



Clinico-pathological classification of rheumatic mitral valve damage and surgical strategy

Tiange Luo, Xu Meng

Cardiac Valve Centre, Department of Cardiac Surgery, Beijing Anzhen Hospital, Capital Medical University-Beijing Institute of Heart Lung and Blood Vessel Diseases, Beijing, China

Contributions: (I) Conception and design: Both authors; (II) Administrative support: X Meng; (III) Provision of study materials or patients: Both authors; (IV) Collection and assembly of data: T Luo; (V) Data analysis and interpretation: T Luo; (VI) Manuscript writing: Both authors; (VII) Final approval of manuscript: Both authors.

Correspondence to: Xu Meng. Cardiac Valve Centre, Department of Cardiac Surgery, Anzhen Hospital, Capital Medical University, No. 2 Anzhen Road, Beijing 100029, China. Email: anzhenarticle@126.com.

Background: There is a lack of established pathological indications for rheumatic valve repair. Therefore, we summarized the pathological classifications of rheumatic heart diseases and their correlations with the surgical strategies.

Methods: This observational study enrolled patients with rheumatic heart diseases who underwent mitral valve repair (MVP) or replacement at our centre between January 2017 and January 2019. Mitral leaflet, mitral commissural, and sub-valvular apparatus were classified into three grades from mild to severe, according to their degree of pathological damage. Based on certain principles and the grade of mitral leaflet, mitral commissural, and sub-valvular apparatus damage, three pathological types were identified (types I to III), based on which all patients were classified. The features of each pathological type were summarised. Differences between the three pathological types were analysed using chi-square test of tendency. These data were used to propose a clinico-pathological classification of rheumatic mitral valve damage in Chinese patients.

Results: Of 398 patients, 284 (70%) underwent MVP for rheumatic mitral valve diseases. There were 58 type I (15%) patients in the study, all of whom underwent repair (repair rate, 100%). Preoperative moderate-to-severe regurgitation with mild pathological lesions was observed in 64% of these patients. In 260 type II (65%) patients, the repair rate was 76% (197/260); preoperative moderate-to-severe stenosis was observed in 88% of these patients. In 80 type III (20%) patients, the repair rate was 36% (29/80); the preoperative rates of extremely severe stenosis and moderate-to-severe regurgitation in these patients were 50% and 40%, respectively. Several preoperative parameters show the change in trend with the increase in the pathological classification severity.

Conclusions: Our clinico-pathological classification of rheumatic mitral valve damage is applicable to MVP. Considering that the classification principles are based on the possibility of mitral repair, it provides a phased and achievable target ratio for MVP and a principle of screening patients who should undergo rheumatic MVP.

Keywords: Pathological classification; rheumatic mitral valve disease; mitral valve repair (MVP); surgery strategy

Submitted Dec 06, 2020. Accepted for publication Mar 25, 2021.

doi: 10.21037/jtd-20-3456

View this article at: <http://dx.doi.org/10.21037/jtd-20-3456>

Introduction

Rheumatic mitral valve disease is the most common indication for mitral valve surgery, and its prevalence is high in China (1-3). Annually, approximately 20,000 patients in China undergo mitral valve surgery with extracorporeal circulation for rheumatic disease (4,5). An increasing number of surgeons agree that mitral valve repair (MVP) is superior to replacement, even for rheumatic disease (6-8). Although rheumatic MVP is performed in China, the overall ratio of repair to replacement is low (9,10). The lack of established pathological indications for rheumatic valve repair is the main impediment to increasing the number of repairs. Several pathological criteria regarding rheumatic mitral valves include the Wilkins score (11), which is appropriate for percutaneous balloon mitral valvuloplasty but not for surgery, and the pathological grading system for rheumatic mitral valve lesions (12), which was proposed by our centre and has an exhaustive content, can be extremely complicated, but has limited clinical practical applicability. Rheumatic MVP has been performed for 8 years at our centre in more than 600 patients. In this study, we aimed to create a definitive and applicable pathological classification system based on its correlation to selected surgical strategies.

We present the following article in accordance with the STROBE reporting checklist (available at <http://dx.doi.org/10.21037/jtd-20-3456>).

Methods

The study design was approved by the ethics review board of the Beijing Anzhen Hospital affiliated with the Capital Medical University (approval no. 2020031X) on February 21, 2019. This study was conducted in accordance with the principles of the Declaration of Helsinki (as revised in 2013) and its later amendments. No patient identification details were used in this study, and informed consent was obtained from all individual participants. There was no specific funding for this study, and there are no competing interests to declare.

Patients

A total of 398 patients with rheumatic heart diseases who underwent MVP or valve replacement at the Cardiac Valve Centre at Beijing Anzhen Hospital in Beijing, China, between January 2017 and January 2019 were enrolled in

this study. All repair patients underwent MVP according to a 'four-step' procedure (*Video 1*), which included shaving, checking, commissurotomy, and relaxing. We selected one or two letters from each of these words to represent each step (i.e., 'S', 'C', 'O', and 'RE'). Therefore, we named this surgical technique as the 'SCORE' procedure.

Measures and procedures

In this study, the mitral leaflet, mitral commissural, and sub-valvular apparatus were classified into three grades from mild to severe, according to their degree of pathological damage. Based on certain principles and the grade of mitral leaflet, mitral commissural, and sub-valvular apparatus damage, three pathological types were identified from type I to III, based on which all the patients were classified. The features of each pathological type were summarised. The differences between the three pathological types were analysed using chi-square test of tendency. These data were used to propose a clinico-pathological classification of rheumatic mitral valve damage in Chinese patients (*Table 1*).

Pathological classification scheme

The pathological classification of the leaflet was as follows (*Figure 1*): class I, wherein the thickened area of the edges is $<1/4$ of the anterior leaflet; class II, which was between class I and class III; and class III, wherein the thickened area is $>1/2$ of the anterior leaflet (involvement of the transparent zone), or the anterior leaflet area ring size is <28 . The classification of the commissure was as follows (*Figure 1*): class I, wherein the length of the commissural fusion is <1 cm; class II, which was between class I and class III; and class III, wherein both the commissural fusion and length of one commissural fusion is >1.5 cm, and the calcification area is >1 cm². The classification for the sub-valvular apparatus was as follows (*Figure 1*): class I, wherein the length of the main chordae tendineae is >1 cm and the sub-valvular chordae tendineae may be thickened, but there is no shortening and fusion; class II, which was between class I and class III; and class III, wherein the sub-valvular apparatus is shortened and severely fused, with a direct fusion of the papillary muscle and commissural leaflets and usually severe calcification over an area >1 cm². For each patient, when all three pathological classes (leaflet, commissure, and sub-valvular) were classified as class I, the pathological type was considered type I. When at least one of the three pathological classes was classified as class II, the

Table 1 The clinico-pathological classification of rheumatic mitral valve damage in Chinese patients.

Classification	Type I	Type II	Type III
Leaflets (area/mobility/lesion)	Both leaflets have normal mobility and enough area. Leaflet edges may be thickened	The anterior leaflet area is enough. Middle and base portions of the anterior leaflet have normal mobility. The thickened area is no more than 1/3 rd of the anterior leaflet (the transparent zone is not involved). Possible posterior leaflet contracture and stiffness	The anterior leaflet area decreases significantly in many patients. Both leaflets have lost their normal mobility. Most of the anterior leaflet region is thickened (the transparent zone is involved), and calcifications may be presented
Commissure and sub-valvular apparatus	Commissural fusion is mild. The sub-valvular orifice area also has mild stenosis. The sub-valvular chordae tendineae may be thickened, but there is no shortening and fusion	There is an obvious commissural fusion. There may be a single calcification in the commissure (calcification area <1 cm ²). The sub-valvular apparatus is shortened and fused, but calcifications do not exist	The commissural leaflets and sub-valvular apparatus are fused and severely calcified (calcification area >1 cm ²)
Haemodynamic status	Moderate to severe regurgitation or mild stenosis (MVOA >1.5 cm ²)	Moderate to severe stenosis (MVOA ≤1.5 cm ²)	Severe stenosis or moderate to severe regurgitation
Ratio of patients	15%	60%	25%
Repair possibility	Almost 100%	>70%	Approximately 30%
Repair techniques	The first three steps	The fourth step may be needed	All four steps/other repair techniques

MVOA, mitral valve orifice area.

pathological type was considered type II. When at least two of the three pathological classes were classified as class III, the pathological type was considered type III.

Statistical analysis

Continuous variables were expressed as mean ± standard deviation. Discrete variables were presented as percentages. The differences between the three pathological types were observed using chi-square test. The significance level was set at $P < 0.001$. SPSS version 22.0 software (IBM Corp., Armonk, NY, USA) was used for the statistical analyses.

Results

Of the 398 patients enrolled, 284 (71%) and 114 (29%) underwent MVP and replacement, respectively. The number of patients classified as types I, II, and III was 58 [all underwent repair (repair ratio, 100%)], 260 [197 underwent repair (repair ratio, 76%)], and 80 [29 underwent repair (repair ratio, 36%)], respectively (Table 2). In the overall cohort, the average mitral valve orifice area (MVOA), mean age, and repair ratio decreased linearly with increase in

the severity of the pathological classification, along with linear increase in the preoperative left atrial anteroposterior diameter (LAAPD), E-wave, and proportion of severe stenosis (Table 2). In patients who underwent repair, the mean age and MVOA decreased linearly with increase in the severity of the pathological classification, along with linear increase in the preoperative LAAPD, E-wave, intraoperative aortic occlusion time, proportion of severe stenosis, proportion of mixed lesions, and application of the complete SCORE procedure (Table 3, Figure 2). This included all 58 type I patients (15% of the total patients), with a repair rate of 100%. Preoperative moderate-to-severe regurgitation was observed in 64% of these patients, and the pathological lesions were mild.

There were 260 type II patients (65%), with a repair rate of 76% (197/260). Preoperative moderate-to-severe stenosis was observed in 88% of the patients, and the complete SCORE procedure was required in 80% of the patients who underwent MVP. There were 80 type III patients (20%), with a repair rate of 36% (29/80); the preoperative rates of extremely severe stenosis and moderate-to-severe regurgitation were 50% and 40%, respectively. The complete SCORE procedure was required for all patients

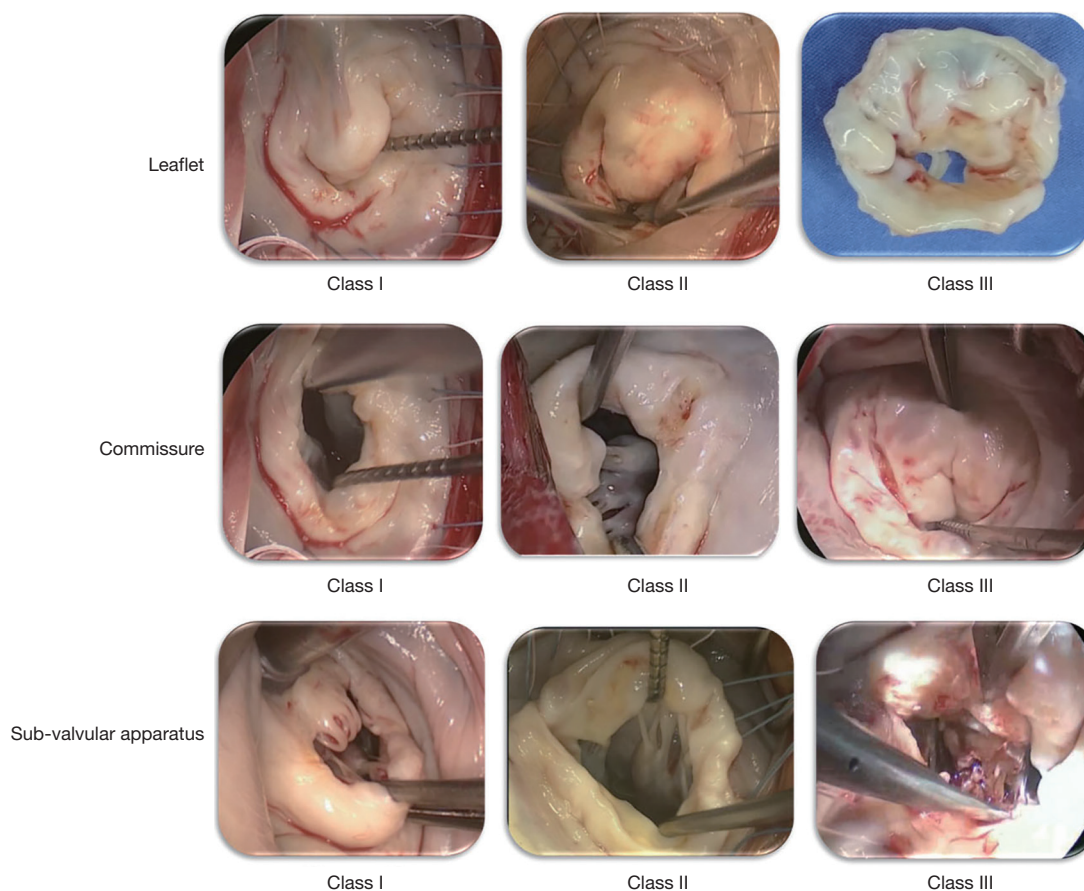


Figure 1 Detailed pathological classification of the leaflet, commissure, and sub-valvular apparatus.

who underwent MVP. Additionally, the repair ratio was higher in men than in type III women (*Table 3*). The postoperative MVOA and E-wave improved significantly compared with the preoperative values (*Table 4, Figures 3,4*). Three patients had valve failure: two were type II and one was type III (*Table 3*).

Based on these results, our centre has perfected the clinico-pathological classification for rheumatic mitral valve damage in Chinese patients (*Table 1*). We have also proposed a simplified version of the classification system, with three pathological types, for easier use in the clinic (*Table 5*).

Conclusions

Our cardiac centre was the first in China to perform rheumatic MVP (13), and it is still regularly performed here. Indeed, more than 150 such surgeries were performed annually at our centre in the last 2 years. Most surgeons at

our centre have become proficient in the SCORE procedure for rheumatic MVP, particularly after application of the clinico-pathological classification was initiated. Through the analysis and summary of the clinico-pathological classification, we have deepened our understanding of the pathological characteristics of rheumatic mitral valve disease. Different pathological types present different pathological features. In this work, the number of patients with type II was the highest (65%) among the three pathological types. The repair ratio of this type was 70%. Although the repair ratio of type I was 100%, the number of type I patients accounted for 15% of the total number of patients. The number of patients with type III who underwent repair [29/80 (repair ratio: 36%)] was the lowest among the three pathological types. Therefore, according to these results, type II pathological damage is the most prevalent classification that surgeons face in general. Therefore, the ability of surgeons to proficiently treat type II patients is considered the key to achieving a high repair

Table 2 Differences between the three types of patients in the overall patient cohort

Parameter	Total	Pathological classification			P for trend [†]
		Type I	Type II	Type III	
Patients (n)	398	58, 15%	260, 65%	80, 20%	
Female (n, %)	285, 71.6%	47, 81%	181, 69.6%	57, 71.3%	0.219
Age (years)	52.83±10.31	57.68±9.05	50.85±9.22	55.94±12.6	<0.001
LAAPD (mm)	48.4±7.34	44.63±3.46	48.07±6.86	52.24±8.98	<0.001
E-wave (m/s)	189.51±47.17	163.43±34.37	191.81±43.63	201.31±58.12	<0.001
Clamping time (min)	85.46±25.12	78.79±21.38	84.7±23.1	92.75±31.68	0.004
Mean MVOA (cm ²)	1.26±0.44	1.99±0.62	1.16±0.21	1.05±0.30	<0.001
MVOA (n) (1–1.5 cm ²)	258	13	208	37	0.051
MVOA (n) (<1 cm ²)	95	0	52	43	<0.001
MR (n) (moderate or severe)	158	37	89	32	0.015
MR MS (n) (MVOA <1 cm ² and MR)	98	0	76	22	0.001
Repair ratio	70%, 284/398	100%	76%, 197/260	36%, 29/80	<0.001

Data are presented as mean ± SD unless otherwise specified. [†]P for trend is calculated using the Chi-square test of tendency that reflects the overall trends between the three pathological classifications. LAAPD, left atrial anteroposterior diameter; MR, mitral regurgitation; MS; mitral stenosis; MVOA, mitral valve orifice area; MVP, mitral valve repair; n, number.

Table 3 Differences between the three types of patients that underwent repair.

Parameter	Total	Pathological classification			P for trend [†]
		Type I	Type II	Type III	
Patients (n)	285	58	197	29	
Female ratio	74%, 210/285	81%, 47/58	68%, 134/197	100%, 29/29	0.398
Age (years)	51.03±7.74	57.68±9.05	49.61±8.61	47.34±12.33	<0.001
LAAPD (mm)	46.49±5.57	44.63±3.46	46.42±5.22	50.41±8.57	<0.001
E-wave (m/s)	181.93±37.74	163.43±34.37	186.13±39.05	192.31±20.68	<0.001
Clamping time (min)	90.68±25.43	78.79±21.38	88.58±22.29	128.76±17.37	<0.001
Mean MVOA (cm ²)	1.32±0.489	1.99±0.62	1.17±0.22	1.02±0.32	<0.001
MVOA (n) (1–1.5 cm ²)	258	13	208	37	0.002
MVOA (n) (<1 cm ²)	95	0	52	43	<0.001
MR (n) (moderate or severe)	158	37	89	32	0.011
MR MS (n) (MVOA <1 cm ² and MR)	98	0	76	22	<0.001
Ring size	31.86±1.14	31.45±1.17	31.8696±1.12	32±1.07	0.009
Four steps	100% applying	Three-step, 55 (95%)	Four-step, 158 (80%)	Four-step, 29 (100%)	<0.001
Valve failure	3	0	2	1	

Data are presented as mean ± SD unless otherwise specified. [†]P for trend is calculated using the Chi-square test of tendency that reflects the overall trend between the three pathological classifications. LAAPD, left atrial anteroposterior diameter; MR, mitral regurgitation; MS; mitral stenosis; MVOA, mitral valve orifice area; MVP, mitral valve repair; n, number.

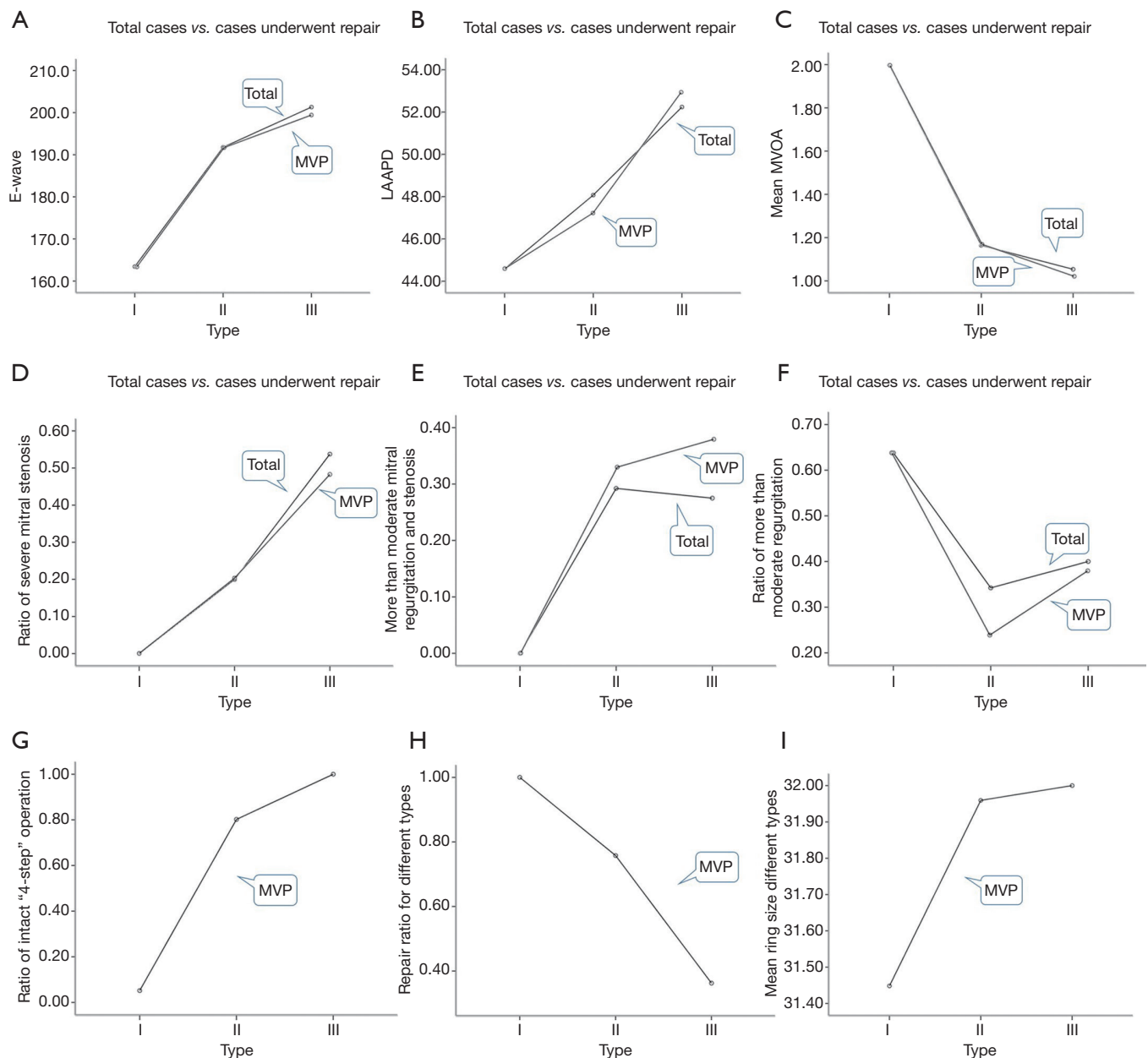


Figure 2 Features of individual pathological types. A strong relationship was observed between the pathological types and surgical strategy. (A) In patients who underwent repair and replacement, the E-wave increased linearly with increase in the severity of the pathological classification; (B) in patients who underwent repair and replacement, the LAAPD increased linearly with increase in the severity of the pathological classification; (C) in patients who underwent repair and replacement, the MVOA decreased linearly with increase in the severity of the pathological classification; (D) in patients who underwent repair and replacement, the proportion of severe stenosis increased linearly with increase in the severity of the pathological classification; (E) in patients who underwent repair and replacement, the proportion of mixed lesions increased linearly with increase in the severity of the pathological classification; (F) in patients who underwent repair and replacement, the proportion of more than moderate regurgitation decreased linearly with increase in the severity of the pathological classification; (G) in patients who underwent repair, the application of the complete SCORE procedure increased linearly with increase in the severity of the pathological classification; (H) in patients who underwent repair, the repair ratio decreased linearly with increase in the severity of the pathological classification; (I) in patients who underwent repair, the mean ring size procedure increased linearly with increase in the severity of the pathological classification.

Table 4 A comparison between preoperative and postoperative results

Classification	Type I			Type II			Type III		
	Pre-op	Post-op	P	Pre-op	Post-op	P	Pre-op	Post-op	P
MVOA (cm ²)	1.99±0.62	2.47±0.39	0.00	1.21±0.17	2.37±0.39	0.00	0.76±0.25	2.27±0.26	0.00
E-wave (m/s)	159±25	139±30	0.00	188±26	140±26	0.00	200±27	160±24	0.00

Data are presented as mean ± SD unless otherwise specified. MVOA, mitral valve orifice area; Pre-op, pre-operation; Post-op, post-operation.

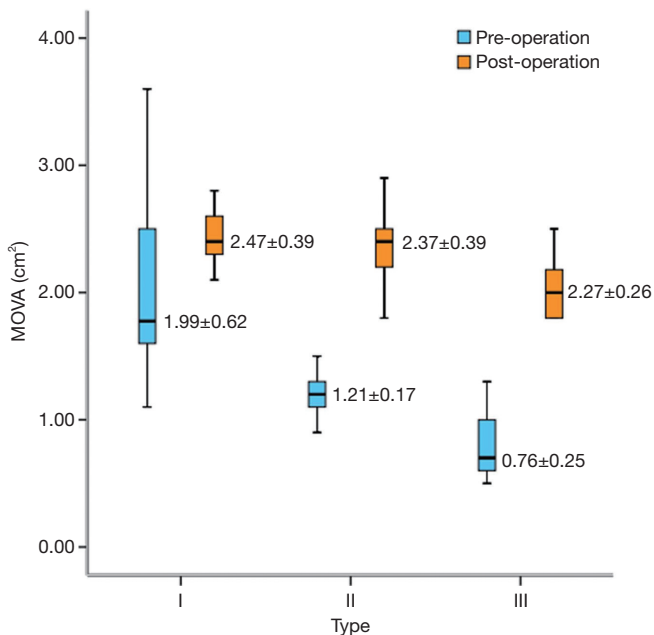


Figure 3 A comparison between preoperative and postoperative mitral valve orifice area (MVOA). The postoperative MVOA improved significantly compared with the preoperative value.

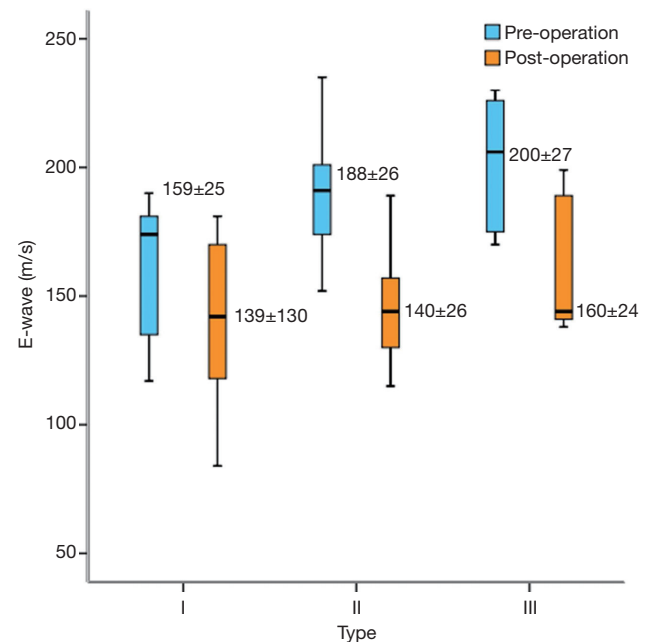


Figure 4 A comparison between preoperative and postoperative E-waves. The postoperative E-wave improved significantly compared with the preoperative value.

ratio in a cardiac centre.

Further, with increase in the severity of the pathological classification, the degree of mitral valve structural damage significantly increases, along with the difficulty in mitral repair (Tables 1,2). Additionally, there is a strong relationship between the pathological types and surgical strategies. Furthermore, considering that the average patient age was related to the duration of medical history, a younger patient age, along with a high pathological classification grade, indicated a shorter medical history and, possibly, relatively milder pathological damage. Therefore, type I patients are the primary cases that should be seen initially at cardiac centres newly equipped to perform rheumatic MVP. Surgical experience with specific surgical techniques is important in treating type II and higher patients.

Three problems concern cardiac surgeons regarding this topic (14,15): long-term follow-up results (8,16), repair technique (13,17), and pathological features that can indicate the requirements for repair (18,19). Interestingly, satisfactory follow-up results have been reported at our centre (13) and other cardiac centres (7,12). The majority of patients in these reports underwent successful valve repair at our centre with the SCORE procedure and without the use of other techniques (13,20). However, the performance of other repair techniques has also been reported (21). The lack of established pathological features in this field has been the main impediment to popularising and advancing the rheumatic MVP surgical technique (18,21). Our clinico-pathological classification provides a step-by-step path for rheumatic MVP in China. Type I patients can be easily

Table 5 Simplified version of the three pathological types

Classification	Pathological features	Ratio of total	Ratio for repair
Type I	Thickened area is <1/4th of the anterior leaflet Length of commissural fusion <1 cm Length of the main chordae tendineae >1 cm	15%	Almost 100%
Type II	Between Type I and Type III	60–70%	>70%
Type III	1. Thickened area is >1/2 of the anterior leaflet, (the transparent zone is involved); or the anterior leaflet area ring size is <28# 2. Both the commissural fusion and length of one commissural fusion is >1.5 cm, calcification area >1 cm ² 3. The sub-valvular apparatus is shortened and fused severely; the papillary muscle and commissural leaflets fuse directly	20%	30–50%

treated, and almost any cardiac surgeon can perform the surgery using the first three steps. Type II patients are more technically demanding, and the surgery could be complex. After an initial learning curve, most surgeons can perform the four steps of the surgery, allowing most type I and II patients to undergo successful repair with the SCORE procedure. In contrast, treatment of most type III patients is challenging, as more senior and experienced surgeons are preferable. We believe that when the SCORE procedure is effectively implemented, the repair rates can be increased by 50–80% at most cardiac centres in China. Therefore, the SCORE procedure and clinico-pathological classification of rheumatic mitral valve damage form an integrated surgical procedure that can be successfully applied for rheumatic MVP.

This study is limited by its single-centre design and low number of cases. Our findings are susceptible to referral bias and institution-specific practices. Further studies with a longer follow-up period are warranted.

In China, the population of patients that require MVP is large, but the rates of repair are quite low. Therefore, improved strategies for rheumatic MVP are warranted. The clinico-pathological classification of rheumatic mitral valve damage is applicable to MVP as it is simplified and explicit. Since its principles are based on the possibility of mitral repair, this classification system provides a phased and achievable target ratio for MVP and a principle of screening patients who should undergo rheumatic MVP.

Acknowledgments

We thank Jin Zhao for the excellent contribution to the language editing.

Funding: None.

Footnote

Reporting Checklist: The authors have completed the STROBE reporting checklist. Available at <http://dx.doi.org/10.21037/jtd-20-3456>

Data Sharing Statement: Available at <http://dx.doi.org/10.21037/jtd-20-3456>

Conflicts of Interest: Both authors have completed the ICMJE uniform disclosure form (available at <http://dx.doi.org/10.21037/jtd-20-3456>). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by the ethics review board of the Beijing Anzhen Hospital affiliated with the Capital Medical University (no. 2020031X), and informed consent was obtained from each participant.

Open Access Statement: This is an Open Access article distributed in accordance with the Creative Commons Attribution-NonCommercial-NoDerivs 4.0 International License (CC BY-NC-ND 4.0), which permits the non-commercial replication and distribution of the article with the strict proviso that no changes or edits are made and the original work is properly cited (including links to both the formal publication through the relevant DOI and the license). See: <https://creativecommons.org/licenses/by-nc-nd/4.0/>.

References

1. Watkins DA, Johnson CO, Colquhoun SM, et al. Global, regional, and national burden of rheumatic heart disease, 1990–2015. *N Engl J Med* 2017;377:713–22.
2. Marijon E, Mirabel M, Celermajer DS, et al. Rheumatic heart disease. *Lancet* 2012;379:953–64.
3. Rothenbühler M, O'Sullivan CJ, Stortecy S, et al. Active surveillance for rheumatic heart disease in endemic regions: a systematic review and meta-analysis of prevalence among children and adolescents. *Lancet Glob Health* 2014;2:e717–26.
4. Nobuyoshi M, Arita T, Shirai S, et al. Percutaneous balloon mitral valvuloplasty: a review. *Circulation* 2009;119:e211–9.
5. Zhimin W, Yubao Z, Lei S, et al. Prevalence of chronic rheumatic heart disease in Chinese adults. *Int J Cardiol* 2006;107:356–9.
6. Krishna Moorthy PS, Sivalingam S, Dillon J, et al. Is it worth repairing rheumatic mitral valve disease in children? Long-term outcomes of an aggressive approach to rheumatic mitral valve repair compared to replacement in young patients. *Interact Cardiovasc Thorac Surg* 2019;28:191–8.
7. Dillon J, Yakub MA, Kong PK, et al. Comparative long-term results of mitral valve repair in adults with chronic rheumatic disease and degenerative disease: is repair for "burnt-out" rheumatic disease still inferior to repair for degenerative disease in the current era? *J Thorac Cardiovasc Surg* 2015;149:771–7.
8. Chemtob RA, Wierup P, Mick S, et al. Choosing the "Best" surgical techniques for mitral valve repair: Lessons from the literature. *J Card Surg* 2019;34:717–27.
9. Tiange L, Xu M. Repair strategies based on pathological characteristics of the rheumatic mitral valve in Chinese patients. *Heart Lung Circ* 2018;27:856–63.
10. American College of Cardiology/American Heart Association Task Force on Practice Guidelines, Society of Cardiovascular Anesthesiologists, Society for Cardiovascular Angiography and Interventions, et al. ACC/AHA 2006 guidelines for the management of patients with valvular heart disease: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines (writing committee to revise the 1998 Guidelines for the Management of Patients With Valvular Heart Disease): developed in collaboration with the Society of Cardiovascular Anesthesiologists; endorsed by the Society for Cardiovascular Angiography and Interventions and the Society of Thoracic Surgeons. *Circulation* 2006;114:e84–231.
11. Tomai F, Gaspardone A, Versaci F, et al. Twenty year follow-up after successful percutaneous balloon mitral valvuloplasty in a large contemporary series of patients with mitral stenosis. *Int J Cardiol* 2014;177:881–5.
12. Yakub MA, Dillon J, Krishna Moorthy PS, et al. Is rheumatic aetiology a predictor of poor outcome in the current era of mitral valve repair? Contemporary long-term results of mitral valve repair in rheumatic heart disease. *Eur J Cardiothorac Surg* 2013;44:673–81.
13. Luo T, Meng X, Yan Z, et al. Commissuroplasty as a main operative technique in rheumatic mitral valve repair: Surgical experiences and mid-term results. *Heart Lung Circ* 2020;29:940–8.
14. Schaff HV. Mitral valve repair in patients with rheumatic heart disease: what are the limits? *J Thorac Cardiovasc Surg* 2015;149:779–80.
15. Remenyi B. Rheumatic heart disease of the mitral valve: is there such thing as an ideal operation? *Heart Lung Circ* 2018;27:779–81.
16. Jiao Y, Luo T, Zhang H, et al. Repair versus replacement of mitral valves in cases of severe rheumatic mitral stenosis: mid-term clinical outcomes. *J Thorac Dis* 2019;11:3951–61.
17. Mihos CG, Pineda AM, Capoulade R, et al. A systematic review of mitral valve repair with autologous pericardial leaflet augmentation for rheumatic mitral regurgitation. *Ann Thorac Surg* 2016;102:1400–5.
18. Luo T, Han J, Meng X. Features of rheumatic mitral valves and a grading system to identify suitable repair cases in China. *J Thorac Dis* 2017;9:3138–47.
19. Li Y, Zhang H, Zhang H, et al. Structural analysis of the mitral valve in rheumatic and degenerative mitral valve diseases: implications for annuloplasty selection. *J Cardiovasc Surg (Torino)* 2019;60:617–23.
20. Dillon J, Yakub MA, Nordin MN, et al. Leaflet extension in rheumatic mitral valve reconstruction. *Eur J Cardiothorac Surg* 2013;44:682–9.
21. Kim WK, Kim HJ, Kim JB, et al. Clinical outcomes in 1731 patients undergoing mitral valve surgery for rheumatic valve disease. *Heart* 2018;104:841–8.

Cite this article as: Luo T, Meng X. Clinico-pathological classification of rheumatic mitral valve damage and surgical strategy. *J Thorac Dis* 2021;13(5):2933–2941. doi: 10.21037/jtd-20-3456