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Acceptance of the COVID-19 vaccine based on the health belief model: a multicenter national survey among medical care workers in China

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ABSTRACT

Vaccine uptake rate is crucial for herd immunity. Medical care workers (MCWs) can serve as ambassadors of COVID-19 vaccine acceptance. This study aimed to assess MCWs' willingness to receive the COVID-19 vaccine, and to explore the factors affecting COVID-19 vaccination acceptance. A multicenter study among medical care workers was conducted in seven selected hospitals from seven geographical territories of China, and data were collected on sociodemographic characteristics, vaccine hesitancy, and health beliefs on COVID-19 vaccination among participants. Univariate and multivariate logistic regression models were performed to explore the correlations between individual factors and the acceptance of the COVID-19 vaccine. Among the 2681 subjects, 82.5% of the participants were willing to accept the COVID-19 vaccination. Multivariate regression analyses revealed that individuals with more cues to action about the vaccination, higher level of confidence about the vaccine, and higher level of trust in the recommendations of COVID-19 vaccine from the government and the healthcare system were more likely to get the COVID-19 vaccine. In contrast, subjects with higher level of perceived barriers and complacency were less likely to accept the COVID-19 vaccine. Overall, MCWs in China showed a high willingness to get the COVID-19 vaccine. The governmental recommendation is an important driver and lead of vaccination. Relevant institutions could increase MCWs' willingness to COVID-19 vaccines by increasing MCWs' perception of confidence about COVID-19 vaccines and cues to action through various strategies and channels. Meanwhile, it can also provide evidence in similar circumstances in the future to develop vaccine promotion strategies.

Introduction

Coronavirus disease 2019 (COVID-19) has caused a significant impact on the world and becomes a pandemic of international concern.¹ It is obvious that rapid and high vaccine uptake levels among various population are the immediate urgency to curb the COVID-19 epidemic.² To develop herd immunity, it is estimated that at least 85% of the population have to be vaccinated given the current COVID-19 vaccine efficacy.^{3,4} Updated in March 2022, 27 of 339 vaccine candidates have been put into production, and China has reported that a total of 3.1 billion doses of the COVID-19 vaccine have been administered for free.^{5,6}

Prevention and control of COVID-19 infection via vaccine programs depends not only on vaccine efficacy and safety, but also on vaccine acceptance among the general public.³ Public's vaccine acceptance is always influenced by many factors, and advice from medical professionals is often an important one, because medical care workers (MCWs) are an important source of information for vaccines and always serve as role models for the general population.^{7,8} Aside from the influence of healthcare providers vaccination behavior on others, the attitudes of healthcare providers toward vaccination have a powerful influence on the vaccination behavior of the public.⁹ However, the actual level of COVID-19 vaccine acceptance among MCWs remains unclear.

Vaccine hesitancy, a public health threat,^{10,11} has been regarded as one of the possible causes of declining vaccination coverage and increased outbreaks of vaccine-preventable diseases.¹² Although MCWs are at higher risk of contracting COVID-19 and other infectious diseases than the general population, previous studies showed a widespread vaccine hesitancy among them, including the hesitancy against COVID-19 vaccination.^{13,14} In addition, some MCWs still reported continuous negative beliefs on vaccines, despite their decision to receive the vaccine.¹⁵ Typically, some of them demonstrated their worries regarding its safety and longlasting side effects, and some even occurred clinical levels of negative symptoms of emotions related to the COVID-19

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ARTICLE HISTORY

Received 29 December 2021 Revised 5 May 2022 Accepted 9 May 2022

KEYWORDS

COVID-19; vaccination; medical care works; health belief model; acceptance vaccination.^{13,16} Therefore, vaccine hesitancy among MCWs can have widespread negative impact,^{17–21} which can reduce their own vaccination rates and even affect vaccine acceptance in the general population.

It is full of meanings to investigate the rate of COVID-19 vaccine acceptance, and to explore the relevant factors about the acceptance. Numerous studies showed the effectiveness of intervention targeting health belief model (HBM) constructs on increasing the uptake of vaccine.²²⁻²⁴ Therefore, based on HBM, we assessed the MCWs' acceptance and influencing factors of getting COVID-19 vaccines in the context of the COVID-19 pandemic. This study was the first large-scale, multi-center, cross-sectional survey during the early phase of the available COVID-19 vaccine, presenting the vaccine uptake intention of the COVID-19 vaccine among MCWs in China. The findings will be helpful for policy makers to make effective rules and develop appropriate interventions on vaccines promotion during the epidemics.

Methods

Study design and participants

A multicenter, cross-sectional, population-based online survey among MCWs was conducted using a self-administered questionnaire via an investigation platform named Wenjuanxing from January 4 to 1 May 2021. Snowball convenient sampling was utilized to recruit MCWs from selected hospitals in seven cities (from Henan Province, Sichuan Province, Shandong Province, Guangdong Province, Inner Mongolia, Xinjiang Uygur Autonomous Region, and Liaoning Province, respectively) located in seven geographical territories of China. The sample size was calculated using a margin of error of 5%, a confidence level of 95%, a response rate of 50%, and a previous estimate rate of COVID-19 vaccine acceptance of 67.8%, giving a minimum sample size of 671.^{25,26} The snowball sampling was used to recruit the potential study participants. We initially invited investigators from the seven cooperative institutions, and they distributed the questionnaire to the people meeting the inclusion criteria. Medical workers were recruited from hospital departments such as respiratory and critical care medicine, general surgery, and nephrology department. In contrast, hospital administrators who were lack of clinical experience were excluded from our study. The eligibility criteria included age more than or equal to 18 and an ability to read, understand and complete an online questionnaire. Those who were younger than 18, had barriers to using mobile phones or computers, or had cognitive impairment were excluded.

Measurements

Based on the previous studies on willingness of the COVID-19 vaccination,^{14,24,27,28} we specifically focused on the acceptance of the COVID-19 vaccine and its associated factors with health beliefs in this study. The survey questionnaire contained socio-demographic information, willingness to accept COVID-19 vaccine, the COVID-19 Vaccine Hesitancy Scale, questions based on HBM, and items about the trust. We also collected

information about vaccine-related events (public data and news) on the COVID-19 vaccine, including daily change of COVID-19 vaccination from the website of the National Health Commission of the People's Republic of China and information about COVID-19 vaccines on social media, from April 24 to May 11, in 2021.²⁹

Sociodemographic information

Sociodemographic variables included age, gender, living area, marital status, educational background, job status, annual household income, and attitudes toward the National Immunization Program (acceptance or rejection).

Willingness to accept COVID-19 vaccine

The willingness to accept COVID-19 vaccination was asked as: "Would you be willing to receive the COVID-19 vaccine?". The acceptance rate of the COVID-19 vaccine was defined as the proportion of participants who answered "yes" in this study. If the answer was "No" or "Not Sure", the reasons of unwillingness of COVID-19 vaccination will be further explored.

Health beliefs on COVID-19 infection and vaccination

HBM has been widely used in studies of vaccine uptake in China.^{24,27} Based on the principle of HBM and previous literature,^{24,27,28} we set 19 questions based on HBM. The HBM hypothesizes that susceptibility to disease, severe outcome, beneficial behavior, and few obstacles are positive factors that promote individuals to adopt disease-prevention behaviors, such as vaccination.³⁰ The following items were designed to explore related factors of getting the COVID-19 vaccine accordingly: (1) perceived susceptibility to COVID-19: "Do you agree that you will be probably infected with COVID-19 if you are not vaccinated against COVID-19?" "Do you agree that you will always be at high risk of getting COVID-19 if you are not vaccinated against COVID-19?" "Do you agree that your risk of suffering from COVID-19 will be reduced if you are vaccinated against COVID-19?" "Do you agree that the epidemic of COVID-19 can be limited if everyone is vaccinated against COVID-19?" (2) perceived severity of COVID-19 infection: "If you were infected with COVID-19, you would die." "If you were infected with COVID-19, you might die." "When you get COVID-19, your family's health may be at risk." "If you were infected with COVID-19, you will be at a greater risk of death." (3) perceived benefits to COVID-19 vaccination: "Getting COVID-19 vaccine can prevent the COVID-19 infection of my family members." "Getting COVID-19 vaccine can prevent economic losses caused by COVID-19 infection." "Getting COVID-19 vaccine can provide better protection against COVID-19." "Immunity from COVID-19 infection is better than immunity from COVID-19 vaccination." (4) perceived barriers to COVID-19 vaccination: "You are worried about serious side effects after being vaccinated against COVID-19." "It is not safe to get vaccinated against COVID-19." "If you get the COVID-19 vaccine, it could lead you to get COVID-19." "The epidemic of COVID-19 in China has been brought under control, so it is no longer necessary to be vaccinated against COVID-19." (5) cues to action of COIVD-19 vaccination: "If a doctor recommends you to get the COVID-19 vaccine, you will take it." "If you

don't see negative COVID-19 vaccine information, you will choose it." "If you receive enough information about the COVID-19 vaccine, you will take it."

These items mainly included perceptions of oneself and family members' COVID-19 susceptibility, perceived severity of COVID-19 infection, perceived barriers and benefits to COVID-19 vaccination (4 items each), and cues to action (3 items). Except for the dimension of cues to action, items from the other four dimensions are measured on a five-point Likert-type rating scale ranging from "strongly disagree" to "strongly agree" (1 = strongly disagree, 2 = disagree, 3 = neutral, 4 = agree, 5 = strongly agree). The dimension about cues to action contains three dichotomous questions. Disagree is equal to 0, and agree is 1. The Cronbach's a coefficient of the health belief model constructs was 0.827 for perceived susceptibility, 0.789 for perceived severity, 0.603 for perceived barriers, 0.625 for perceived benefits, and 0.525 for cues to action, respectively.

Vaccine hesitancy on COVID-19 vaccine

The COVID-19 Vaccine Hesitancy Scale (VHS) was composed of 6 items which were revised based on the previous studies, in which it was developed by Sandra.³¹ It was also used in a crosssectional study about the COVID-19 vaccine hesitancy in China.³² It has three dimensions: complacency refers to the belief that perceived risks of vaccine-preventable diseases are low and that vaccination is not a necessary preventive action; confidence refers to the trust in the effectiveness and safety of vaccines, the delivery system, and the motivations of vaccination policymakers; convenience refers to vaccine availability and accessibility.³³ The items of VHS were: (1) complacency: "Do you think the COVID-19 vaccine is not necessary?" "Do you think the COVID-19 vaccine is not important?" (2) confidence: "Do you think the COVID-19 vaccine is safe?" "Do you think the COVID-19 vaccine is effective?" (3) convenience: "Do you think the COVID-19 vaccination is convenient?" "Do you think the COVID-19 vaccine is affordable?" All items are measured on a five-point Likert-type rating scale ranging from "strongly disagree" to "strongly agree" (1 = strongly disagree to 5 = strongly agree). The Cronbach's α coefficient was 0.930 for complacency, 0.944 for confidence, and 0.864 for convenience, respectively.

Two items about trust related to the vaccine recommended by the government and healthcare system were also used, which was modified from the previous studies:^{24,34} "Do you want to get the COVID-19 vaccine recommended by the government?" "Do you trust the national healthcare system?" Each item is scored on a scale of 0 to 10. The Cronbach's α was 0.825.

Statistical analysis

Data analysis was performed by the Statistical Package for Social Sciences (SPSS) version 26 (IBM) and SPSS Amos version 23 (IBM). Pearson correlation analysis was employed to examine the correlation of HBM and VHS dimensions, using SPSS 26.0 software. To examine the structures in HBM and VHS as separate congeneric models, each of them was tested with maximum like-lihood confirmatory factor analysis (CFA) using AMOS 23.0 software. The structural validity of the model was evaluated by the model fit indices, including GFI, AGFI, TLI, CFI, RMSEA, SRMR; The discriminant validity of the model was evaluated by the

average variance extracted (AVE) method.³⁵ The outcome variable was a binary variable on willingness to accept the COVID-19 vaccination. Univariate and multivariate logistic regression models were performed to explore the associations between individual factors and the acceptance of the COVID-19 vaccine. In order to avoid potential impacts among parts,²⁴ we performed three independent multivariate logistic regression analyses with (1) HBM variables (Model A); (2) COVID-19 Vaccine Hesitancy Scale (Model B); and (3) the trust items (Model C). All *P* values <.05 were considered statistically significant.

Results

Study participants and characteristics

A total of 2681 medical care workers completed the questionnaire survey. Among the participants, 40.0% (1072) were doctors, and 40.1% (1075) were nurses. 72.1% were female (1932), 90% were from urban (2426), with a mean age of 36 years old (Table 1). The majority (72.2%) were married, and most had received education beyond secondary level (93.8%), including the graduated from senior high school and the vocational or technical college. 80.0% of the respondents (2145 employees) had ever accepted the National Immunization Program (Table 1).

Table 1. Sociodemographic characteristics and acceptance of COVID-19 vaccine among participants (N = 2681).

	Acceptance of COVID-19 vaccin							
_			No/Not					
	Α		Ye	es	su	ire		
 Demographic	n	%	n	%	n	%		
Total 2	2681	100.0	2213	82.5	468	17.5		
Age(years)								
18-24	288	10.7	243	84.4	45	15.6		
25-34	998	37.2	806	80.8	192	19.2		
35-44	825	30.8	680	82.4	145	17.6		
45-54	462	17.2	389	84.2	73	15.8		
55-64	80	3.0	72	90.0	8	10.0		
≥65	28	1.0	23	82.1	5	17.9		
Gender								
Male	749	27.9	645	86.1	104	13.9		
Female 1	932	72.1	1568	81.2	364	18.8		
Living area								
Urban 2	2426	90.5	2018	83.2	408	16.8		
Rural	255	9.5	195	76.5	60	23.5		
Marital status								
Unmarried	681	25.4	559	82.1	122	17.9		
Married 1	937	72.2	1600	82.6	337	17.4		
Divorce	52	1.9	43	82.7	9	17.3		
Widow	11	0.4	11	100.0	0	0.0		
Educational level								
High school degree or below	166	6.2	126	75.9	40	24.1		
Bachelor degree or associate degree 1	908	71.2	1571	82.3	337	17.7		
Master degree or above	607	22.6	516	85.0	91	15.0		
Job status								
Doctor 1	072	40.0	932	86.9	140	13.1		
Nurse 1	075	40.1	868	80.7	207	19.3		
Others*	534	19.9	413	77.3	121	22.7		
Annual household income								
¥40,000 or below	438	16.3	345	78.8	93	21.2		
¥50,000–100,000 1	244	46.4	1023	82.2	221	17.8		
¥110,000–350,000	924	34.5	779	84.3	145	15.7		
¥350,000 or above	75	2.8	66	88.0	9	12.0		
Attitudes toward the National								
Immunization Program								
Rejection	536	20.0	350	65.3	186	34.7		
Acceptance 2	2145	80.0	1863	86.9	282	13.1		

*Others: included researchers, ultrasound doctors, laboratory doctors, etc.

Figure 1. Reasons of unwillingness to accept COVID-19 vaccine (%, n = 468).

4 91%

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	Perceived susceptibility	Perceived severity	Perceived barriers	Cues to action	
Perceived susceptibilit	y 0.750				
Perceived severity	0.504**	0.790			
Perceived benefits	0.568**	0.372**	0.563		
Perceived barriers	-0.045*	0.151**	-0.180**	0.563	
Cues to action	0.204**	0.040*	0.297**	-0.291**	0.522

*p<.05; ***p* < .01; ****p* < .001; AVE: average variance extracted.

Willingness to accept COVID-19 vaccine

Overall, when asked whether they would "decide to receive the COVID-19 vaccine", 82.5% of all respondents (2213) said "yes", 1.5% (40) said "no", and 16.0% (428) were uncertain. The willingness of acceptance was 86.9% among doctors, 80.7% among nurses, and 77.3% among other medical staff (including researchers, ultrasound doctors, laboratory doctors, etc.), respectively. Male had a higher willingness of vaccination than female (86.1% vs. 81.2%). (Table 1)

In addition, we found that the main concern of those who were unwilling to accept COVID-19 vaccination was the side effects of the COVID-19 vaccine among them (70.3%); nearly half of them thought they were lack of reliable information on the COVID-19 vaccine; 40.0% MCWs refused or hesitated against the COVID-19 vaccination due to the news of sideeffect about vaccine from the media. (Figure 1).

Confirmatory factor analysis on HBM and VHS

20.00%

0.00%

Confirmatory Factor Analysis (CFA) was performed on HBM constructs and VHS to evaluate the validity of the model. The model fit indices in HBM were shown as follows: GFI = 0.942, AGFI = 0.918, TLI = 0.914, CFI = 0.932, RMSEA = 0.062, SRMR = 0.076; the model fit indices in VHS were GFI = 0.998, AGFI = 0.991, TLI = 0.998, CFI = 0.999, RMSEA = 0.030, SRMR = 0.003. To evaluate discriminant validity, the correlation of five dimensions in HBM was examined. When the square root of each factor's AVE is greater than the absolute value of the correlation of this factor and the other four factors, the model demonstrates discriminant validity. As shown in Tables 2 and 3, the diagonal elements in the correlation of factors matrix were the square root of AVE. All the diagonal elements were greater than the corresponding off-diagonal elements. Results of confirmatory factor analysis in HBM and VHS were shown in Figures 2 and 3.

Univariate associations of willingness to accept COVID-19 vaccine

In simple logistic regression analysis, males were more willing to be vaccinated compared to their female counterparts (p <.01). Apart from the acceptance rate (80.8%) among the group aged 25-34 years, those aged between 55-64 showed more willingness to be vaccinated compared to their lower age group with marginal significance (p < .05), and the acceptance rate was 90.0%. The acceptance rates exhibited an

43.16%

G

70.30%

Η



12.61%

D

12.61%

Е

F

B: Proportion of participants who were unwilling to accept vaccine due to negative experiences about vaccine.

C: Proportion of participants who were unwilling to accept vaccine due to its effectiveness.

D: Proportion of participants who were unwilling to accept vaccine due to its side effects.

E: Proportion of participants who were unwilling to accept vaccine due to scare from vaccine injection.

60.00% 40.60% 40.00%

8.97%

С

7 91%

В

80.00%

F: Proportion of participants who were unwilling to accept vaccine due to side news from media. G: Proportion of participants who were unwilling to accept vaccine due to lack of reliable information.

H: Proportion of participants who were unwilling to accept vaccine due to unsafety issues of COVID-19 vaccine.



Figure 2. Results of five-factor confirmatory factor analysis of HBM.

 Table 3. Correlation of variables and discriminant validity in VHS by AVE.

	Complacency	Confidence	Convenience
Complacency	0.934		
Confidence	-0.893***	0.945	
Convenience	-0.886***	0.929***	0.874

****p < .001; AVE: average variance extracted.

opposite S-shape among different age groups (Figure 4). Additionally, subjects living in urban, individuals with a bachelor's degree or above educational background, doctors, medium-to-high (¥110,000-350,000) level of annual household income, and participants with acceptance of the National Immunization Program were associated with higher willingness to accept the COVID-19 vaccine compared to their counterparts. Respondents who perceived higher susceptibility to COVID-19 infection and had more cues to action were significantly more likely to get the COVID-19 vaccine, whereas participants who perceived more barriers to the COVID-19 vaccine were less likely to express acceptance. Respondents with a high level of complacency about the COVID-19 vaccination were less likely to get the COVID-19 vaccine, whereas participants who had higher confidence about the COVID-19 vaccine were more likely to express



Figure 3. Results of three-factor confirmatory factor analysis of VHS.

acceptance. Individuals with a higher level of trust in the healthcare system and the COVID-19 vaccine recommended by the government were more likely to get the vaccine (Table 4).

Multivariate factors associated with the willingness to accept the COVID-19 vaccine

In Model A, perceived barriers (AOR = 0.875, p < .001) were maintained to be a negative factor associated with acceptance, while cues to action (AOR = 7.659, p < .001) were a significantly positive factor associated with acceptance. In Model B, confidence (AOR = 1.567, p < .001) was significantly associated with higher vaccine acceptance, while complacency (AOR = 0.828, p = .001) and convenience (AOR = 0.878, p= .041) maintained to be negative factors associated with acceptance. In Model C, trust in the COVID-19 vaccine recommended by the government (AOR = 1.494, p < .001) and the healthcare system (AOR = 1.147, p = .001) were positively associated with the COVID-19 vaccine acceptance (Table 5).

Vaccine-related events

A daily increase of COVID- 9 vaccination doses among the Chinese was observed from April 23 to May 12, in 2021 (Figure 5). We found that receiving information about the beneficial effect of the COVID-19 vaccine from WHO, authorities, and mass media with the news of potential threats in COVID-19 infection from surrounding countries could enhance the acceptance of COVID-19 vaccination.

Discussion

MCWs are considered the most trusted sources of vaccine-related information for the public.³⁶ They are in the best position to understand the public's attitude toward vaccination, to reflect their safety concerns, and to find ways of prompting vaccine acceptance.³⁶ The present study demonstrated a high vaccination acceptance rate (82.5%) of the COVID-19 vaccine among Chinese MCWs. This figure is substantially higher in comparison to previous studies of other countries conducted among MCWs in the



Figure 4. Acceptance rate of COVID-19 vaccine (%) by age groups (years) among medical care workers in China.

Table 4. Factors associated	with acceptance of	COVID-19 vaccine by	simple	logistic	regression	analysis

Factors		n Acceptance of COVID-19 vaccine %		959	р	
Age						
18-44	1286	81.6%	Reference			
45-54	1287	83.1%	1.108	0.905	1.357	.322
54 above	108	88.0%	1.651	0.909	2.998	.099
Gender						
Male	749	86.1%	Reference			
Female	1932	81.2%	0.695	0.548	0.880	.003
Living area						
Urban	2426	83.2%	Reference			
Rural	255	76.5%	0.657	0.483	0.894	.008
Marital status						
Unmarried	681	82.1%	Reference			
Married	1937	82.6%	1.036	0.825	1.302	.760
Widowed or divorced	63	85.7%	1.309	0.630	2.724	.471
Educational level						
High school degree or below	166	75.9%	Reference			
Bachelor degree or associate degree	1908	82.3%	1.480	1.017	2.153	.040
Master degree or above	607	82.5%	1.800	1.183	2.739	.006
Job status						
Doctor	1072	86.9%	Reference			
Nurse	1075	80.7%	0.630	0.499	0.796	<.001
Others**	534	77.3%	0.513	0.392	0.671	<.001
Annual household income						
¥40,000 or below	438	78.8%	Reference			
¥50,000–100,000	1244	82.2%	1.248	0.951	1.637	.110
¥110,000–350,000	924	84.3%	1.448	1.084	1.935	.012
¥350,000 or above	75	88.0%	1.977	0.950	4.115	.068
Attitudes toward the National Immunization Program						
Rejection	536	65.30%	Reference			
Acceptance	2145	86.85%	3.511	2.825	4.364	<.001
HBM						
Perceived susceptibility			1.050	1.002	1.100	.042
Perceived severity			1.009	0.965	1.055	.691
Perceived benefits			1.028	0.969	1.089	0.361
Perceived barriers			0.867	0.827	0.910	<.001
Cues to action			7.478	6.133	9.117	<.001
Vaccine hesitancy						
Complacency			0.835	0.748	0.932	.001
Confidence			1.614	1.424	1.829	<.001
Convenience			0.885	0.784	0.998	.047
Trust						
Trust in the COVID-19 vaccine recommended by the government			1.499	1.396	1.610	<.001
Trust in healthcare system			1.175	1.092	1.264	<.001

*COR: crude odds ratio; **others: included researchers, ultrasound doctors, laboratory doctors, etc.

	Та	bl	e 5	.	Factors	associated	l with	n acceptance	of	COVID-	19	vaccine	by	mu	ltivariate	log	gistic	rec	ress	sior
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		Acceptance of		Mode	IA			Mode	I B			Mode	I C	
		COVID-19										95%		
Factors	n	vaccine %	AOR*	95%	6 CI	р	AOR	95%	6 CI	р	AOR	CI		р
Age														
18-44	1286	81.6%	Reference				Reference				Reference			
45-54	1287	83.1%	0.785	0.568	1.084	.142	0.930	0.707	1.224	.606	0.745	0.559	0.991	.043
54 above	108	88.0%	2.782	1.188	6.516	.018	1.517	0.763	3.015	.234	1.104	0.539	2.263	.787
Gender														
Male	749	86.1%	Reference				Reference				Reference			
Female	1932	81.2%	0.751	0.532	1.061	.104	0.772	0.581	1.025	.074	0.838	0.627	1.119	.230
Living area														
Urban	2426	83.2%	Reference				Reference				Reference			
Rural	255	76.5%	1.171	0.735	1.866	.507	0.814	0.550	1.205	.304	0.834	0.561	1.241	.371
Marital status														
Unmarried	681	82.1%	Reference				Reference				Reference			
Married	1937	82.6%	0.877	0.602	1.278	.496	0.783	0.571	1.075	.130	0.818	0.590	1.135	.229
Widowed or divorced	63	85.7%	0.780	0.300	2.024	.609	0.770	0.340	1.744	.532	0.741	0.325	1.691	.477
Educational level														
High school degree or below	166	75.9%	Reference				Reference				Reference			
Bachelor degree or associate degree	1908	82.3%	1.377	0.785	2.416	.264	1.102	0.691	1.756	.683	0.992	0.616	1.600	.975
Master degree or above	607	82.5%	1.101	0.565	2.146	.777	1.023	0.587	1.782	.937	0.961	0.544	1.697	.891
Job status														
Doctor	1072	86.9%	Reference				Reference				Reference			
Nurse	1075	80.7%	0.777	0.529	1.140	.197	0.639	0.464	0.881	.006	0.676	0.487	0.939	.020
Others**	534	77.3%	0.710	0.462	1.093	.120	0.520	0.365	0.741	.000	0.555	0.386	0.798	.001
Annual household income														
¥40,000 or below	438	78.8%	Reference				Reference				Reference			
¥50,000-100,000	1244	82.2%	0.863	0.592	1.257	.443	1.088	0.790	1.499	.605	1.223	0.881	1.698	.228
¥110,000-350,000	924	84.3%	0.940	0.618	1.430	.773	1.170	0.820	1.669	.385	1.274	0.887	1.829	.190
¥350,000 or above	75	88.0%	1.361	0.521	3.553	.529	1.481	0.656	3.344	.344	1.635	0.718	3.722	.241
Attitudes toward the														
National Immunization														
Program														
Rejection	536	65.30%	Reference				Reference				Reference			
Acceptance	2145	86.85%	2.569	1.912	3.450	<.001	3.013	2.376	3.821	<.001	2.825	2.212	3.608	<.001
НВМ														
Perceived susceptibility			1.045	0.996	1.097	.075								
Perceived severity			1.016	0.971	1.063	.499								
Perceived benefits			1.028	0.968	1.092	.365								
Perceived barriers			0.875	0.833	0.920	<.001								
Cues to action			7.659	6.218	9.434	<.001								
Vaccine hesitancy														
Complacency							0.828	0.739	0.929	.001				
Confidence							1.567	1.376	1.784	<.001				
Convenience							0.878	0.774	0.995	.041				
Trust														
Trust in the COVID-19											1.494	1.389	1.608	<.001
vaccine recommended by														
the government														
Trust in healthcare system											1.147	1.063	1.237	.001
AOR: adjust odds ratio: **oth	ers: inc	luded researcher	s, ultrasoun	d docto	rs, labo	ratorv doc	tors, etc.							

same period.^{37–39} Also, the acceptance rate among MCWs in this study was much higher than in two studies among nurses in Hong Kong (40.0% and 63.0%), among doctors in Israel (78.1%), and DRC (27.7%) in the early stage of the pandemic in 2020. This highlighted the increasing risk perception of the medical care workers during the pandemic and their need for protective measures. While the intention is a crucial driver of the uptake of health behaviors, vaccination intention is likely to be greater than actual vaccine uptake.⁴⁰ Therefore, it is important to identify factors associated with vaccination intention to support adjustment of policy and communications when we face the low uptake rate and COVID-19 vaccine hesitancy. From the current survey among MCWs, we found the proportion of MCWs indicating acceptance of COVID-19 vaccine was lower than the rate among the Chinese general public in June 2020,⁴¹ and the acceptance rate

among the general public in the same study (data not tabulated). This issue is still alarming due to the front-line position of MCWs in fighting the COVID-19 pandemic over the world.^{21,36,42}

Most of the HBM constructs were significantly associated with vaccine acceptance.^{21,24,43} In this study, the five dimensions of HBM provided a framework for assessing MCWs' intention for COVID-19 vaccines. Most constructs in HBM were significantly associated with vaccination intentions. In particular, cues to action played a significant role in vaccination promotion and the result was generally consistent with previous studies in China.^{21,43} Qin et al. found that high cues to action were proved to have the most significant effect on vaccination willingness [(COR = 61.28, 95% CI: 32.17-116.72); (AOR = 23.66, 95% CI: 9.97-56.23)].⁴³ The major influencers of cues to action were WHO, vaccine scientists,



Figure 5. Trends of daily increase of COVID- 9 vaccination doses and the vaccine-related events over time in 2021, China.

and the media.^{44,45} For instance, when WHO announced that the Sinovac vaccine was authorized for emergency use, the number of people vaccinated had risen dramatically (Figure 5). By contrast, the spread of misinformation and conspiracy theories, which are closely associated with distrust in science, drives people's tendency to disobey vaccination requirements.⁴⁵ Therefore, by eliminating misinformation and promoting correct information about the vaccine, the government's regulatory capacity and credibility will play a more positive role in vaccinations. The current study and previous ones also found that participants who perceived susceptible to COVID-19 were significantly more likely to accept the vaccine.^{21,24,43} For example, people would get vaccinated to protect themselves before traveling on holiday (Figure 5).

From VHS, we found confidence in the vaccine made significant contributions to vaccination acceptance among MCWs, which was also shown in previous studies.³¹ Confidence in vaccines depends on trust in health care professionals, the healthcare system, science, and on socio-political context.⁴⁶ The current study also found that participants who trusted in the COVID-19 vaccine recommended by the government and the healthcare system were more likely to accept the COVID-19 vaccine. Therefore, in order to increase vaccine confidence, it is important to increase the trust in the government as well as in the healthcare system, which can further enhance their vaccine acceptance. However, the COVID-19 vaccine was often believed different from other "old" vaccines due to the lack of vaccine information from the authority, and the COVID-19 vaccines were produced rapidly in a short period of time after the outbreak. Due to numerous vaccine manufacturers emerged,¹⁴ potential vaccine recipients were more likely to doubt the vaccine, which could compromise their vaccination rate.²⁴ Moreover, previous studies showed a significant relationship between mass media and public doubts about vaccine safety and they also showed a substantial relationship between foreign disinformation campaigns and declining vaccination rates.^{12,42,47} To solve these doubts and concerns, scientific researches and expertise about vaccines play an important role.48 Government should proactively provide information about their selected vaccine via related vaccine scientists to break this barrier. According to other former studies, it showed that trust in science should be considered as a necessity as soon as a vaccine becomes available.^{16,49} However, scientific evidence is sometimes uncertain and often discordant, and this may change the public perception of scientific knowledge for a long time.⁵⁰ Therefore, the shift in trust is important to be considered in dealing with the low acceptance issues. Based on previous research, it seems useful that the impact of political orientation, trust in science/scientists, transparency of relevant information and vaccine-related information from the national center for disease control could buffer the drivers of hesitancy and enhance the trust of the public in vaccination.^{36,51-54}

The age-acceptance curve exhibited an opposite S shape showing gradually with age. The higher level of vaccine acceptance among the youngest adult group aged 18–24 years could be interpreted by the experience that they have better exposure to vaccine education and received free vaccines under the National Immunization Program since they were born.⁵⁵ The lowest level of vaccine willingness among the group aged 25-34 years might be attributed to married people of reproductive age, who are facing pregnancy or pregnant. In addition, compared with the doctors, the nurses also showed a weaker intention to take the COVID-19 vaccine. Since most nurses are women, pregnancy concerns could be the main reasons they hesitated to get the vaccine.²⁷ Especially in pregnant women with advanced maternal age, they are more worried about the side effects of the vaccine on their future infants.²⁷ Those findings are consistent with results from previous studies.^{14,20} However, nurses always contact patients with different illnesses, with various social-economic status, and directly access to the patients' blood sample, hence have a high risk of being infected by the COVID-19 virus.⁵⁶ Besides, the high vaccine hesitancy rate among nurses could negatively impact vaccination compliance of individuals who engage with those nurses on a professional or personal level.⁴² Therefore, we should pay more attention to the willingness of nurses and health care workers who have more contact with patients to receive the vaccine, and the dissemination of information through medical agencies and professional societies may potentially have a significant contribution in increasing the uptake of MCWs.

The findings of this study are helpful to assess the acceptance of MCWs for the COVID-19 vaccination and the potential factors influencing individuals' vaccination behavior, which could provide a basis for the design of subsequent immunization strategies. Since our study focused on the acceptance of COVID-19 vaccination, the actual vaccination behavior could be a bit different from the rate of acceptance. Although acceptance of vaccination did not equal to the behavior of vaccination, they were significantly related.^{57,58} Future research should be conducted to determine which factors affect the conversion of vaccination intention to the behavior of vaccination via longitudinal study.

Limitations

The present study has several limitations. First, acceptance of getting the COVID-19 vaccine was self-reported by participants, and hence the information bias probably existed in this study. Second, as we utilized snowball sampling, our study population may not be representative of all MCWs, which limited the generalizability of our findings. Third, this was a cross-sectional survey based on self-reported information; hence, causality inference can hardly be drawn. Besides, the Cronbach's α of the items measuring cues to action was 0.525, which was lower than the satisfactory criteria normally used in psychometrics, showed a relatively low internal consistency.⁵⁹

Conclusion

In summary, this study had examined the rate of COVID-19 vaccine acceptance and the associated factors of vaccine uptake intention. The present study indicated a high acceptance rate among MCWs in China and highlighted the significance of governmental recommendations on vaccine uptake. Acceptance of COVID-19 vaccine among MCWs could be impaired by worries on vaccination accessibility, safety and efficacy issues,

and their own perceived risks of contracting the COVID-19. Also, the trust in the vaccine recommended by the government and the health care system were important for their decision of vaccination uptake. The findings of this study provided evidencebased suggestions on the implementation of vaccination strategies that aim to enhance vaccine uptake during the COVID-19 pandemic.

Disclosure statement

No potential conflict of interest was reported by the author(s).

Authors' contributions

XYS were responsible for the study design, obtaining funding and data collection. XYS, YMH, HW and WJX developed the research questions and hypotheses. HW and YMH drafted the manuscript and analyzed data under the supervision of XYS. WJX, XFG, LM, LL, CXY, YLQ, YQY and SKZ contributed to the questionnaire design and data collection. HW, YMH and WJX performed the data analysis and the interpretation of the results. All authors read and approved the final version of the manuscript.

Data availability statement

After publication, the survey data will be made available on reasonable request to the corresponding author and will be produced on request.

Ethics approval and consent to participate

This study was approved by the Ethical Review Committee of the Chinese Center for Disease Control (approval number: 202020). An electronic informed consent was provided before the start of the questionnaire survey, upon completion of the informed consent, participants filled in the online questionnaire.

Funding

This study was supported by Fundamental Research Funds for the Asian Regional Special Cooperation Fund of the National Health Commission of the People's Republic of China (grant numbers BLXM01).

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