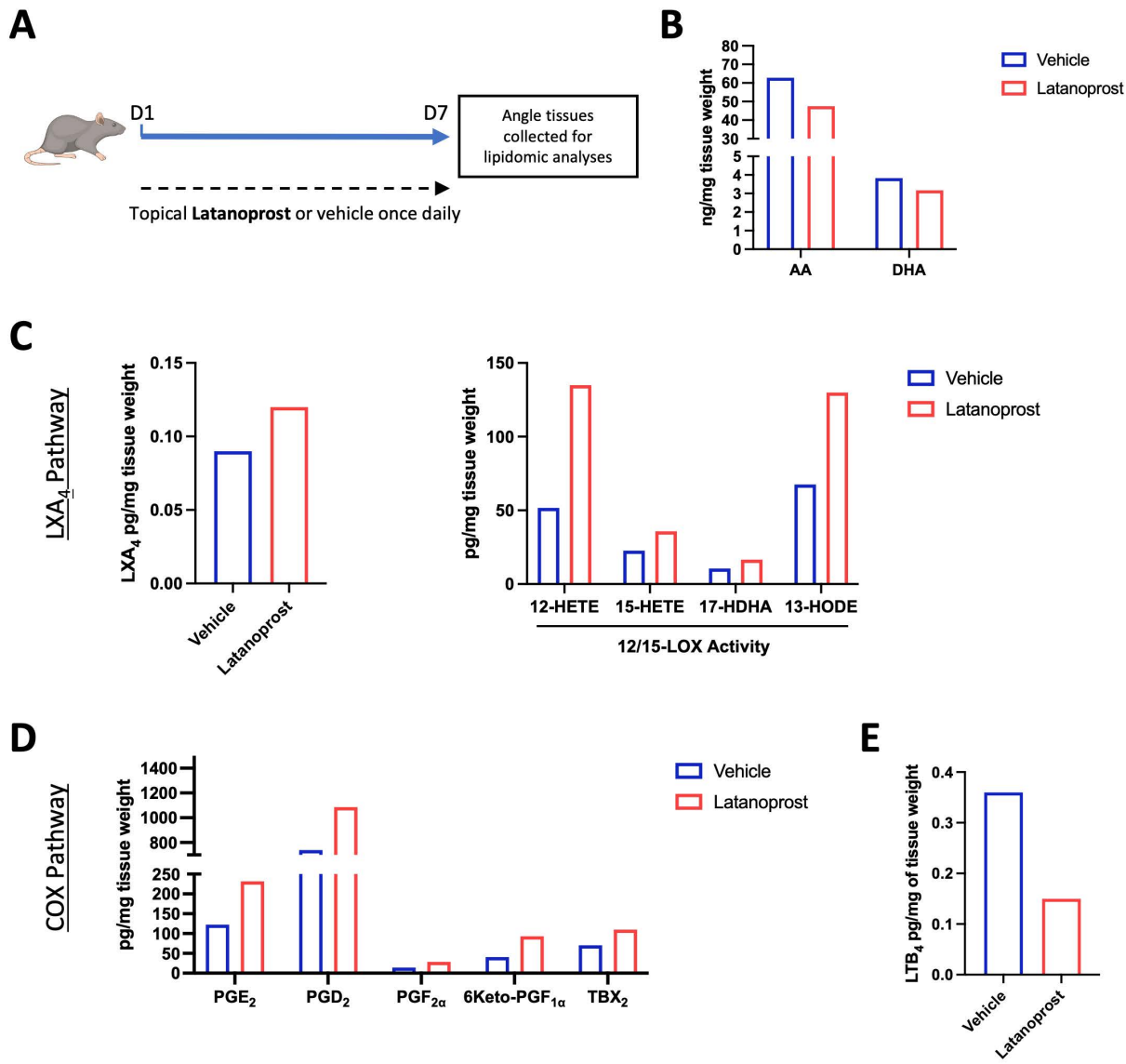


Figure 5

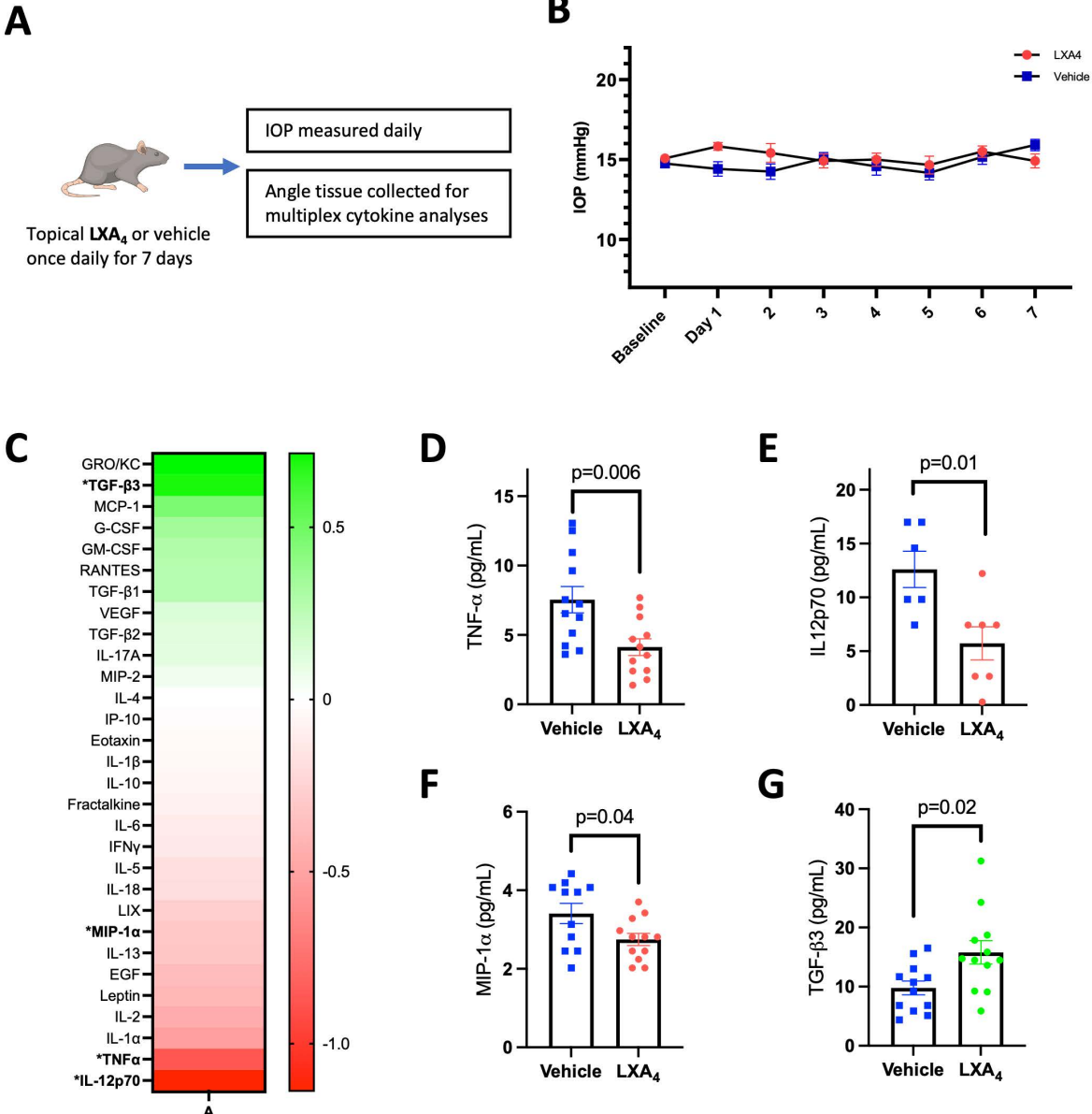
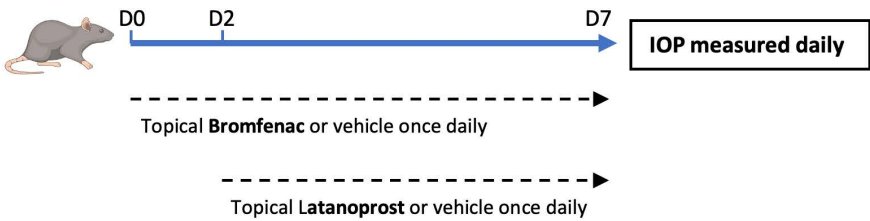
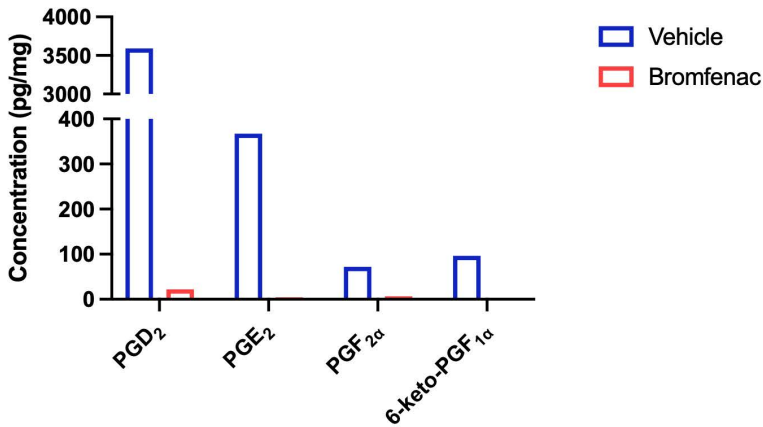


Figure 6

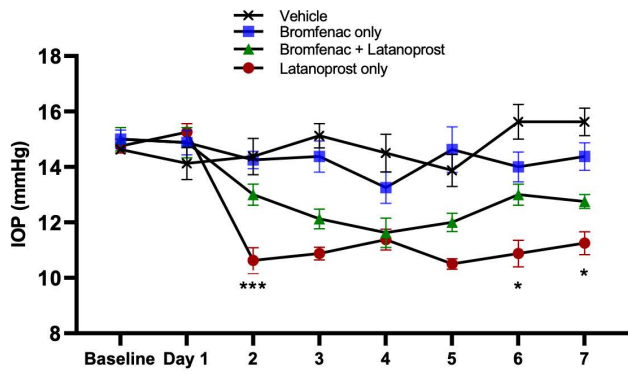
A



B



C



D

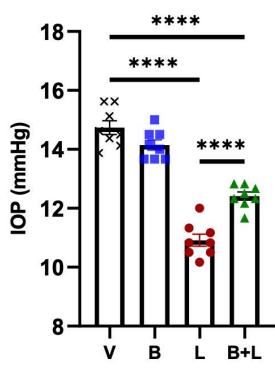


Figure 7

