Original Article

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Non-Responders to Intravenous Immunoglobulin and Coronary Artery Dilatation in Kawasaki Disease: Predictive Parameters in Korean Children

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Background and Objectives: In Kawasaki disease (KD), high dose intravenous immunoglobulin (IVIG) significantly lowers the coronary complications. However, some patients either do not respond to initial therapy or develop coronary complications. We aimed to identify the predictive factors for unresponsiveness to initial IVIG therapy and coronary artery dilatation (CAD; defined by Z-score \geq 2.5) in the acute phase and convalescent phase.

Subjects and Methods: A retrospective review was conducted of 703 patients with KD, admitted to Gachon University Gil Medical Center between January 2005 and June 2013. The patients were divided into two groups—IVIG responders vs. non-responders—based on the IVIG treatments, and presence of fever after treatment. Further, these groups were divided into two subgroups based on their CAD.

Results: Among the 703 patients with KD, the rate of non-responders to initial IVIG was 16.8%. Serum total bilirubin, platelet count, and neutrophil proportion were independent predictive parameters of unresponsiveness (p<0.05). CAD was found in 234 patients (33.3%) in the acute phase, and in 32 patients (4.6%) in the convalescent phase. Male gender, fever duration, serum C-reactive protein, and white blood cell count were related to CAD (p<0.05). CAD was detected more frequently in non-responders than in the responders (47.5% vs. 31.5%, p=0.001). Kobayashi, Egami, and Sano scoring systems applied to our study population reflected low sensitivities (28.0-33.9%).

Conclusion: Several independent parameters were related to unresponsiveness to the initial IVIG or CAD. These parameters might be helpful in establishing more focused and careful monitoring of high-risk KD patients in Korea. **(Korean Circ J 2016;46(4):542–549)**

KEY WORDS: Kawasaki disease; Intravenous immunoglobulins; Coronary arteries; Children.

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• The authors have no financial conflicts of interest.

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Introduction

In developed countries, Kawasaki disease (KD), an acute, systemic vasculitis first reported in 1967, is a leading cause of acquired heart disease in children.¹⁾ In most patients, the standard treatment of intravenous immunoglobulin (IVIG) and aspirin diminishes the inflammation, enough to prevent the development of coronary artery complications.²⁾ However, about 10–20% of KD patients have persistent or recrudescent fever, despite the initial IVIG therapy.²⁾³⁾ These patients are at increased risk of developing coronary artery complications.⁴⁾ Therefore, many studies have been conducted with the focus on early identification of patients who do not respond to IVIG. The Kobayashi,⁵⁾ Egami,⁶⁾ and Sano⁷⁾ scoring systems have identified factors such as patient age, fever duration, proportion of neutrophils, platelet count, and the serum levels of sodium,



C-reactive protein (CRP), total bilirubin, aspartate aminotransferase (AST), and alanine aminotransferase (ALT).⁵⁻⁷⁾ Nevertheless, there is no current consensus regarding the factors for predicting patients not responsive to IVIG. Thus, the aim of this study was to identify the predictive factors for nonresponse to IVIG and coronary artery dilatation (CAD), by means of a large-scale, single-center study in Korea.

Subjects and Methods

Subjects

The subjects of this study were patients diagnosed with KD and treated at the Department of Pediatrics, Gachon University Gil Medical Center, Incheon, Korea, from January 2005 to June 2013. During the study period, 791 patients were diagnosed with KD, 88 of who were excluded due to the following reasons: the data were insufficient in 56 patients, and 32 patients had no fever, and therefore, had not received IVIG treatment (Fig. 1). The remaining 703 patients were analyzed in this study. The enrolled patients had both typical and atypical KD. We reviewed the medical records of all the enrolled patients retrospectively, including clinical characteristics, laboratory findings at the time of admission, response to treatment, and echocardiographic findings. The laboratory data were converted to categorical variables based on references from the previous scoring systems (Kobayashi, 5) Egami, 6) and Sano⁷⁾). The patients were classified into two groups, based to their response to IVIG treatment: responders and non-responders. The responder group included patients who received a single dose of IVIG (2 g/kg) treatment and had no reappearance of fever 48

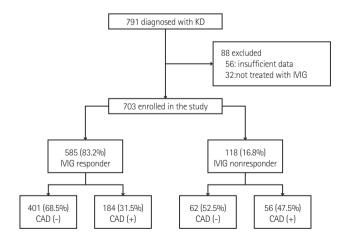


Fig. 1. Flowchart of enrollment and classification of the subjects. KD: Kawasaki disease, IVIG: intravenous immunoglobulin, CAD: coronary artery dilatation.

hours after IVIG, while the non-responder group included patients who received more than one dose of IVIG due to persistent or recrudescent fever. The patients were divided further, according to the presence of CAD, in order to identify the potential predictive factors of CAD.

Ethics statement

This study was approved by the Institutional Review Board (IRB) of Gachon University Gil Medical Center (IRB No. GBIRB2015-175).

Echocardiography

Two-dimensional echocardiography was performed at the time of diagnosis (defined as acute phase) and repeated approximately 6-8 weeks after diagnosis (defined as convalescent phase). Internal diameters of the right coronary artery (RCA), left main coronary artery (LMCA), left anterior descending artery (LAD), and left circumflex artery (LCX) were measured and converted to Z-scores based on the patients' body weight, using the Montreal calculator.⁸⁾ At the time of data collection, we re-measured the internal diameters of the coronary arteries of all the patients and obtained the mean values of the previously measured and re-measured values to increase the reliability of CAD. CAD was defined as Z-score>2.5 in the RCA, LMCA, LAD, and/or LCX, and it was classified into small $(2.5 \le Z < 5)$, large $(5 \le Z < 10)$, or giant $(Z \ge 10)$ dilatation.⁹⁾

Statistical analysis

All data were analyzed with the Statistical Package for the Social Sciences for Windows software, version 12.0 (SPSS Inc., Chicago, IL, USA). Data are expressed as either mean±standard deviation, or the number (percentage). The difference between the two groups were analyzed using an unpaired t-test or a Chi-square test. Multivariate logistic regression analysis was used to determine the independent predictive parameters of nonresponse to IVIG and CAD. These results were expressed as an adjusted odds ratio with a 95% confidence interval (CI). A 95% CI that did not include 1.0 was interpreted as statistically significant. Values were considered significantly different at p<0.05.

Results

The ages of the 703 patients at diagnosis ranged from 2 months to 9 years (mean age, 31.9 months), and the male to female ratio was 1.3:1.0. All the enrolled patients were treated initially with 2 g/ kg IVIG, and medium-dose aspirin (50 mg/kg/day) was administered for one week, after which the dose was reduced to 5 mg/kg/day. The initial IVIG was infused within the mean 5.8 days of illness,



Table 1. Clinical characteristics and laboratory findings of IVIG responders and non-responders

	Responders (n=585)	Non-responders (n=118)	p*
Clinical characteristics			
Male sex (%)	339 (57.9)	62 (52.5)	0.946
Age (month)	31.62±22.71	33.31±21.97	0.457
Fever duration before IVIG (day)	5.87±1.87	5.65±2.16	0.265
Fever duration after IVIG (day)	0.52 <u>±</u> 0.89	3.23±2.28	<0.001
Total fever duration (day)	6.38±1.96	8.86±3.06	<0.001
Laboratory findings (continuous variables)			
Sodium (mmol/L)	137.18±2.62	136.16±2.55	<0.001
Total bilirubin (mg/dL)	0.56±0.63	1.02±1.03	<0.001
AST (IU/L)	70.36±129.25	118.89±214.53	0.019
ALT (IU/L)	73.03±124.87	125.51±175.94	0.002
Albumin (g/dL)	4.13±1.22	3.91±0.48	0.056
CRP (mg/dL)	6.47±6.05	7.45±5.93	0.106
Hct (%)	33.03±2.73	32.79±3.26	0.402
WBC (×10³/μL)	13.19±5.24	13.75±6.34	0.370
Platelet ($\times 10^3/\mu$ L)	351.32±120.23	333.45±160.52	0.253
Neutrophil (%)	56.78±18.47	64.23±17.83	<0.001
Laboratory findings (categorical variables)			
Sodium<134 (mmol/L)	46 (7.9)	16 (13.6)	0.047
Total bilirubin ≥0.9 (mg/dL)	65 (11.1)	40 (33.9)	<0.001
AST≥80 (IU/L)	94 (16.1)	44 (37.3)	<0.001
ALT≥45 (IU/L)	191 (32.6)	62 (52.5)	<0.001
Albumin<3.5 (g/dL)	38 (6.5)	21 (17.8)	<0.001
CRP≥8 (mg/dL)	175 (29.9)	46 (39.0)	0.053
Hct<31 (%)	120 (20.5)	31 (26.3)	0.165
WBC>12 (×10³/μL)	323 (55.2)	65 (55.1)	0.980
Platelet<300 (×10³/μL)	203 (34.7)	54 (45.8)	0.023
Neutrophil≥80 (%)	49 (8.4)	25 (21.2)	<0.001

Data are presented as either mean±standard deviation or percentage. *Analyzed by an unpaired t-test or a Chi-square test. IVIG: intravenous immunoglobulin, AST: aspartate aminotransferase, ALT: alanine aminotransferase, CRP: C-reactive protein, Hct: hematocrit, WBC: white blood cell

Table 2. Multivariate logistic regression analysis for predictors of IVIG non-responders

	OR (95% CI)	р
Sodium<134 (mmol/L)	0.907 (0.454–1.812)	0.782
Total bilirubin≥0.9 (mg/dL)	2.443 (1.364–4.374)	0.003
AST≥80 (IU/L)	1.704 (0.901–3.225)	0.101
ALT≥45 (IU/L)	1.011 (0.559–1.829)	0.970
Albumin<3.5 (g/dL)	1.676 (0.857–3.276)	0.131
Platelet<300 (×10³/μL)	1.532 (1.007–2.332)	0.046
Neutrophil≥80 (%)	1.812 (1.008–3.257)	0.047

IVIG: intravenous immunoglobulin, OR: odds ratio, CI: confidence interval, AST: aspartate aminotransferase, AIT: alanine aminotransferase



Table 3. Comparison of the risk scores by Kobayashi, ⁵⁾ Egami, ⁶⁾ and Sano⁷⁾ scoring systems

	Responders (n=585)	Non-responders (n=118)	p*
Kobayashi score ⁵⁾	1.73±1.61	2.60±2.03	<0.001
Low risk (0-3)	509 (87.0) [†]	81 (68.6)	
High risk (4-6)	76 (13.0)	37 (31.4) [‡]	
Egami score ⁶⁾	1.22±1.09	1.84±1.38	< 0.001
Low risk (0-2)	509 (87.0) [†]	78 (66.1)	
High risk (3-5)	76 (13.0)	40 (33.9) [‡]	
Sano score ⁷⁾	0.52±0.70	0.91±0.92	< 0.001
Low risk (0-1)	536 (91.6) [†]	85 (72.0)	
High risk (2-3)	49 (8.4)	33 (28.0) [‡]	

Data are presented as either mean±standard deviation or n (%). *Analyzed by an unpaired t-test. *Specificity and *sensitivity of each scoring system. The parameters of Kobayashi score⁵ are as follows: 1) sodium ≤133 mmol/L, 2 points, 2) days of illness at initial treatment≤4 days, 2 points, 3) AST≥100 IU/L, 2 points, 4) % of neutrophil≥80, 2 points, 5) CRP≥10 mg/dL, 1 point, 6) age≤12 months, 1 point, and 7) platelet count≤300×103/mm³, 1 point. The parameters of Egami score⁶⁾ are as follows: 1) ALT≥80 IU/L, 2 points, 2) illness days≤4 days, 1 point, 3) CRP≥8 mg/dL, 1 point, 4) age≤6 months, 1 point, and 5) platelet count≤300×103/mm³, 1 point. The Sano scoring system⁷⁾ is as follows: 1) AST≥200 IU/L, 1 point, 2) CRP≥7 mg/dL, 1 point, and 3) total bilirubin≥0.9 mg/dL, 1 point. AST: aspartate aminotransferase, ALT: alanine aminotransferase, CRP: C-reactive protein

Table 4. Clinical characteristics and laboratory findings of CAD (-) and CAD (+) groups

	CAD (-) group (n=463)	CAD (+) group (n=240)	p*
Clinical characteristics			· · ·
Male sex (%)	245 (52.9)	156 (65.0)	0.002
Age (month)	33.61±23.65	28.61±20.02	0.003
Fever duration before IVIG (day)	5.84 <u>±</u> 1.87	5.83±2.01	0.943
Fever duration after IVIG (day)	0.81±1.18	1.28±2.16	0.002
Total fever duration (day)	6.65±2.15	7.10±2.73	0.027
Laboratory findings (continuous variables)			
Sodium (mmol/L)	137.23±2.65	136.58±2.57	0.002
Total bilirubin (mg/dL)	0.59±0.63	0.73±0.89	0.031
AST (IU/L)	83.10±167.30	69.64±100.32	0.184
ALT (IU/L)	79.02±142.33	87.34±123.21	0.443
Albumin (g/dL)	4.07±0.39	4.14±1.85	0.434
CRP (mg/dL)	5.85 <u>±</u> 5.18	8.14±7.19	< 0.001
Hct (%)	33.13 <u>±</u> 2.72	32.70 <u>±</u> 3.01	0.053
WBC ($\times 10^{3}/\mu$ L)	12.65±5.13	14.51±5.81	< 0.001
Platelet (×10³/μL)	338.93±122.89	366.45±135.54	0.007
Neutrophil (%)	56.82 <u>±</u> 19.05	60.36±17.39	0.014
Laboratory findings (categorical variables)			
Sodium<135 (mmol/L)	66 (14.3)	47 (19.6)	0.068
Total bilirubin ≥0.9 (mg/dL)	61 (13.2)	44 (18.3)	0.069
AST≥100 (IU/L)	73 (15.8)	40 (16.7)	0.758
ALT≥45 (IU/L)	156 (33.7)	97 (40.4)	0.078
Albumin <3.5 (g/dL)	34 (7.3)	25 (10.4)	0.163
CRP≥7 (mg/dL)	147 (31.7)	111 (46.3)	<0.001
Hct<31 (%)	91 (19.7)	60 (25.0)	0.102
WBC>12 ($\times 10^3/\mu$ L)	231 (49.9)	157 (65.4)	< 0.001
Platelet<300 (\times 10 $^{3}/\mu$ L)	181 (39.1)	76 (31.7)	0.053
Neutrophil≥80 (%)	45 (9.7)	29 (12.1)	0.333

Data are presented as either mean±standard deviation or n (%). *Analyzed by an unpaired t-test or a Chi-square test. CAD: coronary artery dilatation, IVIG: intravenous immunoglobulin, AST: aspartate aminotransferase, ALT: alanine aminotransferase, CRP: C-reactive protein, Hct: hematocrit, WBC: white blood cell



Table 5. Multivariate logistic regression analysis for predictors of coronary artery dilatation

	OR (95% CI)	р
Male sex	1.685 (1.212-2.342)	0.002
Total fever duration≥8 (day)	1.521 (1.076-2.151)	0.018
CRP≥7 (mg/dL)	1.668 (1.197-2.325)	0.003
WBC>12 (×10³/μL)	1.740 (1.247-2.429)	0.001

OR: odds ratio, CI: confidence interval, CRP: C-reactive protein, WBC: white blood cell

where illness day 1 was defined as the first day of fever.

Prediction of intravenous immunoglobulin non-responders

Among the 703 patients, 118 (16.8%) did not respond to the initial IVIG. All of the IVIG non-responders were administered additional IVIG doses (113 patients with one additional dose and 5 patients with two additional doses); in addition, 47 patients (39.8%) were given steroids and 2 patients (1.7%) were given oral methotrexate.

Comparison of the clinical characteristics and laboratory findings are shown in Table 1. Total duration of fever and duration of fever after IVIG treatment were longer in the non-responder group (p<0.001 and p<0.001). There were no differences in gender, age, or duration of fever before IVIG treatment between the IVIG responders and non-responders. Serum levels of total bilirubin, AST, and ALT, and proportion of neutrophils were significantly higher (p<0.05), and serum level of sodium was significantly lower, in the non-responder group (p<0.001). There were no significant differences in serum levels of albumin and CRP, or the platelet count between the two groups. When the variables were categorized, serum sodium, total bilirubin, AST, ALT, albumin, platelet count,

and proportion of neutrophils were significantly different between the groups (p<0.05), but no significant differences in CRP or white blood cell (WBC) count were found. The most comparable cutoff value between the two groups for each variable is presented in Table 1.

Multivariate logistic regression analysis was conducted using the significantly different variables mentioned above. Total bilirubin≥0.9 mg/dL (odds ratio [OR]=2.443; 95% CI: 1.364-4.374; p=0.003), platelet count< $300 \times 10^3 / \mu L$ (OR=1.532; 95% CI: 1.007-2.332; p=0.046), and proportion of neutrophils ≥80% (OR=1.812; 95% Cl: 1.008-3.257; p=0.047) were significantly different between the two groups (Table 2).

When the Kobayashi, 5 Egami, 6 and Sano scoring systems were applied to the patients in this study, the mean scores were significantly higher in the IVIG non-responder group (Table 3). The sensitivity of each scoring system was low (31.4%, 33.9%, and 28.0%, respectively) and the specificity was high (87.0%, 87.0%, and 91.6%, respectively).

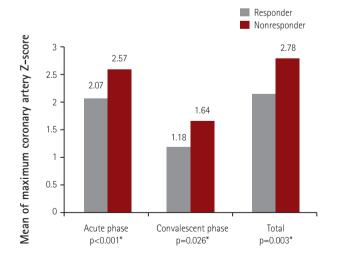


Fig. 2. Mean values of maximum coronary artery Z-scores in IVIG responders and nonresponders. *Analyzed by an unpaired t-test. IVIG: intravenous immunoglobulin.

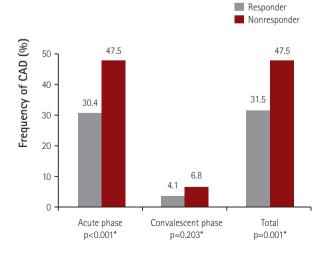


Fig. 3. Frequency of CAD (Z-score≥2.5) in IVIG responders and nonresponders. *Analyzed by a Chi-square test. CAD: coronary artery dilatation, IVIG: intravenous immunoglobulin.

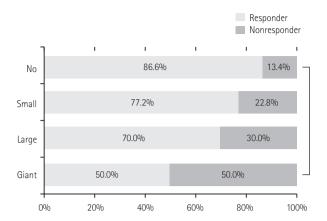


Fig. 4. Severity of CAD in IVIG responders and nonresponders. *Analyzed by a Chi-square test with linear by linear association. No dilatation (Z<2.5) in 463 (65.9%), small dilatation (2.5≤Z<5) in 228 (32.4%), large dilatation $(5 \le Z < 10)$ in 10 (1.4%), and giant dilatation ($Z \ge 10$) in 2 (0.3%). CAD: coronary artery dilatation, IVIG: intravenous immunoglobulin.

Prediction of coronary artery dilatation

CAD was found in 234 patients (33.3%) in the acute phase and in 32 patients (4.6%) in the convalescent phase. Initial echocardiographs were performed at the mean 6.3 days of illness. The more problematic arteries were the LMCA and RCA: LMCA and RCA dilatations were identified in 75.8% and 31.0%, respectively, of the 240 patients. The patients were further divided into two groups, based on the presence of CAD. When the clinical characteristics were compared, the CAD group had a significantly higher proportion of males, lower mean age, and longer total fever duration, than the group of patients without CAD (p<0.05) (Table 4). Significant differences in serum levels of sodium, total bilirubin, and CRP, WBC count, platelet count, and proportion of neutrophils were found between the two groups (p<0.05). When compared as categorical variables, only serum CRP level and WBC count were significantly higher in the patients with CAD (p<0.05).

Multivariate logistic regression analysis showed significant differences in the male gender (OR=1.685; 95% CI: 1.212-2.342; p=0.002), fever duration of 8 or more days (OR=1.521; 95% CI: 1.076-2.151; p=0.018), CRP≥7 mg/dL (OR=1.668; 95% CI: 1.197-2.325; p=0.003), and WBC count> $12\times10^3/\mu$ L (OR=1.740; 95% CI: 1.247-2.429; p=0.001) between the two groups (Table 5).

Relationship between intravenous immunoglobulin nonresponders and coronary artery dilatation

The mean values of maximum coronary artery Z-scores were significantly higher in the non-responders during both the acute and convalescent periods (Fig. 2). CAD was found in 47.5% (56/118) of the IVIG non-responders, which was more frequent than in the IVIG responders (31.5%; 184/585) (Fig. 3). Regarding CAD severity based on maximum Z-score value (small $2.5 \le Z < 5$, large $5 \le Z < 10$, and giant Z≥10), the rate of IVIG nonresponse was higher in patients with giant CAD compared to patients with small or large CAD: the rates of IVIG nonresponse in patients with small, large, and giant CAD were 22.8%, 30.0%, and 50.0%, respectively (p<0.001) (Fig. 4). Among the 10 patients with large CAD, 7 belonged to the responder group, and 9 had CAD in the acute phase. There were 2 patients with giant CAD in this study. One of those patients was a non-responder who received two additional IVIG treatments, and the other patient was a responder treated with IVIG on the fourth day of fever onset, who had an RCA Z-score of 10.8 in the initial echocardiography checked the following day.

Discussion

According to a recent nationwide survey in Korea in 2011, the incidence of KD has continued to increase, to 134.4 per 100000 children<5 years of age. 10) The survey also reported that 11.6% of patients did not respond to initial IVIG treatment and that CAD was noted in 16.4% of patients, based on the Japanese Ministry of Health and Welfare criteria.

The effectiveness of IVIG in the treatment of KD has previously been proven. However, despite the timely introduction of IVIG, 10-20% of patients do not respond to the treatment. These refractory patients are at an increased risk of developing coronary artery complications. Therefore, the screening of high-risk patients and aggressive management are important in the prevention of coronary artery complications.

From the results of our study, we identified a few independent predictive parameters for unresponsiveness to initial IVIG treatment in KD: serum total bilirubin, platelet count, and proportion of neutrophils. Most of the risk factors are related to severe inflammatory reactions that are not suppressed by initial IVIG treatment. In IVIG non-responder patients, fever represents ongoing inflammatory reactions in vessels and may reflect defects in the inhibition of immunologic stimuli.¹¹⁾

In the USA, Tremoulet et al.¹²⁾ mentioned a high percentage of band-form neutrophils, long duration of illness, high gammaglutamyl transferase levels, and low age-adjusted hemoglobin as risk factors. Ashouri et al.¹³ reported a high band count percentage, low albumin, and the presence of coronary artery lesions as risk predictors. Fu et al.¹⁴⁾ identified risk factors such as total bilirubin, albumin, CRP, neutrophil, and fever duration in Chinese patients. In Korea, Cha et al.¹⁵⁾ identified elevated bilirubin level, elevated AST level, high percentage of polymorphonuclear cells, and low platelet count as predictors of IVIG nonresponse. Do et al.¹⁶⁾



reported that low albumin, low sodium, and a high proportion of neutrophils were significantly related to IVIG resistance. Park et al.¹⁷⁾ reported that ALT and total bilirubin were independent predictors of IVIG resistance. These study results show that so far, there is no consensus regarding the risk factors of IVIG nonresponse. Many confounding factors may influence the statistical analyses, such as patient age distribution, number of patients, duration of fever, ethnicity, and degree of inflammation. In this respect, the current study displays strength by including a large population of KD patients.

In Japan, Kobayashi et al. $^{5)}$ Egami et al. $^{6)}$ and Sano et al. $^{7)}$ proposed scoring systems for predicting IVIG non-responders using various parameters. However, Sleeper et al. 18) concluded that these Japanese scoring systems were not suitable for the North American population. When these systems were applied to the current study, the specificities were high (87.0-91.6%), but the sensitivities were low (28.0-33.9%). In a previous study, Choi et al.¹⁹⁾ applied the Kobayashi scoring system to Korean patients, and obtained a specificity of 80.0% and a sensitivity of 35.4%. These results are thought to be due to genetic differences in immune mechanisms between the Japanese and Korean populations. Accordingly, Choi et al.¹⁹⁾ tried to develop a new scoring system, including male gender, cervical lymphadenopathy, changes in the extremities, platelet counts, total bilirubin, alkaline phosphatase, lactate dehydrogenase, and CRP, to validate the effectiveness of the system.

Significant coronary artery abnormalities develop in about 20% of untreated KD patients, and treatment with IVIG in the acute phase of the disease reduces this risk to 5-10%.²⁰⁾ CAD occurs much more frequently in IVIG non-responders than in responders. 6)21) In the current study, CAD developed in 47.5% of the IVIG non-responders. This proportion is somewhat similar to the proportions found in previous studies: 44.4% and 48.6%. 15)22) Previous studies identified fever duration, age, gender, erythrocyte sedimentation rate, CRP, interleukin-6, WBC count, platelet count, hemoglobin, and albumin as the predictive factors of CAD.²³⁻²⁶⁾ In the current study, male gender, long fever duration, and high CRP level and WBC count were identified as risk factors for CAD.

Most of the CAD cases in this study were transient ectasia rather than persistent CAD (86.7% vs. 13.3%). Unexpectedly, 33.3% of the patients developed CAD in their acute phases. Whether this transient ectasia can be included in CAD is a controversial topic. It was found in this study that the risk factors of CAD, including transient ectasia in the acute phase, emphasized the importance of earlier use of echocardiography in the initial workup, and the association between coronary artery abnormalities in the acute phase and long-term complications. In addition, 70% of the

large CAD patients and one giant CAD patient (50%) were in the responder group. Given these results, we emphasize the importance of early echocardiography examinations and subsequent follow ups. KD-associated coronary artery abnormalities, such as ectasia, aneurysms, stenosis, and calcification in early childhood, can develop into long-term complications in young adulthood, including myocardial infarction, arrhythmia, and even sudden death.²⁷⁾ In some cases, the consequences of coronary vasculitis and myocarditis due to KD may not even manifest in childhood. For example, a recent case report showed that 2 patients developed acute myocardial infarction in their 30s, even though during childhood, their coronary arteries were apparently normal more than one year after acute KD.²⁸⁾

Interestingly, there were no overlapping predictive parameters between IVIG non-responders and CAD in this study, although there was a significant correlation between the two factors. The objective of the efforts to identify the predictive parameters is to detect high-risk patients earlier and treat them more aggressively, in order to reduce coronary artery complications. For these patients, subsequent IVIG or immunomodulatory agents, such as corticosteroid, infliximab, and cyclophosphamide, can be considered. According to the studies of Ogata et al.²⁹⁾ and Chen et al.,30) a combination of corticosteroid with IVIG as an initial treatment strategy could reduce the risk of coronary artery abnormalities.

This study has several limitations. First, this was a retrospective, single-center study, so we could not obtain enough data on the clinical characteristics and laboratory findings. Therefore, we could not present the proportion of atypical KD in the enrolled patients or the results of echocardiography in the sub-acute phases. Second, many patients were excluded because of the lack of adequate data or loss to follow up, thus reducing statistical power. Third, we could not exclude patients with the co-morbidity of other febrile illnesses.

In conclusion, several independent parameters were related to non-responders to initial IVIG treatment and CAD, which might be helpful in establishing more focused monitoring and careful follow up of KD patients. Moreover, advanced and modified initial therapy can be considered for these high-risk KD patients. The results of our large-scale study may be beneficial in selecting patients who are at risk of IVIG unresponsiveness or coronary artery complications.

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