Original Article

Prognostic Significance of Sodium Iodide Symporter and Deiodinase Enzymes mRNA Expression in Gastric Cancer

Abstract

Context: Thyroid hormones (THs) are critically important for development, homeostasis, and metabolic regulation in mammals. Iodine, one of the constituents of TH, is actively supplied by sodium iodide symporter (NIS) into the thyroid gland. TH is subsequently transported to distant organs where its activation and deactivation is catalyzed by isoforms of deiodinases (DIOs). NIS protein has been known to overexpress in cancer cases of the breast and gastrointestinal organs. Recent studies show a possible role of DIOs in various cancers. Aims: In the present investigation, the prognostic significance of NIS and DIO-1, 2 and 3 was studied in gastric cancer using a data mining bioinformatic approach. Methods: "The Kaplan-Meier plotter" database was used for direct in silico validation in clinically relevant 876 gastric cancer patients with >15 years of follow-up information. After obtaining KM survival plots, hazard ratio and log-rank P value were calculated. Results: Increased expression of NIS and DIO 1-3 is significantly associated with worsen overall survival of gastric cancer patients followed for 20 years. Prognostic roles of NIS and individual DIOs were assessed in different types of gastric cancer classified based on morphologies, human epidermal growth factor receptor-2 receptor status, treatment choices, and different clinicopathological features. Conclusions: Based on these analyses, the present study found the indication of prognostic values of these genes. This information will contribute to better understanding of managing complex and heterogeneous gastric cancer. Further, these findings may be beneficial as a companion diagnostic tool predicting more accurate gastric cancer prognosis.

Keywords: Biomarkers, deiodinases, gastric cancer, Kaplan–Meier, Kaplan–Meier plot, survival

Introduction

Globally, gastric cancer is one of the most common causes of cancer-related deaths. Incidence-wise, there are 989,600 new cases/year with 738,000 deaths annually making it the second-most common cause of cancer-related deaths.^[1,2] There have been advances in the area of early detection of cancer, improved tumor resection, and target-based therapeutic modalities, leading to improved disease management. However the prognosis of gastric cancer remains dismal with a median overall survival (OS) of 12 months for advanced disease in the Western world.^[3]

There is a lack of robust biomarker for gastric cancer other than human epidermal growth factor receptor-2 (HER2) overexpression that is linked to advanced gastric cancer. Overexpression of HER2 has been determined as a negative prognostic factor.^[4] There are biomarkers for gastric cancer diagnosis and prognosis that include carcinoembryonic antigen, CA125, CA19-9, CA72-4, and alpha-fetoprotein.^[5] To further improve the prognosis of gastric cancer and devising personalized treatment, there is a need to identify the potentially significant prognostic biomarker and novel drug targets.

The sodium iodide symporter (NIS) is a plasma membrane glycoprotein that mediates active iodine transport not only in thyroid, where it is important for thyroid hormone (TH) synthesis but also on other tissues such as salivary breast. gland. lactating and small intestine.^[6] It has been shown that NIS is functionally overexpressed in breast cancer.^[7] In addition, molecular iodine has been shown to induce apoptotic cell death in breast cancer.^[8] There could be an important metabolic role of iodine in extrathyroidal tissue.^[9] Expression of NIS is markedly reduced in gastric cancer and intestinal metaplastic mucosa of Barrett's esophagus;^[10] however, its significance is

How to cite this article: Mishra A, Shrivastava, A. Prognostic significance of sodium iodide symporter and deiodinase enzymes mRNA expression in gastric cancer. Int J App Basic Med Res 2020;10:43-8.

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Received: 17-08-2019 Revised: 14-09-2019 Accepted: 09-10-2019 Published Online: 03-01-2020

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not completely understood. Functional analysis and clinical significance of protein expression in gastric cancer have been evaluated providing an insight that NIS expression is linked to worse prognosis in patients with gastric cancer.^[11]

Another potential source of local iodine generation is deiodinases (DIOs), a family of enzymes that play an important function in TH activation and homeostasis as well as regulating action and activity of TH.^[12] There are three known DIOs, DIO1 and DIO2 are important for the conversion of prohormone thyroxin to triiodothyronine, its most active form. On the other hand, DIO3 inactivates and terminates TH action.^[13] There are growing evidence indicating altered expression of DIOs in thyroid and various cancer.^[14,15]

These genes related to iodine transport and TH's functional regulation could potentially have a bearing on cancer development and response to therapy. However, there is a lack of understanding about the role of NIS and DIOs in gastric cancer prognosis. The prognostic roles of individual DIO enzymes specifically at the transcription level in the gastric cancer patient remain elusive. Therefore, the present study focused on the prognostic role and significance of NIS and DIOs in human gastric cancer patient by Kaplan–Meier plotter (KM plotter). We utilized KM plotter for the analysis of individual DIO and NIS with clinical results calculating OS and hazard ratio (HR). By using this methodology, we assessed the prognostic value of these genes in gastric cancer.

Methods

An open access (http://kmplot.com/analysis/index.php? p=service&cancer=gastric) online database was used to interrogate and determine the significance of NIS and DIO1-3 mRNA expression in the OS of gastric cancer patients.^[16] The KM plot analysis was used to predict the prognostic value of NIS and DIO1-3 from the available gene expression and survival data from up to 876 gastric cancer patients. The present study did not require ethical committee clearance because publicly available microarray data were used for bioinformatics analysis only. The clinical data took consideration of gender, perforation history, Lauren classification, differentiation, stages of cancer, HER2 expression status, and treatment modality.

DIO1-3 and NIS were entered into the database, and after the validation of desired Affymetrix ID, KM survival plots were obtained. KM curves were generated using KM plotter using univariate analysis. This kind of analysis enabled us to directly perform *in silico* validation of NIS and DIO in gastric cancer in which numbers at risk were indicated below each KM plot. HRs were calculated at autoselected cutoff. Log-rank *P* values were computed, and $P \le 0.05$ was considered statistically significant.

Results

Availability of iodine is predominantly dependent on the expression of NIS in the given tissue. The study started with assessing the prognostic value of NIS in gastric cancer using www. kmplot. com from the dataset of n = 876 [Figure 1a], for intestinal-type cancer patients (n = 320) [Figure 1b] and for diffuse-type cancer patients (n = 241) [Figure 1c]. OS, the length of time starting from the diagnosis of disease or the start of treatments, is an important measure to determine the efficacy of new treatment and prognosis. High-NIS transcript levels were found to be correlated to worsen OS for all gastric cancer patients in the analysis followed for 150 months with HR = 1.81 (1.52-2.15), P = 1.1e-11. NIS high expression was also correlated significantly to worsen OS in intestinal-type cancer patients; HR = 2.3 (1.67–3.16), P = 1.3e-07, although not significantly in diffuse-type cancer patients; HR = 1.28 (0.91 - 1.81), P = 0.16.

Subsequently, the prognostic value of DIOs was analyzed. DIO1 increased mRNA expression correlated significantly to worsen OS for all gastric cancer patients; HR = 1.56 (1.3-1.88), P = 1.9 e-06 [Figure 2a]. DIO1 high expression was also correlated significantly to worsen OS in intestinal-type cancer patients; HR = 1.79 (1.3-2.45), P = 0.00025 [Figure 2b]. DIO1 was not significantly associated with OS in diffuse-type cancer patients; HR = 1.29 (0.9–1.84), P = 0.17 [Figure 2c]. DIO2 increased mRNA expression correlated significantly to worsen OS for all gastric cancer patients; HR = 1.41 (1.17–1.7), P = 0.00035 [Figure 2d]. It is noteworthy that DIO2 high expression did not correlate significantly to worsen OS in intestinal-type cancer patients; HR = 1.32 (0.94–1.86), P = 0.11 [Figure 2e]. However, DIO2 overexpression correlated significantly to poor survival in diffuse-type cancer patients; HR = 1.96 (1.37-2.79), P = 0.00015 [Figure 2f]. Further, DIO3 increased mRNA expression correlated significantly to worse OS for all gastric cancer including intestinal- and diffuse-type gastric cancer [Figure 2g-i].

Various clinical and pathological characteristics of gastric cancer determine the treatment outcome of anticancer treatment regime. Therefore, the correlation of NIS and DIOs with established clinicopathological features was probed. The patients' data were correlated with gender of the patients, clinical stages, HER2 expression status, and choices of treatment in gastric cancer for computation of patient OS and HR. As summarized in Table 1, DIO3 expression and NIS expression correlated significantly to the worsen OS of the gastric cancer patients. The data from Table 1 also show the increased HR with increased DIO3 and NIS expression. In terms of clinical stages of gastric cancer patients' DIO1 expression, DIO3 expression and NIS expression lead to significantly increased HR in the patients belonging to clinical stages 1 and 2.

Overexpression of HER2 relates to recalcitrant cancer; hence, it is considered as a negative prognostic factor.^[5,17]



Figure 1: Expression of sodium iodide symporter associated to worsen overall survival for all gastric cancer patients. Analysis of prognostic value of sodium iodide symporter mRNA expression. (a) All gastric cancer patients, (b) intestinal-type cancer patients, (c) diffuse-type cancer patients

Regardless of HER2 receptor status, NIS correlates to the poor OS, as shown in Table 2. Another significant observation was with DIO3 where overexpression DIO3 and HER2 negative status correlate with the poor OS; however, HER2 positive status does not. Finally, the prognostic value of NIS expression/DIO was correlated with treatment choices of surgery alone and chemotherapy of gastric cancer patients [Table 3]. DIO2 correlated with poor OS in surgery alone as well as 5-fluorouracil based adjuvant.

Discussion

In this study, we utilized a data mining approach to assess whether NIS and DIO1-3 are related to the prognosis of gastric cancer patients using KM plot survival analysis. Normal thyroid function depends on the active and adequate supply of iodide that is an essential constituent of THs; therefore, NIS is a key plasma membrane transport protein performing this function. The expression of NIS is naturally observed in thyroid cells. The rat NIS cDNA was cloned by functional expression in Xenopus laevis oocytes from overtly functional FRTL-5 rat thyroid cells.^[18] Due to availability of NIS cDNA cloned, it became possible to analyze the expression of NIS in thyroidal and extrathyroidal tissues. It was observed that NIS protein is functionally expressed in extrathyroidal tissues such as salivary gland,^[19] gastric mucosa,^[20] small intestine,^[21] lactating memory gland,^[22] and choroid plexus.^[23] Apart from the physiological expression of NIS, it is found that NIS is overexpressed in breast cancer^[24] and autoimmune Graves' disease.^[25] Interestingly, NIS is downregulated in gastric cancer as well as in intestinal metaplasia.^[10] This observation suggests that deregulated NIS expression could be a diagnostic and prognostic marker in cancer.^[26]

The present investigation showed that NIS overexpression is linked with poor prognosis and decreased OS in gastric cancer patients [Figure 1] regardless of gender and HER2

Table 1: Correlation and prognostic value of deiodinase/
sodium iodide symporter expression with gender of
gastric cancer natients

Subtrie content protector				
DIOs/NIS	Gender	Cases	HR (95% CI)	Р
NIS	Male	545	1.85 (1.5-2.29)	9.2e-09
	Female	236	1.99 (1.4-2.83)	9.9e-05
DIO1	Male	545	1.42 (1.15-1.76)	0.0012
	Female	236	1.96 (1.36-2.84)	0.00028
DIO2	Male	545	1.25 (0.99-1.59)	0.065
	Female	236	1.96 (1.35-2.84)	0.00031
DIO3	Male	545	1.62 (1.38-2.04)	4.5e-05
	Female	236	2.19 (1.52-3.16)	1.7e-05

NIS: Sodium iodide symporter; CI: Confidence interval; HR: Hazard ratio; DIOs: Deiodinases

Table 2: C	Correlation and	d progno	ostic value of deio	dinase/	
sodium iodide symporter expression with human epidermal growth factor receptor-2 status of gastric					
cancer patients					
DIOs/NIS	HER2 status	Cases	HR (95% CI)	Р	

DIOs/NIS	HER2 status	Cases	HR (95% CI)	Р
NIS	Negative	532	1.65 (1.32-2.07)	9.5e-06
	Positive	344	2.02 (1.49-2.75)	3.9e-06
DIO1	Negative	532	1.47 (1.17-1.85)	0.00097
	Positive	344	1.42 (1.08-1.85)	0.01
DIO2	Negative	532	1.5 (1.18-1.91)	0.001
	Positive	344	1.42 (1.09-1.85)	0.0094
DIO3	Negative	532	1.69 (1.35-2.11)	4.5e-06
	Positive	344	1.27 (0.99-1.72)	0.11

NIS: Sodium iodide symporter; CI: Confidence interval; HR: Hazard ratio; DIOs: Deiodinases; HER2: Human epidermal growth factor receptor-2

status [Tables 1 and 2]. NIS overexpression also significantly associated with clinical Stage 3 of the gastric cancer patient. These analyses are in conformation to the earlier findings where NIS expression was linked with gastric cancer.^[10,27] Overexpression of NIS significantly reduced the OS of gastric cancer patients. Specifically, increased



Figure 2: Expression of deiodinase enzymes is associated to worsen overall survival for all gastric cancer patients. Analysis of prognostic value of deiodinase1 mRNA expression (a-c), deiodinase2 mRNA expression (d-f), deiodinase3 mRNA expression (g-i) in kmplot.com. Survival curves are plotted for all gastric cancer patients (a, d and g), gastric cancer intestinal-type cancer patients (b, e and h), and gastric cancer diffuse-type cancer patients (c, f and i)

NIS expression in intestinal-type gastric cancer correlates with poor OS, however, not in diffuse-type gastric cancer. Expression of NIS in thyroid has been exploited to be targeted by β -emitting radioactive iodide for its therapeutic targeting. NIS overexpressing intestinal-type gastric cancer could be explored further to be targeted by radioactive iodine therapy.^[28] Interestingly, estrogen receptor, progesterone receptor, and HER2 overexpression have been correlated with altered NIS expression in fibrocystic breast and breast carcinoma.^[26] This strong association of NIS expression and gastric cancer warrants further studies to elucidate the role of iodine and its transporter in gastric cancer progression.

Several studies have indicated the role of THs in gastrointestinal cancers. The alterations in TH receptor

expression have been reported in human gastric cancer and has been associated with gastric cancer metastasis.^[29] Given the association of TH signaling and host metabolism, it could play a role in the occurrence and carcinogenesis in various tissues and organ system related to the gastrointestinal system.^[30] As TH's activity is regulated by DIOs, this link needs to be explored in detail. Despite increased amount of evidence about altered DIO expression in cancer,^[15] substantial evidence linking DIO expression in cancer is lacking. However, there are still good indications that DIO activation in some cases could be useful marker of the disease.^[13,15] The research and studies about the role of DIOs in gastric cancer are limited.^[13] The adopted data mining approach utilized in this study show that DIOs increased expression links to worsen OS of gastric cancer patients and worse HR most significantly in the case of DIO3 and gastric cancer. In case of intestinal and diffused gastric cancer, DIO3 overexpression was linked to the poor prognosis of gastric cancer. DIO3 expression also linked regardless of gender, clinical stage, and treatment modality. In selective instances, DIO1 and DIO2 were found to be linked with gastric cancer subgroup based on gender clinical stages HER2 status and treatment regime [Tables 1-4].

Thyroid cells are able to iodinate polyunsaturated fatty acids to form iodolactones. α -iodohexadecanal is a major iodolipid which has multiple inhibitory effects on adenylate cyclase, NADPH-oxidase, and thyroid peroxidase.^[31-33] Iodocompound 6-iodo-5-hydroxy-8, 11, 14-eicosatrienoic acid delta-lactone is known to specifically inhibit signal transduction pathways induced by local growth factors such as epidermal growth factor and basic fibroblast growth factor.^[34] These iodocompounds seem to act as mediators of iodine function as an antioxidant and autoregulation of cAMP-independent thyroid cell proliferation. Similarly, the formation of iodocompound due to upregulated NIS and local iodine generation can regulate cell growth and proliferation regulating cancer cell growth.

Conclusion

Cancer is such a heterogeneous disease that treatment choices and outcomes depend on the altered genetic makeup of cancer cells. In the era of precision medicine, there is a need to look at specific genetic alterations in the given cancer. According to the finding of this manuscript, NIS is linked with gastric cancer prognosis. Further, DIO expression in the specific subgroup of gastric cancer patients could be a potential biomarker. These findings may lead to increased interest in elucidating the potential role NIS and DIO may have in gastric cancer as well as new anticancer targets susceptible to new drugs.

Financial support and sponsorship

Nil.

Table 3: Correlation and prognostic val	lue of deiodinase/
sodium iodide symporter expression w	ith surgery and
chemotherapeutic intervention of gastri	ic cancer patients

DIOs/NIS	Treatment	Cases	HR (95% CI)	Р
NIS	Surgery alone	380	1.52 (1.13-2.04)	0.0053
	5-FU-based adjuvant	153	1.41 (0.93-2.15)	0.1
DIO1	Surgery alone	380	1.28 (0.95-1.73)	0.1
	5-FU-based adjuvant	153	0.62 (0.42-0.9)	0.011
DIO2	Surgery alone	380	1.93 (1.41-2.62)	2.4e-05
	5-FU-based adjuvant	153	0.52 (0.35-0.75)	0.00048
DIO3	Surgery alone	380	1.77 (1.23-2.54)	0.0019
	5-FU-based adjuvant	153	1.4 (0.96-2.05)	0.082

NIS: Sodium iodide symporter; CI: Confidence interval; HR: Hazard ratio; DIOs: Deiodinases; 5-FU: 5-fluorouracil

Table 4: Correlation and prognostic value of deiodinase/ sodium iodide symporter expression with clinical stages of gastric cancer patients

DIOs/NIS	Clinical stages	Cases	HR (95% CI)	Р
NIS	Ι	67	372891726.8 (0-inf)	0.0035
	II	140	1.41 (0.74-2.7)	0.29
	III	305	1.8 (1.35-2.41)	5.3e-05
	IV	148	1.58 (1.08-2.31)	0.018
DIO1	Ι	67	4.33 (1.61-11.69)	0.0016
	II	140	3.07 (1.21-7.79)	0.013
	III	305	1.73 (1.3-2.3)	0.00016
	IV	148	1.27 (0.86-1.9)	0.23
DIO2	Ι	67	0.33 (0.07-1.48)	0.13
	II	140	1.69 (0.91-3.15)	0.093
	III	305	1.2 (0.87-1.66)	0.26
	IV	148	1.93 (1.29-2.89)	0.0012
DIO3	Ι	67	2.33 (0.87-6.22)	0.083
	II	140	2.64 (1.42-4.88)	0.0014
	III	305	1.7 (1.24-2.33)	0.00087 (S)
	IV	148	1.41 (0.96-2.07)	0.074

NIS: Sodium iodide symporter; CI: Confidence interval; HR: Hazard ratio; DIOs: Deiodinases; S: Significant

Conflicts of interest

There are no conflicts of interest.

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